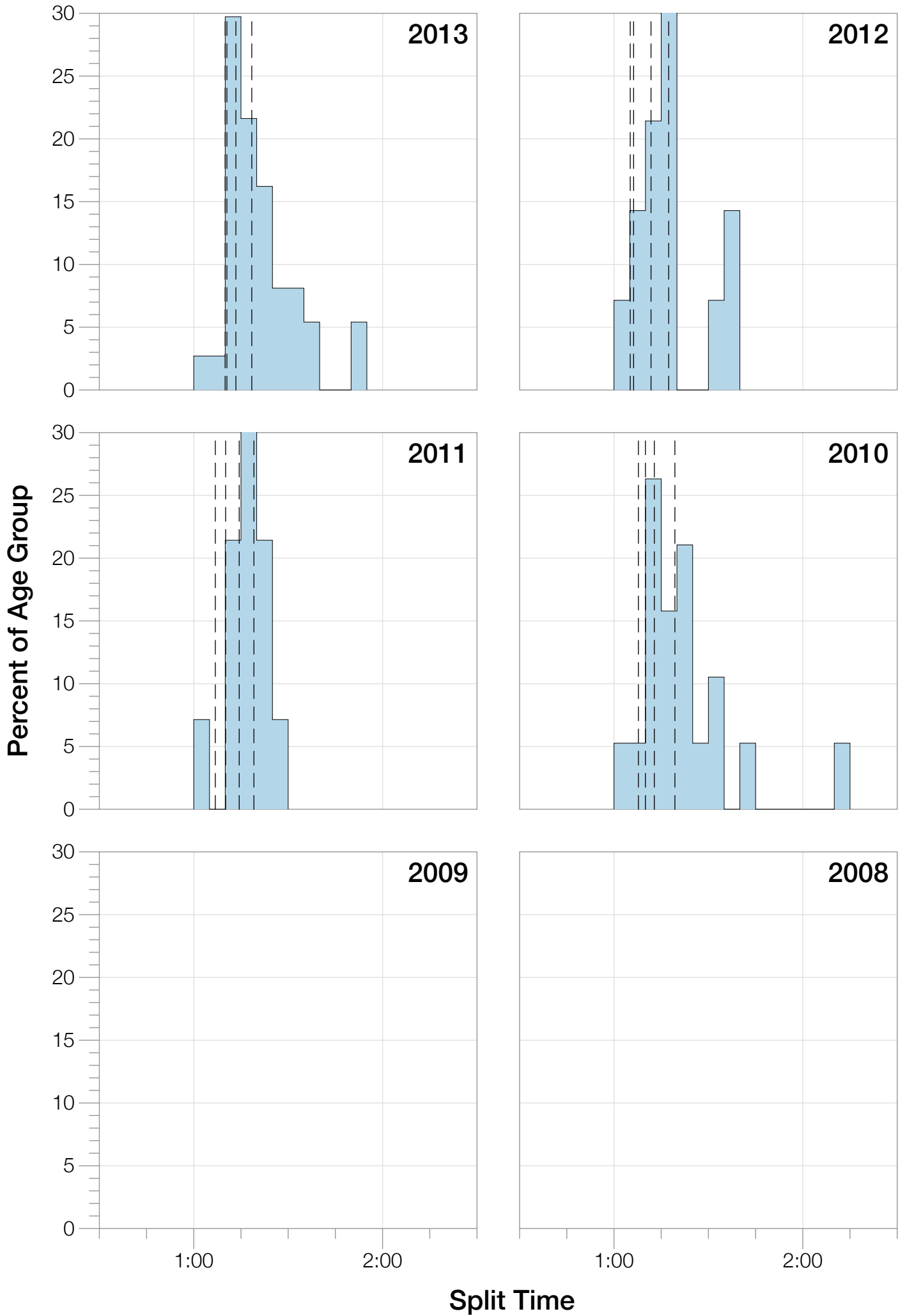


Ironman Copenhagen F40-44 Stats

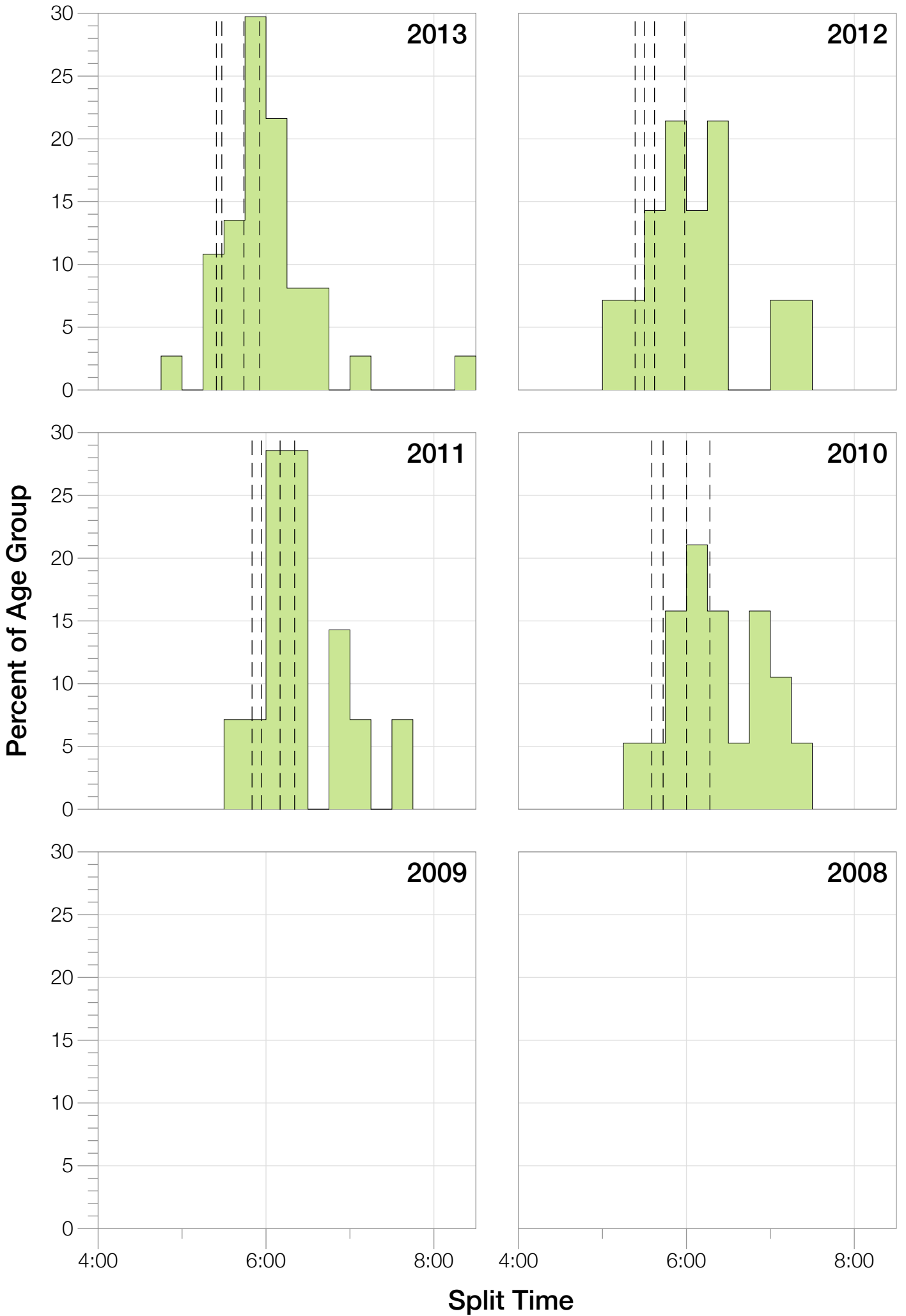
F40-44 Summary Statistics

Year	Finishers	F40-44 Finishers	Male Winner's Time	Female Winner's Time	F40-44 Winner's Time
2010	1308	19	8:07:39	8:54:36	10:57:41
2011	1377	14	8:11:15	8:52:42	10:59:09
2012	1400	14	8:20:09	9:12:27	10:12:43
2013	1776	37	8:12:41	8:37:36	9:48:04
Average	1465	21	8:12:56	8:54:20	10:29:24

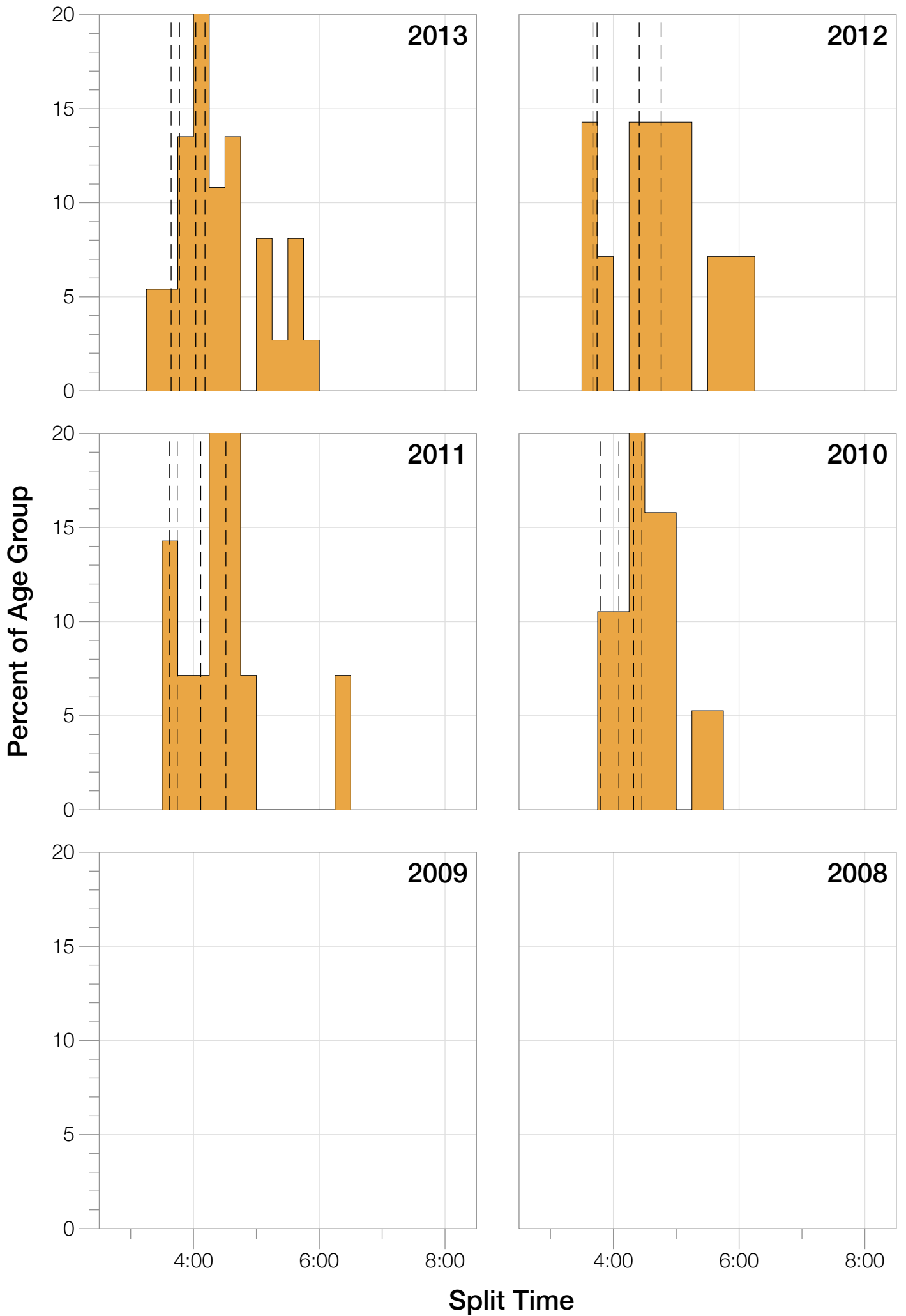
F40-44 Swim



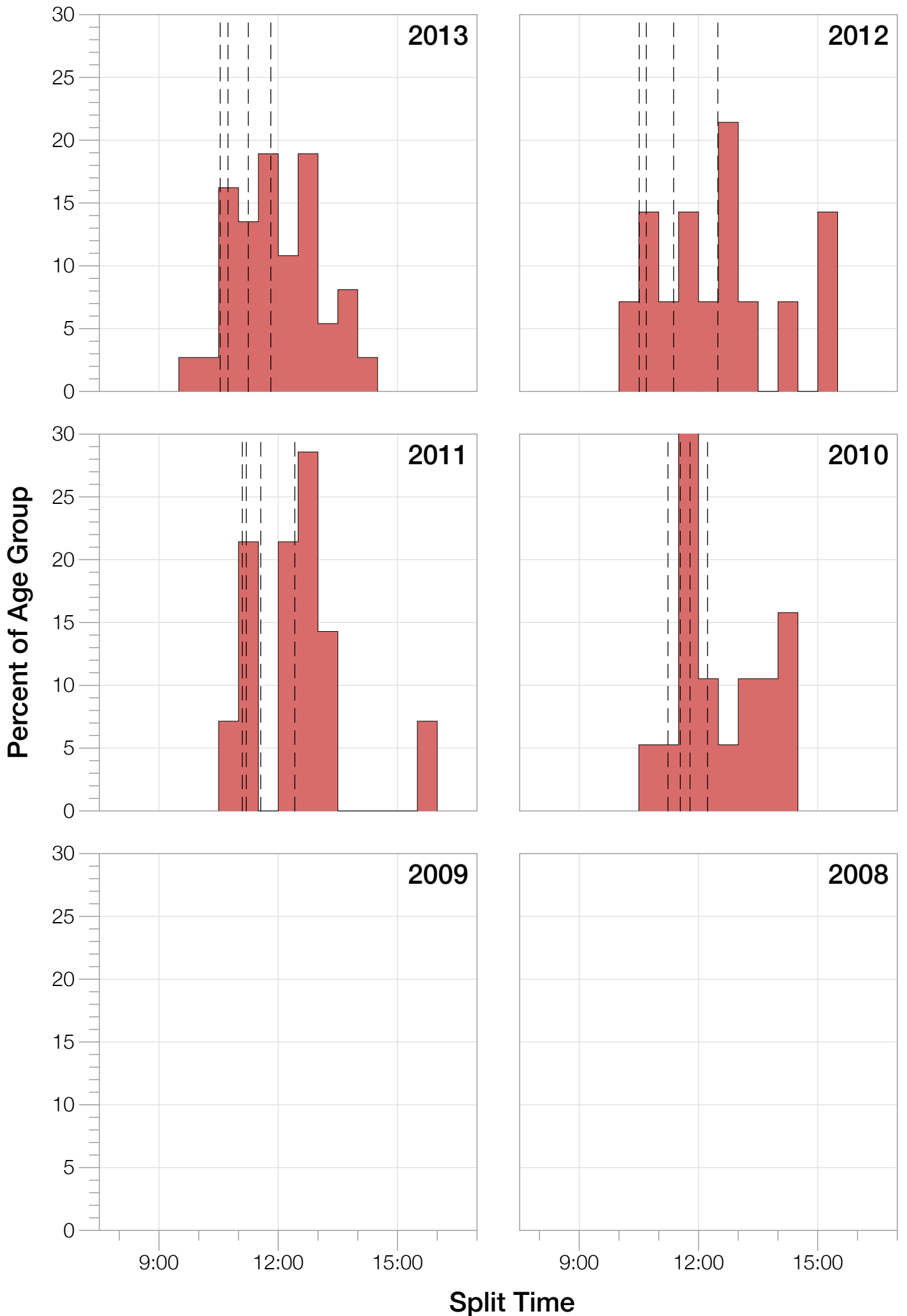
F40-44 Bike



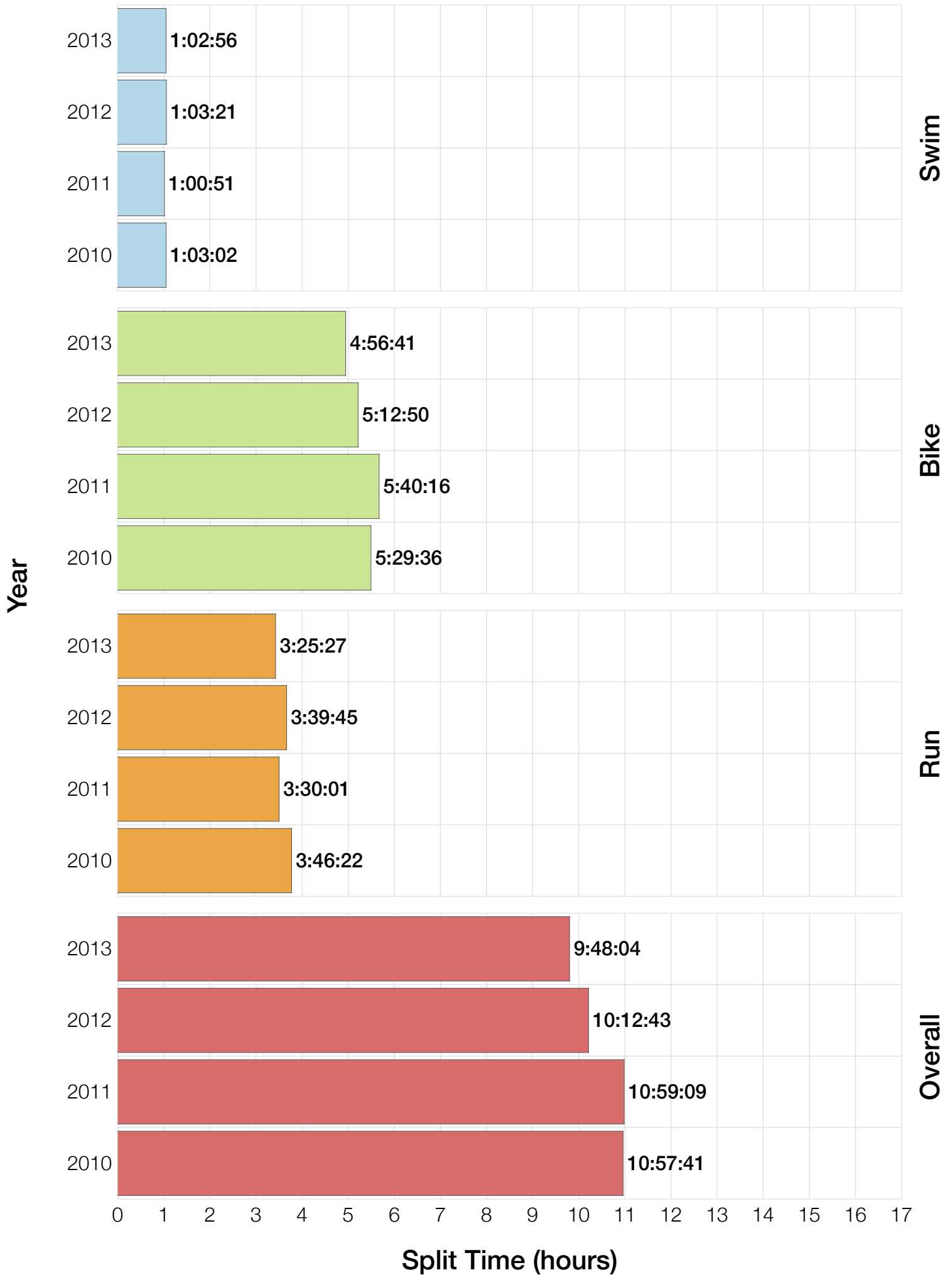
F40-44 Run



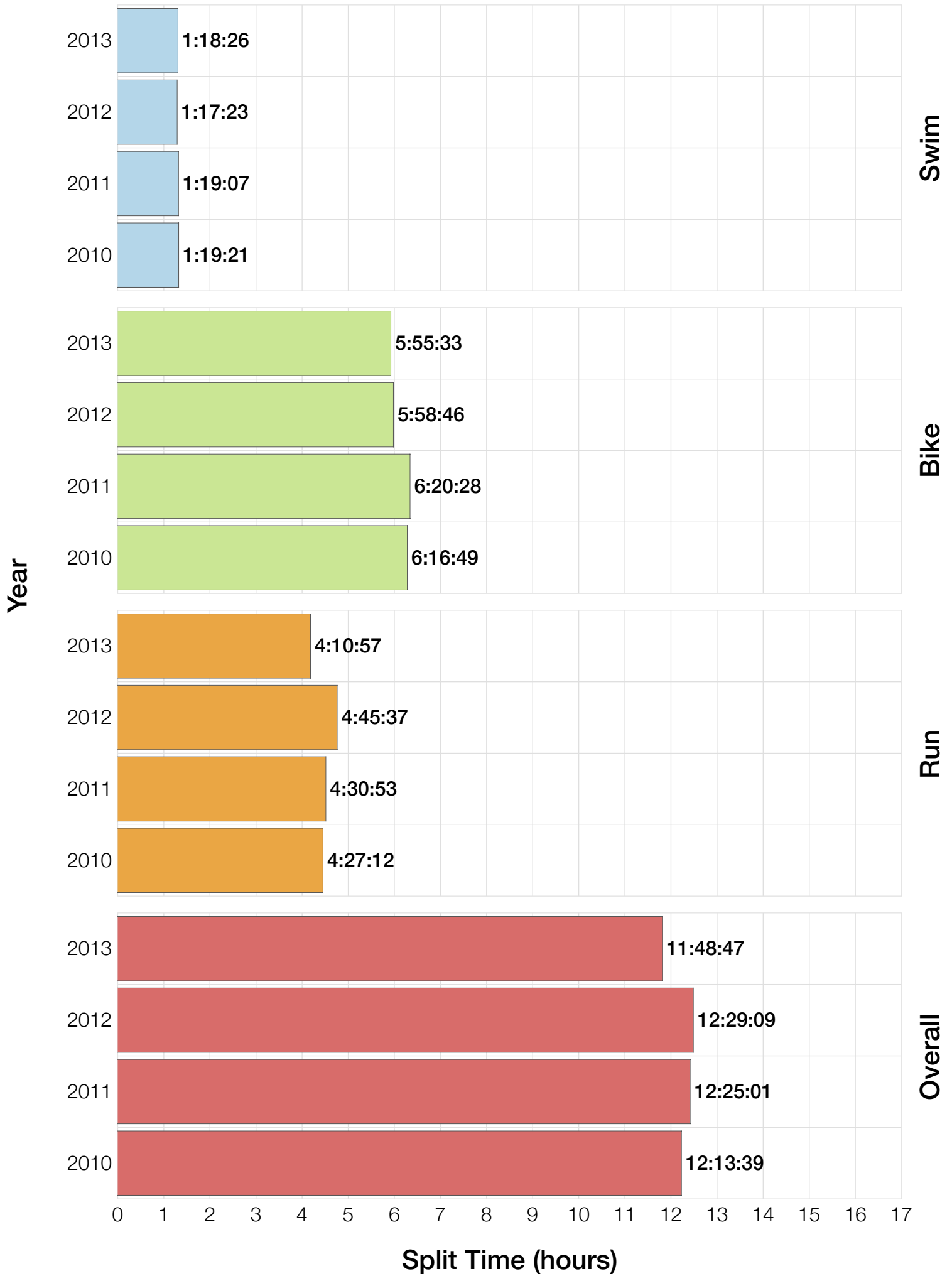
F40-44 Overall



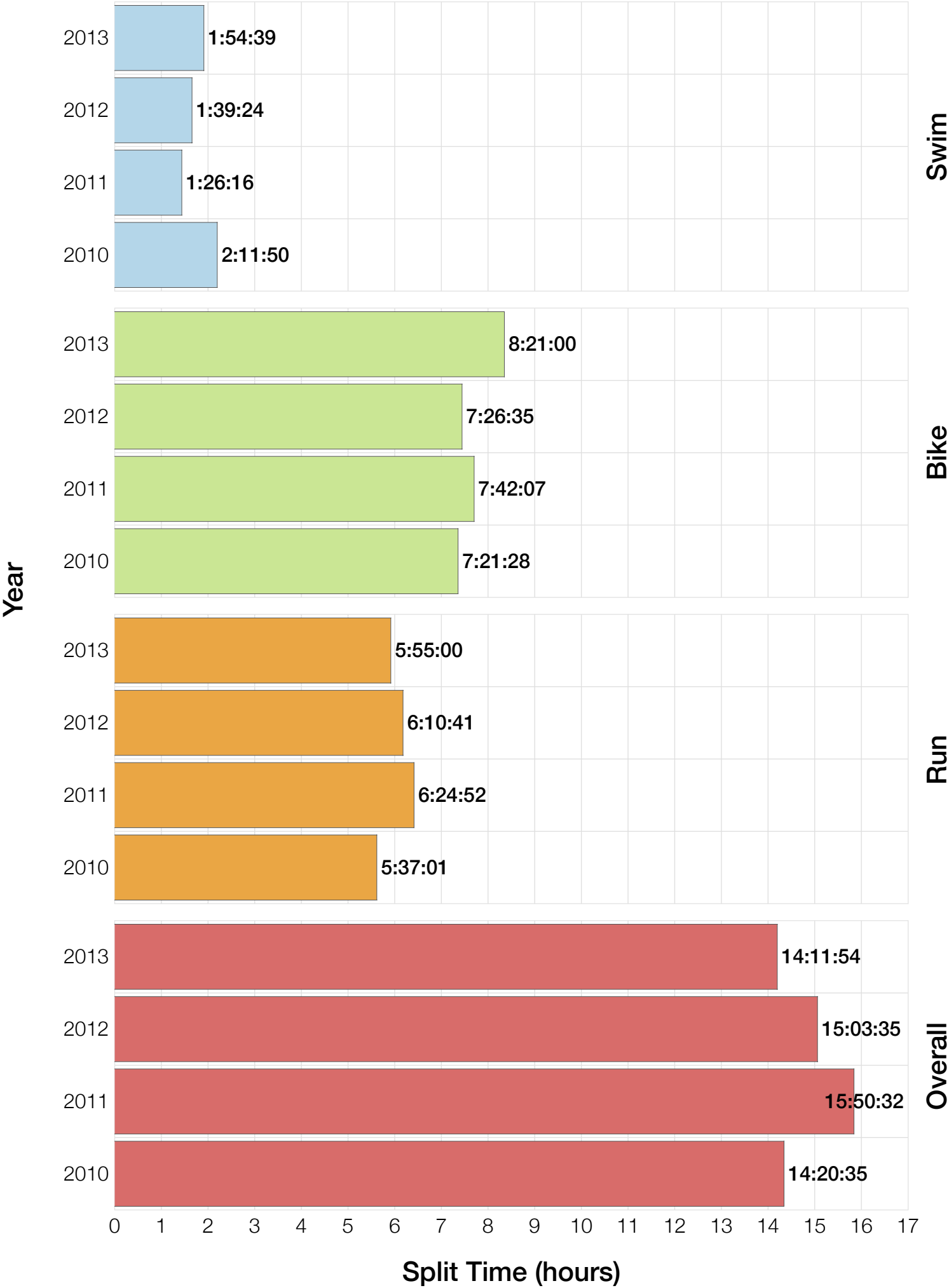
F40-44 Fastest Splits



F40-44 Median Splits

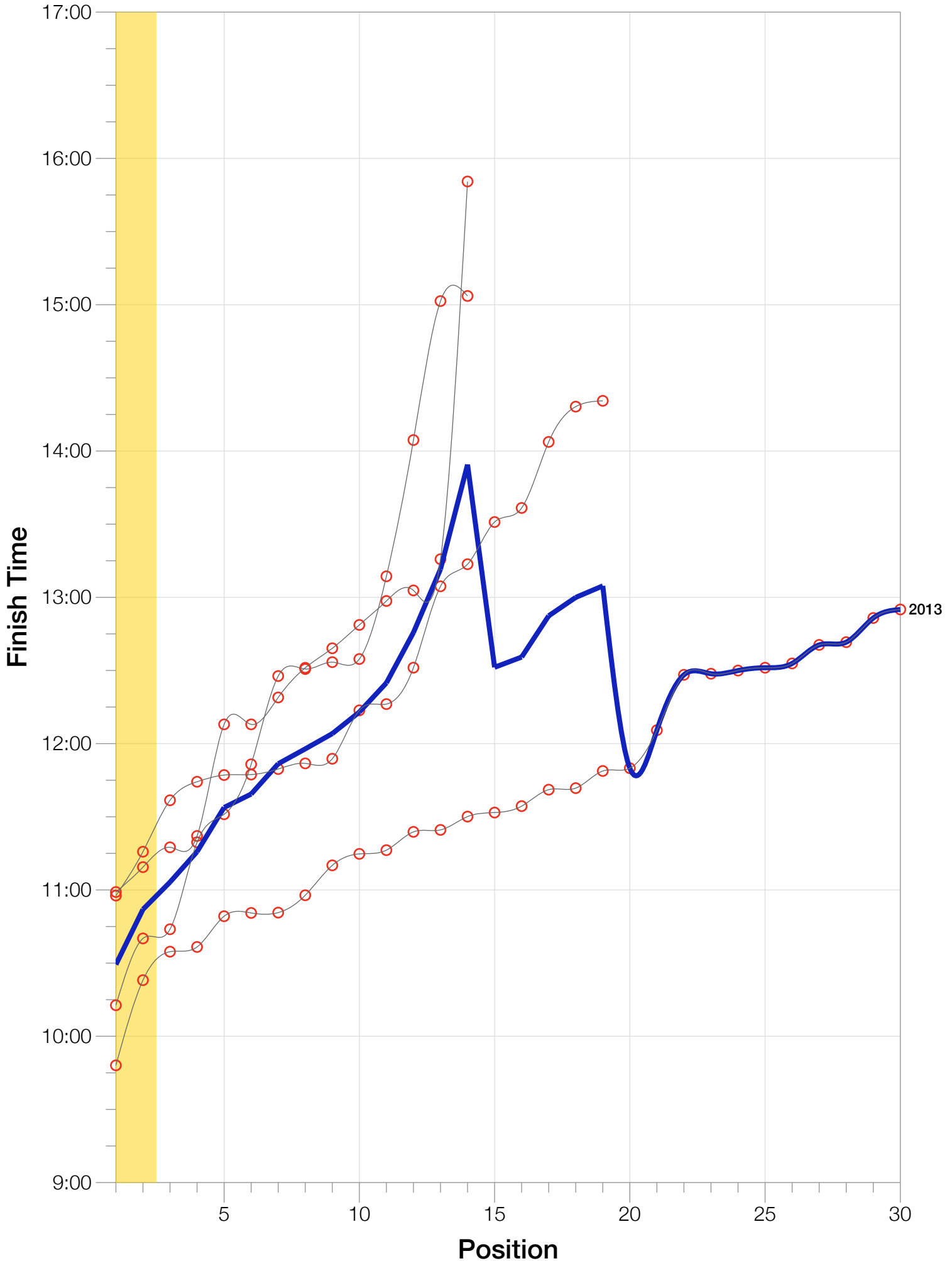


F40-44 Slowest Splits



F40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:39	4:30:28	2:50:21	8:12:56
Average Female Winner	0:50:26	4:50:27	3:10:03	8:54:20
Average 1st Age Grouper	1:13:22	5:31:31	3:36:06	10:29:24
Average 2nd Age Grouper	1:09:35	5:40:31	3:52:08	10:52:02
Average 3rd Age Grouper	1:11:48	5:45:00	3:56:12	11:03:12
Average 4th Age Grouper	1:14:59	5:45:14	4:02:27	11:15:40
Average 5th Age Grouper	1:12:08	5:48:19	4:20:29	11:33:49
Average 6th Age Grouper	1:13:45	5:56:38	4:19:02	11:39:19
Average 7th Age Grouper	1:23:52	5:55:42	4:21:32	11:51:44
Average 8th Age Grouper	1:15:13	6:00:37	4:30:54	11:57:51
Average 9th Age Grouper	1:15:58	6:02:28	4:32:37	12:04:06
Average 10th Age Grouper	1:17:23	6:11:27	4:30:28	12:12:57
Kona Qualifier Average	1:11:28	5:36:01	3:44:07	10:40:43
Top 10 Age Grouper Average	1:14:48	5:51:45	4:12:11	11:30:00

Copenhagen 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:46	4:33:51	2:45:15	8:12:41
Female Winner	0:52:55	4:39:58	3:00:51	8:37:36
1st Age Grouper	1:17:36	4:56:41	3:25:27	9:48:04
2nd Age Grouper	1:02:56	5:44:13	3:27:52	10:23:00
3rd Age Grouper	1:14:51	5:24:54	3:49:03	10:34:41
4th Age Grouper	1:10:22	5:34:54	3:41:19	10:36:37
5th Age Grouper	1:11:23	5:23:05	4:05:51	10:49:13
6th Age Grouper	1:15:36	5:34:23	3:51:39	10:50:34
7th Age Grouper	1:22:29	5:30:02	3:42:53	10:50:42
8th Age Grouper	1:10:59	5:29:45	4:07:55	10:57:49
9th Age Grouper	1:18:18	5:42:48	3:57:34	11:10:05
10th Age Grouper	1:11:35	5:47:32	4:03:48	11:14:47
Kona Qualifier Average	1:10:16	5:20:27	3:26:39	10:05:32
Top 10 Age Grouper Average	1:13:36	5:30:49	3:49:20	10:43:33

Challenge Copenhagen 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:01	4:26:43	3:03:00	8:20:09
Female Winner	0:48:57	4:59:05	3:21:12	9:12:27
1st Age Grouper	1:13:01	5:12:50	3:40:46	10:12:43
2nd Age Grouper	1:06:28	5:32:58	3:53:00	10:40:07
3rd Age Grouper	1:18:06	5:33:38	3:39:45	10:43:53
4th Age Grouper	1:11:33	5:29:00	4:24:19	11:19:33
5th Age Grouper	1:03:21	5:50:14	4:25:47	11:31:02
6th Age Grouper	1:17:58	5:47:56	4:35:40	11:51:31
7th Age Grouper	1:19:18	6:16:39	4:41:58	12:27:43
8th Age Grouper	1:06:08	6:00:06	5:13:54	12:30:36
9th Age Grouper	1:19:10	6:11:42	4:49:17	12:33:25
10th Age Grouper	1:12:24	6:17:15	4:52:06	12:34:42
Kona Qualifier Average	1:09:44	5:22:54	3:46:53	10:26:25
Top 10 Age Grouper Average	1:12:44	5:49:13	4:25:39	11:38:31

Challenge Copenhagen 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:24	4:33:18	2:46:16	8:11:15
Female Winner	0:49:33	4:54:41	3:05:02	8:52:42
1st Age Grouper	1:19:51	6:00:22	3:30:01	10:59:09
2nd Age Grouper	1:18:31	5:55:17	3:40:30	11:09:21
3rd Age Grouper	1:00:51	6:09:48	3:53:44	11:17:29
4th Age Grouper	1:13:13	5:40:16	4:17:48	11:22:08
5th Age Grouper	1:10:14	6:24:06	4:19:37	12:07:54
6th Age Grouper	1:10:05	6:17:44	4:29:29	12:07:54
7th Age Grouper	1:20:09	6:10:55	4:38:42	12:18:56
8th Age Grouper	1:23:05	6:23:12	4:32:18	12:31:06
9th Age Grouper	1:18:07	6:11:28	4:53:03	12:39:06
10th Age Grouper	1:19:49	6:27:20	4:41:22	12:48:41
Kona Qualifier Average	1:19:11	5:57:49	3:35:15	11:04:15
Top 10 Age Grouper Average	1:15:23	6:10:02	4:17:39	11:56:10

Challenge Copenhagen 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:28	4:28:01	2:46:54	8:07:39
Female Winner	0:50:21	4:48:04	3:13:09	8:54:36
1st Age Grouper	1:03:02	5:56:14	3:48:11	10:57:41
2nd Age Grouper	1:10:25	5:29:36	4:27:12	11:15:41
3rd Age Grouper	1:13:25	5:51:40	4:22:17	11:36:46
4th Age Grouper	1:24:49	6:16:49	3:46:22	11:44:22
5th Age Grouper	1:23:35	5:35:54	4:30:41	11:47:07
6th Age Grouper	1:11:23	6:06:32	4:19:23	11:47:19
7th Age Grouper	1:33:32	5:45:14	4:22:37	11:49:35
8th Age Grouper	1:20:43	6:09:26	4:09:31	11:51:54
9th Age Grouper	1:08:17	6:03:55	4:30:35	11:53:48
10th Age Grouper	1:25:46	6:13:41	4:24:36	12:13:39
Kona Qualifier Average	1:06:43	5:42:55	4:07:41	11:06:41
Top 10 Age Grouper Average	1:17:29	5:56:54	4:16:08	11:41:47