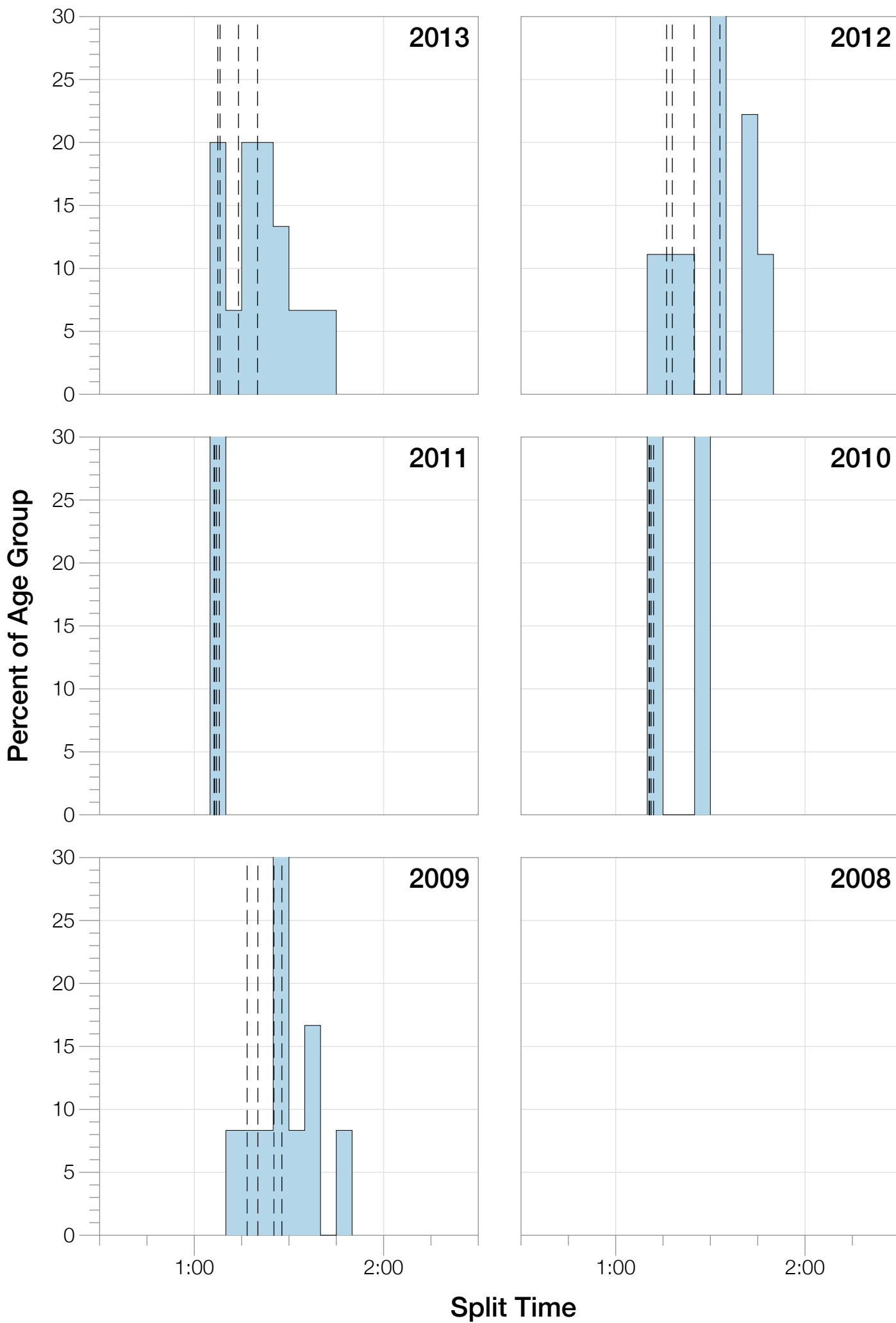


Ironman UK F50-54 Stats

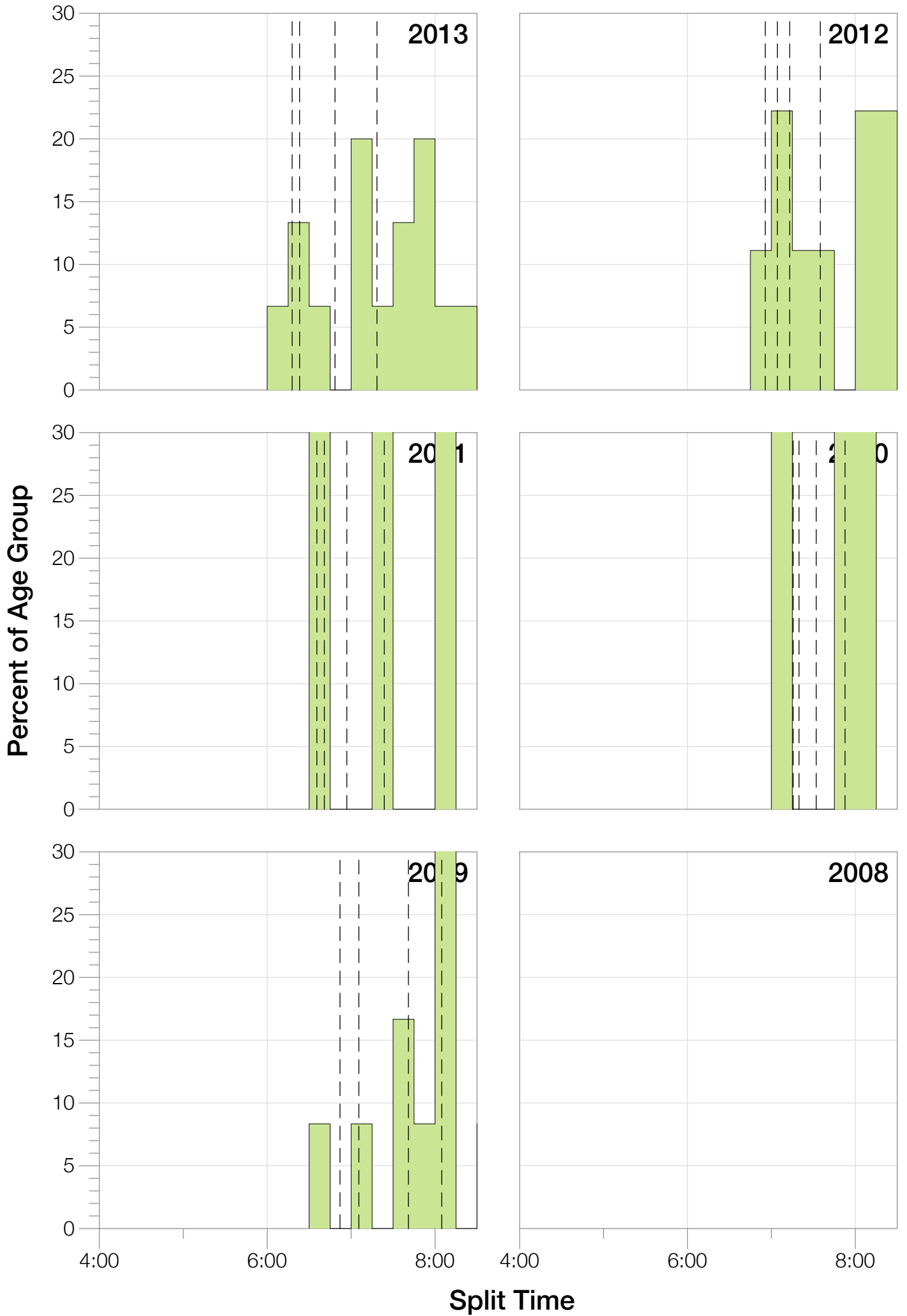
F50-54 Summary Statistics

Year	Finishers	F50-54 Finishers	Male Winner's Time	Female Winner's Time	F50-54 Winner's Time
2009	1260	12	8:45:51	9:33:59	12:47:45
2010	1052	3	8:40:17	10:01:02	12:56:33
2011	1038	3	8:24:33	9:37:31	11:57:16
2012	1180	9	8:55:11	10:08:44	13:01:45
2013	1355	15	8:45:48	9:29:12	11:30:42
Average	1177	8	8:42:20	9:46:05	12:26:48

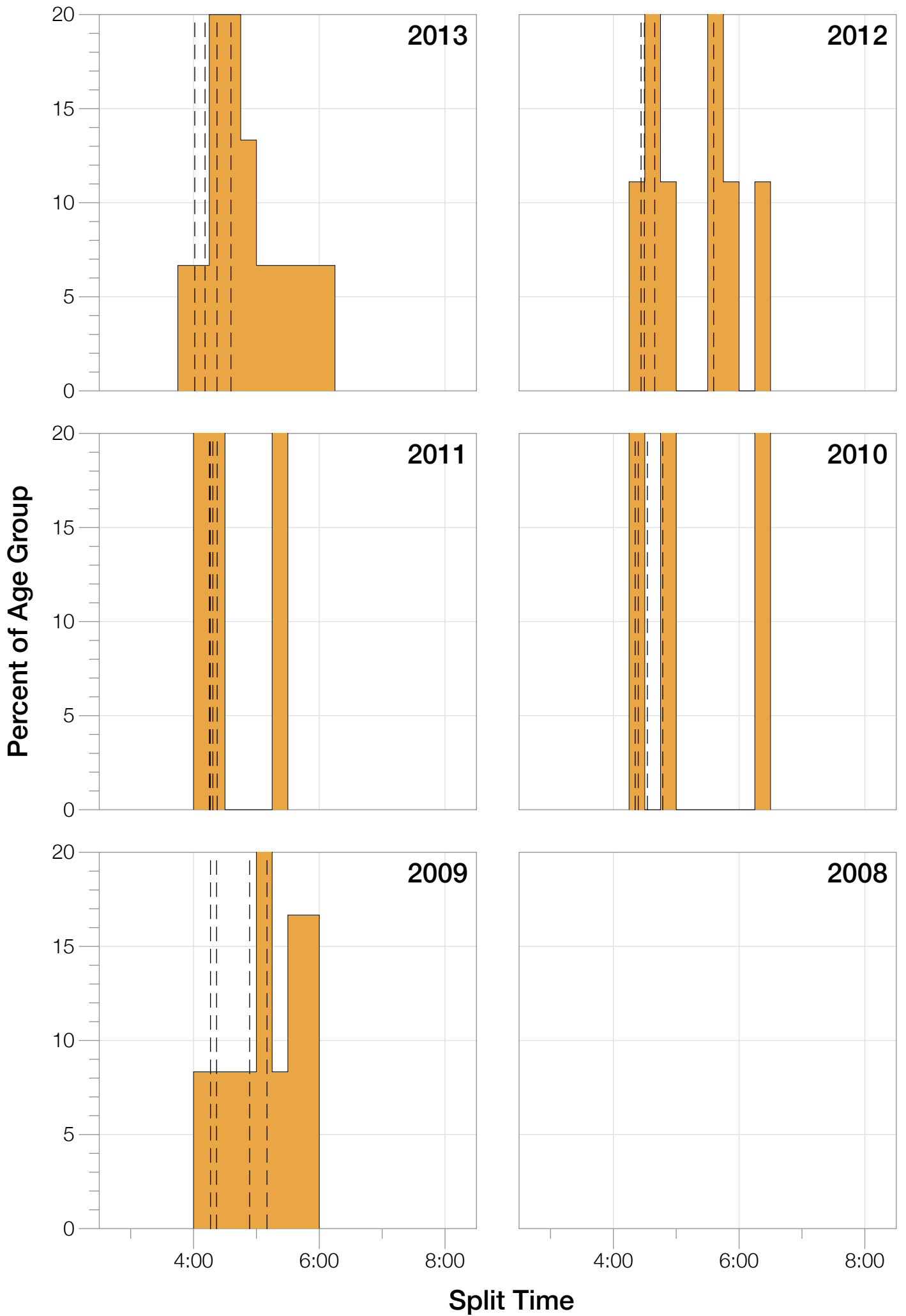
F50-54 Swim



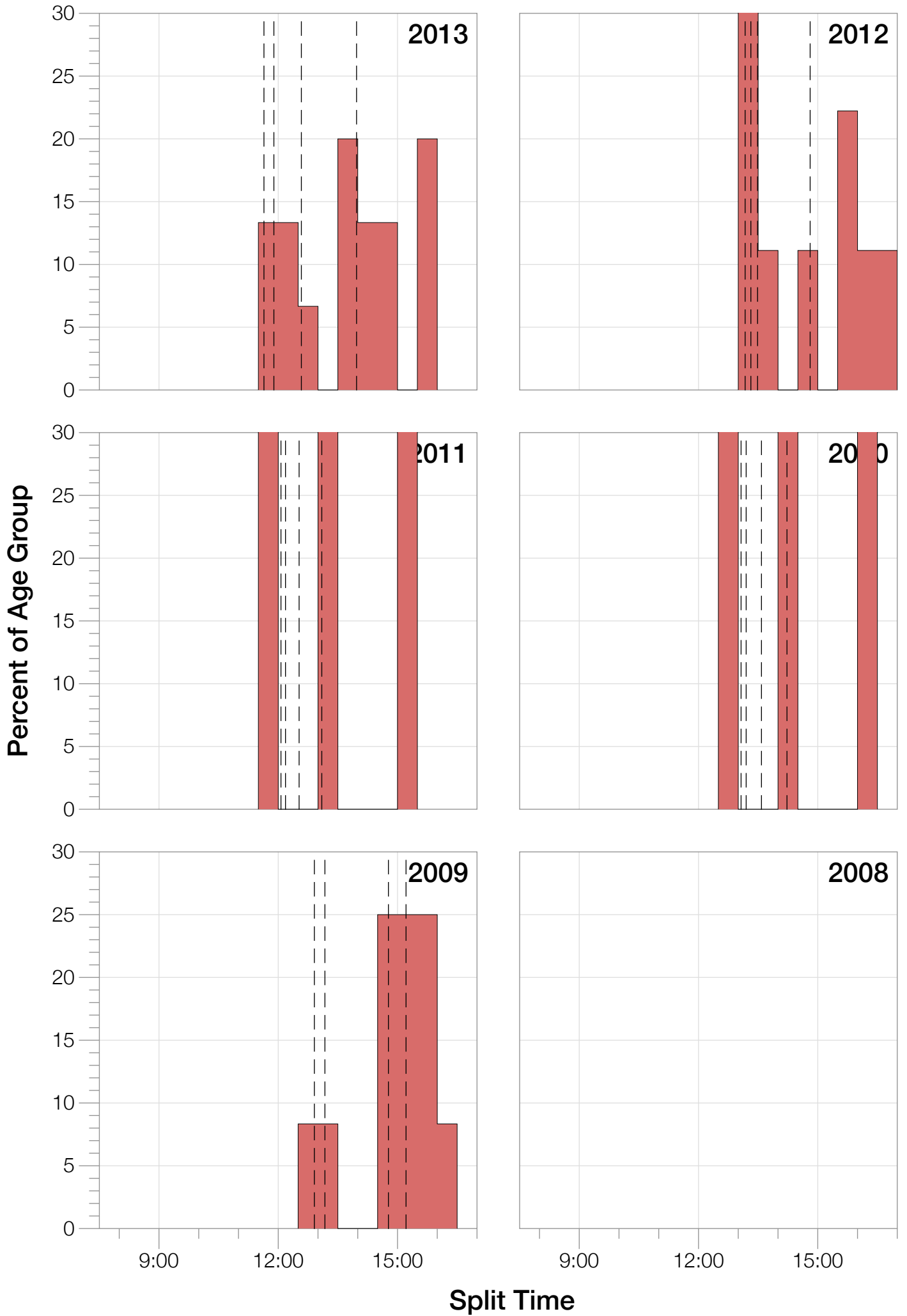
F50-54 Bike



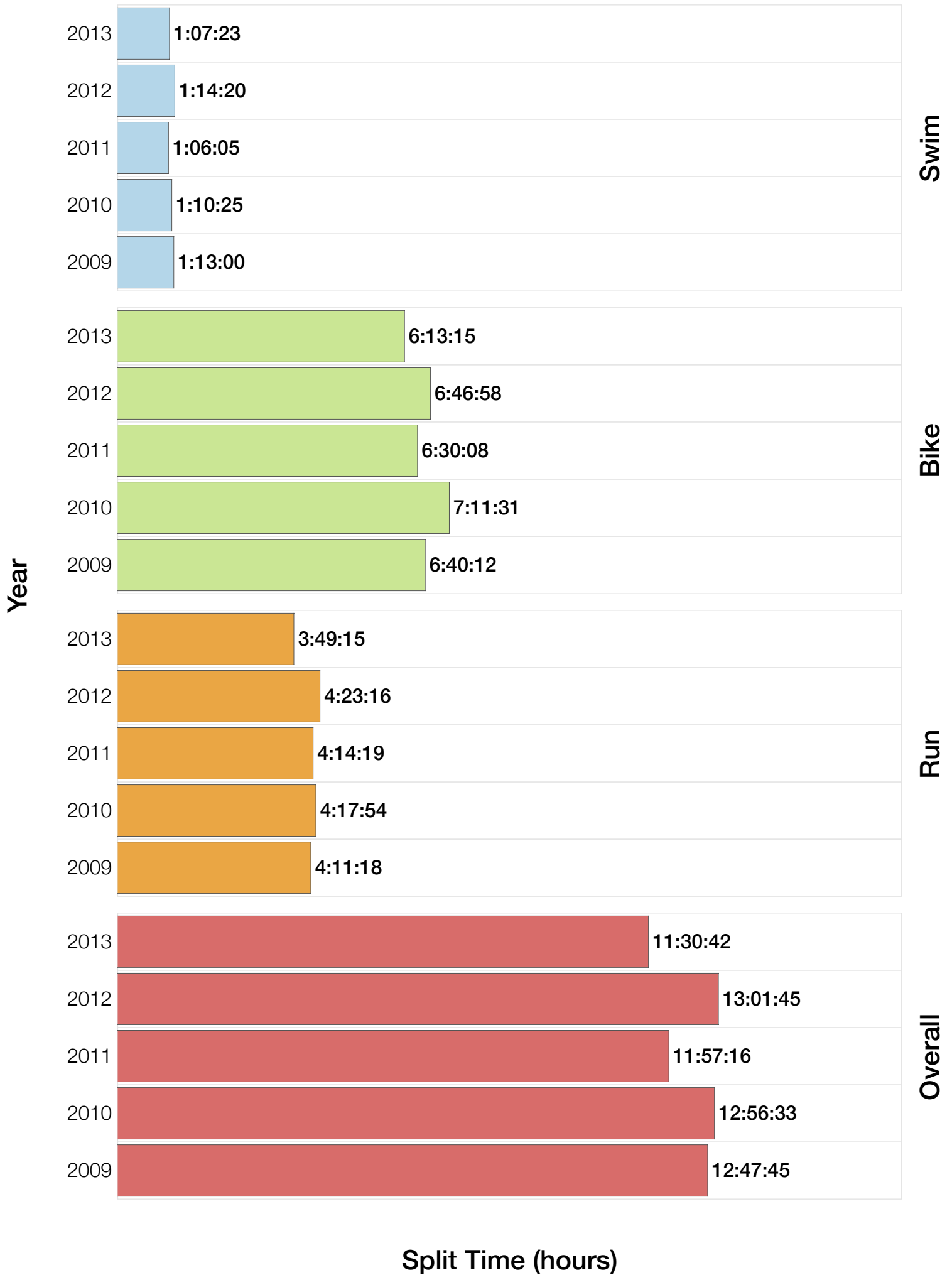
F50-54 Run



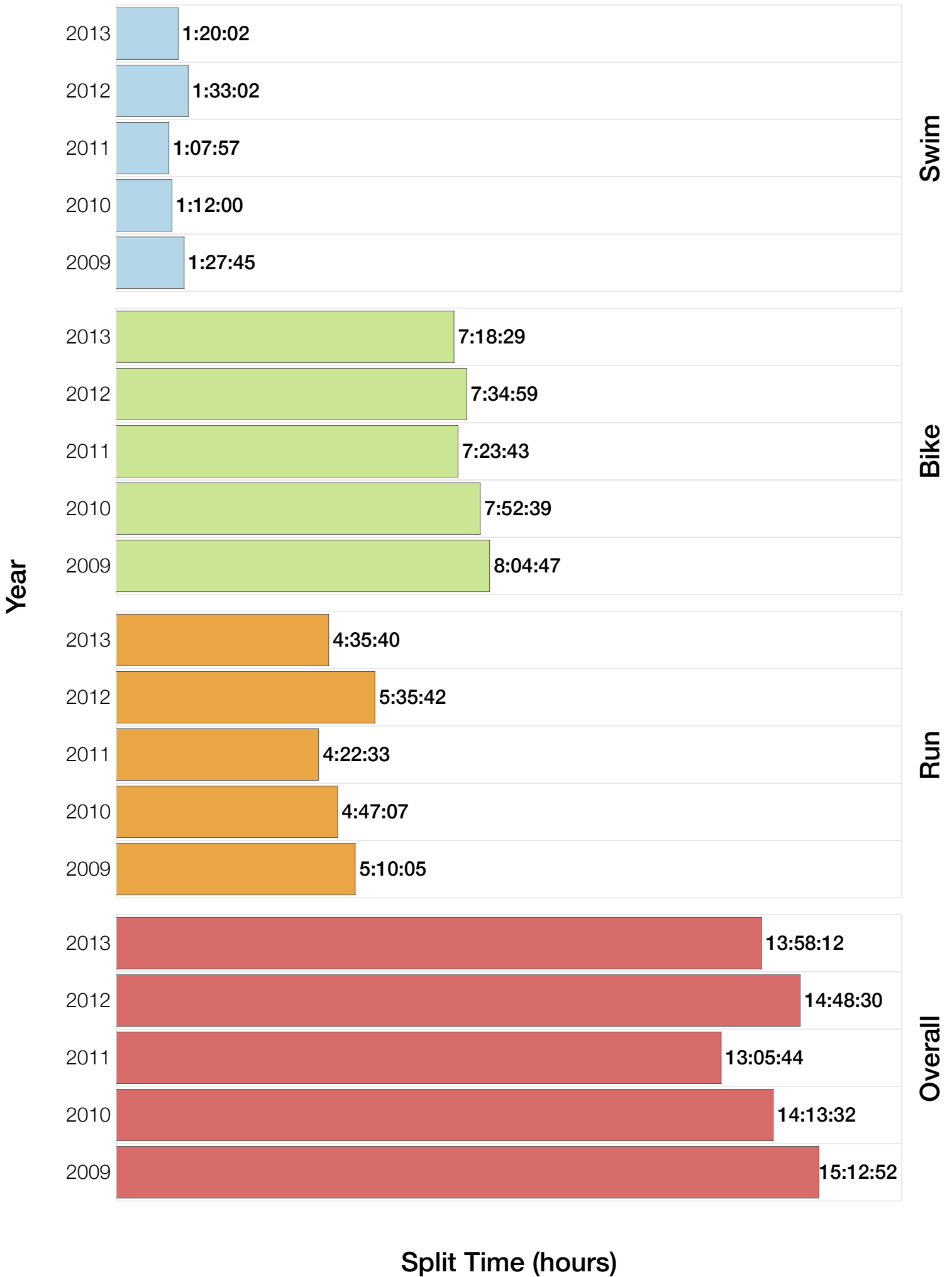
F50-54 Overall



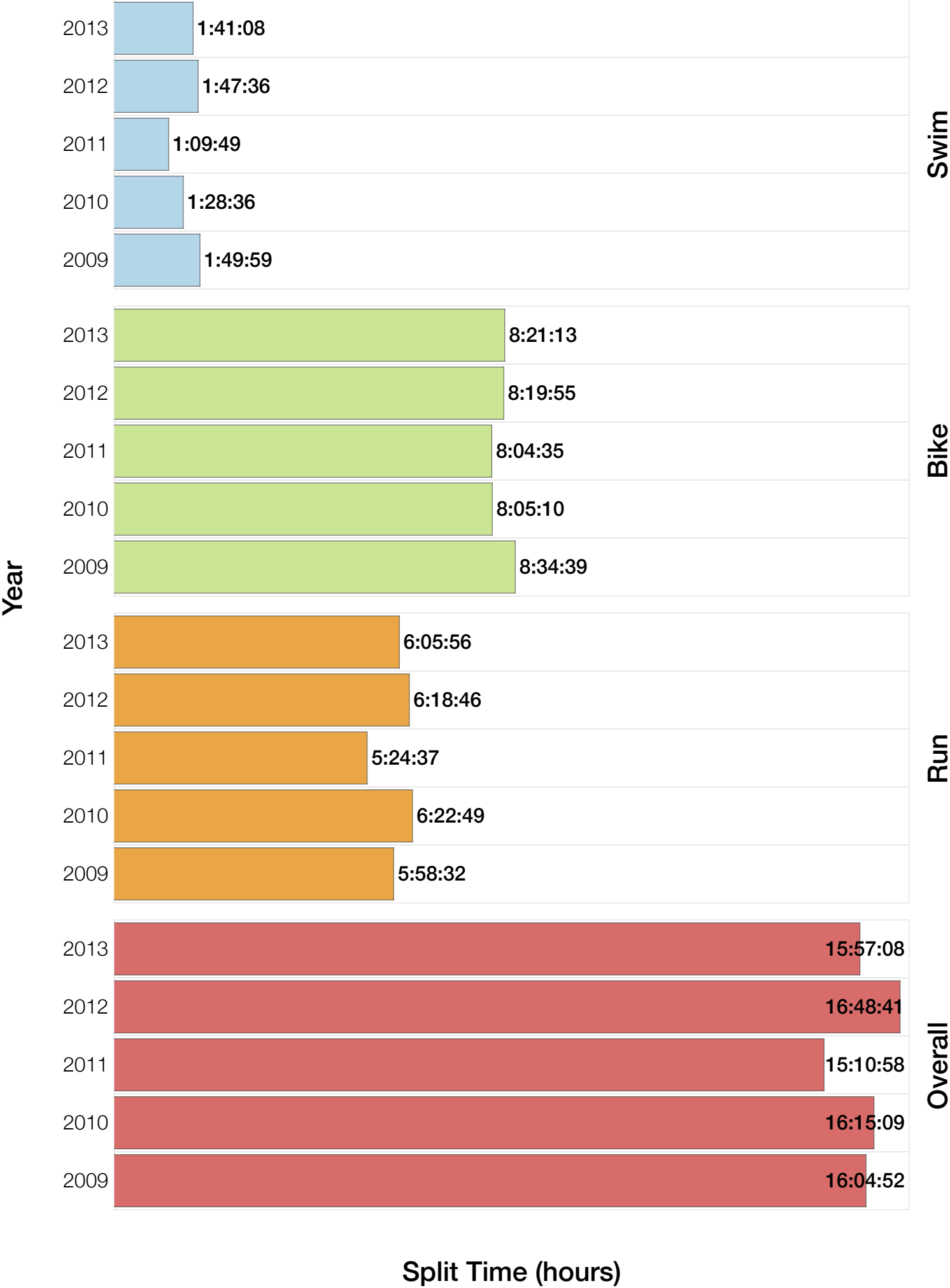
F50-54 Fastest Splits



F50-54 Median Splits

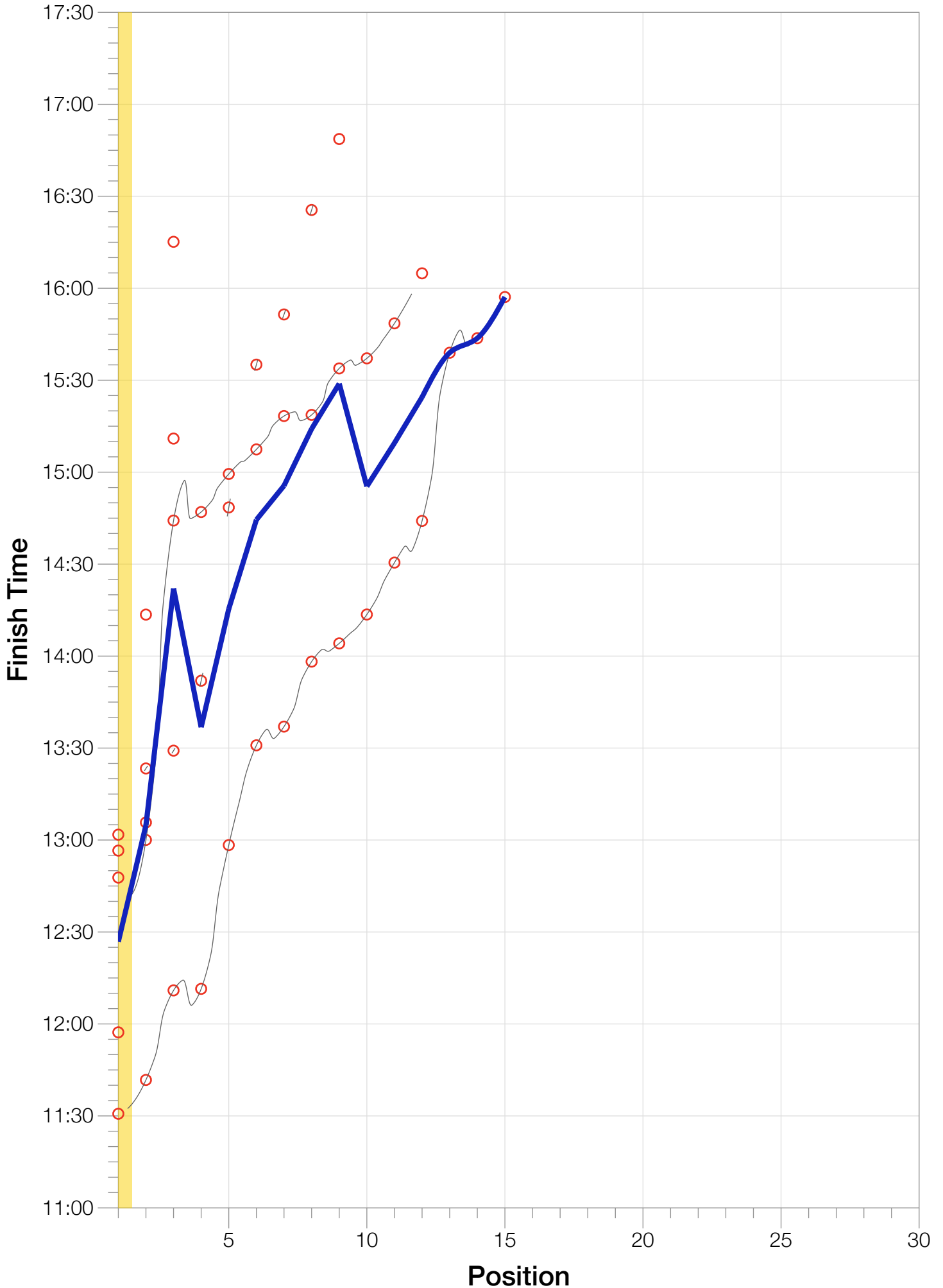


F50-54 Slowest Splits



F50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:15:02	6:44:43	4:15:37	12:26:48
Average 2nd Age Grouper	1:16:17	7:05:00	4:29:06	13:04:52
Average 3rd Age Grouper	1:30:39	7:35:29	4:59:20	14:22:05
Average 4th Age Grouper	1:22:07	7:12:40	4:43:03	13:36:48
Average 5th Age Grouper	1:19:46	7:32:54	5:06:34	14:15:25
Average 6th Age Grouper	1:30:01	7:40:30	5:14:34	14:44:28
Average 7th Age Grouper	1:33:23	7:46:28	5:11:18	14:55:35
Average 8th Age Grouper	1:30:16	8:13:40	5:10:25	15:14:08
Average 9th Age Grouper	1:34:20	8:11:44	5:18:37	15:28:53
Average 10th Age Grouper	1:31:38	7:42:15	5:20:00	14:55:21
Kona Qualifier Average	1:15:02	6:44:43	4:15:37	12:26:48
Top 10 Age Grouper Average	1:25:04	7:29:50	4:54:06	14:07:00

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	1:20:02	6:13:15	3:49:15	11:30:42
2nd Age Grouper	1:07:23	6:19:48	4:06:15	11:41:44
3rd Age Grouper	1:09:14	6:28:12	4:25:50	12:10:57
4th Age Grouper	1:07:28	6:36:56	4:18:02	12:11:27
5th Age Grouper	1:16:54	7:00:01	4:30:56	12:58:21
6th Age Grouper	1:34:26	7:11:31	4:32:51	13:30:54
7th Age Grouper	1:23:14	7:09:05	4:49:40	13:37:00
8th Age Grouper	1:19:03	7:46:27	4:35:40	13:58:12
9th Age Grouper	1:24:41	8:04:46	4:18:54	14:04:09
10th Age Grouper	1:27:44	7:18:29	5:05:29	14:13:34
Kona Qualifier Average	1:20:02	6:13:15	3:49:15	11:30:42
Top 10 Age Grouper Average	1:19:00	7:00:51	4:27:17	12:59:42

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:18:51	6:46:58	4:45:23	13:01:45
2nd Age Grouper	1:24:50	7:08:39	4:31:13	13:23:21
3rd Age Grouper	1:34:49	7:13:06	4:23:16	13:29:09
4th Age Grouper	1:33:02	7:19:43	4:39:30	13:51:58
5th Age Grouper	1:14:20	7:34:59	5:44:59	14:48:30
6th Age Grouper	1:32:20	8:00:23	5:40:51	15:35:05
7th Age Grouper	1:47:36	8:04:28	5:35:42	15:51:27
8th Age Grouper	1:44:42	8:19:55	5:57:02	16:25:32
9th Age Grouper	1:44:40	8:18:14	6:18:46	16:48:41
Kona Qualifier Average	1:18:51	6:46:58	4:45:23	13:01:45
Top 10 Age Grouper Average	1:32:47	7:38:29	5:17:24	14:48:23

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	1:06:05	6:30:08	4:14:19	11:57:16
2nd Age Grouper	1:09:49	7:23:43	4:22:33	13:05:44
3rd Age Grouper		8:04:35	5:24:37	15:10:58
Kona Qualifier Average	1:06:05	6:30:08	4:14:19	11:57:16
Top 10 Age Grouper Average	1:07:57	7:19:28	4:40:29	13:24:39

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	1:10:25	7:11:31	4:17:54	12:56:33
2nd Age Grouper	1:12:00	7:52:39	4:47:07	14:13:32
3rd Age Grouper	1:28:36	8:05:10	6:22:49	16:15:09
Kona Qualifier Average	1:10:25	7:11:31	4:17:54	12:56:33
Top 10 Age Grouper Average	1:17:00	7:43:06	5:09:16	14:28:24

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:19:48	7:01:44	4:11:18	12:47:45
2nd Age Grouper	1:27:25	6:40:12	4:38:24	13:00:02
3rd Age Grouper	1:49:59	8:06:23	4:20:08	14:44:13
4th Age Grouper	1:25:53	7:41:21	5:11:39	14:47:00
5th Age Grouper	1:28:06	8:03:43	5:03:48	14:59:25
6th Age Grouper	1:23:19	7:49:37	5:30:00	15:07:26
7th Age Grouper	1:29:19	8:05:52	5:08:32	15:18:19
8th Age Grouper	1:27:05	8:34:39	4:58:35	15:18:41
9th Age Grouper	1:33:41	8:12:12	5:18:13	15:33:51
10th Age Grouper	1:35:33	8:06:01	5:34:32	15:37:08
Kona Qualifier Average	1:19:48	7:01:44	4:11:18	12:47:45
Top 10 Age Grouper Average	1:30:00	7:50:10	4:59:30	14:43:23