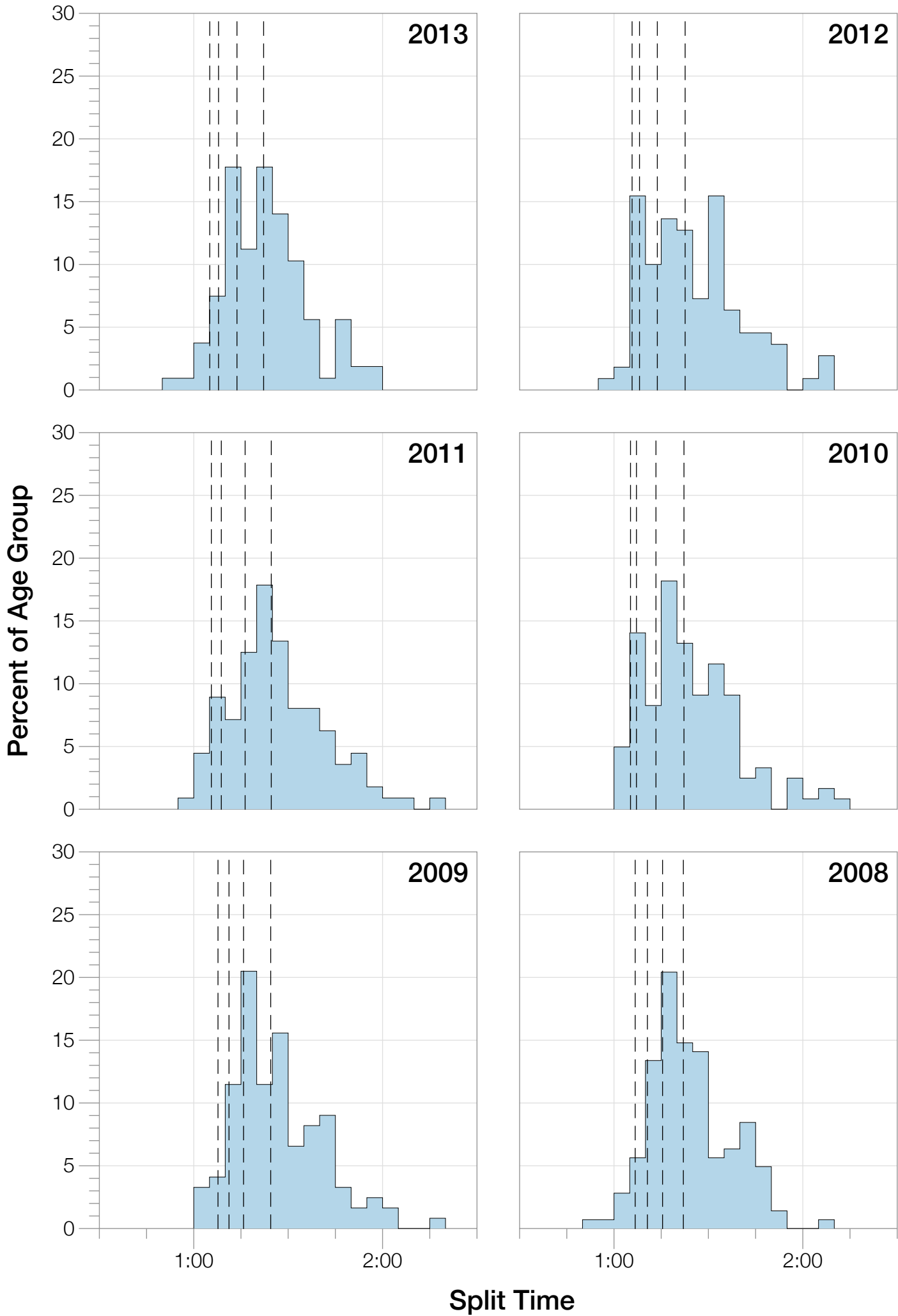


# Ironman Coeur d'Alene F35-39 Stats

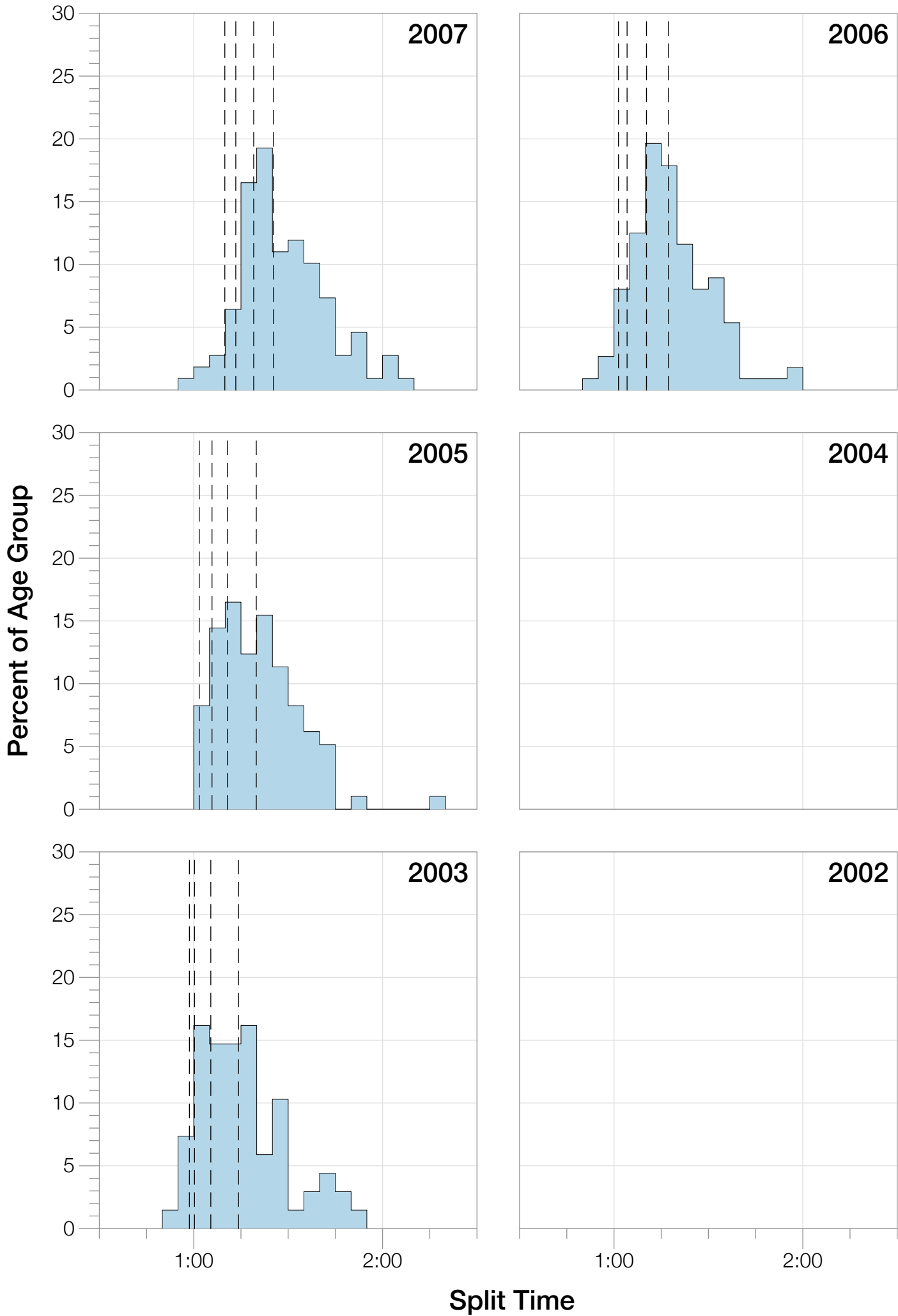
## F35-39 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F35-39 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F35-39 Winner's Time</b>
2003	1341	68	8:40:59	9:42:08	11:02:58
2005	1654	97	8:23:29	9:59:08	10:17:17
2006	1940	112	9:07:05	9:31:07	10:37:41
2007	2085	109	8:33:32	10:27:55	10:43:43
2008	1942	142	8:34:22	9:38:58	10:34:52
2009	2031	122	8:32:12	9:23:21	10:42:36
2010	2096	121	8:24:40	9:17:54	10:16:51
2011	2185	112	8:19:48	9:16:40	10:54:17
2012	2145	110	8:32:29	9:21:44	10:18:46
2013	2121	107	8:17:31	9:16:02	10:20:44
<b>Average</b>	<b>1954</b>	<b>110</b>	<b>8:32:36</b>	<b>9:35:29</b>	<b>9:37:15</b>

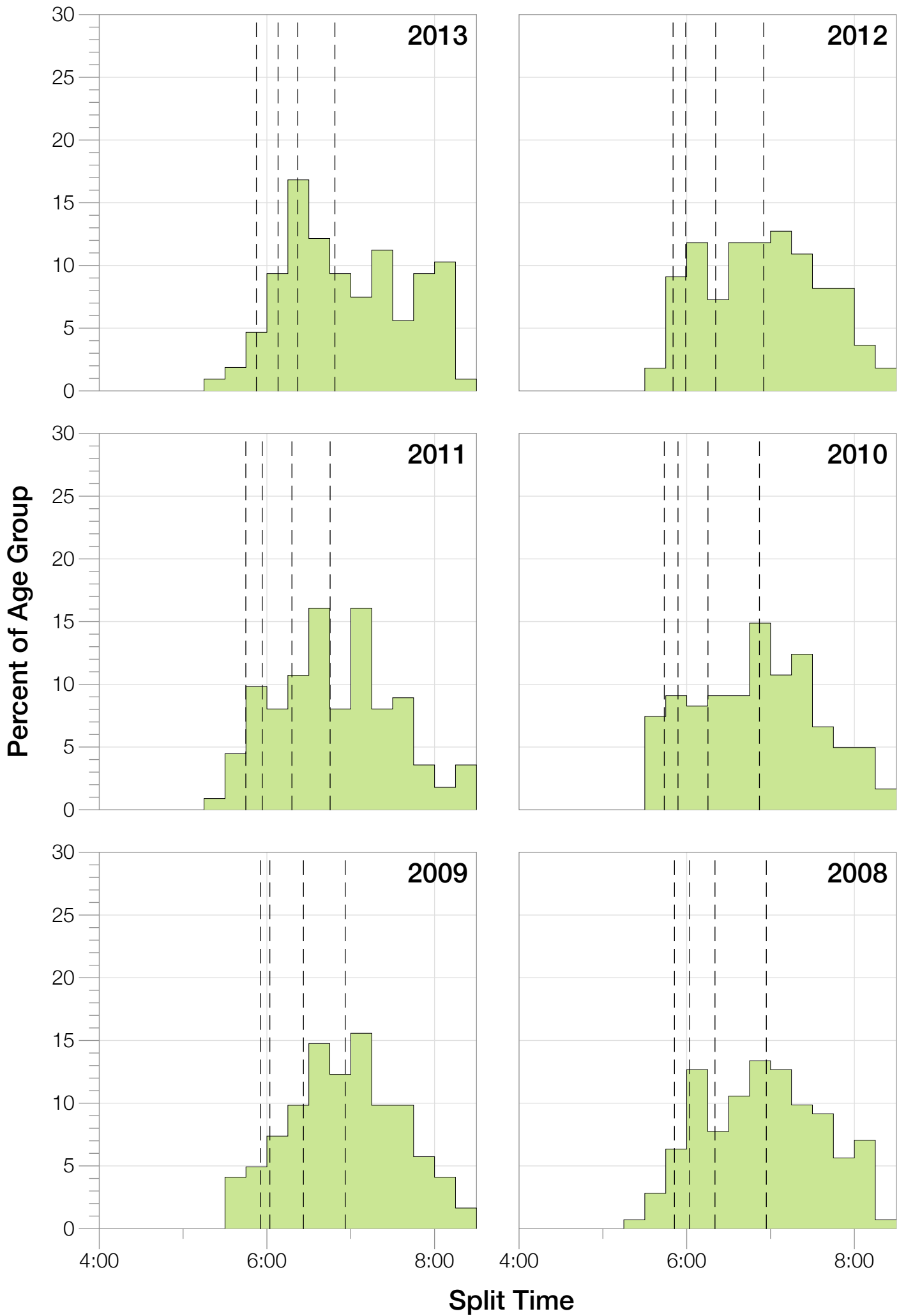
# F35-39 Swim



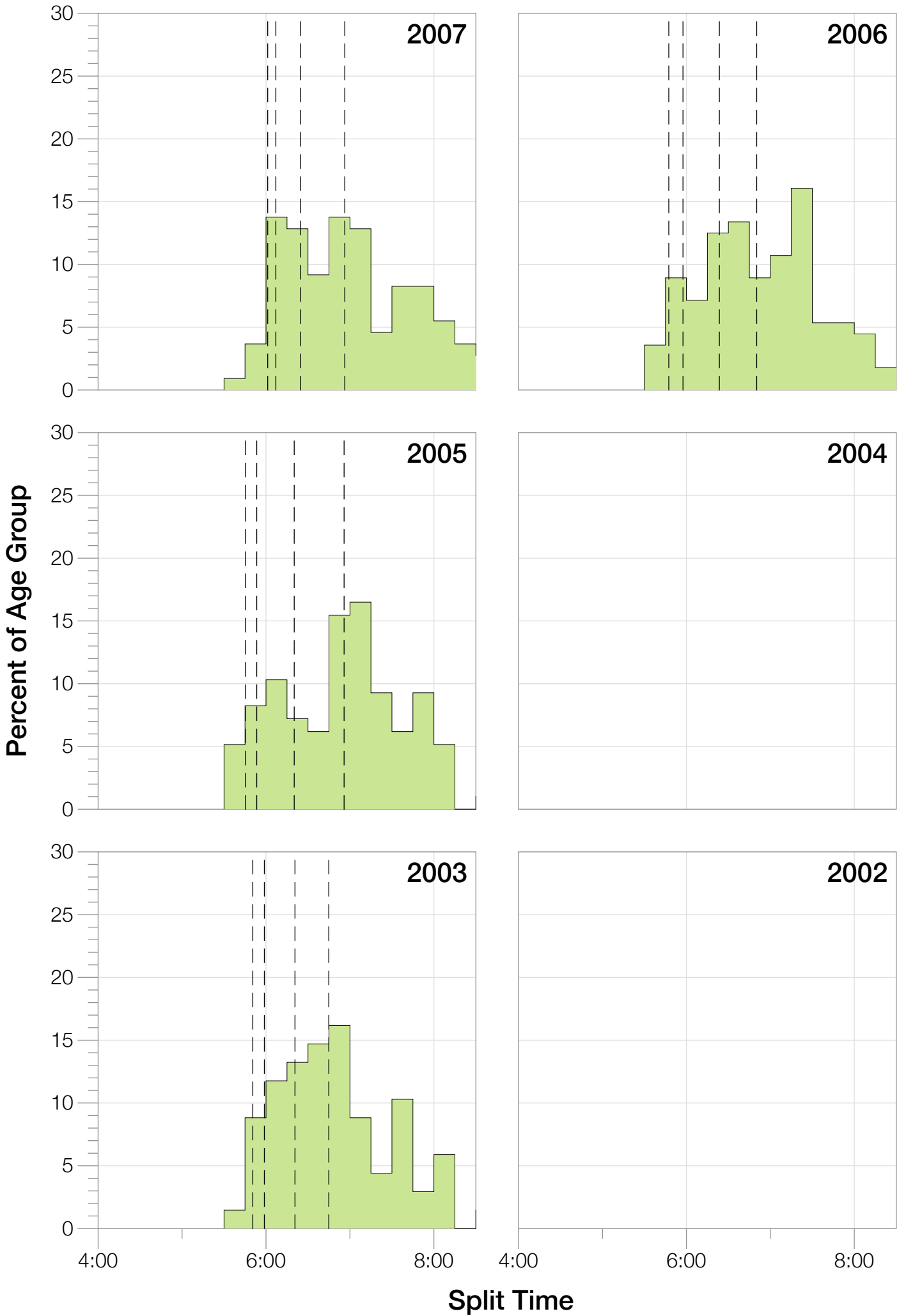
# F35-39 Swim



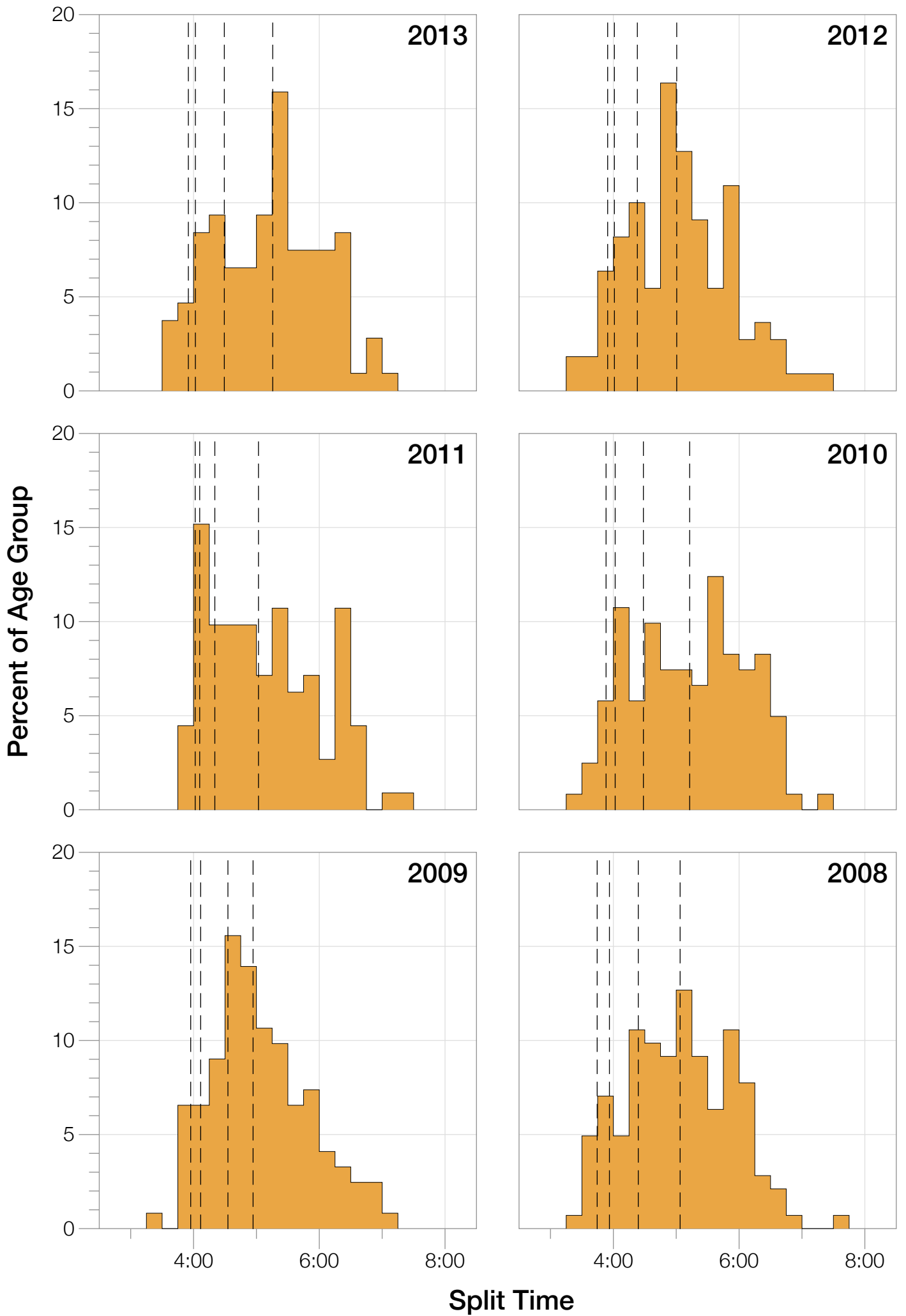
# F35-39 Bike



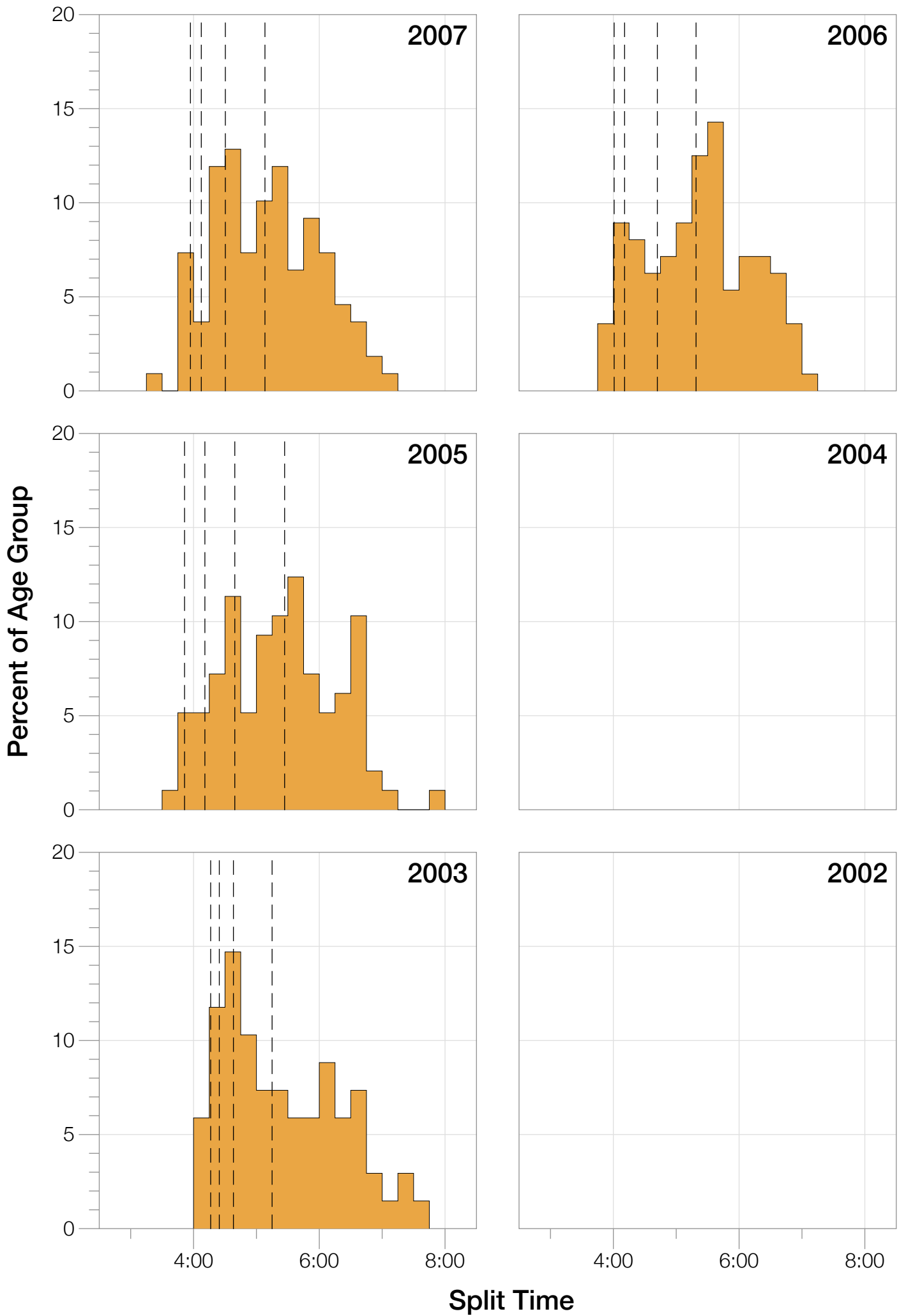
# F35-39 Bike



# F35-39 Run

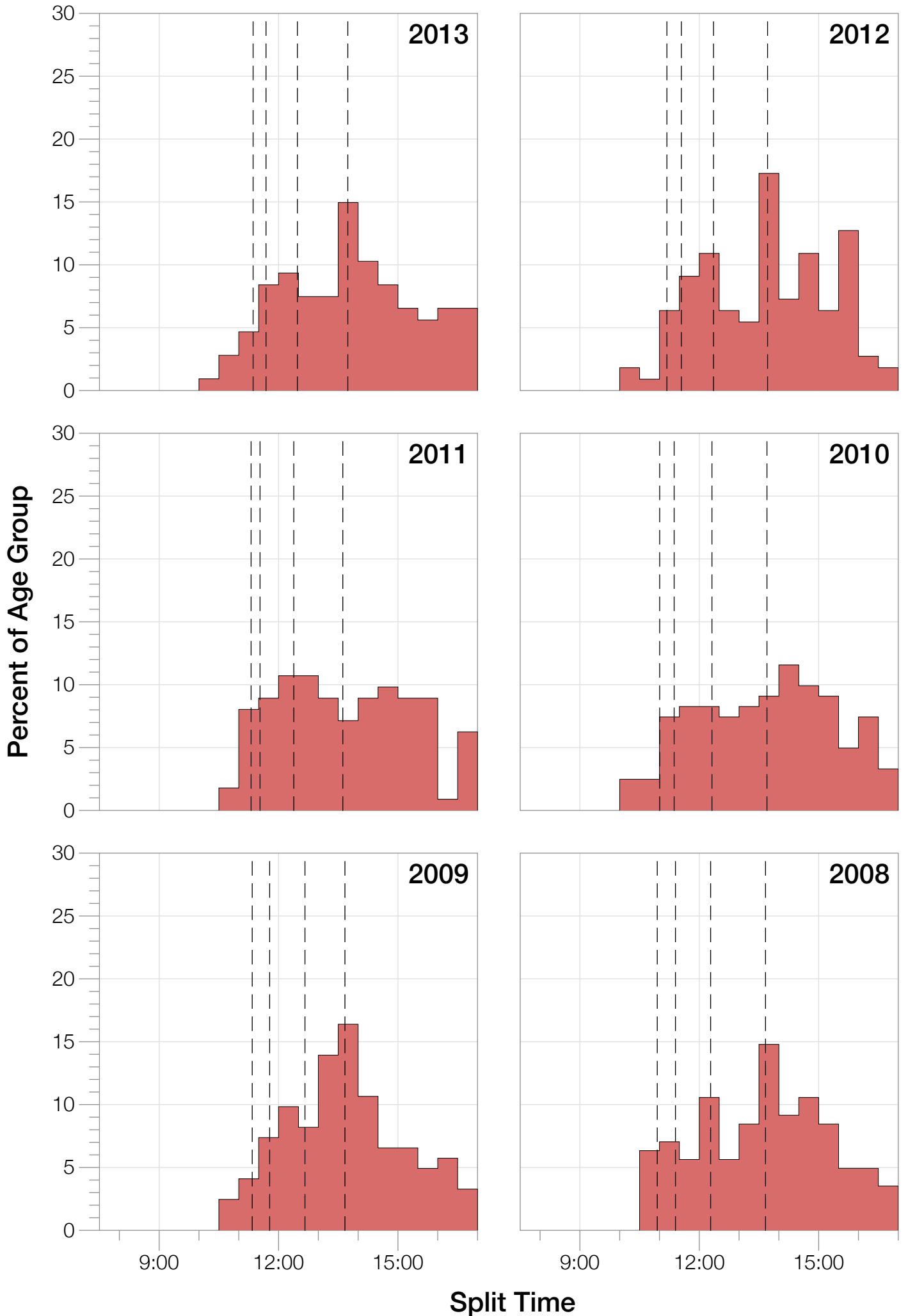


# F35-39 Run

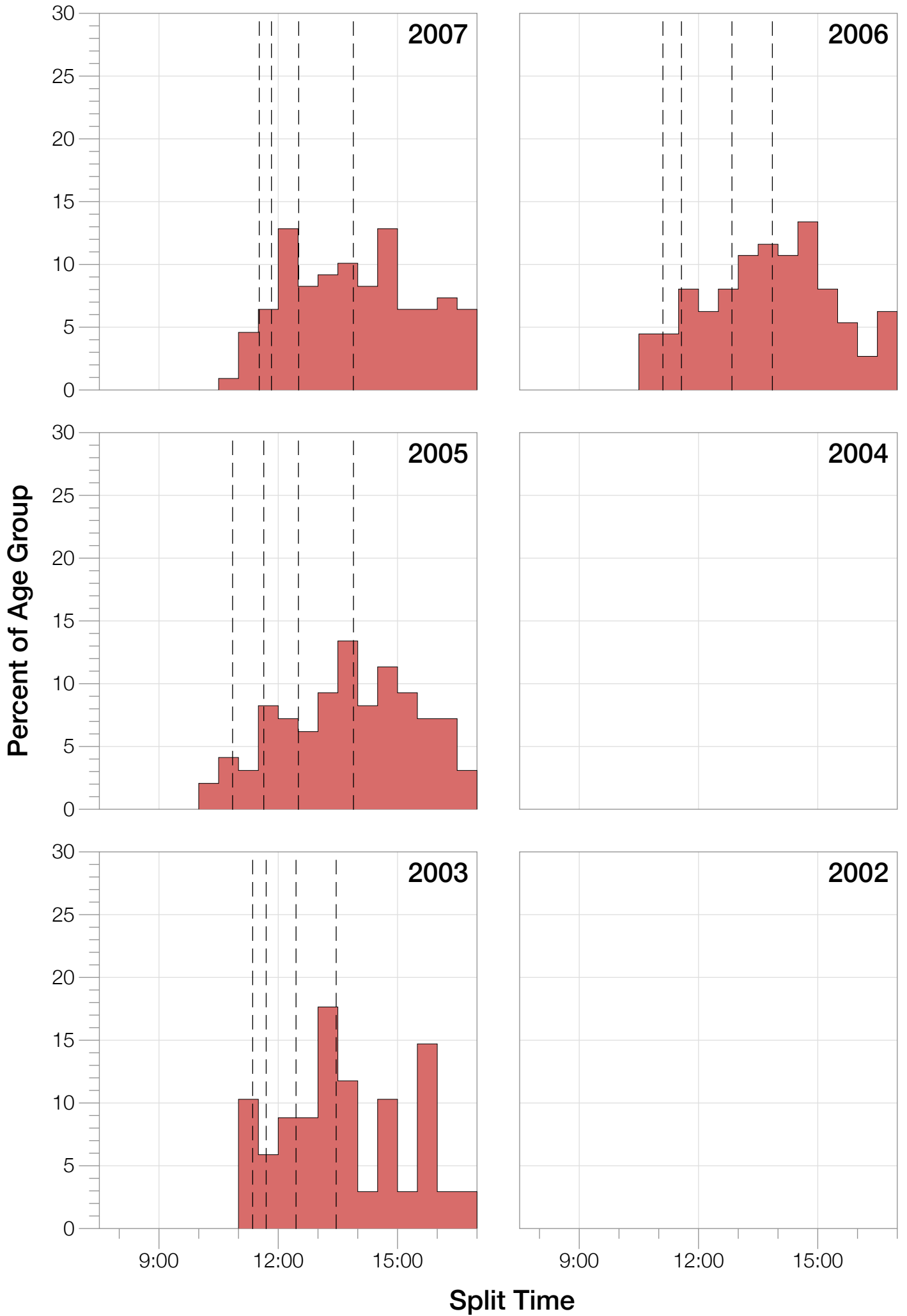




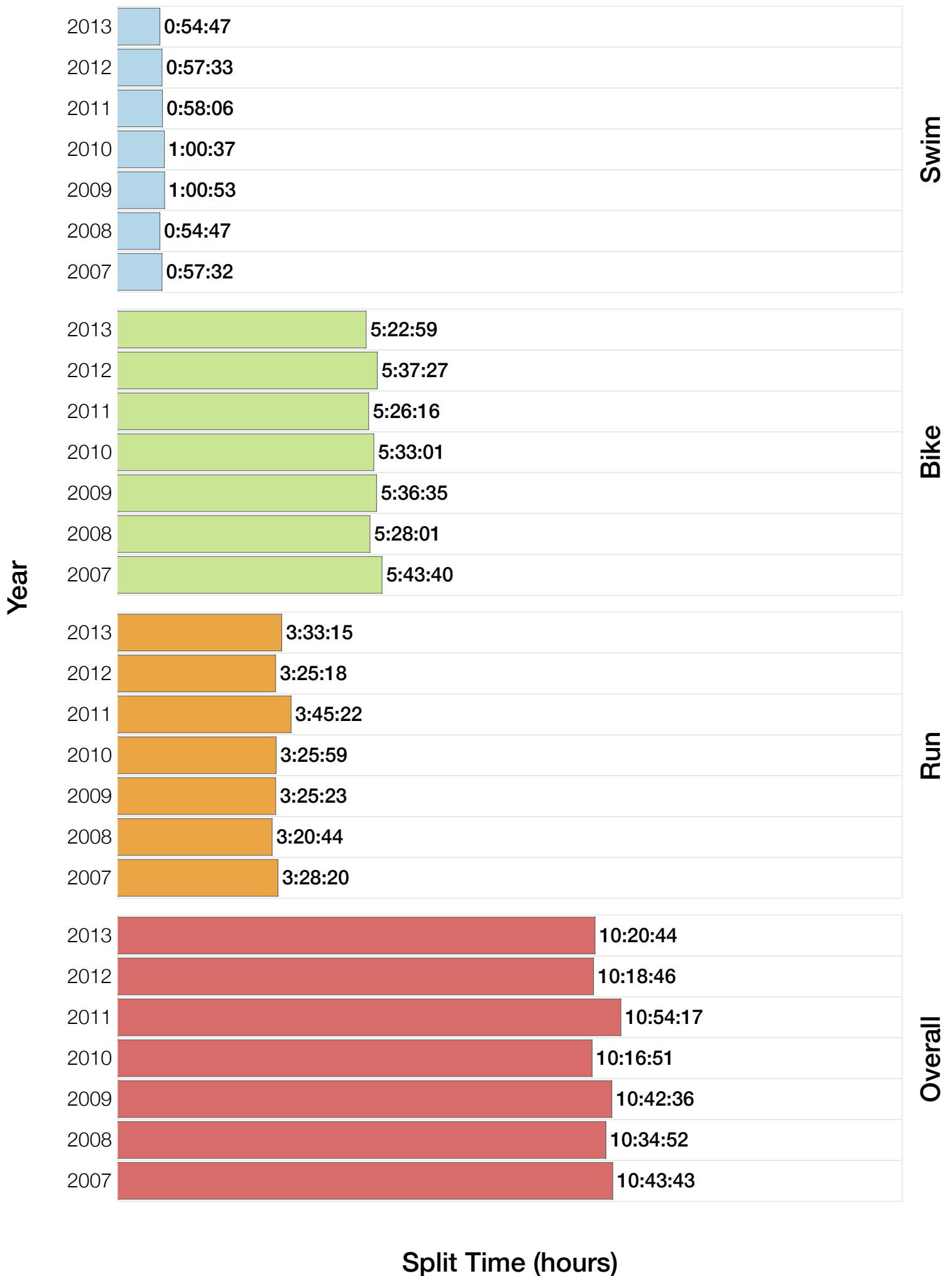
# F35-39 Overall



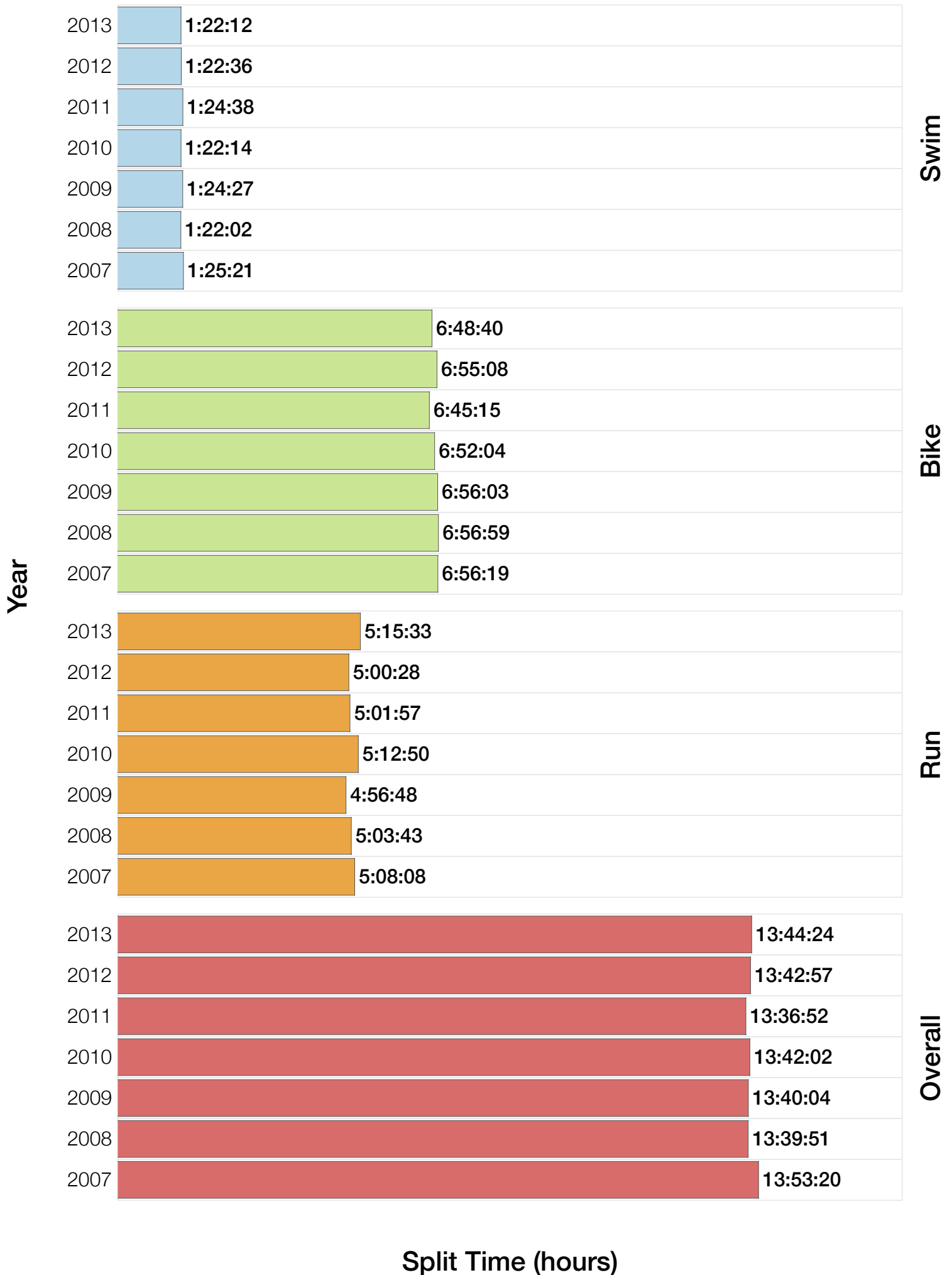
# F35-39 Overall



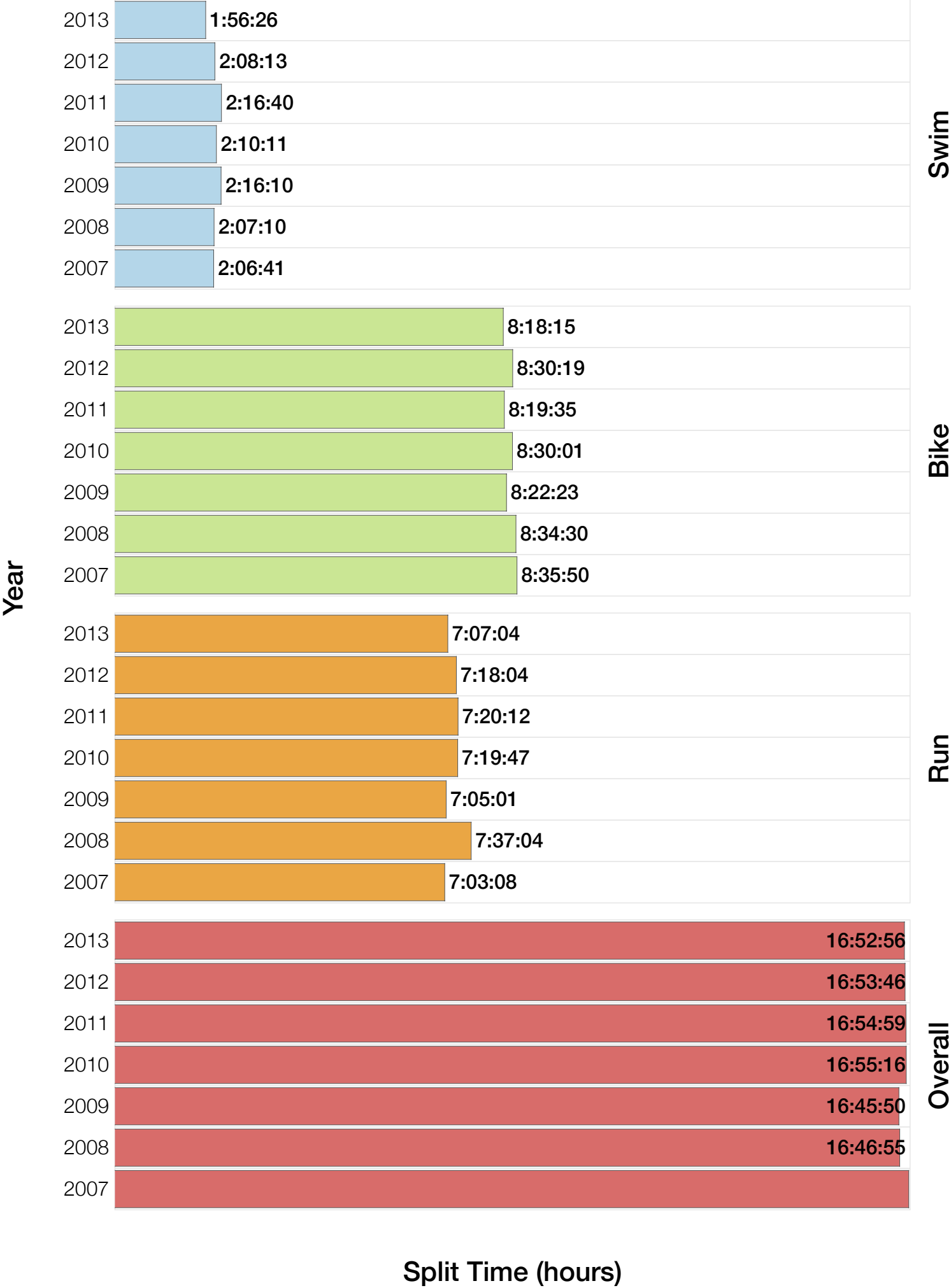
# F35-39 Fastest Splits



# F35-39 Median Splits



# F35-39 Slowest Splits



Split Time (hours)



# F35-39 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:50:23</b>	<b>4:44:26</b>	<b>2:54:14</b>	<b>8:32:36</b>
<b>Average Female Winner</b>	<b>0:56:10</b>	<b>5:15:07</b>	<b>3:19:50</b>	<b>9:35:29</b>
<b>Average 1st Age Grouper</b>	<b>1:05:28</b>	<b>5:41:25</b>	<b>3:41:01</b>	<b>10:34:58</b>
<b>Average 2nd Age Grouper</b>	<b>1:08:48</b>	<b>5:41:42</b>	<b>3:47:35</b>	<b>10:46:06</b>
Average 3rd Age Grouper	1:07:31	5:42:47	3:52:32	10:50:02
Average 4th Age Grouper	1:06:50	5:50:50	3:53:41	10:57:49
Average 5th Age Grouper	1:09:31	5:50:23	3:56:35	11:04:45
Average 6th Age Grouper	1:11:46	5:51:56	3:57:37	11:08:26
Average 7th Age Grouper	1:10:48	5:52:14	4:02:00	11:14:13
Average 8th Age Grouper	1:11:23	5:57:29	4:03:51	11:19:52
Average 9th Age Grouper	1:10:02	5:56:23	4:10:04	11:26:27
Average 10th Age Grouper	1:10:27	6:01:42	4:10:11	11:31:44
<b>Kona Qualifier Average</b>	<b>1:07:08</b>	<b>5:41:33</b>	<b>3:44:18</b>	<b>10:40:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:15</b>	<b>5:50:41</b>	<b>3:57:31</b>	<b>11:05:26</b>

## Coeur d'Alene 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:50:24</b>	<b>4:30:47</b>	<b>2:52:54</b>	<b>8:17:31</b>
<b>Female Winner</b>	<b>0:55:40</b>	<b>5:07:03</b>	<b>3:09:01</b>	<b>9:16:02</b>
<b>1st Age Grouper</b>	<b>1:12:29</b>	<b>5:22:59</b>	<b>3:36:27</b>	<b>10:20:44</b>
<b>2nd Age Grouper</b>	<b>1:13:50</b>	<b>5:48:29</b>	<b>3:40:07</b>	<b>10:51:58</b>
3rd Age Grouper	1:05:44	5:40:07	4:01:35	10:54:21
4th Age Grouper	1:02:26	5:57:27	3:52:16	10:58:31
5th Age Grouper	1:17:45	6:12:03	3:39:15	11:17:24
6th Age Grouper	1:31:04	6:07:40	3:33:15	11:20:05
7th Age Grouper	1:13:59	5:56:23	4:01:52	11:25:17
8th Age Grouper	1:06:49	6:13:37	3:58:11	11:25:38
9th Age Grouper	1:13:09	6:09:29	3:54:16	11:27:34
10th Age Grouper	1:02:31	6:06:48	4:12:26	11:32:58
<b>Kona Qualifier Average</b>	<b>1:13:09</b>	<b>5:35:44</b>	<b>3:38:17</b>	<b>10:36:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:58</b>	<b>5:57:30</b>	<b>3:50:58</b>	<b>11:09:27</b>

## Coeur d'Alene 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:51:56</b>	<b>4:47:55</b>	<b>2:49:37</b>	<b>8:32:29</b>
<b>Female Winner</b>	<b>0:51:53</b>	<b>5:13:16</b>	<b>3:12:04</b>	<b>9:21:44</b>
<b>1st Age Grouper</b>	<b>1:05:55</b>	<b>5:39:39</b>	<b>3:25:46</b>	<b>10:18:46</b>
<b>2nd Age Grouper</b>	<b>1:10:21</b>	<b>5:37:27</b>	<b>3:25:18</b>	<b>10:21:23</b>
3rd Age Grouper	1:08:40	5:45:47	3:37:18	10:38:24
4th Age Grouper	1:07:06	5:49:09	4:01:14	11:02:15
5th Age Grouper	1:06:11	5:52:37	3:57:12	11:03:02
6th Age Grouper	0:57:33	6:07:38	3:55:37	11:07:06
7th Age Grouper	1:09:40	6:01:07	3:58:07	11:16:13
8th Age Grouper	1:16:42	5:52:39	4:01:18	11:16:52
9th Age Grouper	1:10:28	6:04:21	3:53:59	11:18:43
10th Age Grouper	1:12:07	5:46:21	4:20:49	11:26:47
<b>Kona Qualifier Average</b>	<b>1:08:08</b>	<b>5:38:33</b>	<b>3:25:32</b>	<b>10:20:04</b>
<b>Top 10 Age Grouper Average</b>	<b>1:08:28</b>	<b>5:51:40</b>	<b>3:51:39</b>	<b>10:58:57</b>

### Coeur d'Alene 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:46	4:38:44	2:46:54	8:19:48
Female Winner	0:52:36	4:52:18	3:27:09	9:16:40
1st Age Grouper	0:58:06	5:40:17	4:06:44	10:54:17
2nd Age Grouper	1:18:13	5:26:16	4:01:05	10:56:50
3rd Age Grouper	1:09:51	5:38:29	4:03:52	11:00:00
4th Age Grouper	1:04:37	6:02:17	3:52:02	11:07:01
5th Age Grouper	1:16:28	5:46:22	4:04:51	11:15:00
6th Age Grouper	1:12:39	5:47:59	4:06:46	11:15:48
7th Age Grouper	1:13:03	5:44:44	4:10:05	11:20:54
8th Age Grouper	1:17:45	5:56:23	4:01:58	11:23:49
9th Age Grouper	1:19:12	5:31:25	4:07:11	11:26:27
10th Age Grouper	1:11:29	5:43:53	4:20:36	11:26:51
<b>Kona Qualifier Average</b>	<b>1:08:09</b>	<b>5:33:16</b>	<b>4:03:54</b>	<b>10:55:33</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:08</b>	<b>5:43:48</b>	<b>4:05:31</b>	<b>11:12:41</b>

### Coeur d'Alene 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:28	4:42:04	2:52:47	8:24:40
Female Winner	1:01:40	5:07:44	3:04:36	9:17:54
1st Age Grouper	1:08:05	5:36:12	3:25:59	10:16:51
2nd Age Grouper	1:02:27	5:33:01	3:39:04	10:20:37
3rd Age Grouper	1:09:14	5:38:45	3:31:20	10:25:24
4th Age Grouper	1:11:05	5:37:37	3:35:43	10:30:11
5th Age Grouper	1:06:54	5:43:58	3:55:09	10:53:08
6th Age Grouper	1:07:16	5:39:05	4:03:45	10:57:37
7th Age Grouper	1:06:19	5:55:25	3:51:07	11:00:19
8th Age Grouper	1:17:27	5:44:34	3:54:00	11:03:11
9th Age Grouper	1:07:41	5:38:12	4:20:44	11:14:20
10th Age Grouper	1:16:15	5:59:48	3:52:59	11:16:46
<b>Kona Qualifier Average</b>	<b>1:05:16</b>	<b>5:34:36</b>	<b>3:32:31</b>	<b>10:18:44</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:16</b>	<b>5:42:39</b>	<b>3:48:59</b>	<b>10:47:50</b>

### Coeur d'Alene 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:28	4:40:41	2:57:50	8:32:12
Female Winner	1:04:38	4:59:35	3:15:28	9:23:21
1st Age Grouper	1:15:08	5:53:58	3:25:23	10:42:36
2nd Age Grouper	1:09:17	5:41:30	3:51:16	10:47:52
3rd Age Grouper	1:15:33	5:36:35	3:47:44	10:48:08
4th Age Grouper	1:07:37	5:37:42	4:06:39	11:01:25
5th Age Grouper	1:12:15	5:43:44	4:01:23	11:10:28
6th Age Grouper	1:18:49	5:37:07	4:10:23	11:13:51
7th Age Grouper	1:17:12	5:56:49	3:57:15	11:20:12
8th Age Grouper	1:09:51	5:58:11	4:08:00	11:22:33
9th Age Grouper	1:15:51	6:01:55	4:17:27	11:42:30
10th Age Grouper	1:16:35	6:00:49	4:17:07	11:43:39
<b>Kona Qualifier Average</b>	<b>1:12:12</b>	<b>5:47:44</b>	<b>3:38:19</b>	<b>10:45:14</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:48</b>	<b>5:48:50</b>	<b>4:00:15</b>	<b>11:11:19</b>



### Coeur d'Alene 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:29	4:45:37	2:53:55	8:34:22
Female Winner	0:58:23	5:16:23	3:20:25	9:38:58
1st Age Grouper	1:07:21	5:42:14	3:39:49	10:34:52
2nd Age Grouper	1:12:47	5:54:09	3:20:44	10:35:44
3rd Age Grouper	1:00:06	5:43:45	3:44:26	10:37:14
4th Age Grouper	0:54:47	6:05:59	3:32:51	10:39:15
5th Age Grouper	1:06:44	5:52:55	3:34:24	10:40:47
6th Age Grouper	1:17:32	5:30:05	3:47:32	10:41:19
7th Age Grouper	1:09:33	5:28:01	3:57:05	10:42:52
8th Age Grouper	1:11:19	5:48:37	3:48:48	10:56:38
9th Age Grouper	1:16:05	5:51:10	3:39:48	10:56:47
10th Age Grouper	1:11:24	5:52:05	3:55:55	11:08:50
<b>Kona Qualifier Average</b>	<b>1:10:04</b>	<b>5:48:11</b>	<b>3:30:16</b>	<b>10:35:18</b>
<b>Top 10 Age Grouper Average</b>	<b>1:08:45</b>	<b>5:46:54</b>	<b>3:42:08</b>	<b>10:45:25</b>

### Coeur d'Alene 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:21	4:48:43	2:47:04	8:33:32
Female Winner	0:57:34	5:52:15	3:32:41	10:27:55
1st Age Grouper	1:06:25	6:01:42	3:28:20	10:43:43
2nd Age Grouper	1:11:35	5:51:23	3:57:11	11:10:36
3rd Age Grouper	1:13:35	5:56:52	3:56:56	11:15:03
4th Age Grouper	1:29:16	5:43:40	3:59:44	11:19:28
5th Age Grouper	1:19:46	6:00:56	3:47:45	11:20:51
6th Age Grouper	1:19:08	6:05:24	3:54:37	11:29:30
7th Age Grouper	1:16:55	6:12:48	3:56:42	11:34:05
8th Age Grouper	1:21:52	6:11:24	3:57:08	11:38:34
9th Age Grouper	1:12:50	6:01:39	4:17:00	11:38:55
10th Age Grouper	1:13:25	6:14:10	4:05:20	11:42:49
<b>Kona Qualifier Average</b>	<b>1:09:00</b>	<b>5:56:32</b>	<b>3:42:45</b>	<b>10:57:09</b>
<b>Top 10 Age Grouper Average</b>	<b>1:16:28</b>	<b>6:01:59</b>	<b>3:56:04</b>	<b>11:23:21</b>

### Coeur d'Alene 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:03	4:58:54	3:13:41	9:07:05
Female Winner	0:50:01	5:18:29	3:18:25	9:31:07
1st Age Grouper	0:59:29	5:36:24	3:57:03	10:37:41
2nd Age Grouper	1:01:32	5:36:50	4:00:41	10:46:50
3rd Age Grouper	1:08:17	5:45:30	3:47:11	10:47:20
4th Age Grouper	1:05:09	5:51:54	3:50:03	10:54:20
5th Age Grouper	0:59:23	5:40:53	4:09:52	10:57:36
6th Age Grouper	1:03:29	5:48:47	4:07:47	11:04:17
7th Age Grouper	1:11:05	5:45:46	4:00:26	11:07:54
8th Age Grouper	1:00:06	5:53:50	4:10:30	11:12:16
9th Age Grouper	0:56:59	6:00:18	4:20:42	11:25:19
10th Age Grouper	1:09:22	5:57:23	4:13:56	11:28:33
<b>Kona Qualifier Average</b>	<b>1:00:30</b>	<b>5:36:37</b>	<b>3:58:52</b>	<b>10:42:15</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:29</b>	<b>5:47:45</b>	<b>4:03:49</b>	<b>11:02:12</b>

### Coeur d'Alene 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:50	4:41:53	2:49:15	8:23:29
Female Winner	0:56:24	5:24:30	3:33:34	9:59:08
1st Age Grouper	1:01:46	5:38:54	3:30:06	10:17:17
2nd Age Grouper	1:01:11	5:33:05	3:49:53	10:29:00
3rd Age Grouper	1:04:04	5:33:01	3:50:10	10:33:49
4th Age Grouper	1:01:45	5:47:17	3:51:43	10:44:40
5th Age Grouper	1:07:50	5:44:47	3:48:40	10:47:23
6th Age Grouper	1:14:59	5:45:39	3:45:24	10:52:00
7th Age Grouper	1:06:31	5:50:56	4:00:49	11:07:59
8th Age Grouper	1:10:36	5:38:31	4:15:30	11:10:58
9th Age Grouper	1:08:33	5:54:35	4:12:25	11:20:40
10th Age Grouper	1:05:03	6:14:33	4:03:18	11:34:27
Kona Qualifier Average	1:01:28	5:35:59	3:39:59	10:23:08
Top 10 Age Grouper Average	1:06:13	5:46:07	3:54:47	10:53:49

### Coeur d'Alene 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:14	4:49:05	2:58:27	8:40:59
Female Winner	0:52:56	5:19:42	3:25:01	9:42:08
1st Age Grouper	0:59:56	5:41:52	4:14:36	11:02:58
2nd Age Grouper	1:06:52	5:54:50	4:10:40	11:20:11
3rd Age Grouper	1:00:14	5:49:03	4:24:54	11:20:39
4th Age Grouper	1:04:34	5:55:19	4:14:37	11:21:10
5th Age Grouper	1:02:00	5:45:36	4:27:22	11:21:54
6th Age Grouper	0:55:12	6:10:05	4:11:05	11:22:51
7th Age Grouper	1:03:51	5:50:21	4:26:33	11:26:32
8th Age Grouper	1:01:25	6:17:12	4:23:16	11:48:20
9th Age Grouper	0:59:33	6:10:48	4:37:14	11:53:24
10th Age Grouper	1:06:23	6:21:16	4:19:30	11:55:44
Kona Qualifier Average	1:03:24	5:48:21	4:12:38	11:11:34
Top 10 Age Grouper Average	1:02:00	5:59:38	4:20:58	11:29:22