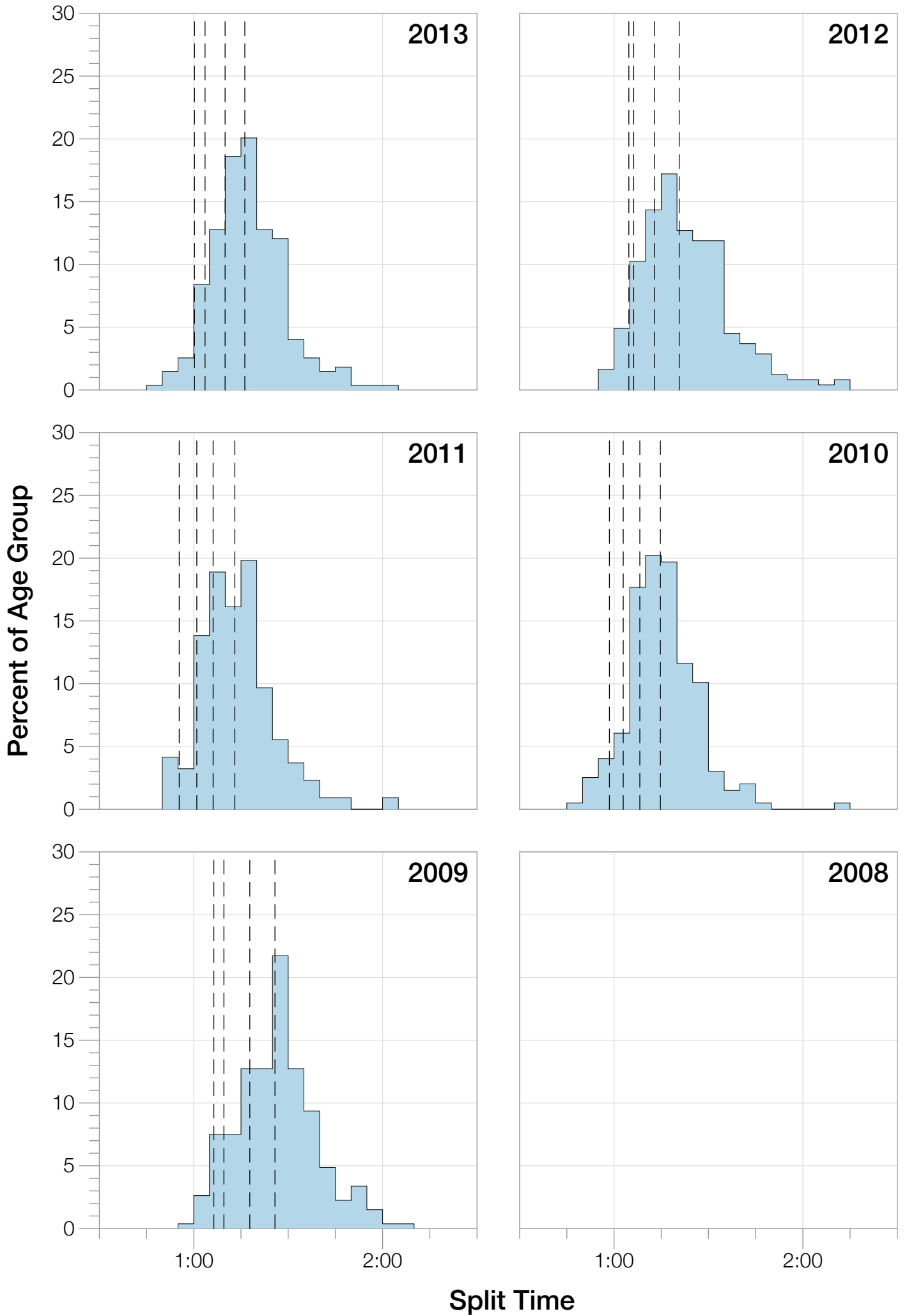


Ironman UK M40-44 Stats

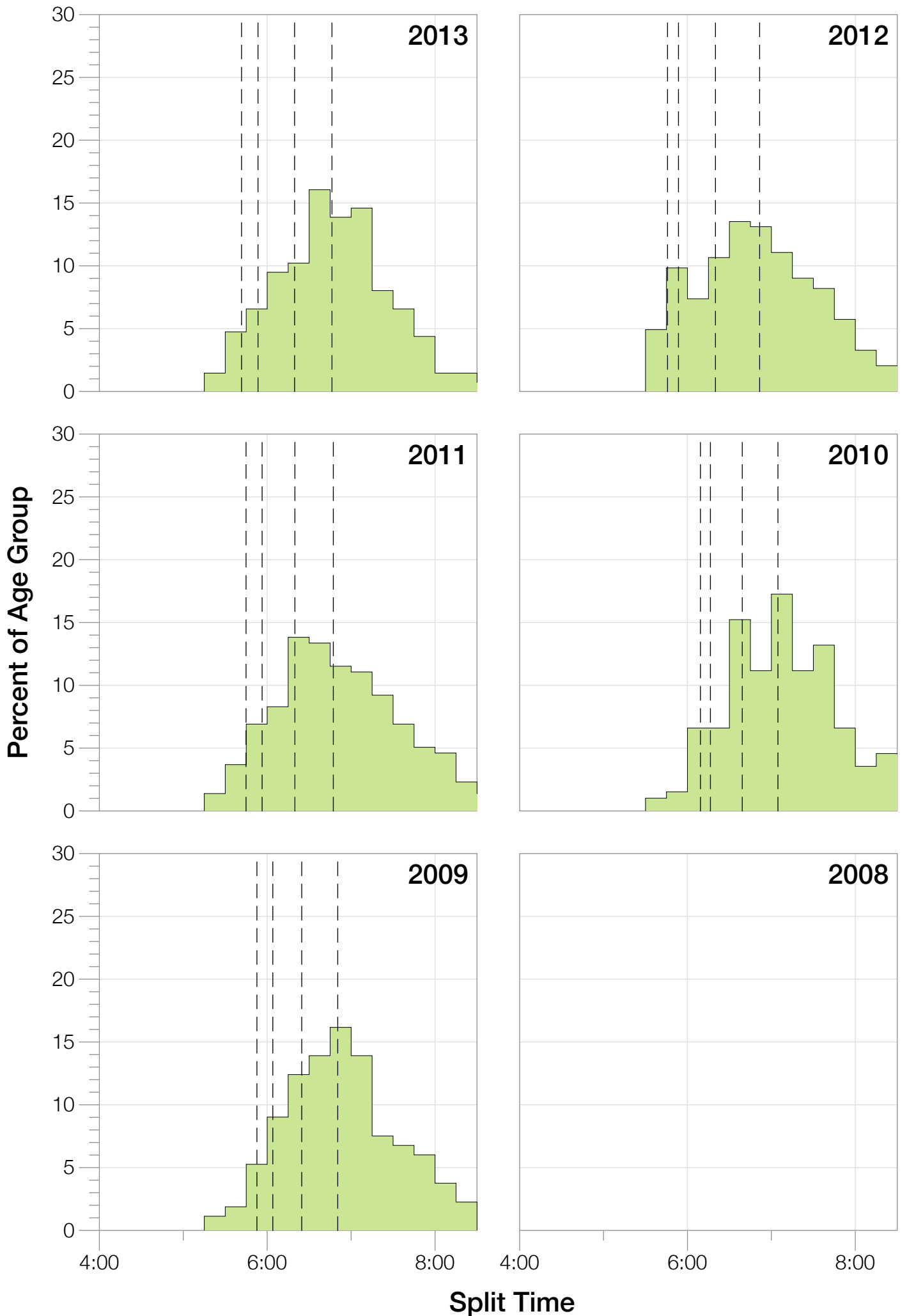
M40-44 Summary Statistics

Year	Finishers	M40-44 Finishers	Male Winner's Time	Female Winner's Time	M40-44 Winner's Time
2009	1260	267	8:45:51	9:33:59	9:50:45
2010	1052	198	8:40:17	10:01:02	9:45:17
2011	1038	217	8:24:33	9:37:31	9:36:15
2012	1180	244	8:55:11	10:08:44	9:57:41
2013	1355	274	8:45:48	9:29:12	9:59:55
Average	1177	240	8:42:20	9:46:05	9:49:58

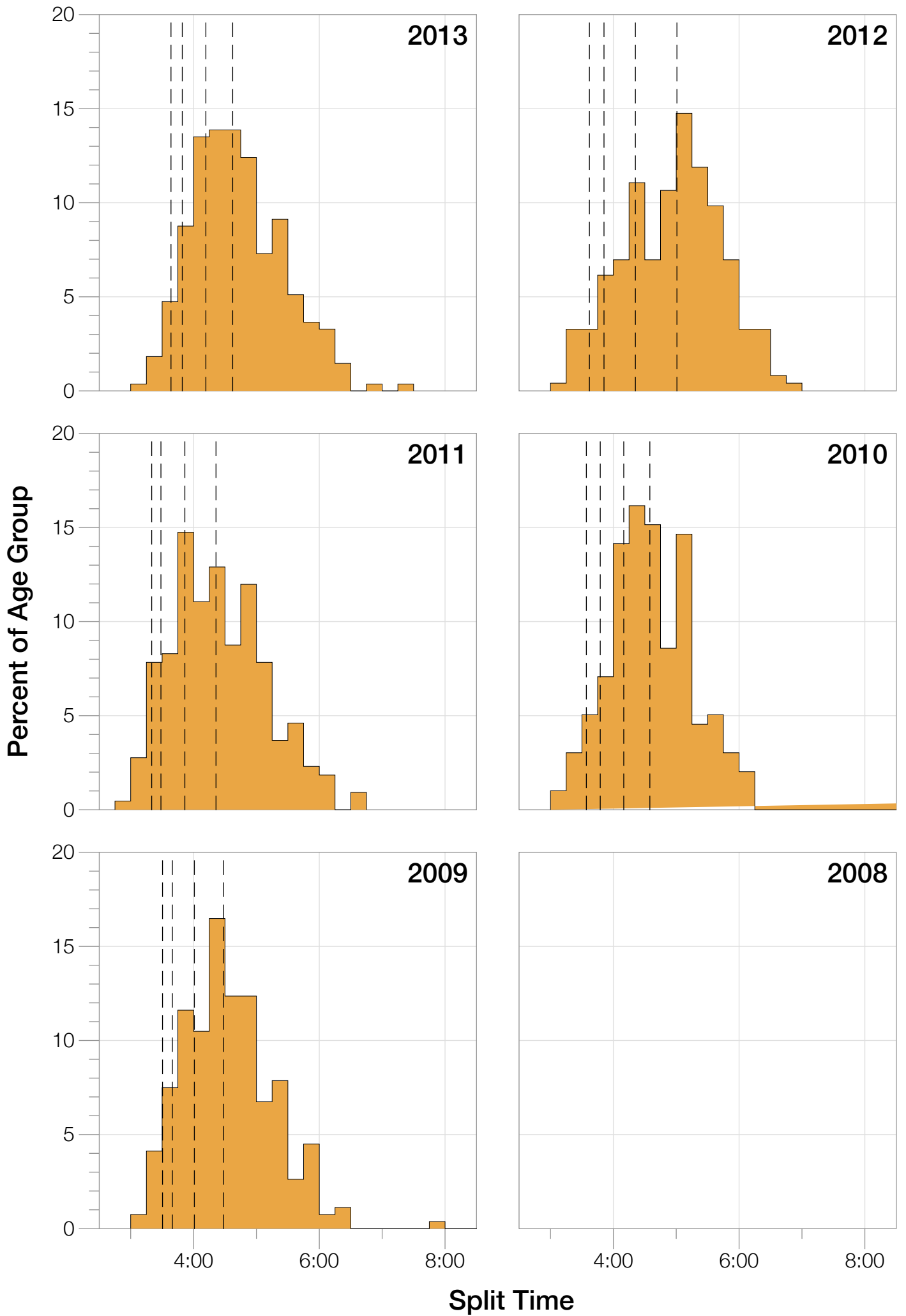
M40-44 Swim



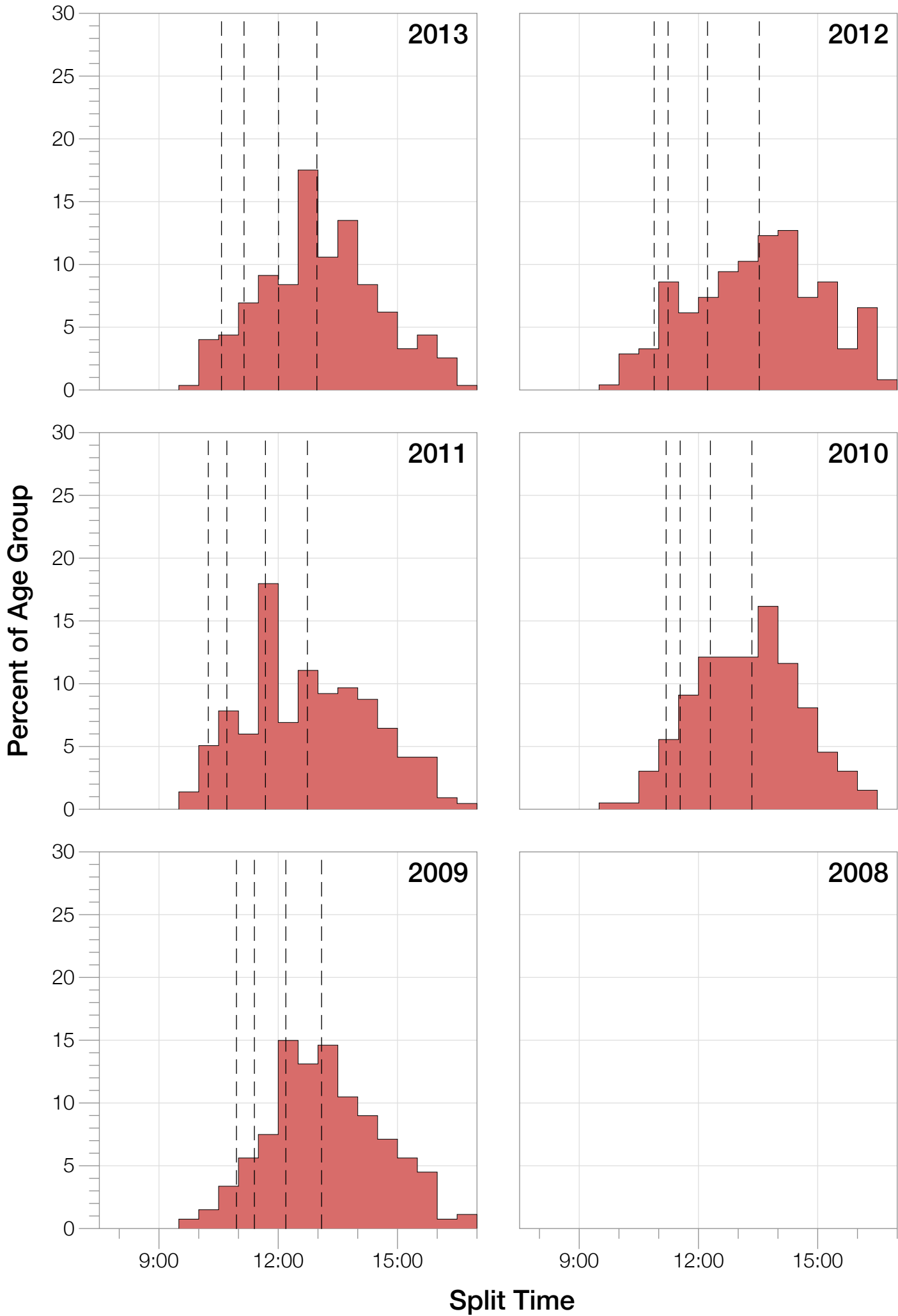
M40-44 Bike



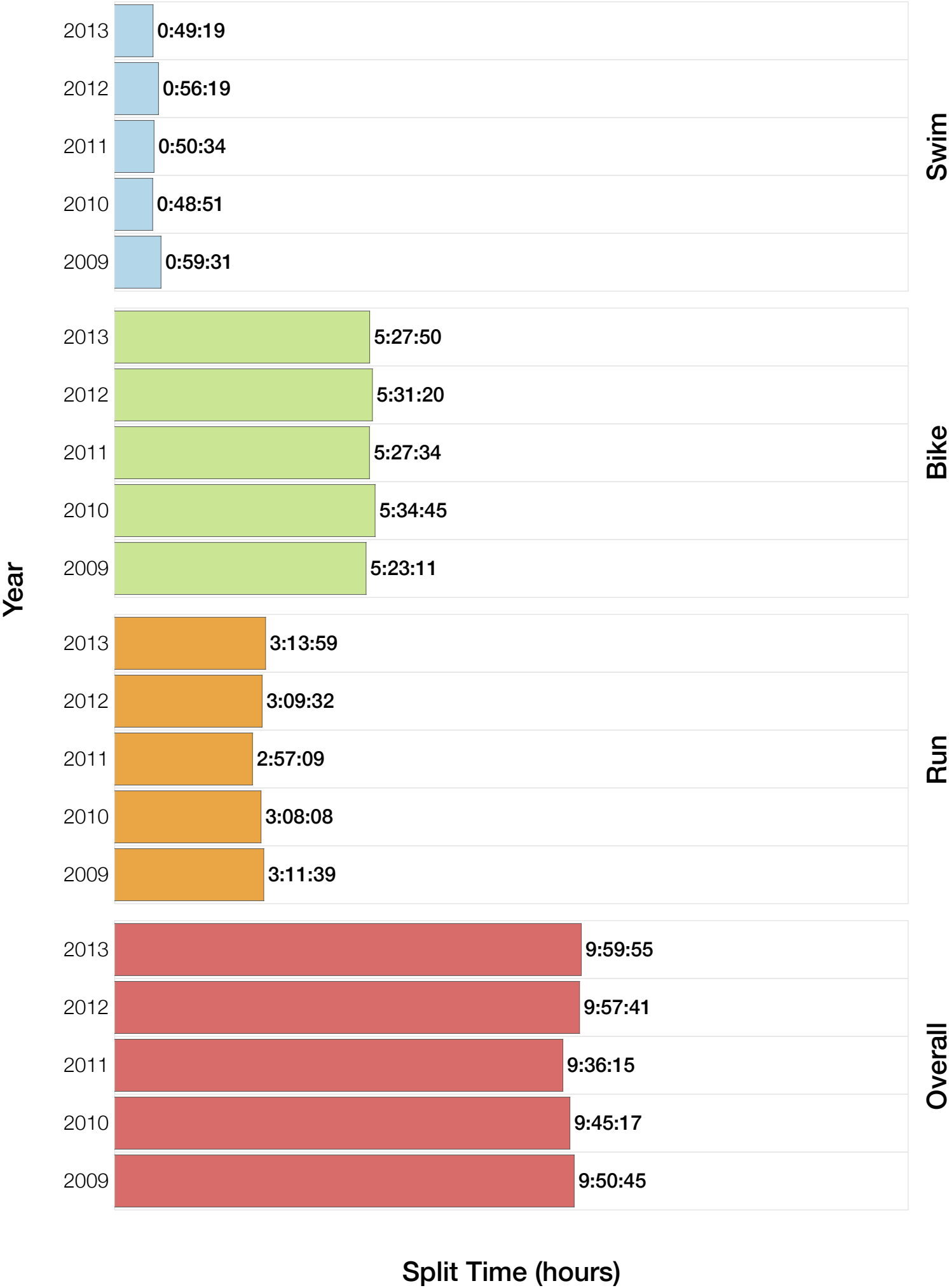
M40-44 Run



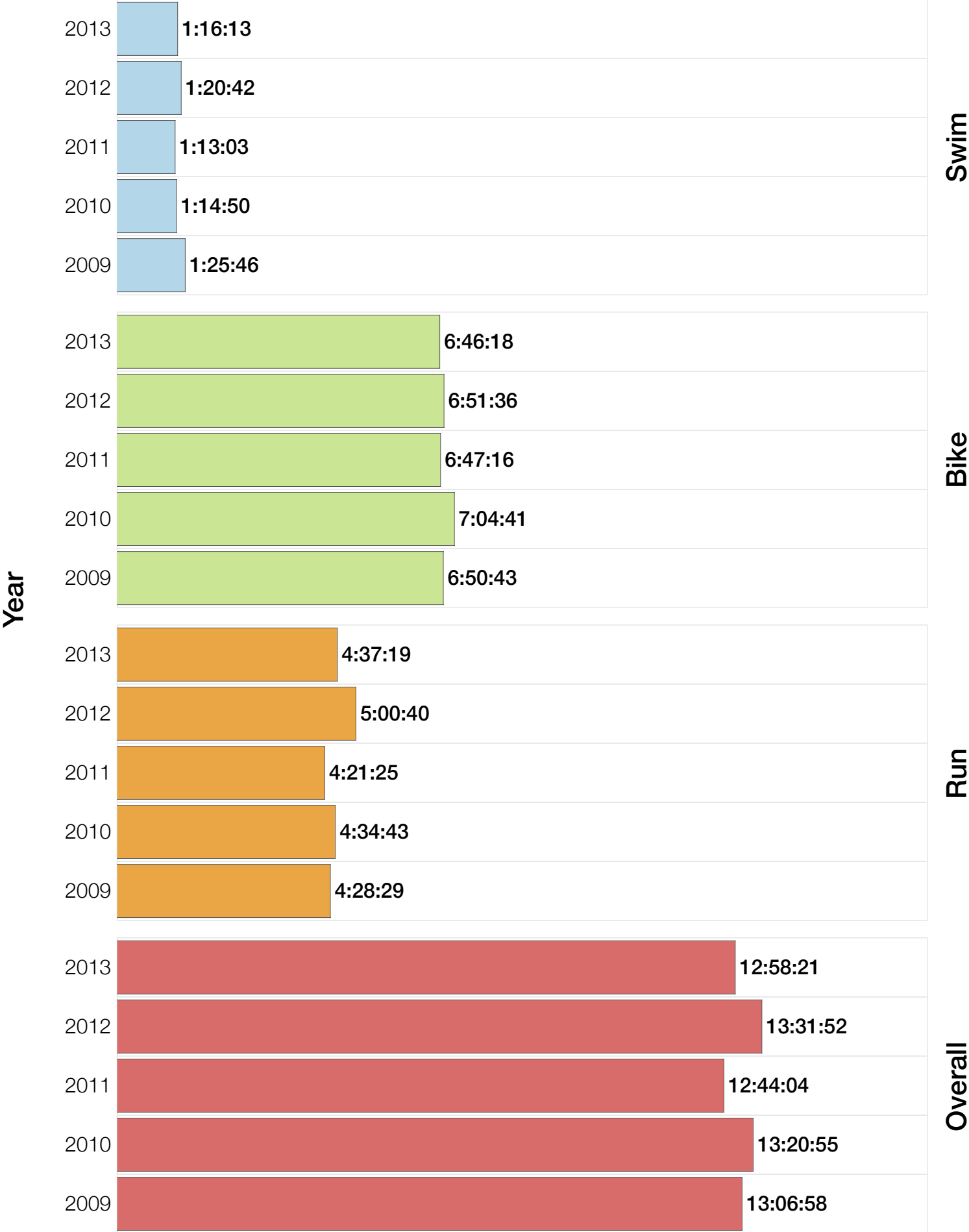
M40-44 Overall



M40-44 Fastest Splits

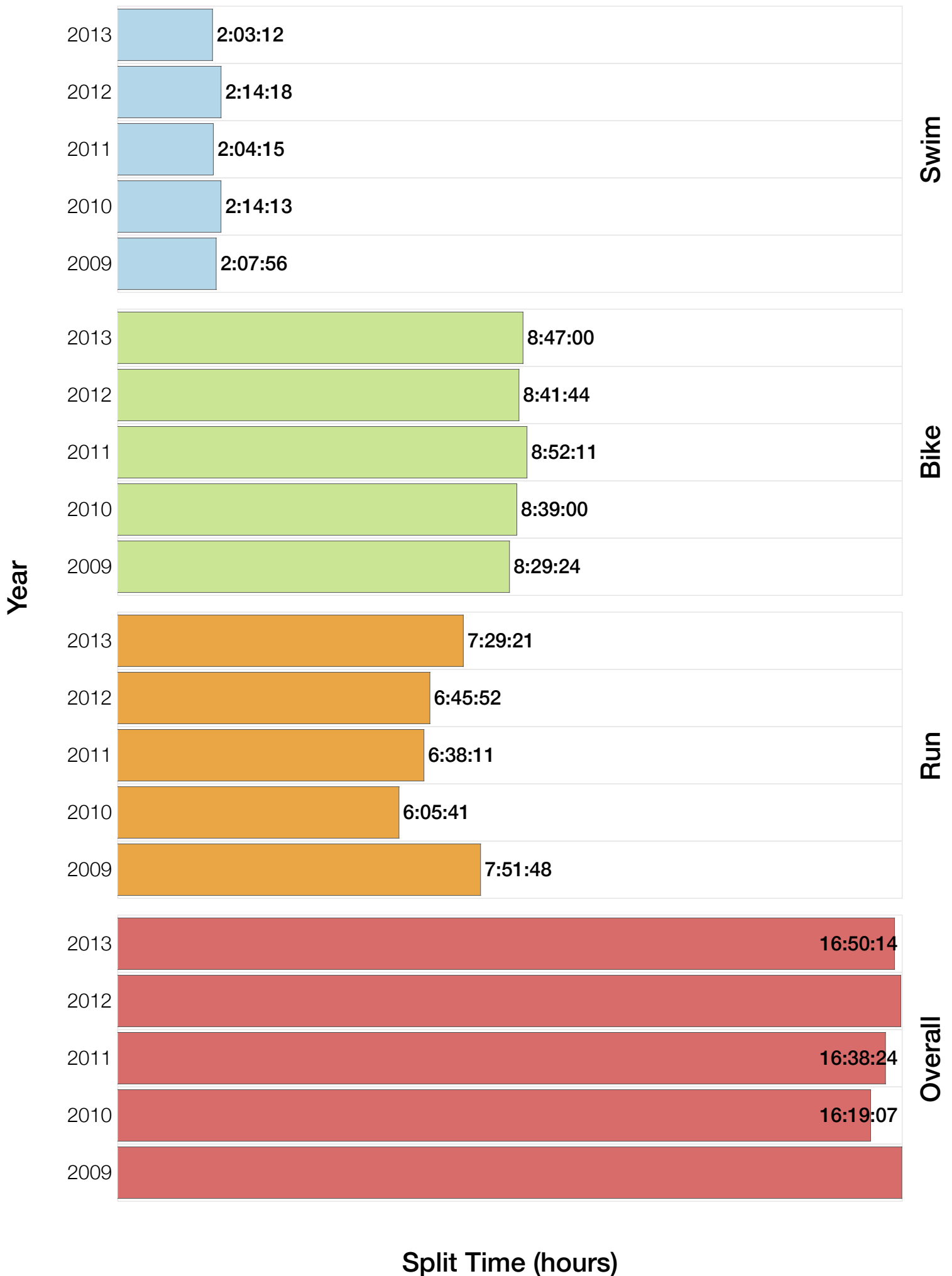


M40-44 Median Splits



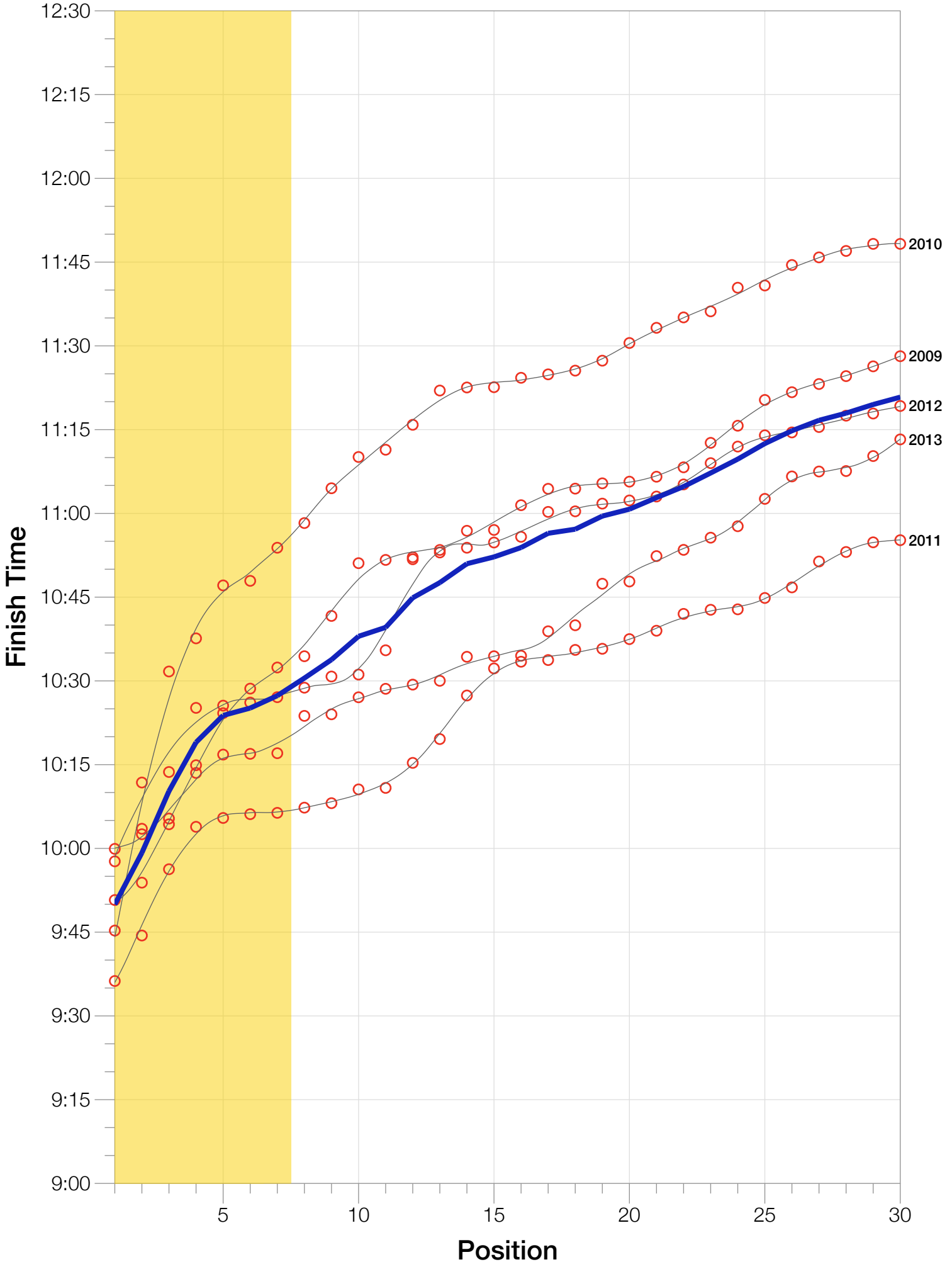
Split Time (hours)

M40-44 Slowest Splits



M40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:01:04	5:29:46	3:13:18	9:49:58
Average 2nd Age Grouper	1:03:03	5:34:46	3:13:39	9:59:13
Average 3rd Age Grouper	1:02:12	5:33:30	3:27:32	10:10:15
Average 4th Age Grouper	1:03:32	5:46:57	3:21:31	10:19:00
Average 5th Age Grouper	1:03:32	5:53:48	3:18:51	10:23:49
Average 6th Age Grouper	1:02:46	5:48:20	3:26:35	10:25:08
Average 7th Age Grouper	1:07:13	5:40:33	3:31:57	10:27:21
Average 8th Age Grouper	1:04:07	5:49:10	3:30:27	10:30:30
Average 9th Age Grouper	1:03:16	5:37:47	3:35:39	10:33:48
Average 10th Age Grouper	1:04:50	5:49:34	3:35:36	10:37:59
Kona Qualifier Average	1:03:20	5:41:06	3:21:55	10:13:32
Top 10 Age Grouper Average	1:03:33	5:42:31	3:25:18	10:19:42

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	1:00:15	5:27:50	3:26:30	9:59:55
2nd Age Grouper	0:49:19	5:46:20	3:20:04	10:02:32
3rd Age Grouper	1:01:11	5:28:00	3:28:03	10:05:21
4th Age Grouper	1:03:34	5:42:12	3:22:24	10:13:31
5th Age Grouper	1:05:20	5:51:34	3:13:59	10:16:48
6th Age Grouper	0:57:15	5:37:37	3:35:26	10:16:56
7th Age Grouper	1:00:37	5:36:10	3:30:50	10:17:03
8th Age Grouper	1:01:37	5:40:17	3:36:27	10:23:44
9th Age Grouper	0:55:29	5:32:29	3:49:35	10:24:01
10th Age Grouper	0:56:07	5:39:18	3:45:04	10:27:04
Kona Qualifier Average	0:59:38	5:38:31	3:25:19	10:10:18
Top 10 Age Grouper Average	0:59:04	5:38:10	3:30:50	10:14:41

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:08:48	5:34:09	3:09:32	9:57:41
2nd Age Grouper	1:05:30	5:31:20	3:27:05	10:11:48
3rd Age Grouper	1:03:19	5:33:10	3:31:45	10:13:41
4th Age Grouper	1:04:02	5:44:06	3:27:59	10:25:10
5th Age Grouper	1:07:04	5:50:09	3:20:38	10:25:34
6th Age Grouper	1:10:02	5:42:25	3:26:10	10:26:07
7th Age Grouper	0:59:45	5:31:20	3:50:14	10:27:05
8th Age Grouper	1:08:44	5:34:32	3:40:10	10:28:47
9th Age Grouper	1:05:21	5:31:54	3:46:48	10:30:47
10th Age Grouper	1:05:54	5:52:48	3:25:42	10:31:08
Kona Qualifier Average	1:05:30	5:38:05	3:27:37	10:18:09
Top 10 Age Grouper Average	1:05:50	5:38:35	3:30:36	10:21:46

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	1:05:51	5:27:34	2:57:09	9:36:15
2nd Age Grouper	1:05:11	5:29:45	3:01:22	9:44:24
3rd Age Grouper	1:02:40	5:31:50	3:14:48	9:56:16
4th Age Grouper	1:01:23	5:46:15	3:11:17	10:03:52
5th Age Grouper	1:00:48	5:45:44	3:12:47	10:05:27
6th Age Grouper	0:58:28	5:53:04	3:10:04	10:06:08
7th Age Grouper	1:04:44	5:37:09	3:18:42	10:06:22
8th Age Grouper	1:00:49	5:31:59	3:28:05	10:07:18
9th Age Grouper	0:55:08	5:44:17	3:21:03	10:08:06
10th Age Grouper	1:04:58	5:27:48	3:29:33	10:10:34
Kona Qualifier Average	1:02:43	5:38:45	3:09:27	9:56:57
Top 10 Age Grouper Average	1:02:00	5:37:32	3:14:29	10:00:28

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	0:50:55	5:34:45	3:13:58	9:45:17
2nd Age Grouper	1:05:13	5:43:15	3:08:08	10:03:31
3rd Age Grouper	0:55:47	5:47:15	3:41:21	10:31:41
4th Age Grouper	1:02:29	6:05:29	3:23:00	10:37:37
5th Age Grouper	0:52:32	6:12:12	3:33:48	10:47:06
6th Age Grouper	1:01:45	6:13:50	3:24:59	10:47:55
7th Age Grouper	1:16:12	5:53:39	3:34:19	10:53:51
8th Age Grouper	1:00:41	6:21:41	3:29:40	10:58:16
9th Age Grouper	0:59:25			11:04:30
10th Age Grouper	1:14:21	6:29:06	3:17:57	11:10:06
Kona Qualifier Average	1:00:41	5:55:46	3:25:39	10:29:34
Top 10 Age Grouper Average	1:01:56	6:02:21	3:25:14	10:39:59

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	0:59:31	5:24:35	3:19:25	9:50:45
2nd Age Grouper	1:10:03	5:23:11	3:11:39	9:53:52
3rd Age Grouper	1:08:07	5:27:18	3:21:43	10:04:19
4th Age Grouper	1:06:15	5:36:45	3:22:55	10:14:54
5th Age Grouper	1:11:58	5:49:21	3:13:05	10:24:13
6th Age Grouper	1:06:20	5:34:44	3:36:20	10:28:37
7th Age Grouper	1:14:50	5:44:30	3:25:41	10:32:24
8th Age Grouper	1:08:46	5:57:23	3:17:53	10:34:25
9th Age Grouper	1:20:59	5:42:30	3:25:12	10:41:38
10th Age Grouper	1:02:51	5:38:52	3:59:45	10:51:05
Kona Qualifier Average	1:08:09	5:34:20	3:21:32	10:12:43
Top 10 Age Grouper Average	1:08:58	5:37:54	3:25:21	10:21:37