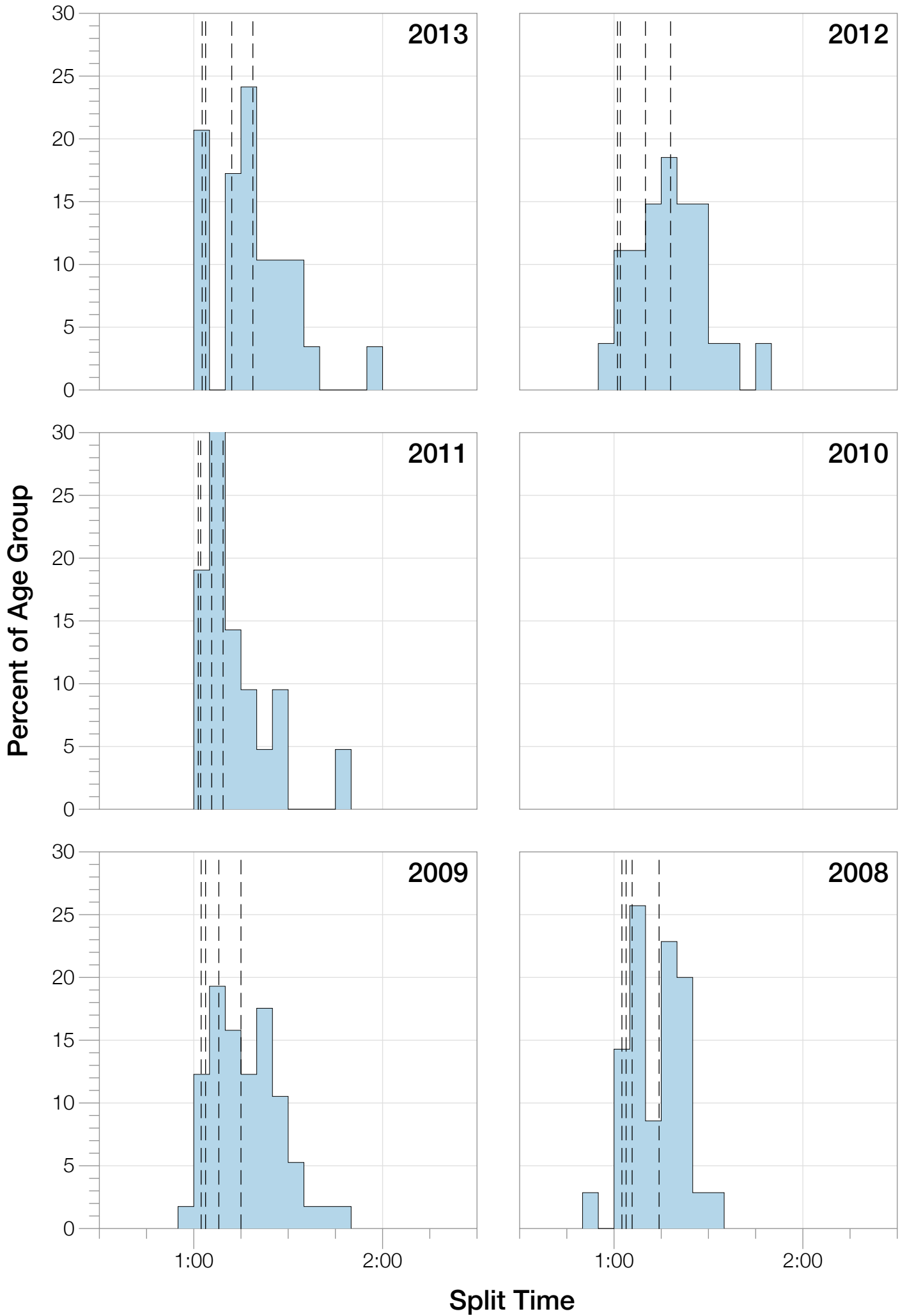


# Ironman France F30-34 Stats

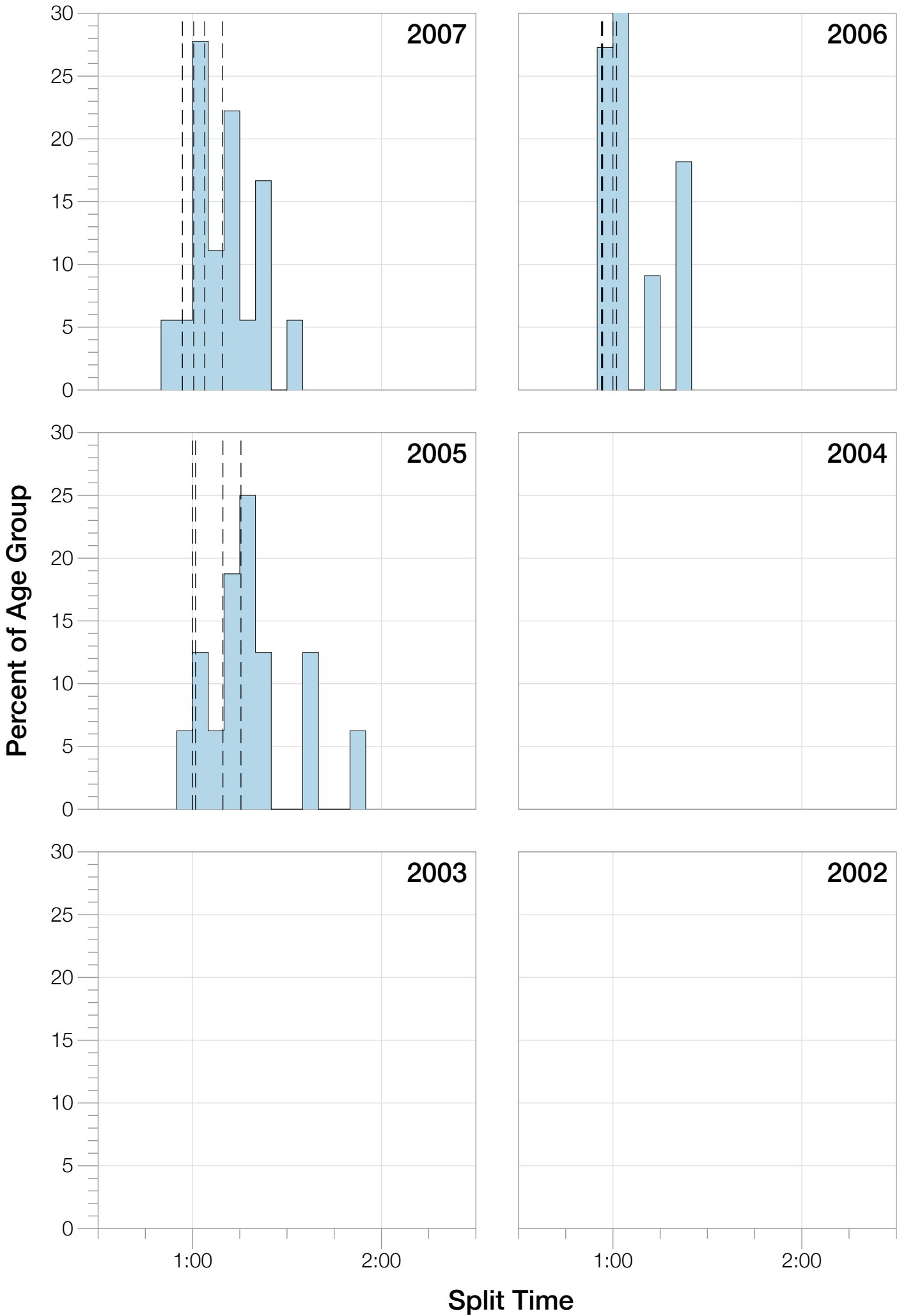
## F30-34 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F30-34 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F30-34 Winner's Time</b>
2005	1103	16	8:49:06	10:12:29	10:37:25
2006	857	12	8:33:55	9:56:31	10:28:21
2007	1249	18	8:38:45	9:49:11	10:39:19
2008	1952	35	8:34:18	9:35:29	10:34:29
2009	2325	57	8:30:06	9:30:29	10:29:00
2011	2066	29	8:28:30	9:34:31	10:19:05
2012	2052	27	8:21:51	9:16:05	10:29:08
2013	2372	29	8:08:59	9:12:54	11:15:29
<b>Average</b>	<b>1747</b>	<b>28</b>	<b>8:30:41</b>	<b>9:38:27</b>	<b>9:25:48</b>

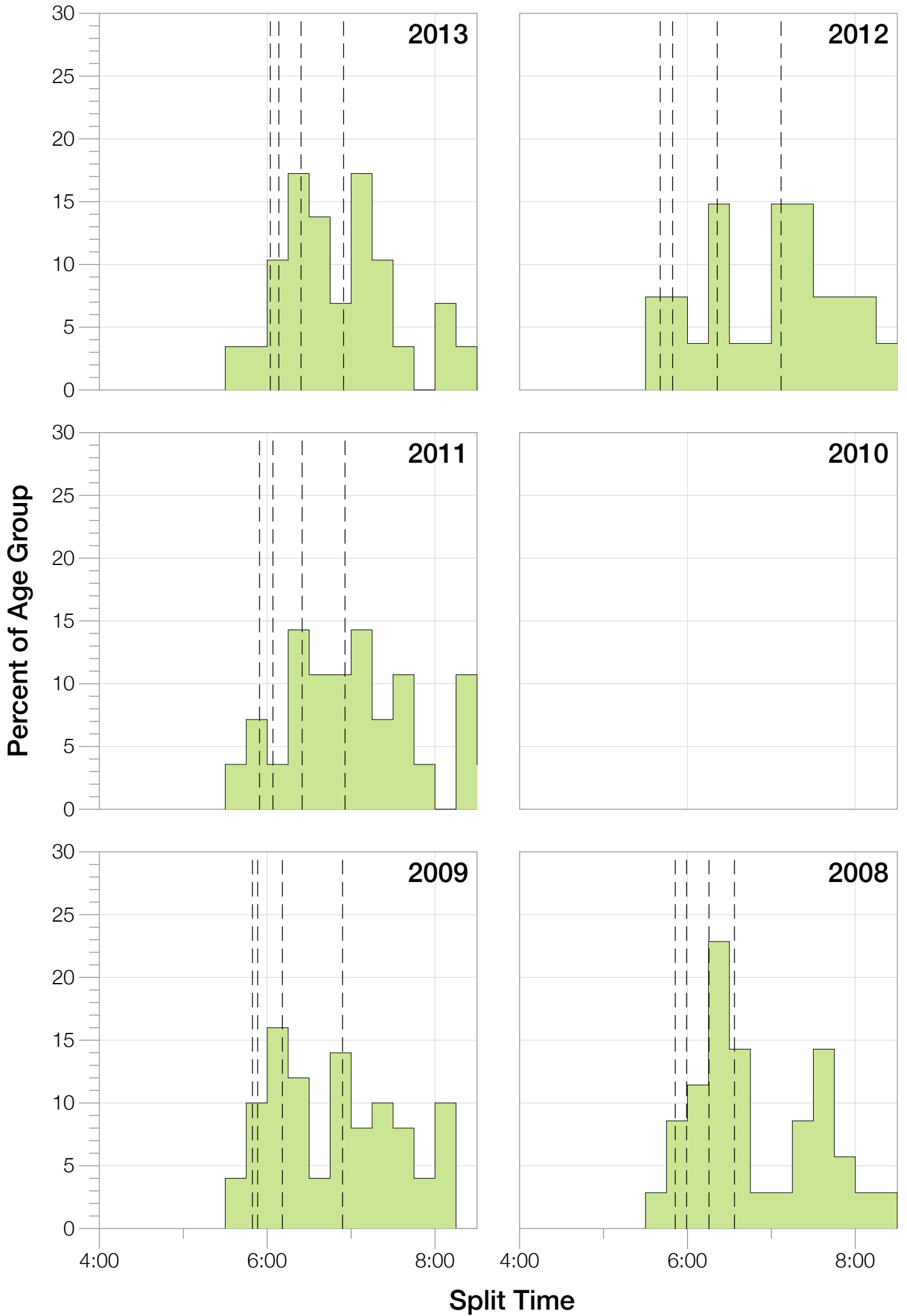
# F30-34 Swim



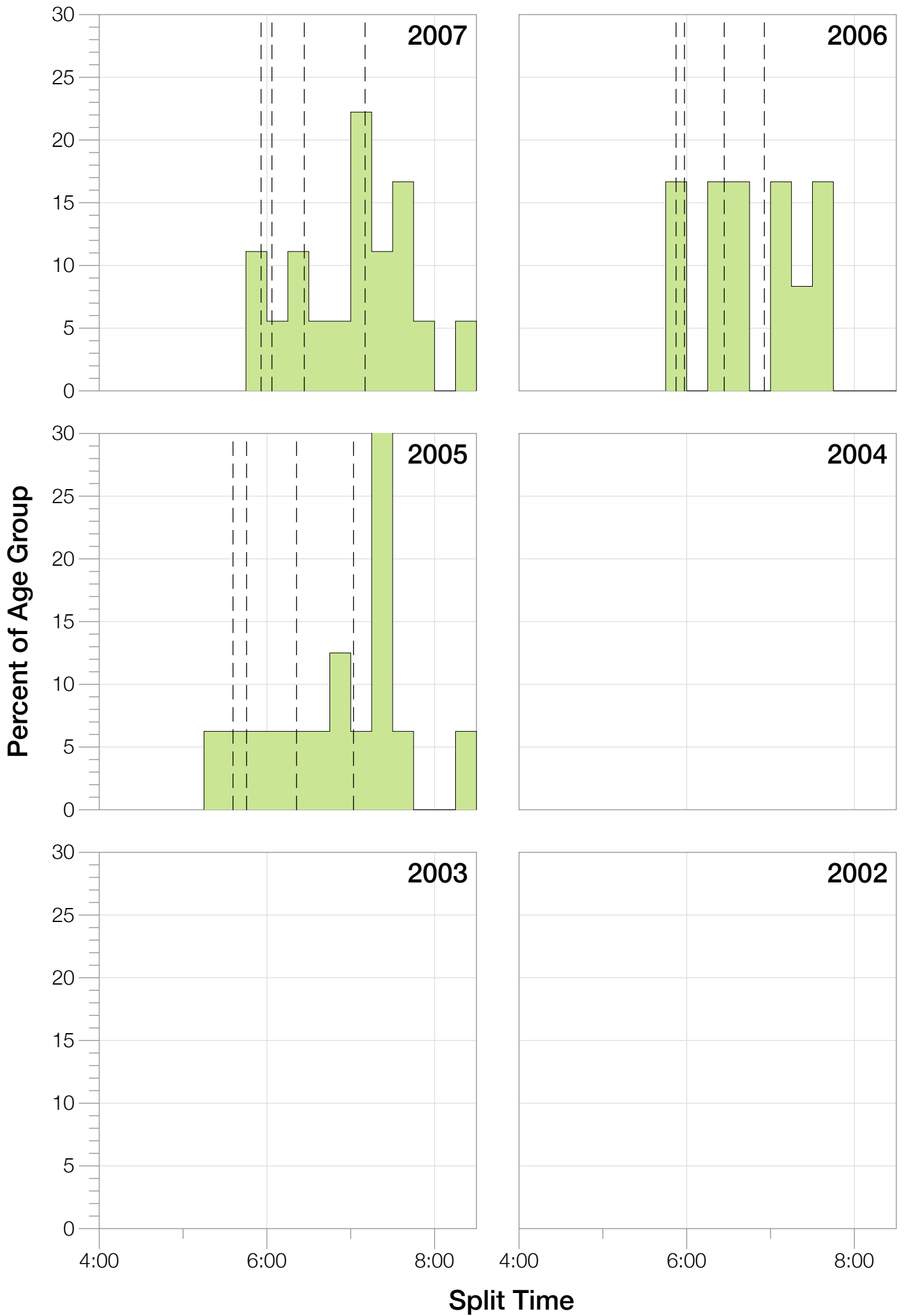
# F30-34 Swim



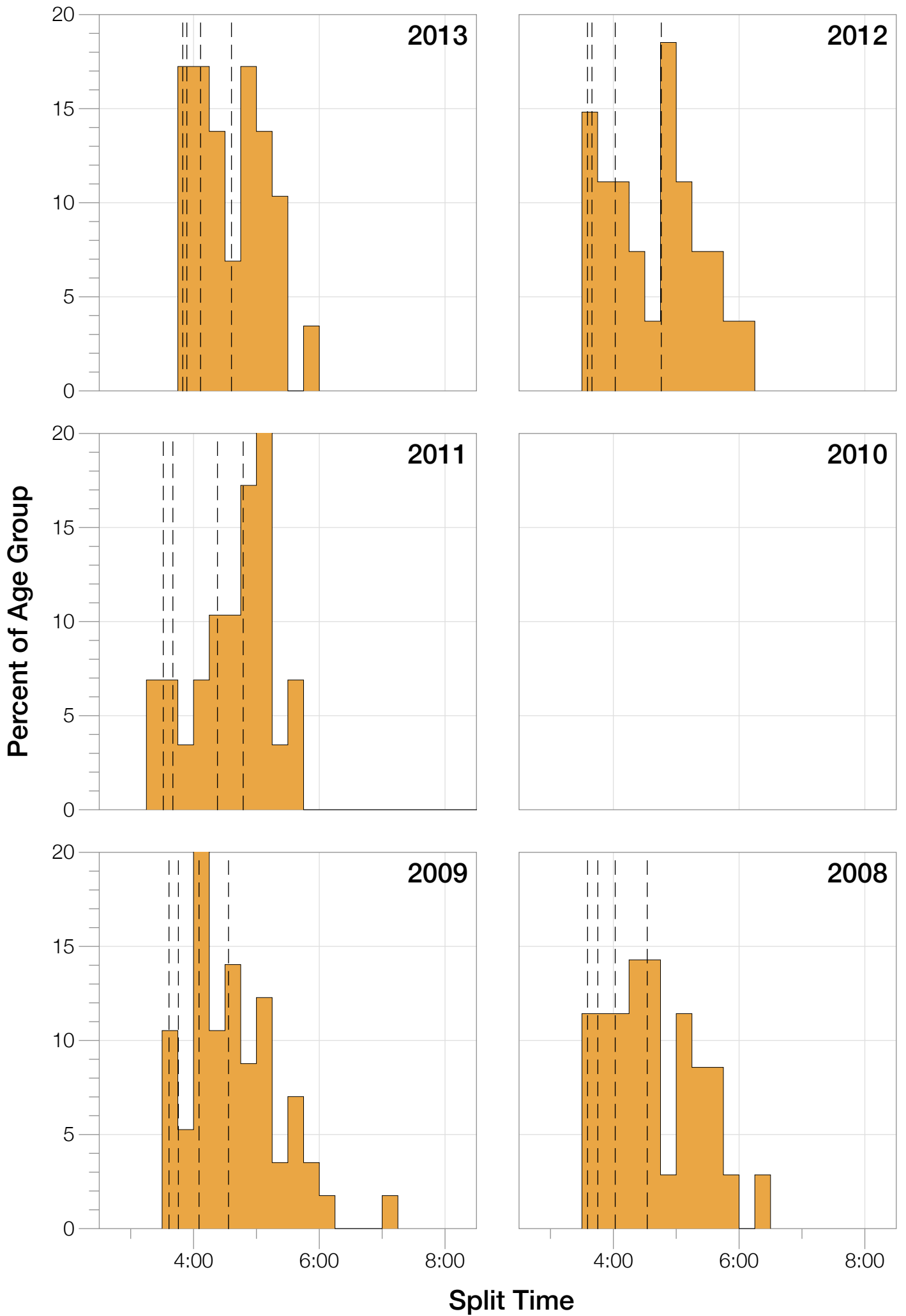
# F30-34 Bike



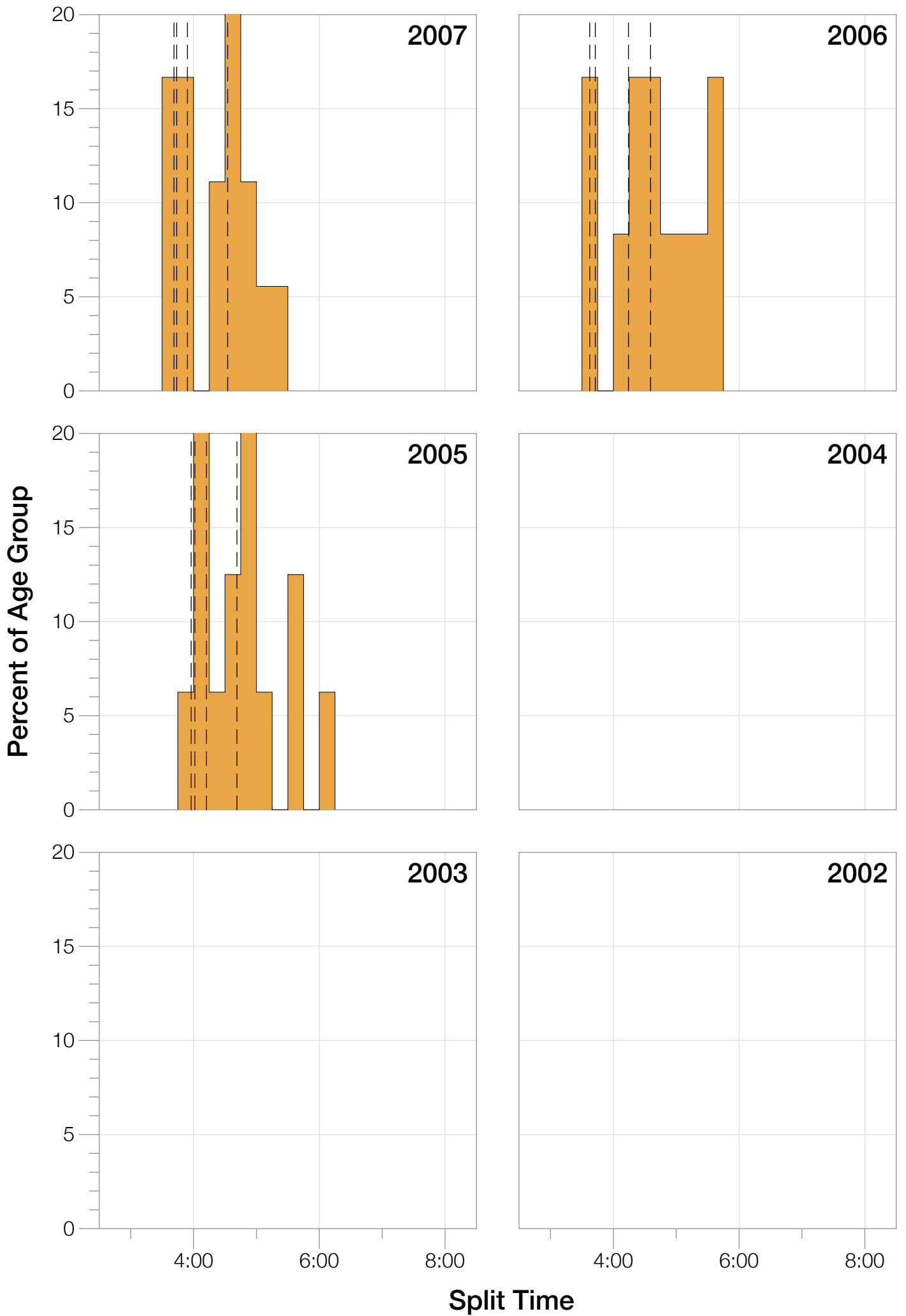
# F30-34 Bike



# F30-34 Run

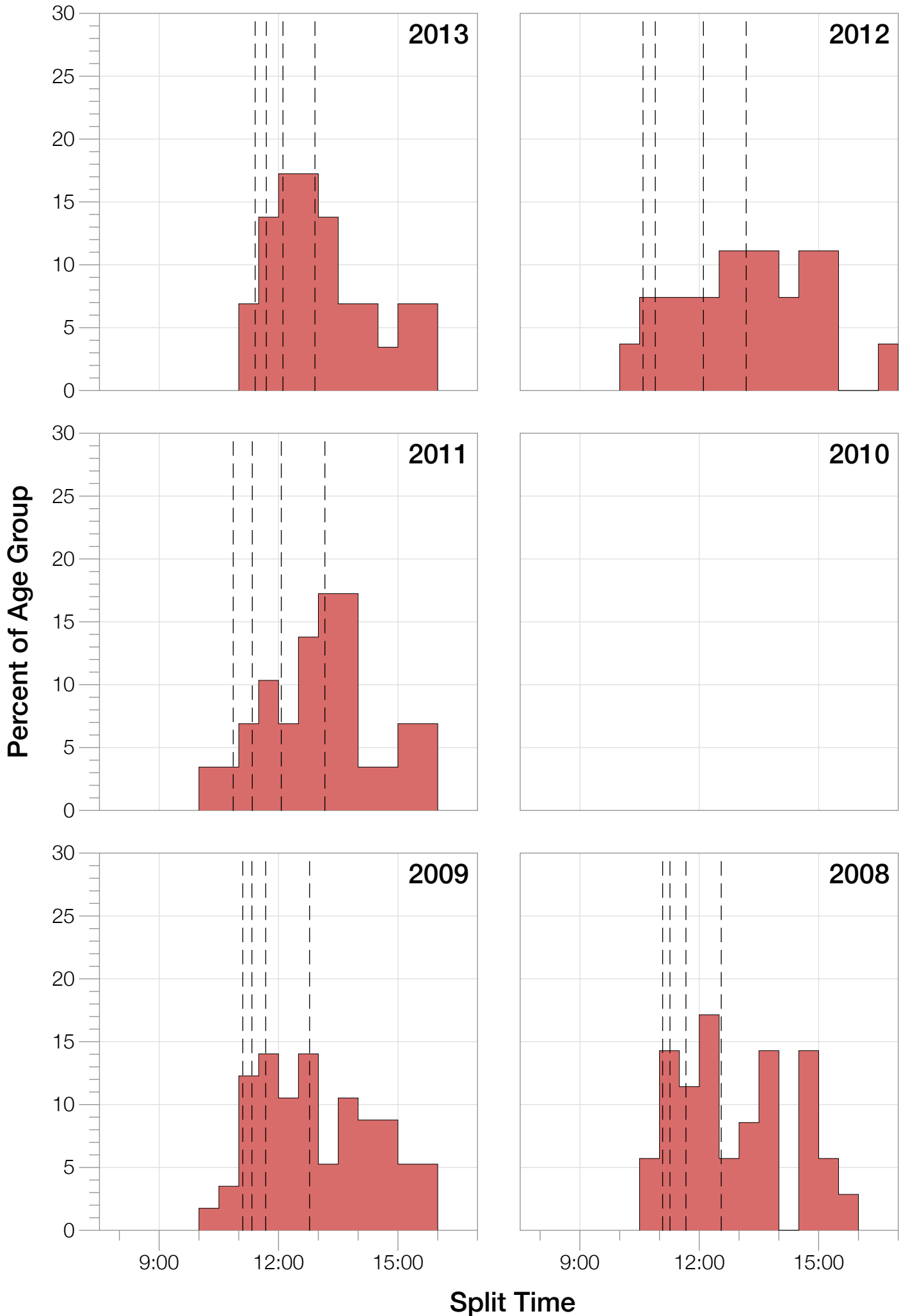


# F30-34 Run



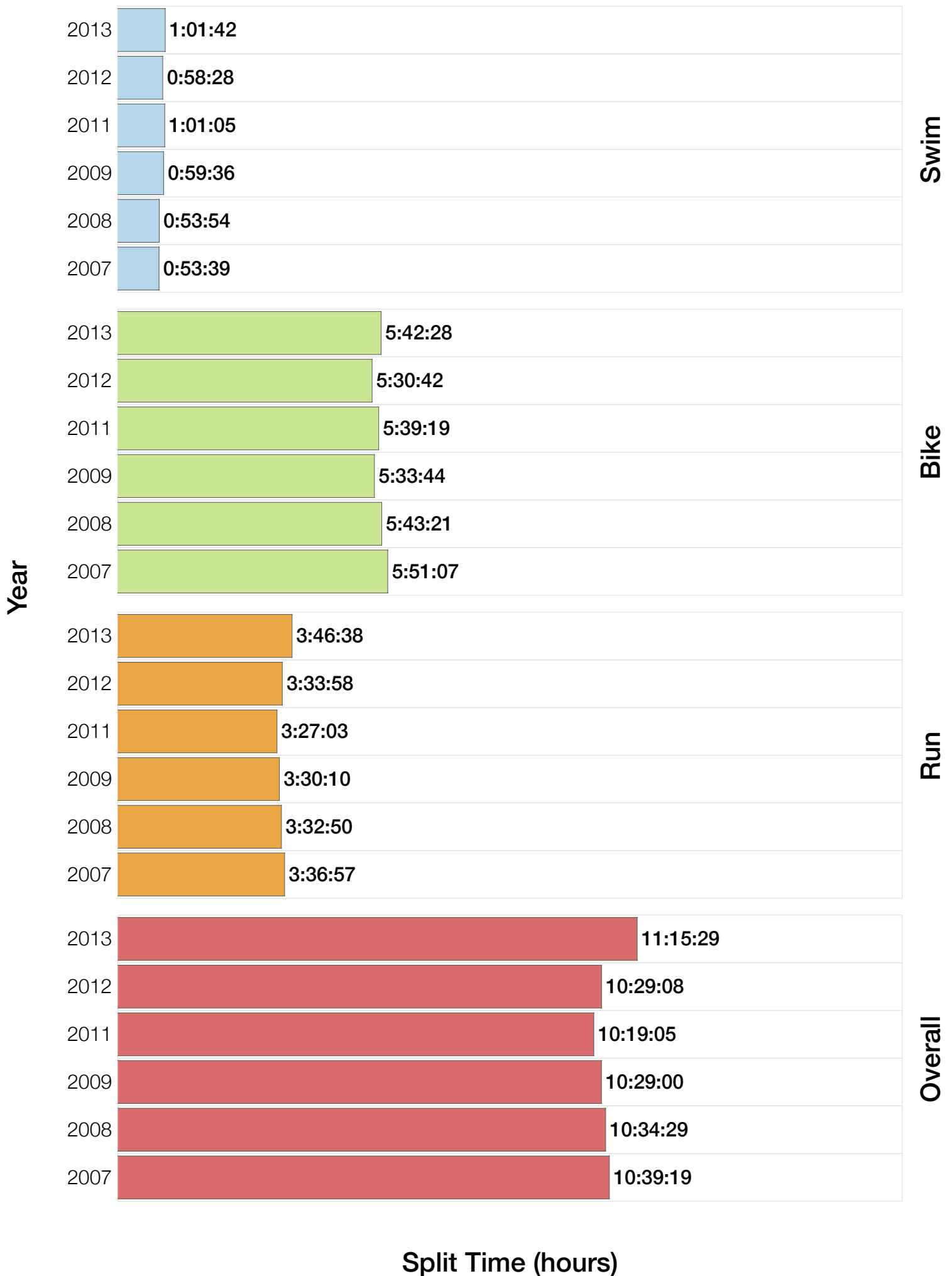


# F30-34 Overall

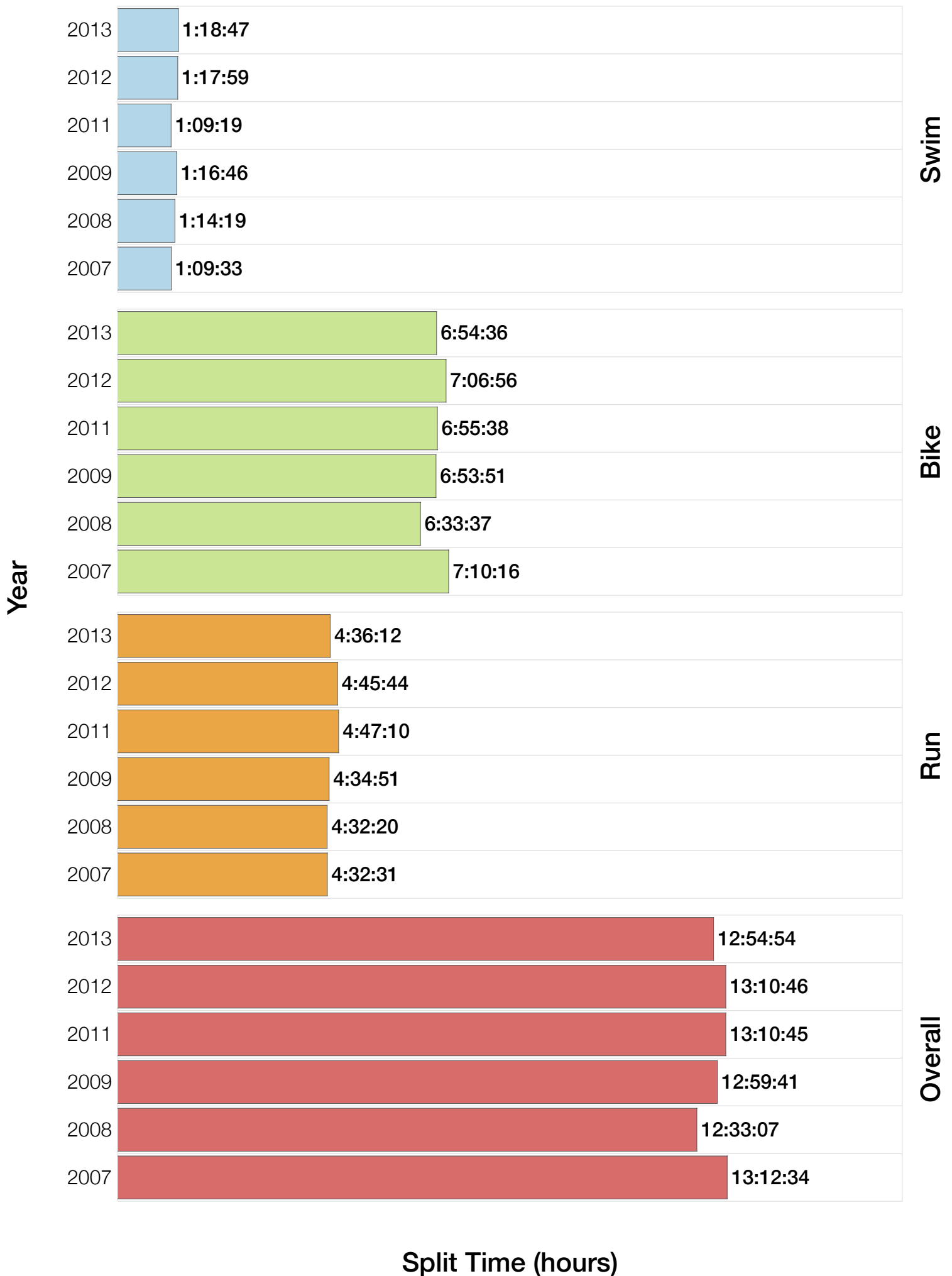




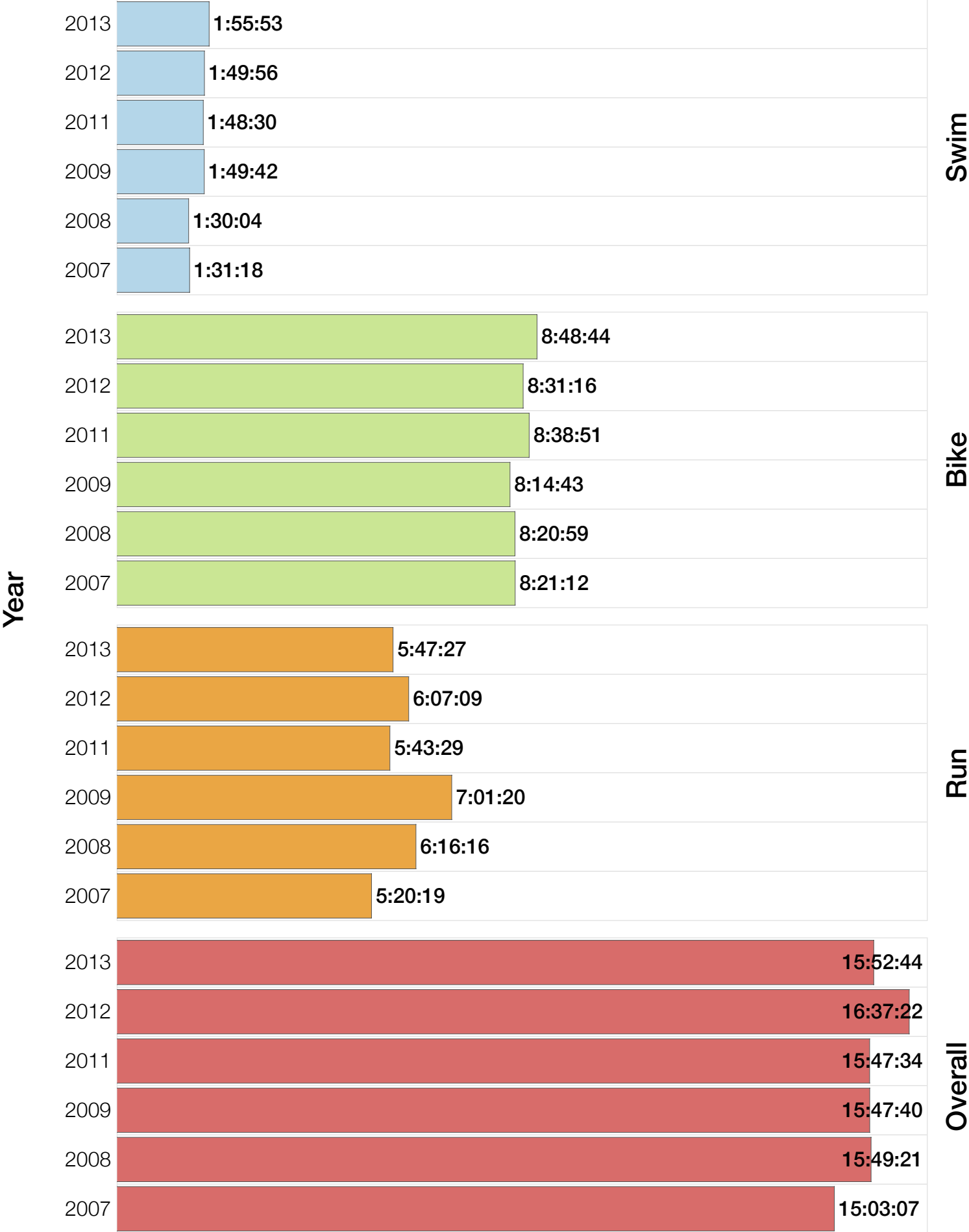
# F30-34 Fastest Splits



# F30-34 Median Splits



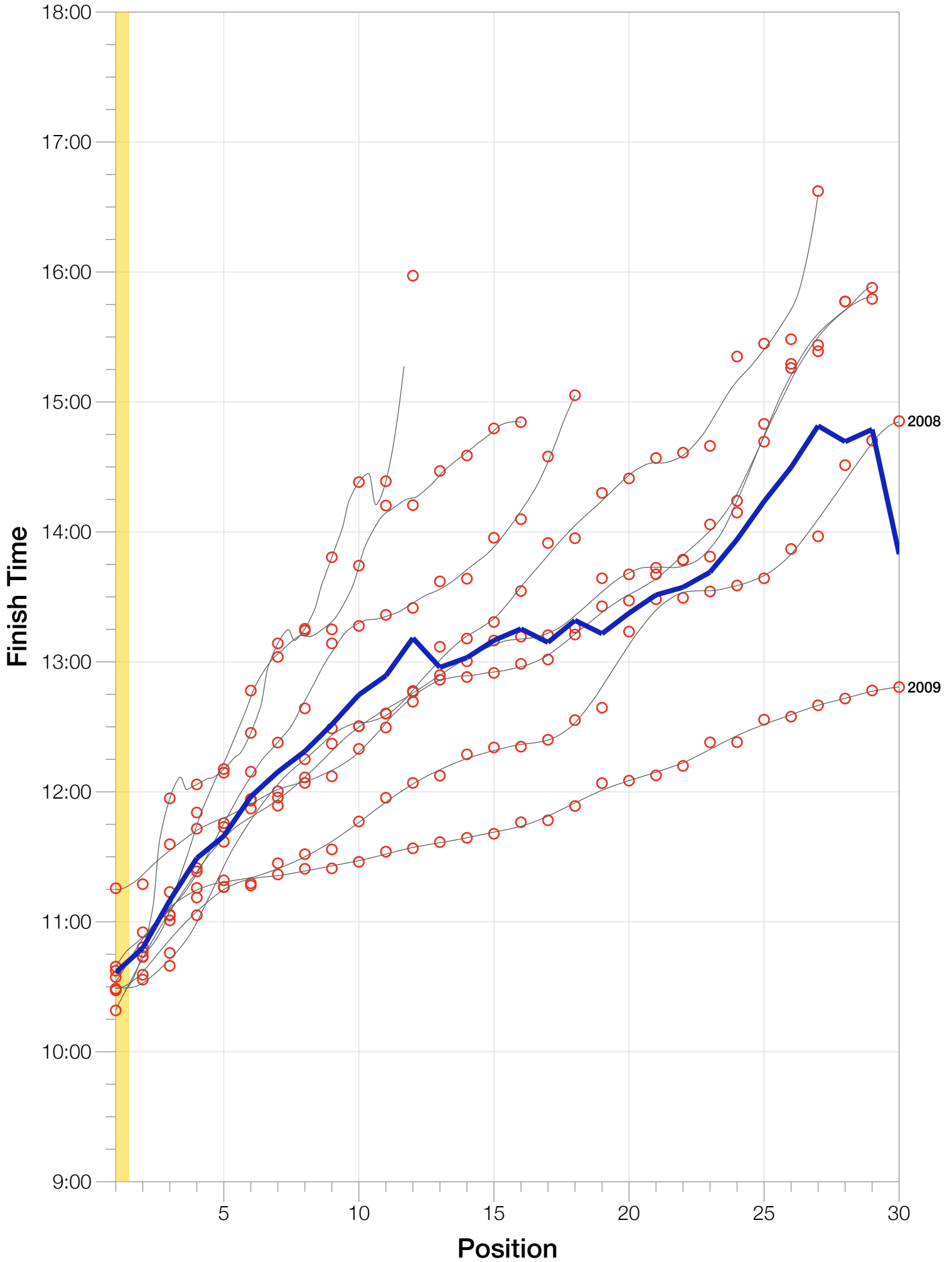
# F30-34 Slowest Splits



Split Time (hours)

# F30-34 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F30-34 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:49:16</b>	<b>4:47:38</b>	<b>2:48:21</b>	<b>8:30:41</b>
<b>Average Female Winner</b>	<b>0:57:09</b>	<b>5:25:37</b>	<b>3:09:31</b>	<b>9:38:27</b>
<b>Average 1st Age Grouper</b>	<b>1:02:23</b>	<b>5:42:10</b>	<b>3:42:58</b>	<b>10:36:32</b>
Average 2nd Age Grouper	1:06:26	5:53:00	3:39:13	10:47:57
Average 3rd Age Grouper	1:10:14	5:58:15	3:52:36	11:09:51
Average 4th Age Grouper	1:09:11	6:07:39	4:00:23	11:29:21
Average 5th Age Grouper	1:08:49	6:30:48	3:56:07	11:39:36
Average 6th Age Grouper	1:07:25	6:25:30	4:13:55	11:57:49
Average 7th Age Grouper	1:05:29	6:34:42	4:16:28	12:09:12
Average 8th Age Grouper	1:06:55	6:32:49	4:26:07	12:18:43
Average 9th Age Grouper	1:14:18	6:42:58	4:19:17	12:31:04
Average 10th Age Grouper	1:12:19	6:53:09	4:26:34	12:44:48
<b>Kona Qualifier Average</b>	<b>1:02:23</b>	<b>5:42:10</b>	<b>3:42:58</b>	<b>10:36:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:08:20</b>	<b>6:20:02</b>	<b>4:05:15</b>	<b>11:44:29</b>

## France 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:00</b>	<b>4:33:29</b>	<b>2:42:07</b>	<b>8:08:59</b>
<b>Female Winner</b>	<b>0:51:22</b>	<b>5:11:40</b>	<b>3:04:06</b>	<b>9:12:54</b>
<b>1st Age Grouper</b>	<b>1:13:25</b>	<b>5:58:42</b>	<b>3:52:45</b>	<b>11:15:29</b>
2nd Age Grouper	1:11:27	6:08:34	3:47:41	11:17:22
3rd Age Grouper	1:13:32	5:42:28	4:28:38	11:35:48
4th Age Grouper	1:04:56	6:20:39	4:03:27	11:43:00
5th Age Grouper	1:03:25	6:43:53	3:46:38	11:45:32
6th Age Grouper	1:12:04	6:17:57	4:15:34	11:55:55
7th Age Grouper	1:01:42	6:09:27	4:36:12	12:00:14
8th Age Grouper	1:03:51	6:29:00	4:23:53	12:06:39
9th Age Grouper	1:16:24	6:24:12	4:10:15	12:07:11
10th Age Grouper	1:31:52	6:40:01	3:53:48	12:19:51
<b>Kona Qualifier Average</b>	<b>1:13:25</b>	<b>5:58:42</b>	<b>3:52:45</b>	<b>11:15:29</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:15</b>	<b>6:17:29</b>	<b>4:07:53</b>	<b>11:48:42</b>

## France 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:47:22</b>	<b>4:35:42</b>	<b>2:53:39</b>	<b>8:21:51</b>
<b>Female Winner</b>	<b>0:57:18</b>	<b>5:10:03</b>	<b>3:02:31</b>	<b>9:16:05</b>
<b>1st Age Grouper</b>	<b>1:01:31</b>	<b>5:30:42</b>	<b>3:48:06</b>	<b>10:29:08</b>
2nd Age Grouper	1:05:38	5:45:03	3:33:58	10:33:19
3rd Age Grouper	1:17:30	5:38:36	3:34:08	10:39:41
4th Age Grouper	1:10:16	6:01:58	3:40:34	11:03:02
5th Age Grouper	1:11:49	5:52:20	4:03:50	11:19:10
6th Age Grouper	1:18:14	6:19:10	4:07:24	11:56:40
7th Age Grouper	1:14:55	6:23:29	4:04:54	11:57:24
8th Age Grouper	1:09:42	6:26:43	4:26:52	12:15:04
9th Age Grouper	1:34:12	7:03:48	3:38:07	12:29:17
10th Age Grouper	1:02:20	7:15:11	3:59:04	12:30:20
<b>Kona Qualifier Average</b>	<b>1:01:31</b>	<b>5:30:42</b>	<b>3:48:06</b>	<b>10:29:08</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:36</b>	<b>6:13:42</b>	<b>3:53:41</b>	<b>11:31:18</b>

### France 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:10	4:42:00	2:51:08	8:28:30
Female Winner	1:01:27	5:14:06	3:13:18	9:34:31
1st Age Grouper	1:03:19	5:39:19	3:28:51	10:19:05
2nd Age Grouper	1:01:26	6:06:41	3:27:03	10:44:04
3rd Age Grouper	1:06:31	5:52:37	3:53:07	11:02:59
4th Age Grouper	1:08:10	5:58:02	4:04:43	11:24:47
5th Age Grouper	1:05:08	7:52:29	3:34:25	11:36:55
6th Age Grouper				11:52:15
7th Age Grouper	1:13:31	6:47:38	3:41:44	11:53:38
8th Age Grouper	1:02:11	6:32:56	4:13:51	12:04:07
9th Age Grouper	1:10:47	6:33:13	4:22:49	12:22:14
10th Age Grouper	1:01:05	6:18:12	5:02:01	12:30:17
<b>Kona Qualifier Average</b>	<b>1:03:19</b>	<b>5:39:19</b>	<b>3:28:51</b>	<b>10:19:05</b>
<b>Top 10 Age Grouper Average</b>	<b>1:05:47</b>	<b>6:24:34</b>	<b>3:58:43</b>	<b>11:35:02</b>

### France 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:10	4:48:59	2:43:17	8:30:06
Female Winner	0:58:04	5:14:36	3:11:58	9:30:29
1st Age Grouper	1:09:11	5:36:24	3:36:14	10:29:00
2nd Age Grouper	1:07:58	5:49:11	3:30:10	10:35:34
3rd Age Grouper	1:07:27	5:53:21	3:36:38	10:45:37
4th Age Grouper	1:23:17	6:02:54	3:30:33	11:11:12
5th Age Grouper	1:07:38	5:53:40	4:03:40	11:16:00
6th Age Grouper	1:03:39	6:03:48	3:59:18	11:16:47
7th Age Grouper	1:00:32	6:03:33	4:09:14	11:21:51
8th Age Grouper	1:06:27	5:33:44	4:35:32	11:24:28
9th Age Grouper	1:21:34	5:49:48	4:03:28	11:24:39
10th Age Grouper	1:06:29	6:21:50	3:47:18	11:27:40
<b>Kona Qualifier Average</b>	<b>1:09:11</b>	<b>5:36:24</b>	<b>3:36:14</b>	<b>10:29:00</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:25</b>	<b>5:54:49</b>	<b>3:53:12</b>	<b>11:07:16</b>

### France 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:09	4:54:01	2:45:21	8:34:18
Female Winner	0:57:26	5:24:15	3:07:32	9:35:29
1st Age Grouper	1:03:23	5:46:30	3:36:11	10:34:29
2nd Age Grouper	1:18:09	5:43:21	3:32:50	10:43:47
3rd Age Grouper	1:05:03	6:07:38	3:50:50	11:13:47
4th Age Grouper	1:03:19	5:53:18	4:06:24	11:15:38
5th Age Grouper	1:11:34	6:12:00	3:41:24	11:16:04
6th Age Grouper	1:08:39	6:22:14	3:33:32	11:17:47
7th Age Grouper	0:53:54	5:53:53	4:29:56	11:27:02
8th Age Grouper	1:05:54	6:11:31	4:02:53	11:31:13
9th Age Grouper	1:05:28	6:18:09	3:55:36	11:33:26
10th Age Grouper	1:17:59	6:15:43	4:00:40	11:46:20
<b>Kona Qualifier Average</b>	<b>1:03:23</b>	<b>5:46:30</b>	<b>3:36:11</b>	<b>10:34:29</b>
<b>Top 10 Age Grouper Average</b>	<b>1:07:20</b>	<b>6:04:25</b>	<b>3:53:01</b>	<b>11:15:57</b>



### France 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:18	4:54:50	2:48:45	8:38:45
Female Winner	0:58:27	5:33:55	3:10:38	9:49:11
1st Age Grouper	0:53:39	5:51:07	3:44:36	10:39:19
2nd Age Grouper	1:04:19	5:56:40	3:42:06	10:55:11
3rd Age Grouper	1:10:25	6:06:34	3:36:57	11:03:19
4th Age Grouper	1:01:41	6:17:25	3:53:05	11:23:17
5th Age Grouper	1:12:45	6:21:52	3:53:09	11:43:49
6th Age Grouper	0:57:19	6:46:22	4:15:02	12:09:17
7th Age Grouper	1:03:44	7:07:29	3:56:59	12:22:46
8th Age Grouper	1:04:22	6:41:21	4:39:40	12:38:32
9th Age Grouper	1:10:19	7:09:53	4:31:44	13:08:32
10th Age Grouper	1:10:53	7:13:41	4:40:52	13:16:37
<b>Kona Qualifier Average</b>	<b>0:53:39</b>	<b>5:51:07</b>	<b>3:44:36</b>	<b>10:39:19</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:56</b>	<b>6:33:14</b>	<b>4:05:25</b>	<b>11:56:03</b>

### France 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:36	4:57:37	2:47:13	8:33:55
Female Winner	0:48:58	5:46:04	3:15:15	9:56:31
1st Age Grouper	0:55:58	5:48:20	3:34:43	10:28:21
2nd Age Grouper	1:01:11	5:55:41	3:39:43	10:46:07
3rd Age Grouper		6:32:43	4:10:44	11:57:00
4th Age Grouper	0:59:39	6:22:51	4:31:18	12:03:25
5th Age Grouper	1:00:23	6:43:22	4:15:45	12:10:30
6th Age Grouper	0:56:44	6:28:13	4:52:15	12:27:13
7th Age Grouper	1:03:44	7:26:13	4:17:55	13:08:32
8th Age Grouper	1:12:21	7:08:06	4:39:30	13:15:18
9th Age Grouper	1:00:20	7:07:48	5:20:27	13:48:19
10th Age Grouper	1:21:20	7:42:15	5:07:27	14:23:01
<b>Kona Qualifier Average</b>	<b>0:55:58</b>	<b>5:48:20</b>	<b>3:34:43</b>	<b>10:28:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:31</b>	<b>6:43:33</b>	<b>4:26:58</b>	<b>12:26:46</b>

### France 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:27	4:54:31	2:55:22	8:49:06
Female Winner	1:04:12	5:50:22	3:10:54	10:12:29
1st Age Grouper	0:58:38	5:26:18	4:02:19	10:37:25
2nd Age Grouper	1:01:27	5:38:53	4:00:19	10:48:15
3rd Age Grouper	1:11:13	5:52:03	3:49:53	11:00:38
4th Age Grouper	1:22:12	6:04:10	4:13:03	11:50:28
5th Age Grouper	1:17:57	6:26:54	4:10:09	12:08:49
6th Age Grouper	1:15:22	6:40:52	4:34:22	12:46:45
7th Age Grouper	1:11:57	6:45:59	4:54:51	13:02:16
8th Age Grouper	1:10:38	7:19:15	4:26:48	13:14:26
9th Age Grouper	1:15:23	7:16:57	4:31:54	13:15:01
10th Age Grouper	1:06:40	7:18:20	5:01:24	13:44:25
<b>Kona Qualifier Average</b>	<b>0:58:38</b>	<b>5:26:18</b>	<b>4:02:19</b>	<b>10:37:25</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:08</b>	<b>6:28:58</b>	<b>4:22:30</b>	<b>12:14:50</b>