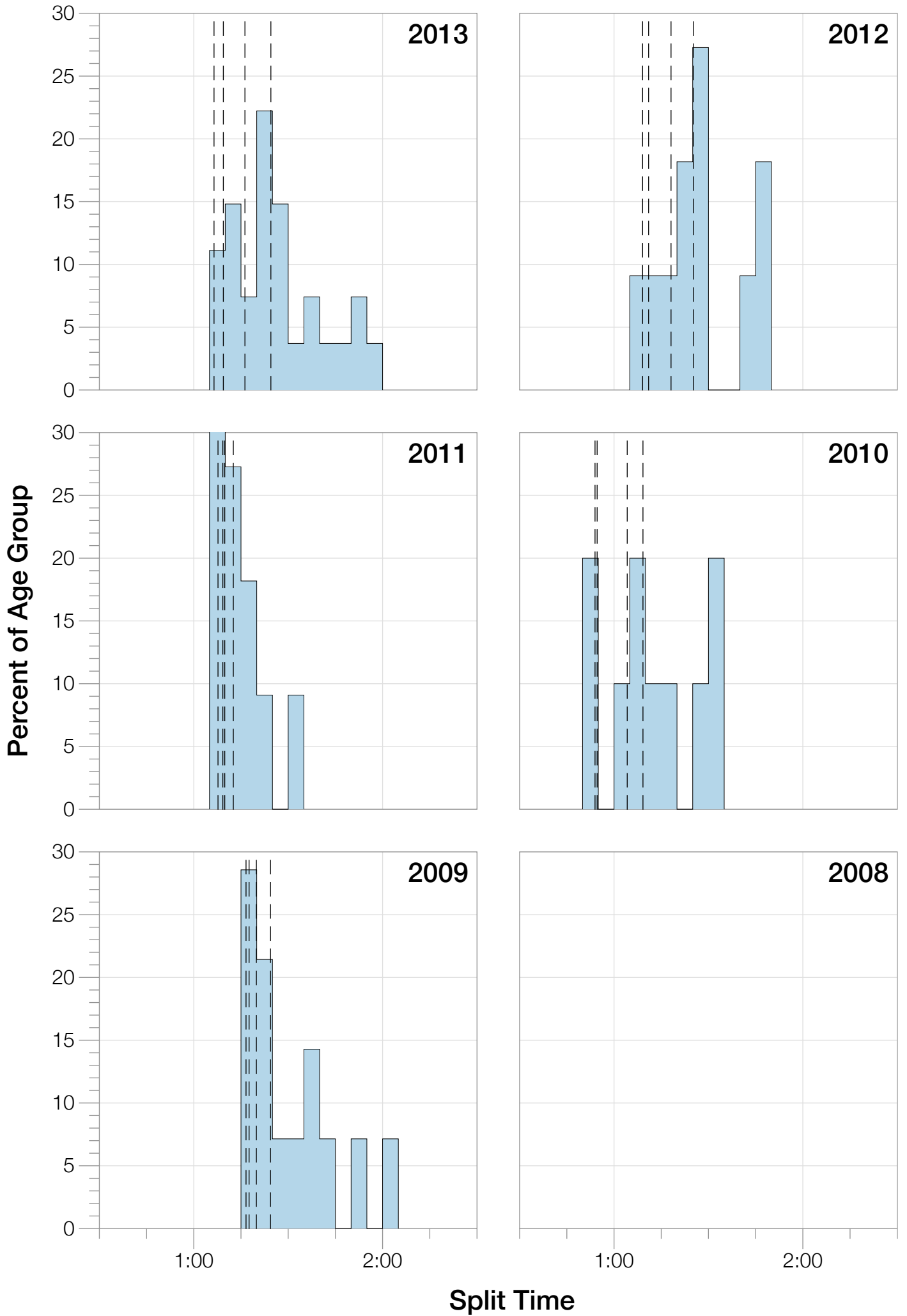


Ironman UK M55-59 Stats

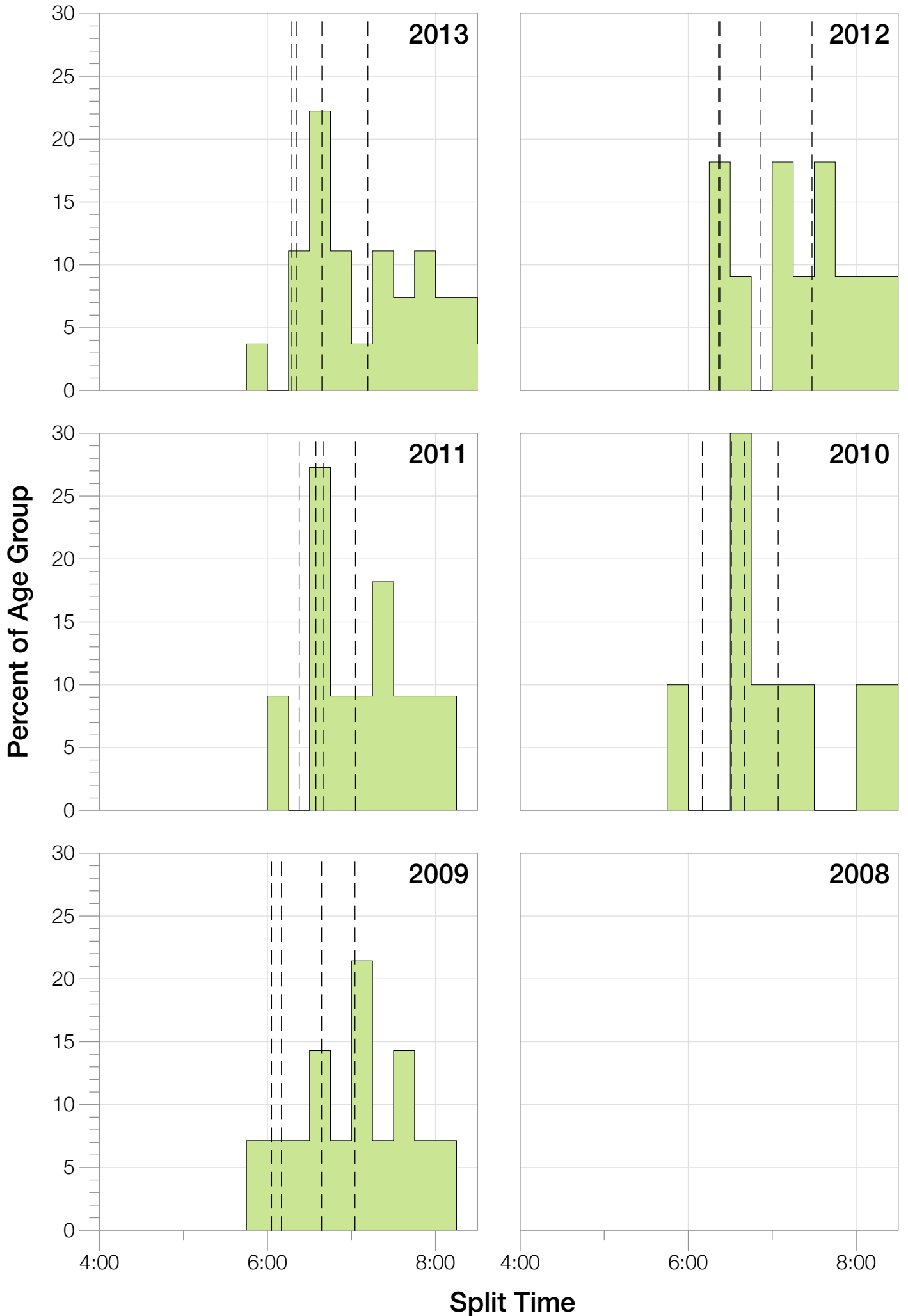
M55-59 Summary Statistics

Year	Finishers	M55-59 Finishers	Male Winner's Time	Female Winner's Time	M55-59 Winner's Time
2009	1260	14	8:45:51	9:33:59	11:05:11
2010	1052	10	8:40:17	10:01:02	10:38:31
2011	1038	11	8:24:33	9:37:31	11:16:53
2012	1180	11	8:55:11	10:08:44	11:59:53
2013	1355	27	8:45:48	9:29:12	10:59:59
Average	1177	15	8:42:20	9:46:05	11:12:05

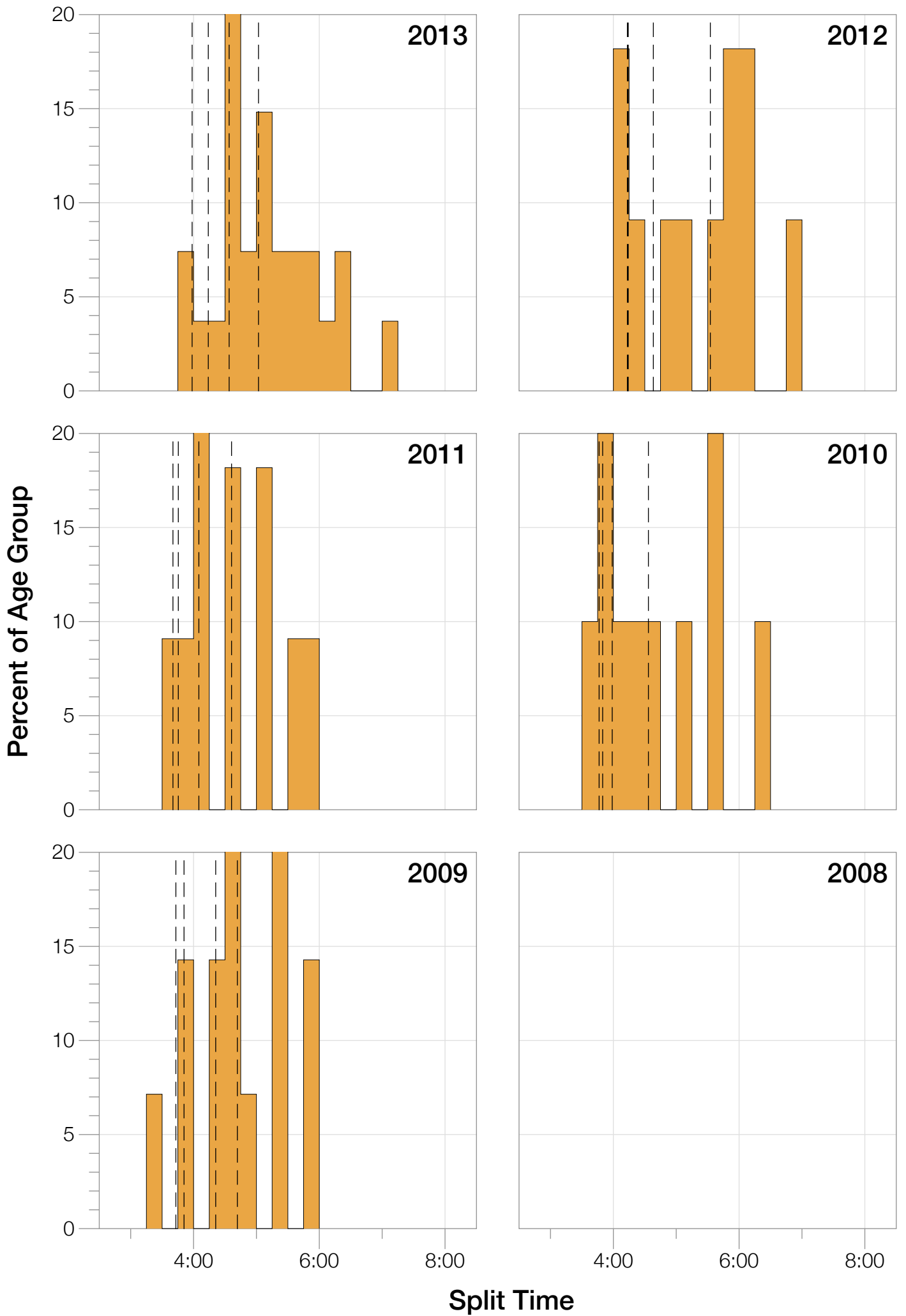
M55-59 Swim



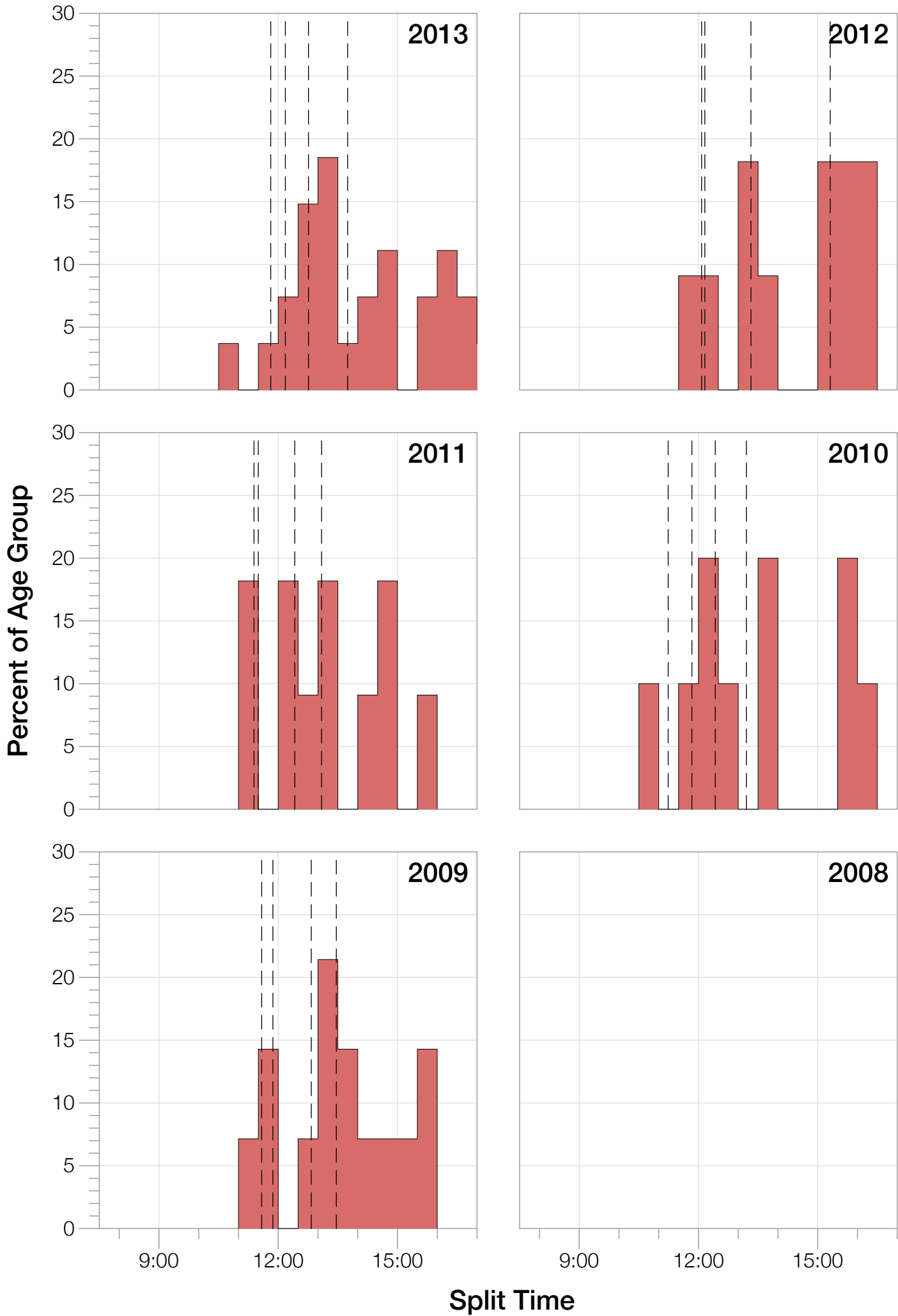
M55-59 Bike



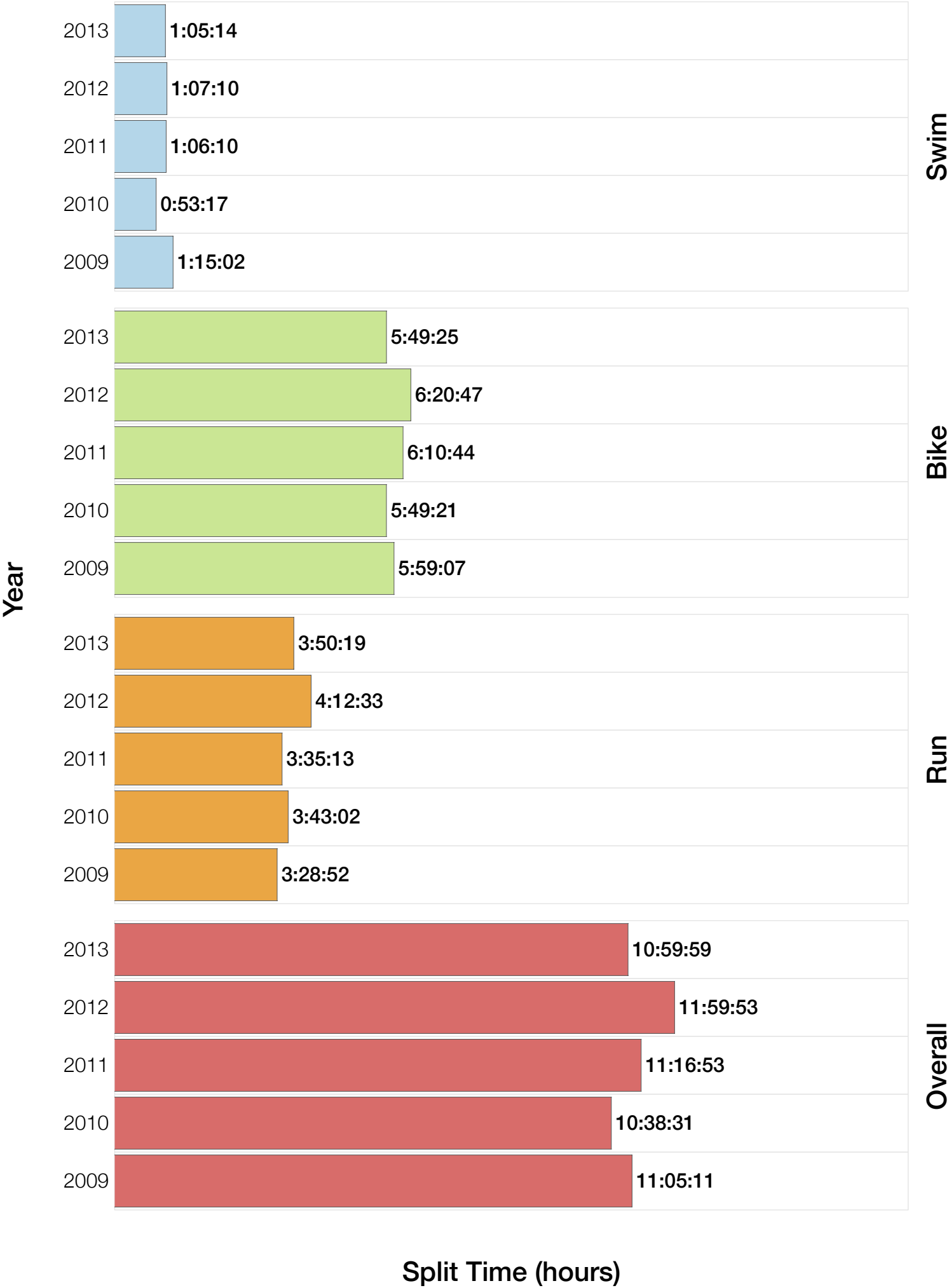
M55-59 Run



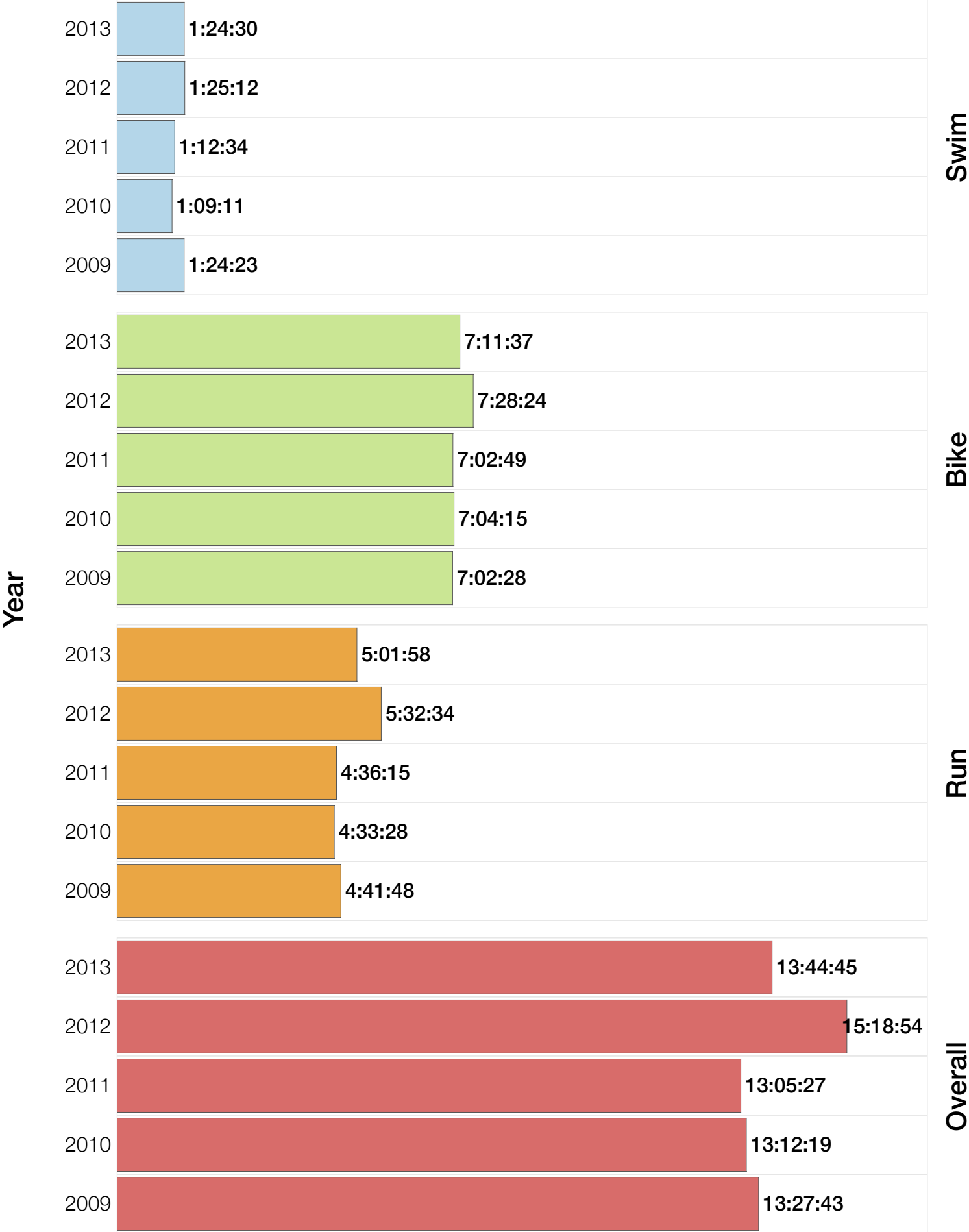
M55-59 Overall



M55-59 Fastest Splits

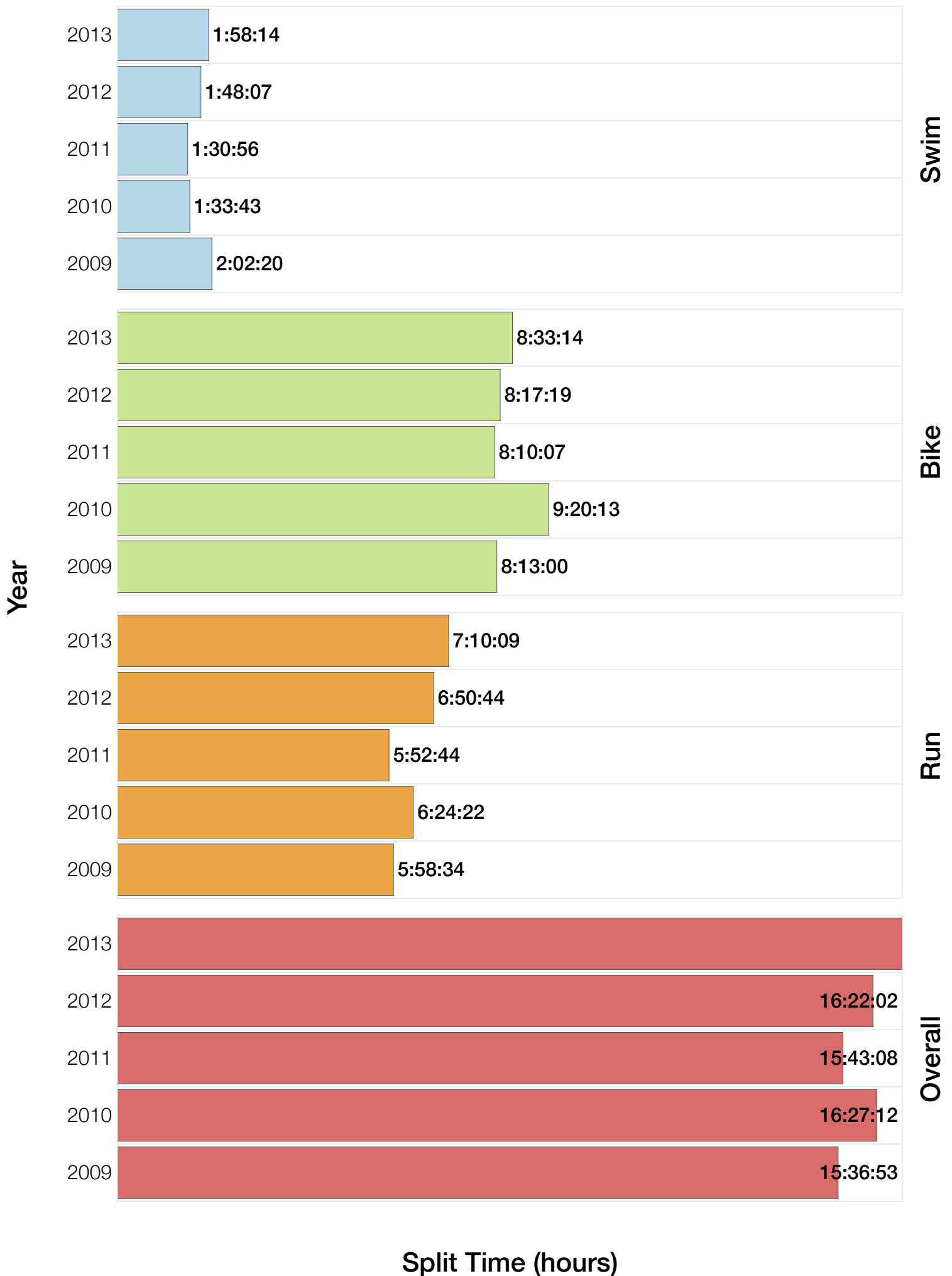


M55-59 Median Splits



Split Time (hours)

M55-59 Slowest Splits



M55-59 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:19	4:58:12	2:53:43	8:42:20
Average Female Winner	0:55:08	5:38:44	3:06:58	9:46:05
Average 1st Age Grouper	1:09:07	6:03:24	3:49:18	11:12:05
Average 2nd Age Grouper	1:15:38	6:27:02	3:53:50	11:50:06
Average 3rd Age Grouper	1:13:48	6:33:21	4:22:25	12:23:00
Average 4th Age Grouper	1:27:55	6:49:26	4:08:34	12:39:51
Average 5th Age Grouper	1:19:09	6:51:18	4:33:52	13:01:44
Average 6th Age Grouper	1:14:54	7:07:54	4:52:53	13:34:11
Average 7th Age Grouper	1:17:10	7:06:15	5:01:21	13:47:24
Average 8th Age Grouper	1:24:58	7:24:47	5:10:04	14:19:42
Average 9th Age Grouper	1:13:48	7:33:19	5:12:53	14:41:50
Average 10th Age Grouper	1:30:18	7:25:39	5:43:46	15:01:13
Kona Qualifier Average	1:12:22	6:15:13	3:51:34	11:31:06
Top 10 Age Grouper Average	1:18:40	6:55:29	4:40:54	13:15:07

UK 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:59	4:56:45	3:01:20	8:45:48
Female Winner	0:52:30	5:22:13	3:10:22	9:29:12
1st Age Grouper	1:06:02	5:49:25	3:56:40	10:59:59
2nd Age Grouper	1:07:22	6:22:51	3:50:19	11:41:53
3rd Age Grouper	1:05:14	6:17:05	4:30:54	12:04:32
4th Age Grouper	1:17:59	6:44:04	4:03:12	12:14:53
5th Age Grouper	1:20:10	6:30:46	4:30:39	12:31:42
6th Age Grouper	1:14:53	6:33:16	4:32:50	12:36:22
7th Age Grouper	1:12:57	6:16:45	4:57:08	12:45:30
8th Age Grouper	1:24:35	6:44:02	4:21:18	12:45:49
9th Age Grouper	1:14:04	6:56:30	4:35:06	13:01:30
10th Age Grouper	1:24:30	6:44:23	4:36:39	13:07:43
Kona Qualifier Average	1:06:42	6:06:08	3:53:29	11:20:56
Top 10 Age Grouper Average	1:14:46	6:29:54	4:23:28	12:22:59

UK 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:56	5:00:23	3:03:20	8:55:11
Female Winner	1:03:19	5:42:25	3:18:32	10:08:44
1st Age Grouper	1:15:29	6:22:34	4:12:33	11:59:53
2nd Age Grouper	1:25:12	6:20:47	4:14:12	12:09:36
3rd Age Grouper	1:23:31	7:09:31	4:23:10	13:09:35
4th Age Grouper	1:47:29	6:37:32	4:53:10	13:28:50
5th Age Grouper	1:20:44	7:06:19	5:02:33	13:52:13
6th Age Grouper	1:28:02	7:44:23	5:32:34	15:18:54
7th Age Grouper	1:07:10	7:50:49	6:02:03	15:27:12
8th Age Grouper	1:48:07	7:31:43	5:55:04	15:38:06
9th Age Grouper	1:10:59	7:28:24	6:50:44	15:55:12
10th Age Grouper	1:41:39	8:06:32	5:56:48	16:10:06
Kona Qualifier Average	1:20:20	6:21:40	4:13:22	12:04:44
Top 10 Age Grouper Average	1:26:50	7:13:51	5:18:17	14:18:57

UK 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:00	4:53:46	2:41:45	8:24:33
Female Winner	0:50:31	5:39:32	3:02:46	9:37:31
1st Age Grouper	1:13:20	6:10:44	3:45:27	11:16:53
2nd Age Grouper	1:09:14	6:34:35	3:35:13	11:29:56
3rd Age Grouper	1:09:44	6:37:31	4:12:06	12:21:54
4th Age Grouper	1:15:33	6:56:09	4:05:09	12:28:01
5th Age Grouper	1:06:10	6:41:56	4:36:15	12:37:17
6th Age Grouper	1:09:57	7:35:24	4:04:57	13:05:27
7th Age Grouper	1:16:00	7:02:49	4:42:53	13:24:11
8th Age Grouper	1:12:05	7:24:20	5:08:58	14:04:05
9th Age Grouper	1:12:34	8:10:07	5:05:55	14:50:23
10th Age Grouper	1:21:21	7:29:23	5:44:20	14:52:21
Kona Qualifier Average	1:11:17	6:22:39	3:40:20	11:23:24
Top 10 Age Grouper Average	1:12:35	7:04:17	4:30:07	13:03:02

UK 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:43:34	5:02:47	2:49:55	8:40:17
Female Winner	0:50:03	6:03:13	3:02:03	10:01:02
1st Age Grouper	0:53:17	5:49:21	3:43:02	10:38:31
2nd Age Grouper	1:12:46	6:35:26	3:58:20	11:58:04
3rd Age Grouper	1:05:22	6:43:33	4:27:18	12:25:01
4th Age Grouper	1:05:37	7:11:21	3:50:32	12:26:31
5th Age Grouper	1:33:43	6:57:09	4:00:39	12:51:20
6th Age Grouper	1:03:48	6:38:55	5:38:59	13:33:18
7th Age Grouper	1:28:15	7:29:07	4:39:38	13:57:05
8th Age Grouper	1:16:30	8:19:20	5:40:43	15:38:11
9th Age Grouper	0:54:47		5:04:15	15:42:16
10th Age Grouper	1:32:52	8:07:45	6:24:22	16:27:12
Kona Qualifier Average	1:03:01	6:12:23	3:50:41	11:18:17
Top 10 Age Grouper Average	1:12:41	7:05:46	4:44:46	13:33:44

UK 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:08	4:57:22	2:52:18	8:45:51
Female Winner	0:59:19	5:26:17	3:01:08	9:33:59
1st Age Grouper	1:17:27	6:04:56	3:28:52	11:05:11
2nd Age Grouper	1:23:37	6:21:34	3:51:08	11:51:05
3rd Age Grouper	1:25:09	5:59:07	4:18:41	11:54:00
4th Age Grouper	1:52:58	6:38:08	3:50:48	12:41:04
5th Age Grouper	1:15:02	7:00:24	4:39:15	13:16:10
6th Age Grouper	1:17:52	7:07:32	4:35:08	13:16:54
7th Age Grouper	1:21:31	6:51:49	4:45:03	13:23:05
8th Age Grouper	1:23:33	7:04:33	4:44:21	13:32:21
9th Age Grouper	1:36:39	7:38:15	4:28:29	13:59:52
10th Age Grouper	1:31:10	6:40:14	5:56:43	14:28:43
Kona Qualifier Average	1:20:32	6:13:15	3:40:00	11:28:08
Top 10 Age Grouper Average	1:26:29	6:44:39	4:27:50	12:56:50