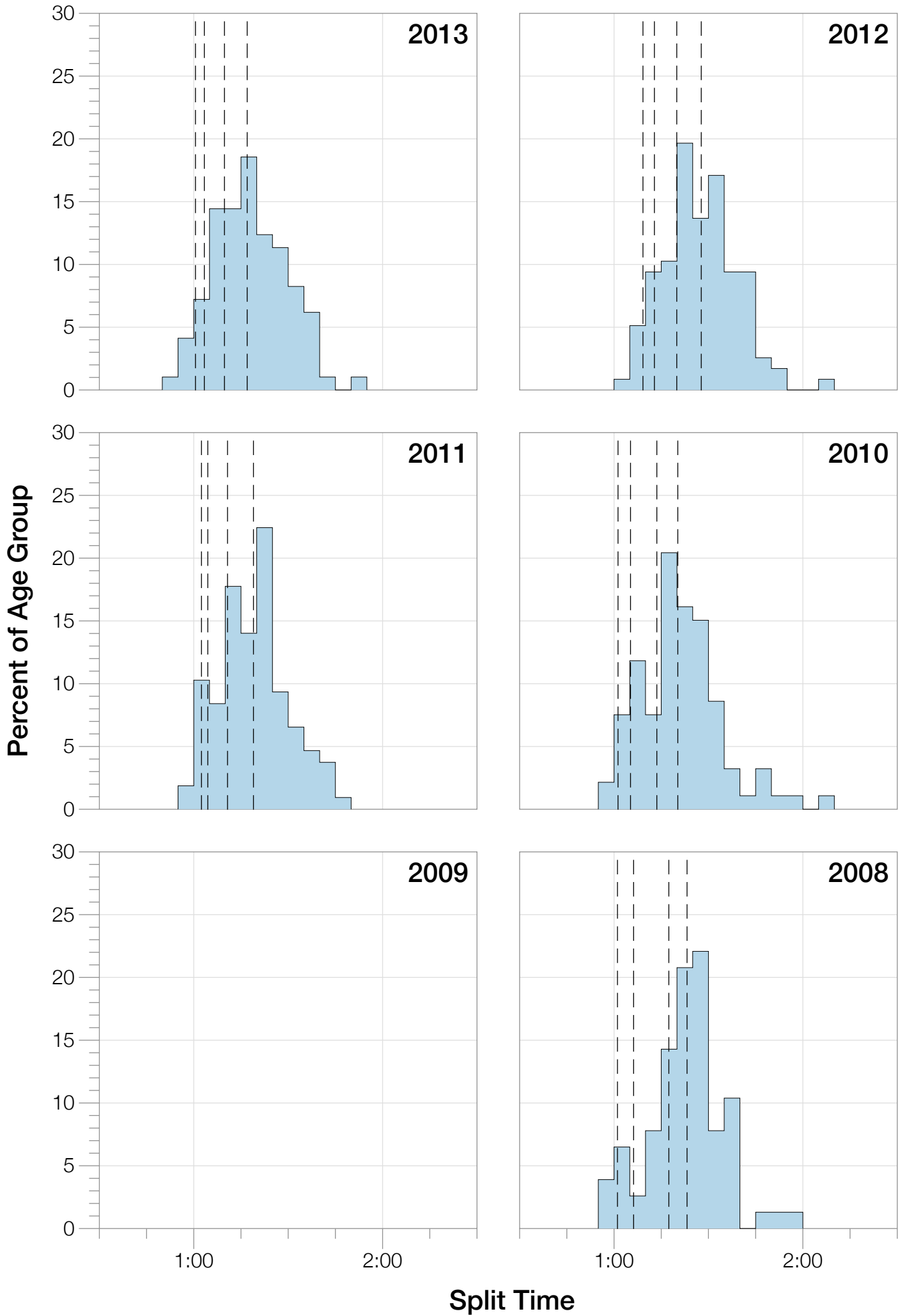


# Ironman Louisville F30-34 Stats

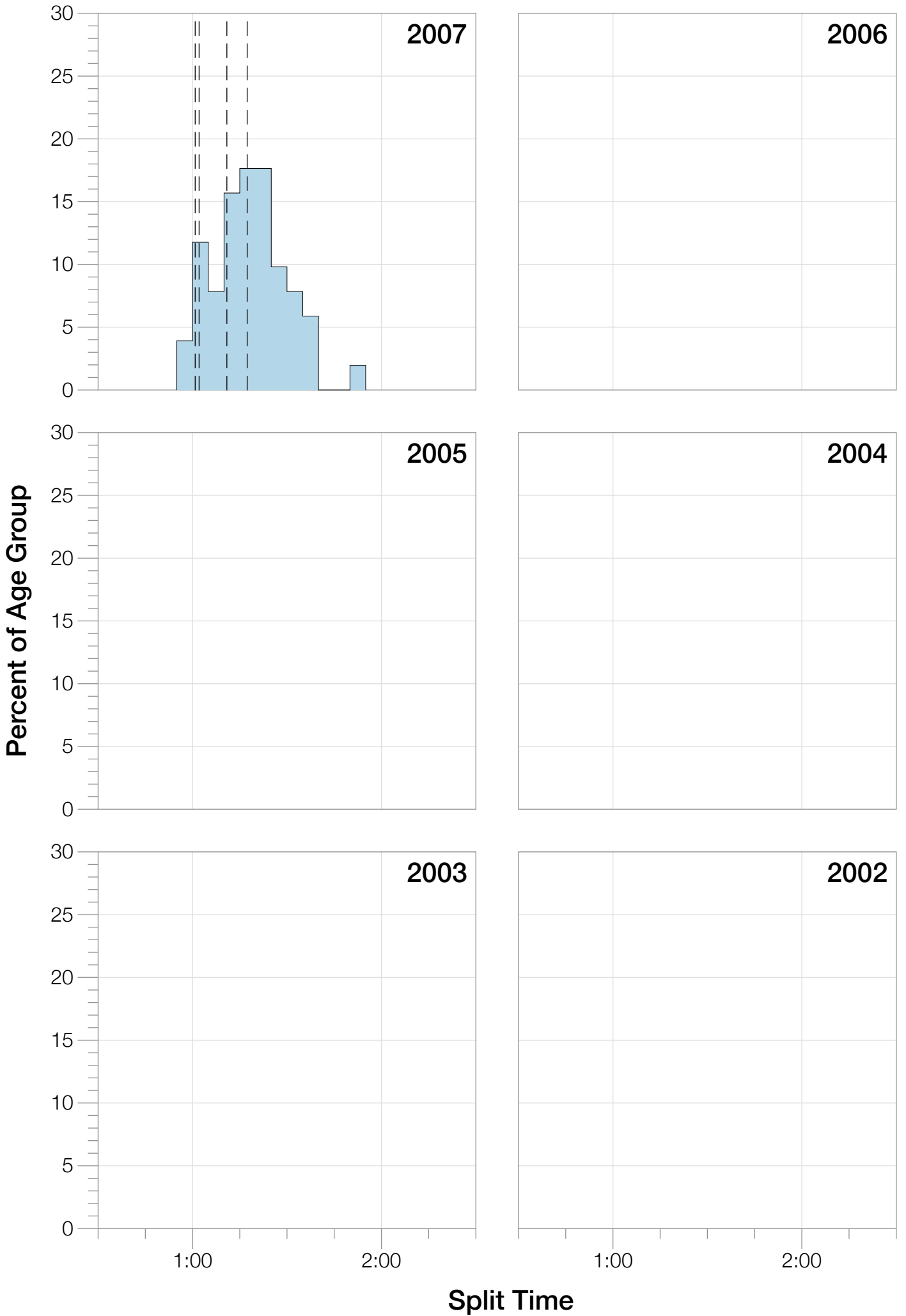
## F30-34 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F30-34 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F30-34 Winner's Time</b>
2007	1564	51	8:38:39	9:23:22	10:27:45
2008	1793	78	8:33:58	9:54:17	10:38:56
2010	2155	93	8:29:59	9:33:15	10:04:28
2011	2276	107	8:27:36	9:38:14	10:20:44
2012	2229	117	8:42:44	9:36:27	10:54:16
2013	2348	98	8:21:34	9:29:02	10:28:46
<b>Average</b>	<b>2102</b>	<b>91</b>	<b>8:31:25</b>	<b>9:33:34</b>	<b>8:59:16</b>

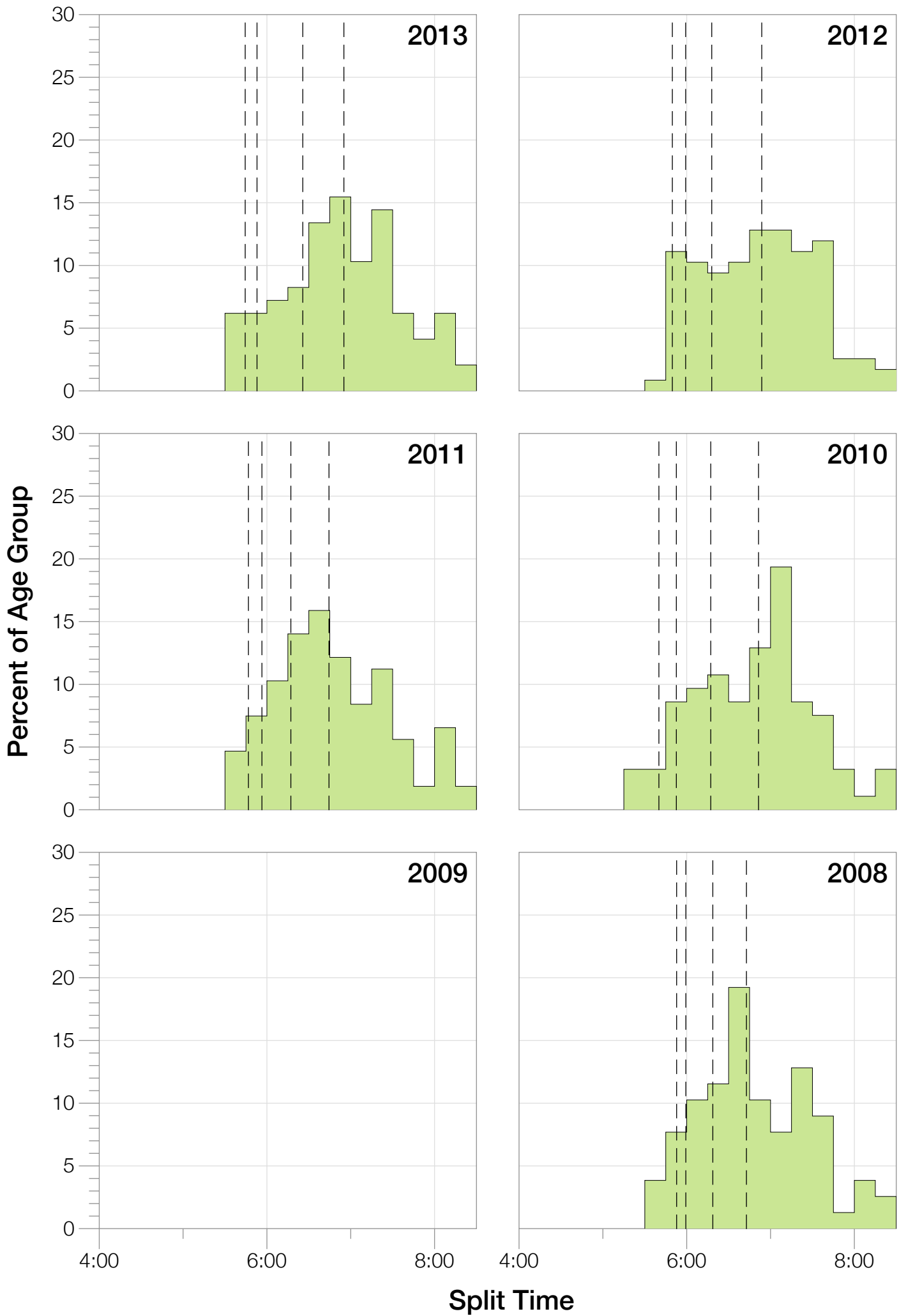
# F30-34 Swim



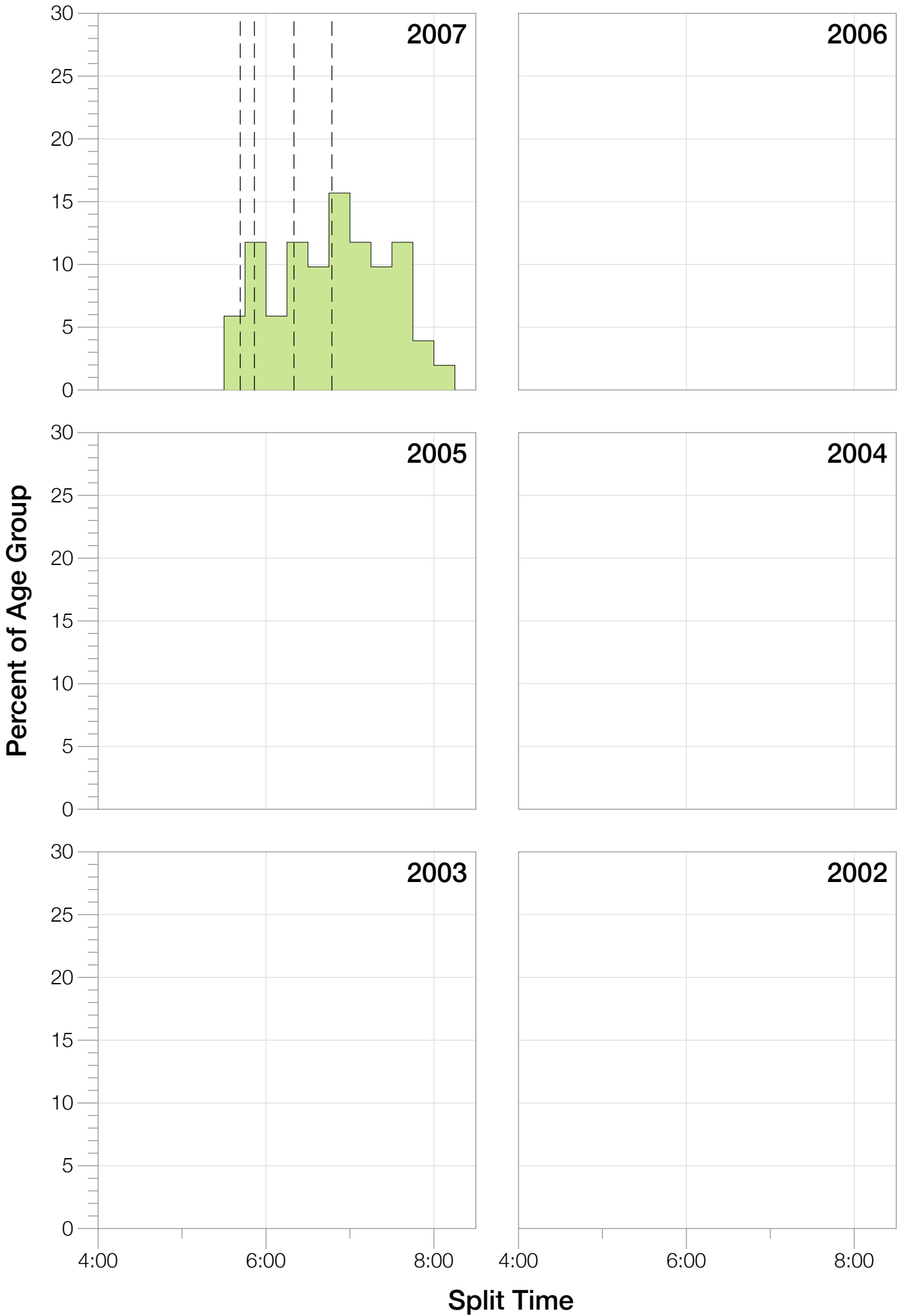
# F30-34 Swim



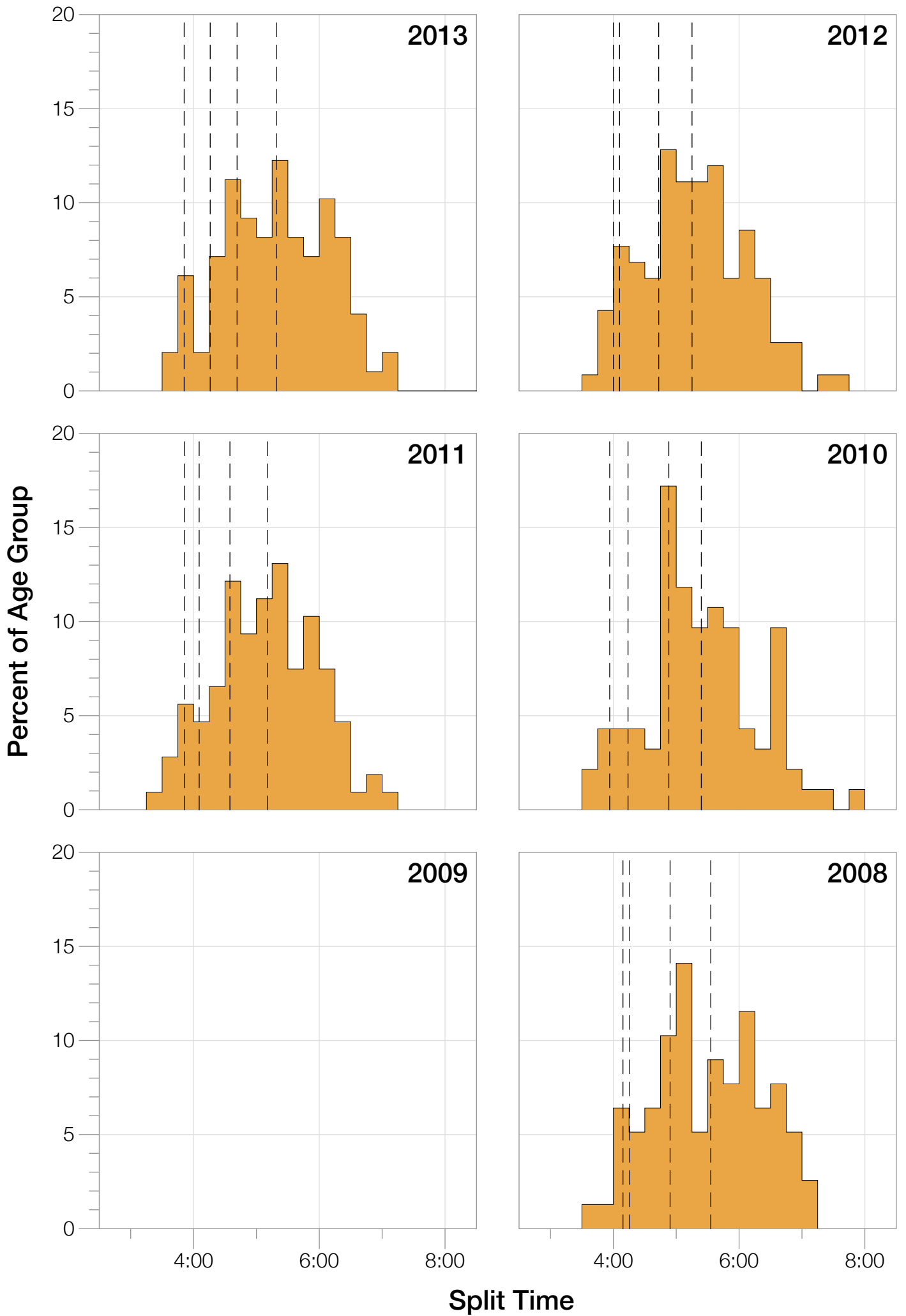
# F30-34 Bike



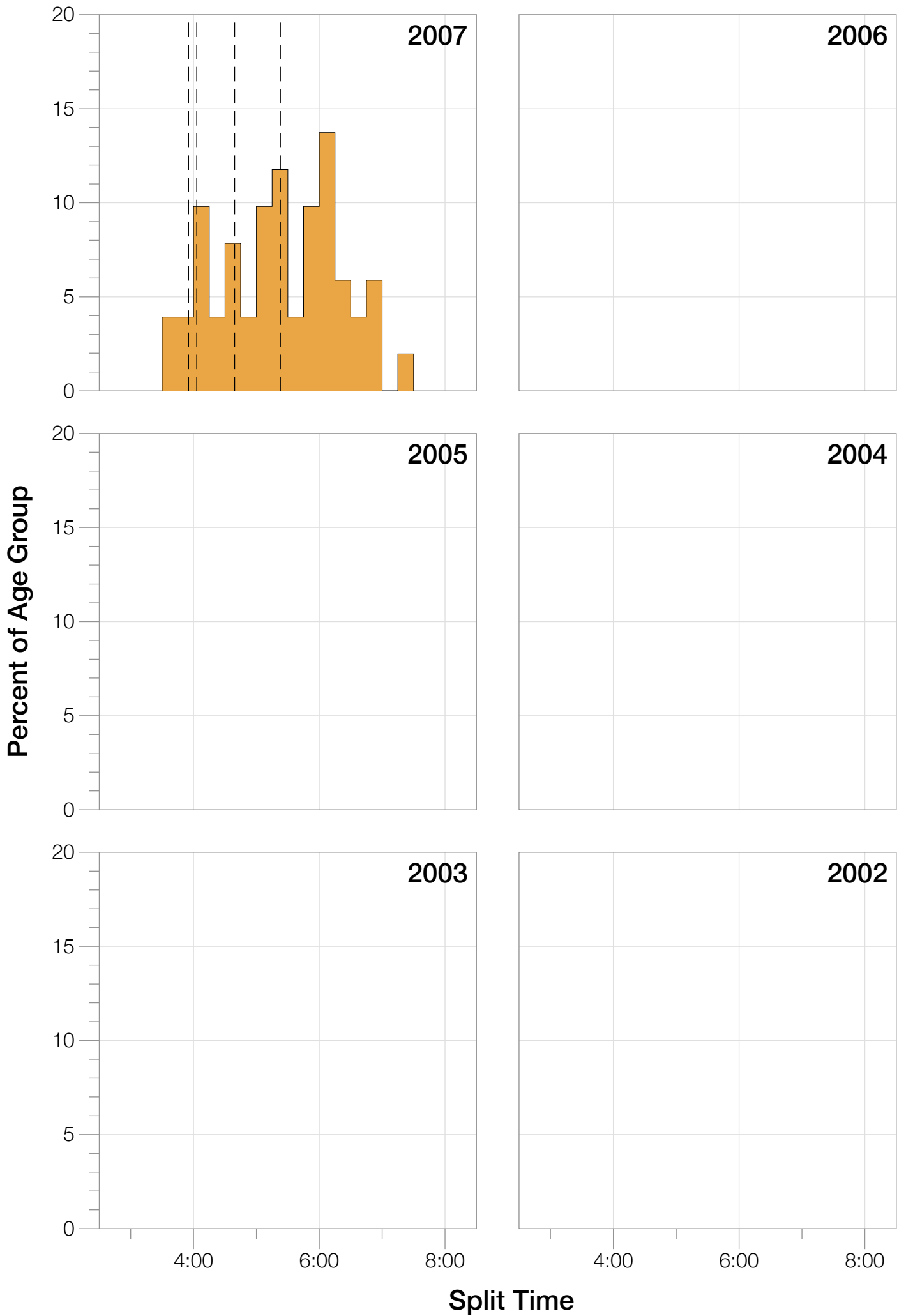
# F30-34 Bike



# F30-34 Run

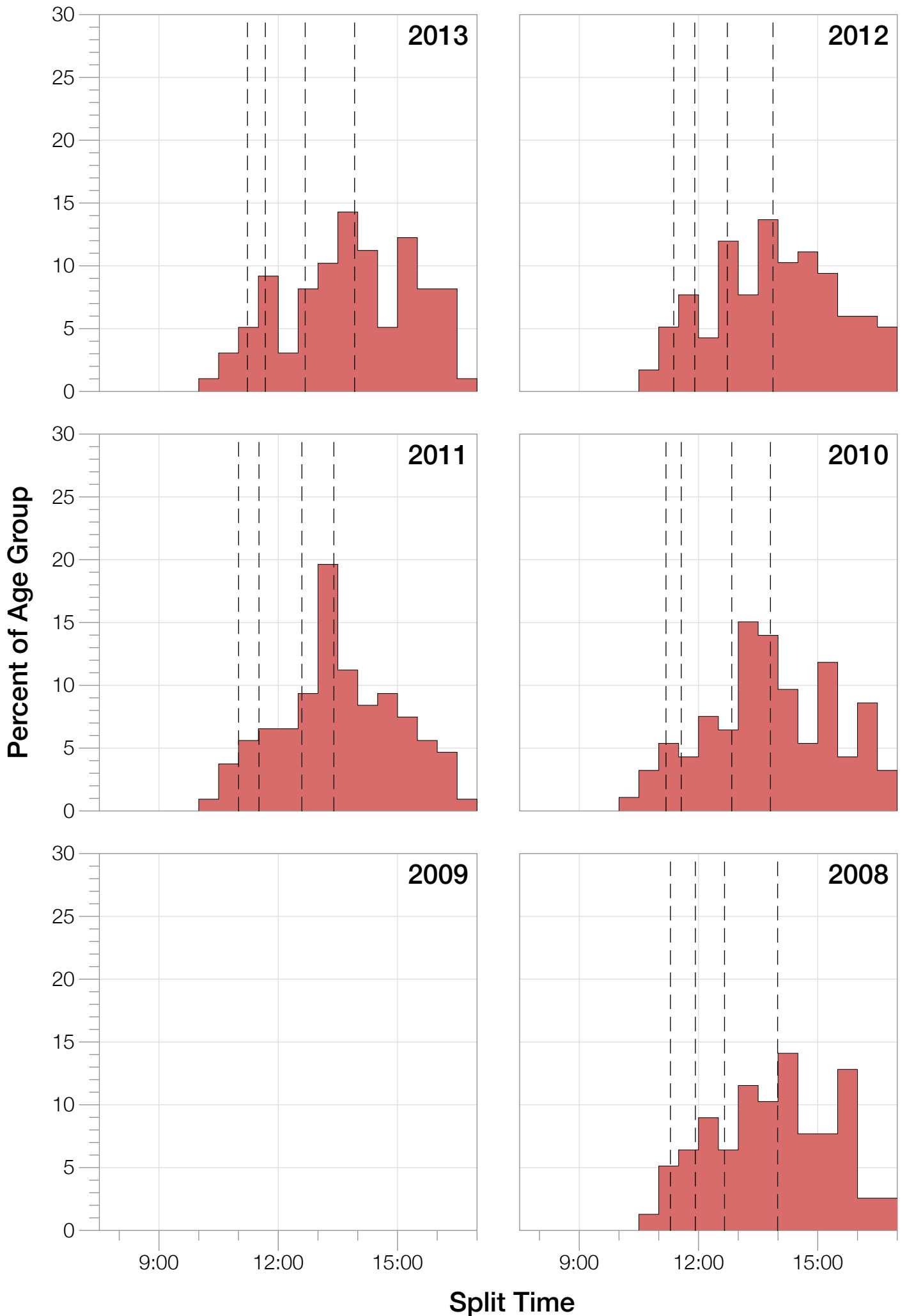


# F30-34 Run

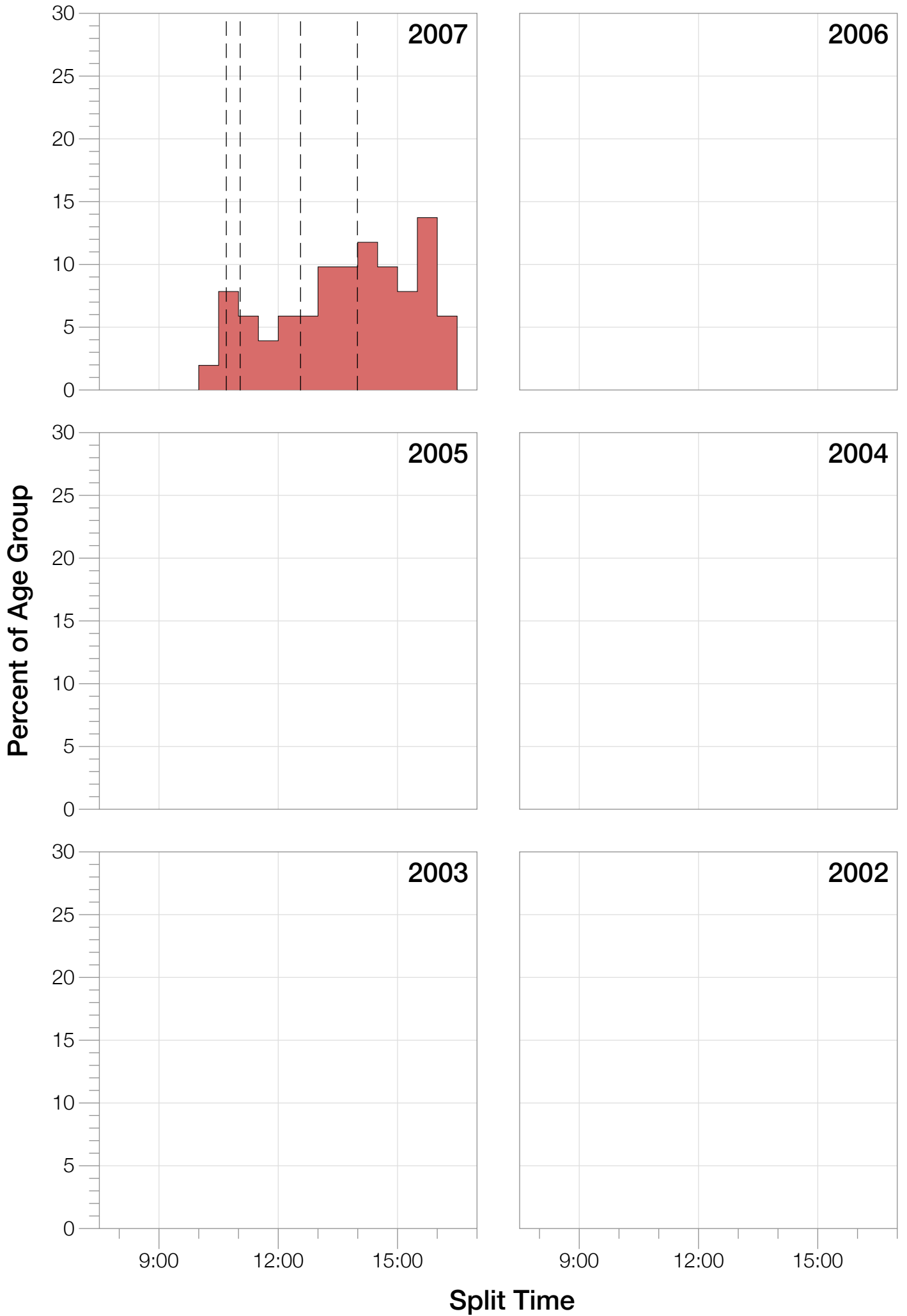




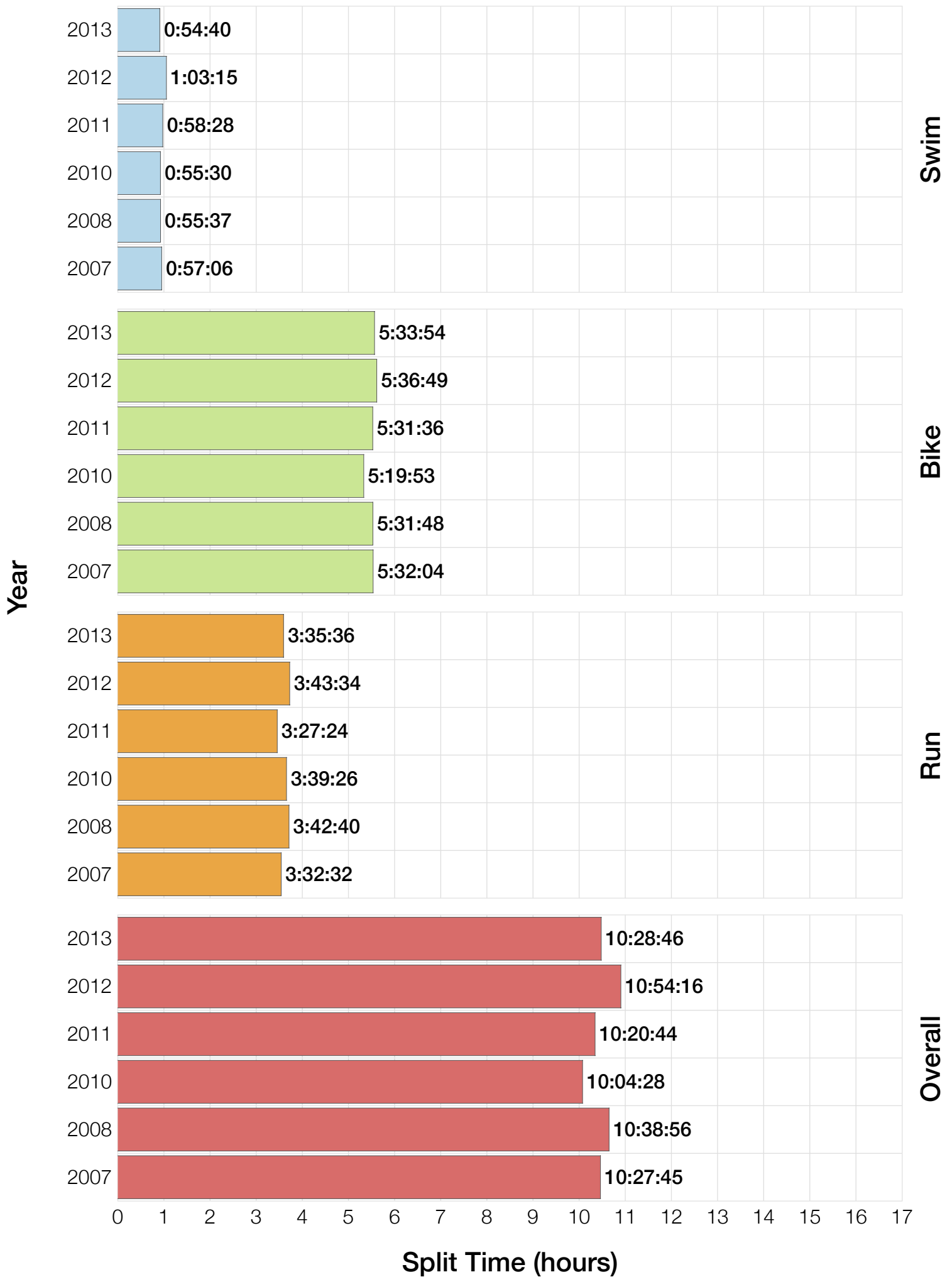
# F30-34 Overall



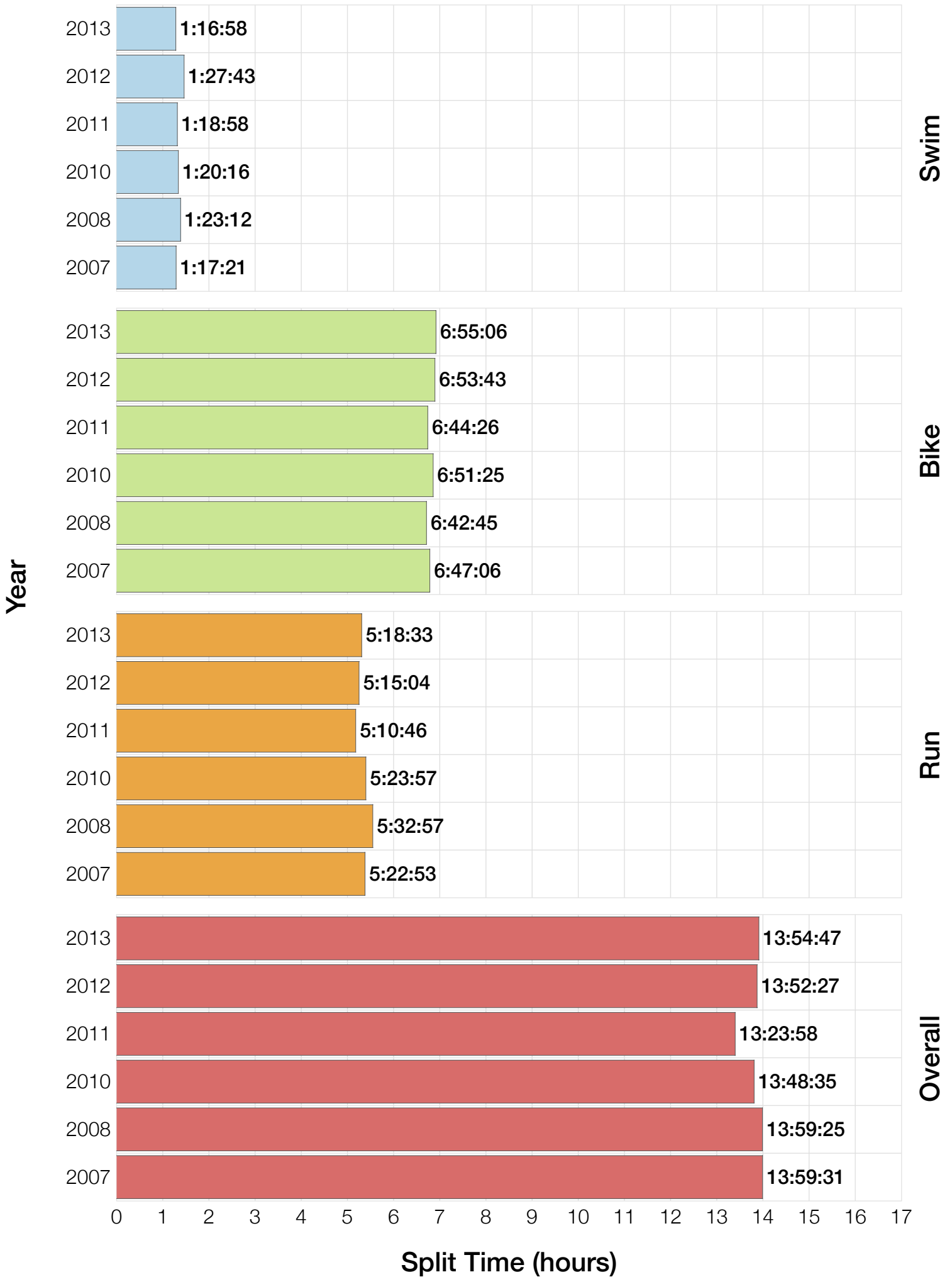
# F30-34 Overall



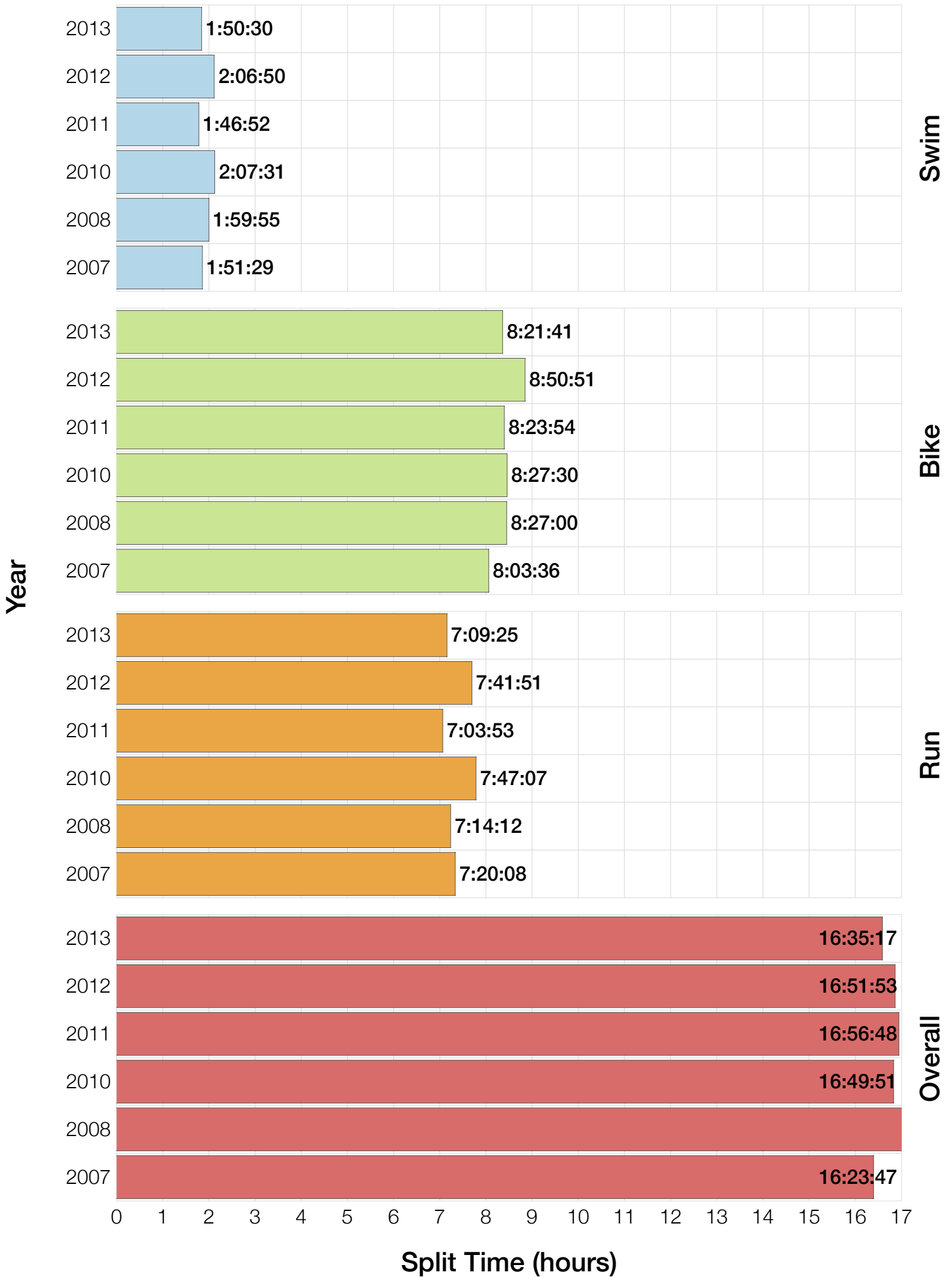
# F30-34 Fastest Splits



# F30-34 Median Splits

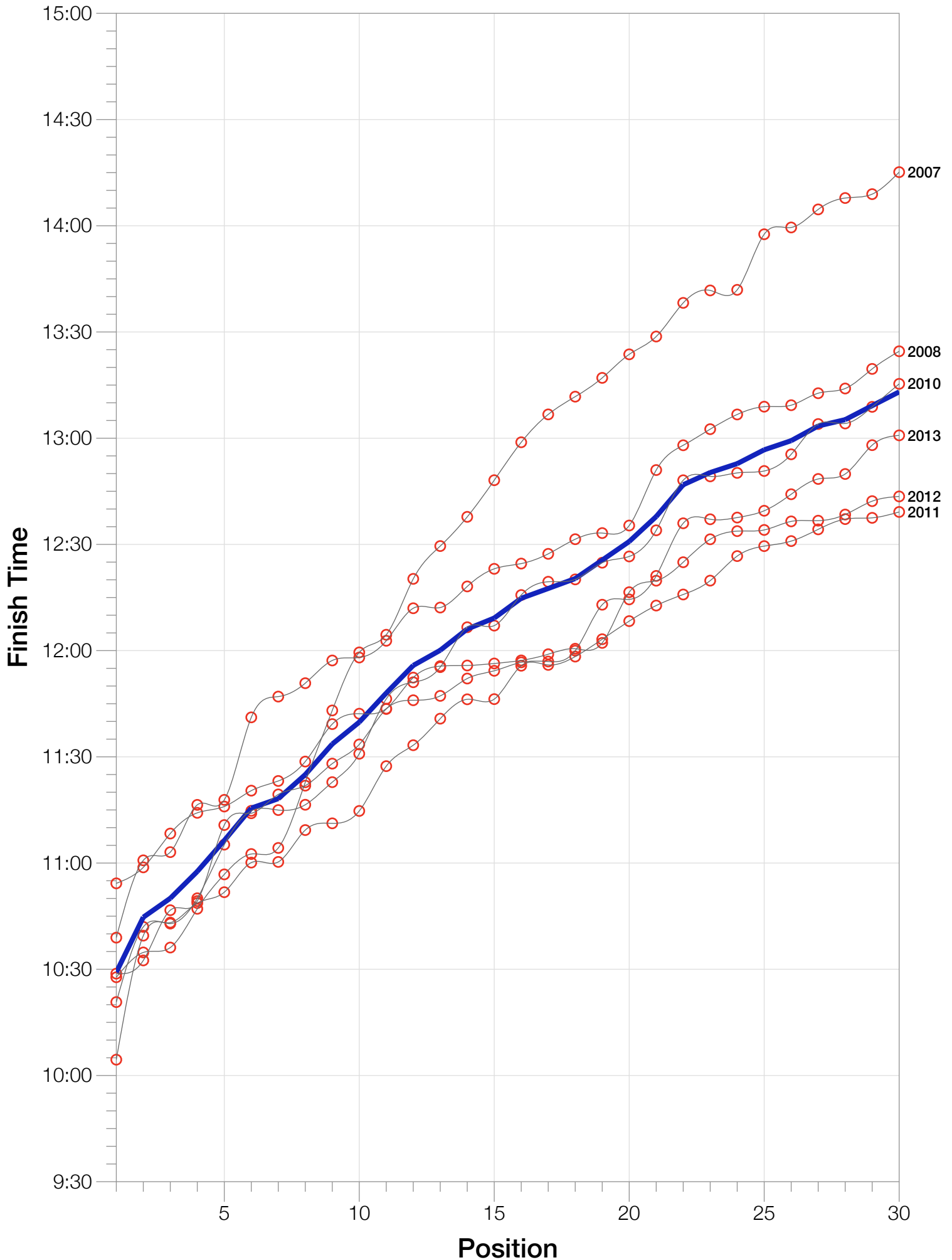


# F30-34 Slowest Splits



# F30-34 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F30-34 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:53:09</b>	<b>4:36:32</b>	<b>2:56:49</b>	<b>8:31:25</b>
<b>Average Female Winner</b>	<b>0:54:21</b>	<b>5:15:23</b>	<b>3:18:02</b>	<b>9:33:34</b>
<b>Average 1st Age Grouper</b>	<b>1:02:36</b>	<b>5:34:18</b>	<b>3:44:54</b>	<b>10:29:09</b>
<b>Average 2nd Age Grouper</b>	<b>1:03:40</b>	<b>5:47:22</b>	<b>3:45:28</b>	<b>10:44:42</b>
Average 3rd Age Grouper	1:04:02	5:44:11	3:53:49	10:50:03
Average 4th Age Grouper	1:05:15	5:45:26	3:58:23	10:57:37
Average 5th Age Grouper	1:10:59	5:57:02	3:49:42	11:06:23
Average 6th Age Grouper	1:05:03	5:53:00	4:06:55	11:15:31
Average 7th Age Grouper	1:10:07	5:49:32	4:09:42	11:18:11
Average 8th Age Grouper	1:13:01	5:57:35	4:05:11	11:24:59
Average 9th Age Grouper	1:13:20	5:59:02	4:11:01	11:33:37
Average 10th Age Grouper	1:07:33	6:01:03	4:22:41	11:39:48
<b>Kona Qualifier Average</b>	<b>1:03:08</b>	<b>5:40:50</b>	<b>3:45:11</b>	<b>10:36:55</b>
<b>Top 10 Age Grouper Average</b>	<b>1:07:33</b>	<b>5:50:51</b>	<b>4:00:46</b>	<b>11:08:00</b>

## Louisville 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:56</b>	<b>4:29:14</b>	<b>2:57:56</b>	<b>8:21:34</b>
<b>Female Winner</b>	<b>0:49:03</b>	<b>5:13:32</b>	<b>3:20:29</b>	<b>9:29:02</b>
<b>1st Age Grouper</b>	<b>0:59:33</b>	<b>5:44:40</b>	<b>3:35:36</b>	<b>10:28:46</b>
<b>2nd Age Grouper</b>	<b>0:55:17</b>	<b>5:39:22</b>	<b>3:49:17</b>	<b>10:32:30</b>
3rd Age Grouper	1:04:07	5:52:05	3:42:33	10:46:41
4th Age Grouper	1:03:00	5:50:04	3:47:32	10:49:16
5th Age Grouper	1:00:47	6:12:12	3:48:57	11:10:44
6th Age Grouper	1:05:33	6:03:12	3:51:35	11:14:04
7th Age Grouper	1:09:55	5:37:58	4:24:51	11:19:23
8th Age Grouper	1:10:23	5:33:54	4:29:25	11:21:52
9th Age Grouper	1:13:29	6:08:15	3:57:33	11:28:05
10th Age Grouper	0:54:40	5:43:39	4:45:53	11:33:30
<b>Kona Qualifier Average</b>	<b>0:57:25</b>	<b>5:42:01</b>	<b>3:42:26</b>	<b>10:30:38</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:40</b>	<b>5:50:32</b>	<b>4:01:19</b>	<b>11:04:29</b>

## Louisville 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:58:15</b>	<b>4:33:31</b>	<b>3:06:01</b>	<b>8:42:44</b>
<b>Female Winner</b>	<b>0:56:21</b>	<b>5:12:18</b>	<b>3:22:03</b>	<b>9:36:27</b>
<b>1st Age Grouper</b>	<b>1:08:58</b>	<b>5:36:49</b>	<b>3:59:30</b>	<b>10:54:16</b>
<b>2nd Age Grouper</b>	<b>1:05:47</b>	<b>6:00:51</b>	<b>3:43:34</b>	<b>10:58:47</b>
3rd Age Grouper	1:09:15	5:45:46	4:04:13	11:08:20
4th Age Grouper	1:20:51	5:57:05	3:47:32	11:14:11
5th Age Grouper	1:03:15	6:01:44	4:02:39	11:15:58
6th Age Grouper	1:21:50	5:45:23	4:01:13	11:20:27
7th Age Grouper	1:19:37	5:48:47	4:05:54	11:23:11
8th Age Grouper	1:13:10	6:07:03	3:56:58	11:28:40
9th Age Grouper	1:20:08	5:59:09	4:07:29	11:39:15
10th Age Grouper	1:13:11	5:56:48	4:21:33	11:42:11
<b>Kona Qualifier Average</b>	<b>1:07:22</b>	<b>5:48:50</b>	<b>3:51:32</b>	<b>10:56:31</b>
<b>Top 10 Age Grouper Average</b>	<b>1:13:36</b>	<b>5:53:56</b>	<b>4:01:03</b>	<b>11:18:31</b>

### Louisville 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:47	4:35:45	2:55:22	8:27:36
Female Winner	0:50:14	5:22:47	3:19:17	9:38:14
1st Age Grouper	0:59:39	5:39:36	3:35:35	10:20:44
2nd Age Grouper	1:04:39	6:02:32	3:27:24	10:41:58
3rd Age Grouper	1:06:58	5:38:12	3:50:03	10:43:11
4th Age Grouper	1:00:40	5:44:21	3:54:33	10:48:42
5th Age Grouper	1:16:35	5:46:45	3:37:36	10:51:46
6th Age Grouper	1:02:59	5:46:51	3:59:16	11:00:08
7th Age Grouper	1:18:58	5:41:54	3:50:09	11:00:19
8th Age Grouper	1:10:17	5:53:35	3:56:57	11:09:19
9th Age Grouper	1:05:19	6:14:16	3:43:46	11:11:13
10th Age Grouper	1:02:13	6:00:29	4:04:00	11:14:43
<b>Kona Qualifier Average</b>	<b>1:02:09</b>	<b>5:51:04</b>	<b>3:31:29</b>	<b>10:31:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:06:49</b>	<b>5:50:51</b>	<b>3:47:55</b>	<b>10:54:12</b>

### Louisville 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:39	4:31:36	3:05:09	8:29:59
Female Winner	0:55:36	5:08:25	3:23:50	9:33:15
1st Age Grouper	0:57:53	5:19:53	3:39:32	10:04:28
2nd Age Grouper	1:14:06	5:36:27	3:39:26	10:39:30
3rd Age Grouper	1:06:02	5:34:12	3:55:01	10:42:54
4th Age Grouper	1:02:23	5:26:31	4:13:17	10:50:03
5th Age Grouper	1:20:27	5:47:18	3:50:13	11:05:12
6th Age Grouper	1:05:14	5:52:09	4:08:15	11:14:45
7th Age Grouper	1:01:26	5:42:31	4:20:06	11:14:58
8th Age Grouper	1:16:08	5:59:30	3:51:30	11:16:28
9th Age Grouper	1:14:31	5:48:26	4:10:41	11:22:51
10th Age Grouper	1:12:51	6:12:20	3:57:32	11:30:52
<b>Kona Qualifier Average</b>	<b>1:05:59</b>	<b>5:28:10</b>	<b>3:39:29</b>	<b>10:21:59</b>
<b>Top 10 Age Grouper Average</b>	<b>1:09:06</b>	<b>5:43:55</b>	<b>3:58:33</b>	<b>11:00:12</b>

### Louisville 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:59:35	4:41:42	2:48:55	8:33:58
Female Winner	1:03:39	5:27:21	3:18:15	9:54:17
1st Age Grouper	0:55:37	5:31:48	4:06:14	10:38:56
2nd Age Grouper	1:03:25	5:53:01	3:58:52	11:00:46
3rd Age Grouper	0:55:49	5:43:11	4:18:32	11:03:05
4th Age Grouper	1:03:04	5:59:49	4:04:23	11:16:26
5th Age Grouper	1:22:13	6:04:22	3:42:40	11:17:51
6th Age Grouper	0:57:39	5:58:10	4:36:43	11:41:09
7th Age Grouper	1:09:35	6:13:54	4:15:54	11:47:01
8th Age Grouper	1:22:07	6:09:14	4:09:40	11:50:48
9th Age Grouper	1:18:33	5:51:26	4:36:25	11:57:13
10th Age Grouper		6:03:57	4:41:44	11:58:03
<b>Kona Qualifier Average</b>	<b>0:59:31</b>	<b>5:42:24</b>	<b>4:02:33</b>	<b>10:49:51</b>
<b>Top 10 Age Grouper Average</b>	<b>1:07:33</b>	<b>5:56:53</b>	<b>4:15:06</b>	<b>11:27:07</b>



## Louisville 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:54	4:39:57	3:00:34	8:38:39
Female Winner	0:52:38	5:08:49	3:14:48	9:23:22
1st Age Grouper	1:13:57	5:33:02	3:32:58	10:27:45
2nd Age Grouper	0:58:48	5:32:04	3:54:15	10:34:45
3rd Age Grouper	1:02:05	5:51:42	3:32:32	10:36:08
4th Age Grouper	1:01:36	5:34:49	4:03:01	10:47:05
5th Age Grouper	1:02:37	5:49:56	3:56:11	10:56:48
6th Age Grouper	0:57:06	5:52:18	4:04:30	11:02:33
7th Age Grouper	1:01:11	5:52:10	4:01:21	11:04:16
8th Age Grouper	1:06:06	6:02:19	4:06:40	11:22:49
9th Age Grouper	1:08:01	5:52:44	4:30:12	11:43:06
10th Age Grouper	1:14:50	6:09:05	4:25:28	11:59:30
<b>Kona Qualifier Average</b>	<b>1:06:22</b>	<b>5:32:33</b>	<b>3:43:36</b>	<b>10:31:15</b>
<b>Top 10 Age Grouper Average</b>	<b>1:04:37</b>	<b>5:49:00</b>	<b>4:00:42</b>	<b>11:03:28</b>