

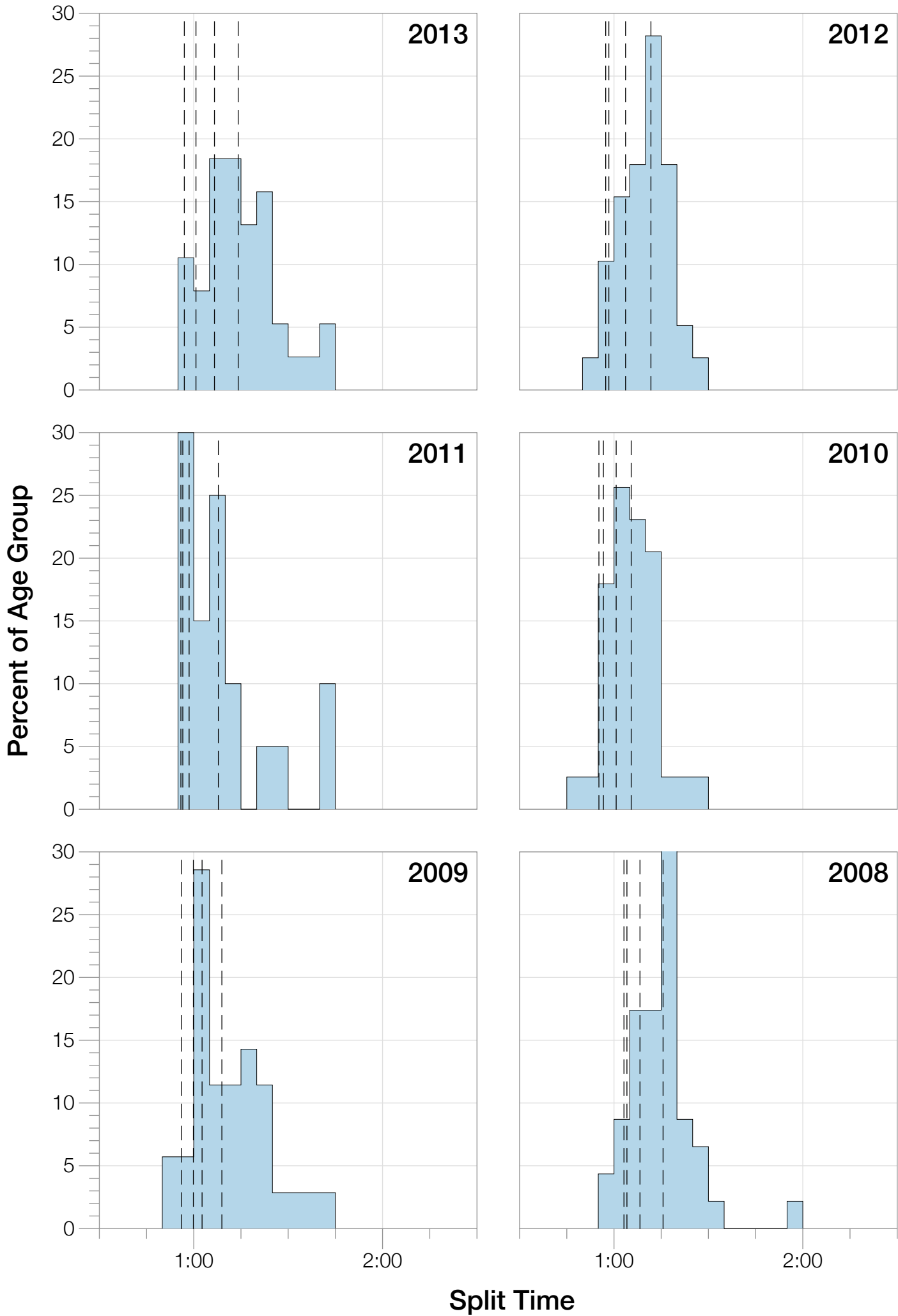
Ironman Australia Statistics

F35-39

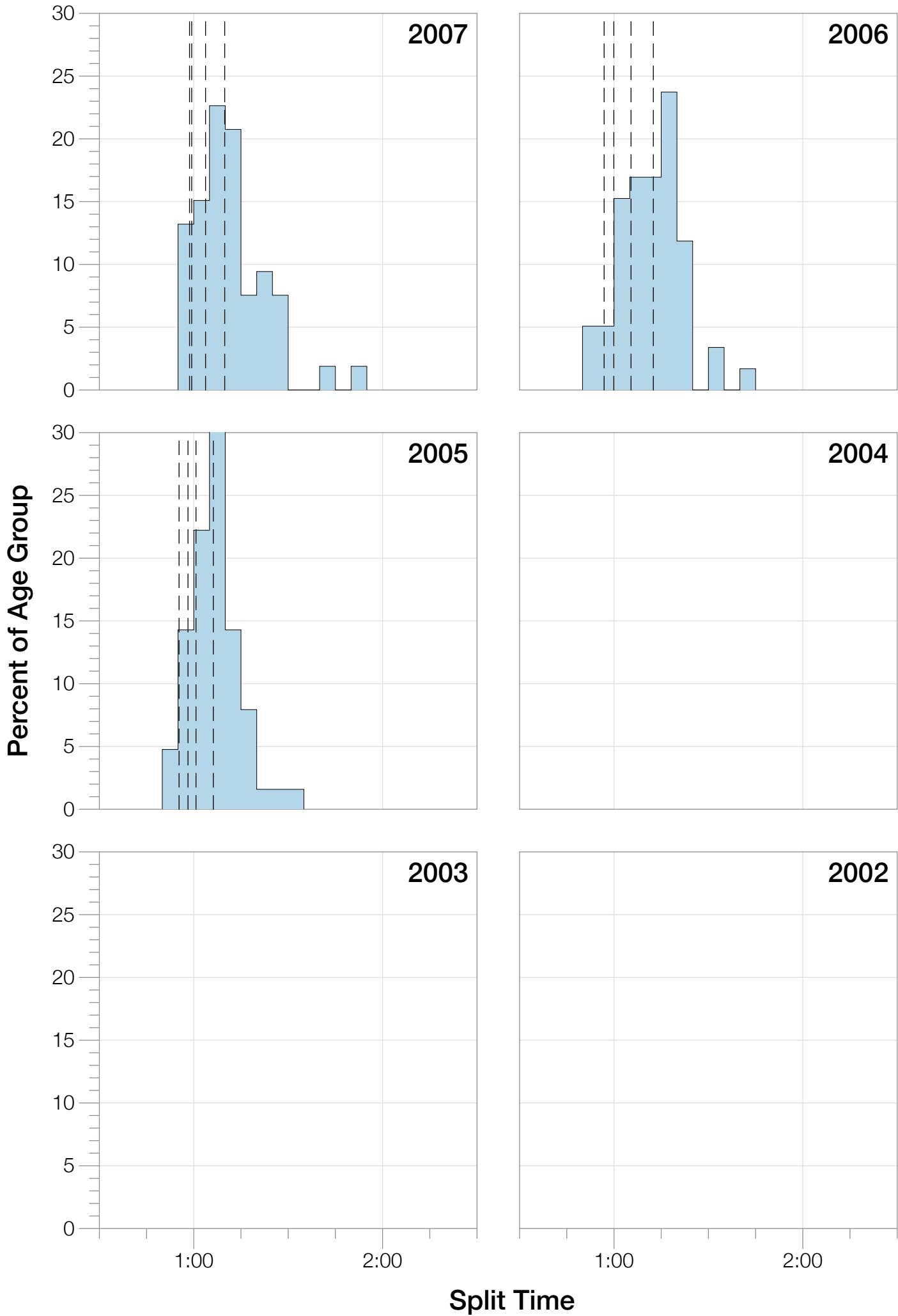
F35-39 Summary Statistics

| Year | Finishers | F35-39 Finishers | Male Winner's Time | Female Winner's Time | F35-39 Winner's Time |
|----------------|------------------|-------------------------|---------------------------|-----------------------------|-----------------------------|
| 2005 | 1367 | 1339 | 8:25:44 | 9:13:20 | 9:00:09 |
| 2006 | 1448 | 1415 | 8:20:42 | 9:19:44 | 8:59:23 |
| 2007 | 1458 | 1419 | 8:21:49 | 9:12:59 | 9:05:43 |
| 2008 | 1411 | 1386 | 8:31:33 | 9:03:55 | 9:06:50 |
| 2009 | 1282 | 1253 | 8:24:53 | 8:57:10 | 8:47:33 |
| 2010 | 1384 | 1365 | 8:23:54 | 9:23:46 | 8:32:52 |
| 2011 | 1016 | 1002 | 8:29:28 | 9:29:54 | 8:56:15 |
| 2012 | 1298 | 1288 | 8:17:38 | 9:34:57 | 8:57:10 |
| 2013 | 1352 | 1343 | 8:30:23 | 9:34:55 | 9:09:24 |
| Average | 1335 | 1312 | 8:25:07 | 9:18:57 | 8:57:15 |

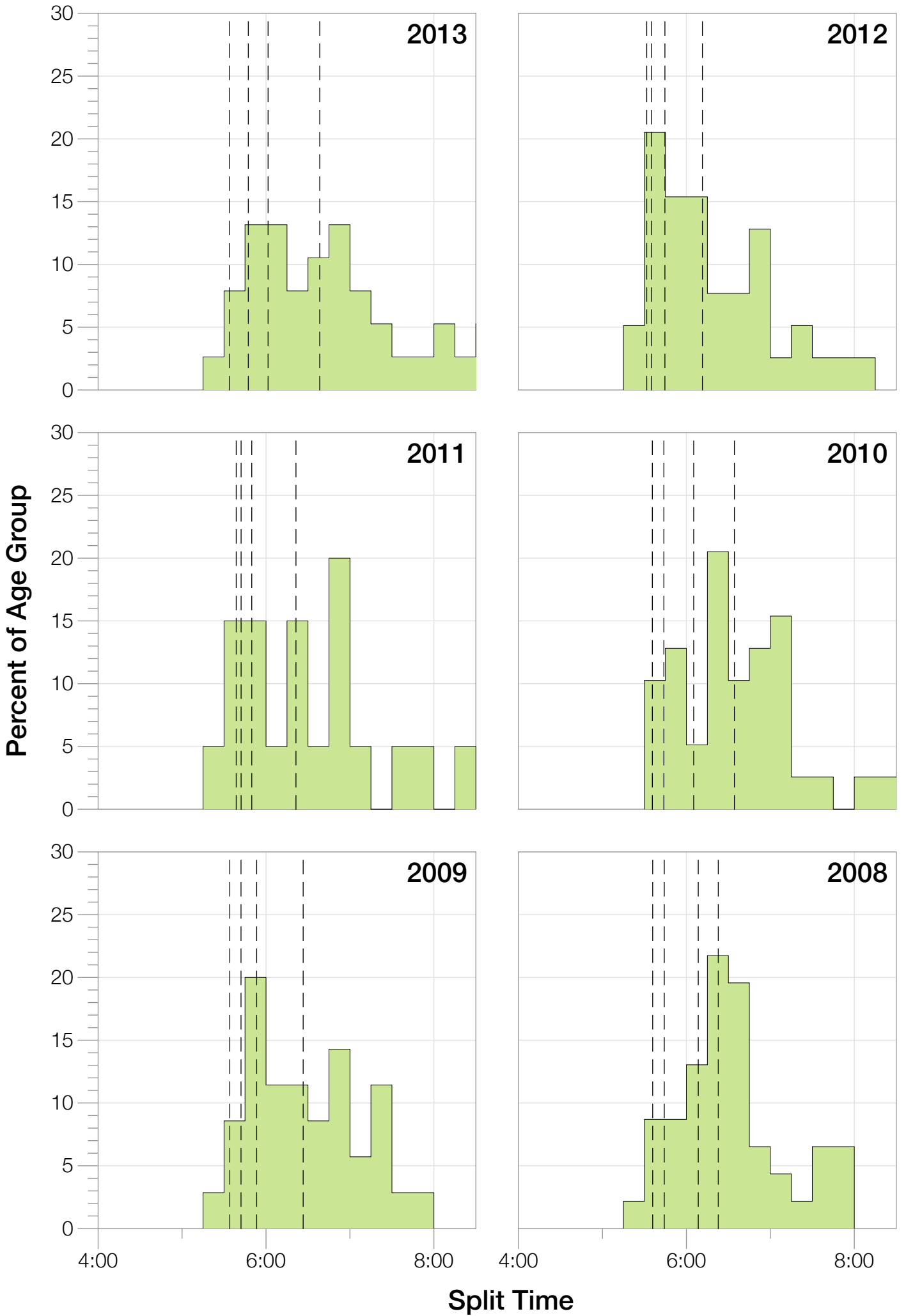
F35-39 Swim



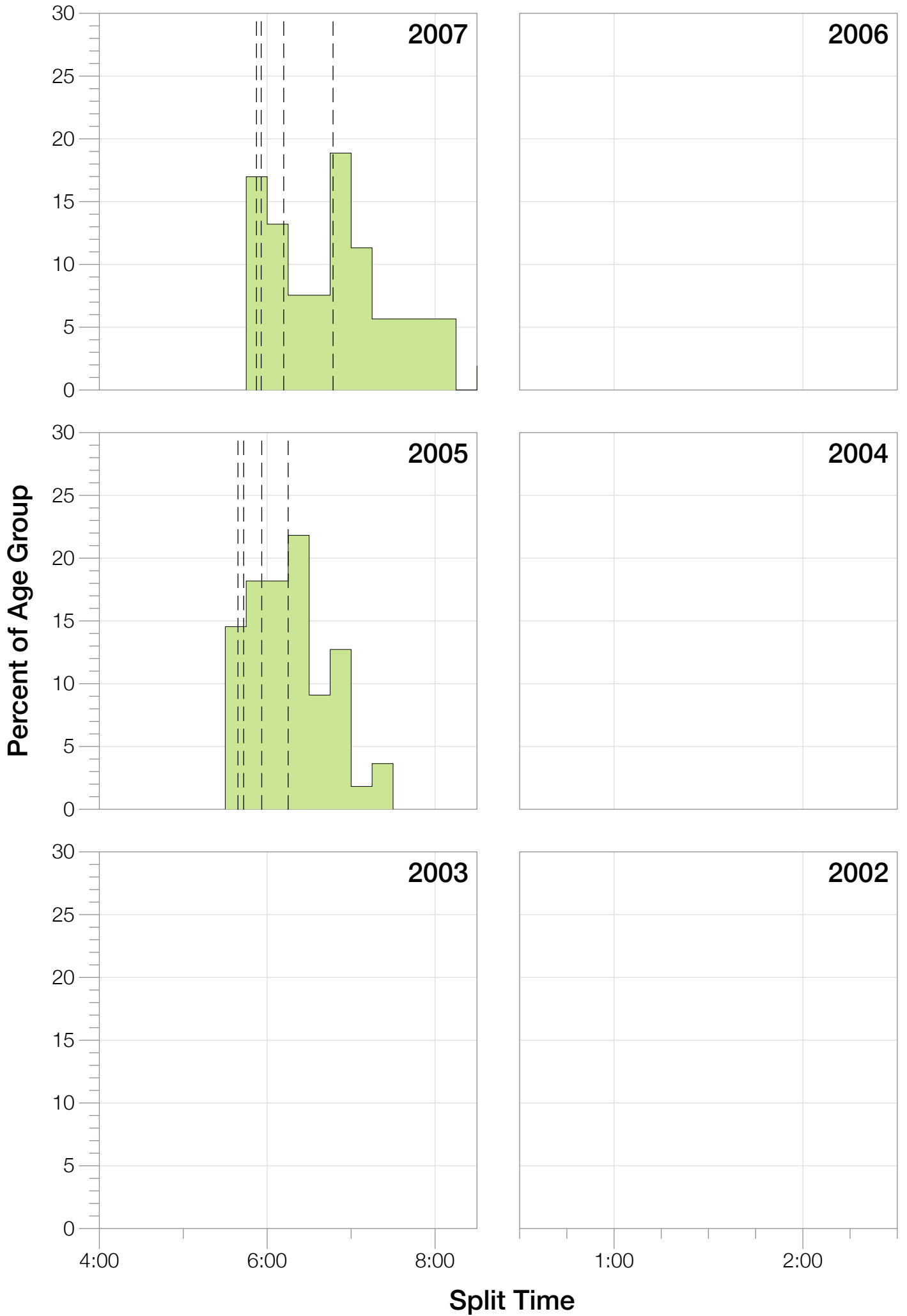
F35-39 Swim



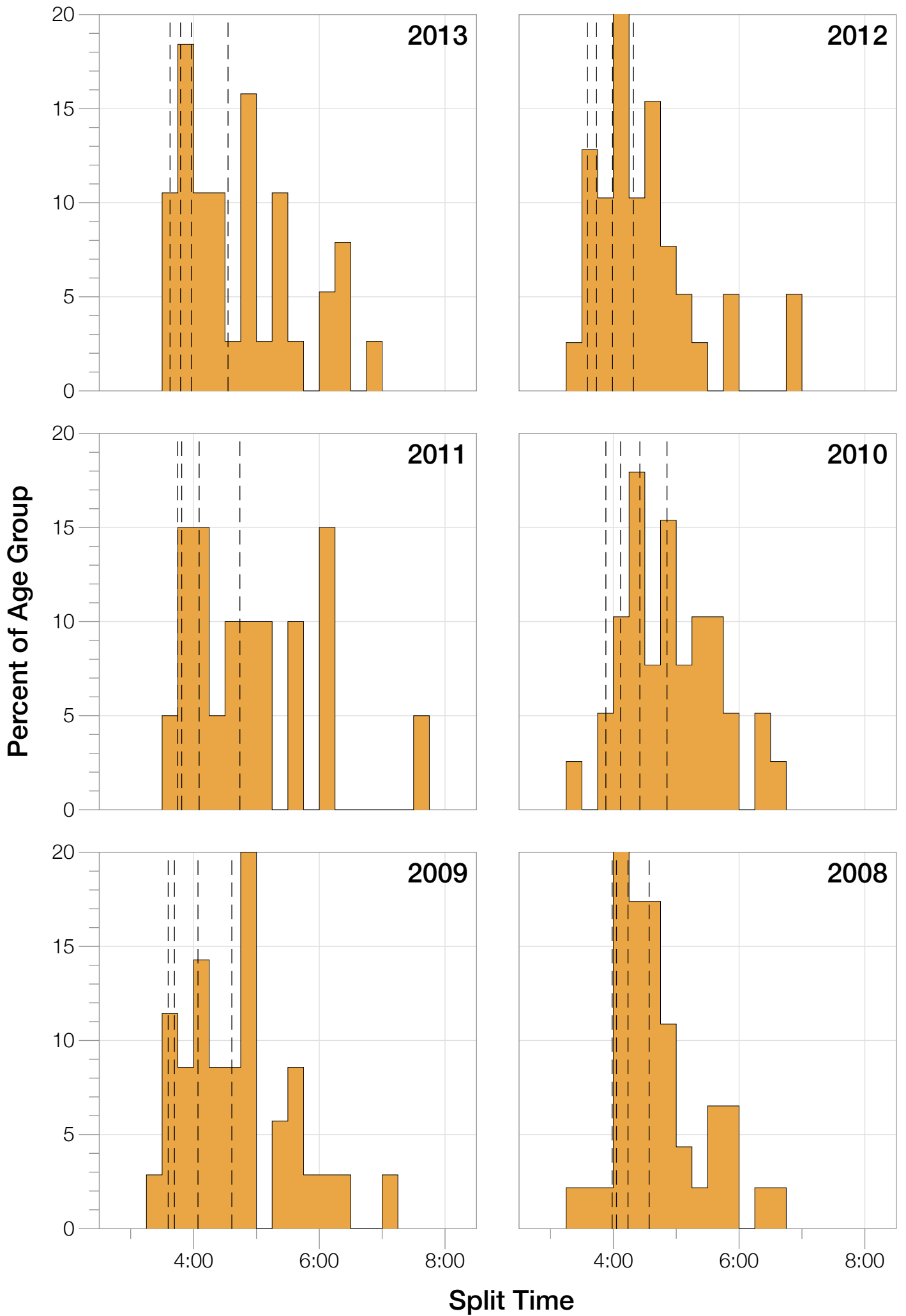
F35-39 Bike



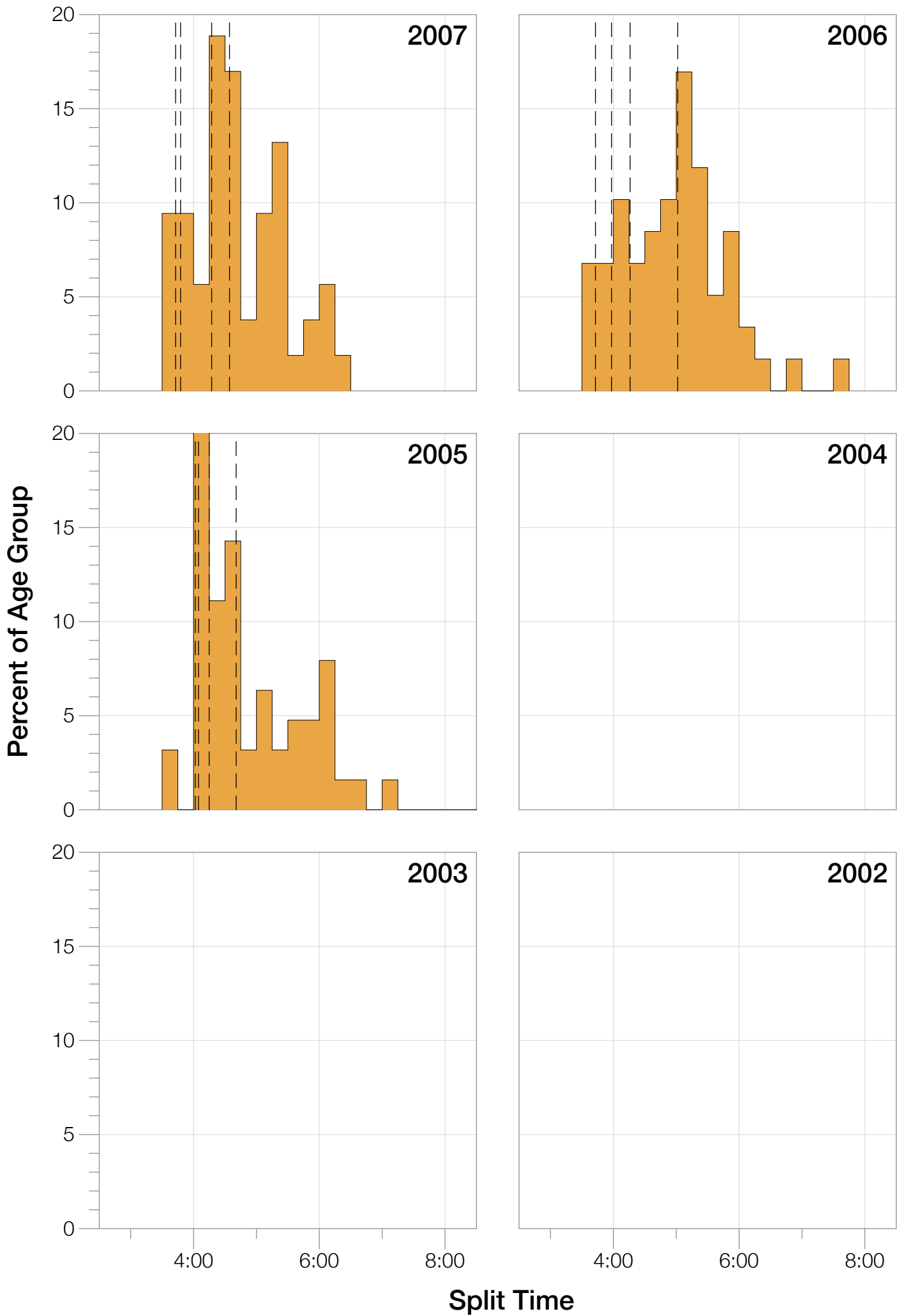
F35-39 Bike



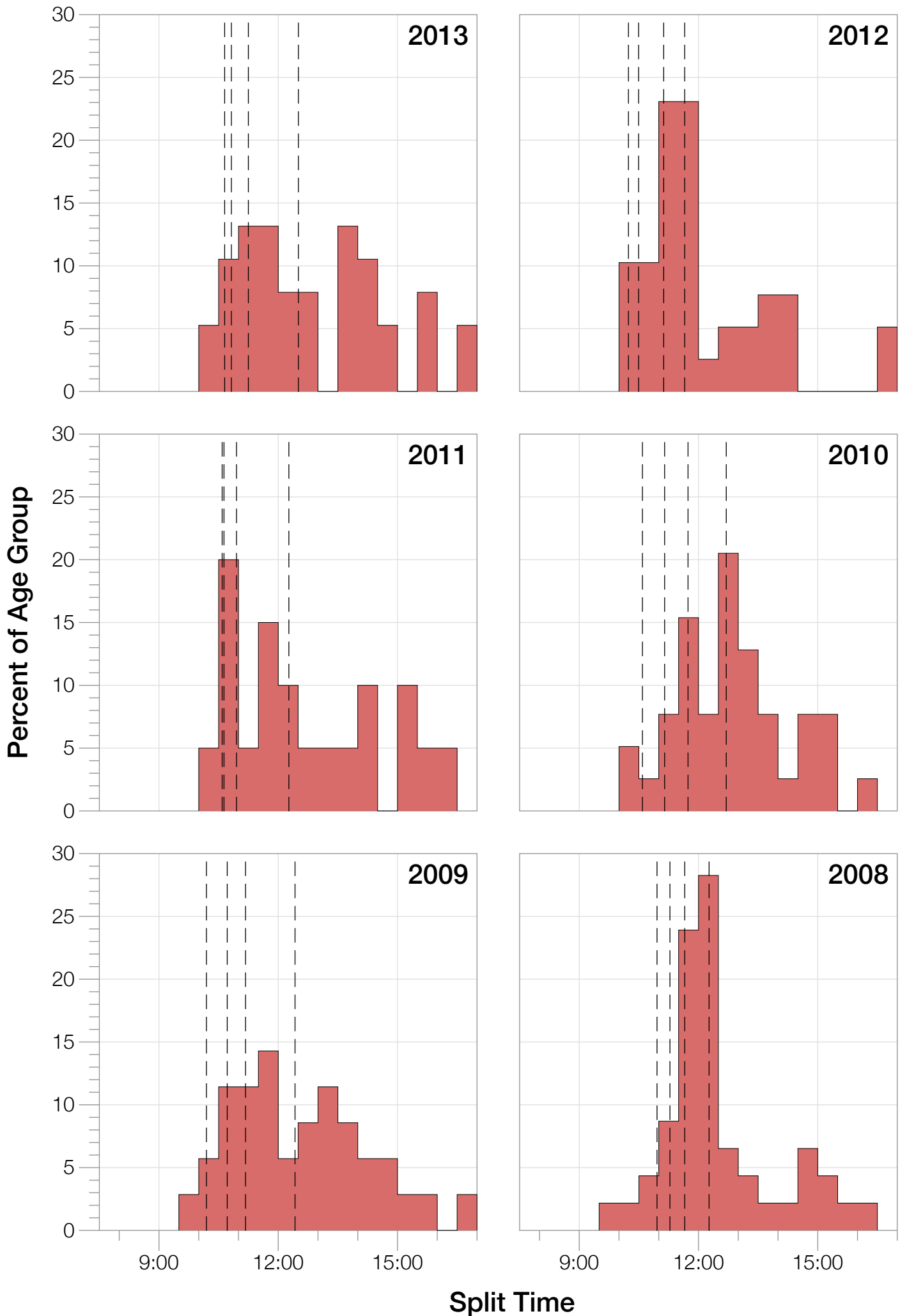
F35-39 Run



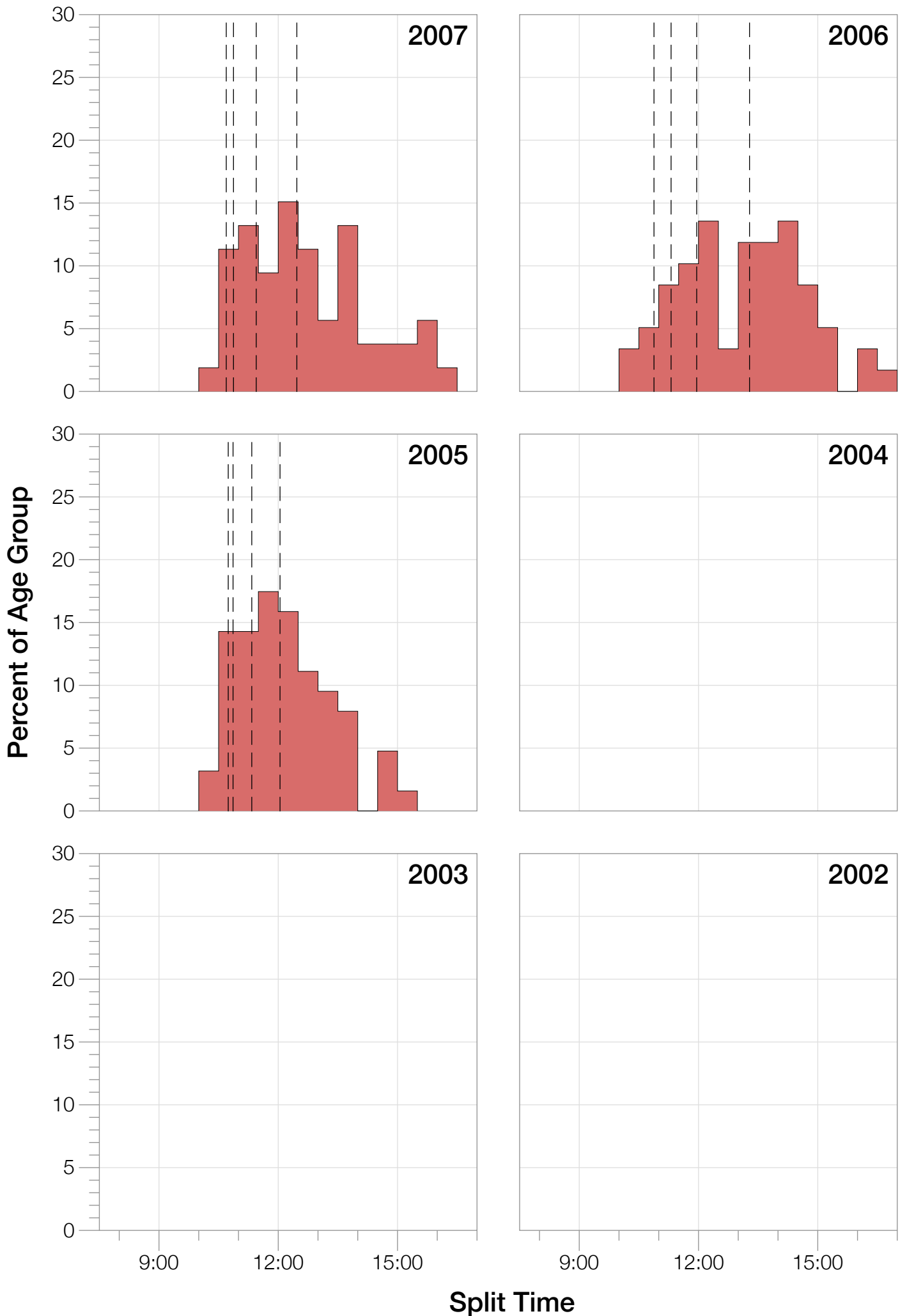
F35-39 Run



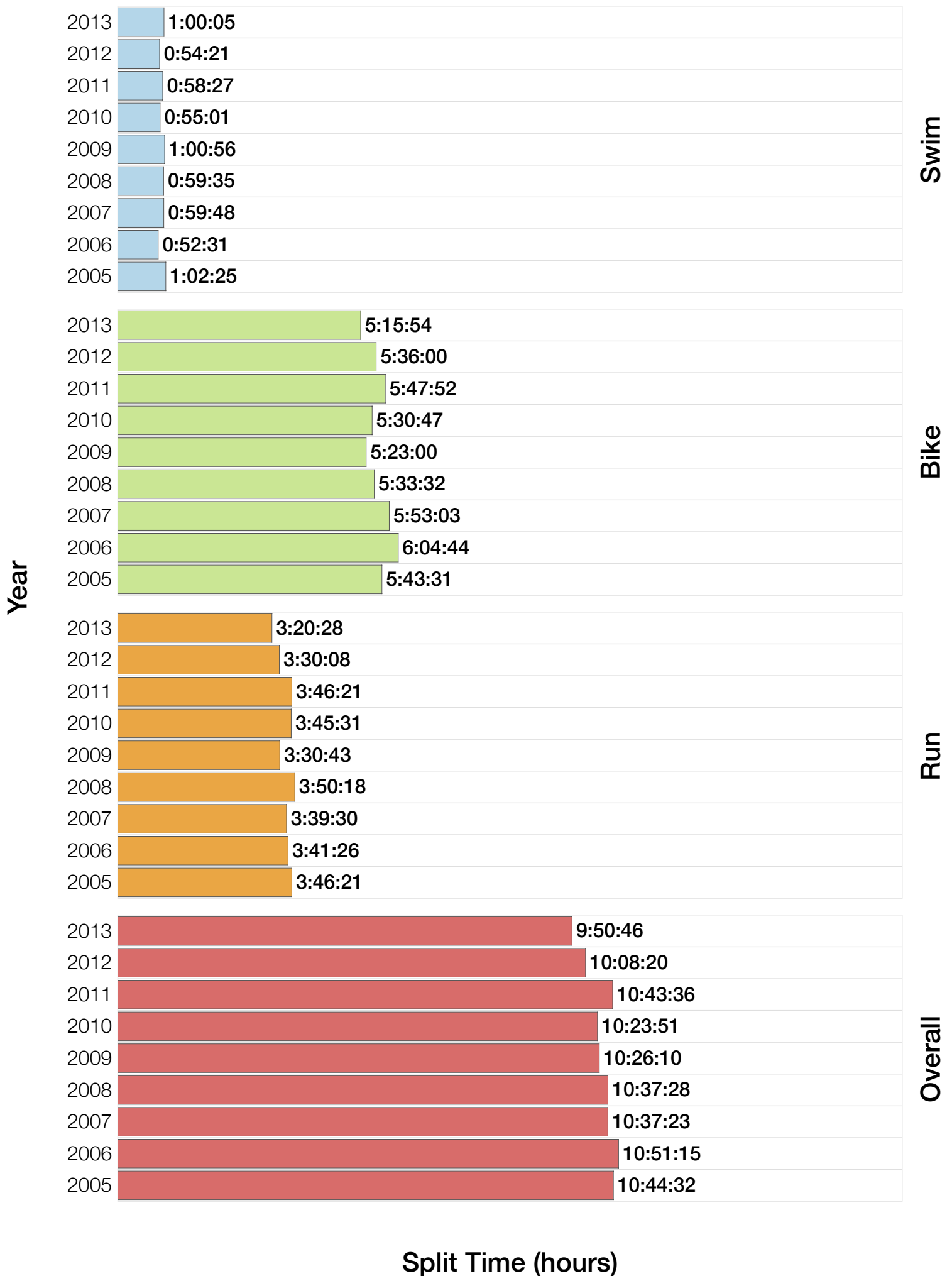
F35-39 Overall



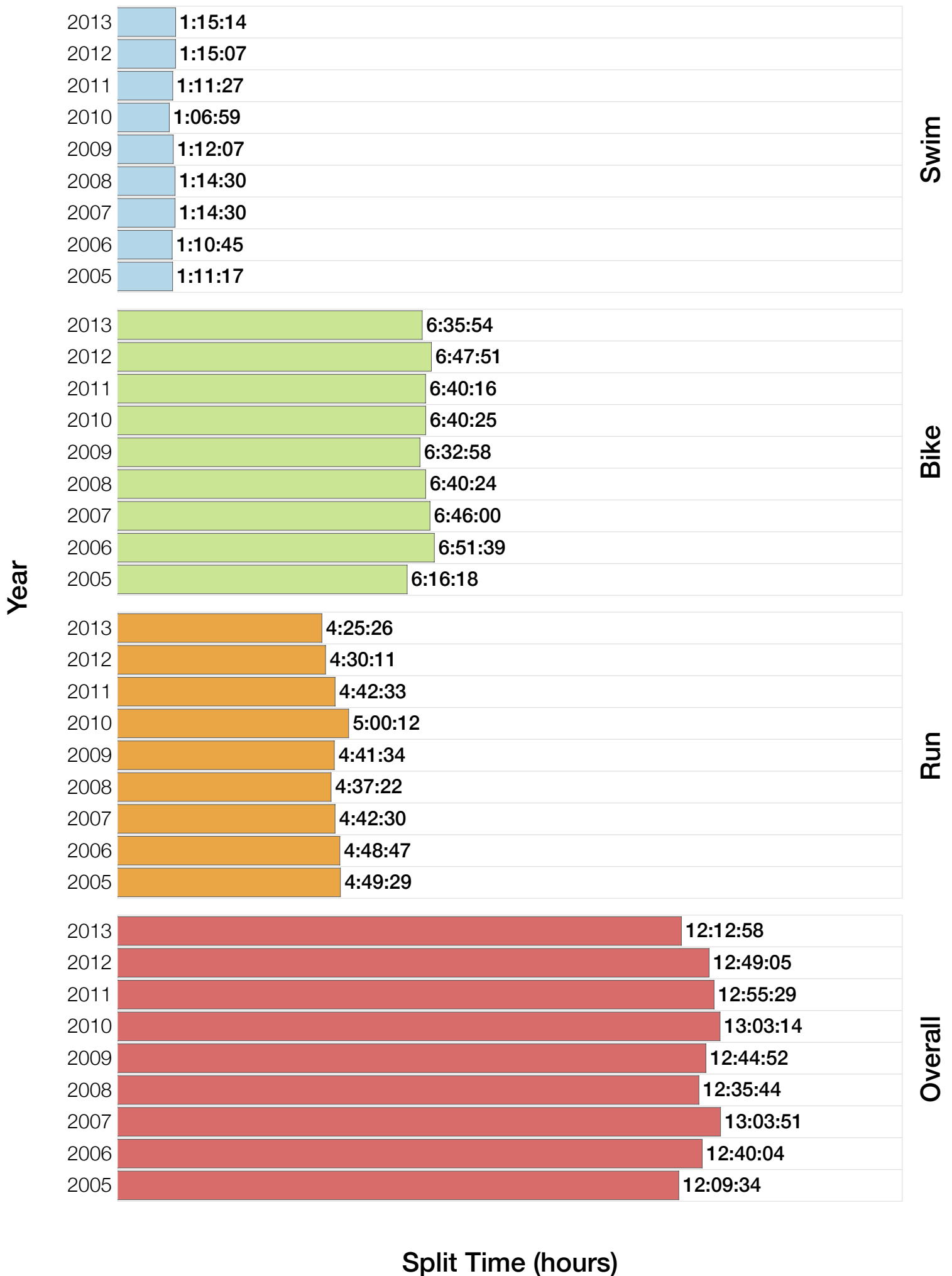
F35-39 Overall



F35-39 Fastest Splits



F35-39 Median Splits



F35-39 Slowest Splits

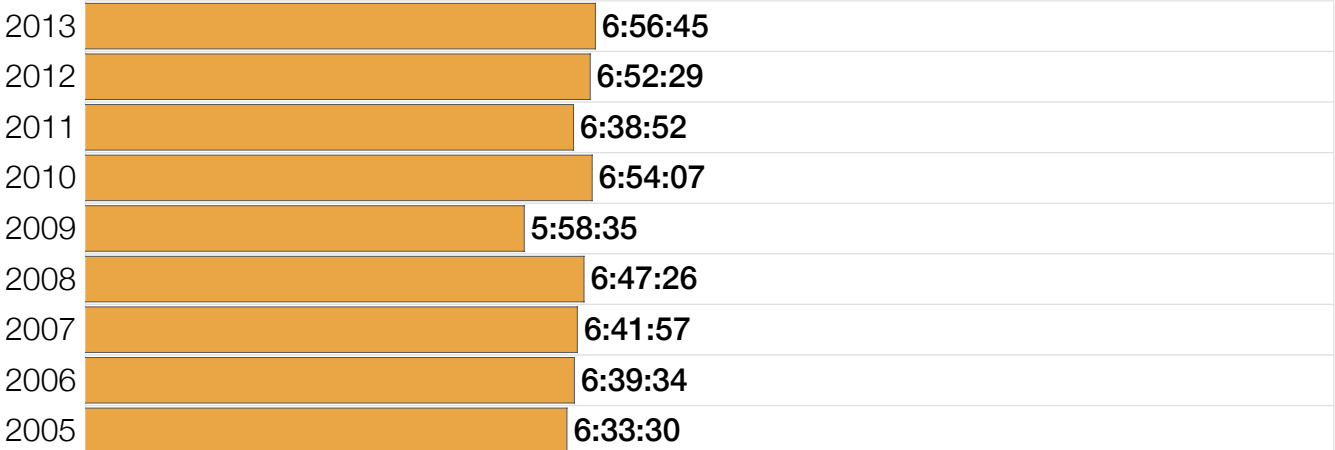
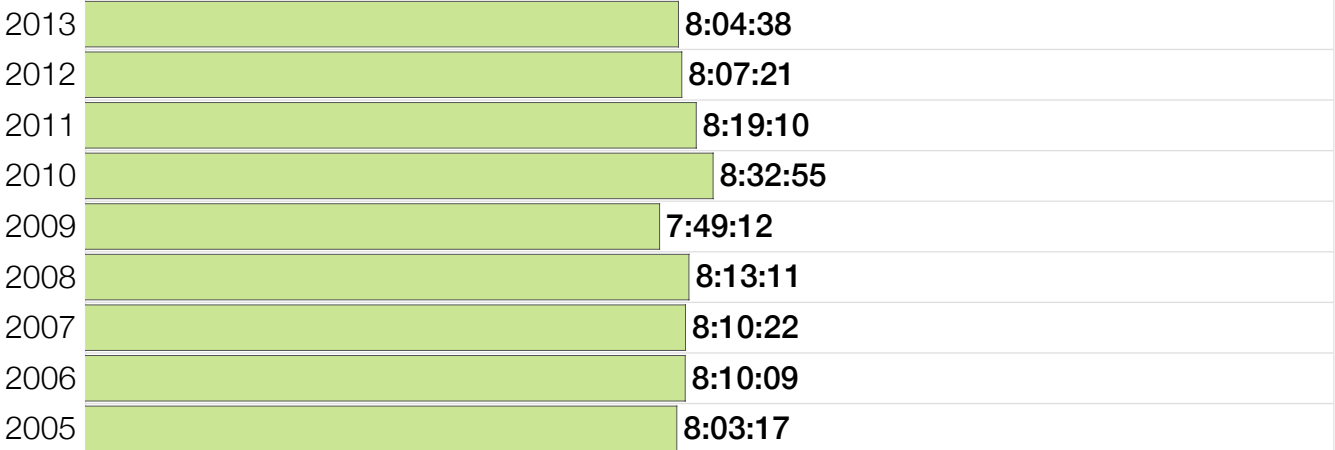
Year

Swim

Bike

Run

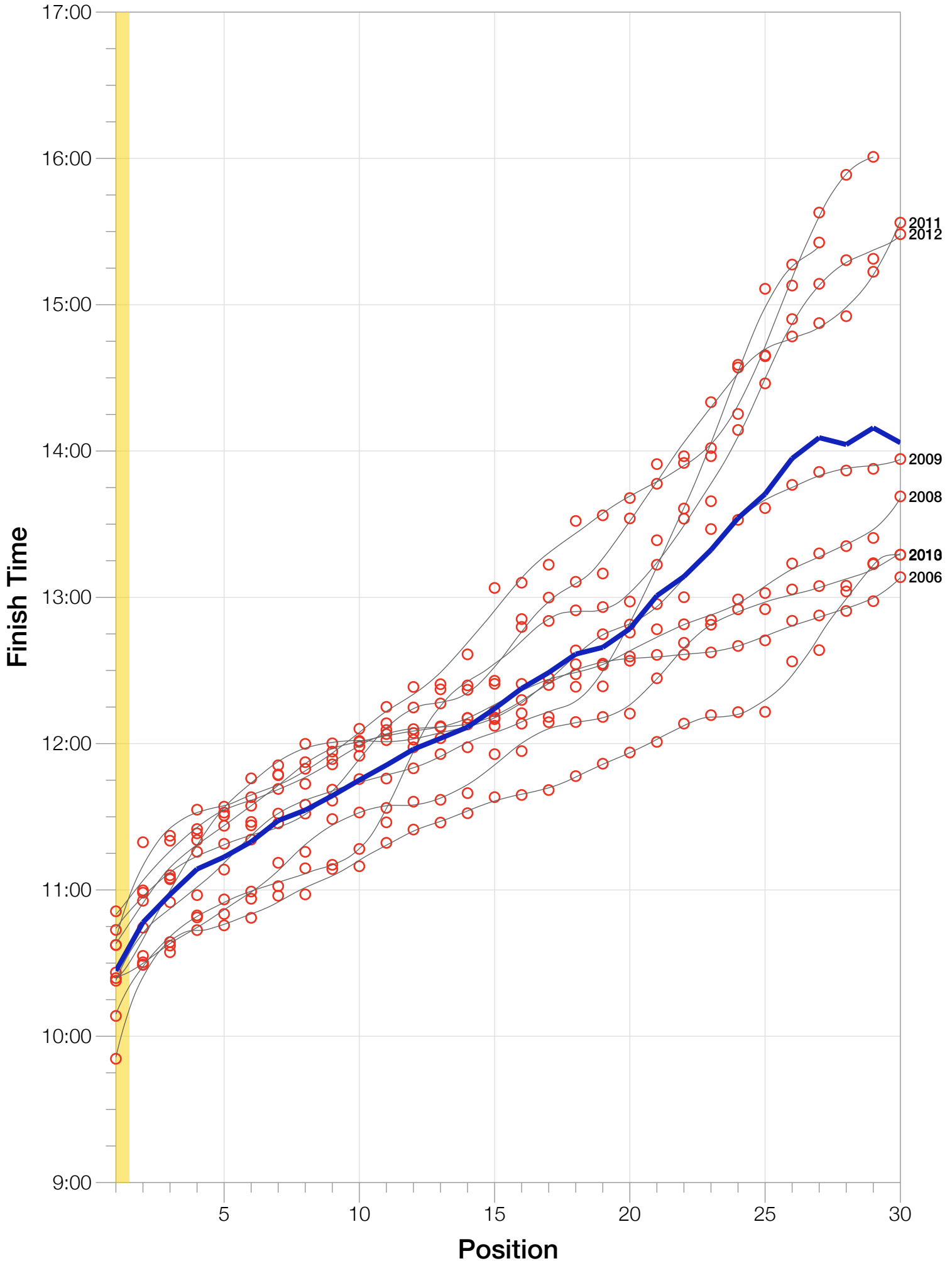
Overall



Split Time (hours)

F35-39 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F35-39 Kona Times and Splits

Summary Statistics

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-------------------------------|----------------|----------------|----------------|-----------------|
| Average Male Winner | 0:47:25 | 4:42:44 | 2:53:06 | 8:25:07 |
| Average Female Winner | 0:52:19 | 5:13:58 | 3:10:09 | 9:18:57 |
| Average 1st Age Grouper | 1:00:47 | 5:03:04 | 3:17:37 | 10:26:50 |
| Average 2nd Age Grouper | 1:05:40 | 5:49:14 | 3:48:22 | 10:46:42 |
| Average 3rd Age Grouper | 1:06:11 | 5:12:11 | 3:30:16 | 10:58:06 |
| Average 4th Age Grouper | 1:06:18 | 5:19:40 | 3:32:59 | 11:08:33 |
| Average 5th Age Grouper | 1:07:51 | 5:55:24 | 4:04:59 | 11:13:31 |
| Kona Qualifier Average | 1:00:47 | 5:03:04 | 3:17:37 | 10:26:50 |
| Top 5 Age Grouper Average | 1:05:21 | 5:27:55 | 3:38:50 | 10:54:44 |

Australia 2005

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-------------------------------|----------------|-----------|----------|-----------------|
| Male Winner | 0:46:55 | 4:40:17 | 2:58:32 | 8:25:44 |
| Female Winner | 0:54:36 | 5:12:50 | 3:05:54 | 9:13:20 |
| 1st Age Grouper | 1:02:57 | | | 10:22:45 |
| 2nd Age Grouper | 1:11:35 | 5:46:36 | 3:46:21 | 10:44:32 |
| 3rd Age Grouper | 1:01:14 | | | 10:54:59 |
| 4th Age Grouper | 1:06:17 | | | 10:57:53 |
| 5th Age Grouper | 1:10:59 | 5:47:16 | 4:10:05 | 11:08:20 |
| Kona Qualifier Average | 1:02:57 | | | 10:22:45 |
| Top 5 Age Grouper Average | 1:06:36 | 2:18:46 | 1:35:17 | 10:49:41 |

Australia 2006

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:46:21 | 4:46:51 | 2:47:30 | 8:20:42 |
| Female Winner | 0:52:30 | 5:26:08 | 3:01:06 | 9:19:44 |
| 1st Age Grouper | 0:55:29 | 6:12:58 | 3:42:48 | 10:51:15 |
| 2nd Age Grouper | 0:57:01 | 6:20:25 | 3:41:26 | 10:58:52 |
| 3rd Age Grouper | 1:07:23 | 6:16:13 | 3:56:35 | 11:20:11 |
| 4th Age Grouper | 1:04:37 | 6:10:27 | 4:09:55 | 11:24:59 |
| 5th Age Grouper | 1:04:39 | 6:09:59 | 4:17:05 | 11:31:43 |
| Kona Qualifier Average | 0:55:29 | 6:12:58 | 3:42:48 | 10:51:15 |
| Top 5 Age Grouper Average | 1:01:49 | 6:14:00 | 3:57:33 | 11:13:24 |

Australia 2007

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:46:57 | 4:45:13 | 2:49:39 | 8:21:49 |
| Female Winner | 0:50:26 | 5:18:26 | 3:04:07 | 9:12:59 |
| 1st Age Grouper | 1:04:50 | 5:53:03 | 3:39:30 | 10:37:23 |
| 2nd Age Grouper | 1:03:24 | 6:11:48 | 4:04:22 | 11:19:34 |
| 3rd Age Grouper | 0:59:48 | 5:55:38 | 4:26:48 | 11:22:14 |
| 4th Age Grouper | 1:03:28 | 6:21:46 | 4:07:41 | 11:32:55 |
| 5th Age Grouper | 1:14:30 | 6:03:45 | 4:15:54 | 11:34:09 |
| Kona Qualifier Average | 1:04:50 | 5:53:03 | 3:39:30 | 10:37:23 |
| Top 5 Age Grouper Average | 1:05:12 | 6:05:12 | 4:06:51 | 11:17:15 |

Australia 2008

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:50:48 | 4:47:09 | 2:51:59 | 8:31:33 |
| Female Winner | 0:53:27 | 5:06:43 | 3:01:53 | 9:03:55 |
| 1st Age Grouper | 0:59:35 | 5:44:49 | 3:50:18 | 10:37:28 |
| 2nd Age Grouper | 1:16:16 | 5:33:32 | 4:03:05 | 10:55:34 |
| 3rd Age Grouper | 1:05:04 | 5:59:53 | 3:57:36 | 11:06:01 |
| 4th Age Grouper | 1:09:31 | 5:57:51 | 4:12:46 | 11:23:13 |
| 5th Age Grouper | 1:09:32 | 5:54:20 | 4:17:20 | 11:26:19 |
| Kona Qualifier Average | 0:59:35 | 5:44:49 | 3:50:18 | 10:37:28 |
| Top 5 Age Grouper Average | 1:07:59 | 5:50:05 | 4:04:13 | 11:05:43 |

Australia 2009

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:50:51 | 4:44:40 | 2:45:58 | 8:24:53 |
| Female Winner | 0:50:48 | 5:03:01 | 2:59:15 | 8:57:10 |
| 1st Age Grouper | 1:09:57 | 5:23:00 | 3:48:37 | 10:26:10 |
| 2nd Age Grouper | 1:10:17 | 5:41:33 | 3:30:43 | 10:29:16 |
| 3rd Age Grouper | 1:04:52 | 5:59:17 | 3:53:26 | 11:04:50 |
| 4th Age Grouper | 1:11:21 | 5:48:04 | 4:14:20 | 11:20:29 |
| 5th Age Grouper | 1:08:45 | 5:41:58 | 4:23:01 | 11:30:32 |
| Kona Qualifier Average | 1:09:57 | 5:23:00 | 3:48:37 | 10:26:10 |
| Top 5 Age Grouper Average | 1:09:02 | 5:42:46 | 3:58:01 | 10:58:15 |

Australia 2010

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:44:49 | 4:41:59 | 2:54:04 | 8:23:54 |
| Female Winner | 0:49:43 | 5:00:57 | 3:29:36 | 9:23:46 |
| 1st Age Grouper | 0:58:06 | 5:30:47 | 3:50:34 | 10:23:51 |
| 2nd Age Grouper | 1:03:27 | 5:35:06 | 3:45:31 | 10:30:20 |
| 3rd Age Grouper | 1:04:29 | 5:36:06 | 3:47:30 | 10:34:28 |
| 4th Age Grouper | 0:57:28 | 5:38:24 | 4:06:12 | 10:49:33 |
| 5th Age Grouper | 1:04:57 | 5:44:56 | 3:53:21 | 10:50:08 |
| Kona Qualifier Average | 0:58:06 | 5:30:47 | 3:50:34 | 10:23:51 |
| Top 5 Age Grouper Average | 1:01:41 | 5:37:03 | 3:52:37 | 10:37:40 |

Australia 2011

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:46:29 | 4:41:04 | 2:59:14 | 8:29:28 |
| Female Winner | 0:50:35 | 5:12:39 | 3:22:10 | 9:29:54 |
| 1st Age Grouper | 1:01:22 | 5:48:30 | 3:46:21 | 10:43:36 |
| 2nd Age Grouper | 1:10:01 | 5:48:38 | 3:56:04 | 10:59:50 |
| 3rd Age Grouper | 1:09:53 | 5:47:52 | 4:01:33 | 11:04:24 |
| 4th Age Grouper | 1:01:44 | 6:16:03 | 3:51:29 | 11:15:39 |
| 5th Age Grouper | 1:01:15 | 6:03:13 | 4:06:12 | 11:18:55 |
| Kona Qualifier Average | 1:01:22 | 5:48:30 | 3:46:21 | 10:43:36 |
| Top 5 Age Grouper Average | 1:04:51 | 5:56:51 | 3:56:19 | 11:04:28 |

Australia 2012

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:46:18 | 4:31:25 | 2:57:12 | 8:17:38 |
| Female Winner | 0:51:48 | 5:29:57 | 3:08:38 | 9:34:57 |
| 1st Age Grouper | 0:54:21 | 5:38:37 | 3:30:08 | 10:08:20 |
| 2nd Age Grouper | 0:58:57 | 5:44:07 | 3:45:14 | 10:32:58 |
| 3rd Age Grouper | 1:03:51 | 5:36:00 | 3:54:59 | 10:38:38 |
| 4th Age Grouper | 1:08:17 | 5:56:49 | 3:37:08 | 10:48:44 |
| 5th Age Grouper | 1:00:06 | 5:50:27 | 4:01:27 | 10:56:07 |
| Kona Qualifier Average | 0:54:21 | 5:38:37 | 3:30:08 | 10:08:20 |
| Top 5 Age Grouper Average | 1:01:06 | 5:45:12 | 3:45:47 | 10:36:57 |

Australia 2013

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|---------------------------|-----------|-----------|----------|--------------|
| Male Winner | 0:47:25 | 4:46:02 | 2:53:48 | 8:30:23 |
| Female Winner | 0:57:05 | 5:15:01 | 3:18:46 | 9:34:55 |
| 1st Age Grouper | 1:00:29 | 5:15:54 | 3:30:20 | 9:50:46 |
| 2nd Age Grouper | 1:00:05 | 5:41:25 | 3:42:36 | 10:29:25 |
| 3rd Age Grouper | 1:19:11 | 5:38:47 | 3:34:01 | 10:37:11 |
| 4th Age Grouper | 1:14:05 | 5:47:38 | 3:37:24 | 10:43:32 |
| 5th Age Grouper | 1:15:57 | 6:02:50 | 3:20:28 | 10:45:28 |
| Kona Qualifier Average | 1:00:29 | 5:15:54 | 3:30:20 | 9:50:46 |
| Top 5 Age Grouper Average | 1:09:57 | 5:41:18 | 3:32:57 | 10:29:16 |