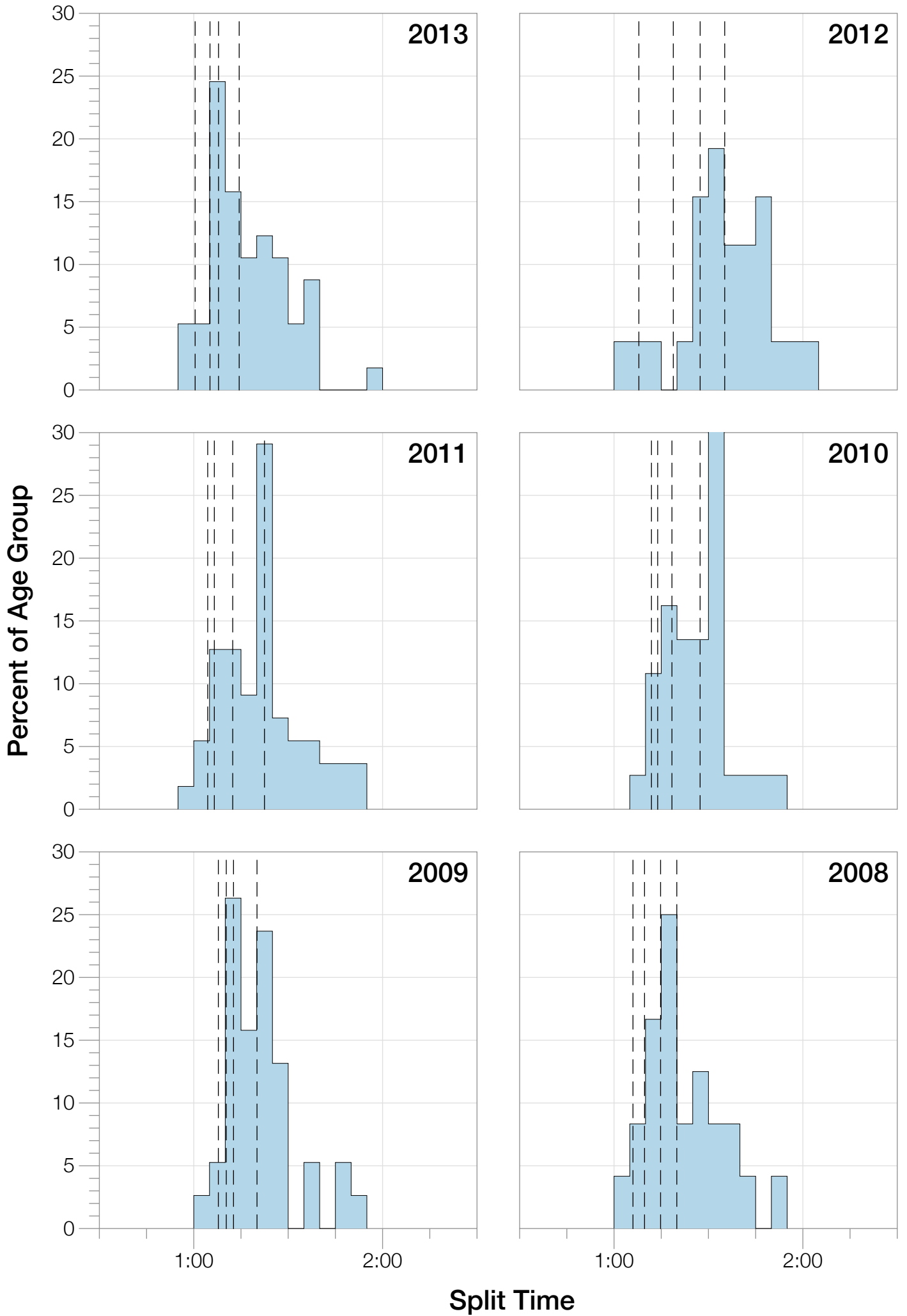


Ironman Austria F45-49 Stats

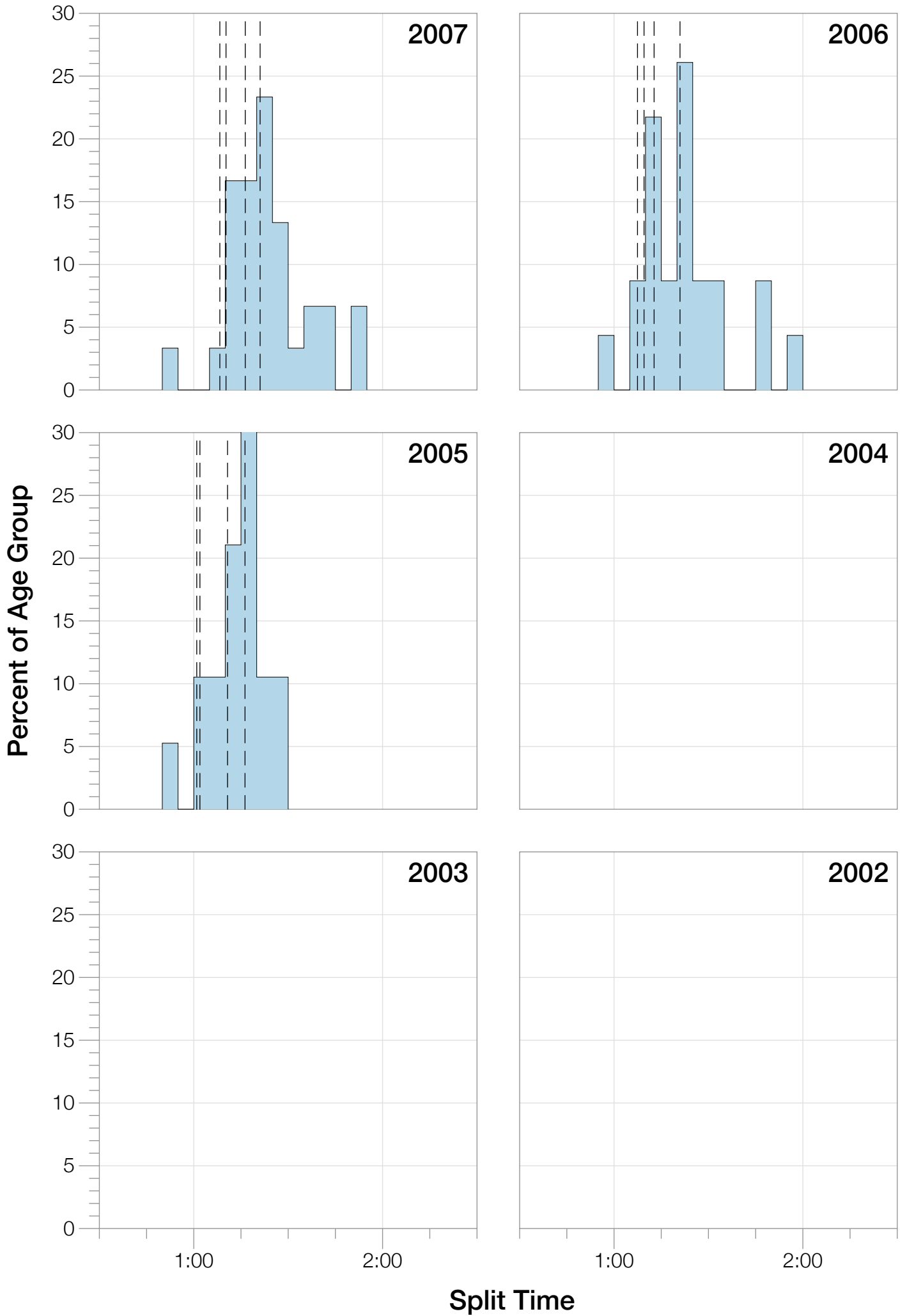
F45-49 Summary Statistics

Year	Finishers	F45-49 Finishers	Male Winner's Time	Female Winner's Time	F45-49 Winner's Time
2005	1794	19	8:14:37	9:07:04	10:35:30
2006	2020	23	8:07:59	9:12:09	11:02:56
2007	2011	30	8:06:39	9:08:47	11:09:46
2008	2323	24	8:06:11	8:47:26	10:47:34
2009	2032	38	8:01:38	8:50:13	10:42:58
2010	2052	37	7:52:05	9:18:50	10:22:28
2011	2346	55	7:45:58	8:43:34	10:12:26
2012	2011	27	8:11:31	9:09:58	10:33:07
2013	2499	57	7:59:51	8:59:31	9:54:38
Average	2121	34	8:02:56	9:01:56	10:35:42

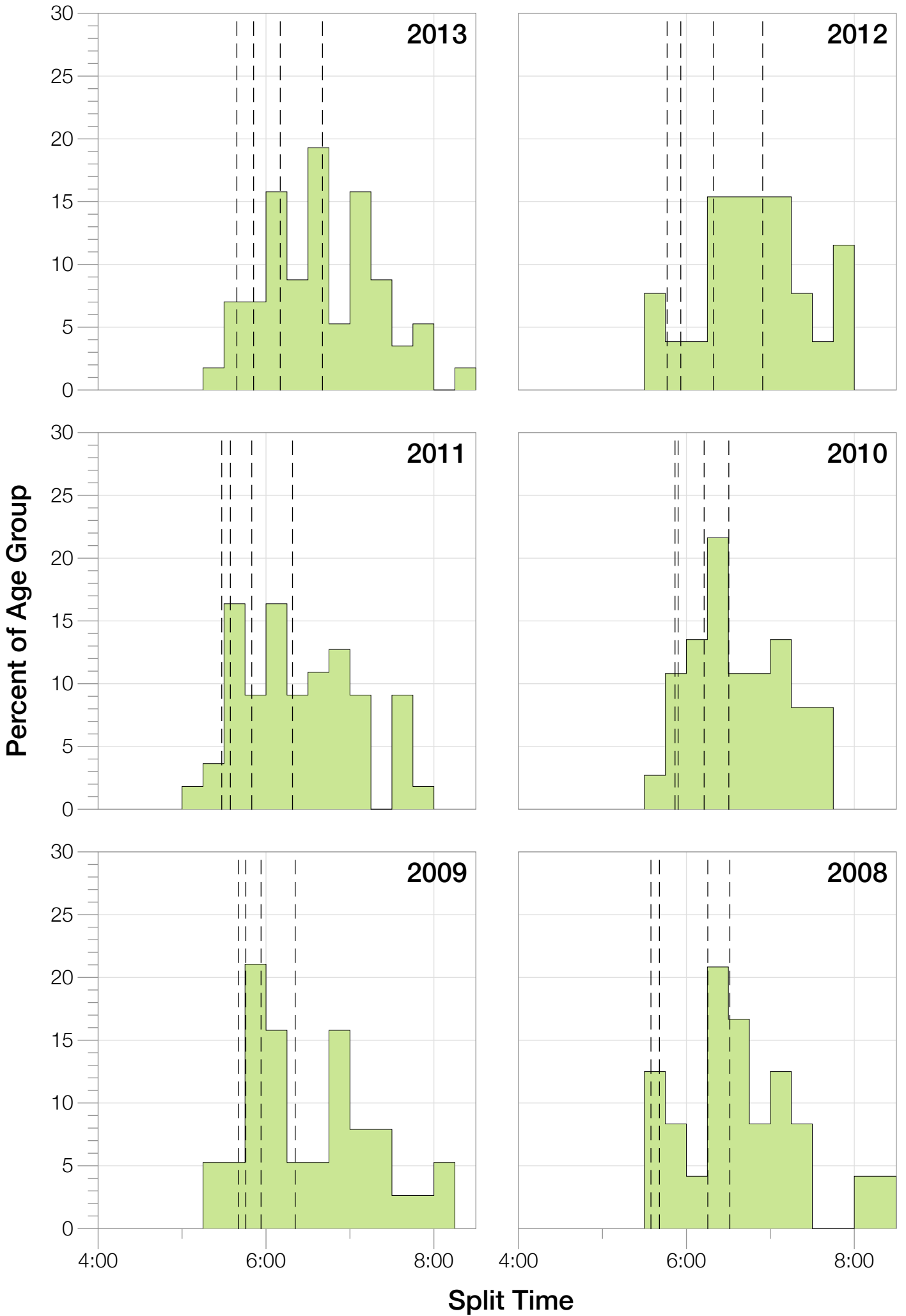
F45-49 Swim



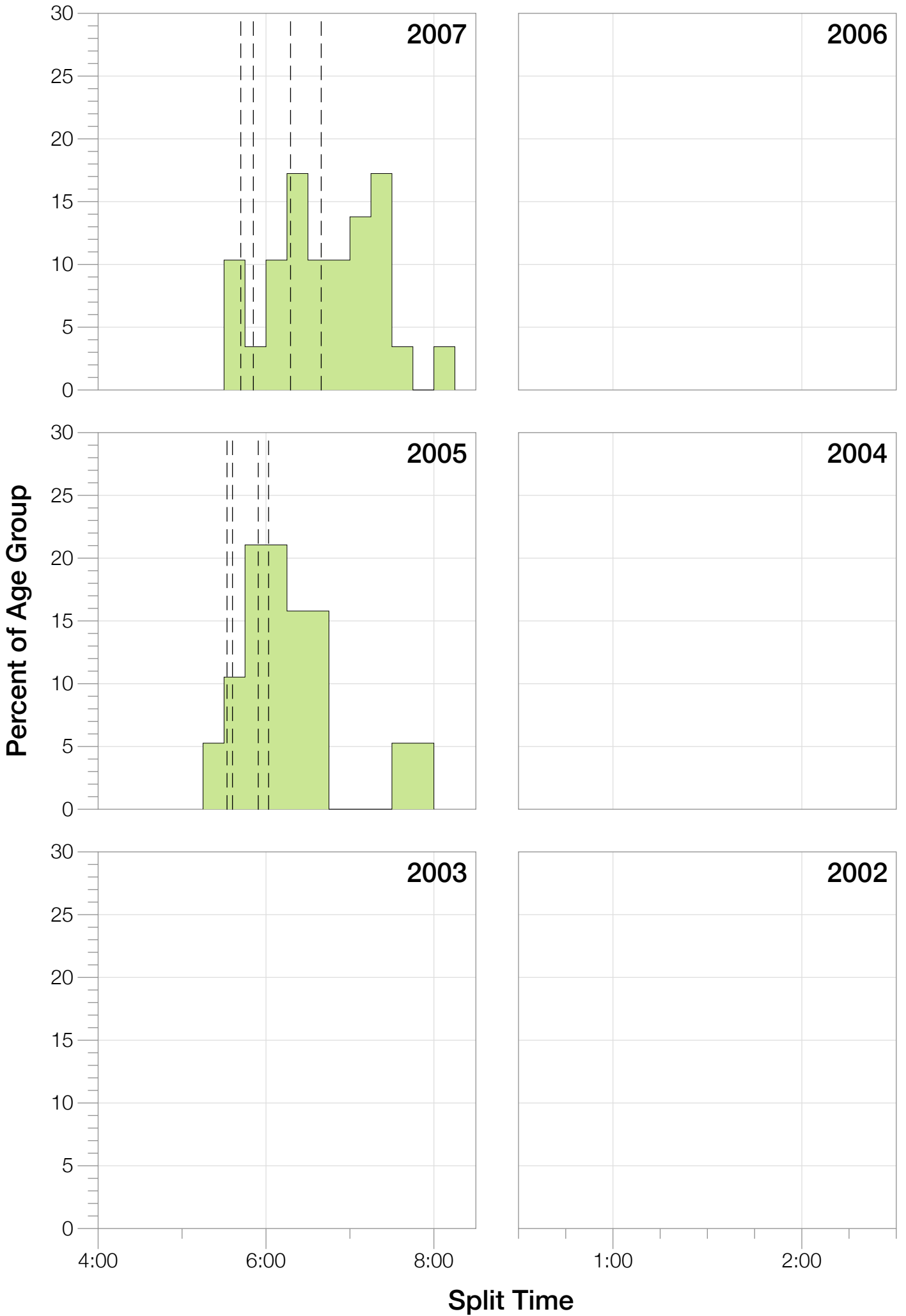
F45-49 Swim



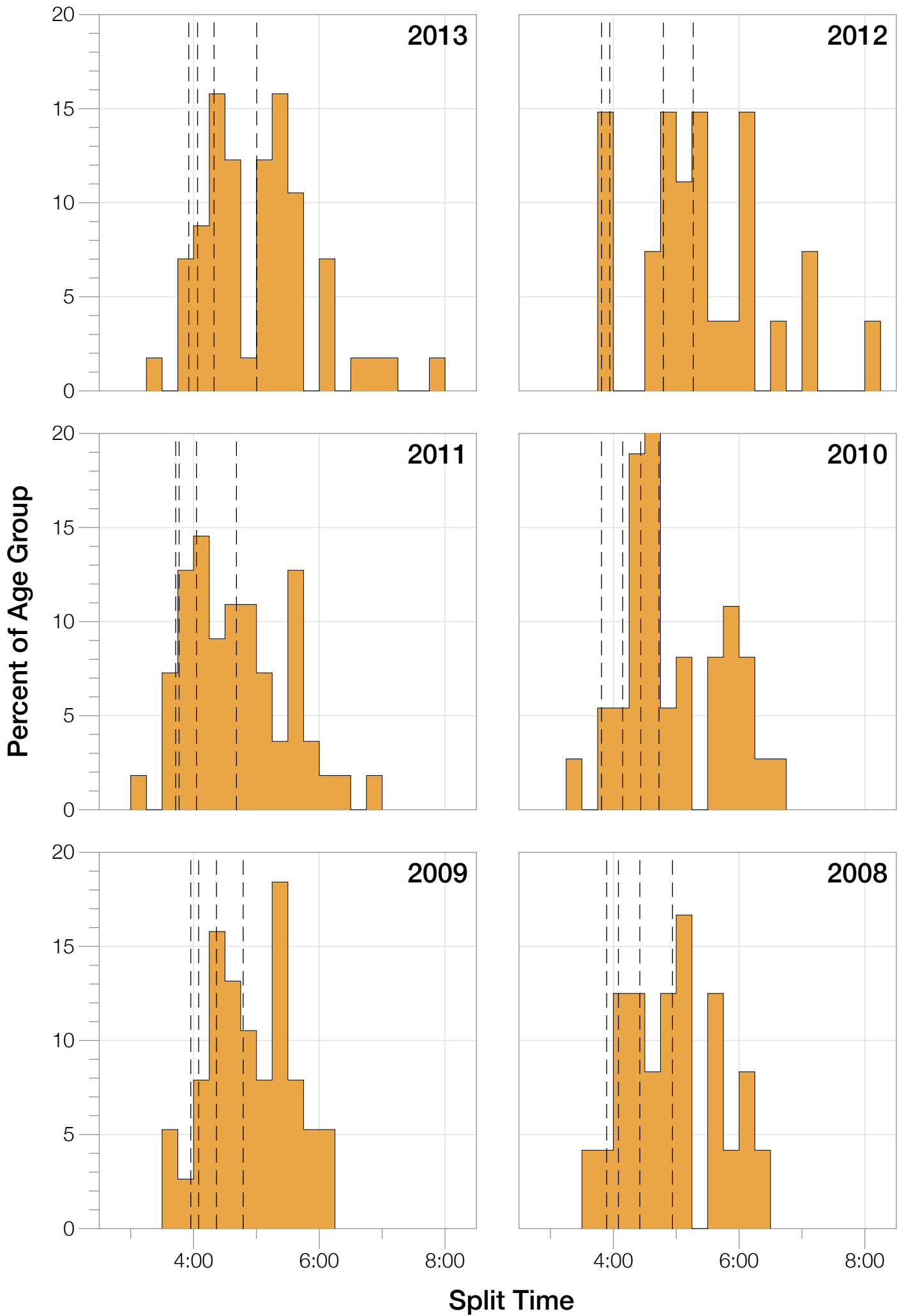
F45-49 Bike



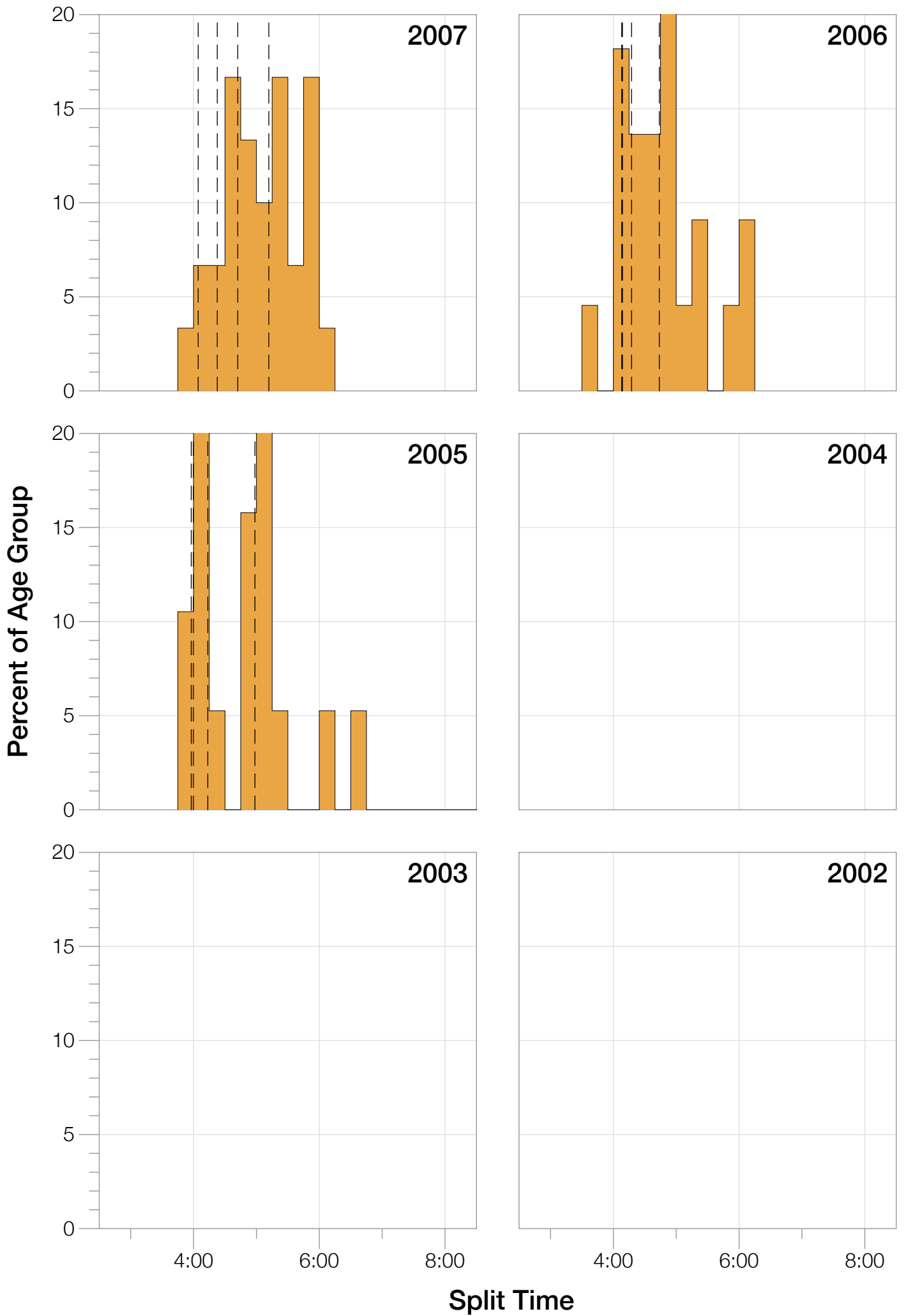
F45-49 Bike



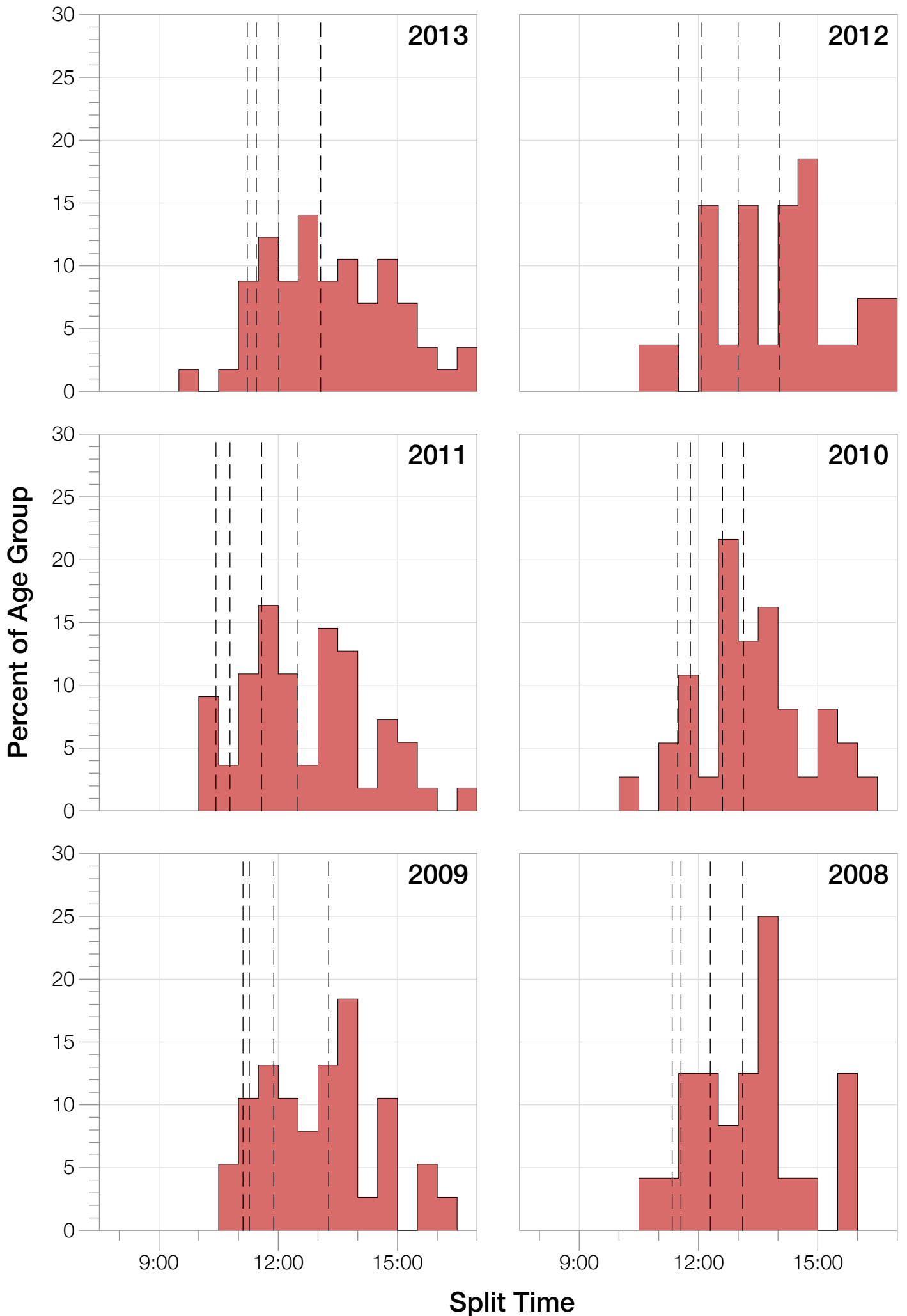
F45-49 Run



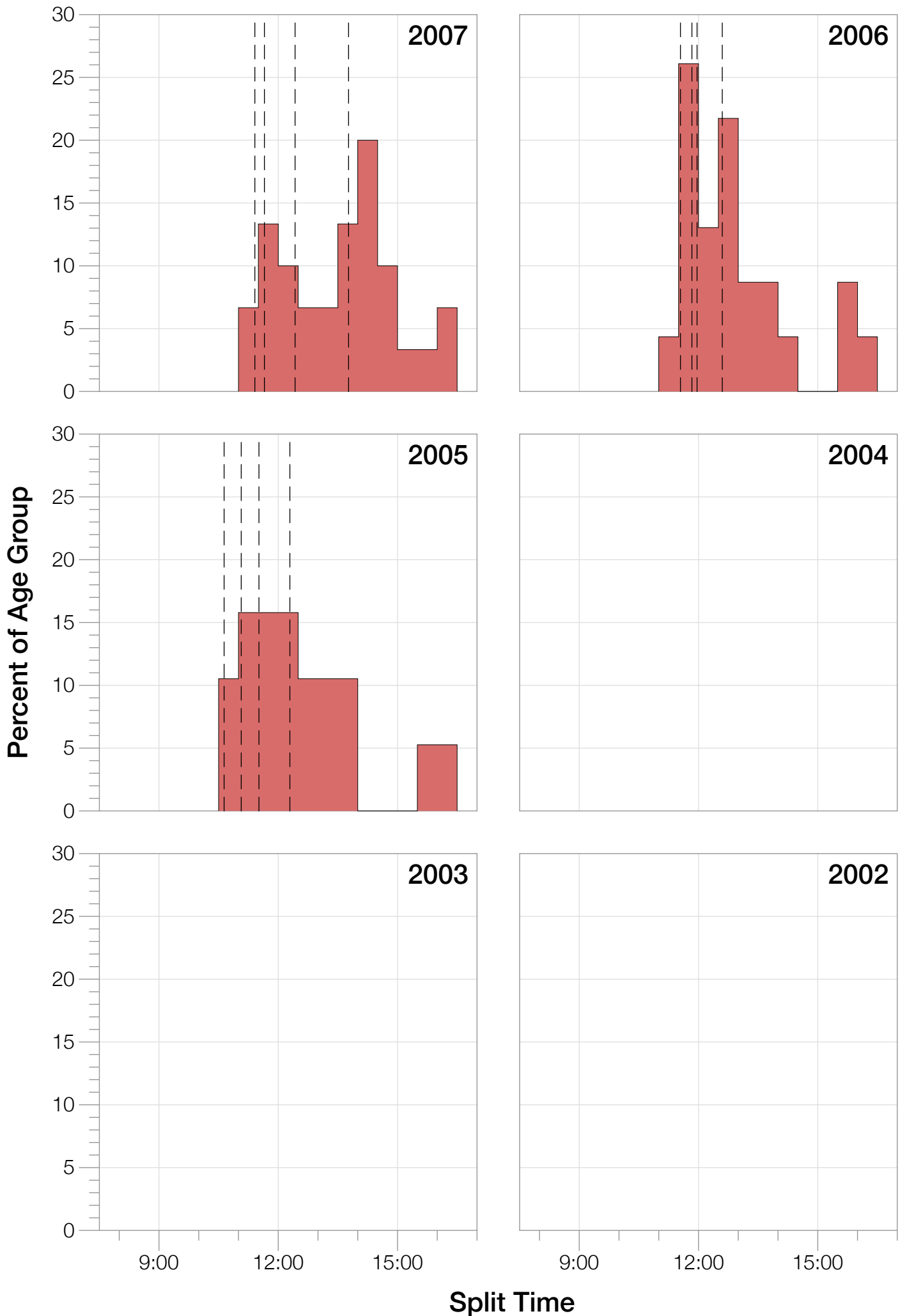
F45-49 Run



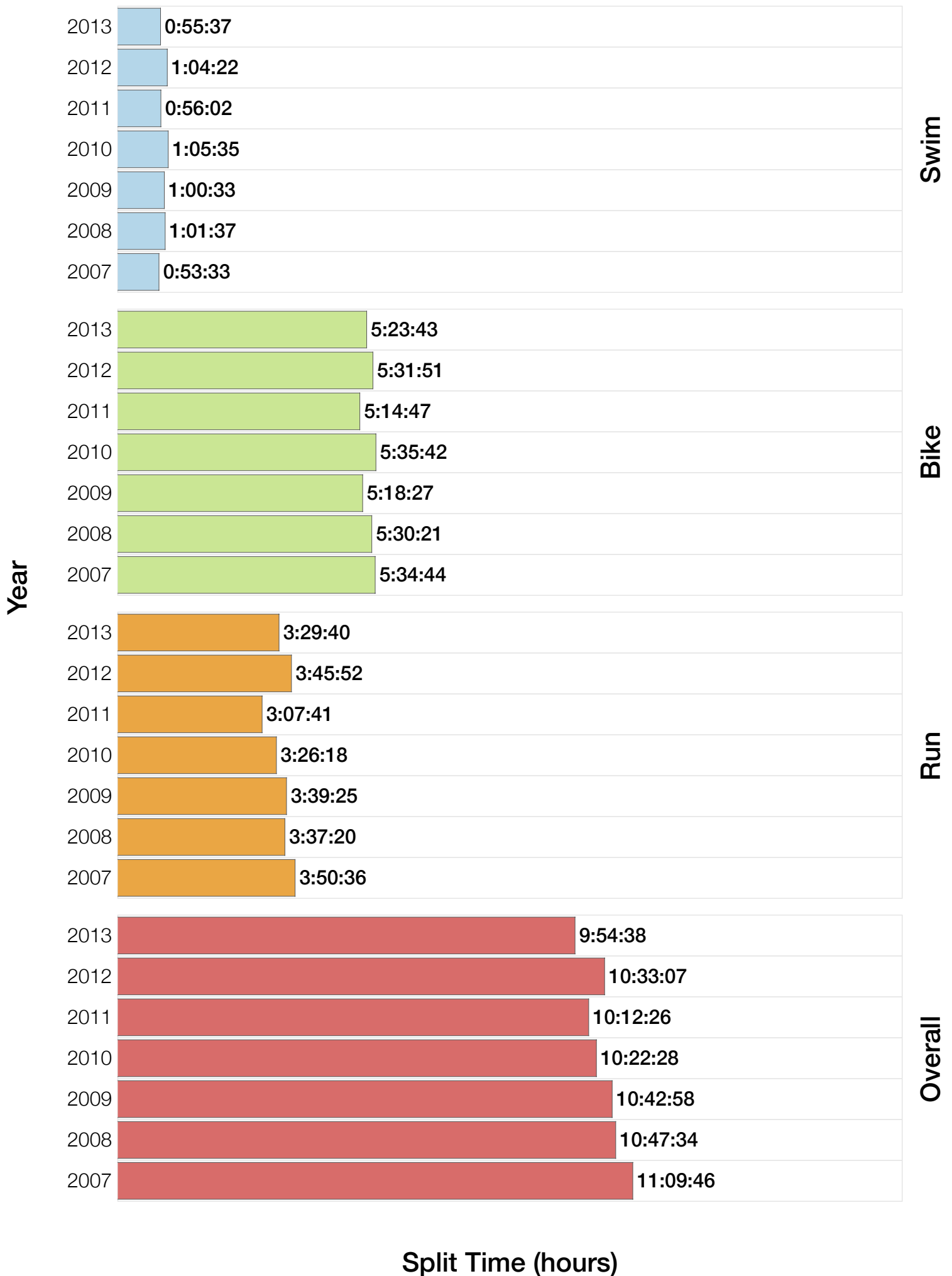
F45-49 Overall



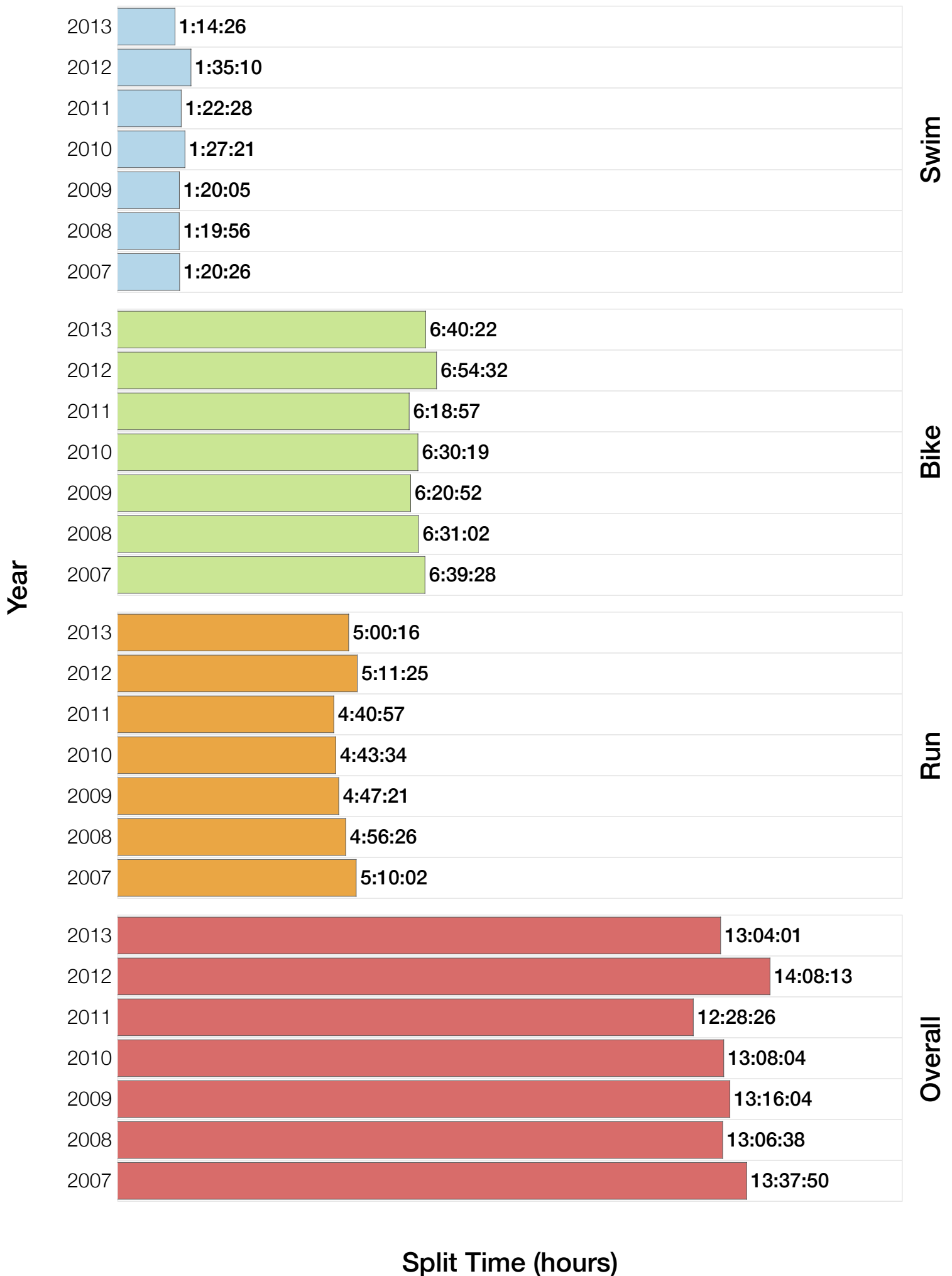
F45-49 Overall



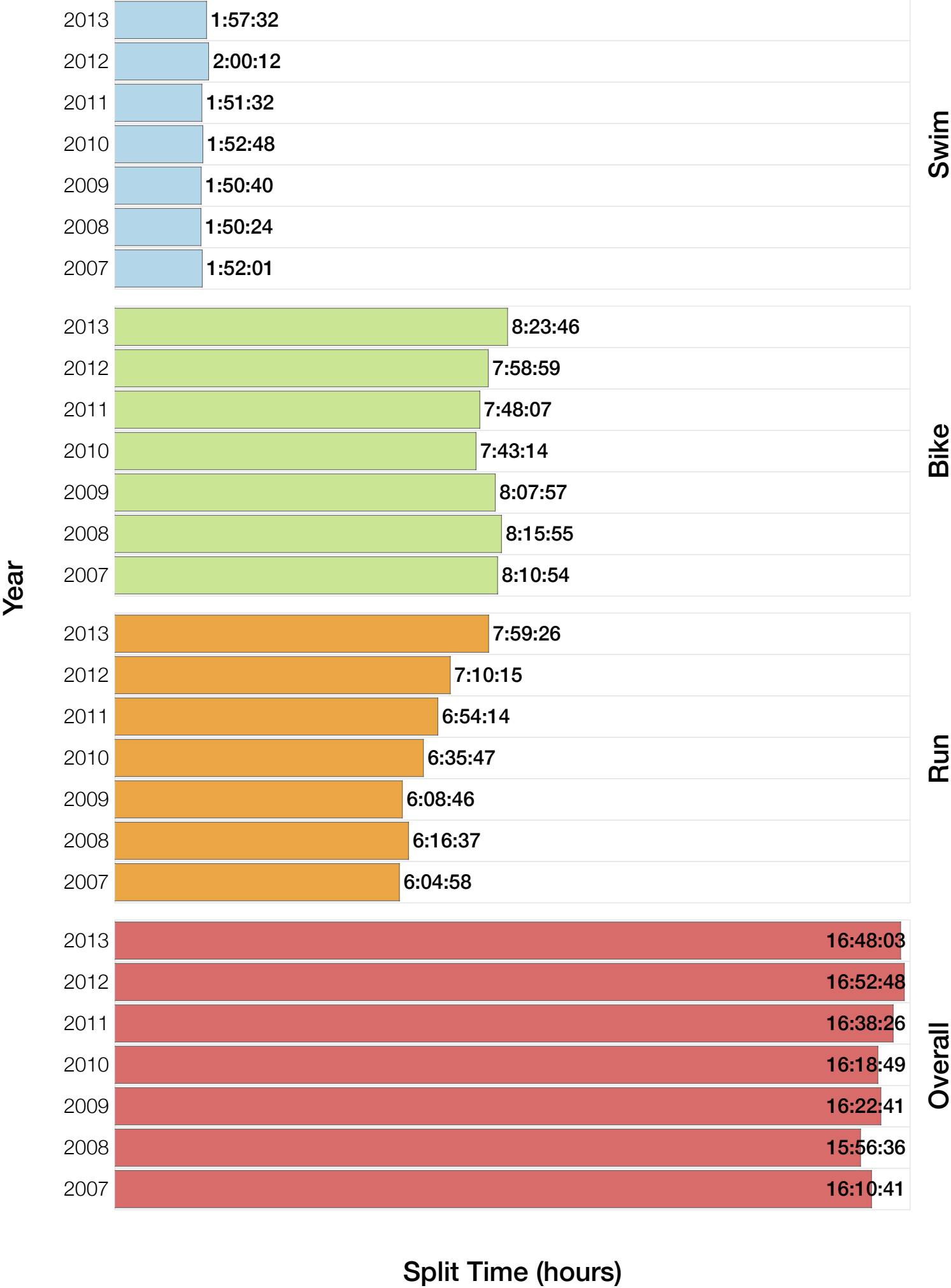
F45-49 Fastest Splits



F45-49 Median Splits



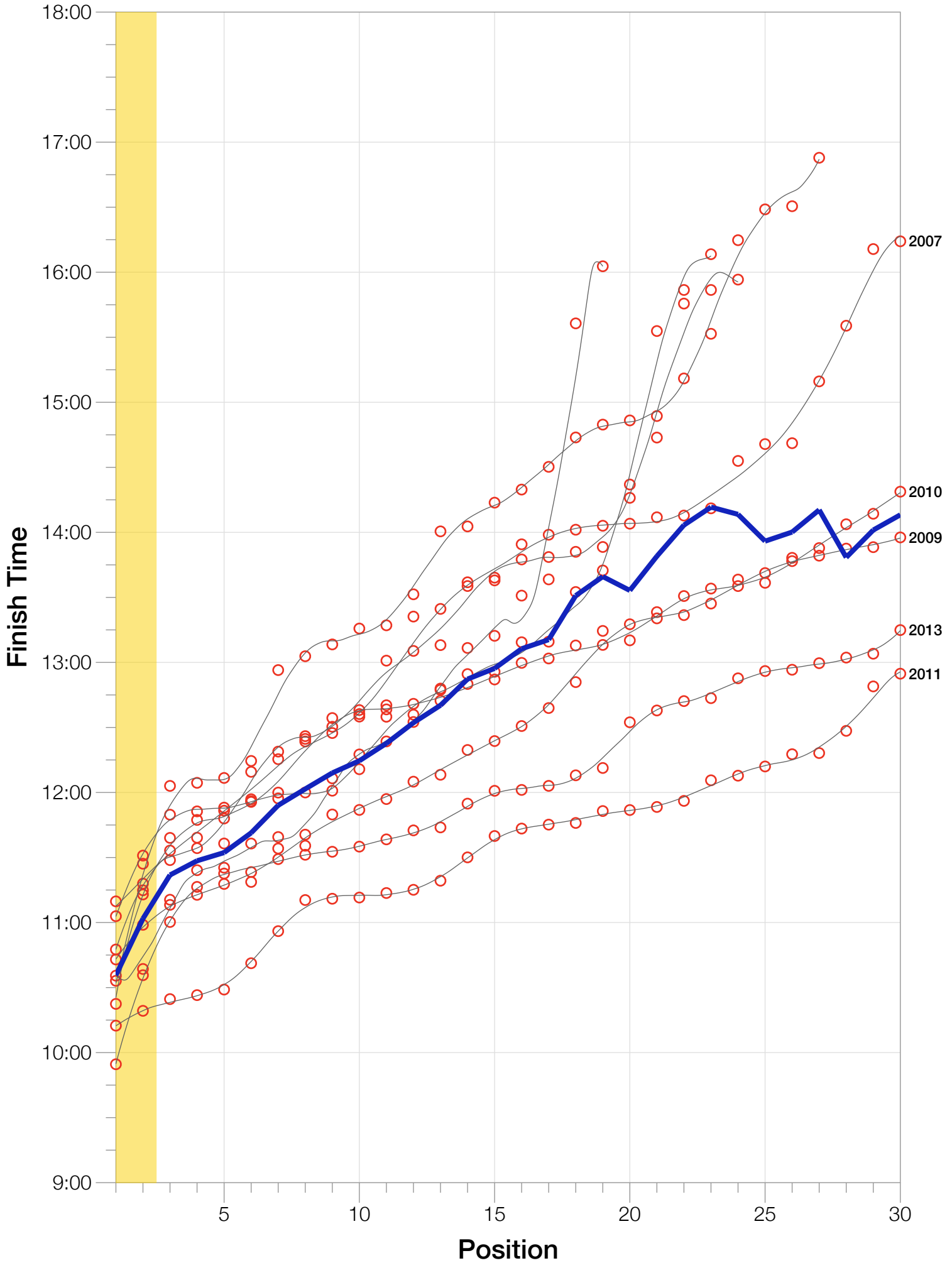
F45-49 Slowest Splits



Split Time (hours)

F45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:01	4:23:51	2:47:13	8:02:56
Average Female Winner	0:53:13	4:57:39	3:06:05	9:01:56
Average 1st Age Grouper	1:05:13	5:31:14	3:50:52	10:35:42
Average 2nd Age Grouper	1:13:41	5:40:13	3:57:55	11:01:48
Average 3rd Age Grouper	1:09:36	5:45:38	4:16:48	11:21:56
Average 4th Age Grouper	1:15:27	6:00:35	3:59:51	11:28:29
Average 5th Age Grouper	1:15:29	6:03:33	4:00:43	11:32:16
Average 6th Age Grouper	1:13:14	5:58:08	4:19:11	11:41:22
Average 7th Age Grouper	1:18:49	6:08:52	4:20:12	11:54:05
Average 8th Age Grouper	1:15:52	6:06:37	4:26:50	12:01:38
Average 9th Age Grouper	1:17:41	6:09:53	4:25:56	12:09:01
Average 10th Age Grouper	1:21:40	5:54:21	4:43:15	12:14:37
Kona Qualifier Average	1:09:27	5:35:43	3:54:23	10:48:45
Top 10 Age Grouper Average	1:14:37	5:55:45	4:14:08	11:36:05

Austria 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:25	4:30:40	2:40:07	7:59:51
Female Winner	0:51:57	4:58:03	3:04:04	8:59:31
1st Age Grouper	0:55:37	5:23:43	3:29:40	9:54:38
2nd Age Grouper	1:05:45	5:35:41	3:45:16	10:35:42
3rd Age Grouper	1:07:50	5:39:41	4:04:05	11:00:15
4th Age Grouper	1:17:09	5:51:21	3:56:07	11:16:27
5th Age Grouper	1:00:54	5:51:46	4:19:34	11:22:36
6th Age Grouper	1:07:35	5:50:50	4:13:59	11:23:17
7th Age Grouper	0:58:06	5:37:01	4:44:37	11:29:16
8th Age Grouper	1:05:24	5:56:21	4:21:47	11:31:16
9th Age Grouper	1:20:03	6:01:32	3:59:50	11:32:39
10th Age Grouper	1:07:46	5:43:51	4:33:24	11:35:01
Kona Qualifier Average	1:00:41	5:29:42	3:37:28	10:15:10
Top 10 Age Grouper Average	1:06:36	5:45:10	4:08:49	11:10:06

Austria 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:25:38	2:50:38	8:11:31
Female Winner	0:59:18	4:54:09	3:11:07	9:09:58
1st Age Grouper	1:04:22	5:31:51	3:45:52	10:33:07
2nd Age Grouper	1:25:34	5:51:13	3:47:02	11:14:52
3rd Age Grouper	1:06:12	6:00:46	4:46:07	12:03:02
4th Age Grouper	1:24:43	6:19:16	3:58:55	12:04:27
5th Age Grouper	1:12:57	5:44:34	4:57:01	12:06:42
6th Age Grouper	1:34:02	6:33:05	3:53:01	12:09:32
7th Age Grouper				12:56:28
8th Age Grouper	1:25:52	6:16:48	5:06:39	13:02:51
9th Age Grouper	1:32:27	6:32:00	4:42:11	13:08:18
10th Age Grouper	1:31:22	6:32:19	4:58:45	13:15:38
Kona Qualifier Average	1:14:58	5:41:32	3:46:27	10:53:59
Top 10 Age Grouper Average	1:21:56	6:09:05	4:26:10	12:15:29

Austria 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:49	4:15:37	2:39:24	7:45:58
Female Winner	0:48:07	4:48:10	3:01:29	8:43:34
1st Age Grouper	1:06:02	5:14:47	3:44:09	10:12:26
2nd Age Grouper	1:07:17	5:23:23	3:40:03	10:19:16
3rd Age Grouper	1:04:58	5:22:57	3:46:59	10:24:41
4th Age Grouper	0:56:02	5:42:22	3:40:19	10:26:31
5th Age Grouper	1:18:55	5:54:42	3:07:41	10:29:05
6th Age Grouper	1:11:15	5:30:29	3:48:55	10:41:14
7th Age Grouper	1:05:17	5:40:03	4:01:42	10:56:02
8th Age Grouper	1:11:16	5:46:33	4:02:50	11:10:23
9th Age Grouper	1:23:06	5:33:54	3:57:27	11:10:59
10th Age Grouper	1:00:18	5:41:42	4:17:10	11:11:32
Kona Qualifier Average	1:06:39	5:19:05	3:42:06	10:15:51
Top 10 Age Grouper Average	1:08:26	5:35:05	3:48:43	10:42:12

Austria 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:49	4:18:30	2:42:03	7:52:05
Female Winner	0:52:06	5:02:02	3:20:14	9:18:50
1st Age Grouper	1:12:07	5:35:42	3:26:18	10:22:28
2nd Age Grouper	1:14:28	5:53:38	4:09:07	11:27:08
3rd Age Grouper	1:15:47	5:53:03	4:08:43	11:28:48
4th Age Grouper	1:26:08	6:09:07	3:49:35	11:47:20
5th Age Grouper	1:19:25	6:29:13	3:45:16	11:48:00
6th Age Grouper	1:16:46	6:03:00	4:26:07	11:56:53
7th Age Grouper	1:32:08	5:54:23	4:18:55	11:57:16
8th Age Grouper	1:11:00	6:22:28	4:35:11	12:23:31
9th Age Grouper	1:12:58	6:19:47	4:43:11	12:34:20
10th Age Grouper	1:31:24	5:47:06	5:04:31	12:36:10
Kona Qualifier Average	1:13:17	5:44:40	3:47:42	10:54:48
Top 10 Age Grouper Average	1:19:13	6:02:44	4:14:41	11:50:11

Austria 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:36	4:20:13	2:50:14	8:01:38
Female Winner	0:54:04	4:49:42	3:00:21	8:50:13
1st Age Grouper	1:10:27	5:18:27	4:06:05	10:42:58
2nd Age Grouper	1:20:45	5:47:00	3:39:25	10:58:57
3rd Age Grouper	1:11:54	5:57:05	3:44:56	11:08:09
4th Age Grouper	1:06:27	5:24:53	4:33:01	11:12:47
5th Age Grouper	1:10:43	5:52:02	4:02:09	11:17:48
6th Age Grouper	1:00:33	5:55:15	4:12:12	11:18:44
7th Age Grouper	1:20:40	5:43:49	4:20:03	11:34:10
8th Age Grouper	1:26:04	5:58:00	3:59:32	11:35:26
9th Age Grouper	1:15:00	5:43:05	4:39:23	11:49:51
10th Age Grouper	1:15:02	5:46:40	4:35:30	11:51:57
Kona Qualifier Average	1:15:36	5:32:43	3:52:45	10:50:57
Top 10 Age Grouper Average	1:13:45	5:44:37	4:11:13	11:21:04

Austria 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:42	4:28:53	2:45:12	8:06:11
Female Winner	0:57:19	4:50:43	2:54:45	8:47:26
1st Age Grouper	1:25:58	5:34:05	3:37:20	10:47:34
2nd Age Grouper	1:08:34	5:30:21	4:27:53	11:17:57
3rd Age Grouper	1:01:37	5:47:10	4:35:22	11:33:13
4th Age Grouper	1:12:19	6:02:54	4:04:00	11:34:19
5th Age Grouper	1:15:20	5:59:32	4:06:44	11:36:28
6th Age Grouper	1:14:32	5:37:57	5:11:14	12:14:33
7th Age Grouper	1:21:25	6:23:00	4:17:24	12:18:51
8th Age Grouper	1:05:34	6:29:03	4:32:17	12:25:59
9th Age Grouper	1:21:40	6:24:10	4:29:41	12:30:19
10th Age Grouper	1:25:24	6:59:59	3:51:48	12:38:01
Kona Qualifier Average	1:17:16	5:32:13	4:02:36	11:02:45
Top 10 Age Grouper Average	1:15:14	6:04:49	4:19:22	11:53:43

Austria 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:30	4:21:14	2:53:28	8:06:39
Female Winner	0:50:57	5:06:18	3:07:26	9:08:47
1st Age Grouper	0:53:33	5:41:10	4:24:34	11:09:46
2nd Age Grouper	1:26:29	5:34:44	4:03:48	11:12:57
3rd Age Grouper	1:12:21	5:43:09	4:34:26	11:39:03
4th Age Grouper	1:21:53	6:17:33	3:50:36	11:39:08
5th Age Grouper	1:22:38	6:17:53	4:05:08	11:53:01
6th Age Grouper	1:14:27	5:52:55	4:38:07	11:55:59
7th Age Grouper	1:26:48	6:08:59	4:28:09	12:15:22
8th Age Grouper	1:20:06	6:03:47	4:48:20	12:24:43
9th Age Grouper	1:12:57	6:11:01	4:51:20	12:27:25
10th Age Grouper	1:10:16	6:25:37	4:41:36	12:35:00
Kona Qualifier Average	1:10:01	5:37:57	4:14:11	11:11:21
Top 10 Age Grouper Average	1:16:08	6:01:40	4:26:36	11:55:14

Austria 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:59	4:27:08	2:49:24	8:07:59
Female Winner	0:53:37	5:01:50	3:12:11	9:12:09
1st Age Grouper	0:57:20	5:48:59	4:10:03	11:02:56
2nd Age Grouper	1:12:19	5:56:59	4:08:31	11:30:53
3rd Age Grouper	1:13:08	5:50:01	4:33:47	11:49:45
4th Age Grouper	1:12:20	6:23:09	4:07:58	11:51:17
5th Age Grouper	1:31:08	6:28:01	3:42:14	11:51:35
6th Age Grouper	1:10:16	6:20:32	4:11:01	11:55:39
7th Age Grouper	1:29:52	7:41:51		11:59:57
8th Age Grouper	1:20:39	6:04:44	4:22:47	12:00:00
9th Age Grouper	1:09:21	6:16:25	4:15:34	12:00:49
10th Age Grouper	1:55:49	4:21:47	5:26:33	12:10:44
Kona Qualifier Average	1:04:49	5:52:59	4:09:17	11:16:54
Top 10 Age Grouper Average	1:19:13	6:07:14	4:19:49	11:49:21

Austria 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:25	4:26:48	2:54:27	8:14:37
Female Winner	0:51:40	5:07:55	3:03:12	9:07:04
1st Age Grouper	1:01:38	5:32:29	3:53:49	10:35:30
2nd Age Grouper	1:02:02	5:28:59	4:00:15	10:38:35
3rd Age Grouper	1:12:41	5:36:56		11:10:31
4th Age Grouper	1:22:10	5:54:42	3:58:14	11:24:09
5th Age Grouper	1:07:29	5:54:14		11:25:17
6th Age Grouper	1:09:43	5:59:15	4:18:09	11:36:27
7th Age Grouper	1:16:17	6:01:50	4:10:37	11:39:27
8th Age Grouper	1:16:56	6:01:50	4:12:15	11:40:33
9th Age Grouper	1:11:44	6:27:03	4:14:55	12:06:31
10th Age Grouper	1:17:39	5:50:11	5:00:04	12:17:33
Kona Qualifier Average	1:01:50	5:30:44	3:57:02	10:37:02
Top 10 Age Grouper Average	1:11:49	5:52:44	4:13:32	11:27:27