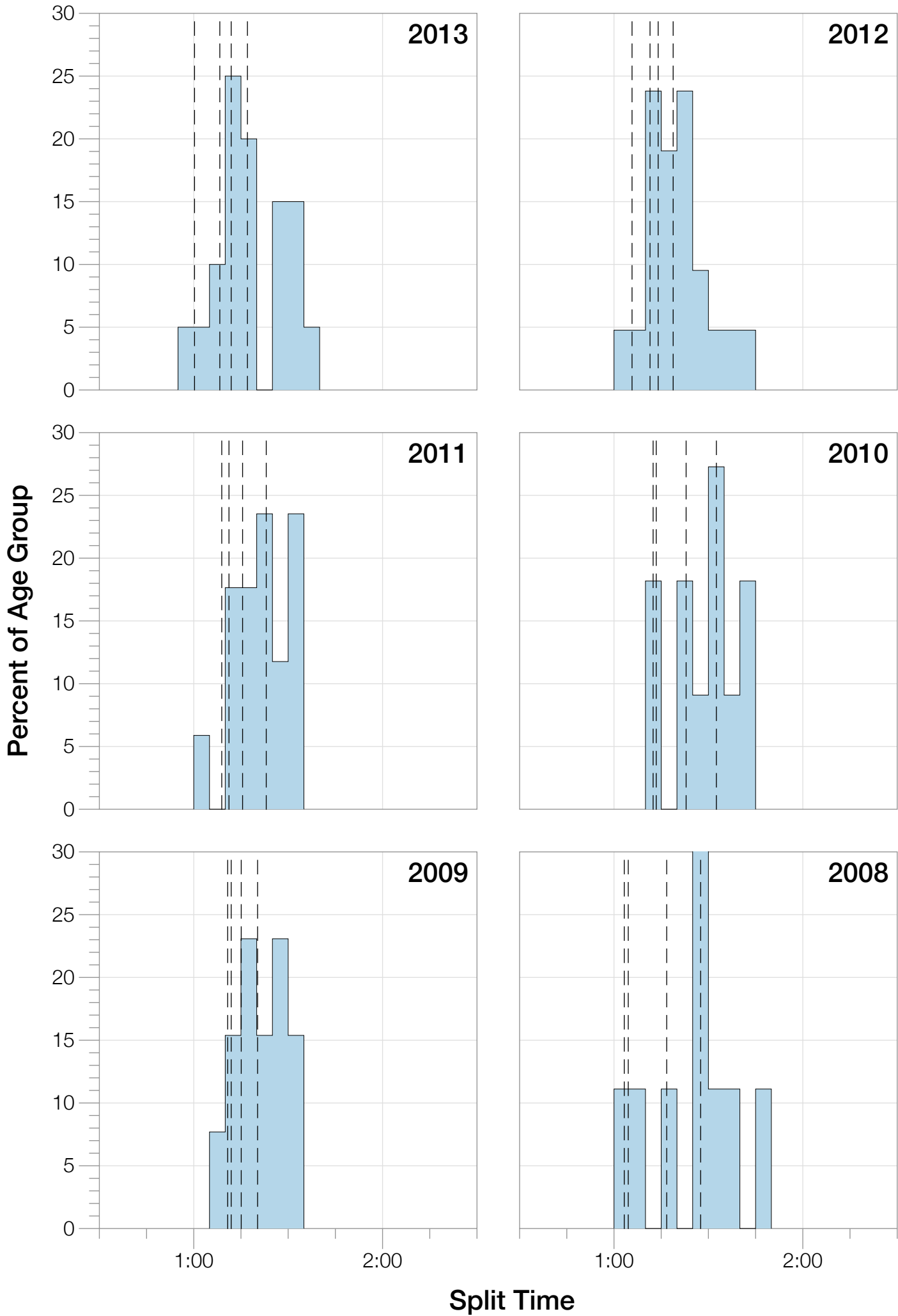


Ironman Frankfurt F50-54 Stats

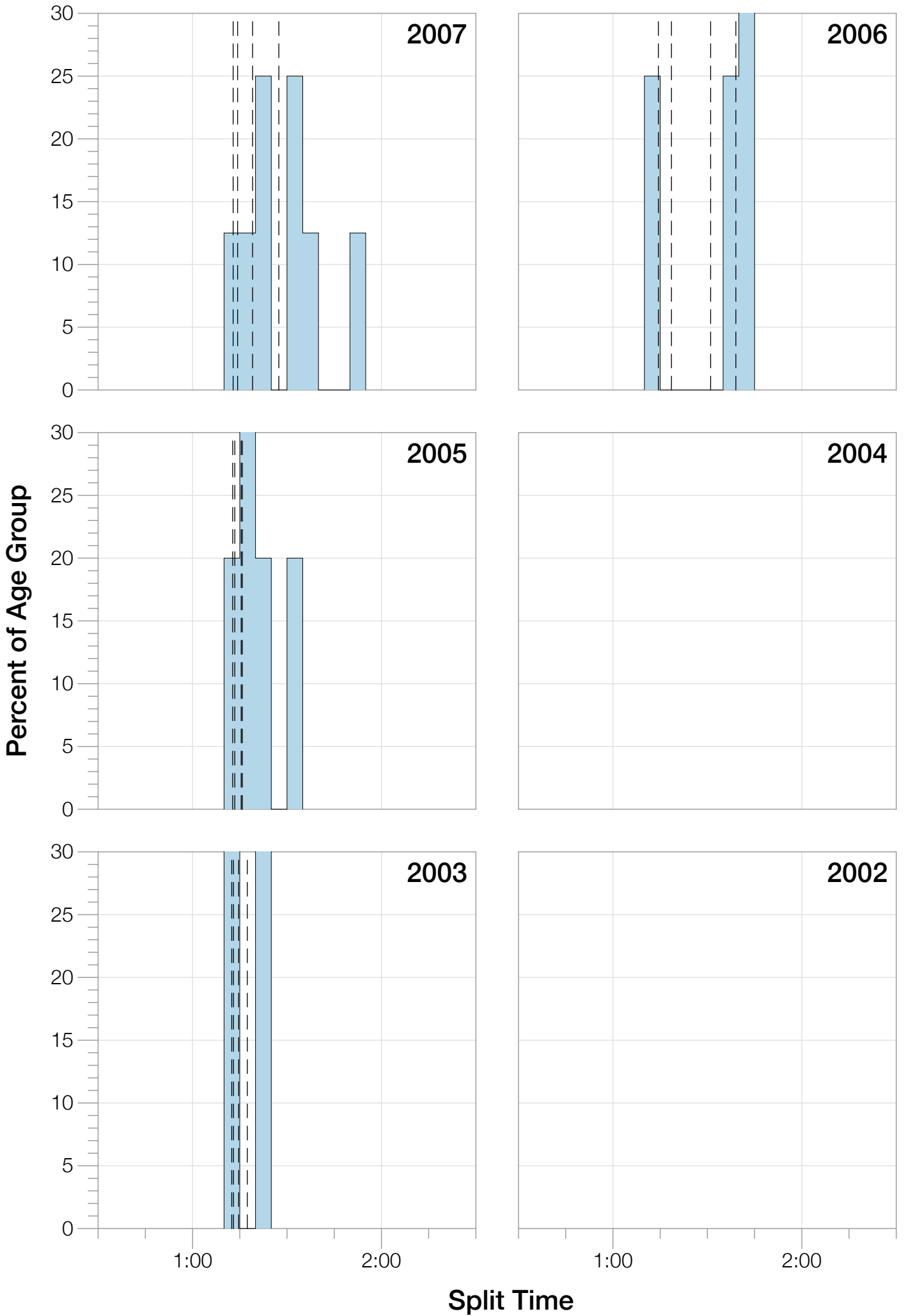
F50-54 Summary Statistics

Year	Finishers	F50-54 Finishers	Male Winner's Time	Female Winner's Time	F50-54 Winner's Time
2003	1291	2	8:12:29	9:03:11	12:10:10
2005	1730	6	8:20:50	9:15:31	12:57:56
2006	1799	4	8:13:39	9:16:17	10:33:44
2007	2121	9	8:09:15	9:04:11	10:55:49
2008	2142	9	7:59:55	8:51:24	10:50:18
2009	2128	13	7:59:15	8:58:08	11:09:53
2010	2119	11	8:05:15	9:04:27	10:53:55
2011	2220	17	8:13:50	9:12:13	11:06:49
2012	2317	21	8:03:31	8:52:33	11:46:01
2013	2460	20	7:59:58	8:56:01	10:18:43
Average	2033	11	8:07:47	9:03:23	10:14:50

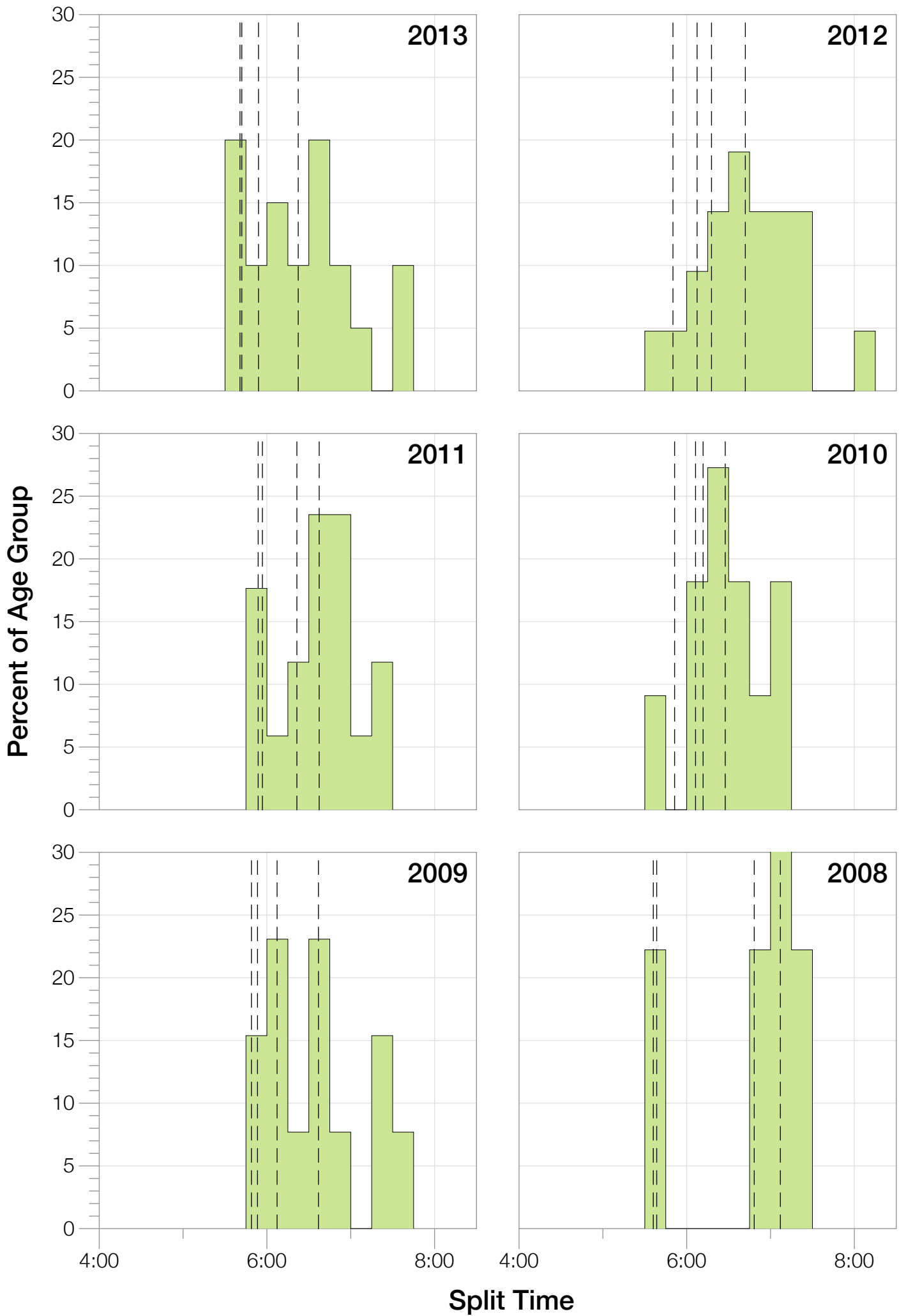
F50-54 Swim



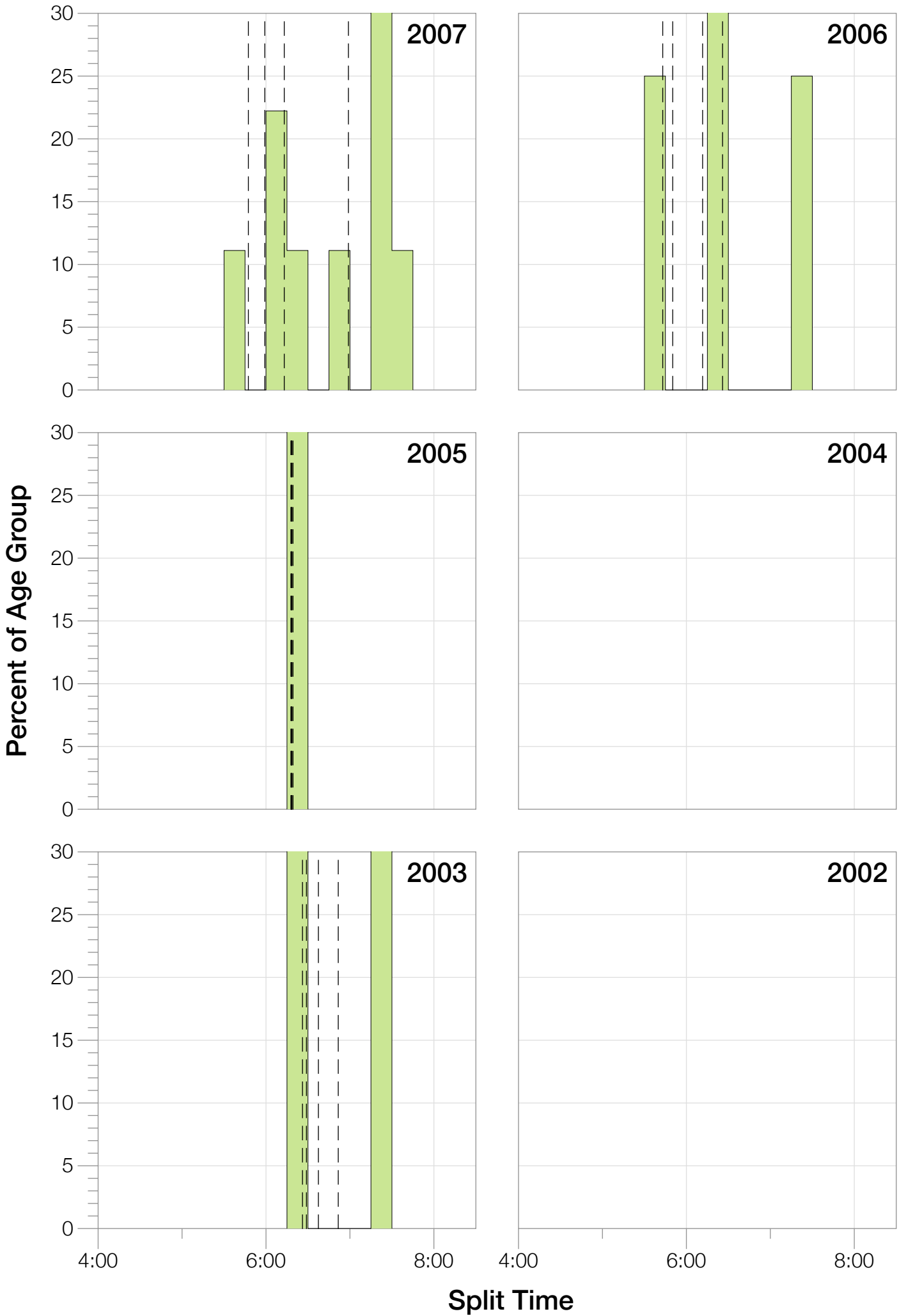
F50-54 Swim



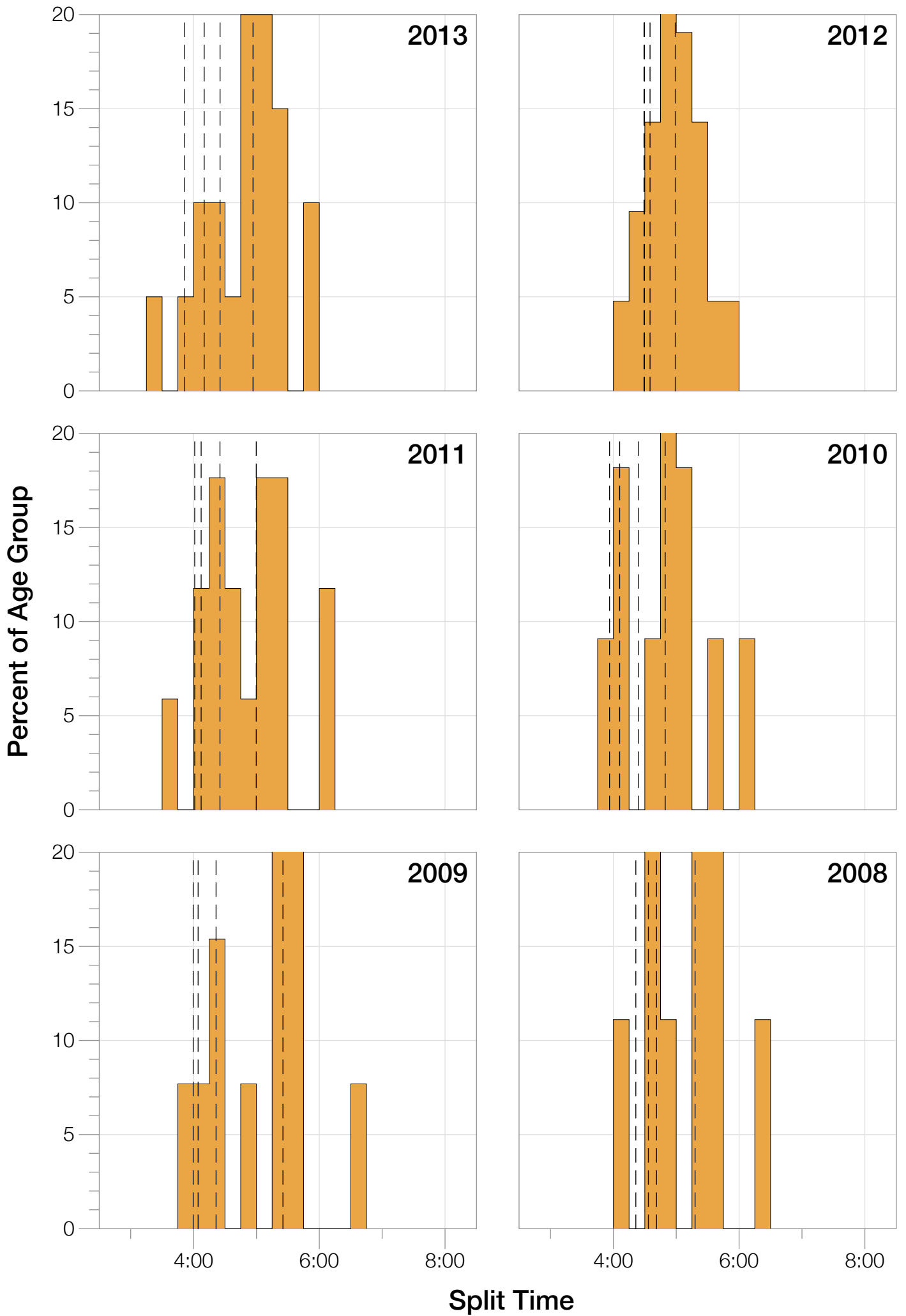
F50-54 Bike



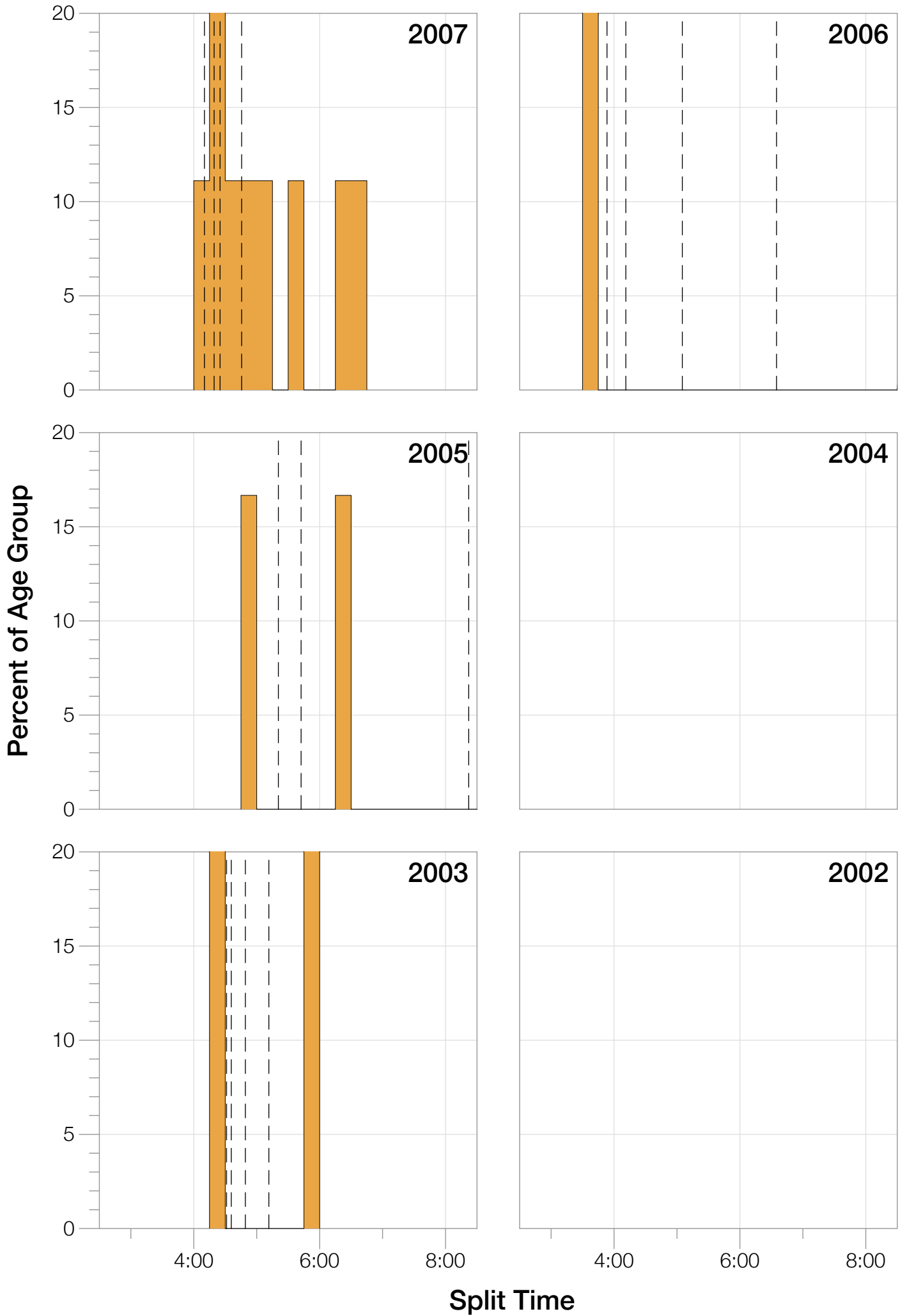
F50-54 Bike



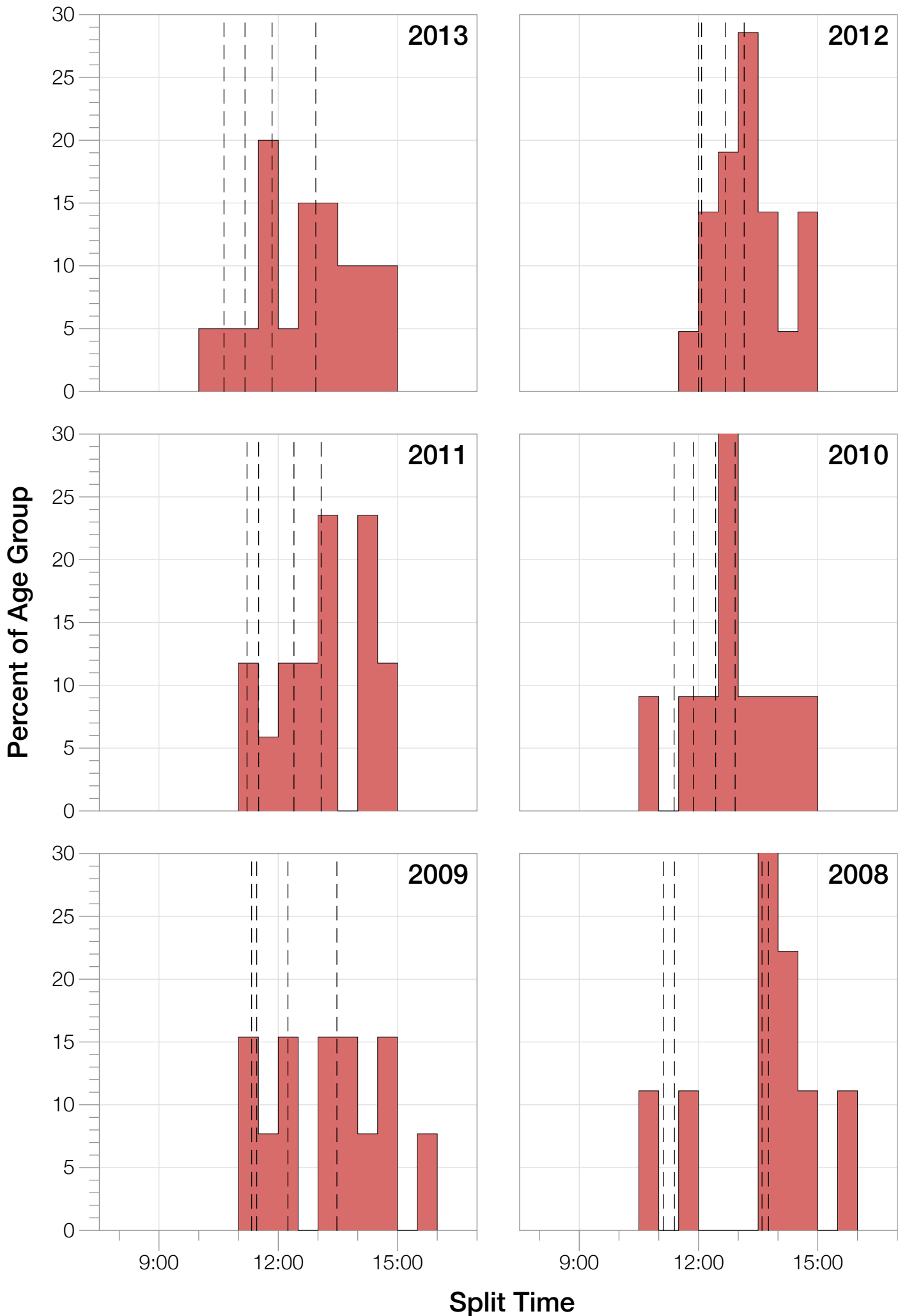
F50-54 Run



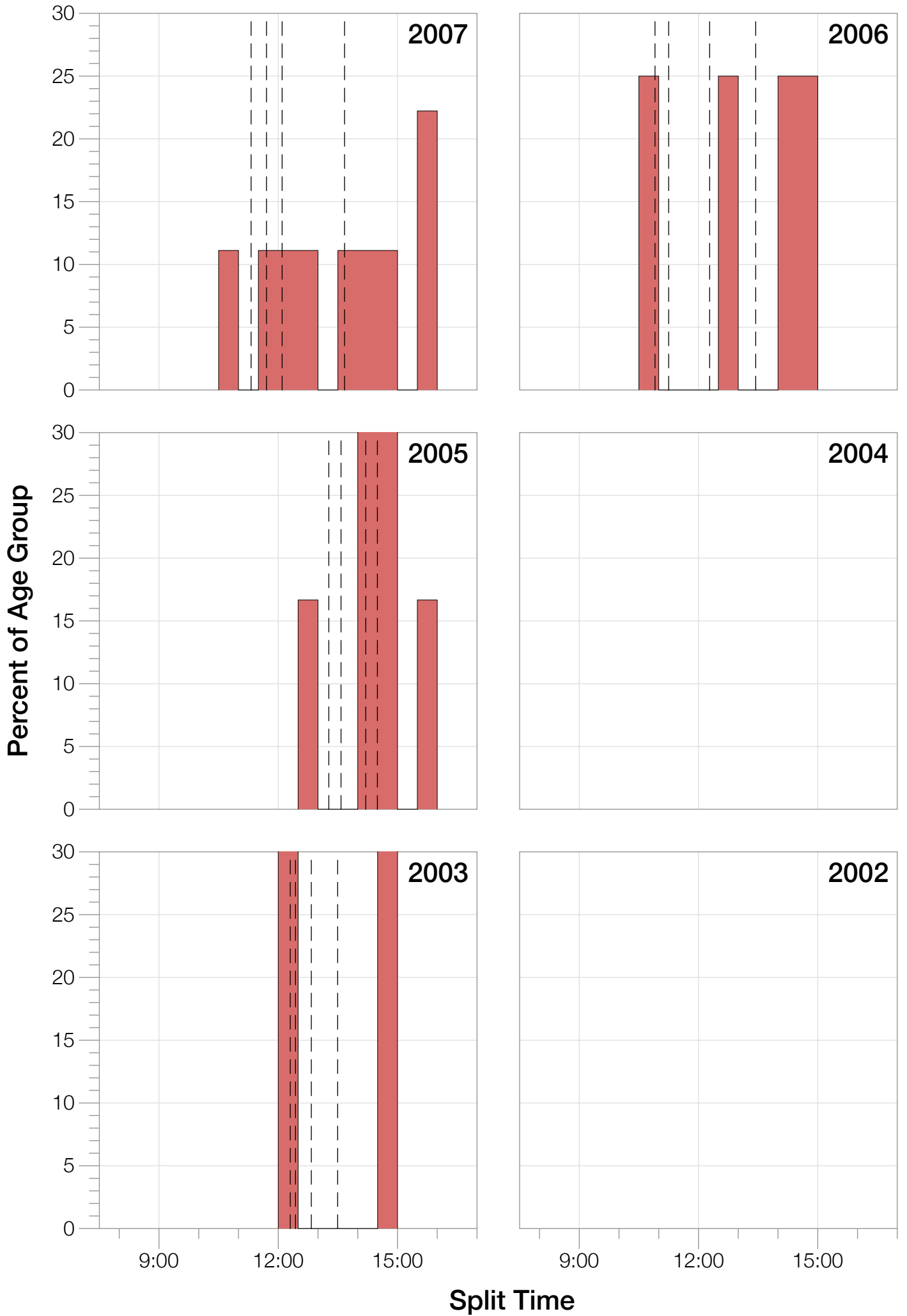
F50-54 Run



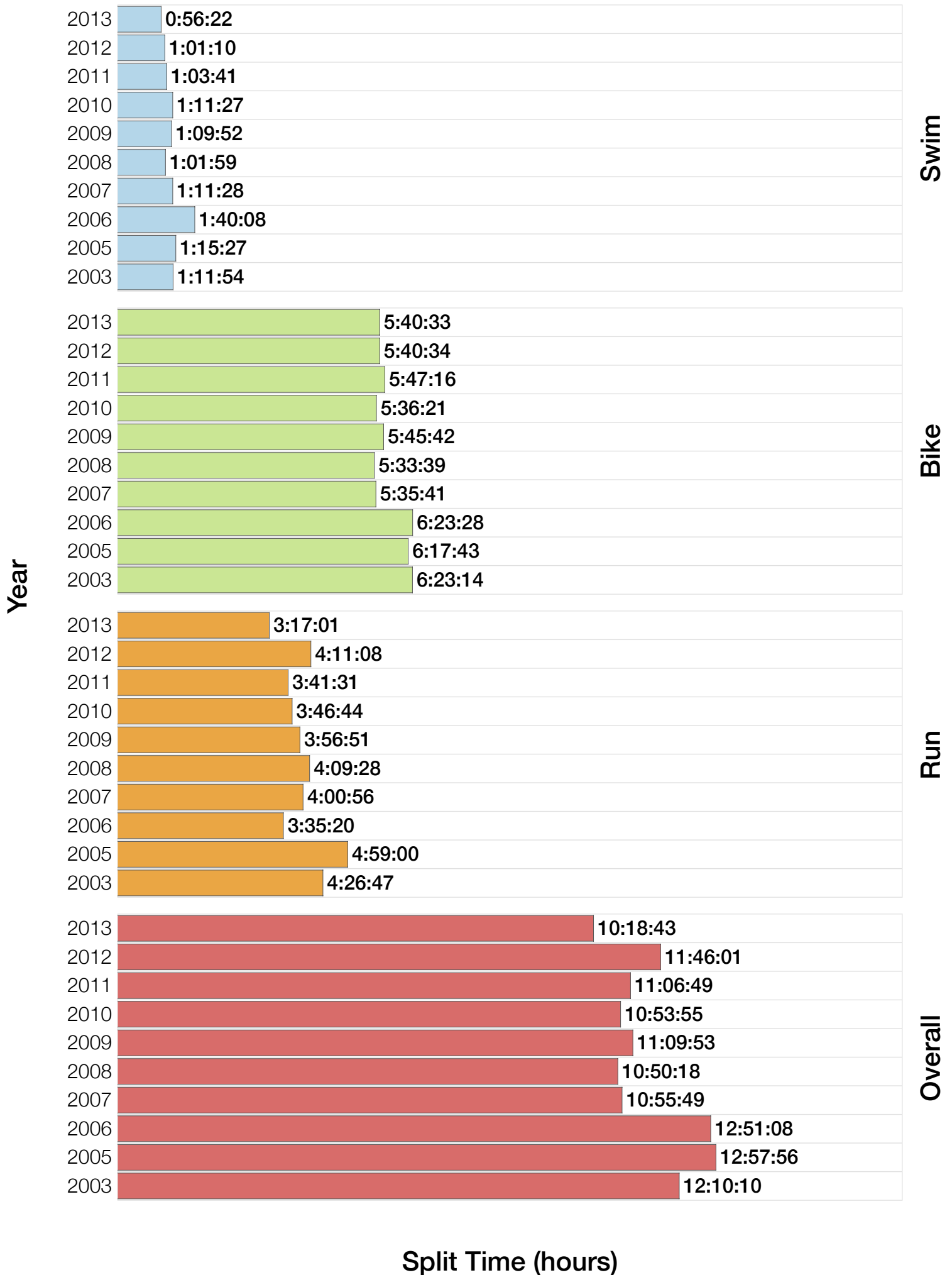
F50-54 Overall



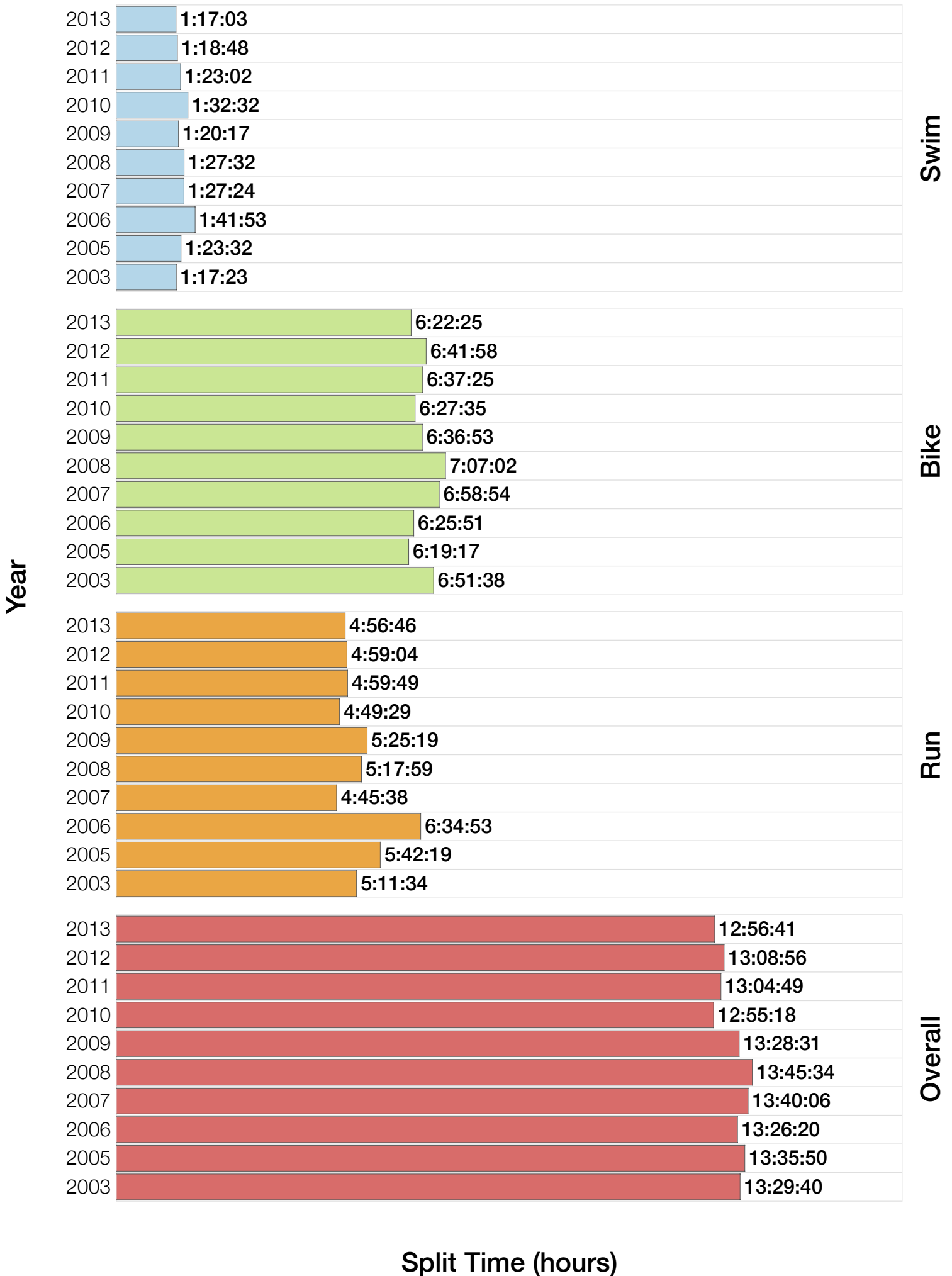
F50-54 Overall



F50-54 Fastest Splits



F50-54 Median Splits



F50-54 Slowest Splits

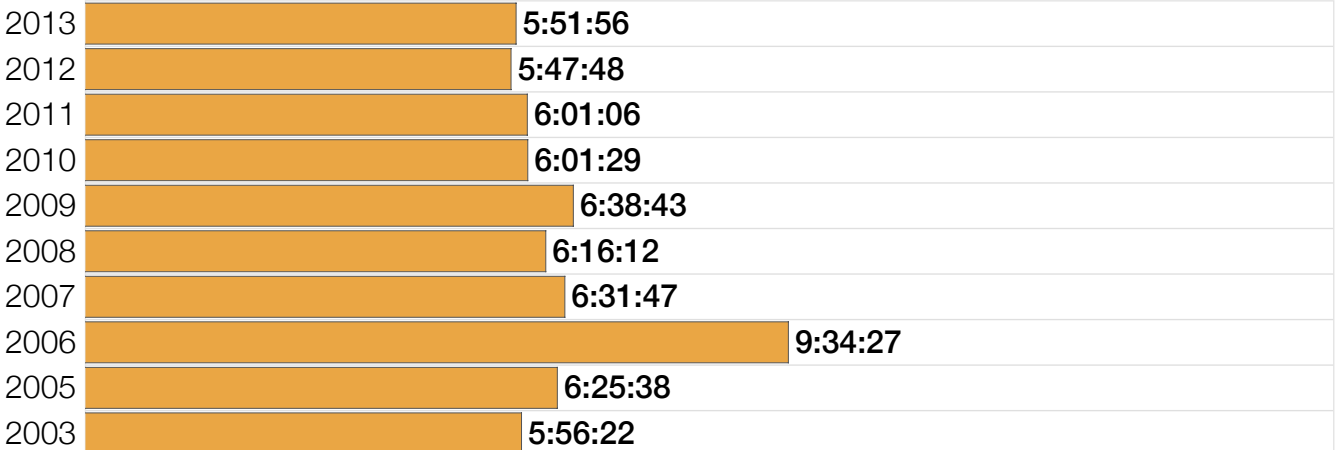
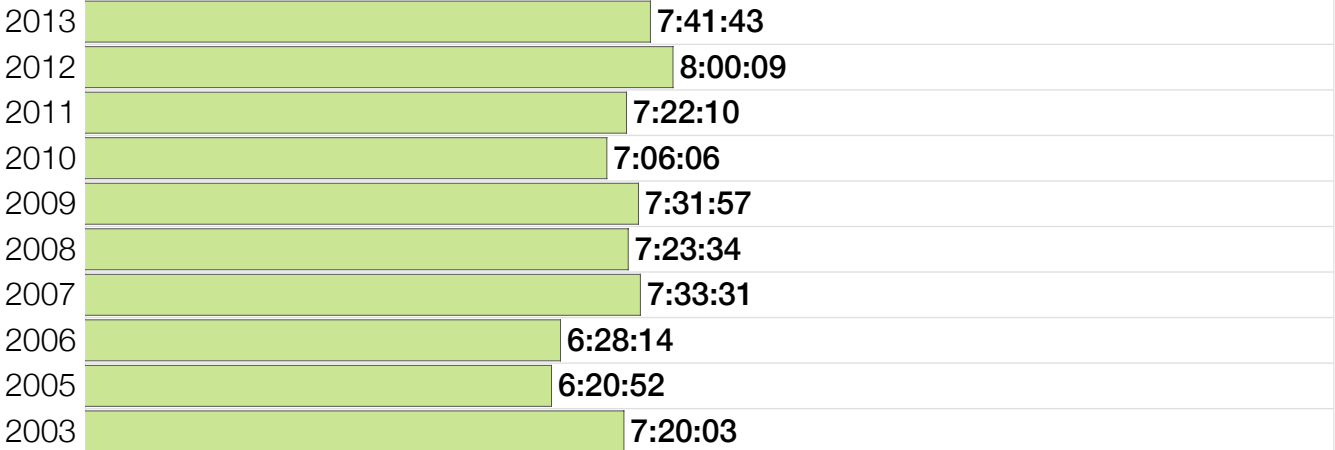
Year

Swim

Bike

Run

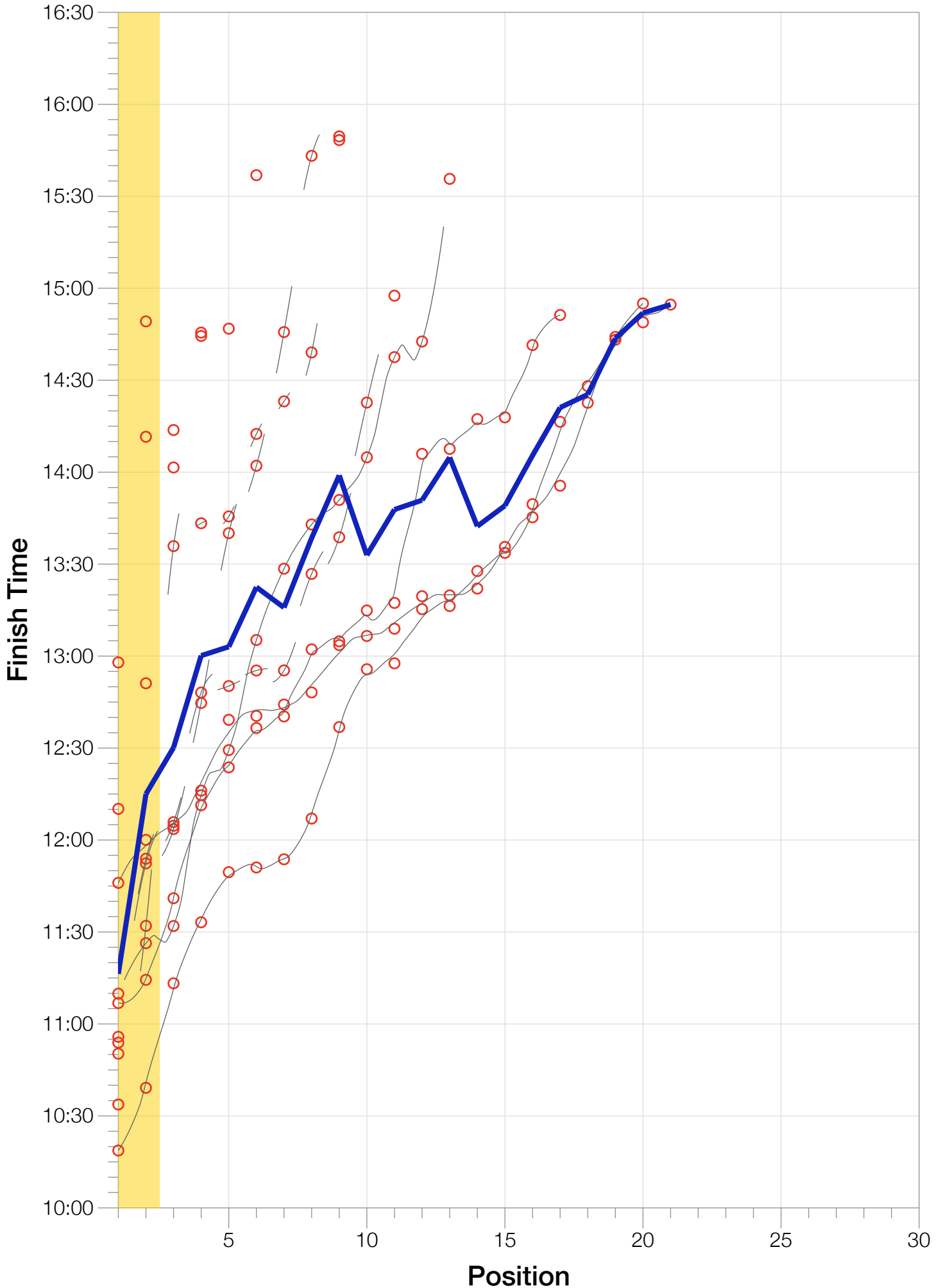
Overall



Split Time (hours)

F50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	1:15:10	5:50:06	4:05:50	11:16:19
Average 2nd Age Grouper	1:16:29	6:05:21	4:24:10	12:15:00
Average 3rd Age Grouper	1:17:25	6:12:59	4:43:42	12:30:09
Average 4th Age Grouper	1:25:55	6:27:45	4:34:51	13:00:09
Average 5th Age Grouper	1:18:40	6:30:36	4:46:39	13:03:03
Average 6th Age Grouper	1:19:33	6:30:49	4:59:34	13:22:30
Average 7th Age Grouper	1:21:31	6:44:57	4:56:57	13:15:50
Average 8th Age Grouper	1:24:52	6:39:03	5:18:53	13:38:29
Average 9th Age Grouper	1:31:46	6:47:41	5:25:33	13:58:58
Average 10th Age Grouper	1:24:02	6:47:03	5:05:27	13:32:56
Kona Qualifier Average	1:15:49	5:57:19	4:15:00	11:45:40
Top 10 Age Grouper Average	1:20:58	6:24:40	4:47:43	12:52:36

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	1:11:07	5:44:50	3:17:01	10:18:43
2nd Age Grouper	0:56:22	5:42:10	3:53:24	10:39:10
3rd Age Grouper	1:12:09	5:40:45	4:12:00	11:13:15
4th Age Grouper	1:12:55	5:54:00	4:17:32	11:33:10
5th Age Grouper	1:09:09	6:16:56	4:14:54	11:49:31
6th Age Grouper	1:12:40	5:40:33	4:48:36	11:51:03
7th Age Grouper	1:00:27	6:05:13	4:40:39	11:53:43
8th Age Grouper	1:09:50	5:53:53	4:55:01	12:07:01
9th Age Grouper	1:17:19	6:09:55	5:00:40	12:36:51
10th Age Grouper	1:19:10	6:14:14	5:06:05	12:55:43
Kona Qualifier Average	1:03:44	5:43:30	3:35:12	10:28:56
Top 10 Age Grouper Average	1:10:06	5:56:14	4:26:35	11:41:49

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	1:17:17	5:50:10	4:29:34	11:46:01
2nd Age Grouper	1:11:27	5:40:34	4:59:04	12:00:03
3rd Age Grouper	1:01:10	6:07:52	4:48:03	12:04:39
4th Age Grouper	1:14:02	6:16:48	4:34:02	12:16:07
5th Age Grouper	1:05:44	6:17:46	5:01:14	12:39:13
6th Age Grouper	1:13:01	6:35:15	4:35:00	12:40:29
7th Age Grouper	1:23:45	6:54:51	4:11:08	12:44:12
8th Age Grouper	1:16:15	6:07:26	5:10:49	12:48:09
9th Age Grouper	1:25:03	6:28:53	4:59:59	13:03:36
10th Age Grouper	1:13:38	7:09:59	4:29:32	13:06:34
Kona Qualifier Average	1:14:22	5:45:22	4:44:19	11:53:02
Top 10 Age Grouper Average	1:14:08	6:20:57	4:43:50	12:30:54

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	1:17:55	5:57:43	3:41:31	11:06:49
2nd Age Grouper	1:10:12	5:47:16	4:06:01	11:14:24
3rd Age Grouper	1:11:51	5:55:22	4:25:12	11:41:01
4th Age Grouper	1:12:19	6:21:27	4:23:52	12:11:21
5th Age Grouper	1:24:06	6:37:25	4:08:03	12:23:42
6th Age Grouper	1:19:20	6:31:39	4:29:01	12:36:32
7th Age Grouper	1:15:31	6:14:27	4:59:49	12:40:19
8th Age Grouper	1:24:28	6:25:50	5:03:34	13:02:11
9th Age Grouper	1:26:32	6:41:59	4:39:14	13:04:49
10th Age Grouper	1:31:27	6:46:49	4:36:58	13:14:53
Kona Qualifier Average	1:14:03	5:52:29	3:53:46	11:10:36
Top 10 Age Grouper Average	1:19:22	6:19:59	4:27:19	12:19:36

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	1:24:09	5:36:21	3:46:44	10:53:55
2nd Age Grouper	1:32:32	6:07:55	4:06:01	11:52:23
3rd Age Grouper	1:11:27	6:06:20	4:38:00	12:03:34
4th Age Grouper	1:34:29	6:15:33	4:47:19	12:48:07
5th Age Grouper	1:21:41	6:27:35	4:49:29	12:50:14
6th Age Grouper	1:13:25	6:16:17	5:14:56	12:55:18
7th Age Grouper	1:37:31	6:53:59	4:09:37	12:55:20
8th Age Grouper	1:40:54	6:33:33	4:55:08	13:26:49
9th Age Grouper	1:44:02	6:40:51	5:04:12	13:38:46
10th Age Grouper	1:27:08	7:02:00	5:39:55	14:22:43
Kona Qualifier Average	1:28:20	5:52:08	3:56:22	11:23:09
Top 10 Age Grouper Average	1:28:43	6:24:02	4:43:08	12:46:42

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	1:13:56	5:45:42	4:01:32	11:09:53
2nd Age Grouper	1:15:05	6:02:04	3:56:51	11:26:21
3rd Age Grouper	1:18:28	5:51:05	4:15:35	11:31:57
4th Age Grouper	1:34:00	6:11:17	4:21:29	12:14:37
5th Age Grouper	1:20:17	6:07:17	4:50:30	12:29:20
6th Age Grouper	1:11:23	6:19:00	5:25:19	13:05:15
7th Age Grouper	1:09:52	6:36:53	5:30:13	13:28:31
8th Age Grouper	1:18:38	6:49:02	5:24:10	13:42:57
9th Age Grouper	1:30:12	6:40:29	5:26:48	13:50:56
10th Age Grouper	1:28:51	6:42:14	5:34:48	14:04:51
Kona Qualifier Average	1:14:30	5:53:53	3:59:11	11:18:07
Top 10 Age Grouper Average	1:20:04	6:18:30	4:52:43	12:42:27

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	1:01:59	5:33:39	4:09:28	10:50:18
2nd Age Grouper	1:05:10	5:39:45	4:39:23	11:32:00
3rd Age Grouper	1:25:51	7:13:25	4:41:09	13:35:53
4th Age Grouper	1:31:44	7:07:02	4:54:06	13:43:20
5th Age Grouper	1:28:48	6:48:20	5:17:59	13:45:34
6th Age Grouper	1:16:45	6:56:37	5:44:32	14:12:29
7th Age Grouper	1:27:32	7:09:19	5:32:05	14:23:06
8th Age Grouper	1:39:07	7:23:34	5:23:08	14:39:04
9th Age Grouper	1:48:18	7:18:13	6:16:12	15:48:20
Kona Qualifier Average	1:03:34	5:36:42	4:24:25	11:11:09
Top 10 Age Grouper Average	1:25:01	6:47:46	5:10:53	13:36:40

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	1:11:28	5:35:41	4:00:56	10:55:49
2nd Age Grouper	1:15:32	6:04:59	4:25:04	11:53:54
3rd Age Grouper	1:20:15	6:13:03	4:24:01	12:05:51
4th Age Grouper	1:32:14	6:16:17	4:45:38	12:44:42
5th Age Grouper	1:23:52	6:58:54	5:04:30	13:40:06
6th Age Grouper	1:50:18	7:16:25	4:39:40	14:02:06
7th Age Grouper	1:36:00	7:20:02	5:35:09	14:45:42
8th Age Grouper		7:20:09	6:20:24	15:43:12
9th Age Grouper	1:30:57	7:33:31	6:31:47	15:49:32
Kona Qualifier Average	1:13:30	5:50:20	4:13:00	11:24:51
Top 10 Age Grouper Average	1:27:34	6:44:20	5:05:14	13:31:12

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	1:10:17	5:35:58		10:33:44
2nd Age Grouper	1:43:39	6:23:28	3:35:20	12:51:08
3rd Age Grouper	1:40:08	6:28:14		14:01:32
4th Age Grouper	1:37:57	7:19:42		14:44:26
Kona Qualifier Average	1:26:58	5:59:43	3:35:20	11:42:26
Top 10 Age Grouper Average	1:33:00	6:26:50	3:35:20	13:02:42

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper	1:31:38	6:17:43	4:59:00	12:57:56
2nd Age Grouper	1:12:04			14:11:33
3rd Age Grouper	1:15:27	6:20:52	6:25:38	14:13:45
4th Age Grouper	1:23:41			14:45:32
5th Age Grouper	1:15:49			14:46:49
6th Age Grouper				15:36:53
Kona Qualifier Average	1:21:51	6:17:43	4:59:00	13:34:44
Top 10 Age Grouper Average	1:19:43	6:19:17	5:42:19	14:25:24

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	1:11:54	6:23:14	4:26:47	12:10:10
2nd Age Grouper	1:22:53	7:20:03	5:56:22	14:49:11
Kona Qualifier Average	1:17:23	6:51:38	5:11:34	13:29:40