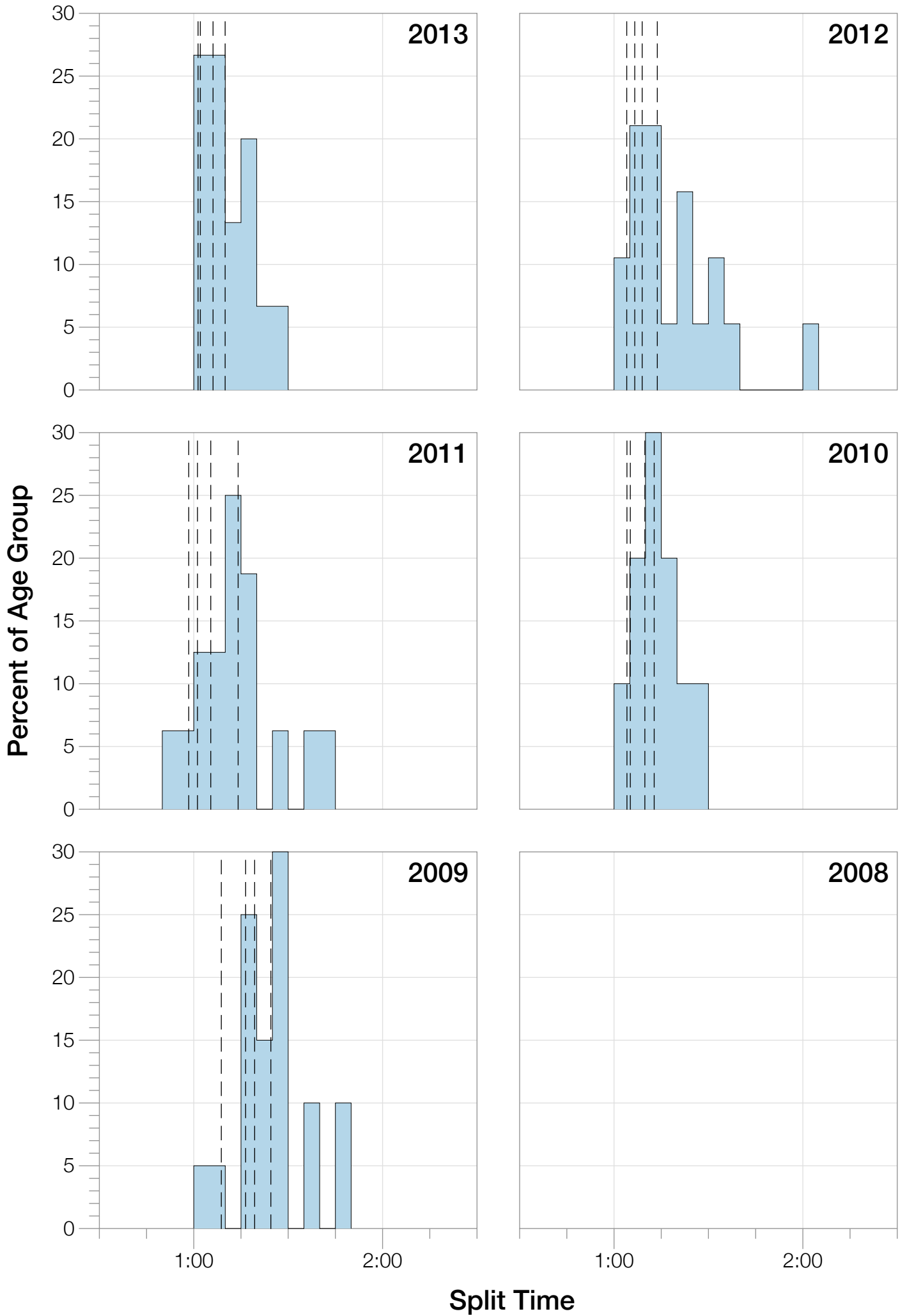


Ironman UK F25-29 Stats

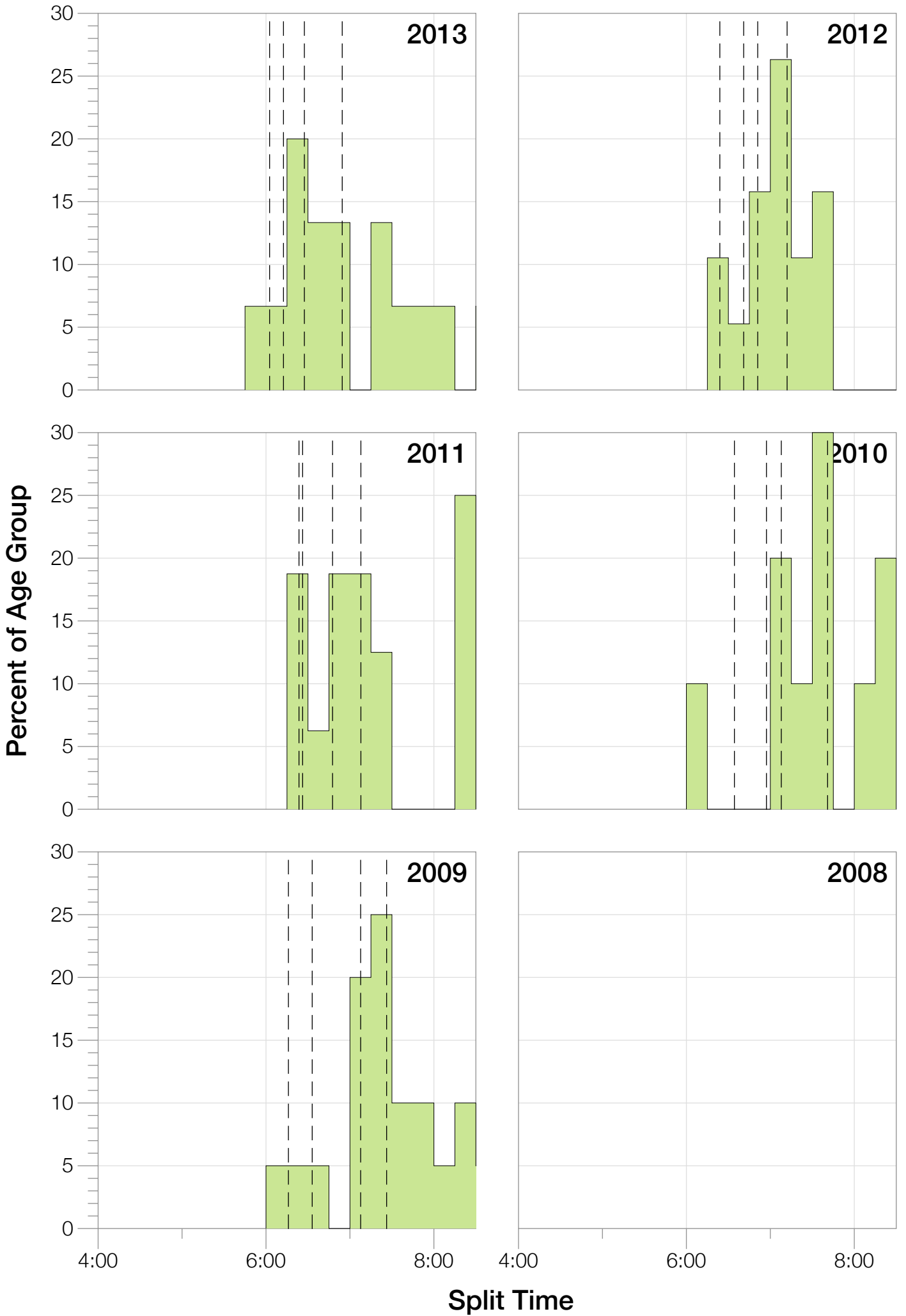
F25-29 Summary Statistics

Year	Finishers	F25-29 Finishers	Male Winner's Time	Female Winner's Time	F25-29 Winner's Time
2009	1260	20	8:45:51	9:33:59	10:49:08
2010	1052	10	8:40:17	10:01:02	11:20:13
2011	1038	16	8:24:33	9:37:31	11:12:04
2012	1180	19	8:55:11	10:08:44	11:24:15
2013	1355	15	8:45:48	9:29:12	11:18:42
Average	1177	16	8:42:20	9:46:05	11:12:52

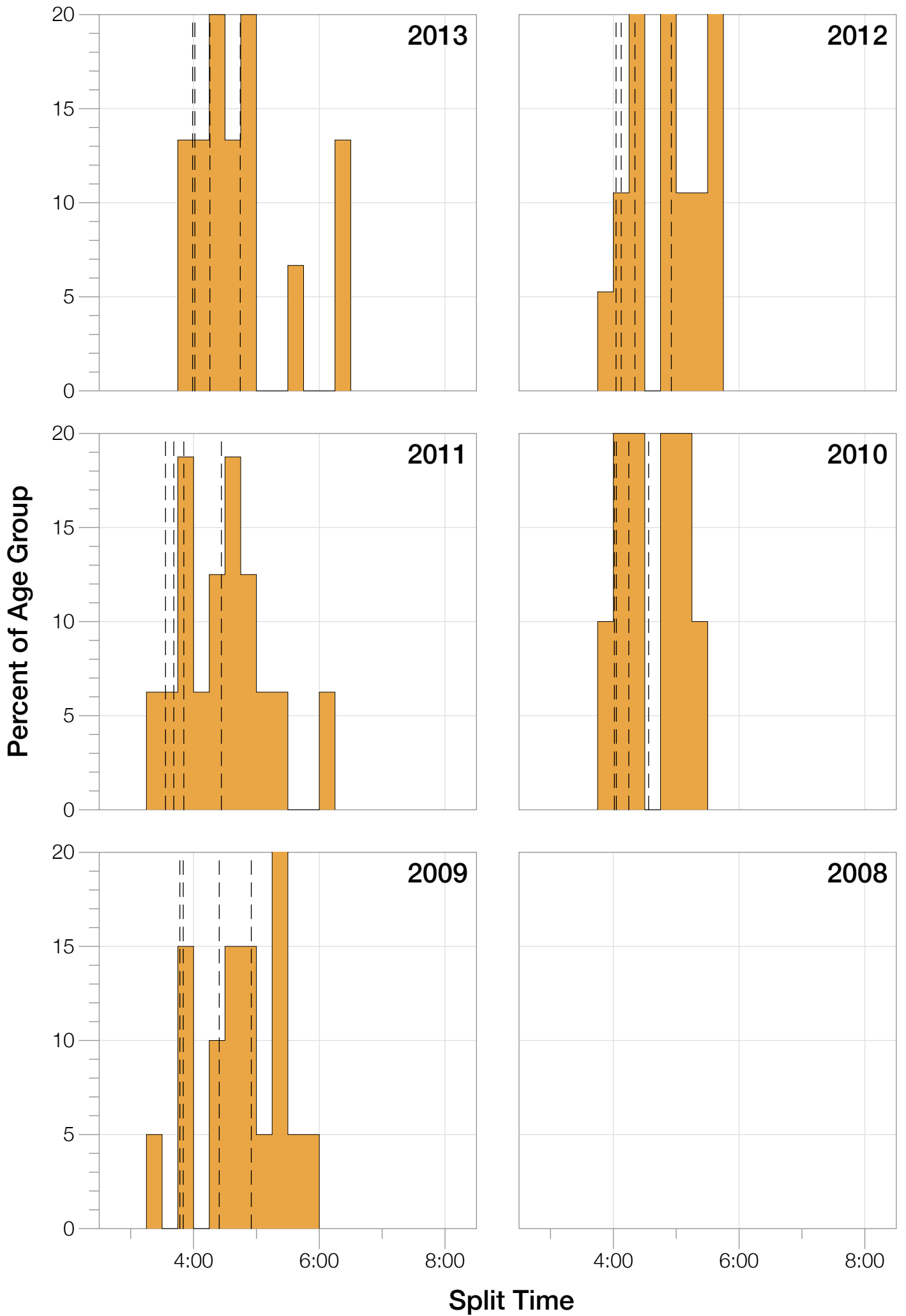
F25-29 Swim



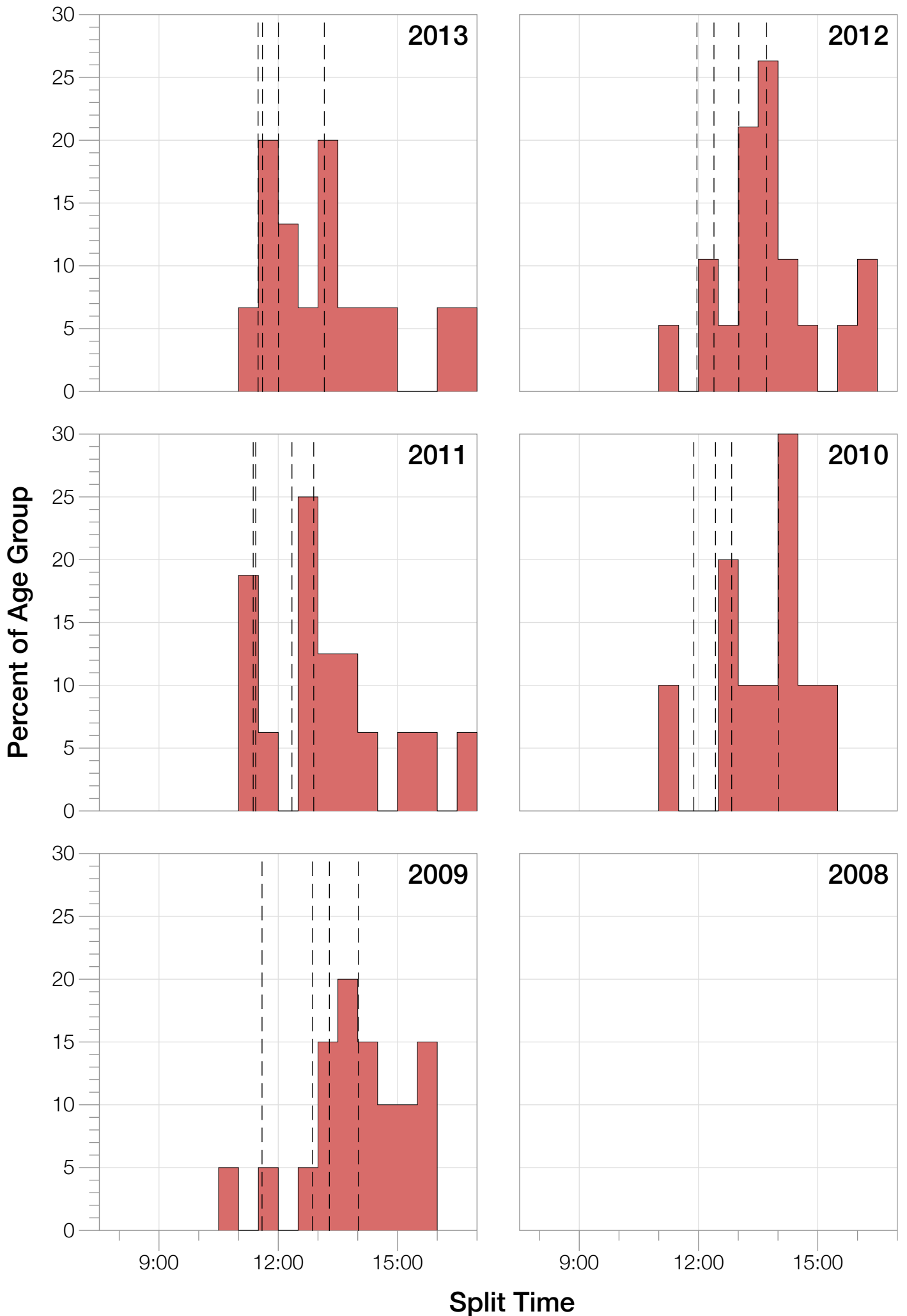
F25-29 Bike



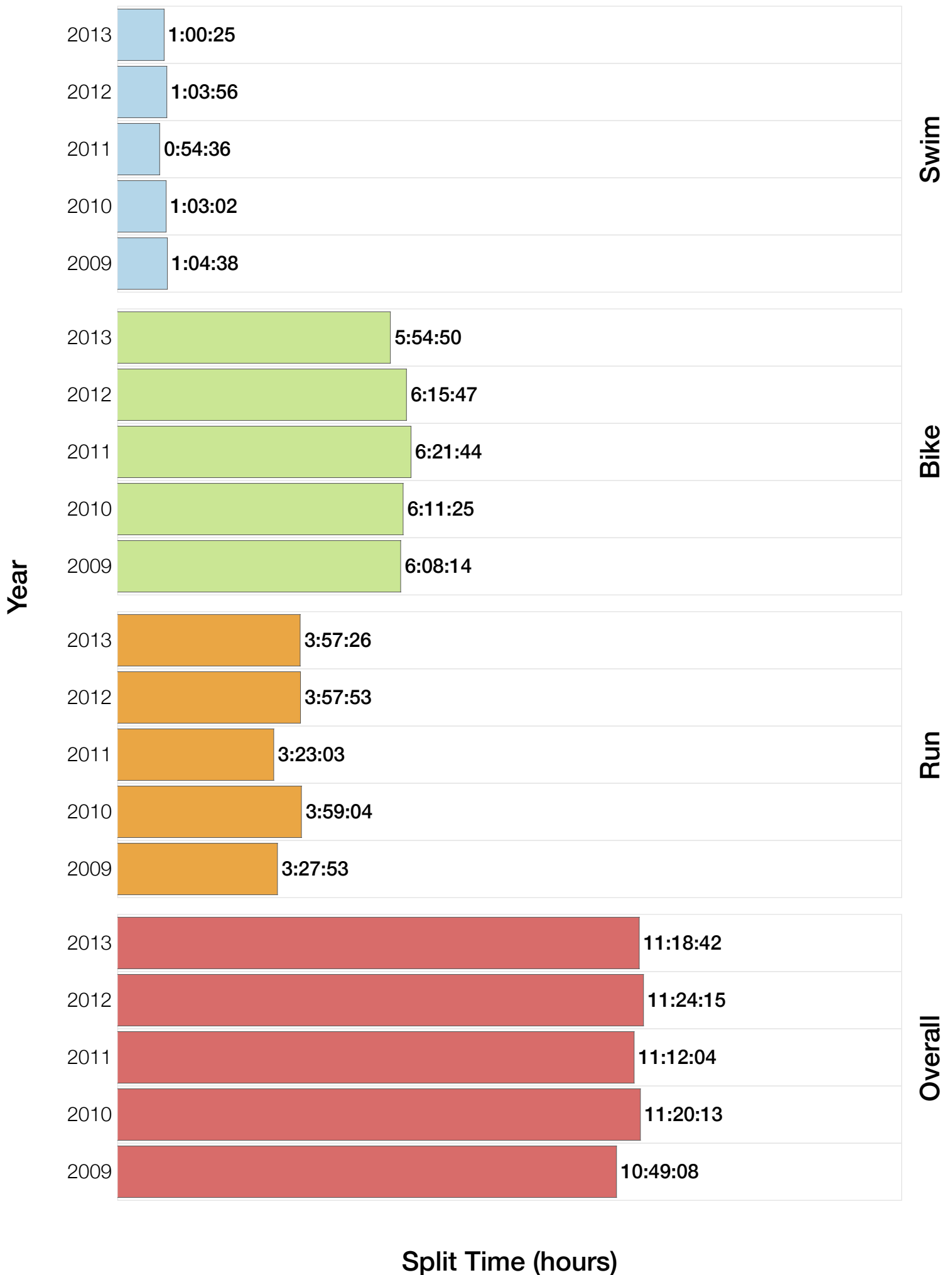
F25-29 Run



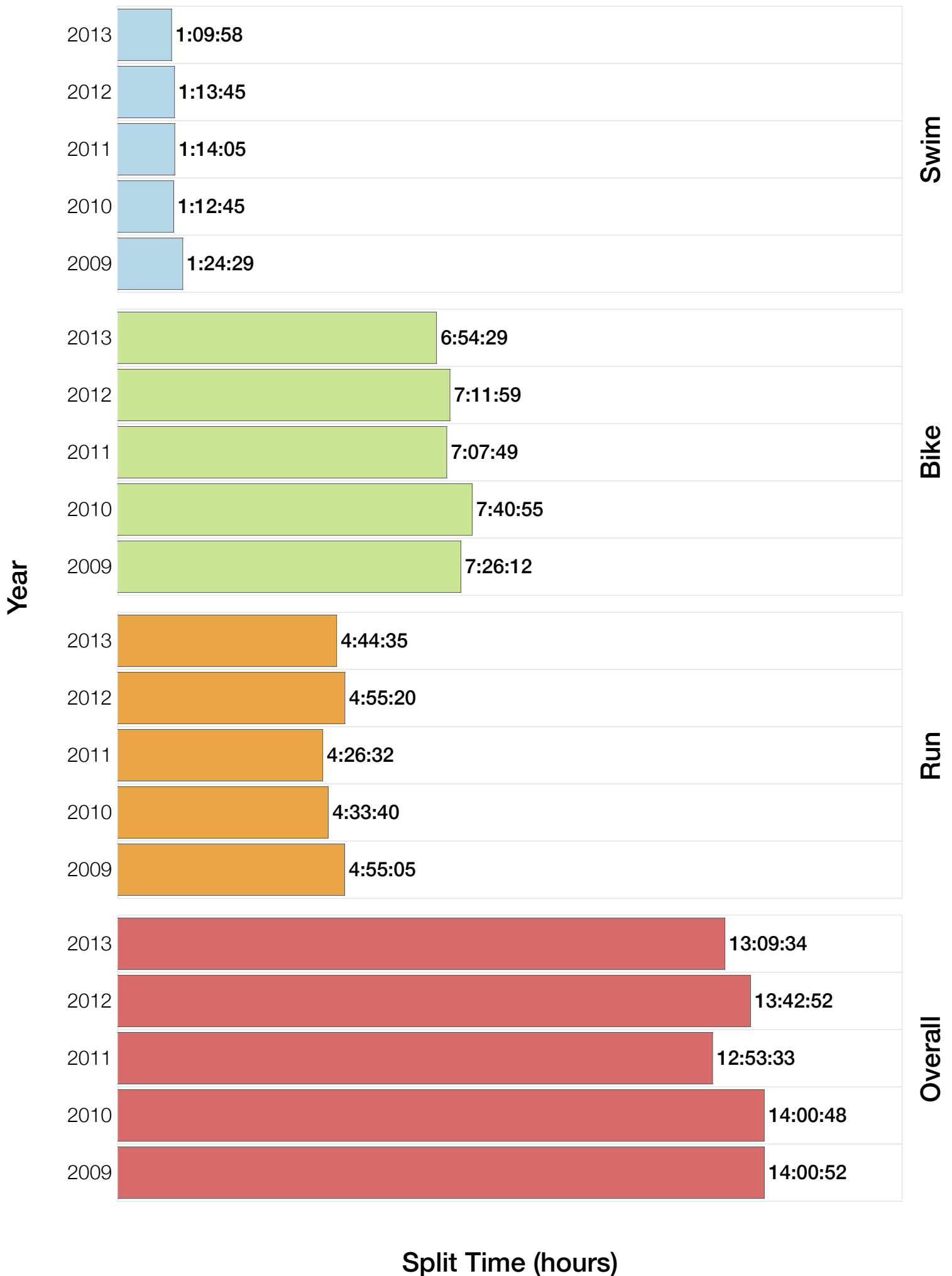
F25-29 Overall



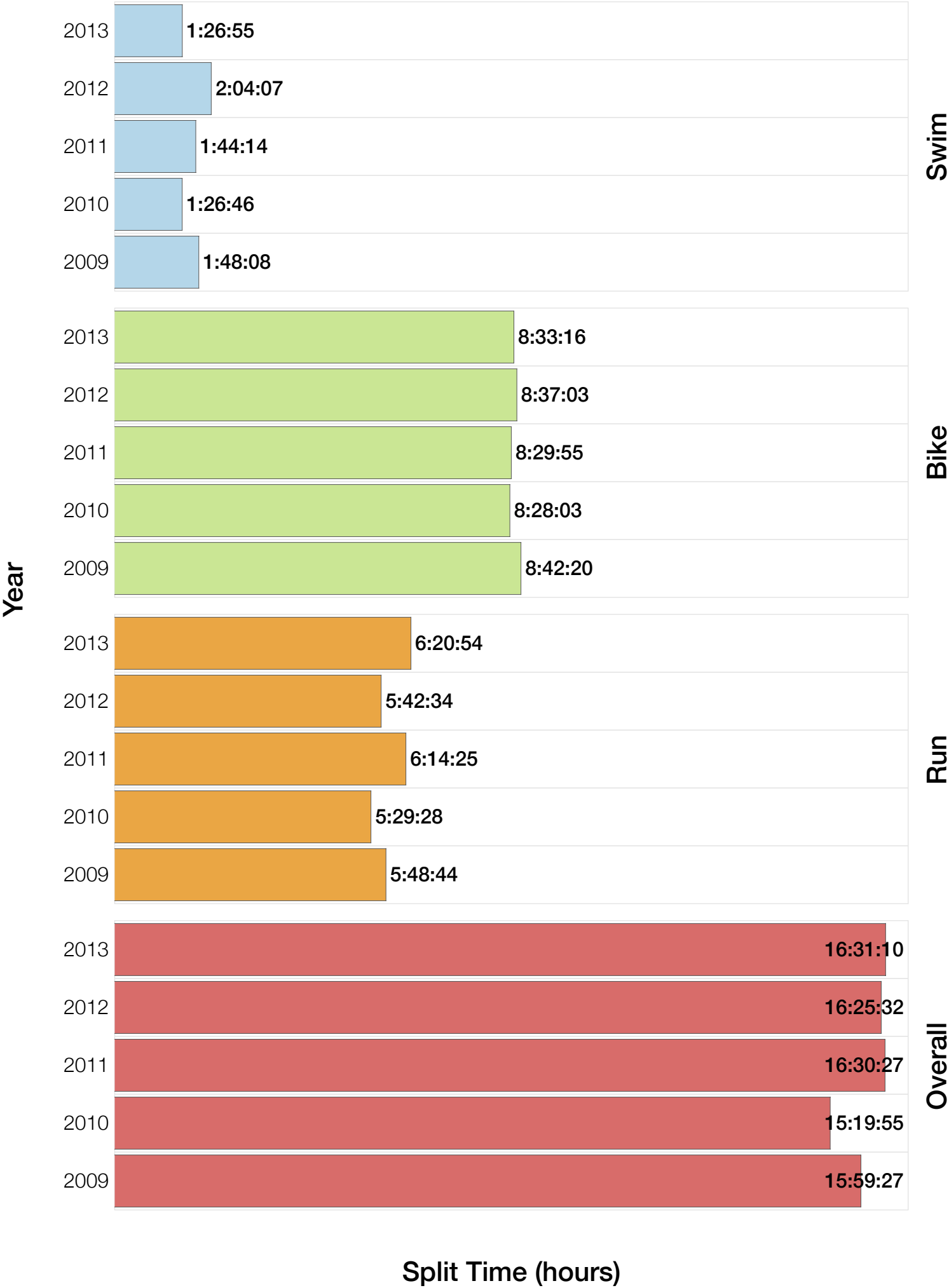
F25-29 Fastest Splits



F25-29 Median Splits

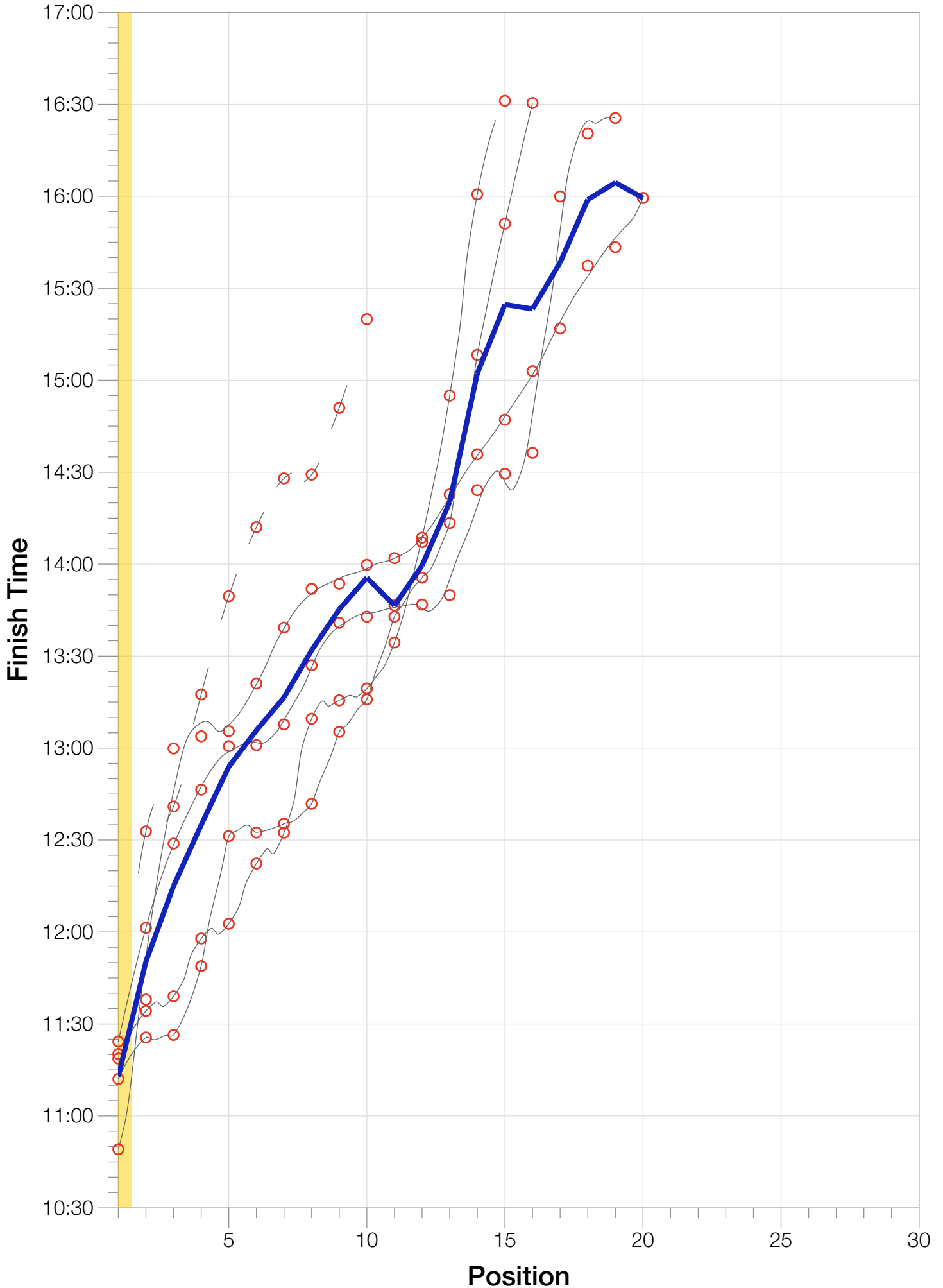


F25-29 Slowest Splits



F25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:05:32	6:10:24	3:48:13	11:12:52
Average 2nd Age Grouper	1:06:58	6:30:01	4:00:12	11:50:23
Average 3rd Age Grouper	1:12:26	6:35:14	4:14:20	12:15:00
Average 4th Age Grouper	1:12:42	7:02:49	4:04:44	12:34:54
Average 5th Age Grouper	1:13:40	7:05:26	4:19:33	12:53:55
Average 6th Age Grouper	1:20:09	7:17:50	4:15:24	13:05:46
Average 7th Age Grouper	1:09:45	7:09:33	4:45:31	13:16:32
Average 8th Age Grouper	1:15:00	7:15:17	4:45:52	13:31:54
Average 9th Age Grouper	1:28:25	7:19:25	4:40:33	13:45:15
Average 10th Age Grouper	1:18:39	7:29:28	4:51:41	13:55:34
Kona Qualifier Average	1:05:32	6:10:24	3:48:13	11:12:52
Top 10 Age Grouper Average	1:14:20	6:59:33	4:22:36	12:50:12

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	1:02:34	5:54:50	4:13:13	11:18:42
2nd Age Grouper	1:01:46	6:22:23	3:59:46	11:34:14
3rd Age Grouper	1:09:05	6:05:53	4:17:56	11:39:01
4th Age Grouper	1:11:35	6:42:28	3:57:26	11:57:52
5th Age Grouper	1:09:03	6:39:30	4:03:32	12:02:41
6th Age Grouper	1:04:04	6:25:59	4:44:35	12:22:20
7th Age Grouper	1:00:25	6:28:52	4:53:20	12:32:23
8th Age Grouper	1:17:45	6:54:29	4:44:47	13:09:34
9th Age Grouper	1:11:29	6:57:21	4:45:48	13:15:34
10th Age Grouper	1:18:49	7:29:02	4:18:41	13:19:25
Kona Qualifier Average	1:02:34	5:54:50	4:13:13	11:18:42
Top 10 Age Grouper Average	1:08:39	6:36:04	4:23:54	12:19:10

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:03:56	6:15:47	3:57:53	11:24:15
2nd Age Grouper	1:07:13	6:24:48	4:17:17	12:01:22
3rd Age Grouper	1:08:38	6:44:59	4:23:40	12:28:50
4th Age Grouper	1:12:48	7:03:41	4:17:32	12:46:26
5th Age Grouper	1:08:58	6:49:40	4:45:37	13:00:37
6th Age Grouper	1:31:43	7:11:59	4:08:36	13:00:57
7th Age Grouper	1:13:45	7:13:57	4:27:04	13:07:43
8th Age Grouper	1:08:55	7:19:48	4:46:52	13:26:59
9th Age Grouper	2:04:07	7:21:28	4:03:06	13:40:52
10th Age Grouper	1:27:12	7:03:44	4:59:49	13:42:52
Kona Qualifier Average	1:03:56	6:15:47	3:57:53	11:24:15
Top 10 Age Grouper Average	1:18:43	6:56:59	4:24:44	12:52:05

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	1:13:32	6:21:44	3:23:03	11:12:04
2nd Age Grouper	1:02:41	6:24:11	3:50:16	11:25:35
3rd Age Grouper	1:07:10	6:28:10	3:36:38	11:26:25
4th Age Grouper	1:10:45	6:35:32	3:50:50	11:48:53
5th Age Grouper	1:16:50	7:10:44	3:45:42	12:31:16
6th Age Grouper	1:02:44	6:58:25	4:21:53	12:32:27
7th Age Grouper	0:59:40	6:51:35	4:35:00	12:35:20
8th Age Grouper	1:14:45	6:59:18	4:14:14	12:41:50
9th Age Grouper	1:14:39	7:06:11	4:20:30	13:05:17
10th Age Grouper	1:16:39	7:16:09	4:31:38	13:15:53
Kona Qualifier Average	1:13:32	6:21:44	3:23:03	11:12:04
Top 10 Age Grouper Average	1:09:56	6:49:11	4:02:58	12:15:30

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	1:03:02	6:11:25	3:59:04	11:20:13
2nd Age Grouper	1:05:25	7:02:20	4:03:19	12:32:49
3rd Age Grouper	1:10:13	7:02:19	4:16:39	12:40:56
4th Age Grouper	1:10:33	7:24:21	4:21:27	13:17:30
5th Age Grouper	1:09:39	7:40:18	4:45:53	13:49:31
6th Age Grouper	1:15:17	8:28:03	4:14:05	14:12:05
7th Age Grouper	1:14:58	8:05:29	4:57:39	14:27:59
8th Age Grouper	1:16:18	7:41:32	5:07:54	14:29:11
9th Age Grouper	1:26:46	7:44:28	5:29:28	14:50:59
10th Age Grouper	1:21:38	8:24:45	5:10:31	15:19:55
Kona Qualifier Average	1:03:02	6:11:25	3:59:04	11:20:13
Top 10 Age Grouper Average	1:13:22	7:34:30	4:38:35	13:42:06

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:04:38	6:08:14	3:27:53	10:49:08
2nd Age Grouper	1:17:49	6:16:26	3:50:24	11:37:58
3rd Age Grouper	1:27:07	6:34:52	4:36:51	12:59:52
4th Age Grouper	1:17:49	7:28:05	3:56:27	13:03:50
5th Age Grouper	1:23:51	7:06:59	4:17:02	13:05:31
6th Age Grouper	1:47:01	7:24:44	3:47:55	13:21:04
7th Age Grouper	1:19:57	7:07:52	4:54:34	13:39:18
8th Age Grouper	1:17:19	7:21:19	4:55:37	13:51:57
9th Age Grouper	1:25:08	7:27:40	4:43:54	13:53:37
10th Age Grouper	1:08:58	7:13:44	5:17:50	13:59:47
Kona Qualifier Average	1:04:38	6:08:14	3:27:53	10:49:08
Top 10 Age Grouper Average	1:20:57	7:00:59	4:22:50	13:02:12