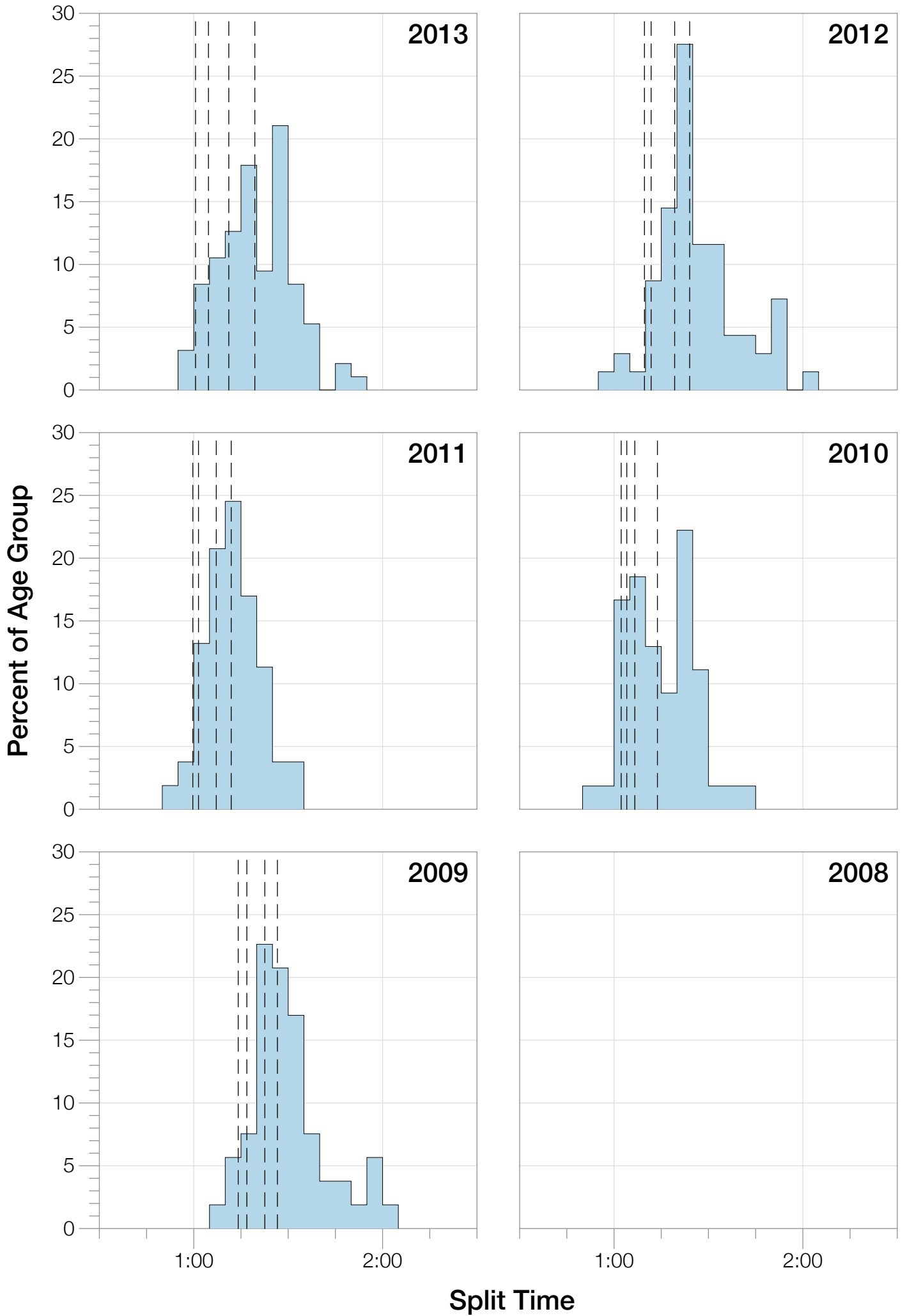


Ironman UK M50-54 Stats

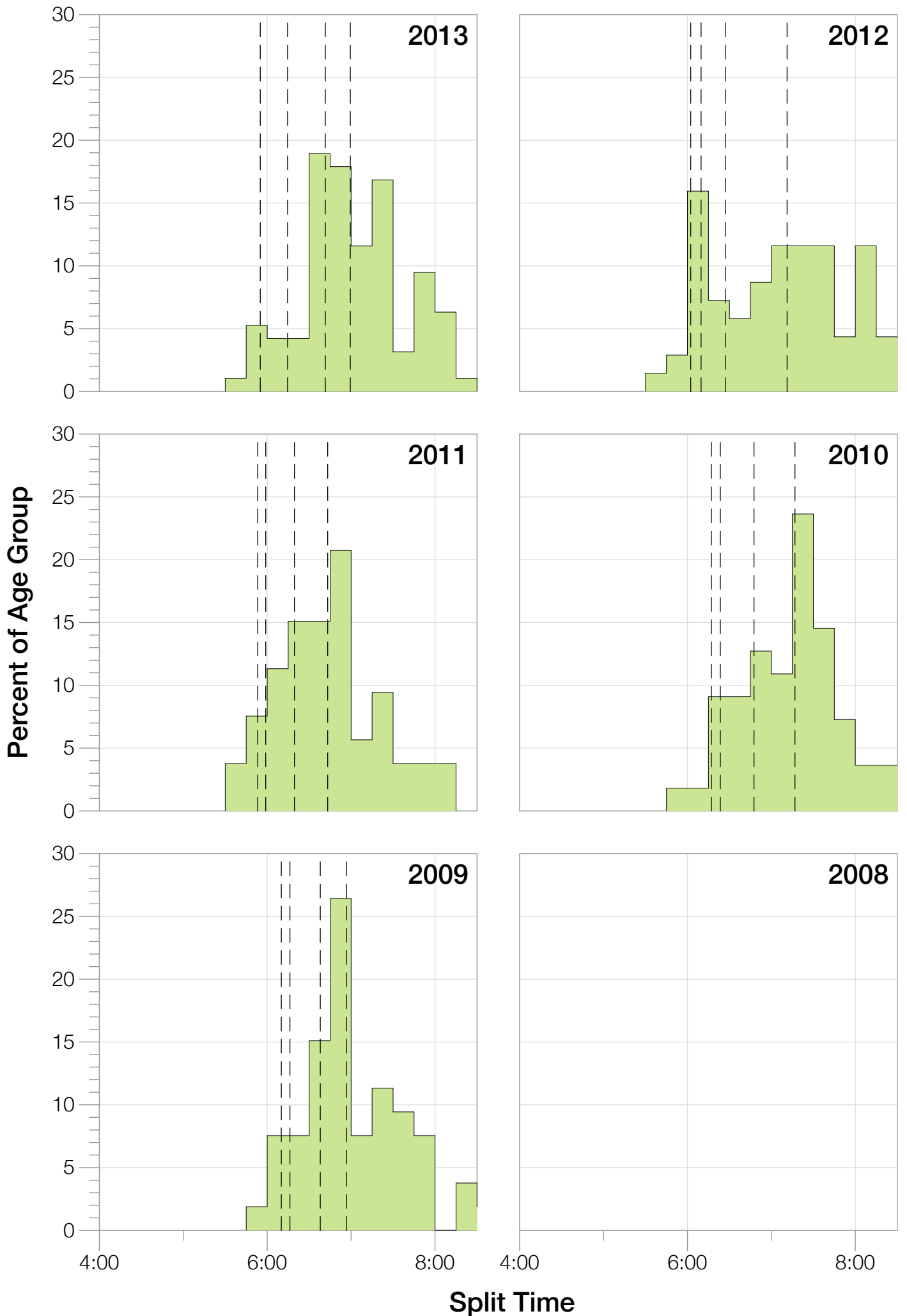
M50-54 Summary Statistics

Year	Finishers	M50-54 Finishers	Male Winner's Time	Female Winner's Time	M50-54 Winner's Time
2009	1260	53	8:45:51	9:33:59	11:09:29
2010	1052	55	8:40:17	10:01:02	11:02:14
2011	1038	53	8:24:33	9:37:31	9:39:25
2012	1180	69	8:55:11	10:08:44	10:48:21
2013	1355	95	8:45:48	9:29:12	10:36:21
Average	1177	65	8:42:20	9:46:05	10:39:10

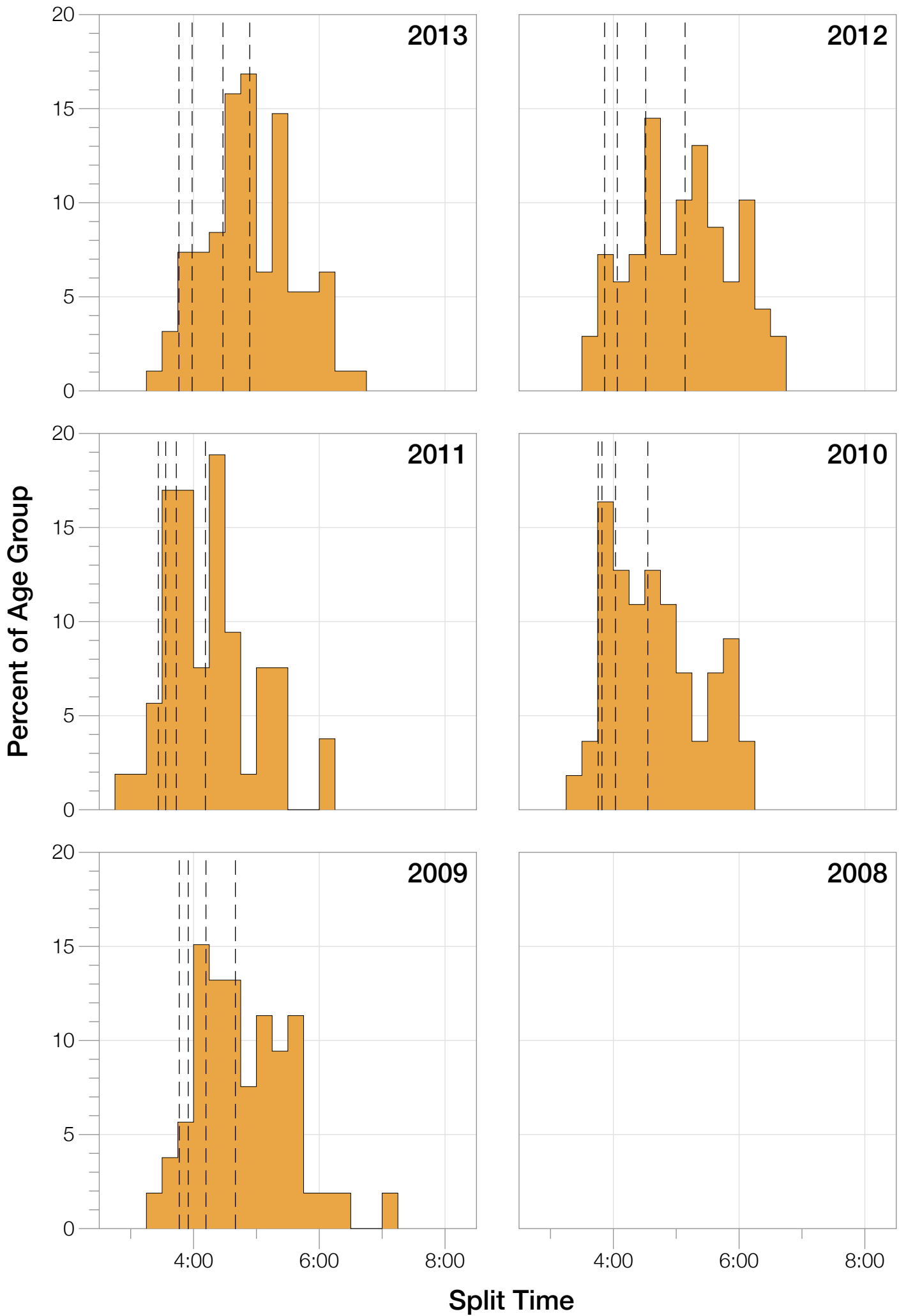
M50-54 Swim



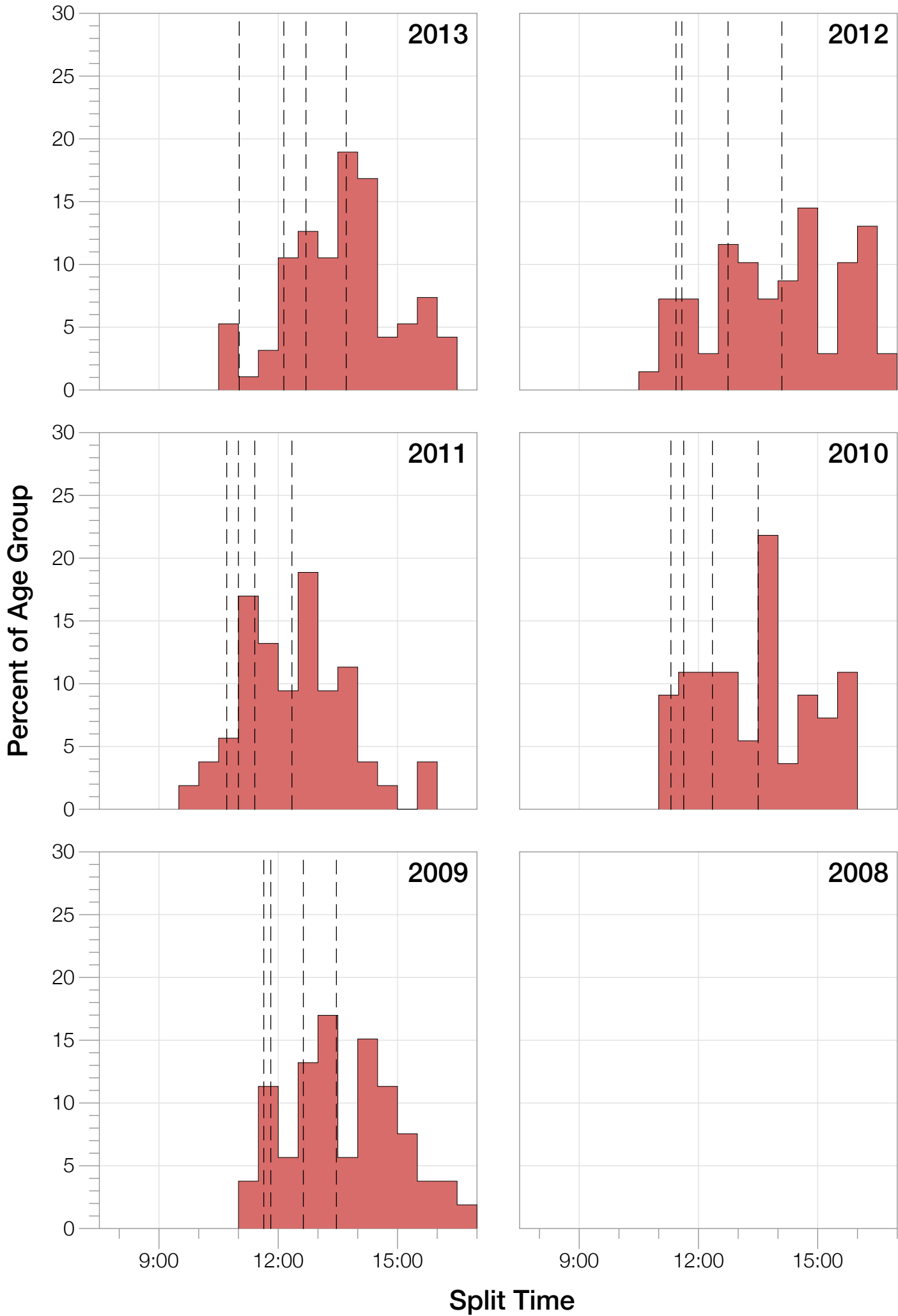
M50-54 Bike



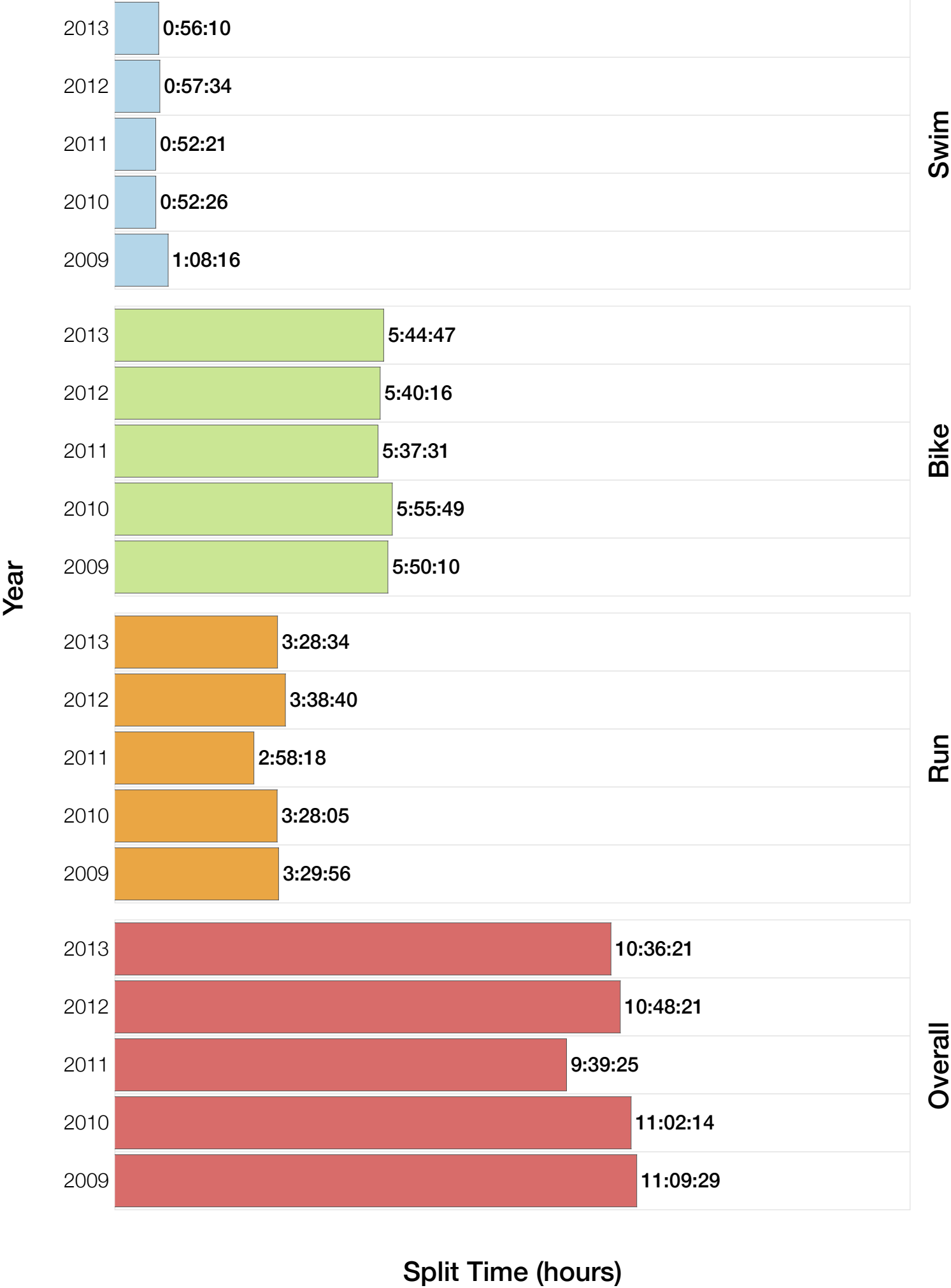
M50-54 Run



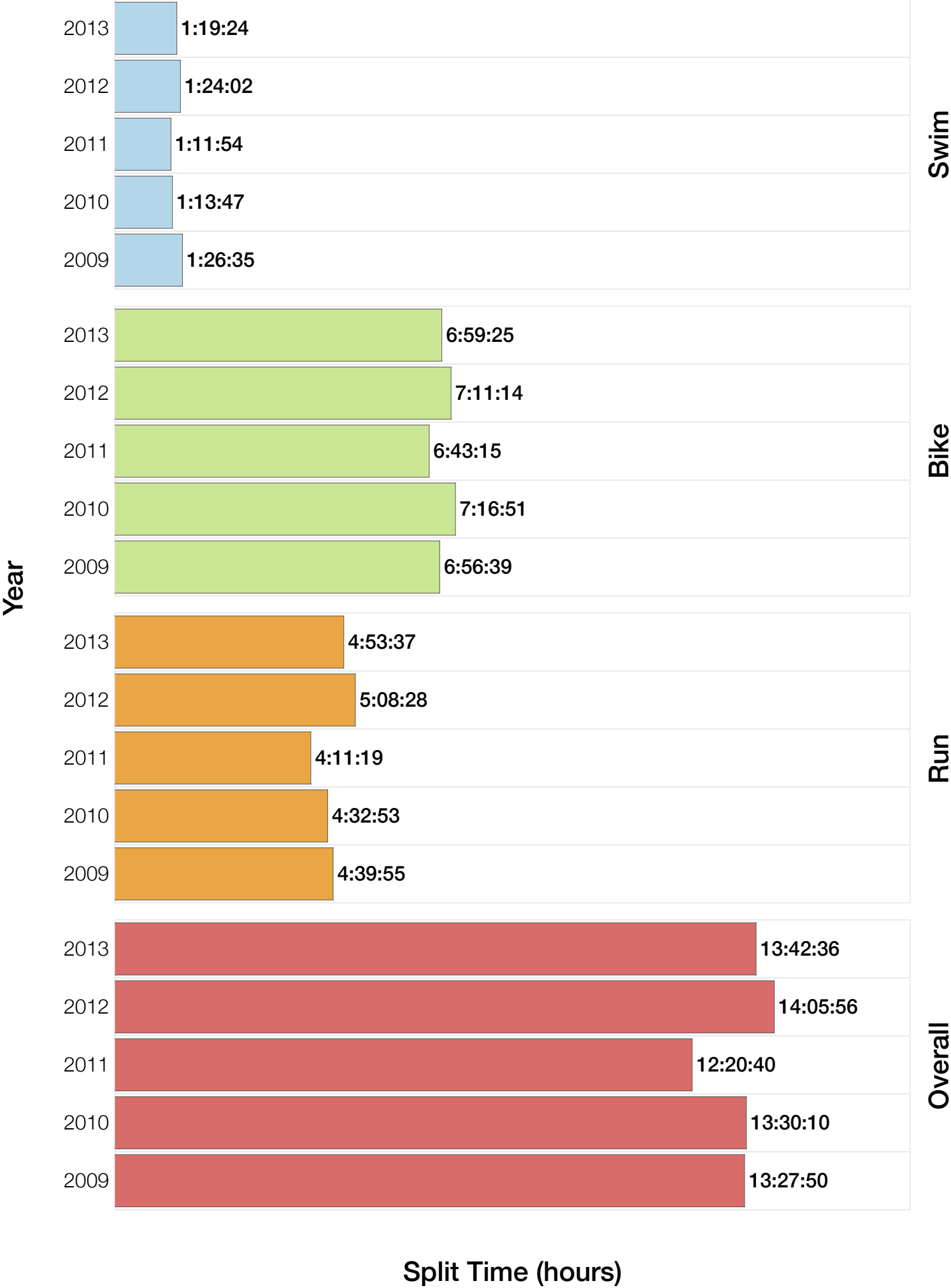
M50-54 Overall



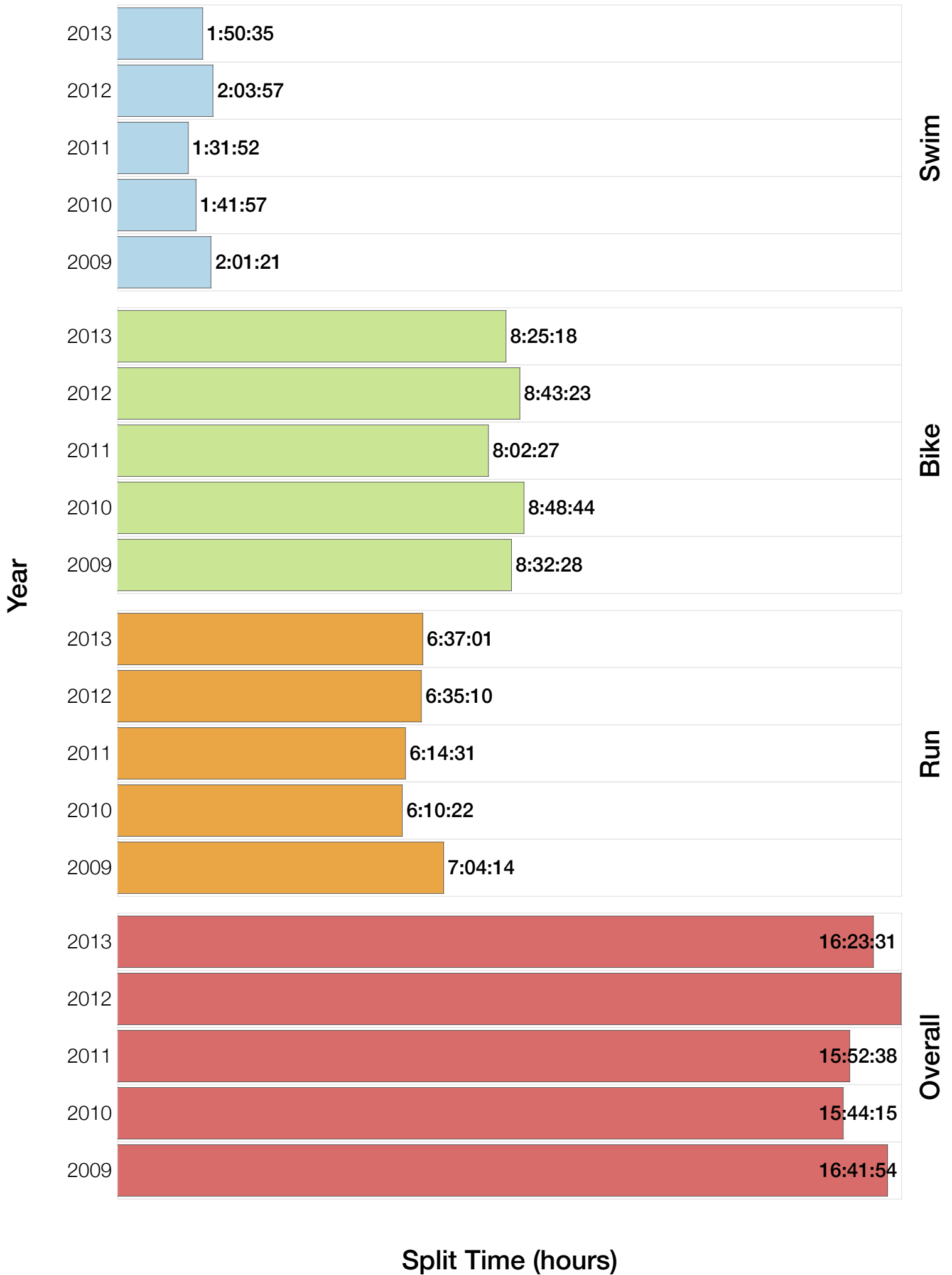
M50-54 Fastest Splits



M50-54 Median Splits

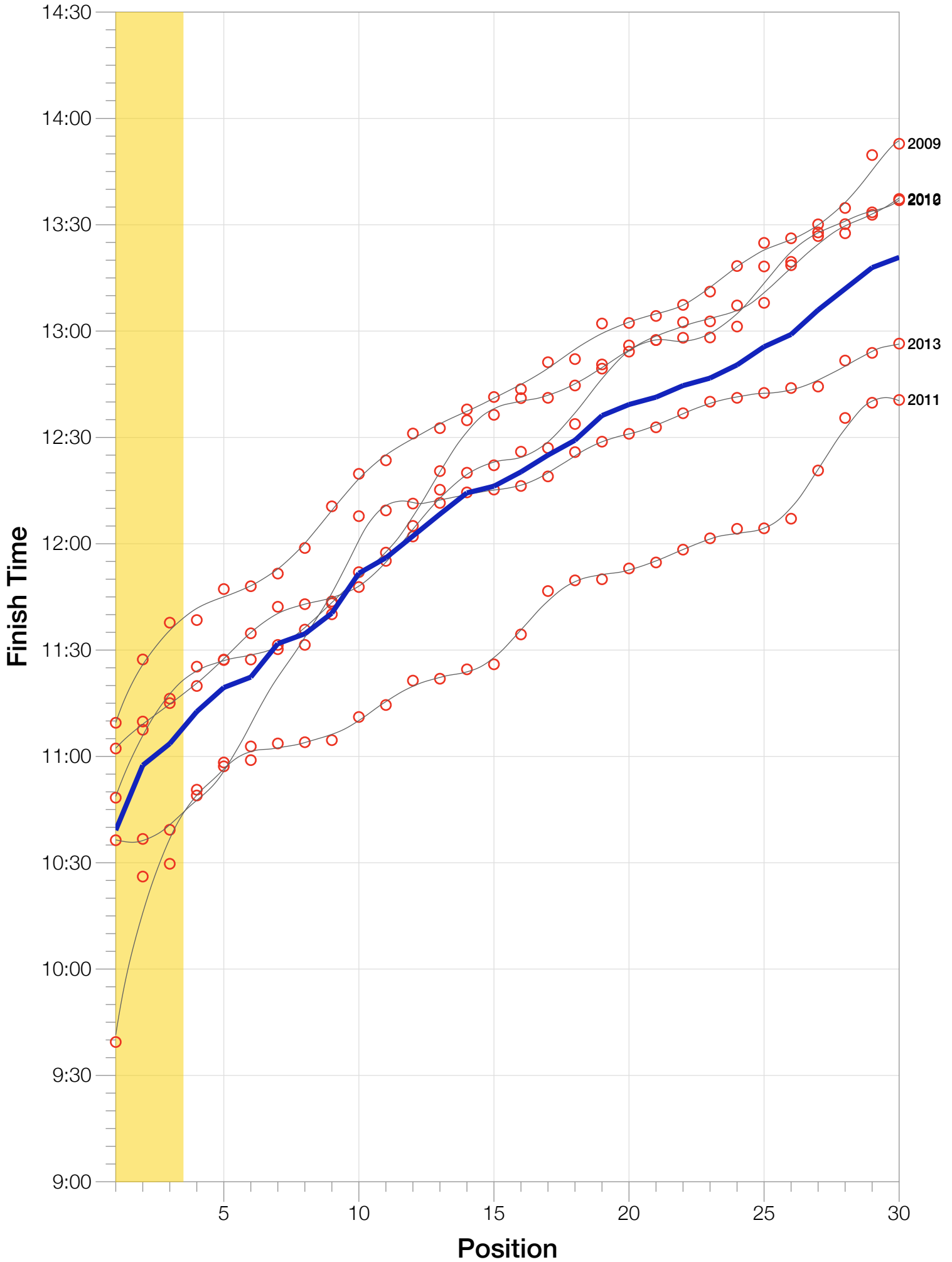


M50-54 Slowest Splits



M50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:04:25	5:45:42	3:40:08	10:39:10
Average 2nd Age Grouper	1:08:28	6:02:08	3:37:59	10:57:30
Average 3rd Age Grouper	1:09:44	6:05:38	3:39:06	11:03:36
Average 4th Age Grouper	1:09:19	6:07:58	3:45:59	11:12:38
Average 5th Age Grouper	1:09:37	6:11:27	3:48:18	11:19:26
Average 6th Age Grouper	1:07:56	6:10:15	3:53:22	11:22:22
Average 7th Age Grouper	1:10:23	6:11:40	3:59:34	11:31:49
Average 8th Age Grouper	1:10:20	6:07:13	4:06:17	11:34:35
Average 9th Age Grouper	1:11:18	6:20:10	3:56:16	11:40:25
Average 10th Age Grouper	1:16:28	6:37:05	3:46:53	11:51:40
Kona Qualifier Average	1:07:32	5:57:49	3:39:04	10:53:25
Top 10 Age Grouper Average	1:09:48	6:09:55	3:49:23	11:19:19

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	0:56:11	5:44:47	3:46:03	10:36:21
2nd Age Grouper	1:00:19	5:49:57	3:40:59	10:36:43
3rd Age Grouper	1:11:35	5:51:01	3:28:34	10:39:18
4th Age Grouper	0:59:20	5:55:18	3:46:03	10:48:58
5th Age Grouper	1:09:24	6:02:28	3:38:55	10:57:12
6th Age Grouper	1:06:45	5:54:27	3:53:42	11:02:49
7th Age Grouper	1:04:30	6:09:14	4:10:52	11:30:15
8th Age Grouper	1:12:01	5:50:05	4:14:24	11:31:28
9th Age Grouper	0:56:10	6:04:19	4:29:00	11:40:06
10th Age Grouper	1:22:10	6:10:47	4:22:48	12:07:47
Kona Qualifier Average	1:02:41	5:48:35	3:38:32	10:37:27
Top 10 Age Grouper Average	1:05:50	5:57:14	3:57:08	11:09:05

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:09:07	5:40:16	3:51:17	10:48:21
2nd Age Grouper	1:21:19	5:57:50	3:38:40	11:07:31
3rd Age Grouper	1:03:52	6:15:07	3:44:09	11:16:18
4th Age Grouper	1:04:06	6:01:57	4:10:32	11:25:19
5th Age Grouper	1:11:27	6:05:00	3:57:46	11:27:19
6th Age Grouper	0:57:34	6:14:46	4:07:32	11:27:20
7th Age Grouper	1:16:46	6:12:57	3:46:32	11:31:27
8th Age Grouper	1:12:32	6:07:44	4:05:15	11:35:46
9th Age Grouper	1:23:13	6:13:42	3:54:18	11:43:11
10th Age Grouper	1:11:52	6:35:50	3:52:15	11:51:59
Kona Qualifier Average	1:11:26	5:57:44	3:44:42	11:04:03
Top 10 Age Grouper Average	1:11:10	6:08:30	3:54:49	11:25:27

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	0:58:29	5:37:31	2:58:18	9:39:25
2nd Age Grouper	1:00:30	5:50:30	3:29:40	10:26:06
3rd Age Grouper	1:01:36	5:38:34	3:43:33	10:29:42
4th Age Grouper	1:11:20	6:03:45	3:24:28	10:50:36
5th Age Grouper	1:11:08	5:56:23	3:41:05	10:58:17
6th Age Grouper	1:08:03	6:04:52	3:36:28	10:58:57
7th Age Grouper	1:04:05	5:55:03	3:57:56	11:03:39
8th Age Grouper	1:08:48	6:05:58	3:41:49	11:04:00
9th Age Grouper	1:06:06	6:08:07	3:40:22	11:04:35
10th Age Grouper	1:14:26	6:35:36	3:12:09	11:11:07
Kona Qualifier Average	1:00:11	5:42:11	3:23:50	10:11:44
Top 10 Age Grouper Average	1:06:27	5:59:37	3:32:34	10:46:38

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	1:04:27	5:55:49	3:51:39	11:02:14
2nd Age Grouper	1:04:02	6:12:40	3:43:23	11:09:50
3rd Age Grouper	1:02:20	6:15:47	3:49:18	11:15:02
4th Age Grouper	1:17:33	6:25:55	3:28:05	11:19:52
5th Age Grouper	0:52:26	6:46:28	3:40:52	11:27:11
6th Age Grouper	1:02:10	6:21:51	3:58:26	11:34:44
7th Age Grouper	1:04:26	6:32:29	3:56:08	11:42:13
8th Age Grouper	1:08:22	6:21:17	4:04:19	11:42:57
9th Age Grouper	1:06:07	6:36:46	3:47:38	11:43:43
10th Age Grouper	1:04:17	6:48:39	3:46:27	11:47:47
Kona Qualifier Average	1:03:36	6:08:05	3:48:06	11:09:02
Top 10 Age Grouper Average	1:04:37	6:25:46	3:48:37	11:28:33

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:13:52	5:50:10	3:53:27	11:09:29
2nd Age Grouper	1:16:10	6:19:46	3:37:16	11:27:21
3rd Age Grouper	1:29:17	6:27:41	3:29:56	11:37:44
4th Age Grouper	1:14:17	6:12:59	4:00:51	11:38:28
5th Age Grouper	1:23:42	6:06:58	4:02:54	11:47:13
6th Age Grouper	1:25:11	6:15:22	3:50:45	11:48:01
7th Age Grouper	1:22:08	6:08:37	4:06:23	11:51:35
8th Age Grouper	1:10:00	6:11:03	4:25:38	11:58:48
9th Age Grouper	1:24:56	6:37:57	3:50:03	12:10:33
10th Age Grouper	1:29:35	6:54:34	3:40:48	12:19:43
Kona Qualifier Average	1:19:46	6:12:32	3:40:13	11:24:51
Top 10 Age Grouper Average	1:20:54	6:18:30	3:53:48	11:46:53