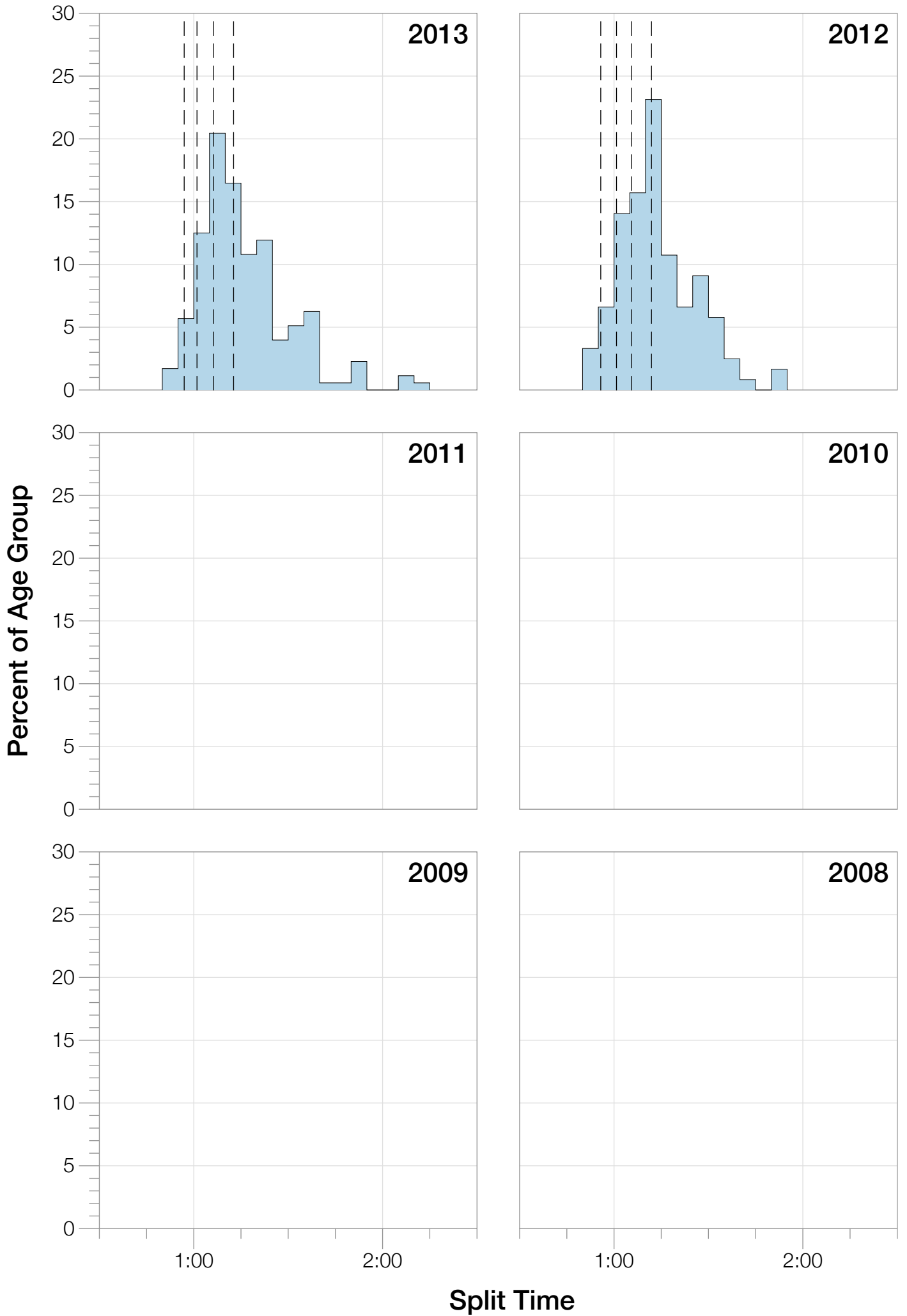


# Ironman Cairns M40-44 Stats

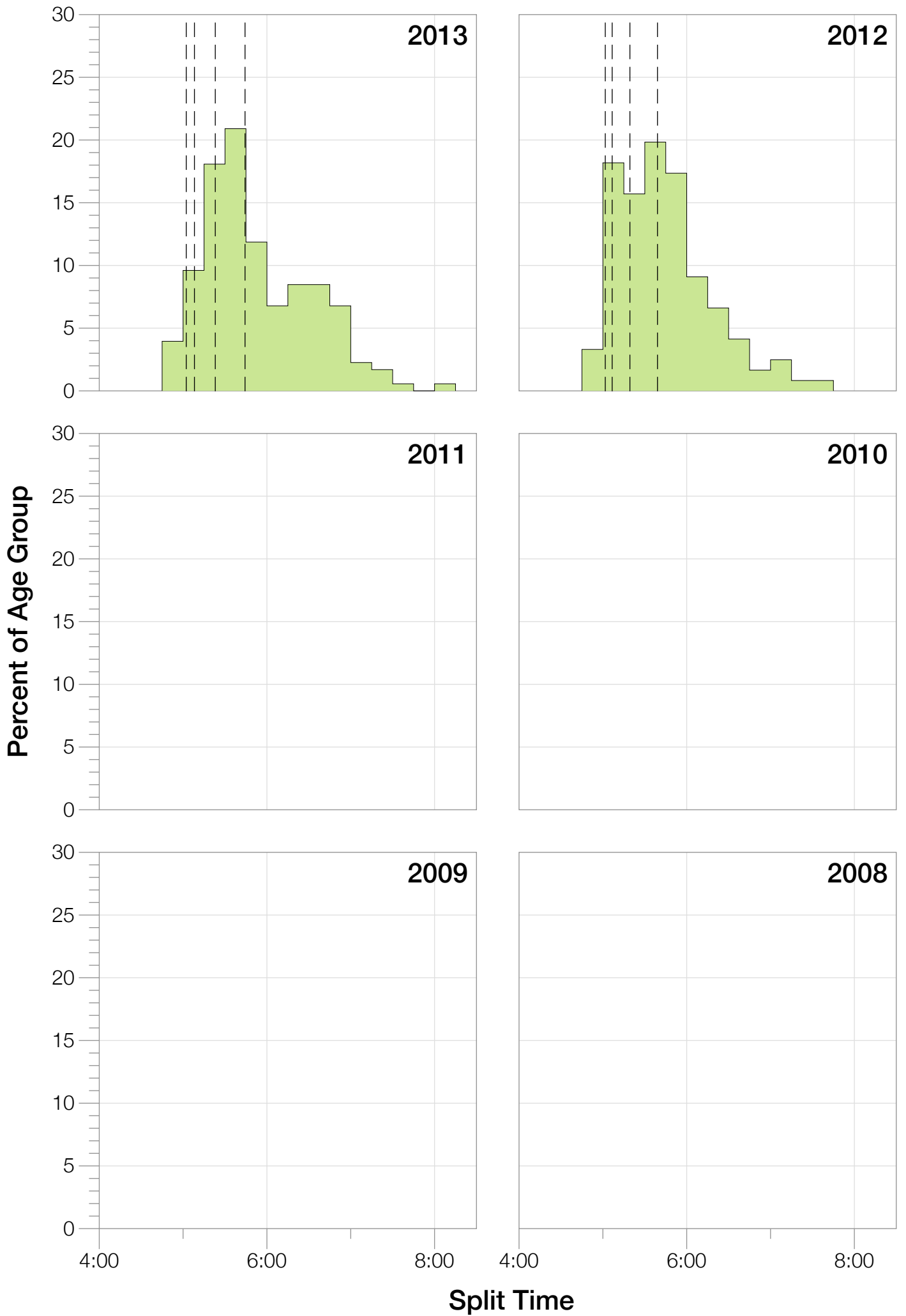
## M40-44 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>M40-44 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>M40-44 Winner's Time</b>
2012	753	142	8:15:04	9:21:00	9:32:35
2013	1141	212	8:17:43	9:19:51	9:16:13
<b>Average</b>	<b>947</b>	<b>177</b>	<b>8:16:23</b>	<b>9:20:25</b>	<b>9:24:24</b>

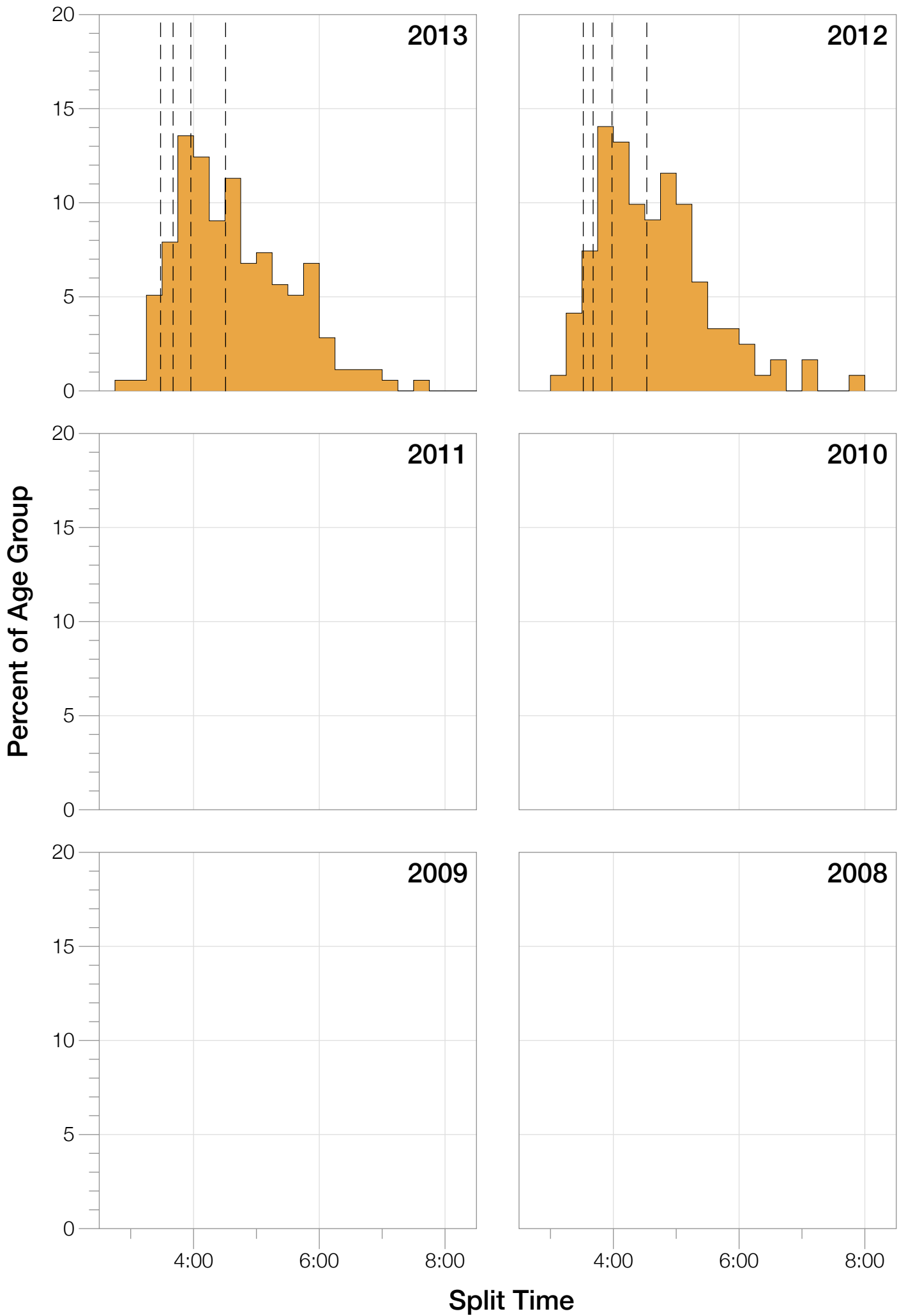
# M40-44 Swim



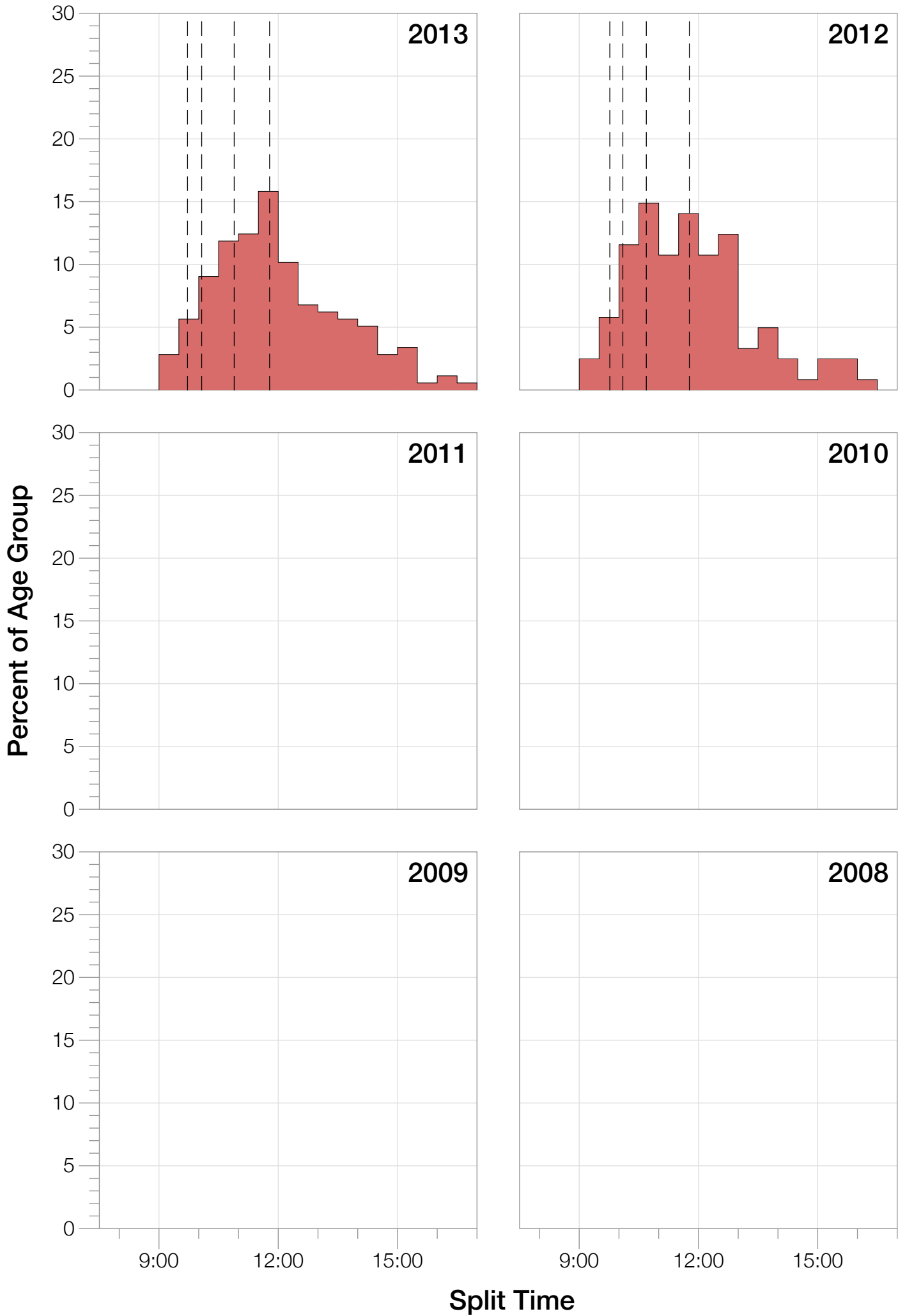
# M40-44 Bike



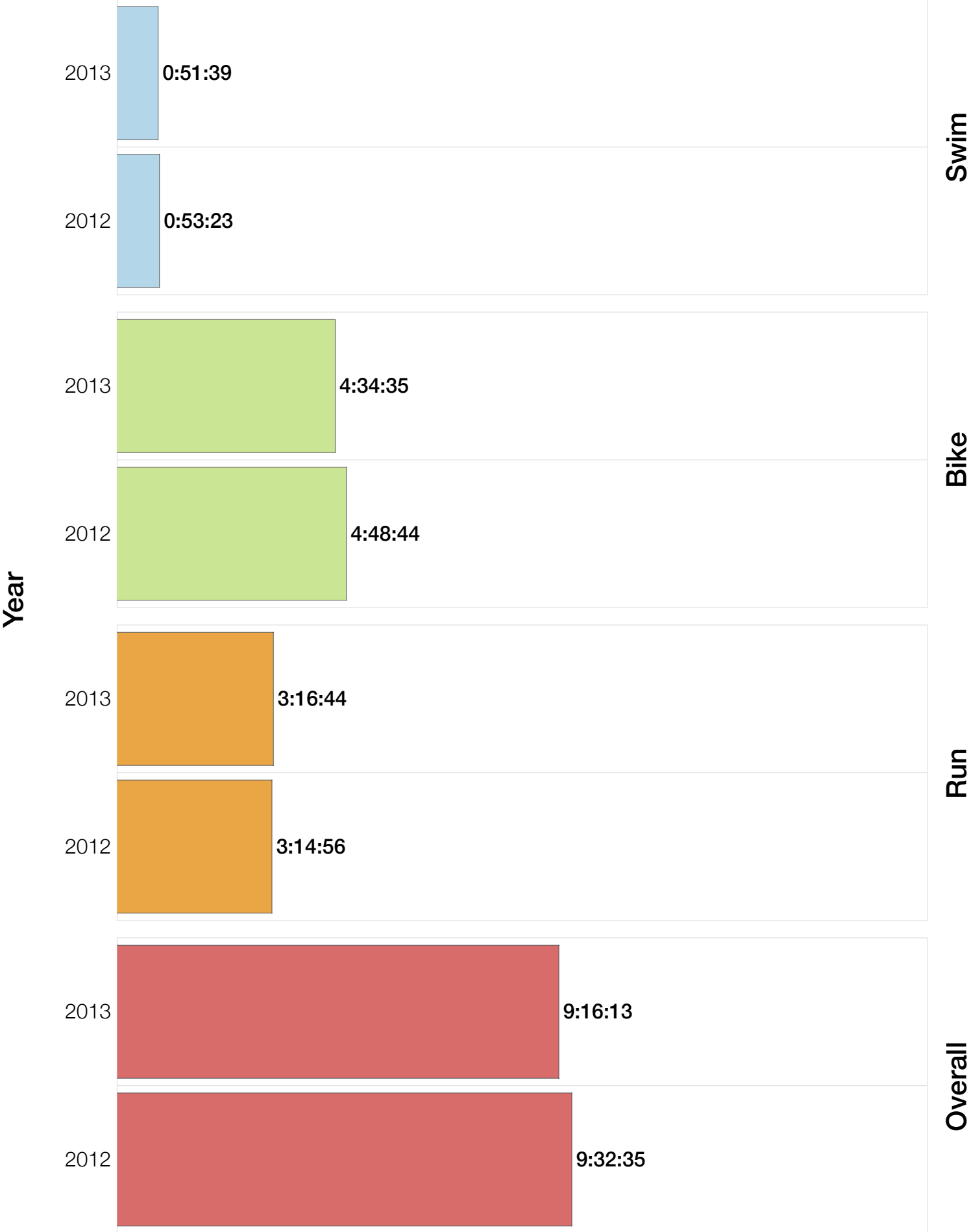
# M40-44 Run



# M40-44 Overall

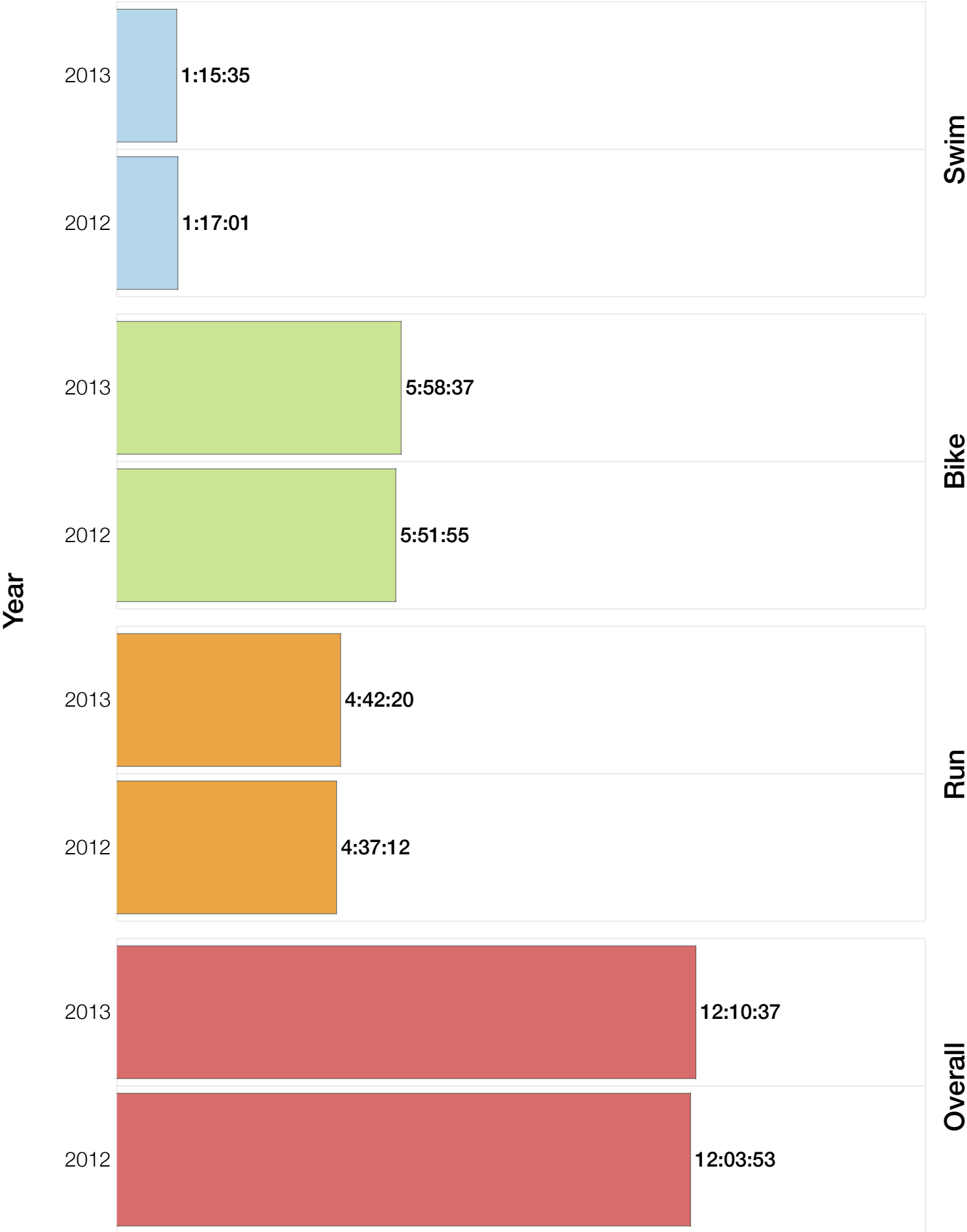


# M40-44 Fastest Splits



Split Time (hours)

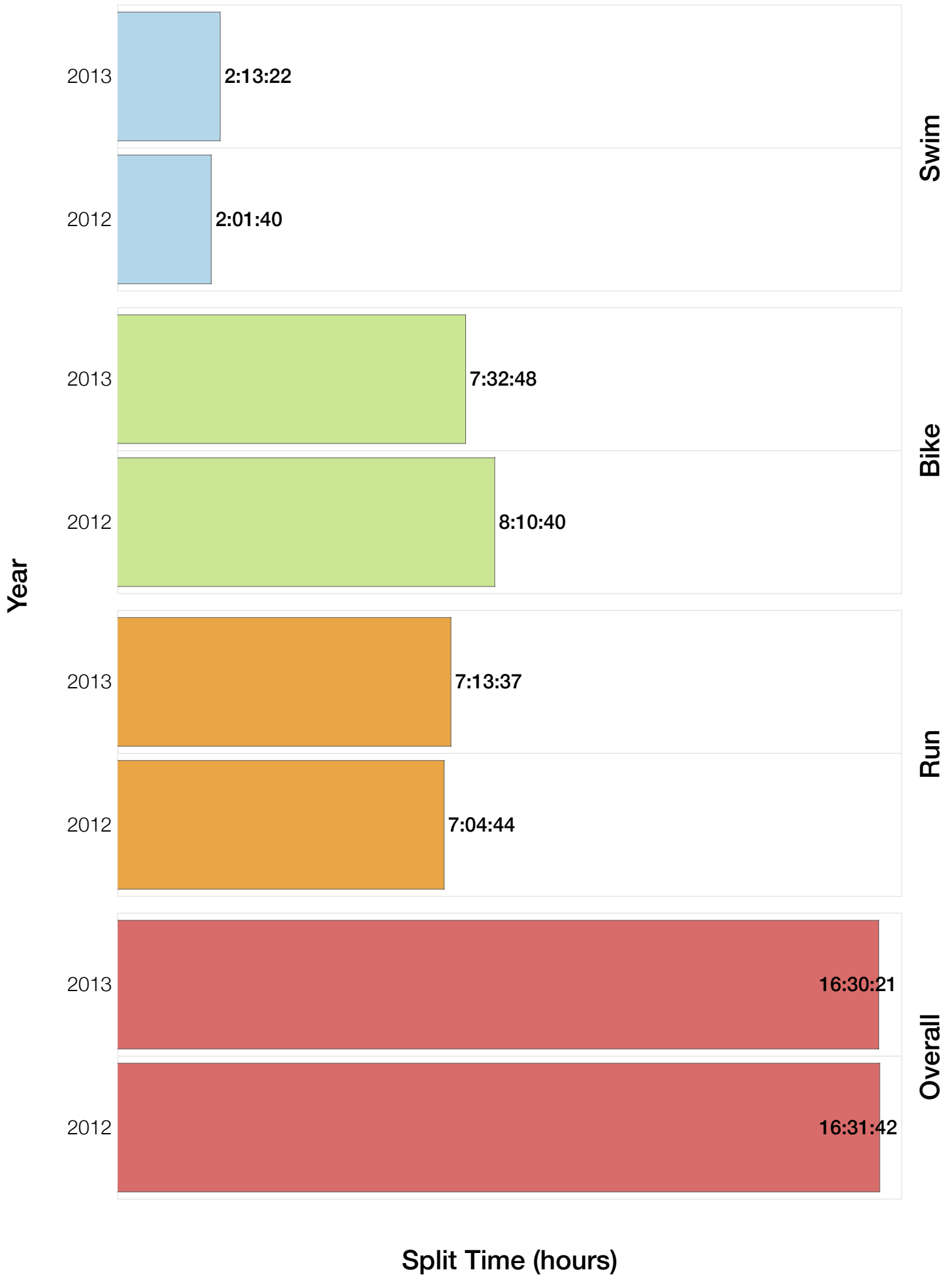
# M40-44 Median Splits



Split Time (hours)



# M40-44 Slowest Splits



# M40-44 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:51	4:27:48	2:54:59	8:16:23
Average Female Winner	0:55:22	5:07:51	3:11:45	9:20:25
Average 1st Age Grouper	1:00:35	4:48:15	3:29:24	9:24:24
Average 2nd Age Grouper	0:58:52	4:56:46	3:28:06	9:34:55
Average 3rd Age Grouper	1:06:58	5:05:29	3:20:59	9:40:45
Average 4th Age Grouper	1:03:47	5:10:15	3:23:54	9:46:00
Average 5th Age Grouper	1:11:41	4:56:38	3:30:58	9:47:20
Average 6th Age Grouper	1:04:08	5:01:43	3:36:28	9:49:35
Average 7th Age Grouper	0:55:10	5:06:12	3:45:57	9:53:38
Average 8th Age Grouper	0:58:39	5:19:21	3:29:49	9:57:06
Average 9th Age Grouper	1:03:21	5:20:44	3:35:08	10:08:37
Average 10th Age Grouper	1:11:14	5:12:32	3:36:15	10:10:25
<b>Kona Qualifier Average</b>	<b>1:02:33</b>	<b>5:00:11</b>	<b>3:25:36</b>	<b>9:36:31</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:26</b>	<b>5:05:47</b>	<b>3:31:42</b>	<b>9:49:16</b>

## Cairns 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:47	4:21:52	3:01:32	8:17:43
Female Winner	0:54:13	5:10:23	3:09:38	9:19:51
1st Age Grouper	0:51:39	4:34:35	3:43:52	9:16:13
2nd Age Grouper	1:02:37	4:45:53	3:29:00	9:29:18
3rd Age Grouper	1:11:42	5:04:26	3:16:44	9:40:54
4th Age Grouper	1:03:38	5:18:35	3:17:03	9:47:36
5th Age Grouper	1:12:26	4:53:28	3:34:58	9:49:36
6th Age Grouper	0:59:18	5:00:36	3:45:46	9:52:13
7th Age Grouper	0:55:12	5:08:58	3:48:00	9:59:02
8th Age Grouper	0:59:29	5:30:20	3:27:02	10:04:50
9th Age Grouper	0:59:03	5:25:58	3:30:29	10:05:05
10th Age Grouper	1:17:11	5:02:46	3:35:21	10:06:11
<b>Kona Qualifier Average</b>	<b>1:02:24</b>	<b>4:55:52</b>	<b>3:26:39</b>	<b>9:33:30</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:13</b>	<b>5:04:33</b>	<b>3:32:49</b>	<b>9:49:05</b>

## Cairns 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	4:33:45	2:48:26	8:15:04
Female Winner	0:56:31	5:05:20	3:13:52	9:21:00
1st Age Grouper	1:09:32	5:01:56	3:14:56	9:32:35
2nd Age Grouper	0:55:08	5:07:39	3:27:13	9:40:33
3rd Age Grouper	1:02:14	5:06:32	3:25:15	9:40:36
4th Age Grouper	1:03:56	5:01:56	3:30:46	9:44:24
5th Age Grouper	1:10:57	4:59:48	3:26:58	9:45:05
6th Age Grouper	1:08:58	5:02:50	3:27:10	9:46:57
7th Age Grouper	0:55:09	5:03:27	3:43:54	9:48:15
8th Age Grouper	0:57:49	5:08:22	3:32:37	9:49:22
9th Age Grouper	1:07:39	5:15:31	3:39:47	10:12:09
10th Age Grouper	1:05:18	5:22:18	3:37:09	10:14:40
<b>Kona Qualifier Average</b>	<b>1:02:42</b>	<b>5:04:30</b>	<b>3:24:32</b>	<b>9:39:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:40</b>	<b>5:07:01</b>	<b>3:30:34</b>	<b>9:49:27</b>

# M40-44 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time

