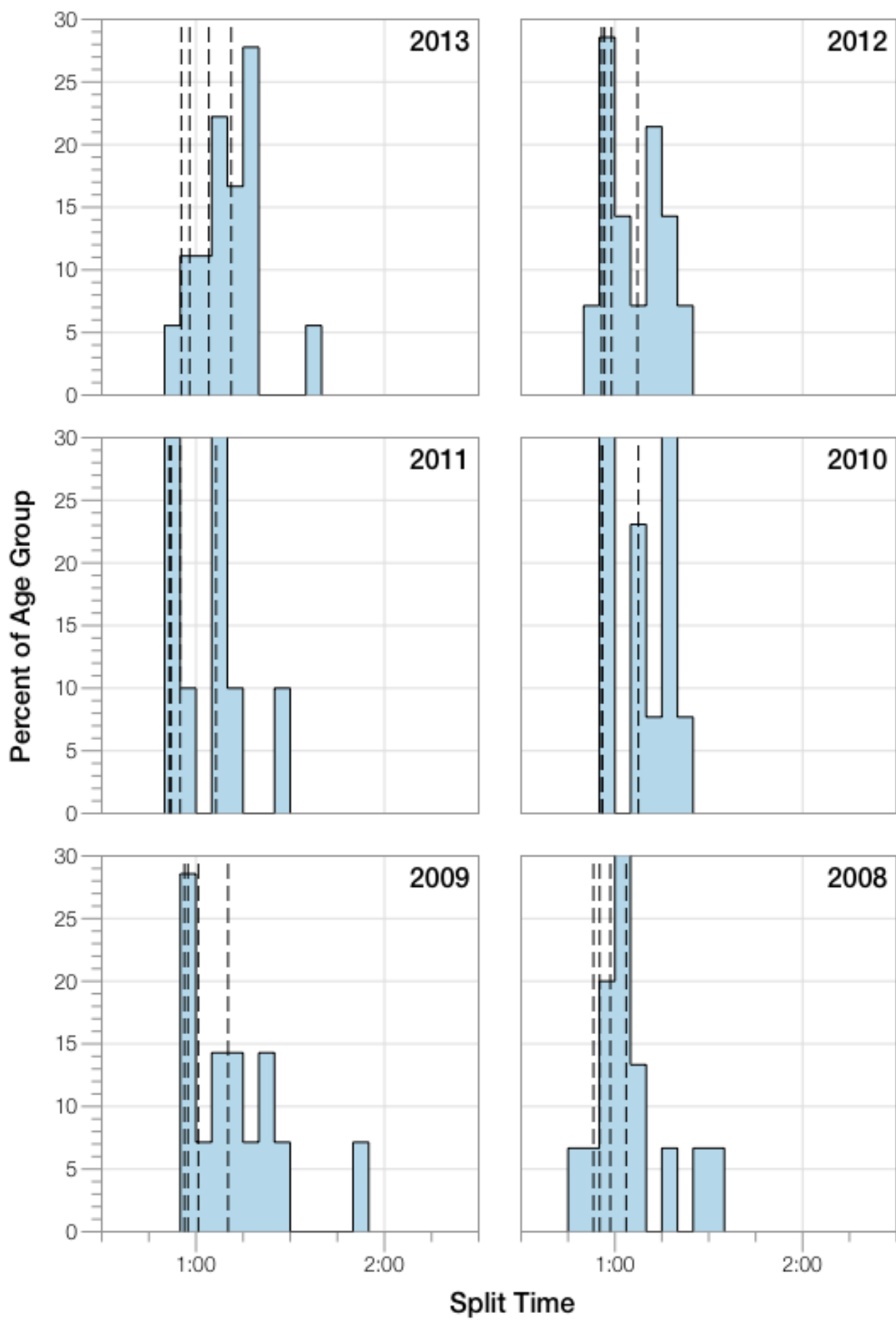


# Ironman Lanzarote M18-24 Stats

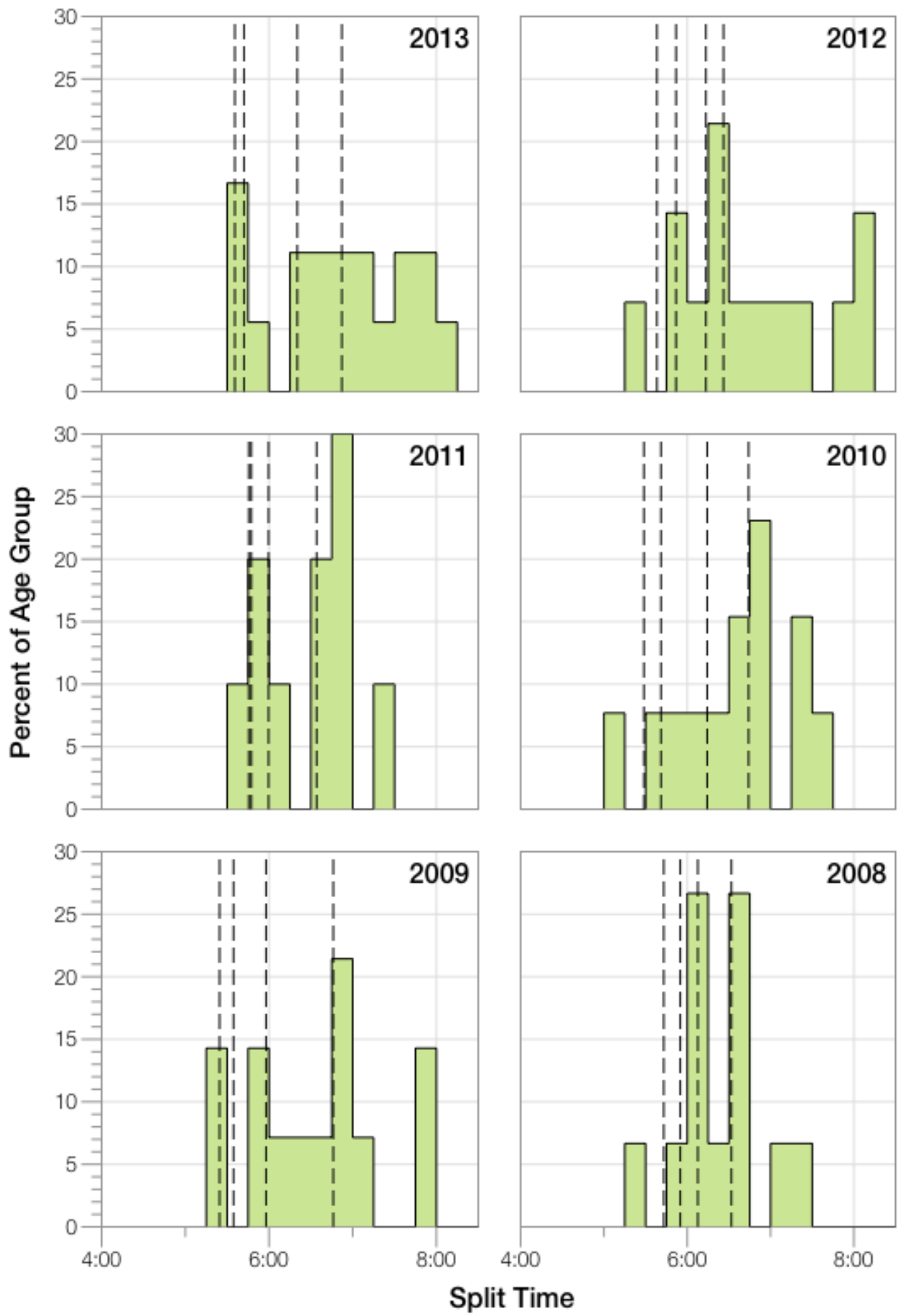
## M18-24 Summary Statistics

Year	Finishers	M18-24 Finishers	Male Winner's Time	Female Winner's Time	M18-24 Winner's Time
2008	1117	15	8:59:37	10:02:27	9:54:47
2009	1149	14	8:54:03	9:54:57	9:42:04
2010	1287	13	8:37:42	10:03:52	9:53:18
2011	1200	10	8:30:34	9:43:39	10:23:04
2012	1447	14	8:44:39	9:58:06	10:20:15
2013	1646	18	8:42:40	9:37:34	9:49:55
<b>Average</b>	<b>1308</b>	<b>14</b>	<b>8:44:52</b>	<b>9:53:25</b>	<b>10:00:33</b>

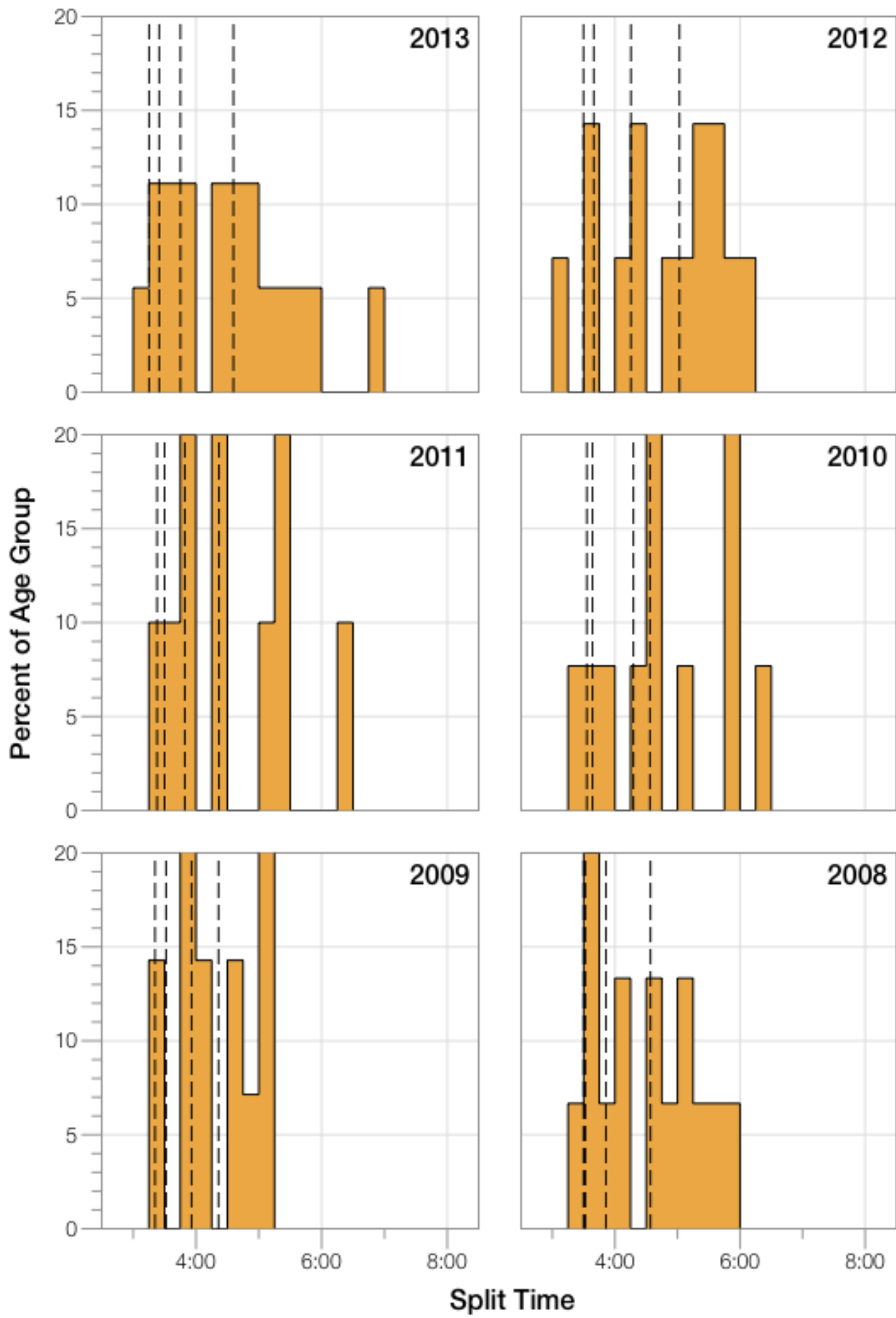
# M18-24 Swim



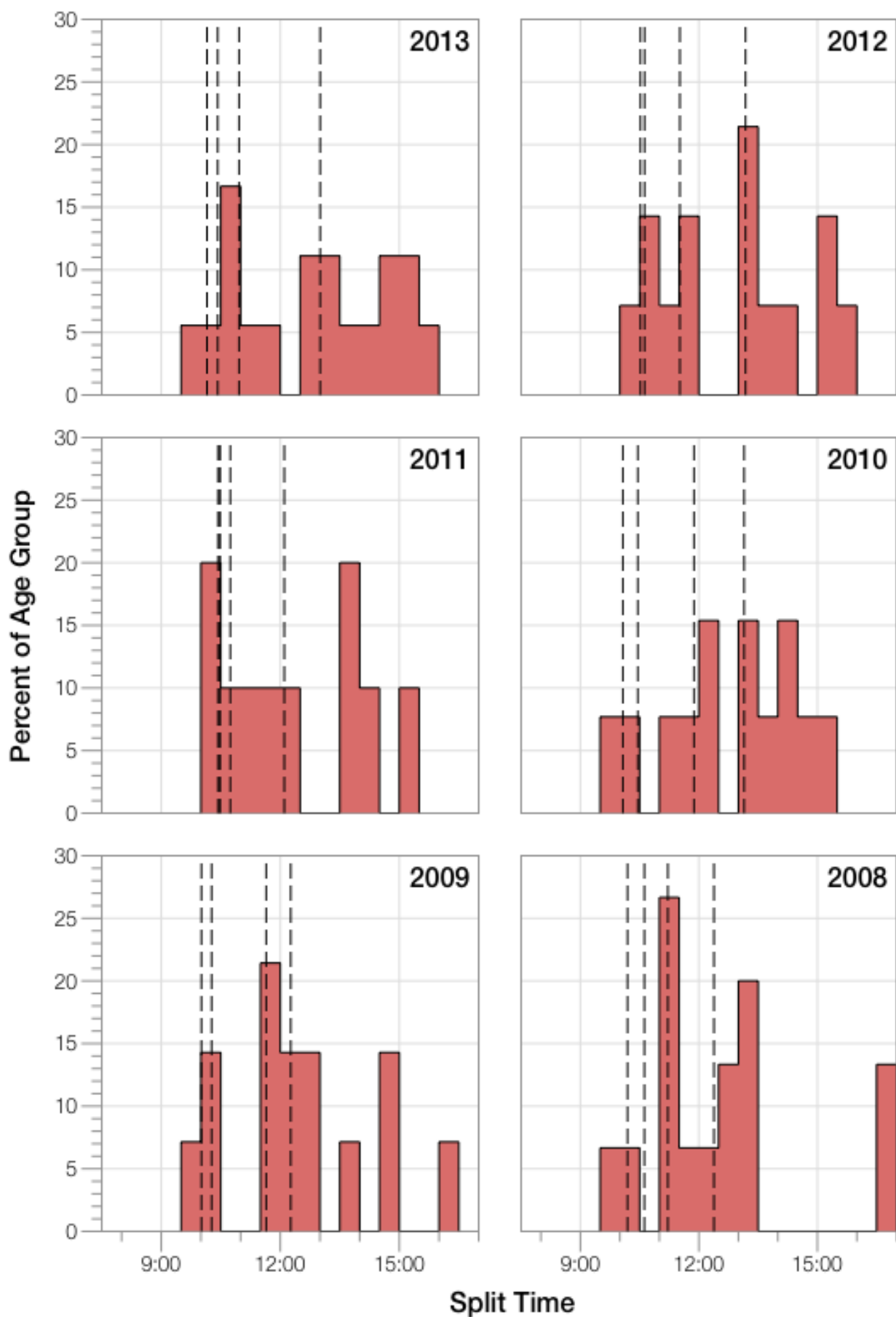
# M18-24 Bike



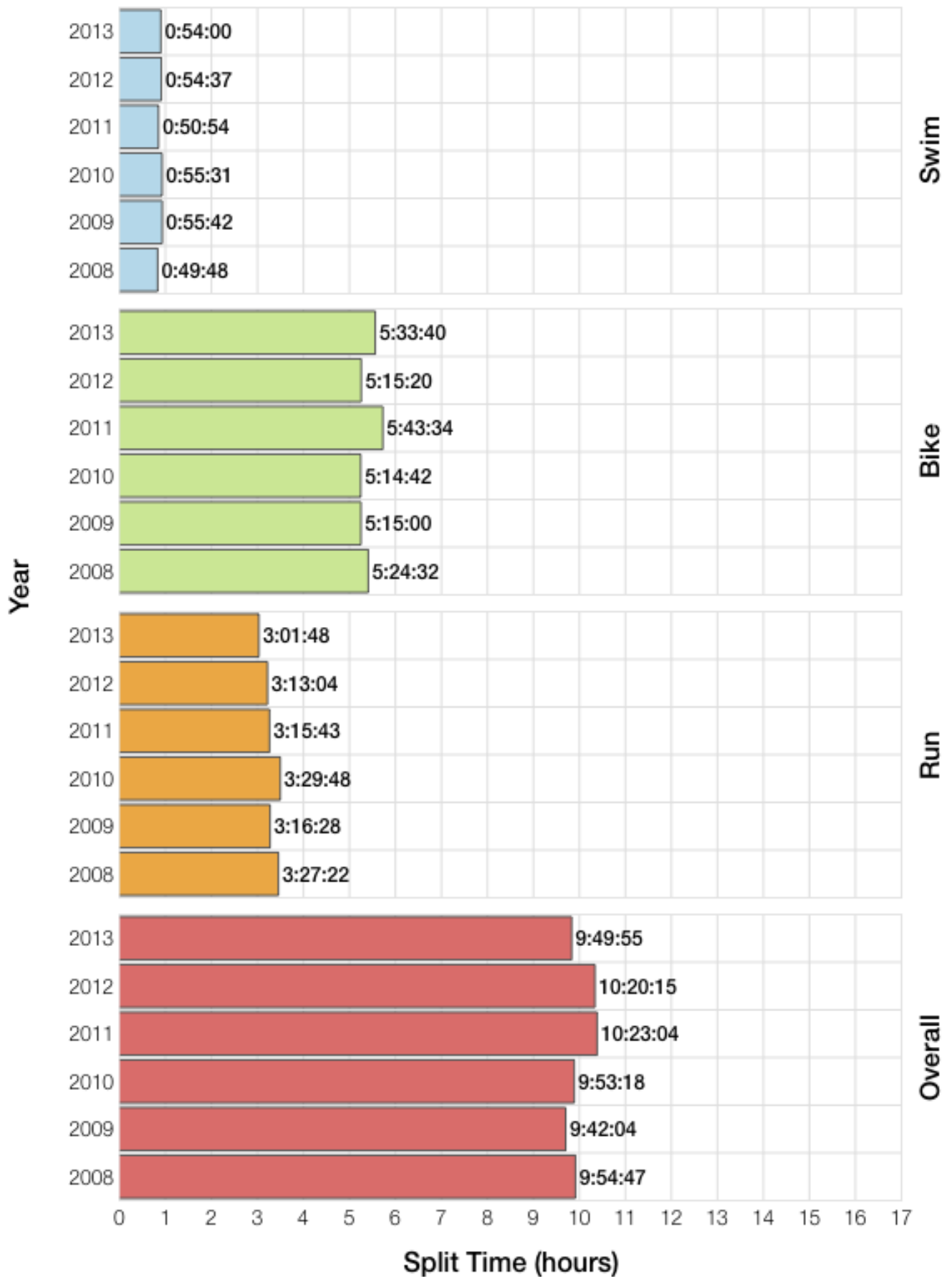
## M18-24 Run



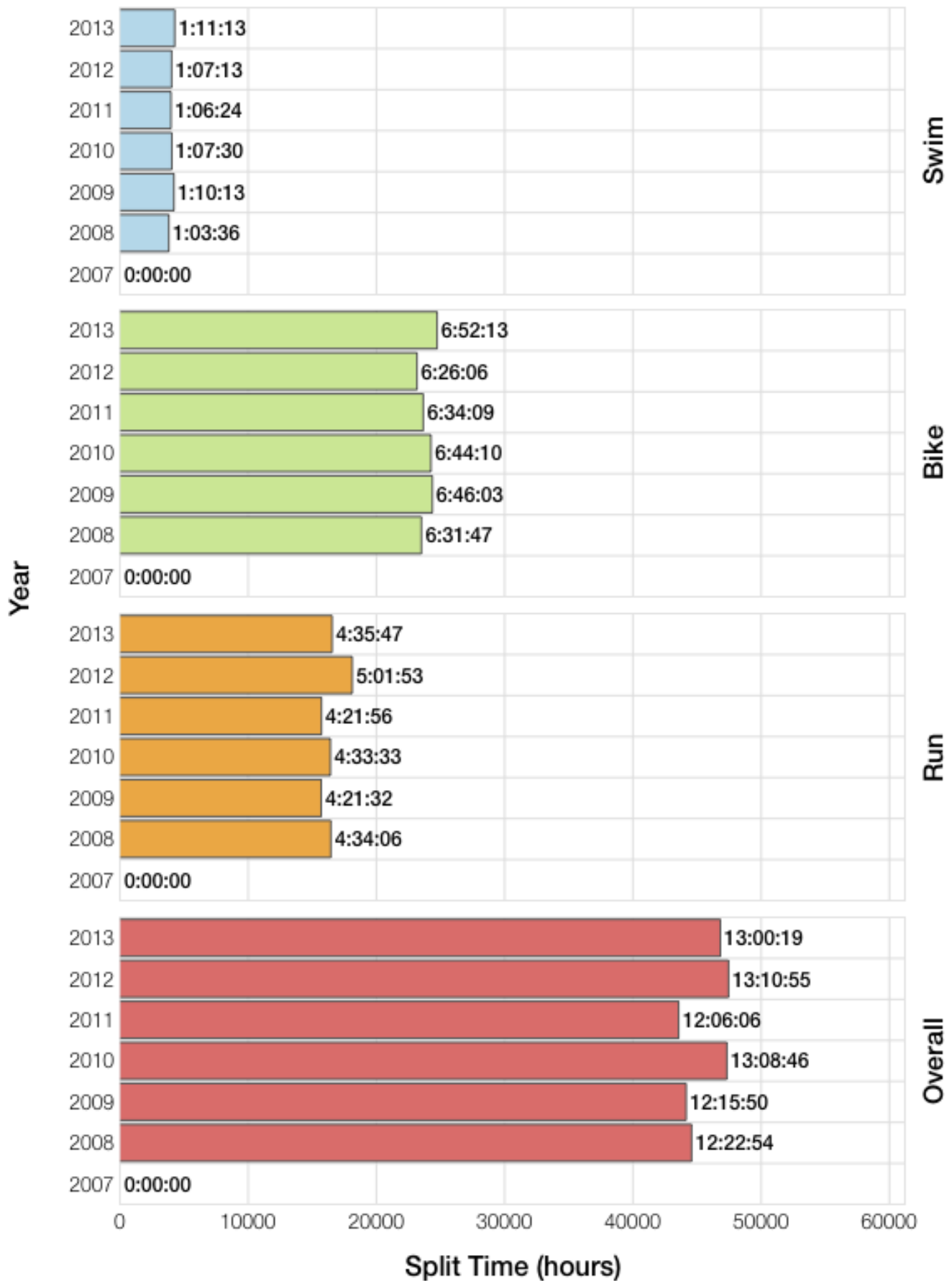
## M18-24 Overall



## M18-24 Fastest Splits

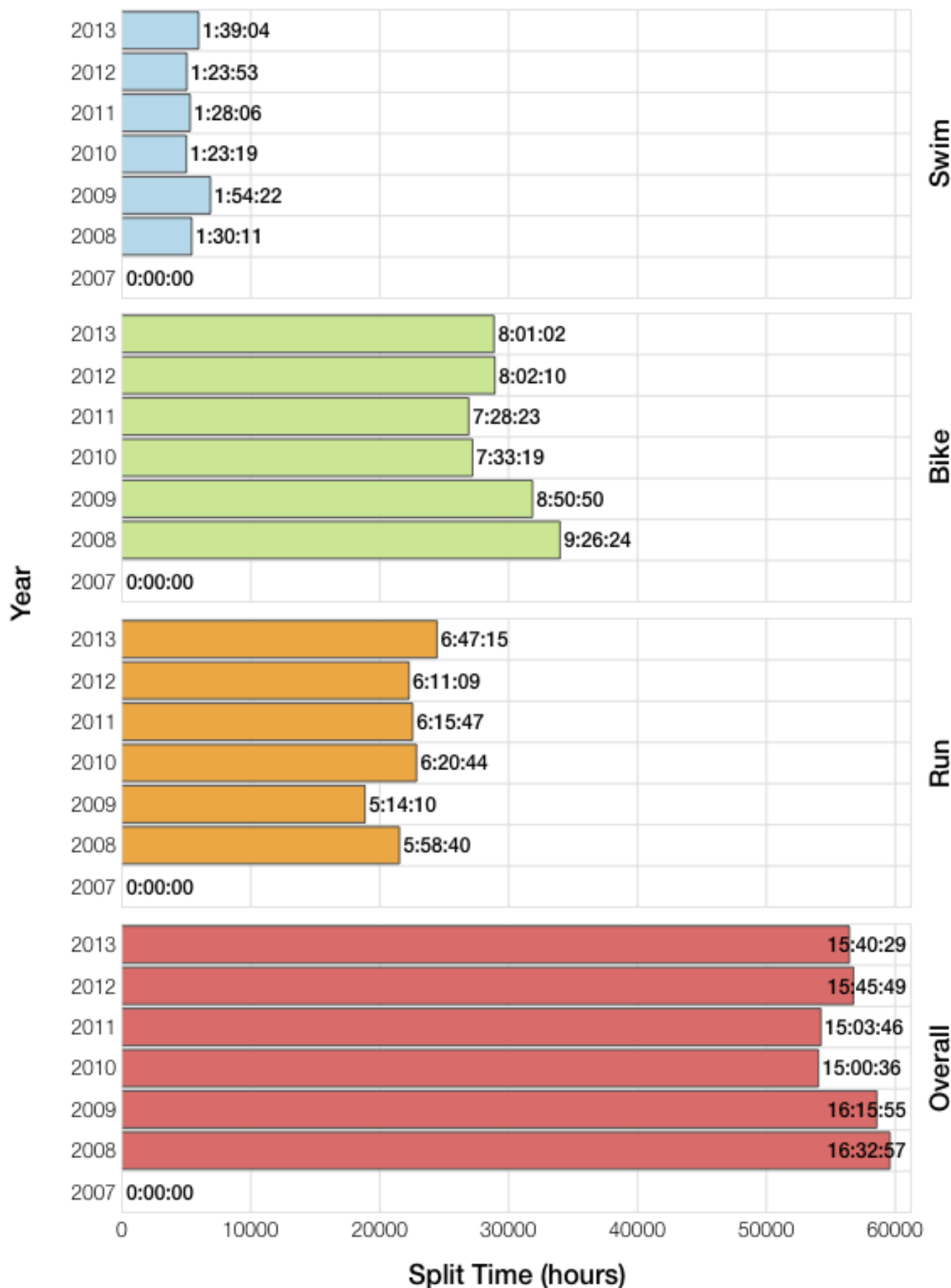


## M18-24 Median Splits

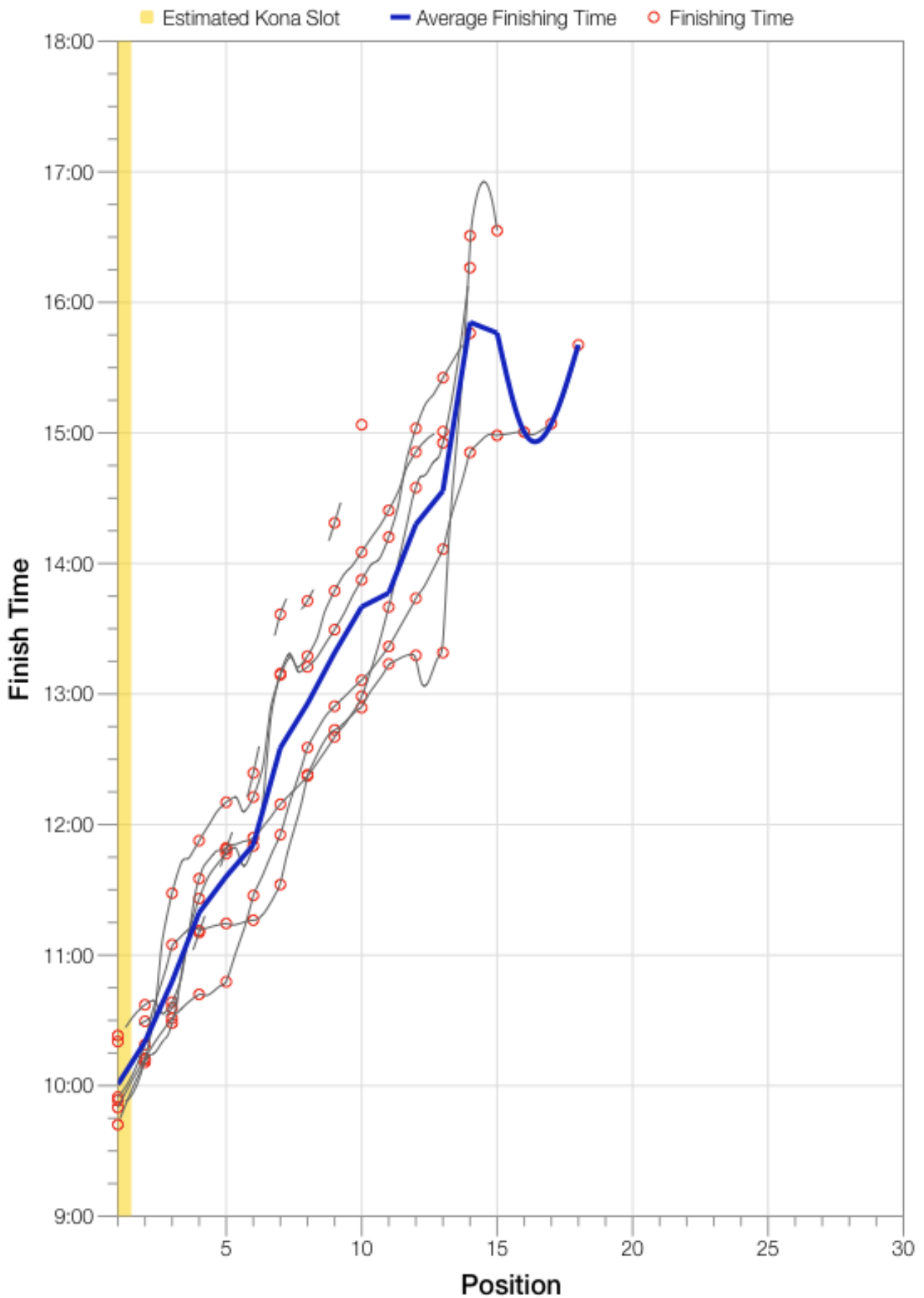




## M18-24 Slowest Splits



# M18-24 Top 30 Finishing Splits



# M18-24 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:49:31</b>	<b>4:55:46</b>	<b>3:53:13</b>	<b>8:44:52</b>
<b>Average Female Winner</b>	<b>0:55:39</b>	<b>5:41:50</b>	<b>4:16:50</b>	<b>9:53:25</b>
<b>Average 1st Age Grouper</b>	<b>0:57:20</b>	<b>5:32:59</b>	<b>2:47:29</b>	<b>10:00:33</b>
Average 2nd Age Grouper	0:57:03	5:43:14	2:57:23	10:20:09
Average 3rd Age Grouper	0:58:20	5:49:43	3:16:32	10:47:49
Average 4th Age Grouper	1:03:21	6:05:38	3:20:59	11:19:32
Average 5th Age Grouper	1:04:03	6:20:04	3:23:30	11:36:10
Average 6th Age Grouper	1:03:57	6:24:24	3:29:00	11:50:40
Average 7th Age Grouper	1:09:06	6:34:54	3:55:46	12:35:18
Average 8th Age Grouper	1:09:37	6:49:00	3:56:48	12:55:32
Average 9th Age Grouper	1:11:36	6:51:14	4:10:10	13:18:57
Average 10th Age Grouper	1:11:01	6:51:42	3:29:35	13:40:04
<b>Kona Qualifier Average</b>	<b>0:57:20</b>	<b>5:32:59</b>	<b>2:47:29</b>	<b>10:00:33</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:32</b>	<b>6:18:17</b>	<b>3:28:43</b>	<b>11:50:28</b>

## Lanzarote 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:47:48</b>	<b>4:53:03</b>	<b>2:55:03</b>	<b>8:42:40</b>
<b>Female Winner</b>	<b>1:00:03</b>	<b>5:31:47</b>	<b>2:58:37</b>	<b>9:37:34</b>
<b>1st Age Grouper</b>	<b>0:55:34</b>	<b>5:44:43</b>	<b>3:01:48</b>	<b>9:49:55</b>
2nd Age Grouper	0:59:01	5:35:50	3:27:59	10:12:36
3rd Age Grouper	1:01:20	5:33:40	3:48:05	10:30:52
4th Age Grouper	0:54:00	5:55:50	3:44:10	10:41:58
5th Age Grouper	1:03:19	6:19:03	3:17:37	10:47:44
6th Age Grouper	1:07:29	6:31:08	3:37:39	11:27:25
7th Age Grouper	1:09:18	6:37:05	3:53:41	11:55:18
8th Age Grouper	1:14:53	6:23:55	4:44:53	12:35:22
9th Age Grouper	1:06:52	6:54:26	4:26:47	12:54:21
10th Age Grouper	1:06:26	6:50:00	4:54:51	13:06:17
<b>Kona Qualifier Average</b>	<b>0:55:34</b>	<b>5:44:43</b>	<b>3:01:48</b>	<b>9:49:55</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:49</b>	<b>6:14:34</b>	<b>3:53:45</b>	<b>11:24:10</b>

## Lanzarote 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:53:35</b>	<b>4:54:31</b>	<b>2:50:09</b>	<b>8:44:39</b>
<b>Female Winner</b>	<b>0:51:43</b>	<b>5:39:25</b>	<b>3:20:16</b>	<b>9:58:06</b>
<b>1st Age Grouper</b>	<b>1:02:18</b>	<b>5:55:23</b>	<b>3:13:04</b>	<b>10:20:15</b>
2nd Age Grouper	0:59:35	5:15:20	4:14:20	10:37:10
3rd Age Grouper	0:58:40	5:50:27	3:41:47	10:38:21
4th Age Grouper	1:14:03	6:21:41	3:38:50	11:25:58
5th Age Grouper	0:54:37	6:12:47	4:28:16	11:46:38
6th Age Grouper	0:57:27	6:21:36	4:18:21	11:50:12
7th Age Grouper	1:09:45	6:15:23	5:31:15	13:09:24
8th Age Grouper	1:17:00	6:30:32	5:09:33	13:12:26
9th Age Grouper	1:23:53	6:45:56	4:54:14	13:29:34
10th Age Grouper	0:56:21	7:07:00	5:33:11	13:52:28
<b>Kona Qualifier Average</b>	<b>1:02:18</b>	<b>5:55:23</b>	<b>3:13:04</b>	<b>10:20:15</b>
<b>Top 10 Age Grouper Average</b>	<b>1:05:21</b>	<b>6:15:36</b>	<b>4:28:17</b>	<b>12:02:14</b>

### Lanzarote 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:52	4:49:53	2:47:20	8:30:34
Female Winner	0:57:15	5:27:00	3:10:59	9:43:39
1st Age Grouper	0:59:04	5:43:34	3:31:33	10:23:04
2nd Age Grouper	0:52:11	6:13:10	3:15:43	10:29:36
3rd Age Grouper	0:53:36	5:47:46	3:47:19	10:35:45
4th Age Grouper	0:50:54	5:55:12	4:17:23	11:10:19
5th Age Grouper	1:05:26	6:33:44	3:55:28	11:48:31
6th Age Grouper	1:07:52	6:34:35	4:26:30	12:23:41
7th Age Grouper	1:09:33	6:51:28	5:13:33	13:36:37
8th Age Grouper	1:07:22	6:59:52	5:19:14	13:42:49
9th Age Grouper	1:11:03	7:28:23	5:23:07	14:18:39
10th Age Grouper	1:28:06	6:59:17		15:03:46
<b>Kona Qualifier Average</b>	<b>0:59:04</b>	<b>5:43:34</b>	<b>3:31:33</b>	<b>10:23:04</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:30</b>	<b>6:30:42</b>	<b>3:54:59</b>	<b>12:21:16</b>

### Lanzarote 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:48	4:53:25	2:50:20	8:37:42
Female Winner	0:52:38	5:58:02	3:04:36	10:03:52
1st Age Grouper	0:55:55	5:14:42	3:35:13	9:53:18
2nd Age Grouper	0:55:58	5:38:10	3:29:48	10:11:59
3rd Age Grouper	0:55:31	5:52:40	4:31:38	11:28:26
4th Age Grouper	1:07:30	6:14:20	4:17:42	11:52:37
5th Age Grouper	1:16:45	6:44:10	3:51:38	12:10:15
6th Age Grouper	0:56:03	6:31:33	4:33:33	12:12:40
7th Age Grouper	1:13:39	6:51:48	4:44:32	13:08:46
8th Age Grouper	1:06:56	7:19:37	4:32:08	13:17:24
9th Age Grouper	1:15:09	6:26:34	5:45:26	13:47:26
10th Age Grouper	1:19:06	6:49:24	5:46:01	14:05:14
<b>Kona Qualifier Average</b>	<b>0:55:55</b>	<b>5:14:42</b>	<b>3:35:13</b>	<b>9:53:18</b>
<b>Top 10 Age Grouper Average</b>	<b>1:06:15</b>	<b>6:22:17</b>	<b>4:30:45</b>	<b>12:12:48</b>

### Lanzarote 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:29	5:00:17	2:56:51	8:54:03
Female Winner	0:55:59	5:46:36	3:04:05	9:54:57
1st Age Grouper	0:56:38	5:15:00	3:23:18	9:42:04
2nd Age Grouper	0:59:40	5:45:53	3:16:28	10:10:44
3rd Age Grouper	0:59:19	5:29:41	3:50:23	10:28:45
4th Age Grouper	1:12:11	6:01:00	4:07:53	11:35:08
5th Age Grouper	0:55:42	5:56:50	4:48:06	11:49:19
6th Age Grouper	1:15:31	6:26:40	3:58:01	11:53:59
7th Age Grouper	1:03:58	6:44:16	4:11:35	12:09:20
8th Age Grouper	1:08:00	7:03:23	3:55:00	12:22:20
9th Age Grouper	1:08:25	6:47:51	4:31:29	12:40:17
10th Age Grouper	1:12:02	6:52:44	4:43:31	12:58:59
<b>Kona Qualifier Average</b>	<b>0:56:38</b>	<b>5:15:00</b>	<b>3:23:18</b>	<b>9:42:04</b>
<b>Top 10 Age Grouper Average</b>	<b>1:05:08</b>	<b>6:14:19</b>	<b>4:04:34</b>	<b>11:35:05</b>

## Lanzarote 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:38	5:03:28	8:59:37	8:59:37
Female Winner	0:56:16	5:48:14	10:02:27	10:02:27
<b>1st Age Grouper</b>	<b>0:54:33</b>	<b>5:24:32</b>		<b>9:54:47</b>
2nd Age Grouper	0:55:58	5:51:02		10:18:50
3rd Age Grouper	1:01:36	6:24:08		11:04:49
4th Age Grouper	1:01:30	6:05:45		11:11:17
5th Age Grouper	1:08:31	6:13:51		11:14:34
6th Age Grouper	0:59:24	6:00:52		11:16:03
7th Age Grouper	1:08:26	6:09:29		11:32:25
8th Age Grouper	1:03:36	6:36:41		12:22:54
9th Age Grouper	1:04:16	6:44:19		12:43:28
10th Age Grouper	1:04:05	6:31:47		12:53:42
<b>Kona Qualifier Average</b>	<b>0:54:33</b>	<b>5:24:32</b>		<b>9:54:47</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:11</b>	<b>6:12:14</b>		<b>11:27:16</b>