

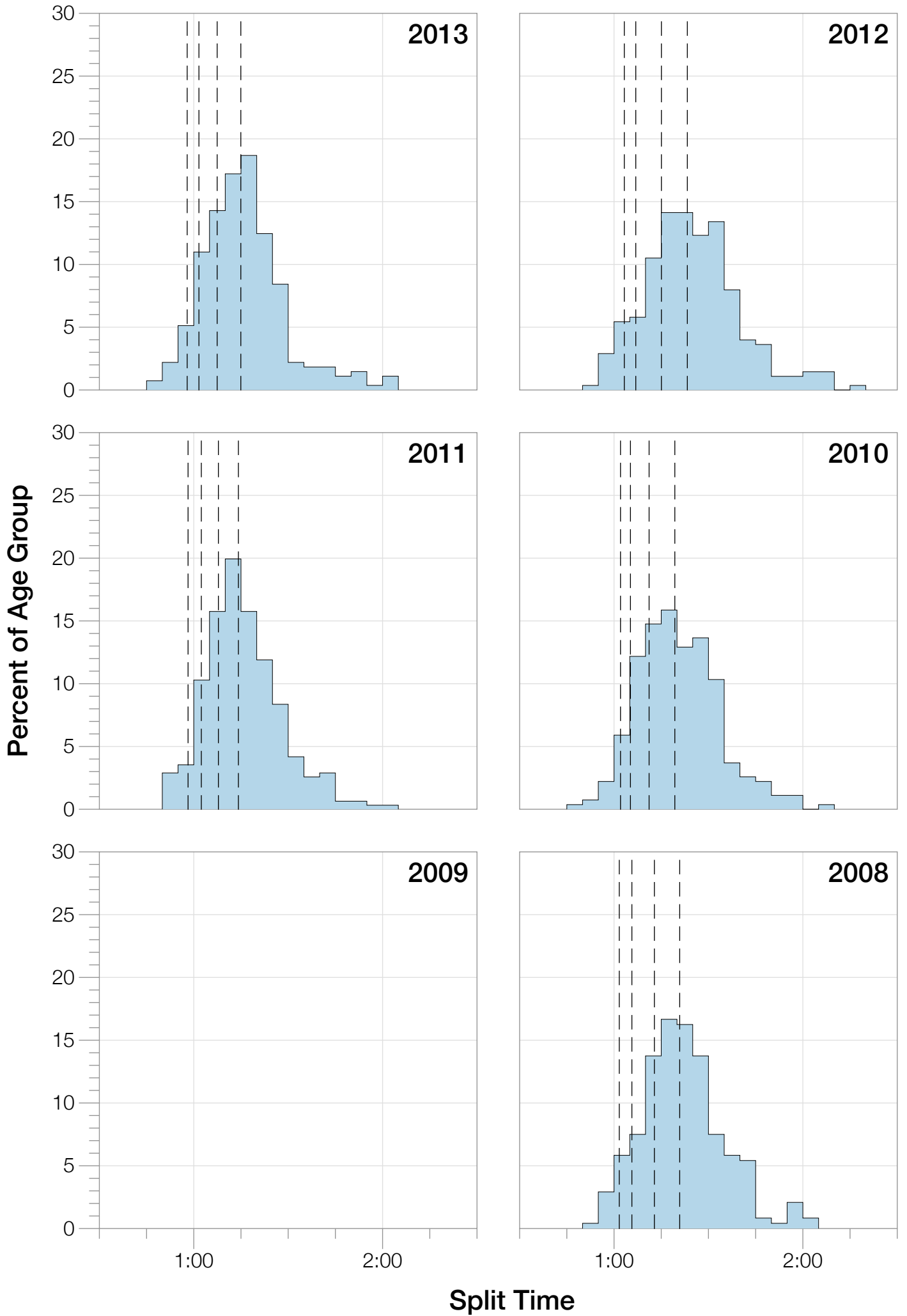
Ironman Louisville

M30-34 Stats

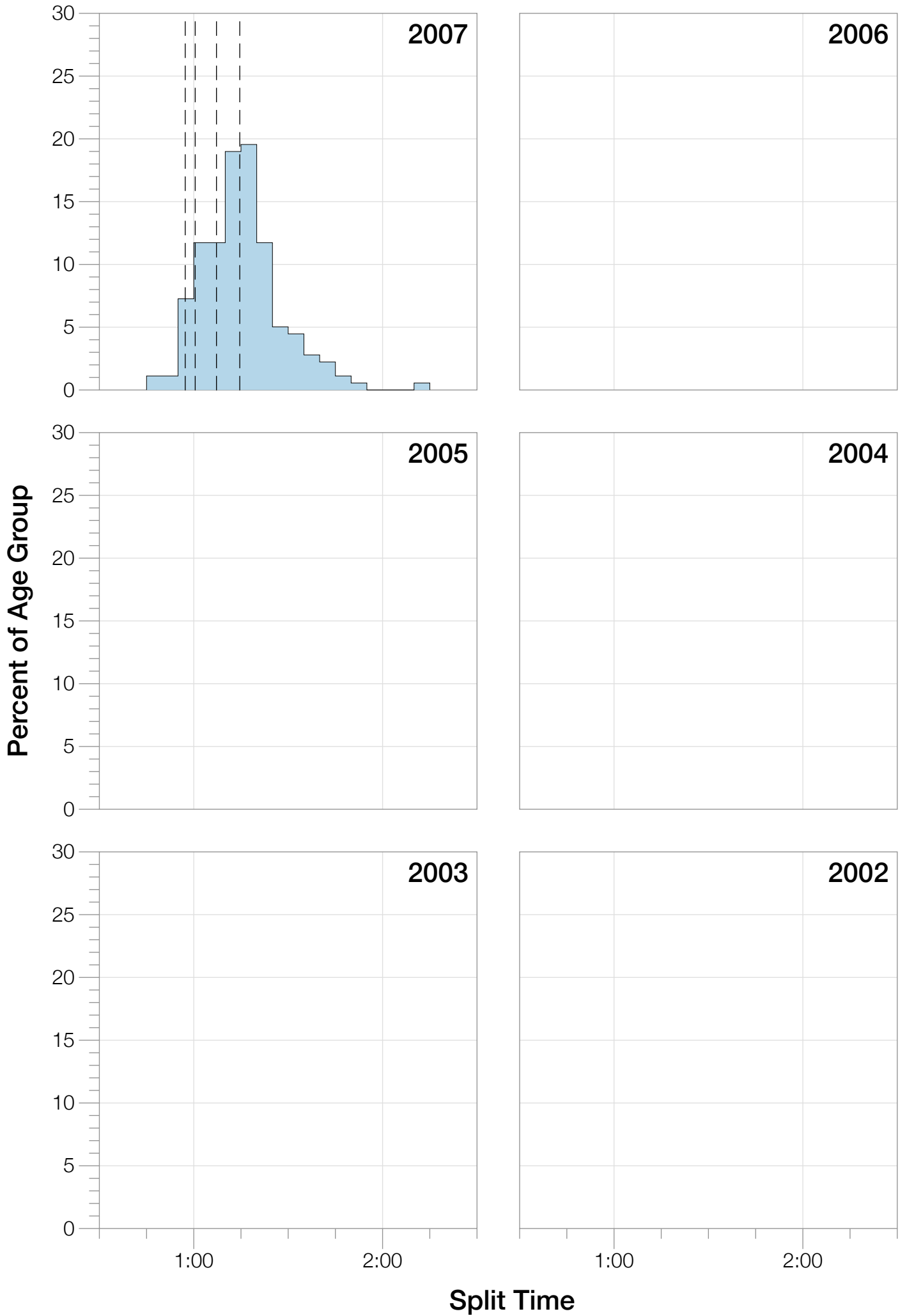
M30-34 Summary Statistics

Year	Finishers	M30-34 Finishers	Male Winner's Time	Female Winner's Time	M30-34 Winner's Time
2007	1564	179	8:38:39	9:23:22	9:42:15
2008	1793	240	8:33:58	9:54:17	10:09:31
2010	2155	271	8:29:59	9:33:15	9:11:15
2011	2276	311	8:27:36	9:38:14	9:21:43
2012	2229	277	8:42:44	9:36:27	9:29:19
2013	2348	274	8:21:34	9:29:02	9:26:46
Average	2102	259	8:31:25	9:33:34	8:11:32

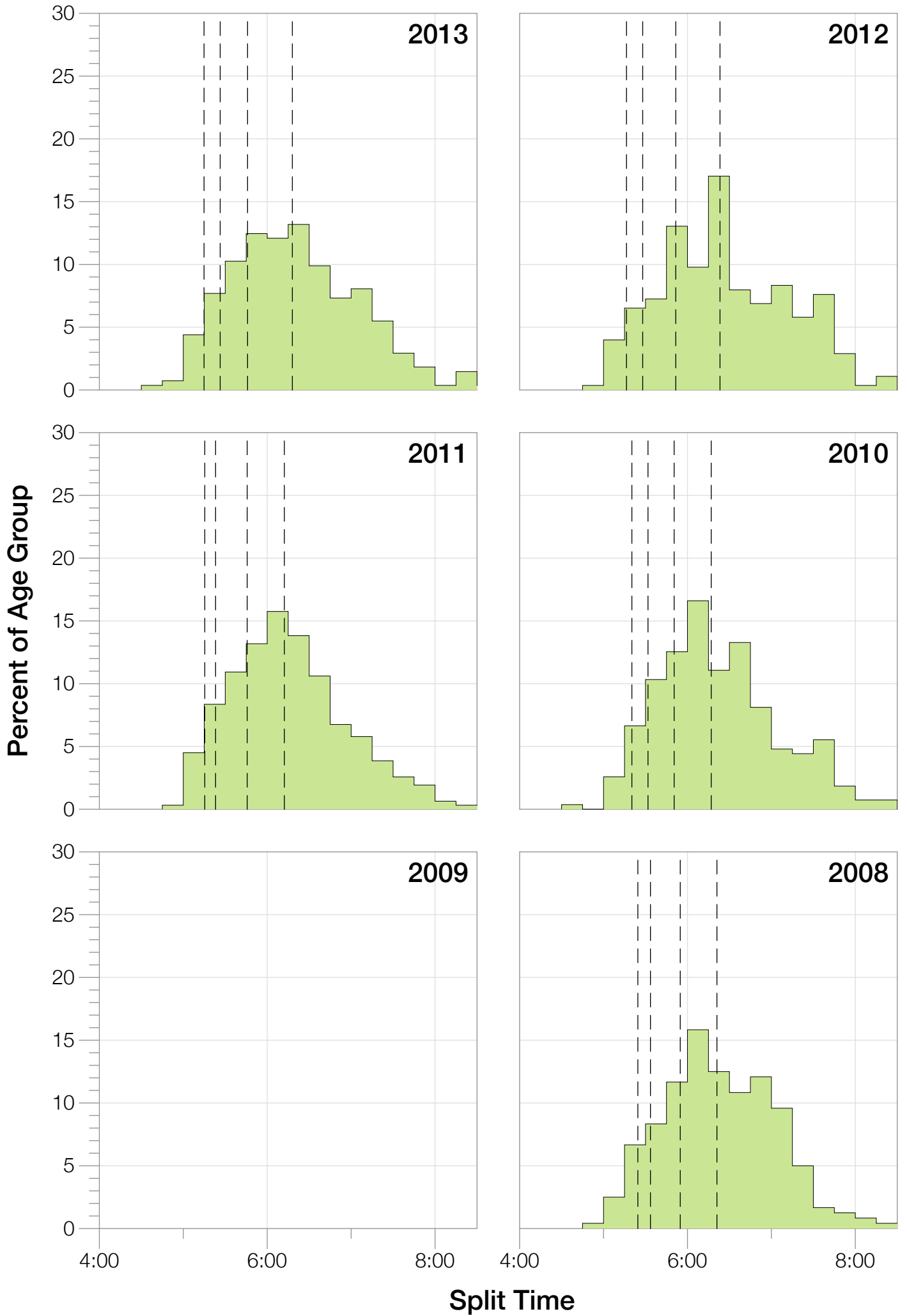
M30-34 Swim



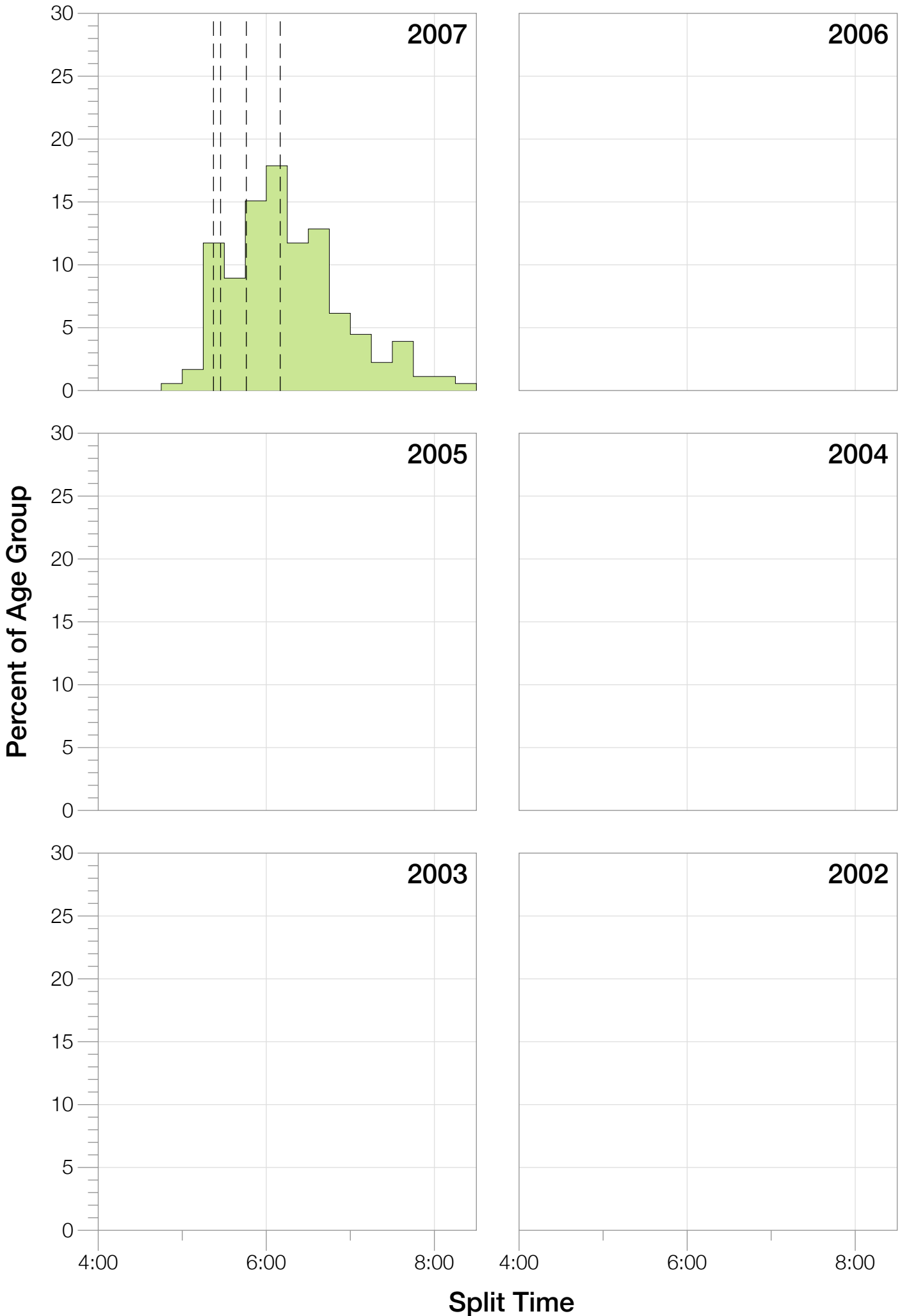
M30-34 Swim



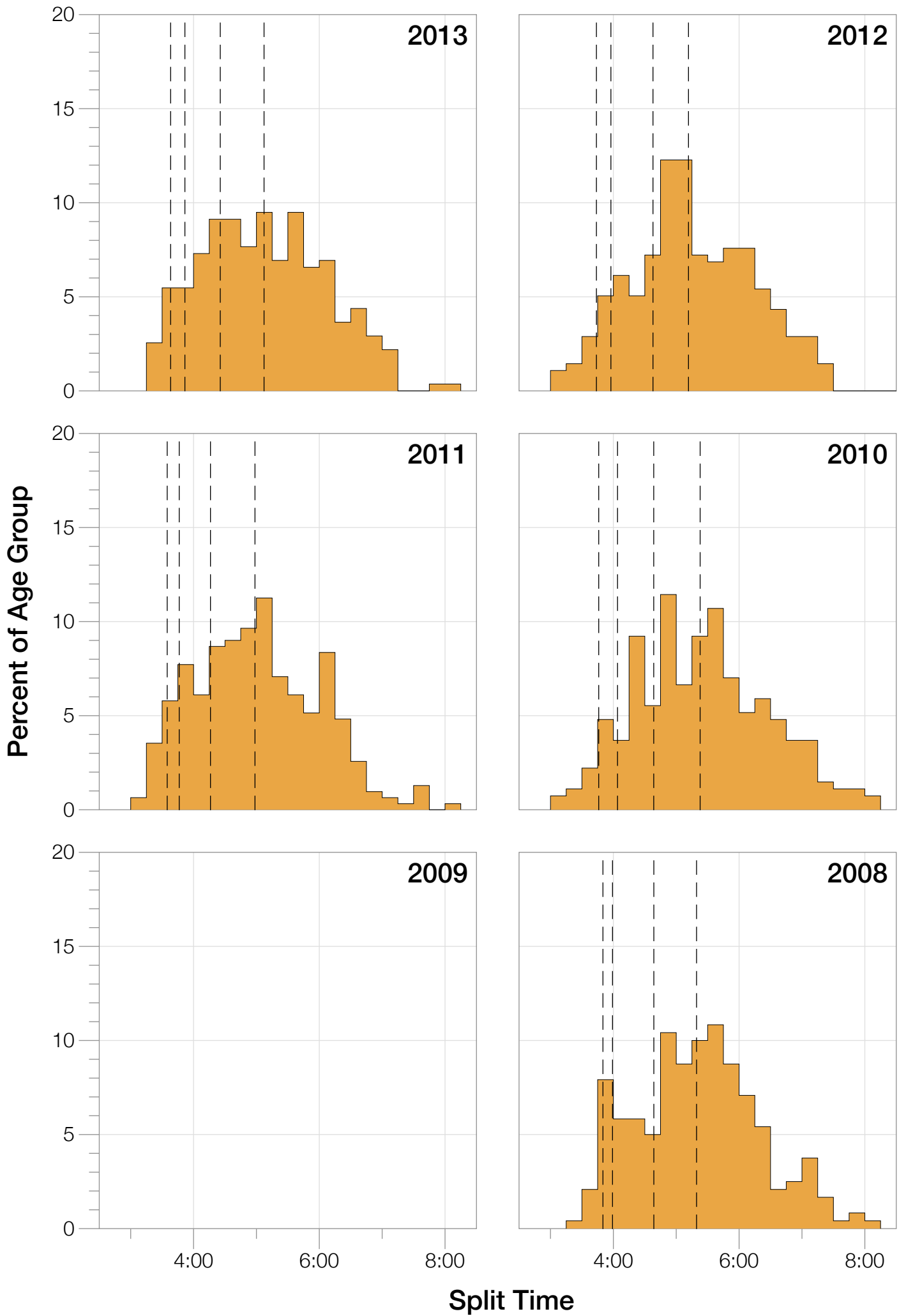
M30-34 Bike



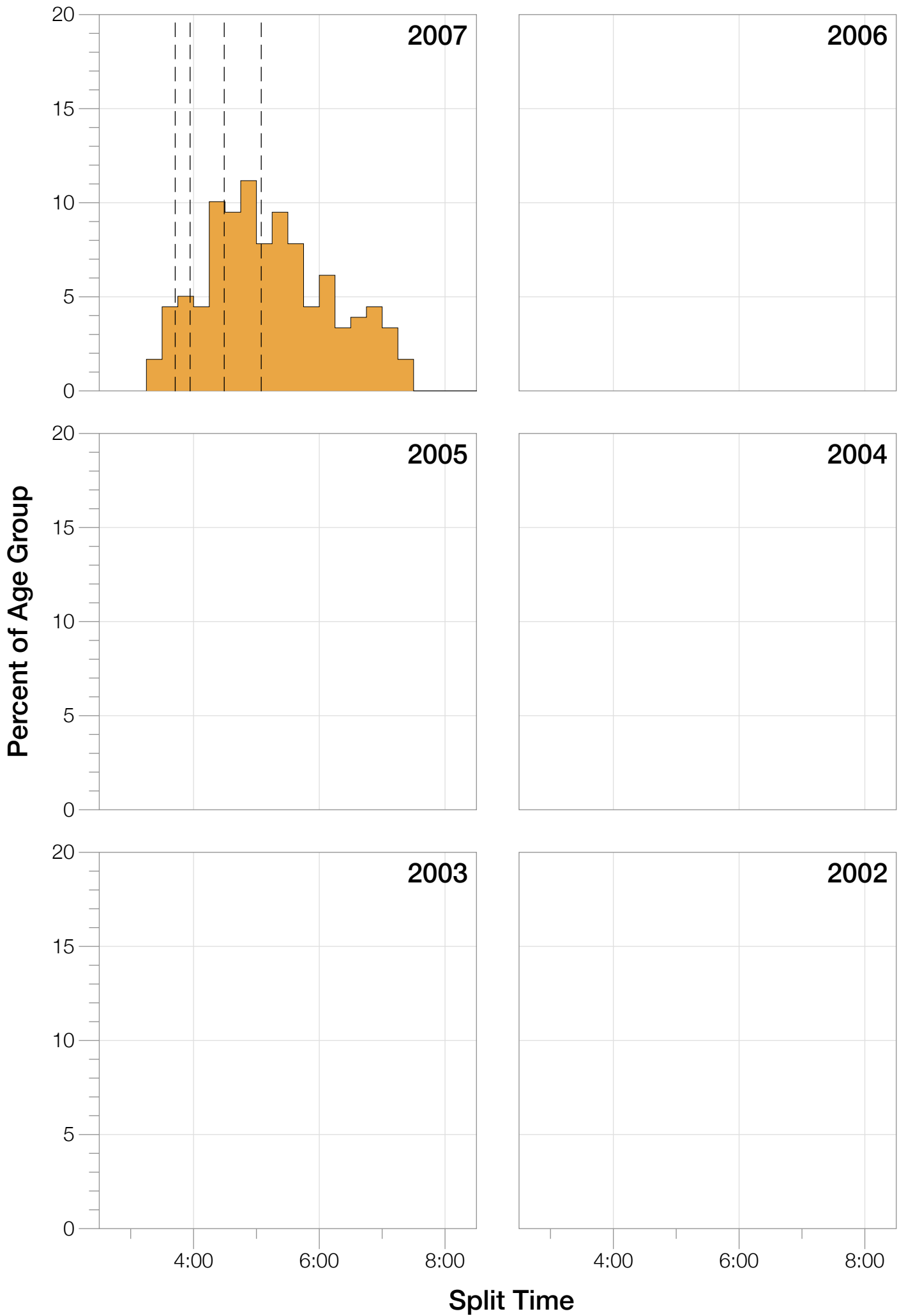
M30-34 Bike



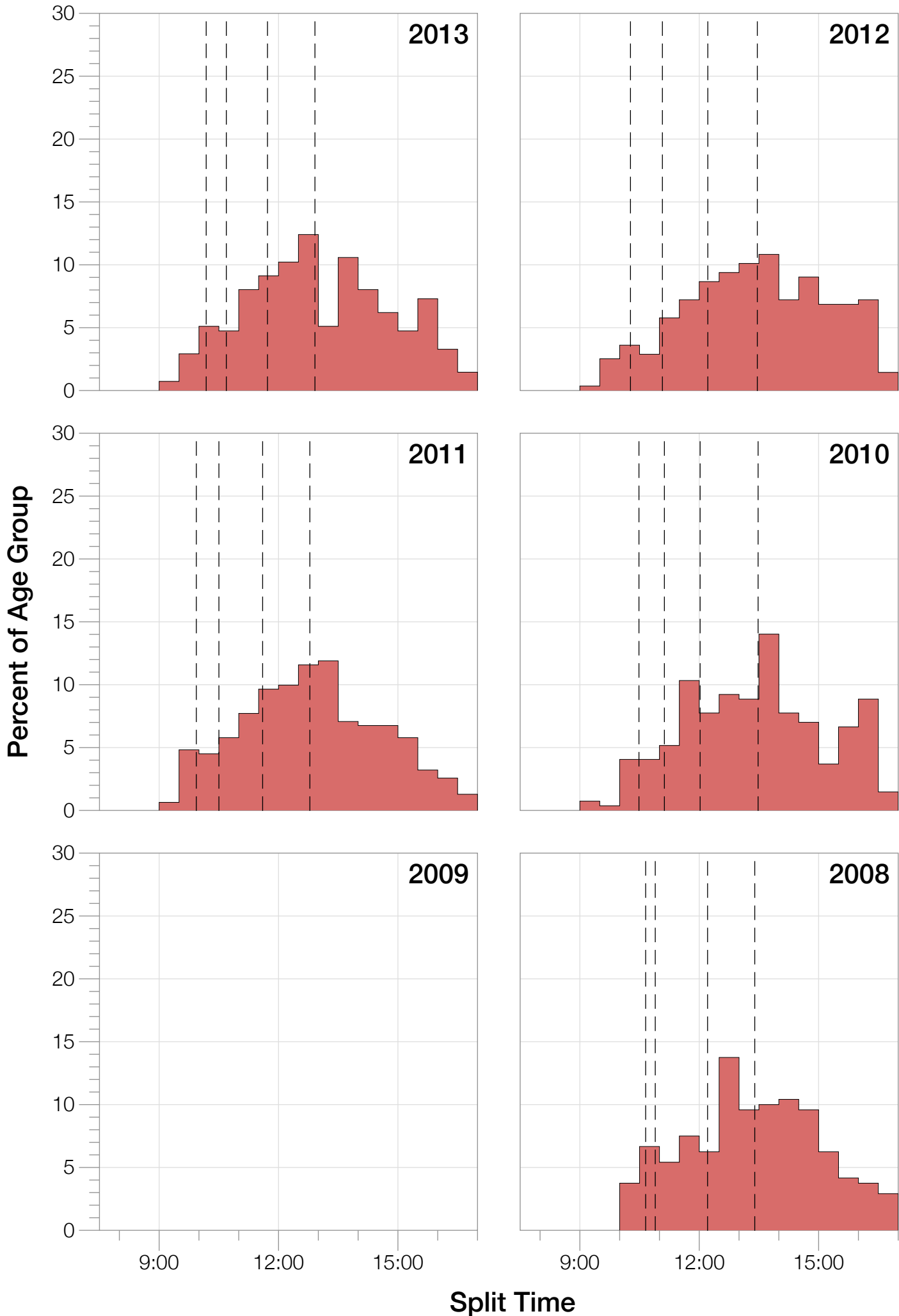
M30-34 Run



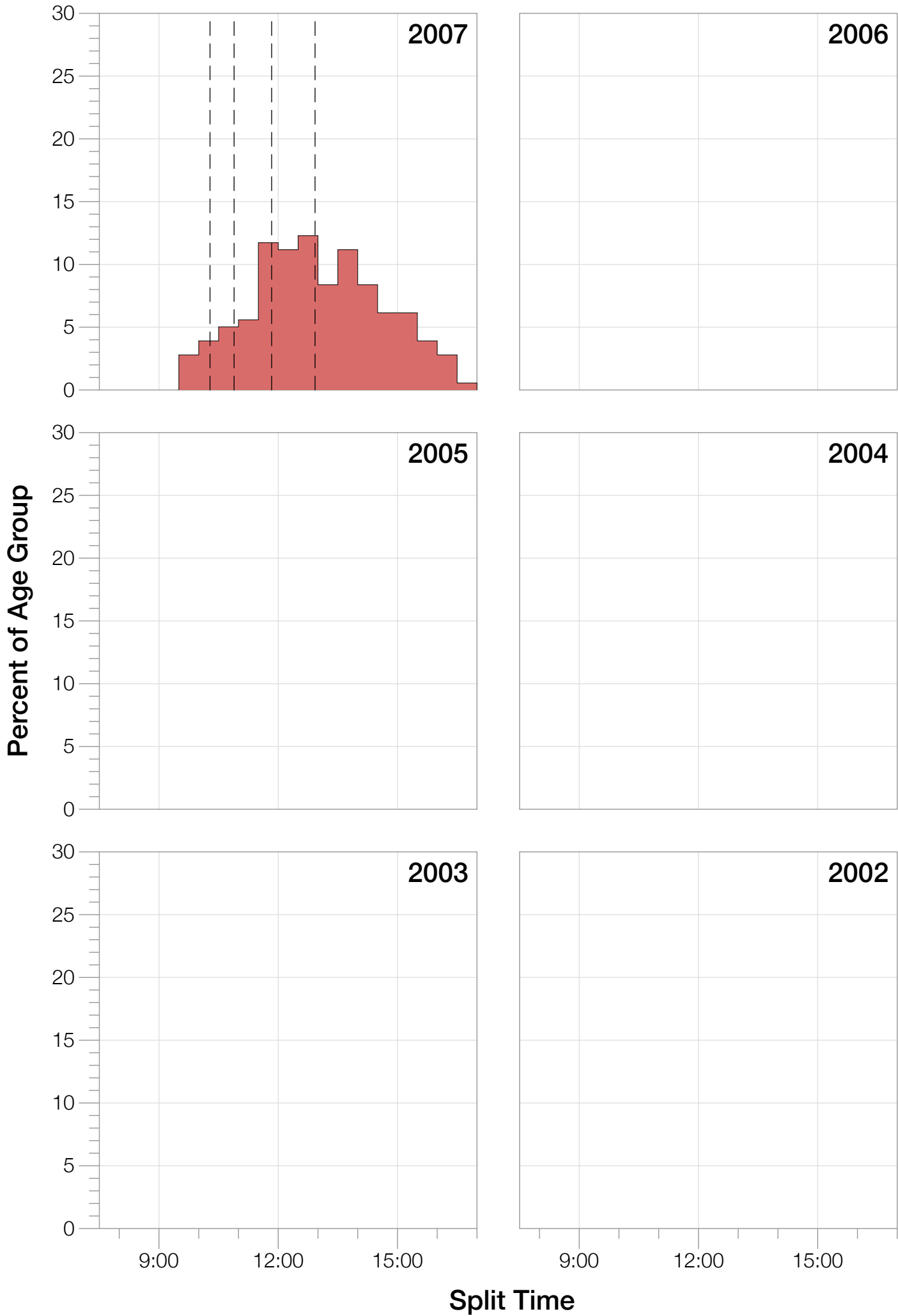
M30-34 Run



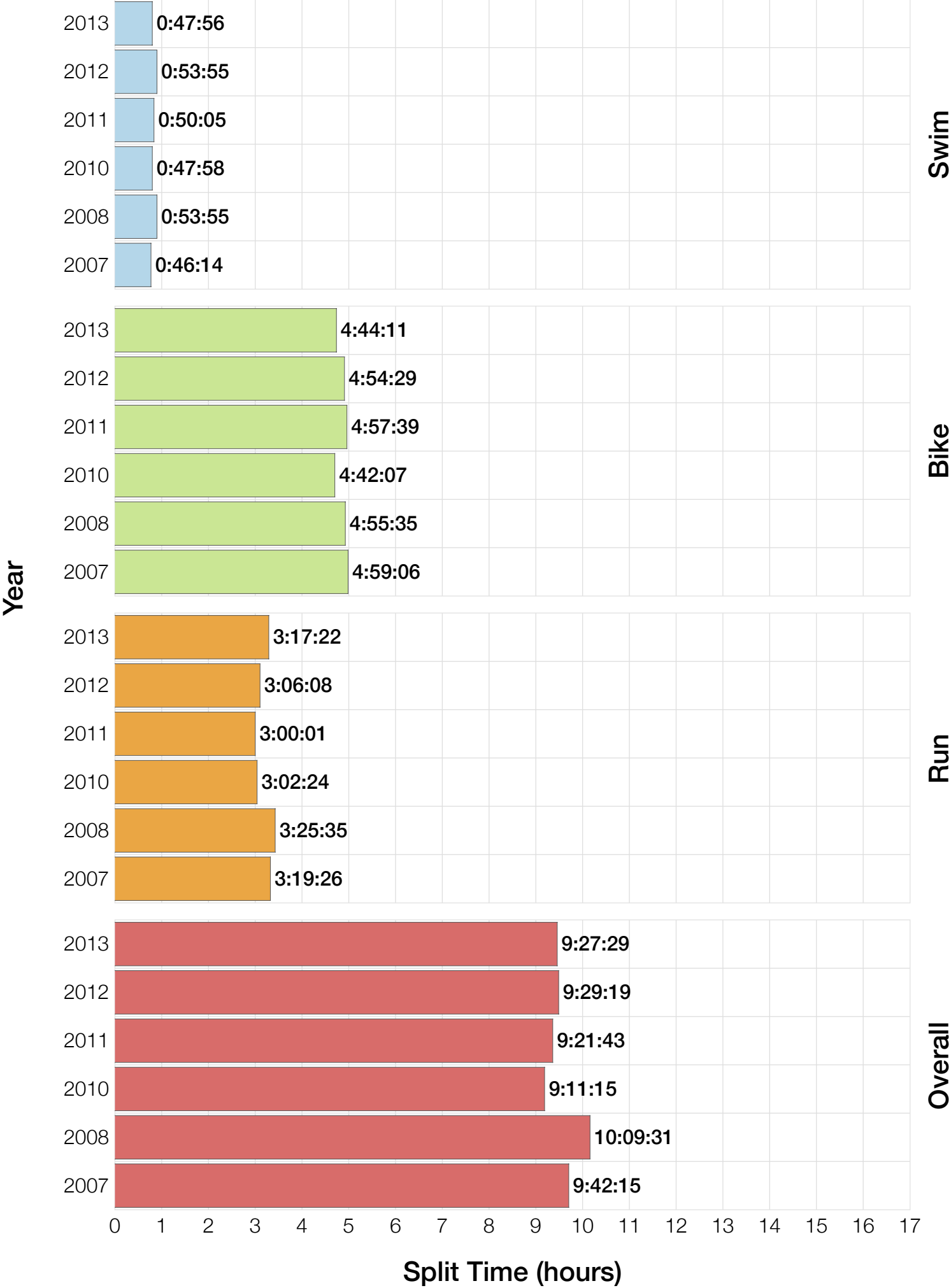
M30-34 Overall



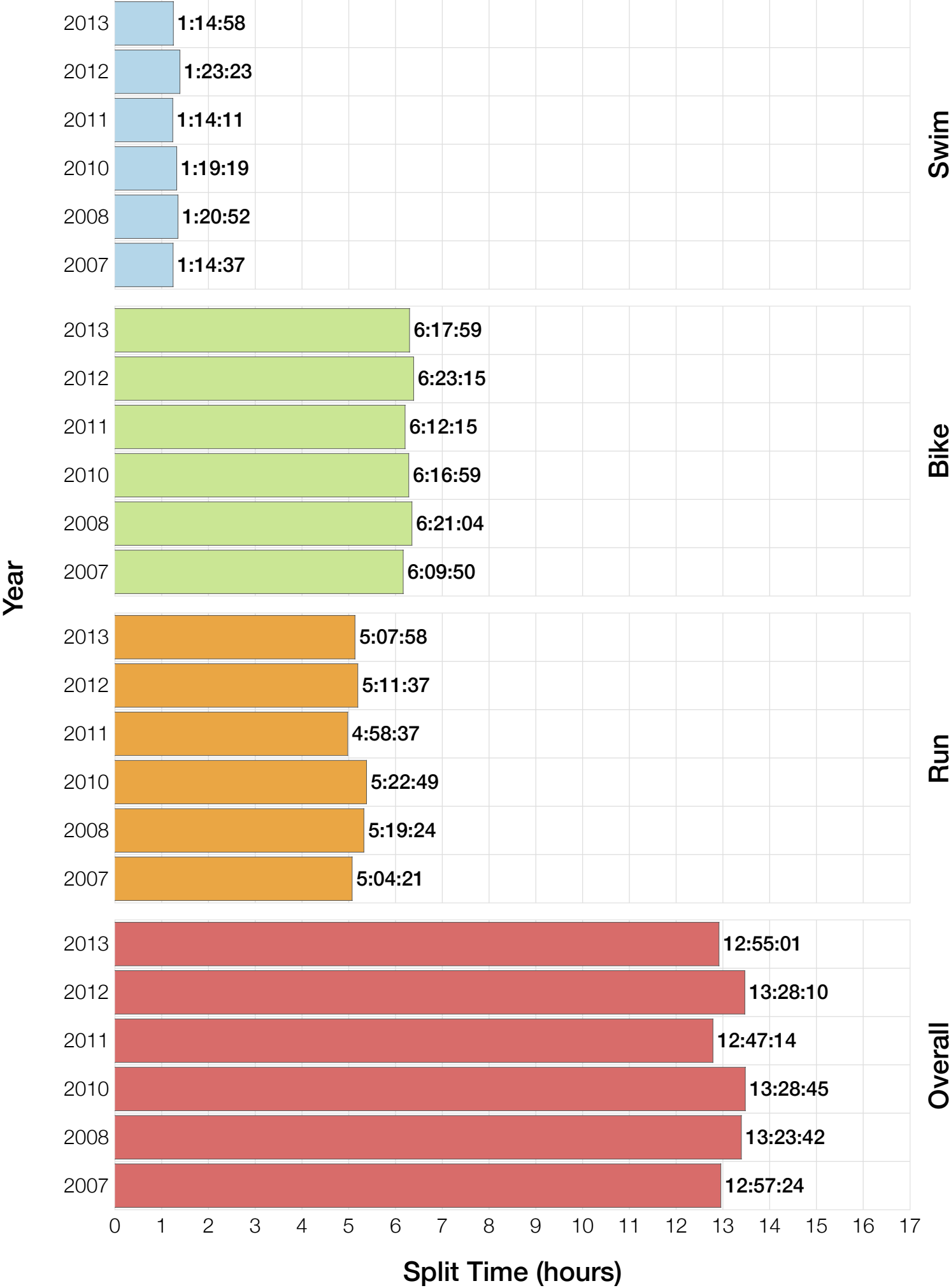
M30-34 Overall



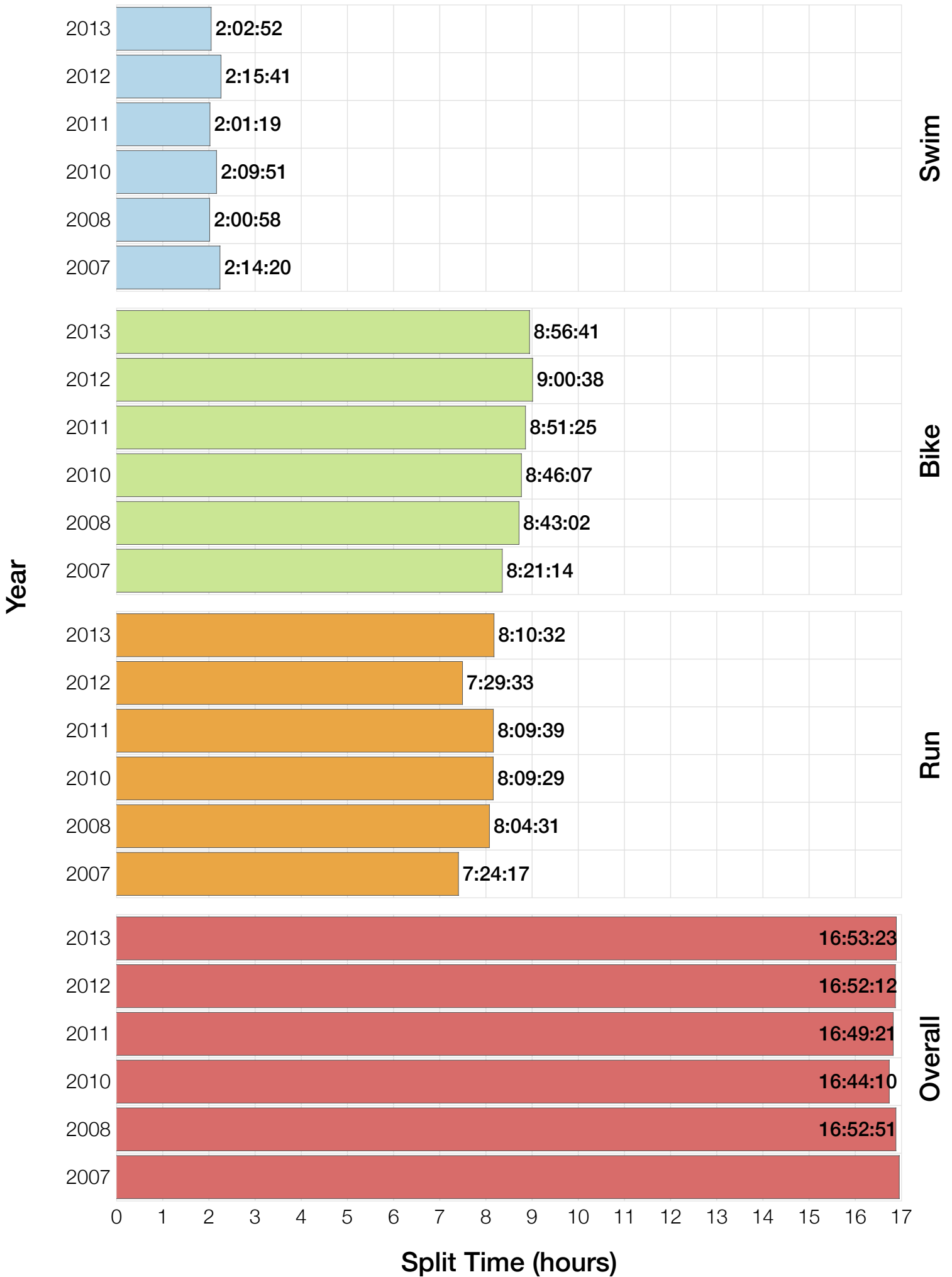
M30-34 Fastest Splits



M30-34 Median Splits

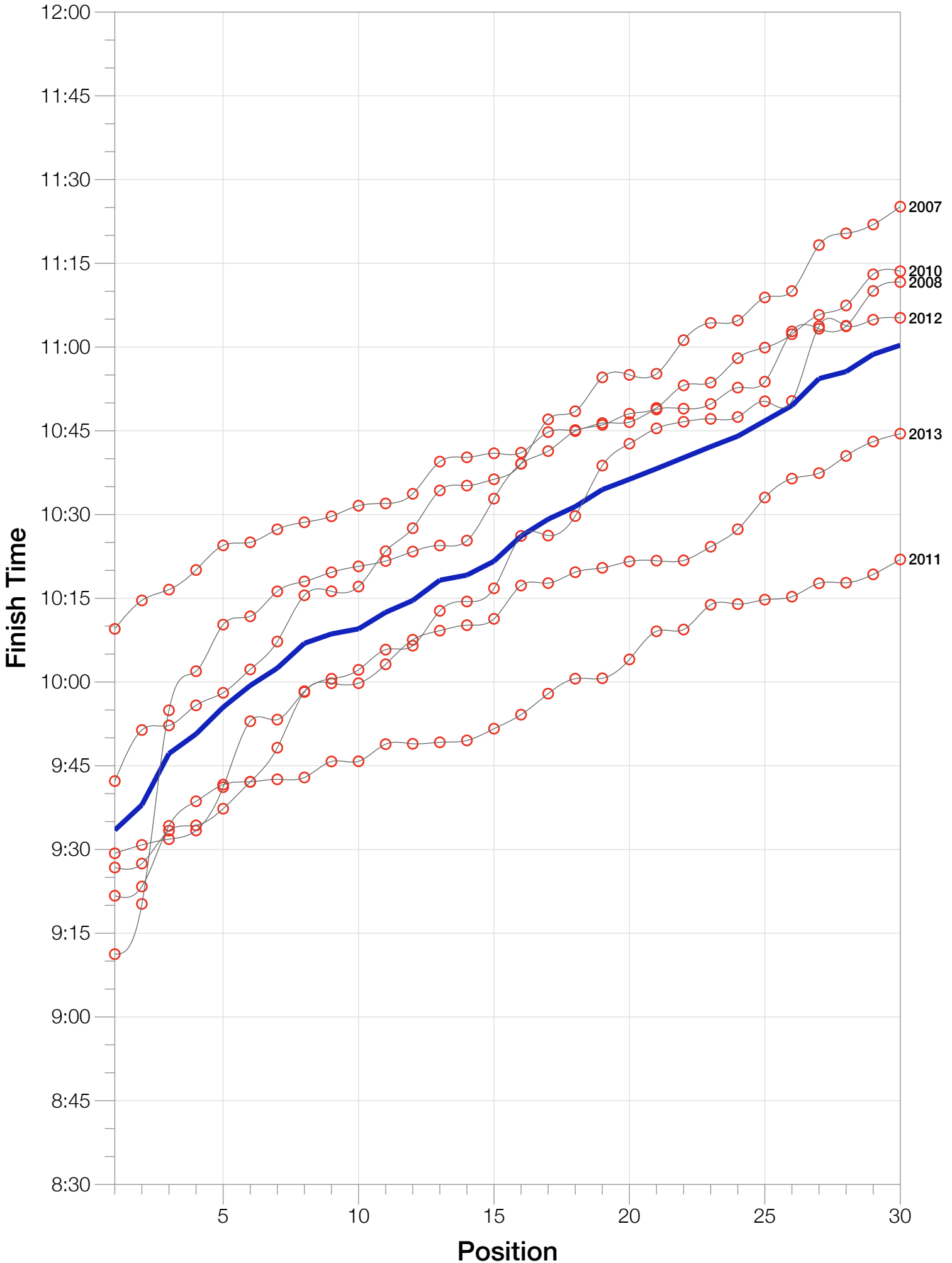


M30-34 Slowest Splits



M30-34 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:53:09	4:36:32	2:56:49	8:31:25
Average Female Winner	0:54:21	5:15:23	3:18:02	9:33:34
Average 1st Age Grouper	1:00:36	5:04:34	3:22:10	9:33:28
Average 2nd Age Grouper	1:06:36	5:00:14	3:23:04	9:37:59
Average 3rd Age Grouper	1:02:45	5:11:35	3:25:14	9:47:11
Average 4th Age Grouper	0:59:57	5:12:11	3:30:33	9:50:41
Average 5th Age Grouper	1:08:49	5:06:09	3:32:57	9:55:29
Average 6th Age Grouper	1:03:25	5:19:02	3:29:47	9:59:22
Average 7th Age Grouper	1:04:59	5:16:01	3:34:43	10:02:29
Average 8th Age Grouper	1:03:22	5:15:55	3:38:37	10:06:56
Average 9th Age Grouper	0:59:30	5:16:07	3:44:18	10:08:37
Average 10th Age Grouper	1:02:59	5:19:30	3:37:16	10:09:31
Kona Qualifier Average	1:03:45	5:07:01	3:26:48	9:44:57
Top 10 Age Grouper Average	1:03:18	5:12:15	3:31:52	9:55:10

Louisville 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:56	4:29:14	2:57:56	8:21:34
Female Winner	0:49:03	5:13:32	3:20:29	9:29:02
1st Age Grouper	0:56:36		3:21:07	9:26:46
2nd Age Grouper	1:06:39	4:45:44	3:28:03	9:27:29
3rd Age Grouper	0:56:46	5:11:13	3:18:34	9:33:22
4th Age Grouper	0:57:08	5:11:27	3:17:22	9:34:19
5th Age Grouper	1:15:53	4:44:11	3:30:45	9:37:18
6th Age Grouper	1:04:10	5:07:16	3:23:58	9:42:06
7th Age Grouper	0:59:21	5:09:01	3:33:03	9:48:14
8th Age Grouper	1:03:33	5:23:29	3:18:14	9:58:12
9th Age Grouper	0:59:43	4:58:14	3:52:39	9:59:47
10th Age Grouper	0:59:54	5:13:39	3:37:21	9:59:47
Kona Qualifier Average	1:02:36	4:58:08	3:23:10	9:31:50
Top 10 Age Grouper Average	1:01:58	5:04:54	3:28:06	9:42:44

Louisville 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:58:15	4:33:31	3:06:01	8:42:44
Female Winner	0:56:21	5:12:18	3:22:03	9:36:27
1st Age Grouper	1:03:44	5:07:04	3:12:39	9:29:19
2nd Age Grouper	1:04:37	4:54:29	3:25:42	9:30:49
3rd Age Grouper	0:56:26	5:05:07	3:23:49	9:31:51
4th Age Grouper	0:58:14	5:21:57	3:06:08	9:33:24
5th Age Grouper	1:04:26	5:12:52	3:17:11	9:41:10
6th Age Grouper	1:09:44	5:24:28	3:12:19	9:52:58
7th Age Grouper	1:07:10	5:23:36	3:16:02	9:53:16
8th Age Grouper	1:08:59	5:09:43	3:31:51	9:58:21
9th Age Grouper	0:55:48	5:13:51	3:42:33	10:00:35
10th Age Grouper	1:04:37	5:18:05	3:31:19	10:02:11
Kona Qualifier Average	1:01:29	5:08:17	3:17:05	9:33:18
Top 10 Age Grouper Average	1:03:22	5:13:07	3:21:57	9:45:23

Louisville 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:47	4:35:45	2:55:22	8:27:36
Female Winner	0:50:14	5:22:47	3:19:17	9:38:14
1st Age Grouper	0:55:10	5:02:53	3:17:23	9:21:43
2nd Age Grouper	1:02:24	5:03:23	3:10:28	9:23:22
3rd Age Grouper	1:07:57	5:20:03	3:00:01	9:34:14
4th Age Grouper	0:57:53	4:57:39	3:37:15	9:38:38
5th Age Grouper	1:03:50	5:03:34	3:25:19	9:41:37
6th Age Grouper	1:00:38	5:09:31	3:23:48	9:42:08
7th Age Grouper	1:02:12	5:05:05	3:28:40	9:42:34
8th Age Grouper	1:05:56	5:05:52	3:22:48	9:42:54
9th Age Grouper	0:50:09	5:12:46	3:34:10	9:45:46
10th Age Grouper	0:56:07	5:16:01	3:25:49	9:45:48
Kona Qualifier Average	1:01:26	5:05:30	3:18:05	9:31:54
Top 10 Age Grouper Average	1:00:13	5:07:40	3:22:34	9:37:52

Louisville 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:39	4:31:36	3:05:09	8:29:59
Female Winner	0:55:36	5:08:25	3:23:50	9:33:15
1st Age Grouper	1:01:59	5:00:34	3:02:24	9:11:15
2nd Age Grouper	1:20:23	4:42:07	3:04:23	9:20:15
3rd Age Grouper	1:07:28	5:10:02	3:29:59	9:54:56
4th Age Grouper	1:09:20	5:18:37	3:22:59	10:01:56
5th Age Grouper	1:05:55	5:09:51	3:48:17	10:10:17
6th Age Grouper	1:05:13	5:13:35	3:46:22	10:11:46
7th Age Grouper	1:09:58	5:18:06	3:40:49	10:16:14
8th Age Grouper	1:00:27	5:14:59	3:56:43	10:18:01
9th Age Grouper	0:58:29	5:26:16	3:44:14	10:19:39
10th Age Grouper	1:06:33	5:22:15	3:38:40	10:20:43
Kona Qualifier Average	1:09:01	5:04:14	3:21:36	9:43:43
Top 10 Age Grouper Average	1:06:34	5:11:38	3:33:29	10:00:30

Louisville 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:59:35	4:41:42	2:48:55	8:33:58
Female Winner	1:03:39	5:27:21	3:18:15	9:54:17
1st Age Grouper	1:10:47	5:01:39	3:51:46	10:09:31
2nd Age Grouper	1:06:10	5:27:49	3:34:37	10:14:37
3rd Age Grouper	1:01:41	5:24:02	3:43:45	10:16:33
4th Age Grouper	0:56:27	4:55:35	4:20:11	10:20:04
5th Age Grouper	1:22:37	5:06:24	3:47:34	10:24:28
6th Age Grouper	1:04:00	5:40:40	3:33:32	10:25:01
7th Age Grouper	1:10:15	5:25:06	3:46:50	10:27:21
8th Age Grouper	1:04:01	5:28:12	3:45:37	10:28:37
9th Age Grouper	1:06:35	5:19:18	3:57:11	10:29:41
10th Age Grouper	1:06:40	5:19:16	3:56:02	10:31:35
Kona Qualifier Average	1:07:32	5:11:05	3:51:34	10:17:02
Top 10 Age Grouper Average	1:06:55	5:18:48	3:49:42	10:22:44

Louisville 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:54	4:39:57	3:00:34	8:38:39
Female Winner	0:52:38	5:08:49	3:14:48	9:23:22
1st Age Grouper	0:55:24	5:10:41	3:27:42	9:42:15
2nd Age Grouper	0:59:26	5:07:57	3:35:16	9:51:24
3rd Age Grouper	1:06:15	4:59:06	3:35:18	9:52:13
4th Age Grouper	1:00:44	5:27:53	3:19:26	9:55:49
5th Age Grouper	1:00:16	5:20:02	3:28:37	9:58:04
6th Age Grouper	0:56:46	5:18:44	3:38:43	10:02:15
7th Age Grouper	1:00:59	5:15:13	3:42:55	10:07:15
8th Age Grouper	0:57:20	5:13:15	3:56:30	10:15:32
9th Age Grouper	1:06:18	5:26:20	3:35:01	10:16:15
10th Age Grouper	1:04:03	5:27:45	3:34:29	10:17:06
Kona Qualifier Average	1:00:25	5:13:07	3:29:15	9:51:57
Top 10 Age Grouper Average	1:00:45	5:16:41	3:35:23	10:01:48