

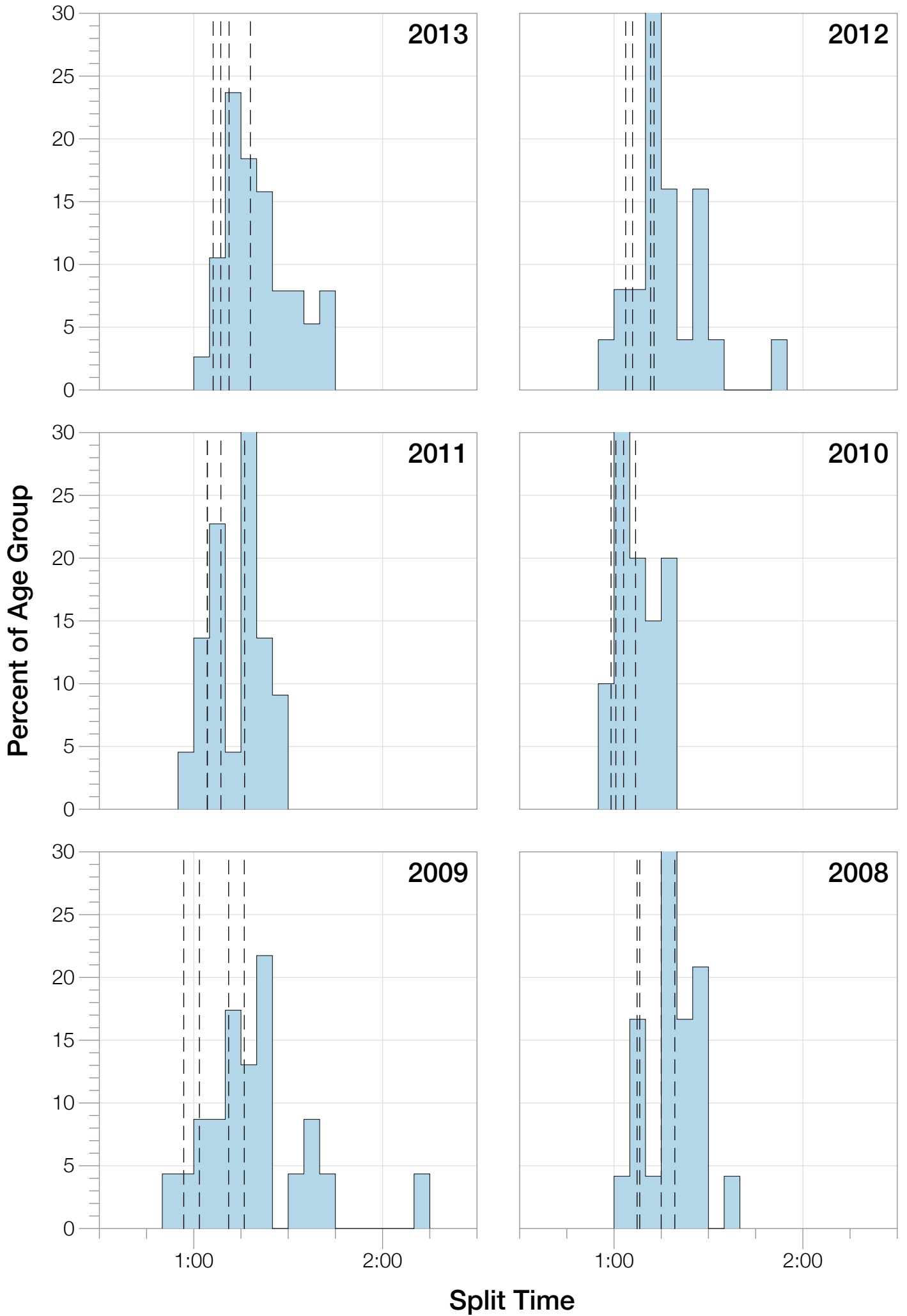
Ironman Australia Statistics

F45-49

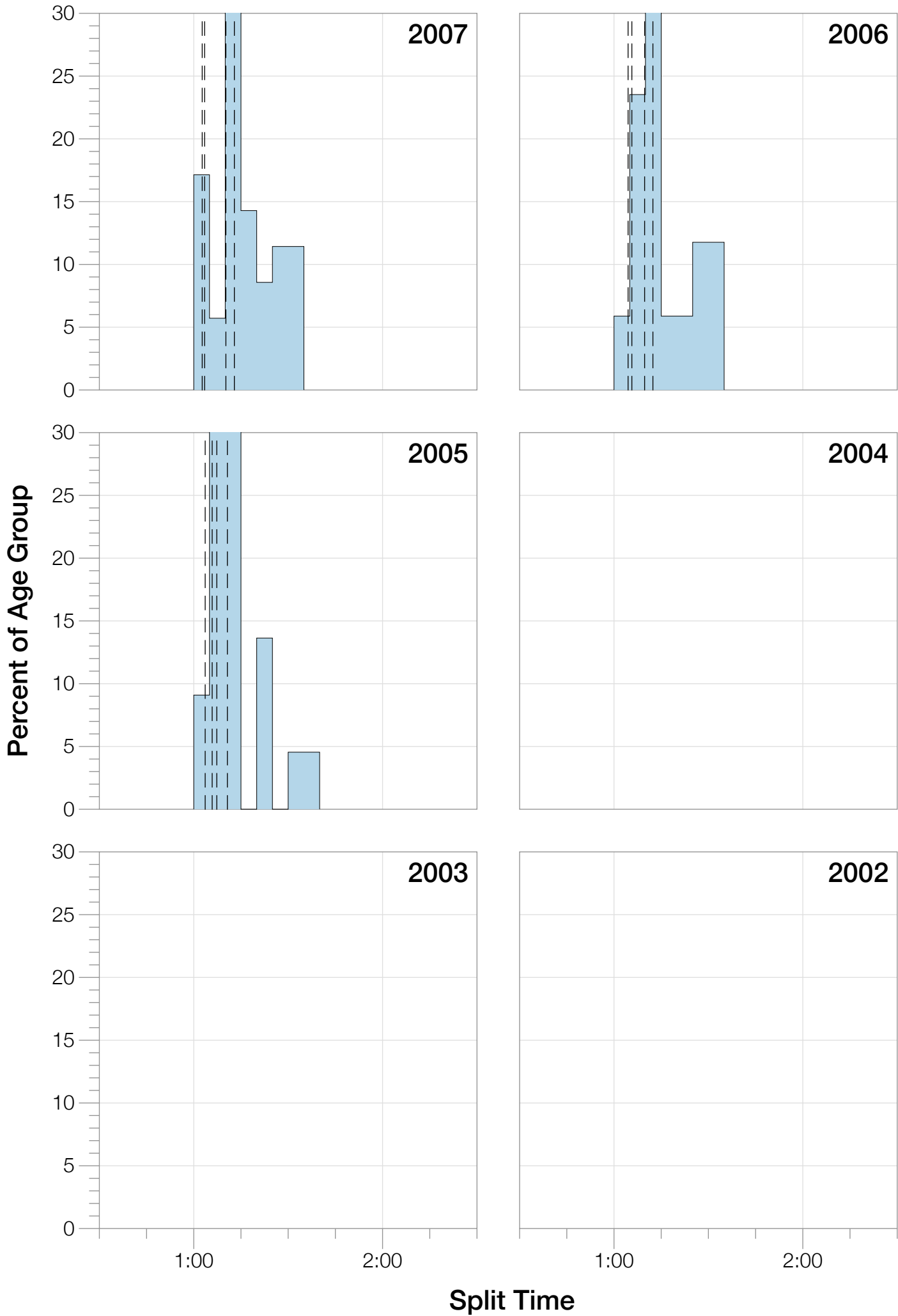
F45-49 Summary Statistics

Year	Finishers	F45-49 Finishers	Male Winner's Time	Female Winner's Time	F45-49 Winner's Time
2005	1367	1339	8:25:44	9:13:20	9:00:09
2006	1448	1415	8:20:42	9:19:44	8:59:23
2007	1458	1419	8:21:49	9:12:59	9:05:43
2008	1411	1386	8:31:33	9:03:55	9:06:50
2009	1282	1253	8:24:53	8:57:10	8:47:33
2010	1384	1365	8:23:54	9:23:46	8:32:52
2011	1016	1002	8:29:28	9:29:54	8:56:15
2012	1298	1288	8:17:38	9:34:57	8:57:10
2013	1352	1343	8:30:23	9:34:55	9:09:24
Average	1335	1312	8:25:07	9:18:57	8:57:15

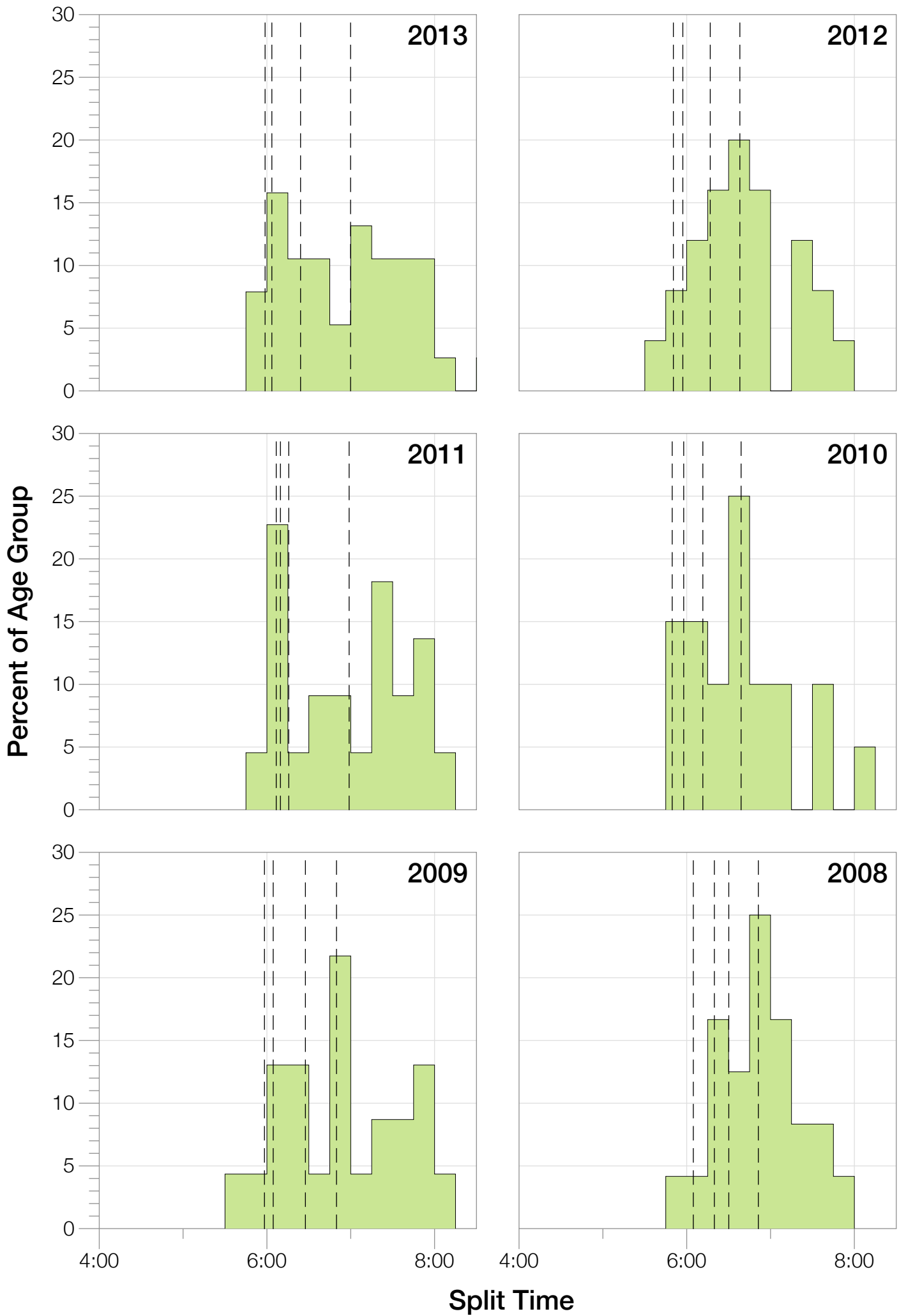
F45-49 Swim



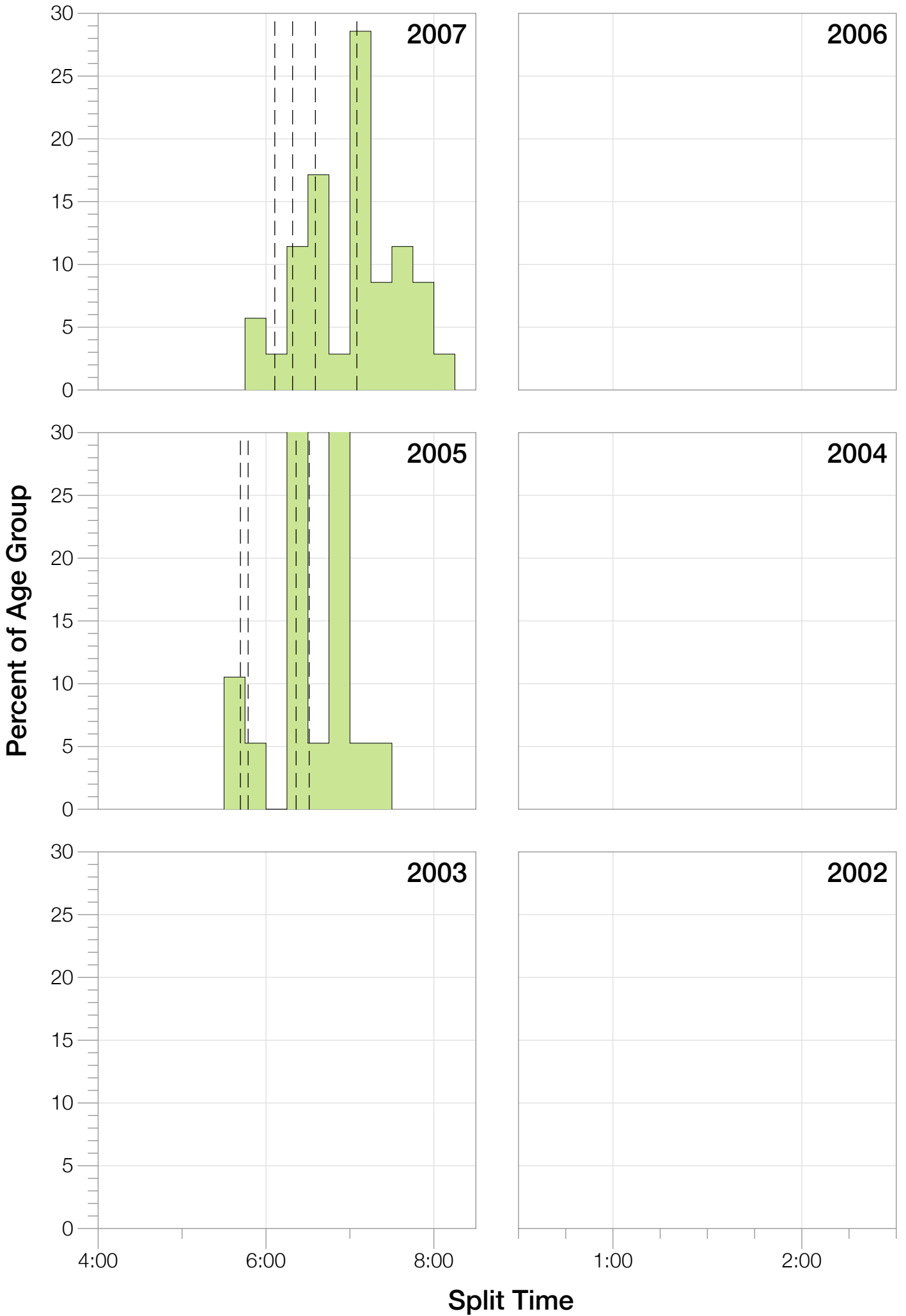
F45-49 Swim



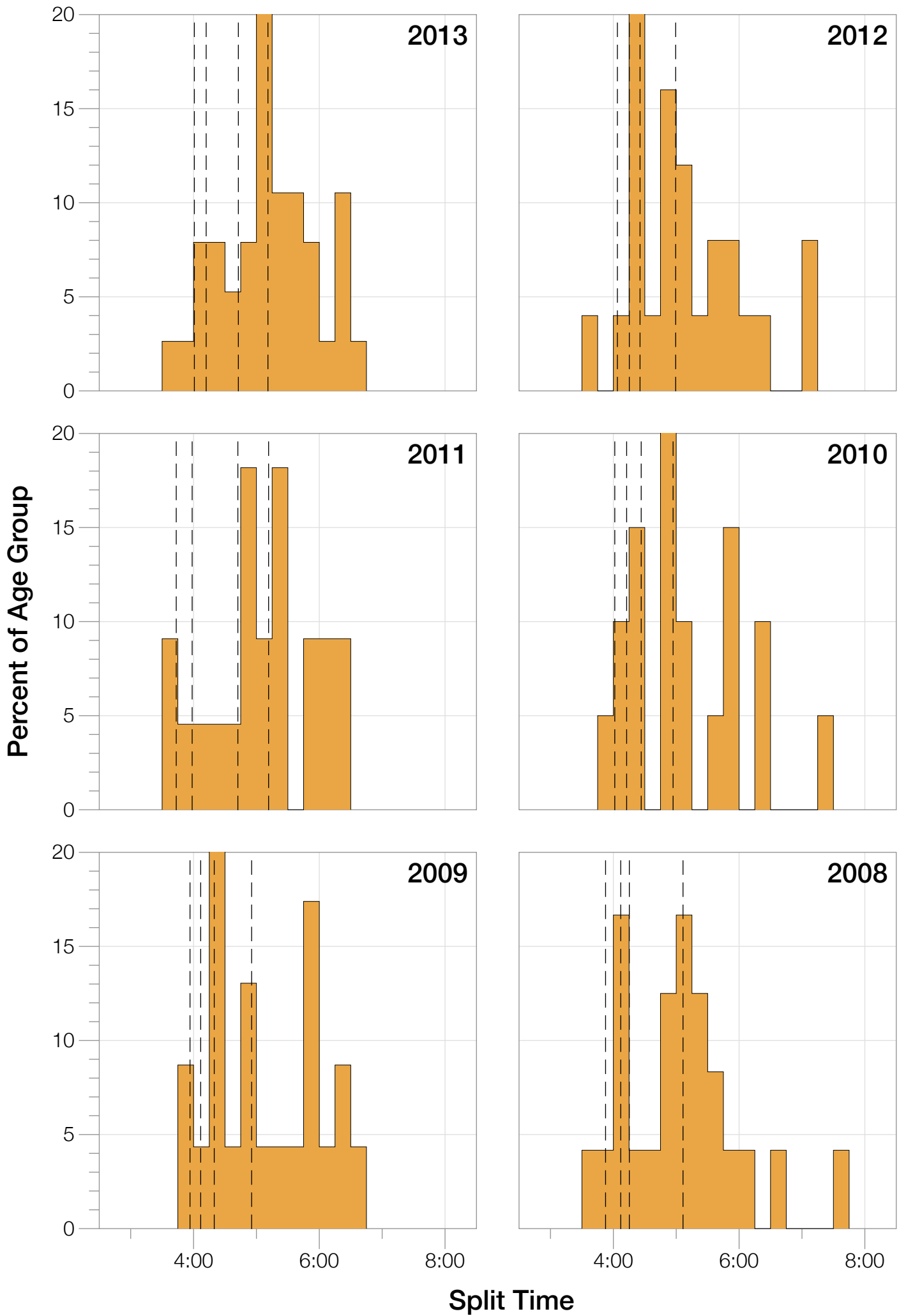
F45-49 Bike



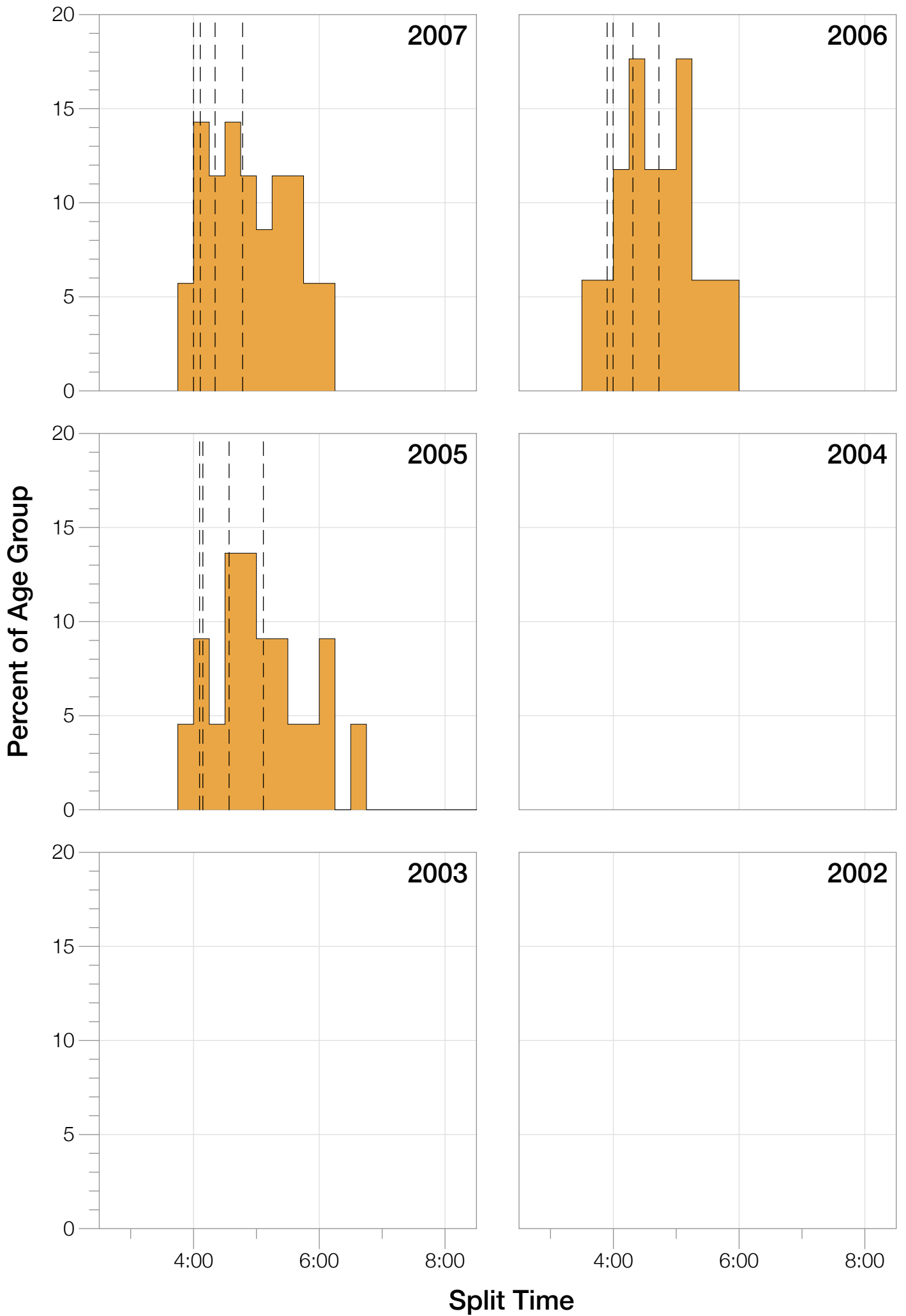
F45-49 Bike



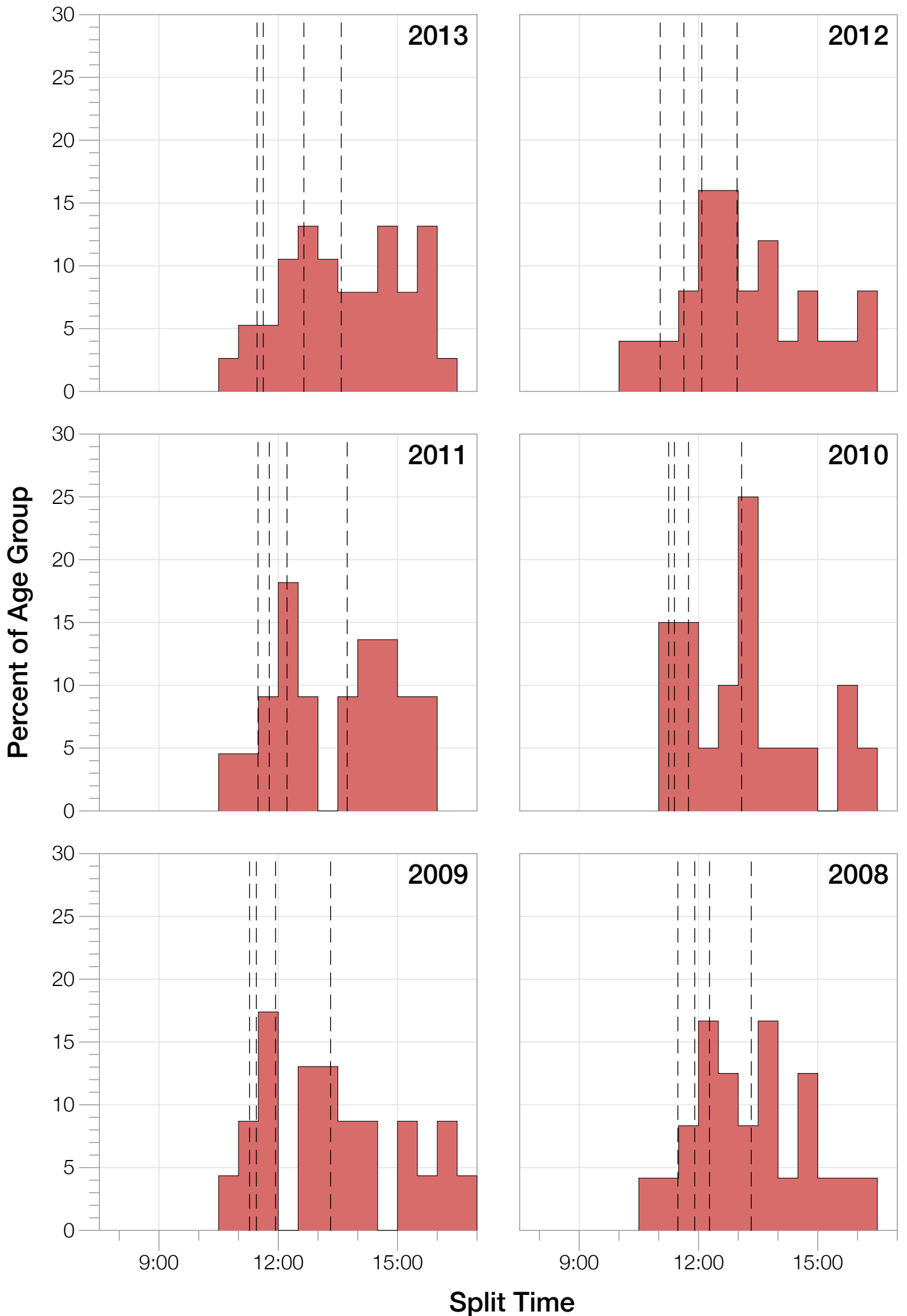
F45-49 Run



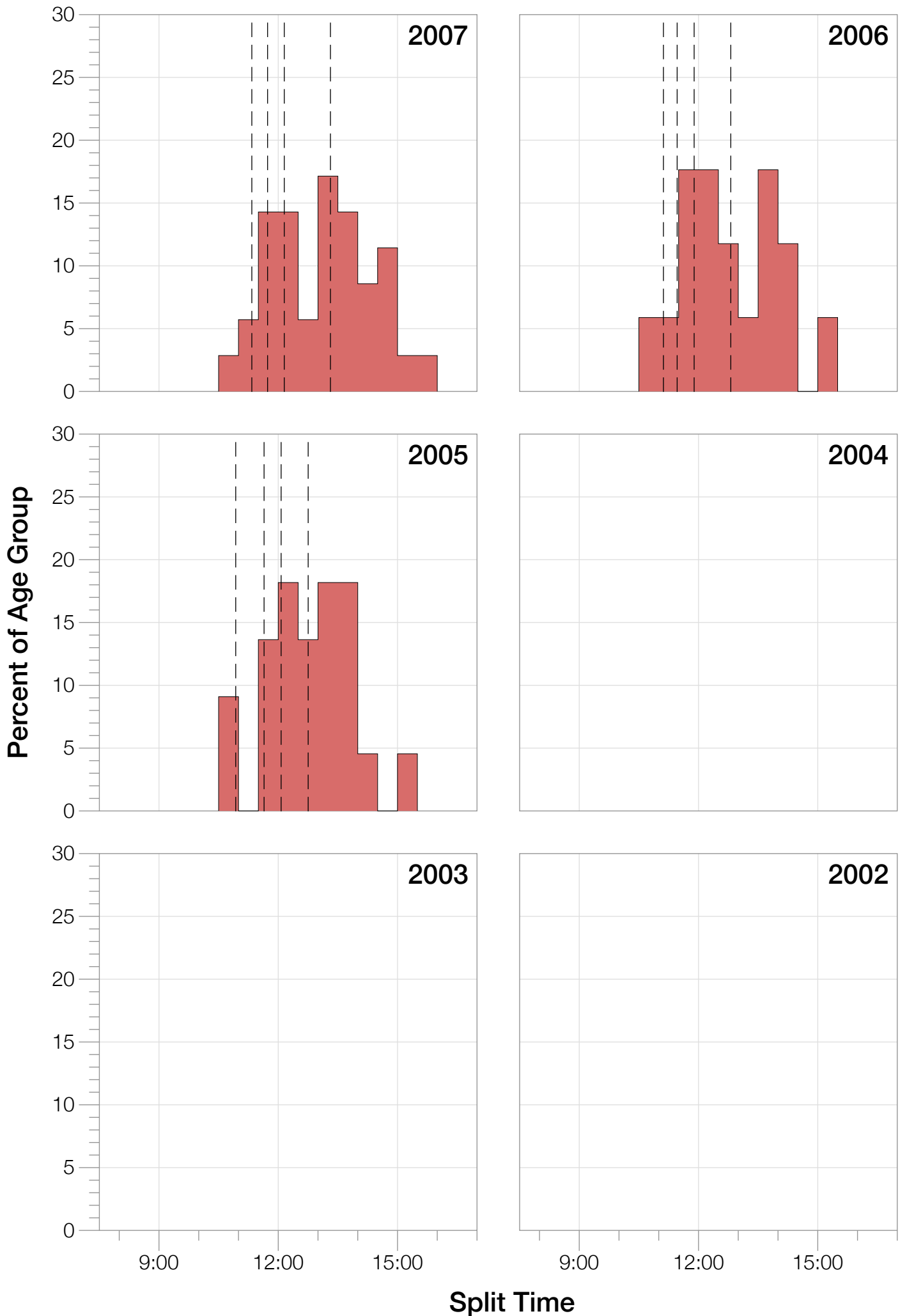
F45-49 Run



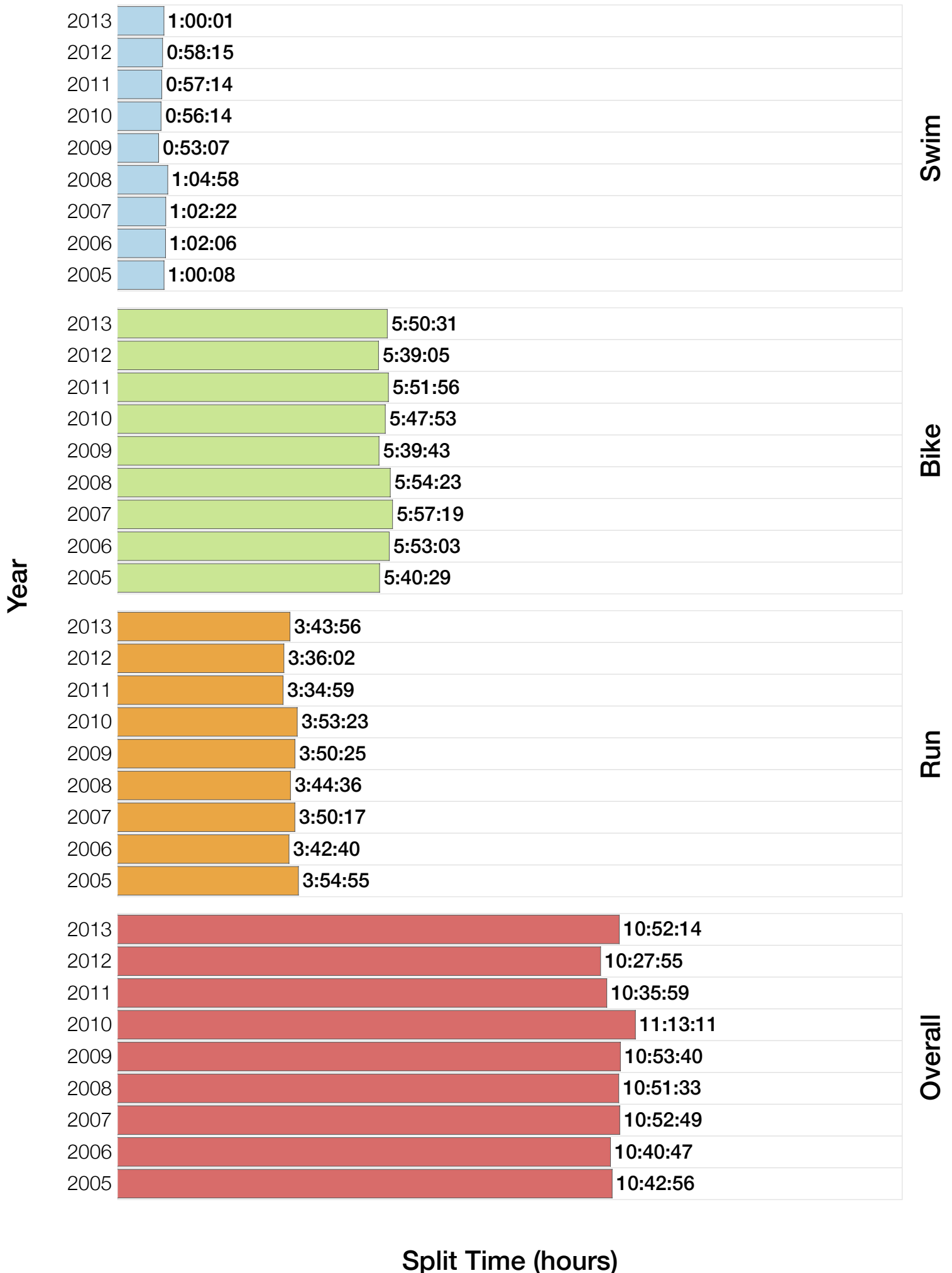
F45-49 Overall



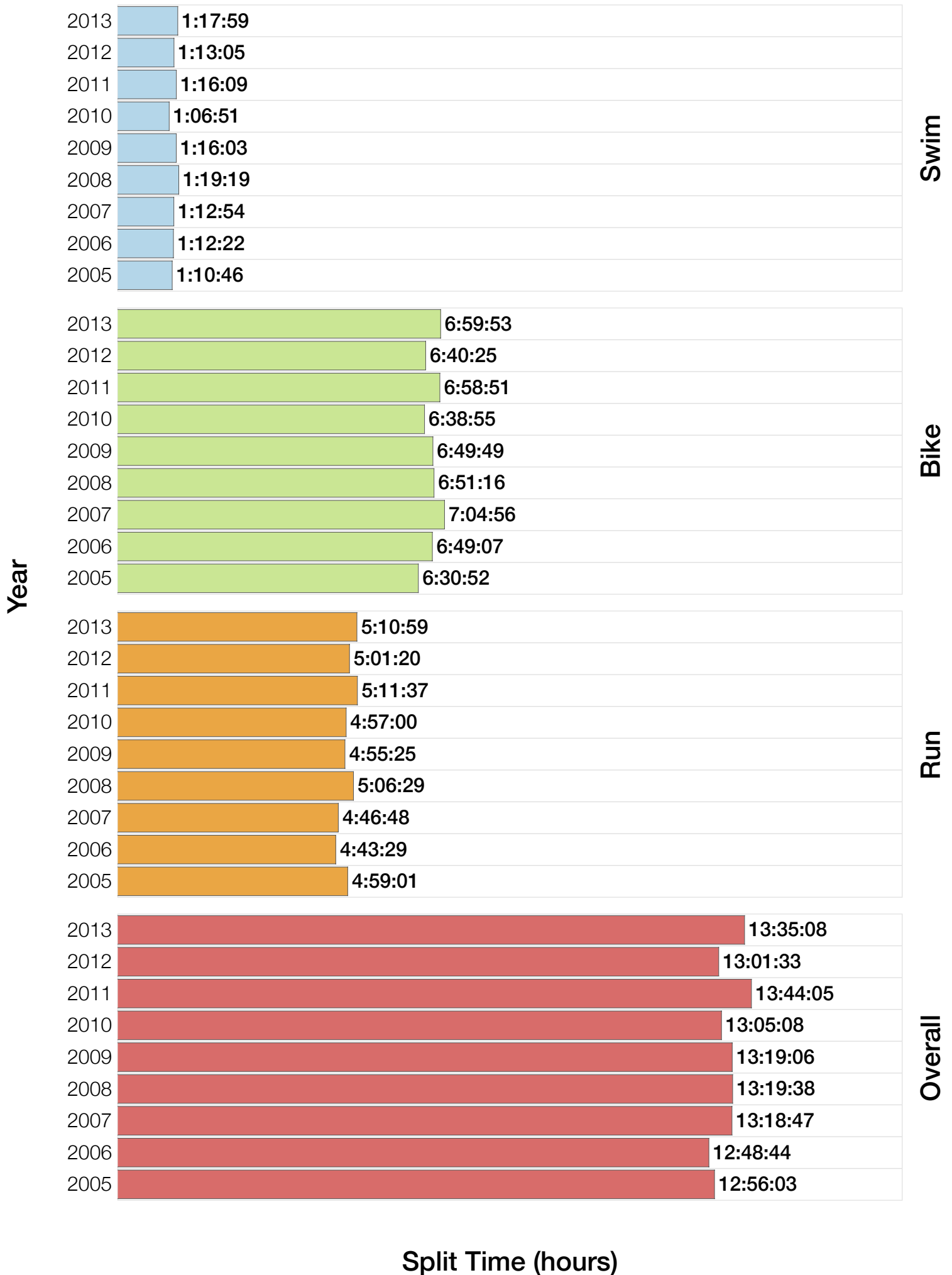
F45-49 Overall



F45-49 Fastest Splits



F45-49 Median Splits



F45-49 Slowest Splits

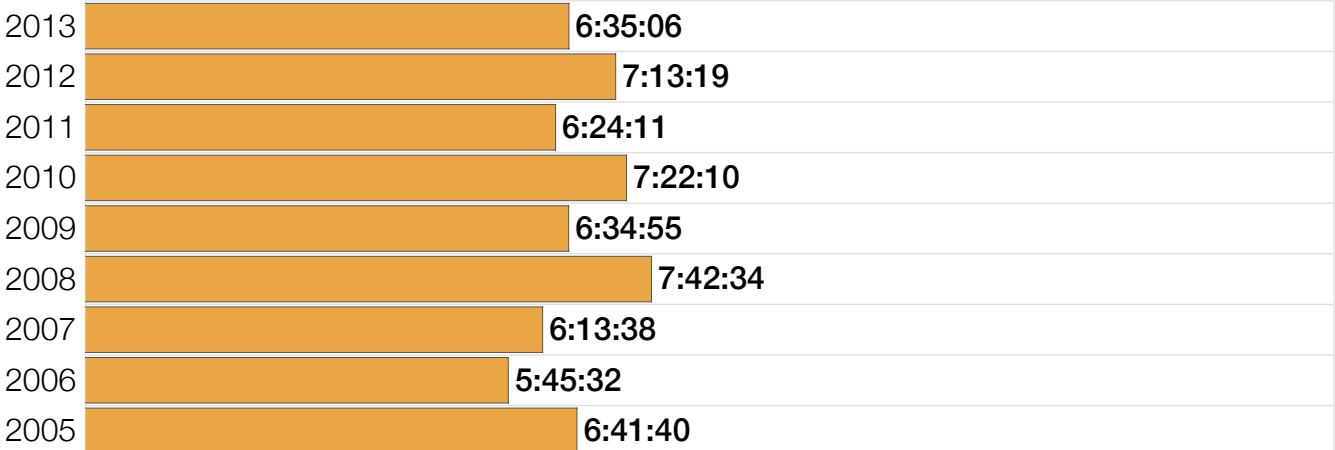
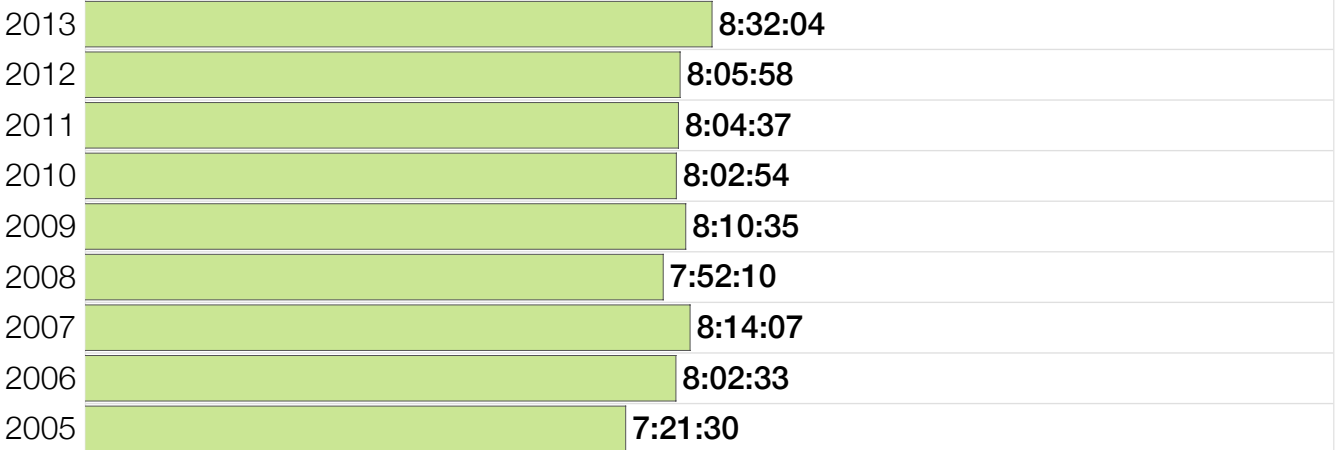
Year

Swim

Bike

Run

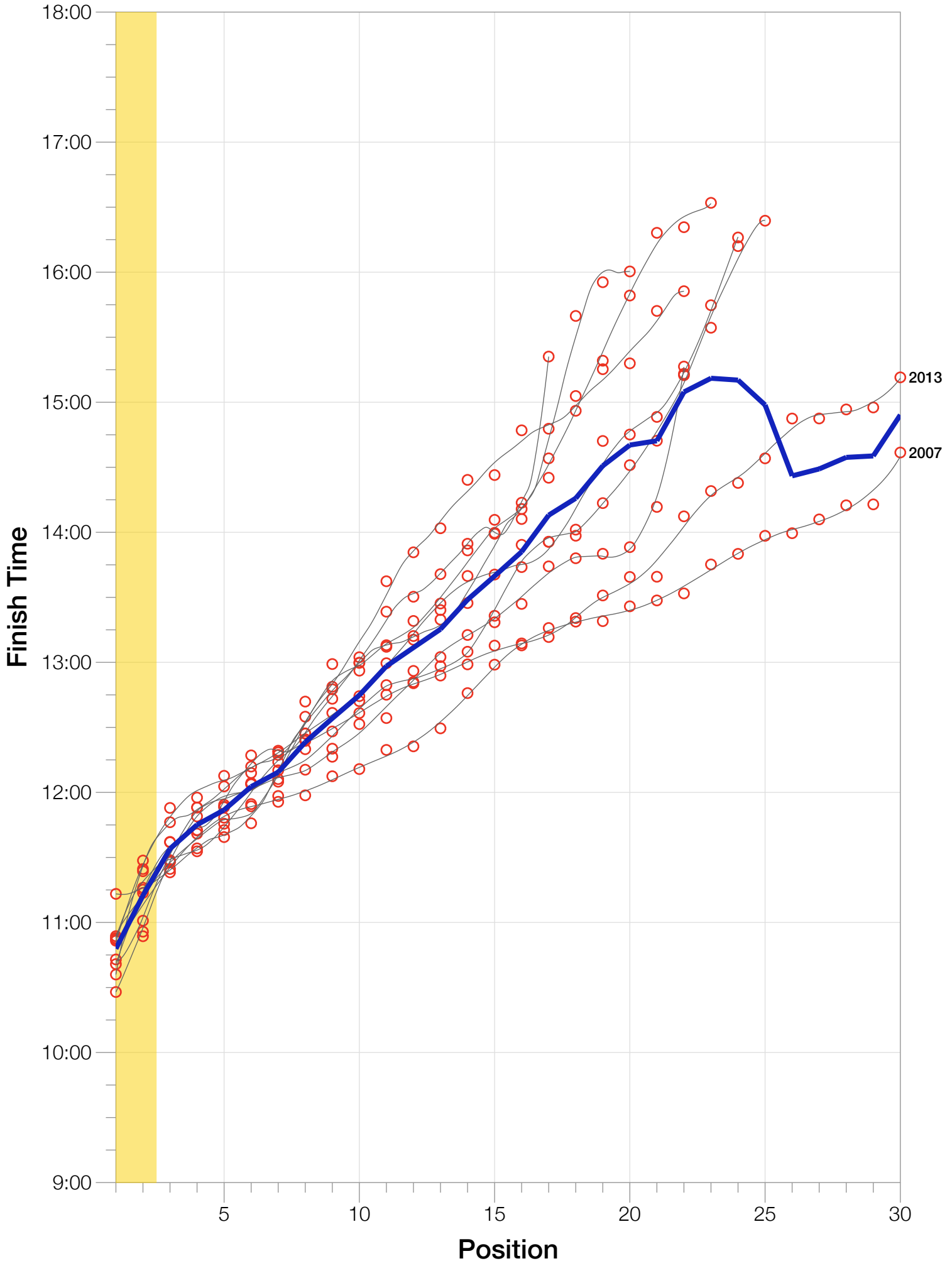
Overall



Split Time (hours)

F45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F45-49 Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:25	4:42:44	2:53:06	8:25:07
Average Female Winner	0:52:19	5:13:58	3:10:09	9:18:57
Average 1st Age Grouper	1:01:16	5:50:38	3:52:42	10:47:53
Average 2nd Age Grouper	1:05:55	5:57:55	4:03:38	11:12:25
Average 3rd Age Grouper	1:06:28	5:28:15	3:44:27	11:34:00
Average 4th Age Grouper	1:09:57	6:18:13	4:11:52	11:45:04
Average 5th Age Grouper	1:13:23	6:22:14	4:10:38	11:51:54
Kona Qualifier Average	1:03:36	5:54:16	3:58:10	11:00:09
Top 5 Age Grouper Average	1:07:24	5:59:27	4:00:39	11:26:15

Australia 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:55	4:40:17	2:58:32	8:25:44
Female Winner	0:54:36	5:12:50	3:05:54	9:13:20
1st Age Grouper	1:07:32	5:40:29	3:54:55	10:42:56
2nd Age Grouper	1:06:11	5:41:50	4:05:38	10:53:39
3rd Age Grouper	1:10:36			11:37:00
4th Age Grouper	1:03:31	6:18:50	4:30:42	11:53:03
5th Age Grouper	1:13:22	5:48:35	4:51:13	11:53:10
Kona Qualifier Average	1:06:51	5:41:09	4:00:16	10:48:17
Top 5 Age Grouper Average	1:08:14	4:41:56	3:28:29	11:23:57

Australia 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:21	4:46:51	2:47:30	8:20:42
Female Winner	0:52:30	5:26:08	3:01:06	9:19:44
1st Age Grouper	1:05:04	5:53:03	3:42:40	10:40:47
2nd Age Grouper	1:02:06	6:02:17	4:09:15	11:13:38
3rd Age Grouper	1:14:31	6:25:43	3:56:57	11:37:11
4th Age Grouper	1:07:48	6:14:57	4:19:40	11:42:25
5th Age Grouper	1:12:22	6:39:26	4:01:37	11:53:25
Kona Qualifier Average	1:03:35	5:57:40	3:55:57	10:57:12
Top 5 Age Grouper Average	1:08:22	6:15:05	4:02:01	11:25:29

Australia 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:57	4:45:13	2:49:39	8:21:49
Female Winner	0:50:26	5:18:26	3:04:07	9:12:59
1st Age Grouper	1:04:15	5:58:17	3:50:17	10:52:49
2nd Age Grouper	1:02:22	5:57:19	4:01:08	11:00:49
3rd Age Grouper	1:10:27	6:20:40	3:57:16	11:28:23
4th Age Grouper	1:03:09	6:21:37	4:16:12	11:40:58
5th Age Grouper	1:07:44	6:29:39	4:10:56	11:48:19
Kona Qualifier Average	1:03:18	5:57:48	3:55:42	10:56:49
Top 5 Age Grouper Average	1:05:35	6:13:30	4:03:09	11:22:15

Australia 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:48	4:47:09	2:51:59	8:31:33
Female Winner	0:53:27	5:06:43	3:01:53	9:03:55
1st Age Grouper	1:09:48	5:54:23	3:44:36	10:51:33
2nd Age Grouper	1:04:58	6:02:12	4:14:40	11:24:39
3rd Age Grouper	1:07:35	6:24:20	4:15:26	11:52:50
4th Age Grouper	1:21:13	6:19:03	4:12:35	11:57:37
5th Age Grouper	1:18:38	6:54:24	3:50:05	12:07:39
Kona Qualifier Average	1:07:23	5:58:17	3:59:38	11:08:06
Top 5 Age Grouper Average	1:12:26	6:18:52	4:03:28	11:38:51

Australia 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:51	4:44:40	2:45:58	8:24:53
Female Winner	0:50:48	5:03:01	2:59:15	8:57:10
1st Age Grouper	0:53:07	5:39:43	4:15:22	10:53:40
2nd Age Grouper	1:08:30	6:04:29	3:55:43	11:16:01
3rd Age Grouper	0:56:21	5:57:33	4:21:38	11:23:07
4th Age Grouper	1:13:48	6:05:06	4:16:16	11:42:38
5th Age Grouper	1:14:39	6:27:49	3:50:25	11:45:33
Kona Qualifier Average	1:00:48	5:52:06	4:05:32	11:04:50
Top 5 Age Grouper Average	1:05:17	6:02:56	4:07:52	11:24:11

Australia 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:49	4:41:59	2:54:04	8:23:54
Female Winner	0:49:43	5:00:57	3:29:36	9:23:46
1st Age Grouper	0:56:14	5:49:43	4:19:37	11:13:11
2nd Age Grouper	1:03:16	6:01:04	4:01:46	11:15:06
3rd Age Grouper	1:04:47	5:47:53	4:23:47	11:24:40
4th Age Grouper	1:00:44	5:58:45	4:27:30	11:34:10
5th Age Grouper	1:09:38	6:31:50	3:53:23	11:42:38
Kona Qualifier Average	0:59:45	5:55:23	4:10:41	11:14:08
Top 5 Age Grouper Average	1:02:55	6:01:51	4:13:12	11:25:57

Australia 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:29	4:41:04	2:59:14	8:29:28
Female Winner	0:50:35	5:12:39	3:22:10	9:29:54
1st Age Grouper	0:57:14	5:51:56	3:42:46	10:35:59
2nd Age Grouper	1:09:55	6:09:38	3:56:55	11:28:34
3rd Age Grouper	1:04:19	6:19:23	4:14:23	11:46:14
4th Age Grouper	1:16:38	6:48:16	3:34:59	11:48:55
5th Age Grouper	1:08:35	6:06:31	4:40:02	12:02:46
Kona Qualifier Average	1:03:34	6:00:47	3:49:50	11:02:16
Top 5 Age Grouper Average	1:07:20	6:15:08	4:01:49	11:32:29

Australia 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:18	4:31:25	2:57:12	8:17:38
Female Winner	0:51:48	5:29:57	3:08:38	9:34:57
1st Age Grouper	0:58:15	5:49:21	3:36:02	10:27:55
2nd Age Grouper	1:09:53	5:39:05	4:01:04	10:55:45
3rd Age Grouper	1:03:41	6:00:46	4:15:30	11:27:53
4th Age Grouper	1:12:28	6:08:15	4:24:59	11:53:02
5th Age Grouper	1:12:01	6:18:22	4:15:03	11:54:19
Kona Qualifier Average	1:04:04	5:44:13	3:48:33	10:41:50
Top 5 Age Grouper Average	1:07:15	5:59:09	4:06:31	11:19:46

Australia 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:25	4:46:02	2:53:48	8:30:23
Female Winner	0:57:05	5:15:01	3:18:46	9:34:55
1st Age Grouper	1:00:01	5:58:49	3:48:08	10:52:14
2nd Age Grouper	1:06:11	6:03:22	4:06:39	11:23:37
3rd Age Grouper	1:06:01	5:58:03	4:15:07	11:28:45
4th Age Grouper	1:10:18	6:29:14	3:43:56	11:32:49
5th Age Grouper	1:23:28	6:03:37	4:03:00	11:39:23
Kona Qualifier Average	1:03:06	6:01:05	3:57:23	11:07:55
Top 5 Age Grouper Average	1:09:11	6:06:37	3:59:22	11:23:21