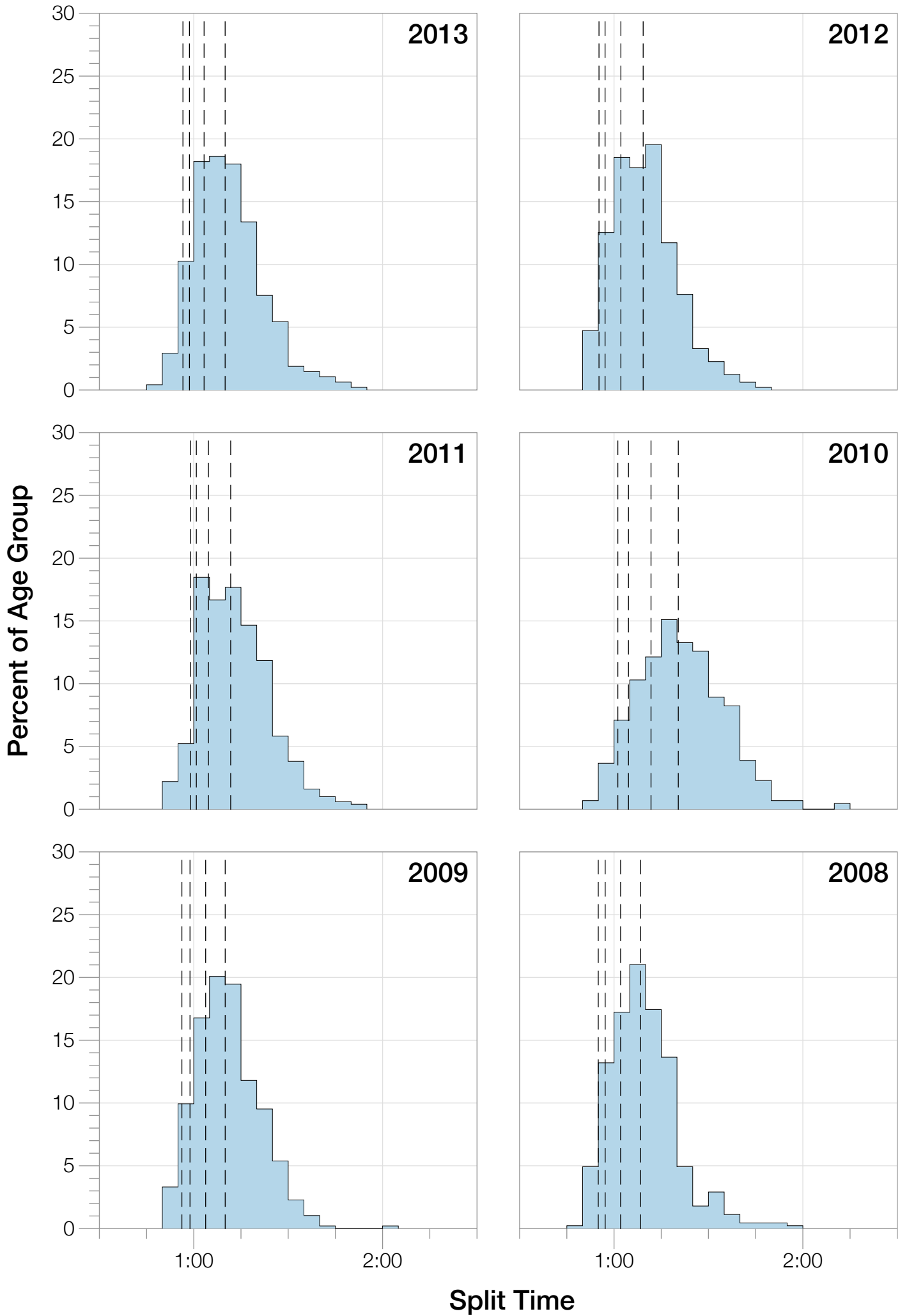


Ironman Frankfurt M40-44 Stats

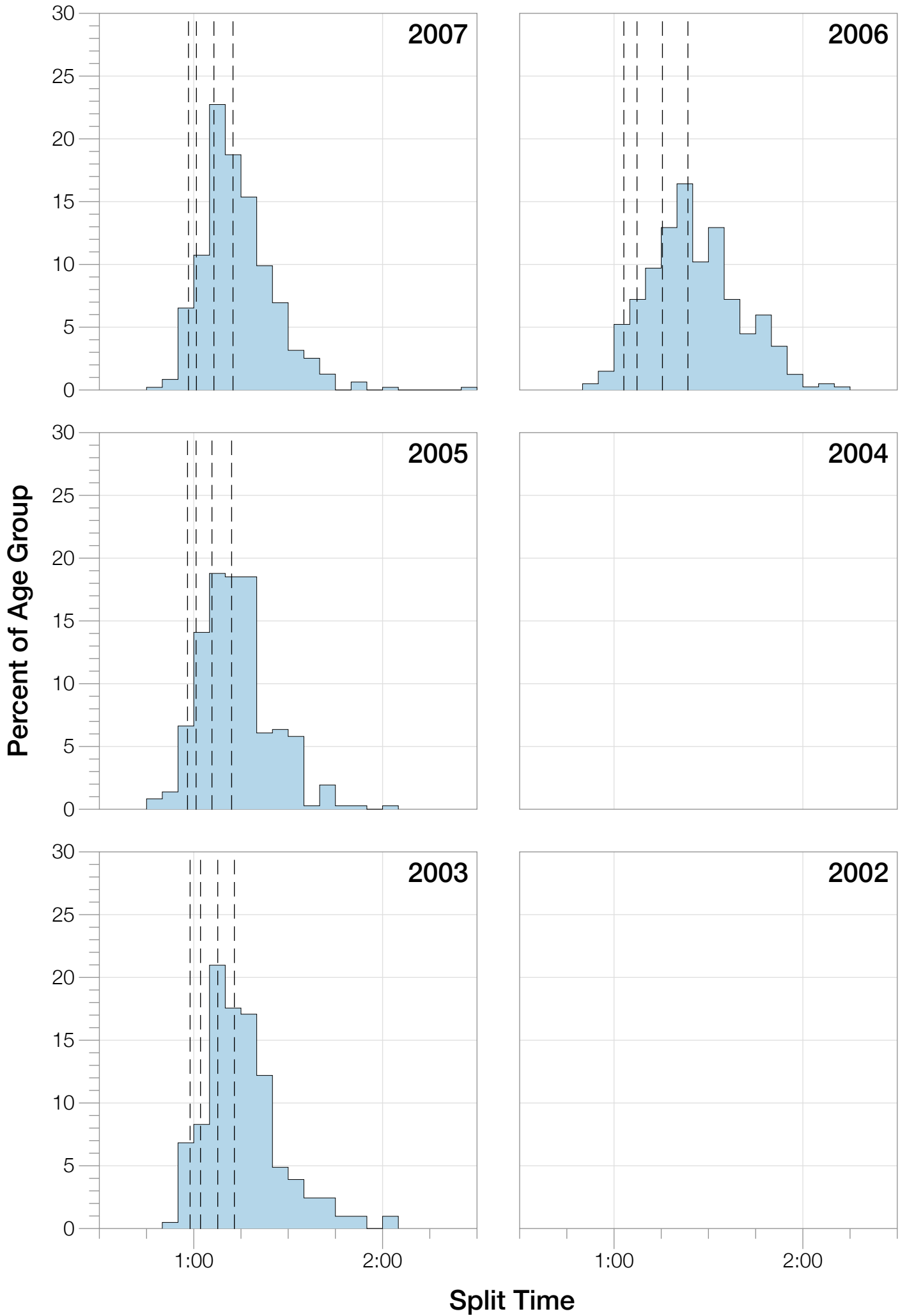
M40-44 Summary Statistics

Year	Finishers	M40-44 Finishers	Male Winner's Time	Female Winner's Time	M40-44 Winner's Time
2003	1291	209	8:12:29	9:03:11	9:18:29
2005	1730	362	8:20:50	9:15:31	9:10:41
2006	1799	410	8:13:39	9:16:17	9:22:08
2007	2121	512	8:09:15	9:04:11	8:59:08
2008	2142	482	7:59:55	8:51:24	8:44:15
2009	2128	524	7:59:15	8:58:08	8:38:21
2010	2119	476	8:05:15	9:04:27	8:55:19
2011	2220	498	8:13:50	9:12:13	9:15:43
2012	2317	487	8:03:31	8:52:33	8:57:51
2013	2460	478	7:59:58	8:56:01	8:56:34
Average	2033	444	8:07:47	9:03:23	8:12:35

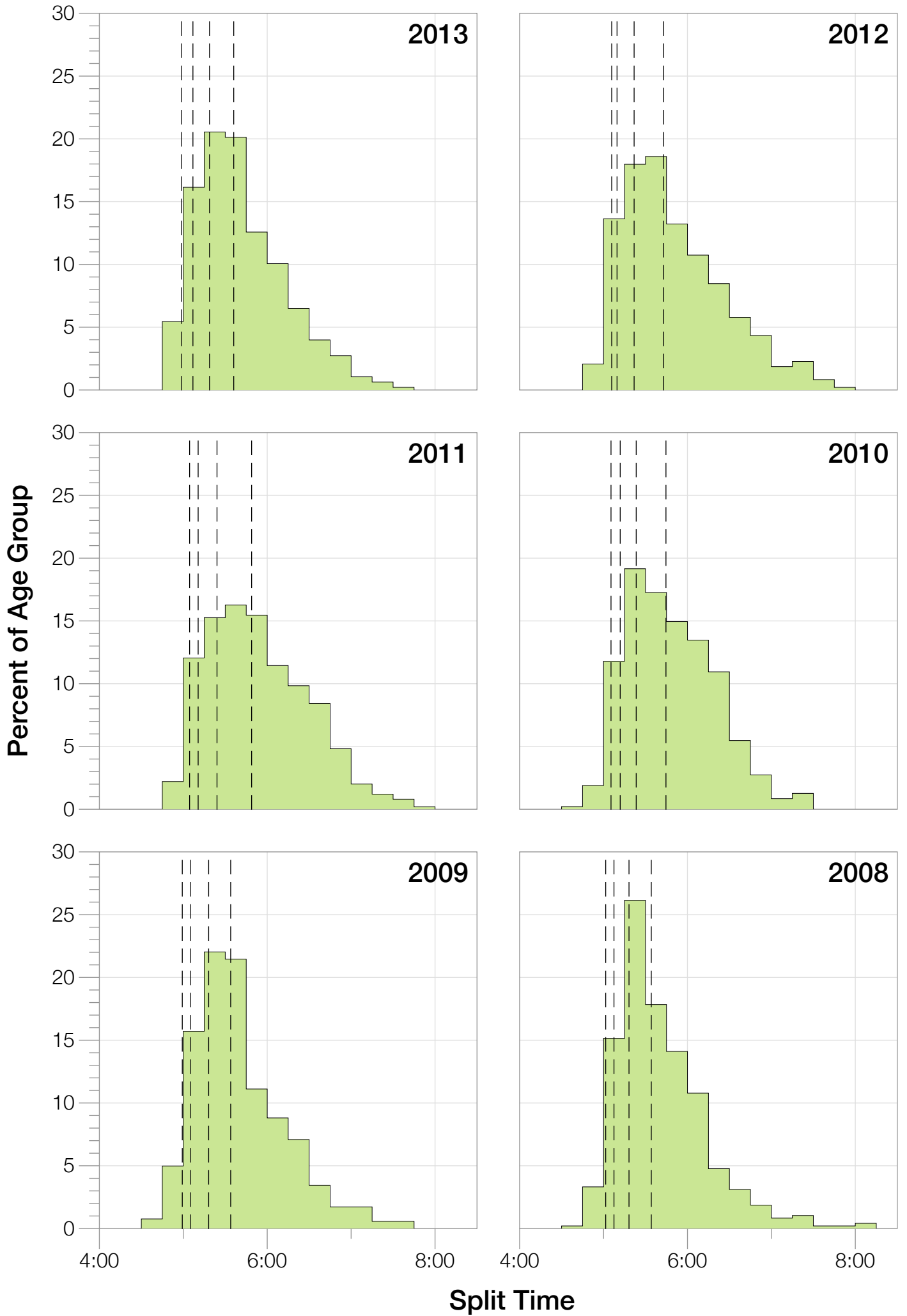
M40-44 Swim



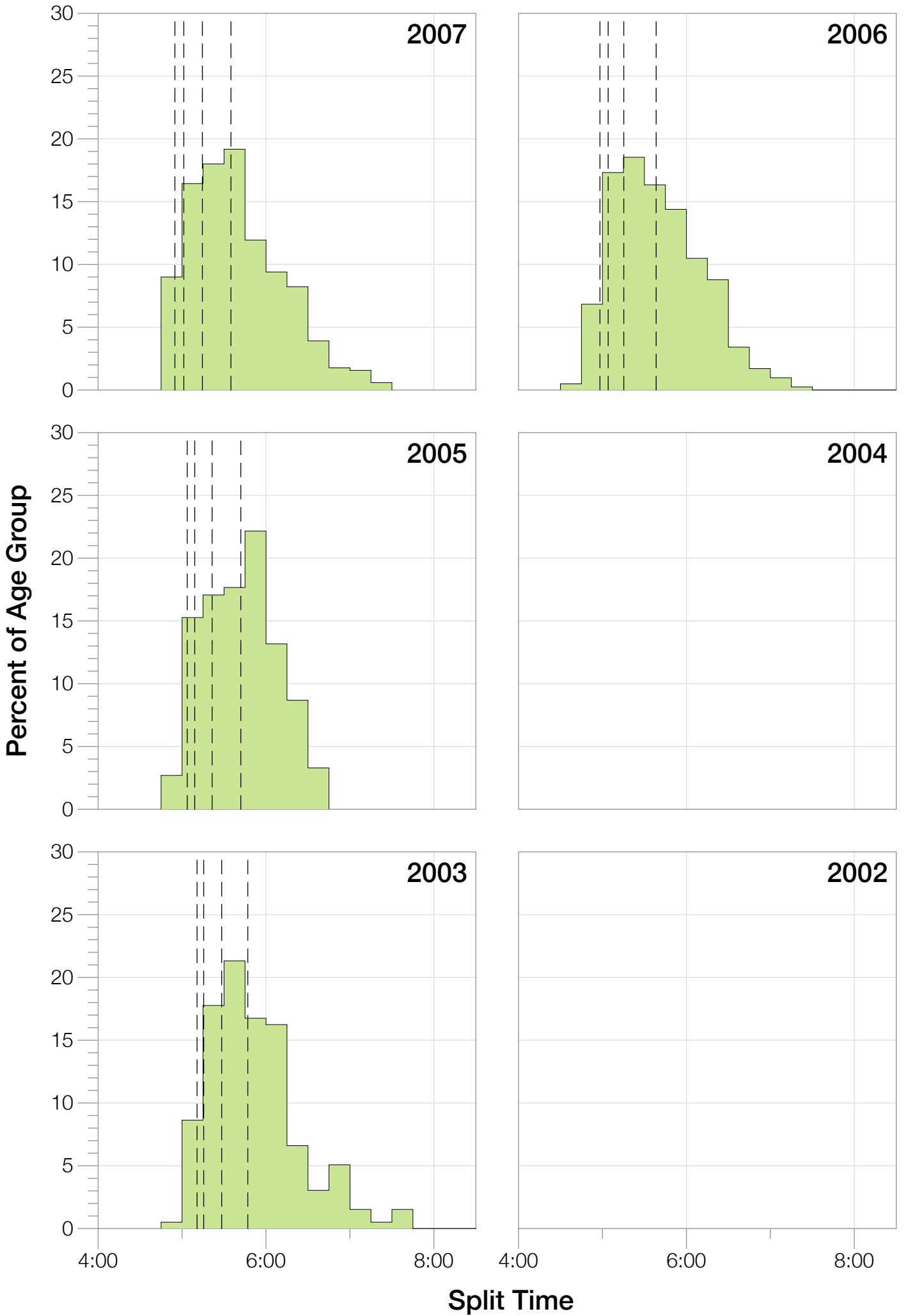
M40-44 Swim



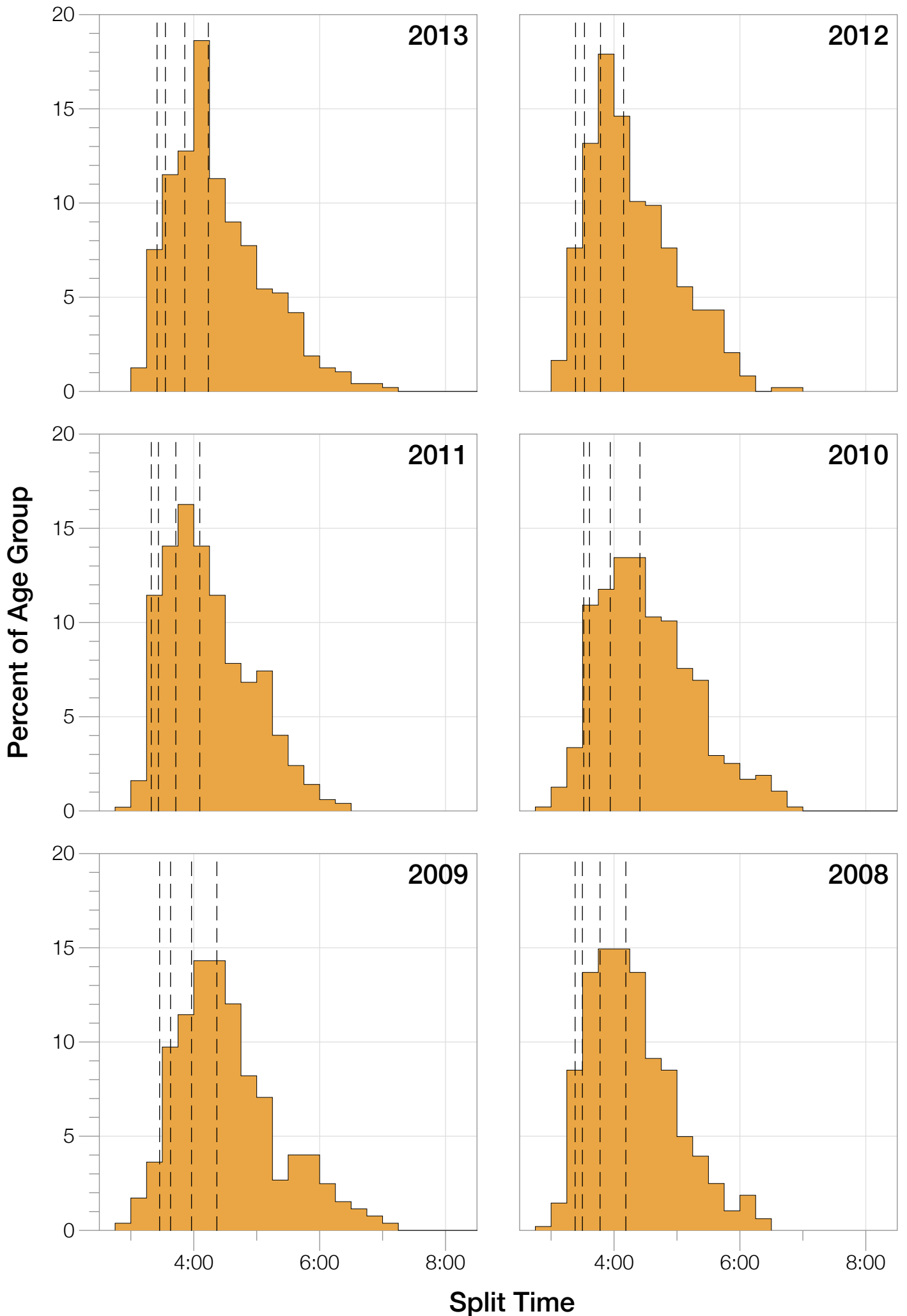
M40-44 Bike



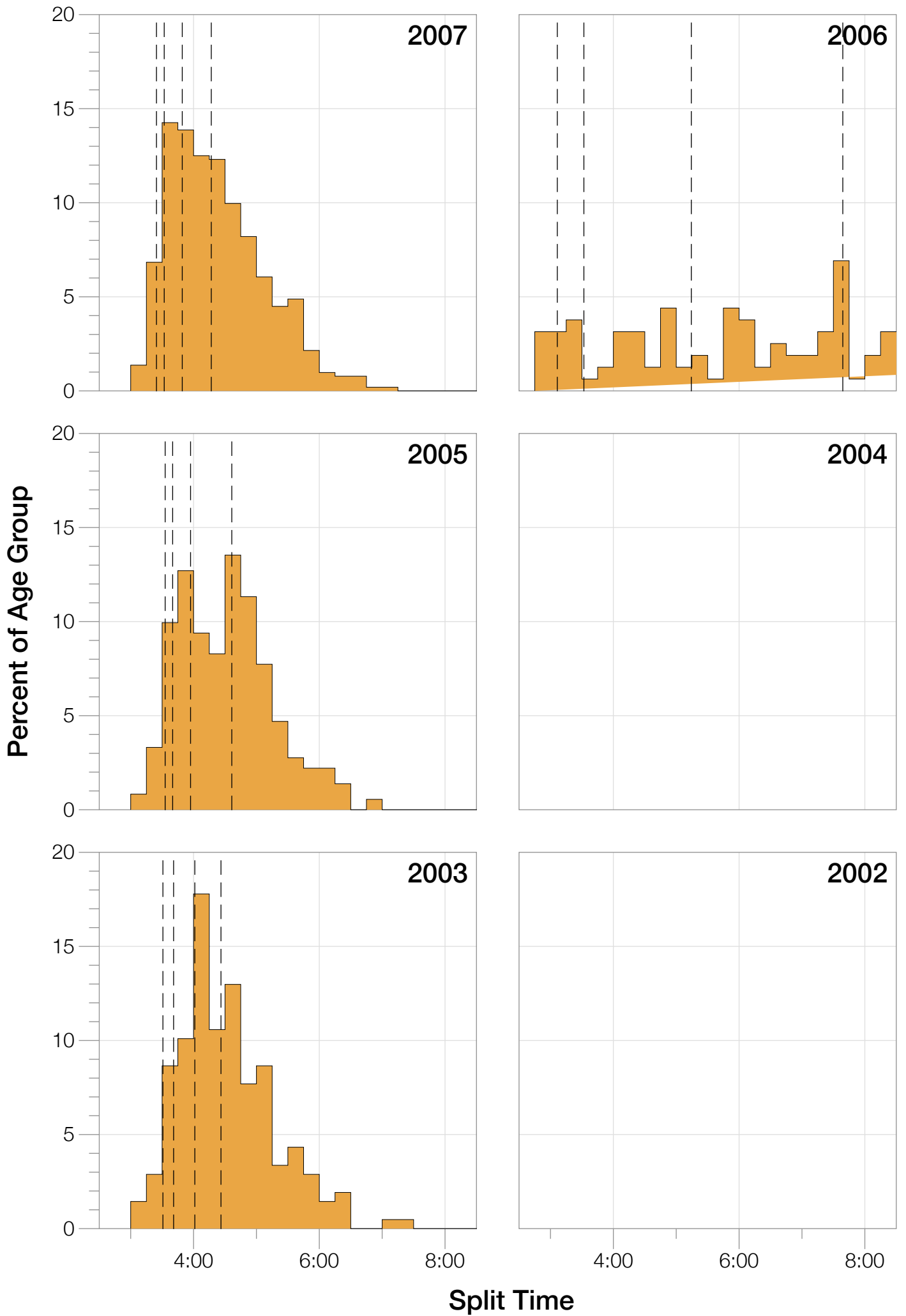
M40-44 Bike



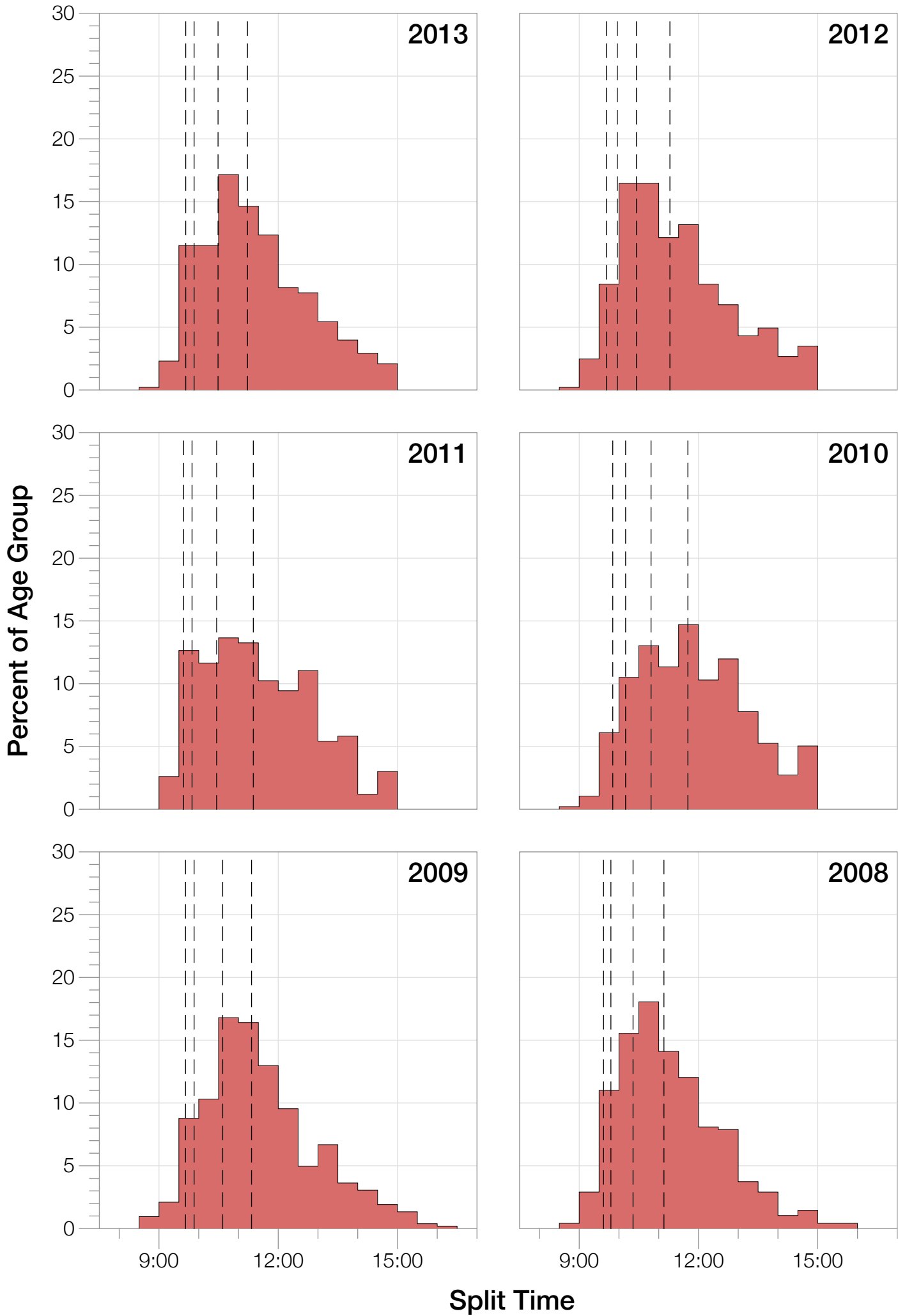
M40-44 Run



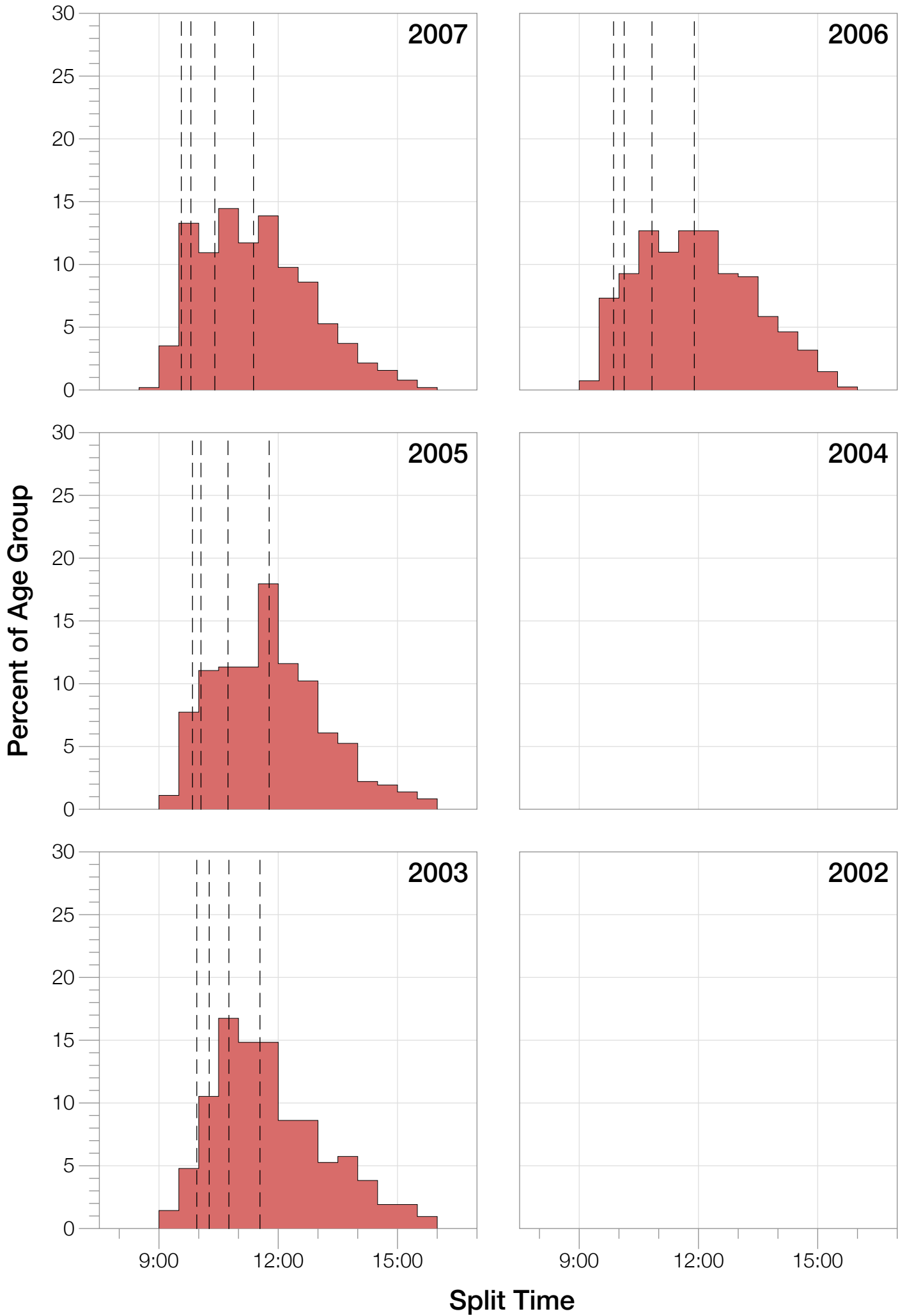
M40-44 Run



M40-44 Overall



M40-44 Overall



M40-44 Fastest Splits

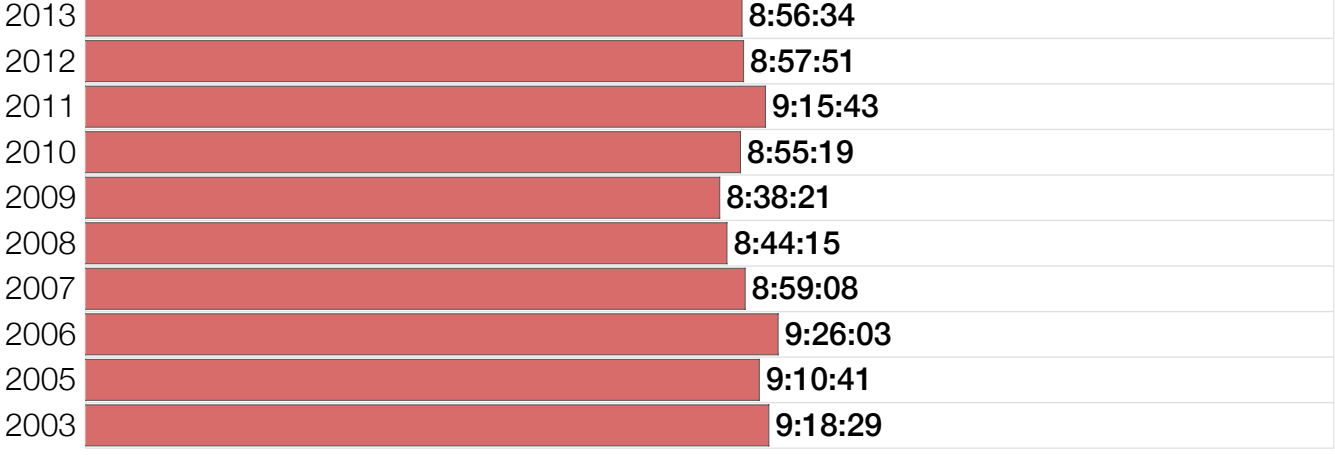
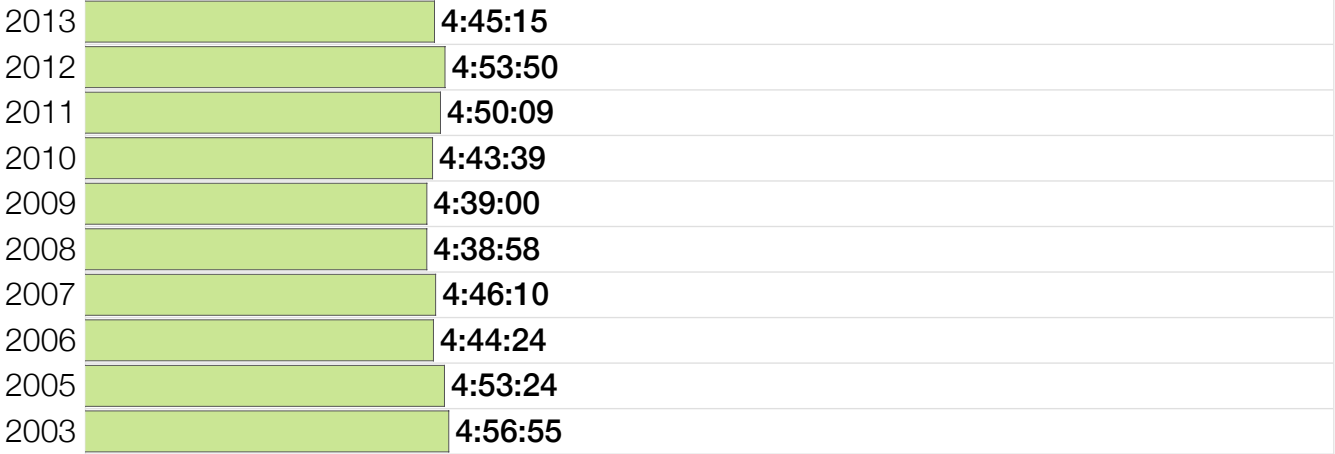
Year

Swim

Bike

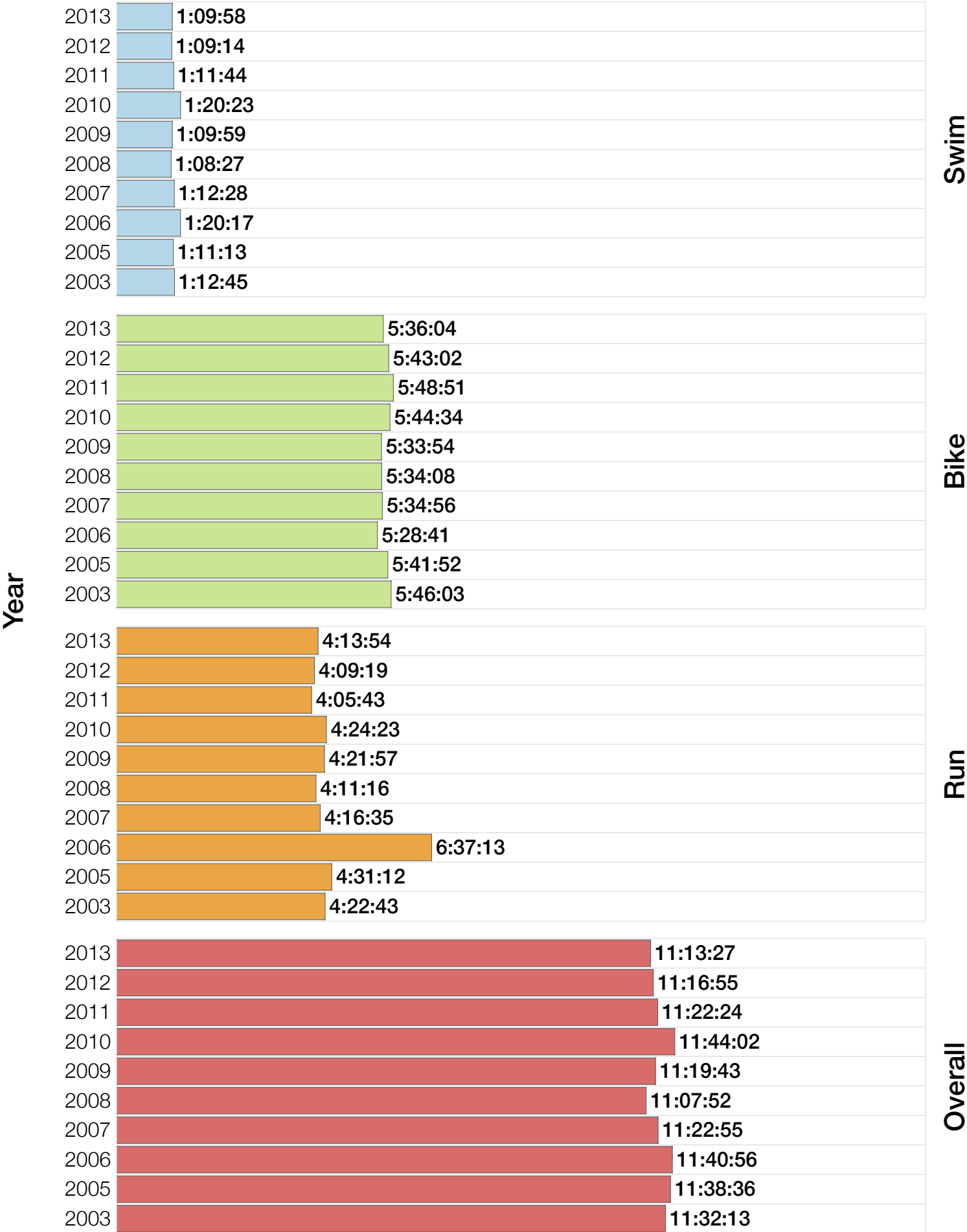
Run

Overall



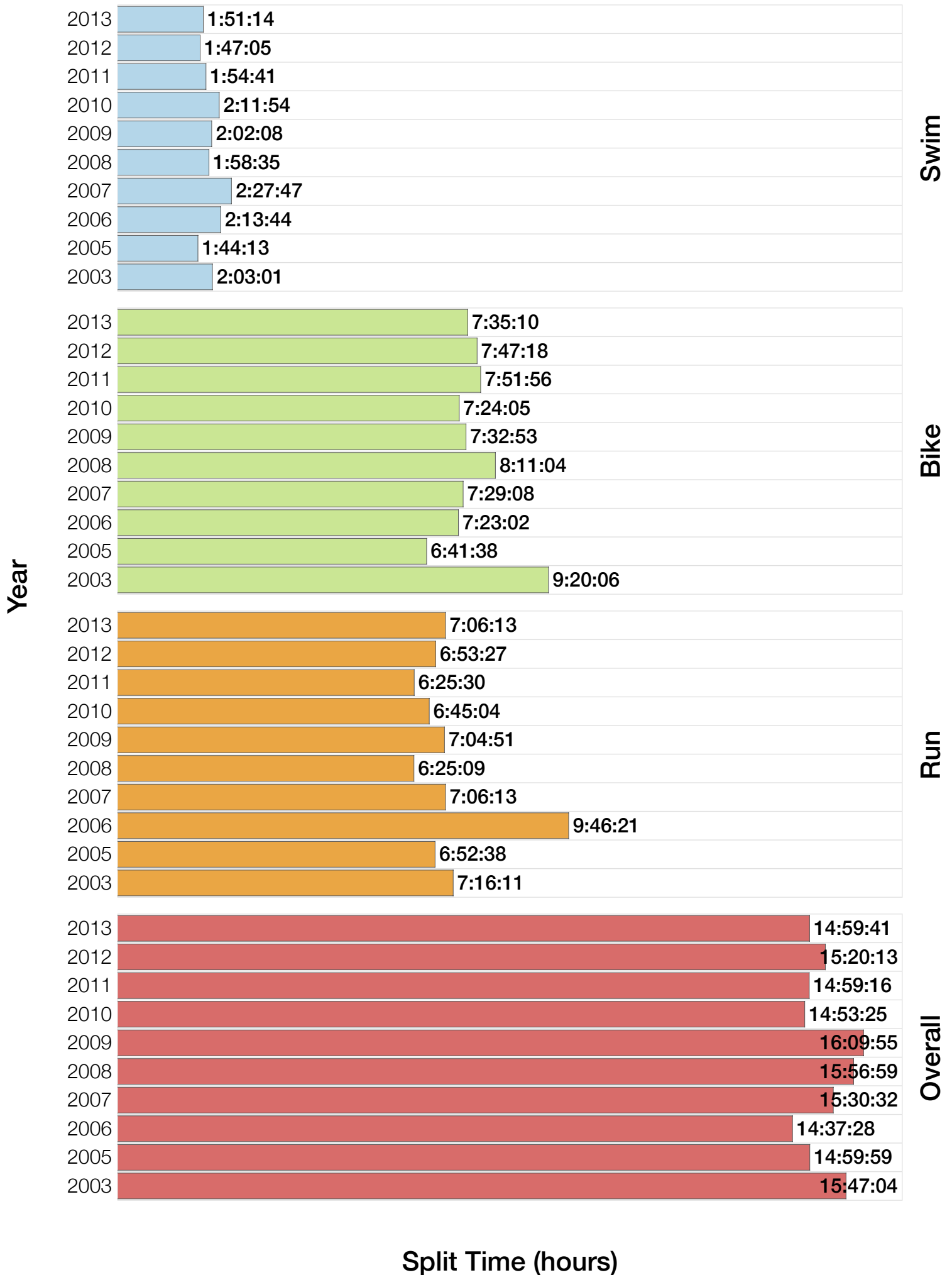
Split Time (hours)

M40-44 Median Splits



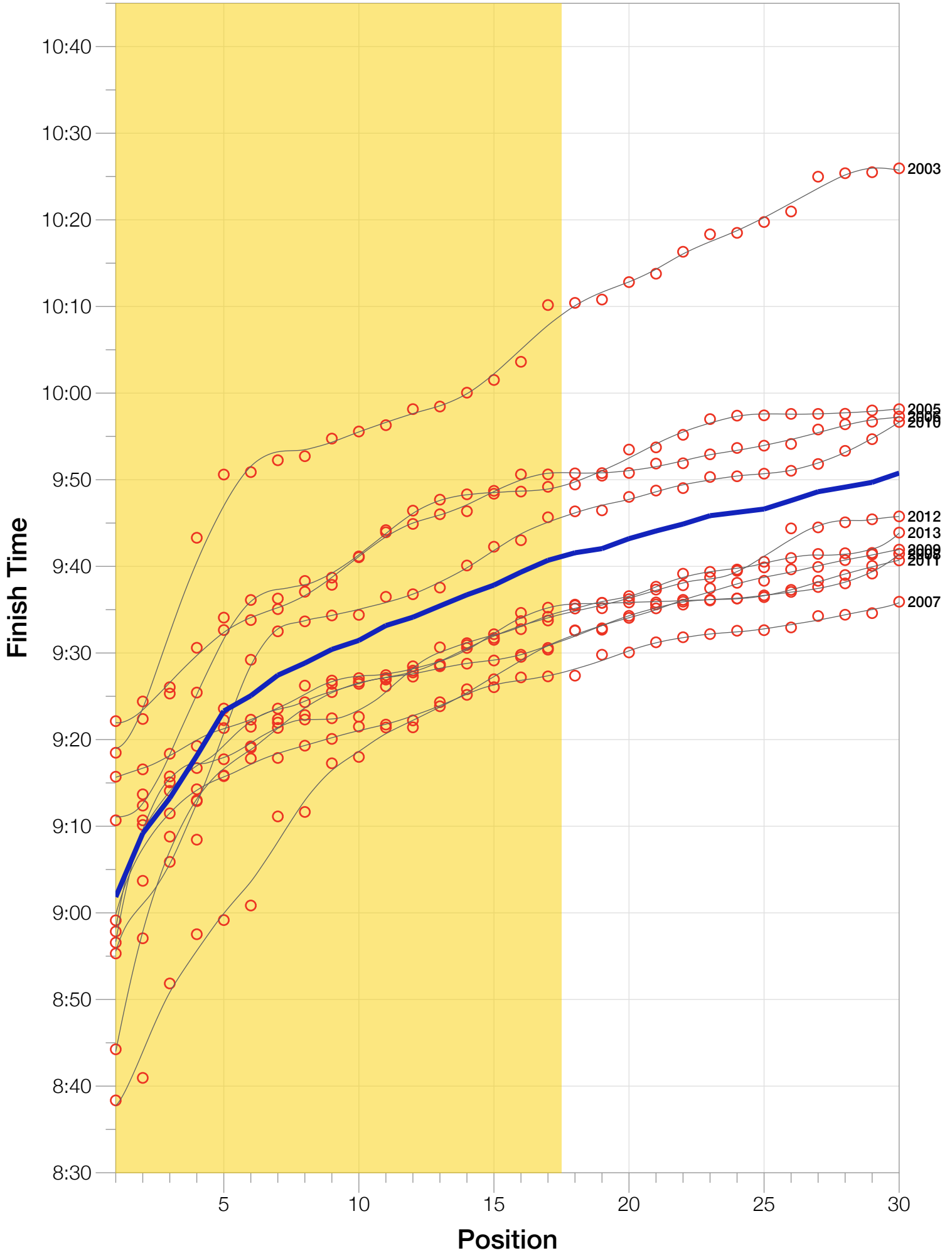
Split Time (hours)

M40-44 Slowest Splits



M40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	0:58:30	4:51:13	3:06:12	9:01:50
Average 2nd Age Grouper	1:02:39	4:55:51	3:06:24	9:09:11
Average 3rd Age Grouper	0:59:52	4:53:48	3:15:19	9:13:15
Average 4th Age Grouper	0:59:50	4:58:41	3:14:28	9:18:08
Average 5th Age Grouper	0:58:58	5:00:00	3:18:57	9:23:18
Average 6th Age Grouper	0:59:41	4:59:08	3:44:38	9:25:04
Average 7th Age Grouper	0:59:57	4:58:00	3:34:44	9:27:26
Average 8th Age Grouper	0:58:27	5:05:12	3:18:00	9:28:50
Average 9th Age Grouper	1:01:43	5:05:03	3:20:16	9:30:25
Average 10th Age Grouper	1:01:31	5:01:56	3:21:01	9:31:27
Average 11th Age Grouper	1:03:43	5:01:32	3:19:30	9:33:10
Average 12th Age Grouper	0:59:57	5:01:04	3:25:40	9:34:08
Average 13th Age Grouper	0:58:02	5:01:28	3:29:18	9:35:26
Average 14th Age Grouper	1:01:00	5:02:25	3:23:33	9:36:43
Average 15th Age Grouper	1:03:28	5:03:58	3:25:55	9:37:50
Average 16th Age Grouper	1:04:00	5:04:11	3:25:25	9:39:20
Average 17th Age Grouper	1:02:57	5:01:07	3:30:12	9:40:42
Kona Qualifier Average	1:00:49	5:00:17	3:22:25	9:27:25

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	0:52:03	4:45:57	3:13:33	8:56:34
2nd Age Grouper	1:03:07	4:51:40	3:09:27	9:10:41
3rd Age Grouper	0:52:15	4:51:50	3:24:48	9:15:45
4th Age Grouper	1:00:49	5:02:38	3:07:22	9:16:43
5th Age Grouper	0:56:09	4:45:15	3:30:31	9:17:44
6th Age Grouper	0:53:50	4:57:13	3:23:08	9:19:13
7th Age Grouper	1:02:14	4:50:17	3:22:13	9:21:58
8th Age Grouper	0:49:21	5:00:29	3:25:01	9:22:19
9th Age Grouper	0:51:39	5:06:30	3:18:17	9:22:28
10th Age Grouper	1:03:33	4:50:39	3:23:08	9:22:38
11th Age Grouper	1:14:38	4:55:30	3:09:44	9:26:09
12th Age Grouper	1:08:15	4:52:11	3:20:21	9:27:45
13th Age Grouper	1:02:19	4:58:51	3:22:24	9:30:39
14th Age Grouper	0:57:54	5:10:30	3:17:03	9:31:08
15th Age Grouper	0:49:32	5:01:15	3:34:08	9:31:31
16th Age Grouper	0:51:37	4:58:27	3:38:40	9:33:41
17th Age Grouper	1:09:02	4:55:21	3:22:54	9:33:45
Kona Qualifier Average	0:58:43	4:56:09	3:21:20	9:22:23

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	0:52:11	4:59:25	3:00:32	8:57:51
2nd Age Grouper	0:58:04	4:55:05	3:12:01	9:12:23
3rd Age Grouper	1:00:02	4:57:10	3:11:52	9:14:05
4th Age Grouper	0:54:22	5:01:11	3:13:30	9:14:16
5th Age Grouper	0:54:49	5:05:18	3:15:26	9:21:20
6th Age Grouper	0:55:21	5:03:30	3:16:22	9:21:29
7th Age Grouper	0:58:57	5:01:53	3:16:39	9:23:35
8th Age Grouper	0:59:03	5:16:30	3:04:03	9:24:19
9th Age Grouper	0:59:17	4:57:54	3:23:15	9:25:29
10th Age Grouper	0:54:18	5:08:07	3:18:11	9:26:40
11th Age Grouper	1:03:31	5:09:40	3:06:58	9:27:08
12th Age Grouper	0:54:52	5:04:15	3:23:42	9:27:58
13th Age Grouper	0:58:20	4:55:27	3:29:11	9:28:28
14th Age Grouper	1:00:48	5:09:27	3:15:06	9:30:55
15th Age Grouper	0:57:12	5:06:54	3:22:10	9:32:10
16th Age Grouper	1:07:54	4:59:14	3:19:28	9:32:45
17th Age Grouper	1:02:10	5:07:27	3:18:22	9:34:11
Kona Qualifier Average	0:58:18	5:03:26	3:15:41	9:23:14

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	0:58:42	5:03:17	3:07:02	9:15:43
2nd Age Grouper	1:07:28	5:04:57	2:58:58	9:16:34
3rd Age Grouper	1:04:20	4:54:27	3:13:41	9:18:22
4th Age Grouper	0:54:35	5:11:56	3:06:15	9:19:16
5th Age Grouper	1:01:30	4:59:25	3:14:29	9:22:15
6th Age Grouper	0:50:09	4:59:49	3:24:45	9:22:18
7th Age Grouper	0:59:35	4:50:09	3:25:39	9:22:21
8th Age Grouper	1:02:04	4:53:24	3:22:56	9:26:14
9th Age Grouper	0:54:18	4:55:01	3:31:09	9:26:49
10th Age Grouper	0:57:52	5:00:57	3:21:56	9:27:06
11th Age Grouper	0:57:24	5:03:14	3:18:34	9:27:27
12th Age Grouper	0:54:31	4:58:37	3:30:29	9:28:28
13th Age Grouper	0:54:53	4:59:38	3:27:56	9:28:41
14th Age Grouper	0:54:54	5:09:46	3:20:34	9:30:35
15th Age Grouper	1:01:06	5:08:06	3:15:31	9:31:44
16th Age Grouper	1:01:05	5:00:19	3:25:07	9:34:38
17th Age Grouper	1:03:44	5:09:07	3:15:01	9:35:14
Kona Qualifier Average	0:58:42	5:01:18	3:18:49	9:25:30

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	1:02:18	4:43:39	3:04:37	8:55:19
2nd Age Grouper	0:56:33	4:50:17	3:13:20	9:03:42
3rd Age Grouper	1:03:58	4:59:07	2:58:38	9:05:53
4th Age Grouper	1:01:58	4:51:45	3:10:50	9:08:27
5th Age Grouper	0:57:02	4:58:20	3:23:42	9:23:35
6th Age Grouper	0:58:35	5:00:18	3:25:40	9:29:13
7th Age Grouper	0:55:13	4:54:21	3:37:26	9:32:30
8th Age Grouper	0:59:34	4:55:43	3:34:19	9:33:39
9th Age Grouper	0:57:02	5:05:24	3:27:01	9:34:20
10th Age Grouper	1:17:07	5:01:41	3:10:23	9:34:24
11th Age Grouper	0:53:01	5:06:30	3:31:28	9:36:29
12th Age Grouper	1:05:35	5:11:53	3:13:15	9:36:47
13th Age Grouper	0:52:52	5:08:07	3:31:31	9:37:33
14th Age Grouper	0:59:06	5:00:50	3:35:48	9:40:06
15th Age Grouper	0:55:14	5:16:22	3:22:52	9:42:16
16th Age Grouper	1:14:25	5:03:59	3:18:58	9:43:01
17th Age Grouper	1:02:16	4:57:52	3:40:38	9:45:40
Kona Qualifier Average	1:00:41	5:00:21	3:22:22	9:28:24

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	0:55:57	4:39:00	2:58:11	8:38:21
2nd Age Grouper	0:53:49	4:42:04	3:00:29	8:40:57
3rd Age Grouper	0:53:51	4:41:54	3:11:54	8:51:51
4th Age Grouper	1:00:24	4:52:57	2:58:28	8:57:32
5th Age Grouper	0:53:52	4:50:15	3:09:36	8:59:10
6th Age Grouper	0:56:01	4:44:09	3:16:05	9:00:51
7th Age Grouper	0:58:33			9:11:08
8th Age Grouper	0:54:25	5:03:18	3:08:05	9:11:39
9th Age Grouper	1:04:06	4:54:08	3:13:55	9:17:16
10th Age Grouper	0:52:15	4:55:48	3:25:10	9:18:00
11th Age Grouper	0:52:02	5:05:02	3:19:56	9:21:24
12th Age Grouper	0:53:26	5:00:21	3:22:40	9:21:25
13th Age Grouper	0:51:09	4:59:58	3:27:12	9:24:19
14th Age Grouper	0:57:26	4:55:11	3:26:33	9:25:10
15th Age Grouper	1:12:25	4:57:54	3:10:40	9:26:58
16th Age Grouper	0:56:18	4:55:08	3:32:45	9:29:33
17th Age Grouper	0:54:27	4:58:24	3:32:45	9:30:35
Kona Qualifier Average	0:56:29	4:53:28	3:15:54	9:10:57

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	0:54:01	4:38:58	3:06:38	8:44:15
2nd Age Grouper		5:11:05	2:51:33	8:57:04
3rd Age Grouper	0:57:46	4:56:29	3:09:32	9:08:48
4th Age Grouper	0:54:50	4:50:29	3:20:42	9:13:00
5th Age Grouper	1:00:21	5:04:55	3:04:36	9:15:47
6th Age Grouper	1:00:11	4:59:04	3:15:23	9:19:03
7th Age Grouper	0:52:14	5:00:31	3:24:11	9:21:21
8th Age Grouper	0:49:52	5:22:42	3:04:50	9:22:50
9th Age Grouper	1:04:49	4:58:21	3:18:08	9:26:26
10th Age Grouper	1:07:46	5:02:28	3:11:16	9:26:26
11th Age Grouper	0:55:58	4:58:14	3:28:29	9:26:56
12th Age Grouper	0:53:53	4:56:51	3:30:51	9:27:16
13th Age Grouper	0:52:54	4:54:38	3:35:00	9:28:39
14th Age Grouper	0:54:53	4:58:53	3:30:09	9:28:46
15th Age Grouper	1:05:58	4:57:22	3:19:01	9:29:08
16th Age Grouper	0:58:34	5:06:45	3:16:54	9:29:48
17th Age Grouper	1:02:03	4:54:30	3:27:35	9:30:23
Kona Qualifier Average	0:57:52	4:59:32	3:17:20	9:19:45

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	1:00:18	4:49:44	3:04:26	8:59:08
2nd Age Grouper	1:13:52	4:48:20	3:02:11	9:10:09
3rd Age Grouper	1:00:45	4:58:28	3:07:41	9:11:29
4th Age Grouper	0:58:58	4:54:50	3:11:36	9:12:54
5th Age Grouper	0:55:39	5:05:57	3:07:46	9:15:52
6th Age Grouper	1:05:30	4:49:40	3:17:59	9:17:49
7th Age Grouper	0:57:38	4:50:19	3:24:50	9:17:53
8th Age Grouper	0:59:00	5:01:40	3:12:49	9:19:18
9th Age Grouper	1:07:28	4:46:10	3:19:37	9:20:05
10th Age Grouper	1:03:19	4:52:55	3:18:21	9:21:30
11th Age Grouper	1:01:20	4:59:53	3:15:28	9:21:44
12th Age Grouper		5:01:15	3:09:35	9:22:13
13th Age Grouper	0:57:40	4:53:04	3:27:05	9:23:51
14th Age Grouper	0:56:50	4:58:53	3:23:47	9:25:49
15th Age Grouper	1:00:51	4:50:31	3:29:14	9:26:03
16th Age Grouper	1:05:33	4:54:50	3:21:49	9:27:11
17th Age Grouper	0:59:40	4:52:01	3:28:57	9:27:18
Kona Qualifier Average	1:01:31	4:54:37	3:16:39	9:18:50

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	1:10:16	4:51:45		9:22:08
2nd Age Grouper	1:13:36	4:52:05		9:22:23
3rd Age Grouper	1:13:44	4:44:24	3:29:38	9:26:03
4th Age Grouper	1:05:04	5:10:20		9:30:36
5th Age Grouper	1:15:45	4:56:42		9:32:39
6th Age Grouper	1:07:17	5:02:50	7:15:41	9:33:48
7th Age Grouper	1:04:31	4:53:09	4:55:08	9:35:04
8th Age Grouper	1:10:21	4:48:05		9:37:04
9th Age Grouper	1:05:09	4:54:04		9:37:52
10th Age Grouper	1:06:03	4:54:28		9:41:09
11th Age Grouper	1:06:56	4:51:10	3:11:27	9:44:11
12th Age Grouper	1:07:06	4:59:45		9:44:54
13th Age Grouper	1:05:31	4:58:15		9:46:01
14th Age Grouper	1:18:36	4:52:11	2:48:20	9:46:22
15th Age Grouper	1:21:31	5:01:52		9:48:43
16th Age Grouper	1:09:40	5:11:28		9:50:37
17th Age Grouper	1:07:26	5:02:33		9:50:37
Kona Qualifier Average	1:09:54	4:56:46	4:20:02	9:38:14

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper	1:01:32	4:53:24	3:11:37	9:10:41
2nd Age Grouper	0:55:50	4:55:15	3:18:54	9:13:41
3rd Age Grouper	0:55:36	4:53:58	3:20:13	9:15:04
4th Age Grouper	1:02:02	4:53:53	3:25:02	9:25:26
5th Age Grouper	0:55:52	4:58:39	3:33:26	9:34:05
6th Age Grouper	1:01:16	5:03:47	3:25:58	9:36:07
7th Age Grouper	1:11:17	5:08:29	3:11:04	9:36:17
8th Age Grouper	0:55:21	5:17:35	3:19:40	9:38:19
9th Age Grouper	1:04:22	5:18:40	3:10:52	9:38:42
10th Age Grouper	0:48:57	5:04:02	3:42:58	9:41:03
11th Age Grouper	1:13:52	4:57:16	3:28:15	9:43:56
12th Age Grouper	0:58:48	4:58:18	3:43:44	9:46:26
13th Age Grouper	1:04:04	5:18:50	3:18:31	9:47:42
14th Age Grouper	1:04:10	5:05:47	3:31:19	9:48:19
15th Age Grouper	1:07:27	5:02:19	3:33:06	9:48:23
16th Age Grouper	1:16:28	5:01:26	3:24:31	9:48:38
17th Age Grouper	0:57:59	4:58:33	3:47:35	9:49:11
Kona Qualifier Average	1:02:03	5:02:57	3:26:16	9:36:35

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	0:57:44	5:07:01	3:09:13	9:18:29
2nd Age Grouper	1:01:36	5:07:42	3:10:51	9:24:24
3rd Age Grouper	0:56:23	5:00:13	3:25:13	9:25:19
4th Age Grouper	1:05:24	4:56:55	3:36:32	9:43:18
5th Age Grouper	0:58:49	5:15:23	3:31:01	9:50:36
6th Age Grouper	1:08:49	5:11:04	3:25:24	9:50:53
7th Age Grouper	0:59:20	5:12:59	3:35:28	9:52:15
8th Age Grouper	1:05:29	5:12:35	3:30:20	9:52:43
9th Age Grouper	1:09:05	5:54:20		9:54:45
10th Age Grouper	1:04:02	5:28:19	3:17:54	9:55:34
11th Age Grouper	1:18:29	5:08:54	3:24:42	9:56:18
12th Age Grouper	1:03:07	5:07:15	3:36:30	9:58:09
13th Age Grouper	1:00:38	5:07:53	3:44:54	9:58:27
14th Age Grouper	1:05:32	5:02:43	3:46:53	10:00:03
15th Age Grouper		5:17:07	3:46:37	10:01:31
16th Age Grouper	0:58:34	5:30:15	3:30:37	10:03:37
17th Age Grouper	1:10:44	5:15:30	3:38:03	10:10:10
Kona Qualifier Average	1:03:59	5:13:53	3:30:38	9:50:23