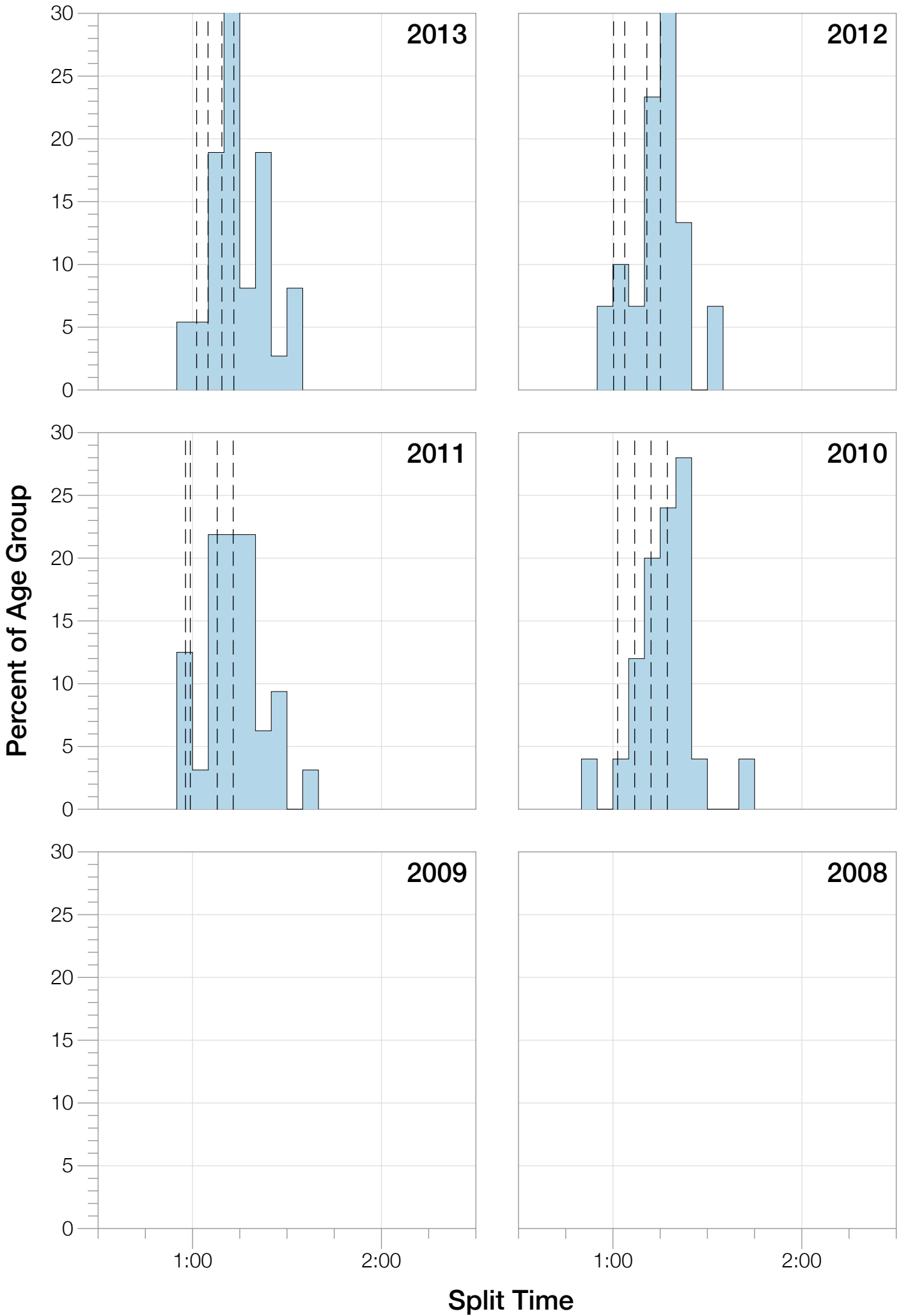


Ironman Copenhagen F25-29 Stats

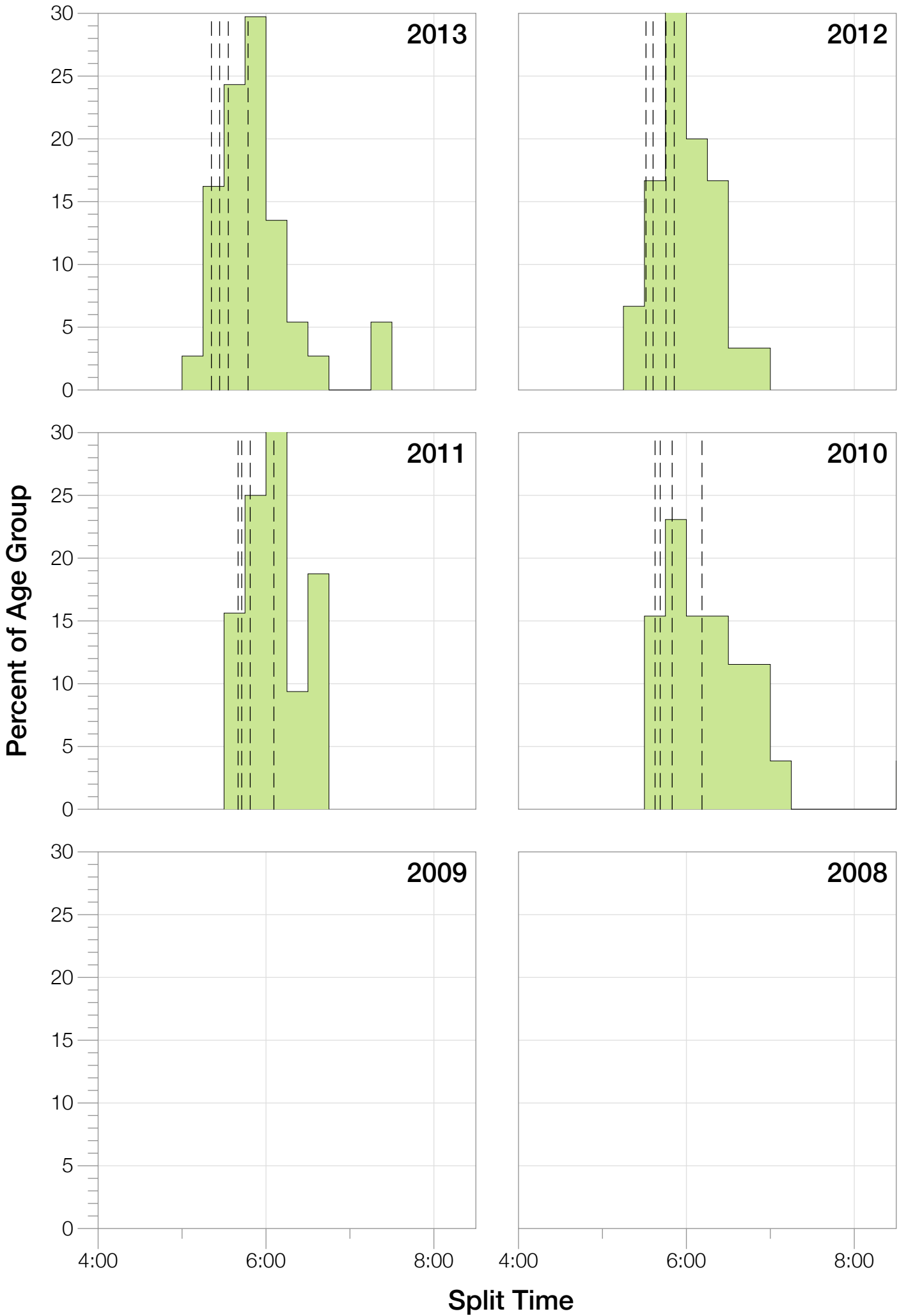
F25-29 Summary Statistics

Year	Finishers	F25-29 Finishers	Male Winner's Time	Female Winner's Time	F25-29 Winner's Time
2010	1308	26	8:07:39	8:54:36	9:50:46
2011	1377	32	8:11:15	8:52:42	10:48:34
2012	1400	30	8:20:09	9:12:27	10:42:09
2013	1776	37	8:12:41	8:37:36	9:56:40
Average	1465	31	8:12:56	8:54:20	10:19:32

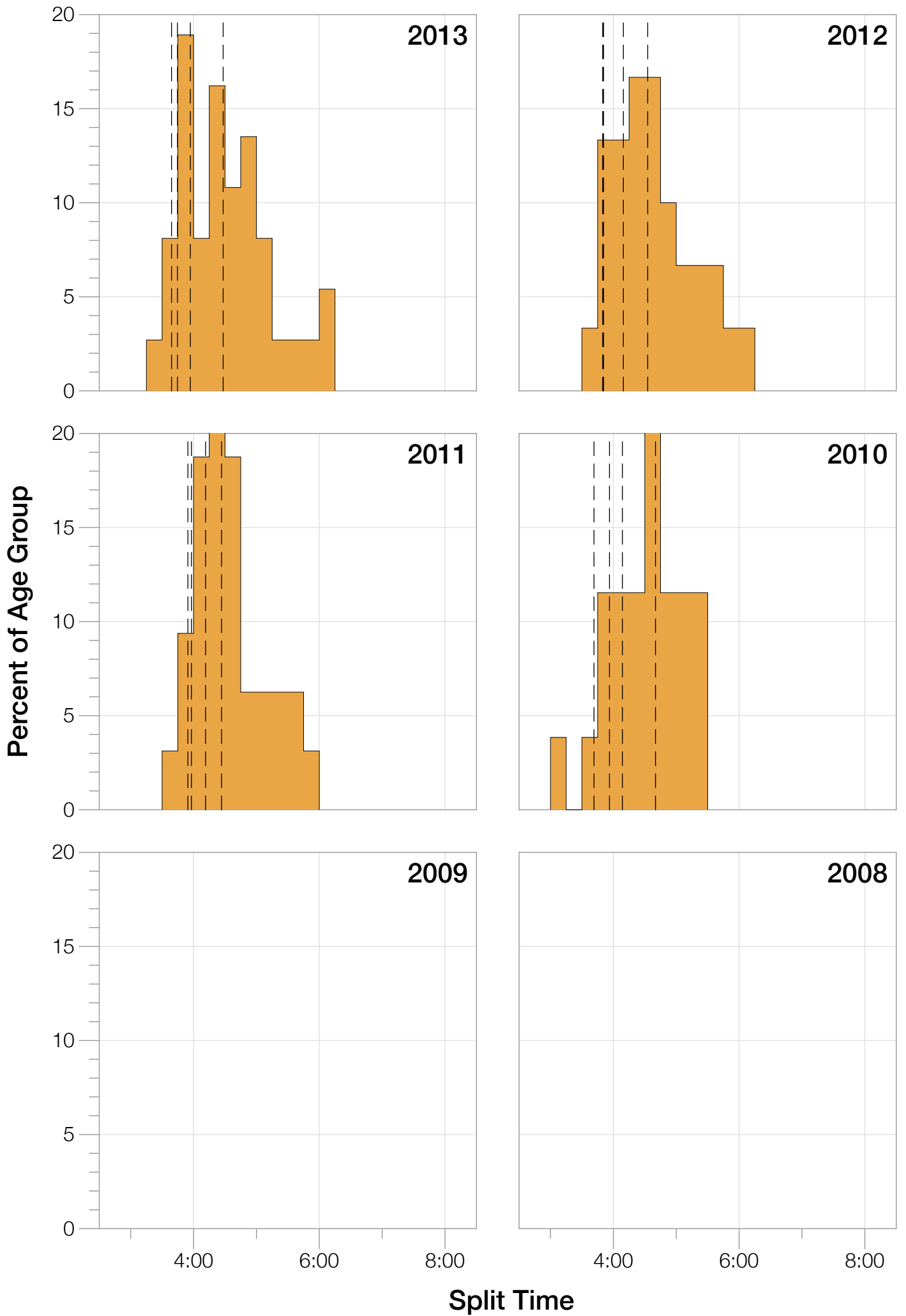
F25-29 Swim



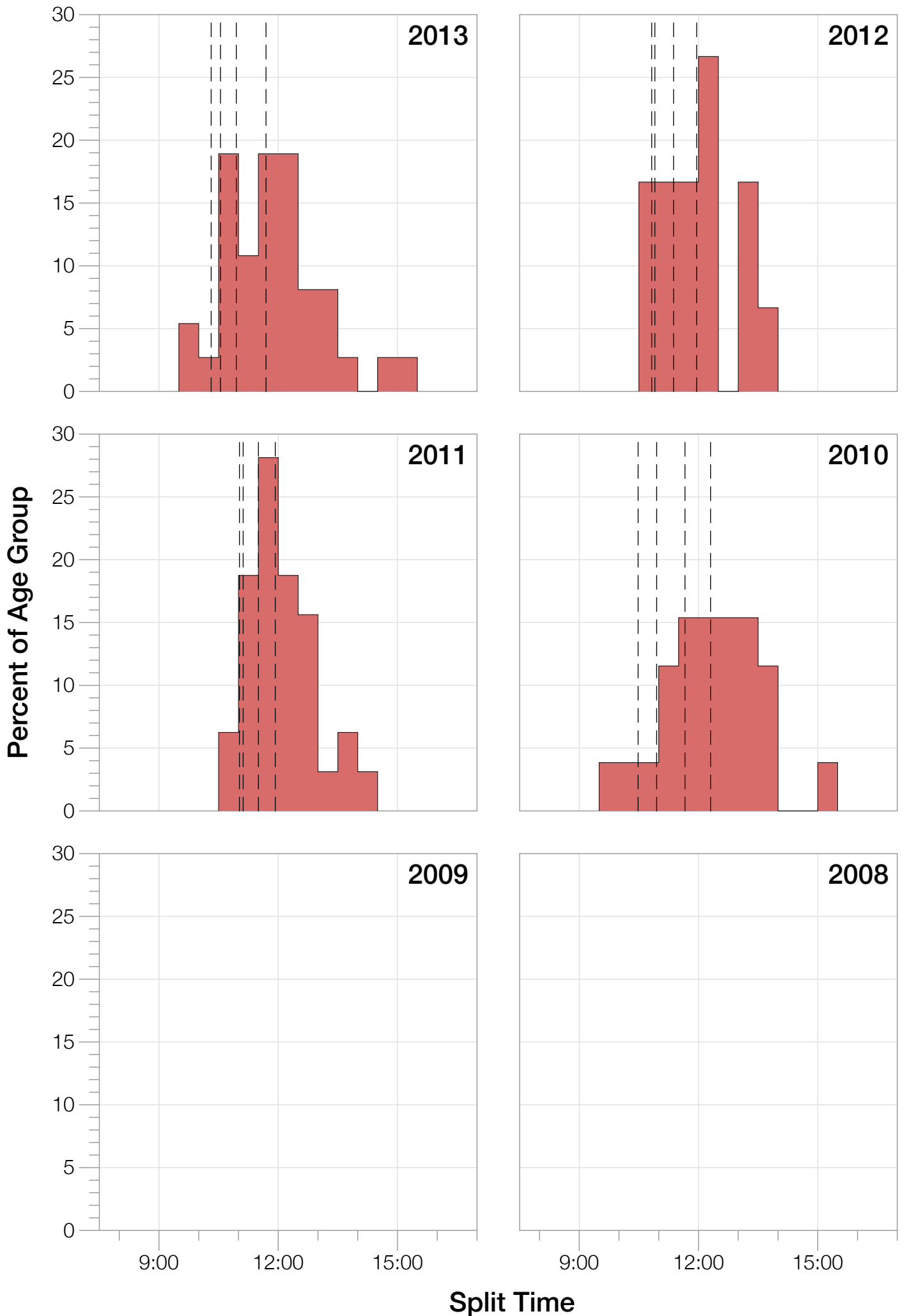
F25-29 Bike



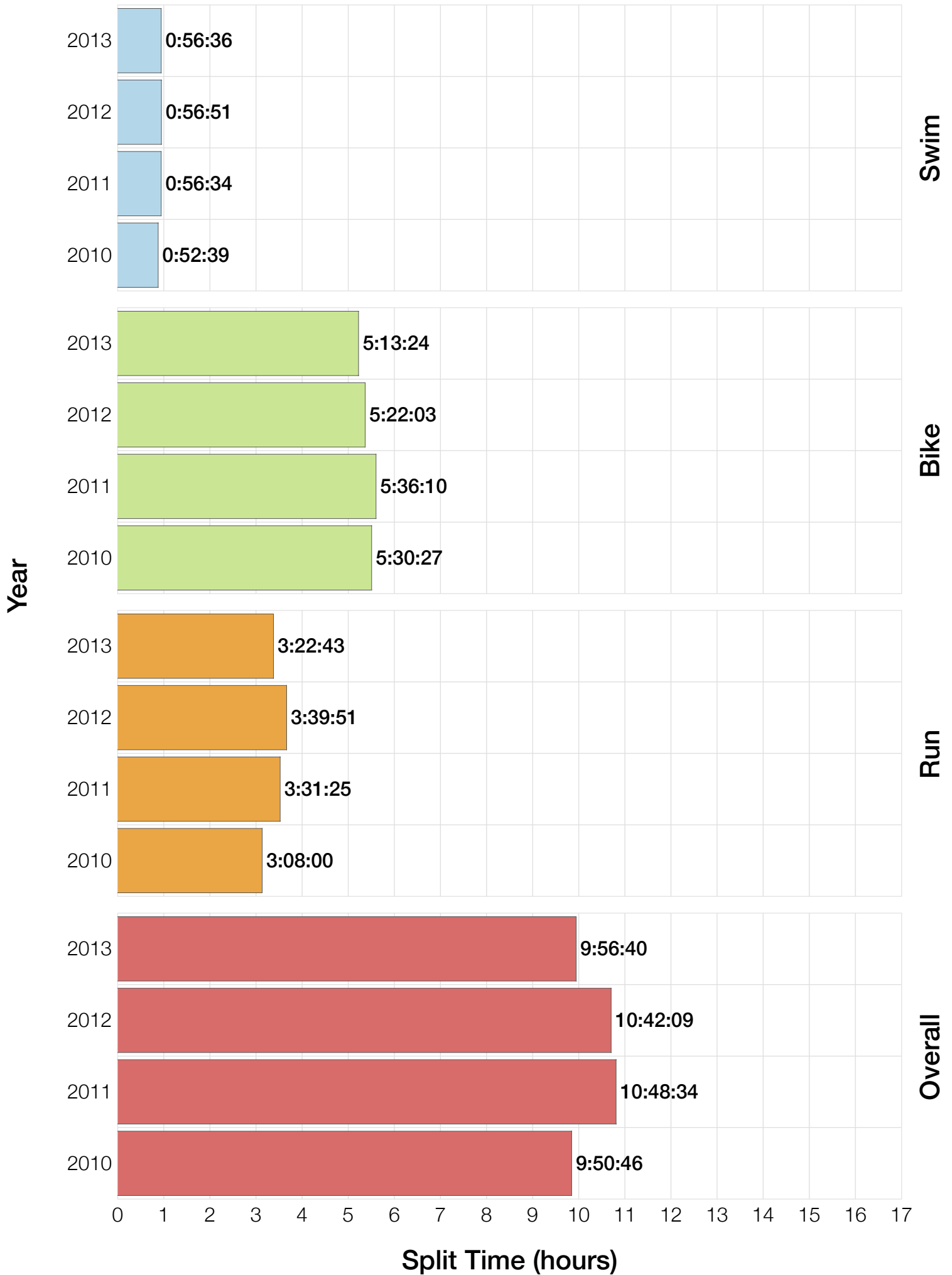
F25-29 Run



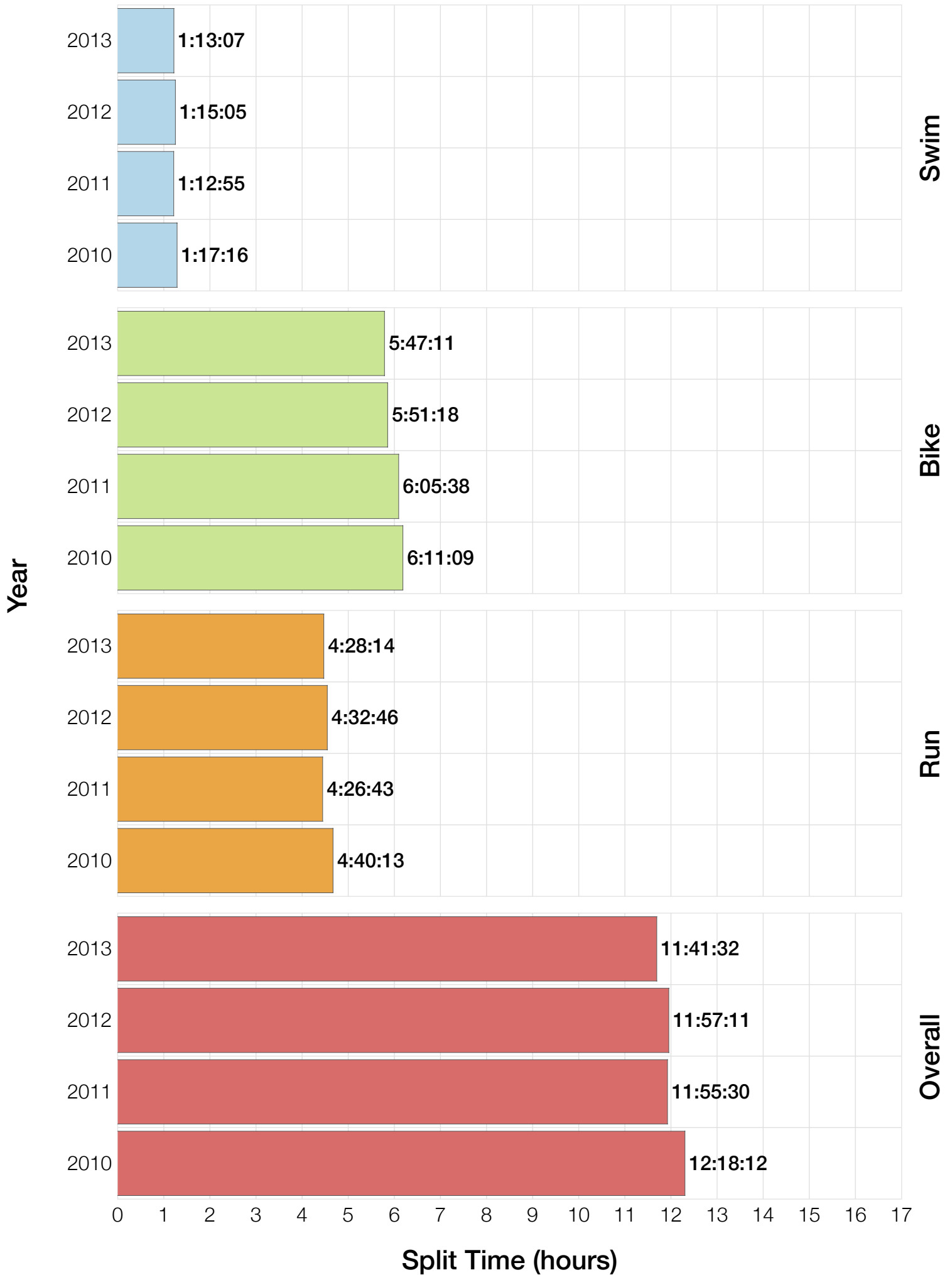
F25-29 Overall



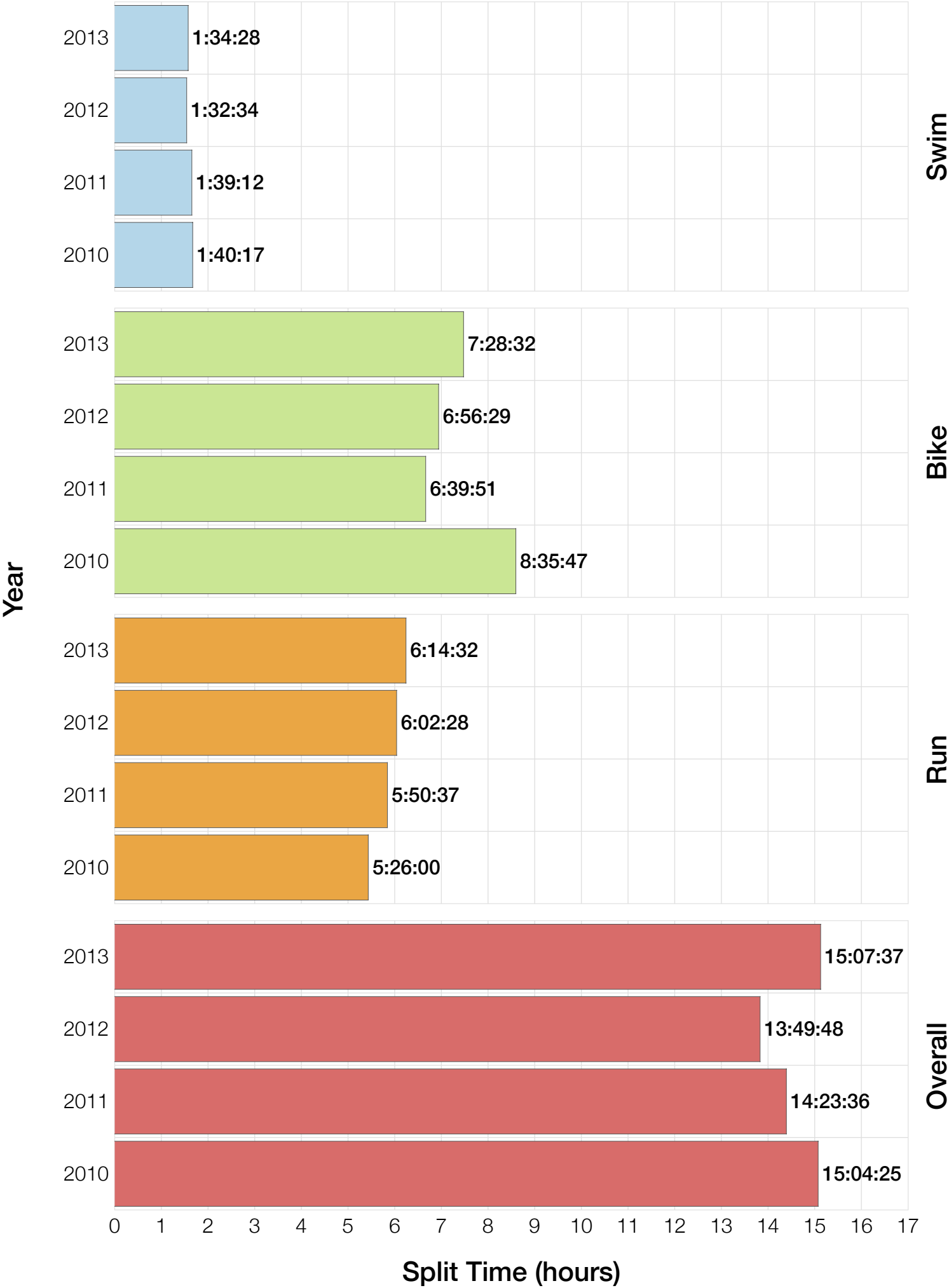
F25-29 Fastest Splits



F25-29 Median Splits

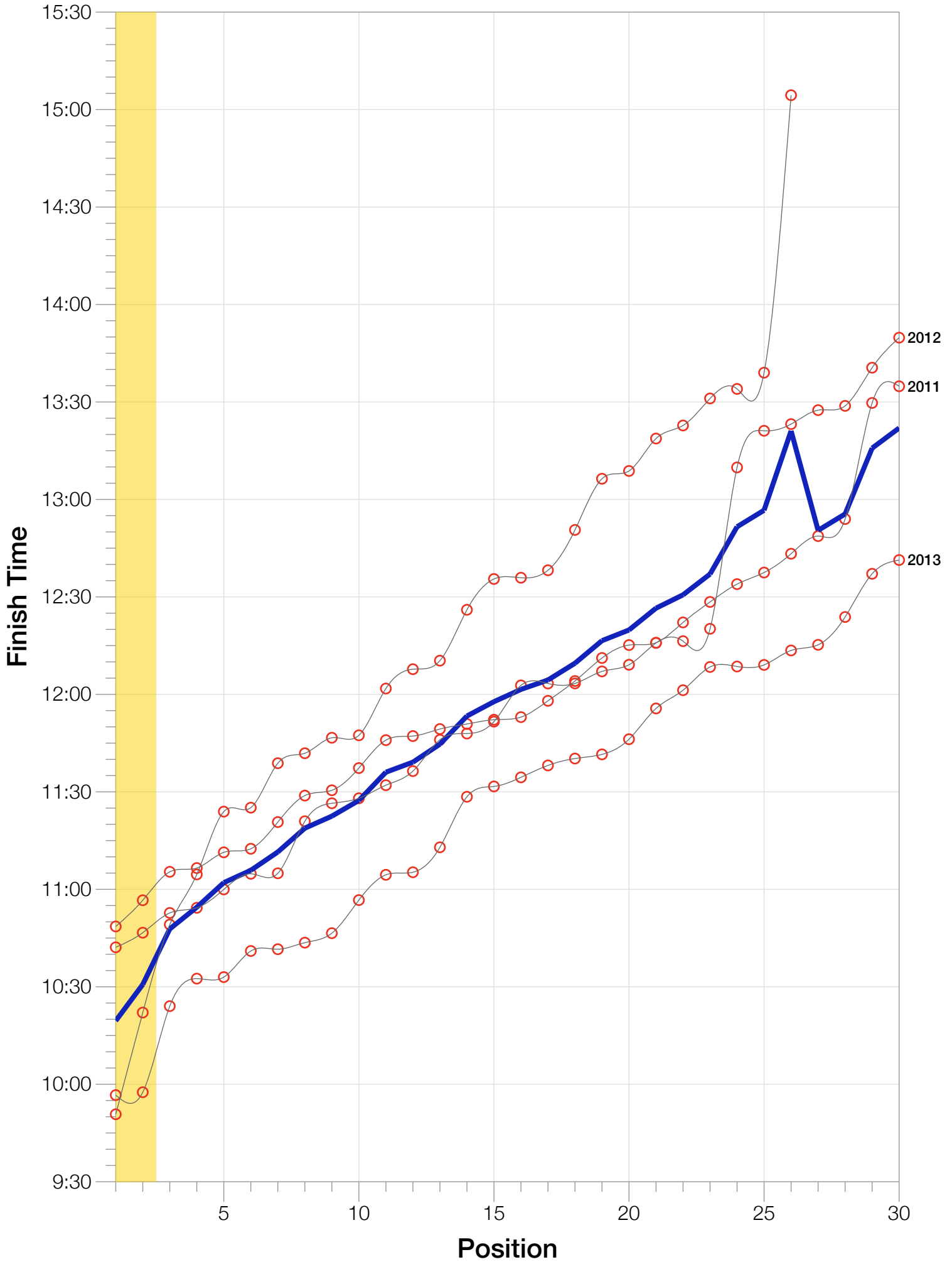


F25-29 Slowest Splits



F25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:39	4:30:28	2:50:21	8:12:56
Average Female Winner	0:50:26	4:50:27	3:10:03	8:54:20
Average 1st Age Grouper	1:04:44	5:42:48	3:25:29	10:19:32
Average 2nd Age Grouper	1:02:05	5:33:30	3:48:18	10:30:43
Average 3rd Age Grouper	1:06:22	5:39:35	3:54:35	10:47:49
Average 4th Age Grouper	1:13:51	5:35:22	3:57:24	10:54:29
Average 5th Age Grouper	1:17:54	5:42:20	3:53:38	11:02:03
Average 6th Age Grouper	1:12:10	5:41:43	4:01:11	11:05:51
Average 7th Age Grouper	1:10:02	5:53:43	3:58:55	11:11:30
Average 8th Age Grouper	1:15:18	5:47:08	4:06:32	11:18:49
Average 9th Age Grouper	1:12:00	5:46:52	4:13:59	11:22:31
Average 10th Age Grouper	1:11:59	5:52:26	4:12:14	11:27:21
Kona Qualifier Average	1:03:25	5:38:09	3:36:54	10:25:07
Top 10 Age Grouper Average	1:10:39	5:43:32	3:57:13	11:00:04

Copenhagen 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:46	4:33:51	2:45:15	8:12:41
Female Winner	0:52:55	4:39:58	3:00:51	8:37:36
1st Age Grouper	0:56:36	5:32:05	3:22:43	9:56:40
2nd Age Grouper	0:59:17	5:13:24	3:39:39	9:57:33
3rd Age Grouper	1:19:06	5:18:22	3:39:23	10:24:03
4th Age Grouper	1:12:07	5:24:58	3:47:59	10:32:31
5th Age Grouper	1:24:37	5:21:38	3:37:23	10:32:59
6th Age Grouper	1:05:18	5:29:21	4:00:44	10:41:01
7th Age Grouper	1:09:19	5:28:07	3:56:12	10:41:34
8th Age Grouper	1:13:43	5:32:46	3:49:14	10:43:35
9th Age Grouper	1:10:00	5:29:23	3:55:52	10:46:30
10th Age Grouper	1:12:59	5:39:30	3:56:11	10:56:41
Kona Qualifier Average	0:57:56	5:22:44	3:31:11	9:57:06
Top 10 Age Grouper Average	1:10:18	5:26:57	3:46:32	10:31:18

Challenge Copenhagen 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:01	4:26:43	3:03:00	8:20:09
Female Winner	0:48:57	4:59:05	3:21:12	9:12:27
1st Age Grouper	1:16:41	5:38:32	3:39:51	10:42:09
2nd Age Grouper	1:03:22	5:34:43	4:01:32	10:46:39
3rd Age Grouper	1:17:11	5:36:21	3:50:47	10:52:44
4th Age Grouper	1:18:05	5:28:11	4:01:48	10:54:19
5th Age Grouper	1:16:51	5:45:18	3:49:39	10:59:58
6th Age Grouper	1:13:49	5:47:02	3:49:54	11:04:47
7th Age Grouper	1:11:35	5:50:34	3:55:59	11:04:56
8th Age Grouper	1:16:43	5:46:46	4:07:59	11:20:57
9th Age Grouper	1:11:53	5:46:59	4:17:34	11:26:29
10th Age Grouper	1:15:01	5:49:31	4:14:14	11:28:01
Kona Qualifier Average	1:10:01	5:36:37	3:50:41	10:44:24
Top 10 Age Grouper Average	1:14:07	5:42:23	3:58:55	11:04:05

Challenge Copenhagen 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:24	4:33:18	2:46:16	8:11:15
Female Winner	0:49:33	4:54:41	3:05:02	8:52:42
1st Age Grouper	0:58:16	6:10:08	3:31:25	10:48:34
2nd Age Grouper	1:05:29	5:46:05	3:55:21	10:56:38
3rd Age Grouper	0:56:34	6:06:46	3:53:42	11:05:23
4th Age Grouper	1:07:56	5:45:36	4:03:13	11:06:33
5th Age Grouper	1:15:00	5:38:22	4:11:36	11:11:23
6th Age Grouper	1:10:46	5:42:23	4:07:28	11:12:29
7th Age Grouper	1:09:14	5:58:45	4:03:48	11:20:42
8th Age Grouper	1:14:18	5:41:26	4:23:21	11:28:51
9th Age Grouper	1:06:15	6:03:59	4:11:07	11:30:29
10th Age Grouper	0:58:55	6:05:24	4:17:40	11:37:19
Kona Qualifier Average	1:01:52	5:58:06	3:43:23	10:52:36
Top 10 Age Grouper Average	1:06:16	5:53:53	4:03:52	11:13:50

Challenge Copenhagen 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:28	4:28:01	2:46:54	8:07:39
Female Winner	0:50:21	4:48:04	3:13:09	8:54:36
1st Age Grouper	1:07:25	5:30:27	3:08:00	9:50:46
2nd Age Grouper	1:00:14	5:39:49	3:36:42	10:22:04
3rd Age Grouper	0:52:39	5:36:52	4:14:30	10:49:09
4th Age Grouper	1:17:16	5:42:45	3:56:37	11:04:35
5th Age Grouper	1:15:11	6:04:02	3:55:55	11:23:55
6th Age Grouper	1:18:48	5:48:08	4:06:40	11:25:08
7th Age Grouper		6:17:28	3:59:42	11:38:49
8th Age Grouper	1:16:30	6:07:34	4:05:34	11:41:53
9th Age Grouper	1:19:54	5:47:07	4:31:23	11:46:39
10th Age Grouper	1:21:01	5:55:20	4:20:53	11:47:24
Kona Qualifier Average	1:03:49	5:35:08	3:22:21	10:06:25
Top 10 Age Grouper Average	1:12:06	5:50:57	3:59:35	11:11:02