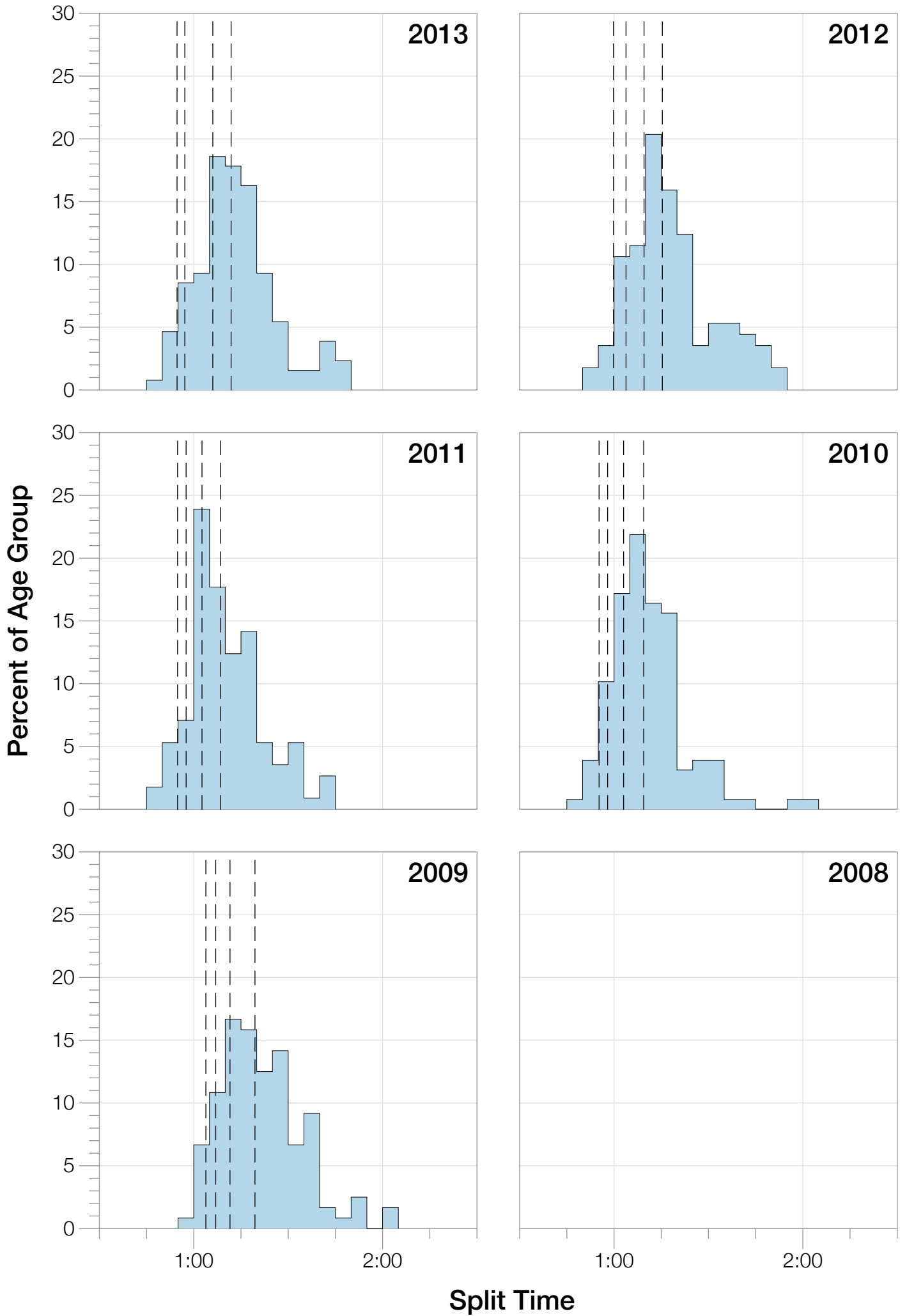


Ironman UK M25-29 Stats

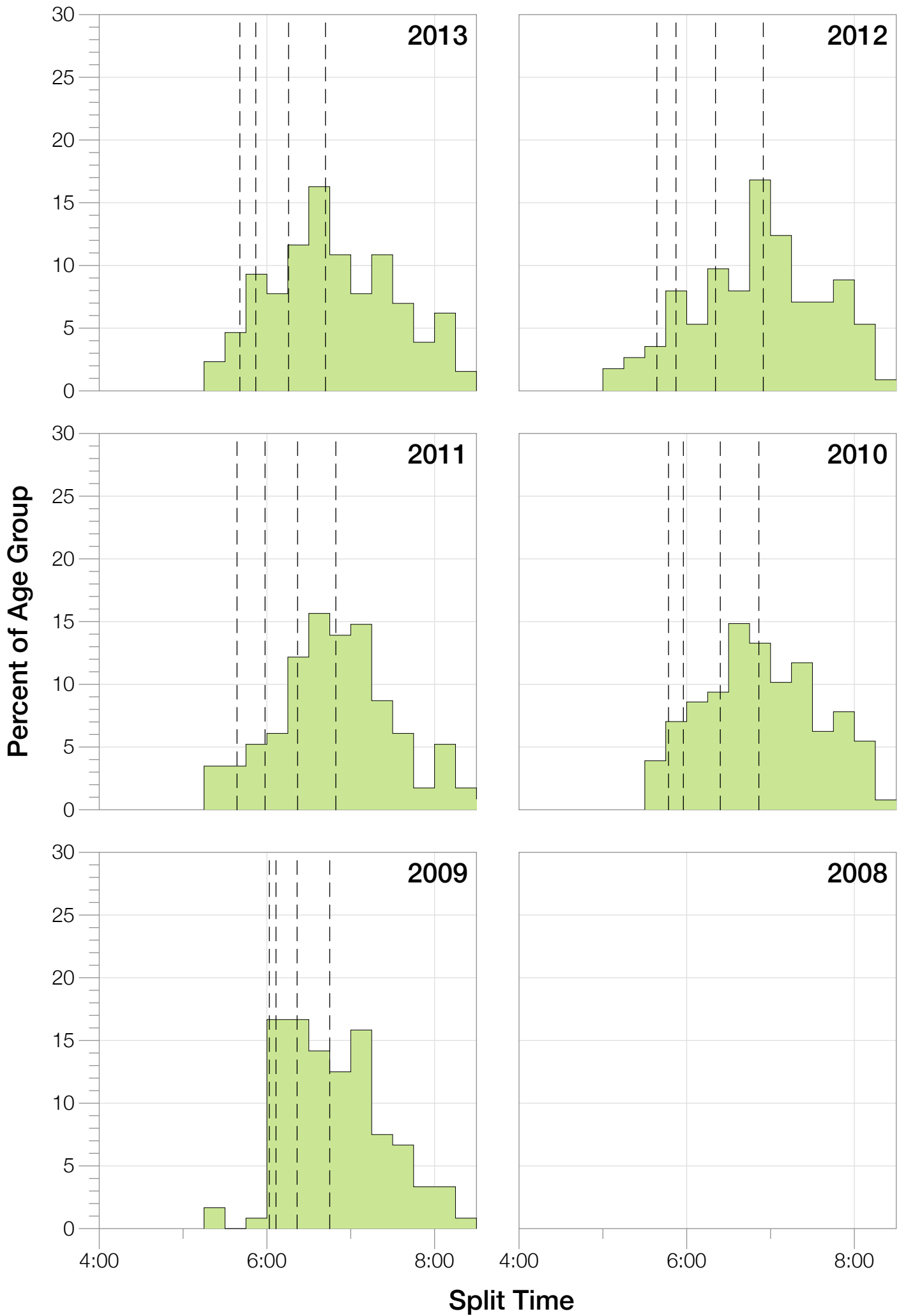
M25-29 Summary Statistics

Year	Finishers	M25-29 Finishers	Male Winner's Time	Female Winner's Time	M25-29 Winner's Time
2009	1260	121	8:45:51	9:33:59	9:49:20
2010	1052	128	8:40:17	10:01:02	9:47:30
2011	1038	116	8:24:33	9:37:31	9:17:24
2012	1180	113	8:55:11	10:08:44	9:11:10
2013	1355	129	8:45:48	9:29:12	9:47:23
Average	1177	121	8:42:20	9:46:05	9:34:33

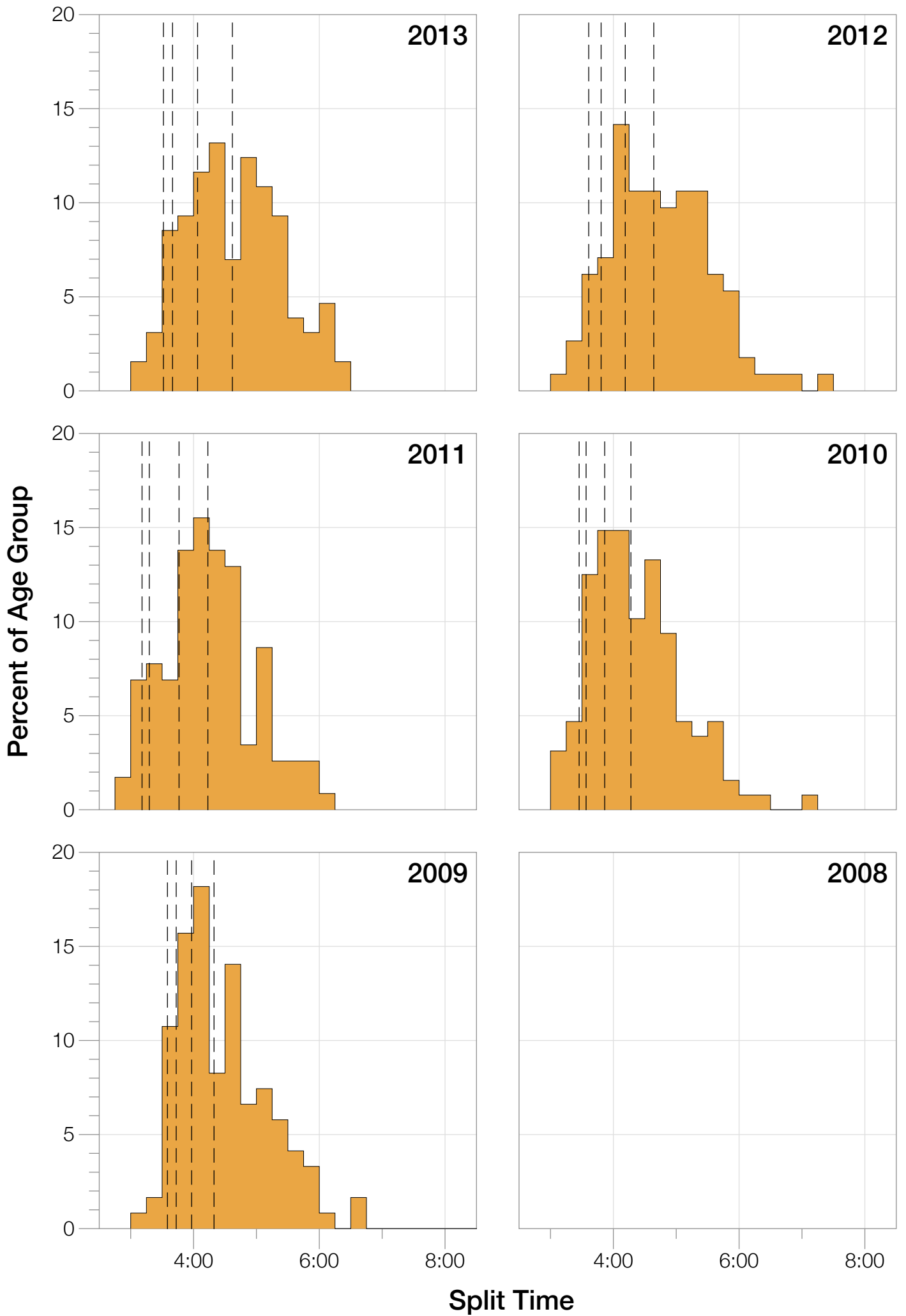
M25-29 Swim



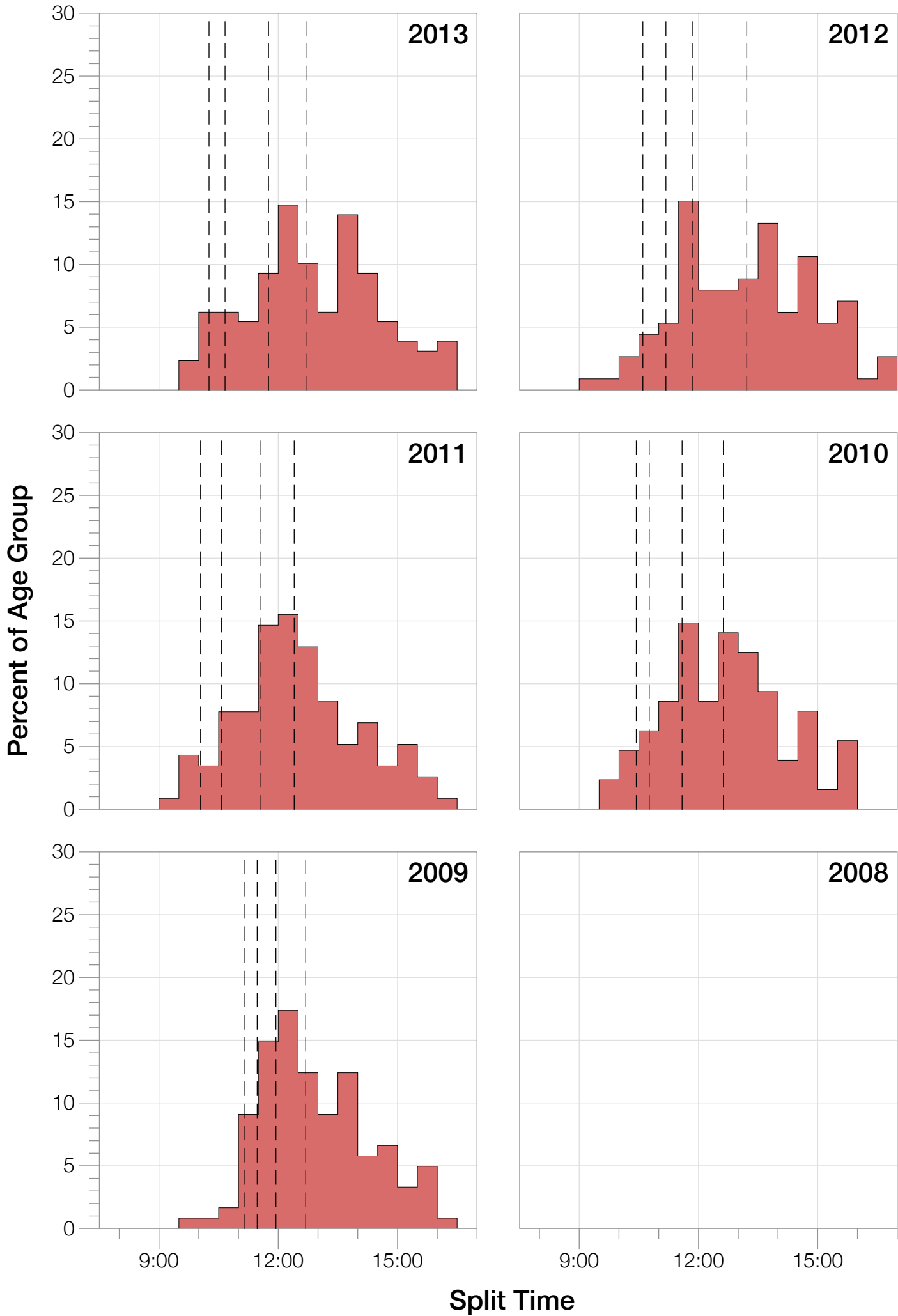
M25-29 Bike



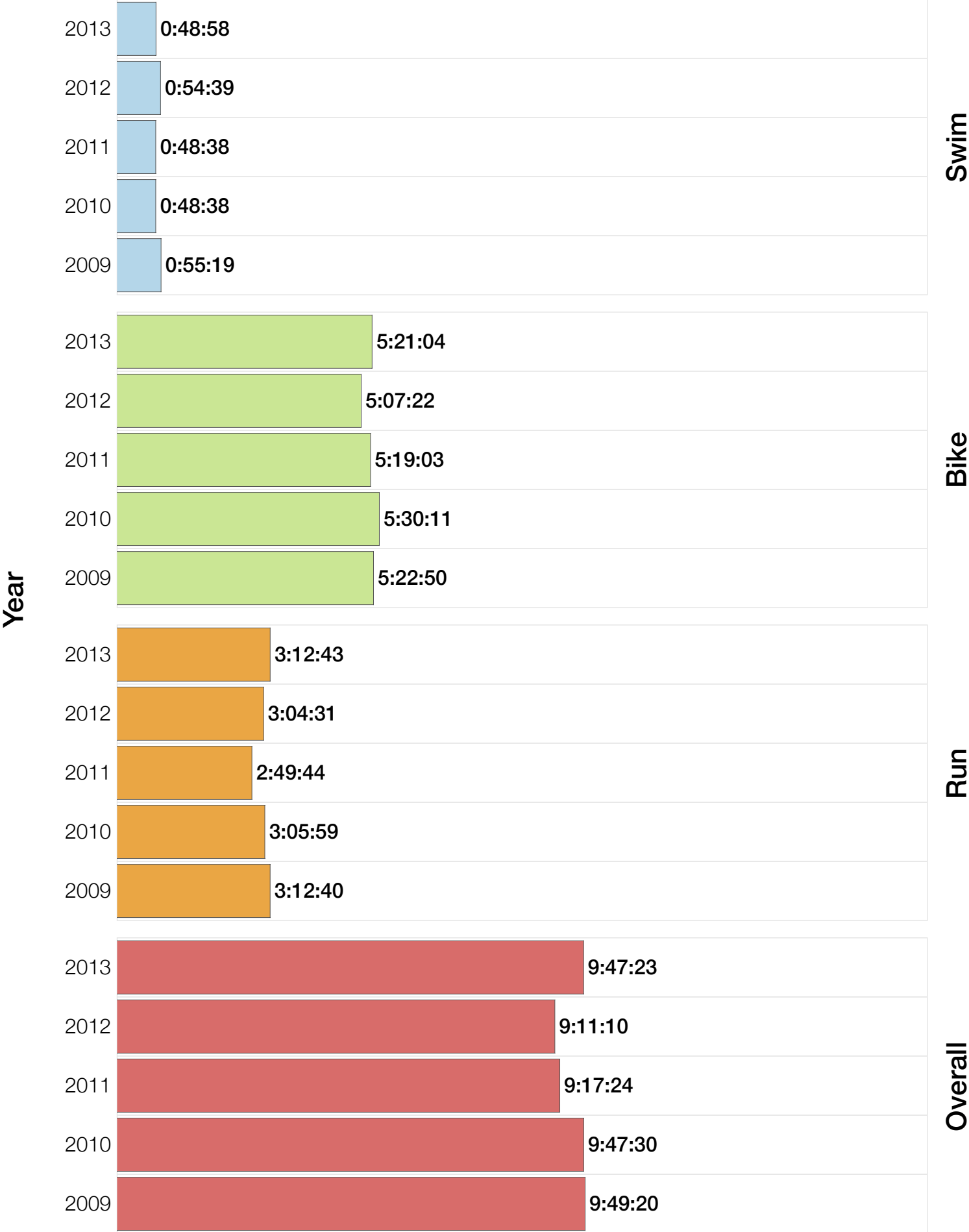
M25-29 Run



M25-29 Overall

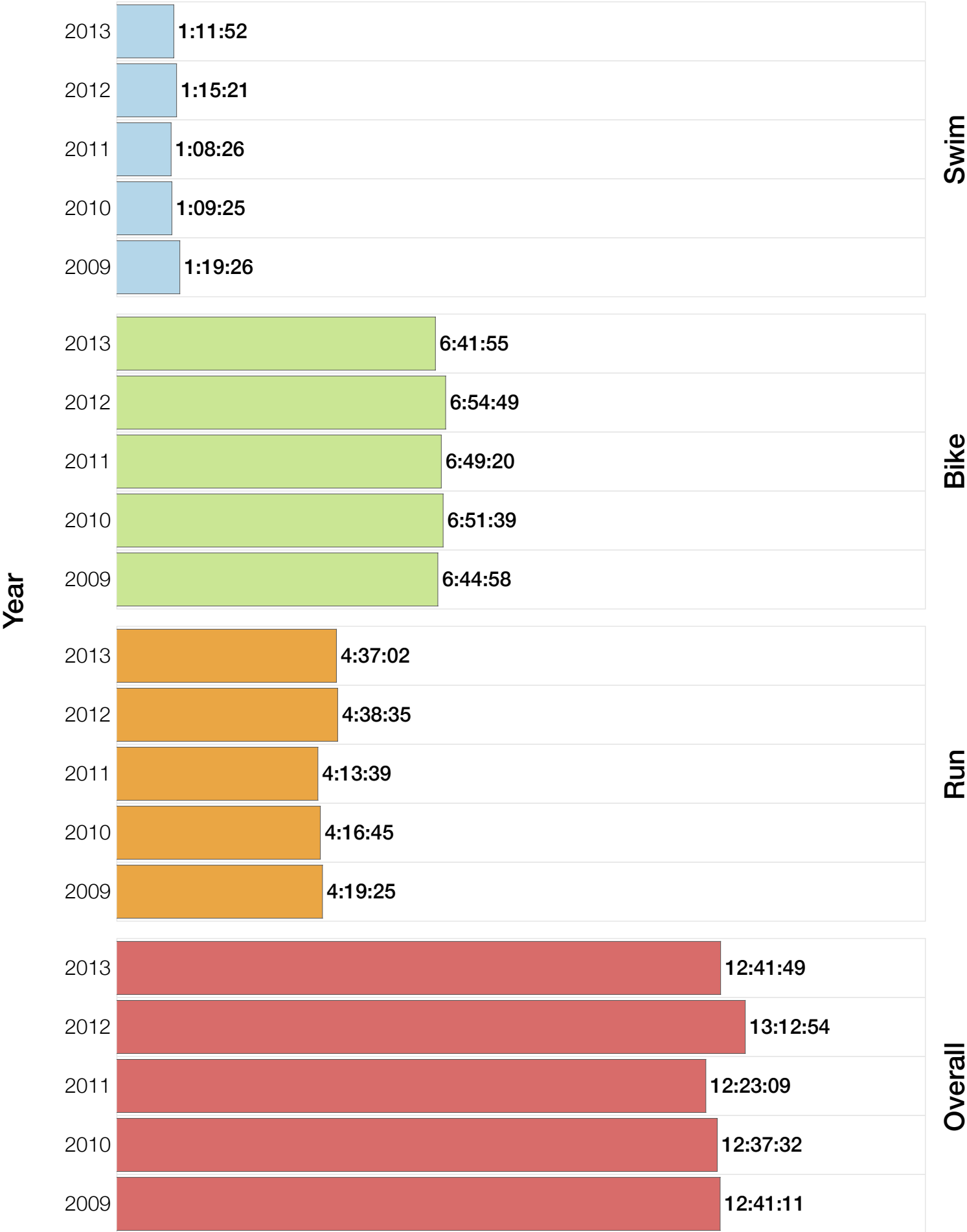


M25-29 Fastest Splits



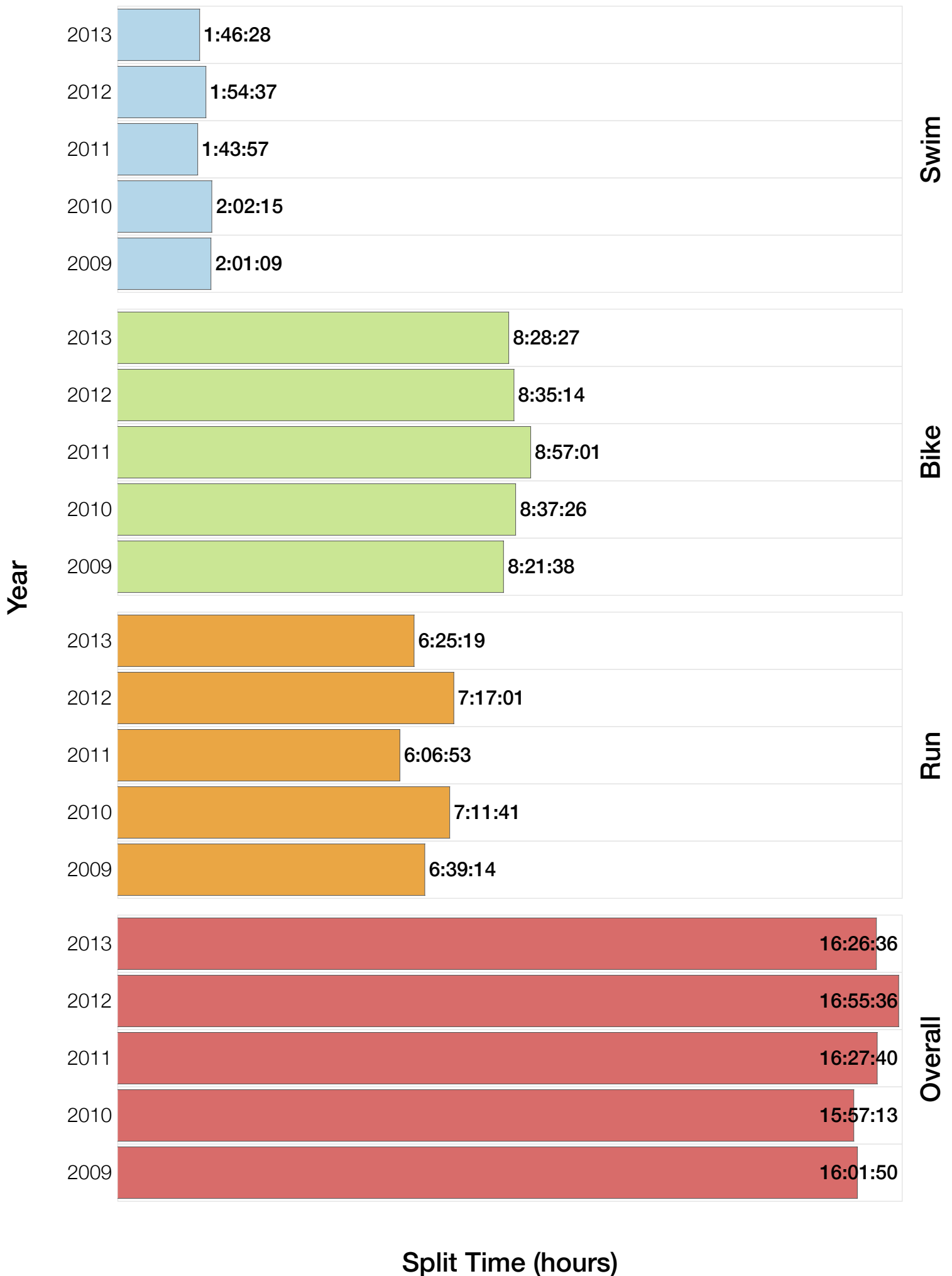
Split Time (hours)

M25-29 Median Splits



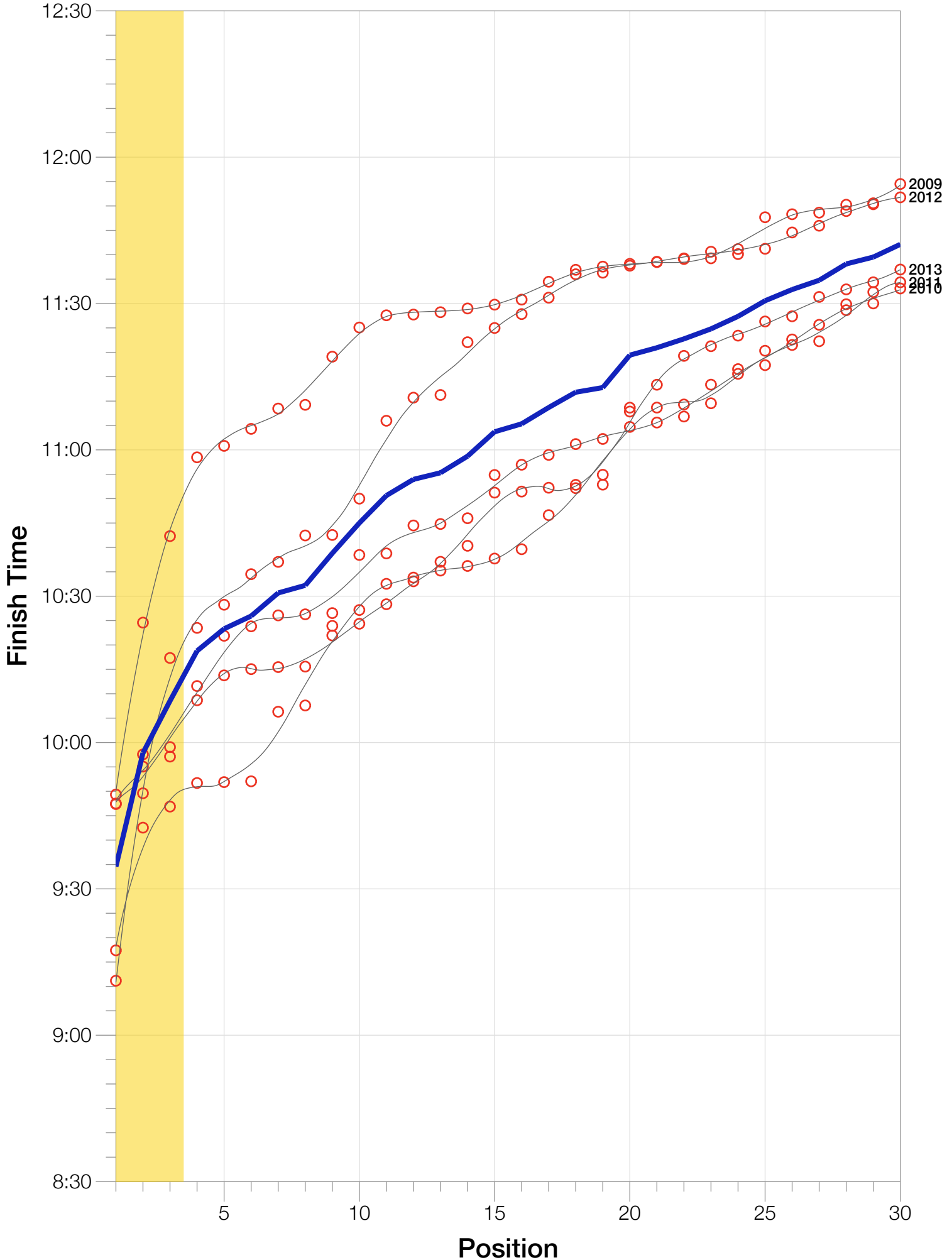
Split Time (hours)

M25-29 Slowest Splits



M25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	0:55:41	5:21:27	3:11:47	9:34:33
Average 2nd Age Grouper	1:00:47	5:27:42	3:22:20	9:57:52
Average 3rd Age Grouper	1:01:39	5:38:34	3:21:15	10:08:32
Average 4th Age Grouper	1:03:17	5:41:40	3:27:12	10:18:47
Average 5th Age Grouper	0:58:57	5:42:10	3:35:16	10:23:19
Average 6th Age Grouper	1:00:35	5:45:02	3:33:09	10:25:56
Average 7th Age Grouper	1:05:57	5:55:20	3:20:52	10:30:40
Average 8th Age Grouper	1:03:52	5:55:31	3:22:53	10:32:13
Average 9th Age Grouper	1:05:26	5:46:03	3:38:47	10:38:48
Average 10th Age Grouper	1:04:15	5:59:03	3:33:33	10:45:00
Kona Qualifier Average	0:59:22	5:29:14	3:18:27	9:53:39
Top 10 Age Grouper Average	1:02:03	5:43:15	3:26:42	10:19:34

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	0:55:36	5:23:26	3:22:35	9:47:23
2nd Age Grouper	0:56:12	5:30:01	3:22:36	9:55:04
3rd Age Grouper	0:53:55	5:21:04	3:36:24	9:57:07
4th Age Grouper	0:56:27	5:44:15	3:25:00	10:11:35
5th Age Grouper	0:57:11	5:31:03	3:39:33	10:13:46
6th Age Grouper	0:52:27	5:27:32	3:48:29	10:15:03
7th Age Grouper	1:03:47	5:49:36	3:12:43	10:15:28
8th Age Grouper	0:54:24	5:56:33	3:14:50	10:15:34
9th Age Grouper	1:06:55	5:35:35	3:32:44	10:21:57
10th Age Grouper	0:55:07	5:55:26	3:27:02	10:24:21
Kona Qualifier Average	0:55:14	5:24:50	3:27:11	9:53:11
Top 10 Age Grouper Average	0:57:12	5:37:27	3:28:11	10:09:43

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	0:54:40	5:07:22	3:04:31	9:11:10
2nd Age Grouper	1:04:13	5:11:11	3:28:29	9:49:36
3rd Age Grouper	1:03:22	5:26:00	3:40:13	10:17:20
4th Age Grouper	1:00:08	5:30:48	3:47:24	10:23:30
5th Age Grouper	1:03:55	5:25:55	3:51:59	10:28:15
6th Age Grouper	0:57:23	5:51:51	3:38:01	10:34:31
7th Age Grouper	1:07:10	5:54:14	3:29:07	10:37:02
8th Age Grouper	1:12:49	5:57:12	3:23:59	10:42:27
9th Age Grouper	0:58:10	5:27:16	4:12:19	10:42:33
10th Age Grouper	1:15:20	5:48:54	3:38:20	10:50:00
Kona Qualifier Average	1:00:45	5:14:51	3:24:24	9:46:02
Top 10 Age Grouper Average	1:03:43	5:34:04	3:37:26	10:21:38

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	0:54:30	5:19:03	2:59:30	9:17:24
2nd Age Grouper	0:58:30	5:28:43	3:10:15	9:42:33
3rd Age Grouper	1:01:30	5:29:50	3:11:02	9:46:52
4th Age Grouper	1:01:21	5:41:37	3:03:20	9:51:42
5th Age Grouper	0:48:38	5:46:14	3:11:19	9:51:53
6th Age Grouper	1:02:16	5:24:28	3:19:05	9:52:03
7th Age Grouper	1:08:50	5:59:27	2:49:44	10:06:19
8th Age Grouper	1:02:24	5:38:45	3:19:00	10:07:36
9th Age Grouper	0:57:36	5:55:43	3:22:16	10:23:55
10th Age Grouper	1:00:15	5:59:34	3:16:30	10:27:10
Kona Qualifier Average	0:58:10	5:25:52	3:06:55	9:35:36
Top 10 Age Grouper Average	0:59:35	5:40:20	3:10:12	9:56:44

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	0:53:14	5:34:37	3:13:29	9:47:30
2nd Age Grouper	0:59:36	5:39:40	3:08:21	9:57:34
3rd Age Grouper	0:55:19	5:47:37	3:05:59	9:59:04
4th Age Grouper	1:15:22	5:30:11	3:14:50	10:08:40
5th Age Grouper	0:58:57	5:46:25	3:28:43	10:21:53
6th Age Grouper	0:56:04	5:57:09	3:25:10	10:23:49
7th Age Grouper	0:54:25	5:50:02	3:36:03	10:26:04
8th Age Grouper	0:57:42	5:55:48	3:24:16	10:26:17
9th Age Grouper	1:00:48	5:42:02	3:37:47	10:26:32
10th Age Grouper	1:01:03	6:01:56	3:29:32	10:38:27
Kona Qualifier Average	0:56:03	5:40:38	3:09:16	9:54:42
Top 10 Age Grouper Average	0:59:15	5:46:32	3:22:25	10:15:35

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:00:28	5:22:50	3:18:53	9:49:20
2nd Age Grouper	1:05:28	5:28:58	3:42:02	10:24:35
3rd Age Grouper	1:14:10	6:08:20	3:12:40	10:42:19
4th Age Grouper	1:03:08	6:01:32	3:45:30	10:58:28
5th Age Grouper	1:06:08	6:01:16	3:44:48	11:00:49
6th Age Grouper	1:14:48	6:04:10	3:35:04	11:04:18
7th Age Grouper	1:15:36	6:03:21	3:36:46	11:08:28
8th Age Grouper	1:12:01	6:09:19	3:32:20	11:09:14
9th Age Grouper	1:23:42	6:09:43	3:28:51	11:19:06
10th Age Grouper	1:09:33	6:09:28	3:56:25	11:25:05
Kona Qualifier Average	1:06:42	5:40:02	3:24:31	10:18:44
Top 10 Age Grouper Average	1:10:30	5:57:53	3:35:19	10:54:10