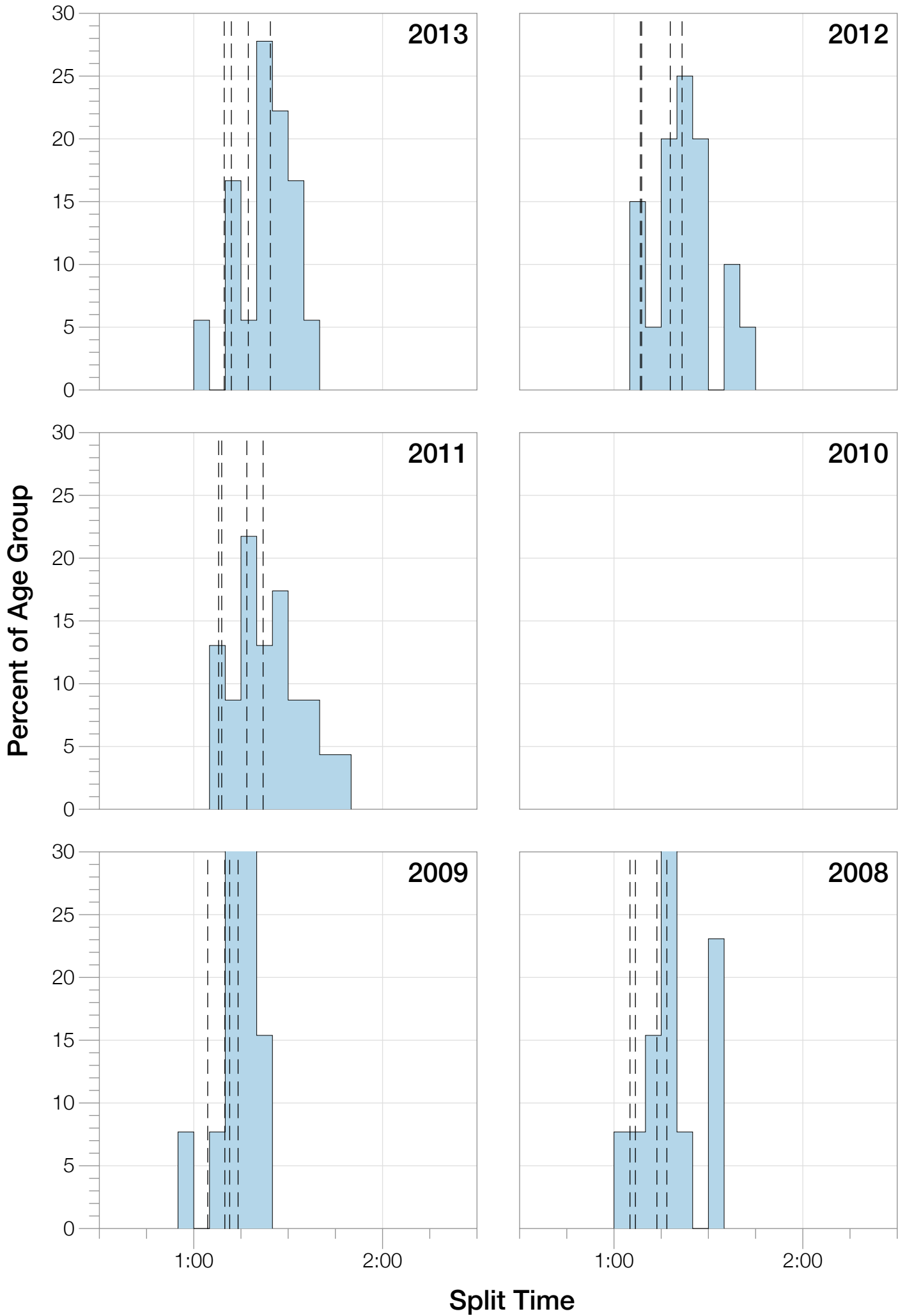


# Ironman France F45-49 Stats

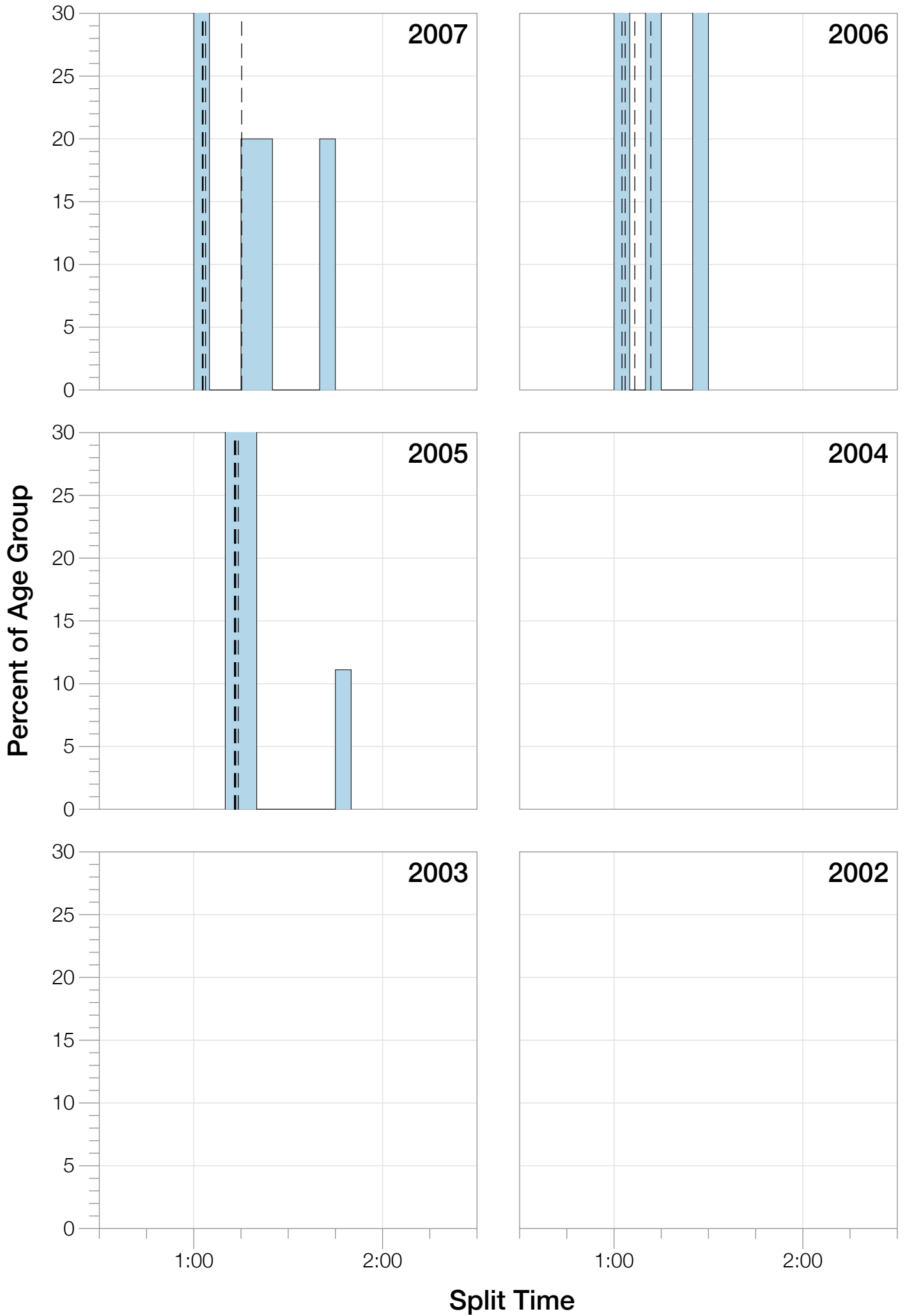
## F45-49 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F45-49 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F45-49 Winner's Time</b>
2005	1103	9	8:49:06	10:12:29	12:05:21
2006	857	3	8:33:55	9:56:31	13:18:21
2007	1249	5	8:38:45	9:49:11	10:54:43
2008	1952	13	8:34:18	9:35:29	11:04:53
2009	2325	13	8:30:06	9:30:29	11:26:06
2011	2066	26	8:28:30	9:34:31	11:10:04
2012	2052	20	8:21:51	9:16:05	10:33:13
2013	2372	18	8:08:59	9:12:54	10:27:35
<b>Average</b>	<b>1747</b>	<b>13</b>	<b>8:30:41</b>	<b>9:38:27</b>	<b>10:06:41</b>

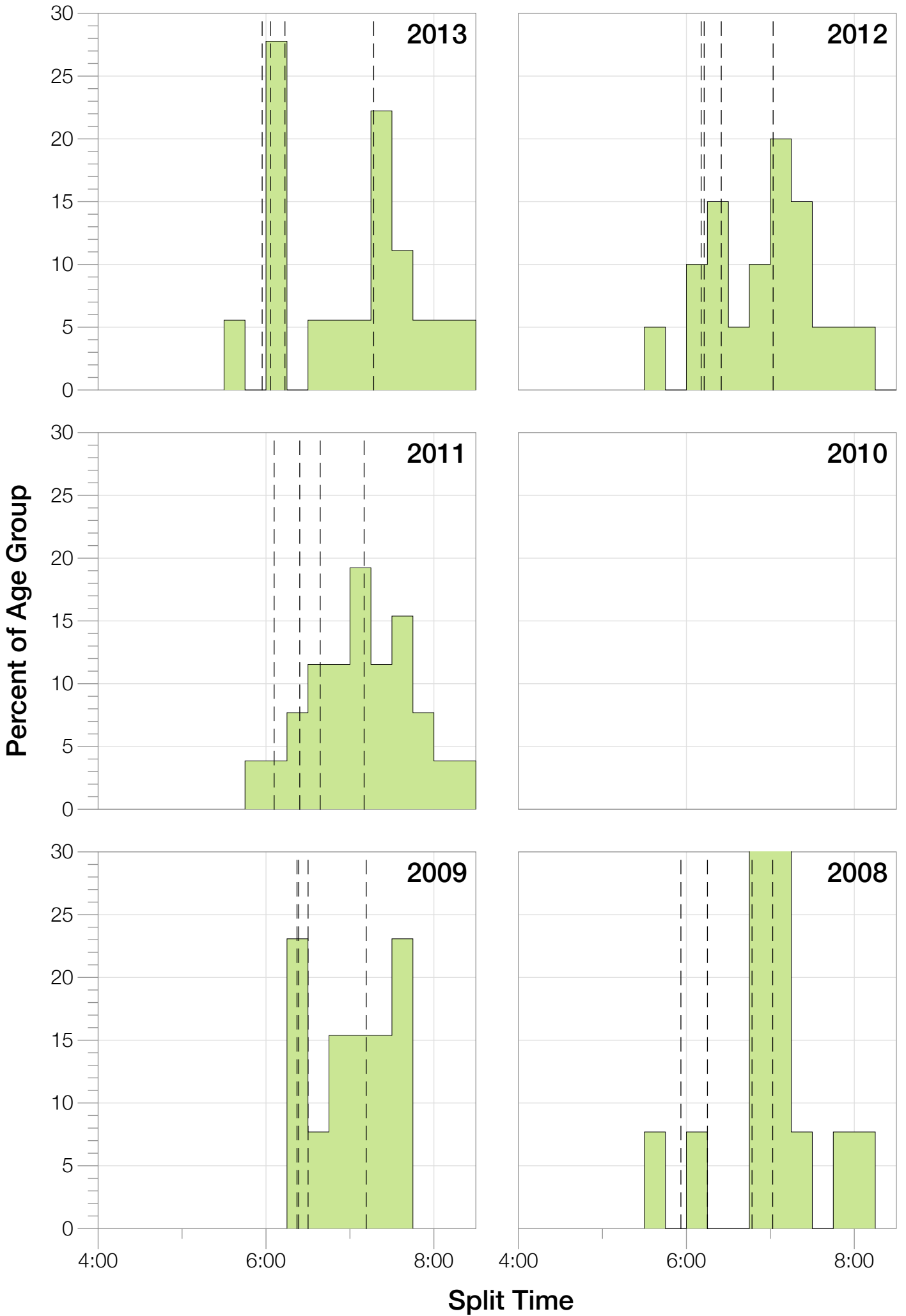
# F45-49 Swim



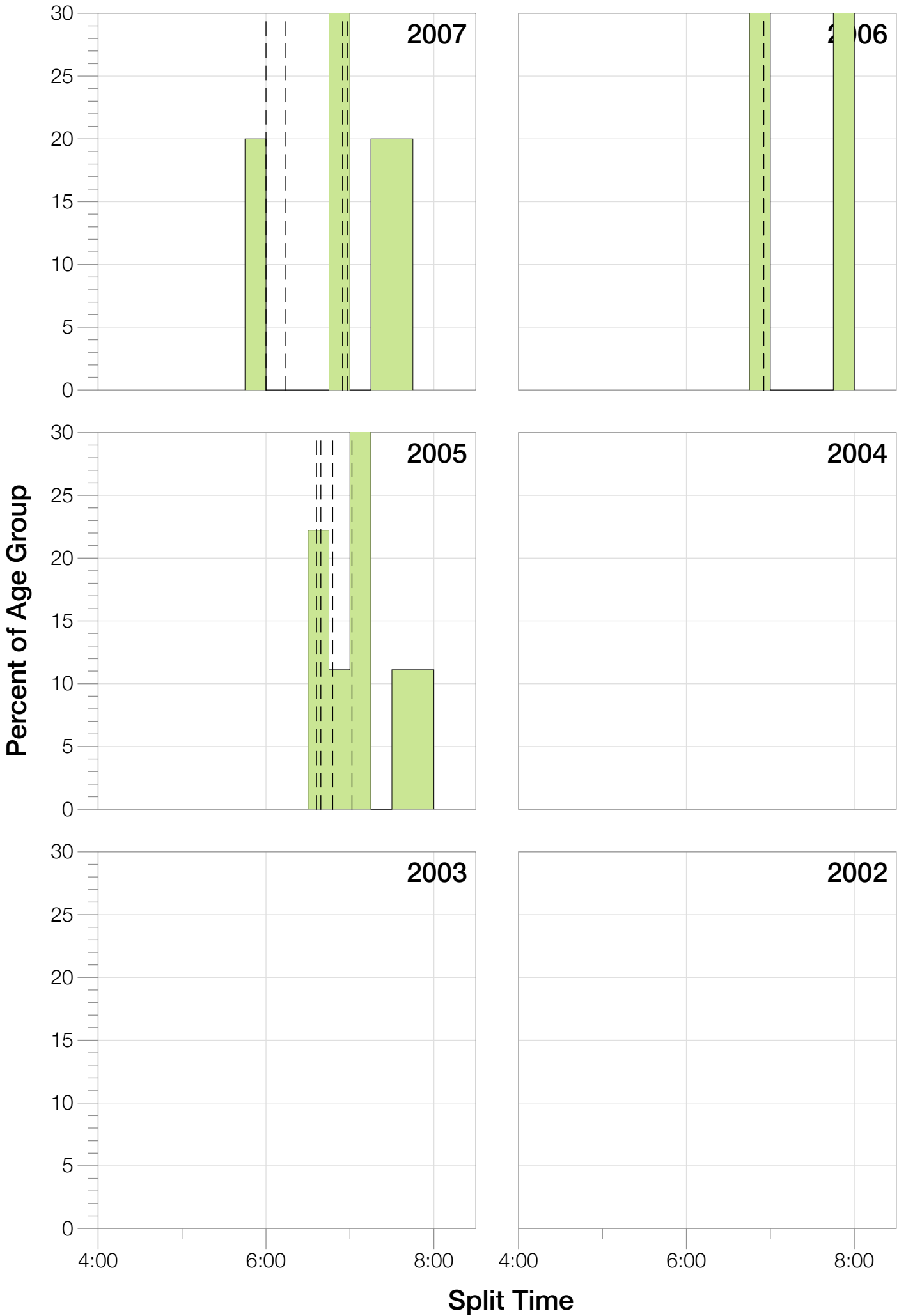
# F45-49 Swim



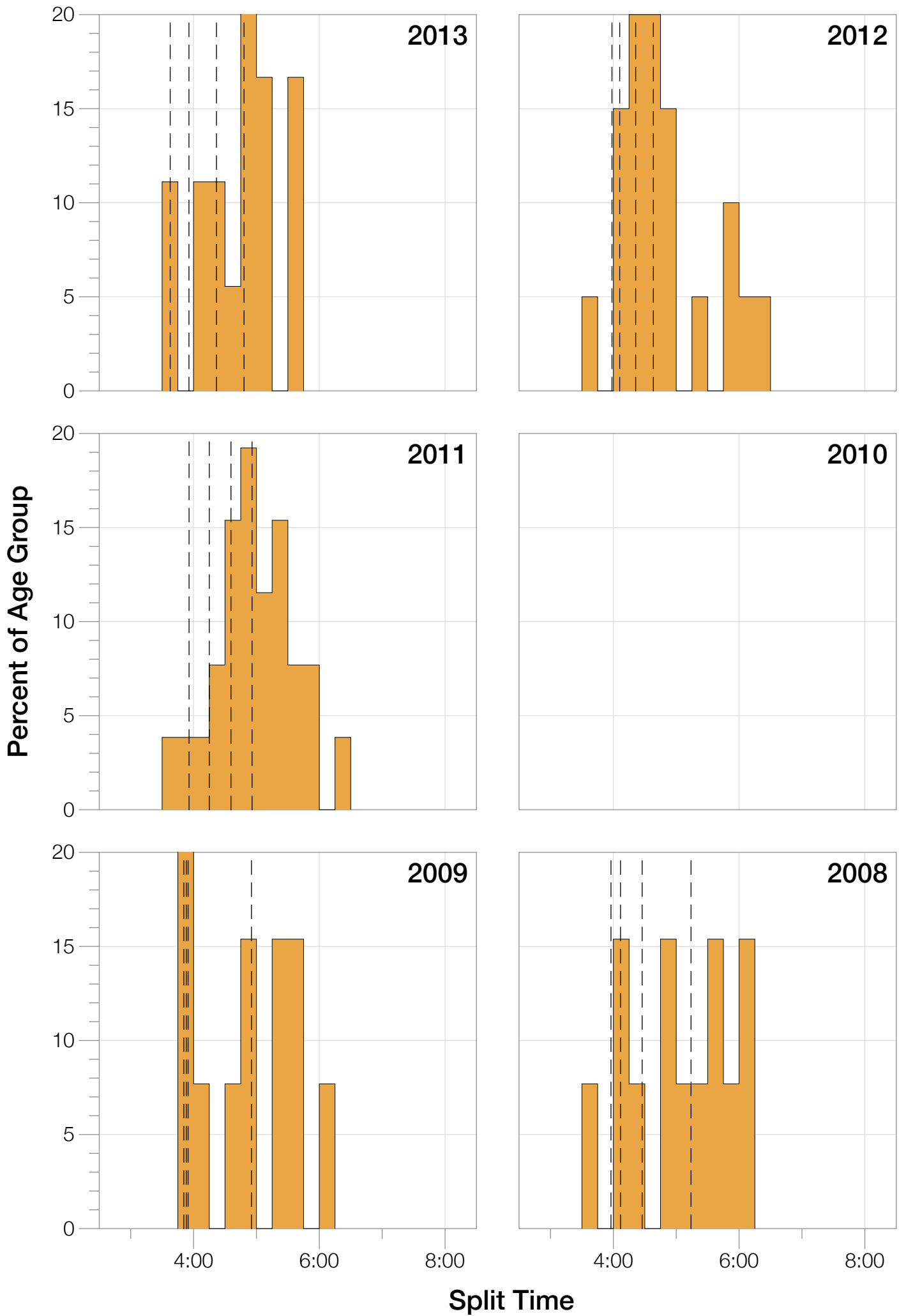
# F45-49 Bike



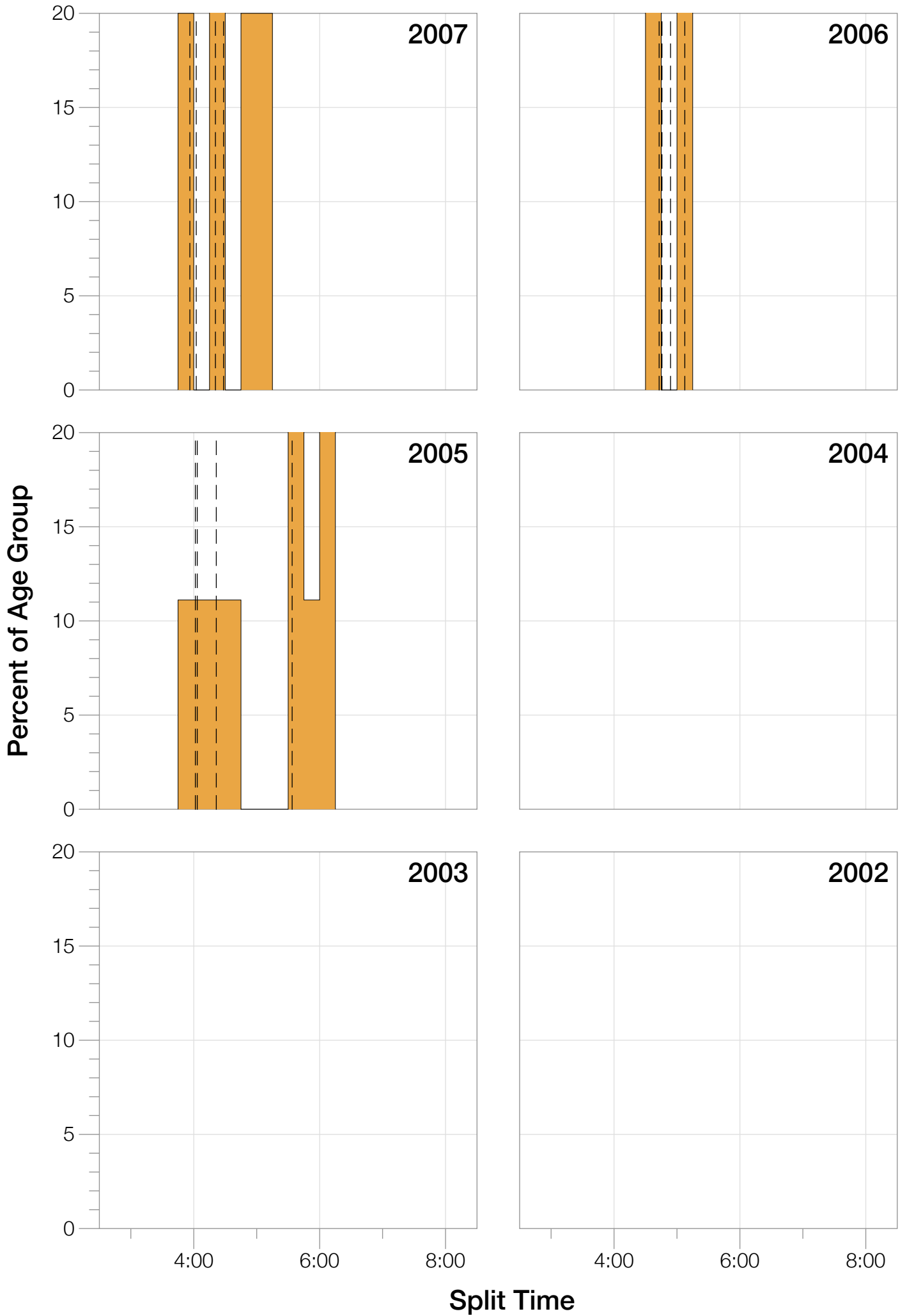
# F45-49 Bike



# F45-49 Run

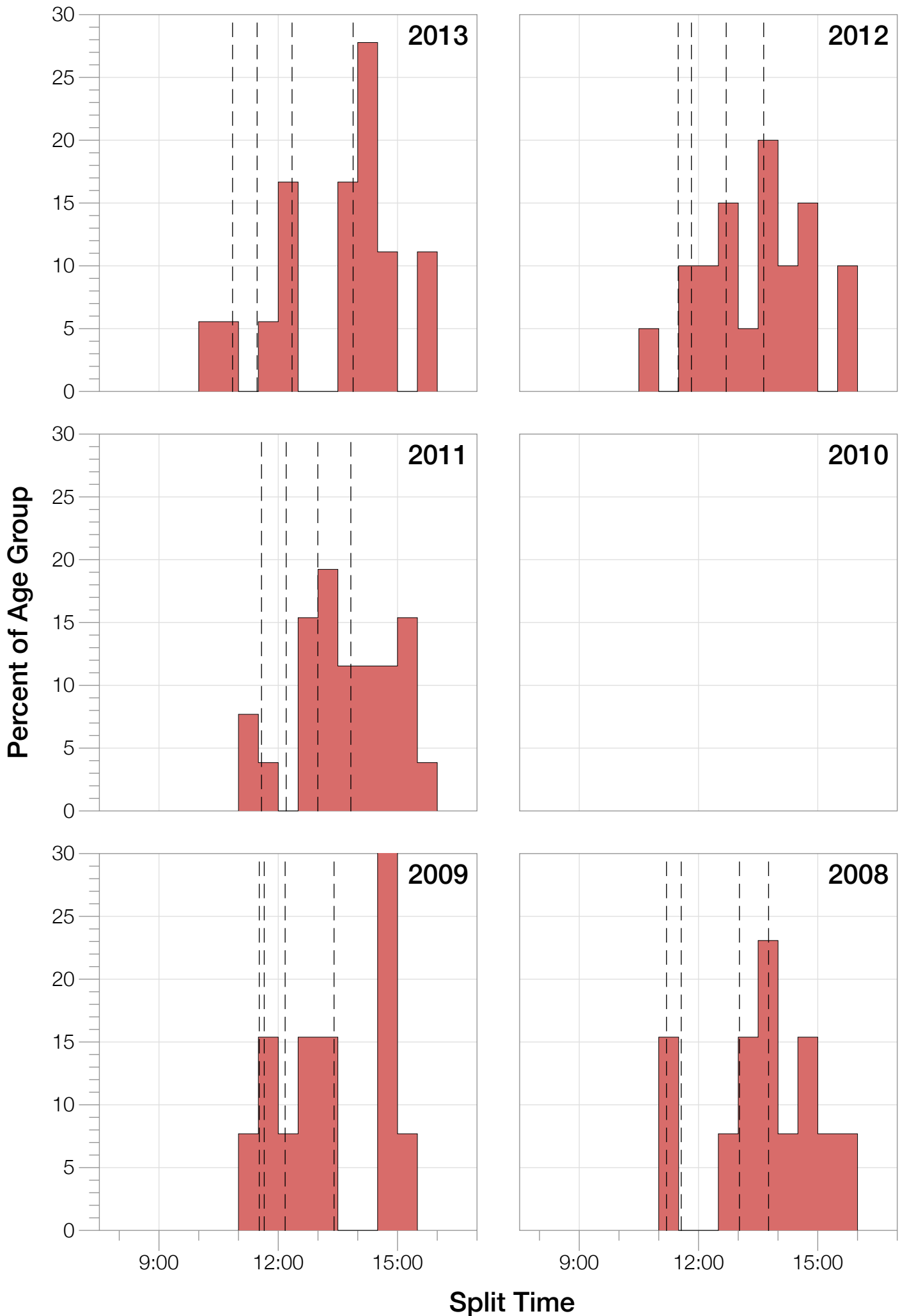


# F45-49 Run

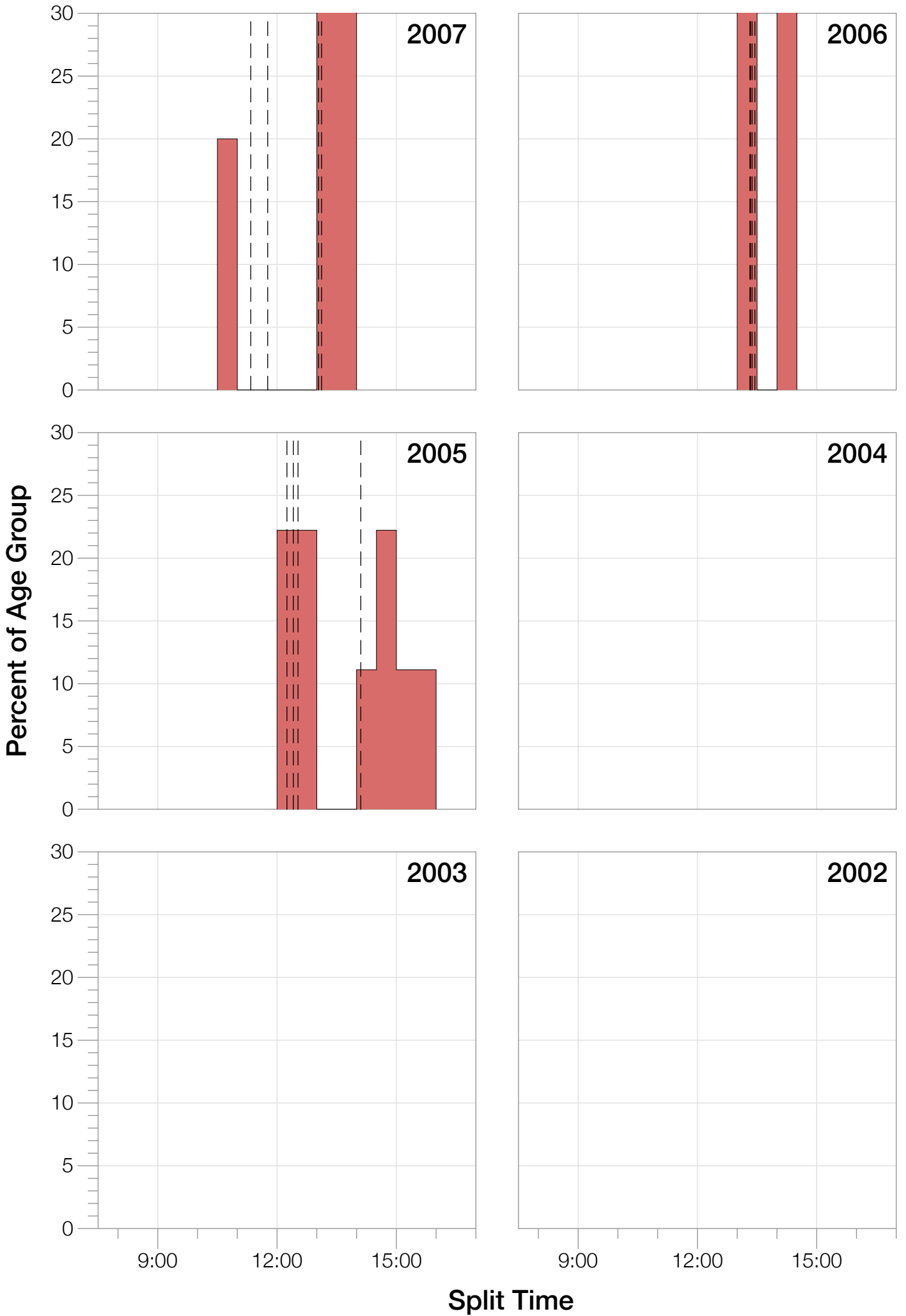




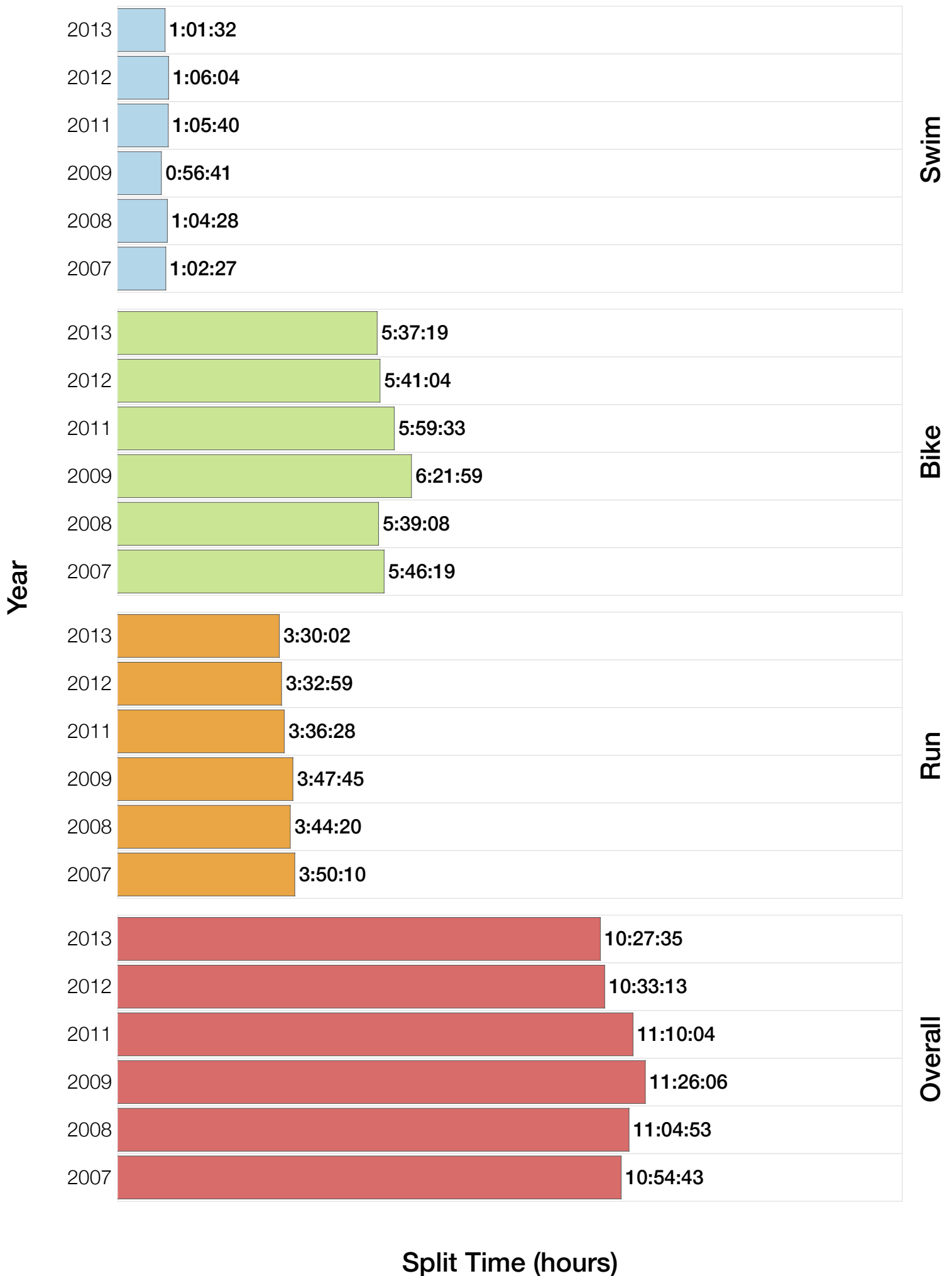
# F45-49 Overall



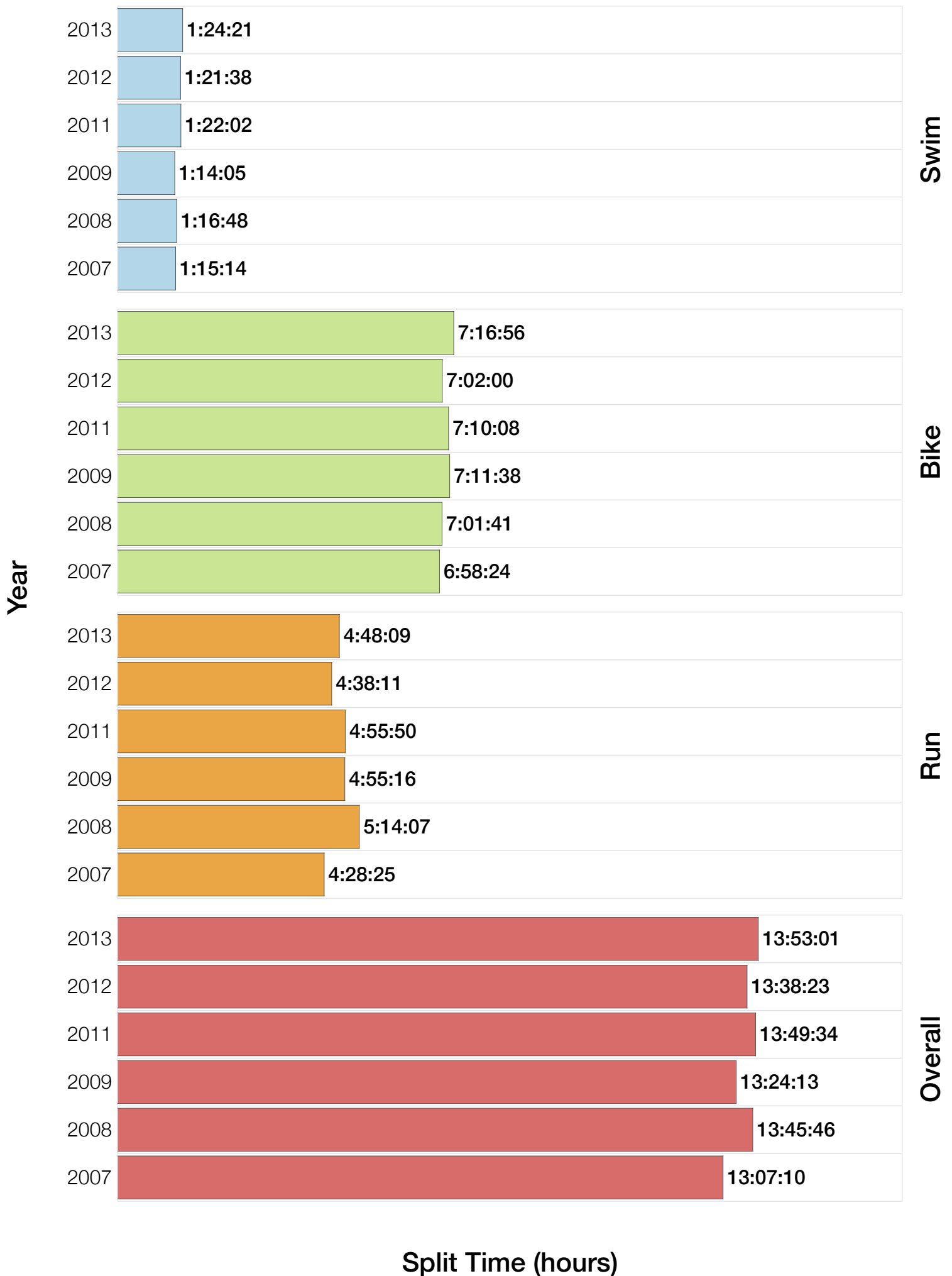
# F45-49 Overall



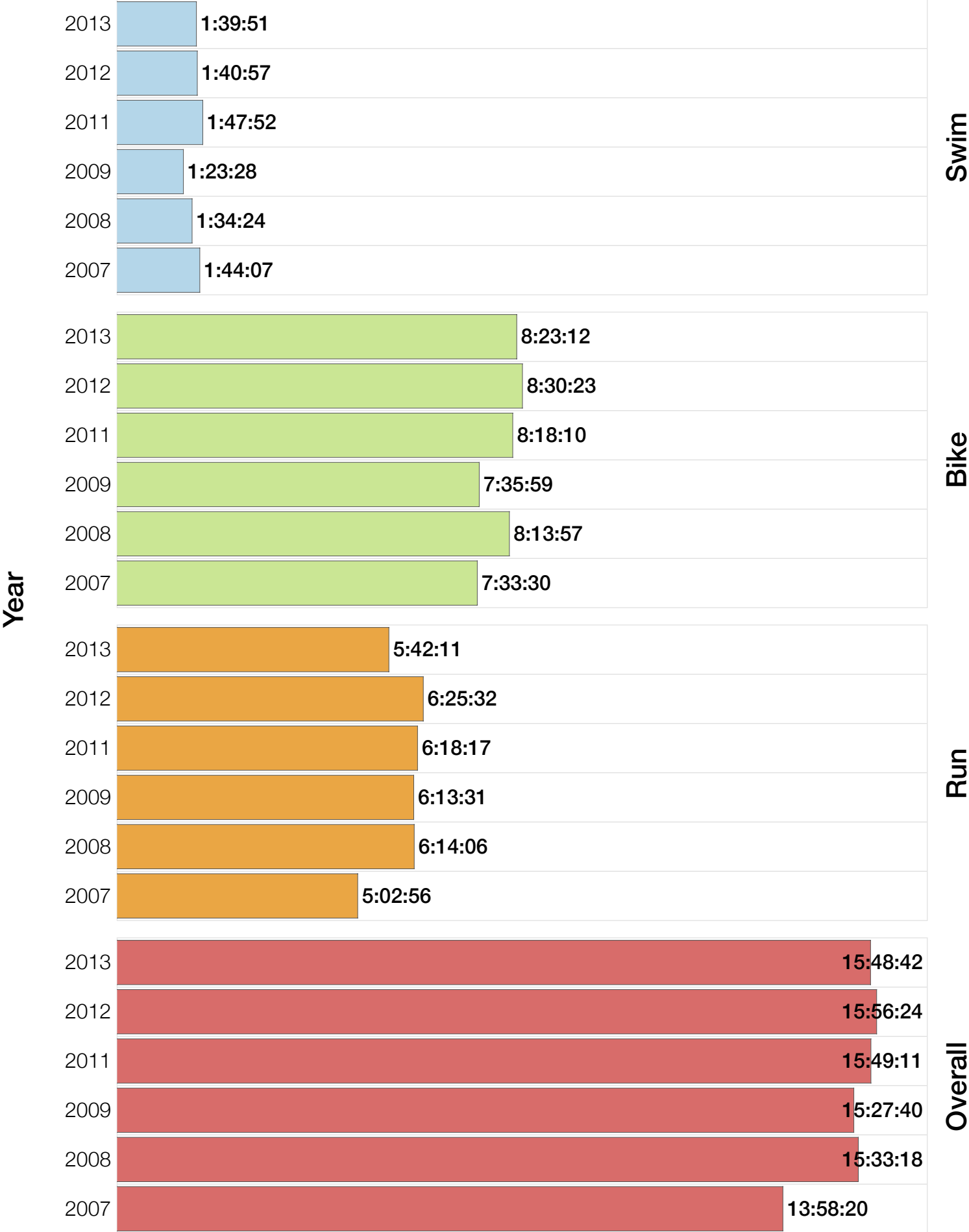
# F45-49 Fastest Splits



# F45-49 Median Splits



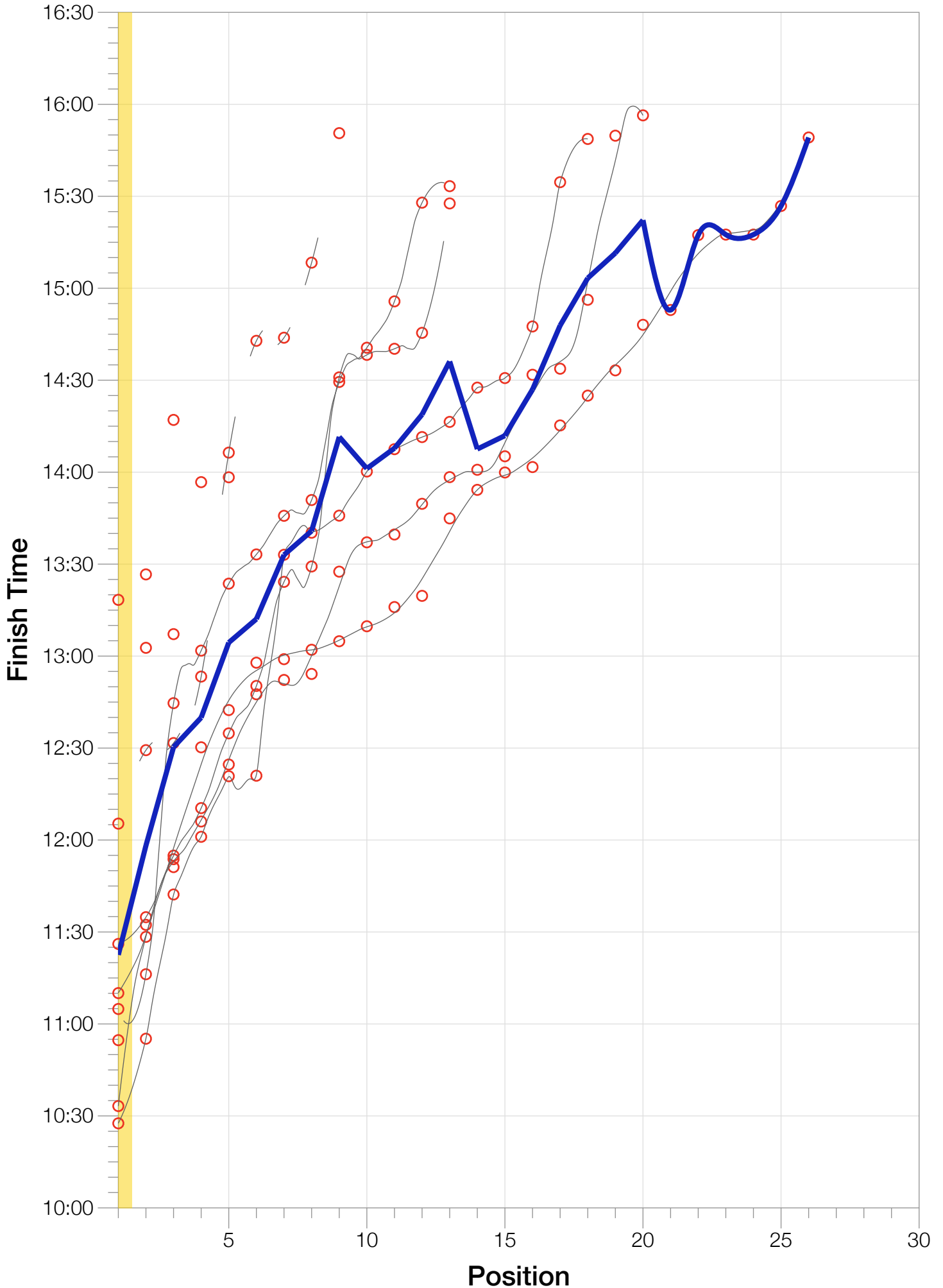
# F45-49 Slowest Splits



Split Time (hours)

# F45-49 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F45-49 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:49:16</b>	<b>4:47:38</b>	<b>2:48:21</b>	<b>8:30:41</b>
<b>Average Female Winner</b>	<b>0:57:09</b>	<b>5:25:37</b>	<b>3:09:31</b>	<b>9:38:27</b>
<b>Average 1st Age Grouper</b>	<b>1:08:15</b>	<b>6:04:14</b>	<b>3:56:48</b>	<b>11:22:32</b>
Average 2nd Age Grouper	1:10:12	6:33:26	4:12:17	11:58:12
Average 3rd Age Grouper	1:21:35	6:42:36	4:12:33	12:30:19
Average 4th Age Grouper	1:20:05	6:40:53	4:22:35	12:39:56
Average 5th Age Grouper	1:12:15	6:45:35	4:50:37	13:04:25
Average 6th Age Grouper	1:17:05	6:52:28	4:44:07	13:12:06
Average 7th Age Grouper	1:20:05	6:50:27	5:04:55	13:33:01
Average 8th Age Grouper	1:17:00	7:05:01	4:57:22	13:40:50
Average 9th Age Grouper	1:26:32	7:03:34	5:24:01	14:11:31
Average 10th Age Grouper	1:23:38	7:09:09	5:08:17	14:01:11
<b>Kona Qualifier Average</b>	<b>1:08:15</b>	<b>6:04:14</b>	<b>3:56:48</b>	<b>11:22:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:05</b>	<b>6:44:30</b>	<b>4:37:45</b>	<b>12:54:28</b>

## France 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:00</b>	<b>4:33:29</b>	<b>2:42:07</b>	<b>8:08:59</b>
<b>Female Winner</b>	<b>0:51:22</b>	<b>5:11:40</b>	<b>3:04:06</b>	<b>9:12:54</b>
<b>1st Age Grouper</b>	<b>1:01:32</b>	<b>5:37:19</b>	<b>3:39:04</b>	<b>10:27:35</b>
2nd Age Grouper	1:11:07	6:04:10	3:30:02	10:55:11
3rd Age Grouper	1:26:40	6:00:46	4:02:41	11:42:14
4th Age Grouper	1:24:20	6:13:23	4:10:09	12:01:03
5th Age Grouper	1:12:18	6:07:57	4:46:18	12:20:49
6th Age Grouper	1:25:16	6:14:02	4:23:24	12:20:59
7th Age Grouper	1:29:43	6:42:27	5:04:32	13:33:03
8th Age Grouper	1:23:50	7:27:15	4:21:22	13:40:15
9th Age Grouper	1:24:02	6:48:36	5:14:42	13:45:49
10th Age Grouper	1:20:25	7:32:18	4:45:38	14:00:13
<b>Kona Qualifier Average</b>	<b>1:01:32</b>	<b>5:37:19</b>	<b>3:39:04</b>	<b>10:27:35</b>
<b>Top 10 Age Grouper Average</b>	<b>1:19:55</b>	<b>6:28:49</b>	<b>4:23:47</b>	<b>12:28:43</b>

## France 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:47:22</b>	<b>4:35:42</b>	<b>2:53:39</b>	<b>8:21:51</b>
<b>Female Winner</b>	<b>0:57:18</b>	<b>5:10:03</b>	<b>3:02:31</b>	<b>9:16:05</b>
<b>1st Age Grouper</b>	<b>1:08:30</b>	<b>5:41:04</b>	<b>3:32:59</b>	<b>10:33:13</b>
2nd Age Grouper	1:11:15	6:12:06	4:00:01	11:32:20
3rd Age Grouper	1:21:55	6:12:47	4:06:44	11:51:10
4th Age Grouper	1:18:54	6:17:00	4:11:09	12:06:03
5th Age Grouper	1:16:49	6:27:33	4:28:27	12:24:38
6th Age Grouper	1:06:04	6:56:08	4:21:11	12:47:33
7th Age Grouper	1:21:35	6:16:03	4:59:05	12:52:13
8th Age Grouper	1:26:43	6:36:29	4:35:09	12:54:11
9th Age Grouper	1:27:54	7:09:06	4:31:08	13:27:33
10th Age Grouper	1:23:00	7:15:37	4:41:13	13:37:07
<b>Kona Qualifier Average</b>	<b>1:08:30</b>	<b>5:41:04</b>	<b>3:32:59</b>	<b>10:33:13</b>
<b>Top 10 Age Grouper Average</b>	<b>1:18:15</b>	<b>6:30:23</b>	<b>4:20:42</b>	<b>12:24:36</b>

### France 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:10	4:42:00	2:51:08	8:28:30
Female Winner	1:01:27	5:14:06	3:13:18	9:34:31
1st Age Grouper	1:10:57	5:59:33	3:50:02	11:10:04
2nd Age Grouper	1:05:40	7:05:25	4:17:22	11:28:25
3rd Age Grouper	1:34:24	6:29:51	3:36:28	11:53:45
4th Age Grouper	1:07:51	6:01:36	5:04:33	12:30:15
5th Age Grouper		6:18:25	4:54:02	12:42:24
6th Age Grouper	1:25:39	7:07:14	4:12:41	12:57:51
7th Age Grouper	1:27:24	6:53:31	4:18:32	12:59:00
8th Age Grouper	1:08:22	6:31:12	5:01:53	13:02:04
9th Age Grouper		6:30:13	4:55:20	13:04:51
10th Age Grouper	1:19:57	6:34:12	4:56:21	13:09:44
<b>Kona Qualifier Average</b>	<b>1:10:57</b>	<b>5:59:33</b>	<b>3:50:02</b>	<b>11:10:04</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:31</b>	<b>6:33:07</b>	<b>4:30:43</b>	<b>12:29:50</b>

### France 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:10	4:48:59	2:43:17	8:30:06
Female Winner	0:58:04	5:14:36	3:11:58	9:30:29
1st Age Grouper	0:56:41	6:22:17	3:54:35	11:26:06
2nd Age Grouper	1:09:36	6:27:45	3:47:45	11:34:50
3rd Age Grouper	1:16:39	6:21:59	4:03:48	11:54:55
4th Age Grouper	1:13:13	6:51:21	3:52:40	12:10:25
5th Age Grouper	1:11:25	7:11:59	3:54:47	12:34:48
6th Age Grouper	1:11:53	6:30:04	4:55:16	12:50:16
7th Age Grouper	1:10:59	6:59:35	4:57:11	13:24:13
8th Age Grouper	1:14:05	7:11:38	4:44:16	13:29:14
9th Age Grouper	1:19:06	7:29:23	5:22:25	14:30:56
10th Age Grouper	1:23:28	7:16:32	5:37:18	14:38:16
<b>Kona Qualifier Average</b>	<b>0:56:41</b>	<b>6:22:17</b>	<b>3:54:35</b>	<b>11:26:06</b>
<b>Top 10 Age Grouper Average</b>	<b>1:12:42</b>	<b>6:52:15</b>	<b>4:31:00</b>	<b>12:51:23</b>

### France 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:09	4:54:01	2:45:21	8:34:18
Female Winner	0:57:26	5:24:15	3:07:32	9:35:29
1st Age Grouper	1:05:29	5:39:08	4:07:37	11:04:53
2nd Age Grouper	1:13:38	6:07:22	3:44:20	11:16:13
3rd Age Grouper	1:34:24	6:49:38	4:06:39	12:44:39
4th Age Grouper	1:16:55	7:01:41	4:27:29	13:01:47
5th Age Grouper	1:04:28	6:50:13	5:14:07	13:23:38
6th Age Grouper	1:15:56	7:12:35	4:45:31	13:33:10
7th Age Grouper	1:16:48	7:10:06	4:57:35	13:45:46
8th Age Grouper	1:16:22	6:45:41	5:25:31	13:50:55
9th Age Grouper	1:12:05	6:46:55	6:14:06	14:29:26
10th Age Grouper	1:31:23	7:07:06	5:40:55	14:40:36
<b>Kona Qualifier Average</b>	<b>1:05:29</b>	<b>5:39:08</b>	<b>4:07:37</b>	<b>11:04:53</b>
<b>Top 10 Age Grouper Average</b>	<b>1:16:44</b>	<b>6:45:02</b>	<b>4:52:23</b>	<b>13:11:06</b>



### France 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:18	4:54:50	2:48:45	8:38:45
Female Winner	0:58:27	5:33:55	3:10:38	9:49:11
<b>1st Age Grouper</b>	<b>1:03:45</b>	<b>5:46:19</b>	<b>3:50:10</b>	<b>10:54:43</b>
2nd Age Grouper	1:02:27	6:54:43	4:49:52	13:02:42
3rd Age Grouper	1:23:00	6:58:24	4:28:25	13:07:10
4th Age Grouper	1:44:07	7:33:30	4:20:39	13:56:45
5th Age Grouper	1:15:14	7:21:29	5:02:56	13:58:20
<b>Kona Qualifier Average</b>	<b>1:03:45</b>	<b>5:46:19</b>	<b>3:50:10</b>	<b>10:54:43</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:42</b>	<b>6:54:53</b>	<b>4:30:24</b>	<b>12:59:56</b>

### France 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:36	4:57:37	2:47:13	8:33:55
Female Winner	0:48:58	5:46:04	3:15:15	9:56:31
<b>1st Age Grouper</b>	<b>1:25:54</b>	<b>6:55:06</b>	<b>4:40:17</b>	<b>13:18:21</b>
2nd Age Grouper	1:11:42	6:55:19	5:07:28	13:26:39
3rd Age Grouper	1:01:30	7:46:03	5:11:26	14:17:03
<b>Kona Qualifier Average</b>	<b>1:25:54</b>	<b>6:55:06</b>	<b>4:40:17</b>	<b>13:18:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:02</b>	<b>7:12:09</b>	<b>4:59:43</b>	<b>13:40:41</b>

### France 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:27	4:54:31	2:55:22	8:49:06
Female Winner	1:04:12	5:50:22	3:10:54	10:12:29
<b>1st Age Grouper</b>	<b>1:13:17</b>	<b>6:33:06</b>	<b>3:59:41</b>	<b>12:05:21</b>
2nd Age Grouper	1:16:15	6:40:43	4:21:28	12:29:19
3rd Age Grouper	1:14:08	7:01:26	4:04:14	12:31:38
4th Age Grouper	1:15:20	6:47:42	4:31:30	12:53:19
5th Age Grouper	1:13:21	7:01:32	5:33:47	14:06:23
6th Age Grouper	1:17:43	7:14:45	5:46:39	14:42:51
7th Age Grouper	1:14:05	7:01:03	6:12:38	14:43:52
8th Age Grouper	1:12:40	7:57:55	5:36:02	15:08:21
9th Age Grouper	1:49:33	7:37:14	6:06:27	15:50:36
<b>Kona Qualifier Average</b>	<b>1:13:17</b>	<b>6:33:06</b>	<b>3:59:41</b>	<b>12:05:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:18:29</b>	<b>7:06:09</b>	<b>5:08:02</b>	<b>13:50:11</b>