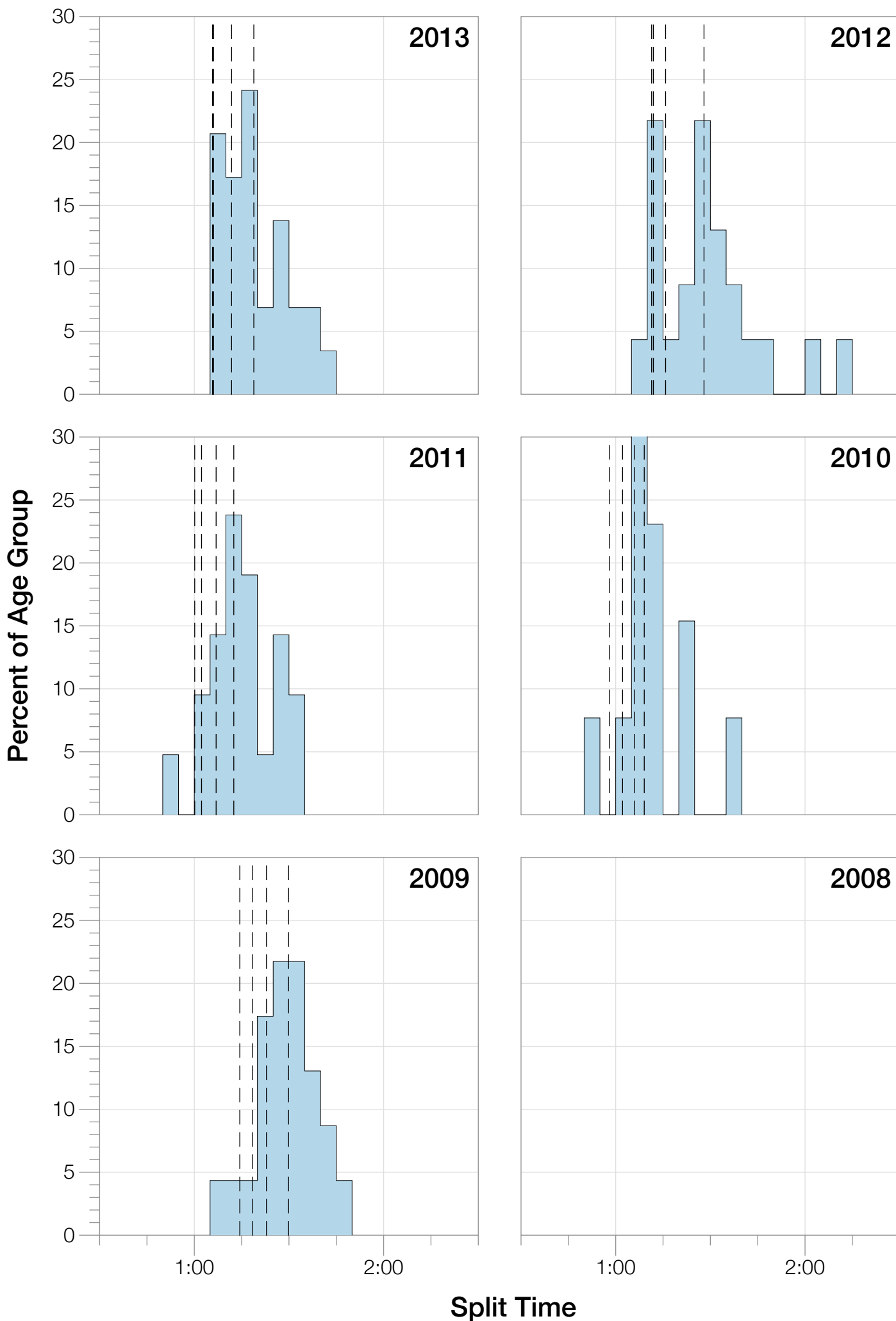


Ironman UK F35-39 Stats

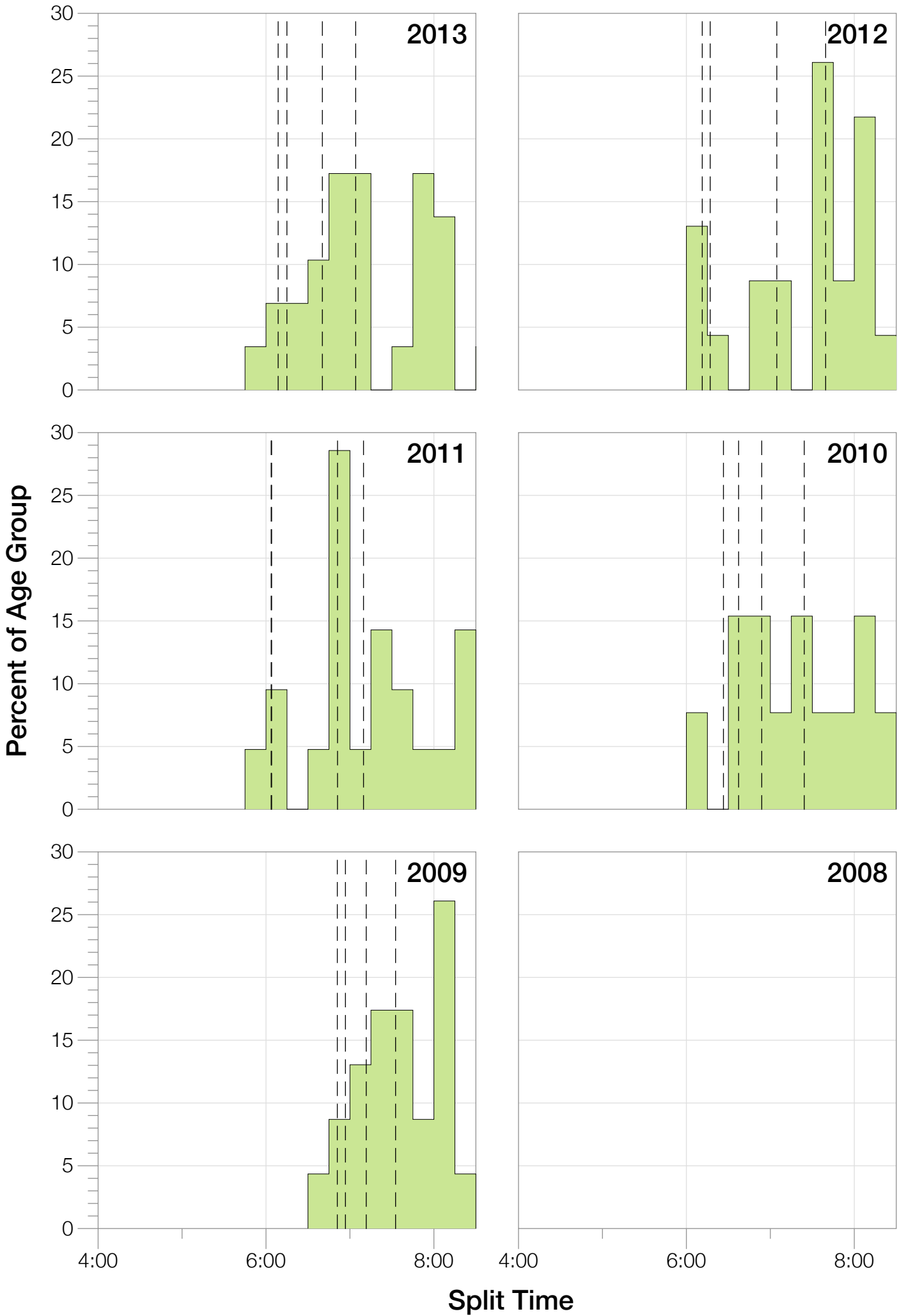
F35-39 Summary Statistics

Year	Finishers	F35-39 Finishers	Male Winner's Time	Female Winner's Time	F35-39 Winner's Time
2009	1260	23	8:45:51	9:33:59	12:18:36
2010	1052	13	8:40:17	10:01:02	10:59:43
2011	1038	21	8:24:33	9:37:31	10:07:55
2012	1180	23	8:55:11	10:08:44	11:47:43
2013	1355	29	8:45:48	9:29:12	10:59:31
Average	1177	22	8:42:20	9:46:05	11:14:41

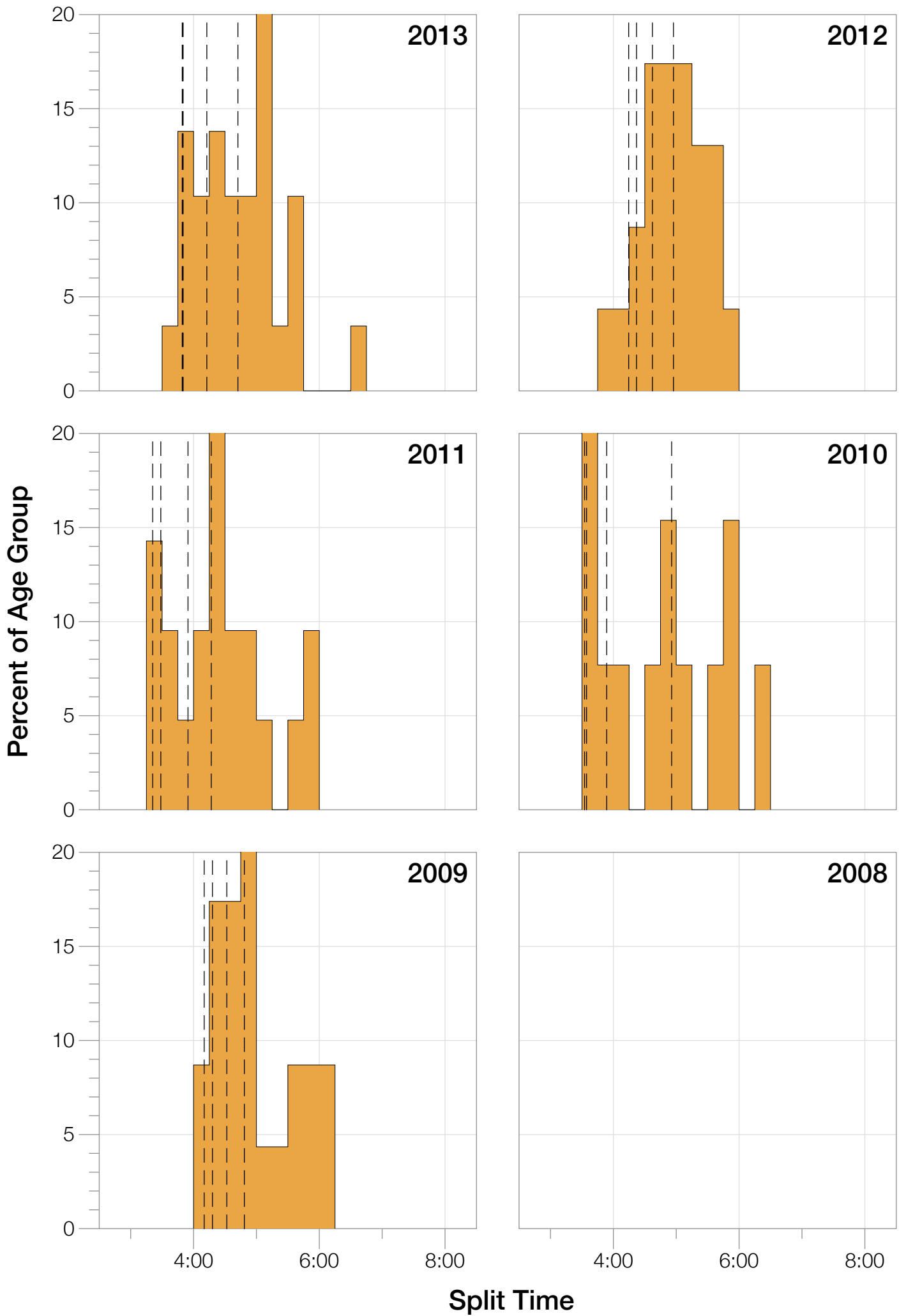
F35-39 Swim



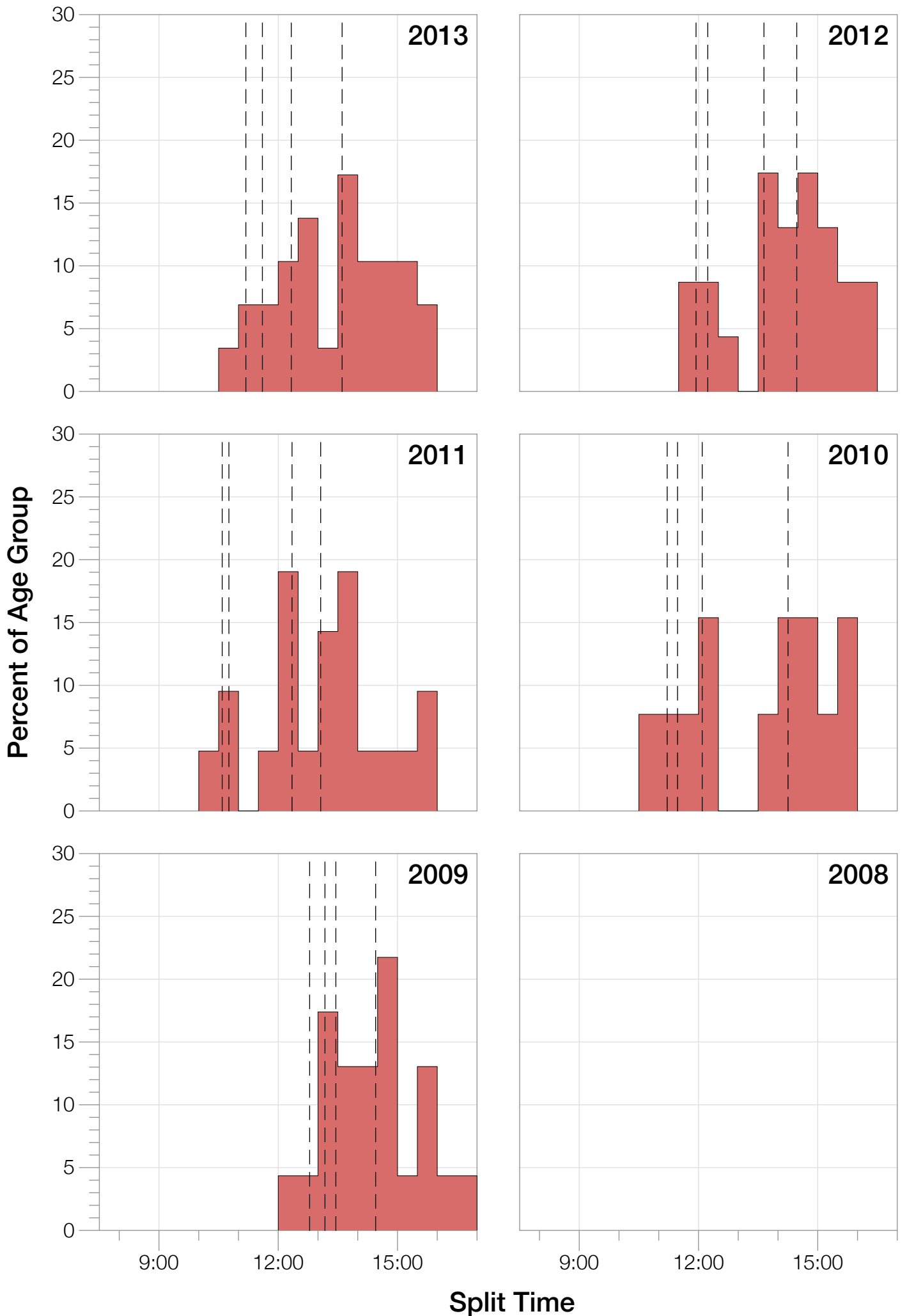
F35-39 Bike



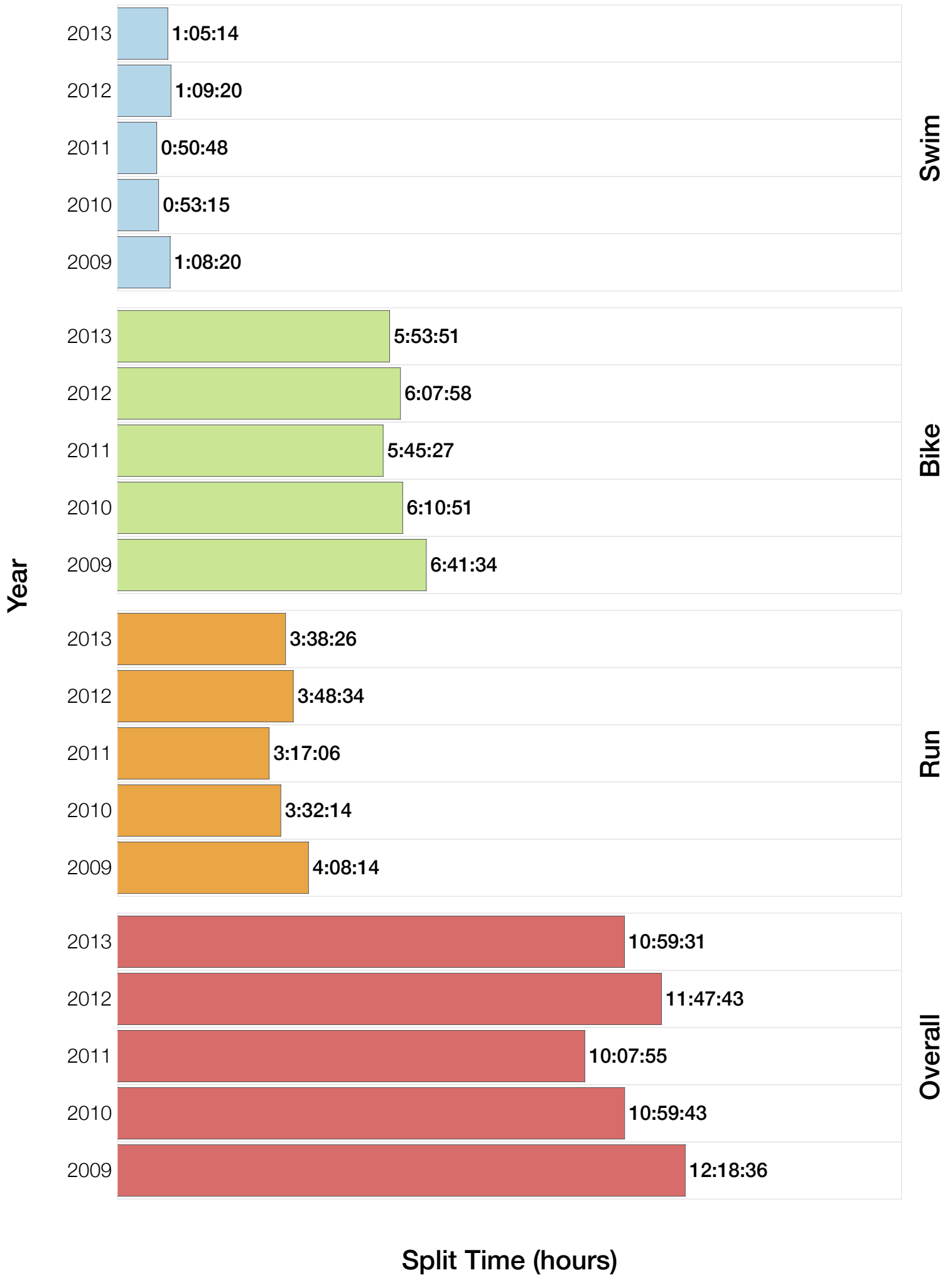
F35-39 Run



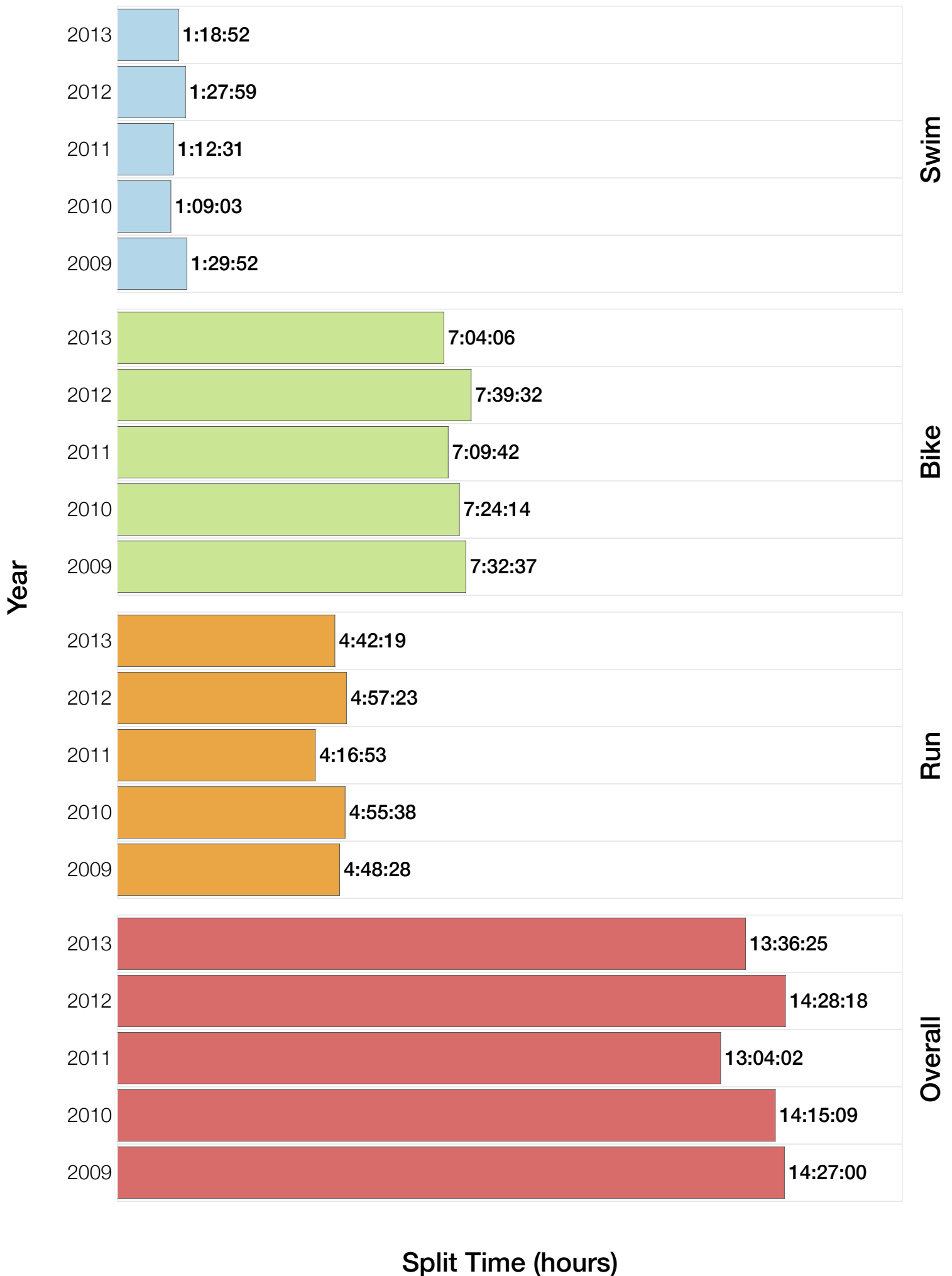
F35-39 Overall



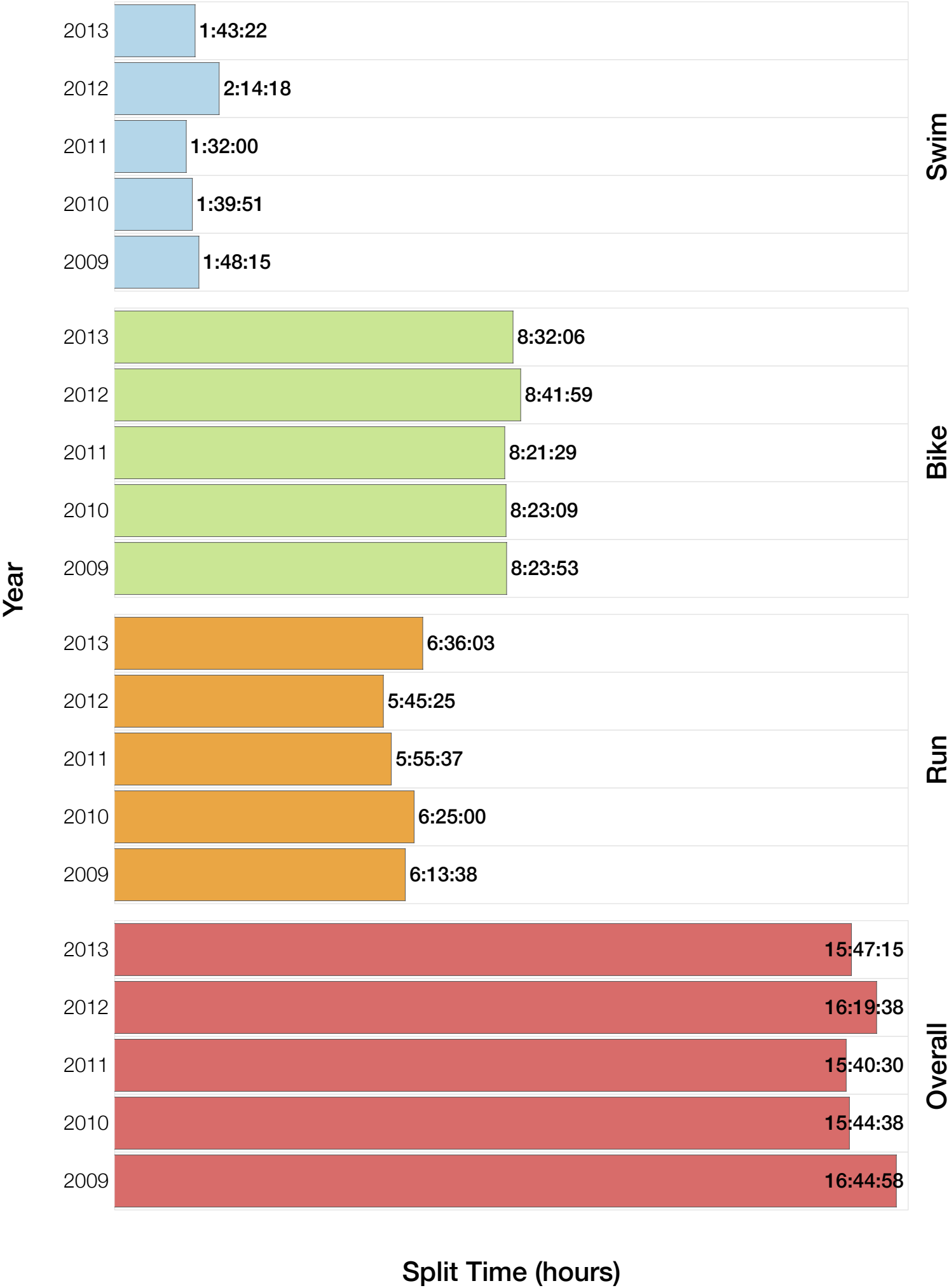
F35-39 Fastest Splits



F35-39 Median Splits

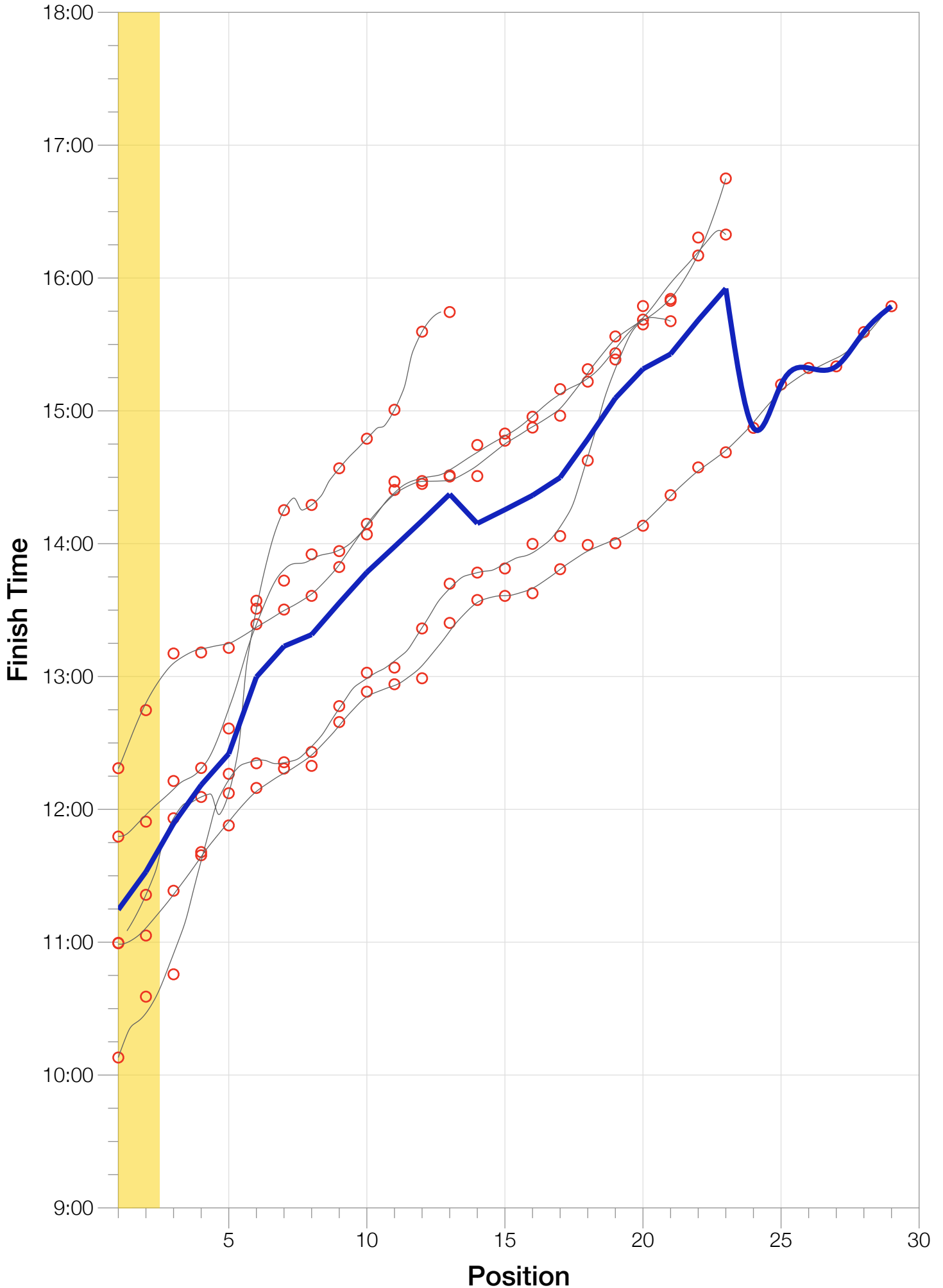


F35-39 Slowest Splits



F35-39 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F35-39 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:07:20	6:11:53	3:46:03	11:14:41
Average 2nd Age Grouper	1:06:28	6:18:38	3:54:15	11:31:49
Average 3rd Age Grouper	1:15:39	6:37:35	3:48:18	11:53:35
Average 4th Age Grouper	1:13:42	6:37:06	4:05:41	12:11:01
Average 5th Age Grouper	1:11:09	6:41:50	4:18:04	12:25:07
Average 6th Age Grouper	1:16:13	7:01:17	4:30:09	12:59:48
Average 7th Age Grouper	1:24:54	7:00:38	4:30:22	13:13:41
Average 8th Age Grouper	1:16:37	7:20:51	4:23:43	13:18:56
Average 9th Age Grouper	1:18:10	7:18:21	4:40:10	13:33:15
Average 10th Age Grouper	1:17:12	7:18:31	4:55:41	13:47:05
Kona Qualifier Average	1:06:54	6:15:16	3:50:09	11:23:15
Top 10 Age Grouper Average	1:14:44	6:50:40	4:17:15	12:36:54

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	1:05:40	6:06:57	3:38:26	10:59:31
2nd Age Grouper	1:06:08	5:53:51	3:49:59	11:03:01
3rd Age Grouper	1:06:21	6:15:51	3:50:02	11:23:14
4th Age Grouper	1:19:27	6:11:17	3:48:41	11:39:16
5th Age Grouper	1:05:59	6:25:48	4:10:06	11:52:45
6th Age Grouper	1:13:38	6:36:59	4:12:39	12:09:40
7th Age Grouper	1:10:49	6:35:41	4:19:37	12:18:26
8th Age Grouper	1:19:04	6:48:22	3:52:16	12:19:39
9th Age Grouper	1:13:58	7:05:03	4:07:43	12:39:26
10th Age Grouper	1:05:14	6:46:05	4:53:50	12:53:09
Kona Qualifier Average	1:05:54	6:00:24	3:44:12	11:01:16
Top 10 Age Grouper Average	1:10:37	6:28:35	4:04:19	11:55:48

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:09:20	6:14:40	4:13:47	11:47:43
2nd Age Grouper	1:11:20	6:07:58	4:22:01	11:54:27
3rd Age Grouper	1:20:21	6:53:15	3:48:34	12:12:49
4th Age Grouper	1:18:51	6:26:22	4:22:32	12:18:41
5th Age Grouper	1:11:54	6:10:58	5:03:16	12:36:32
6th Age Grouper	1:27:59	7:13:27	4:37:36	13:34:14
7th Age Grouper	1:29:11	6:55:47	4:56:58	13:43:19
8th Age Grouper	1:23:20	7:41:20	4:30:51	13:55:12
9th Age Grouper	1:12:46	7:33:38	4:53:16	13:56:39
10th Age Grouper	1:30:39	7:39:32	4:36:59	14:04:11
Kona Qualifier Average	1:10:20	6:11:19	4:17:54	11:51:05
Top 10 Age Grouper Average	1:19:34	6:53:41	4:32:35	13:00:22

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	1:00:08	5:45:27	3:17:06	10:07:55
2nd Age Grouper	0:50:48	6:04:01	3:28:44	10:35:24
3rd Age Grouper	1:12:31	6:03:42	3:21:00	10:45:30
4th Age Grouper	1:02:18	6:41:36	3:43:58	11:40:42
5th Age Grouper	1:20:32	6:57:18	3:43:23	12:16:03
6th Age Grouper	1:11:33	6:45:51	4:15:43	12:20:49
7th Age Grouper	1:11:10	6:51:07	4:05:00	12:21:17
8th Age Grouper	1:12:25	6:59:19	4:01:55	12:25:56
9th Age Grouper	1:06:55	6:54:54	4:32:12	12:46:38
10th Age Grouper	1:17:27	7:09:42	4:22:47	13:01:43
Kona Qualifier Average	0:55:28	5:54:44	3:22:55	10:21:39
Top 10 Age Grouper Average	1:08:34	6:37:17	3:53:10	11:50:11

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	1:07:30	6:10:51	3:32:44	10:59:43
2nd Age Grouper	0:53:15	6:36:55	3:41:10	11:21:25
3rd Age Grouper	1:12:54	6:59:30	3:32:14	11:55:59
4th Age Grouper	1:06:01	6:38:58	4:11:20	12:05:36
5th Age Grouper	1:09:03	6:53:51	3:53:40	12:07:18
6th Age Grouper	1:10:06	7:07:04	5:00:47	13:30:38
7th Age Grouper	1:39:51	7:38:42	4:36:30	14:15:09
8th Age Grouper	1:06:42	7:57:33	4:55:38	14:17:29
9th Age Grouper	1:21:36	7:27:15	5:30:37	14:34:04
10th Age Grouper	1:05:48	7:24:14	5:58:08	14:47:26
Kona Qualifier Average	1:00:22	6:23:53	3:36:57	11:10:34
Top 10 Age Grouper Average	1:11:16	7:05:29	4:29:16	12:59:28

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:14:02	6:41:34	4:08:14	12:18:36
2nd Age Grouper	1:30:49	6:50:27	4:09:22	12:44:49
3rd Age Grouper	1:26:10	6:55:39	4:29:44	13:10:25
4th Age Grouper	1:21:57	7:07:20	4:21:54	13:10:52
5th Age Grouper	1:08:20	7:01:15	4:39:57	13:12:57
6th Age Grouper	1:17:53	7:23:04	4:24:02	13:23:39
7th Age Grouper	1:33:29	7:01:57	4:33:46	13:30:15
8th Age Grouper	1:21:35	7:17:41	4:37:59	13:36:26
9th Age Grouper	1:35:37	7:30:55	4:17:05	13:49:28
10th Age Grouper	1:26:53	7:33:04	4:46:43	14:08:59
Kona Qualifier Average	1:22:25	6:46:00	4:08:48	12:31:42
Top 10 Age Grouper Average	1:23:40	7:08:17	4:26:52	13:18:38