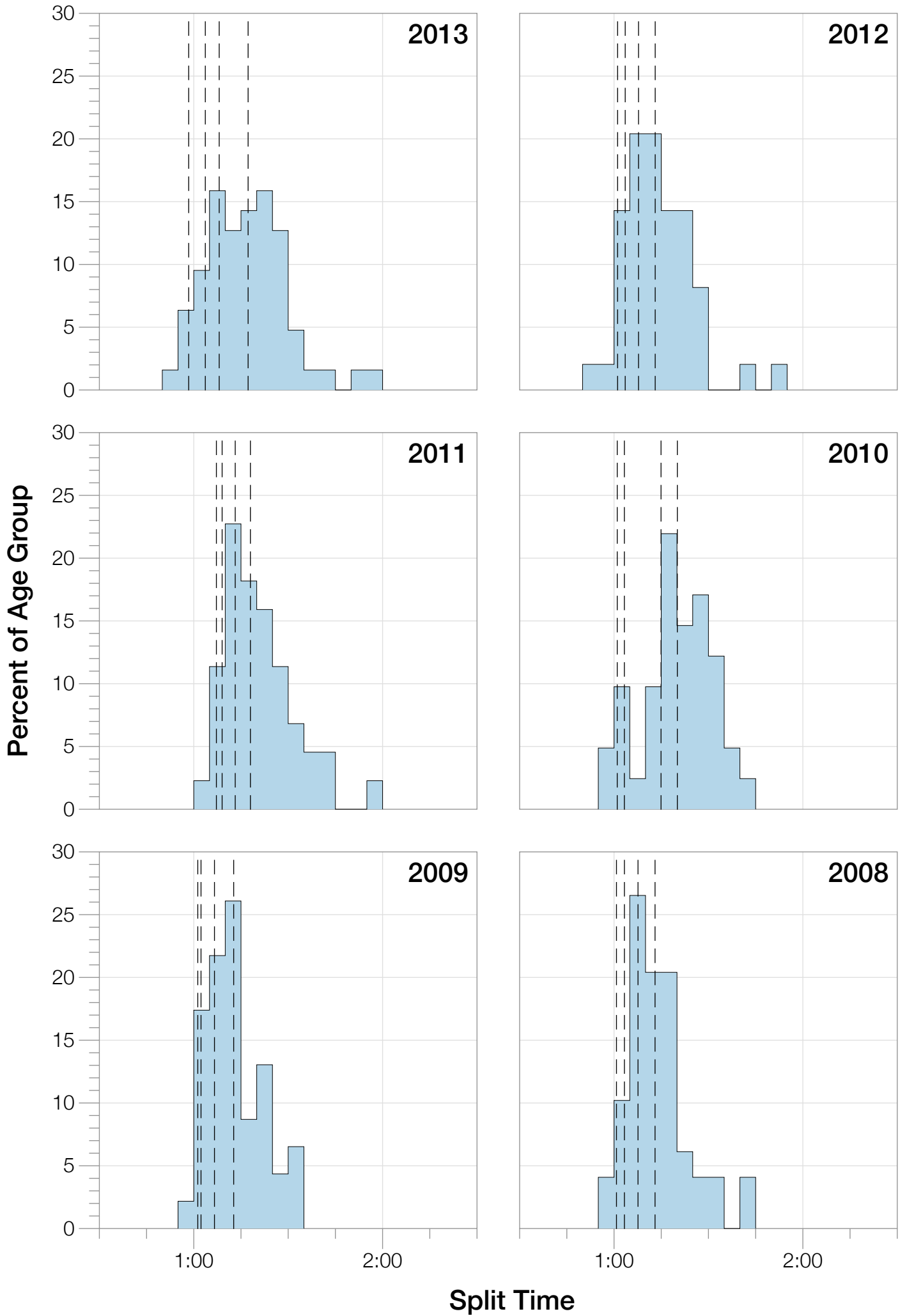


Ironman Frankfurt F35-39 Stats

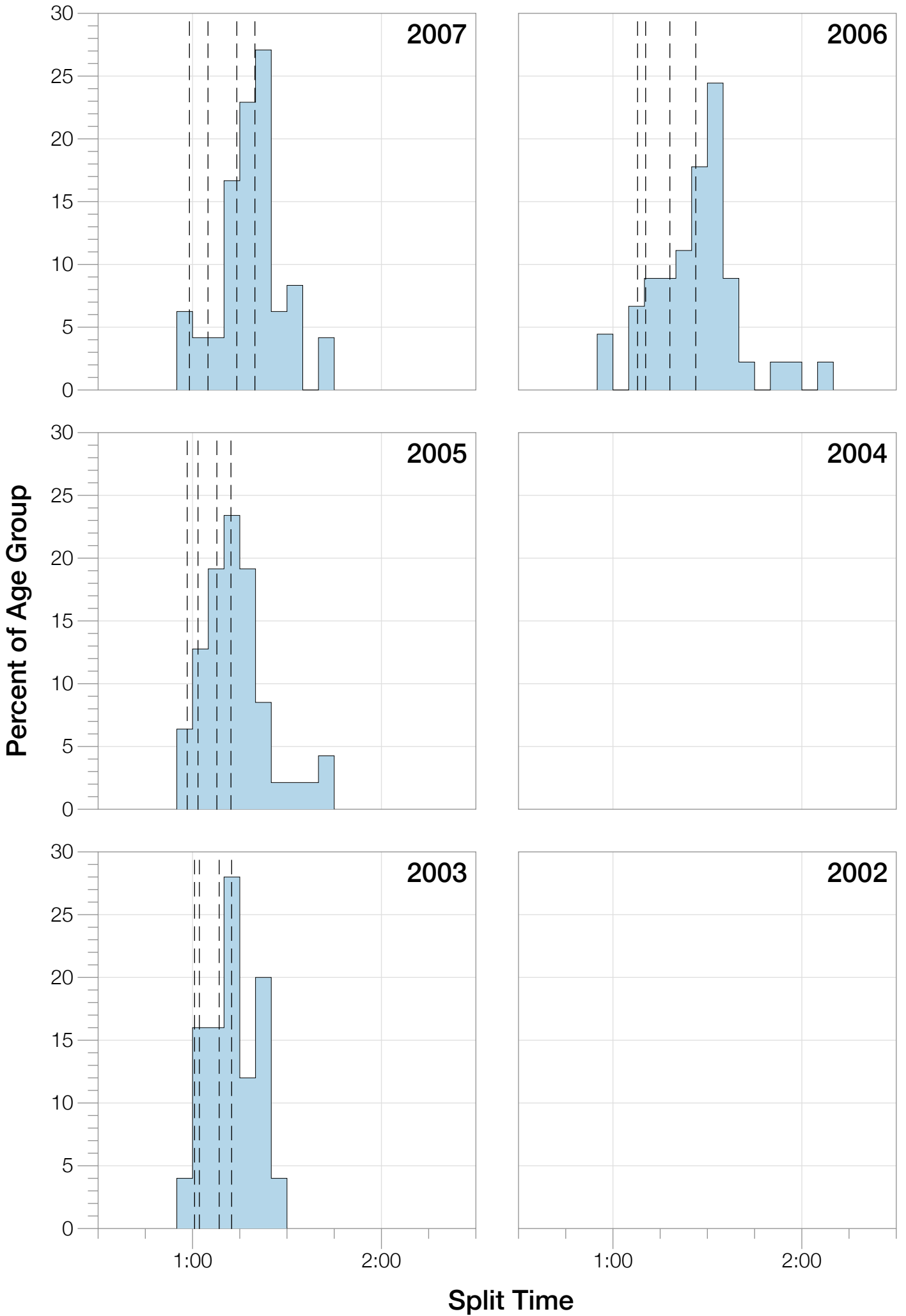
F35-39 Summary Statistics

Year	Finishers	F35-39 Finishers	Male Winner's Time	Female Winner's Time	F35-39 Winner's Time
2003	1291	25	8:12:29	9:03:11	10:11:40
2005	1730	47	8:20:50	9:15:31	10:35:32
2006	1799	45	8:13:39	9:16:17	10:07:01
2007	2121	48	8:09:15	9:04:11	10:09:12
2008	2142	49	7:59:55	8:51:24	10:11:14
2009	2128	46	7:59:15	8:58:08	10:01:44
2010	2119	41	8:05:15	9:04:27	9:59:51
2011	2220	44	8:13:50	9:12:13	10:05:27
2012	2317	50	8:03:31	8:52:33	9:58:13
2013	2460	63	7:59:58	8:56:01	10:01:27
Average	2033	46	8:07:47	9:03:23	9:12:51

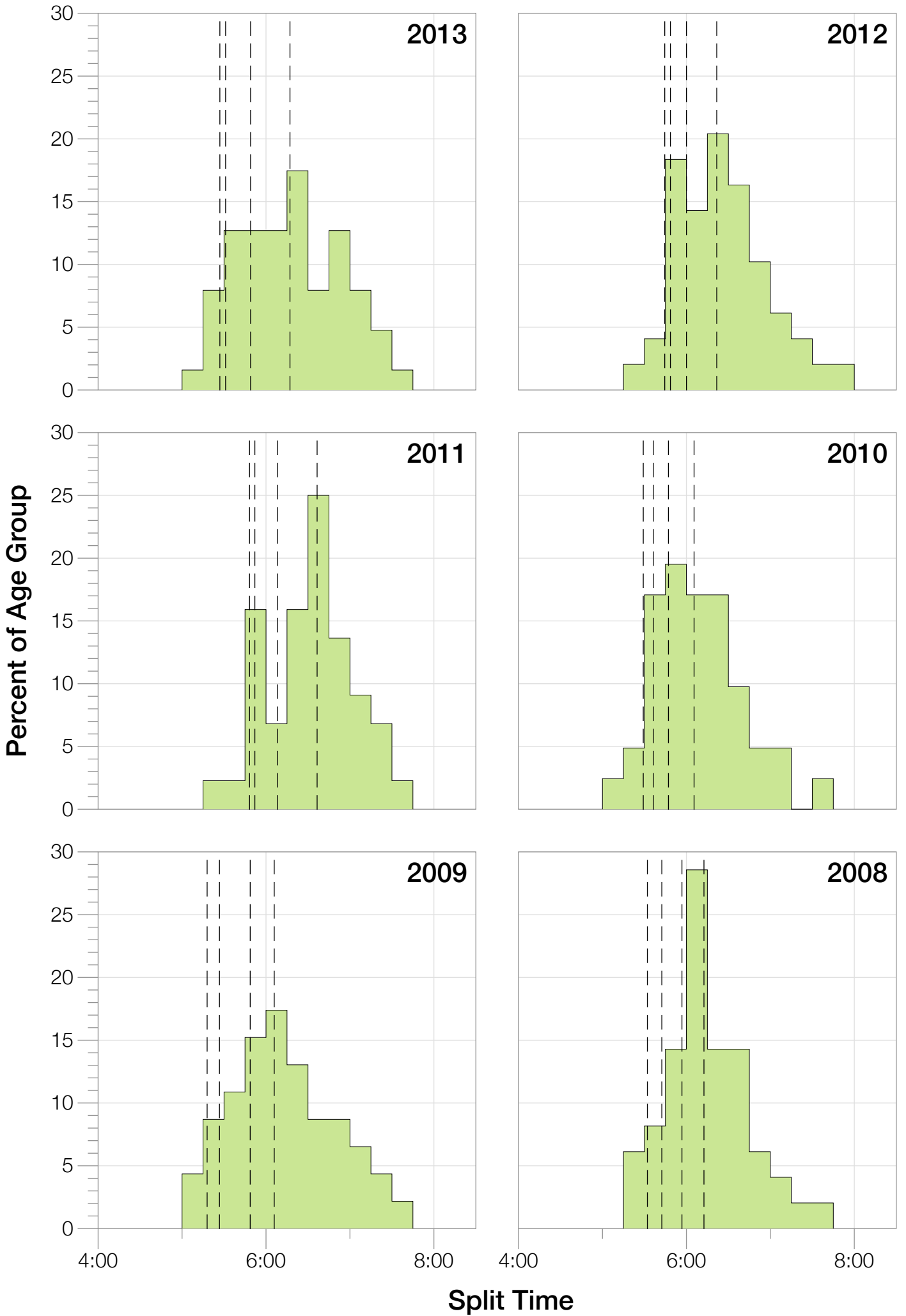
F35-39 Swim



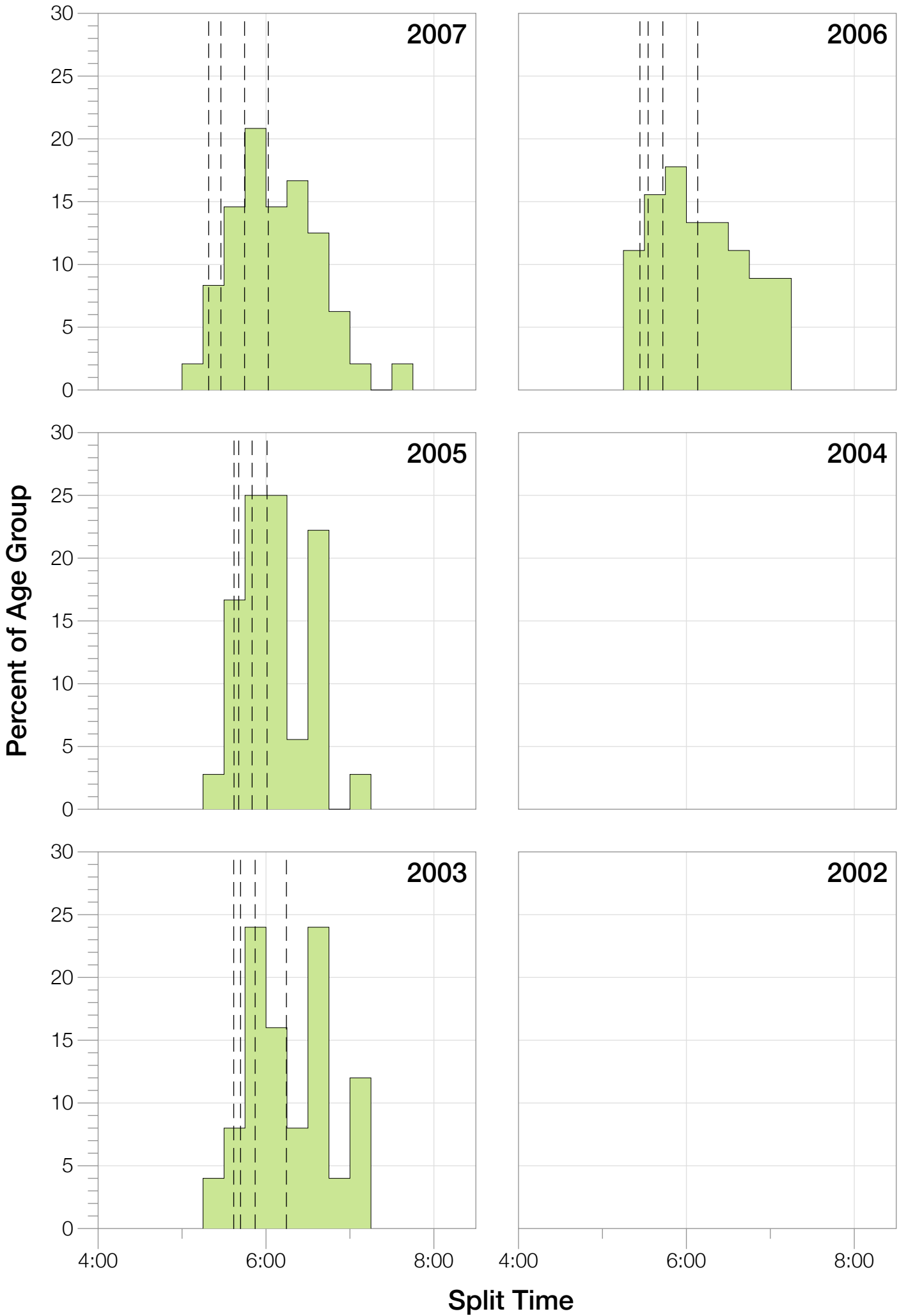
F35-39 Swim



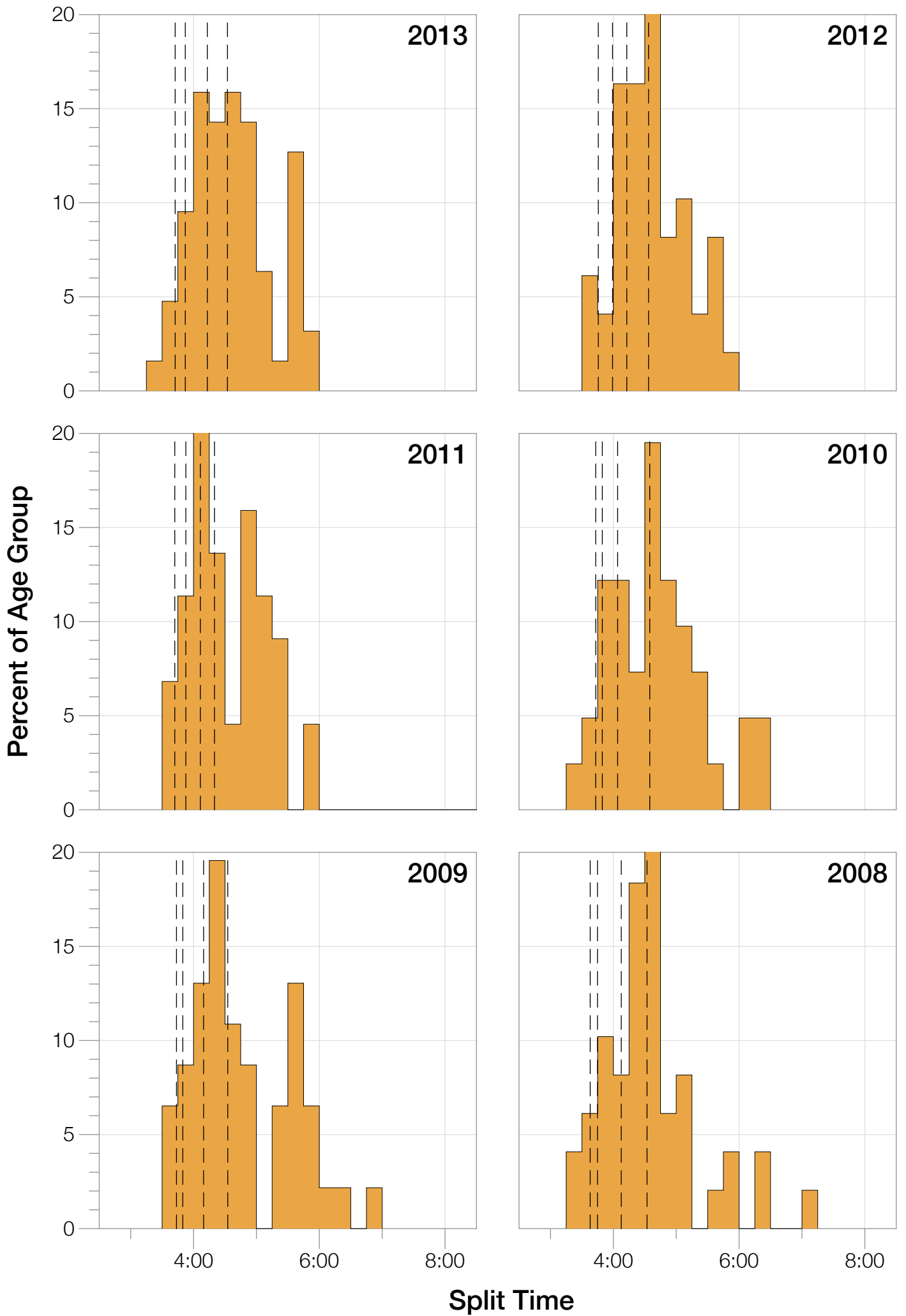
F35-39 Bike



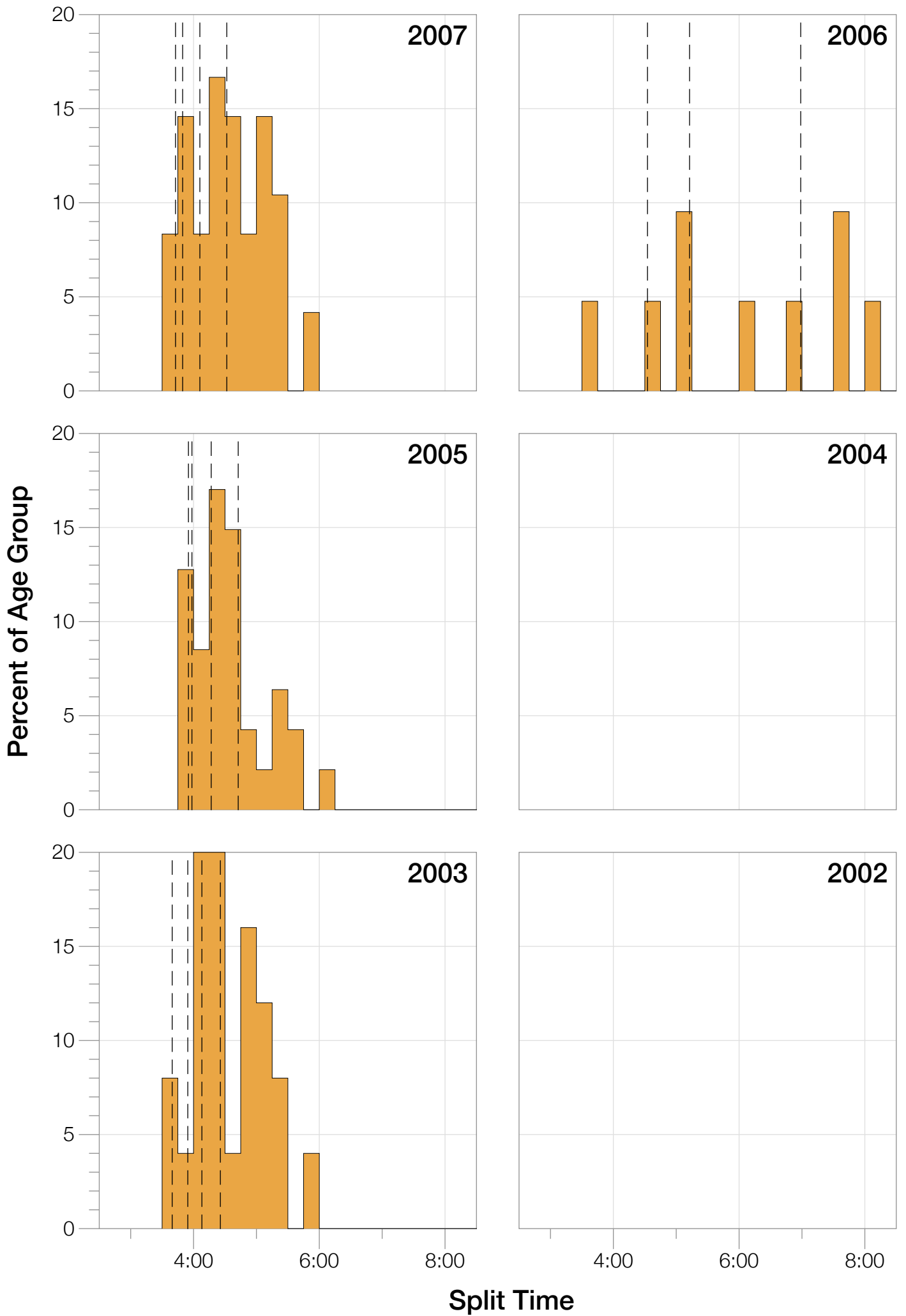
F35-39 Bike



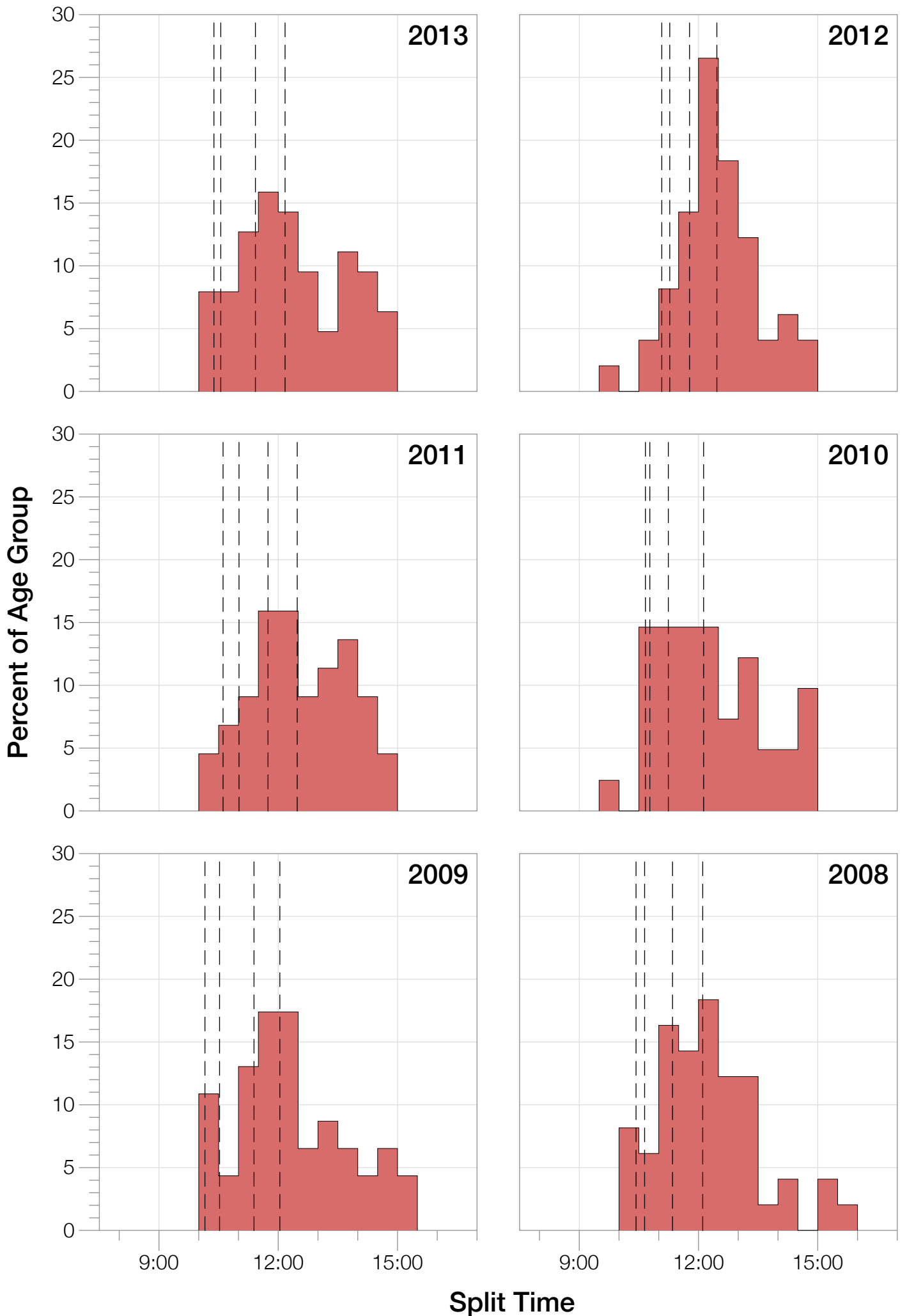
F35-39 Run



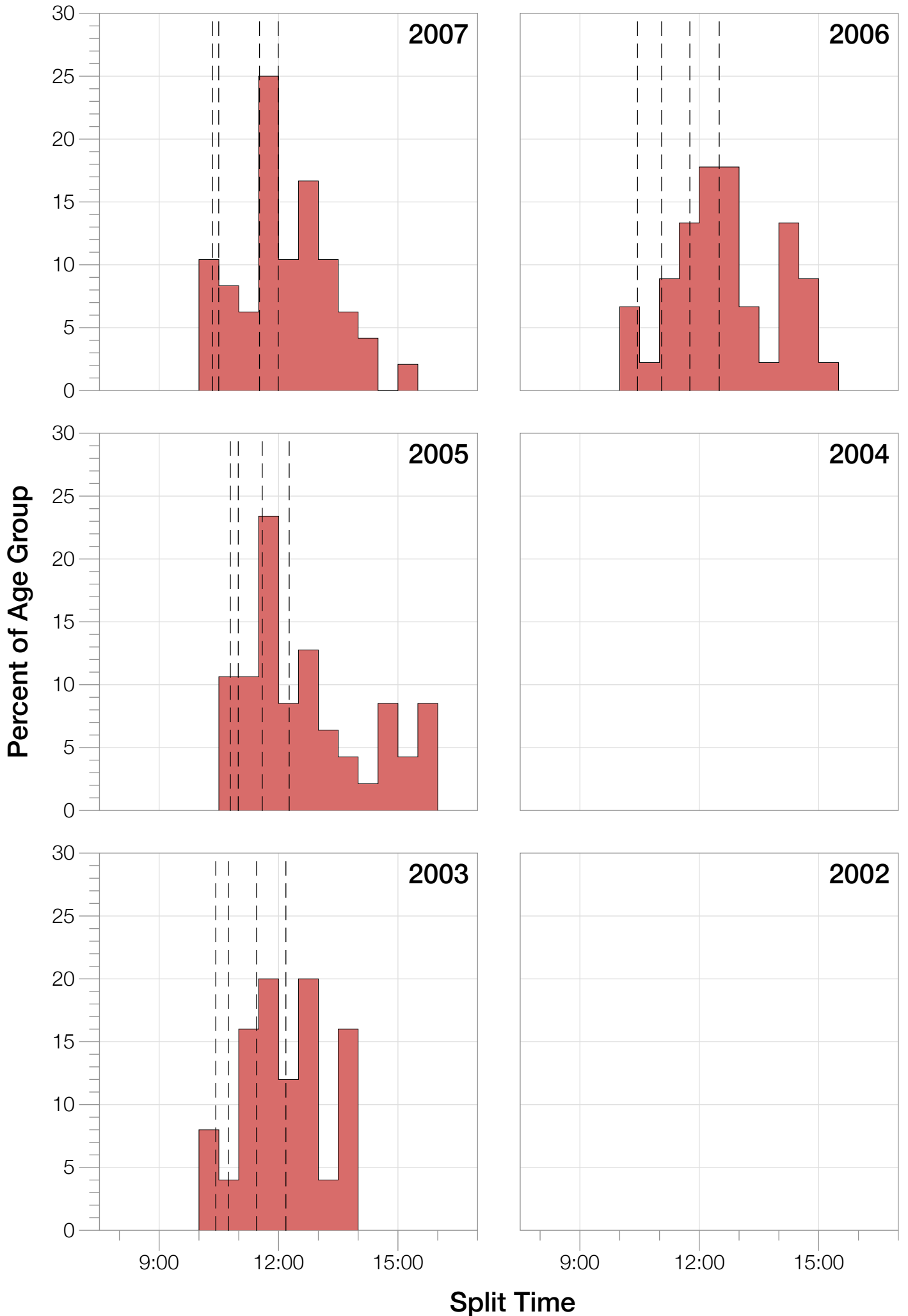
F35-39 Run



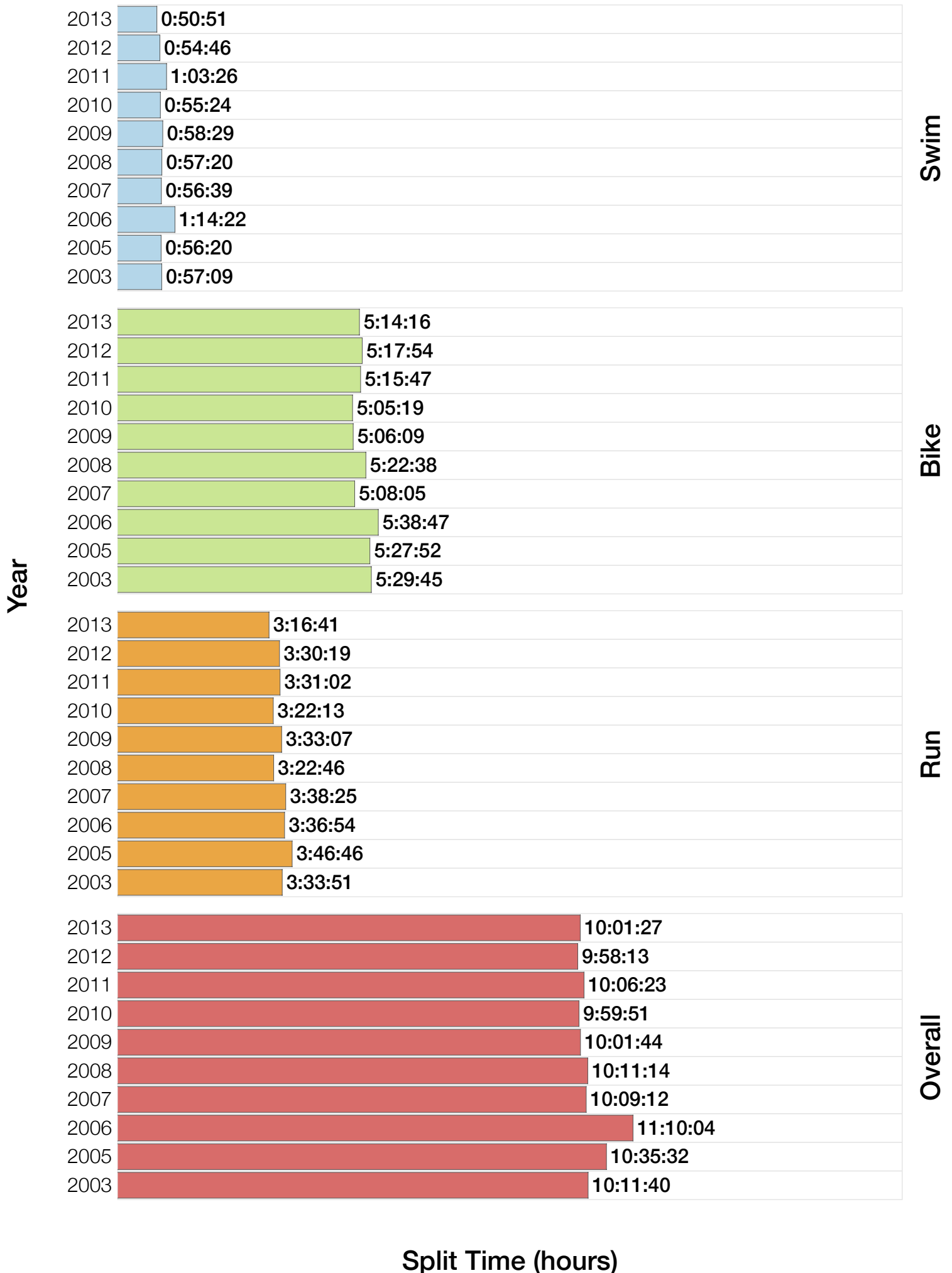
F35-39 Overall



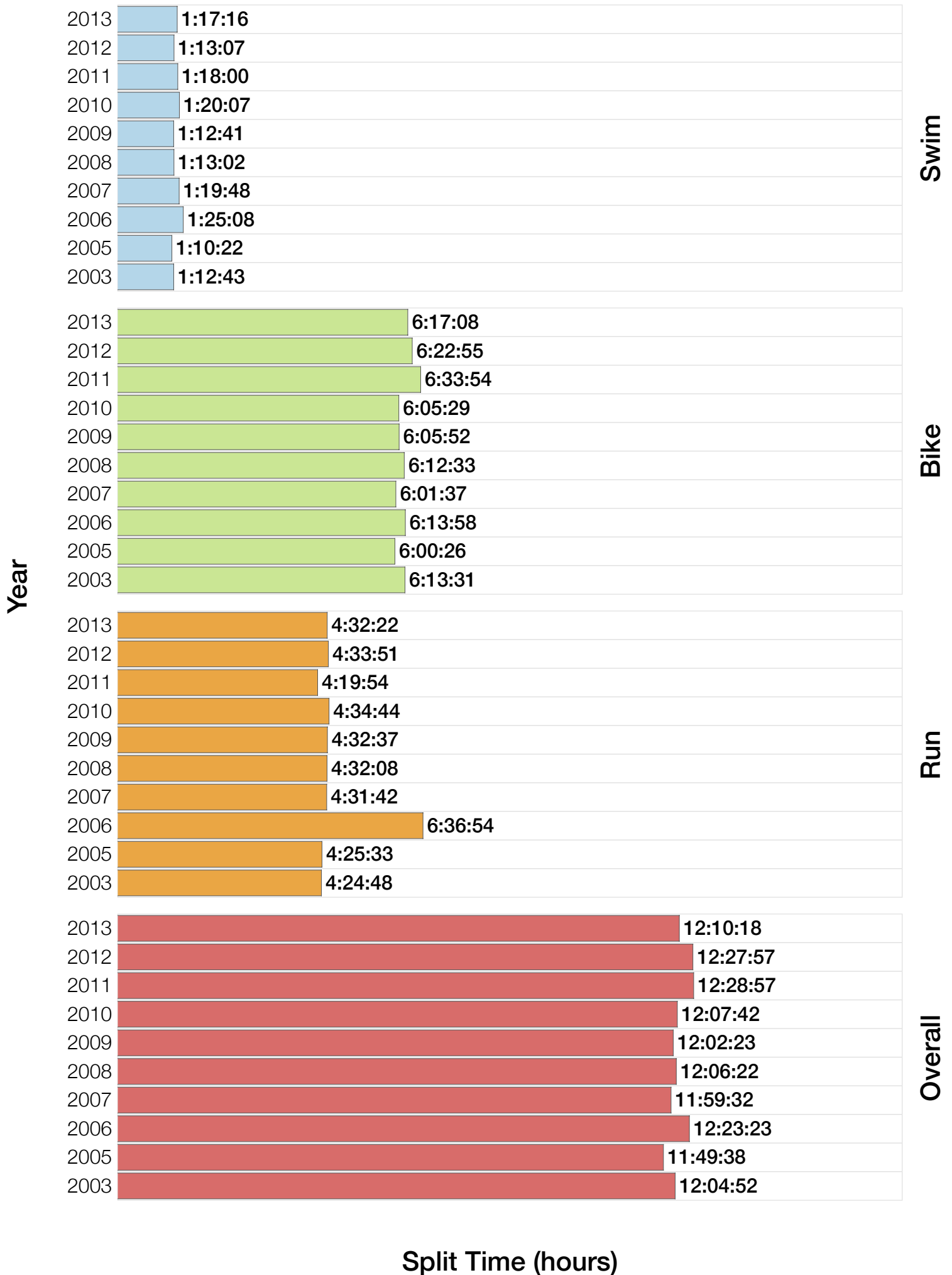
F35-39 Overall



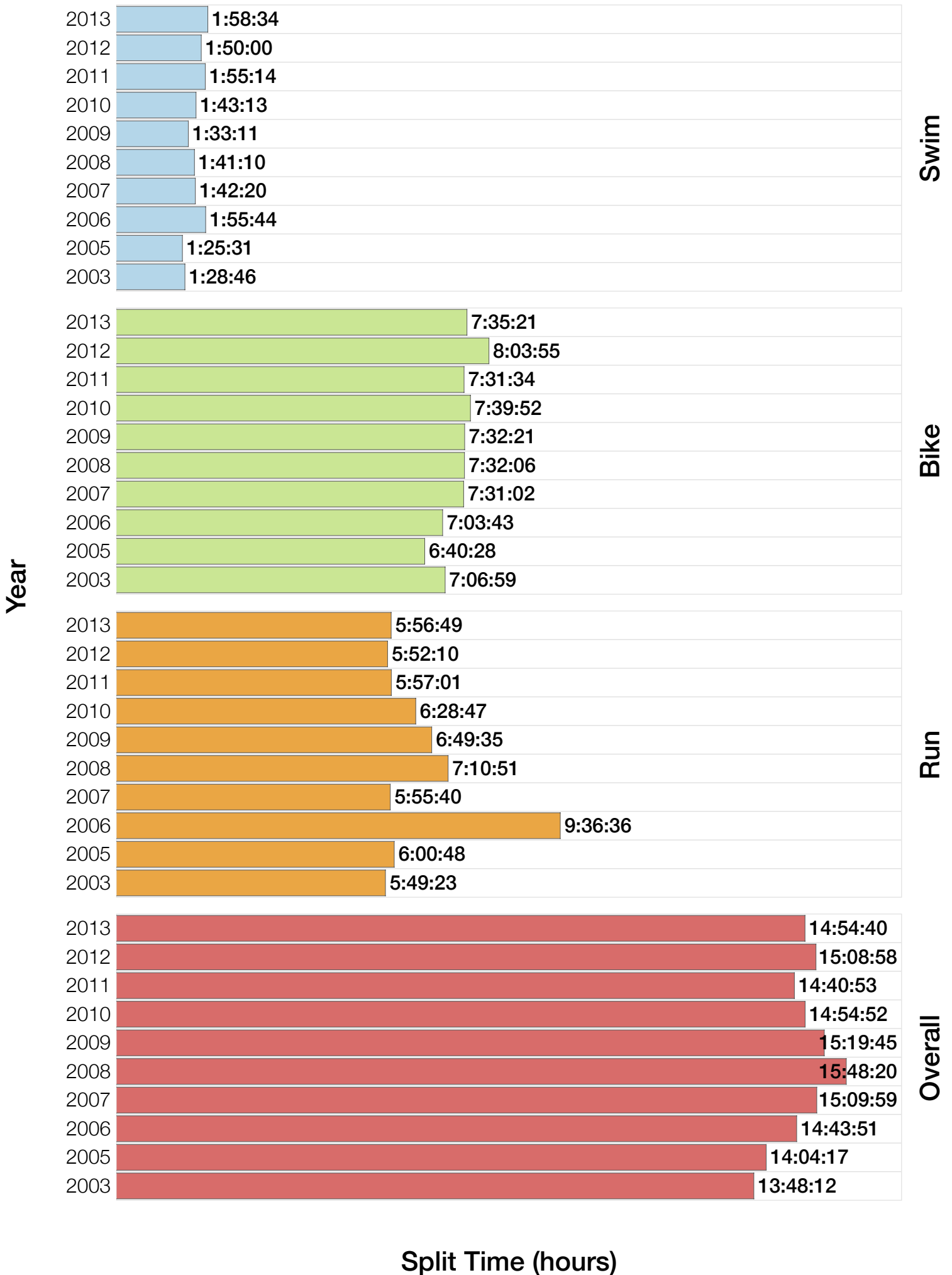
F35-39 Fastest Splits



F35-39 Median Splits



F35-39 Slowest Splits



Split Time (hours)

F35-39 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	1:05:20	5:33:35	3:32:07	10:08:08
Average 2nd Age Grouper	1:05:00	5:28:10	3:43:23	10:21:01
Average 3rd Age Grouper	1:07:03	5:29:05	3:48:36	10:30:24
Average 4th Age Grouper	1:10:28	5:33:01	3:52:03	10:41:44
Average 5th Age Grouper	1:08:41	5:39:04	3:54:56	10:48:51
Average 6th Age Grouper	1:04:40	5:43:27	3:58:21	10:55:09
Average 7th Age Grouper	1:10:33	5:44:16	4:00:26	11:02:32
Average 8th Age Grouper	1:13:13	5:48:04	4:03:50	11:10:52
Average 9th Age Grouper	1:05:55	5:46:22	4:12:16	11:17:11
Average 10th Age Grouper	1:12:42	5:52:34	4:07:59	11:23:07
Kona Qualifier Average	1:05:48	5:30:17	3:41:43	10:19:51
Top 10 Age Grouper Average	1:08:21	5:39:46	3:55:40	10:49:54

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	1:09:43	5:29:16	3:16:41	10:01:27
2nd Age Grouper	0:57:40	5:25:51	3:48:22	10:19:16
3rd Age Grouper	0:50:51	5:21:38	4:01:31	10:19:46
4th Age Grouper	0:59:55	5:33:42	3:41:41	10:22:35
5th Age Grouper	1:01:57	5:34:17	3:41:48	10:26:00
6th Age Grouper	1:03:48	5:26:55	3:51:20	10:31:35
7th Age Grouper	1:05:49	5:14:16	4:06:26	10:32:32
8th Age Grouper	0:56:19	5:43:49	3:48:18	10:36:09
9th Age Grouper	1:03:57	5:43:08	3:59:15	10:53:20
10th Age Grouper	1:09:58	5:27:55	4:13:36	10:59:16
Kona Qualifier Average	0:59:24	5:25:35	3:42:11	10:13:29
Top 10 Age Grouper Average	1:01:59	5:30:04	3:50:53	10:30:11

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	1:03:37	5:17:54	3:30:19	9:58:13
2nd Age Grouper	1:11:19	5:37:01	3:43:33	10:40:04
3rd Age Grouper	1:13:53	5:57:10	3:40:52	10:59:11
4th Age Grouper	1:11:49	5:53:04	4:00:49	11:12:39
5th Age Grouper	1:02:38	5:47:14	4:16:07	11:15:15
6th Age Grouper	1:06:38	6:08:10	3:55:34	11:16:56
7th Age Grouper	1:04:23	6:13:04	4:02:43	11:28:30
8th Age Grouper	1:08:30	6:01:54	4:12:32	11:30:48
9th Age Grouper	1:08:10	5:42:44	4:31:20	11:36:15
10th Age Grouper	1:10:30	5:57:45	4:18:06	11:38:44
Kona Qualifier Average	1:09:36	5:37:21	3:38:14	10:32:29
Top 10 Age Grouper Average	1:08:08	5:51:36	4:01:11	11:09:39

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	1:13:22	6:43:13		10:05:27
2nd Age Grouper	1:13:15	5:15:47	3:31:02	10:06:23
3rd Age Grouper	1:10:52	5:31:30	3:45:42	10:34:29
4th Age Grouper	1:06:04	5:52:14	3:41:26	10:49:17
5th Age Grouper	1:23:14	5:48:39	3:35:01	10:55:11
6th Age Grouper	1:18:55	5:54:14	3:51:59	11:13:51
7th Age Grouper	1:18:00	5:51:56	4:00:38	11:20:42
8th Age Grouper	1:08:45	6:02:03	4:06:33	11:28:10
9th Age Grouper	1:15:56	5:54:57	4:06:17	11:28:49
10th Age Grouper	1:10:56	6:09:35	4:09:49	11:39:11
Kona Qualifier Average	1:12:29	5:50:10	3:38:22	10:15:26
Top 10 Age Grouper Average	1:13:55	5:54:24	3:52:03	10:58:09

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	1:02:02	5:29:10	3:22:13	9:59:51
2nd Age Grouper	1:03:17	5:41:23	3:40:54	10:30:38
3rd Age Grouper	1:18:33	5:24:04	3:49:28	10:39:53
4th Age Grouper	1:33:29	5:05:19	3:57:01	10:42:56
5th Age Grouper	1:08:05	5:35:35	3:54:18	10:46:31
6th Age Grouper	0:55:24	5:49:41	3:59:54	10:50:34
7th Age Grouper	1:29:14	5:39:50	3:43:09	10:59:01
8th Age Grouper	1:15:41	5:37:19	4:00:57	11:02:27
9th Age Grouper	0:59:05	5:49:14	4:08:26	11:03:15
10th Age Grouper	1:20:07	5:36:19	4:04:06	11:08:10
Kona Qualifier Average	1:07:57	5:31:32	3:37:31	10:23:27
Top 10 Age Grouper Average	1:12:29	5:34:47	3:52:02	10:46:19

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	1:06:01	5:17:10	3:33:07	10:01:44
2nd Age Grouper	1:02:21	5:06:09	3:47:41	10:02:33
3rd Age Grouper	1:07:19	5:12:18	3:42:25	10:08:19
4th Age Grouper	1:02:50	5:27:40	3:35:20	10:12:25
5th Age Grouper	0:58:29	5:20:10	4:04:17	10:29:20
6th Age Grouper	1:02:15	5:36:23	3:47:35	10:33:31
7th Age Grouper	1:10:45	5:31:27	3:51:49	10:45:45
8th Age Grouper	1:13:29	5:25:45	4:24:39	11:13:00
9th Age Grouper	1:00:51	5:49:46	4:17:36	11:15:21
10th Age Grouper	1:20:48	5:42:12	4:08:27	11:17:40
Kona Qualifier Average	1:05:13	5:11:52	3:41:04	10:04:12
Top 10 Age Grouper Average	1:06:30	5:26:54	3:55:17	10:35:57

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	1:00:29	5:29:10	3:35:38	10:11:14
2nd Age Grouper	1:07:31	5:36:33	3:24:36	10:14:48
3rd Age Grouper	1:07:56	5:22:49	3:45:41	10:25:06
4th Age Grouper	1:01:58	5:22:38	3:55:34	10:26:37
5th Age Grouper	1:01:13	5:44:17	3:41:28	10:34:42
6th Age Grouper	0:59:29	5:40:06	3:51:39	10:39:38
7th Age Grouper	1:12:25	5:45:44	3:54:20	10:57:30
8th Age Grouper	1:13:04	5:51:02	3:55:47	11:07:57
9th Age Grouper	1:05:02	5:43:01	4:16:13	11:12:52
10th Age Grouper	0:57:20	5:56:49	4:14:15	11:16:49
Kona Qualifier Average	1:05:18	5:29:30	3:35:18	10:17:02
Top 10 Age Grouper Average	1:04:38	5:39:12	3:51:31	10:42:43

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	1:04:14	5:20:17	3:38:25	10:09:12
2nd Age Grouper	0:57:47	5:08:05	4:02:24	10:13:31
3rd Age Grouper	0:57:35	5:31:46	3:44:24	10:19:38
4th Age Grouper	1:15:56	5:19:26	3:41:16	10:21:55
5th Age Grouper	1:14:33	5:18:25	3:47:17	10:26:47
6th Age Grouper	0:56:39	5:18:50	4:08:52	10:31:06
7th Age Grouper	1:05:12	5:31:50	3:55:00	10:38:02
8th Age Grouper	1:19:51	5:35:30	3:50:34	10:51:53
9th Age Grouper	1:10:56	5:30:59	4:07:13	10:54:10
10th Age Grouper	1:01:17	5:51:32	3:59:31	11:00:08
Kona Qualifier Average	0:59:52	5:20:02	3:48:24	10:14:07
Top 10 Age Grouper Average	1:06:24	5:26:40	3:53:29	10:32:38

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	1:08:07	5:20:04		10:07:01
2nd Age Grouper	1:17:56	5:27:45		10:15:40
3rd Age Grouper	1:13:53	5:18:21		10:19:52
4th Age Grouper	1:19:38	5:42:25		10:54:52
5th Age Grouper	1:33:50	5:40:19		11:00:18
6th Age Grouper	0:59:19	5:49:15		11:07:41
7th Age Grouper	1:14:22	5:49:23		11:10:04
8th Age Grouper	1:39:19	5:45:42		11:13:48
9th Age Grouper	1:07:45	5:28:56		11:41:33
10th Age Grouper	1:32:36	5:42:57		11:43:05
Kona Qualifier Average	1:13:18	5:22:03		10:14:11
Top 10 Age Grouper Average	1:18:40	5:36:30		10:57:23

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper	1:01:54	5:39:55	3:46:46	10:35:32
2nd Age Grouper	0:56:20	5:46:48	3:54:40	10:43:49
3rd Age Grouper	1:09:23	5:32:20	3:58:34	10:45:07
4th Age Grouper	1:07:10	5:27:52	4:10:36	10:52:20
5th Age Grouper	1:05:43	5:51:11	3:48:40	10:55:56
6th Age Grouper	1:01:28	5:38:46	4:15:29	11:01:25
7th Age Grouper	1:03:36	5:41:07	4:16:35	11:06:22
8th Age Grouper	1:00:16	6:00:49	3:58:16	11:06:42
9th Age Grouper	0:56:50	5:44:29	4:20:56	11:07:48
10th Age Grouper	1:10:27	6:00:59	3:56:08	11:15:19
Kona Qualifier Average	1:02:32	5:39:41	3:53:20	10:41:29
Top 10 Age Grouper Average	1:03:18	5:44:25	4:02:40	10:57:02

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	1:03:58	5:29:45	3:33:51	10:11:40
2nd Age Grouper	1:02:41	5:36:24	3:37:17	10:23:34
3rd Age Grouper	1:00:21	5:39:02	3:48:53	10:32:39
4th Age Grouper	1:05:57	5:45:59	4:04:50	11:01:49
5th Age Grouper	0:57:09	5:50:33	4:25:35	11:18:35
6th Age Grouper	1:22:49	5:52:15	4:02:55	11:25:16
7th Age Grouper	1:01:49	6:04:04	4:13:19	11:26:53
8th Age Grouper	1:17:01	5:56:56	4:17:02	11:37:51
9th Age Grouper	1:10:42	6:16:30	4:03:14	11:38:28
10th Age Grouper	1:13:01	6:19:45	4:07:57	11:52:53
Kona Qualifier Average	1:02:20	5:35:03	3:40:00	10:22:37
Top 10 Age Grouper Average	1:07:32	5:53:07	4:01:29	11:08:57