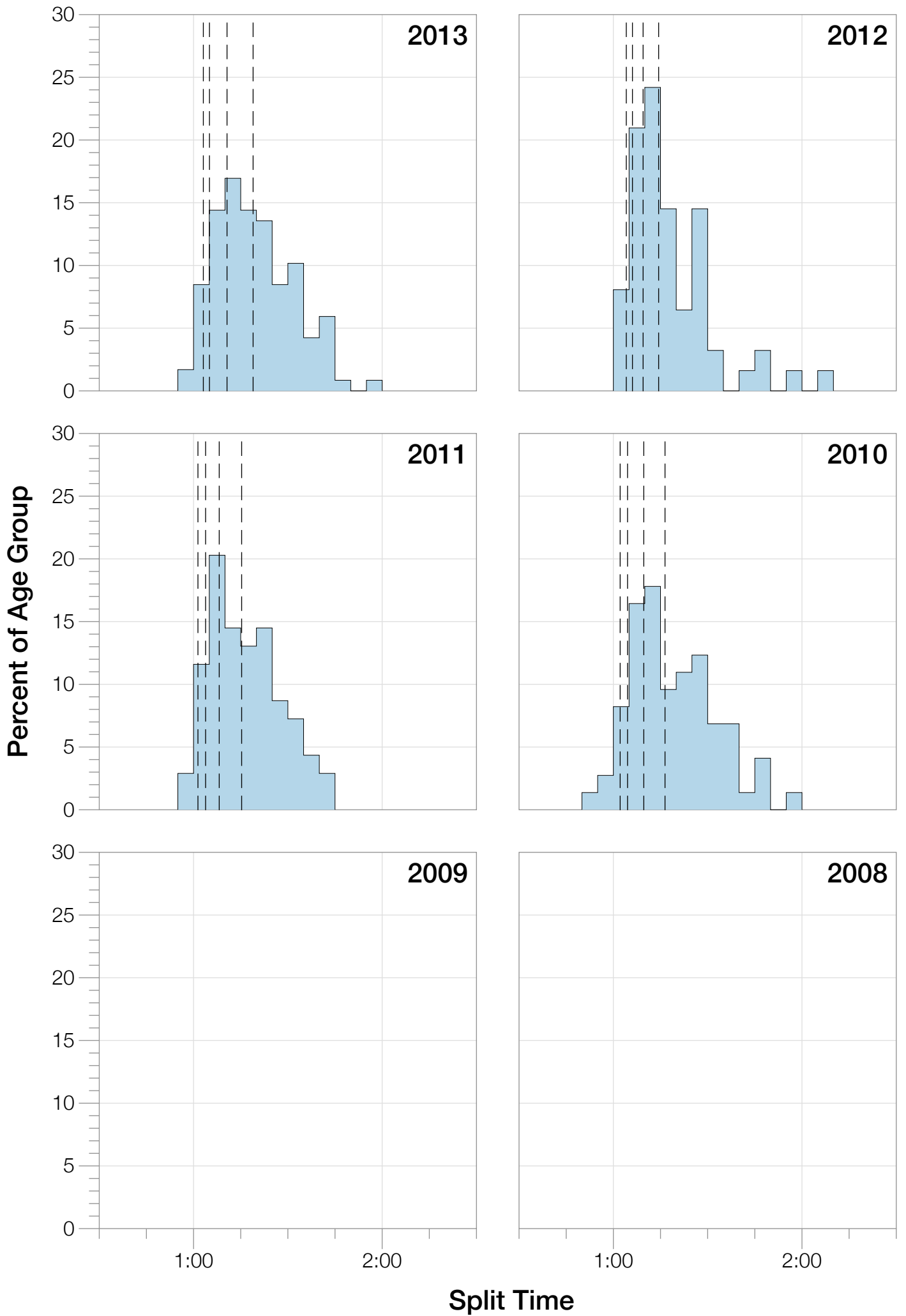


Ironman Copenhagen M50-54 Stats

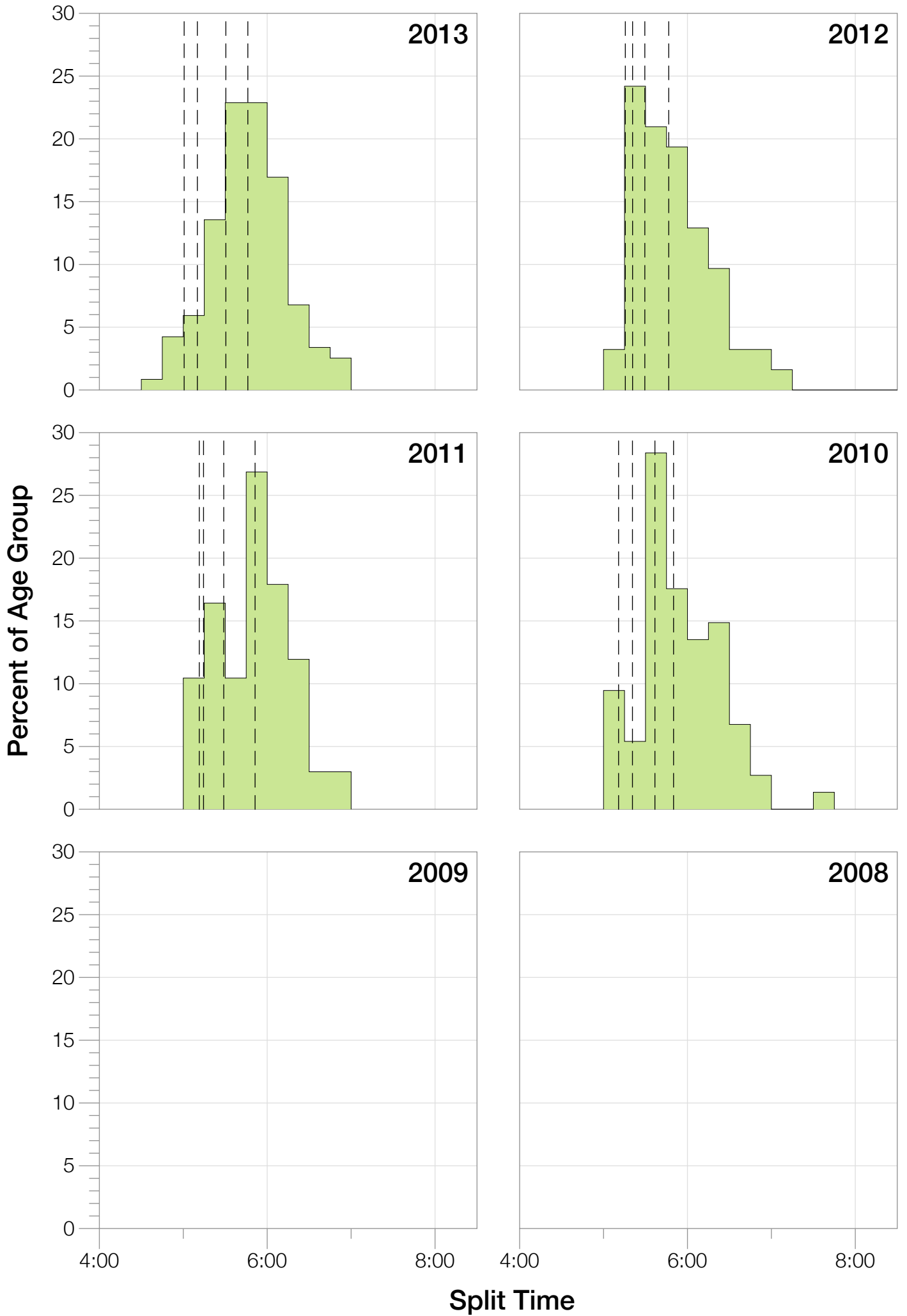
M50-54 Summary Statistics

Year	Finishers	M50-54 Finishers	Male Winner's Time	Female Winner's Time	M50-54 Winner's Time
2010	1308	74	8:07:39	8:54:36	9:38:14
2011	1377	69	8:11:15	8:52:42	9:40:27
2012	1400	63	8:20:09	9:12:27	10:08:49
2013	1776	118	8:12:41	8:37:36	9:30:20
Average	1465	81	8:12:56	8:54:20	9:44:27

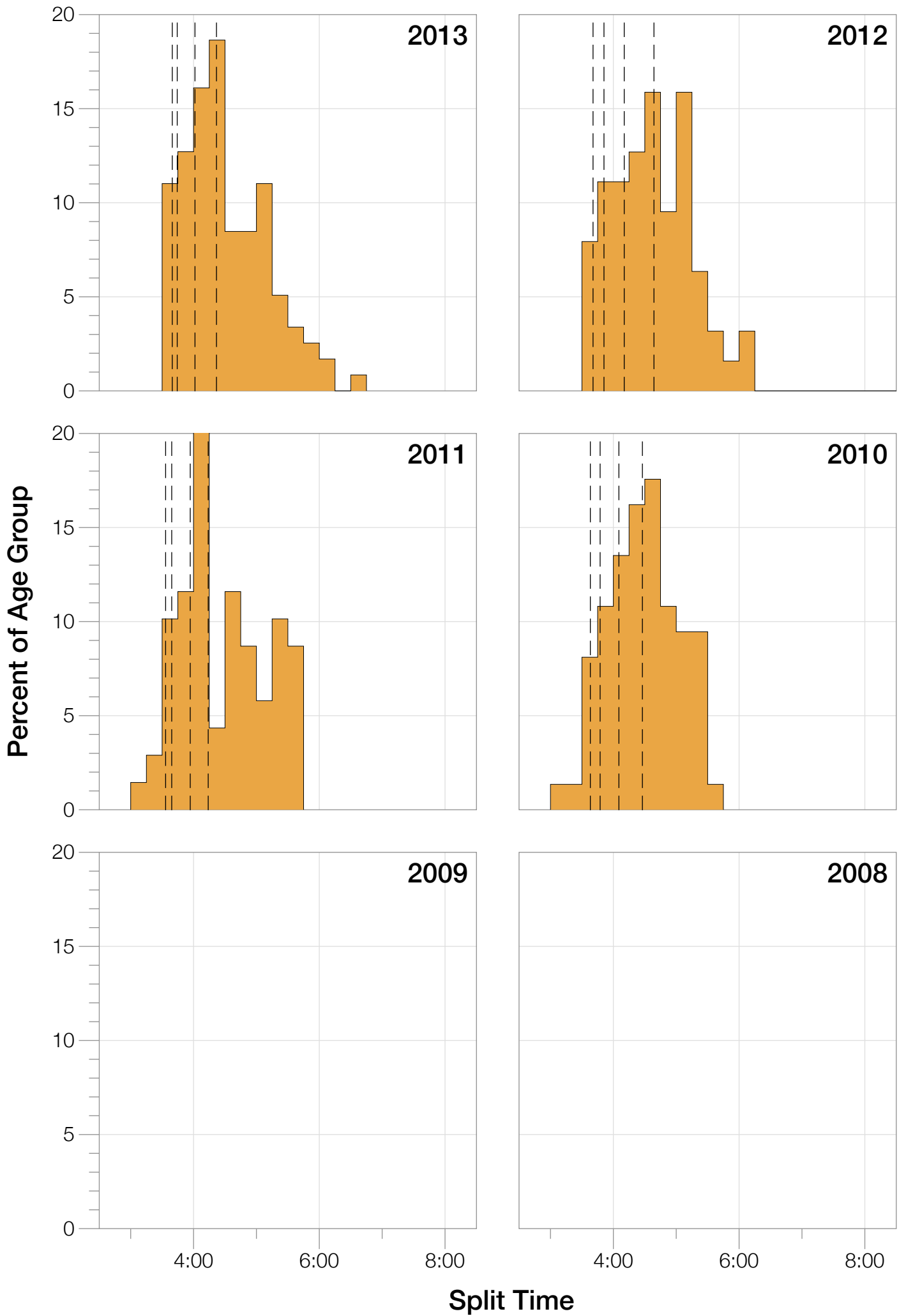
M50-54 Swim



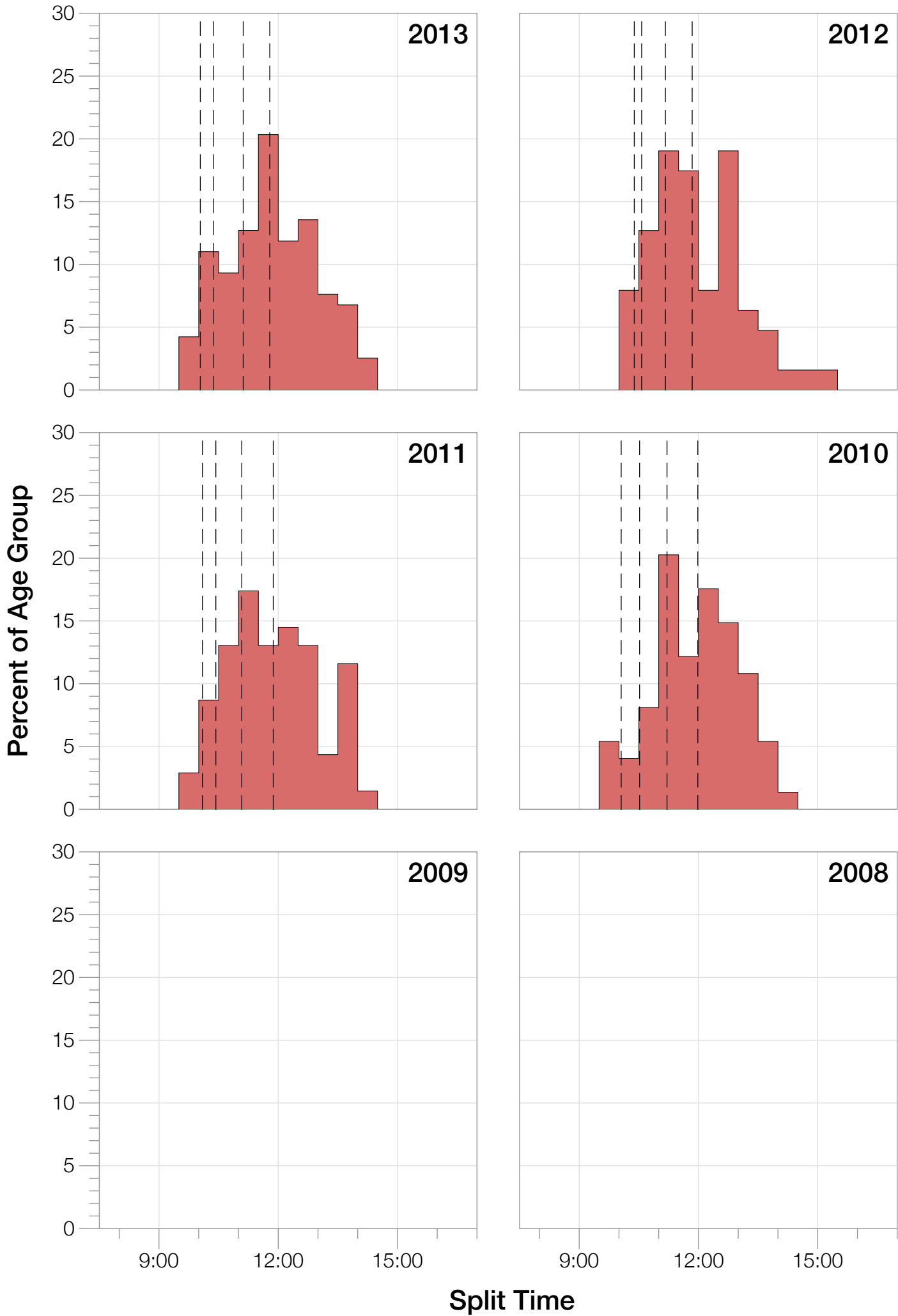
M50-54 Bike



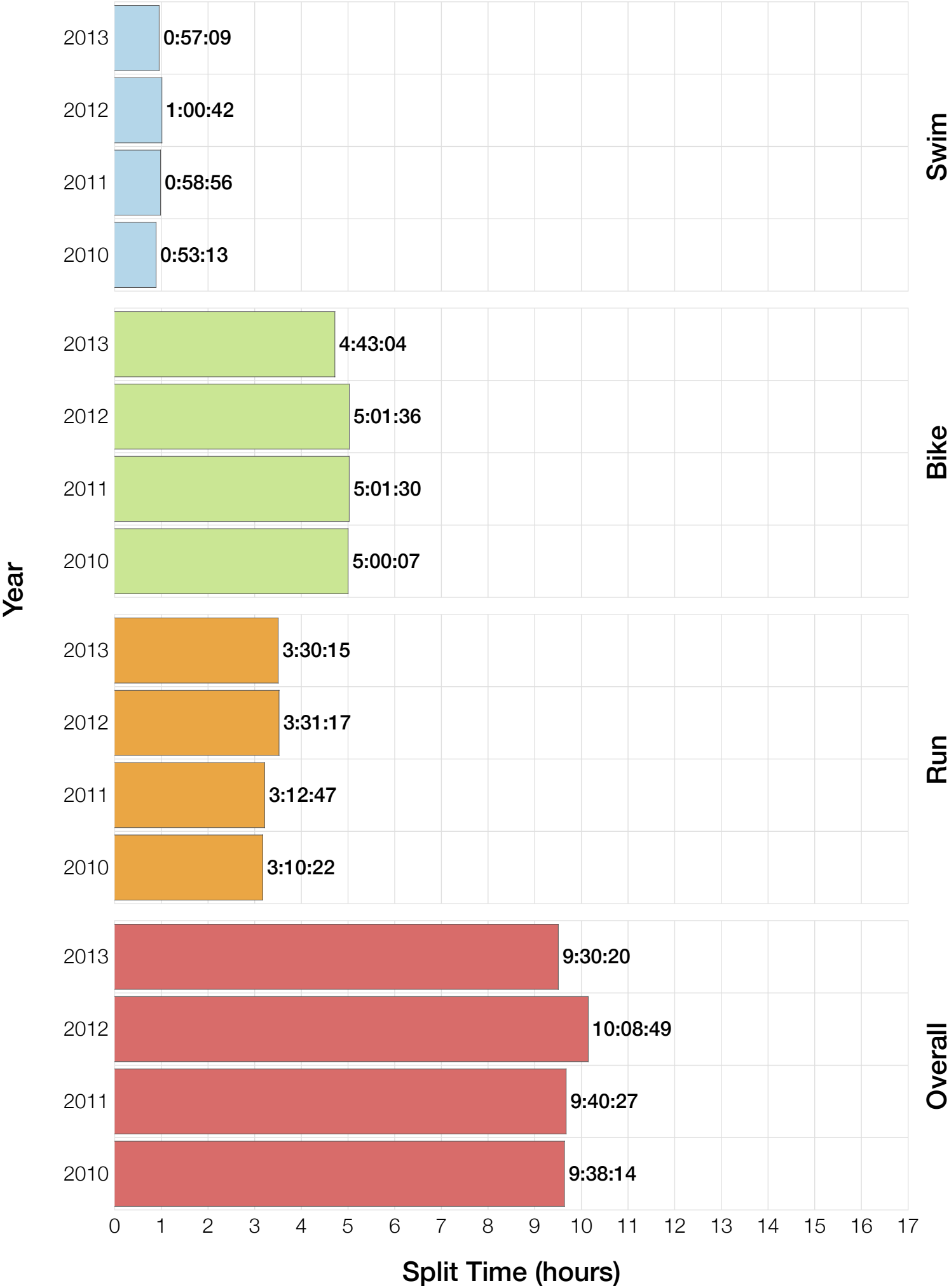
M50-54 Run



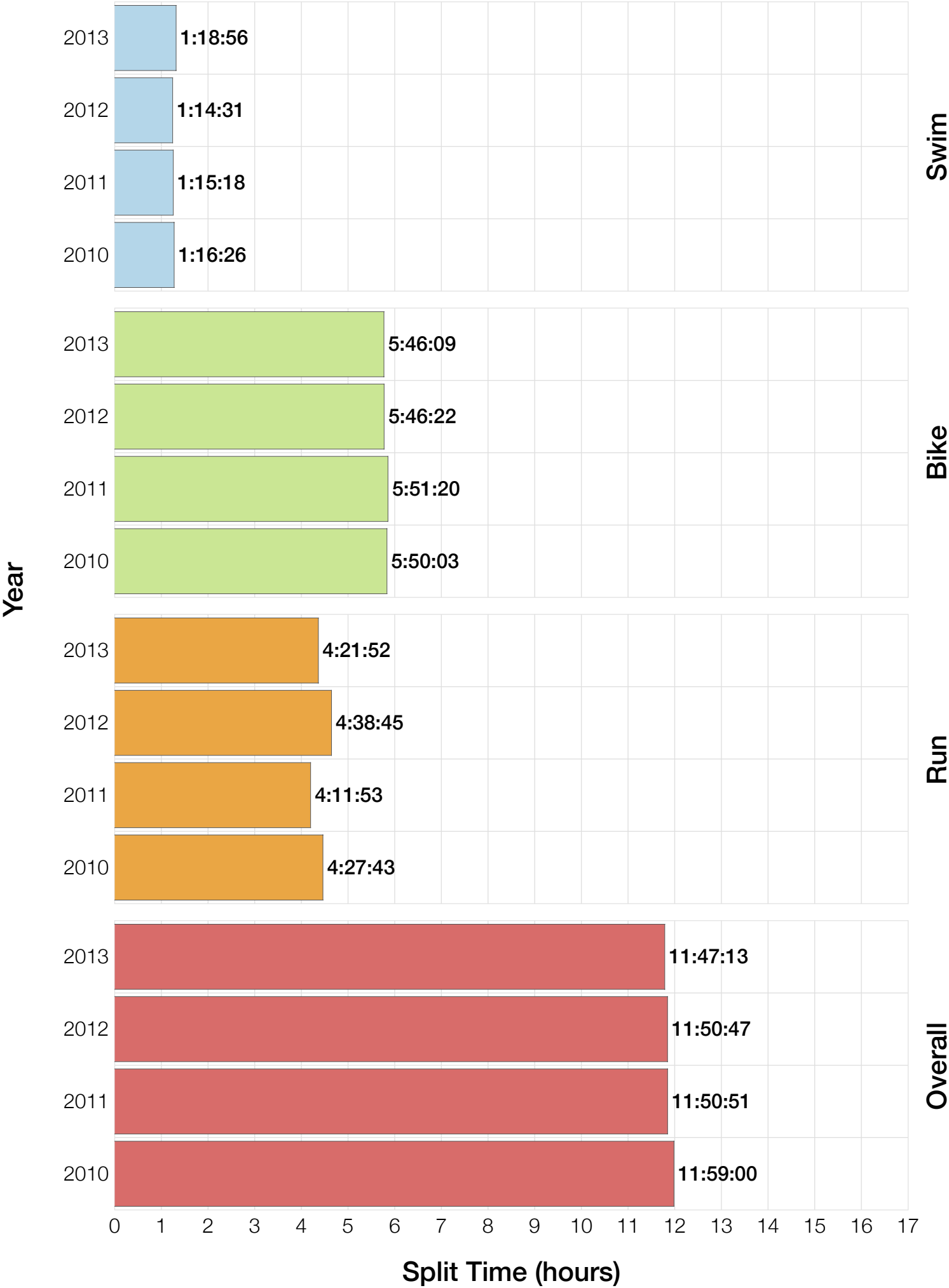
M50-54 Overall



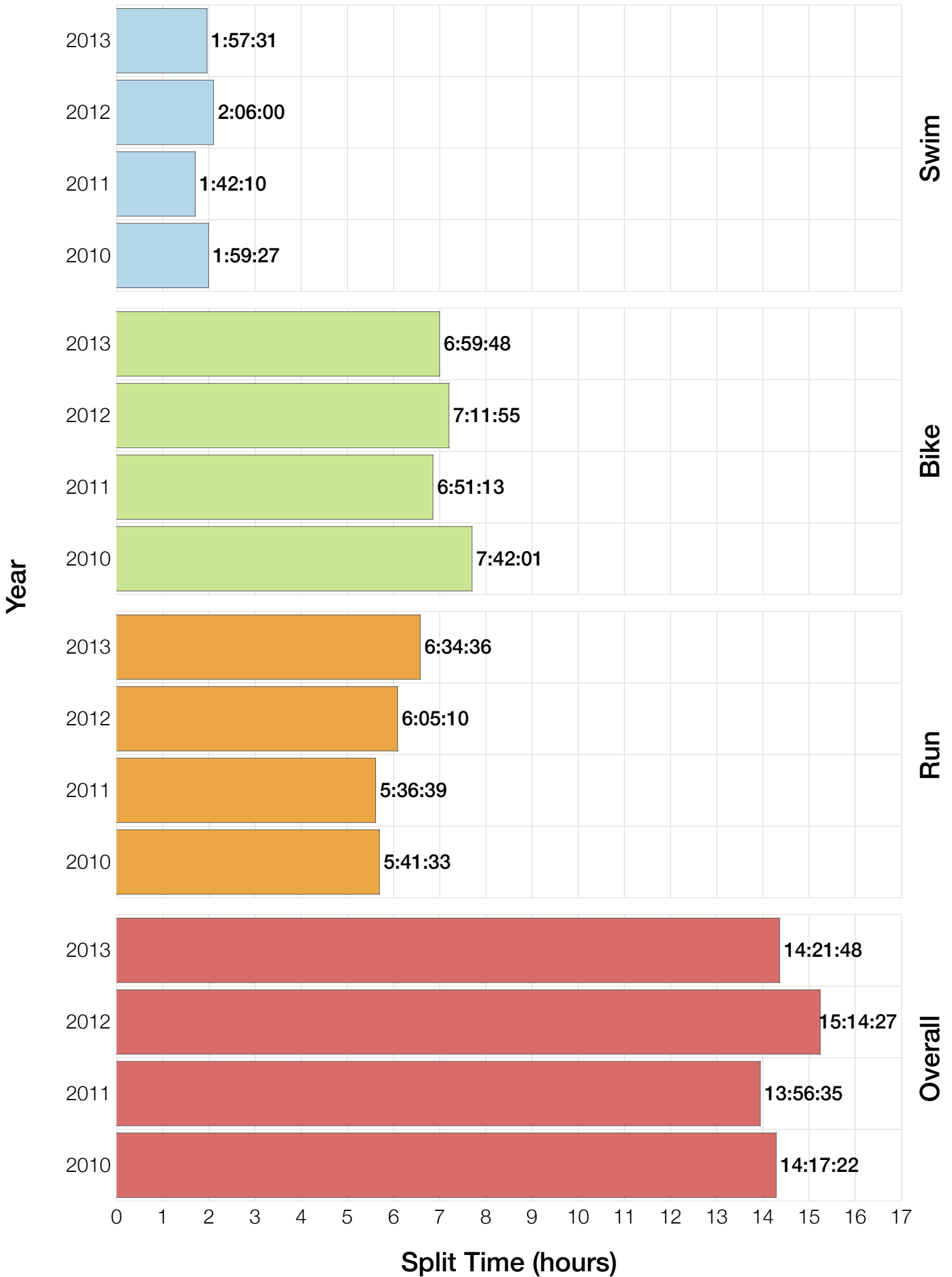
M50-54 Fastest Splits



M50-54 Median Splits

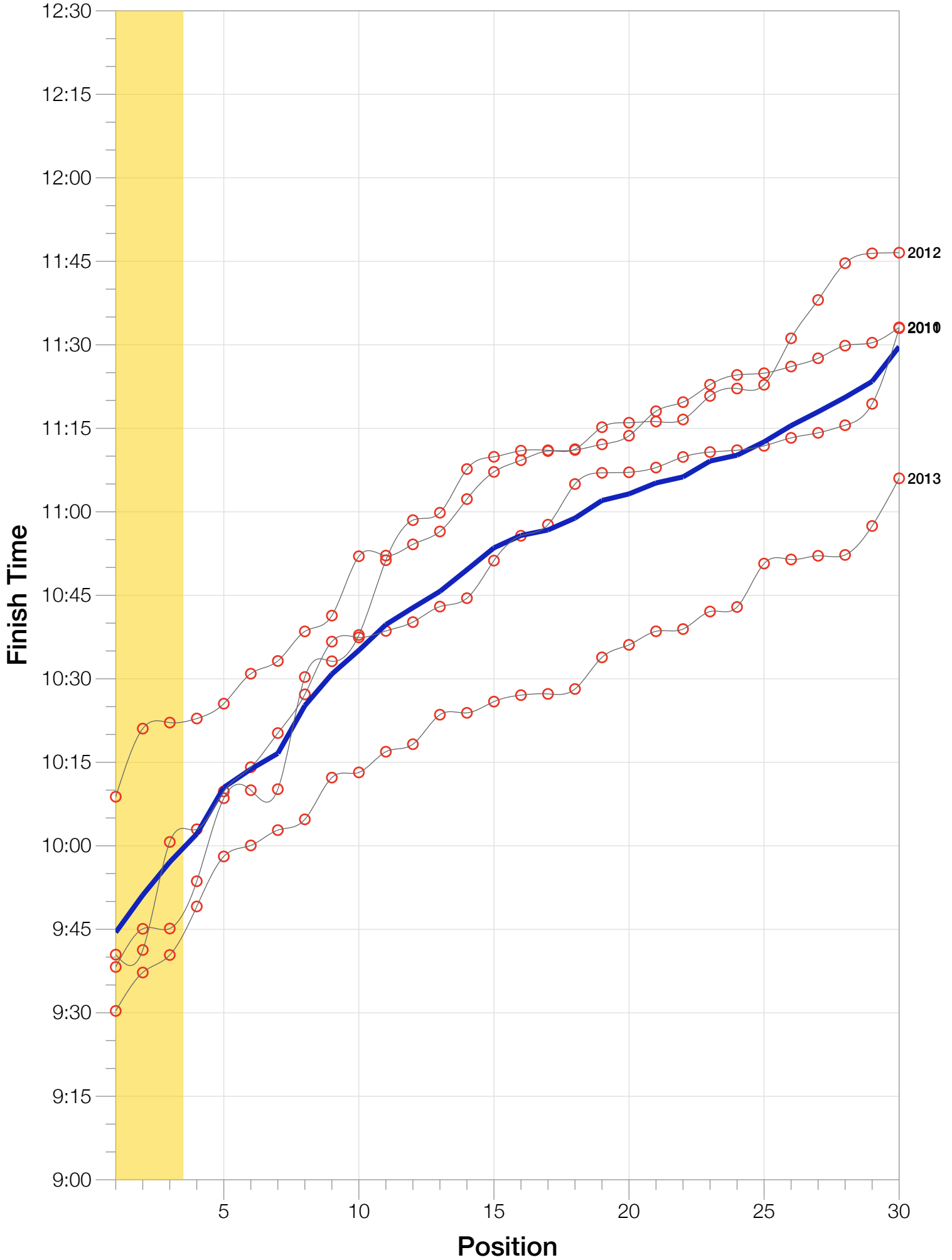


M50-54 Slowest Splits



M50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:39	4:30:28	2:50:21	8:12:56
Average Female Winner	0:50:26	4:50:27	3:10:03	8:54:20
Average 1st Age Grouper	1:05:11	5:04:43	3:28:35	9:44:27
Average 2nd Age Grouper	1:02:21	5:04:11	3:37:16	9:51:09
Average 3rd Age Grouper	1:08:09	5:09:09	3:31:03	9:57:05
Average 4th Age Grouper	1:08:34	5:08:56	3:36:29	10:02:08
Average 5th Age Grouper	1:02:31	5:14:00	3:46:21	10:10:29
Average 6th Age Grouper	1:09:32	5:15:40	3:40:37	10:13:46
Average 7th Age Grouper	1:03:36	5:13:52	3:50:16	10:16:36
Average 8th Age Grouper	1:08:29	5:20:59	3:46:13	10:25:11
Average 9th Age Grouper	1:15:07	5:15:31	3:47:30	10:30:51
Average 10th Age Grouper	1:06:58	5:42:40	3:52:33	10:35:07
Kona Qualifier Average	1:05:14	5:06:01	3:32:18	9:50:54
Top 10 Age Grouper Average	1:07:03	5:14:58	3:41:41	10:10:41

Copenhagen 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:46	4:33:51	2:45:15	8:12:41
Female Winner	0:52:55	4:39:58	3:00:51	8:37:36
1st Age Grouper	0:57:13	4:54:29	3:33:08	9:30:20
2nd Age Grouper	1:00:00	4:45:16	3:46:48	9:37:14
3rd Age Grouper	1:07:54	4:43:04	3:41:56	9:40:23
4th Age Grouper	1:03:43	4:55:47	3:43:21	9:49:06
5th Age Grouper	1:04:49	5:07:06	3:36:57	9:58:05
6th Age Grouper	1:07:58	4:59:38	3:45:32	10:00:04
7th Age Grouper	1:10:33	5:00:48	3:43:35	10:02:49
8th Age Grouper	1:07:32	5:09:02	3:37:11	10:04:45
9th Age Grouper	1:04:36	5:15:51	3:43:17	10:12:15
10th Age Grouper	1:04:58	6:33:17	3:33:59	10:13:11
Kona Qualifier Average	1:01:42	4:47:36	3:40:37	9:35:59
Top 10 Age Grouper Average	1:04:55	5:08:25	3:40:34	9:54:49

Challenge Copenhagen 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:01	4:26:43	3:03:00	8:20:09
Female Winner	0:48:57	4:59:05	3:21:12	9:12:27
1st Age Grouper	1:11:41	5:19:03	3:31:17	10:08:49
2nd Age Grouper	1:02:37	5:20:43	3:50:31	10:21:03
3rd Age Grouper	1:06:21	5:23:24	3:42:30	10:22:08
4th Age Grouper	1:17:22	5:24:11	3:32:49	10:22:52
5th Age Grouper	1:04:05	5:35:21	3:40:24	10:25:32
6th Age Grouper	1:09:26	5:29:09	3:39:52	10:30:55
7th Age Grouper	1:06:03	5:21:13	3:57:00	10:33:12
8th Age Grouper	1:09:33	5:28:25	3:53:10	10:38:31
9th Age Grouper	1:10:44	5:01:36	4:20:16	10:41:21
10th Age Grouper	1:00:42	5:35:02	4:05:22	10:52:01
Kona Qualifier Average	1:06:53	5:21:03	3:41:26	10:17:20
Top 10 Age Grouper Average	1:07:51	5:23:48	3:49:19	10:29:38

Challenge Copenhagen 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:24	4:33:18	2:46:16	8:11:15
Female Winner	0:49:33	4:54:41	3:05:02	8:52:42
1st Age Grouper	1:07:37	5:02:07	3:23:57	9:40:27
2nd Age Grouper	1:06:55	5:10:38	3:12:47	9:41:17
3rd Age Grouper	1:13:26	5:11:11	3:29:24	10:00:41
4th Age Grouper	1:06:26	5:12:03	3:33:30	10:02:58
5th Age Grouper	1:03:45	5:01:30	3:53:55	10:09:46
6th Age Grouper	1:06:59	5:25:03	3:36:48	10:14:07
7th Age Grouper	1:04:38	5:21:40	3:42:52	10:20:15
8th Age Grouper	1:08:10	5:15:06	3:50:02	10:27:12
9th Age Grouper	1:33:23	5:13:33	3:33:13	10:36:41
10th Age Grouper	1:09:21	5:28:56	3:51:01	10:37:26
Kona Qualifier Average	1:09:19	5:07:58	3:22:02	9:47:28
Top 10 Age Grouper Average	1:10:04	5:14:10	3:36:44	10:11:05

Challenge Copenhagen 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:28	4:28:01	2:46:54	8:07:39
Female Winner	0:50:21	4:48:04	3:13:09	8:54:36
1st Age Grouper	1:04:16	5:03:14	3:25:59	9:38:14
2nd Age Grouper	0:59:55	5:00:07	3:38:58	9:45:05
3rd Age Grouper	1:04:58	5:18:59	3:10:22	9:45:08
4th Age Grouper	1:06:47	5:03:45	3:36:19	9:53:38
5th Age Grouper	0:57:27	5:12:05	3:54:09	10:08:33
6th Age Grouper	1:13:46	5:08:50	3:40:19	10:09:59
7th Age Grouper	0:53:13	5:11:47	3:57:40	10:10:10
8th Age Grouper	1:08:42	5:31:23	3:44:29	10:30:19
9th Age Grouper	1:11:48	5:31:04	3:33:15	10:33:09
10th Age Grouper	1:12:51	5:13:25	3:59:53	10:37:52
Kona Qualifier Average	1:03:03	5:07:26	3:25:06	9:42:49
Top 10 Age Grouper Average	1:05:22	5:13:27	3:40:08	10:07:12