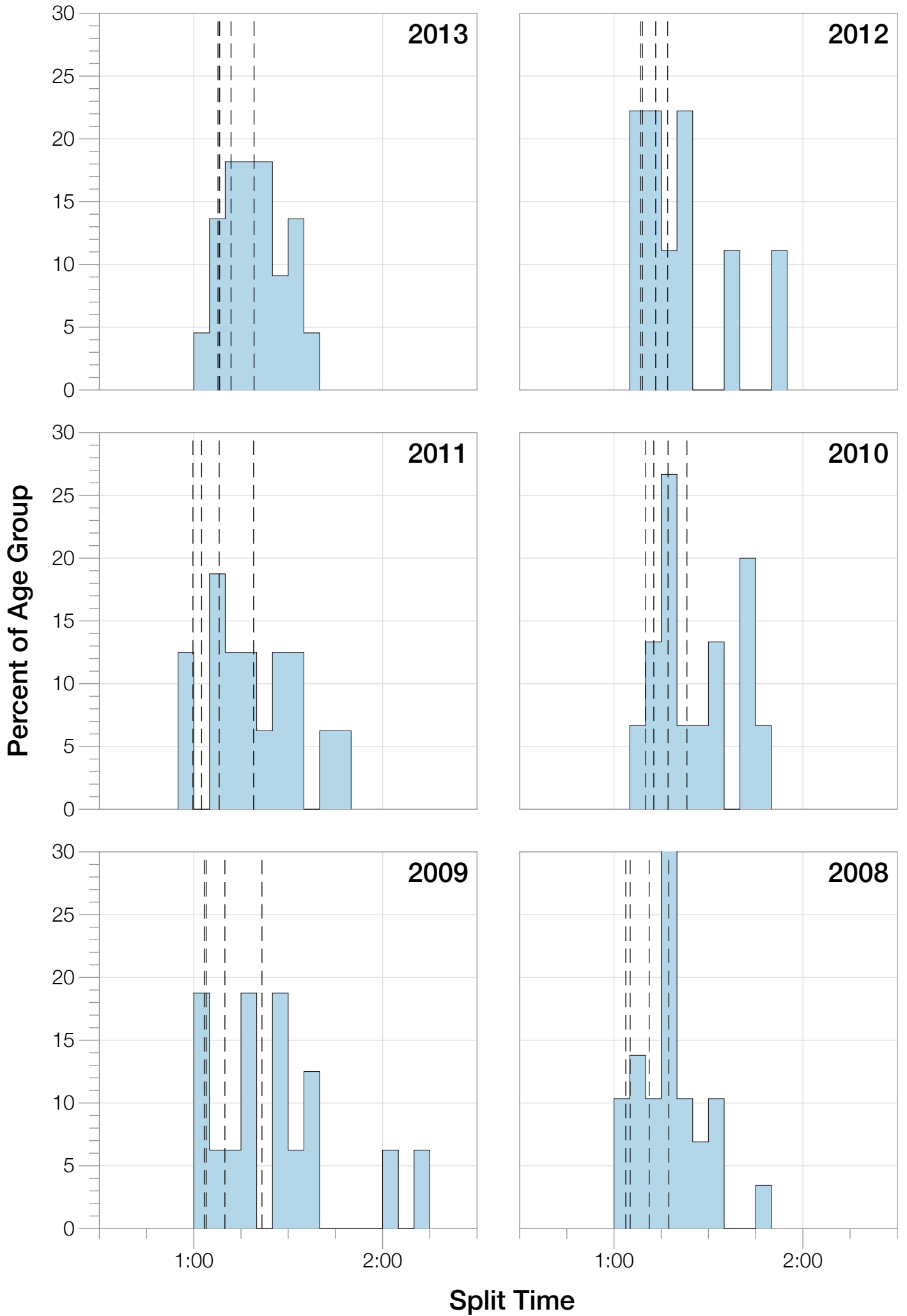


Ironman Coeur d'Alene F18-24 Stats

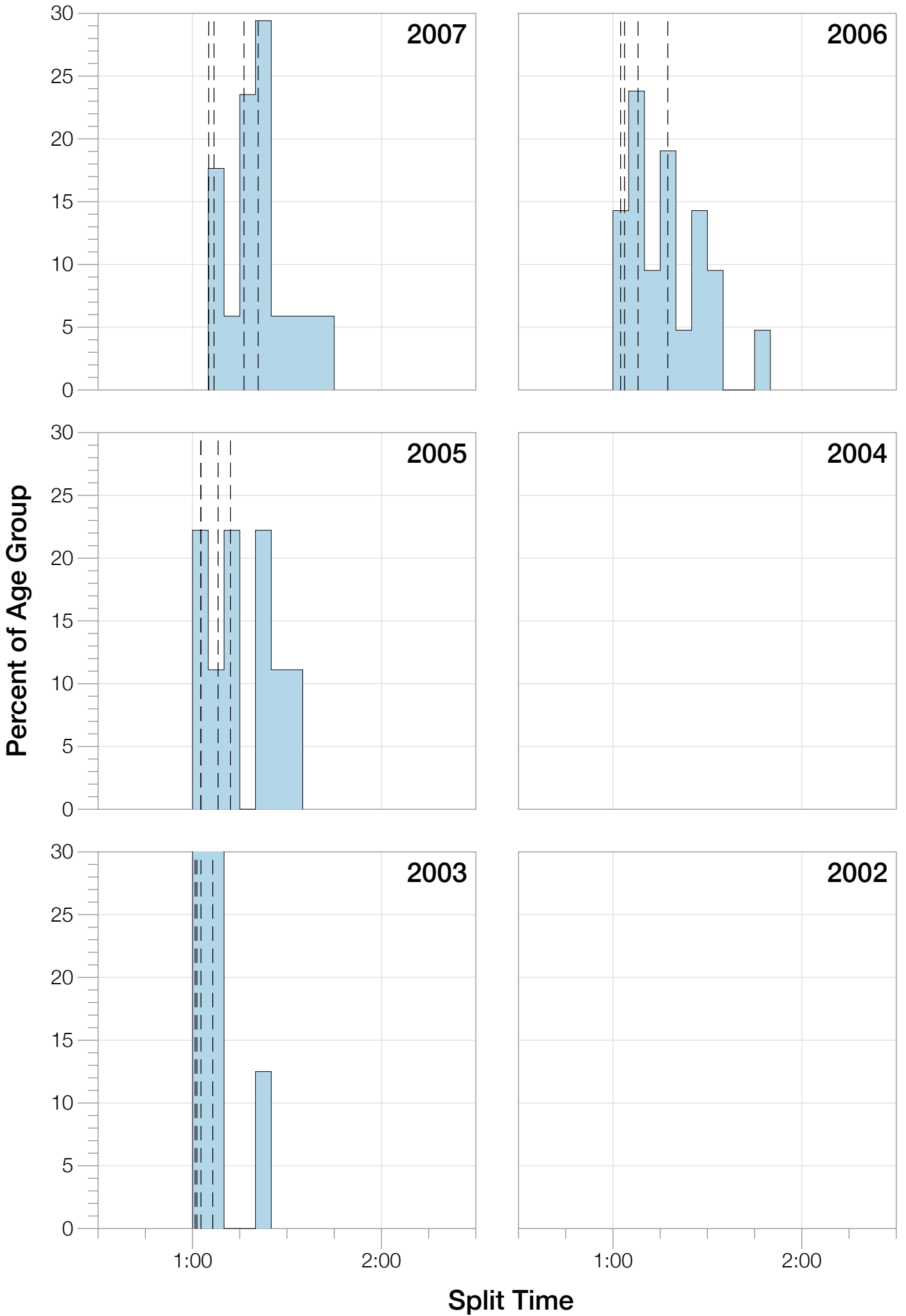
F18-24 Summary Statistics

Year	Finishers	F18-24 Finishers	Male Winner's Time	Female Winner's Time	F18-24 Winner's Time
2003	1341	8	8:40:59	9:42:08	11:09:14
2005	1654	10	8:23:29	9:59:08	11:32:12
2006	1940	21	9:07:05	9:31:07	11:22:51
2007	2085	17	8:33:32	10:27:55	10:59:16
2008	1942	29	8:34:22	9:38:58	11:14:35
2009	2031	16	8:32:12	9:23:21	10:27:26
2010	2096	15	8:24:40	9:17:54	11:38:38
2011	2185	16	8:19:48	9:16:40	10:57:13
2012	2145	9	8:32:29	9:21:44	11:19:21
2013	2121	22	8:17:31	9:16:02	11:44:23
Average	1954	16	8:32:36	9:35:29	10:13:11

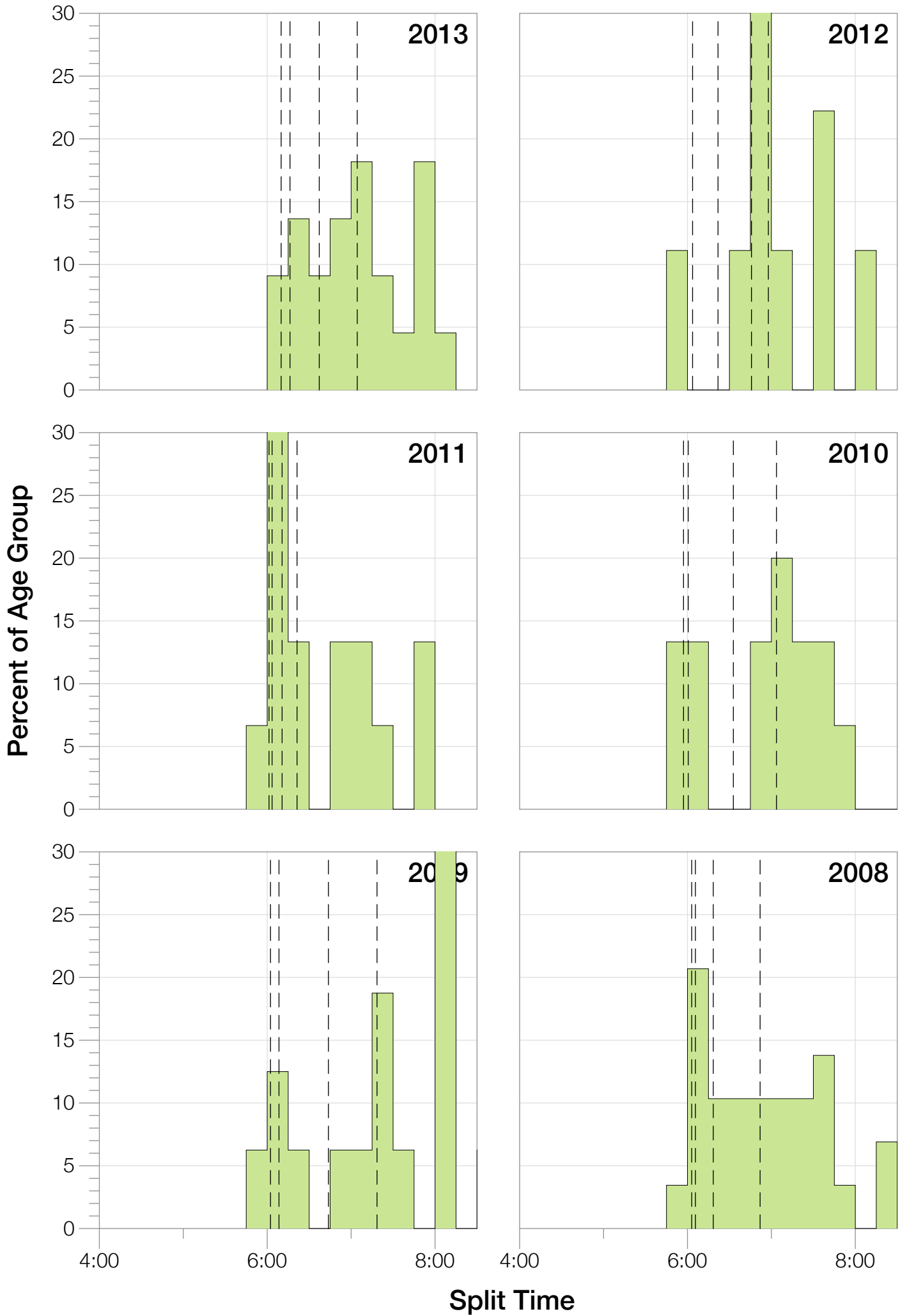
F18-24 Swim



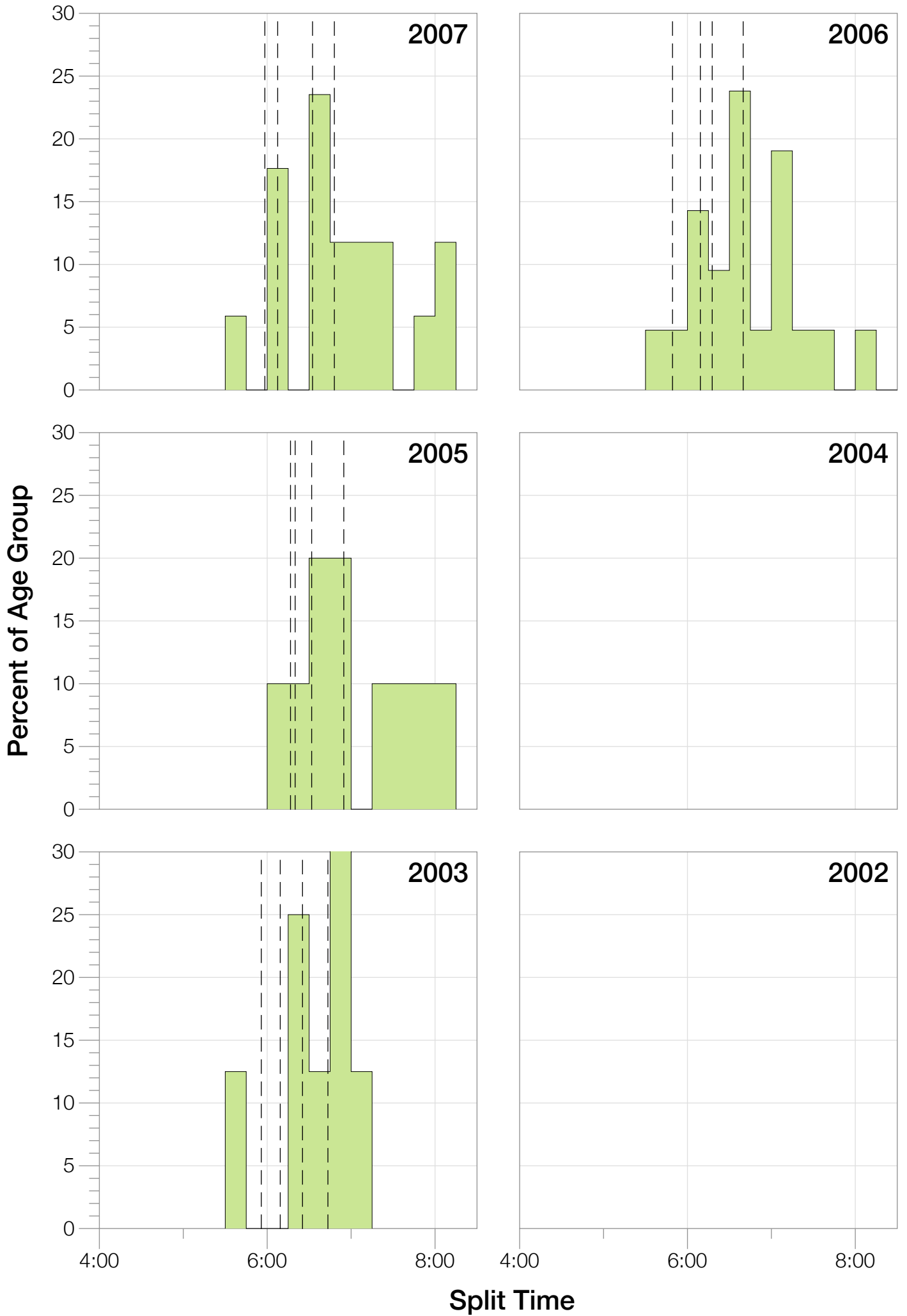
F18-24 Swim



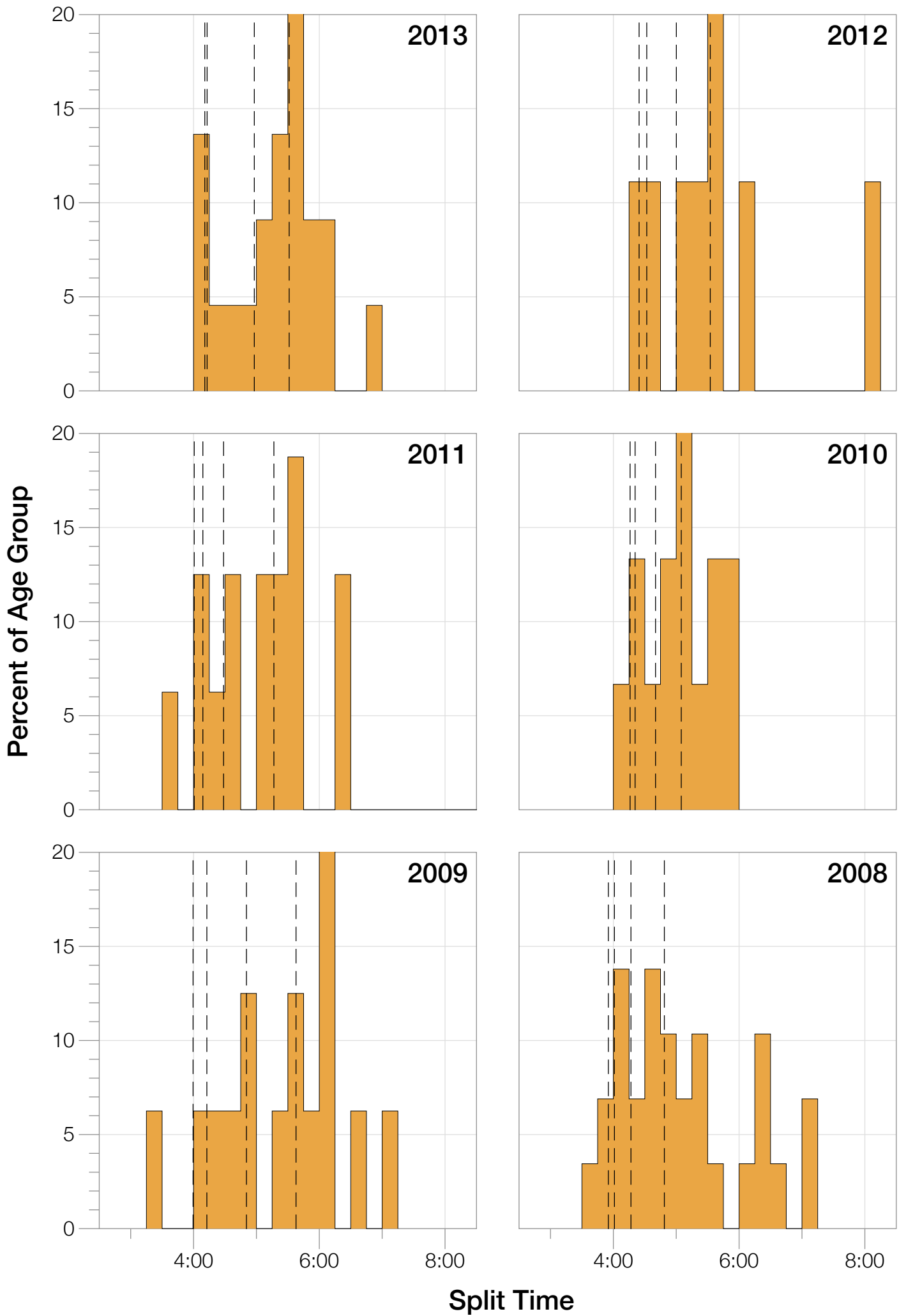
F18-24 Bike



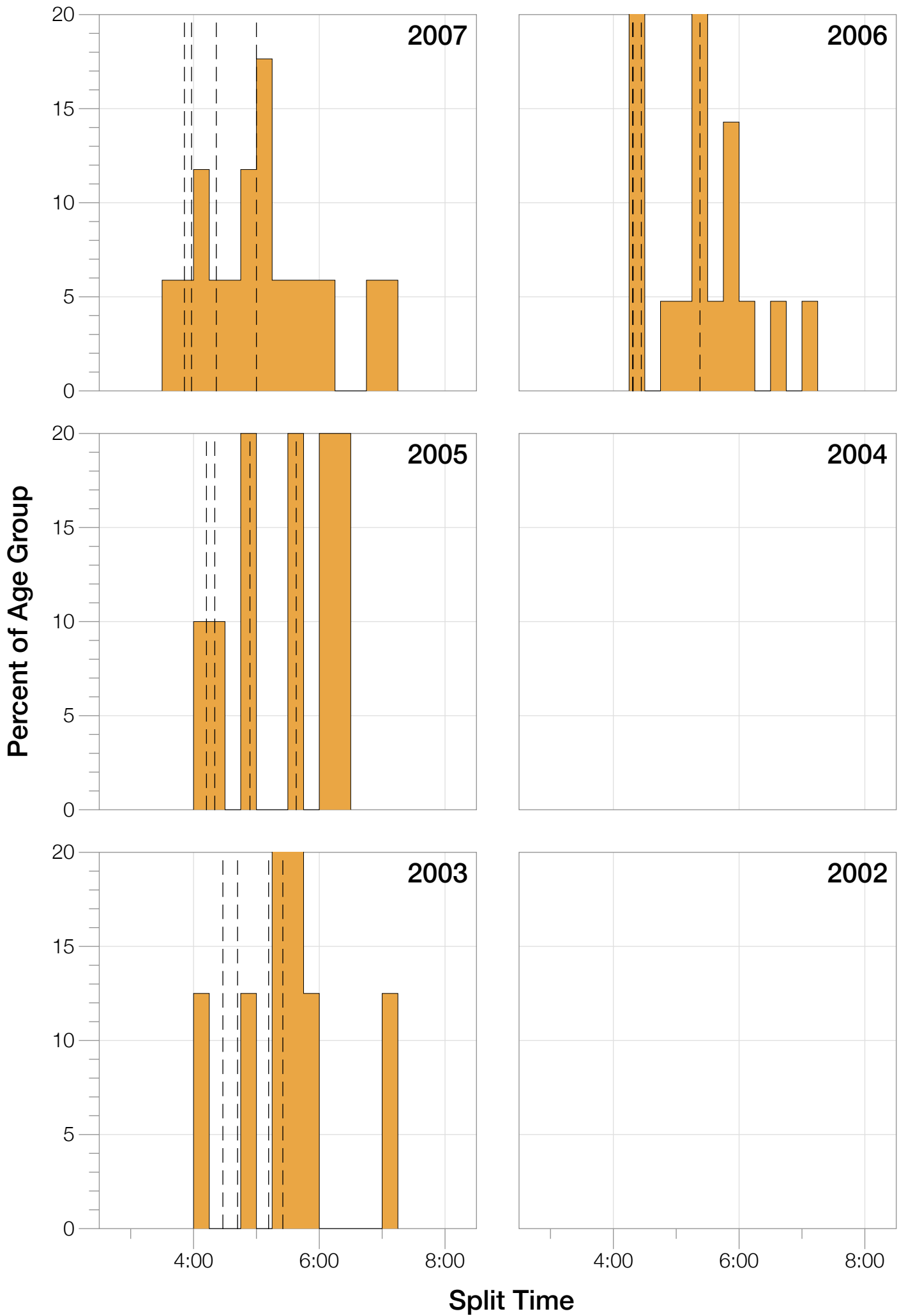
F18-24 Bike



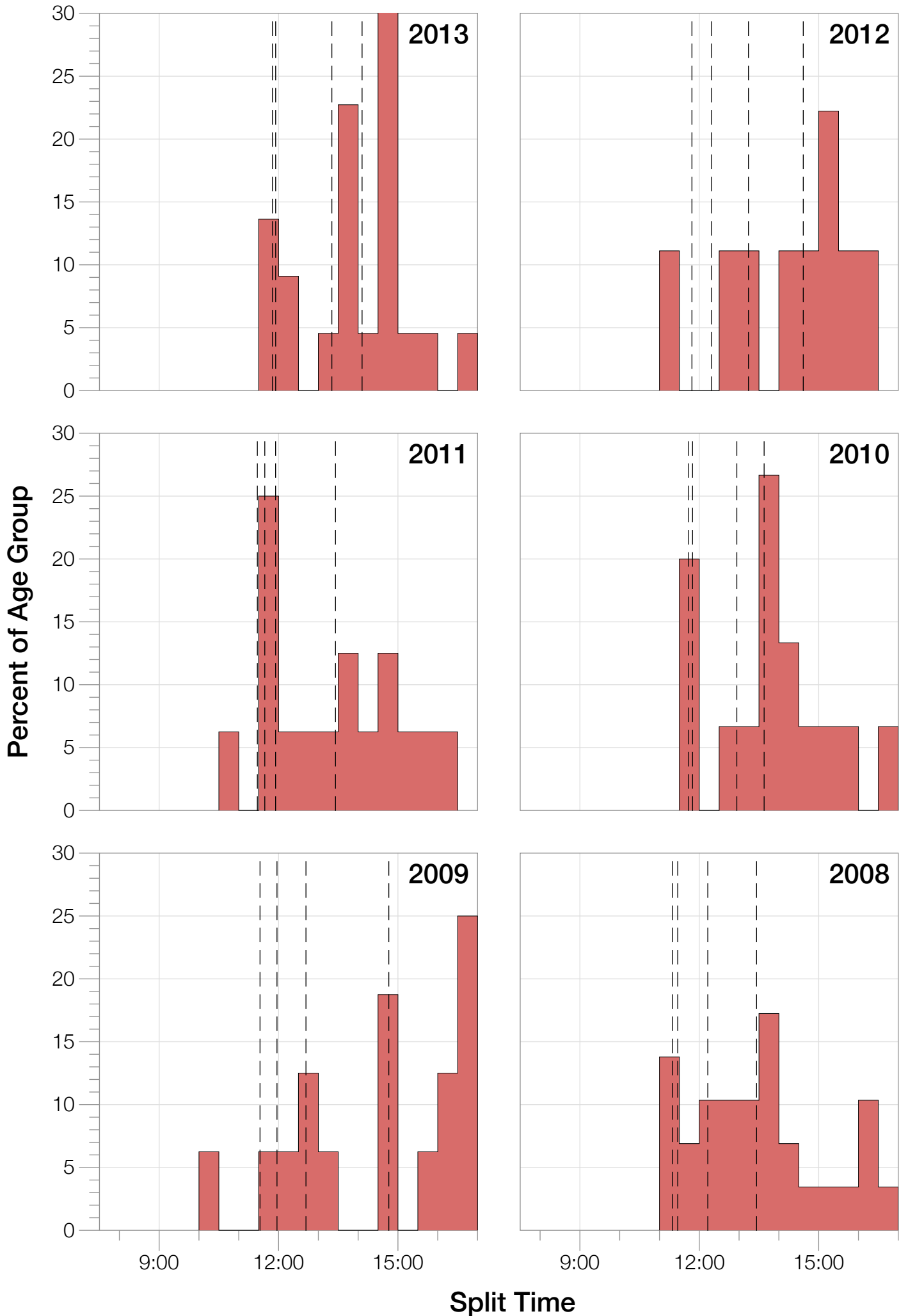
F18-24 Run



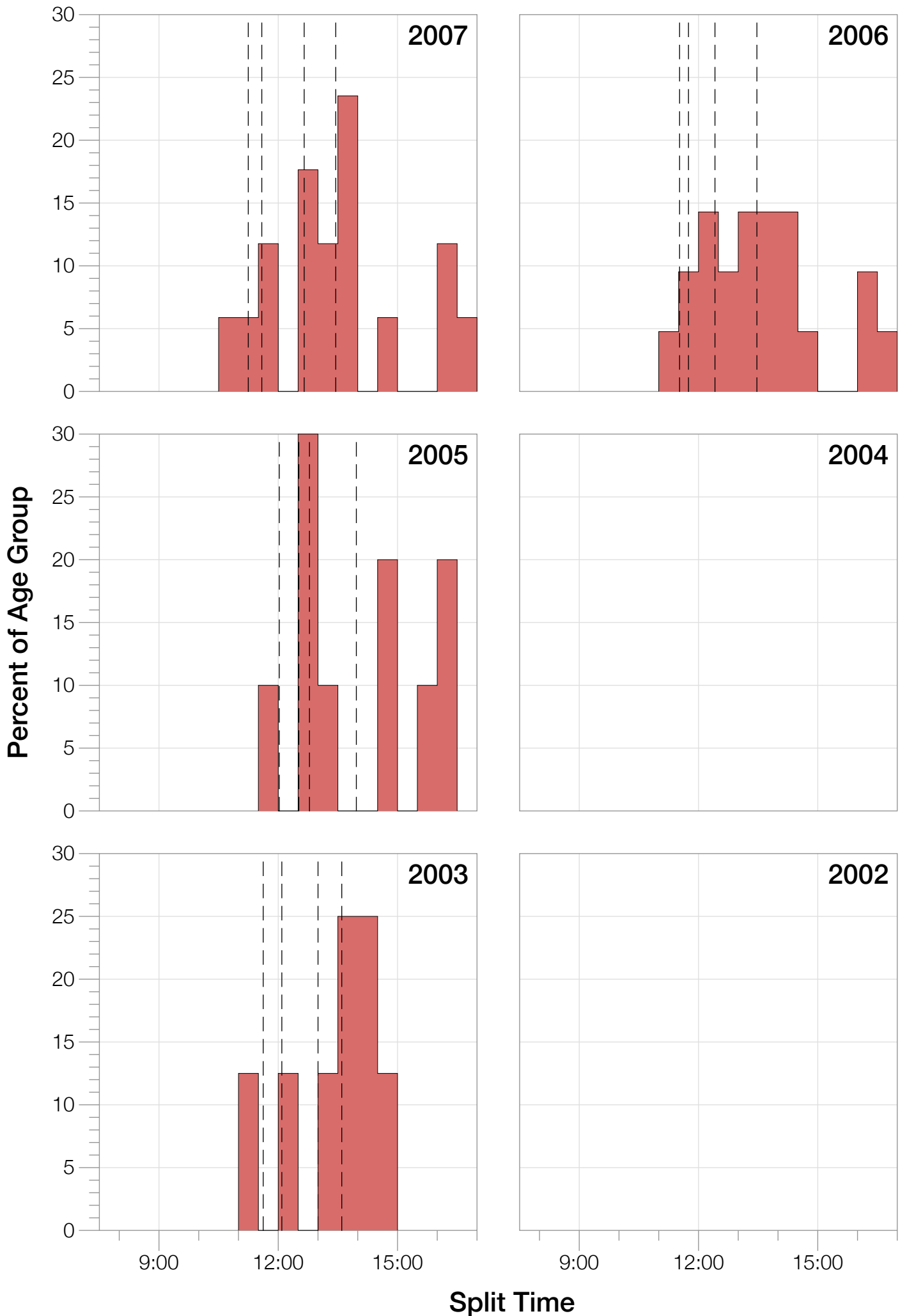
F18-24 Run



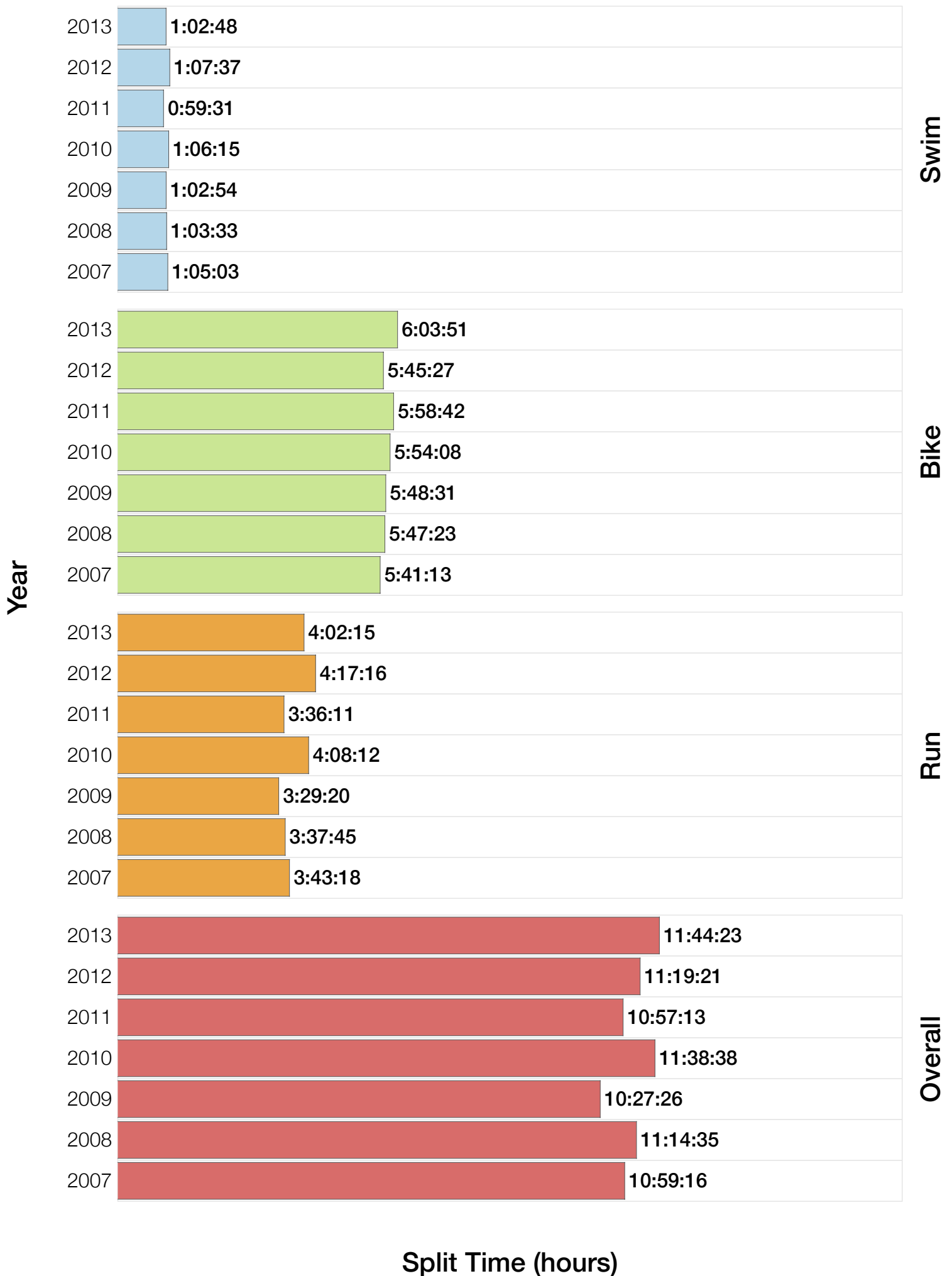
F18-24 Overall



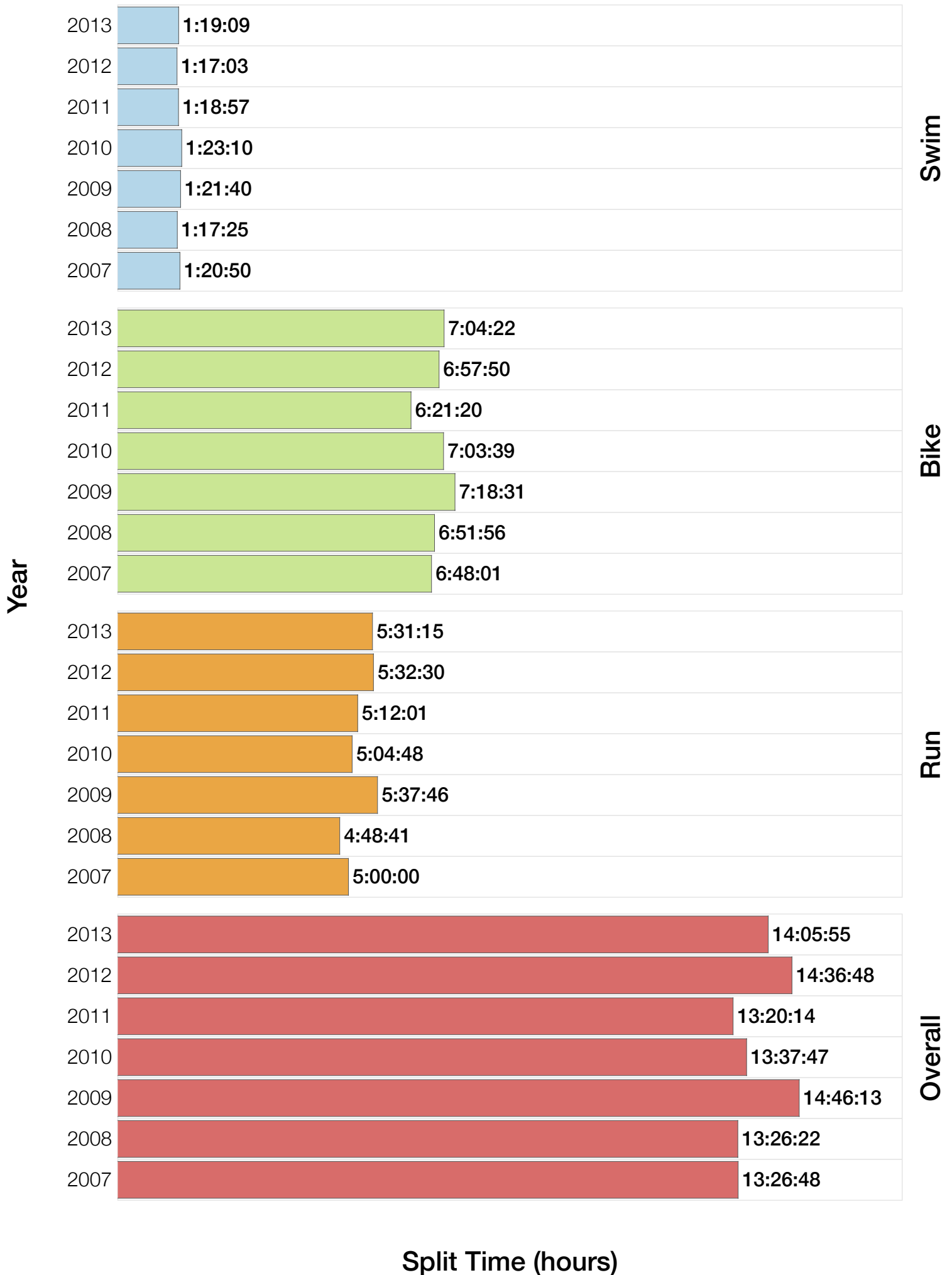
F18-24 Overall



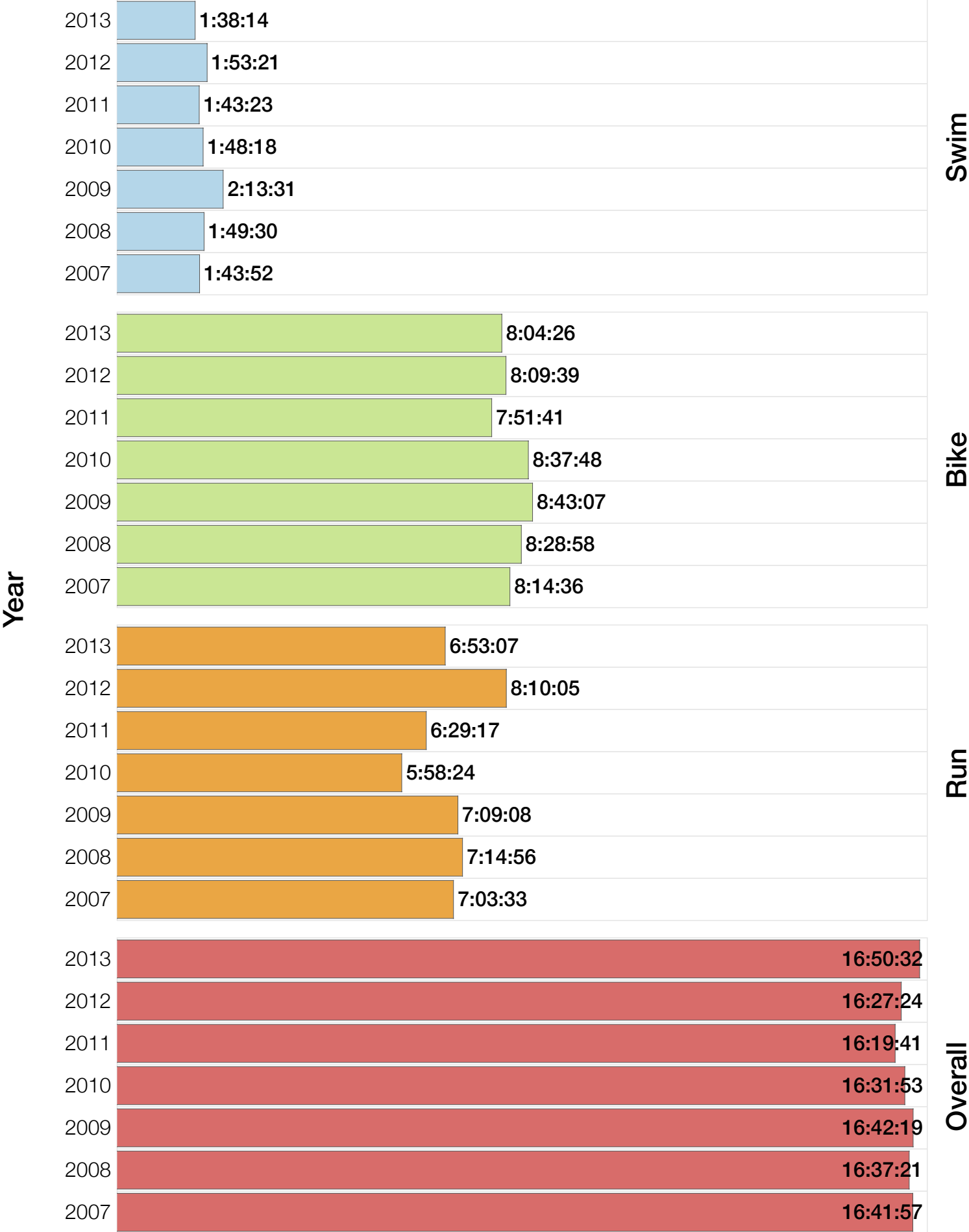
F18-24 Fastest Splits



F18-24 Median Splits



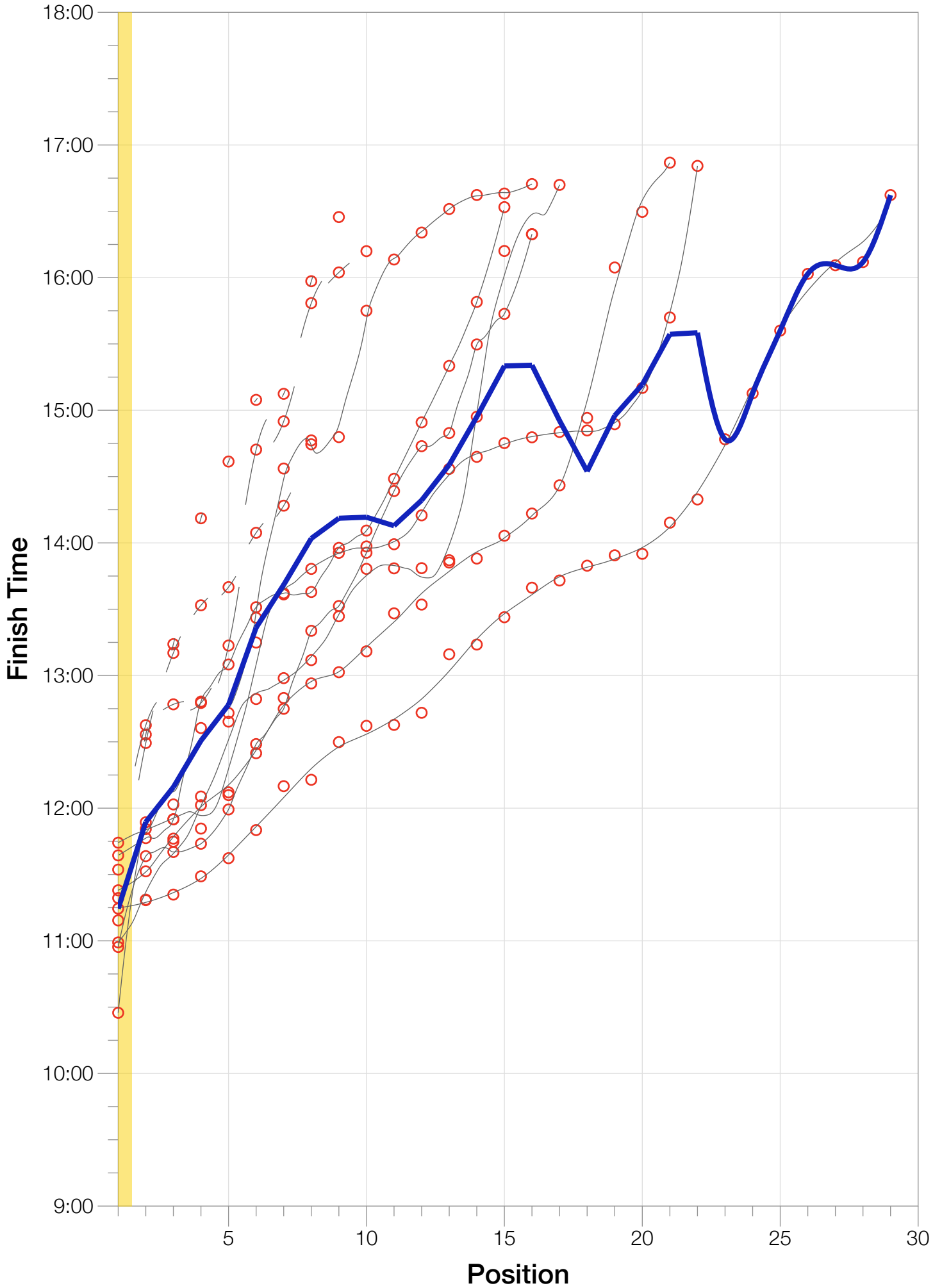
F18-24 Slowest Splits



Split Time (hours)

F18-24 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F18-24 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:50:23	4:44:26	2:54:14	8:32:36
Average Female Winner	0:56:10	5:15:07	3:19:50	9:35:29
Average 1st Age Grouper	1:08:52	6:00:10	3:57:52	11:14:30
Average 2nd Age Grouper	1:11:41	6:08:11	4:24:56	11:53:45
Average 3rd Age Grouper	1:11:40	6:21:53	4:27:18	12:09:30
Average 4th Age Grouper	1:13:39	6:29:13	4:37:47	12:30:32
Average 5th Age Grouper	1:14:17	6:35:08	4:45:49	12:46:44
Average 6th Age Grouper	1:16:34	6:52:30	5:01:24	13:21:40
Average 7th Age Grouper	1:20:35	6:50:22	5:15:27	13:41:02
Average 8th Age Grouper	1:22:10	6:52:45	5:33:50	14:02:01
Average 9th Age Grouper	1:26:31	6:50:02	5:22:08	14:11:09
Average 10th Age Grouper	1:21:00	7:18:07	5:12:24	14:11:37
Kona Qualifier Average	1:08:52	6:00:10	3:57:52	11:14:30
Top 10 Age Grouper Average	1:16:28	6:36:52	4:50:50	12:58:03

Coeur d'Alene 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:24	4:30:47	2:52:54	8:17:31
Female Winner	0:55:40	5:07:03	3:09:01	9:16:02
1st Age Grouper	1:07:41	6:24:46	4:02:15	11:44:23
2nd Age Grouper	1:22:38	6:09:41	4:10:42	11:50:33
3rd Age Grouper	1:11:21	6:25:19	4:11:12	11:55:01
4th Age Grouper	1:13:19	6:03:51	4:36:09	12:01:21
5th Age Grouper	1:09:51	6:15:21	4:28:37	12:05:55
6th Age Grouper	1:02:48	6:45:00	5:12:45	13:14:55
7th Age Grouper	1:22:07	7:03:33	5:00:04	13:36:41
8th Age Grouper	1:16:35	6:44:14	5:38:01	13:48:14
9th Age Grouper	1:19:31	6:34:53	5:42:40	13:55:30
10th Age Grouper	1:10:39	6:45:19	5:42:39	13:58:24
Kona Qualifier Average	1:07:41	6:24:46	4:02:15	11:44:23
Top 10 Age Grouper Average	1:13:39	6:31:11	4:52:30	12:49:05

Coeur d'Alene 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:56	4:47:55	2:49:37	8:32:29
Female Winner	0:51:53	5:13:16	3:12:04	9:21:44
1st Age Grouper	1:09:23	5:45:27	4:17:16	11:19:21
2nd Age Grouper	1:13:24	6:30:57	4:35:32	12:33:18
3rd Age Grouper	1:07:37	6:57:50	5:00:07	13:14:12
4th Age Grouper	1:39:07	6:45:46	5:32:30	14:11:08
5th Age Grouper	1:24:07	7:12:33	5:38:25	14:36:48
6th Age Grouper	1:53:21	7:30:19	5:29:46	15:04:42
7th Age Grouper	1:17:03	7:43:20	5:39:20	15:07:26
8th Age Grouper	1:22:18	8:09:39	6:03:44	15:58:23
9th Age Grouper	1:13:15	6:50:15		16:27:24
Kona Qualifier Average	1:09:23	5:45:27	4:17:16	11:19:21
Top 10 Age Grouper Average	1:22:10	7:02:54	5:17:05	14:16:58

Coeur d'Alene 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:46	4:38:44	2:46:54	8:19:48
Female Winner	0:52:36	4:52:18	3:27:09	9:16:40
1st Age Grouper	0:59:48	6:13:32	3:36:11	10:57:13
2nd Age Grouper	1:14:52	6:05:05	4:08:49	11:38:18
3rd Age Grouper	1:14:00	6:10:48	4:08:56	11:40:10
4th Age Grouper	1:08:16	5:58:42	4:31:50	11:43:54
5th Age Grouper	1:07:31	6:21:20	4:19:05	11:59:25
6th Age Grouper	0:59:31	6:02:25	5:21:18	12:28:59
7th Age Grouper	1:30:22	6:20:55	4:37:18	12:44:57
8th Age Grouper	1:18:57	6:10:30	5:35:15	13:20:14
9th Age Grouper	1:05:10	7:03:23	5:10:28	13:31:27
10th Age Grouper	1:32:47	6:53:19	5:12:01	13:55:33
Kona Qualifier Average	0:59:48	6:13:32	3:36:11	10:57:13
Top 10 Age Grouper Average	1:13:07	6:19:59	4:40:07	12:24:01

Coeur d'Alene 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:28	4:42:04	2:52:47	8:24:40
Female Winner	1:01:40	5:07:44	3:04:36	9:17:54
1st Age Grouper	1:19:06	5:54:08	4:19:18	11:38:38
2nd Age Grouper	1:18:18	5:58:29	4:22:52	11:46:27
3rd Age Grouper	1:06:15	6:03:39	4:30:08	11:54:55
4th Age Grouper	1:16:33	6:13:49	5:04:48	12:48:12
5th Age Grouper	1:42:09	7:03:39	4:08:12	13:05:00
6th Age Grouper	1:17:47	7:06:52	4:52:48	13:30:54
7th Age Grouper	1:23:10	6:51:49	5:06:21	13:37:13
8th Age Grouper	1:30:34	6:57:20	4:50:24	13:37:47
9th Age Grouper	1:34:27	7:02:25	5:06:17	13:57:44
10th Age Grouper	1:27:15	7:25:44	5:03:30	14:05:34
Kona Qualifier Average	1:19:06	5:54:08	4:19:18	11:38:38
Top 10 Age Grouper Average	1:23:33	6:39:47	4:44:27	13:00:14

Coeur d'Alene 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:28	4:40:41	2:57:50	8:32:12
Female Winner	1:04:38	4:59:35	3:15:28	9:23:21
1st Age Grouper	1:03:29	5:48:31	3:29:20	10:27:26
2nd Age Grouper	1:02:54	6:06:58	4:32:45	11:53:36
3rd Age Grouper	1:26:22	6:09:52	4:15:46	12:01:41
4th Age Grouper	1:06:40	7:09:52	4:09:36	12:36:15
5th Age Grouper	1:10:58	6:24:31	4:56:22	12:43:02
6th Age Grouper	1:04:23	7:15:35	4:56:36	13:26:08
7th Age Grouper	1:37:18	7:16:06	5:26:23	14:33:38
8th Age Grouper	1:26:23	7:20:56	5:40:35	14:44:36
9th Age Grouper	2:13:31	6:50:11	5:34:58	14:47:51
10th Age Grouper	1:16:58	8:11:52	5:59:40	15:45:01
Kona Qualifier Average	1:03:29	5:48:31	3:29:20	10:27:26
Top 10 Age Grouper Average	1:20:53	6:51:26	4:54:12	13:17:55

Coeur d'Alene 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:29	4:45:37	2:53:55	8:34:22
Female Winner	0:58:23	5:16:23	3:20:25	9:38:58
1st Age Grouper	1:18:15	6:07:49	3:37:45	11:14:35
2nd Age Grouper	1:03:33	5:47:23	4:21:05	11:18:23
3rd Age Grouper	1:20:29	6:01:33	3:52:39	11:20:54
4th Age Grouper	1:17:41	6:05:47	3:59:06	11:29:10
5th Age Grouper	1:06:56	6:18:27	4:06:11	11:37:22
6th Age Grouper	1:11:10	6:28:09	4:03:42	11:50:05
7th Age Grouper	1:07:39	6:08:55	4:47:40	12:09:57
8th Age Grouper	1:12:33	6:34:23	4:16:48	12:12:50
9th Age Grouper	1:22:38	6:12:23	4:37:06	12:29:53
10th Age Grouper	1:33:29	6:40:11	4:08:42	12:37:14
Kona Qualifier Average	1:18:15	6:07:49	3:37:45	11:14:35
Top 10 Age Grouper Average	1:15:26	6:14:30	4:11:04	11:50:02

Coeur d'Alene 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:21	4:48:43	2:47:04	8:33:32
Female Winner	0:57:34	5:52:15	3:32:41	10:27:55
1st Age Grouper	1:05:03	6:02:36	3:43:18	10:59:16
2nd Age Grouper	1:16:50	5:41:13	4:12:38	11:18:37
3rd Age Grouper	1:24:50	6:10:45	4:01:17	11:46:13
4th Age Grouper	1:16:20	6:32:25	3:53:16	11:50:46
5th Age Grouper	1:21:12	6:42:59	4:21:43	12:39:09
6th Age Grouper	1:19:52	6:33:25	4:45:34	12:49:22
7th Age Grouper	1:24:58	6:48:01	4:35:20	12:58:49
8th Age Grouper	1:28:24	6:42:14	4:49:21	13:06:58
9th Age Grouper	1:20:50	6:12:19	5:41:54	13:26:48
10th Age Grouper	1:07:55	7:25:50	5:00:00	13:48:15
Kona Qualifier Average	1:05:03	6:02:36	3:43:18	10:59:16
Top 10 Age Grouper Average	1:18:37	6:29:10	4:30:26	12:28:25

Coeur d'Alene 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:03	4:58:54	3:13:41	9:07:05
Female Winner	0:50:01	5:18:29	3:18:25	9:31:07
1st Age Grouper	1:10:06	5:49:19	4:15:03	11:22:51
2nd Age Grouper	1:13:44	5:36:28	4:28:59	11:31:26
3rd Age Grouper	1:01:18	6:17:42	4:18:23	11:44:52
4th Age Grouper	1:03:41	6:32:59	4:20:17	12:05:16
5th Age Grouper	1:07:59	6:31:11	4:18:52	12:07:10
6th Age Grouper	1:09:44	6:39:50	4:25:36	12:24:51
7th Age Grouper	1:05:13	6:10:20	5:25:15	12:49:50
8th Age Grouper	1:30:34	6:10:27	5:07:15	12:56:26
9th Age Grouper	1:26:16	6:41:54	4:45:06	13:01:30
10th Age Grouper	1:18:00	7:11:59	4:26:41	13:10:57
Kona Qualifier Average	1:10:06	5:49:19	4:15:03	11:22:51
Top 10 Age Grouper Average	1:12:39	6:22:12	4:35:08	12:19:30

Coeur d'Alene 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:50	4:41:53	2:49:15	8:23:29
Female Winner	0:56:24	5:24:30	3:33:34	9:59:08
1st Age Grouper	1:08:07	6:13:20	4:04:22	11:32:12
2nd Age Grouper	1:10:23	6:58:56	4:22:01	12:37:33
3rd Age Grouper	1:02:43	6:35:13	4:56:56	12:46:58
4th Age Grouper	1:12:03	6:30:39	4:52:47	12:47:35
5th Age Grouper	1:02:36	6:20:44	5:42:39	13:13:34
6th Age Grouper	1:24:46	7:27:49	5:33:18	14:42:12
7th Age Grouper	1:30:54	6:50:35	6:10:06	14:54:59
8th Age Grouper	1:29:48	7:36:57	6:29:34	15:48:28
9th Age Grouper	1:23:06	8:02:38	6:18:36	16:02:21
10th Age Grouper		7:50:44	6:06:06	16:11:58
Kona Qualifier Average	1:08:07	6:13:20	4:04:22	11:32:12
Top 10 Age Grouper Average	1:16:02	7:02:45	5:27:38	14:03:47

Coeur d'Alene 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:14	4:49:05	2:58:27	8:40:59
Female Winner	0:52:56	5:19:42	3:25:01	9:42:08
1st Age Grouper	1:07:47	5:42:13	4:13:57	11:09:14
2nd Age Grouper	1:00:17	6:26:41	4:54:01	12:29:28
3rd Age Grouper	1:01:51	6:46:10	5:17:38	13:10:13
4th Age Grouper	1:02:57	6:58:26	5:17:31	13:31:46
5th Age Grouper	1:09:40	6:40:38	5:38:06	13:39:59
6th Age Grouper	1:22:18	6:55:37	5:32:46	14:04:34
7th Age Grouper	1:07:12	7:10:07	5:46:48	14:16:50
8th Age Grouper	1:05:36	6:20:56	7:07:29	14:46:22
Kona Qualifier Average	1:07:47	5:42:13	4:13:57	11:09:14
Top 10 Age Grouper Average	1:07:12	6:37:36	5:28:32	13:23:33