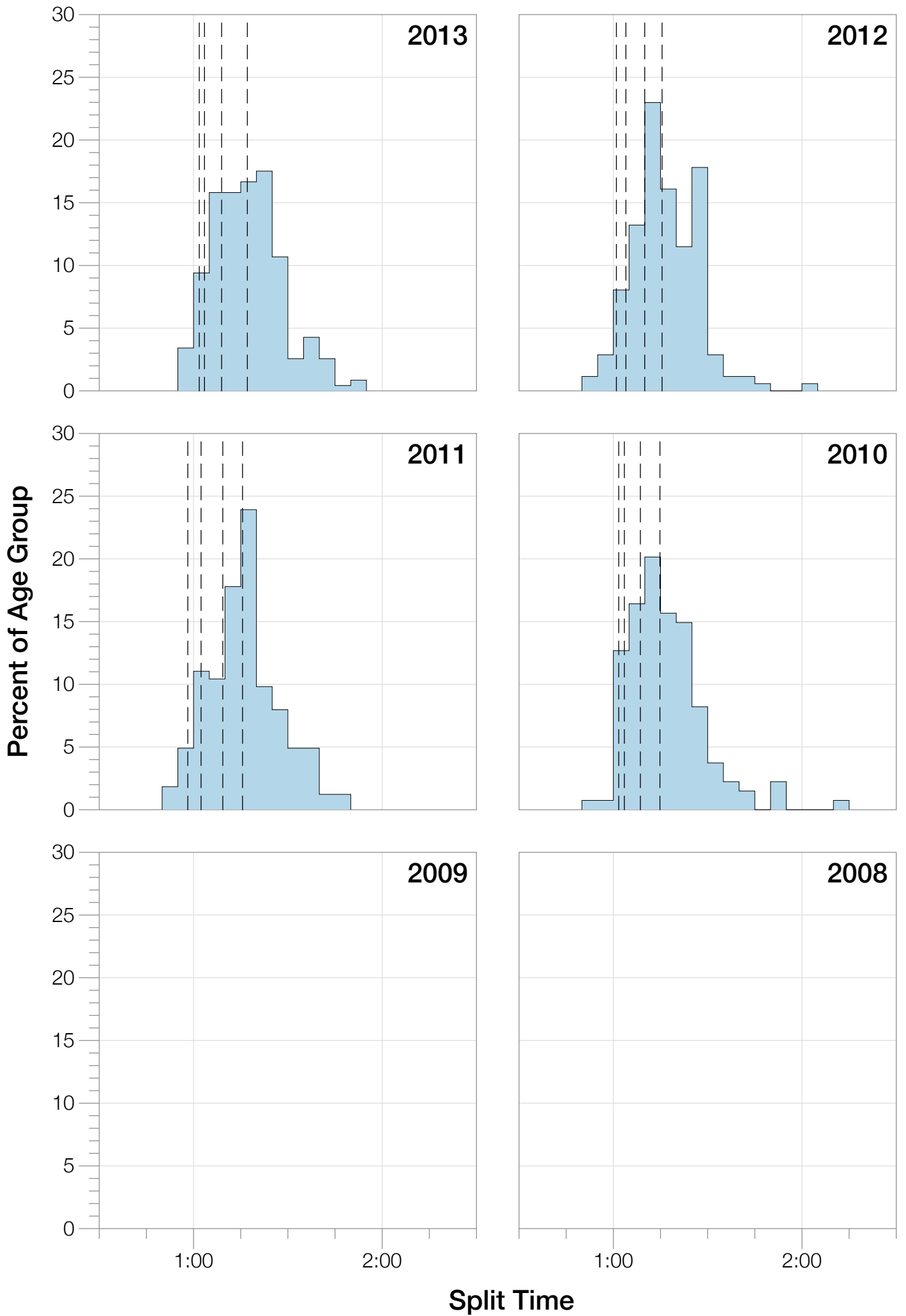


# Ironman Copenhagen M45-49 Stats

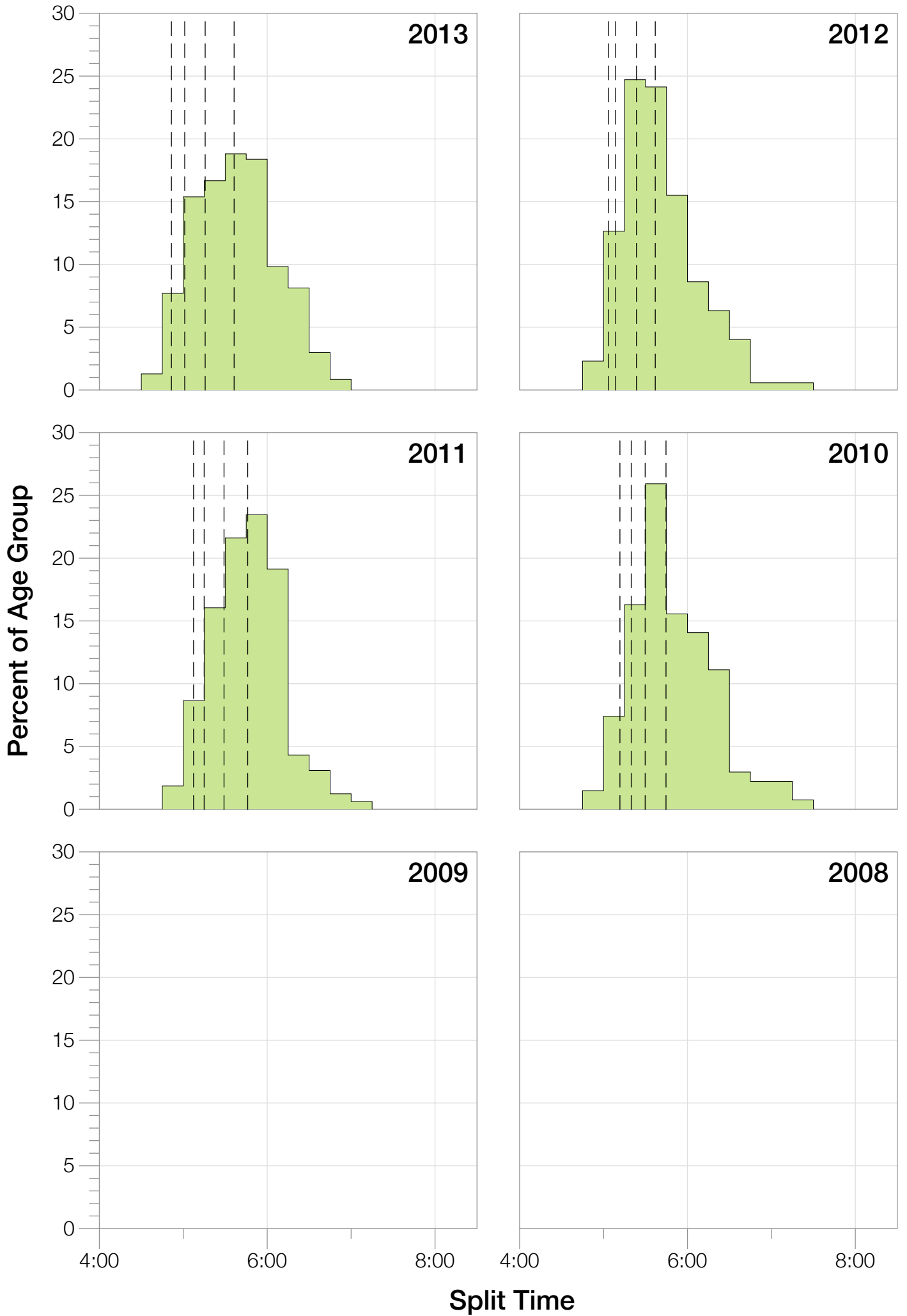
## M45-49 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>M45-49 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>M45-49 Winner's Time</b>
2010	1308	135	8:07:39	8:54:36	9:07:29
2011	1377	164	8:11:15	8:52:42	9:25:09
2012	1400	178	8:20:09	9:12:27	9:24:26
2013	1776	234	8:12:41	8:37:36	8:54:25
<b>Average</b>	<b>1465</b>	<b>178</b>	<b>8:12:56</b>	<b>8:54:20</b>	<b>9:12:52</b>

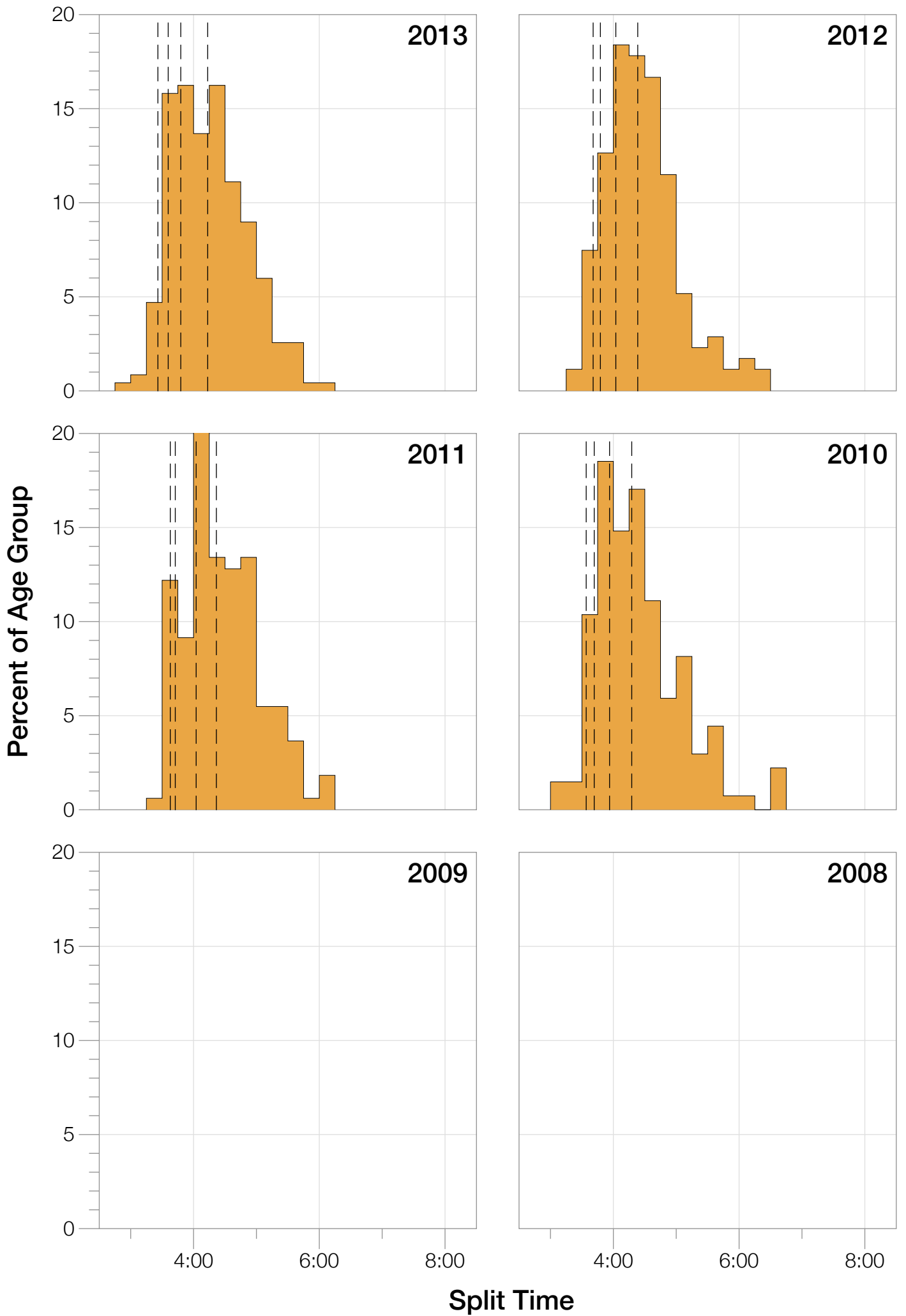
# M45-49 Swim



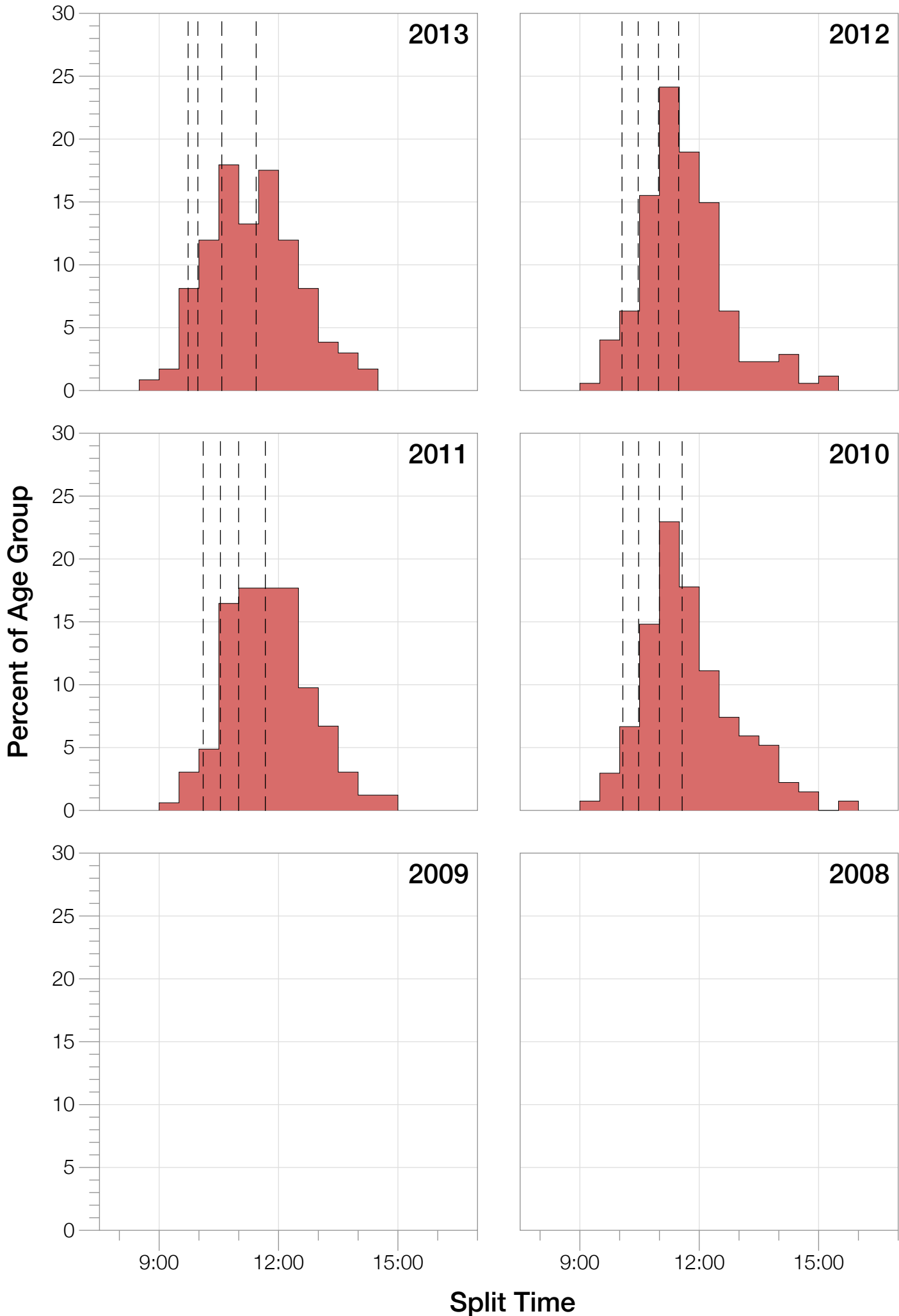
# M45-49 Bike



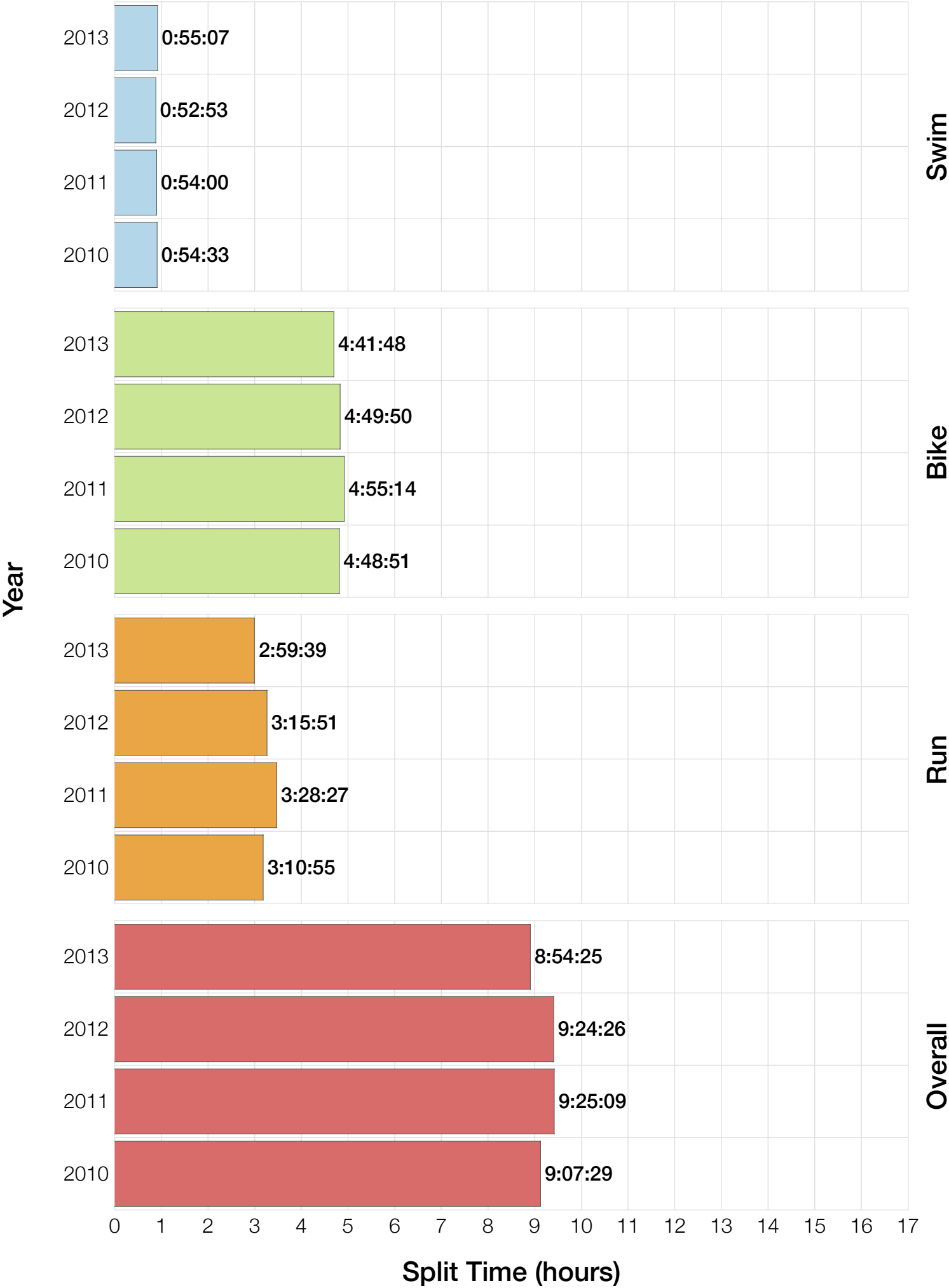
# M45-49 Run



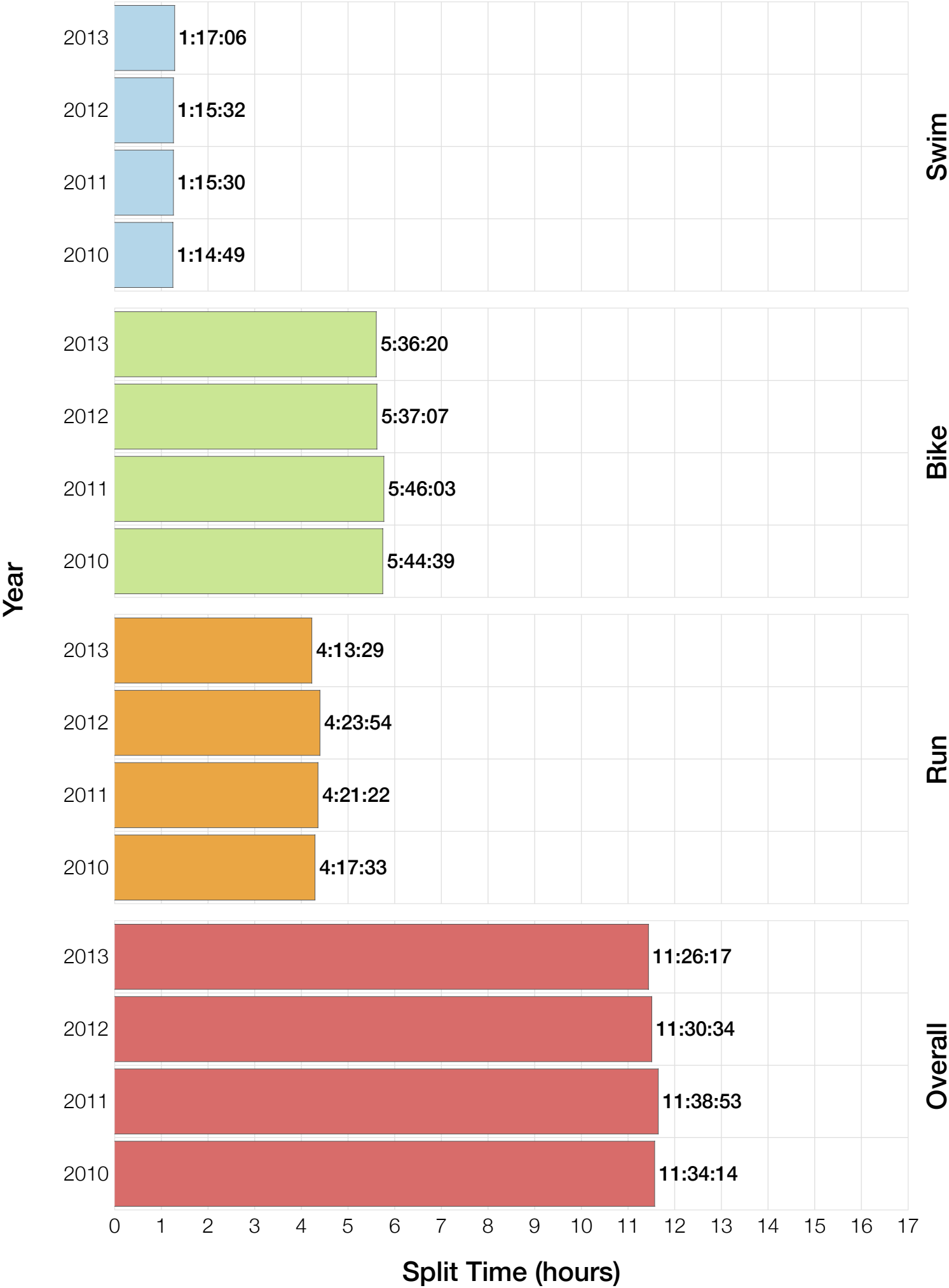
# M45-49 Overall



# M45-49 Fastest Splits

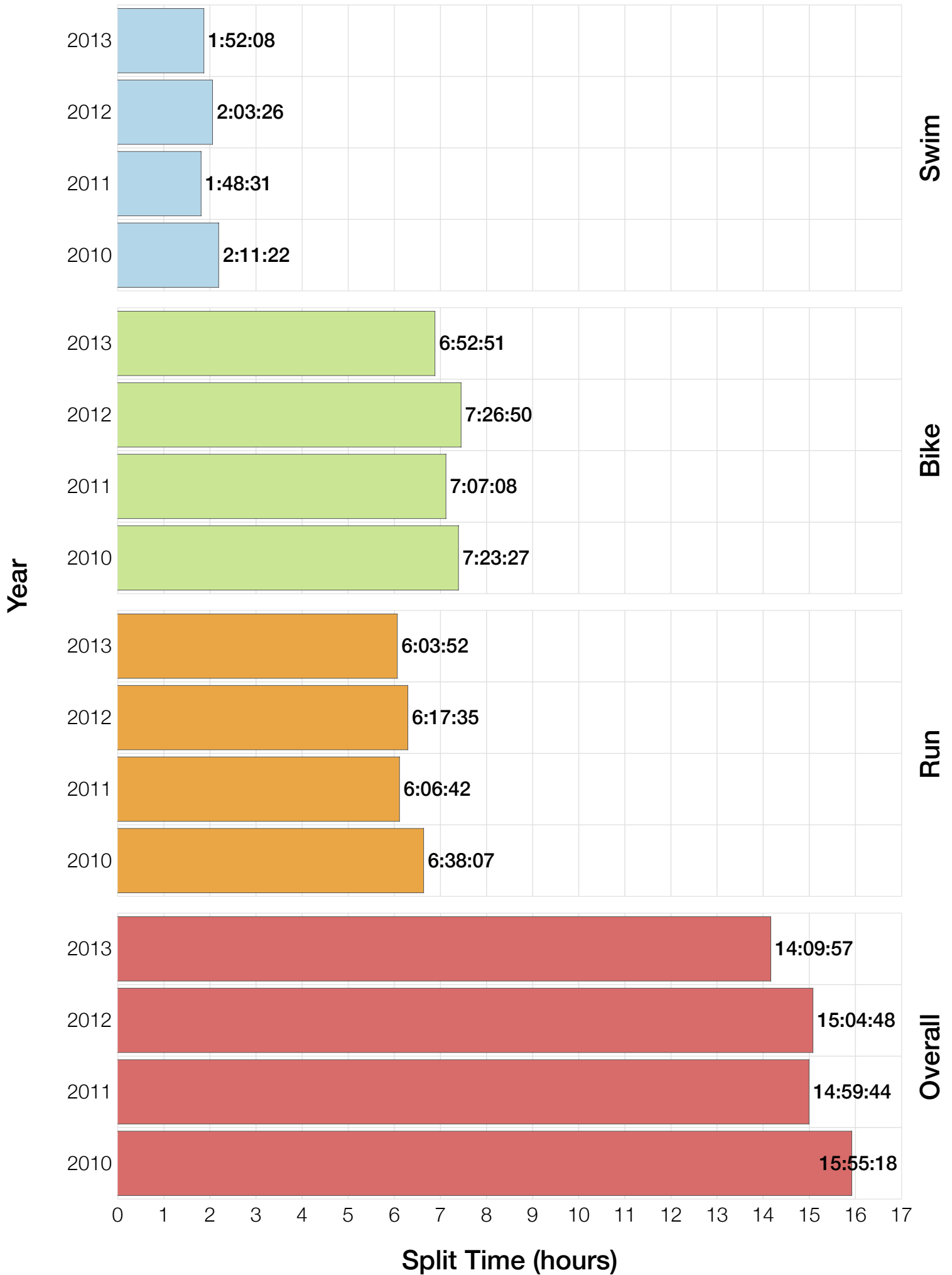


# M45-49 Median Splits



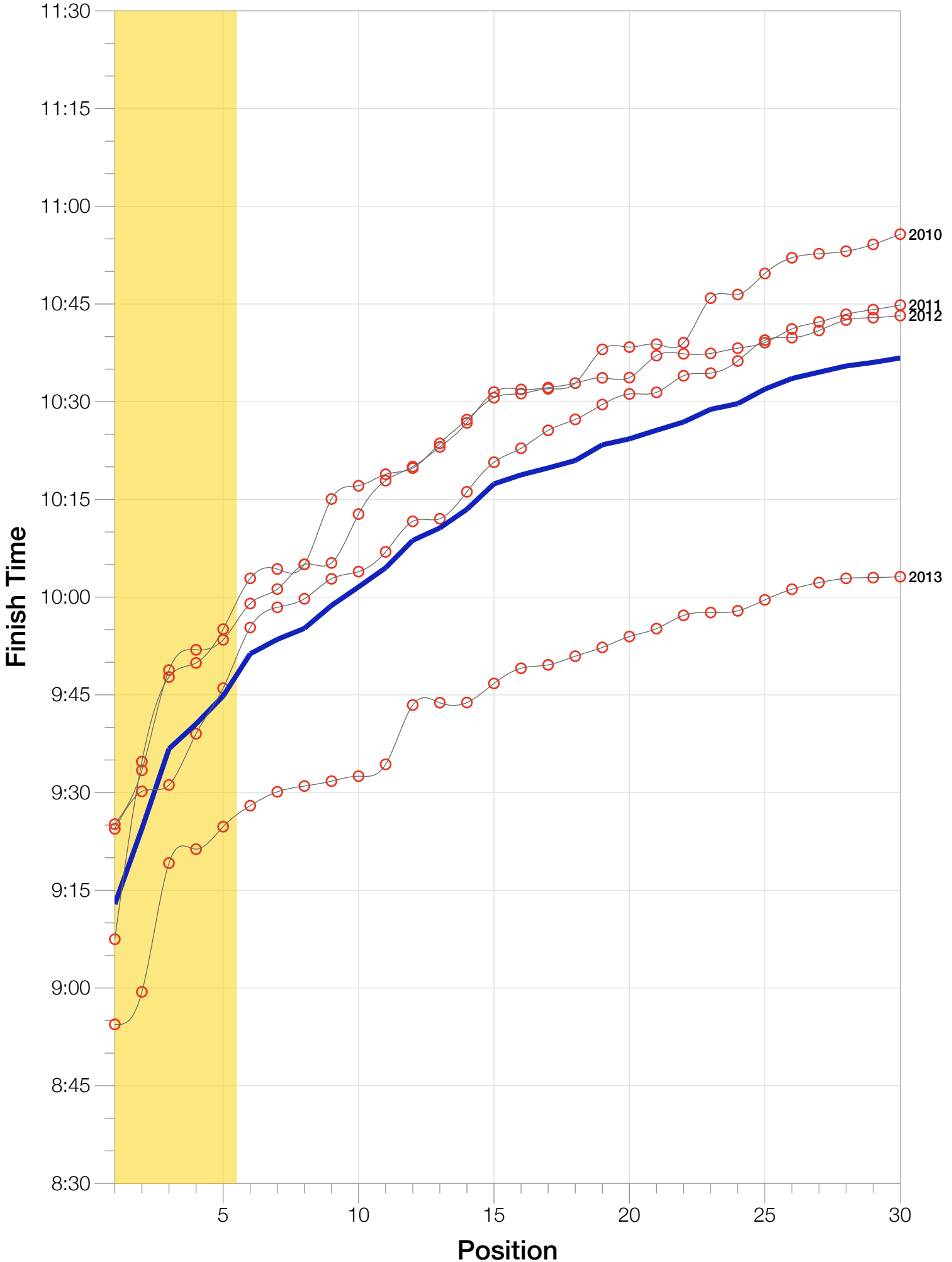


# M45-49 Slowest Splits



# M45-49 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# M45-49 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:39	4:30:28	2:50:21	8:12:56
Average Female Winner	0:50:26	4:50:27	3:10:03	8:54:20
Average 1st Age Grouper	1:00:19	4:50:24	3:15:00	9:12:52
Average 2nd Age Grouper	0:59:54	4:56:47	3:21:56	9:24:26
Average 3rd Age Grouper	1:03:46	4:57:37	3:29:02	9:36:43
Average 4th Age Grouper	1:03:37	5:03:03	3:27:28	9:40:32
Average 5th Age Grouper	1:04:56	5:02:30	3:28:29	9:44:49
Average 6th Age Grouper	1:02:54	4:59:14	3:40:44	9:51:18
Average 7th Age Grouper	1:03:30	5:07:43	3:35:17	9:53:31
Average 8th Age Grouper	1:04:01	5:18:02	3:41:09	9:55:12
Average 9th Age Grouper	1:03:25	5:05:55	3:43:04	9:58:43
Average 10th Age Grouper	1:03:11	5:09:02	3:39:57	10:01:34
<b>Kona Qualifier Average</b>	<b>1:02:30</b>	<b>4:58:04</b>	<b>3:24:23</b>	<b>9:31:52</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:57</b>	<b>5:03:02</b>	<b>3:32:13</b>	<b>9:43:58</b>

## Copenhagen 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:46	4:33:51	2:45:15	8:12:41
Female Winner	0:52:55	4:39:58	3:00:51	8:37:36
1st Age Grouper	1:03:22	4:44:24	2:59:39	8:54:25
2nd Age Grouper	1:00:48	4:46:34	3:05:07	8:59:24
3rd Age Grouper	1:10:17	4:46:21	3:17:01	9:19:10
4th Age Grouper	1:05:50	4:51:35	3:16:49	9:21:19
5th Age Grouper	1:01:14	5:03:46	3:10:57	9:24:46
6th Age Grouper	1:02:42	4:51:20	3:27:13	9:27:59
7th Age Grouper	1:05:58	4:49:20	3:25:06	9:30:07
8th Age Grouper	1:06:07	5:52:50	3:34:10	9:31:00
9th Age Grouper	0:55:08	4:58:20	3:32:41	9:31:45
10th Age Grouper	0:57:11	4:41:48	3:45:58	9:32:31
<b>Kona Qualifier Average</b>	<b>1:04:18</b>	<b>4:50:32</b>	<b>3:09:54</b>	<b>9:11:48</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:51</b>	<b>4:56:37</b>	<b>3:21:28</b>	<b>9:21:14</b>

## Challenge Copenhagen 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:01	4:26:43	3:03:00	8:20:09
Female Winner	0:48:57	4:59:05	3:21:12	9:12:27
1st Age Grouper	0:58:58	4:53:09	3:20:26	9:24:26
2nd Age Grouper	0:58:42	4:49:50	3:37:00	9:30:11
3rd Age Grouper	1:07:47	5:00:09	3:15:51	9:31:10
4th Age Grouper	1:01:44	5:00:36	3:31:02	9:39:02
5th Age Grouper	1:08:29	4:56:14	3:32:49	9:46:01
6th Age Grouper	0:56:45	5:02:22	3:44:55	9:55:20
7th Age Grouper	0:54:01	5:04:10	3:54:32	9:58:26
8th Age Grouper	1:05:02	4:52:39	3:51:34	9:59:45
9th Age Grouper	0:58:35	5:07:57	3:50:34	10:02:49
10th Age Grouper	1:12:34	5:07:28	3:35:24	10:03:55
<b>Kona Qualifier Average</b>	<b>1:03:08</b>	<b>4:55:59</b>	<b>3:27:25</b>	<b>9:34:10</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:15</b>	<b>4:59:27</b>	<b>3:37:24</b>	<b>9:47:06</b>

### Challenge Copenhagen 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:24	4:33:18	2:46:16	8:11:15
Female Winner	0:49:33	4:54:41	3:05:02	8:52:42
1st Age Grouper	0:57:10	4:55:14	3:28:27	9:25:09
2nd Age Grouper	0:54:42	4:57:48	3:34:42	9:33:25
3rd Age Grouper	0:54:00	5:07:07	3:41:58	9:48:48
4th Age Grouper	1:00:58	5:05:06	3:37:52	9:51:55
5th Age Grouper	1:07:13	4:59:00	3:36:00	9:53:27
6th Age Grouper	1:00:05	5:02:36	3:49:51	9:59:01
7th Age Grouper	1:04:37	5:16:26	3:35:31	10:01:14
8th Age Grouper	1:02:25	5:21:03	3:30:38	10:05:01
9th Age Grouper	1:11:53	5:11:27	3:33:36	10:05:15
10th Age Grouper	1:01:59	5:14:50	3:44:41	10:12:45
<b>Kona Qualifier Average</b>	<b>0:58:48</b>	<b>5:00:51</b>	<b>3:35:47</b>	<b>9:42:32</b>
<b>Top 10 Age Grouper Average</b>	<b>1:01:30</b>	<b>5:07:03</b>	<b>3:37:19</b>	<b>9:53:36</b>

### Challenge Copenhagen 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:28	4:28:01	2:46:54	8:07:39
Female Winner	0:50:21	4:48:04	3:13:09	8:54:36
1st Age Grouper	1:01:46	4:48:51	3:11:30	9:07:29
2nd Age Grouper	1:05:26	5:12:56	3:10:55	9:34:45
3rd Age Grouper	1:03:02	4:56:54	3:41:21	9:47:44
4th Age Grouper	1:05:57	5:14:55	3:24:12	9:49:54
5th Age Grouper	1:02:48	5:11:03	3:34:13	9:55:05
6th Age Grouper	1:12:07	5:00:39	3:40:57	10:02:53
7th Age Grouper	1:09:25	5:20:57	3:26:02	10:04:19
8th Age Grouper	1:02:30	5:05:37	3:48:14	10:05:02
9th Age Grouper	1:08:04	5:05:58	3:55:27	10:15:04
10th Age Grouper	1:01:02	5:32:02	3:33:47	10:17:06
<b>Kona Qualifier Average</b>	<b>1:03:47</b>	<b>5:04:55</b>	<b>3:24:26</b>	<b>9:38:59</b>
<b>Top 10 Age Grouper Average</b>	<b>1:05:12</b>	<b>5:08:59</b>	<b>3:32:39</b>	<b>9:53:56</b>