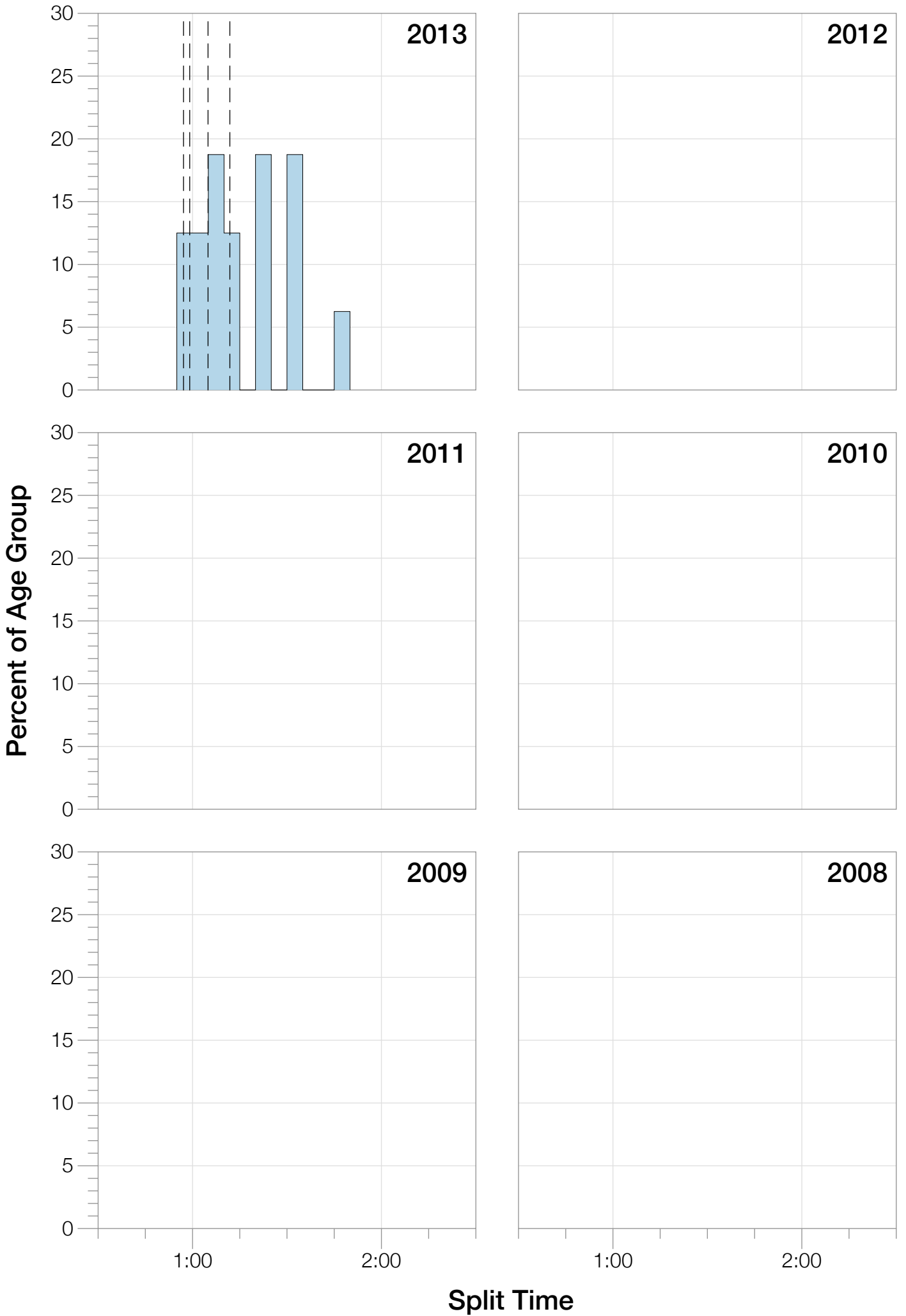


# Ironman Japan F30-34 Stats

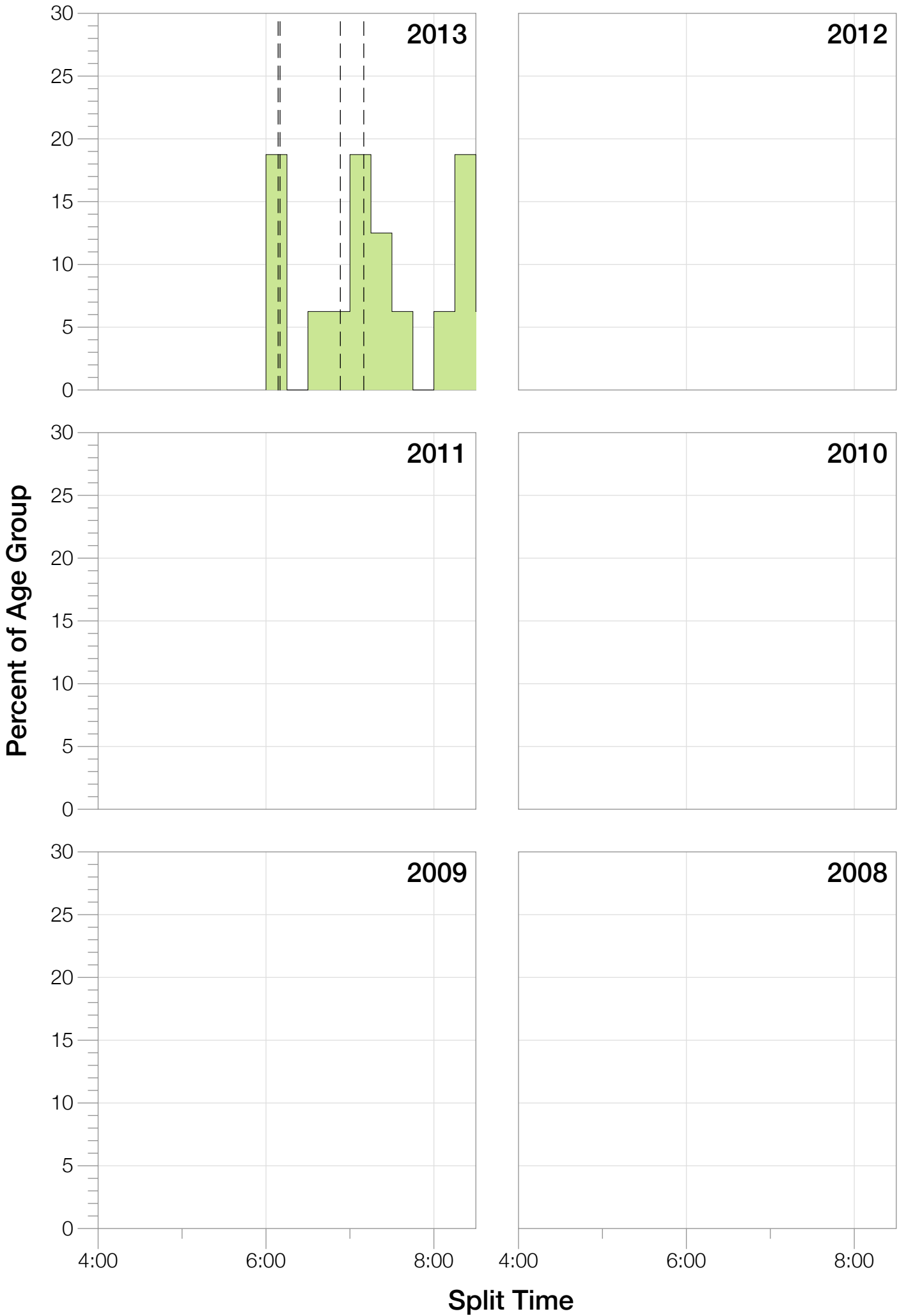
## F30-34 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F30-34 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F30-34 Winner's Time</b>
2013	1239	16	8:47:53	10:12:42	10:56:31
<b>Average</b>	<b>1239</b>	<b>16</b>	<b>8:47:53</b>	<b>10:12:42</b>	<b>10:56:31</b>

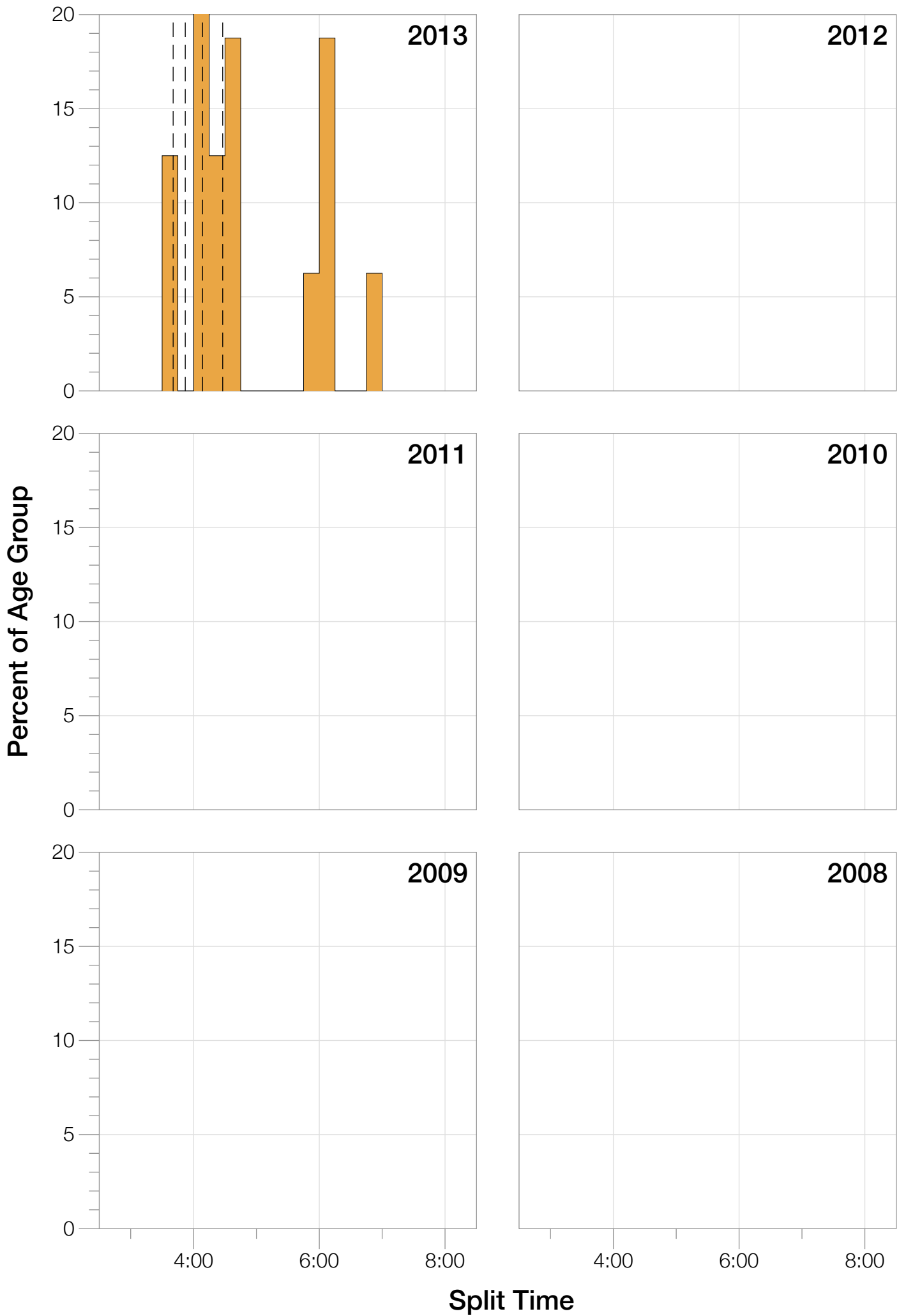
# F30-34 Swim



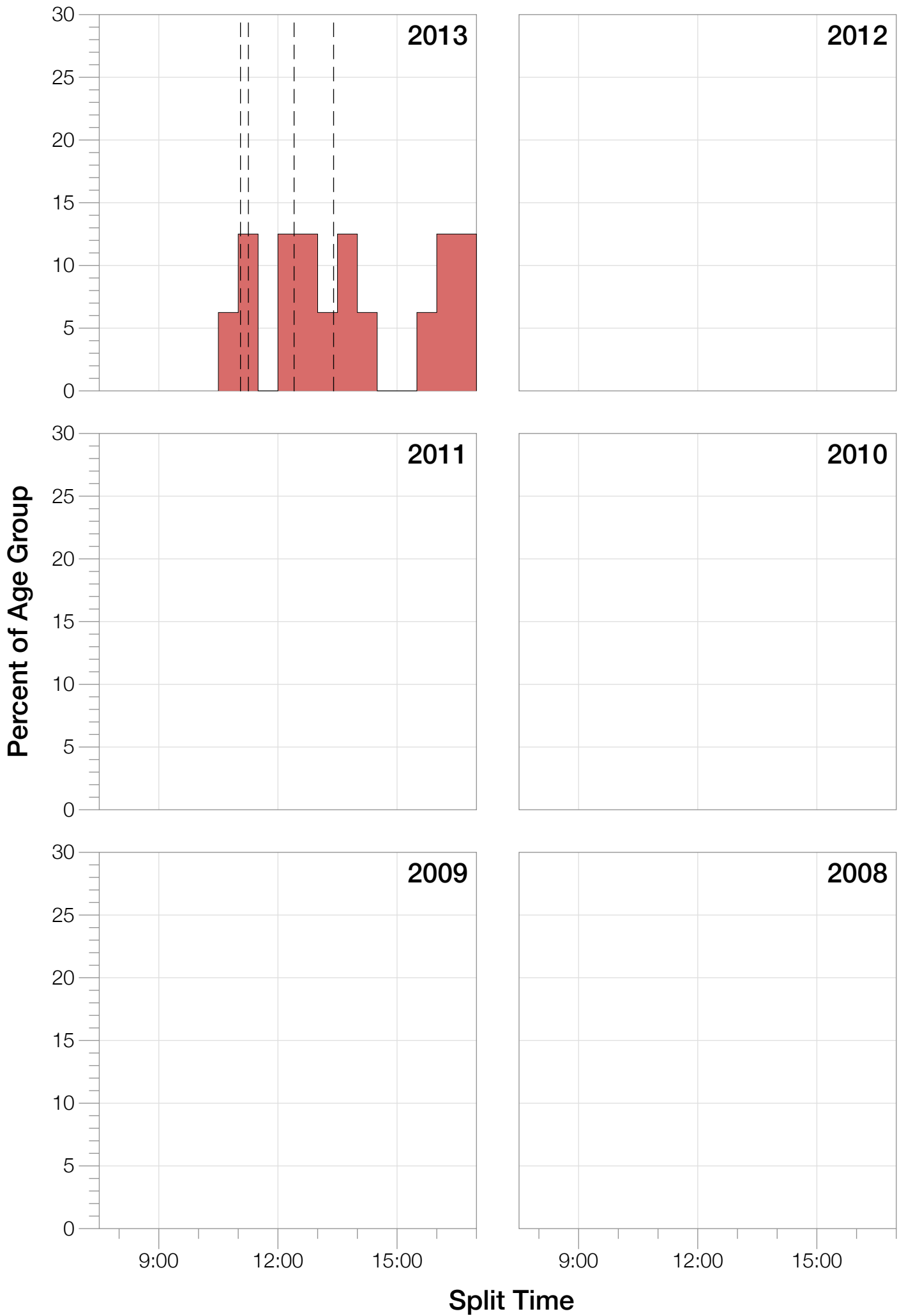
# F30-34 Bike



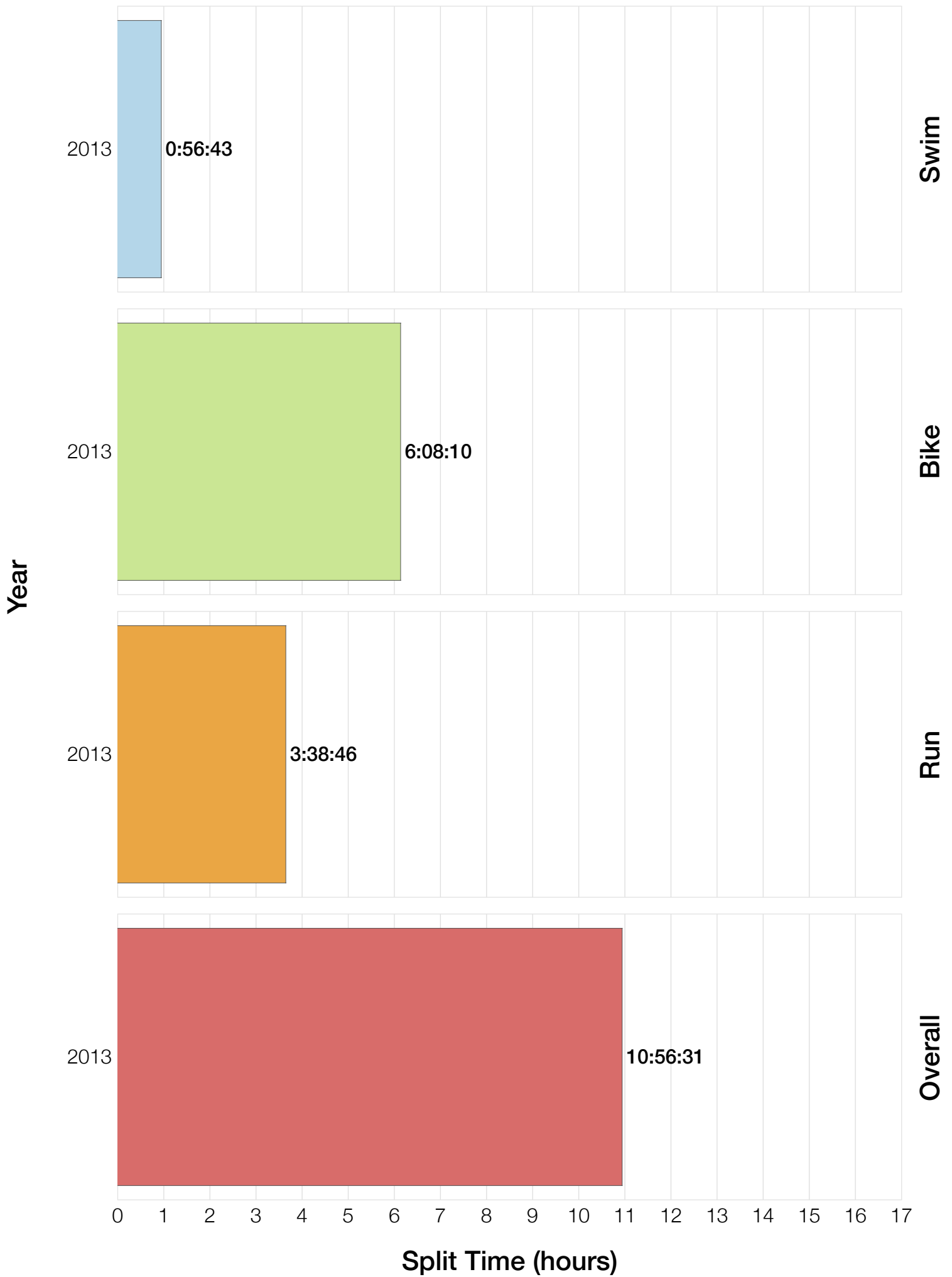
# F30-34 Run



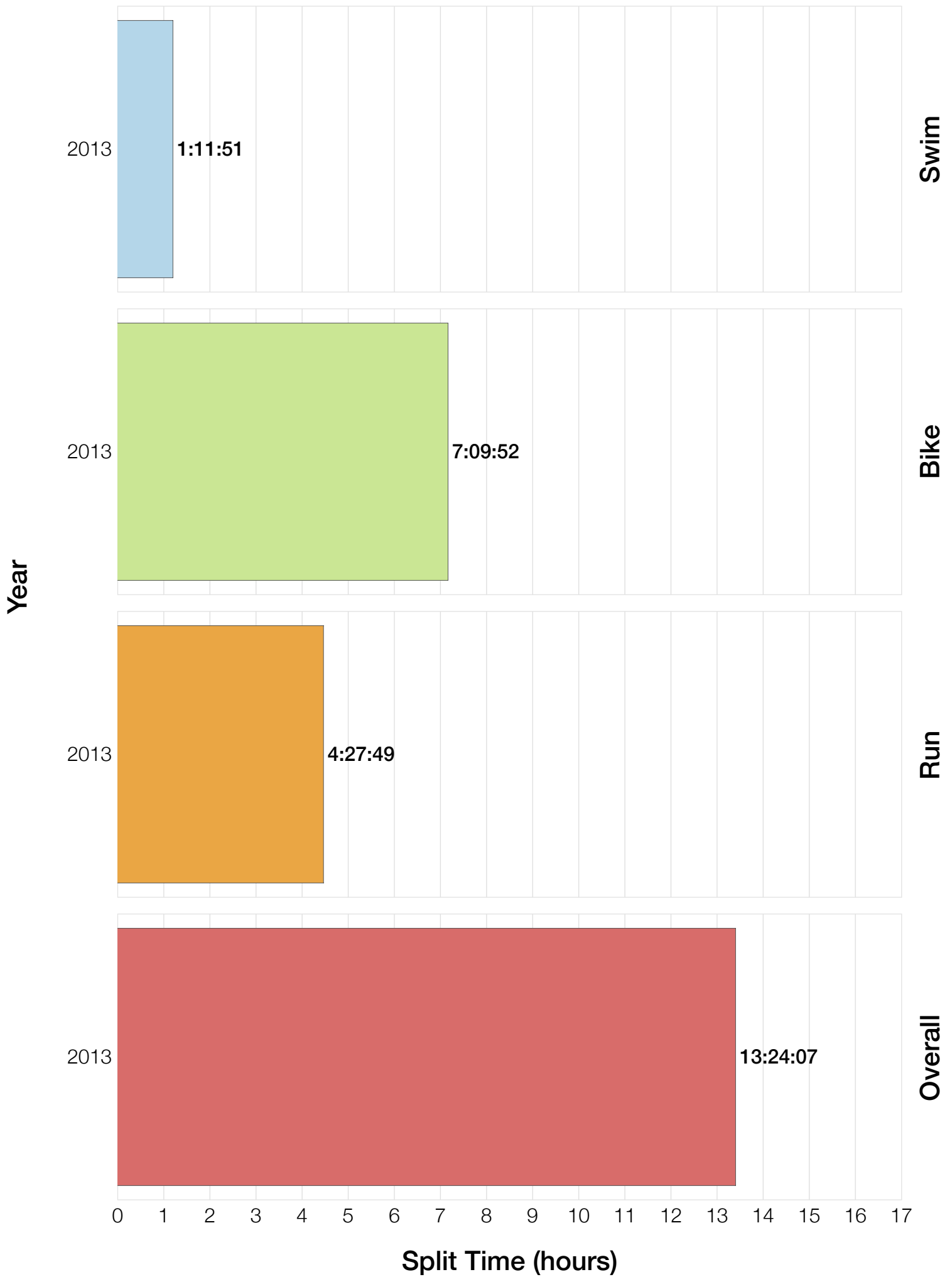
# F30-34 Overall



# F30-34 Fastest Splits

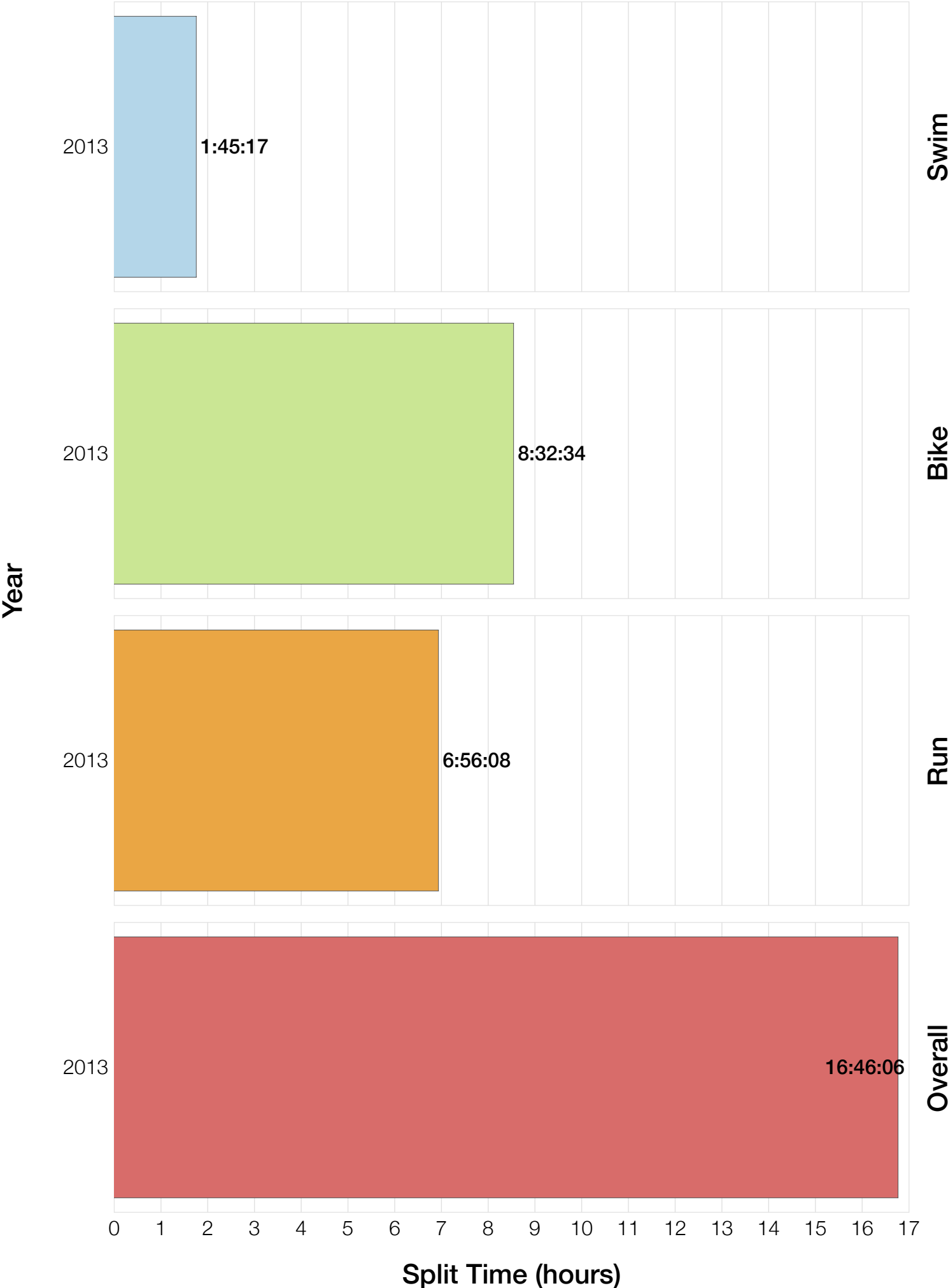


# F30-34 Median Splits



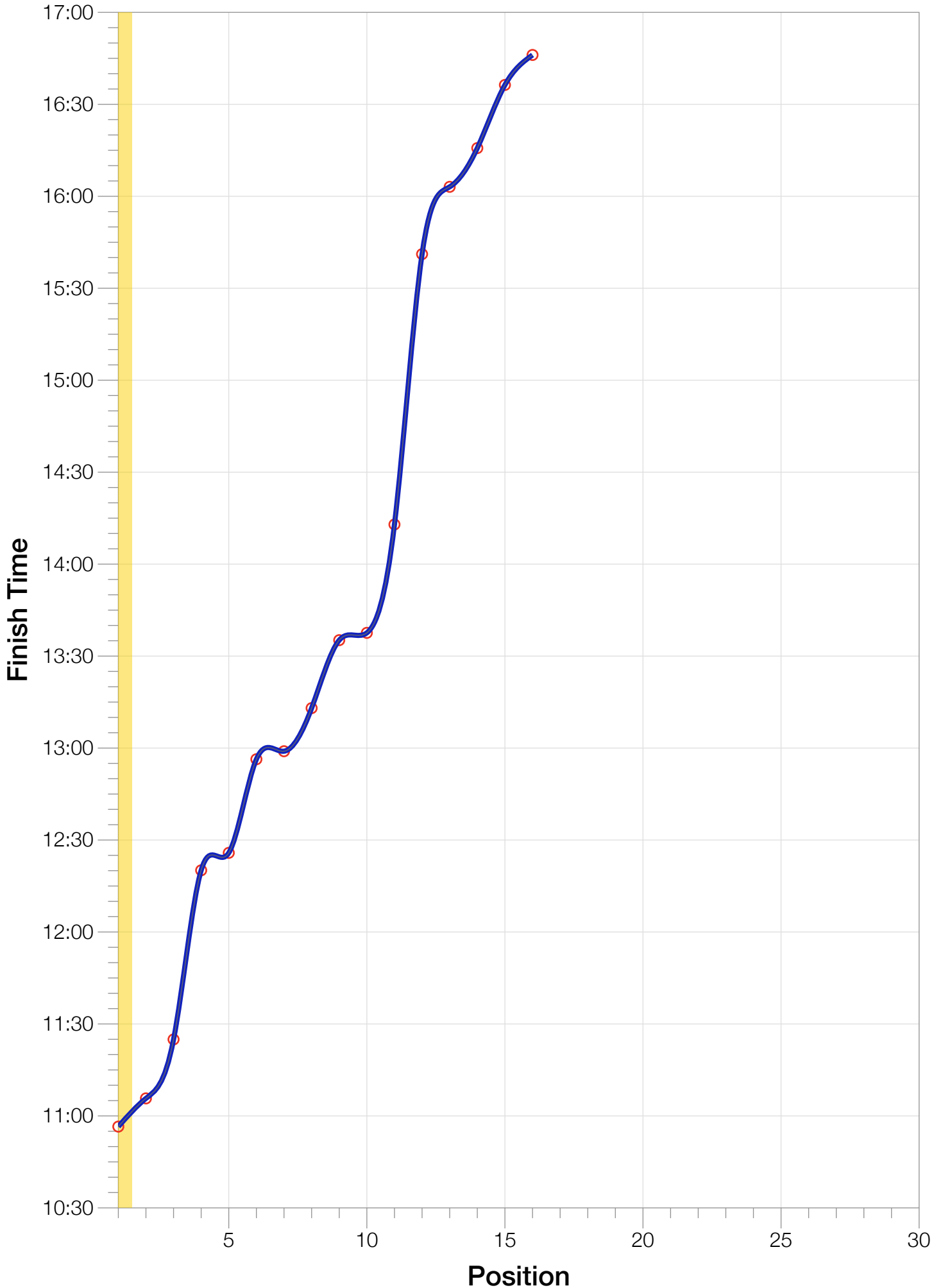


# F30-34 Slowest Splits



# F30-34 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



## F30-34 Top 10 and Kona Times and Splits

### Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:49:22</b>	<b>4:52:28</b>	<b>3:01:09</b>	<b>8:47:53</b>
<b>Average Female Winner</b>	<b>1:12:47</b>	<b>5:39:36</b>	<b>3:13:20</b>	<b>10:12:42</b>
<b>Average 1st Age Grouper</b>	<b>0:56:43</b>	<b>6:11:13</b>	<b>3:41:07</b>	<b>10:56:31</b>
<b>Average 2nd Age Grouper</b>	<b>1:08:28</b>	<b>6:08:10</b>	<b>3:38:46</b>	<b>11:05:43</b>
Average 3rd Age Grouper	1:05:28	6:08:51	4:03:02	11:24:57
Average 4th Age Grouper	1:12:23	6:42:36	4:09:58	12:20:07
Average 5th Age Grouper	1:08:25	6:56:39	4:04:31	12:25:49
Average 6th Age Grouper	0:57:16	7:03:30	4:38:59	12:56:21
Average 7th Age Grouper	1:03:16	7:04:16	4:39:12	12:58:58
Average 8th Age Grouper	1:22:03	7:04:26	4:25:07	13:13:02
Average 9th Age Grouper	1:32:01	7:15:19	4:30:31	13:35:12
Average 10th Age Grouper	1:33:20	7:30:25	4:12:06	13:37:35
<b>Kona Qualifier Average</b>	<b>1:02:35</b>	<b>6:09:41</b>	<b>3:39:56</b>	<b>11:01:07</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:56</b>	<b>6:48:32</b>	<b>4:12:19</b>	<b>12:27:25</b>

### Japan 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:49:22</b>	<b>4:52:28</b>	<b>3:01:09</b>	<b>8:47:53</b>
<b>Female Winner</b>	<b>1:12:47</b>	<b>5:39:36</b>	<b>3:13:20</b>	<b>10:12:42</b>
<b>1st Age Grouper</b>	<b>0:56:43</b>	<b>6:11:13</b>	<b>3:41:07</b>	<b>10:56:31</b>
<b>2nd Age Grouper</b>	<b>1:08:28</b>	<b>6:08:10</b>	<b>3:38:46</b>	<b>11:05:43</b>
3rd Age Grouper	1:05:28	6:08:51	4:03:02	11:24:57
4th Age Grouper	1:12:23	6:42:36	4:09:58	12:20:07
5th Age Grouper	1:08:25	6:56:39	4:04:31	12:25:49
6th Age Grouper	0:57:16	7:03:30	4:38:59	12:56:21
7th Age Grouper	1:03:16	7:04:16	4:39:12	12:58:58
8th Age Grouper	1:22:03	7:04:26	4:25:07	13:13:02
9th Age Grouper	1:32:01	7:15:19	4:30:31	13:35:12
10th Age Grouper	1:33:20	7:30:25	4:12:06	13:37:35
<b>Kona Qualifier Average</b>	<b>1:02:35</b>	<b>6:09:41</b>	<b>3:39:56</b>	<b>11:01:07</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:56</b>	<b>6:48:32</b>	<b>4:12:19</b>	<b>12:27:25</b>