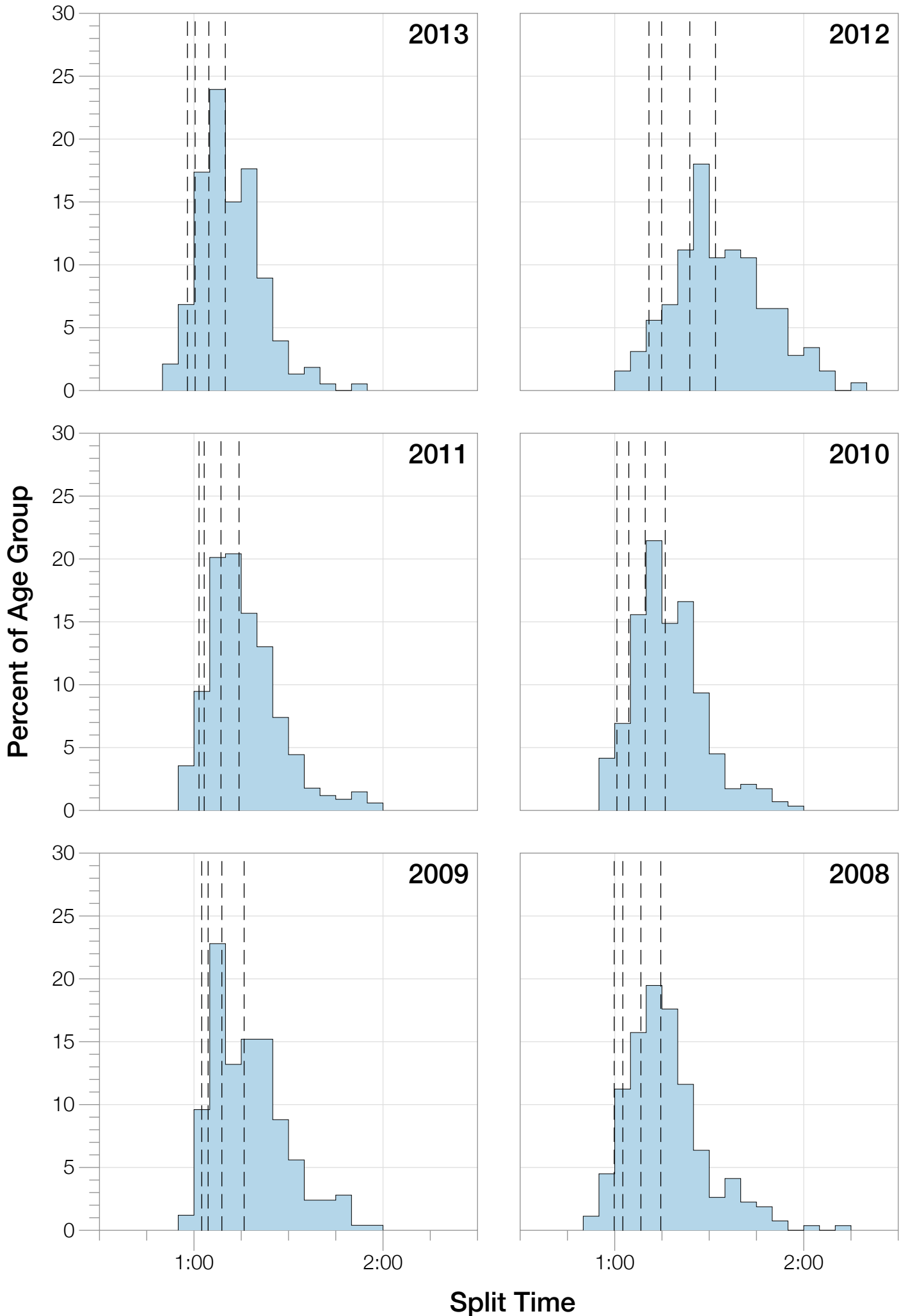


Ironman Austria M45-49 Stats

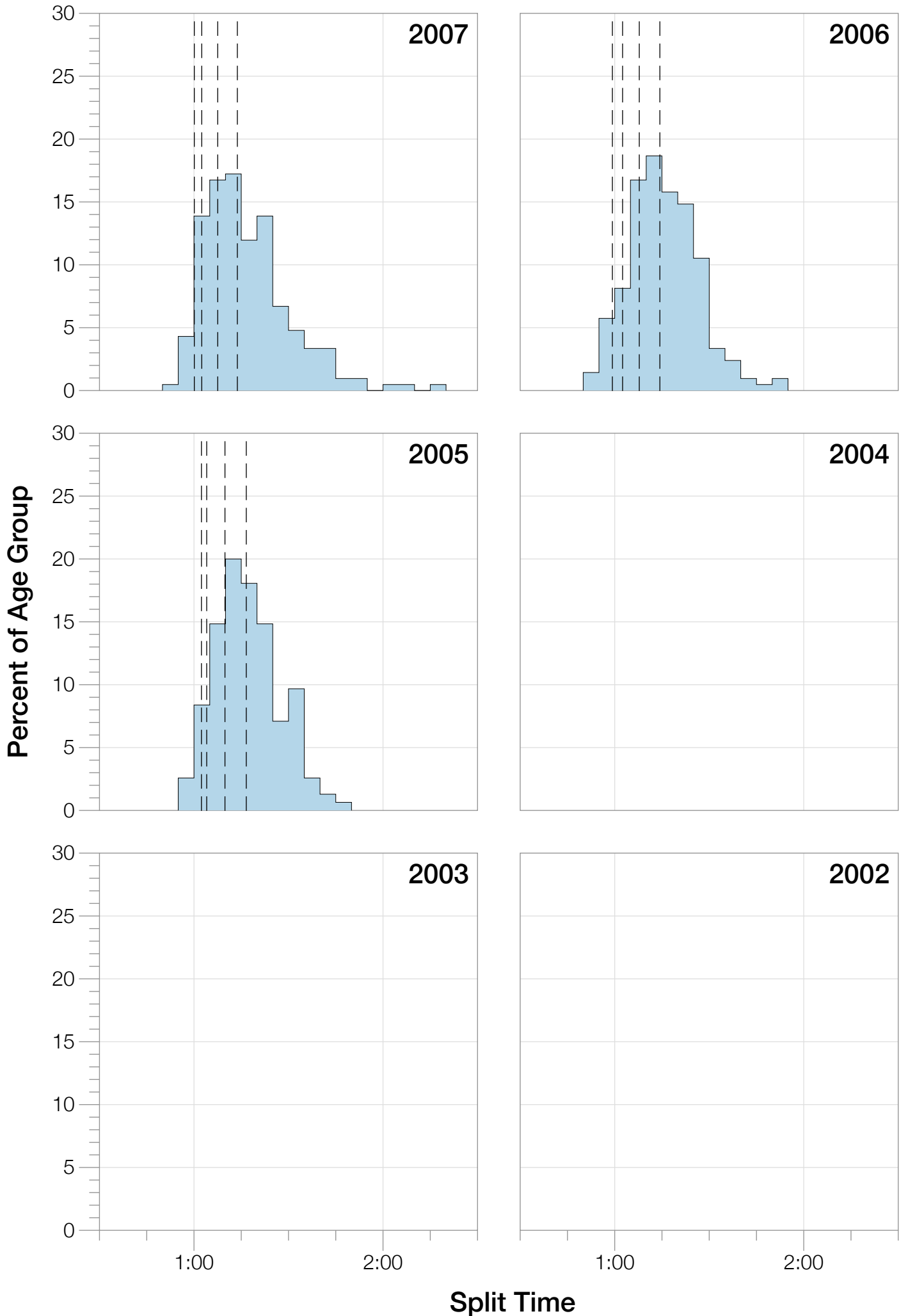
M45-49 Summary Statistics

Year	Finishers	M45-49 Finishers	Male Winner's Time	Female Winner's Time	M45-49 Winner's Time
2005	1794	158	8:14:37	9:07:04	9:33:08
2006	2020	209	8:07:59	9:12:09	9:27:17
2007	2011	209	8:06:39	9:08:47	9:26:40
2008	2323	269	8:06:11	8:47:26	9:15:47
2009	2032	252	8:01:38	8:50:13	9:21:48
2010	2052	290	7:52:05	9:18:50	9:07:53
2011	2346	342	7:45:58	8:43:34	8:59:59
2012	2011	326	8:11:31	9:09:58	9:25:28
2013	2499	380	7:59:51	8:59:31	9:09:47
Average	2121	271	8:02:56	9:01:56	9:18:38

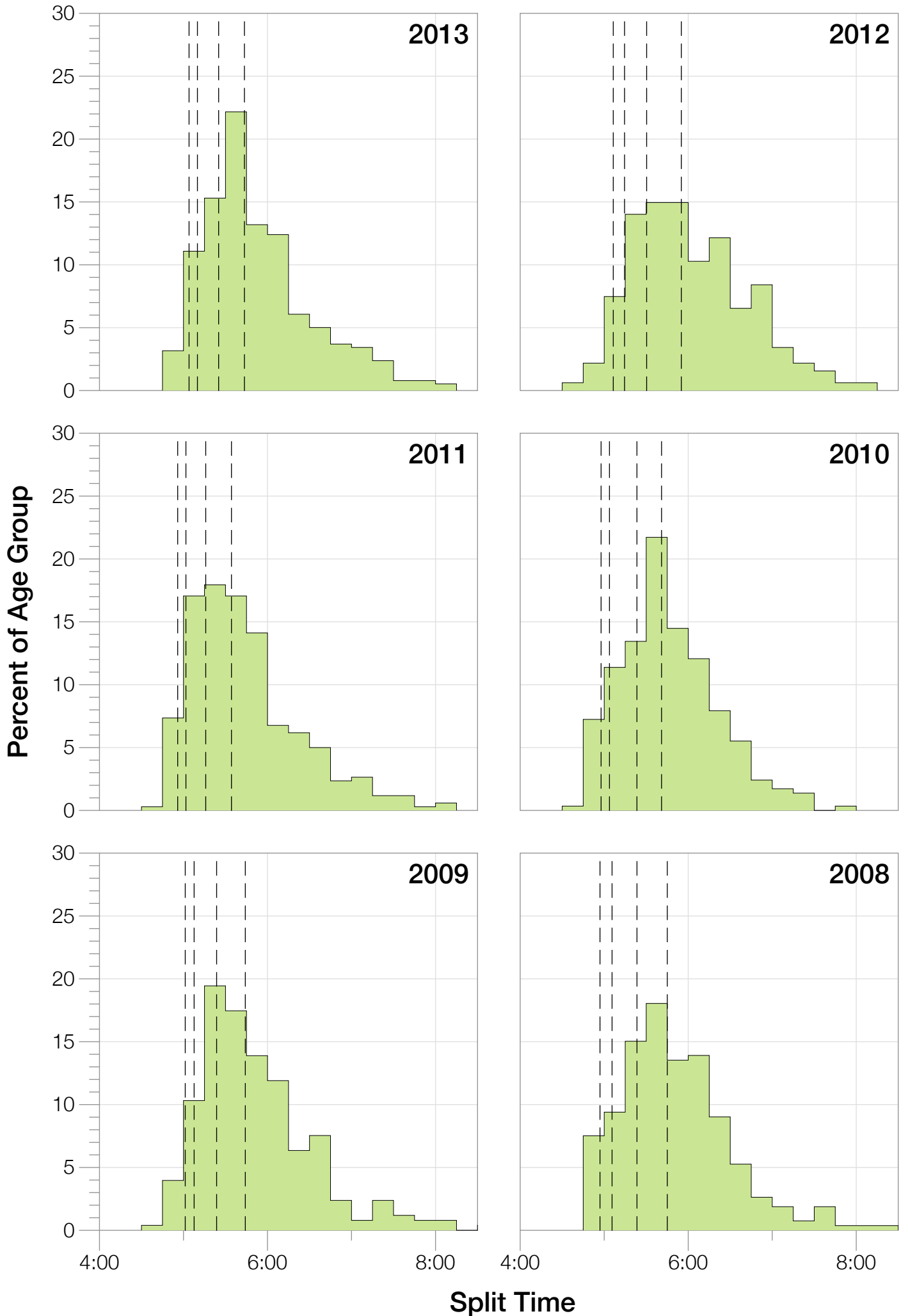
M45-49 Swim



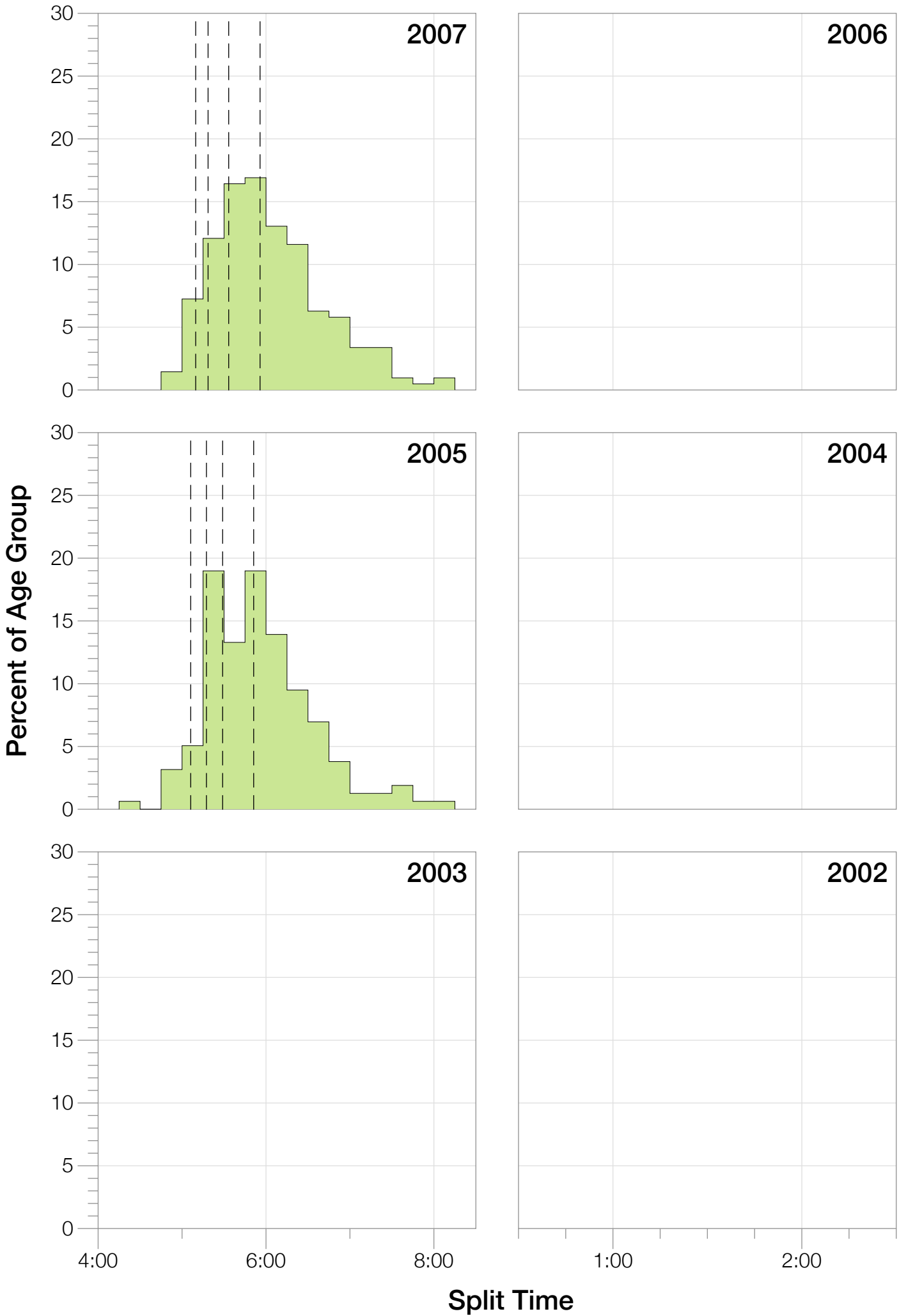
M45-49 Swim



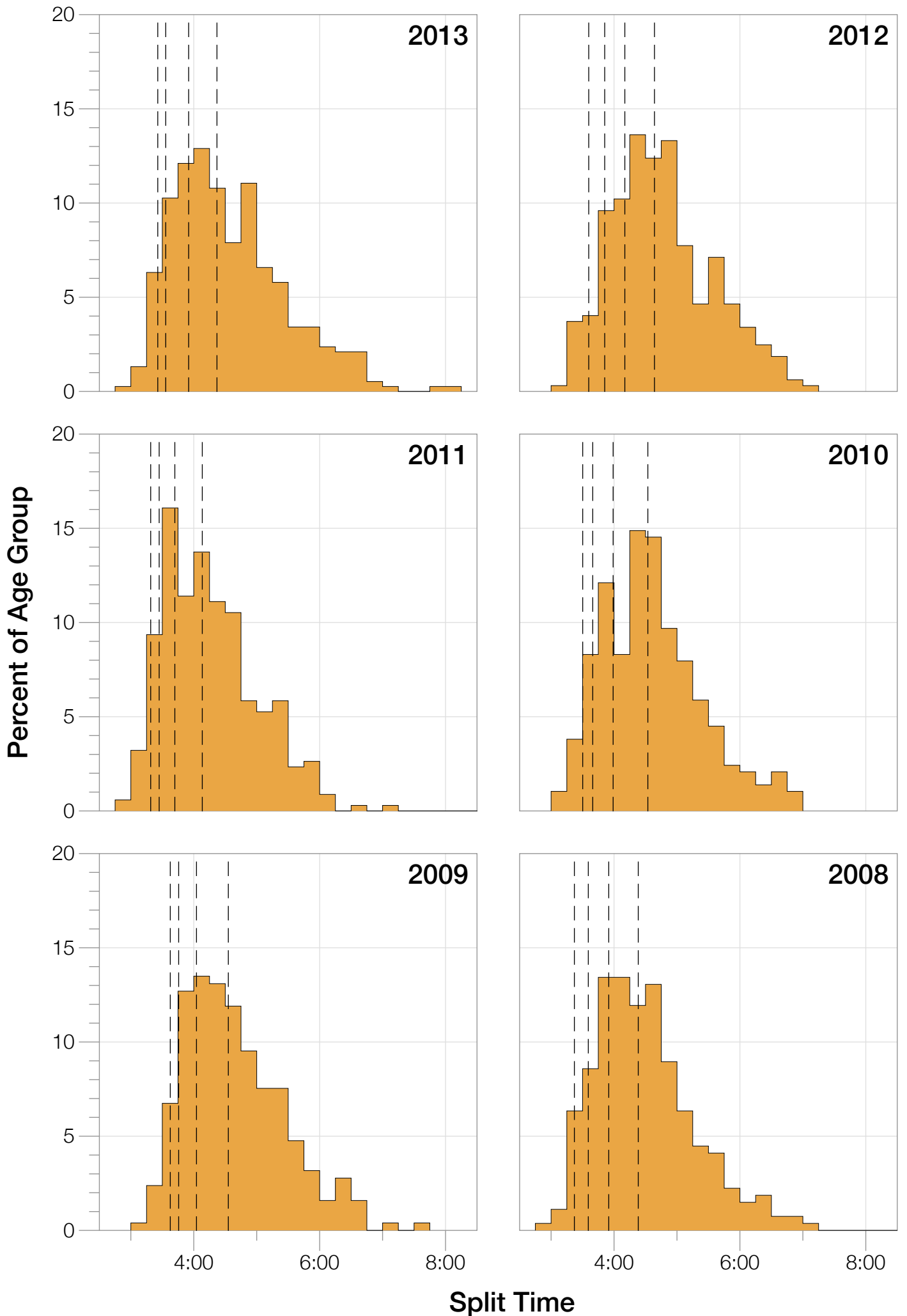
M45-49 Bike



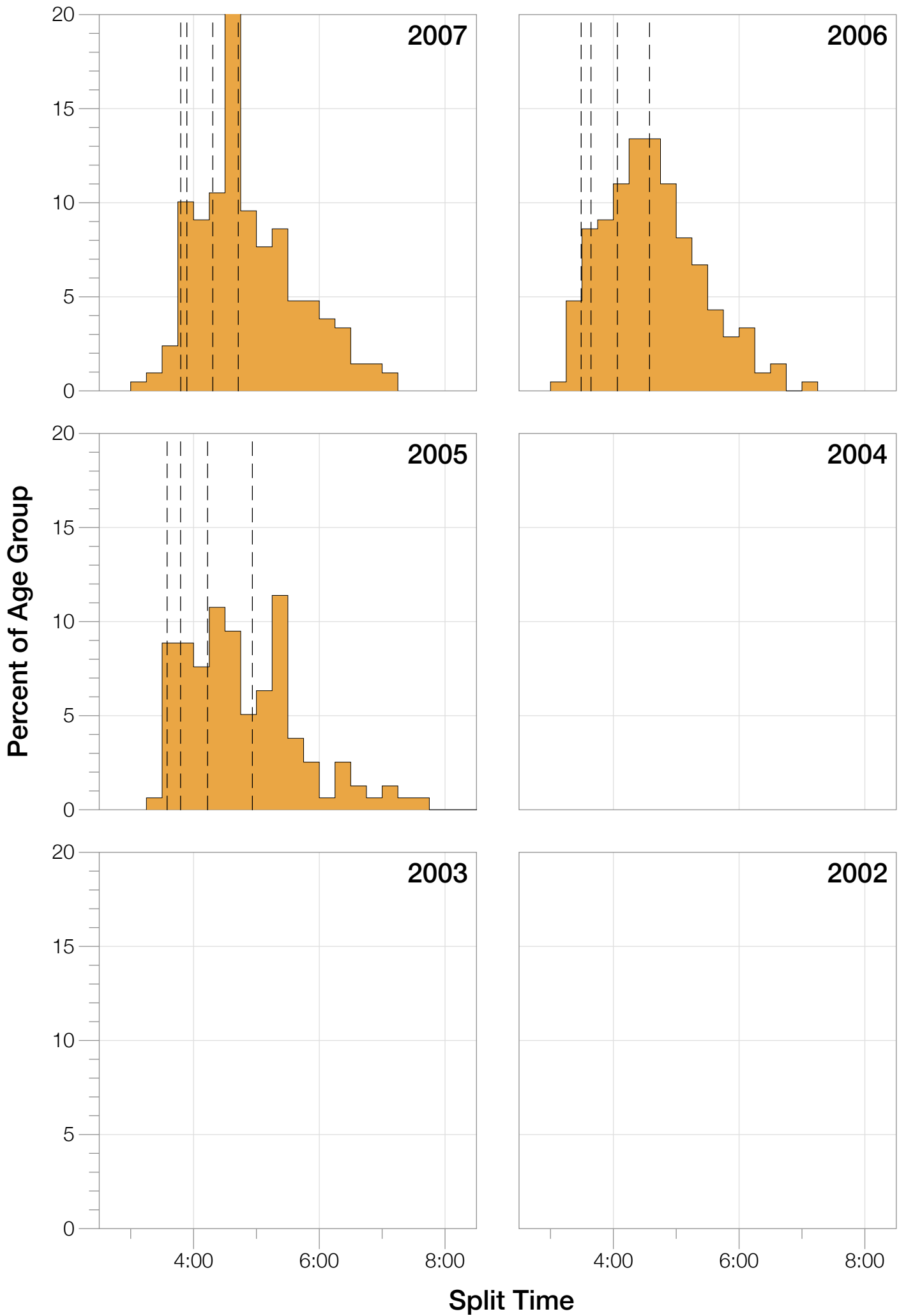
M45-49 Bike



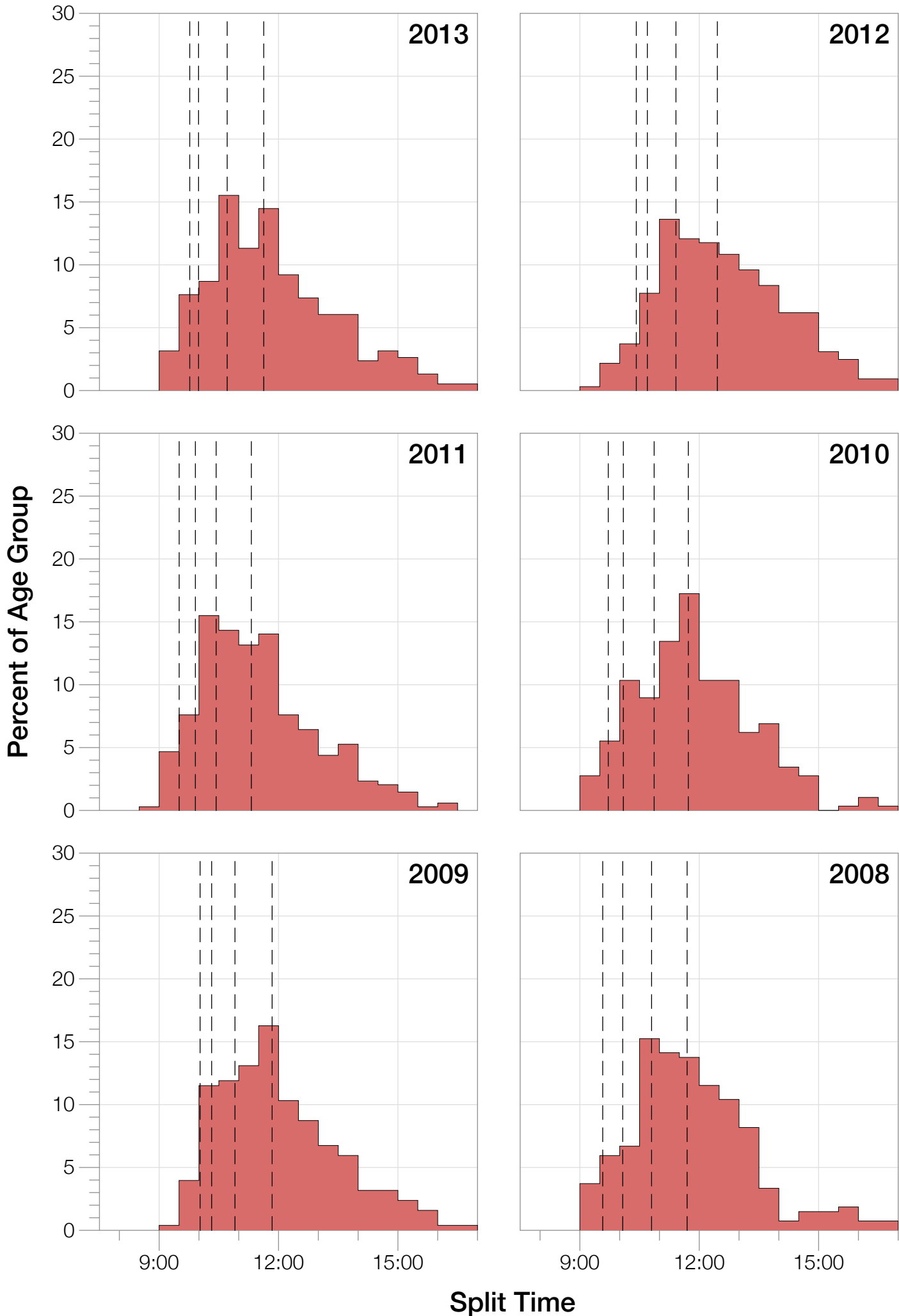
M45-49 Run



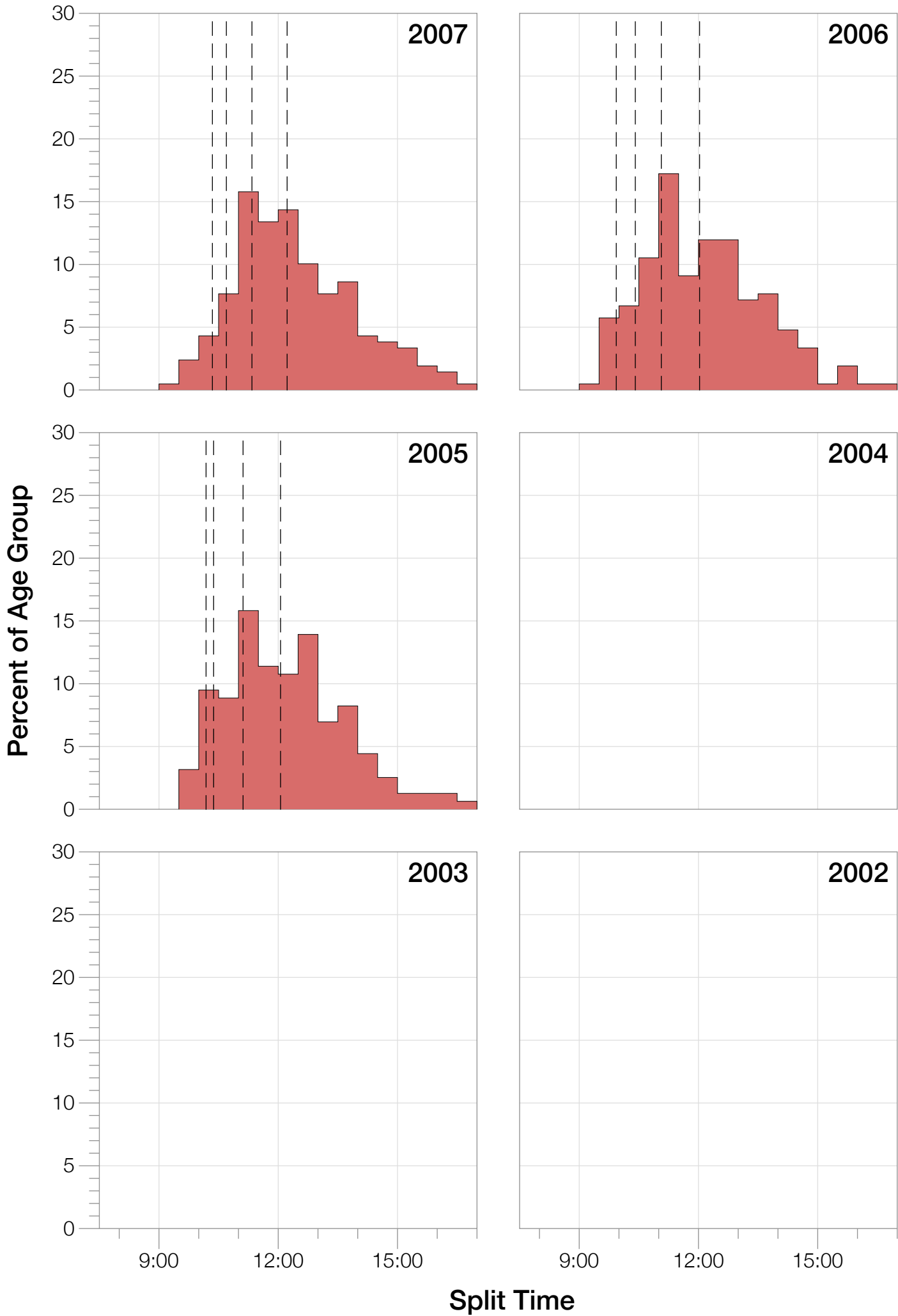
M45-49 Run



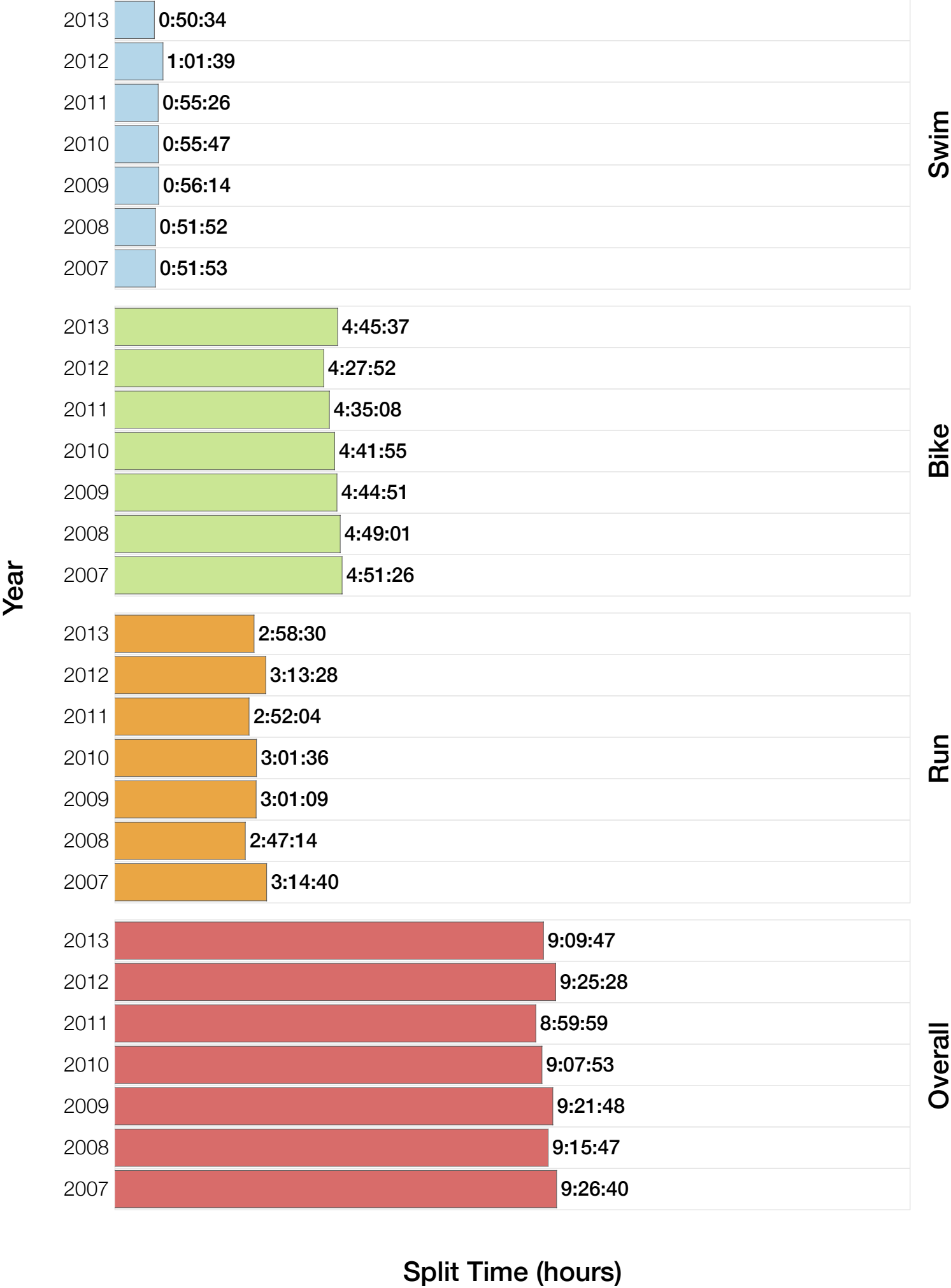
M45-49 Overall



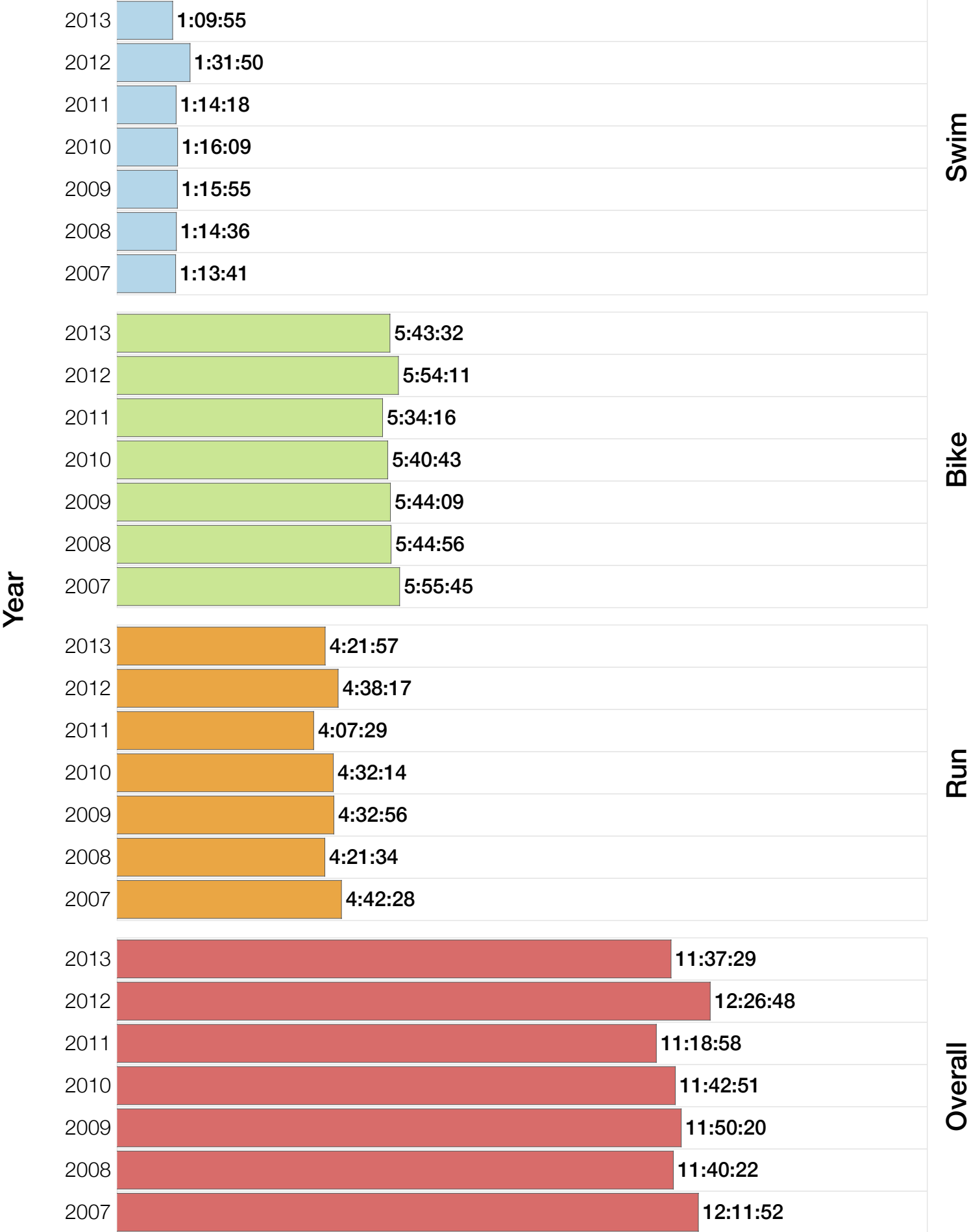
M45-49 Overall



M45-49 Fastest Splits

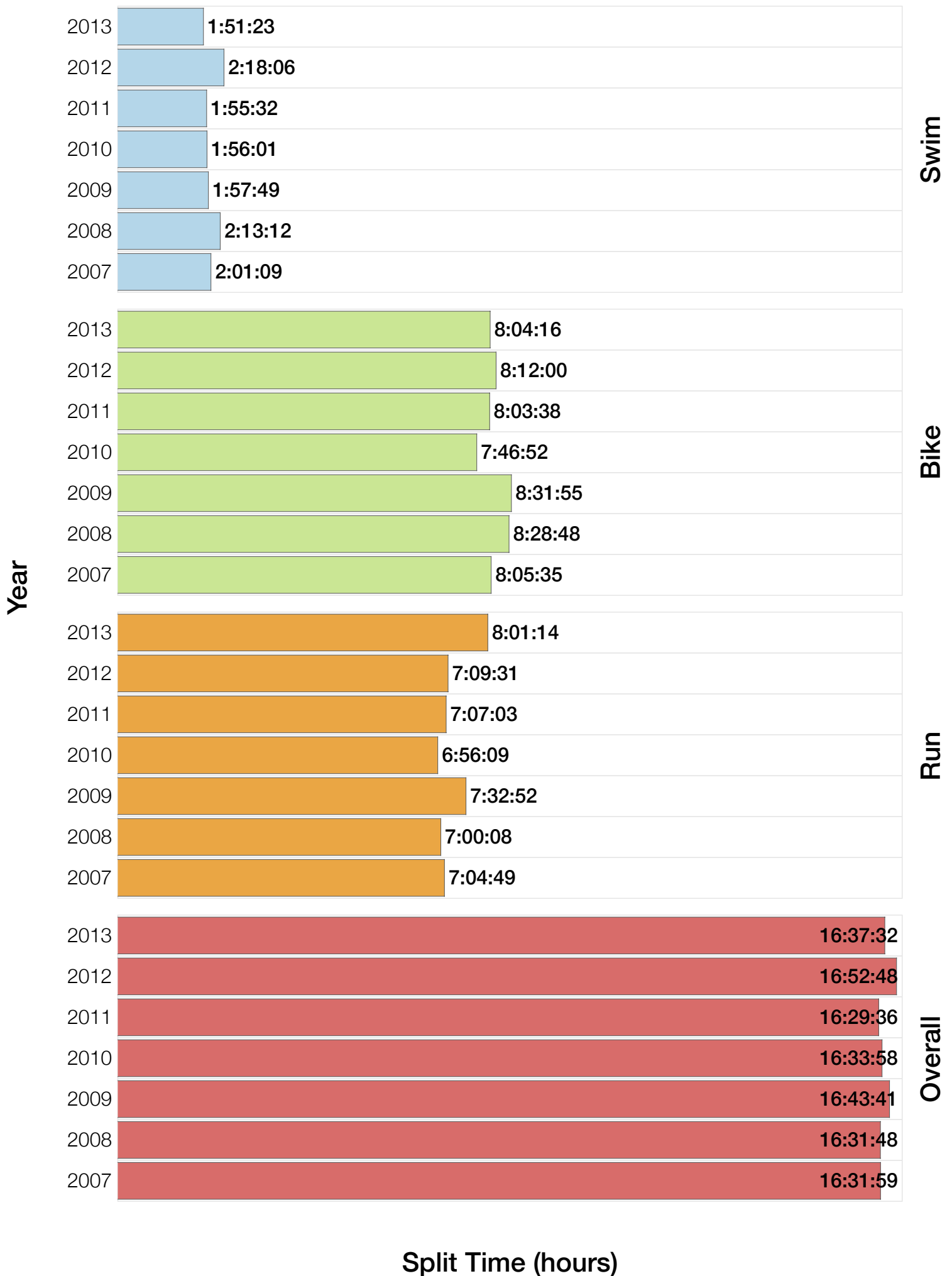


M45-49 Median Splits



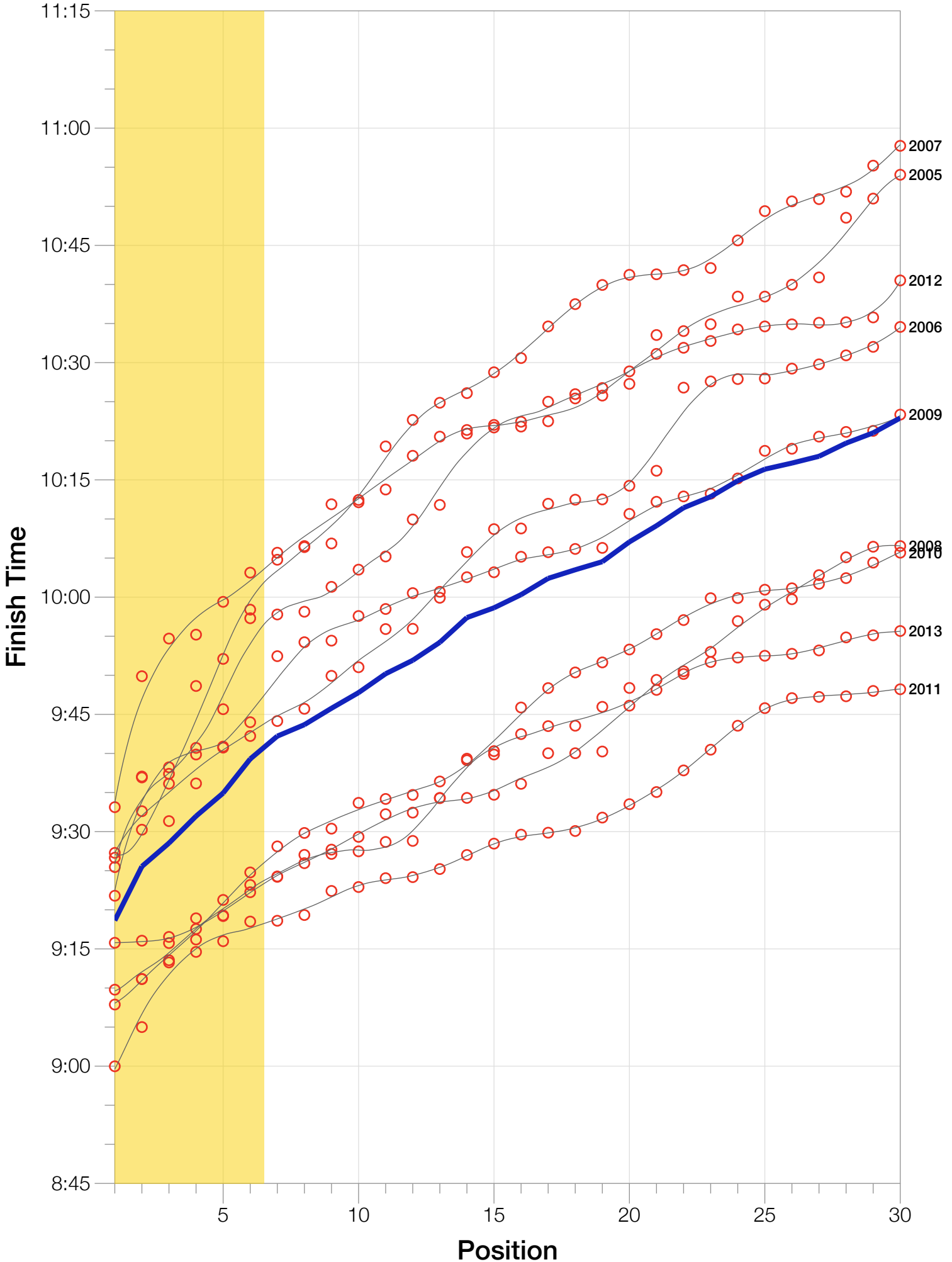
Split Time (hours)

M45-49 Slowest Splits



M45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:01	4:23:51	2:47:13	8:02:56
Average Female Winner	0:53:13	4:57:39	3:06:05	9:01:56
Average 1st Age Grouper	1:01:29	4:54:42	3:15:56	9:18:38
Average 2nd Age Grouper	1:01:12	4:57:12	3:19:59	9:25:33
Average 3rd Age Grouper	1:04:11	4:51:46	3:24:44	9:28:32
Average 4th Age Grouper	1:01:59	4:58:03	3:25:11	9:31:59
Average 5th Age Grouper	1:01:28	4:55:08	3:31:12	9:34:56
Average 6th Age Grouper	1:07:44	5:01:36	3:20:59	9:38:07
Average 7th Age Grouper	1:05:23	5:01:53	3:27:32	9:42:10
Average 8th Age Grouper	1:07:06	5:04:39	3:24:33	9:43:38
Average 9th Age Grouper	1:04:22	5:00:53	3:33:28	9:45:26
Average 10th Age Grouper	1:04:30	5:06:21	3:29:33	9:47:32
Kona Qualifier Average	1:03:00	4:56:24	3:23:00	9:29:38
Top 10 Age Grouper Average	1:03:56	4:59:13	3:25:19	9:35:39

Austria 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:25	4:30:40	2:40:07	7:59:51
Female Winner	0:51:57	4:58:03	3:04:04	8:59:31
1st Age Grouper	0:58:03	5:05:45	2:58:30	9:09:47
2nd Age Grouper	0:50:34	4:55:11	3:19:46	9:11:10
3rd Age Grouper	0:57:01	4:51:33	3:20:15	9:15:45
4th Age Grouper	1:00:21	4:53:12	3:14:45	9:16:12
5th Age Grouper	0:57:09	4:56:55	3:21:24	9:21:16
6th Age Grouper	0:54:29	4:57:57	3:23:14	9:22:15
7th Age Grouper	1:01:04	5:04:01	3:13:15	9:24:13
8th Age Grouper	1:08:02	5:00:43	3:10:19	9:27:02
9th Age Grouper	0:54:26	5:00:46	3:25:59	9:27:09
10th Age Grouper	1:03:27	5:07:39	3:09:29	9:27:29
Kona Qualifier Average	0:56:16	4:56:45	3:16:19	9:16:04
Top 10 Age Grouper Average	0:58:27	4:59:22	3:15:41	9:20:13

Austria 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:57	4:25:38	2:50:38	8:11:31
Female Winner	0:59:18	4:54:09	3:11:07	9:09:58
1st Age Grouper	1:05:17	4:53:33	3:21:11	9:25:28
2nd Age Grouper	1:07:30	4:58:54	3:23:57	9:36:56
3rd Age Grouper	1:26:23	4:44:20	3:17:11	9:37:24
4th Age Grouper	1:05:45	4:52:59	3:35:54	9:39:52
5th Age Grouper	1:11:39	4:41:40	3:42:40	9:45:40
6th Age Grouper	1:56:10	4:27:52	3:13:28	9:46:42
7th Age Grouper	1:21:24	4:58:06	3:30:50	9:57:18
8th Age Grouper	1:24:18	4:58:39	3:26:48	9:57:47
9th Age Grouper	1:16:02	5:13:07	3:22:09	9:58:08
10th Age Grouper	1:26:54	5:12:56	3:13:38	10:01:19
Kona Qualifier Average	1:18:47	4:46:33	3:25:43	9:38:40
Top 10 Age Grouper Average	1:20:08	4:54:12	3:24:46	9:46:39

Austria 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:49	4:15:37	2:39:24	7:45:58
Female Winner	0:48:07	4:48:10	3:01:29	8:43:34
1st Age Grouper	1:07:20	4:45:51	2:59:32	8:59:59
2nd Age Grouper	1:02:41	4:52:23	3:01:12	9:05:00
3rd Age Grouper	1:01:54	4:48:18	3:15:30	9:13:33
4th Age Grouper	0:58:16	4:51:16	3:19:05	9:14:37
5th Age Grouper	0:57:54	4:47:52	3:18:55	9:15:59
6th Age Grouper	1:03:05	4:55:17	3:10:11	9:18:30
7th Age Grouper	1:09:33	5:08:25	2:52:04	9:18:36
8th Age Grouper	1:07:47	4:47:36	3:16:47	9:19:20
9th Age Grouper	0:57:32	4:48:58	3:28:23	9:22:25
10th Age Grouper	1:05:54	5:00:37	3:07:54	9:22:55
Kona Qualifier Average	1:01:51	4:50:09	3:10:44	9:11:16
Top 10 Age Grouper Average	1:03:11	4:52:39	3:10:57	9:15:05

Austria 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:49	4:18:30	2:42:03	7:52:05
Female Winner	0:52:06	5:02:02	3:20:14	9:18:50
1st Age Grouper	0:56:33	4:51:18	3:12:30	9:07:53
2nd Age Grouper	1:00:09	5:01:09	3:01:36	9:11:08
3rd Age Grouper	1:09:45	4:45:22	3:11:57	9:13:16
4th Age Grouper	1:08:10	4:41:55	3:21:38	9:18:55
5th Age Grouper	0:59:59	4:49:36	3:24:06	9:19:17
6th Age Grouper	1:04:45	4:55:02	3:18:19	9:24:47
7th Age Grouper	1:05:36	4:55:41	3:22:05	9:28:07
8th Age Grouper	0:58:27	5:00:05	3:25:20	9:29:50
9th Age Grouper	1:04:05	4:53:30	3:25:58	9:30:23
10th Age Grouper	0:55:47	4:52:38	3:36:16	9:33:41
Kona Qualifier Average	1:03:13	4:50:43	3:15:01	9:15:52
Top 10 Age Grouper Average	1:02:19	4:52:37	3:19:58	9:21:43

Austria 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:36	4:20:13	2:50:14	8:01:38
Female Winner	0:54:04	4:49:42	3:00:21	8:50:13
1st Age Grouper	1:00:41	4:48:43	3:27:18	9:21:48
2nd Age Grouper	1:07:12	5:06:19	3:15:29	9:37:03
3rd Age Grouper	0:59:04	4:44:51	3:46:30	9:38:14
4th Age Grouper	1:03:32	5:01:43	3:28:24	9:40:43
5th Age Grouper	1:08:44	4:45:56	3:38:17	9:40:53
6th Age Grouper	1:10:48	4:58:59	3:25:37	9:42:14
7th Age Grouper	1:04:05	4:59:46	3:42:19	9:52:27
8th Age Grouper	1:06:35	4:59:58	3:41:32	9:54:14
9th Age Grouper	1:02:39	4:53:46	3:51:48	9:54:26
10th Age Grouper	0:56:17	5:08:46	3:45:28	9:57:35
Kona Qualifier Average	1:05:00	4:54:25	3:30:15	9:36:49
Top 10 Age Grouper Average	1:03:57	4:56:52	3:36:16	9:43:57

Austria 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:42	4:28:53	2:45:12	8:06:11
Female Winner	0:57:19	4:50:43	2:54:45	8:47:26
1st Age Grouper	1:02:07	4:50:50	3:16:53	9:15:47
2nd Age Grouper	0:58:13	4:49:01	3:21:14	9:16:03
3rd Age Grouper	0:58:14	4:49:04	3:18:36	9:16:32
4th Age Grouper	0:58:10	5:05:02	3:07:29	9:17:33
5th Age Grouper	0:59:33	5:01:47	3:12:35	9:19:12
6th Age Grouper	0:51:52	5:06:10	3:17:26	9:23:11
7th Age Grouper	1:00:39	4:52:15	3:21:08	9:24:16
8th Age Grouper	0:57:28	4:57:52	3:24:16	9:25:58
9th Age Grouper	0:59:52	4:52:56	3:29:09	9:27:42
10th Age Grouper	1:10:09	4:50:11	3:22:00	9:29:20
Kona Qualifier Average	0:58:01	4:56:59	3:15:42	9:18:03
Top 10 Age Grouper Average	0:59:37	4:55:30	3:19:04	9:21:33

Austria 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:30	4:21:14	2:53:28	8:06:39
Female Winner	0:50:57	5:06:18	3:07:26	9:08:47
1st Age Grouper	0:57:48	5:06:16	3:14:40	9:26:40
2nd Age Grouper	1:01:40	4:54:30	3:28:41	9:30:15
3rd Age Grouper	1:00:47	4:51:36	3:30:58	9:31:21
4th Age Grouper	0:55:04	5:13:32	3:33:00	9:48:38
5th Age Grouper	1:01:30	4:51:26	3:54:04	9:52:06
6th Age Grouper	1:08:04	5:06:23	3:34:08	9:58:24
7th Age Grouper	0:55:10	5:17:47	3:41:37	10:05:41
8th Age Grouper	1:00:05	5:28:25	3:29:33	10:06:32
9th Age Grouper	1:02:34	5:06:23	3:51:44	10:06:52
10th Age Grouper	1:02:21	5:19:21	3:43:28	10:12:08
Kona Qualifier Average	1:00:48	5:00:37	3:32:35	9:41:14
Top 10 Age Grouper Average	1:00:30	5:07:33	3:36:11	9:51:51

Austria 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:59	4:27:08	2:49:24	8:07:59
Female Winner	0:53:37	5:01:50	3:12:11	9:12:09
1st Age Grouper	1:06:09	4:56:07	3:19:29	9:27:17
2nd Age Grouper	1:01:38	4:59:05	3:24:45	9:32:37
3rd Age Grouper	1:05:08	5:02:25	3:19:57	9:36:08
4th Age Grouper	1:05:48	4:55:56	3:26:37	9:36:10
5th Age Grouper	1:00:54	5:04:48	3:27:07	9:40:45
6th Age Grouper	0:59:47	5:21:39	3:15:28	9:44:00
7th Age Grouper	0:57:07	5:04:44	3:35:50	9:44:09
8th Age Grouper	1:10:56	5:11:12	3:13:23	9:45:43
9th Age Grouper	1:03:01	5:04:39	3:34:10	9:49:56
10th Age Grouper	0:57:37	5:10:49	3:36:07	9:51:02
Kona Qualifier Average	1:03:14	5:03:20	3:22:13	9:36:09
Top 10 Age Grouper Average	1:02:48	5:05:08	3:25:17	9:40:46

Austria 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:25	4:26:48	2:54:27	8:14:37
Female Winner	0:51:40	5:07:55	3:03:12	9:07:04
1st Age Grouper	0:59:29	4:53:57	3:33:25	9:33:08
2nd Age Grouper	1:01:16	4:58:22	3:43:19	9:49:53
3rd Age Grouper	0:59:30	5:08:32	3:41:45	9:54:42
4th Age Grouper	1:02:46	5:06:57	3:39:53	9:55:12
5th Age Grouper	0:55:53	5:16:12	3:41:41	9:59:24
6th Age Grouper	1:00:36	5:25:11	3:31:00	10:03:08
7th Age Grouper	1:13:49	4:56:16	3:48:40	10:04:47
8th Age Grouper	1:10:20	5:17:21	3:33:07	10:06:24
9th Age Grouper	1:19:07	5:13:58	3:32:00	10:11:53
10th Age Grouper	1:02:06	5:14:14	3:51:40	10:12:26
Kona Qualifier Average	0:59:55	5:08:11	3:38:30	9:52:34
Top 10 Age Grouper Average	1:04:29	5:09:06	3:39:39	9:59:05