

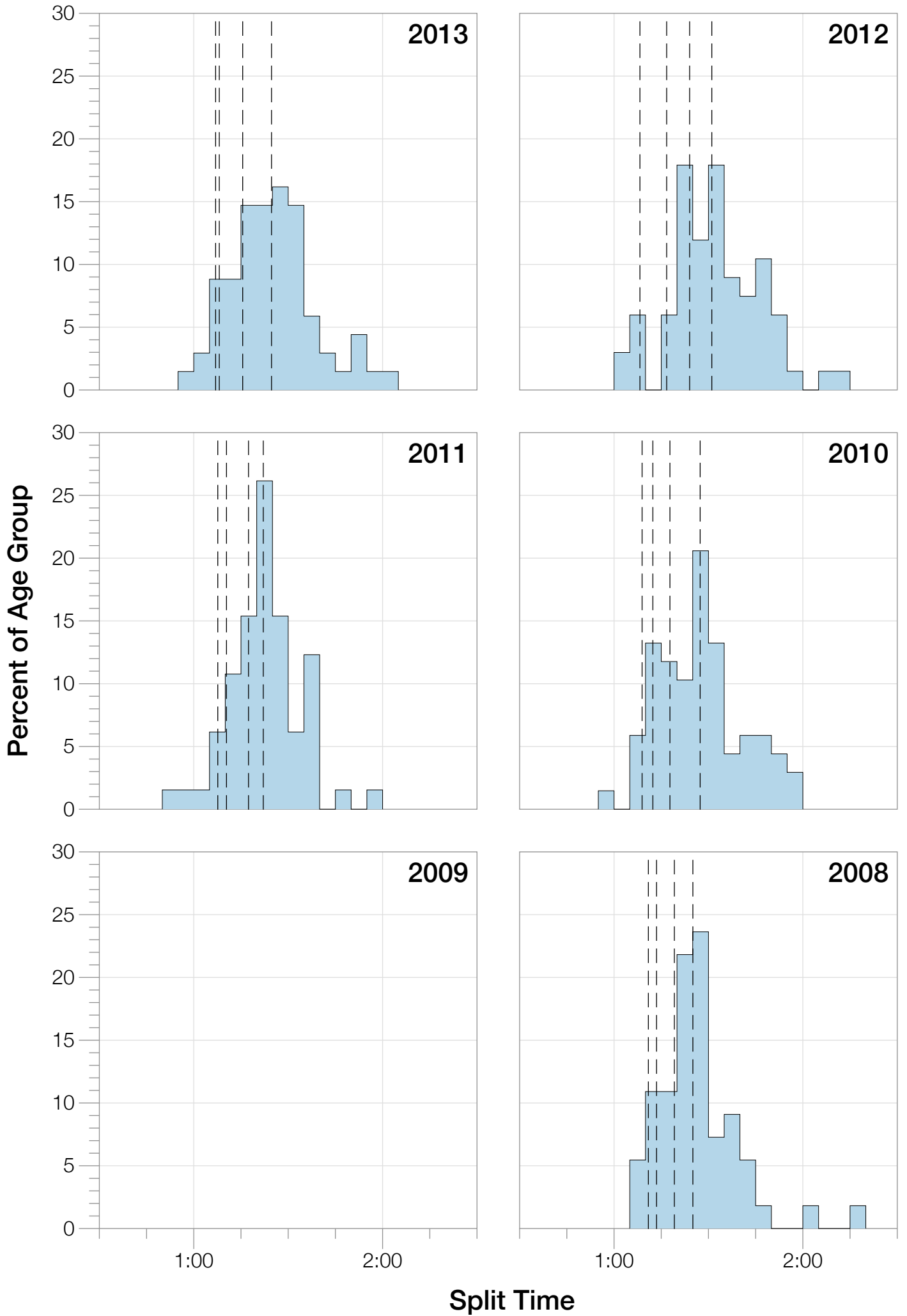
# Ironman Louisville

## F45-49 Stats

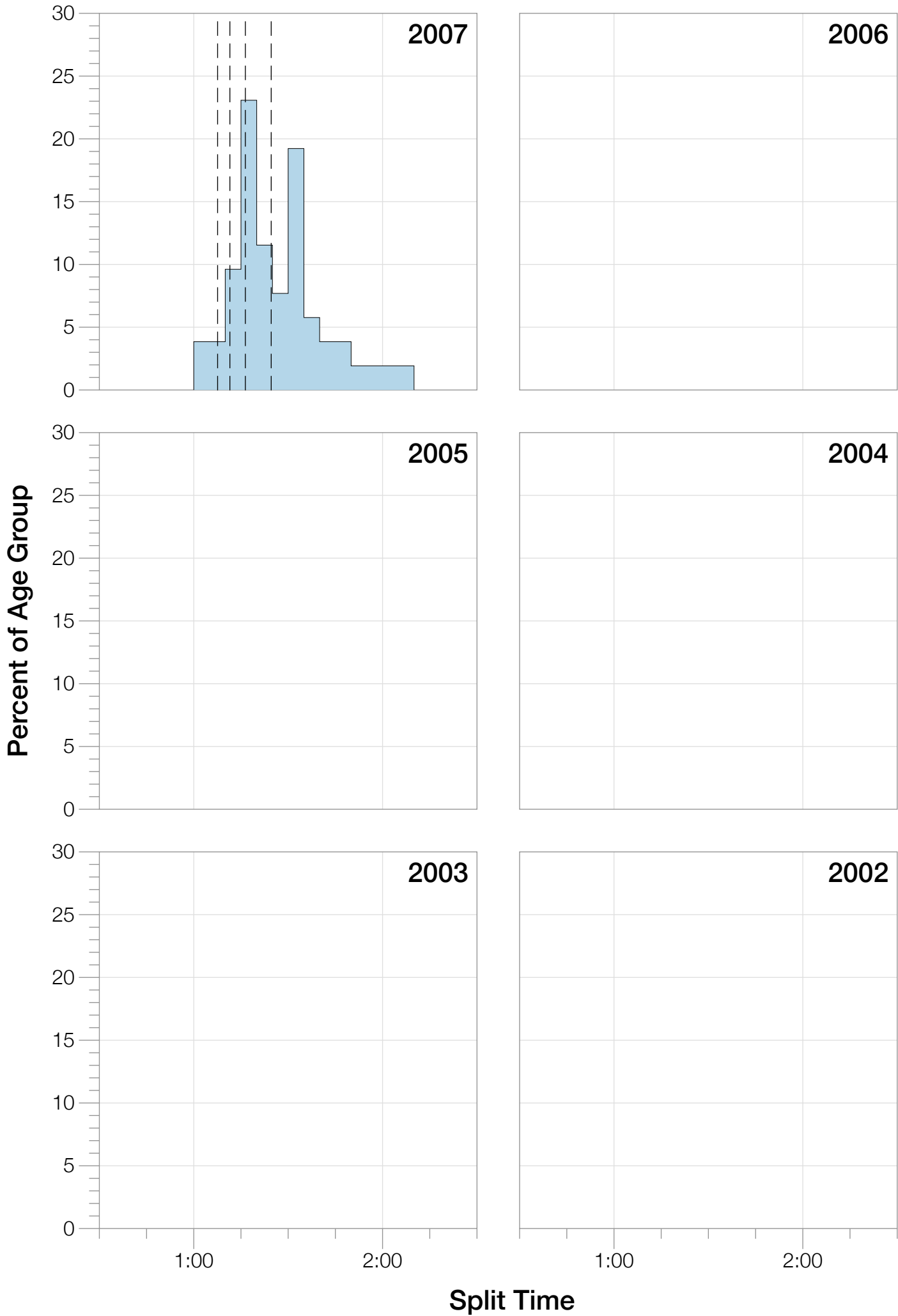
## F45-49 Summary Statistics

Year	Finishers	F45-49 Finishers	Male Winner's Time	Female Winner's Time	F45-49 Winner's Time
2007	1564	52	8:38:39	9:23:22	11:01:02
2008	1793	55	8:33:58	9:54:17	11:11:34
2010	2155	68	8:29:59	9:33:15	11:10:53
2011	2276	65	8:27:36	9:38:14	10:52:09
2012	2229	67	8:42:44	9:36:27	10:43:30
2013	2348	68	8:21:34	9:29:02	10:55:48
<b>Average</b>	<b>2102</b>	<b>63</b>	<b>8:31:25</b>	<b>9:33:34</b>	<b>9:24:59</b>

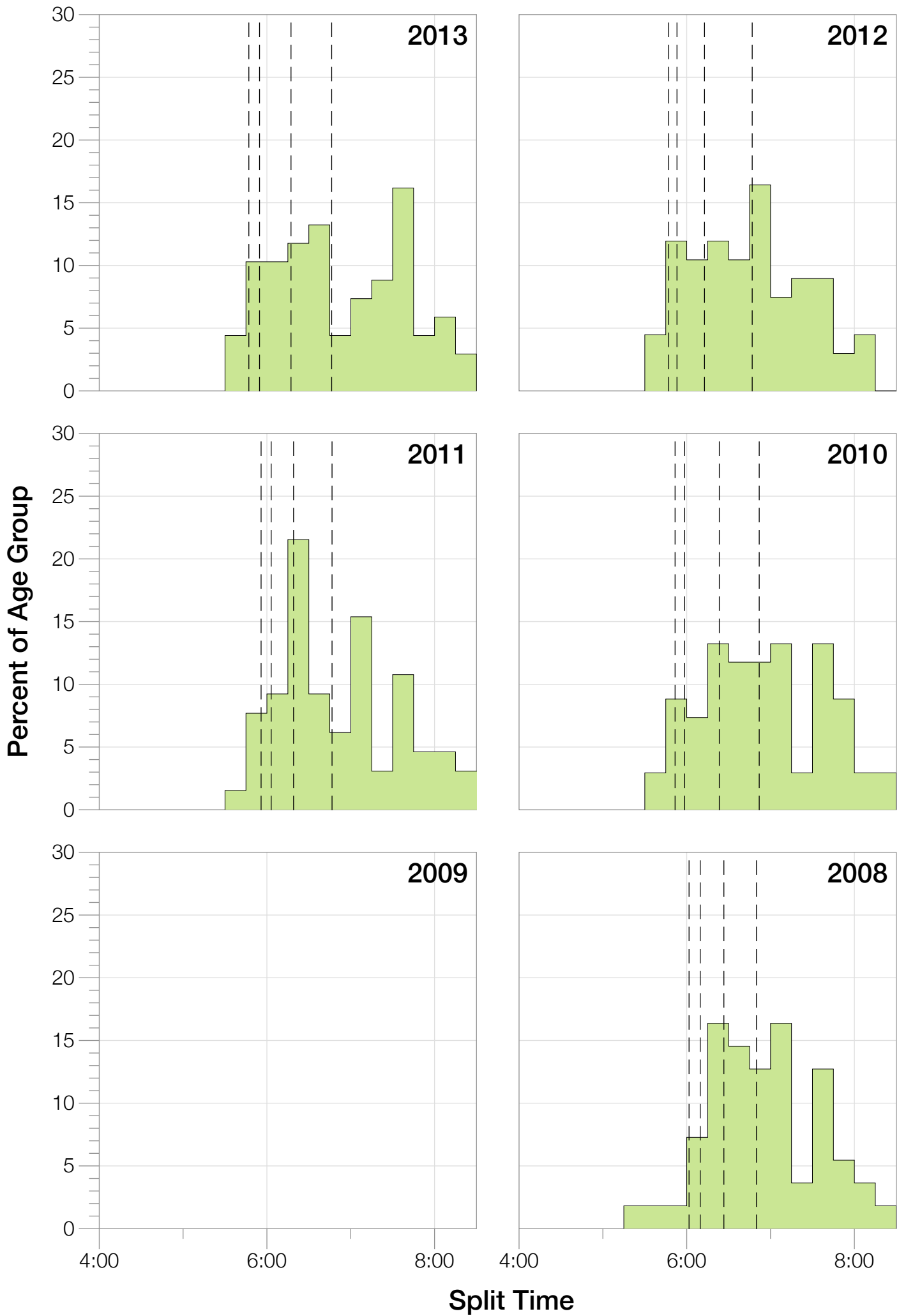
# F45-49 Swim



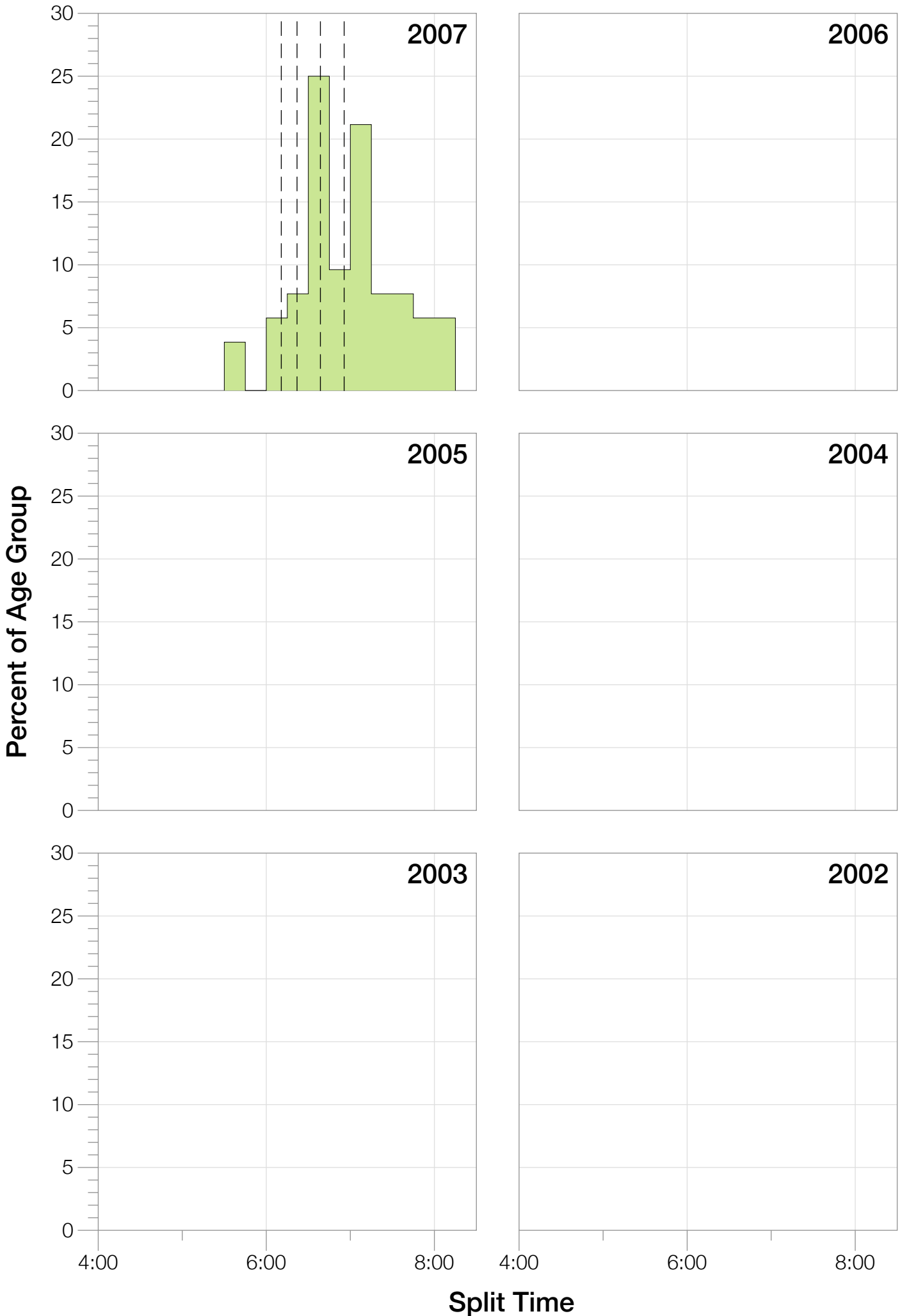
# F45-49 Swim



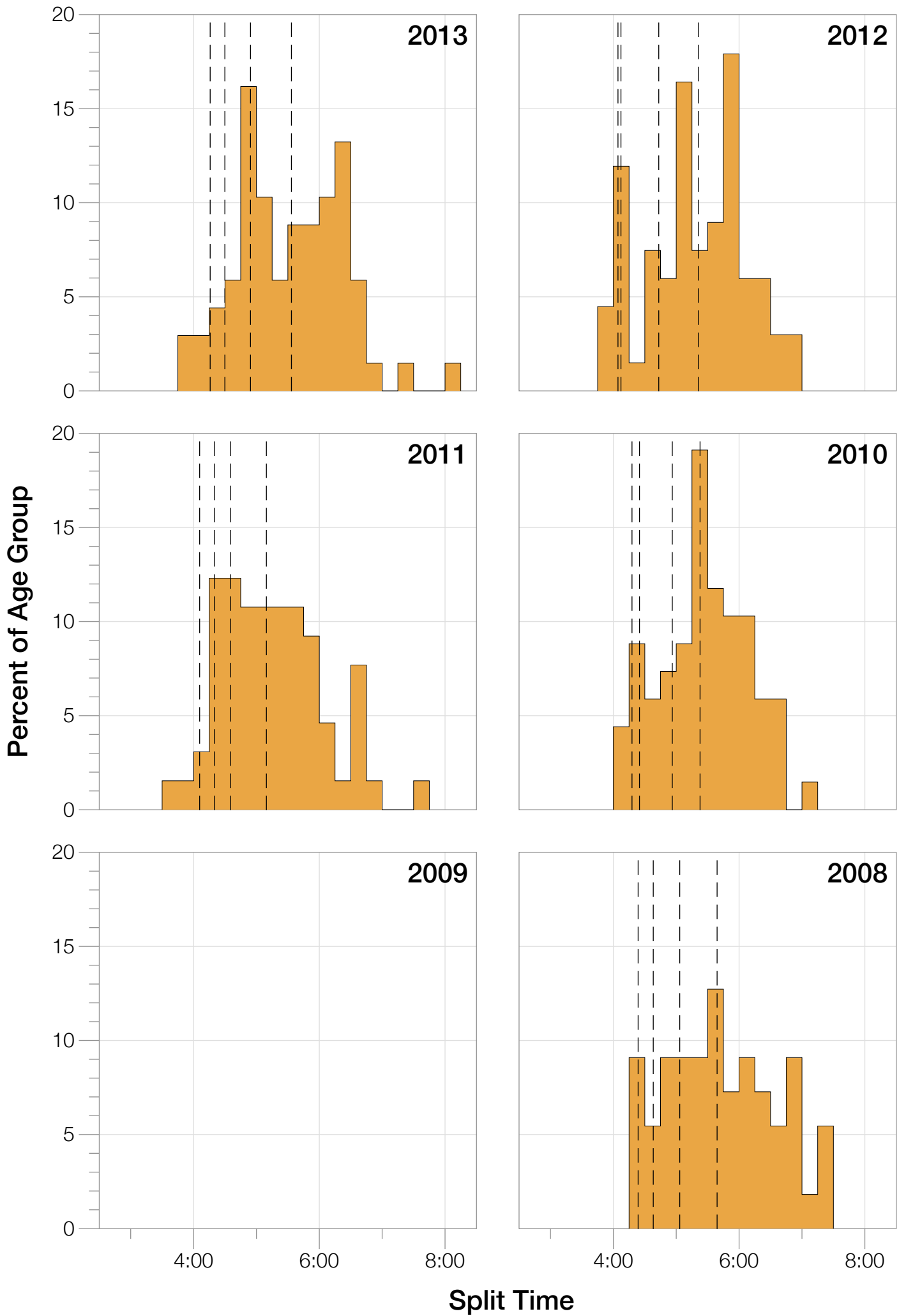
# F45-49 Bike



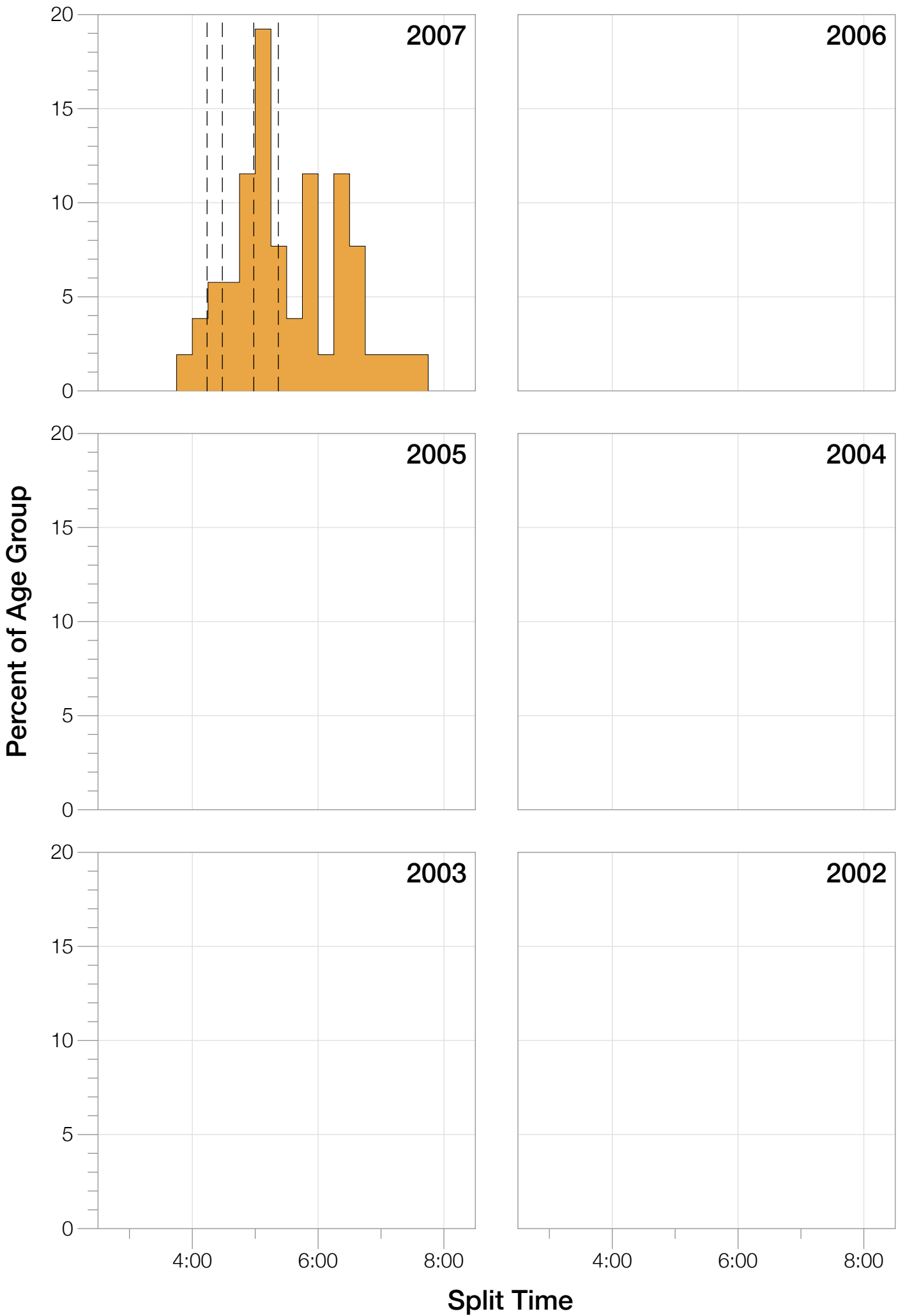
# F45-49 Bike



# F45-49 Run

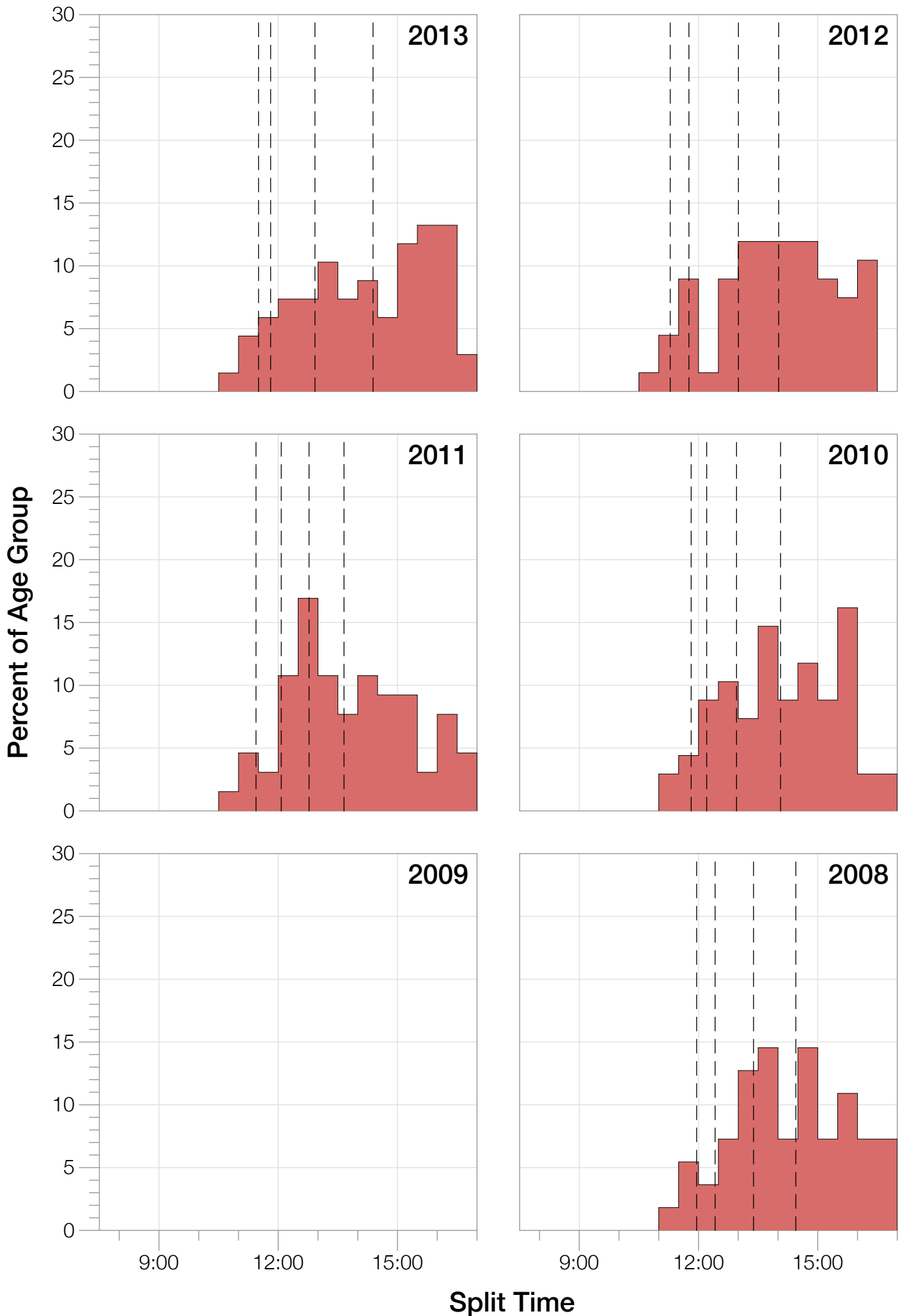


# F45-49 Run

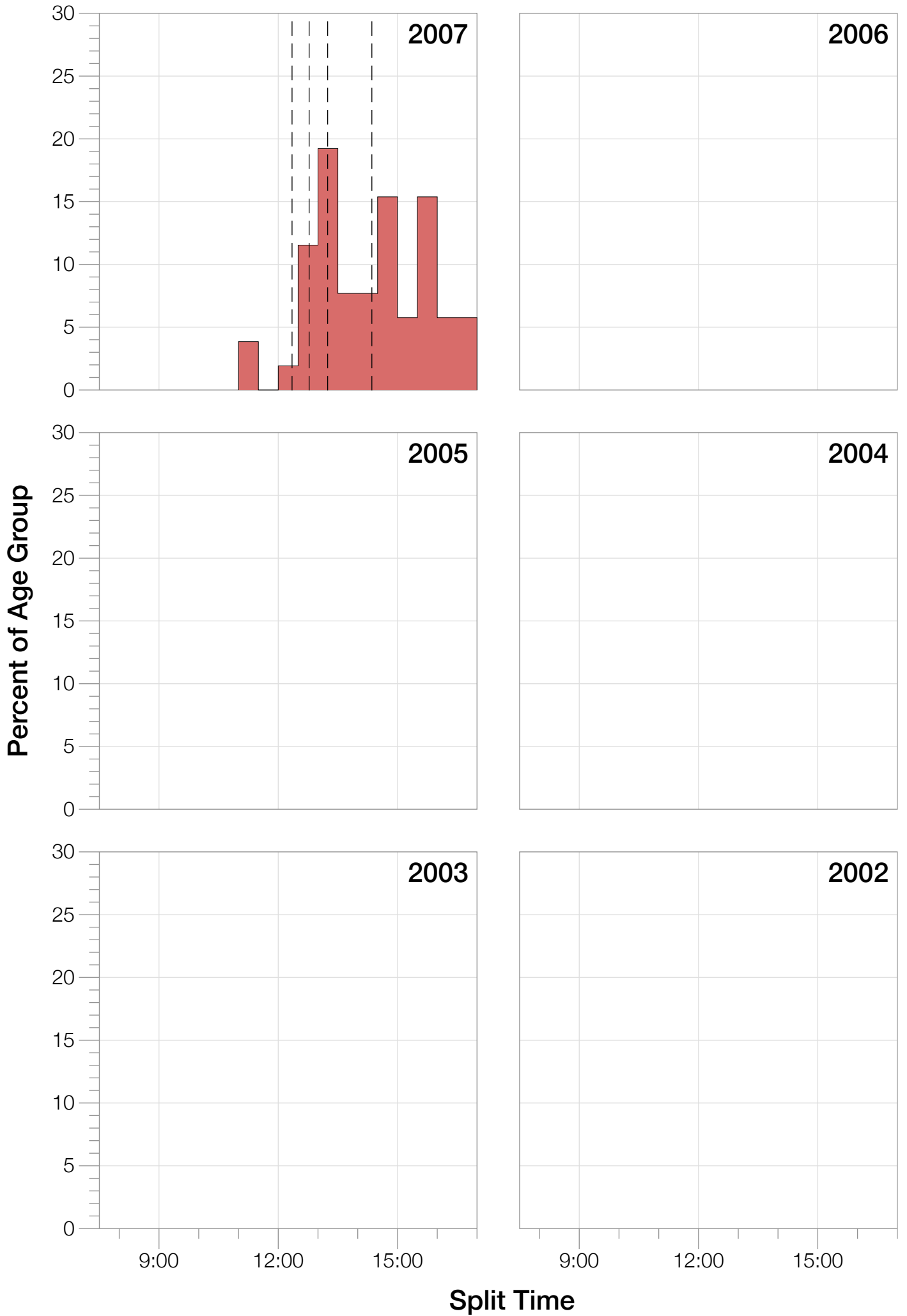




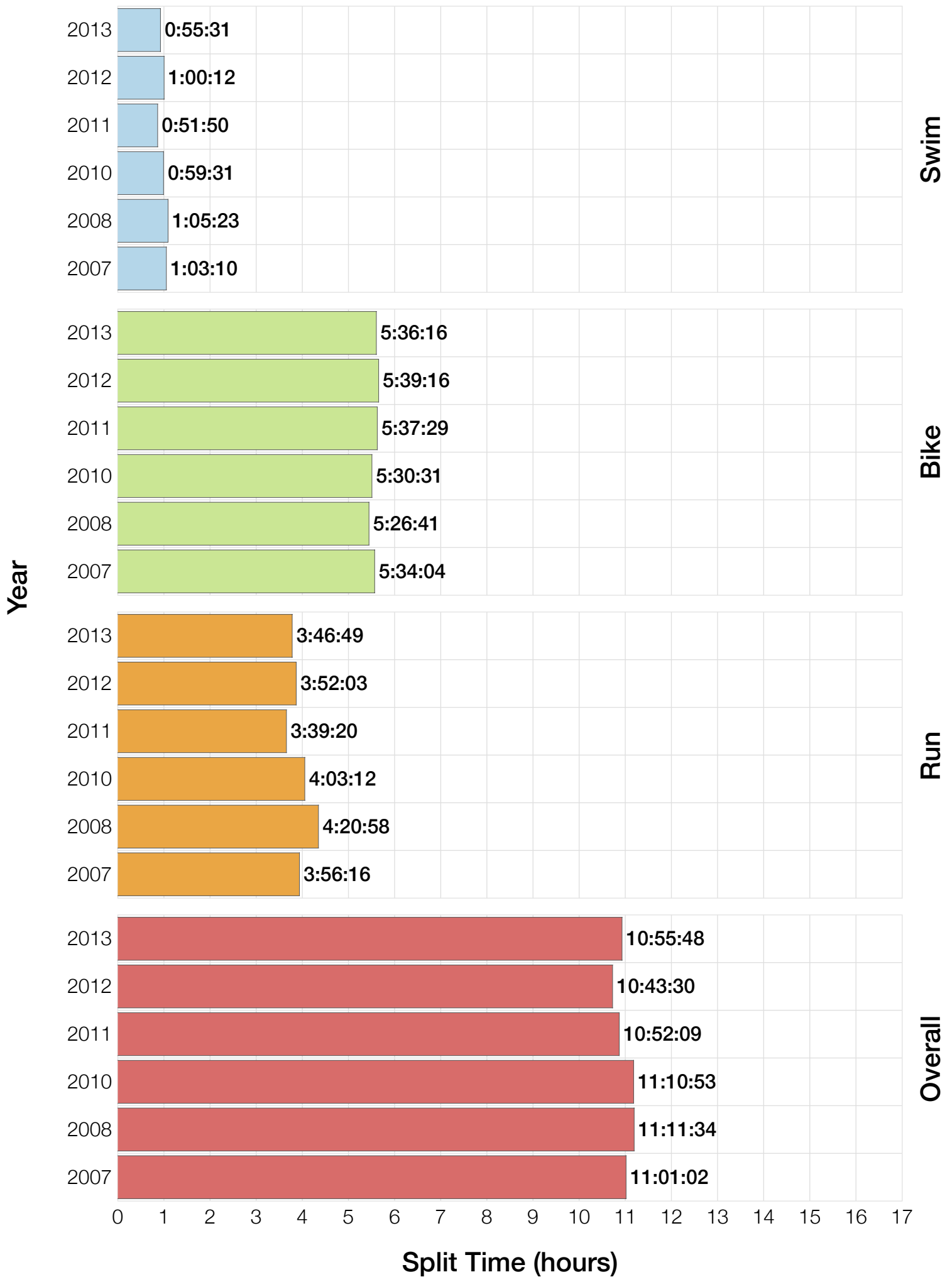
# F45-49 Overall



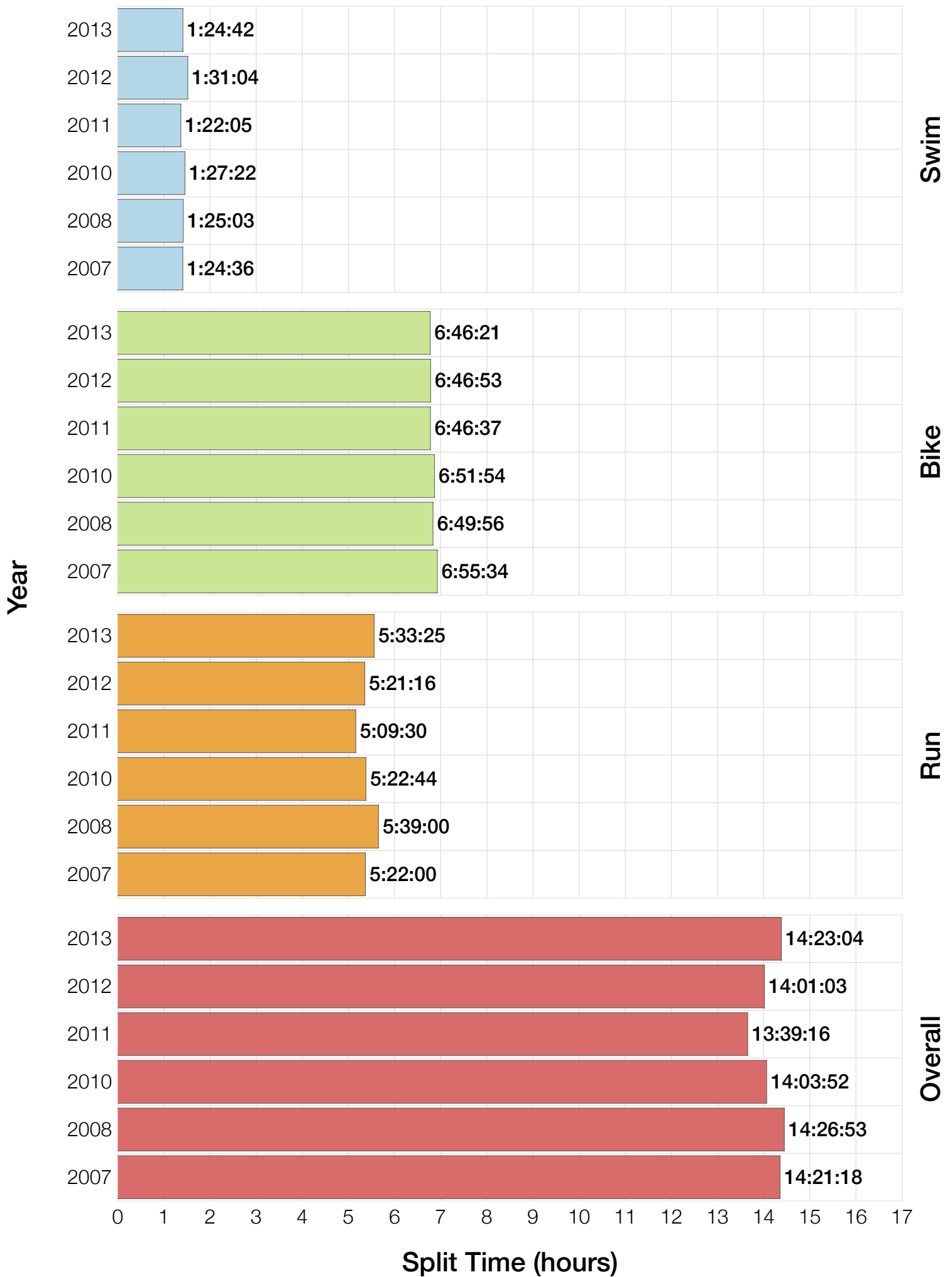
# F45-49 Overall



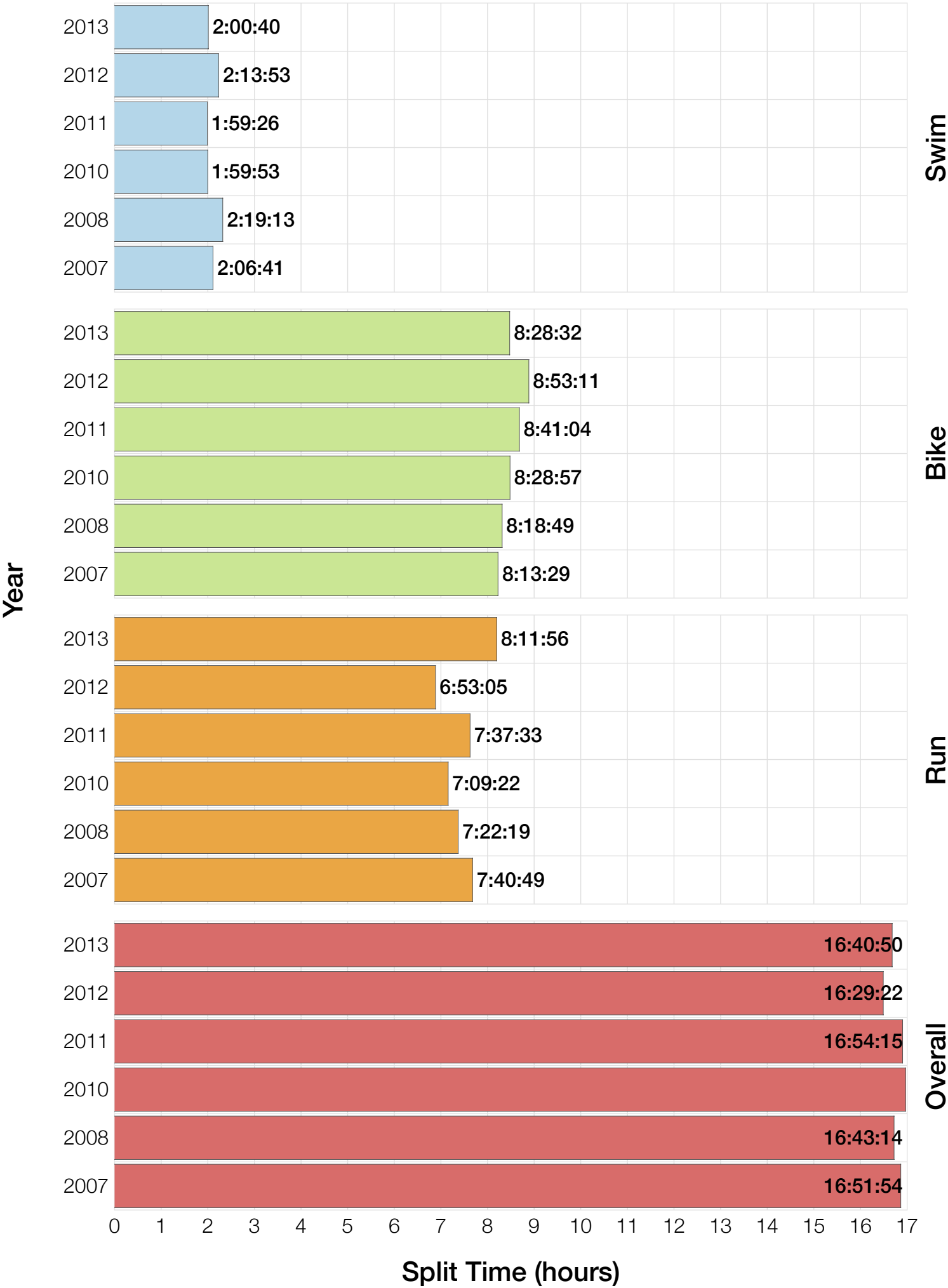
# F45-49 Fastest Splits



# F45-49 Median Splits

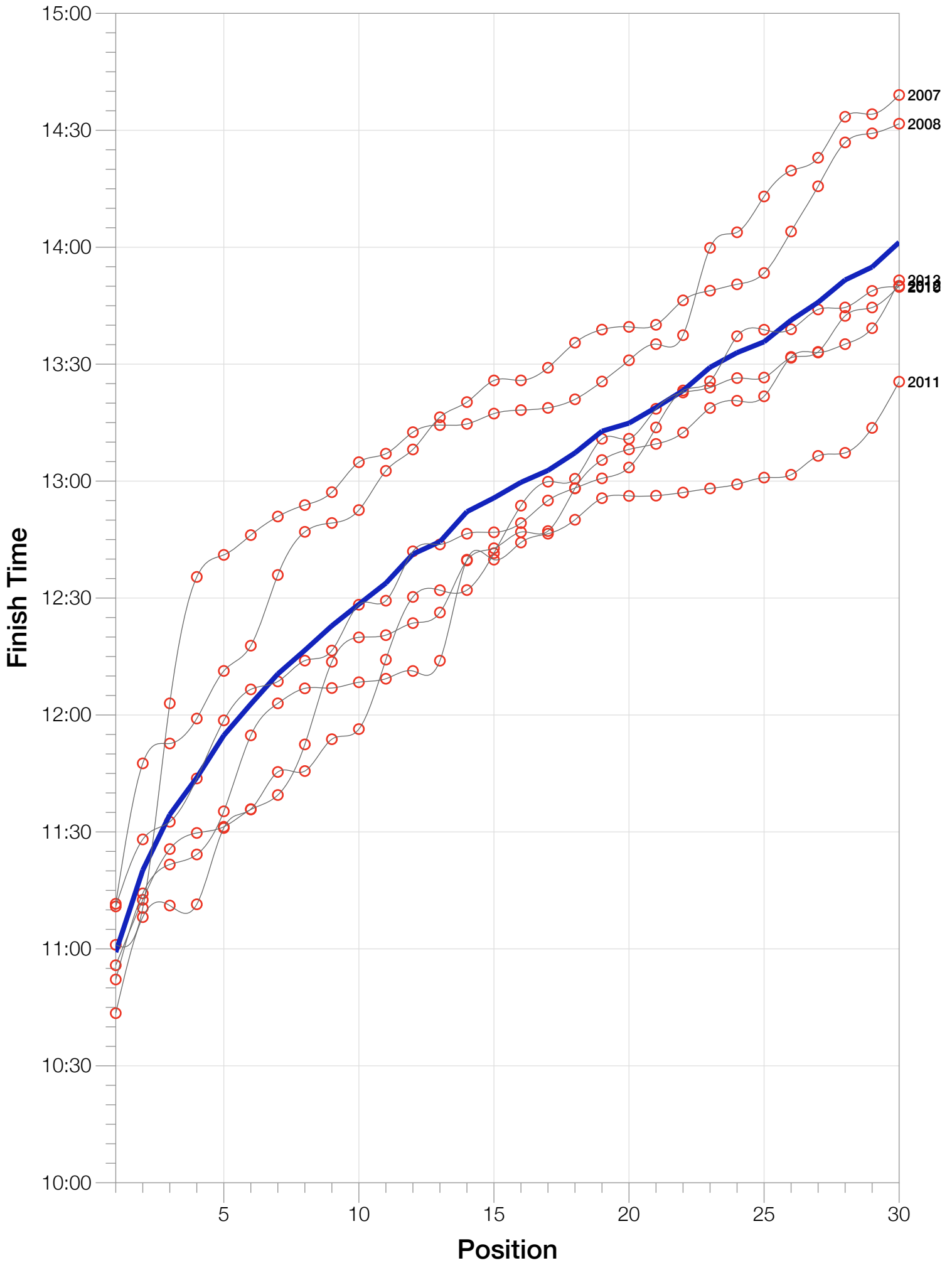


# F45-49 Slowest Splits



# F45-49 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F45-49 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:53:09</b>	<b>4:36:32</b>	<b>2:56:49</b>	<b>8:31:25</b>
<b>Average Female Winner</b>	<b>0:54:21</b>	<b>5:15:23</b>	<b>3:18:02</b>	<b>9:33:34</b>
<b>Average 1st Age Grouper</b>	<b>1:06:04</b>	<b>5:45:44</b>	<b>3:59:21</b>	<b>10:59:09</b>
<b>Average 2nd Age Grouper</b>	<b>1:14:05</b>	<b>5:47:16</b>	<b>4:10:01</b>	<b>11:20:11</b>
Average 3rd Age Grouper	1:16:30	5:50:42	4:17:22	11:34:26
Average 4th Age Grouper	1:03:57	5:59:01	4:31:01	11:43:56
Average 5th Age Grouper	1:18:18	6:16:21	4:07:29	11:54:46
Average 6th Age Grouper	1:21:24	6:04:19	4:25:51	12:02:48
Average 7th Age Grouper	1:15:45	6:19:19	4:26:35	12:10:32
Average 8th Age Grouper	1:21:13	6:12:52	4:27:49	12:16:36
Average 9th Age Grouper	1:18:35	6:04:26	4:44:58	12:22:53
Average 10th Age Grouper	1:23:01	6:13:55	4:39:19	12:28:24
<b>Kona Qualifier Average</b>	<b>1:10:04</b>	<b>5:46:30</b>	<b>4:04:41</b>	<b>11:09:40</b>
<b>Top 10 Age Grouper Average</b>	<b>1:15:53</b>	<b>6:03:23</b>	<b>4:22:59</b>	<b>11:53:22</b>

## Louisville 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:56</b>	<b>4:29:14</b>	<b>2:57:56</b>	<b>8:21:34</b>
<b>Female Winner</b>	<b>0:49:03</b>	<b>5:13:32</b>	<b>3:20:29</b>	<b>9:29:02</b>
<b>1st Age Grouper</b>	<b>1:08:02</b>	<b>5:51:56</b>	<b>3:46:49</b>	<b>10:55:48</b>
<b>2nd Age Grouper</b>	<b>1:08:02</b>	<b>5:51:53</b>	<b>4:05:47</b>	<b>11:12:35</b>
3rd Age Grouper	1:13:18	5:37:00	4:27:42	11:25:36
4th Age Grouper	0:55:31	6:06:37	4:18:51	11:29:44
5th Age Grouper	1:32:24	5:50:51	3:48:34	11:31:19
6th Age Grouper	1:28:17	5:45:02	4:14:15	11:35:45
7th Age Grouper	1:08:08	5:36:16	4:46:46	11:39:28
8th Age Grouper	1:08:55	6:02:40	4:30:19	11:52:27
9th Age Grouper	1:10:07	6:02:45	4:46:38	12:13:39
10th Age Grouper	1:39:50	5:56:46	4:28:51	12:19:55
<b>Kona Qualifier Average</b>	<b>1:08:02</b>	<b>5:51:54</b>	<b>3:56:18</b>	<b>11:04:11</b>
<b>Top 10 Age Grouper Average</b>	<b>1:15:15</b>	<b>5:52:10</b>	<b>4:19:27</b>	<b>11:37:37</b>

## Louisville 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:58:15</b>	<b>4:33:31</b>	<b>3:06:01</b>	<b>8:42:44</b>
<b>Female Winner</b>	<b>0:56:21</b>	<b>5:12:18</b>	<b>3:22:03</b>	<b>9:36:27</b>
<b>1st Age Grouper</b>	<b>1:00:12</b>	<b>5:41:46</b>	<b>3:54:40</b>	<b>10:43:30</b>
<b>2nd Age Grouper</b>	<b>1:09:06</b>	<b>5:48:28</b>	<b>3:58:52</b>	<b>11:08:09</b>
3rd Age Grouper	1:07:54	5:46:33	4:07:38	11:11:07
4th Age Grouper	1:05:54	5:52:56	4:03:59	11:11:26
5th Age Grouper	1:22:33	5:53:07	4:05:24	11:31:01
6th Age Grouper	1:23:16	5:52:03	4:06:40	11:35:51
7th Age Grouper	1:30:48	6:13:10	3:52:03	11:45:23
8th Age Grouper	1:45:10	5:39:16	4:05:46	11:45:37
9th Age Grouper	1:23:56	5:58:47	4:13:38	11:53:47
10th Age Grouper	1:21:42	6:09:17	4:13:49	11:56:23
<b>Kona Qualifier Average</b>	<b>1:04:39</b>	<b>5:45:07</b>	<b>3:56:46</b>	<b>10:55:49</b>
<b>Top 10 Age Grouper Average</b>	<b>1:19:03</b>	<b>5:53:32</b>	<b>4:04:14</b>	<b>11:28:13</b>

### Louisville 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:47	4:35:45	2:55:22	8:27:36
Female Winner	0:50:14	5:22:47	3:19:17	9:38:14
1st Age Grouper	1:02:09	6:02:07	3:39:20	10:52:09
2nd Age Grouper	1:12:01	5:37:29	4:16:35	11:14:14
3rd Age Grouper	1:21:21	5:51:08	4:00:26	11:21:39
4th Age Grouper	0:51:50	5:57:33	4:24:24	11:24:13
5th Age Grouper	1:12:23	6:26:22	3:48:02	11:35:17
6th Age Grouper	1:21:24	5:55:45	4:30:16	11:54:46
7th Age Grouper	1:08:57	6:11:00	4:35:23	12:02:59
8th Age Grouper	1:11:12	6:04:26	4:38:49	12:06:50
9th Age Grouper	1:23:57	6:07:47	4:20:52	12:06:55
10th Age Grouper	1:12:09	6:25:10	4:20:43	12:08:24
<b>Kona Qualifier Average</b>	<b>1:07:05</b>	<b>5:49:48</b>	<b>3:57:57</b>	<b>11:03:11</b>
<b>Top 10 Age Grouper Average</b>	<b>1:11:44</b>	<b>6:03:52</b>	<b>4:15:29</b>	<b>11:40:44</b>

### Louisville 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:39	4:31:36	3:05:09	8:29:59
Female Winner	0:55:36	5:08:25	3:23:50	9:33:15
1st Age Grouper	0:59:31	5:57:25	4:06:21	11:10:53
2nd Age Grouper	1:08:34	5:48:09	4:19:53	11:28:05
3rd Age Grouper	1:14:55	5:33:46	4:35:09	11:32:36
4th Age Grouper	1:13:19	5:49:51	4:32:05	11:43:43
5th Age Grouper	1:07:46	6:19:40	4:20:02	11:58:37
6th Age Grouper	1:32:00	6:08:52	4:16:39	12:06:34
7th Age Grouper	1:15:42	6:40:23	4:03:12	12:08:36
8th Age Grouper	1:14:44	6:30:58	4:14:55	12:13:57
9th Age Grouper	1:11:11	6:06:05	4:48:08	12:16:32
10th Age Grouper	1:29:25	6:05:33	4:42:42	12:28:17
<b>Kona Qualifier Average</b>	<b>1:04:02</b>	<b>5:52:47</b>	<b>4:13:07</b>	<b>11:19:29</b>
<b>Top 10 Age Grouper Average</b>	<b>1:14:42</b>	<b>6:06:04</b>	<b>4:23:54</b>	<b>11:54:47</b>

### Louisville 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:59:35	4:41:42	2:48:55	8:33:58
Female Winner	1:03:39	5:27:21	3:18:15	9:54:17
1st Age Grouper	1:17:15	5:26:41	4:20:58	11:11:34
2nd Age Grouper	1:14:25	6:03:35	4:22:46	11:47:35
3rd Age Grouper	1:05:23	6:09:05	4:29:22	11:52:41
4th Age Grouper	1:13:58	5:44:57	4:48:52	11:59:05
5th Age Grouper	1:14:21	6:26:15	4:23:54	12:11:18
6th Age Grouper	1:08:01	6:22:22	4:35:49	12:17:47
7th Age Grouper	1:25:33	6:38:23	4:23:03	12:35:55
8th Age Grouper	1:29:55	6:20:32	4:42:05	12:46:59
9th Age Grouper	1:21:32	5:57:15	5:18:57	12:49:15
10th Age Grouper	1:23:07	6:10:31	5:07:58	12:52:34
<b>Kona Qualifier Average</b>	<b>1:15:50</b>	<b>5:45:08</b>	<b>4:21:52</b>	<b>11:29:34</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:21</b>	<b>6:07:57</b>	<b>4:39:22</b>	<b>12:14:28</b>



## Louisville 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:54	4:39:57	3:00:34	8:38:39
Female Winner	0:52:38	5:08:49	3:14:48	9:23:22
1st Age Grouper	1:09:20	5:34:31	4:07:59	11:01:02
2nd Age Grouper	1:32:22	5:34:04	3:56:16	11:10:29
3rd Age Grouper	1:36:14	6:06:42	4:03:56	12:02:59
4th Age Grouper	1:03:10	6:22:17	4:57:58	12:35:25
5th Age Grouper	1:20:21	6:41:55	4:19:02	12:41:04
6th Age Grouper	1:15:31	6:21:54	4:51:32	12:46:09
7th Age Grouper	1:05:26	6:36:45	4:59:04	12:50:55
8th Age Grouper	1:17:27	6:39:21	4:35:03	12:53:51
9th Age Grouper	1:20:47	6:13:58	5:01:39	12:57:10
10th Age Grouper	1:11:54	6:36:14	5:01:56	13:04:51
<b>Kona Qualifier Average</b>	<b>1:20:51</b>	<b>5:34:17</b>	<b>4:02:07</b>	<b>11:05:45</b>
<b>Top 10 Age Grouper Average</b>	<b>1:17:15</b>	<b>6:16:46</b>	<b>4:35:26</b>	<b>12:24:23</b>