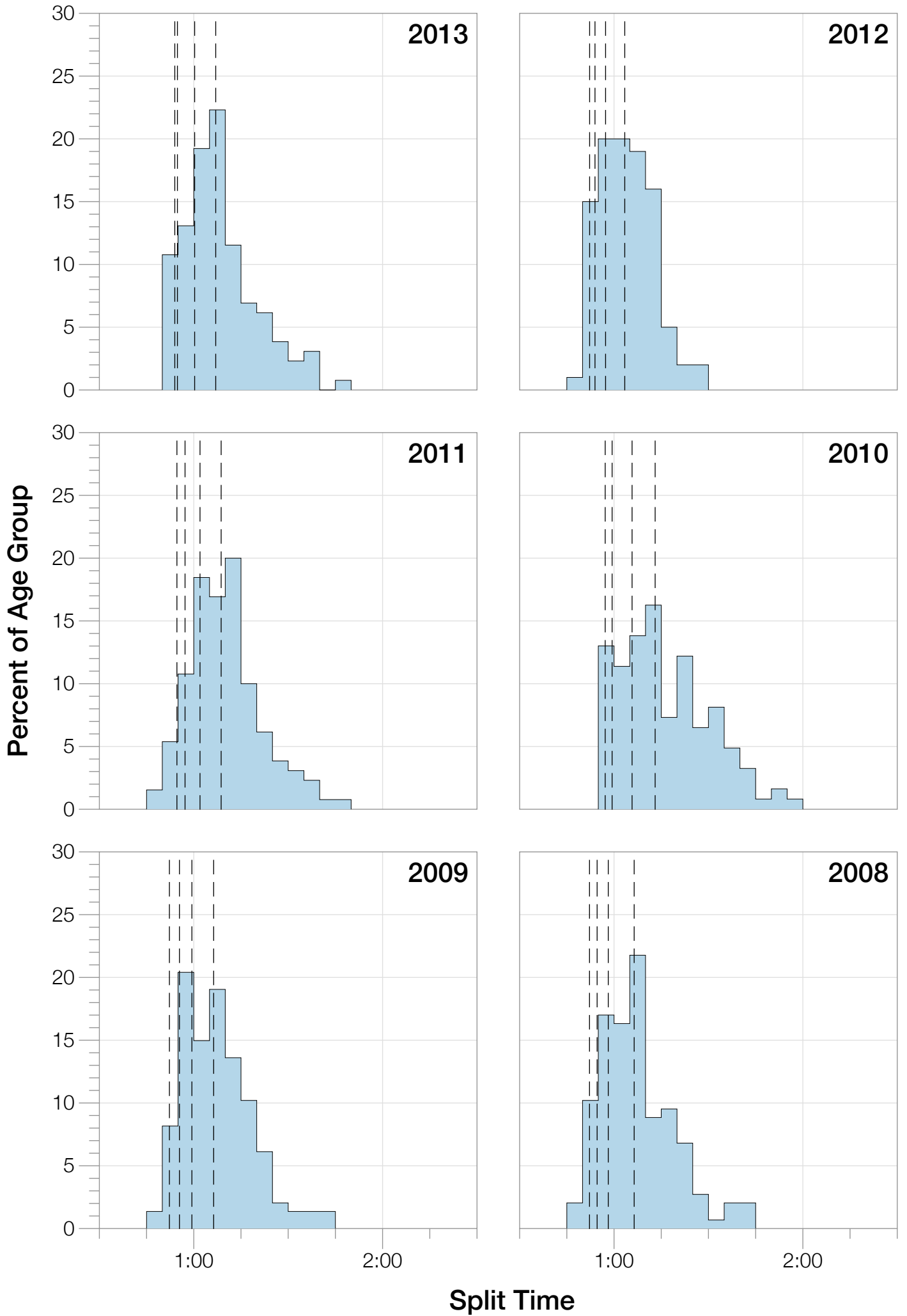


Ironman Frankfurt M25-29 Stats

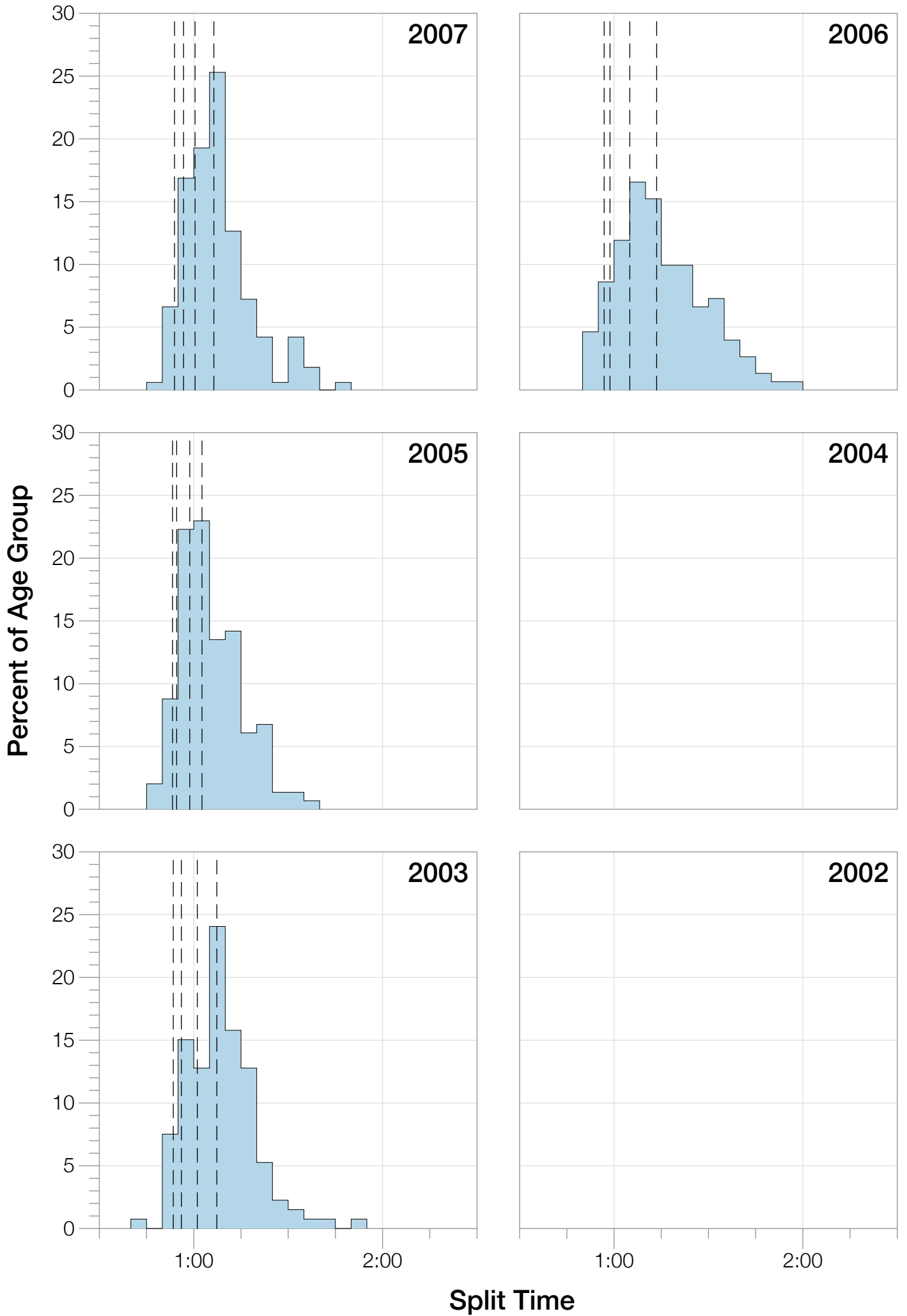
M25-29 Summary Statistics

Year	Finishers	M25-29 Finishers	Male Winner's Time	Female Winner's Time	M25-29 Winner's Time
2003	1291	135	8:12:29	9:03:11	9:12:58
2005	1730	148	8:20:50	9:15:31	9:04:37
2006	1799	151	8:13:39	9:16:17	8:40:04
2007	2121	166	8:09:15	9:04:11	8:48:17
2008	2142	148	7:59:55	8:51:24	8:49:40
2009	2128	147	7:59:15	8:58:08	8:46:07
2010	2119	123	8:05:15	9:04:27	9:03:19
2011	2220	130	8:13:50	9:12:13	9:04:37
2012	2317	100	8:03:31	8:52:33	8:53:20
2013	2460	130	7:59:58	8:56:01	8:45:10
Average	2033	138	8:07:47	9:03:23	8:06:11

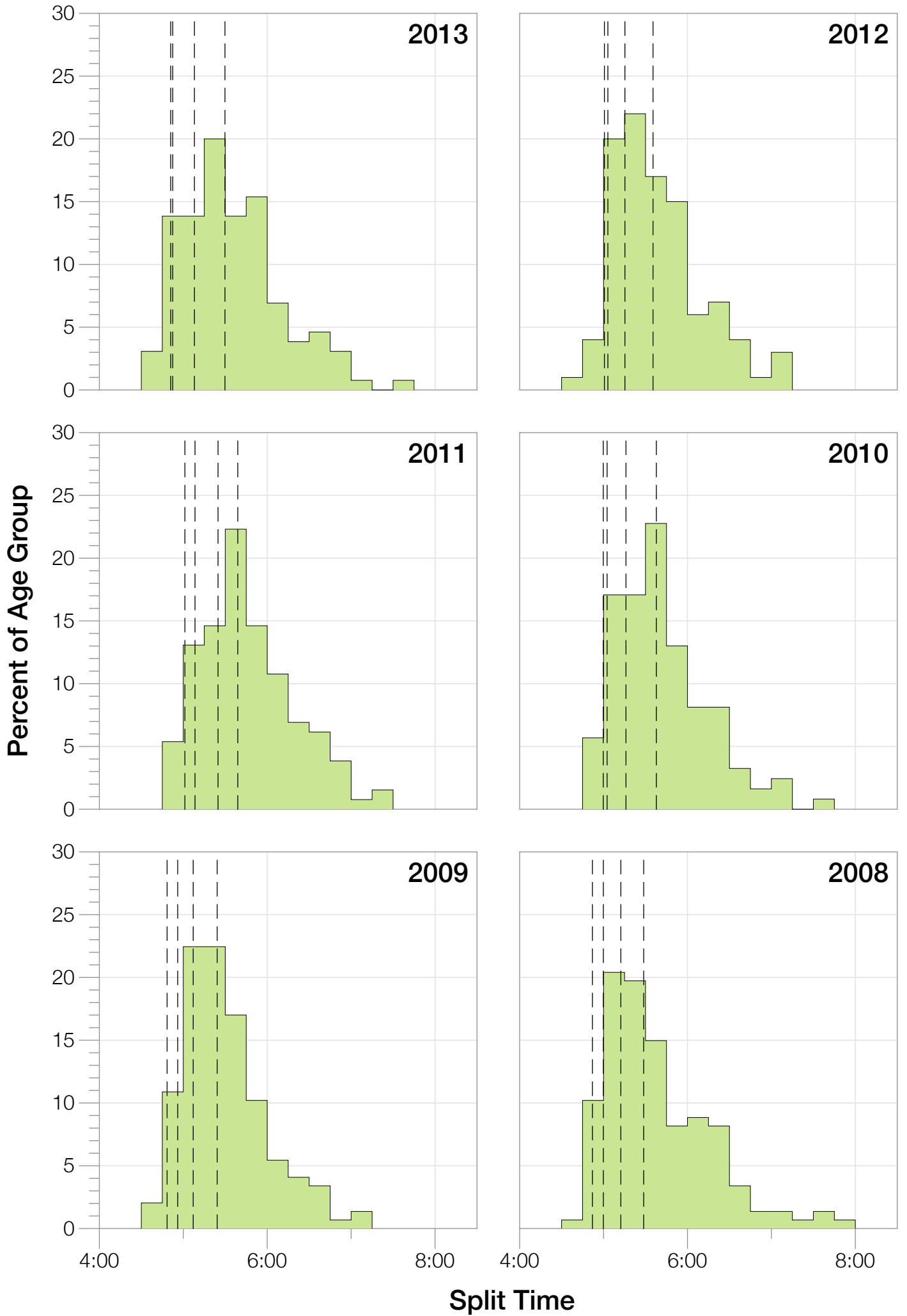
M25-29 Swim



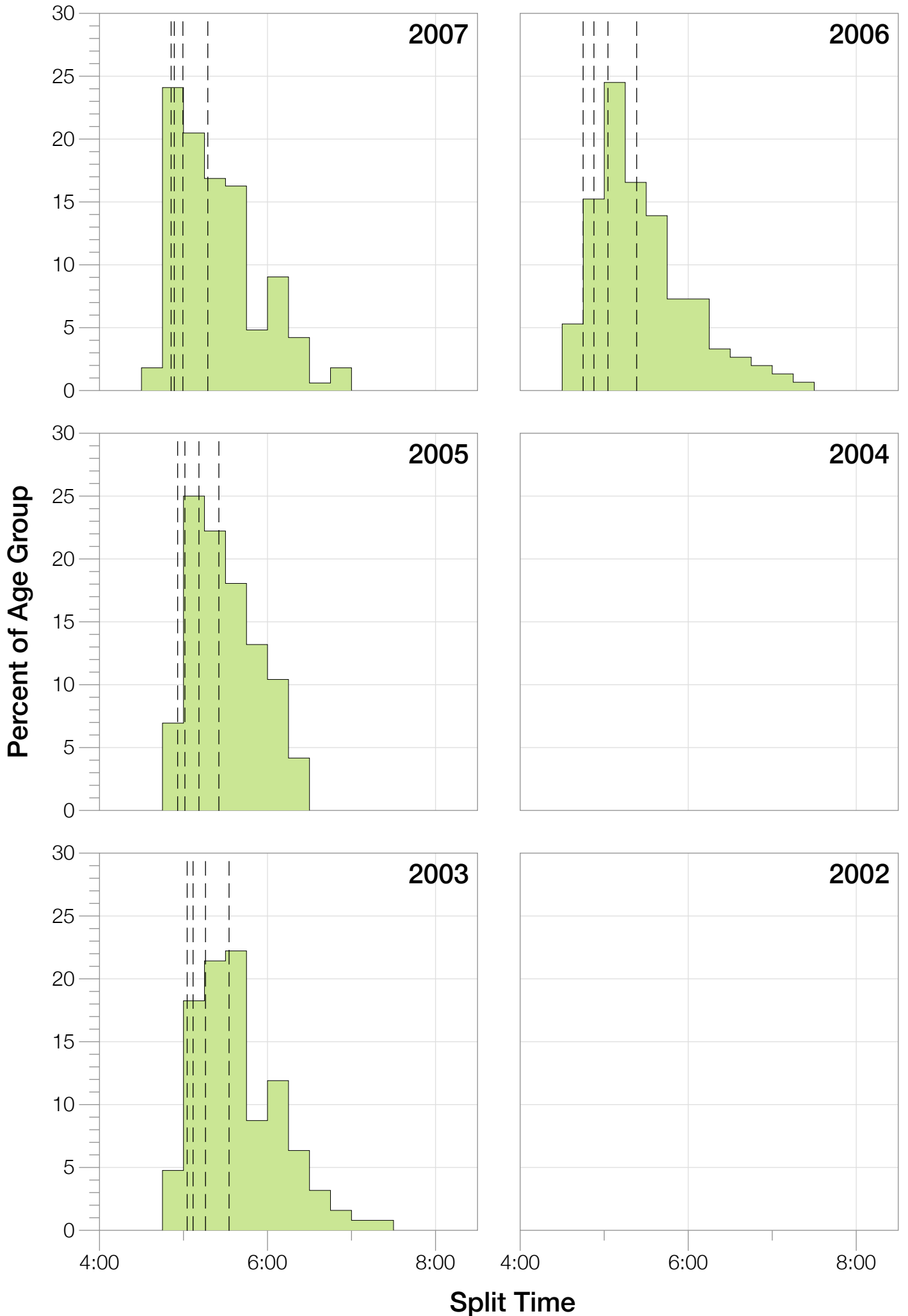
M25-29 Swim



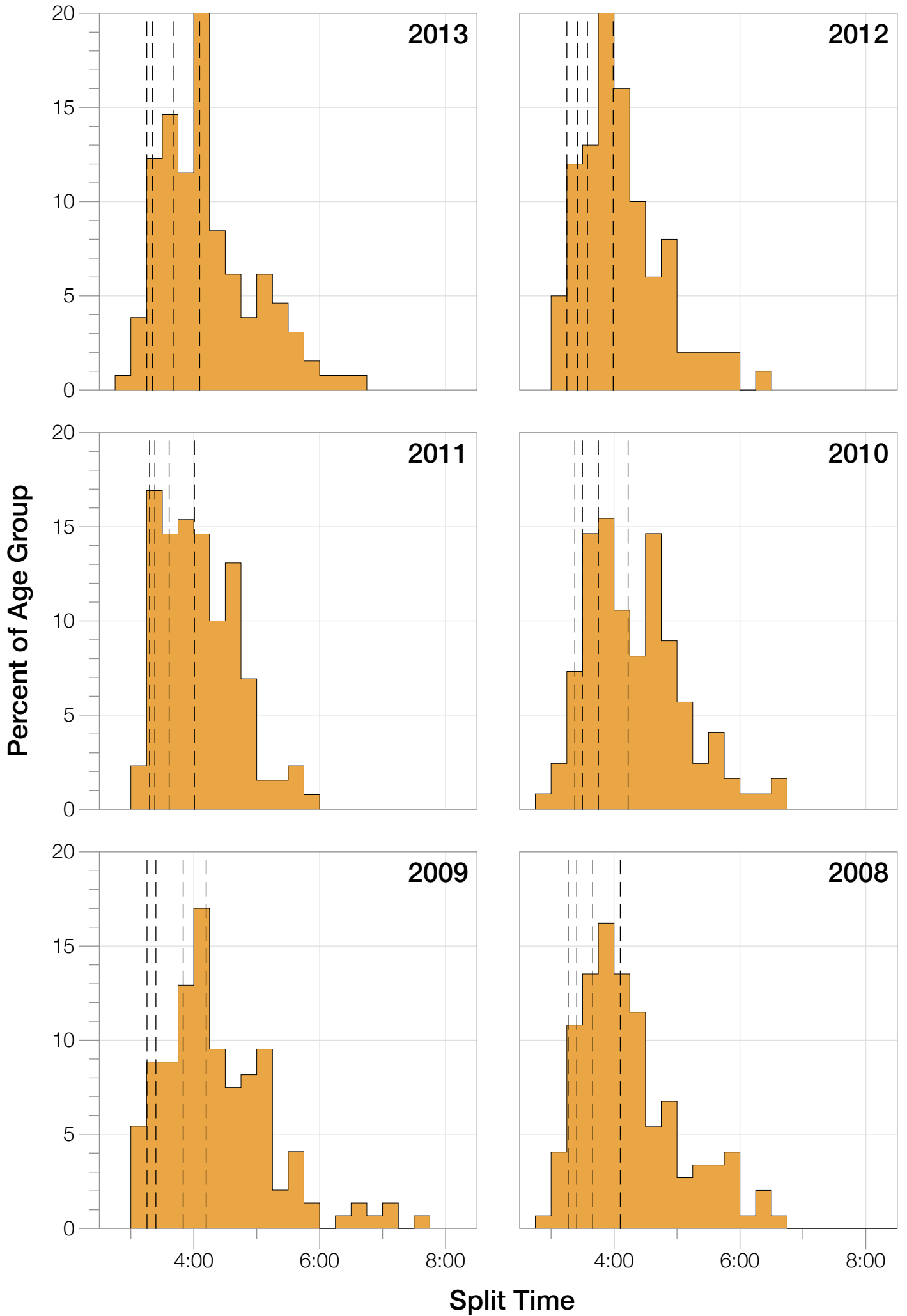
M25-29 Bike



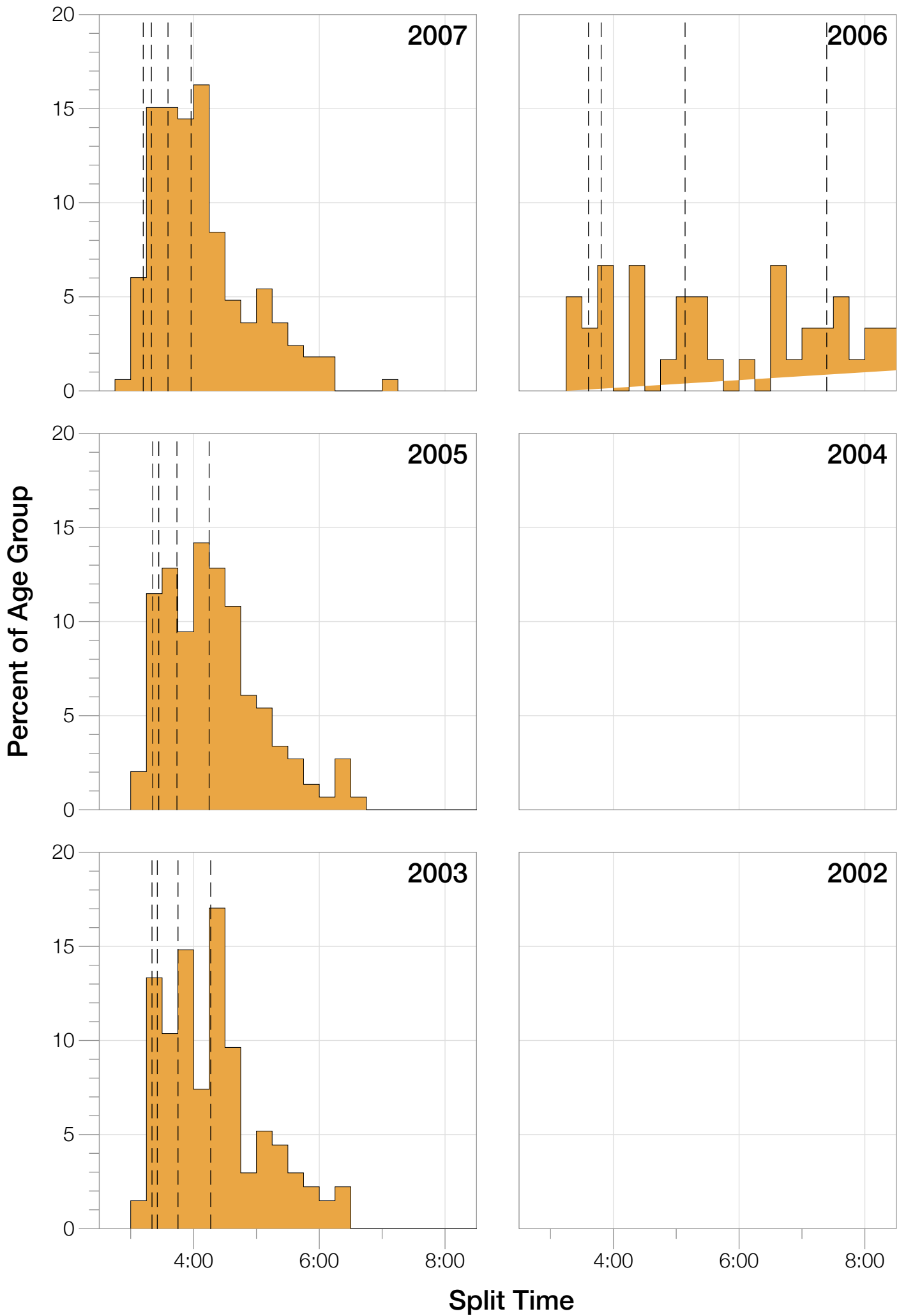
M25-29 Bike



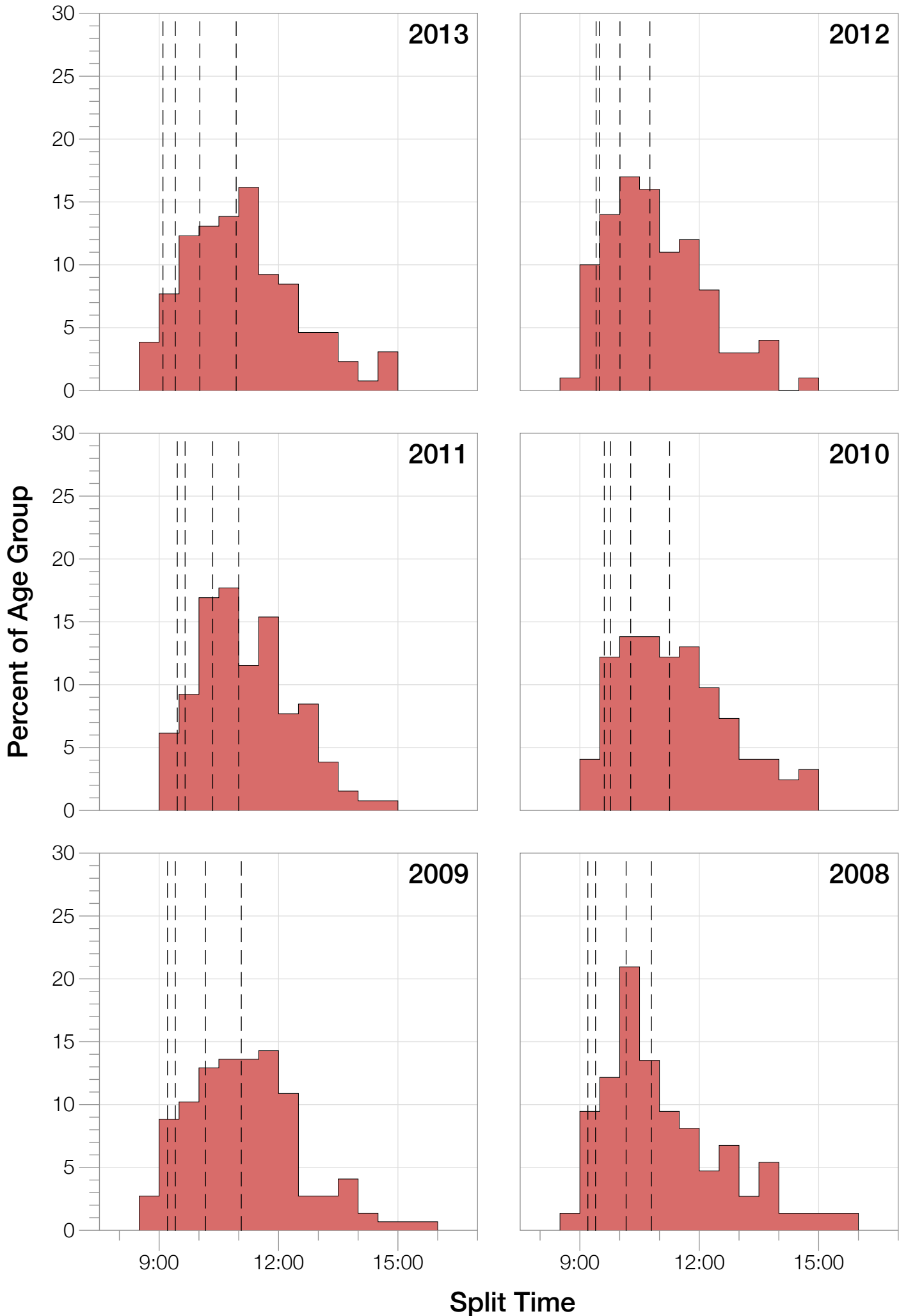
M25-29 Run



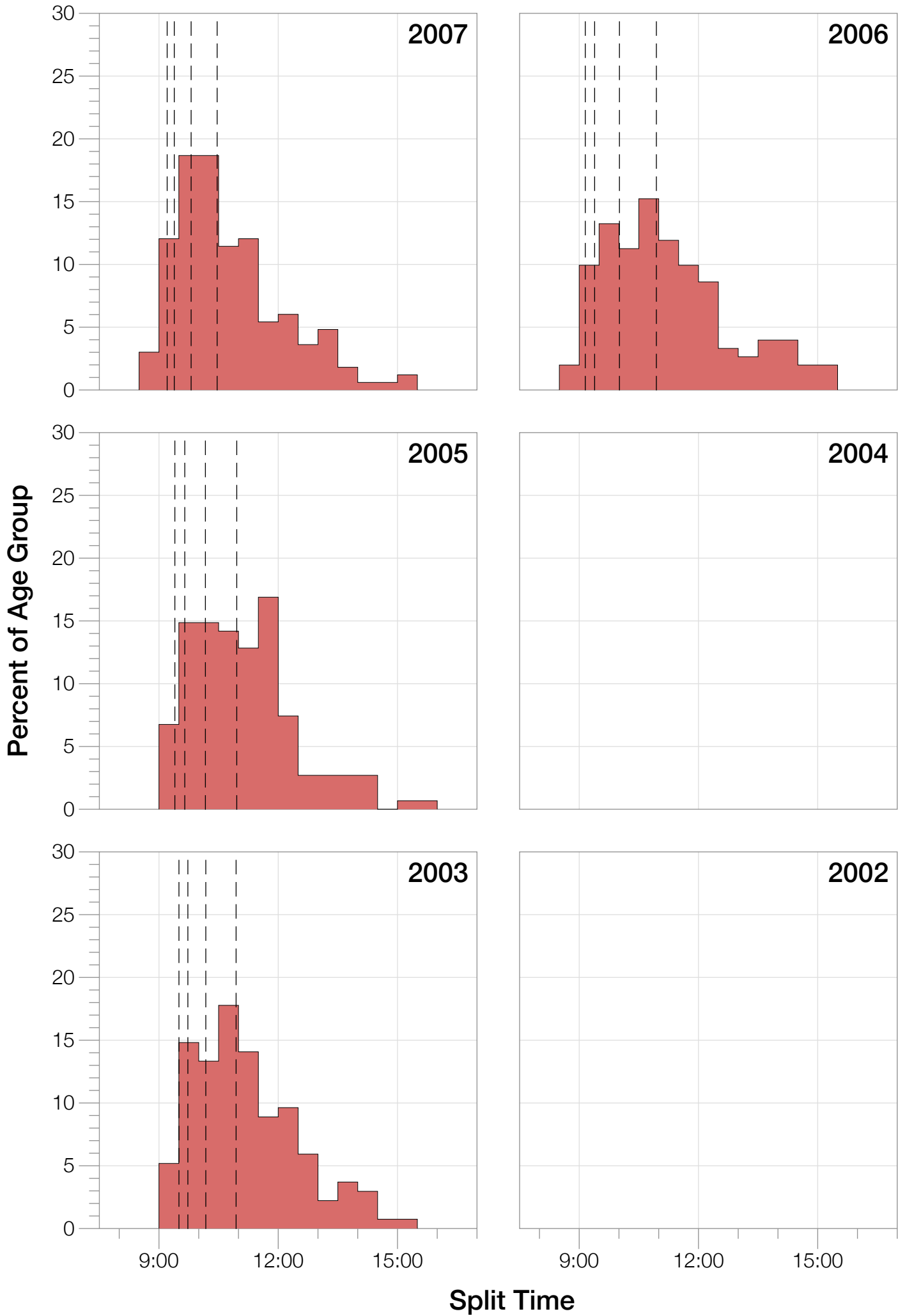
M25-29 Run



M25-29 Overall



M25-29 Overall



M25-29 Fastest Splits

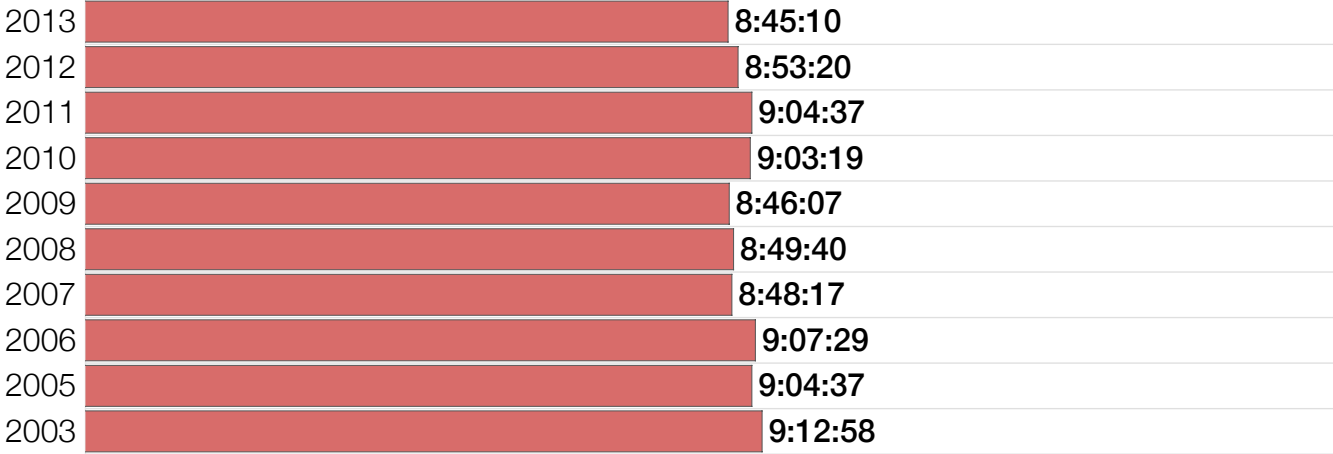
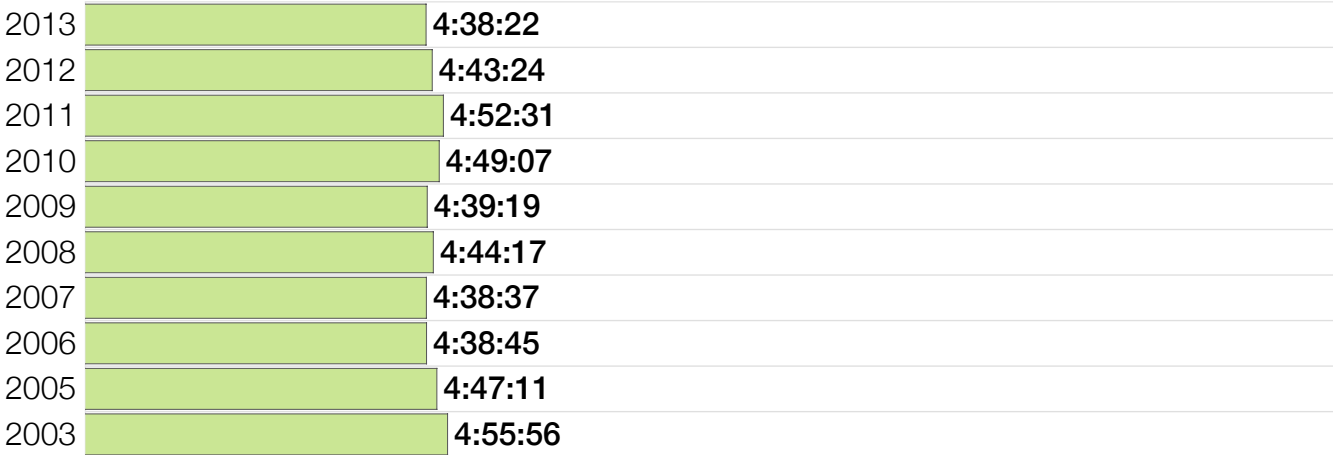
Year

Swim

Bike

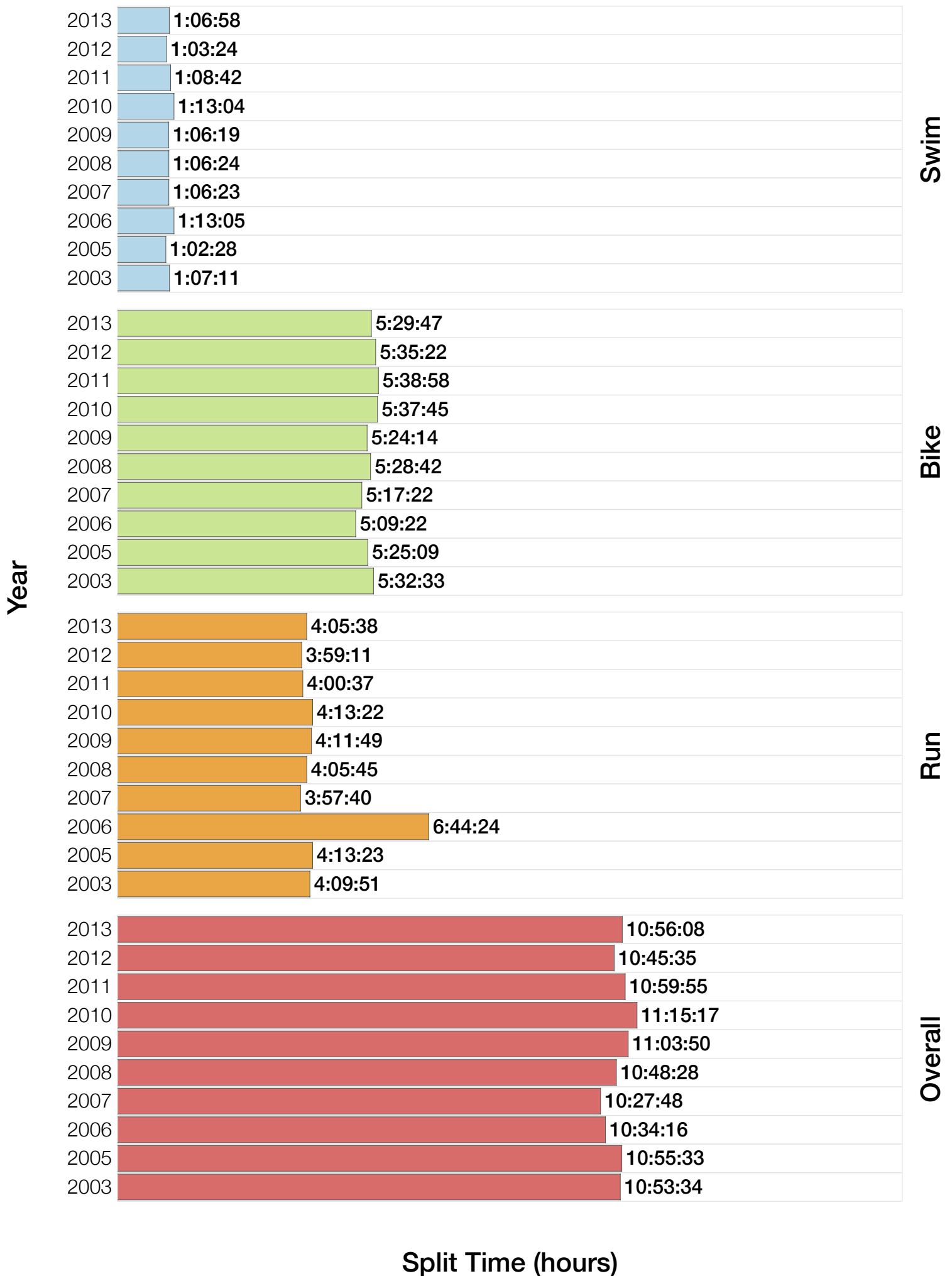
Run

Overall

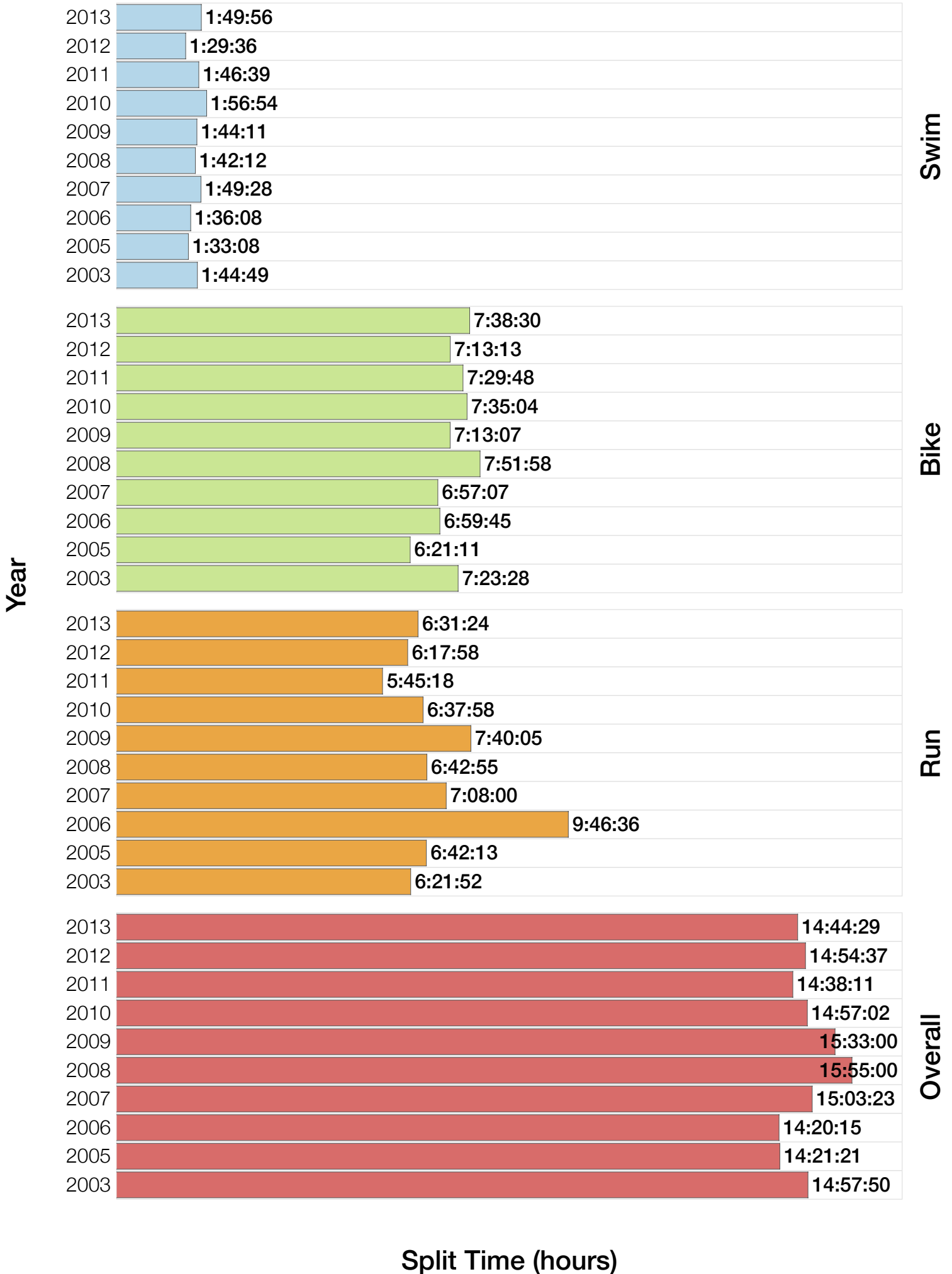


Split Time (hours)

M25-29 Median Splits

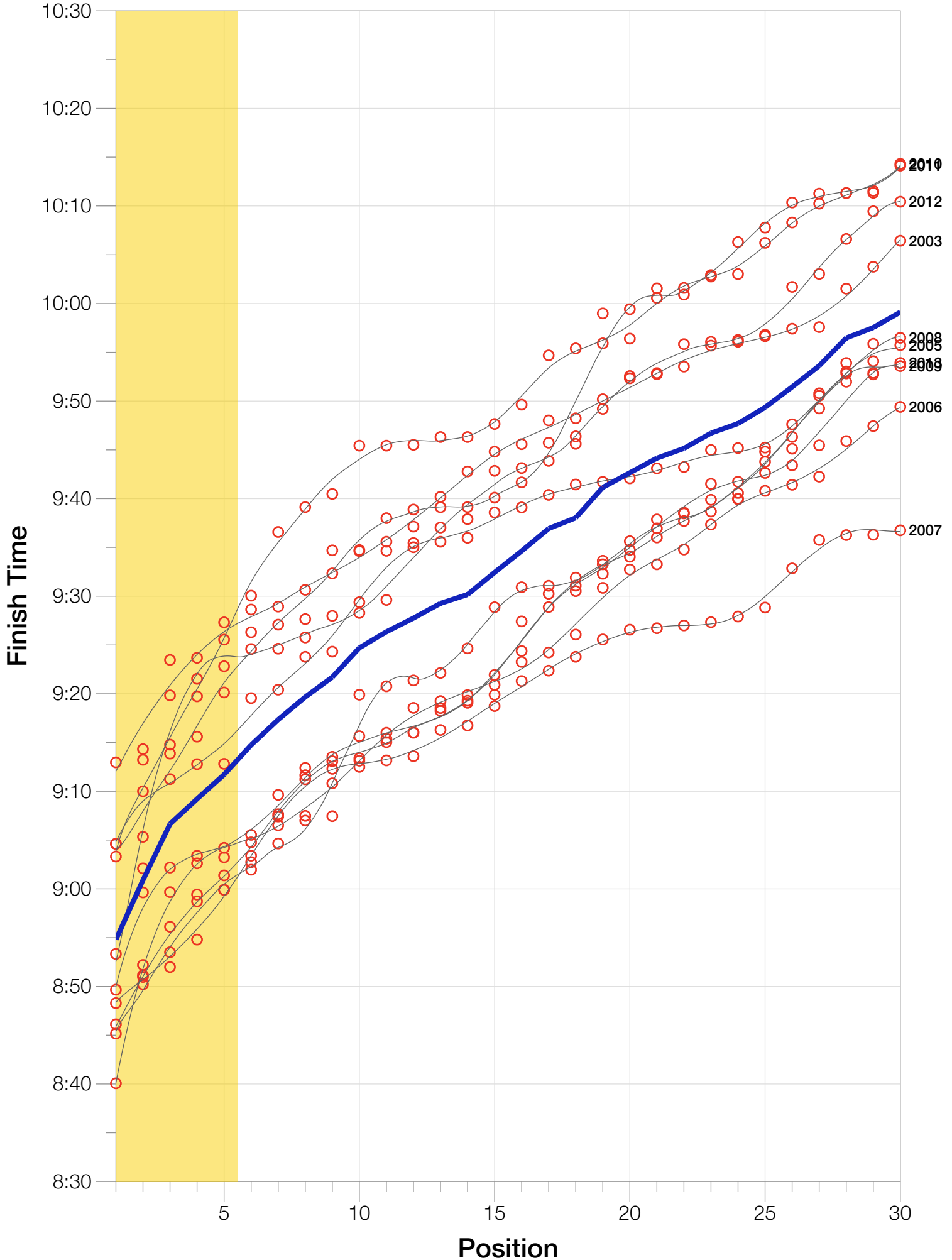


M25-29 Slowest Splits



M25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	0:55:24	4:48:42	3:06:16	8:54:48
Average 2nd Age Grouper	0:52:37	4:50:01	3:13:09	9:00:54
Average 3rd Age Grouper	0:58:36	4:51:02	3:12:40	9:06:39
Average 4th Age Grouper	0:58:48	4:55:46	3:09:10	9:09:13
Average 5th Age Grouper	0:55:41	4:55:26	3:16:44	9:11:43
Average 6th Age Grouper	0:55:14	4:55:39	3:20:19	9:14:45
Average 7th Age Grouper	0:59:06	4:56:09	3:17:52	9:17:21
Average 8th Age Grouper	0:57:11	4:58:34	3:39:28	9:19:40
Average 9th Age Grouper	0:59:49	4:57:10	3:19:53	9:21:42
Average 10th Age Grouper	0:57:53	4:59:21	3:21:46	9:24:42
Kona Qualifier Average	0:56:13	4:52:12	3:11:36	9:04:40
Top 10 Age Grouper Average	0:57:02	4:54:47	3:17:58	9:12:09

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	0:54:50	4:38:22	3:07:10	8:45:10
2nd Age Grouper	0:54:16	4:51:55	2:58:19	8:50:58
3rd Age Grouper	1:03:11	4:40:17	3:02:57	8:51:59
4th Age Grouper	0:57:02	4:43:44	3:13:04	8:59:25
5th Age Grouper	0:53:55	4:50:23	3:10:57	8:59:54
6th Age Grouper	0:53:48	4:48:03	3:15:00	9:01:58
7th Age Grouper	0:52:08	4:44:20	3:22:48	9:04:39
8th Age Grouper	0:50:16	4:52:18	3:19:53	9:07:00
9th Age Grouper	1:02:27	4:50:47	3:08:26	9:07:27
10th Age Grouper	0:57:01	4:59:52	3:16:42	9:19:54
Kona Qualifier Average	0:56:38	4:44:56	3:06:29	8:53:29
Top 10 Age Grouper Average	0:55:53	4:48:00	3:11:31	9:00:50

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	0:52:36	4:43:24	3:12:50	8:53:20
2nd Age Grouper	0:54:18	4:52:56	3:09:08	9:02:06
3rd Age Grouper	0:56:54	5:03:02	3:15:12	9:19:50
4th Age Grouper	0:52:15	5:05:25	3:19:17	9:21:32
5th Age Grouper	0:54:22	5:09:22	3:14:51	9:22:49
6th Age Grouper	0:48:34	5:01:26	3:29:56	9:24:35
7th Age Grouper	1:01:52	5:03:15	3:14:28	9:24:37
8th Age Grouper	1:03:04	4:55:03	3:22:20	9:25:46
9th Age Grouper	0:57:33	5:08:44	3:15:02	9:27:59
10th Age Grouper	0:51:15	5:00:47	3:28:46	9:28:17
Kona Qualifier Average	0:54:05	4:58:49	3:14:15	9:11:55
Top 10 Age Grouper Average	0:55:16	5:00:20	3:18:11	9:19:05

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	0:54:52	4:58:17	3:05:36	9:04:37
2nd Age Grouper	0:54:15	4:57:22	3:08:32	9:05:20
3rd Age Grouper	0:59:01	4:57:33	3:13:39	9:14:47
4th Age Grouper	0:54:32	4:58:27	3:15:08	9:15:36
5th Age Grouper	0:57:09	4:55:49	3:22:57	9:20:08
6th Age Grouper	0:54:06	5:04:30	3:22:04	9:26:18
7th Age Grouper	1:11:34	4:54:33	3:15:49	9:27:05
8th Age Grouper	1:00:32	5:04:29	3:17:47	9:27:39
9th Age Grouper	1:03:21	5:08:08	3:18:48	9:34:42
10th Age Grouper	0:49:58	5:14:10	3:23:21	9:34:44
Kona Qualifier Average	0:55:57	4:57:29	3:13:10	9:12:05
Top 10 Age Grouper Average	0:57:56	5:01:19	3:16:22	9:21:05

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	0:57:01	5:01:59	3:00:45	9:03:19
2nd Age Grouper	0:55:40	4:50:45	3:22:34	9:13:14
3rd Age Grouper	0:57:08	4:49:07	3:23:20	9:13:52
4th Age Grouper	1:12:45	5:03:15	2:59:39	9:19:44
5th Age Grouper	0:59:26	5:00:56	3:23:22	9:27:19
6th Age Grouper	1:00:42	4:52:36	3:31:38	9:30:03
7th Age Grouper	0:58:52	5:14:04	3:19:09	9:36:35
8th Age Grouper	0:59:37	5:02:31	3:32:30	9:39:08
9th Age Grouper	1:04:14	5:06:46	3:23:54	9:40:29
10th Age Grouper	1:23:47	4:52:32	3:23:16	9:45:26
Kona Qualifier Average	1:00:24	4:57:12	3:13:56	9:15:29
Top 10 Age Grouper Average	1:02:55	4:59:27	3:20:00	9:26:54

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	0:51:04	4:45:01	3:05:26	8:46:07
2nd Age Grouper	0:50:34	4:45:49	3:08:35	8:50:13
3rd Age Grouper	0:49:15	4:53:43	3:08:31	8:56:07
4th Age Grouper	1:00:23	4:46:22	3:06:07	8:58:43
5th Age Grouper	1:05:11	4:48:45	3:01:30	9:01:23
6th Age Grouper	0:54:08	4:48:17	3:14:46	9:03:24
7th Age Grouper	0:51:35	4:43:53	3:26:48	9:07:39
8th Age Grouper	0:48:46	5:01:08	3:16:54	9:12:24
9th Age Grouper	1:04:42	4:52:38	3:10:28	9:13:05
10th Age Grouper	1:01:15	4:42:40	3:24:30	9:13:08
Kona Qualifier Average	0:55:17	4:47:56	3:06:01	8:54:30
Top 10 Age Grouper Average	0:55:41	4:48:49	3:12:21	9:02:13

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	0:53:55	4:50:00	2:59:40	8:49:40
2nd Age Grouper	0:54:34	4:50:20	3:10:16	8:59:38
3rd Age Grouper	0:58:13	4:46:26	3:13:05	9:02:11
4th Age Grouper	0:56:58	4:48:56	3:12:14	9:03:24
5th Age Grouper	0:49:42	4:49:02	3:22:12	9:04:12
6th Age Grouper	0:49:41	4:47:33	3:23:42	9:04:46
7th Age Grouper	0:55:59	4:57:32	3:11:06	9:09:38
8th Age Grouper	0:51:59	5:04:02	3:10:28	9:11:14
9th Age Grouper	0:51:14	4:59:46	3:17:38	9:13:32
10th Age Grouper	0:52:04	4:57:33	3:21:30	9:15:39
Kona Qualifier Average	0:54:40	4:48:56	3:11:29	8:59:49
Top 10 Age Grouper Average	0:53:25	4:53:07	3:14:11	9:05:23

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	0:57:07	4:44:36	3:02:31	8:48:17
2nd Age Grouper	0:54:44	4:44:06	3:08:20	8:51:09
3rd Age Grouper	0:57:55	4:50:19	3:00:08	8:53:30
4th Age Grouper	1:01:27	4:49:57	2:57:26	8:54:48
5th Age Grouper	0:48:23	4:57:17	3:10:06	8:59:54
6th Age Grouper	0:58:07	4:53:56	3:05:38	9:02:44
7th Age Grouper	0:57:38	4:54:59	3:10:01	9:07:25
8th Age Grouper	0:57:32	4:57:01	3:11:56	9:11:39
9th Age Grouper	0:54:20	4:50:39	3:22:33	9:12:18
10th Age Grouper	0:56:51	4:52:54	3:17:59	9:12:30
Kona Qualifier Average	0:55:55	4:49:15	3:03:42	8:53:31
Top 10 Age Grouper Average	0:56:24	4:51:34	3:08:39	9:01:25

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	0:54:15	4:36:06		8:40:04
2nd Age Grouper	0:54:36	4:35:33		8:52:12
3rd Age Grouper	0:59:43	4:45:14		8:59:40
4th Age Grouper	0:54:35	4:53:00		9:02:37
5th Age Grouper	0:57:00	4:49:29		9:03:14
6th Age Grouper	1:00:48	4:53:49		9:05:32
7th Age Grouper	1:11:49	4:40:05		9:06:31
8th Age Grouper	1:03:43	4:38:48	6:44:14	9:07:29
9th Age Grouper	1:10:15	4:37:36		9:10:49
10th Age Grouper	0:57:11	4:48:58		9:13:24
Kona Qualifier Average	0:56:01	4:43:52		8:55:33
Top 10 Age Grouper Average	1:00:23	4:43:51	6:44:14	9:02:09

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper	1:00:22	4:49:54	3:11:00	9:04:37
2nd Age Grouper	0:48:53	4:55:35	3:22:00	9:10:00
3rd Age Grouper	0:59:15	4:47:11	3:20:36	9:11:15
4th Age Grouper	1:03:59	4:52:10	3:10:39	9:12:47
5th Age Grouper	0:56:08	4:50:44	3:21:01	9:12:49
6th Age Grouper	0:53:05	5:00:22	3:21:12	9:19:33
7th Age Grouper	0:55:30	4:57:13	3:22:38	9:20:25
8th Age Grouper	0:56:47	5:00:43	3:21:26	9:23:47
9th Age Grouper	0:56:08	4:53:56	3:29:55	9:24:19
10th Age Grouper	0:58:18	5:06:04	3:19:04	9:29:23
Kona Qualifier Average	0:57:43	4:51:06	3:17:03	9:10:17
Top 10 Age Grouper Average	0:56:50	4:55:23	3:19:57	9:16:53

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	0:57:59	4:59:30	3:11:28	9:12:58
2nd Age Grouper	0:44:29	4:55:56	3:30:40	9:14:19
3rd Age Grouper	1:05:29	4:57:37	3:16:33	9:23:28
4th Age Grouper	0:54:06	5:16:28	3:09:04	9:23:41
5th Age Grouper	0:55:39	5:02:37	3:23:42	9:25:33
6th Age Grouper	0:59:22	5:06:06	3:19:01	9:28:38
7th Age Grouper	0:54:08	5:11:43	3:18:07	9:28:56
8th Age Grouper	0:59:38	5:09:43	3:17:21	9:30:39
9th Age Grouper	0:54:00	5:02:41	3:32:13	9:32:20
10th Age Grouper	0:51:11	5:18:05	3:20:54	9:34:37
Kona Qualifier Average	0:55:32	5:02:25	3:18:17	9:19:59
Top 10 Age Grouper Average	0:55:36	5:06:02	3:19:54	9:25:30