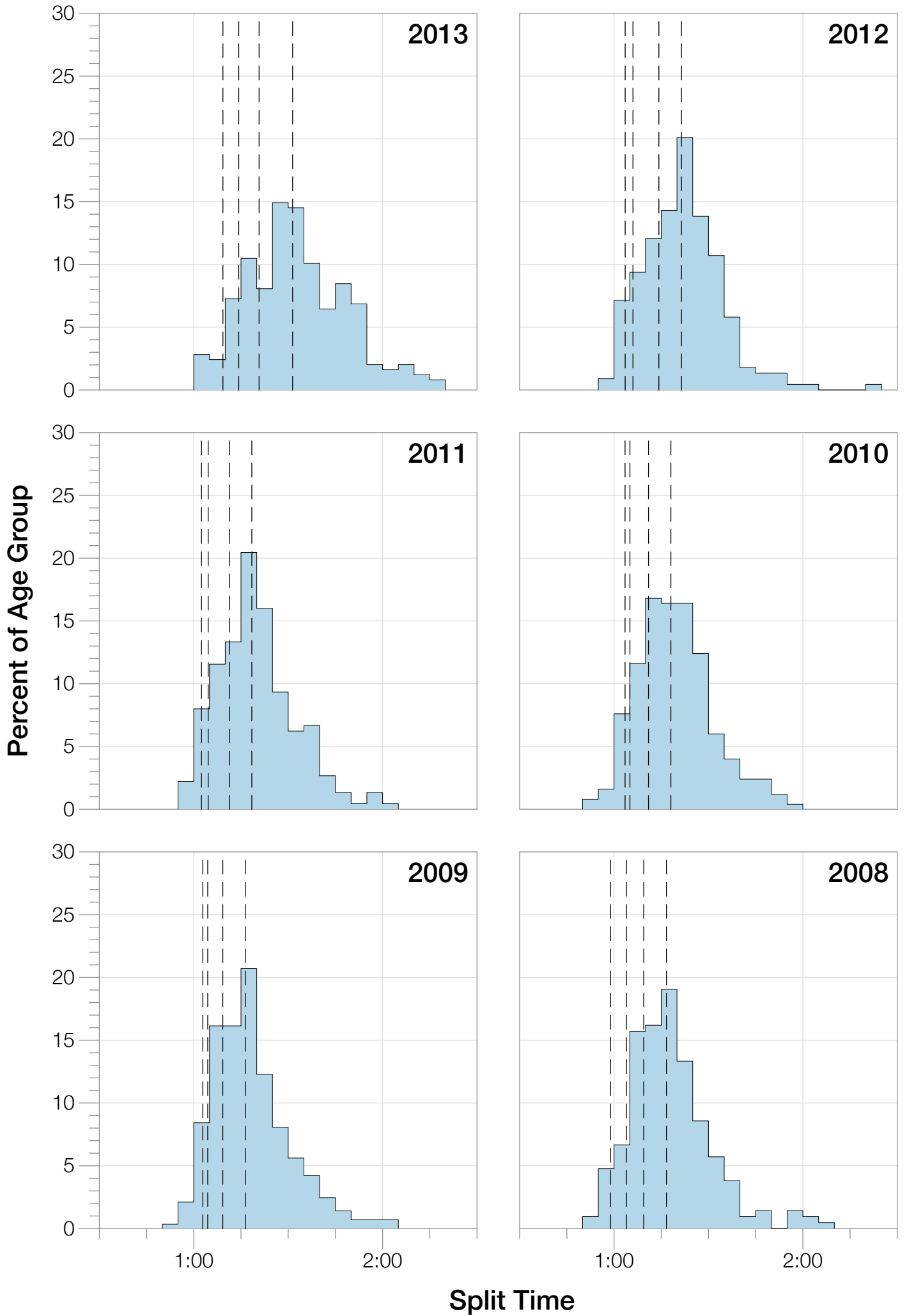


Ironman Switzerland M45-49 Stats

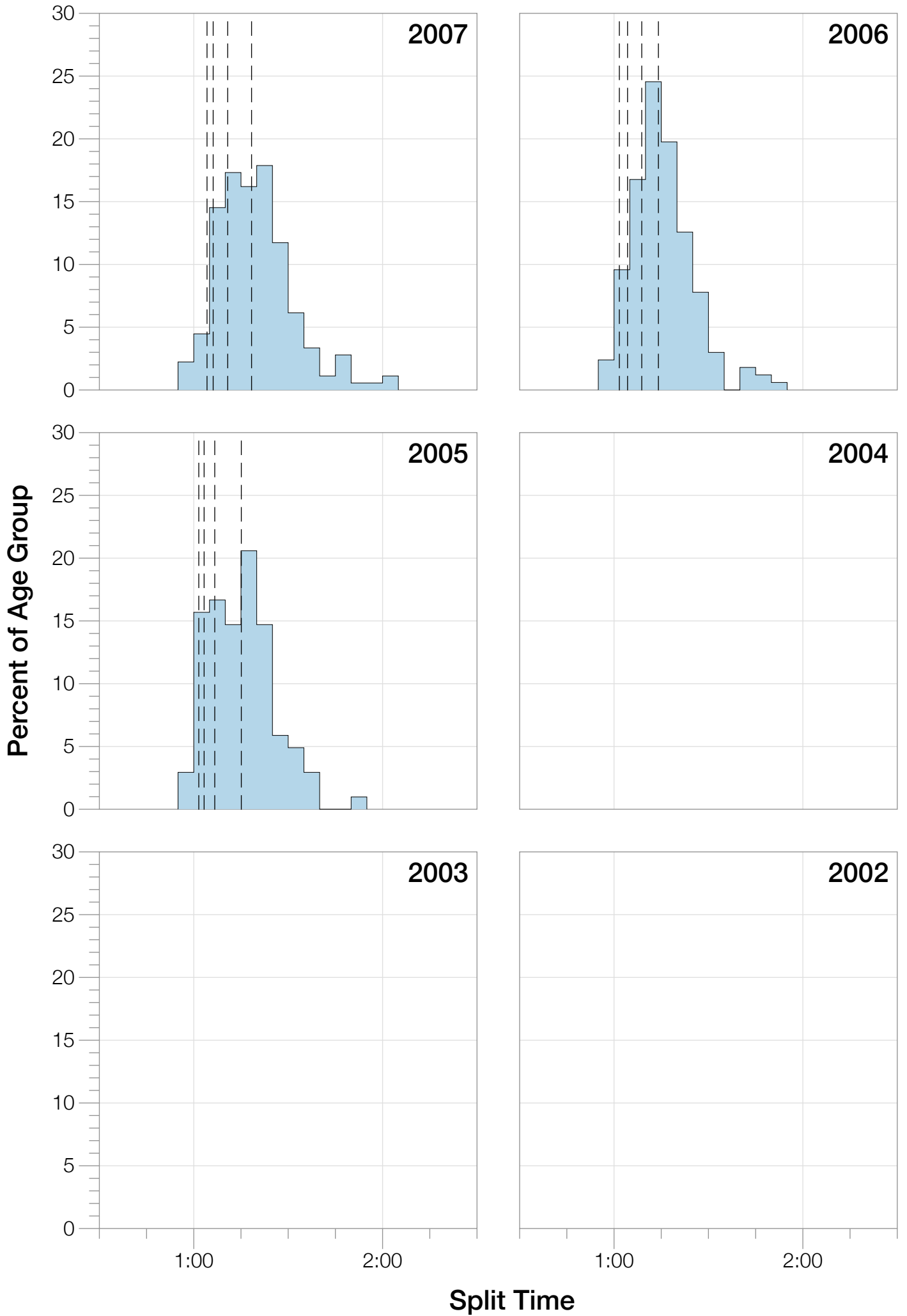
M45-49 Summary Statistics

Year	Finishers	M45-49 Finishers	Male Winner's Time	Female Winner's Time	M45-49 Winner's Time
2005	1291	102	8:21:50	9:10:54	9:29:29
2006	1500	167	8:16:50	9:24:18	9:36:04
2007	1642	179	8:25:00	9:20:43	9:22:39
2008	1955	213	8:16:05	9:30:12	9:28:05
2009	1984	285	8:20:00	9:14:35	9:12:57
2010	2156	250	8:12:40	9:00:04	9:31:13
2011	1601	226	8:19:51	9:03:26	9:33:36
2012	1394	224	8:17:13	9:20:16	9:18:20
2013	1878	248	8:33:39	9:21:31	9:39:52
Average	1711	210	8:20:20	9:16:13	9:28:01

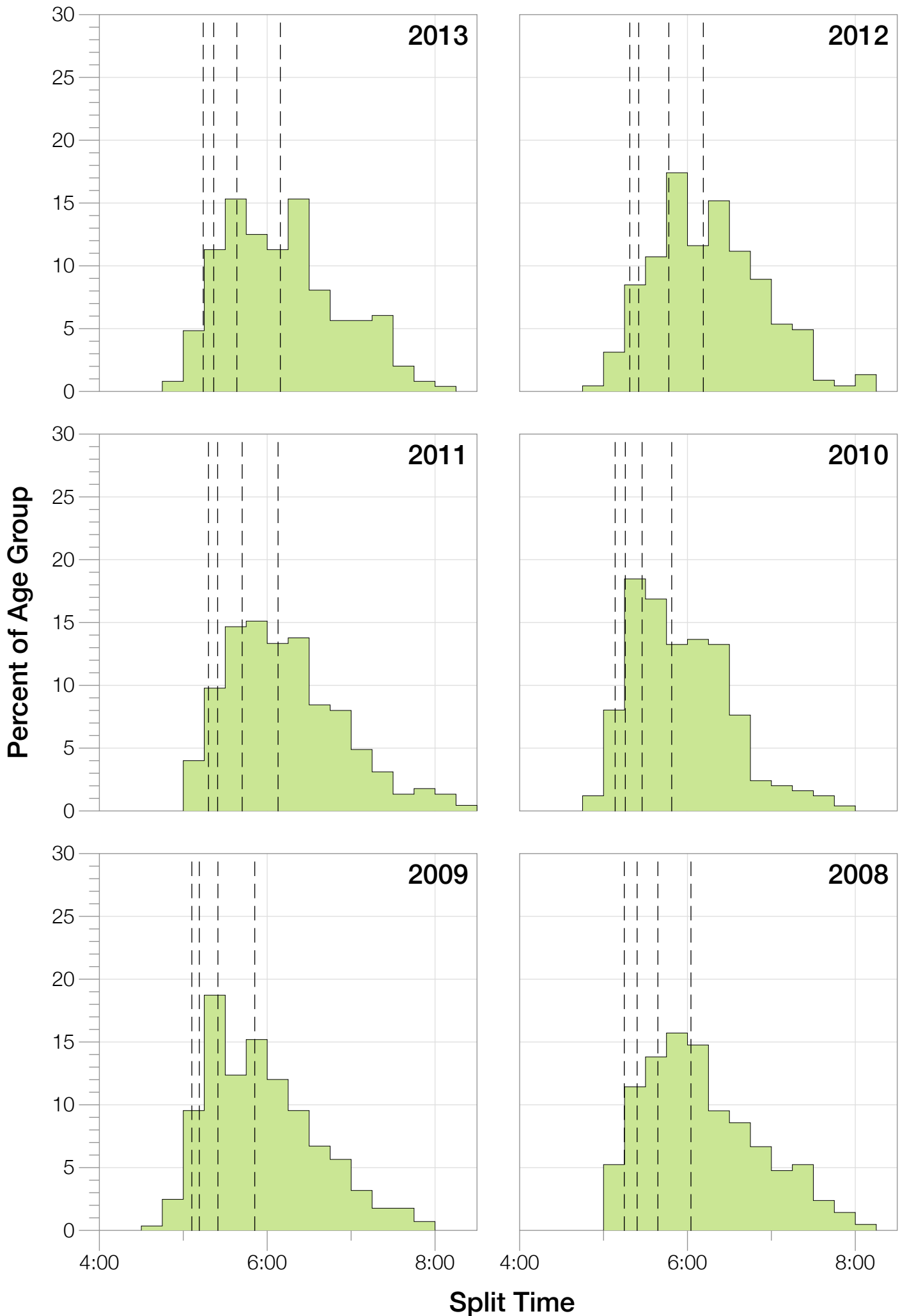
M45-49 Swim



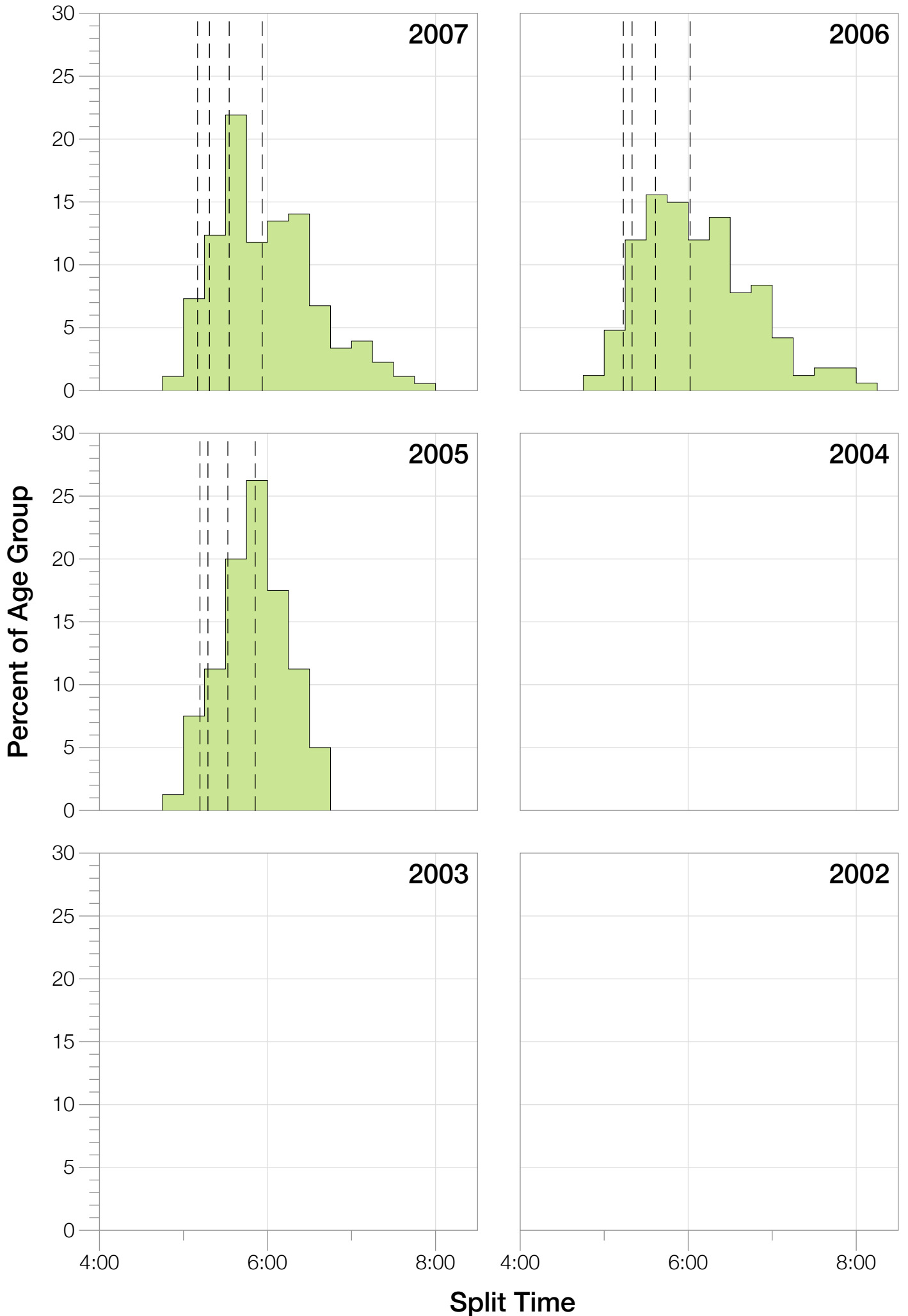
M45-49 Swim



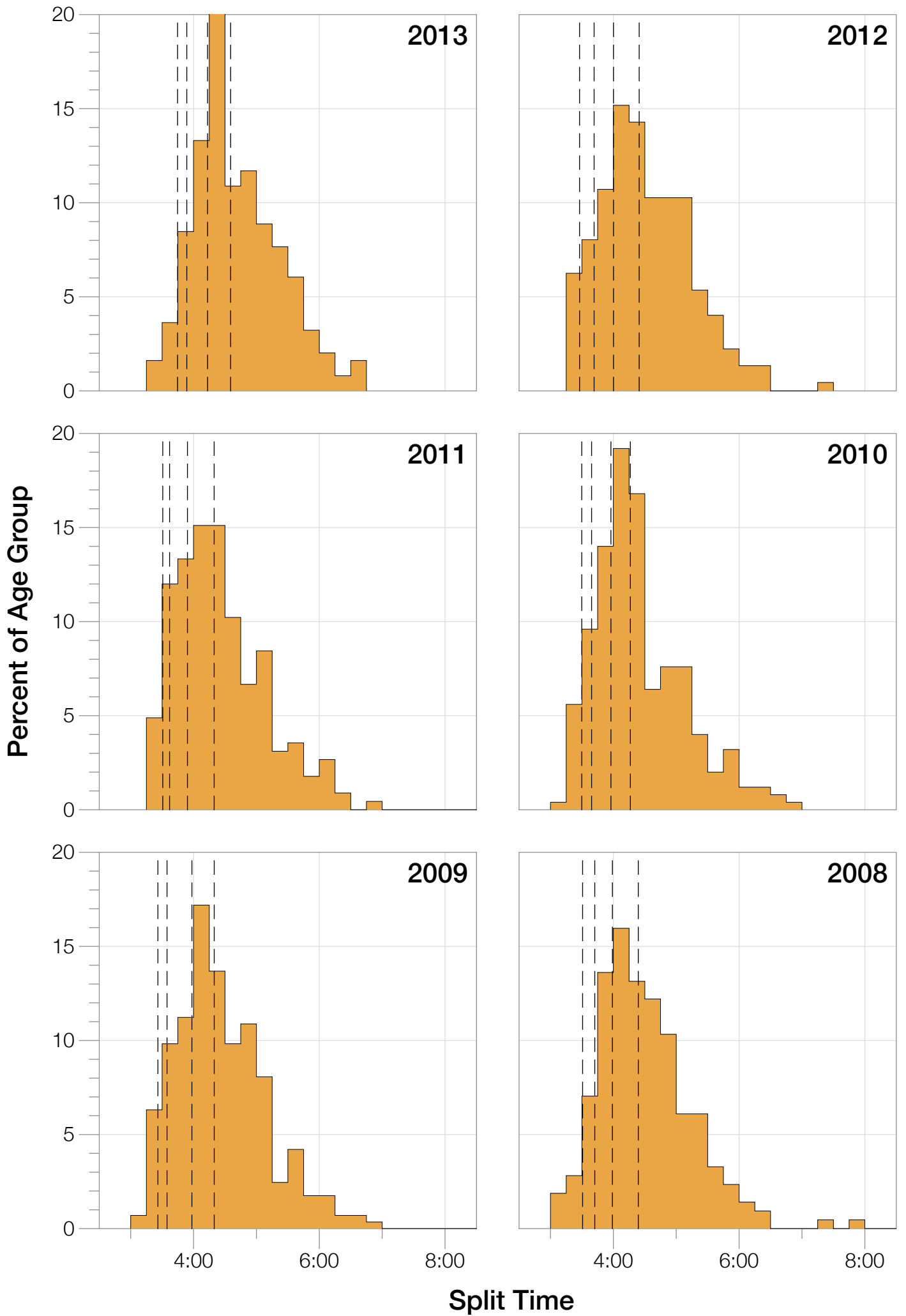
M45-49 Bike



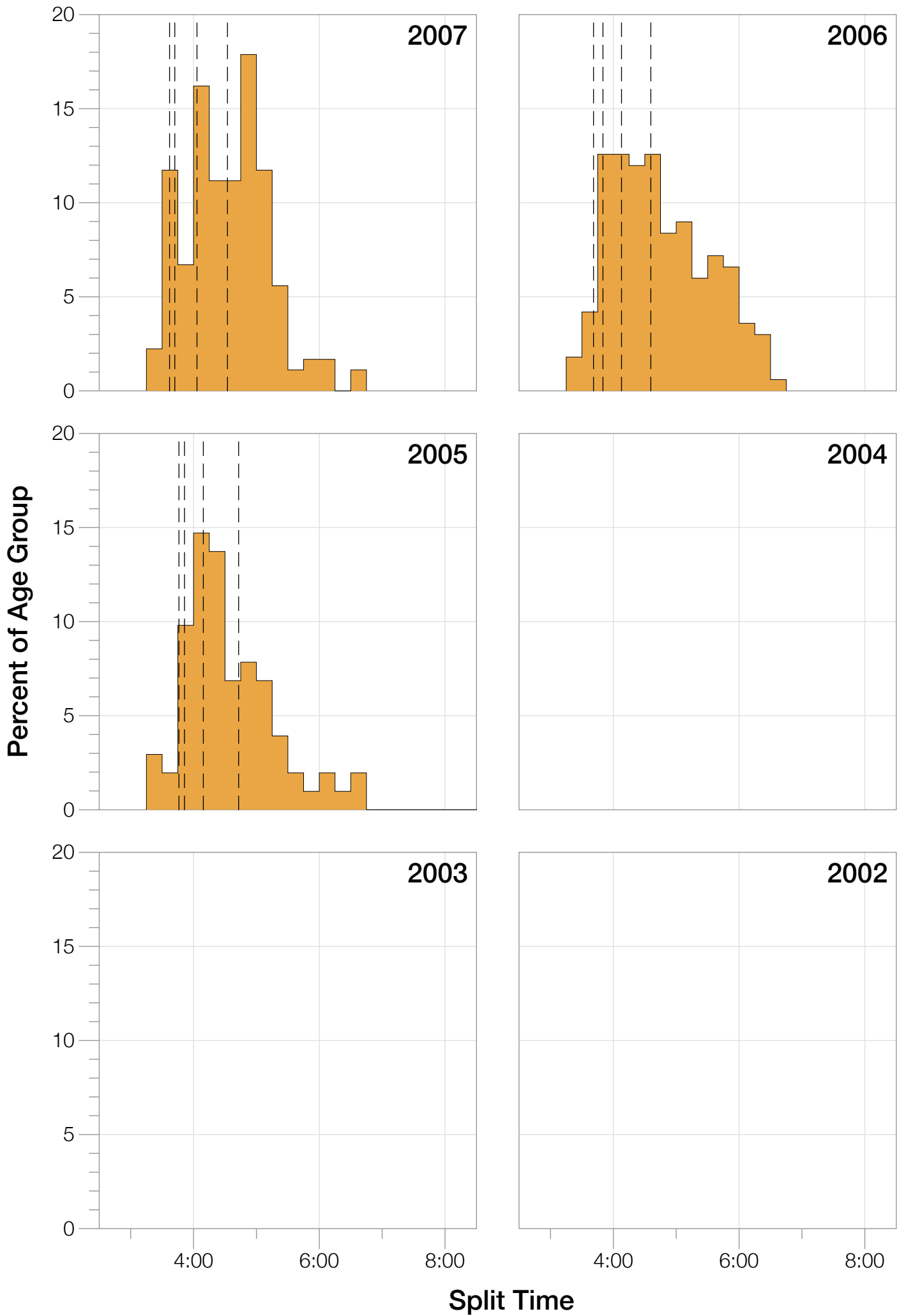
M45-49 Bike



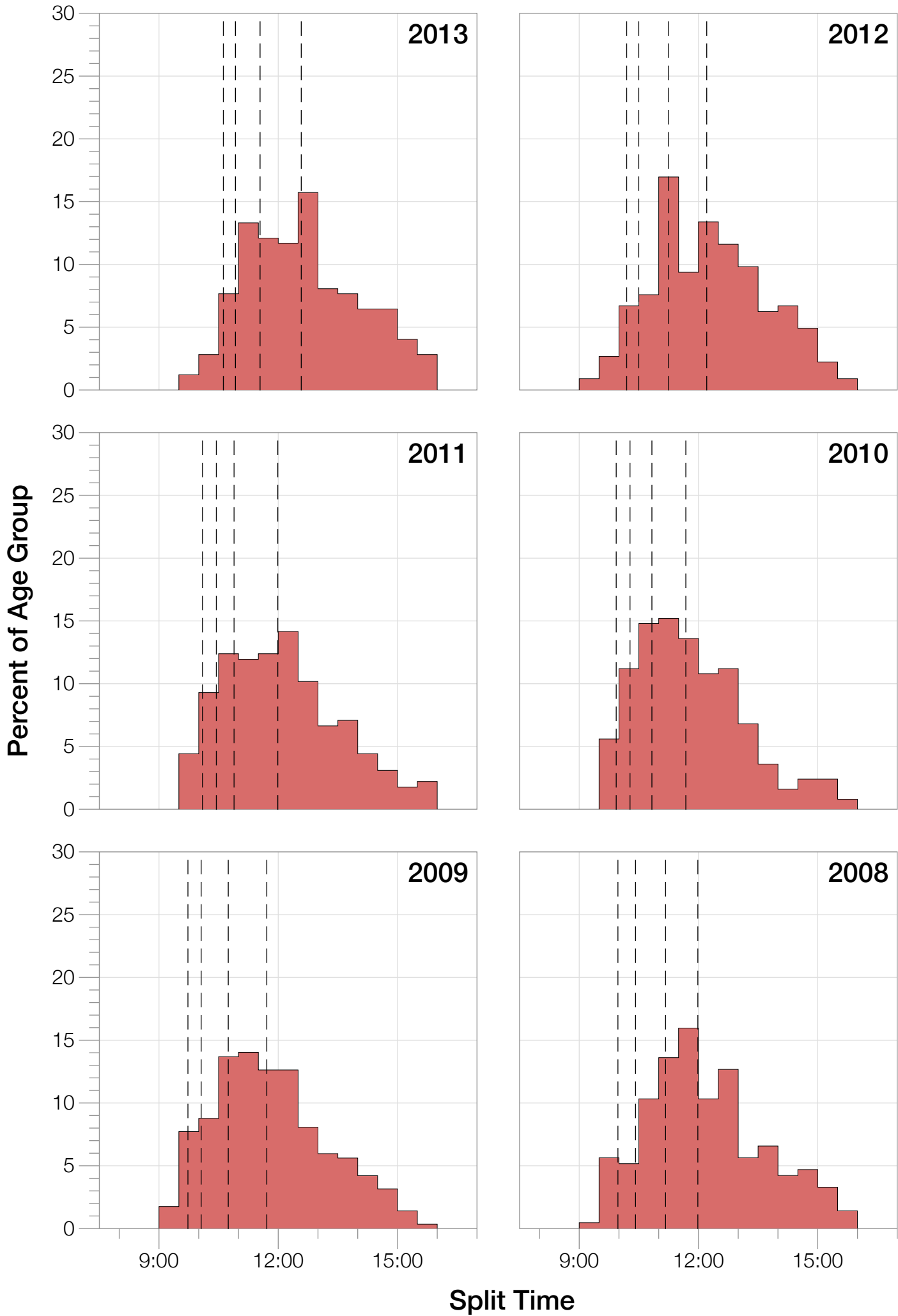
M45-49 Run



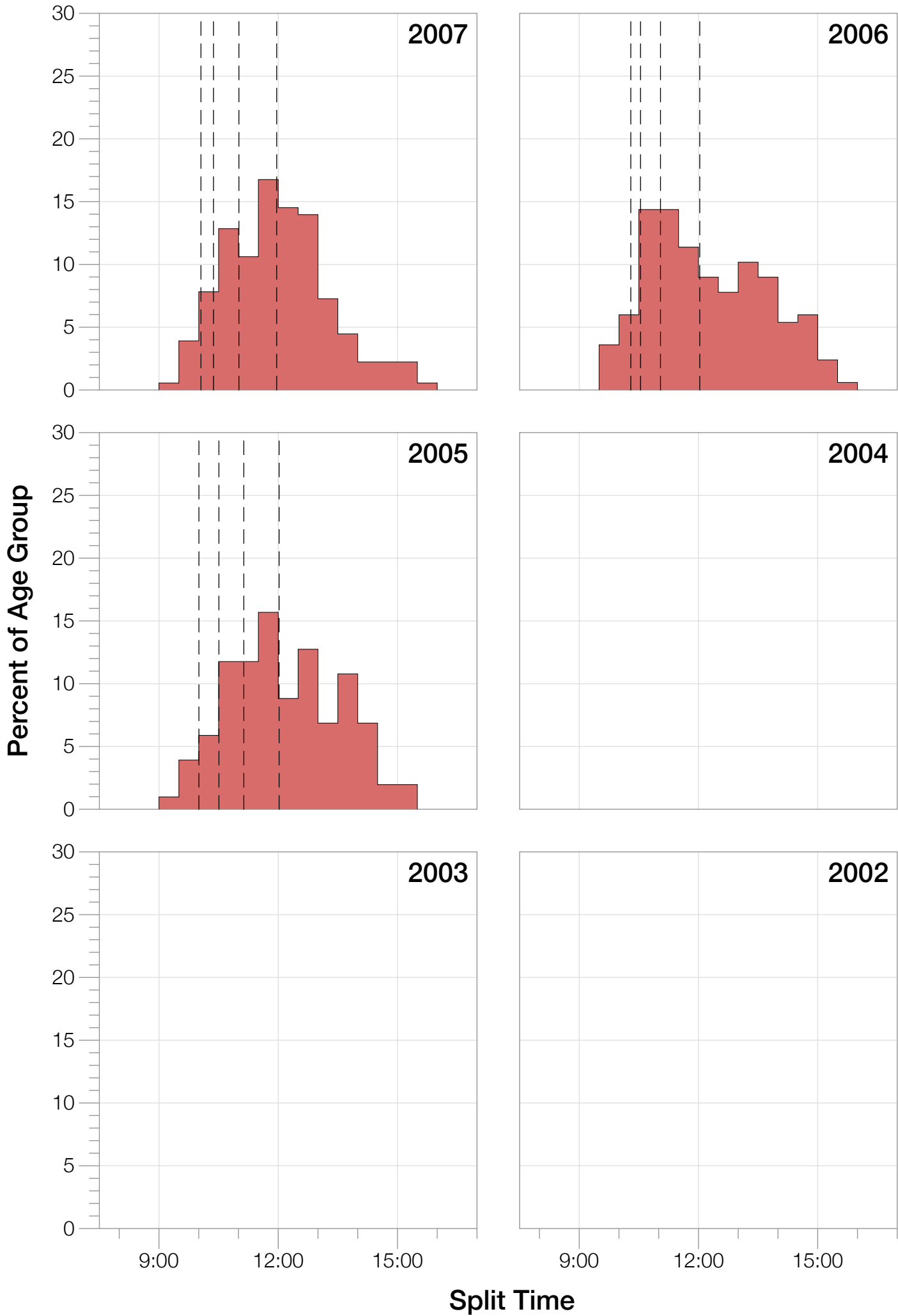
M45-49 Run



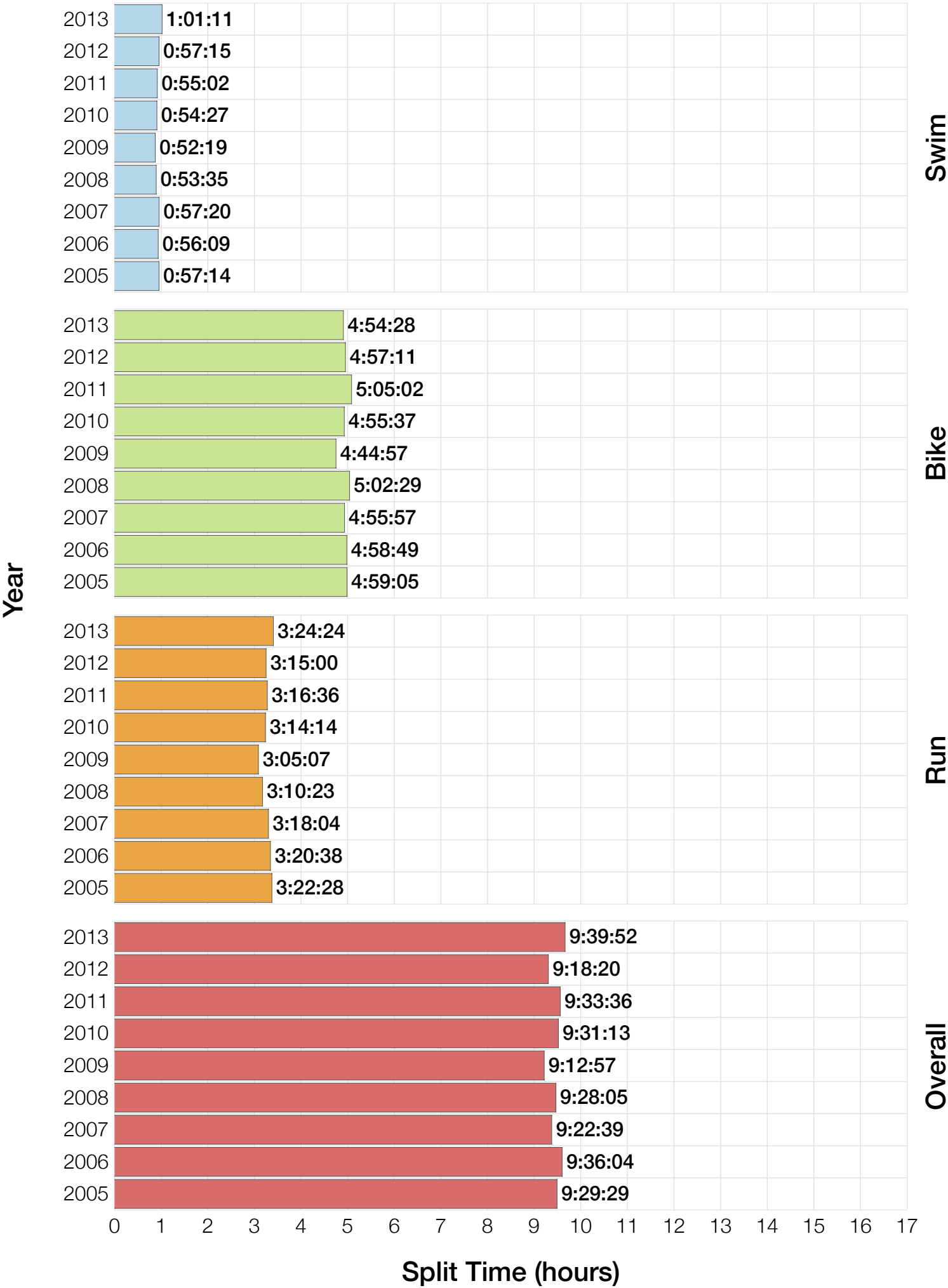
M45-49 Overall



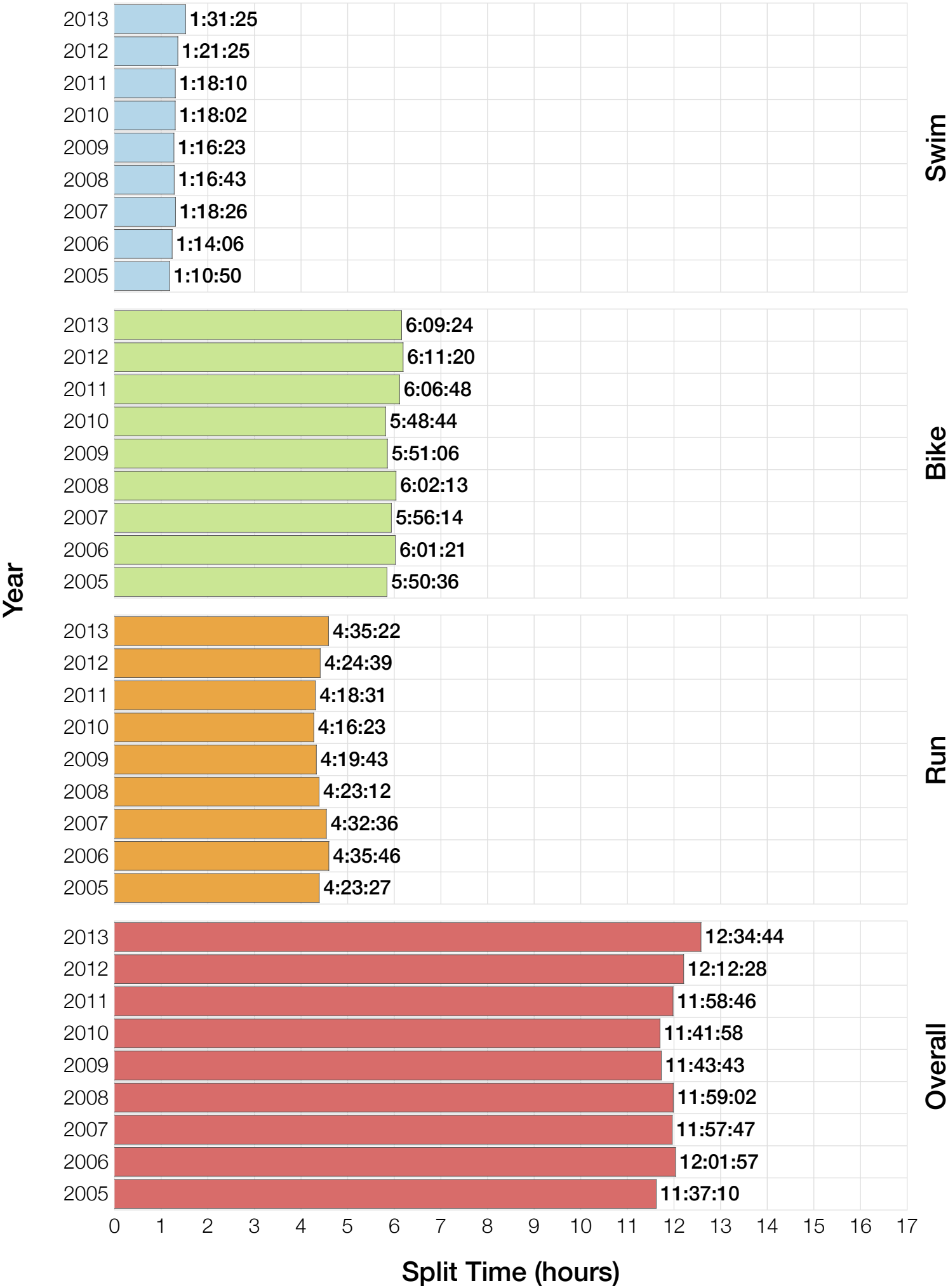
M45-49 Overall



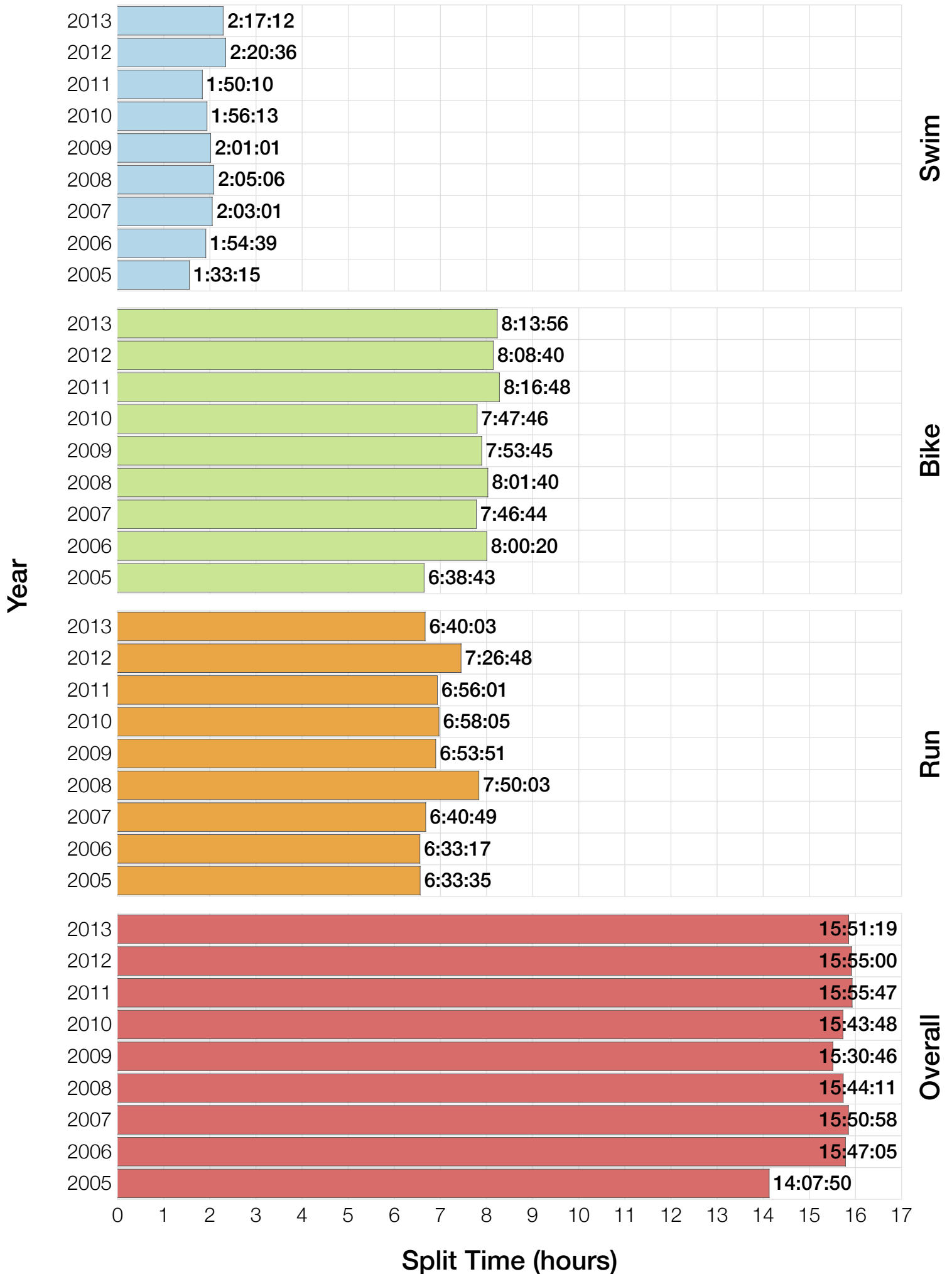
M45-49 Fastest Splits



M45-49 Median Splits



M45-49 Slowest Splits



M45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:53:15	4:31:40	2:53:18	8:20:20
Average Female Winner	0:58:45	4:59:13	3:15:23	9:16:13
Average 1st Age Grouper	1:02:38	5:02:05	3:19:23	9:28:01
Average 2nd Age Grouper	1:03:09	5:04:12	3:27:10	9:38:40
Average 3rd Age Grouper	1:03:07	5:06:49	3:29:36	9:44:05
Average 4th Age Grouper	1:06:02	5:07:40	3:29:47	9:46:44
Average 5th Age Grouper	1:07:55	5:09:20	3:26:03	9:48:18
Average 6th Age Grouper	1:04:30	5:10:05	3:32:11	9:51:14
Average 7th Age Grouper	1:03:27	5:13:12	3:33:48	9:55:09
Average 8th Age Grouper	1:08:46	5:16:34	3:28:29	9:58:40
Average 9th Age Grouper	1:09:23	5:13:19	3:35:28	10:02:35
Average 10th Age Grouper	1:06:47	5:15:10	3:38:03	10:04:35
Kona Qualifier Average	1:04:34	5:05:59	3:26:24	9:41:09
Top 10 Age Grouper Average	1:05:34	5:09:52	3:30:00	9:49:48

Switzerland 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:59	4:32:16	3:01:59	8:33:39
Female Winner	0:58:21	4:56:23	3:22:55	9:21:31
1st Age Grouper	1:04:38	5:05:40	3:24:24	9:39:52
2nd Age Grouper	1:13:42	4:57:06	3:28:23	9:43:14
3rd Age Grouper	1:17:20	5:05:57	3:25:33	9:56:30
4th Age Grouper	1:14:40	5:07:15	3:35:26	10:02:13
5th Age Grouper	1:08:39	5:01:23	3:49:40	10:05:38
6th Age Grouper	1:04:31	5:09:57	3:51:08	10:11:10
7th Age Grouper	1:14:38	5:22:11	3:28:21	10:11:42
8th Age Grouper	1:20:38	5:10:40	3:40:50	10:20:18
9th Age Grouper	1:26:01	5:08:18	3:41:18	10:22:33
10th Age Grouper	1:01:11	5:22:55	3:55:24	10:26:09
Kona Qualifier Average	1:11:47	5:03:28	3:32:41	9:53:29
Top 10 Age Grouper Average	1:12:35	5:09:08	3:38:02	10:05:55

Switzerland 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:38	4:27:42	2:51:29	8:17:13
Female Winner	1:02:12	5:03:47	3:11:37	9:20:16
1st Age Grouper	1:03:12	4:57:11	3:15:00	9:18:20
2nd Age Grouper	1:04:56	5:00:33	3:16:20	9:26:55
3rd Age Grouper	1:00:53	5:05:36	3:24:37	9:35:59
4th Age Grouper	1:08:56	5:11:06	3:24:16	9:49:31
5th Age Grouper	1:14:14	5:07:57	3:23:29	9:49:40
6th Age Grouper	1:02:11	5:16:01	3:29:23	9:51:48
7th Age Grouper	1:02:24	5:04:11	3:42:16	9:53:41
8th Age Grouper	1:09:43	5:27:21	3:17:01	9:59:09
9th Age Grouper	1:18:31	5:24:22	3:16:33	10:05:10
10th Age Grouper	1:12:04	5:21:29	3:28:23	10:08:46
Kona Qualifier Average	1:06:26	5:04:28	3:20:44	9:36:05
Top 10 Age Grouper Average	1:07:42	5:11:34	3:23:43	9:47:53

Switzerland 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:18	4:36:11	2:48:43	8:19:51
Female Winner	1:02:41	4:51:19	3:06:41	9:03:26
1st Age Grouper	1:02:59	5:05:02	3:22:36	9:33:36
2nd Age Grouper	0:55:44	5:08:06	3:30:22	9:39:17
3rd Age Grouper	1:06:42	5:11:51	3:22:02	9:44:06
4th Age Grouper	0:55:02	5:12:17	3:34:04	9:44:20
5th Age Grouper	1:02:25	5:22:20	3:16:36	9:45:34
6th Age Grouper	1:00:10	5:13:52	3:31:34	9:49:13
7th Age Grouper	0:59:42	5:20:55	3:27:43	9:51:13
8th Age Grouper	1:06:21	5:22:03	3:19:24	9:51:43
9th Age Grouper	1:03:18	5:11:52	3:35:54	9:54:36
10th Age Grouper	1:08:09	5:16:12	3:31:52	9:59:55
Kona Qualifier Average	1:00:34	5:11:55	3:25:08	9:41:22
Top 10 Age Grouper Average	1:02:03	5:14:27	3:27:12	9:47:21

Switzerland 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:29	4:29:10	2:51:04	8:12:40
Female Winner	1:08:29	4:43:53	3:04:24	9:00:04
1st Age Grouper	0:54:40	5:05:31	3:26:30	9:31:13
2nd Age Grouper	1:04:19	4:55:37	3:27:41	9:31:23
3rd Age Grouper	1:03:15	5:10:06	3:20:56	9:38:33
4th Age Grouper	1:09:22	5:00:22	3:25:39	9:40:13
5th Age Grouper	1:12:01	5:07:51	3:14:14	9:40:45
6th Age Grouper	1:06:33	5:02:31	3:29:53	9:43:23
7th Age Grouper	1:08:00	5:13:41	3:16:51	9:43:58
8th Age Grouper	1:07:54	5:10:05	3:25:07	9:46:50
9th Age Grouper	1:16:57	4:59:36	3:26:50	9:48:53
10th Age Grouper	0:57:48	5:07:31	3:38:31	9:49:12
Kona Qualifier Average	1:04:43	5:03:53	3:23:00	9:36:25
Top 10 Age Grouper Average	1:06:04	5:05:17	3:25:13	9:41:26

Switzerland 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:48	4:34:44	2:50:36	8:20:00
Female Winner	0:52:51	5:07:50	3:11:56	9:14:35
1st Age Grouper	1:09:32	4:53:46	3:05:07	9:12:57
2nd Age Grouper	0:56:18	5:02:00	3:25:19	9:28:20
3rd Age Grouper	0:56:04	5:02:30	3:25:41	9:28:41
4th Age Grouper	1:06:32	5:02:30	3:19:56	9:29:05
5th Age Grouper	1:16:53	4:44:57	3:24:02	9:29:50
6th Age Grouper	1:02:51	4:53:55	3:30:18	9:30:51
7th Age Grouper	1:05:05	5:06:27	3:18:29	9:34:15
8th Age Grouper	1:08:42	5:03:39	3:18:12	9:35:52
9th Age Grouper	1:07:26	5:13:44	3:13:11	9:37:55
10th Age Grouper	1:08:15	5:08:00	3:16:55	9:38:01
Kona Qualifier Average	1:05:03	4:55:48	3:20:01	9:25:46
Top 10 Age Grouper Average	1:05:45	5:00:59	3:19:43	9:30:34

Switzerland 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:59	4:27:43	2:54:00	8:16:05
Female Winner	0:51:57	5:11:11	3:24:25	9:30:12
1st Age Grouper	1:02:41	5:11:07	3:10:23	9:28:05
2nd Age Grouper	0:58:04	5:08:45	3:25:23	9:36:53
3rd Age Grouper	0:53:35	5:06:16	3:34:28	9:39:54
4th Age Grouper	1:11:29	5:09:19	3:13:22	9:40:10
5th Age Grouper	1:11:27	5:09:03	3:15:41	9:44:37
6th Age Grouper	1:00:01	5:17:45	3:23:56	9:48:21
7th Age Grouper	0:57:37	5:18:07	3:30:46	9:52:09
8th Age Grouper	1:12:09	5:24:06	3:13:48	9:54:30
9th Age Grouper	1:02:07	5:17:57	3:30:28	9:54:56
10th Age Grouper	1:05:37	5:32:08	3:13:50	9:55:10
Kona Qualifier Average	1:03:27	5:08:54	3:19:51	9:37:55
Top 10 Age Grouper Average	1:03:28	5:15:27	3:21:12	9:45:28

Switzerland 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:41	4:36:27	2:53:12	8:25:00
Female Winner	0:57:09	5:03:02	3:18:15	9:20:43
1st Age Grouper	1:04:51	4:55:57	3:18:04	9:22:39
2nd Age Grouper	1:04:16	5:11:37	3:22:49	9:43:29
3rd Age Grouper	0:59:59	5:10:14	3:37:18	9:50:32
4th Age Grouper	1:03:44	4:57:18	3:46:56	9:50:44
5th Age Grouper	1:00:18	5:16:47	3:30:21	9:51:29
6th Age Grouper	0:59:30	5:10:46	3:42:03	9:55:05
7th Age Grouper	1:06:10	5:03:37	3:41:11	9:55:08
8th Age Grouper	1:07:24	5:08:23	3:35:15	9:56:07
9th Age Grouper	0:59:31	5:08:06	3:51:39	10:02:26
10th Age Grouper	1:12:33	5:06:57	3:40:46	10:03:27
Kona Qualifier Average	1:02:37	5:06:22	3:31:05	9:43:46
Top 10 Age Grouper Average	1:03:49	5:06:58	3:36:38	9:51:06

Switzerland 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:46	4:23:59	2:56:53	8:16:50
Female Winner	0:56:38	5:07:24	3:17:58	9:24:18
1st Age Grouper	1:03:24	4:59:03	3:29:56	9:36:04
2nd Age Grouper	1:07:12	5:15:03	3:20:38	9:45:23
3rd Age Grouper	1:06:38	4:58:49	3:40:20	9:48:47
4th Age Grouper	1:00:12	5:10:05	3:35:08	9:49:51
5th Age Grouper	0:56:32	5:16:14	3:34:38	9:51:05
6th Age Grouper	1:07:01	5:14:12	3:26:06	9:51:19
7th Age Grouper	0:59:40	5:16:43	3:48:42	10:09:46
8th Age Grouper	1:05:09	5:26:00	3:36:55	10:12:43
9th Age Grouper	1:07:02	5:11:10	3:56:15	10:17:48
10th Age Grouper	1:06:28	5:13:24	3:54:33	10:17:58
Kona Qualifier Average	1:02:47	5:07:50	3:32:08	9:46:14
Top 10 Age Grouper Average	1:03:55	5:12:04	3:38:19	9:58:04

Switzerland 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:37	4:36:54	2:51:48	8:21:50
Female Winner	0:58:28	4:48:08	3:20:18	9:10:54
1st Age Grouper	0:57:46	5:05:35	3:22:28	9:29:29
2nd Age Grouper	1:03:56	4:59:05	3:47:35	9:53:10
3rd Age Grouper	1:03:37	5:10:08	3:35:35	9:53:46
4th Age Grouper	1:04:27	5:13:38	3:33:18	9:54:32
5th Age Grouper	1:08:50	5:17:31	3:25:47	9:56:04
6th Age Grouper	1:17:45	5:11:51	3:25:26	10:00:04
7th Age Grouper	0:57:51	5:12:56	3:49:57	10:04:30
8th Age Grouper	1:00:54	5:16:53	3:49:54	10:10:54
9th Age Grouper	1:03:38	5:24:53	3:47:07	10:18:58
10th Age Grouper	1:09:04	5:07:56	4:02:18	10:22:38
Kona Qualifier Average	1:03:43	5:09:11	3:32:56	9:49:24
Top 10 Age Grouper Average	1:04:46	5:12:02	3:39:56	10:00:24