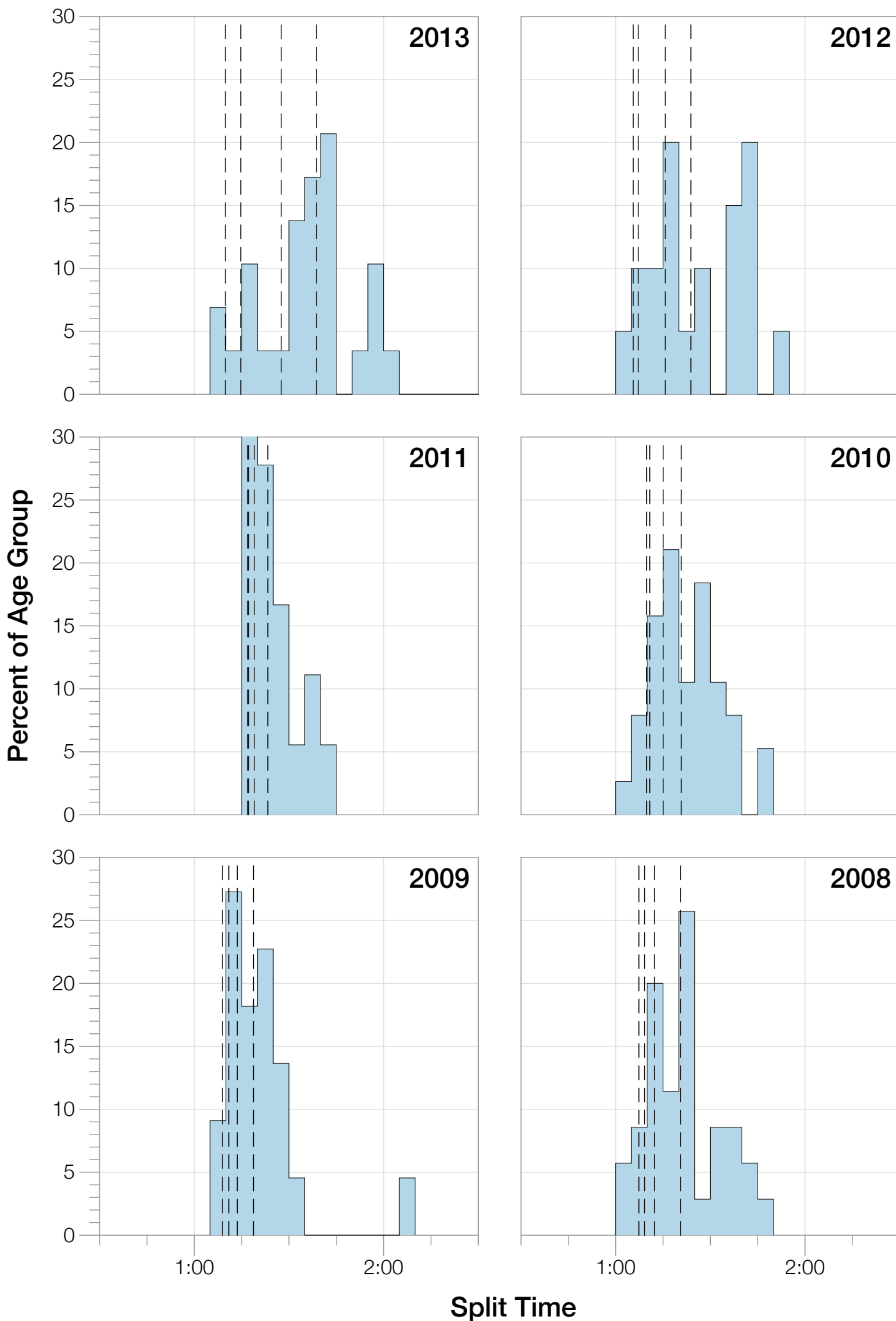


Ironman Switzerland F45-49 Stats

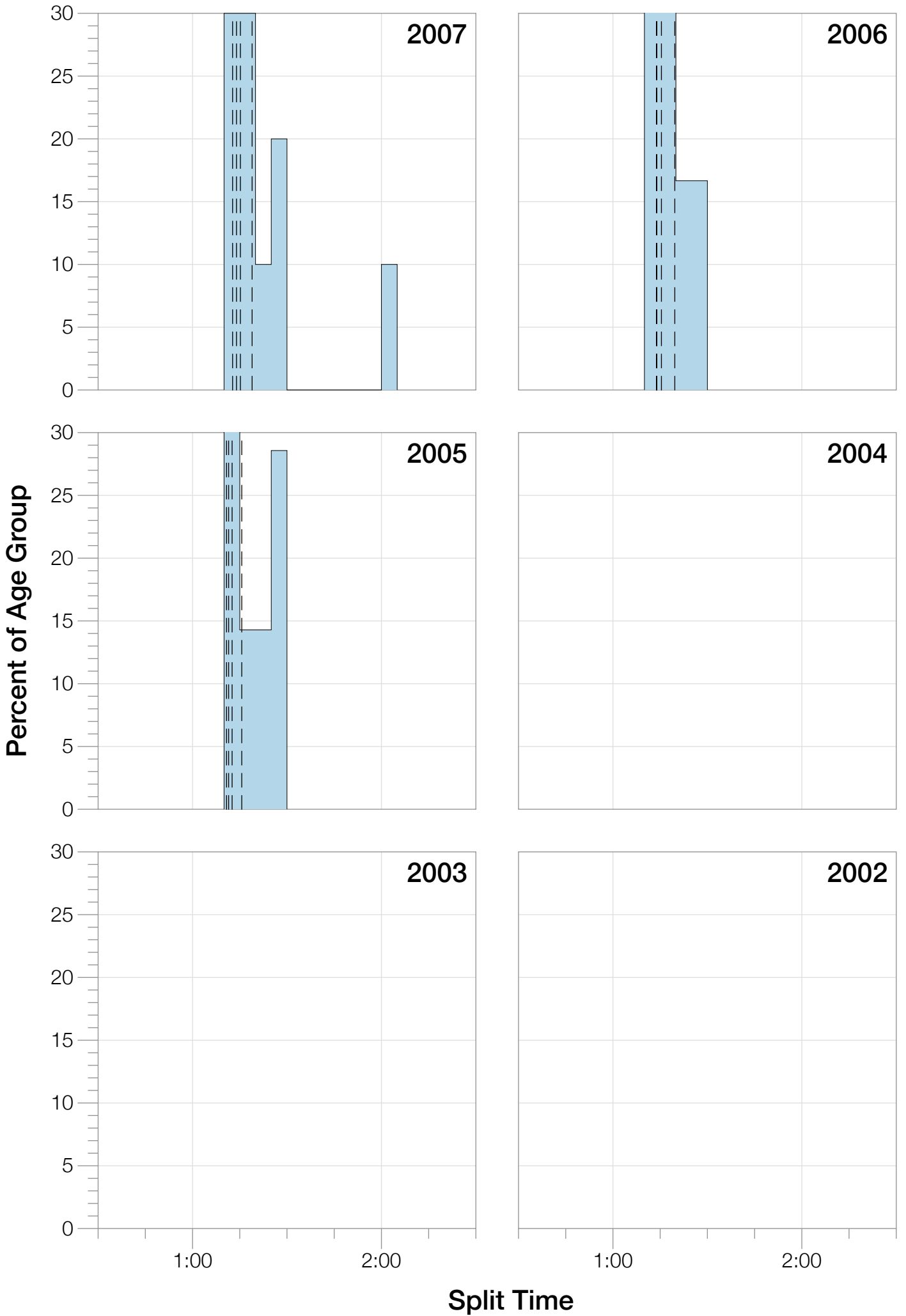
F45-49 Summary Statistics

Year	Finishers	F45-49 Finishers	Male Winner's Time	Female Winner's Time	F45-49 Winner's Time
2005	1291	7	8:21:50	9:10:54	11:35:26
2006	1500	6	8:16:50	9:24:18	10:53:38
2007	1642	10	8:25:00	9:20:43	11:10:20
2008	1955	35	8:16:05	9:30:12	10:43:21
2009	1984	22	8:20:00	9:14:35	10:23:36
2010	2156	38	8:12:40	9:00:04	10:32:00
2011	1601	18	8:19:51	9:03:26	11:07:55
2012	1394	20	8:17:13	9:20:16	10:34:59
2013	1878	29	8:33:39	9:21:31	10:45:13
Average	1711	21	8:20:20	9:16:13	10:51:49

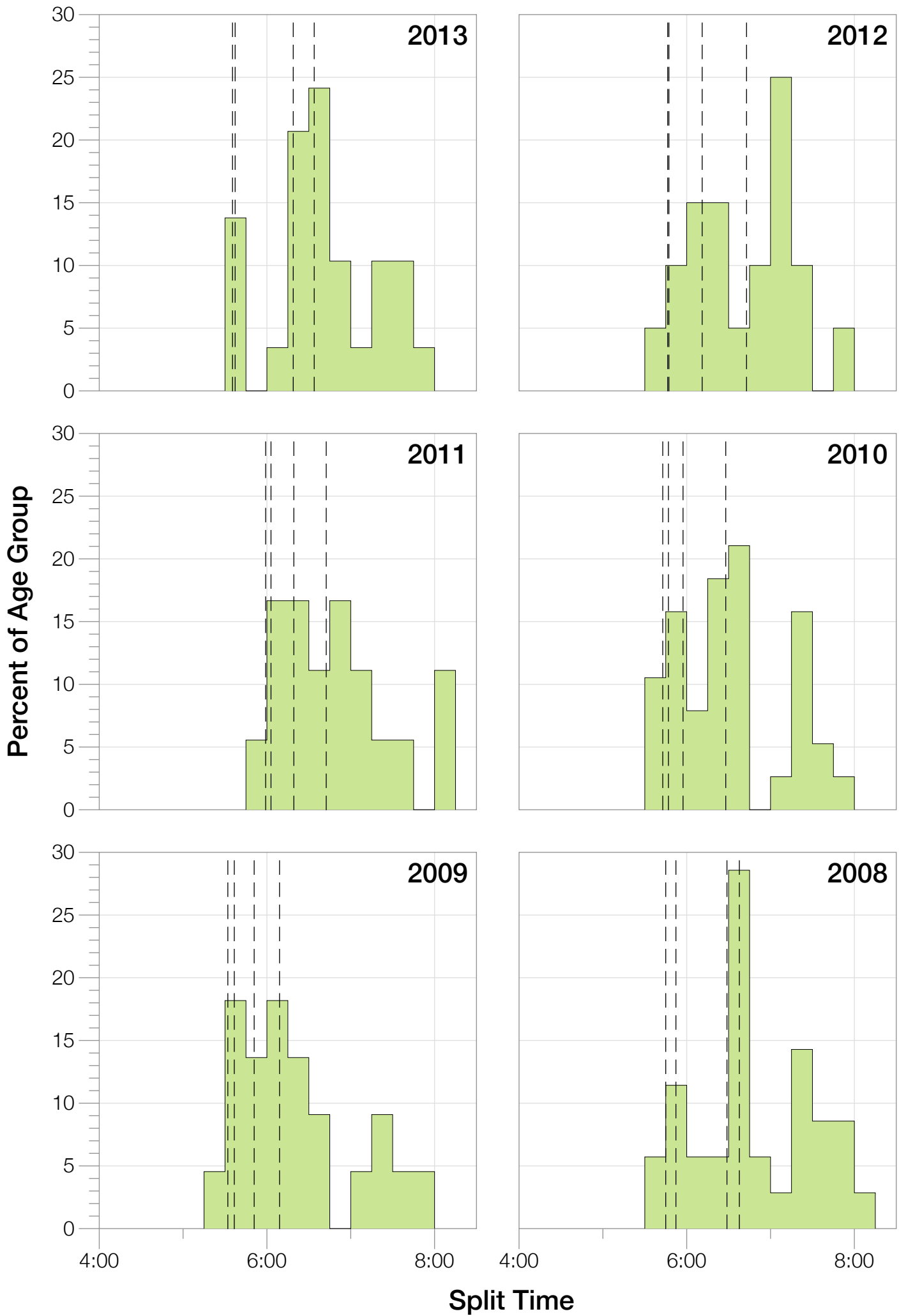
F45-49 Swim



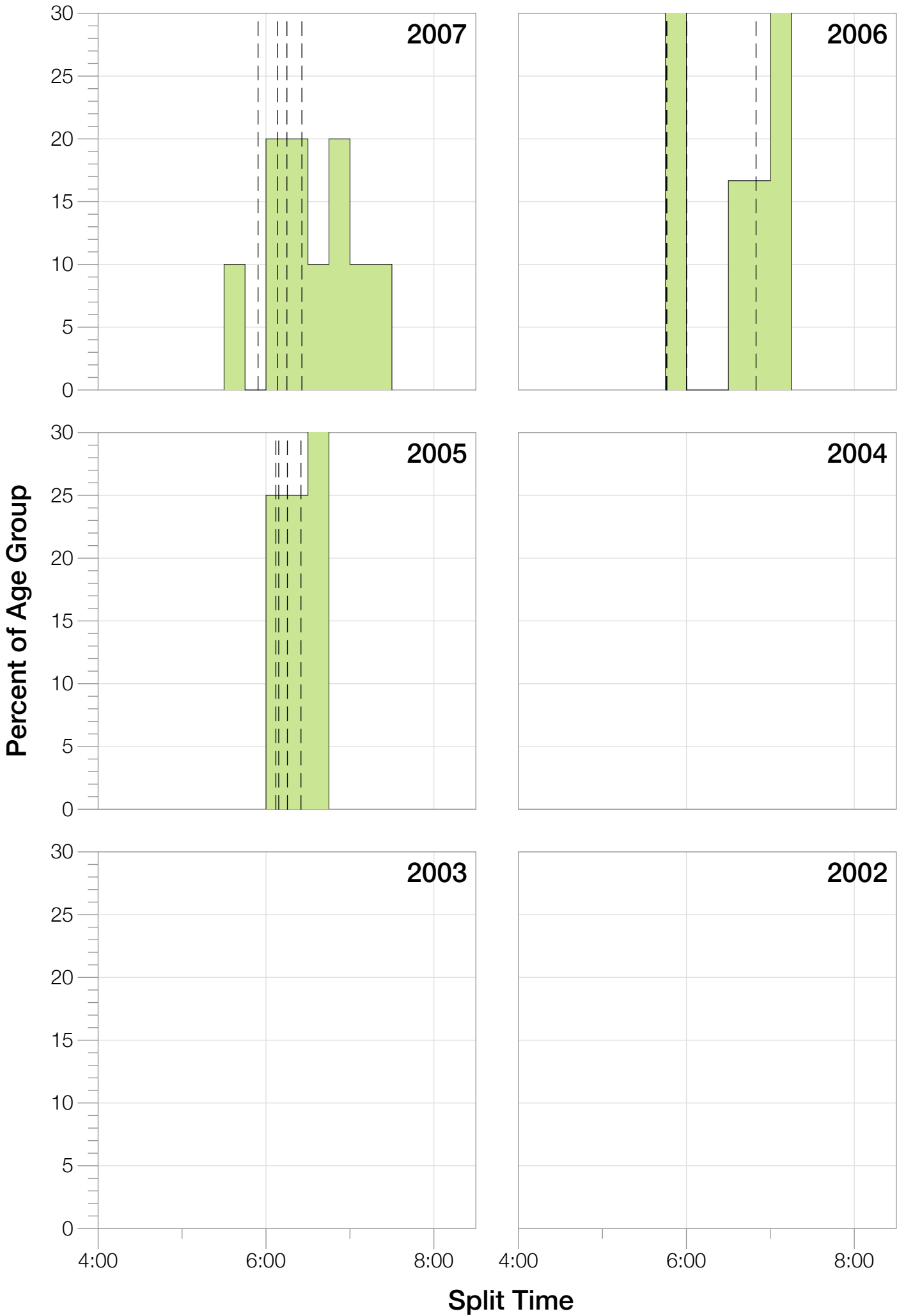
F45-49 Swim



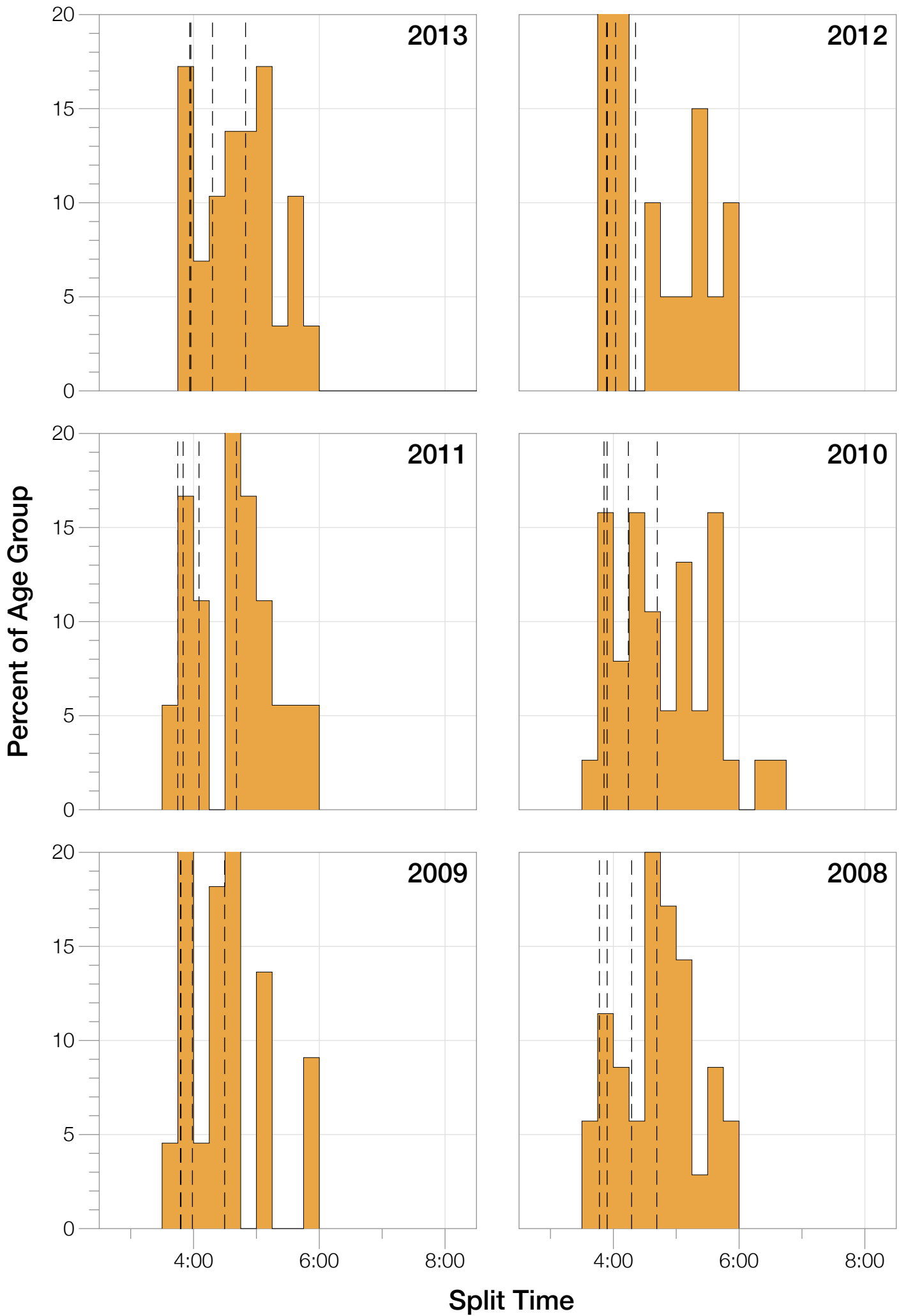
F45-49 Bike



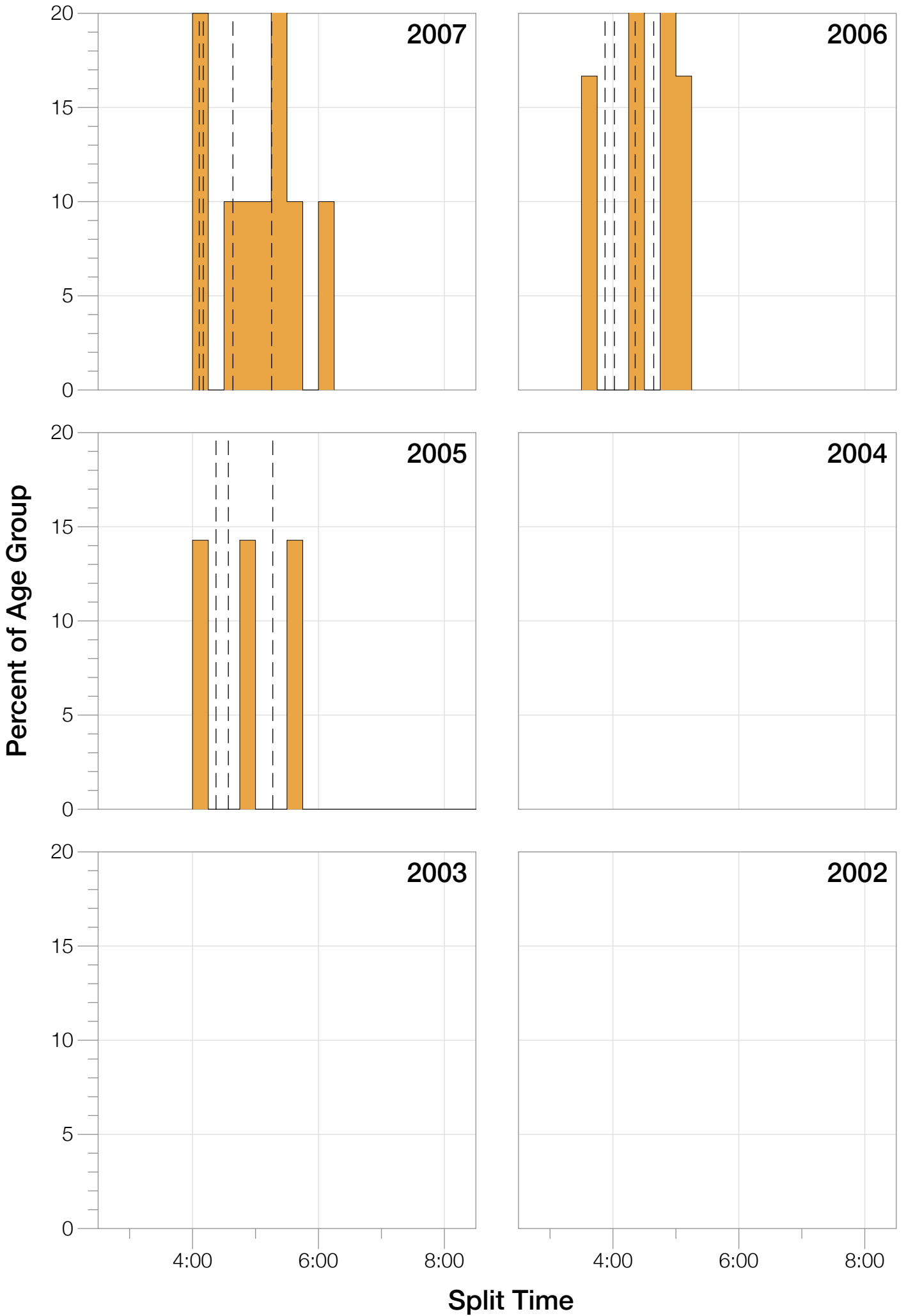
F45-49 Bike



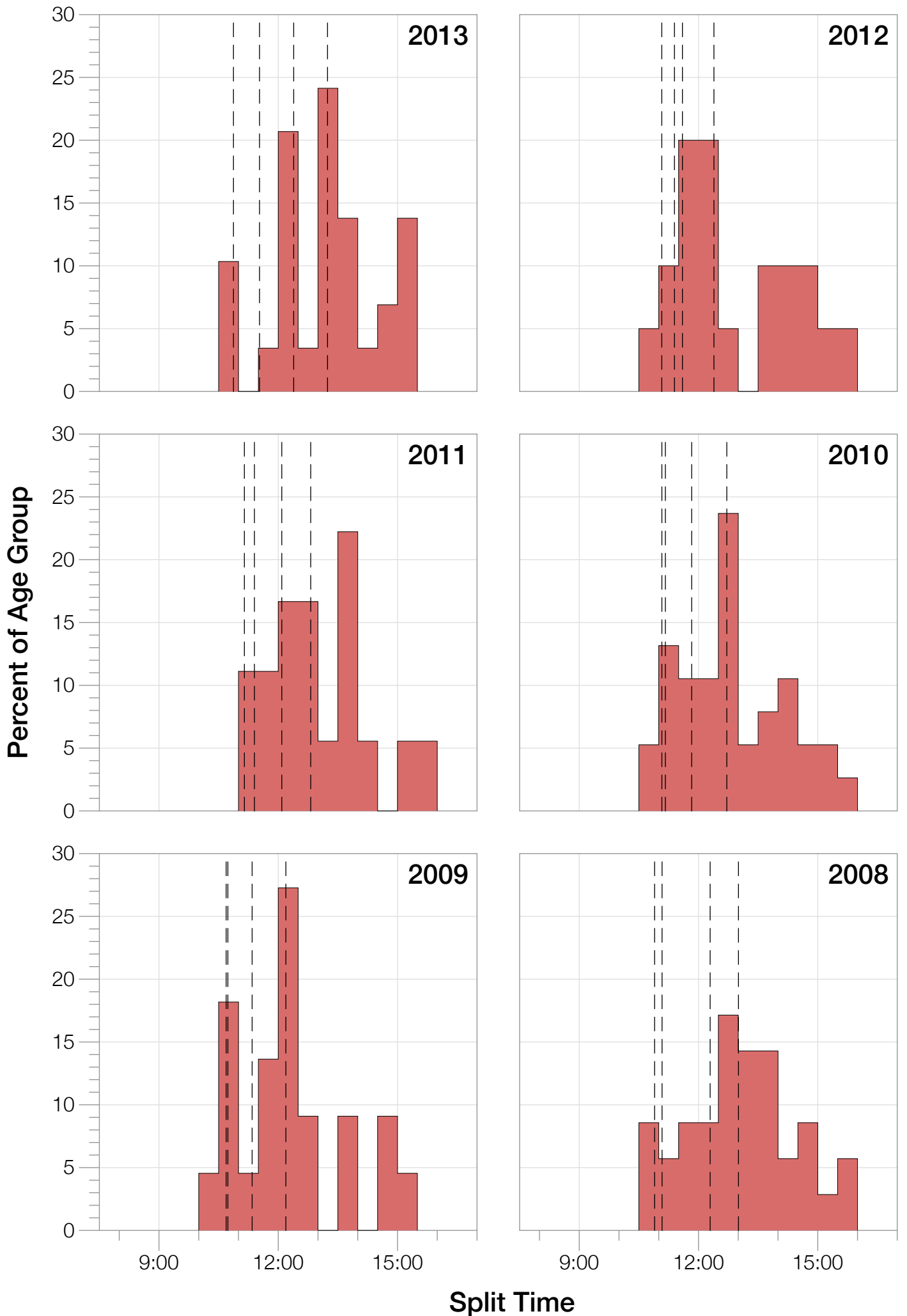
F45-49 Run



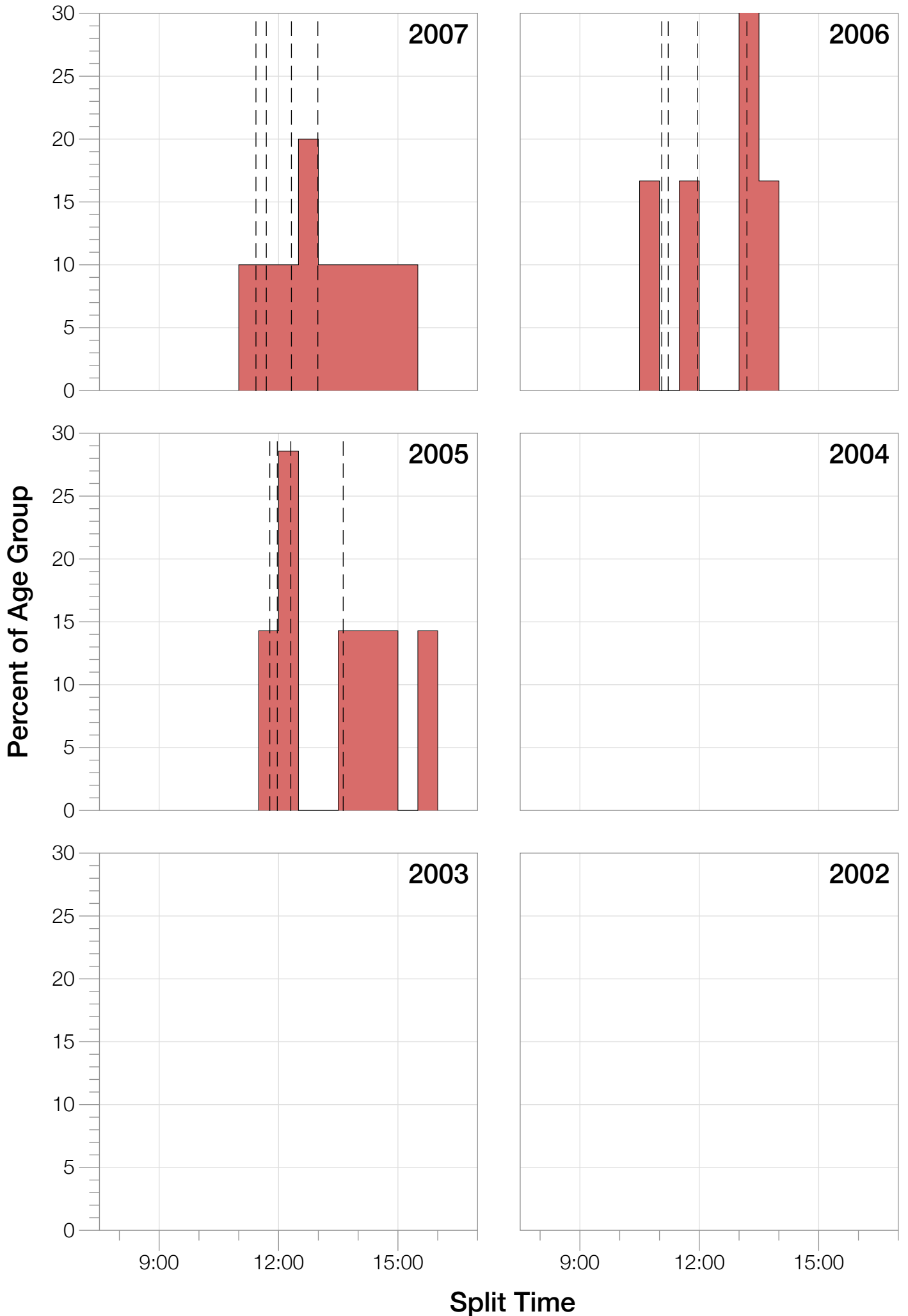
F45-49 Run



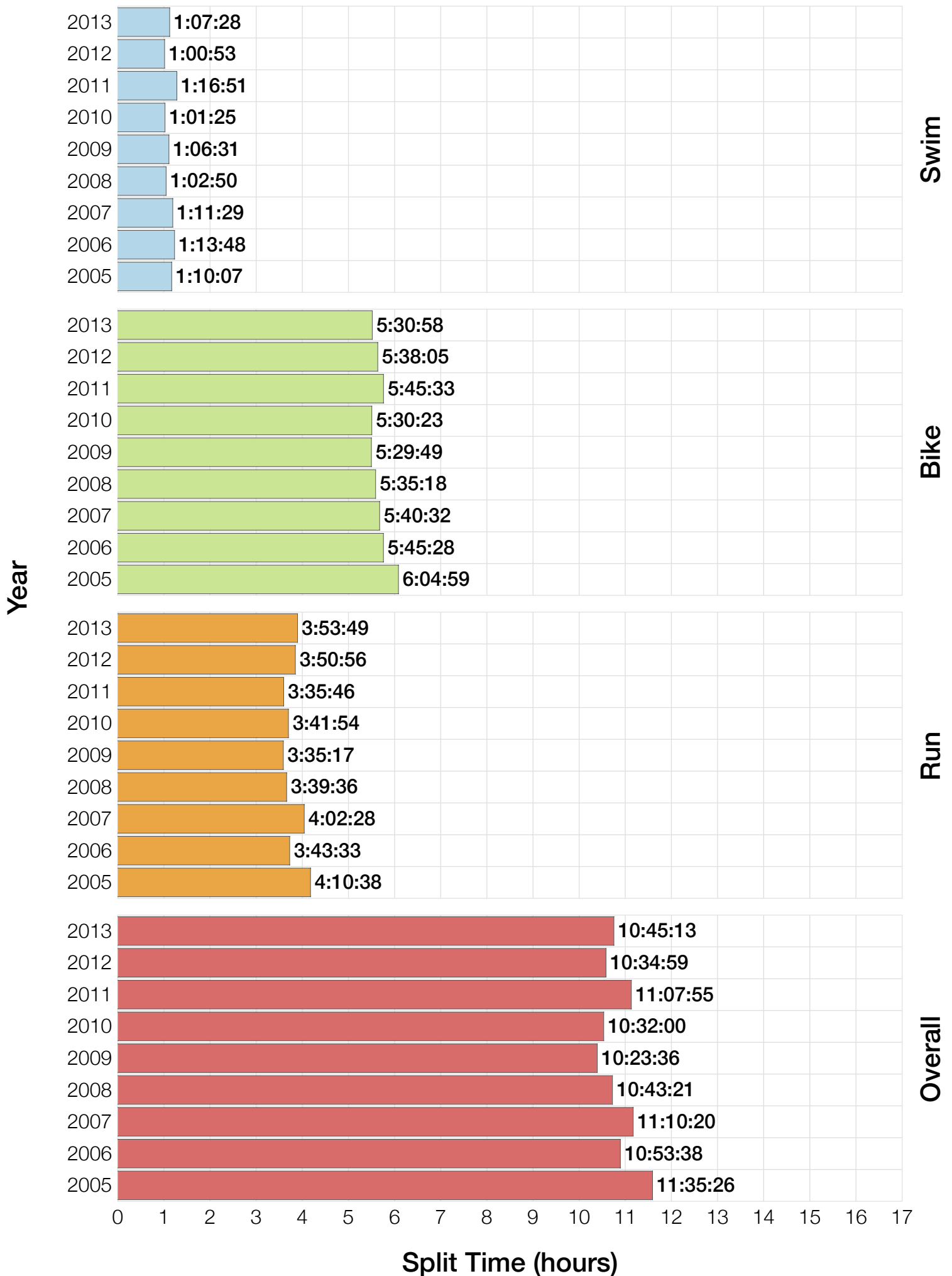
F45-49 Overall



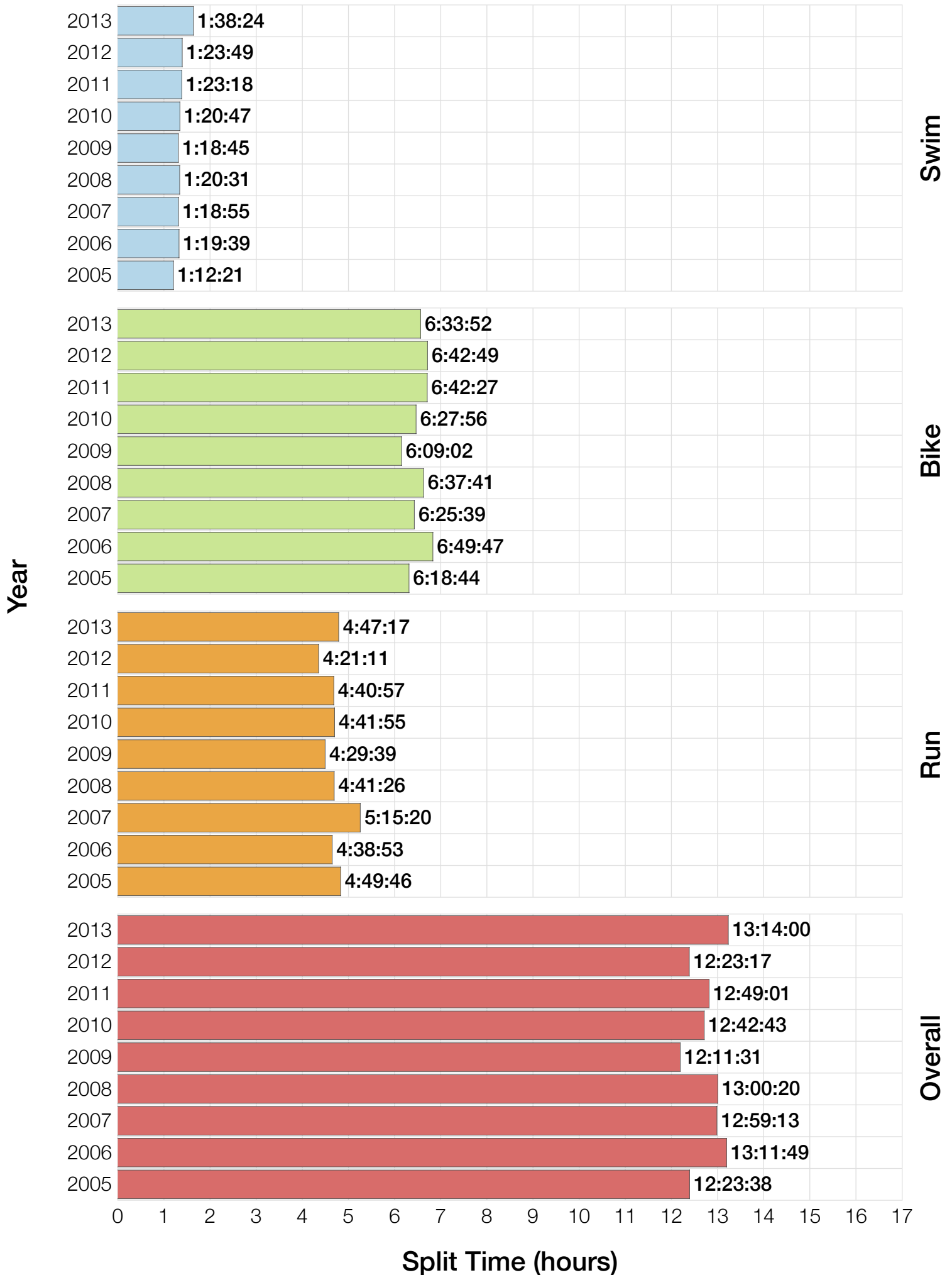
F45-49 Overall



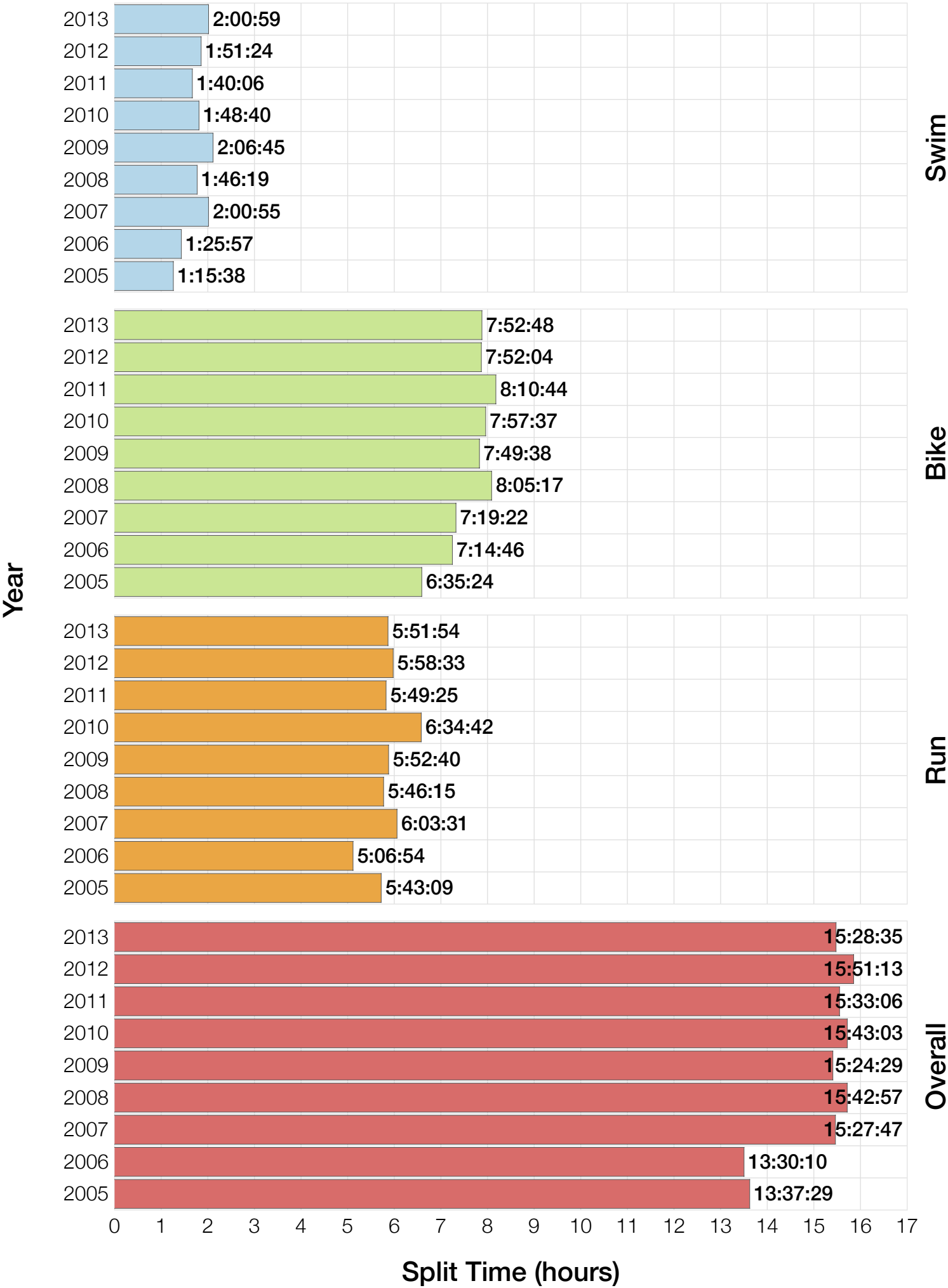
F45-49 Fastest Splits



F45-49 Median Splits

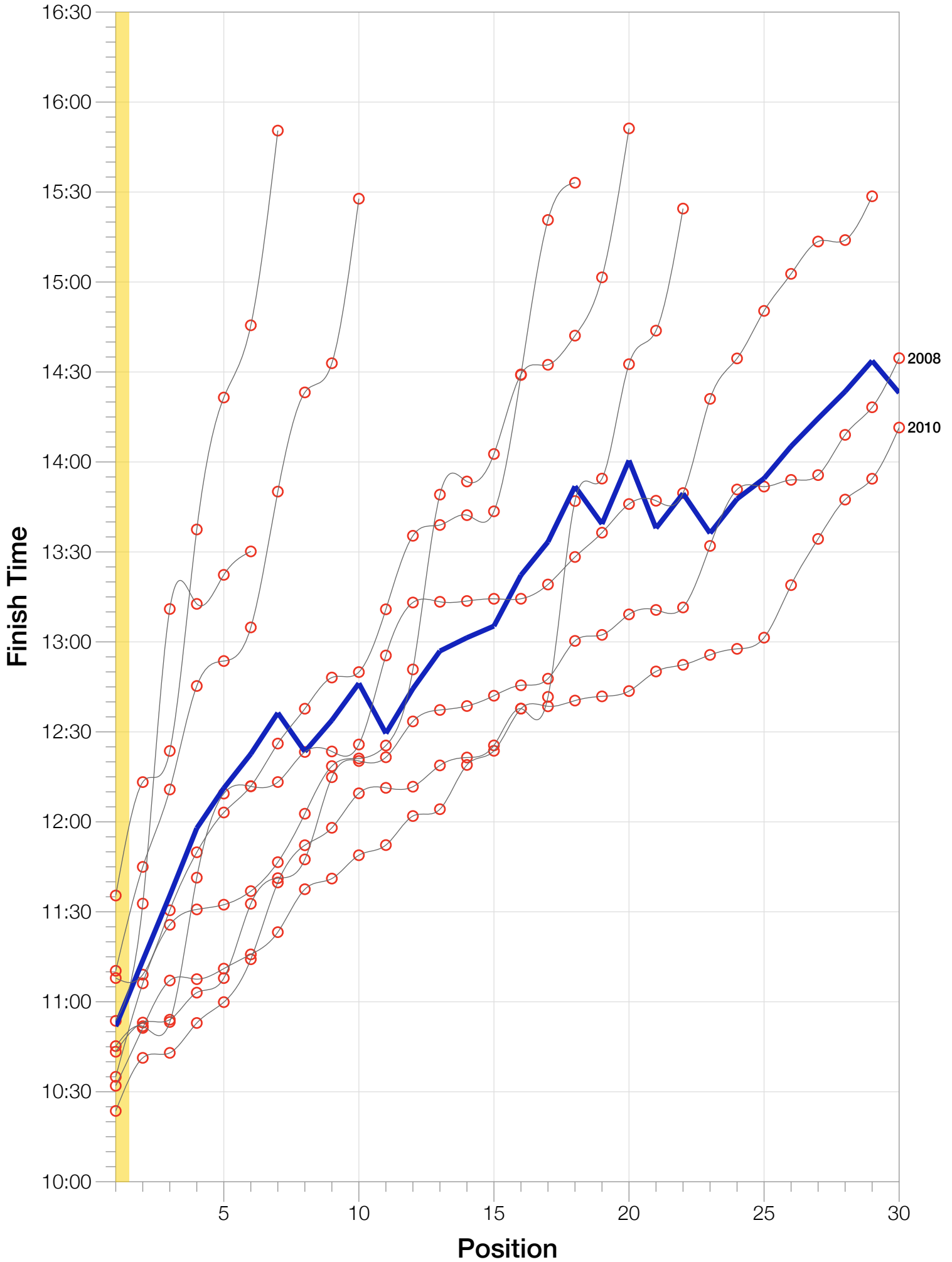


F45-49 Slowest Splits



F45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:53:15	4:31:40	2:53:18	8:20:20
Average Female Winner	0:58:45	4:59:13	3:15:23	9:16:13
Average 1st Age Grouper	1:12:53	5:41:02	3:52:53	10:51:49
Average 2nd Age Grouper	1:16:07	5:53:47	3:57:25	11:13:44
Average 3rd Age Grouper	1:17:12	6:03:49	4:07:19	11:35:26
Average 4th Age Grouper	1:13:02	6:08:14	4:28:46	11:57:53
Average 5th Age Grouper	1:19:27	6:12:07	4:17:15	12:11:14
Average 6th Age Grouper	1:17:52	6:11:33	4:27:52	12:22:39
Average 7th Age Grouper	1:20:03	6:25:05	4:17:21	12:36:20
Average 8th Age Grouper	1:23:00	6:19:44	4:32:09	12:23:26
Average 9th Age Grouper	1:22:48	6:28:57	4:31:53	12:33:52
Average 10th Age Grouper	1:24:34	6:28:00	4:40:59	12:46:11
Kona Qualifier Average	1:12:53	5:41:02	3:52:53	10:51:49
Top 10 Age Grouper Average	1:18:20	6:09:47	4:18:27	12:00:36

Switzerland 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:59	4:32:16	3:01:59	8:33:39
Female Winner	0:58:21	4:56:23	3:22:55	9:21:31
1st Age Grouper	1:07:28	5:37:12	3:56:13	10:45:13
2nd Age Grouper	1:18:14	5:30:58	3:56:34	10:51:51
3rd Age Grouper	1:18:19	5:34:10	3:53:49	10:53:16
4th Age Grouper	1:07:34	5:37:17	4:43:47	11:41:23
5th Age Grouper	1:15:07	6:18:08	4:28:14	12:09:25
6th Age Grouper	1:43:33	6:24:03	3:57:39	12:11:50
7th Age Grouper	1:13:13	6:37:27	4:13:57	12:13:16
8th Age Grouper	1:33:37	6:32:48	4:05:44	12:23:18
9th Age Grouper	1:38:42	6:12:21	4:18:05	12:23:28
10th Age Grouper	1:22:38	6:18:02	4:35:47	12:25:47
Kona Qualifier Average	1:07:28	5:37:12	3:56:13	10:45:13
Top 10 Age Grouper Average	1:21:50	6:04:14	4:12:58	11:47:52

Switzerland 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:38	4:27:42	2:51:29	8:17:13
Female Winner	1:02:12	5:03:47	3:11:37	9:20:16
1st Age Grouper	1:00:53	5:38:05	3:50:56	10:34:59
2nd Age Grouper	1:10:44	5:46:48	4:03:59	11:06:09
3rd Age Grouper	1:27:39	5:47:18	4:03:39	11:25:40
4th Age Grouper	1:17:32	6:08:28	3:56:43	11:30:48
5th Age Grouper	1:14:56	6:09:26	4:02:40	11:32:22
6th Age Grouper	1:18:21	6:11:37	4:00:48	11:36:53
7th Age Grouper	1:07:19	6:40:03	3:54:22	11:46:33
8th Age Grouper	1:35:18	6:17:27	4:04:18	12:02:42
9th Age Grouper	1:05:49	7:01:49	4:03:27	12:18:35
10th Age Grouper	1:15:59	6:18:23	4:38:05	12:21:08
Kona Qualifier Average	1:00:53	5:38:05	3:50:56	10:34:59
Top 10 Age Grouper Average	1:15:27	6:11:56	4:03:53	11:37:34

Switzerland 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:18	4:36:11	2:48:43	8:19:51
Female Winner	1:02:41	4:51:19	3:06:41	9:03:26
1st Age Grouper	1:25:42	5:45:33	3:51:33	11:07:55
2nd Age Grouper	1:22:22	6:03:32	3:35:46	11:09:03
3rd Age Grouper	1:16:51	6:07:36	3:59:49	11:30:30
4th Age Grouper	1:19:27	6:18:27	4:04:59	11:49:51
5th Age Grouper	1:39:29	6:31:36	3:46:32	12:03:07
6th Age Grouper	1:20:39	6:01:30	4:41:20	12:11:55
7th Age Grouper	1:16:56	6:21:45	4:40:35	12:26:06
8th Age Grouper	1:18:50	7:03:09	4:05:47	12:37:43
9th Age Grouper	1:22:53	6:28:03	4:46:15	12:48:07
10th Age Grouper	1:18:42	6:51:23	4:32:35	12:49:56
Kona Qualifier Average	1:25:42	5:45:33	3:51:33	11:07:55
Top 10 Age Grouper Average	1:22:11	6:21:15	4:12:31	12:03:25

Switzerland 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:29	4:29:10	2:51:04	8:12:40
Female Winner	1:08:29	4:43:53	3:04:24	9:00:04
1st Age Grouper	1:11:13	5:30:23	3:41:54	10:32:00
2nd Age Grouper	1:12:18	5:44:12	3:50:22	10:51:17
3rd Age Grouper	1:09:25	5:54:33	3:57:58	11:07:05
4th Age Grouper	1:13:44	5:55:49	3:51:13	11:07:33
5th Age Grouper	1:18:53	5:48:17	3:52:01	11:11:03
6th Age Grouper	1:09:49	5:50:35	4:09:44	11:15:48
7th Age Grouper	1:28:13	5:36:40	4:13:26	11:23:13
8th Age Grouper	1:19:54	5:43:57	4:24:11	11:37:32
9th Age Grouper	1:18:37	5:53:52	4:20:57	11:41:05
10th Age Grouper	1:14:44	6:29:01	3:54:52	11:48:52
Kona Qualifier Average	1:11:13	5:30:23	3:41:54	10:32:00
Top 10 Age Grouper Average	1:15:41	5:50:43	4:01:39	11:15:32

Switzerland 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:48	4:34:44	2:50:36	8:20:00
Female Winner	0:52:51	5:07:50	3:11:56	9:14:35
1st Age Grouper	1:11:48	5:31:49	3:35:17	10:23:36
2nd Age Grouper	1:11:47	5:36:01	3:49:38	10:41:18
3rd Age Grouper	1:18:32	5:29:49	3:47:48	10:42:58
4th Age Grouper	1:08:52	5:42:20	3:56:06	10:52:56
5th Age Grouper	1:16:02	5:50:58	3:47:28	10:59:53
6th Age Grouper	1:06:31	5:43:55	4:18:19	11:14:11
7th Age Grouper	1:18:59	6:10:58	4:03:18	11:39:47
8th Age Grouper	1:21:14	5:50:52	4:34:02	11:52:12
9th Age Grouper	1:16:44	5:59:36	4:36:13	11:58:01
10th Age Grouper	1:14:44	6:03:03	4:43:50	12:09:31
Kona Qualifier Average	1:11:48	5:31:49	3:35:17	10:23:36
Top 10 Age Grouper Average	1:14:31	5:47:56	4:07:11	11:15:26

Switzerland 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:59	4:27:43	2:54:00	8:16:05
Female Winner	0:51:57	5:11:11	3:24:25	9:30:12
1st Age Grouper	1:08:48	5:35:18	3:54:54	10:43:21
2nd Age Grouper	1:02:50	5:53:31	3:53:31	10:53:04
3rd Age Grouper	1:16:33	5:46:43	3:42:10	10:54:02
4th Age Grouper	1:04:52	5:55:21	3:57:17	11:03:03
5th Age Grouper	1:11:47	5:40:57	4:09:20	11:07:54
6th Age Grouper	1:09:37	5:51:27	4:25:36	11:32:41
7th Age Grouper	1:22:18	6:31:59	3:39:36	11:41:13
8th Age Grouper	1:13:31	6:01:17	4:27:33	11:47:28
9th Age Grouper	1:30:19	6:27:42	4:09:10	12:14:53
10th Age Grouper	1:24:19	6:02:41	4:40:01	12:20:17
Kona Qualifier Average	1:08:48	5:35:18	3:54:54	10:43:21
Top 10 Age Grouper Average	1:14:29	5:58:41	4:05:54	11:25:47

Switzerland 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:41	4:36:27	2:53:12	8:25:00
Female Winner	0:57:09	5:03:02	3:18:15	9:20:43
1st Age Grouper	1:14:58	5:40:32	4:11:05	11:10:20
2nd Age Grouper	1:26:06	6:11:10	4:02:28	11:44:59
3rd Age Grouper	1:11:29	6:20:43	4:31:42	12:10:47
4th Age Grouper	1:19:11	6:20:13	4:58:49	12:45:18
5th Age Grouper	1:14:14	6:13:11	5:21:04	12:53:37
6th Age Grouper	1:15:55	6:30:35	5:14:22	13:04:50
7th Age Grouper	1:24:50	6:56:46	5:16:19	13:50:07
8th Age Grouper	1:18:39	6:48:38	6:03:31	14:23:11
9th Age Grouper	1:26:37	7:19:22	5:29:09	14:32:55
10th Age Grouper	2:00:55	7:13:28	5:41:47	15:27:47
Kona Qualifier Average	1:14:58	5:40:32	4:11:05	11:10:20
Top 10 Age Grouper Average	1:23:17	6:33:27	5:05:01	13:12:23

Switzerland 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:46	4:23:59	2:56:53	8:16:50
Female Winner	0:56:38	5:07:24	3:17:58	9:24:18
1st Age Grouper	1:19:30	5:45:28	3:43:33	10:53:38
2nd Age Grouper	1:14:02	5:46:38	4:27:04	11:32:44
3rd Age Grouper	1:25:57	7:14:46	4:19:15	13:10:58
4th Age Grouper	1:13:48	6:40:48	5:06:54	13:12:40
5th Age Grouper	1:19:48	7:04:23	4:50:42	13:22:21
6th Age Grouper	1:23:44	6:58:47	4:55:08	13:30:10
Kona Qualifier Average	1:19:30	5:45:28	3:43:33	10:53:38
Top 10 Age Grouper Average	1:19:28	6:35:08	4:33:46	12:37:05

Switzerland 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:37	4:36:54	2:51:48	8:21:50
Female Winner	0:58:28	4:48:08	3:20:18	9:10:54
1st Age Grouper	1:15:38	6:04:59	4:10:38	11:35:26
2nd Age Grouper	1:26:45	6:31:14		12:13:15
3rd Age Grouper	1:10:07	6:18:44	4:49:46	12:23:38
4th Age Grouper	1:12:21	6:35:24	5:43:09	13:37:29
5th Age Grouper	1:24:54			14:21:29
6th Age Grouper	1:12:47			14:45:34
7th Age Grouper	1:28:42			15:50:29
Kona Qualifier Average	1:15:38	6:04:59	4:10:38	11:35:26
Top 10 Age Grouper Average	1:18:44	6:22:35	4:54:31	13:32:28