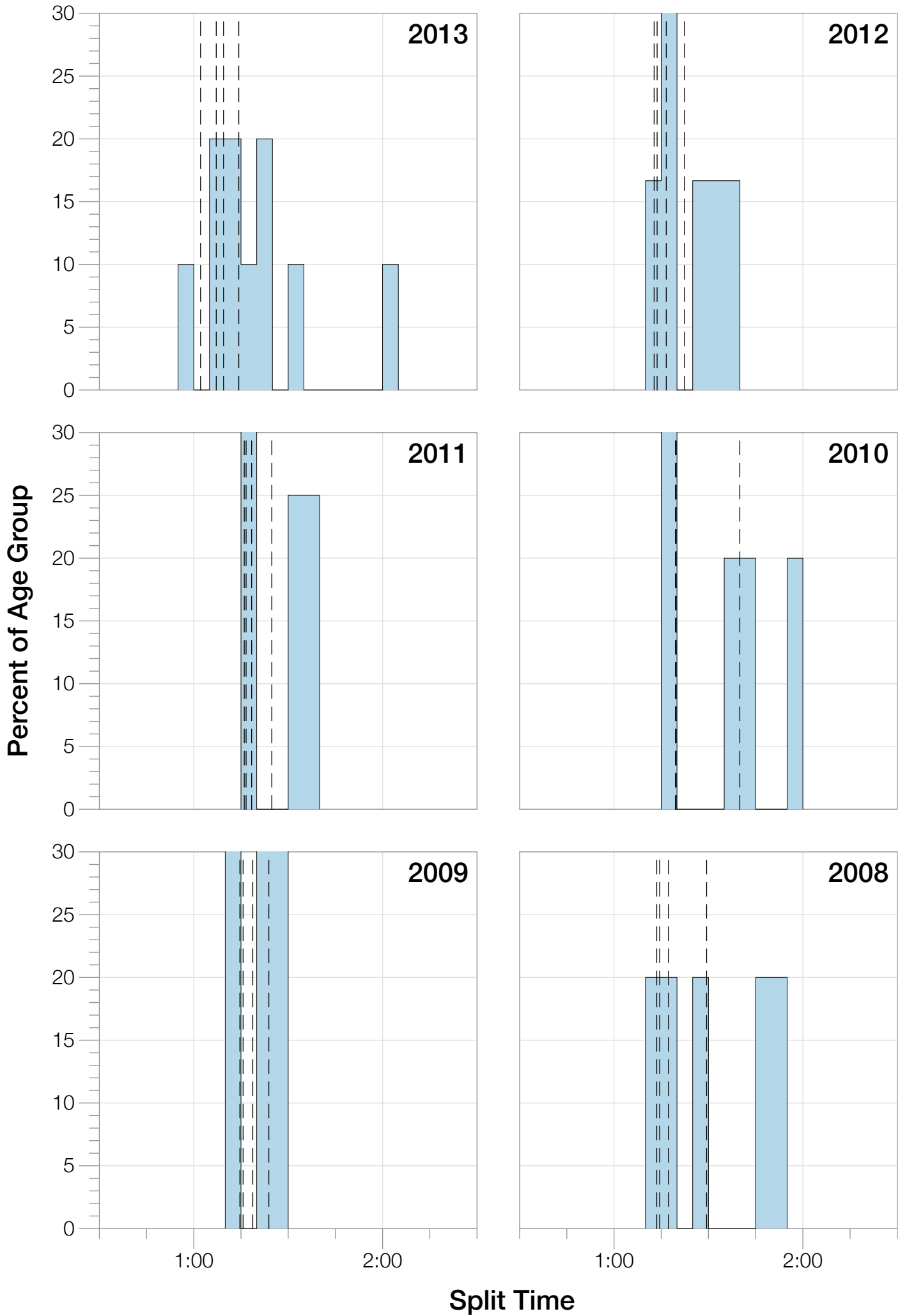


Ironman Frankfurt F55-59 Stats

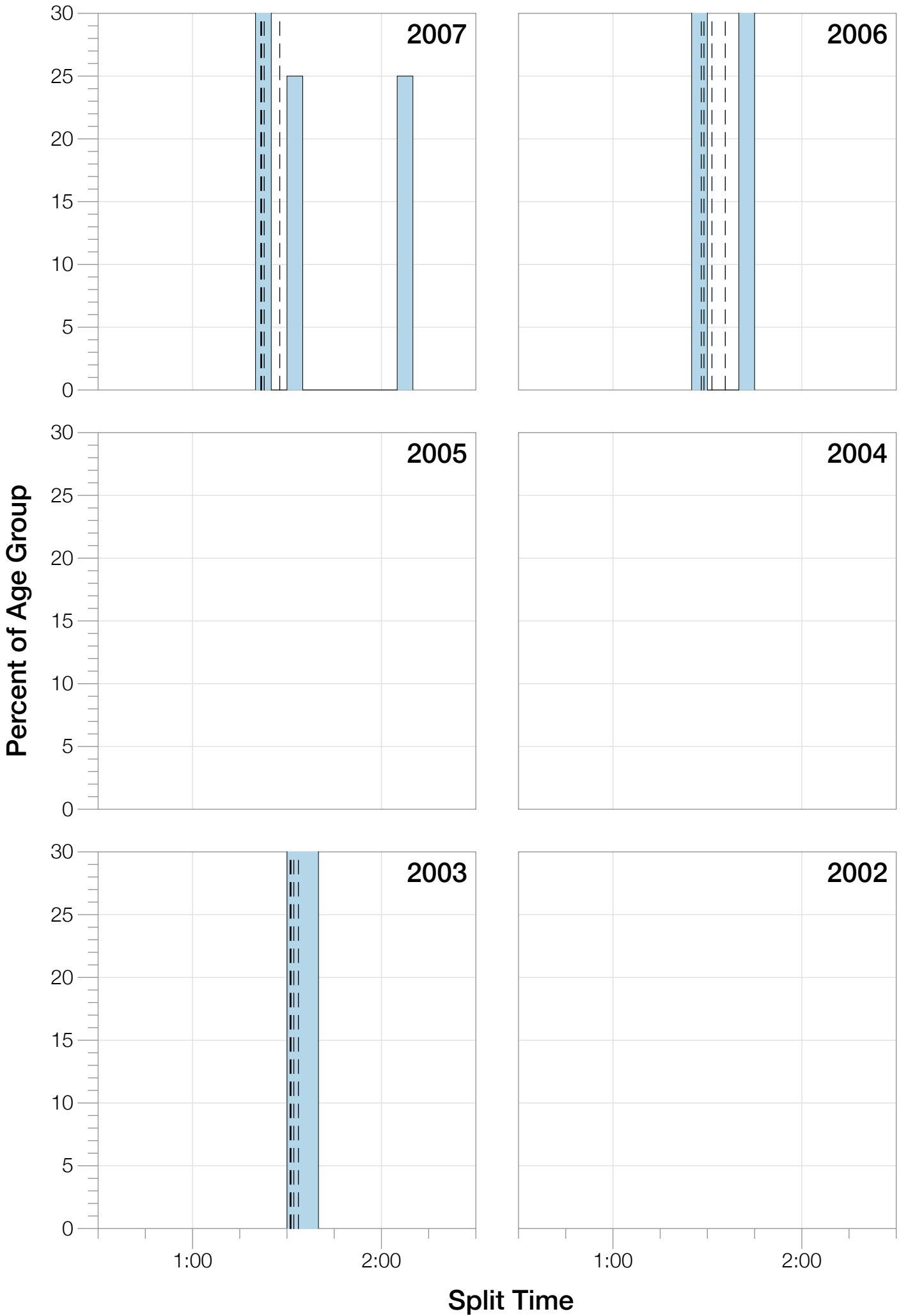
F55-59 Summary Statistics

Year	Finishers	F55-59 Finishers	Male Winner's Time	Female Winner's Time	F55-59 Winner's Time
2003	1291	2	8:12:29	9:03:11	13:57:03
2005	1730	1	8:20:50	9:15:31	14:44:41
2006	1799	2	8:13:39	9:16:17	14:20:28
2007	2121	4	8:09:15	9:04:11	12:06:09
2008	2142	6	7:59:55	8:51:24	11:37:31
2009	2128	3	7:59:15	8:58:08	13:50:03
2010	2119	5	8:05:15	9:04:27	12:20:13
2011	2220	4	8:13:50	9:12:13	13:01:03
2012	2317	6	8:03:31	8:52:33	11:23:18
2013	2460	10	7:59:58	8:56:01	10:59:49
Average	2033	4	8:07:47	9:03:23	11:40:01

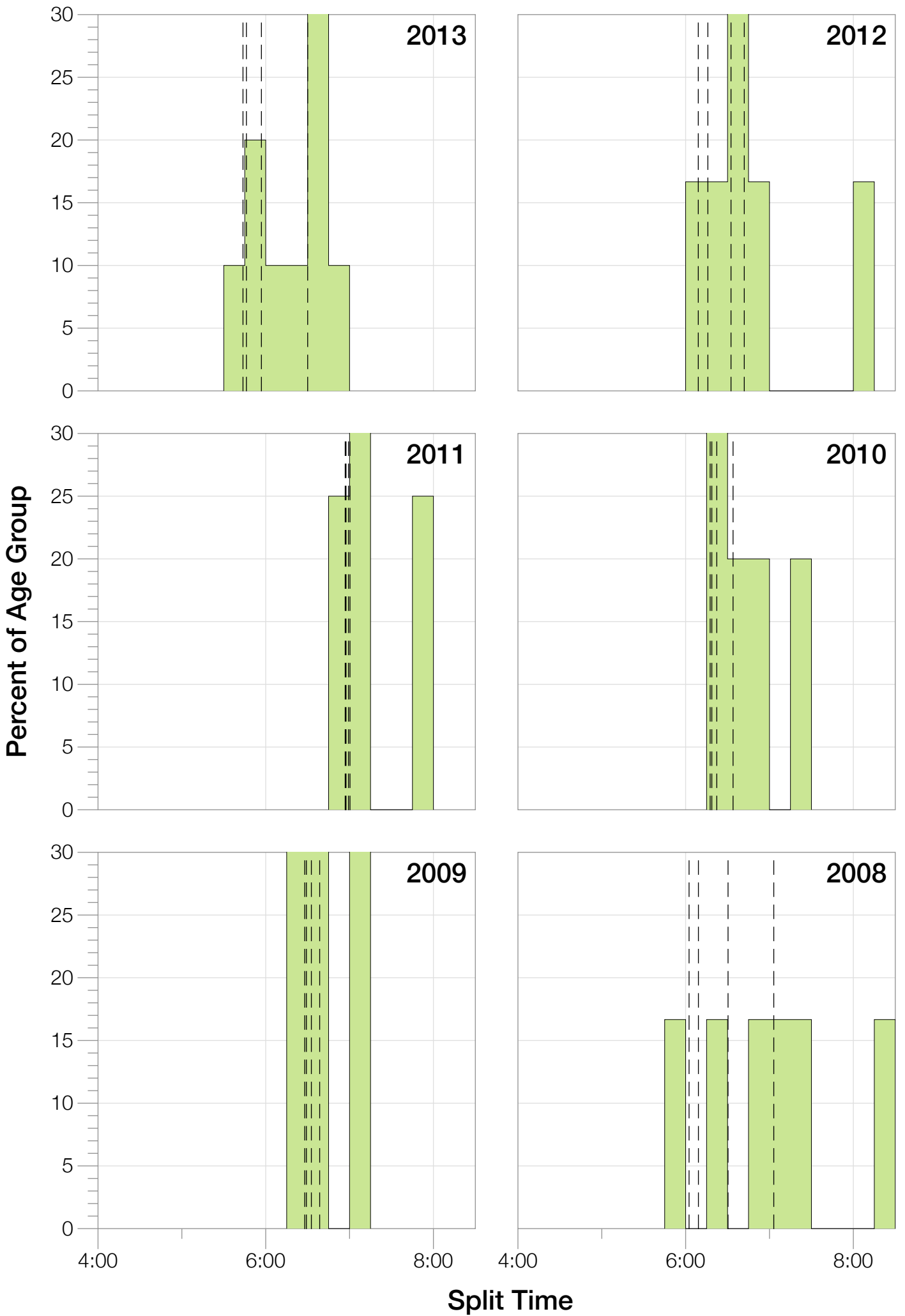
F55-59 Swim



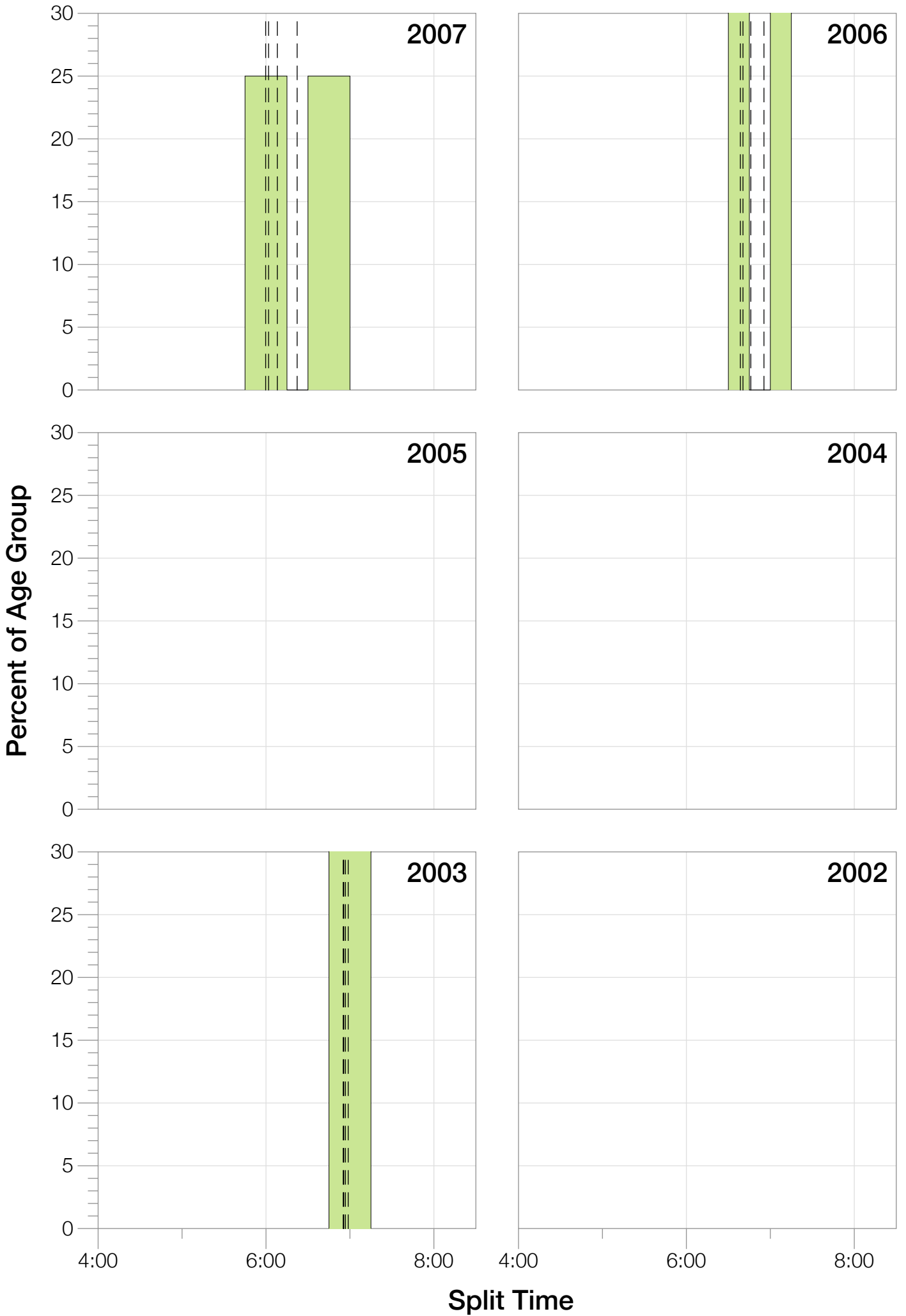
F55-59 Swim



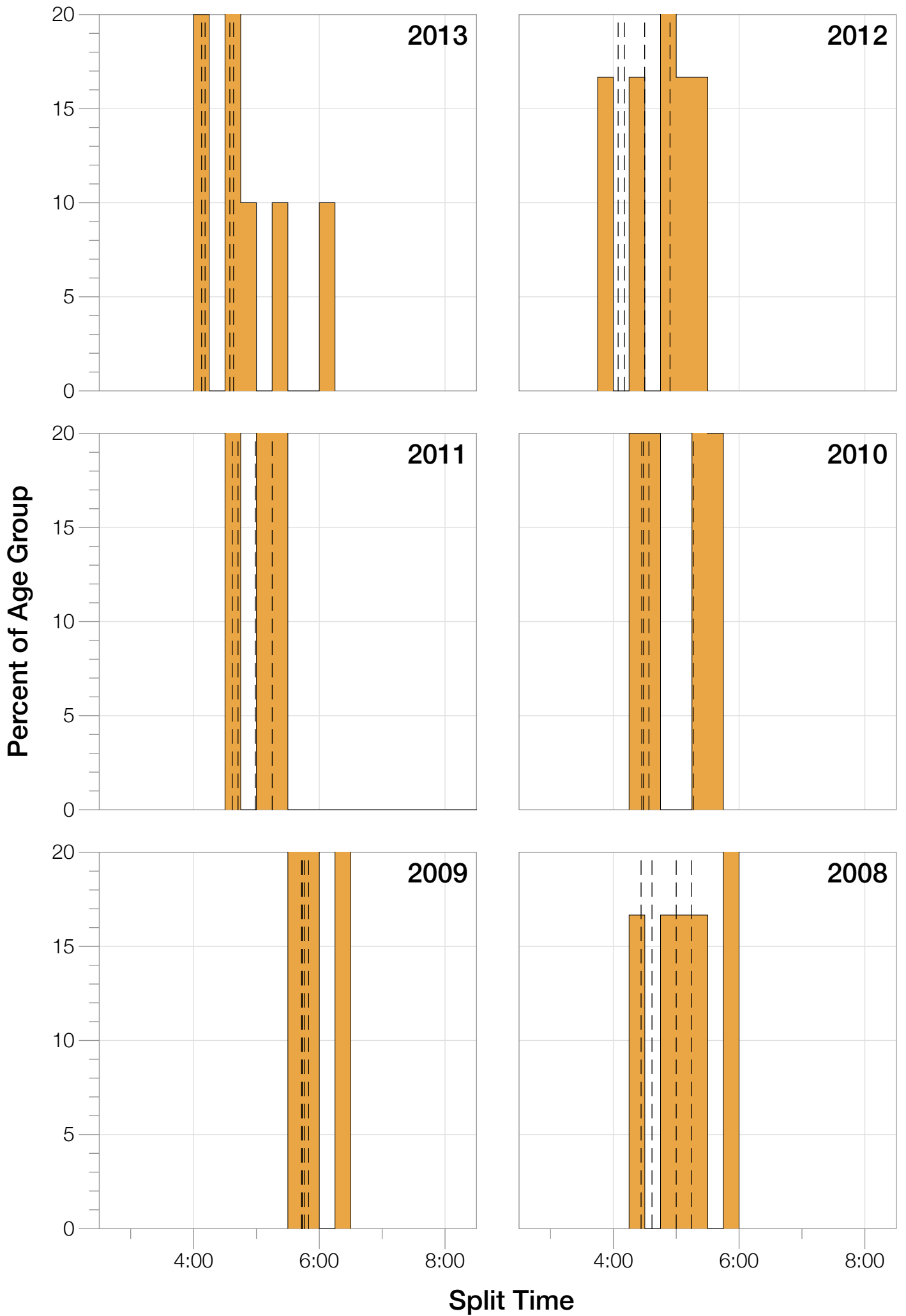
F55-59 Bike



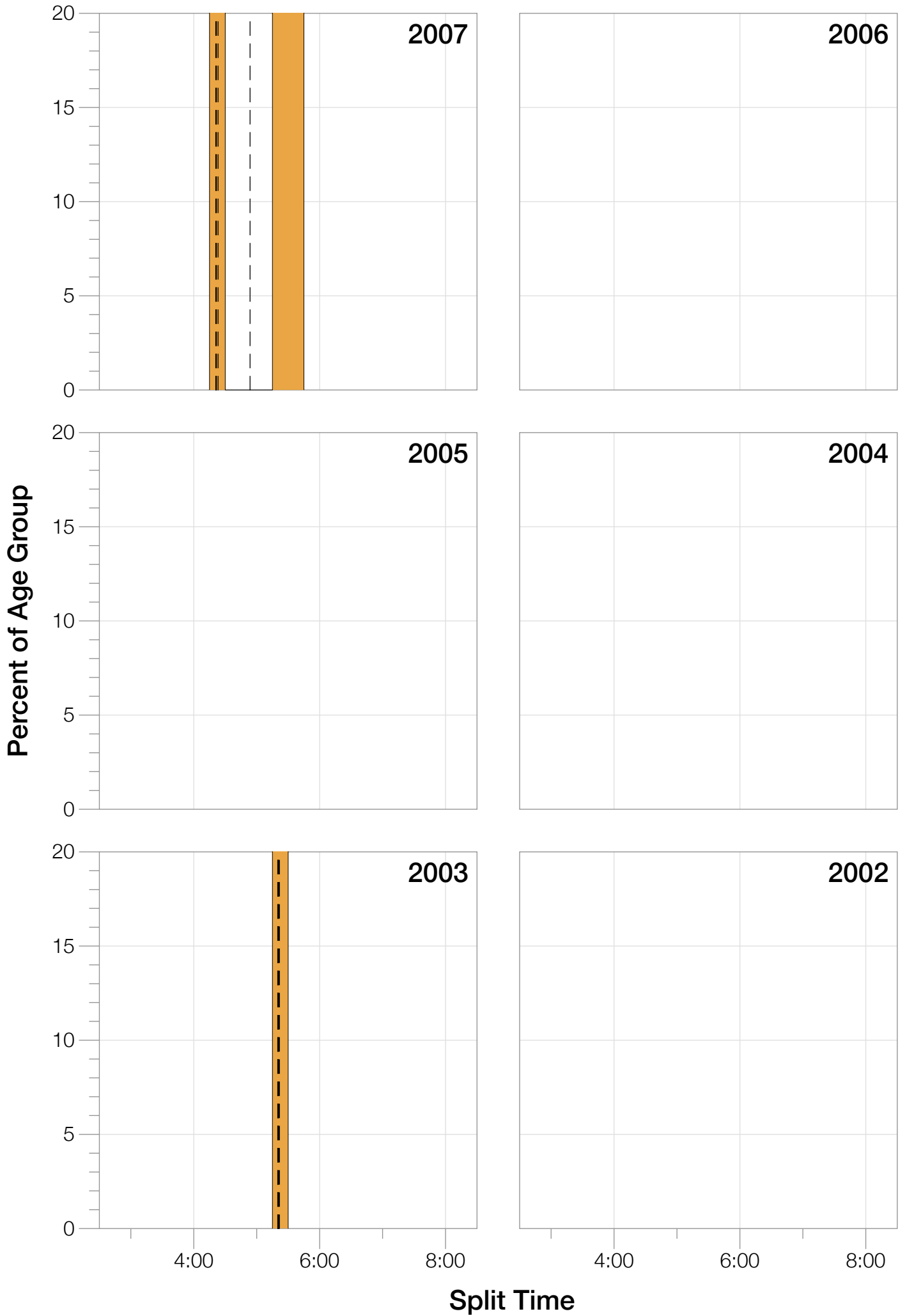
F55-59 Bike



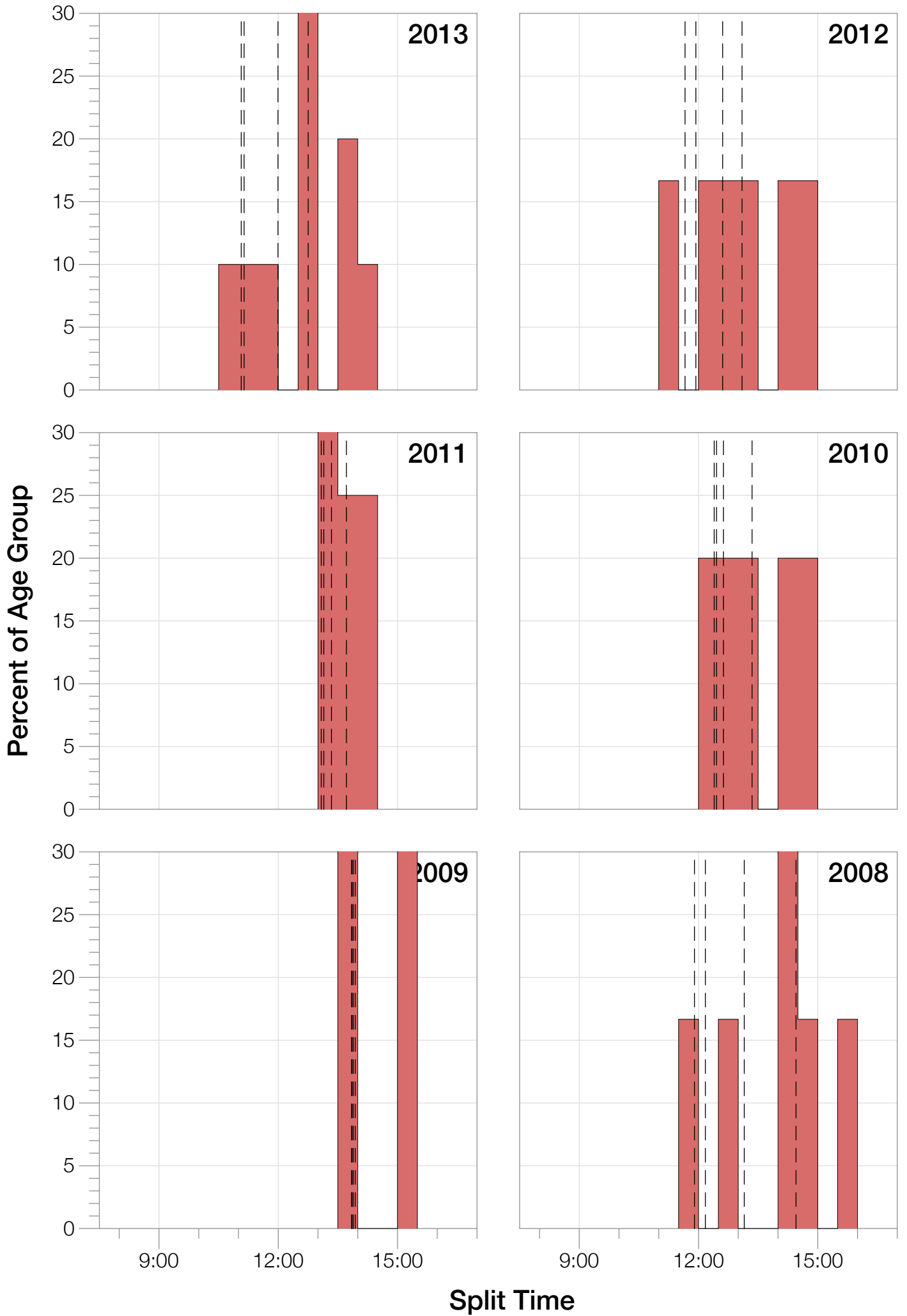
F55-59 Run



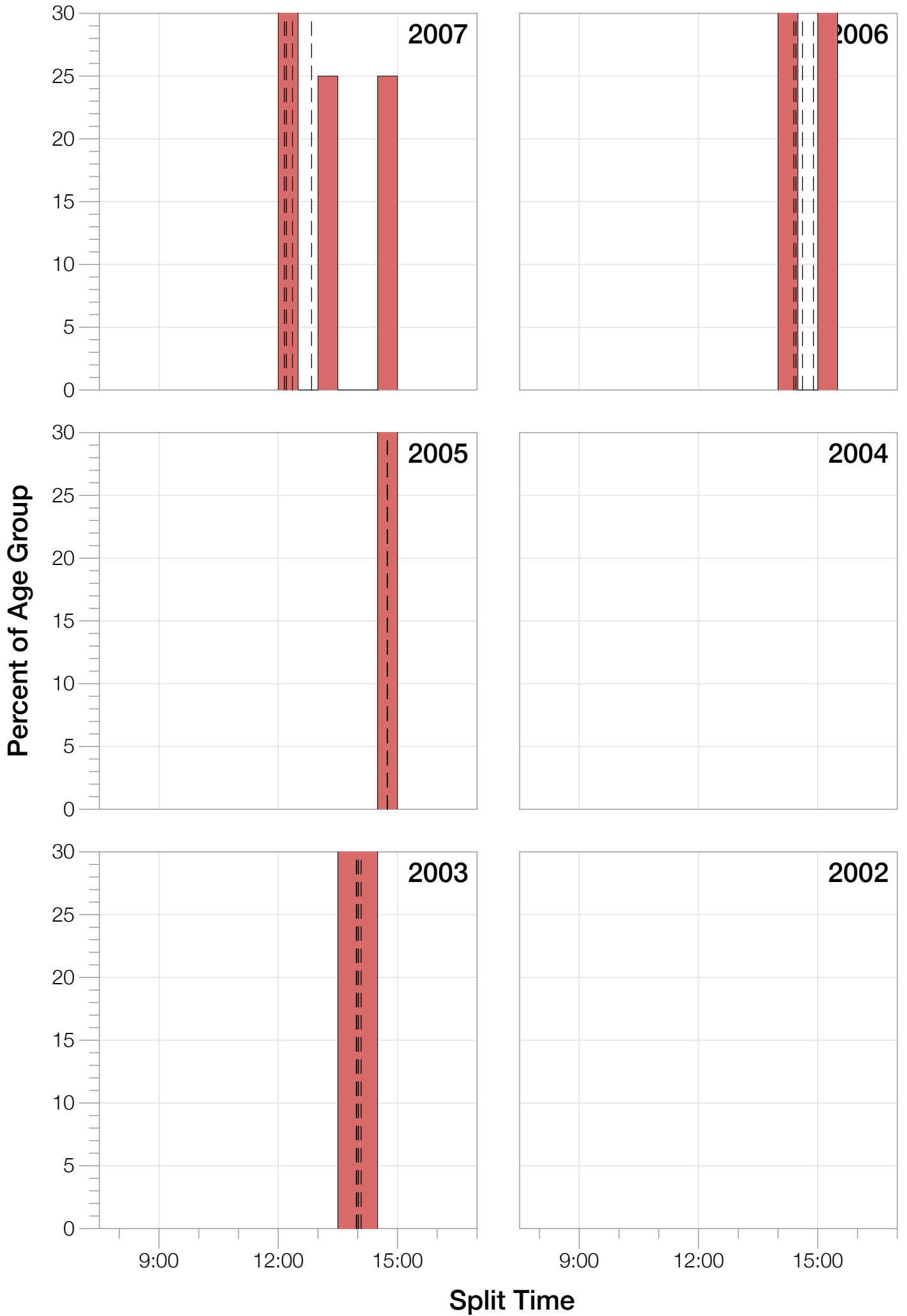
F55-59 Run



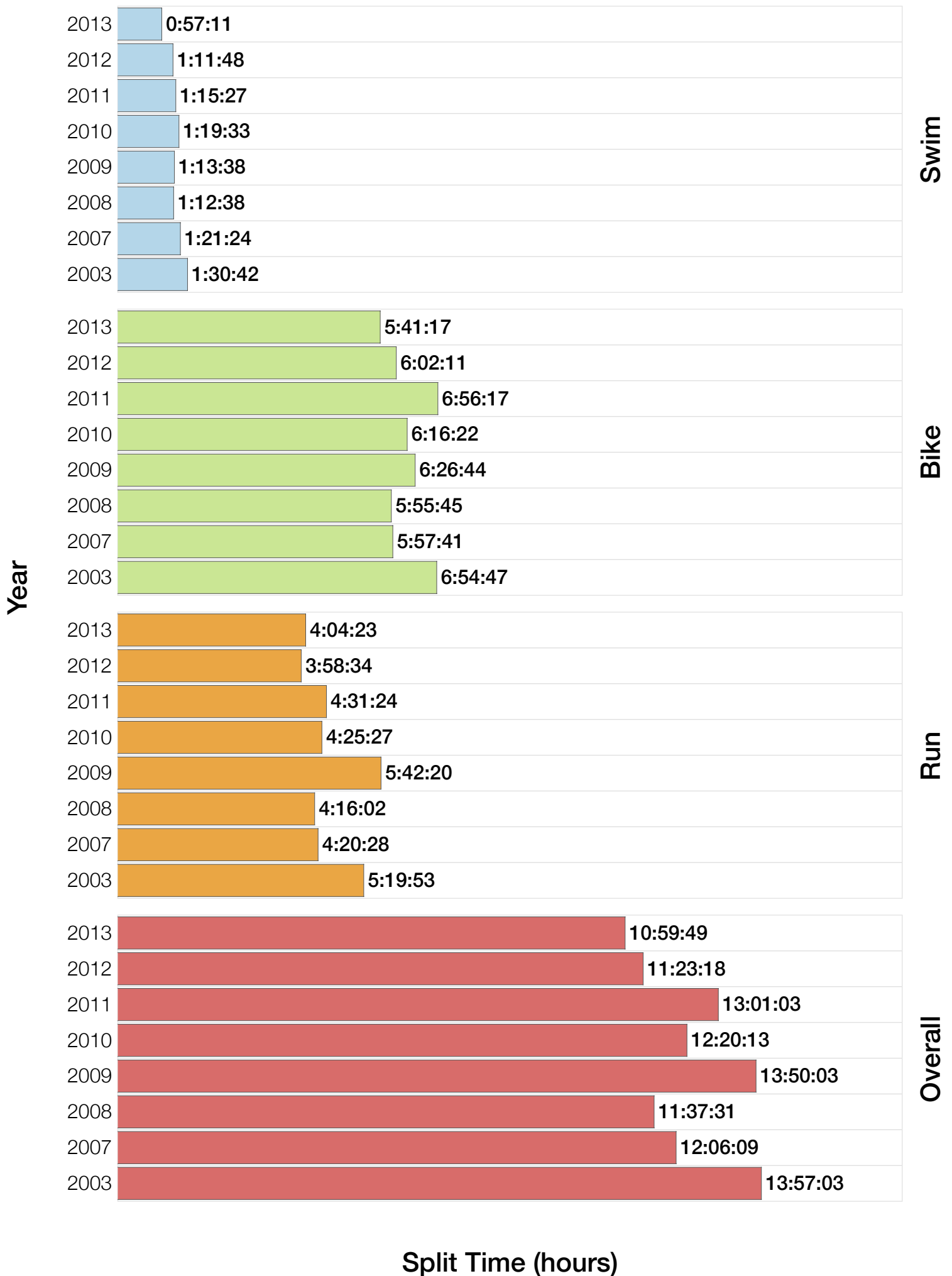
F55-59 Overall



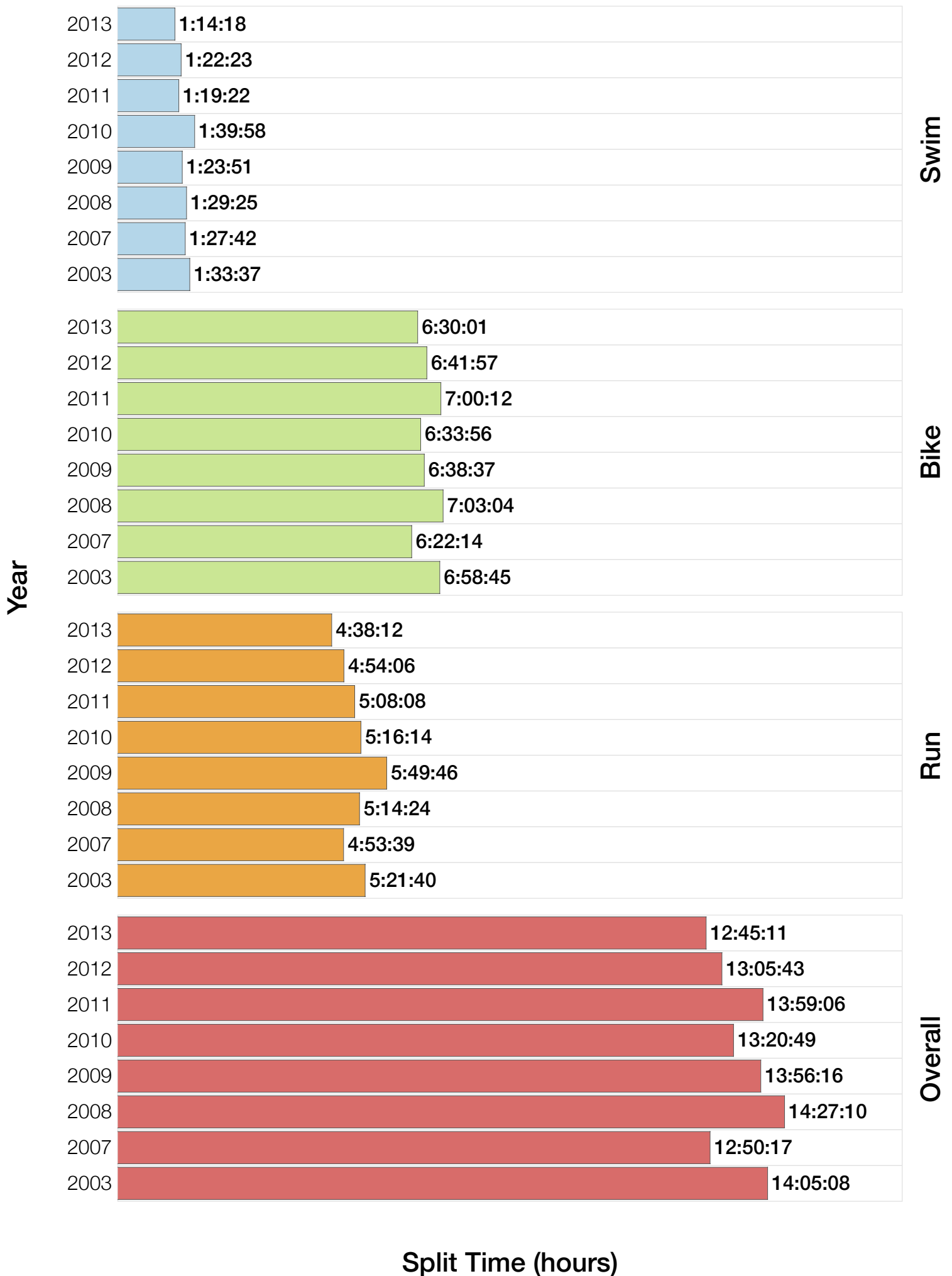
F55-59 Overall



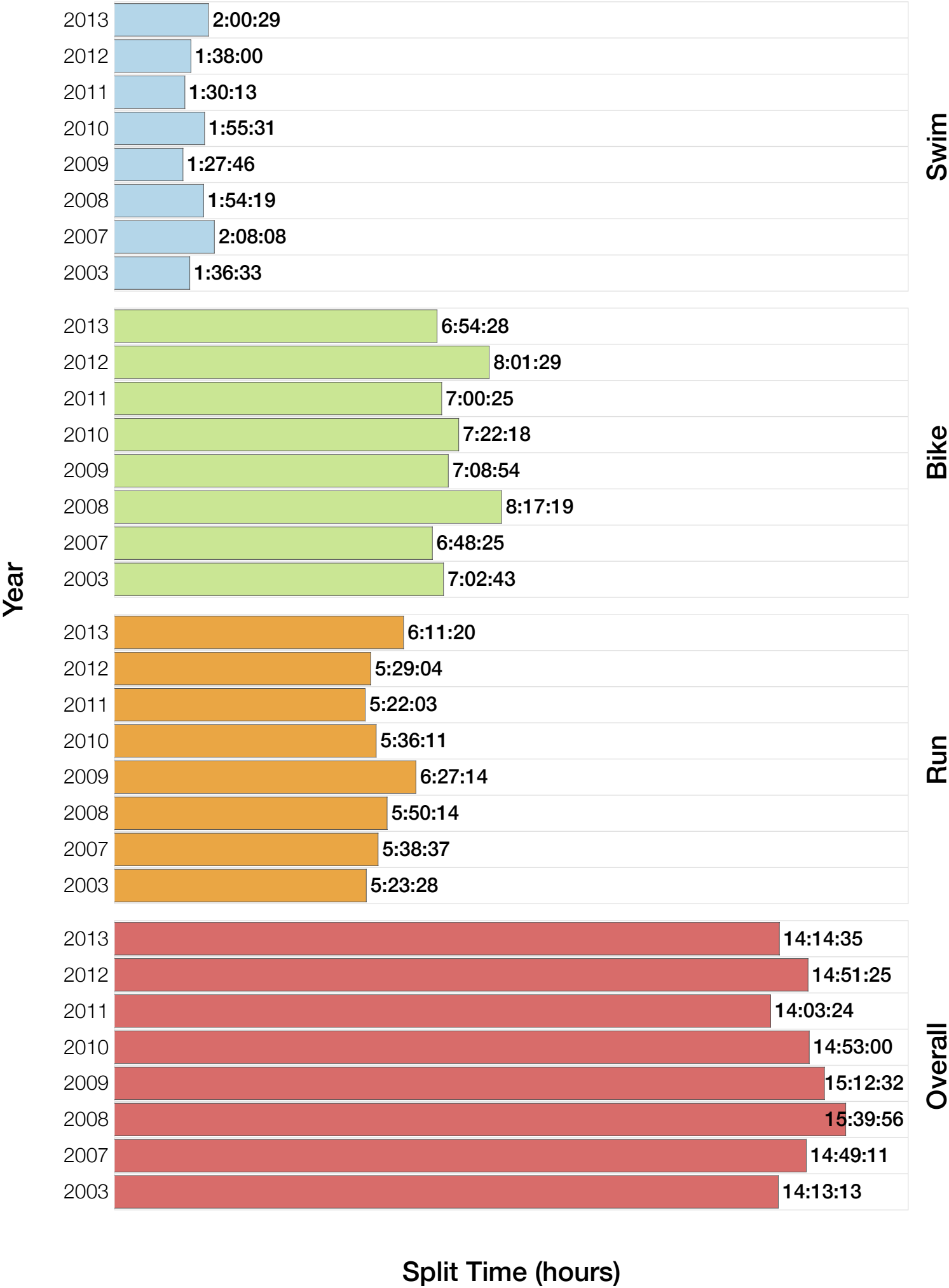
F55-59 Fastest Splits



F55-59 Median Splits



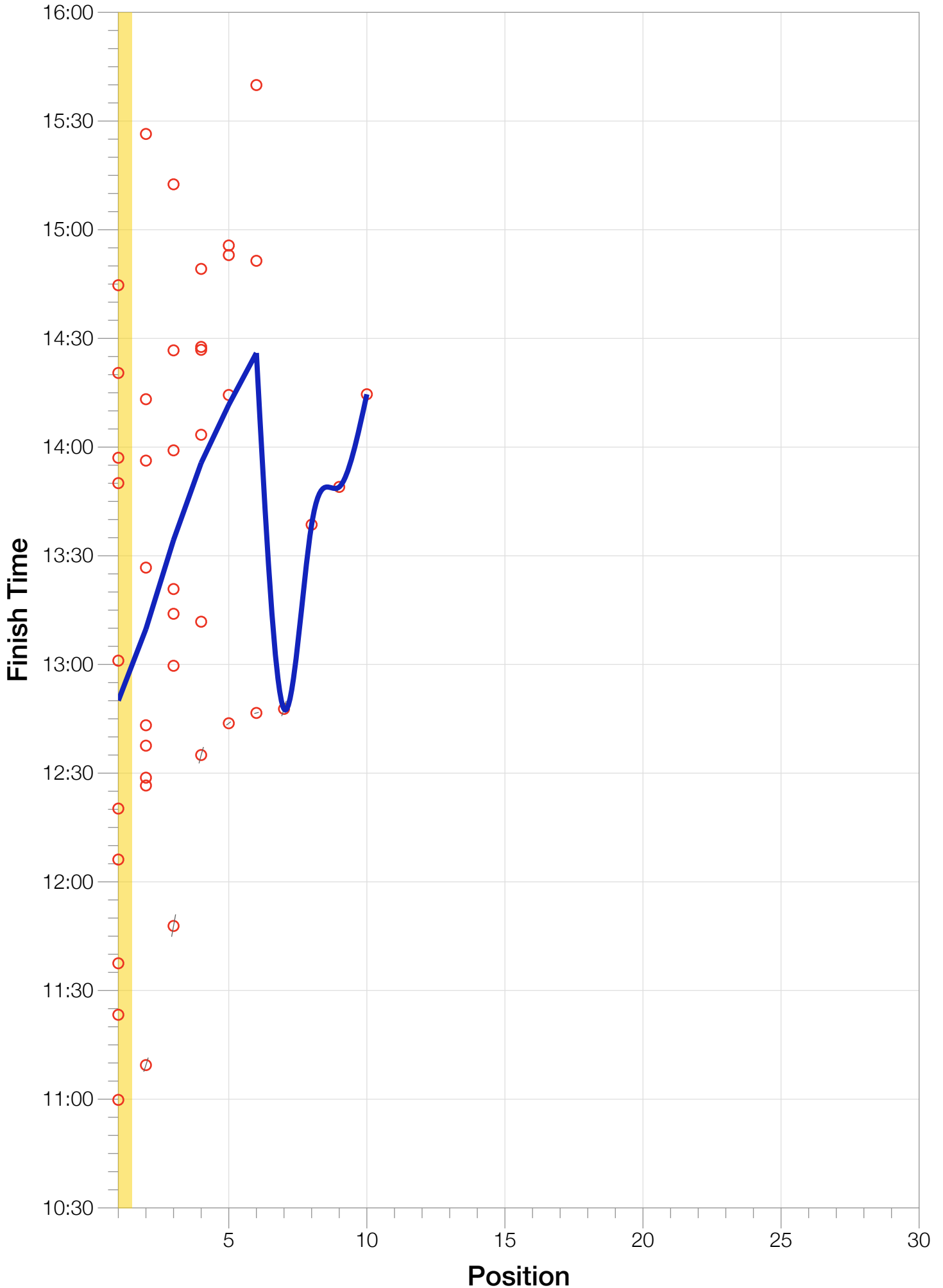
F55-59 Slowest Splits



Split Time (hours)

F55-59 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F55-59 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	1:18:47	6:21:39	4:35:42	12:50:01
Average 2nd Age Grouper	1:27:46	6:39:08	4:48:01	13:09:48
Average 3rd Age Grouper	1:23:33	6:37:31	5:19:40	13:34:22
Average 4th Age Grouper	1:39:20	6:53:24	5:08:32	13:55:38
Average 5th Age Grouper	1:32:16	6:55:53	5:27:04	14:11:42
Average 6th Age Grouper	1:23:04	7:37:38	5:12:46	14:25:59
Average 7th Age Grouper	1:20:00	6:38:59	4:35:09	12:47:44
Average 8th Age Grouper	1:31:57	6:31:20	5:25:02	13:38:35
Average 9th Age Grouper	2:00:29	6:54:28	4:35:56	13:49:00
Average 10th Age Grouper	1:08:48	6:40:32	6:11:20	14:14:35
Kona Qualifier Average	1:18:47	6:21:39	4:35:42	12:50:01
Top 10 Age Grouper Average	1:27:14	6:43:08	5:02:41	13:29:14

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	0:57:11	5:46:44	4:04:23	10:59:49
2nd Age Grouper	1:08:15	5:41:17	4:11:45	11:09:25
3rd Age Grouper	1:12:59	5:51:10	4:34:28	11:47:49
4th Age Grouper	1:11:28	6:28:43	4:44:58	12:35:00
5th Age Grouper	1:20:23	6:14:12	4:55:16	12:43:46
6th Age Grouper	1:15:37	6:34:06	4:40:28	12:46:37
7th Age Grouper	1:20:00	6:38:59	4:35:09	12:47:44
8th Age Grouper	1:31:57	6:31:20	5:25:02	13:38:35
9th Age Grouper	2:00:29	6:54:28	4:35:56	13:49:00
10th Age Grouper	1:08:48	6:40:32	6:11:20	14:14:35
Kona Qualifier Average	0:57:11	5:46:44	4:04:23	10:59:49
Top 10 Age Grouper Average	1:18:42	6:20:09	4:47:52	12:39:14

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	1:11:48	6:02:11	3:58:34	11:23:18
2nd Age Grouper	1:19:38	6:29:38	4:22:35	12:28:45
3rd Age Grouper	1:15:35	6:42:57	4:51:43	12:59:38
4th Age Grouper	1:25:09	6:40:57	4:56:29	13:11:48
5th Age Grouper	1:38:00	6:54:40	5:29:04	14:14:23
6th Age Grouper	1:30:31	8:01:29	5:07:37	14:51:25
Kona Qualifier Average	1:11:48	6:02:11	3:58:34	11:23:18
Top 10 Age Grouper Average	1:23:26	6:48:38	4:47:40	13:11:32

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	1:19:22	7:00:12	4:31:24	13:01:03
2nd Age Grouper	1:39:40	7:45:47		13:26:44
3rd Age Grouper	1:15:27	7:00:25	5:22:03	13:59:06
4th Age Grouper	1:30:13	6:56:17	5:08:08	14:03:24
Kona Qualifier Average	1:19:22	7:00:12	4:31:24	13:01:03
Top 10 Age Grouper Average	1:26:10	7:10:40	5:00:31	13:37:34

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	1:19:46	6:22:17	4:25:27	12:20:13
2nd Age Grouper	1:39:58	6:16:22	4:33:58	12:37:35
3rd Age Grouper	1:19:33	6:33:56	5:16:57	13:20:49
4th Age Grouper	1:55:31	6:59:32	5:16:14	14:26:51
5th Age Grouper	1:41:16	7:22:18	5:36:11	14:53:00
Kona Qualifier Average	1:19:46	6:22:17	4:25:27	12:20:13
Top 10 Age Grouper Average	1:35:12	6:42:53	5:01:45	13:31:41

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	1:13:38	6:38:37	5:42:20	13:50:03
2nd Age Grouper	1:27:46	6:26:44	5:49:46	13:56:16
3rd Age Grouper	1:23:51	7:08:54	6:27:14	15:12:32
Kona Qualifier Average	1:13:38	6:38:37	5:42:20	13:50:03
Top 10 Age Grouper Average	1:21:45	6:44:45	5:59:46	14:19:37

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	1:17:18	5:55:45	4:16:02	11:37:31
2nd Age Grouper	1:12:38	6:22:33	4:57:43	12:43:13
3rd Age Grouper	1:54:19	6:53:44	5:22:00	14:26:42
4th Age Grouper	1:45:33	7:26:30	5:06:49	14:27:39
5th Age Grouper	1:29:25	7:12:24	5:47:48	14:55:39
6th Age Grouper		8:17:19	5:50:14	15:39:56
Kona Qualifier Average	1:17:18	5:55:45	4:16:02	11:37:31
Top 10 Age Grouper Average	1:31:50	7:01:22	5:13:26	13:58:26

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	1:32:11	5:57:41	4:24:02	12:06:09
2nd Age Grouper	1:21:24	6:32:57	4:20:28	12:26:35
3rd Age Grouper	1:23:13	6:11:32	5:23:17	13:13:59
4th Age Grouper	2:08:08	6:48:25	5:38:37	14:49:11
Kona Qualifier Average	1:32:11	5:57:41	4:24:02	12:06:09
Top 10 Age Grouper Average	1:36:14	6:22:38	4:56:36	13:08:58

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	1:27:13	6:36:41		14:20:28
2nd Age Grouper	1:44:09	7:14:12		15:26:26
Kona Qualifier Average	1:27:13	6:36:41		14:20:28
Top 10 Age Grouper Average	1:35:41	6:55:26		14:53:27

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper				14:44:41
Kona Qualifier Average				14:44:41

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	1:30:42	6:54:47	5:23:28	13:57:03
2nd Age Grouper	1:36:33	7:02:43	5:19:53	14:13:13
Kona Qualifier Average	1:30:42	6:54:47	5:23:28	13:57:03
Top 10 Age Grouper Average	1:33:37	6:58:45	5:21:40	14:05:08