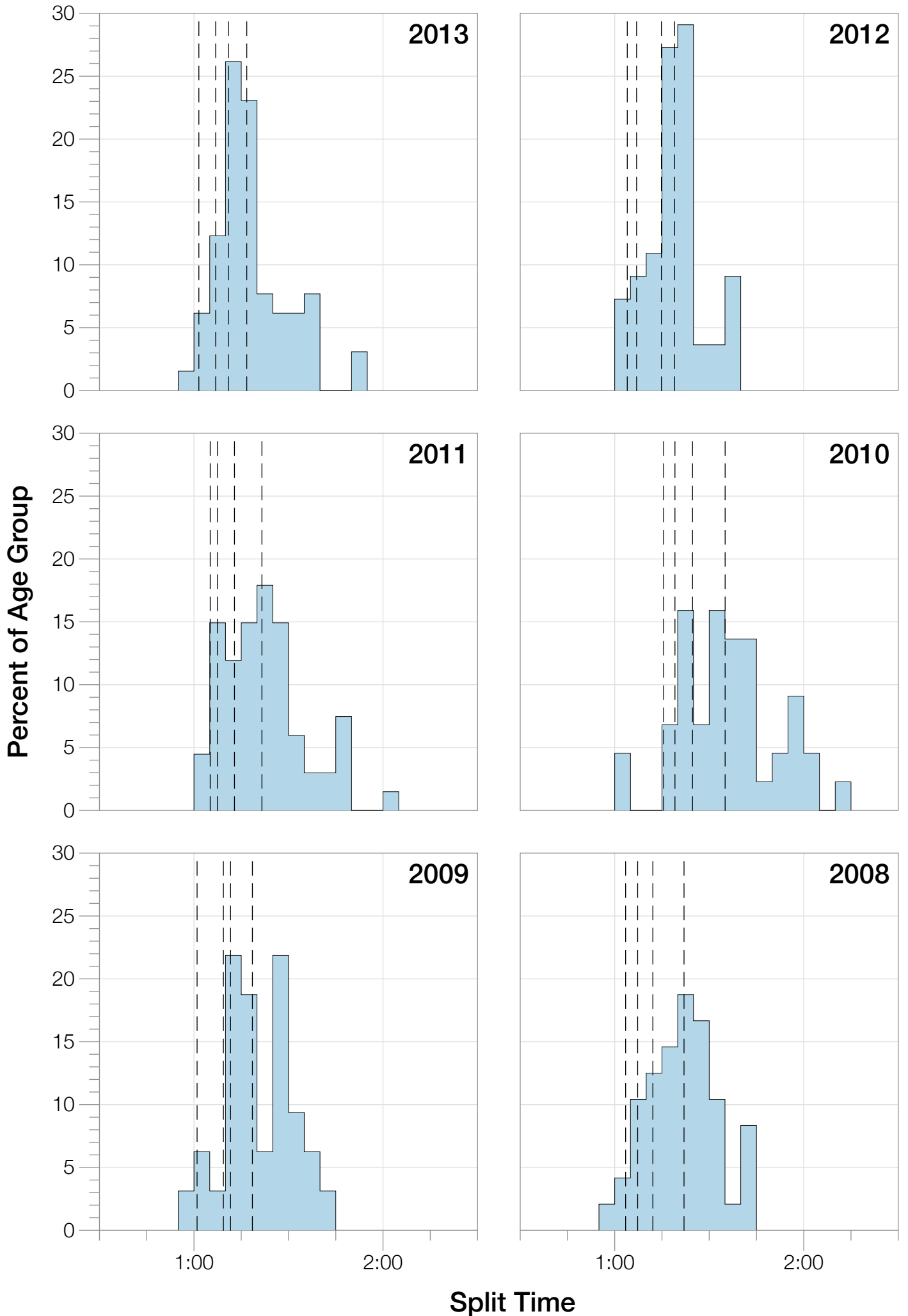


Ironman Frankfurt M55-59 Stats

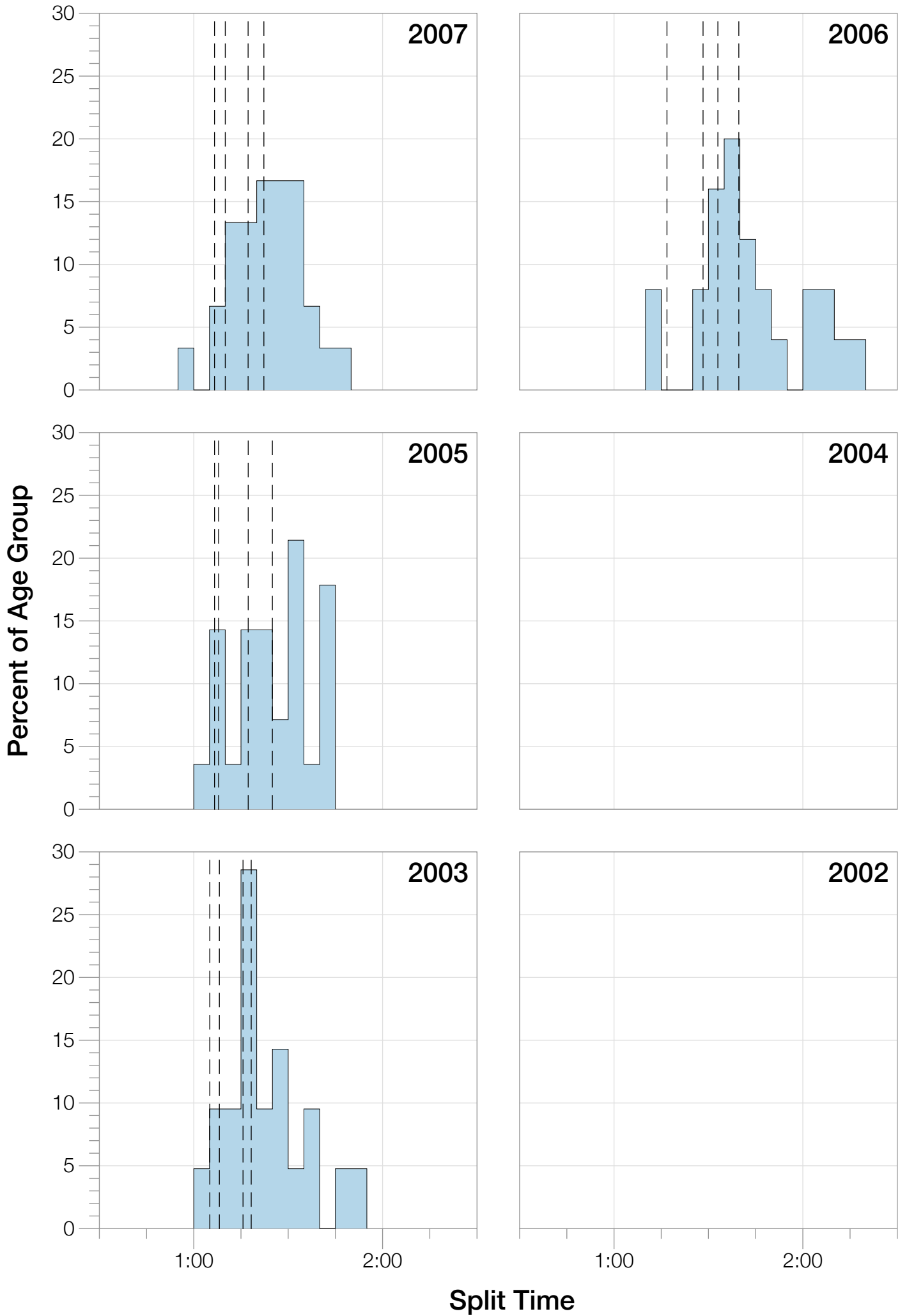
M55-59 Summary Statistics

Year	Finishers	M55-59 Finishers	Male Winner's Time	Female Winner's Time	M55-59 Winner's Time
2003	1291	21	8:12:29	9:03:11	9:44:32
2005	1730	28	8:20:50	9:15:31	10:19:15
2006	1799	25	8:13:39	9:16:17	10:35:13
2007	2121	30	8:09:15	9:04:11	10:37:49
2008	2142	48	7:59:55	8:51:24	10:05:29
2009	2128	32	7:59:15	8:58:08	10:08:06
2010	2119	44	8:05:15	9:04:27	10:39:03
2011	2220	67	8:13:50	9:12:13	10:10:29
2012	2317	56	8:03:31	8:52:33	10:07:27
2013	2460	85	7:59:58	8:56:01	10:03:02
Average	2033	44	8:07:47	9:03:23	9:19:07

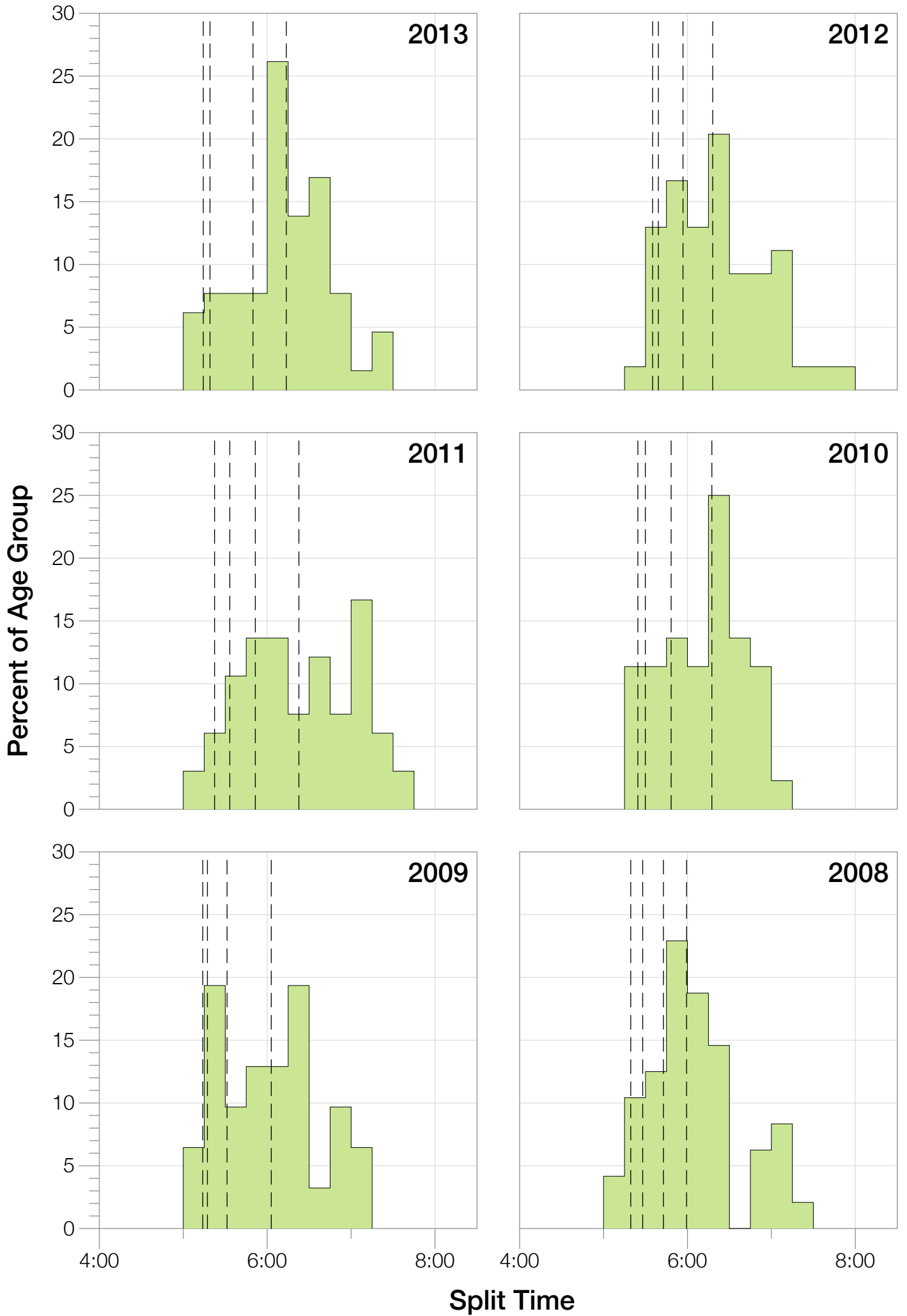
M55-59 Swim



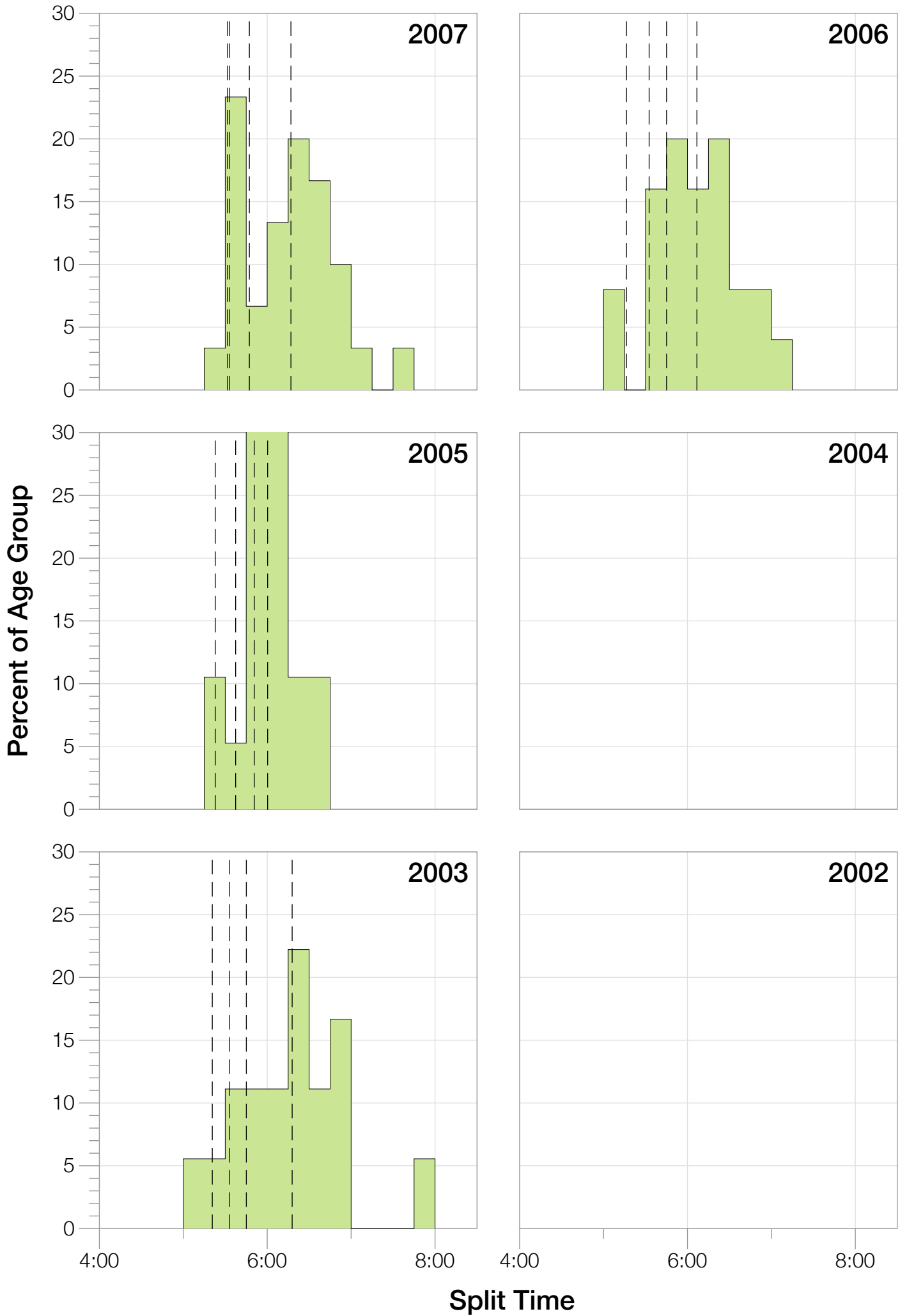
M55-59 Swim



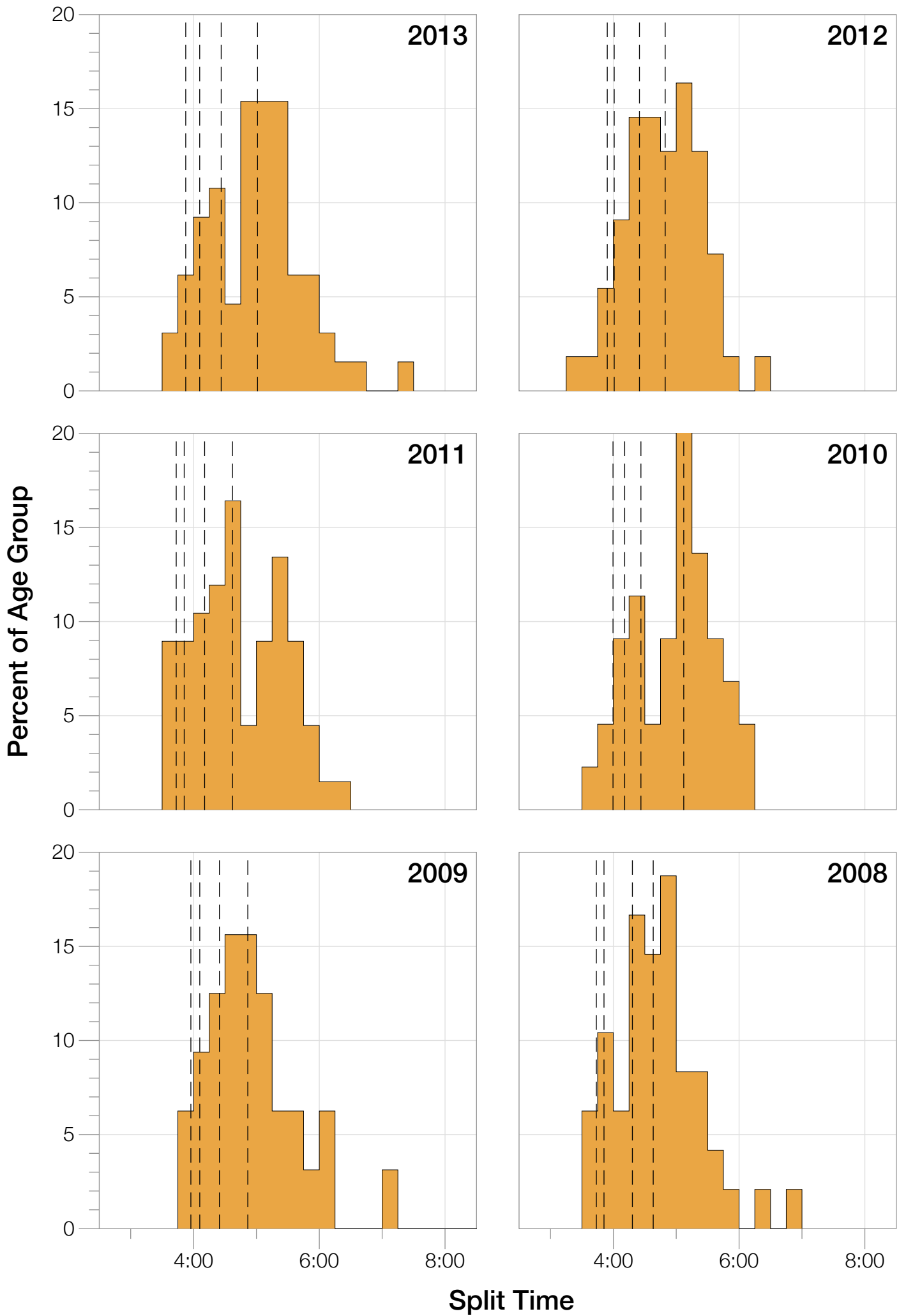
M55-59 Bike



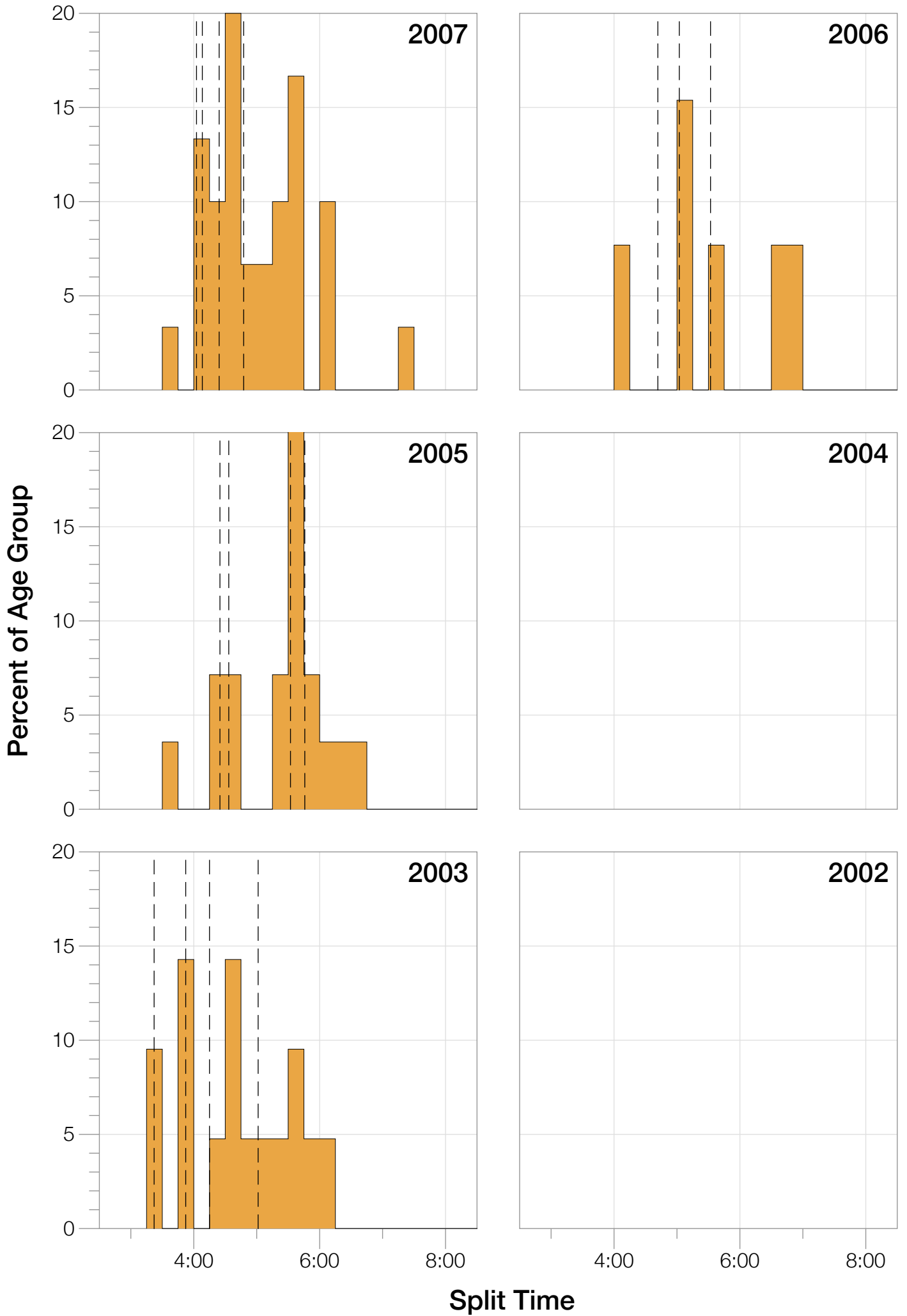
M55-59 Bike



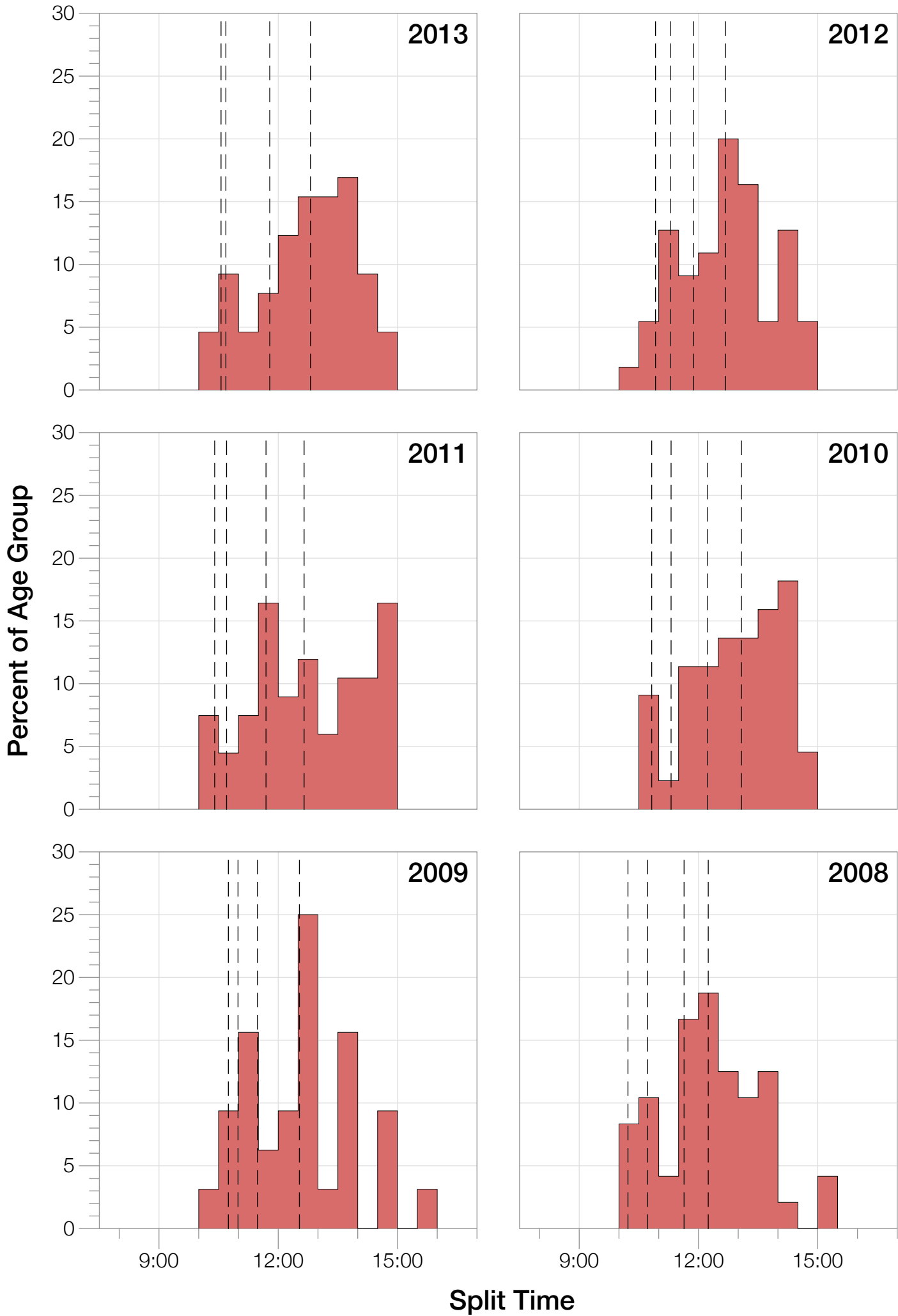
M55-59 Run



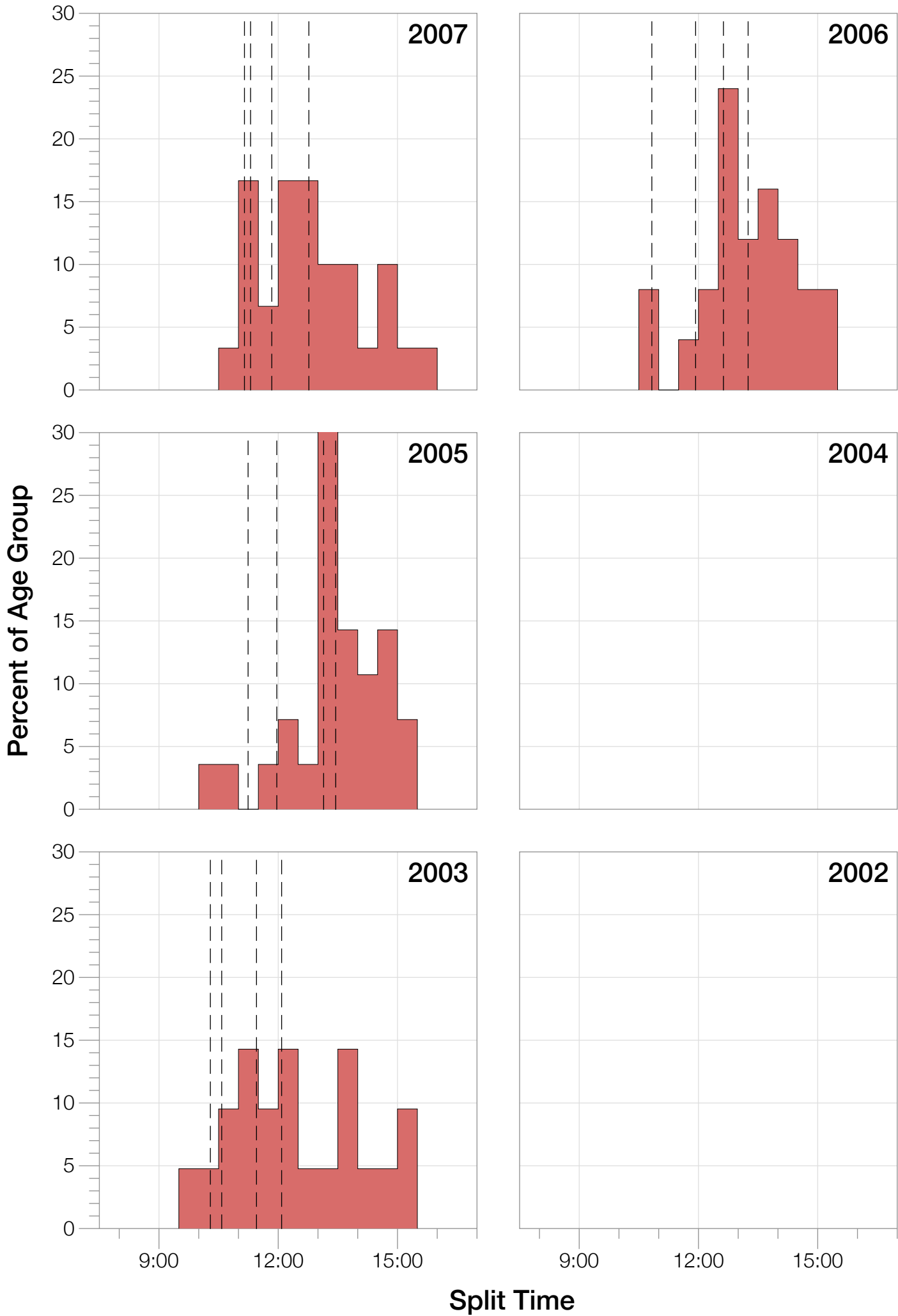
M55-59 Run



M55-59 Overall



M55-59 Overall



M55-59 Fastest Splits

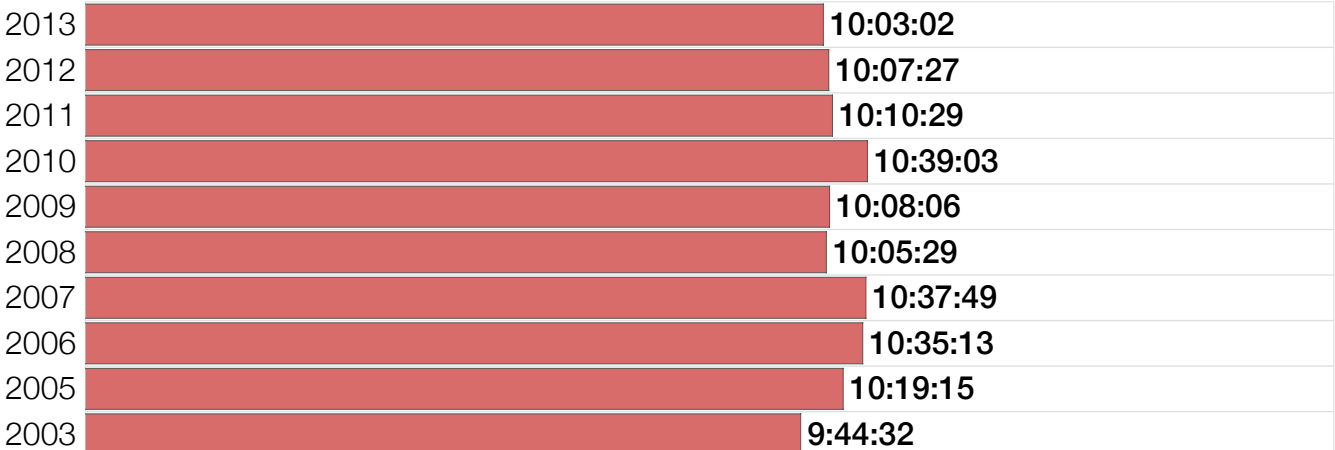
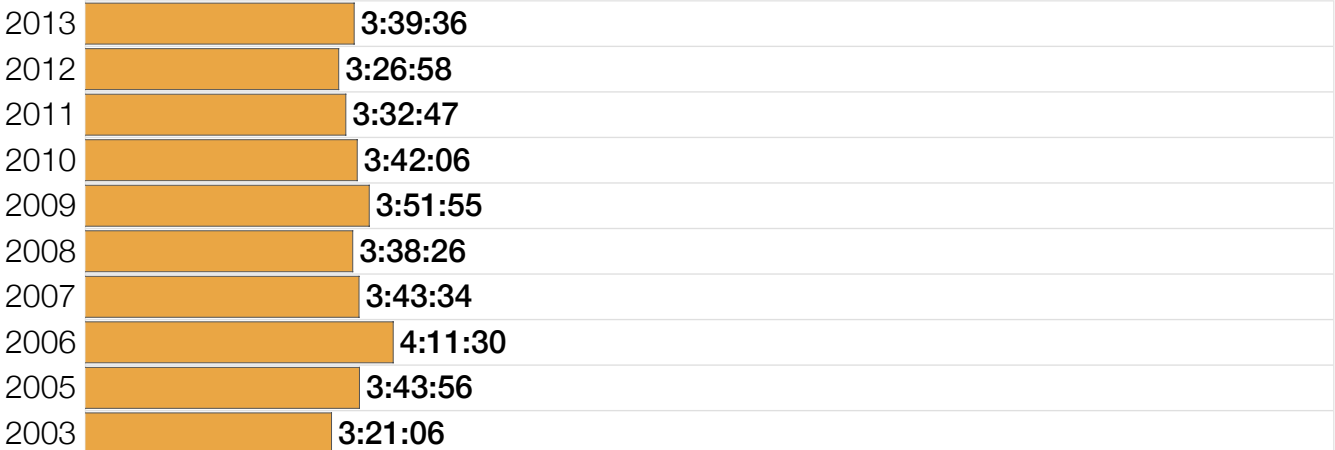
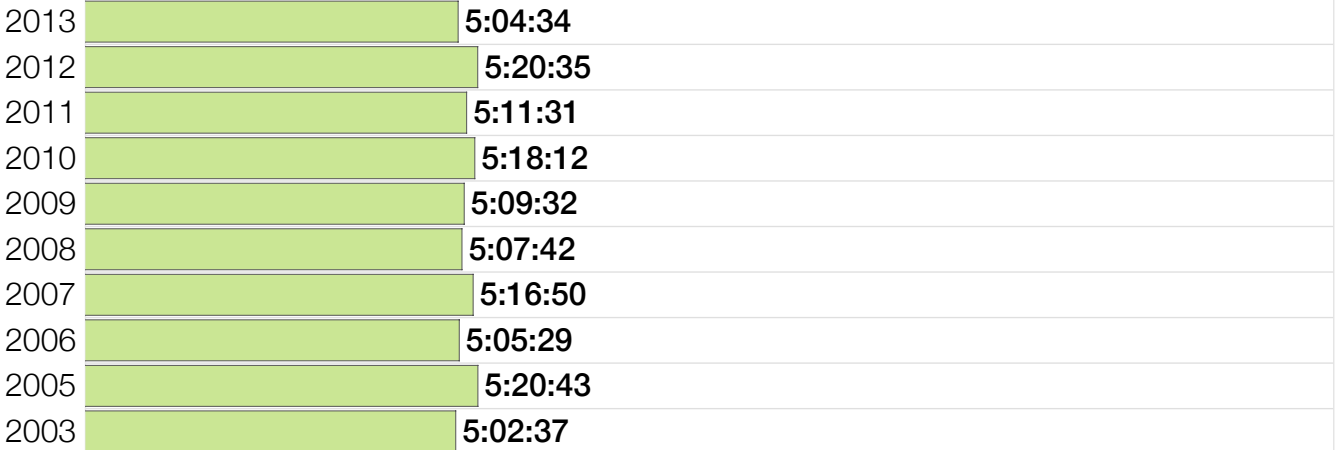
Year

Swim

Bike

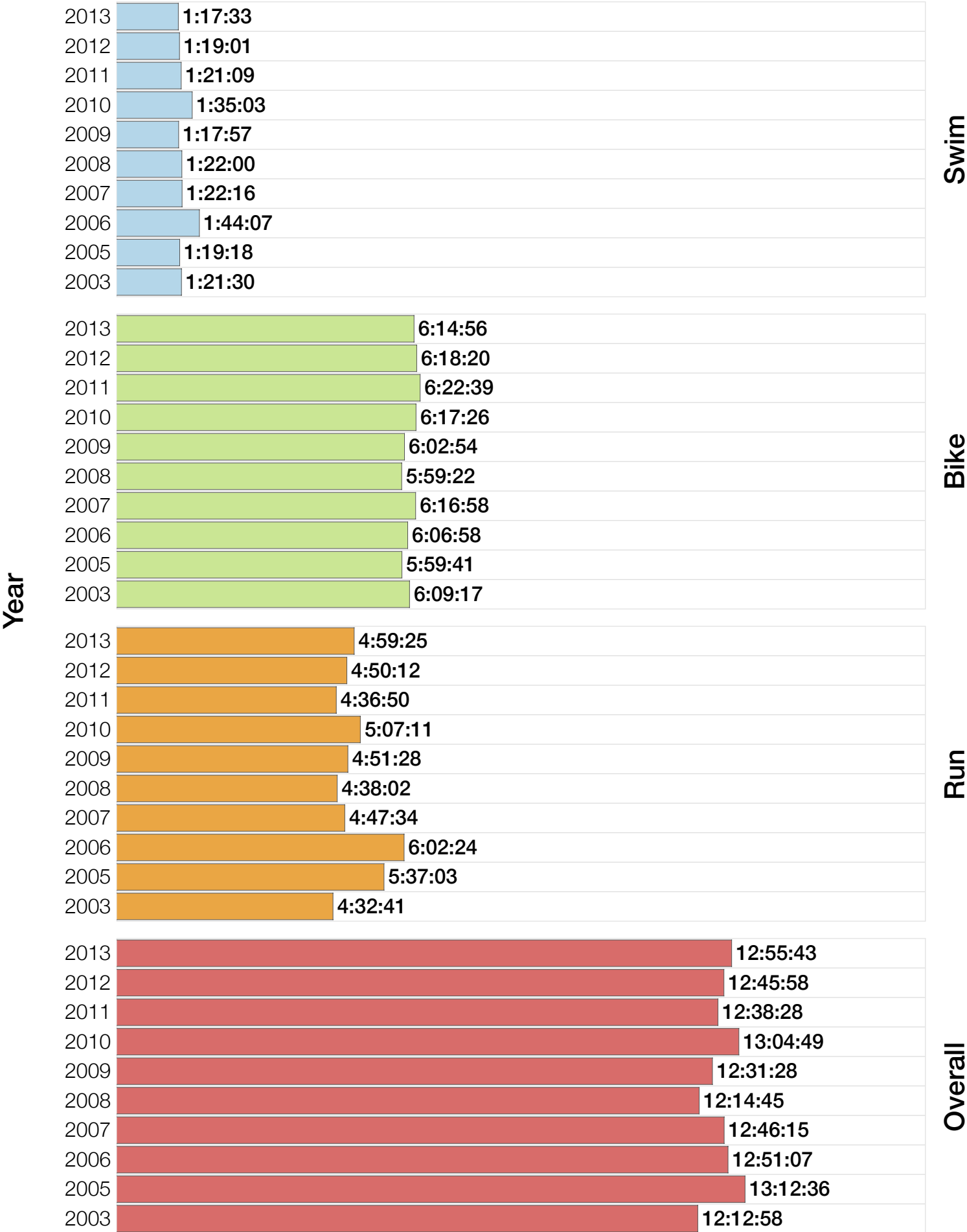
Run

Overall



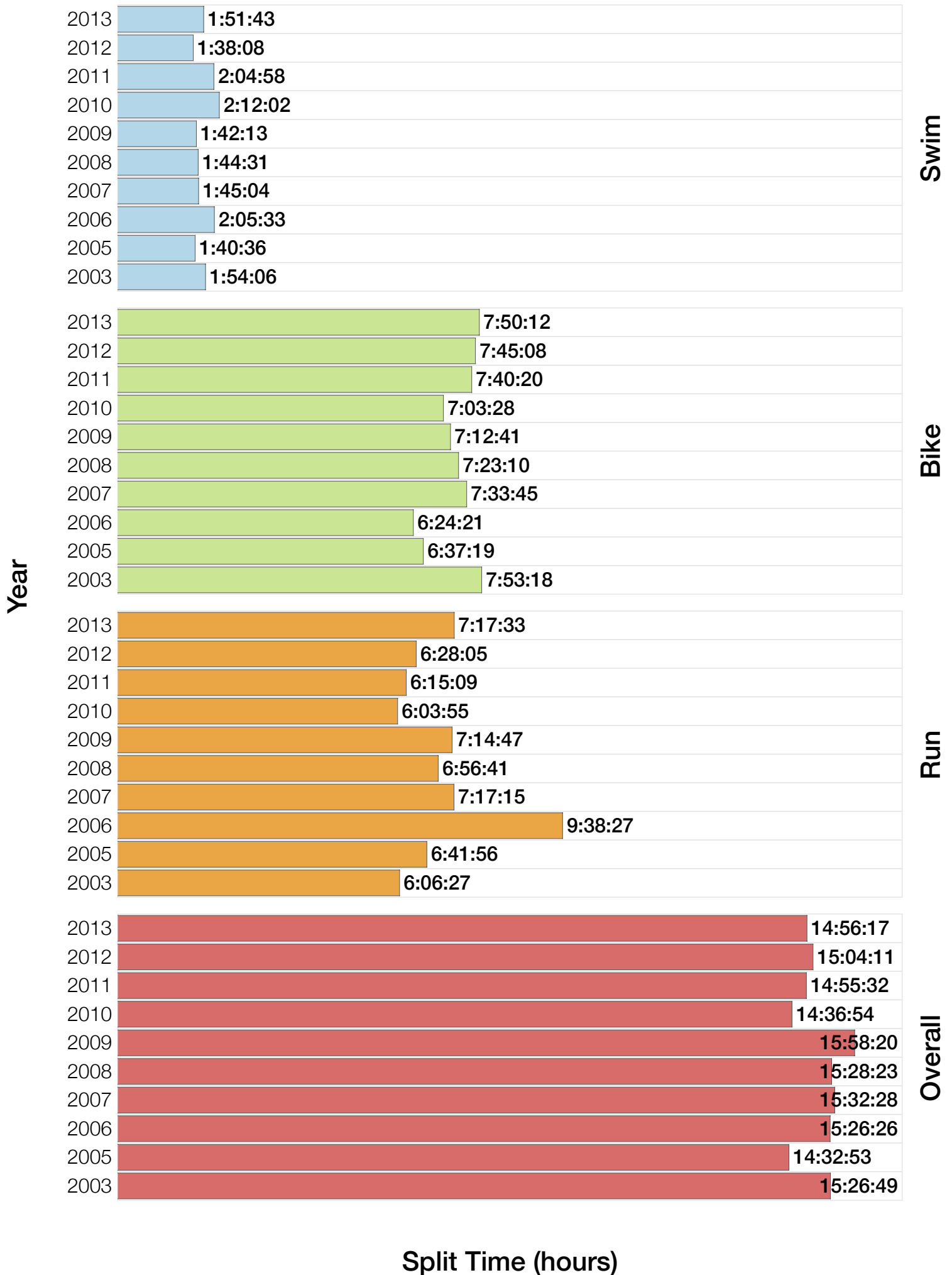
Split Time (hours)

M55-59 Median Splits



Split Time (hours)

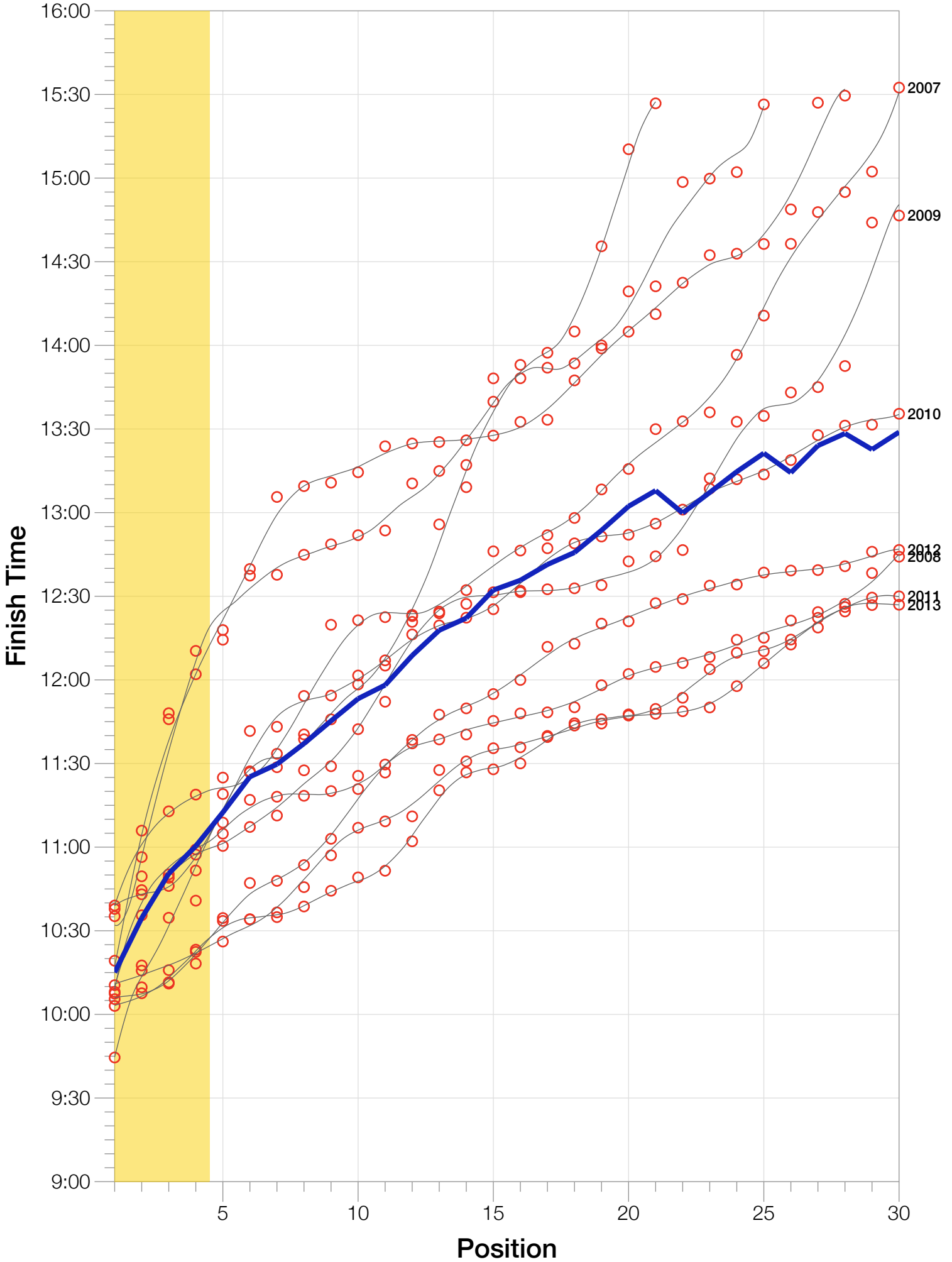
M55-59 Slowest Splits



Split Time (hours)

M55-59 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M55-59 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:47:31	4:26:31	2:50:20	8:07:47
Average Female Winner	0:51:52	4:59:19	3:06:43	9:03:23
Average 1st Age Grouper	1:11:30	5:14:31	3:57:35	10:15:02
Average 2nd Age Grouper	1:10:27	5:22:34	3:57:10	10:34:34
Average 3rd Age Grouper	1:10:17	5:30:40	3:59:04	10:50:31
Average 4th Age Grouper	1:18:57	5:25:51	4:04:24	11:00:24
Average 5th Age Grouper	1:17:27	5:40:16	4:11:55	11:12:27
Average 6th Age Grouper	1:15:14	5:39:51	4:19:33	11:25:14
Average 7th Age Grouper	1:15:49	5:37:26	4:21:07	11:29:44
Average 8th Age Grouper	1:18:57	5:43:35	4:21:04	11:37:09
Average 9th Age Grouper	1:23:41	5:49:13	4:28:03	11:45:17
Average 10th Age Grouper	1:18:41	5:43:55	4:36:19	11:53:15
Kona Qualifier Average	1:12:48	5:23:25	3:59:34	10:40:08
Top 10 Age Grouper Average	1:16:06	5:34:44	4:13:32	11:12:22

Frankfurt 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:10	4:25:32	2:44:12	7:59:58
Female Winner	0:48:08	4:54:20	3:09:29	8:56:01
1st Age Grouper	1:08:34	5:05:17	3:42:05	10:03:02
2nd Age Grouper	1:10:55	5:10:36	3:39:36	10:07:35
3rd Age Grouper	1:04:11	5:09:09	3:49:42	10:11:30
4th Age Grouper	1:06:45	5:15:44	3:52:38	10:22:26
5th Age Grouper	1:11:24	5:28:55	3:45:42	10:33:32
6th Age Grouper	0:55:54	5:17:13	4:13:14	10:34:09
7th Age Grouper	1:13:55	5:04:34	4:08:38	10:34:54
8th Age Grouper	1:13:10	5:18:17	3:59:15	10:38:43
9th Age Grouper	1:10:21	5:20:18	4:04:01	10:44:21
10th Age Grouper	1:00:49	5:13:56	4:26:23	10:49:09
Kona Qualifier Average	1:07:36	5:10:11	3:46:00	10:11:08
Top 10 Age Grouper Average	1:07:35	5:14:23	3:58:07	10:27:56

Frankfurt 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:07	4:26:26	2:48:19	8:03:31
Female Winner	0:48:58	4:52:34	3:06:52	8:52:33
1st Age Grouper	1:01:38	5:31:53	3:26:58	10:07:27
2nd Age Grouper	1:06:53	5:35:50	4:00:19	10:49:32
3rd Age Grouper	1:02:03	5:20:35	4:20:59	10:50:14
4th Age Grouper	1:02:15	5:40:36	4:05:46	10:57:19
5th Age Grouper	1:17:10	5:58:22	3:40:42	11:04:50
6th Age Grouper	1:16:48	5:47:28	4:05:42	11:16:58
7th Age Grouper	1:06:27	5:33:41	4:27:57	11:18:05
8th Age Grouper	1:14:43	5:49:49	4:05:17	11:18:25
9th Age Grouper	1:14:16	6:07:25	3:49:03	11:20:07
10th Age Grouper	1:16:32	5:37:19	4:17:10	11:20:50
Kona Qualifier Average	1:03:12	5:32:13	3:58:30	10:41:08
Top 10 Age Grouper Average	1:09:52	5:42:17	4:01:59	11:02:22

Frankfurt 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:46:05	4:26:22	2:57:25	8:13:50
Female Winner	0:49:16	4:51:07	3:27:38	9:12:13
1st Age Grouper	1:07:33	5:11:31	3:42:42	10:10:29
2nd Age Grouper	1:12:49	5:21:28	3:32:47	10:15:43
3rd Age Grouper	1:06:55	5:25:03	3:33:32	10:15:53
4th Age Grouper	1:05:14	5:12:02	3:55:37	10:23:13
5th Age Grouper	1:03:37	5:28:39	3:44:35	10:26:08
6th Age Grouper	1:12:29	5:21:05	3:54:19	10:34:03
7th Age Grouper	1:09:36	5:32:05	3:46:13	10:36:35
8th Age Grouper	1:17:11	5:37:18	3:43:43	10:45:39
9th Age Grouper	1:08:55	5:43:29	3:59:25	11:03:00
10th Age Grouper	1:21:42	5:37:49	3:57:41	11:06:57
Kona Qualifier Average	1:08:07	5:17:31	3:41:09	10:16:19
Top 10 Age Grouper Average	1:10:36	5:27:02	3:47:03	10:33:46

Frankfurt 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:34	4:20:35	2:53:27	8:05:15
Female Winner	0:58:57	5:01:37	3:00:15	9:04:27
1st Age Grouper	1:26:32	5:18:12	3:48:05	10:39:03
2nd Age Grouper	1:28:11	5:27:02	3:42:06	10:44:36
3rd Age Grouper	1:04:34	5:24:54	4:14:20	10:49:01
4th Age Grouper	1:18:38	5:24:28	3:58:55	10:51:38
5th Age Grouper	1:15:23	5:20:19	4:24:24	11:08:48
6th Age Grouper	1:24:31	5:49:30	4:16:27	11:41:40
7th Age Grouper	1:30:05	5:41:37	4:19:31	11:43:11
8th Age Grouper	1:32:10	5:59:39	4:12:06	11:54:14
9th Age Grouper	1:37:30	5:36:29	4:32:11	11:54:22
10th Age Grouper	1:32:54	5:46:18	4:31:50	11:58:21
Kona Qualifier Average	1:19:28	5:23:39	3:55:51	10:46:04
Top 10 Age Grouper Average	1:25:02	5:34:50	4:11:59	11:20:29

Frankfurt 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:45	4:24:51	2:43:06	7:59:15
Female Winner	0:54:22	4:54:02	3:05:33	8:58:08
1st Age Grouper	0:59:10	5:10:42	3:51:55	10:08:06
2nd Age Grouper	1:09:15	5:24:14	4:00:32	10:43:05
3rd Age Grouper	1:13:20	5:29:27	3:53:39	10:46:04
4th Age Grouper	1:11:49	5:17:15	4:15:55	10:59:10
5th Age Grouper	1:10:25	5:33:08	4:05:47	11:00:26
6th Age Grouper	1:01:21	5:35:54	4:23:52	11:07:14
7th Age Grouper	1:12:38	5:17:10	4:33:36	11:11:20
8th Age Grouper	1:15:47	5:28:53	4:33:09	11:27:33
9th Age Grouper	1:19:08	5:37:31	4:24:58	11:29:01
10th Age Grouper	1:25:26	5:58:11	4:07:15	11:42:19
Kona Qualifier Average	1:08:23	5:20:24	4:00:30	10:39:06
Top 10 Age Grouper Average	1:11:49	5:29:14	4:13:03	11:03:25

Frankfurt 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:44:38	4:26:17	2:45:46	7:59:55
Female Winner	0:48:34	4:57:17	3:01:44	8:51:24
1st Age Grouper	1:07:48	5:07:42	3:41:42	10:05:29
2nd Age Grouper	1:00:30	5:16:13	3:46:45	10:09:44
3rd Age Grouper	0:56:55	5:29:01	3:38:26	10:11:03
4th Age Grouper	1:16:35	5:08:22	3:47:30	10:18:14
5th Age Grouper	1:08:48	5:25:26	3:52:35	10:34:34
6th Age Grouper	1:12:20	5:29:35	3:54:44	10:47:08
7th Age Grouper	1:02:01	5:53:18	3:42:10	10:47:54
8th Age Grouper	1:15:19	5:25:37	4:05:59	10:53:34
9th Age Grouper	1:11:24	5:41:17	3:56:04	10:57:04
10th Age Grouper	1:06:48	5:42:50	4:24:13	11:25:34
Kona Qualifier Average	1:05:27	5:15:19	3:43:35	10:11:07
Top 10 Age Grouper Average	1:07:50	5:27:56	3:53:00	10:37:01

Frankfurt 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:25	4:29:44	2:47:35	8:09:15
Female Winner	0:53:08	5:01:05	3:05:56	9:04:11
1st Age Grouper	1:14:47	5:31:12	3:43:34	10:37:49
2nd Age Grouper	0:55:51	5:32:19	4:31:46	11:05:55
3rd Age Grouper	1:20:09	5:43:48	4:01:05	11:12:51
4th Age Grouper	1:31:11	5:32:57	4:08:34	11:18:51
5th Age Grouper	1:05:35	5:16:50	4:49:56	11:19:03
6th Age Grouper	1:10:15	5:35:04	4:30:21	11:26:49
7th Age Grouper	1:17:40	5:44:41	4:22:10	11:33:29
8th Age Grouper	1:21:16	5:54:55	4:15:39	11:40:26
9th Age Grouper	1:35:37	6:14:20	4:13:35	12:19:46
10th Age Grouper	1:28:29	6:21:04	4:19:58	12:21:23
Kona Qualifier Average	1:15:29	5:35:04	4:06:14	11:03:51
Top 10 Age Grouper Average	1:18:05	5:44:43	4:17:39	11:29:38

Frankfurt 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:25	4:31:30		8:13:39
Female Winner	0:54:41	5:04:40	2:57:51	9:16:17
1st Age Grouper	1:33:00	5:05:29	6:32:48	10:35:13
2nd Age Grouper	1:32:34	5:12:22		10:35:33
3rd Age Grouper	1:33:21	5:36:45		11:45:53
4th Age Grouper	2:07:00	5:32:25		12:10:24
5th Age Grouper	2:01:17	6:05:04	5:03:17	12:17:53
6th Age Grouper	1:40:28	6:07:12		12:37:24
7th Age Grouper	1:11:16	5:59:39		12:37:42
8th Age Grouper	1:36:23	5:49:44		12:44:53
9th Age Grouper	1:47:47	6:06:45	5:32:00	12:48:39
10th Age Grouper	1:35:46	5:40:25		12:51:54
Kona Qualifier Average	1:41:28	5:21:45	6:32:48	11:16:45
Top 10 Age Grouper Average	1:39:53	5:43:35	5:42:41	12:06:32

Frankfurt 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:39	4:28:20	2:58:57	8:20:50
Female Winner	0:53:13	5:13:08	3:04:37	9:15:31
1st Age Grouper	1:07:51	5:20:43	3:43:56	10:19:15
2nd Age Grouper	1:02:36	5:23:06	4:23:30	10:56:26
3rd Age Grouper	1:21:07	5:51:21	4:27:38	11:48:03
4th Age Grouper	1:17:20	5:50:54	4:37:09	12:02:01
5th Age Grouper	1:24:16	6:03:33	4:35:48	12:14:24
6th Age Grouper	1:17:11	5:50:34	5:22:20	12:39:47
7th Age Grouper	1:37:55	5:50:17	5:28:41	13:05:37
8th Age Grouper	1:07:55	6:06:17	5:43:29	13:09:30
9th Age Grouper	1:24:21	5:55:25	5:41:17	13:10:44
10th Age Grouper	1:05:56	5:41:01	6:21:03	13:14:29
Kona Qualifier Average	1:12:13	5:36:31	4:18:03	11:16:26
Top 10 Age Grouper Average	1:16:38	5:47:19	5:02:29	12:16:01

Frankfurt 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:27	4:25:37	2:54:13	8:12:29
Female Winner	0:49:29	5:03:20	3:07:17	9:03:11
1st Age Grouper	1:08:08	5:02:37	3:22:12	9:44:32
2nd Age Grouper	1:05:05			10:17:34
3rd Age Grouper	1:00:16	5:36:43	3:52:19	10:34:40
4th Age Grouper	1:12:50	5:23:56	3:57:38	10:40:48
5th Age Grouper	1:16:37	6:02:31	3:56:33	11:24:57
6th Age Grouper	1:21:12	5:45:00	4:15:00	11:27:12
7th Age Grouper	1:16:38			11:28:40
8th Age Grouper	1:15:39	5:45:21	4:31:00	11:38:41
9th Age Grouper	1:27:35			11:45:50
10th Age Grouper	1:12:37	5:40:24	5:01:22	12:01:34
Kona Qualifier Average	1:06:34	5:21:05	3:44:03	10:19:23
Top 10 Age Grouper Average	1:13:39	5:36:38	4:08:00	11:06:26