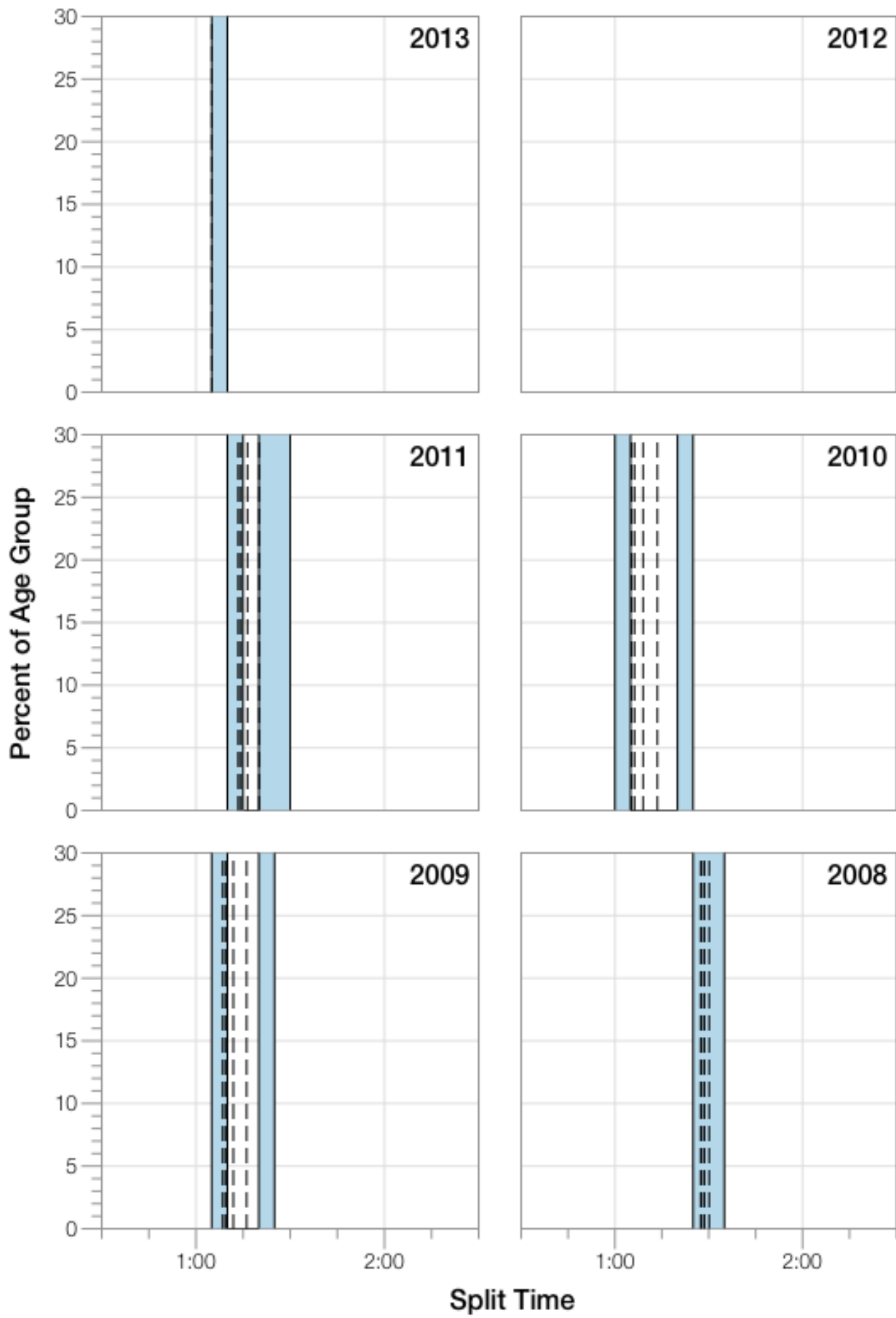


Ironman Lanzarote F18-24 Stats

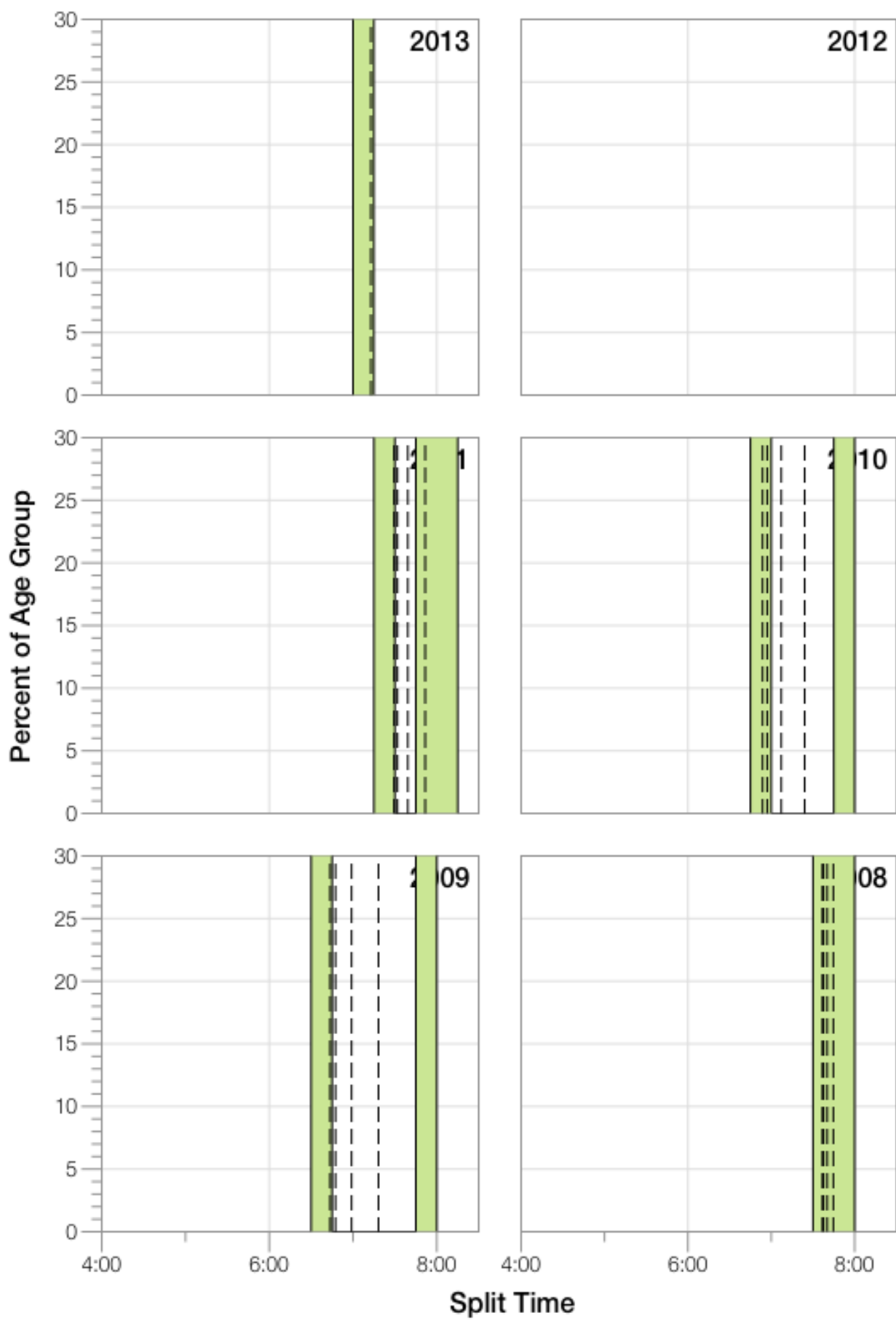
F18-24 Summary Statistics

Year	Finishers	F18-24 Finishers	Male Winner's Time	Female Winner's Time	F18-24 Winner's Time
2008	1117	2	8:59:37	10:02:27	14:18:12
2009	1149	2	8:54:03	9:54:57	11:51:38
2010	1287	2	8:37:42	10:03:52	13:04:02
2011	1200	3	8:30:34	9:43:39	14:11:15
2012	1447		8:44:39	9:58:06	
2013	1646	1	8:42:40	9:37:34	13:00:36
Average	1308	2	8:44:52	9:53:25	11:04:17

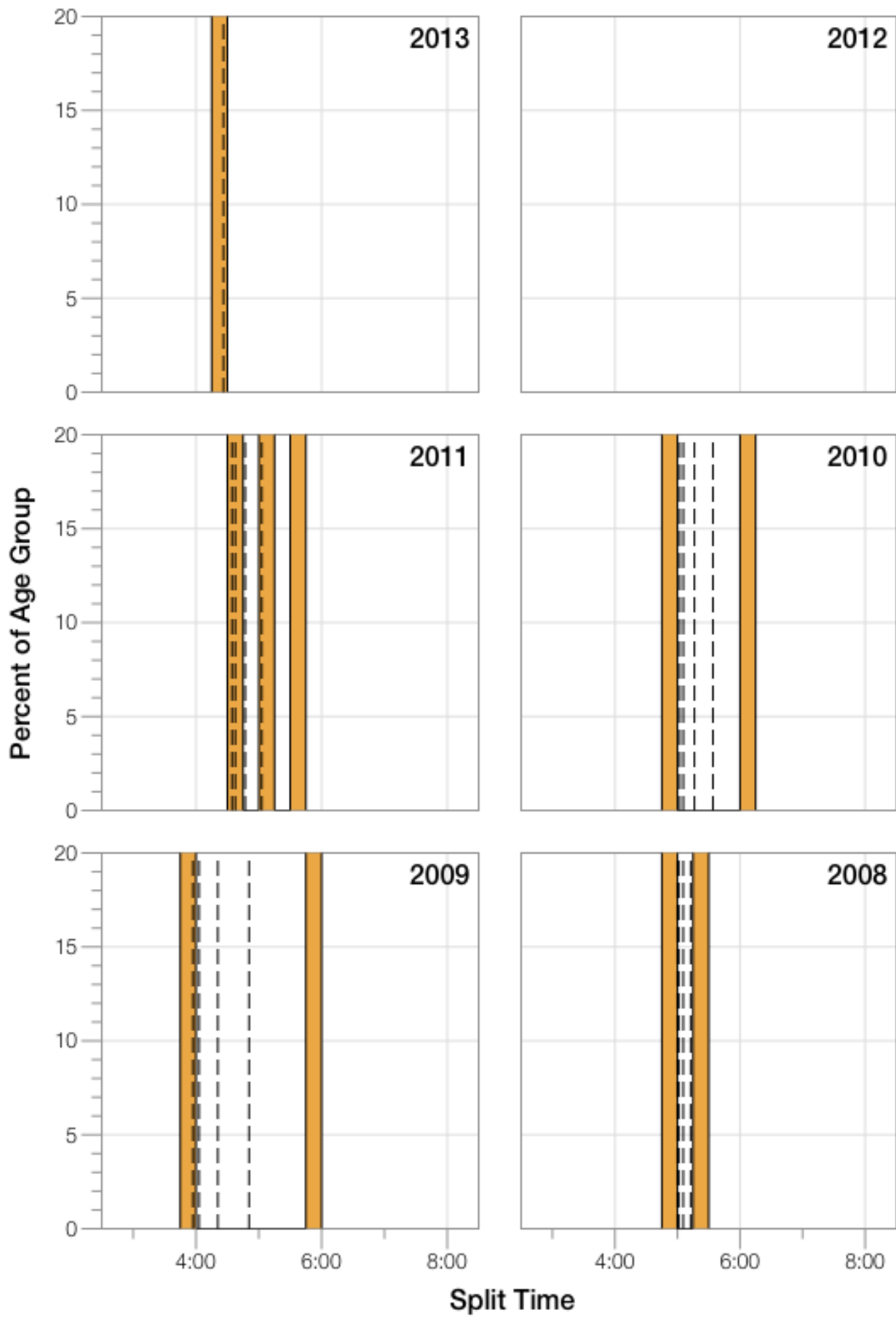
F18-24 Swim



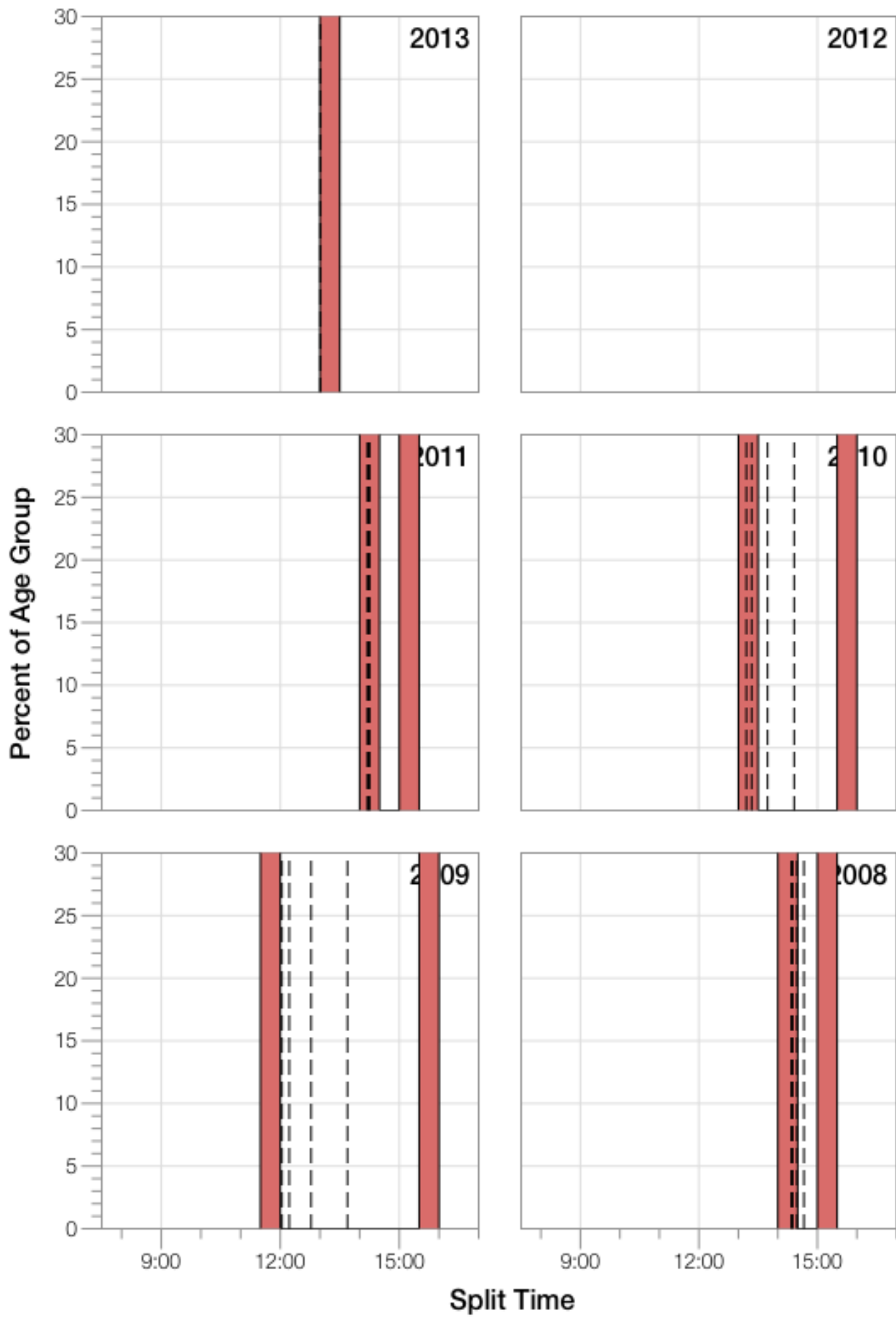
F18-24 Bike



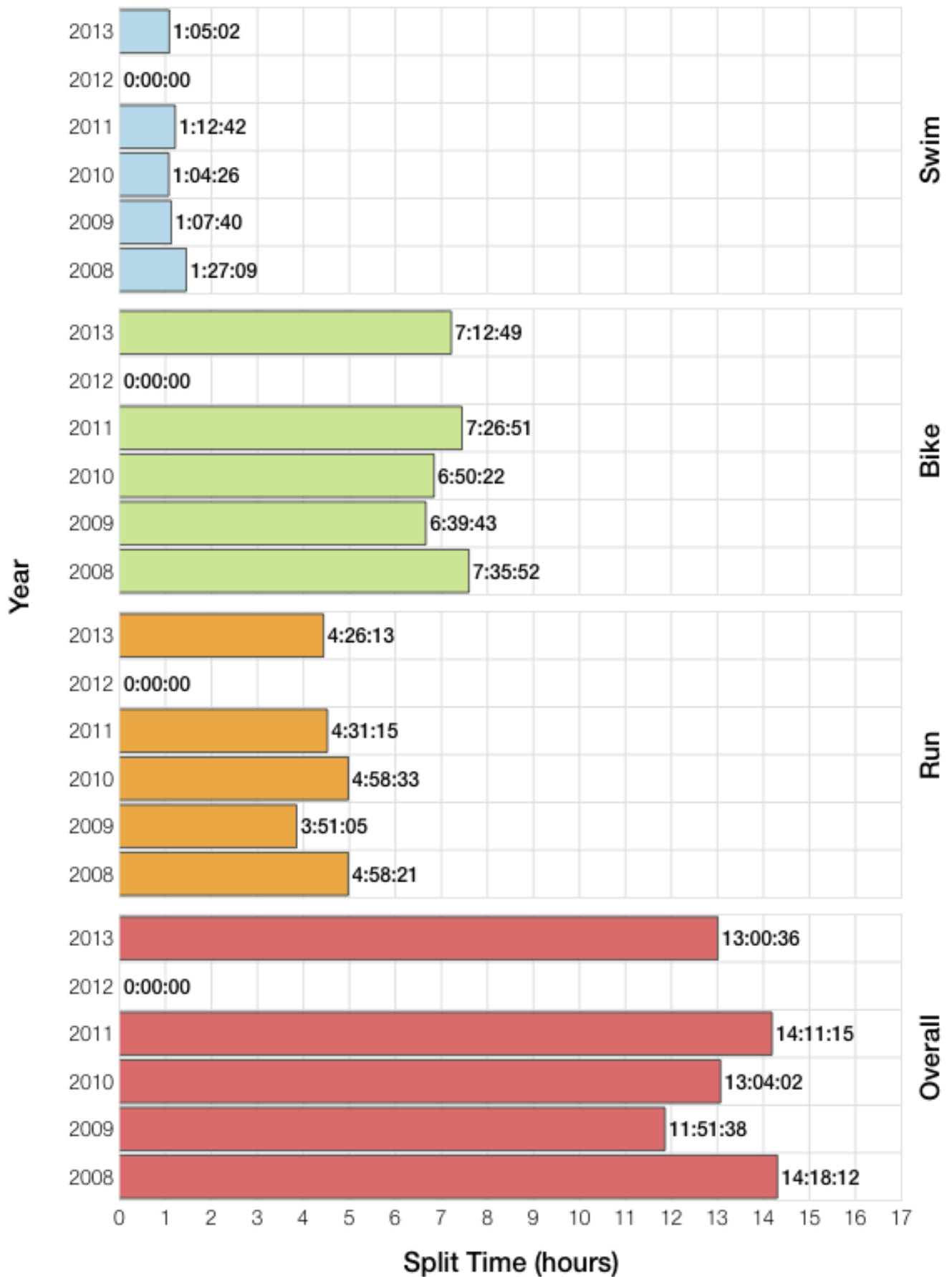
F18-24 Run



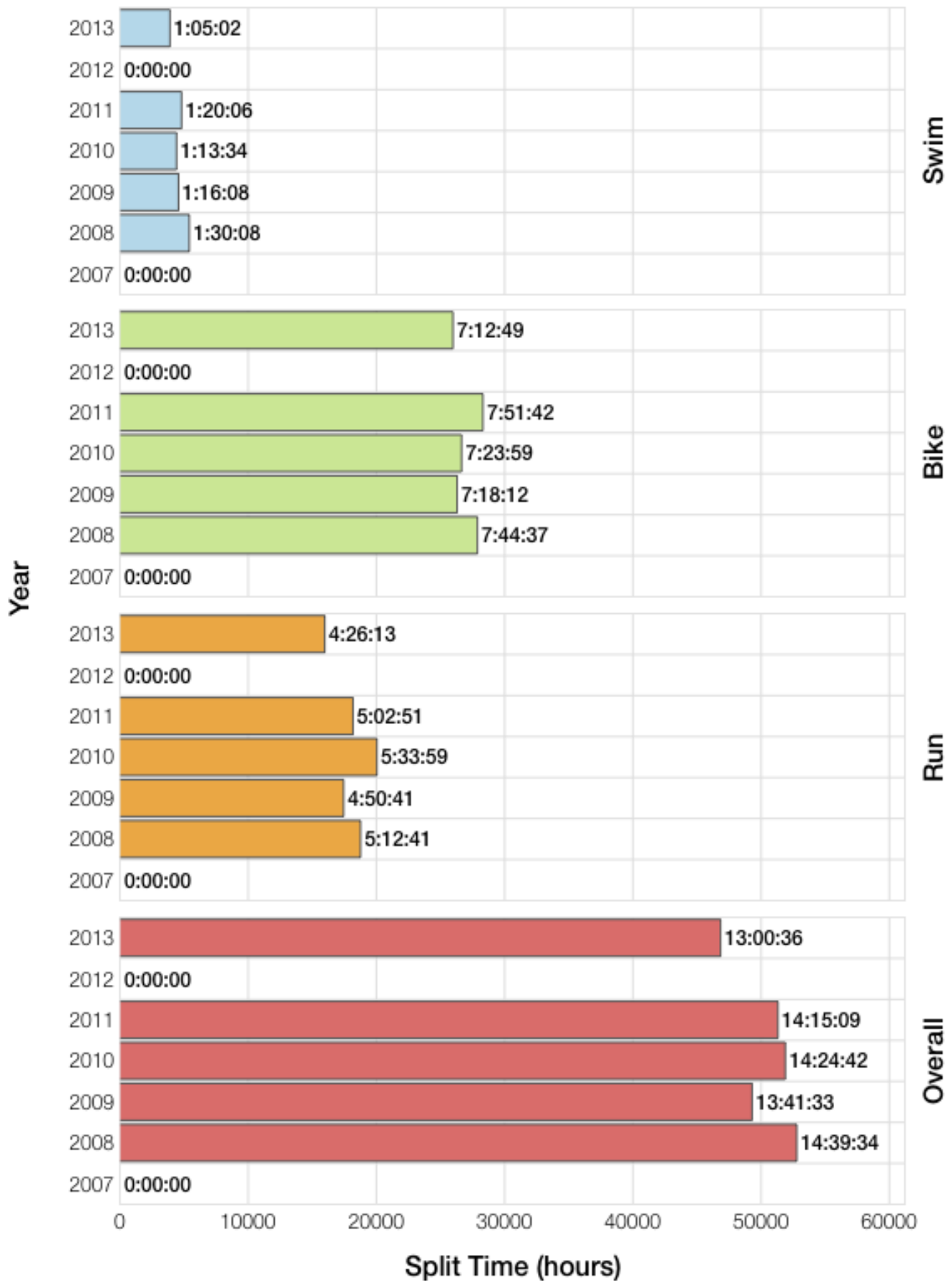
F18-24 Overall



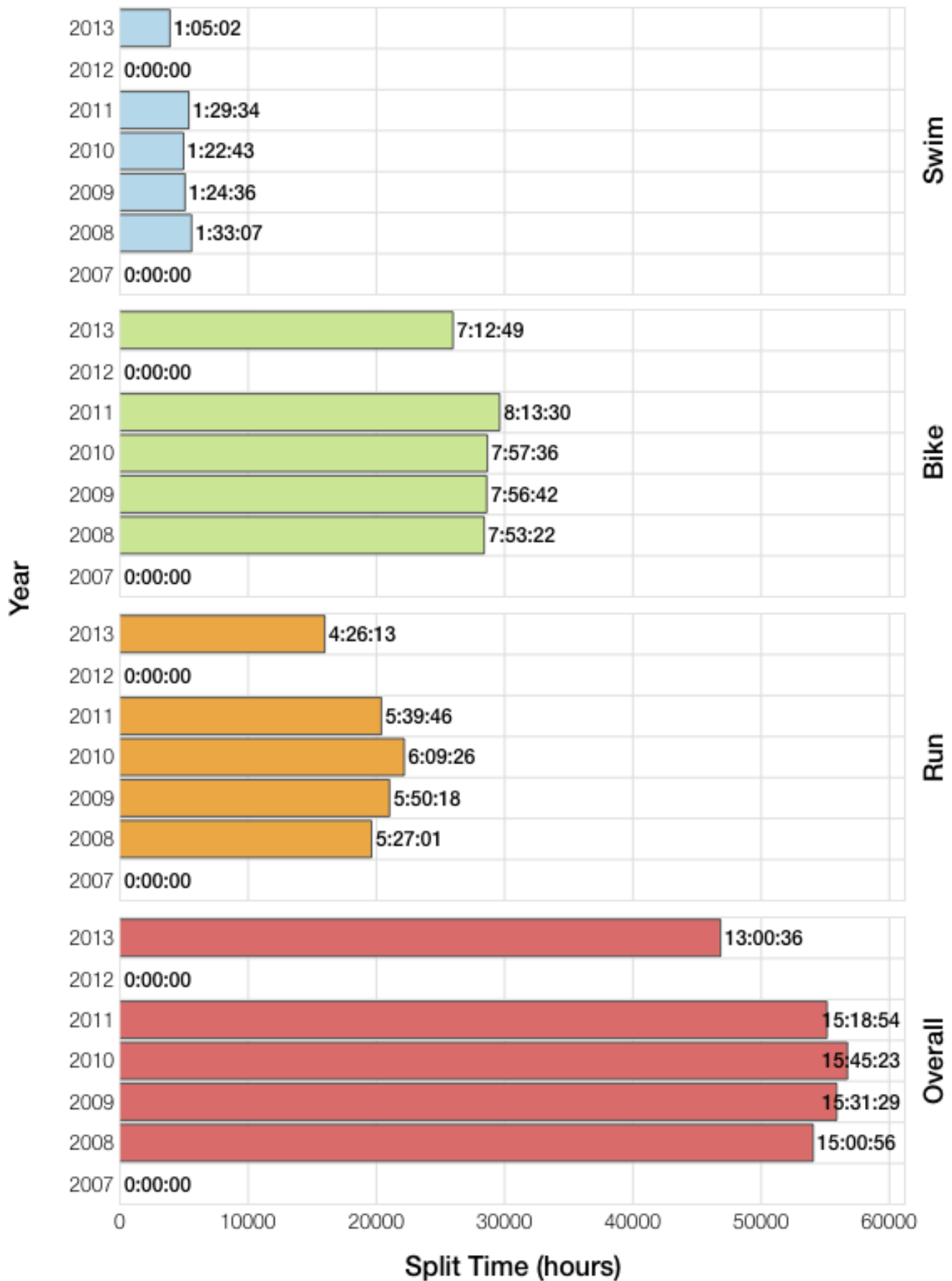
F18-24 Fastest Splits



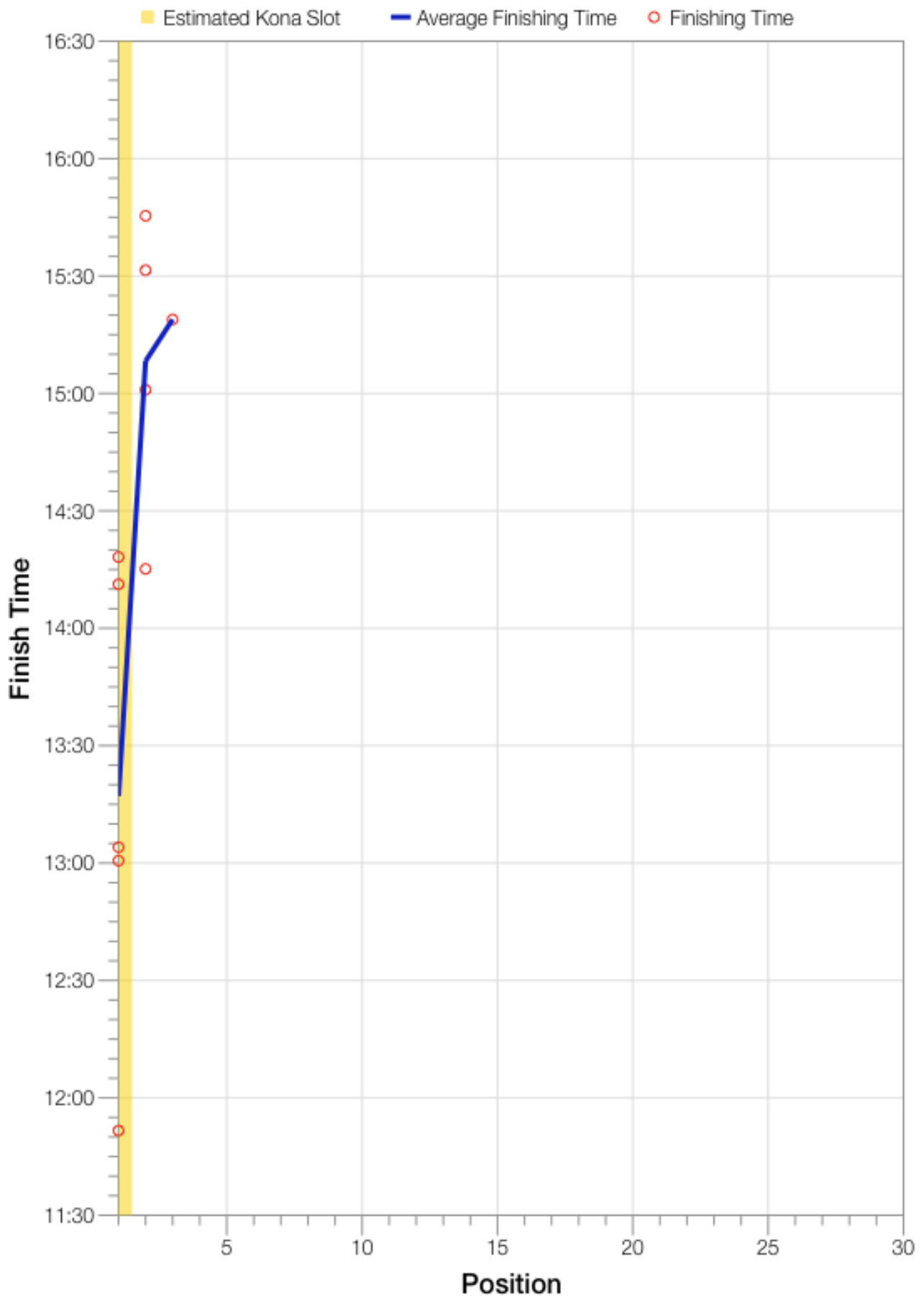
F18-24 Median Splits



F18-24 Slowest Splits



F18-24 Top 30 Finishing Splits



F18-24 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:49:31	4:55:46	3:53:13	8:44:52
Average Female Winner	0:55:39	5:41:50	4:16:50	9:53:25
Average 1st Age Grouper	1:11:23	7:18:27	3:33:25	13:17:08
Average 2nd Age Grouper	1:27:30	7:48:37	2:43:17	15:08:14
Average 3rd Age Grouper	1:20:06	7:51:42	5:39:46	15:18:54
Kona Qualifier Average	1:11:23	7:18:27	3:33:25	13:17:08
Top 10 Age Grouper Average	1:18:42	7:33:50	3:26:00	14:13:45

Lanzarote 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:48	4:53:03	2:55:03	8:42:40
Female Winner	1:00:03	5:31:47	2:58:37	9:37:34
1st Age Grouper	1:05:02	7:12:49	4:26:13	13:00:36
Kona Qualifier Average	1:05:02	7:12:49	4:26:13	13:00:36

Lanzarote 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:52	4:49:53	2:47:20	8:30:34
Female Winner	0:57:15	5:27:00	3:10:59	9:43:39
1st Age Grouper	1:12:42	8:13:30	4:31:15	14:11:15
2nd Age Grouper	1:29:34	7:26:51	5:02:51	14:15:09
3rd Age Grouper	1:20:06	7:51:42	5:39:46	15:18:54
Kona Qualifier Average	1:12:42	8:13:30	4:31:15	14:11:15
Top 10 Age Grouper Average	1:20:47	7:50:41	5:04:37	14:35:06

Lanzarote 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:48	4:53:25	2:50:20	8:37:42
Female Winner	0:52:38	5:58:02	3:04:36	10:03:52
1st Age Grouper	1:04:26	6:50:22	4:58:33	13:04:02
2nd Age Grouper	1:22:43	7:57:36		15:45:23
Kona Qualifier Average	1:04:26	6:50:22	4:58:33	13:04:02
Top 10 Age Grouper Average	1:13:34	7:23:59	2:29:16	14:24:42

Lanzarote 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:29	5:00:17	2:56:51	8:54:03
Female Winner	0:55:59	5:46:36	3:04:05	9:54:57
1st Age Grouper	1:07:40	6:39:43	3:51:05	11:51:38
2nd Age Grouper	1:24:36	7:56:42	5:50:18	15:31:29
Kona Qualifier Average	1:07:40	6:39:43	3:51:05	11:51:38
Top 10 Age Grouper Average	1:16:08	7:18:12	4:50:41	13:41:33

Lanzarote 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:38	5:03:28	8:59:37	8:59:37
Female Winner	0:56:16	5:48:14	10:02:27	10:02:27
1st Age Grouper	1:27:09	7:35:52		14:18:12
2nd Age Grouper	1:33:07	7:53:22		15:00:56
Kona Qualifier Average	1:27:09	7:35:52		14:18:12
Top 10 Age Grouper Average	1:30:08	7:44:37		14:39:34