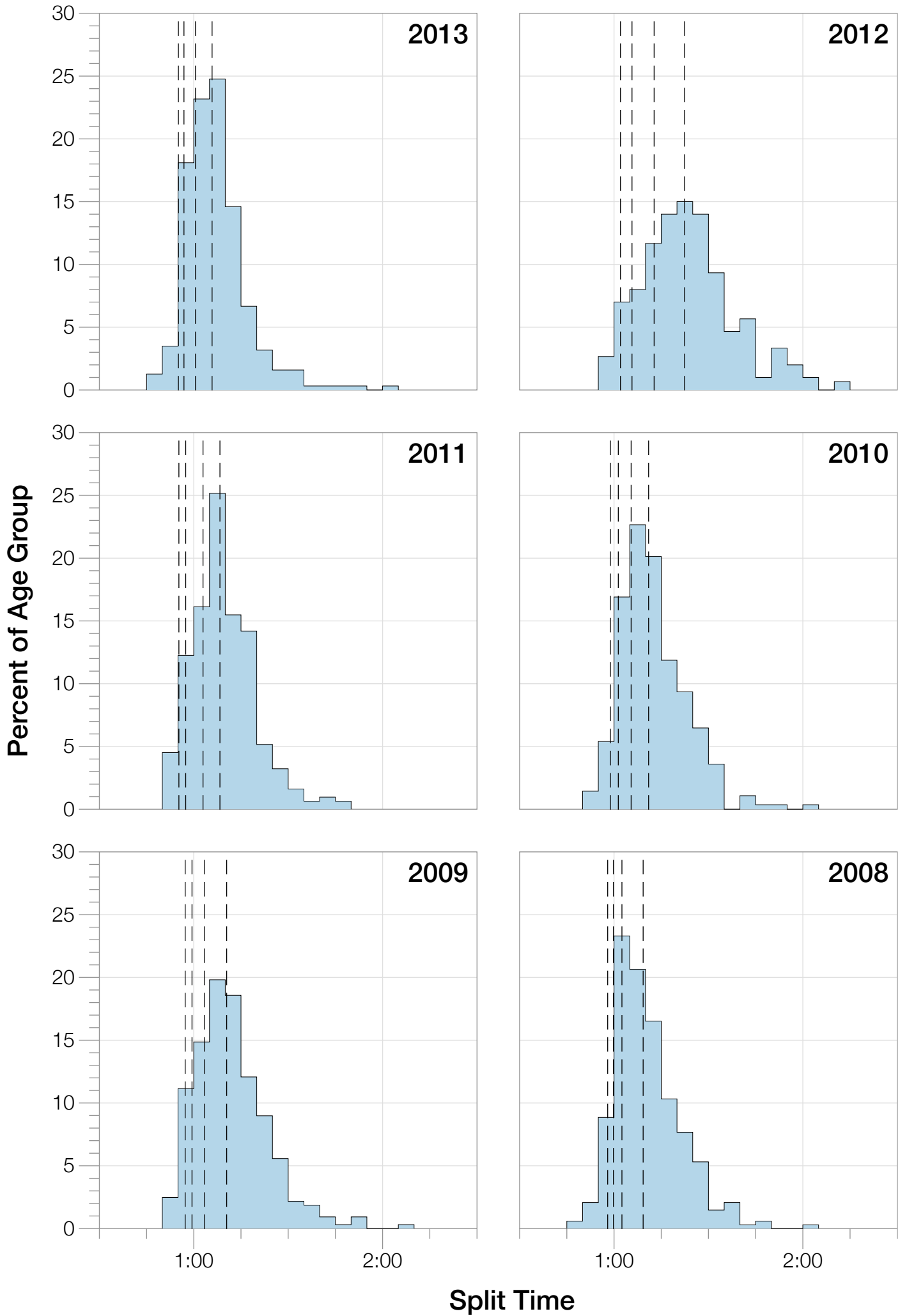


# Ironman Austria M30-34 Stats

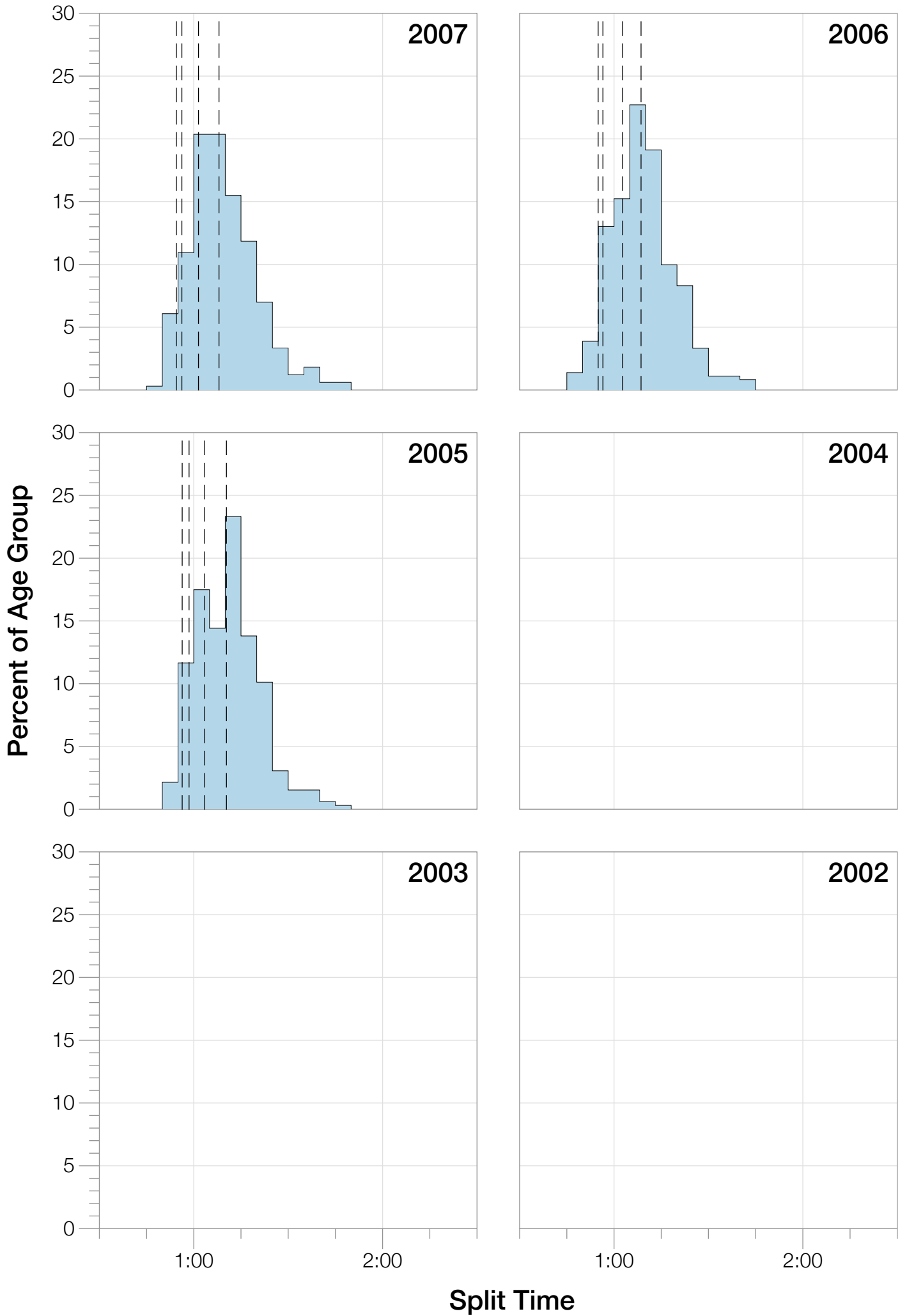
## M30-34 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>M30-34 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>M30-34 Winner's Time</b>
2005	1794	327	8:14:37	9:07:04	8:50:15
2006	2020	365	8:07:59	9:12:09	8:54:52
2007	2011	331	8:06:39	9:08:47	8:41:44
2008	2323	340	8:06:11	8:47:26	8:43:15
2009	2032	325	8:01:38	8:50:13	8:50:14
2010	2052	280	7:52:05	9:18:50	8:33:45
2011	2346	310	7:45:58	8:43:34	8:31:37
2012	2011	300	8:11:31	9:09:58	8:54:36
2013	2499	315	7:59:51	8:59:31	8:40:55
<b>Average</b>	<b>2121</b>	<b>321</b>	<b>8:02:56</b>	<b>9:01:56</b>	<b>8:44:34</b>

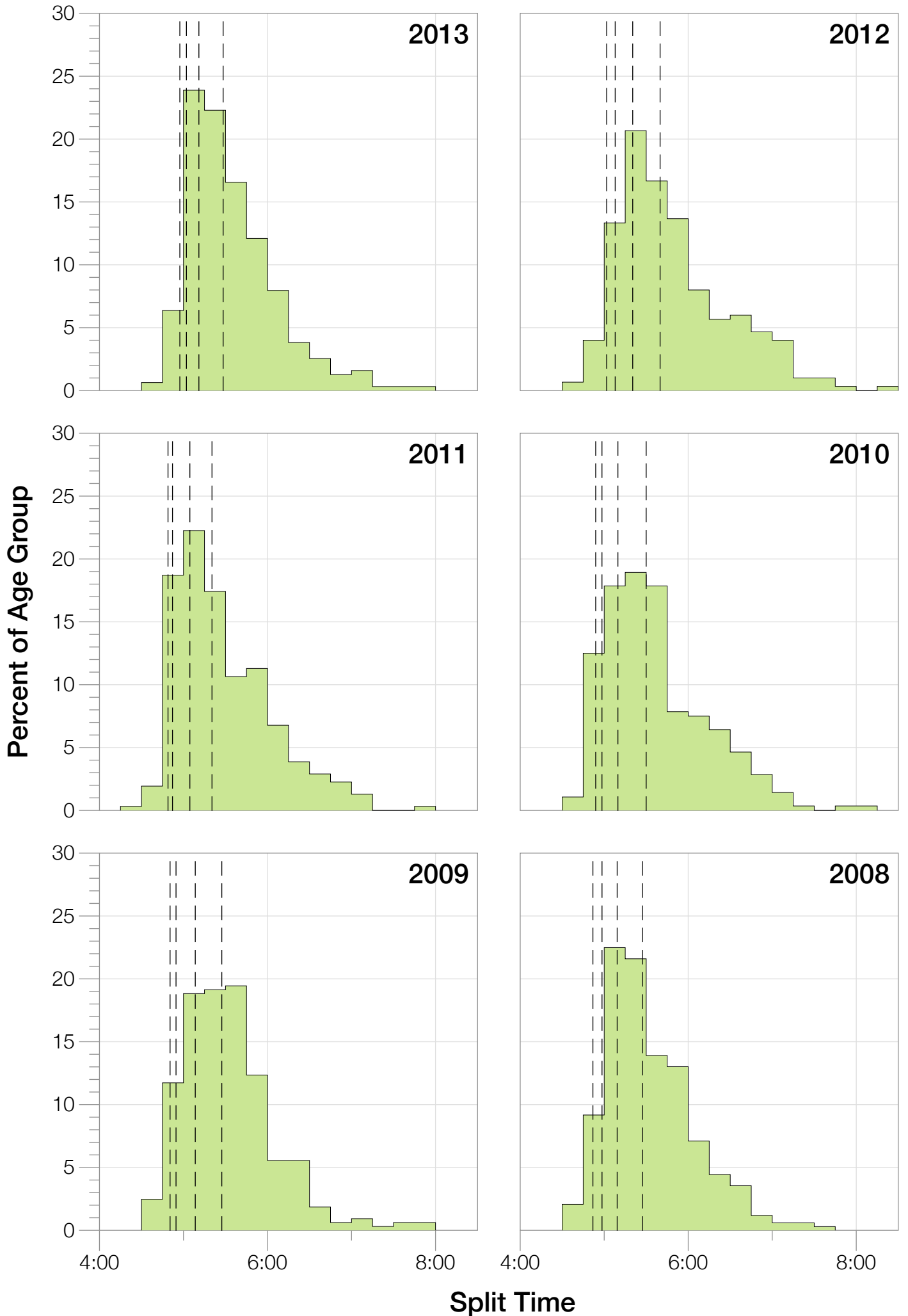
# M30-34 Swim



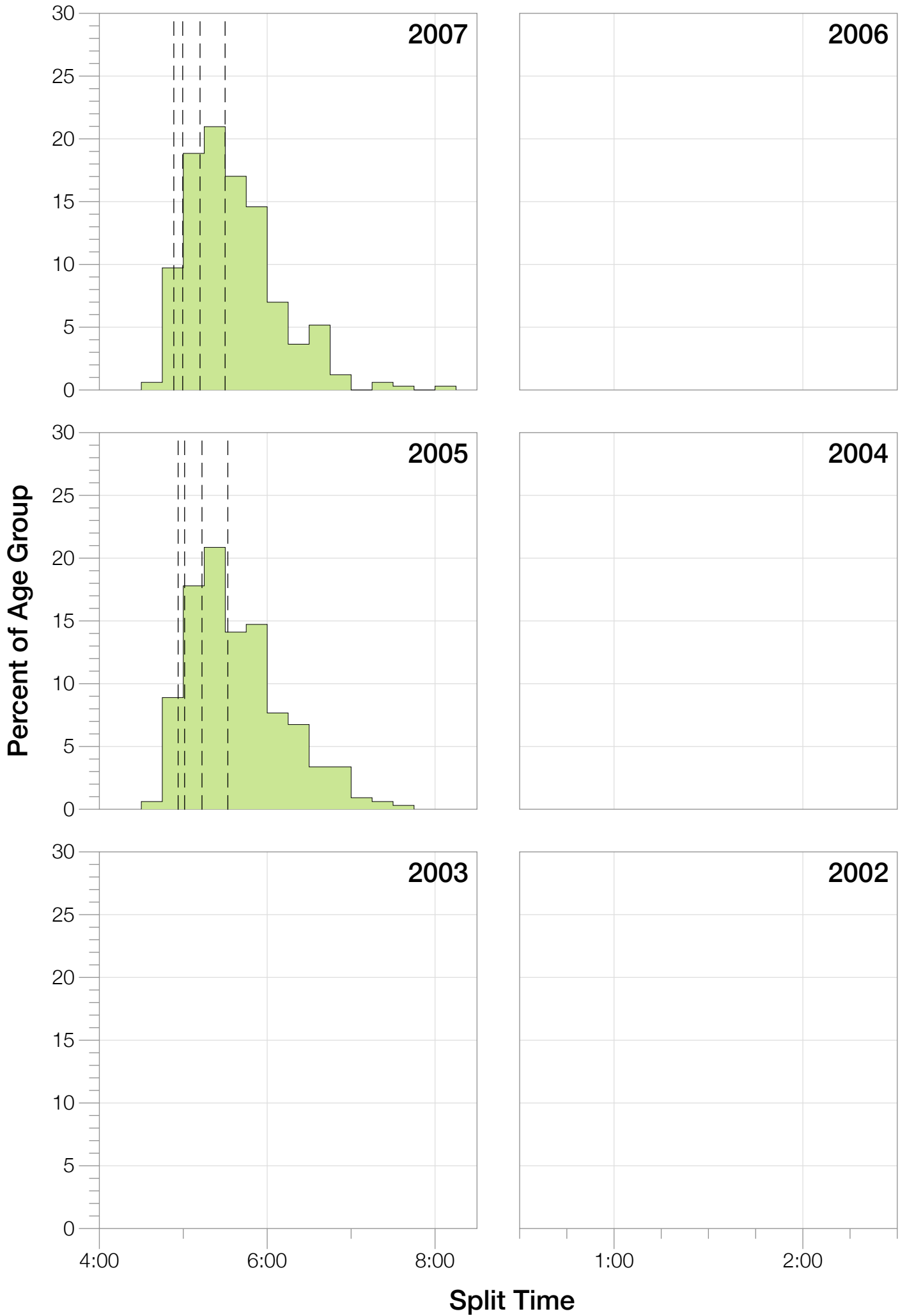
# M30-34 Swim



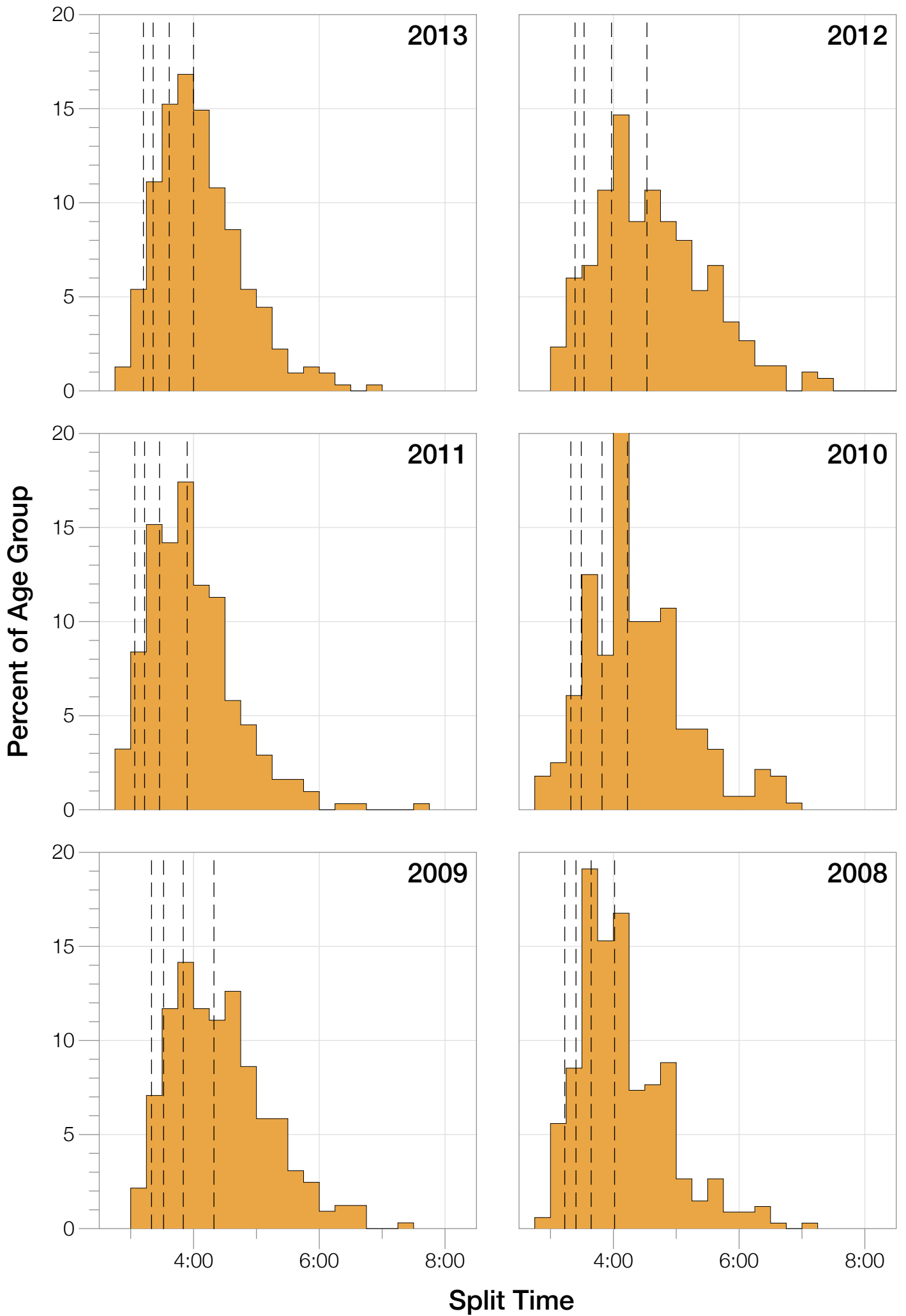
# M30-34 Bike



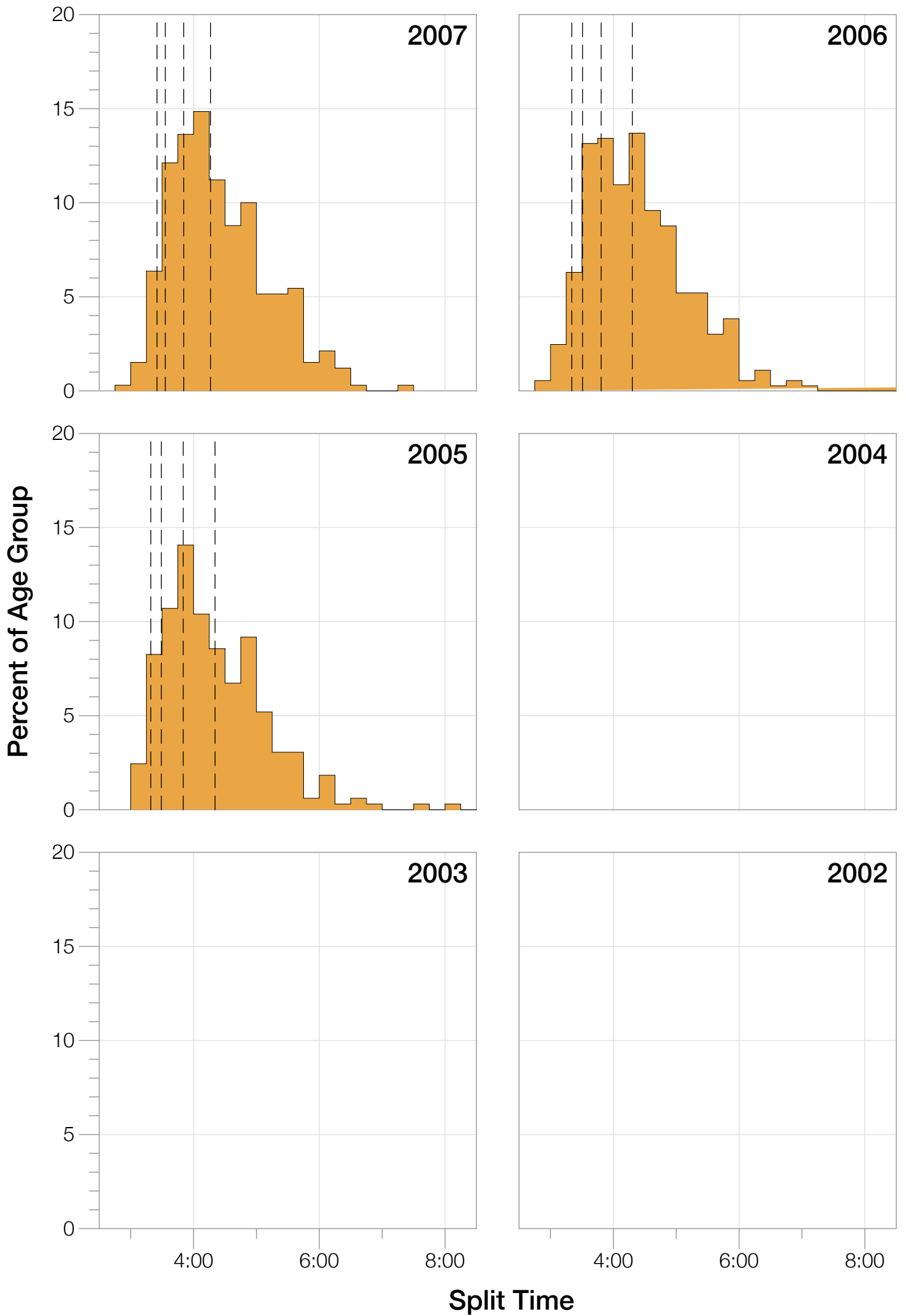
# M30-34 Bike



# M30-34 Run

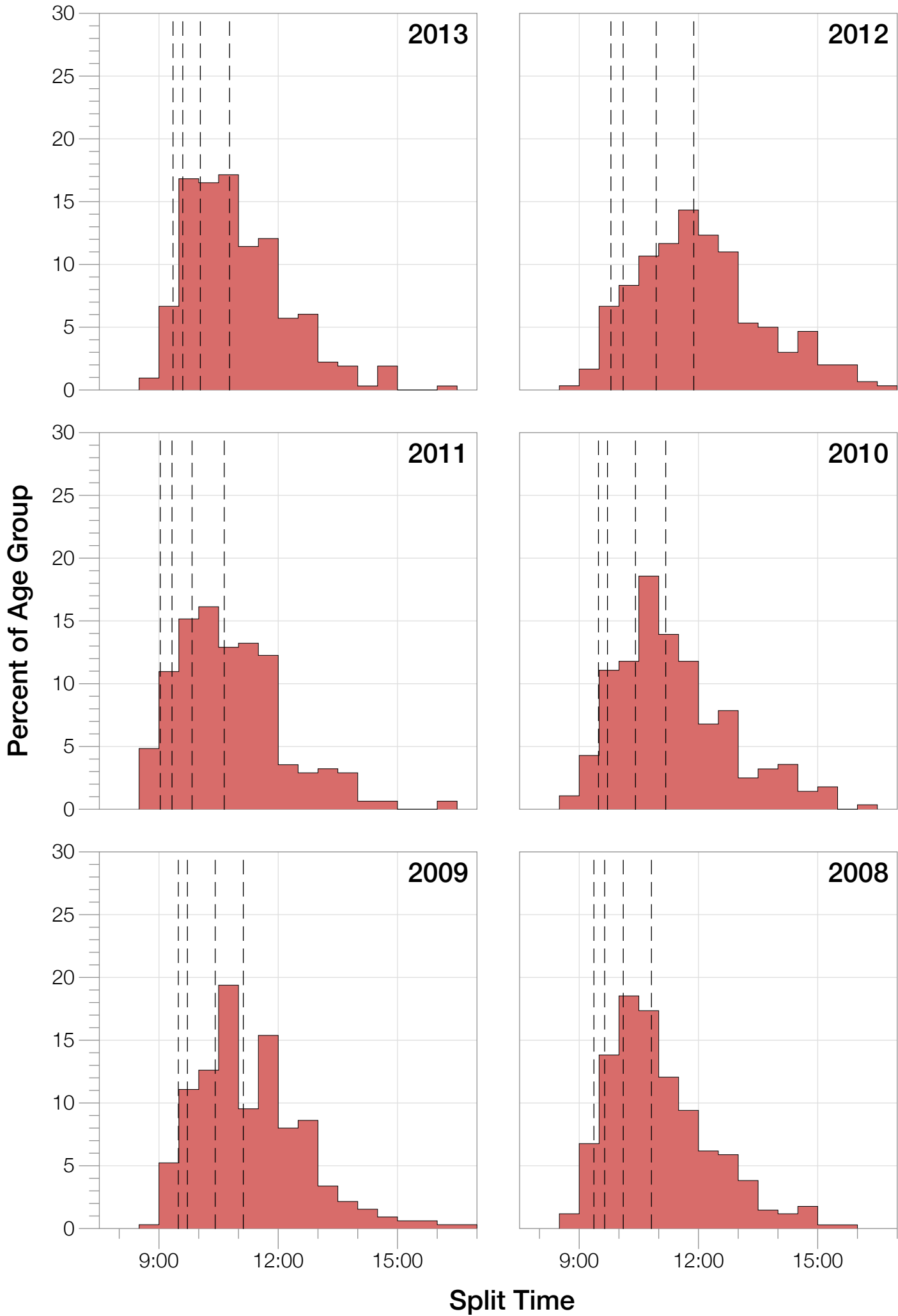


# M30-34 Run

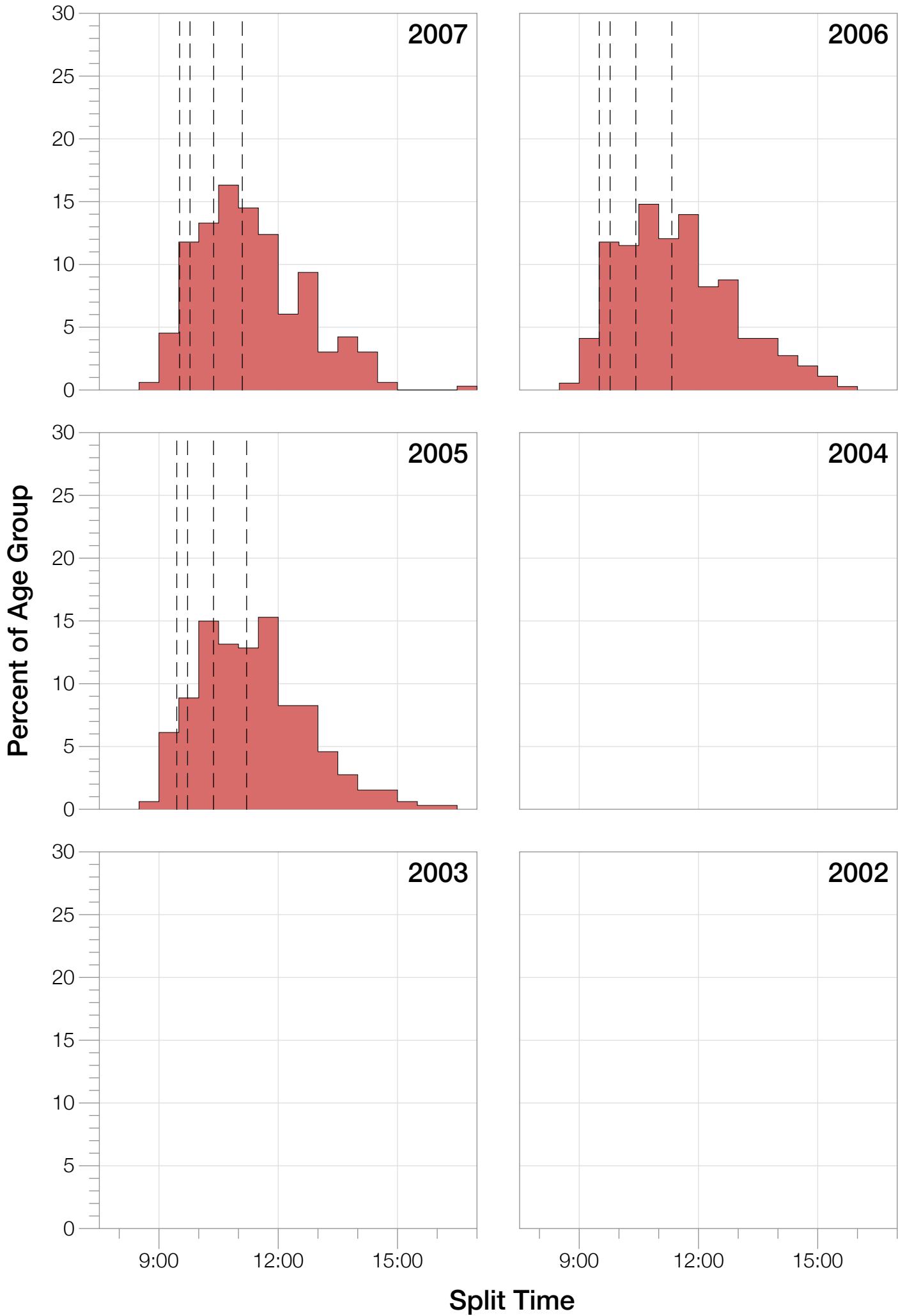




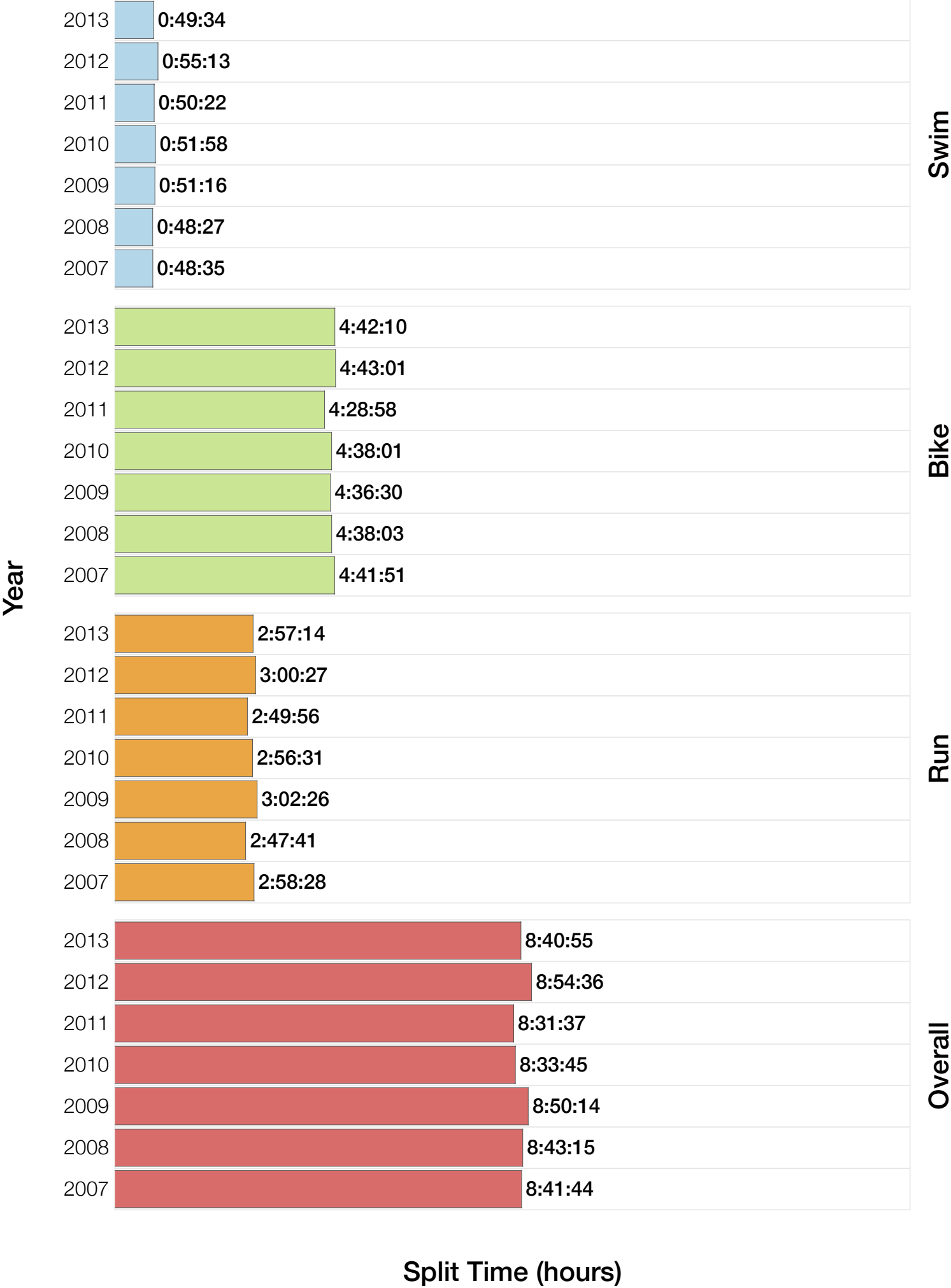
# M30-34 Overall



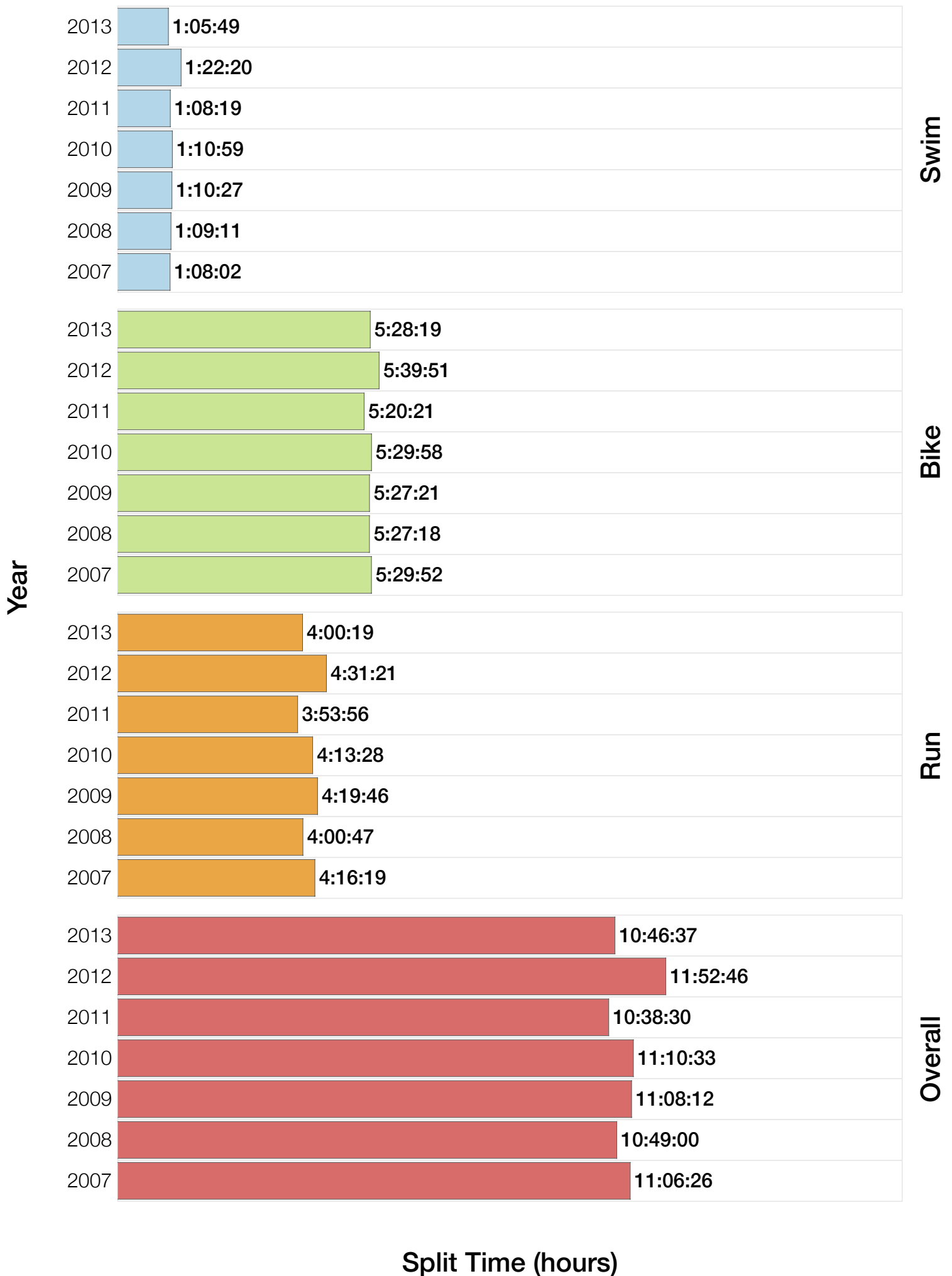
# M30-34 Overall



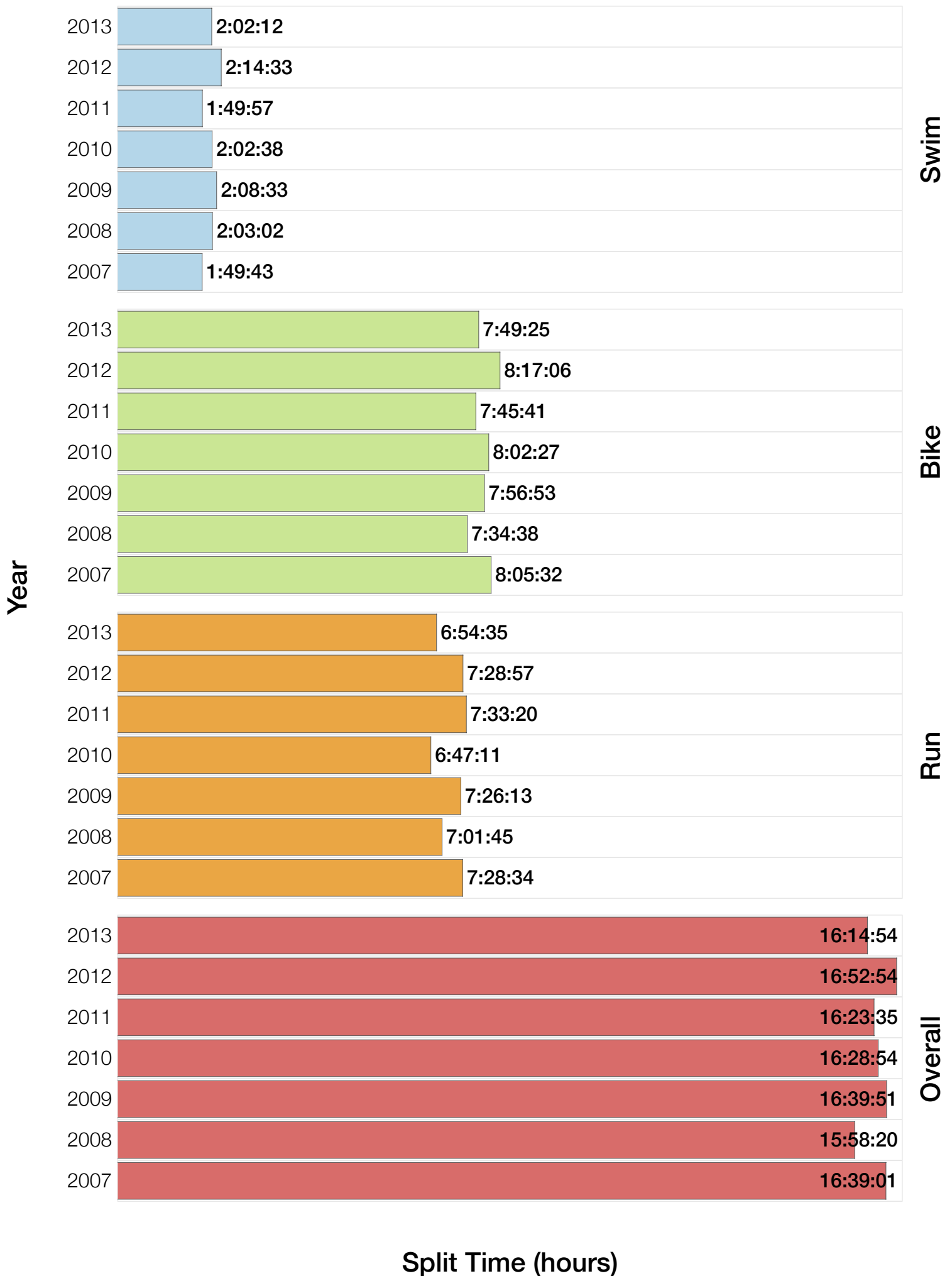
# M30-34 Fastest Splits



# M30-34 Median Splits

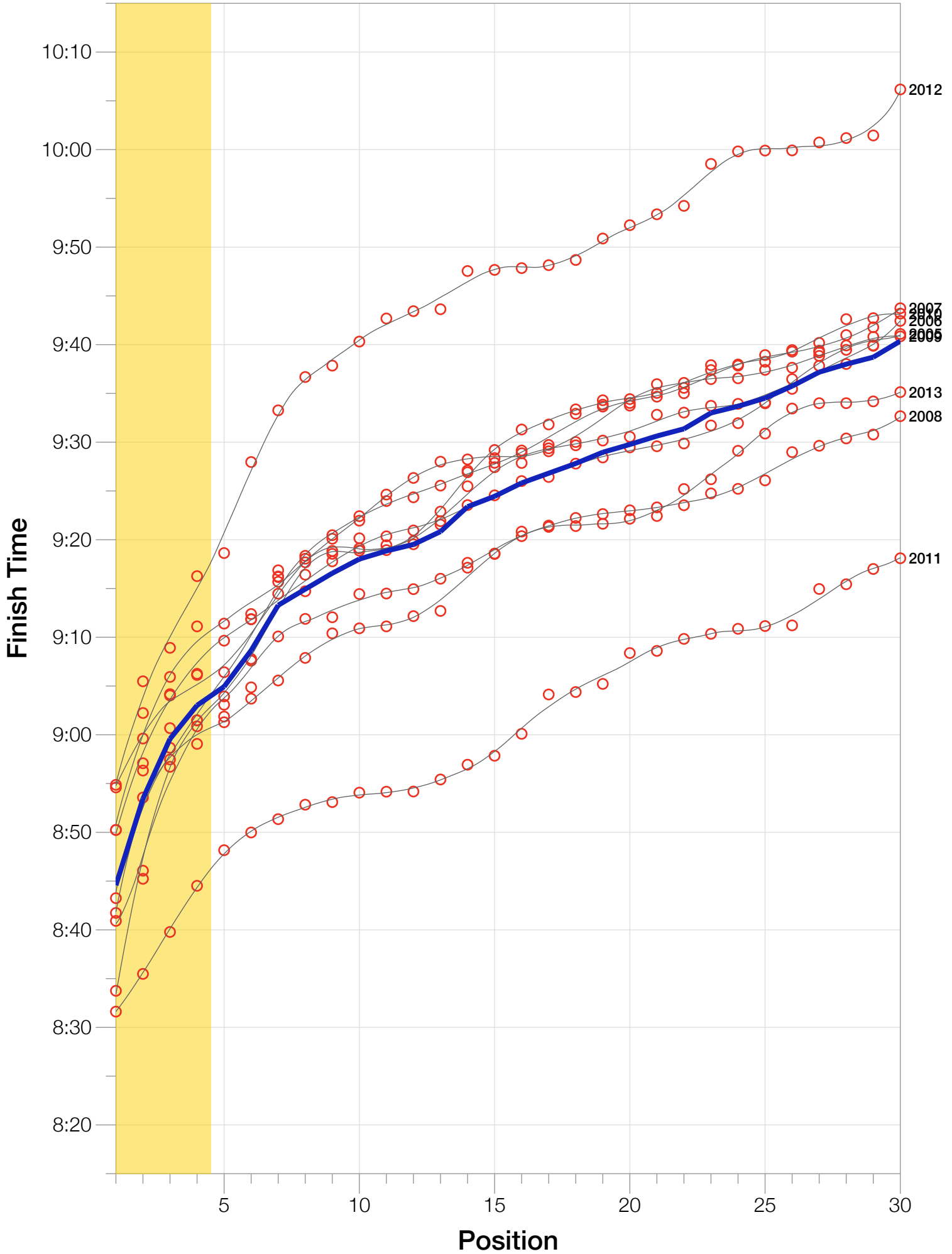


# M30-34 Slowest Splits



# M30-34 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# M30-34 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:01	4:23:51	2:47:13	8:02:56
Average Female Winner	0:53:13	4:57:39	3:06:05	9:01:56
Average 1st Age Grouper	0:55:06	4:44:29	2:59:44	8:44:34
Average 2nd Age Grouper	0:59:11	4:46:04	3:02:28	8:53:27
Average 3rd Age Grouper	0:58:00	4:48:06	3:07:47	8:59:35
Average 4th Age Grouper	1:00:06	4:48:43	3:08:42	9:03:01
Average 5th Age Grouper	0:57:33	4:49:43	3:09:49	9:04:56
Average 6th Age Grouper	0:57:12	4:52:05	3:12:43	9:08:39
Average 7th Age Grouper	0:59:05	4:54:27	3:12:08	9:13:17
Average 8th Age Grouper	0:57:42	4:55:12	3:16:03	9:14:56
Average 9th Age Grouper	0:59:13	4:53:43	3:17:55	9:16:34
Average 10th Age Grouper	1:00:36	4:55:45	3:15:25	9:18:01
<b>Kona Qualifier Average</b>	<b>0:58:05</b>	<b>4:46:52</b>	<b>3:04:40</b>	<b>8:55:09</b>
<b>Top 10 Age Grouper Average</b>	<b>0:58:22</b>	<b>4:50:53</b>	<b>3:10:16</b>	<b>9:05:42</b>

## Austria 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:25	4:30:40	2:40:07	7:59:51
Female Winner	0:51:57	4:58:03	3:04:04	8:59:31
1st Age Grouper	0:55:08	4:42:10	2:57:14	8:40:55
2nd Age Grouper	0:52:55		2:59:55	8:45:14
3rd Age Grouper	0:55:52	4:57:17	2:57:31	8:56:43
4th Age Grouper	1:03:36	4:48:32	3:03:02	9:01:29
5th Age Grouper	0:49:44	4:43:28	3:21:10	9:01:52
6th Age Grouper	1:04:42	4:47:15	3:09:43	9:07:47
7th Age Grouper	0:58:28	4:58:07	3:07:10	9:10:05
8th Age Grouper	0:53:03	4:56:46	3:15:22	9:11:53
9th Age Grouper	0:57:12	4:56:34	3:12:20	9:12:03
10th Age Grouper	1:00:58	4:53:36	3:11:51	9:14:26
<b>Kona Qualifier Average</b>	<b>0:56:52</b>	<b>4:49:19</b>	<b>2:59:25</b>	<b>8:51:05</b>
<b>Top 10 Age Grouper Average</b>	<b>0:57:09</b>	<b>4:51:31</b>	<b>3:07:31</b>	<b>9:02:14</b>

## Austria 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:25:38	2:50:38	8:11:31
Female Winner	0:59:18	4:54:09	3:11:07	9:09:58
1st Age Grouper	1:02:10	4:44:29	3:01:54	8:54:36
2nd Age Grouper	1:01:33	4:55:45	3:00:27	9:05:29
3rd Age Grouper	1:05:46	4:48:01	3:08:35	9:08:55
4th Age Grouper	1:03:03	4:55:23	3:12:39	9:16:16
5th Age Grouper	1:04:15	4:54:25	3:13:15	9:18:38
6th Age Grouper	0:56:49	5:00:57	3:23:31	9:27:58
7th Age Grouper	1:00:01	5:02:39	3:24:55	9:33:16
8th Age Grouper	1:01:36	4:58:48	3:30:06	9:36:41
9th Age Grouper	1:12:54	5:02:13	3:14:13	9:37:51
10th Age Grouper	1:12:02	5:04:59	3:16:27	9:40:19
<b>Kona Qualifier Average</b>	<b>1:03:08</b>	<b>4:50:54</b>	<b>3:05:53</b>	<b>9:06:19</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:00</b>	<b>4:56:45</b>	<b>3:14:36</b>	<b>9:21:59</b>

### Austria 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:49	4:15:37	2:39:24	7:45:58
Female Winner	0:48:07	4:48:10	3:01:29	8:43:34
1st Age Grouper	0:50:25	4:40:26	2:54:22	8:31:37
2nd Age Grouper	0:52:39	4:43:13	2:53:48	8:35:29
3rd Age Grouper	0:57:25	4:44:50	2:50:34	8:39:47
4th Age Grouper	0:52:01	4:28:58	3:17:29	8:44:31
5th Age Grouper	0:50:50	4:45:38	3:05:39	8:48:10
6th Age Grouper	0:55:14	4:50:38	2:58:13	8:49:59
7th Age Grouper	0:55:20	4:55:23	2:54:13	8:51:21
8th Age Grouper	0:59:44	4:41:19	3:03:46	8:52:50
9th Age Grouper	0:58:12	4:52:11	2:57:17	8:53:06
10th Age Grouper	0:55:30	4:51:01	3:00:58	8:54:04
<b>Kona Qualifier Average</b>	<b>0:53:07</b>	<b>4:39:21</b>	<b>2:59:03</b>	<b>8:37:51</b>
<b>Top 10 Age Grouper Average</b>	<b>0:54:44</b>	<b>4:45:21</b>	<b>2:59:37</b>	<b>8:46:05</b>

### Austria 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:49	4:18:30	2:42:03	7:52:05
Female Winner	0:52:06	5:02:02	3:20:14	9:18:50
1st Age Grouper	0:51:58	4:38:01	2:59:53	8:33:45
2nd Age Grouper	0:59:21	4:43:10	2:58:28	8:46:04
3rd Age Grouper	1:02:39	4:52:38	2:56:53	8:58:40
4th Age Grouper	1:01:26	4:54:45	2:59:58	9:01:29
5th Age Grouper	0:58:54	4:57:16	2:56:31	9:03:56
6th Age Grouper	0:59:29	4:56:01	3:01:36	9:04:52
7th Age Grouper	1:06:25	4:50:08	3:11:22	9:16:14
8th Age Grouper	0:57:28	4:58:24	3:14:48	9:16:25
9th Age Grouper	0:58:16	4:57:40	3:17:24	9:18:51
10th Age Grouper	1:00:36	4:56:43	3:14:29	9:18:53
<b>Kona Qualifier Average</b>	<b>0:58:51</b>	<b>4:47:08</b>	<b>2:58:48</b>	<b>8:49:59</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:39</b>	<b>4:52:28</b>	<b>3:05:08</b>	<b>9:03:54</b>

### Austria 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:36	4:20:13	2:50:14	8:01:38
Female Winner	0:54:04	4:49:42	3:00:21	8:50:13
1st Age Grouper	0:54:43	4:48:23	3:02:26	8:50:14
2nd Age Grouper	0:59:41	4:50:25	3:06:27	9:02:14
3rd Age Grouper	0:58:20	4:50:58	3:08:17	9:04:10
4th Age Grouper	1:08:51	4:41:27	3:13:27	9:11:07
5th Age Grouper	0:54:50	4:50:27	3:13:32	9:11:24
6th Age Grouper	0:59:53	4:44:13	3:16:30	9:12:23
7th Age Grouper	1:02:17	4:43:02	3:18:33	9:16:10
8th Age Grouper	1:03:12	4:52:54	3:15:30	9:17:41
9th Age Grouper	0:54:44	4:36:30	3:42:44	9:20:06
10th Age Grouper	0:57:17	4:53:08	3:25:59	9:21:57
<b>Kona Qualifier Average</b>	<b>1:00:23</b>	<b>4:47:48</b>	<b>3:07:39</b>	<b>9:01:56</b>
<b>Top 10 Age Grouper Average</b>	<b>0:59:22</b>	<b>4:47:08</b>	<b>3:16:20</b>	<b>9:10:44</b>



### Austria 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:42	4:28:53	2:45:12	8:06:11
Female Winner	0:57:19	4:50:43	2:54:45	8:47:26
1st Age Grouper	1:01:04	4:40:19	2:56:58	8:43:15
2nd Age Grouper	1:02:01	4:38:03	3:10:10	8:56:20
3rd Age Grouper	0:58:05	4:49:13	3:05:26	8:57:28
4th Age Grouper	0:55:38	4:57:18	3:01:13	8:59:04
5th Age Grouper	1:01:38	4:45:14	3:04:18	9:01:17
6th Age Grouper	0:49:45	4:53:52	3:15:17	9:03:42
7th Age Grouper	0:54:33	4:46:13	3:18:19	9:05:34
8th Age Grouper	0:58:02	4:54:26	3:10:41	9:07:53
9th Age Grouper	0:55:17	4:52:11	3:18:10	9:10:24
10th Age Grouper	0:57:57	4:44:30	3:22:33	9:10:55
<b>Kona Qualifier Average</b>	<b>0:59:12</b>	<b>4:46:13</b>	<b>3:03:26</b>	<b>8:54:01</b>
<b>Top 10 Age Grouper Average</b>	<b>0:57:24</b>	<b>4:48:07</b>	<b>3:10:18</b>	<b>9:01:35</b>

### Austria 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:30	4:21:14	2:53:28	8:06:39
Female Winner	0:50:57	5:06:18	3:07:26	9:08:47
1st Age Grouper	0:51:02	4:47:14	2:58:28	8:41:44
2nd Age Grouper	1:00:51	4:42:30	3:05:34	8:53:34
3rd Age Grouper	0:52:57	4:41:51	3:21:14	9:00:41
4th Age Grouper	0:56:34	4:52:30	3:07:33	9:00:52
5th Age Grouper	1:00:32	4:45:57	3:10:16	9:03:05
6th Age Grouper	0:55:55	4:50:00	3:21:16	9:11:52
7th Age Grouper	1:05:07	5:01:31	3:03:59	9:15:41
8th Age Grouper	0:55:41	5:08:00	3:09:09	9:18:03
9th Age Grouper	0:58:14	4:56:13	3:21:49	9:20:28
10th Age Grouper	1:02:43	4:56:36	3:17:36	9:22:25
<b>Kona Qualifier Average</b>	<b>0:55:21</b>	<b>4:46:01</b>	<b>3:08:12</b>	<b>8:54:12</b>
<b>Top 10 Age Grouper Average</b>	<b>0:57:57</b>	<b>4:52:14</b>	<b>3:11:41</b>	<b>9:06:50</b>

### Austria 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:59	4:27:08	2:49:24	8:07:59
Female Winner	0:53:37	5:01:50	3:12:11	9:12:09
1st Age Grouper	0:56:14	4:48:31	3:04:26	8:54:52
2nd Age Grouper	1:07:53	4:47:34	2:58:47	8:59:37
3rd Age Grouper	0:53:54	4:43:44	3:22:08	9:04:02
4th Age Grouper	1:04:28	4:48:43	3:07:47	9:06:08
5th Age Grouper	1:02:10	4:47:35	3:11:20	9:06:25
6th Age Grouper	0:56:07	4:52:31	3:13:41	9:07:36
7th Age Grouper	0:51:10	5:01:06	3:13:15	9:16:52
8th Age Grouper	0:53:21	4:50:54	3:28:13	9:18:21
9th Age Grouper	1:03:01	5:01:25	3:08:08	9:18:33
10th Age Grouper	0:58:28	5:00:28	3:15:19	9:19:07
<b>Kona Qualifier Average</b>	<b>1:00:37</b>	<b>4:47:08</b>	<b>3:08:17</b>	<b>9:01:09</b>
<b>Top 10 Age Grouper Average</b>	<b>0:58:40</b>	<b>4:52:15</b>	<b>3:12:18</b>	<b>9:09:09</b>

### Austria 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:25	4:26:48	2:54:27	8:14:37
Female Winner	0:51:40	5:07:55	3:03:12	9:07:04
1st Age Grouper	0:53:13	4:50:52	3:01:55	8:50:15
2nd Age Grouper	0:55:47	4:47:53	3:08:43	8:57:05
3rd Age Grouper	0:57:04	4:44:24	3:19:30	9:05:56
4th Age Grouper	0:55:18	4:50:57	3:15:14	9:06:15
5th Age Grouper	0:55:08	4:57:32	3:12:21	9:09:39
6th Age Grouper	0:57:01	4:53:24	3:14:43	9:11:50
7th Age Grouper	0:58:29	4:51:59	3:17:33	9:14:28
8th Age Grouper	0:57:16	4:55:24	3:16:59	9:14:43
9th Age Grouper	0:55:14	4:48:32	3:29:15	9:17:47
10th Age Grouper	0:59:58	5:00:51	3:13:35	9:20:09
<b>Kona Qualifier Average</b>	<b>0:55:20</b>	<b>4:48:31</b>	<b>3:11:20</b>	<b>8:59:52</b>
<b>Top 10 Age Grouper Average</b>	<b>0:56:26</b>	<b>4:52:10</b>	<b>3:14:58</b>	<b>9:08:48</b>