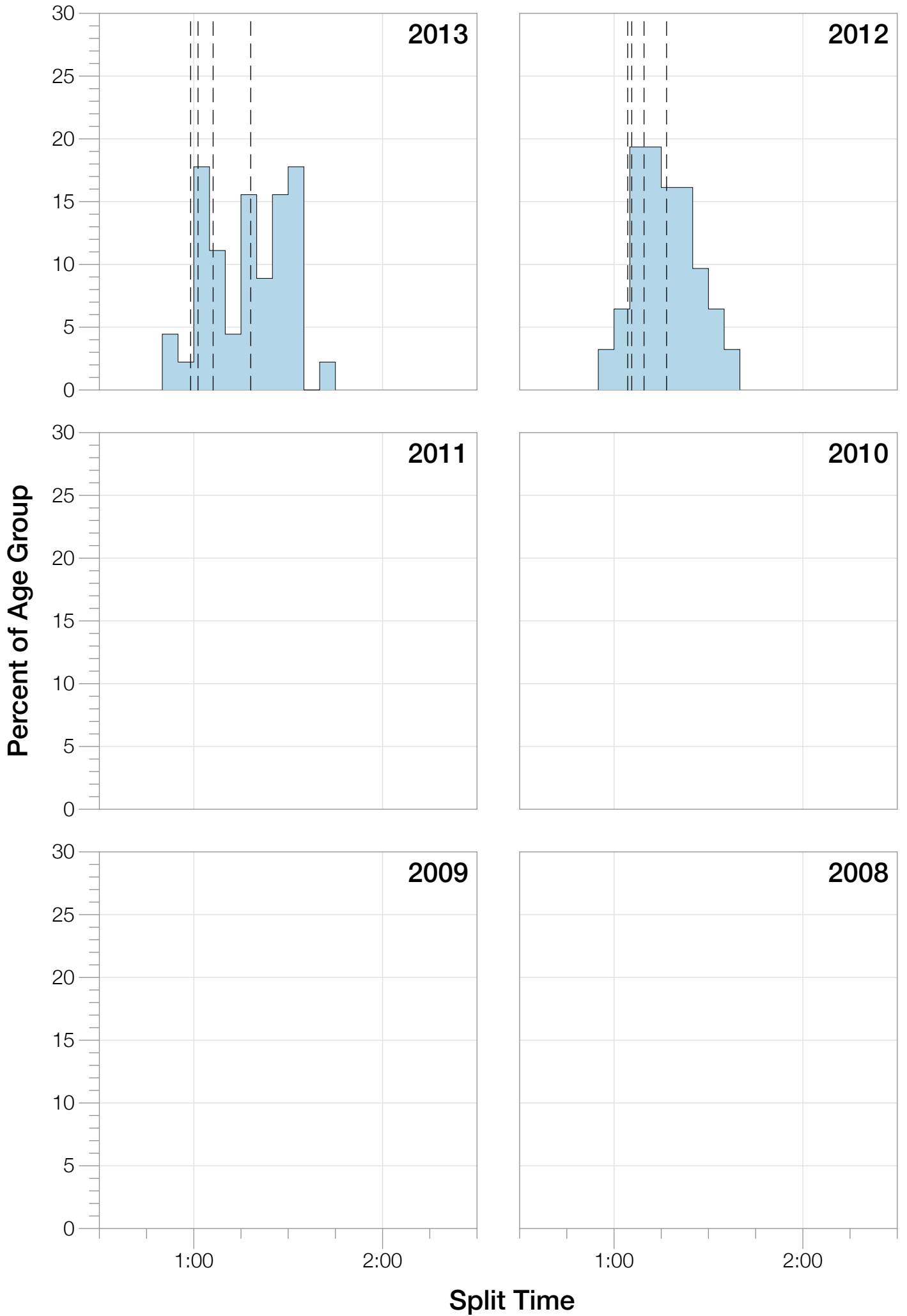


Ironman Mont-Tremblant F25-29 Stats

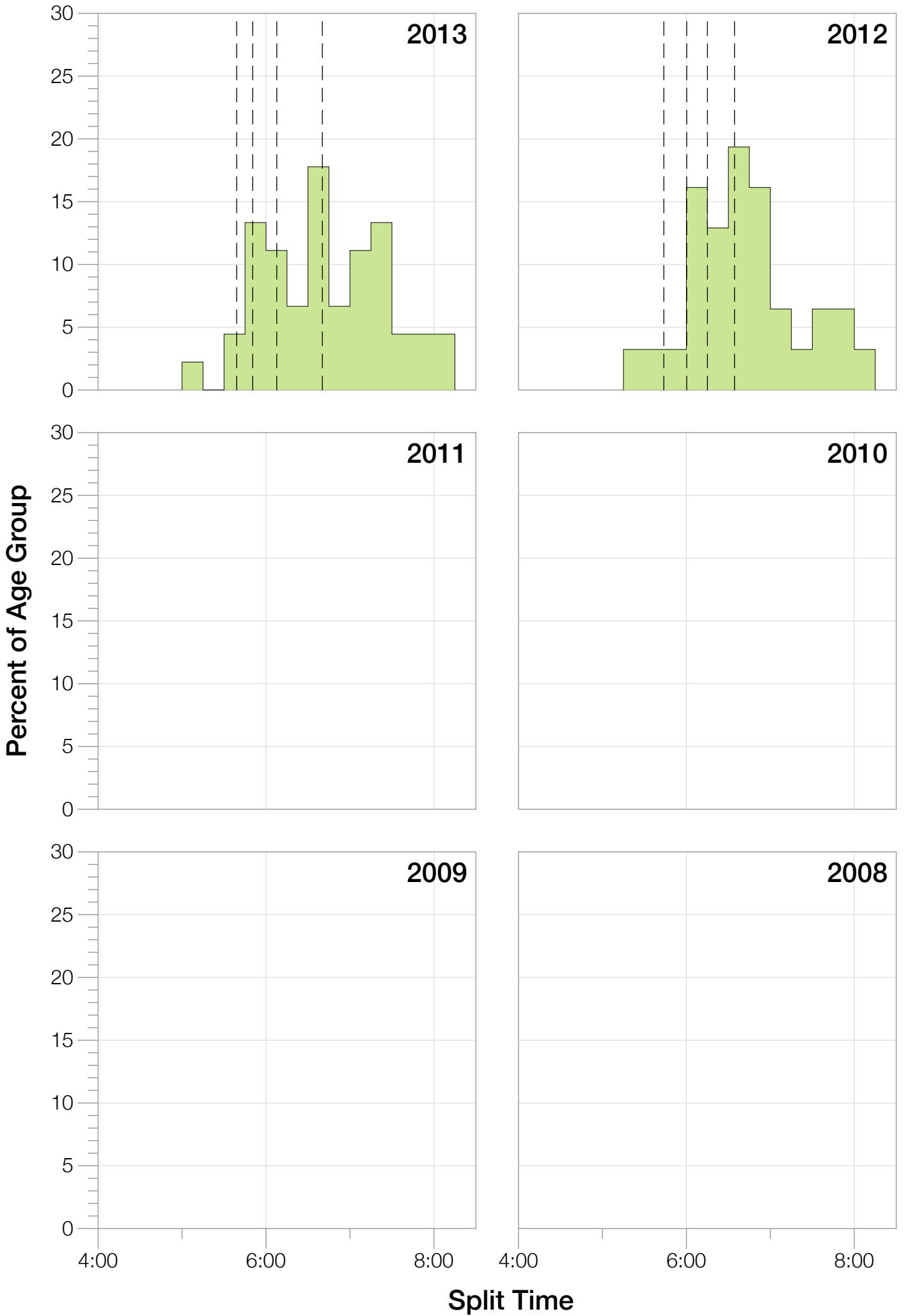
F25-29 Summary Statistics

| Year | Finishers | F25-29 Finishers | Male Winner's Time | Female Winner's Time | F25-29 Winner's Time |
|----------------|------------------|-------------------------|---------------------------|-----------------------------|-----------------------------|
| 2012 | 2099 | 31 | 8:40:48 | 9:30:46 | 10:15:30 |
| 2013 | 2119 | 45 | 8:26:06 | 9:07:56 | 9:33:05 |
| Average | 2109 | 38 | 8:33:27 | 9:19:21 | 9:54:17 |

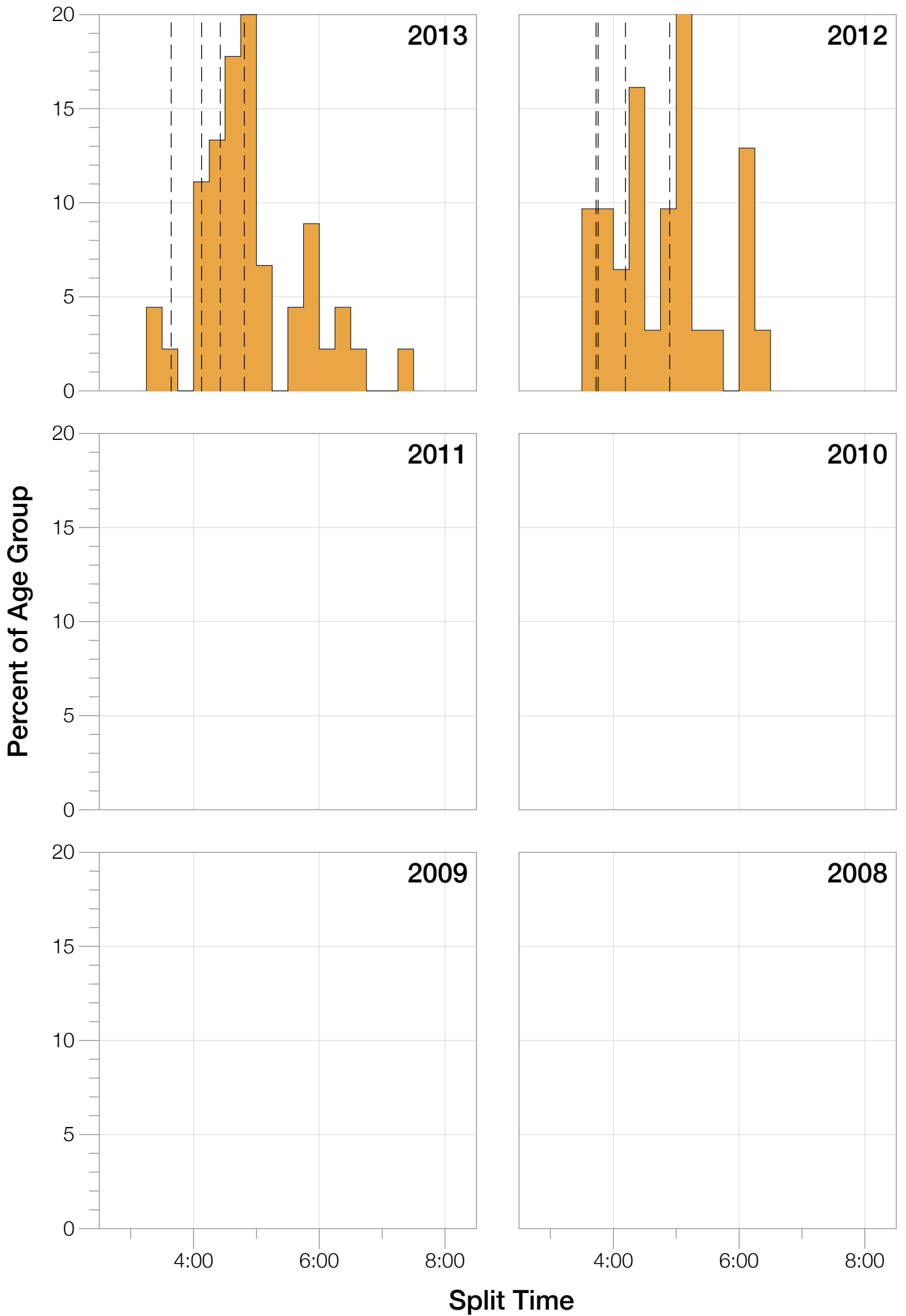
F25-29 Swim



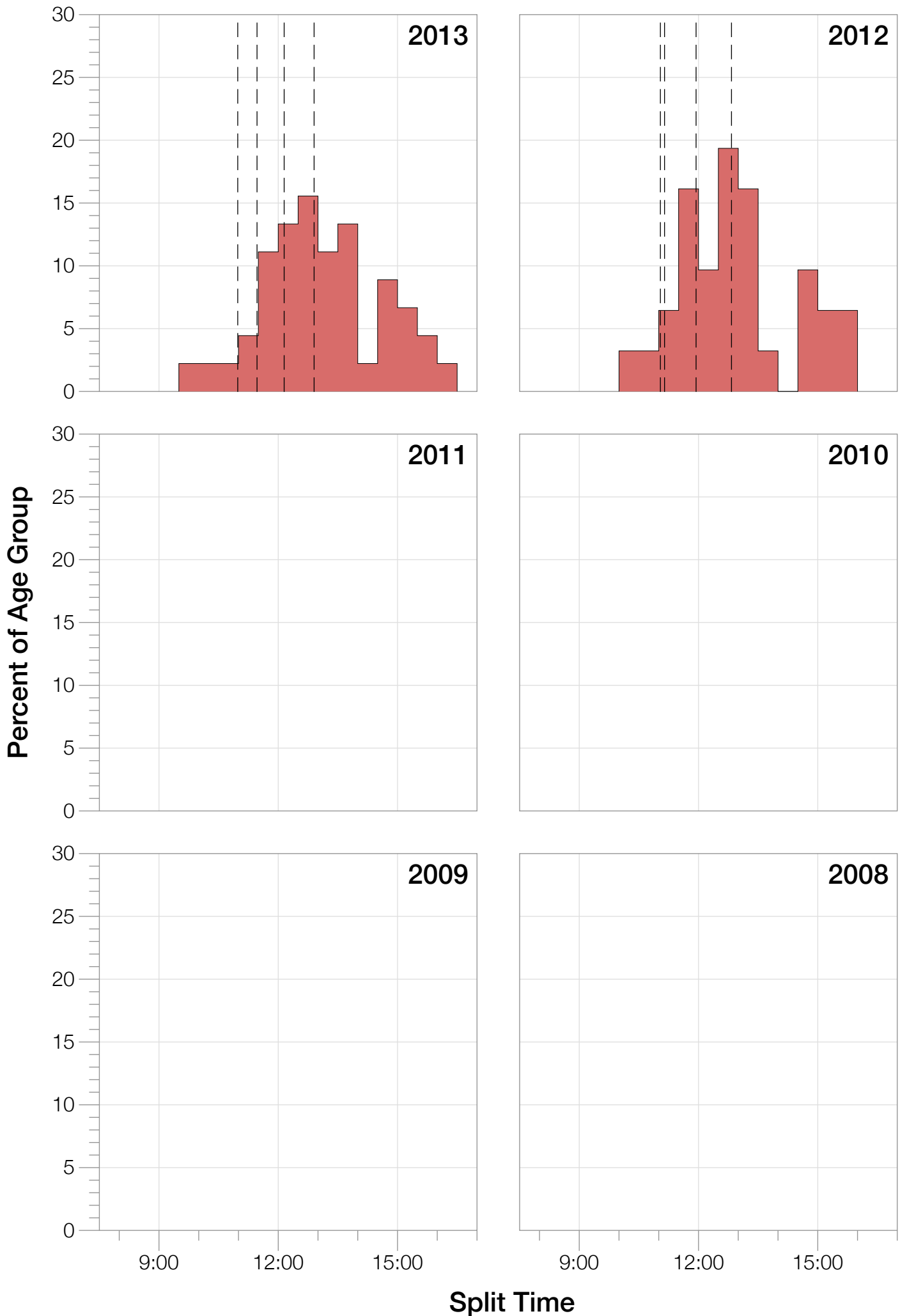
F25-29 Bike



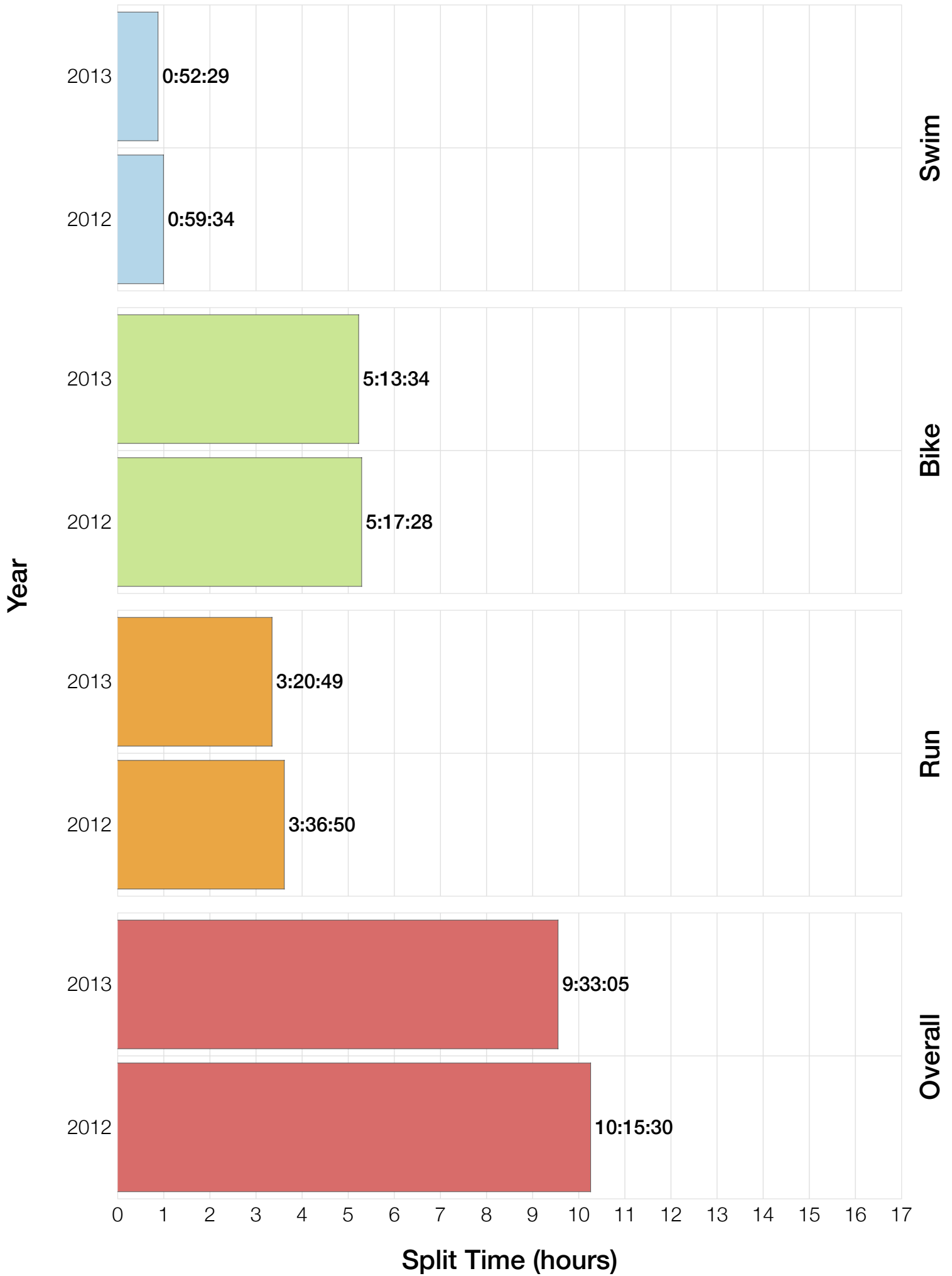
F25-29 Run



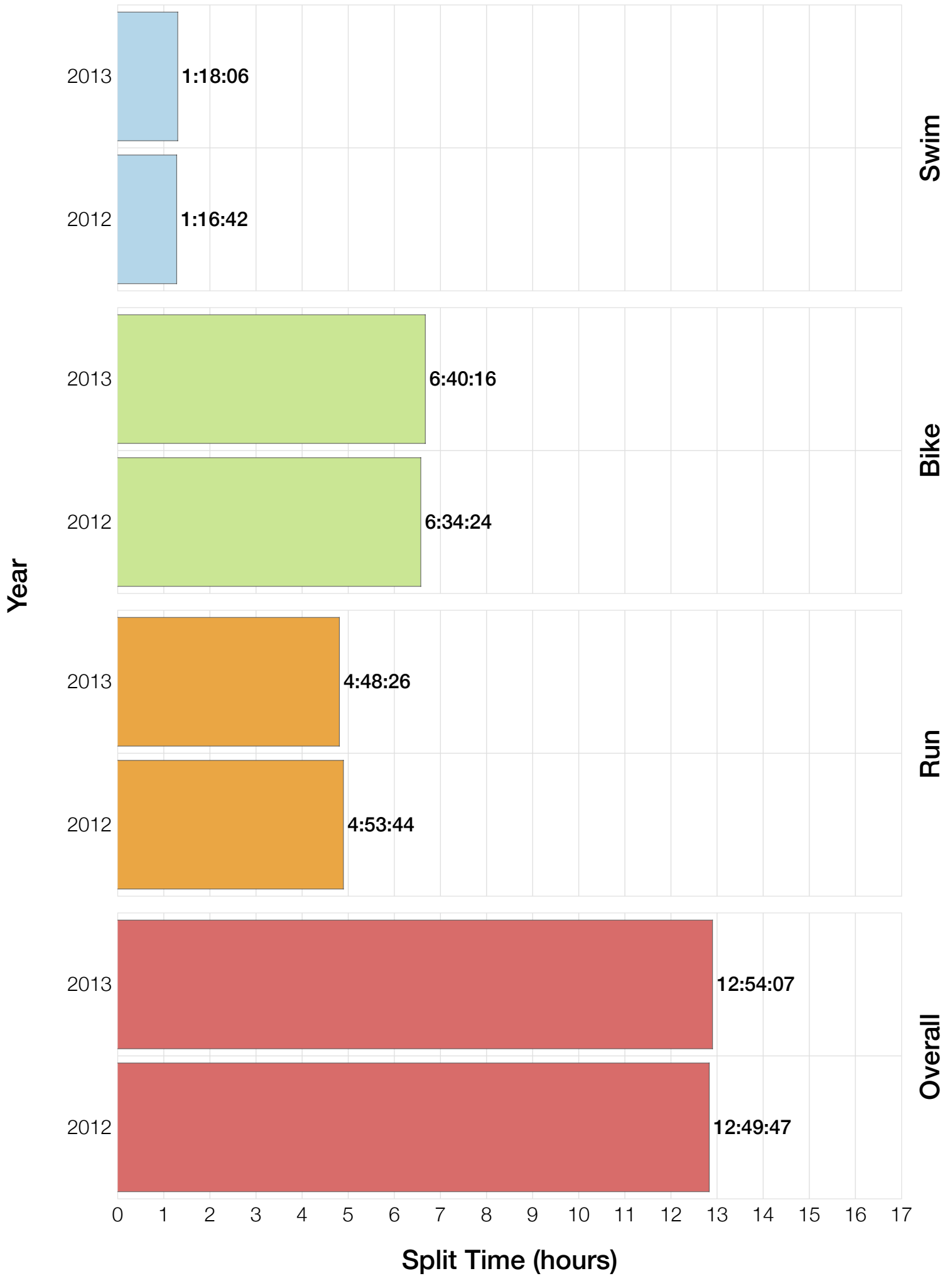
F25-29 Overall



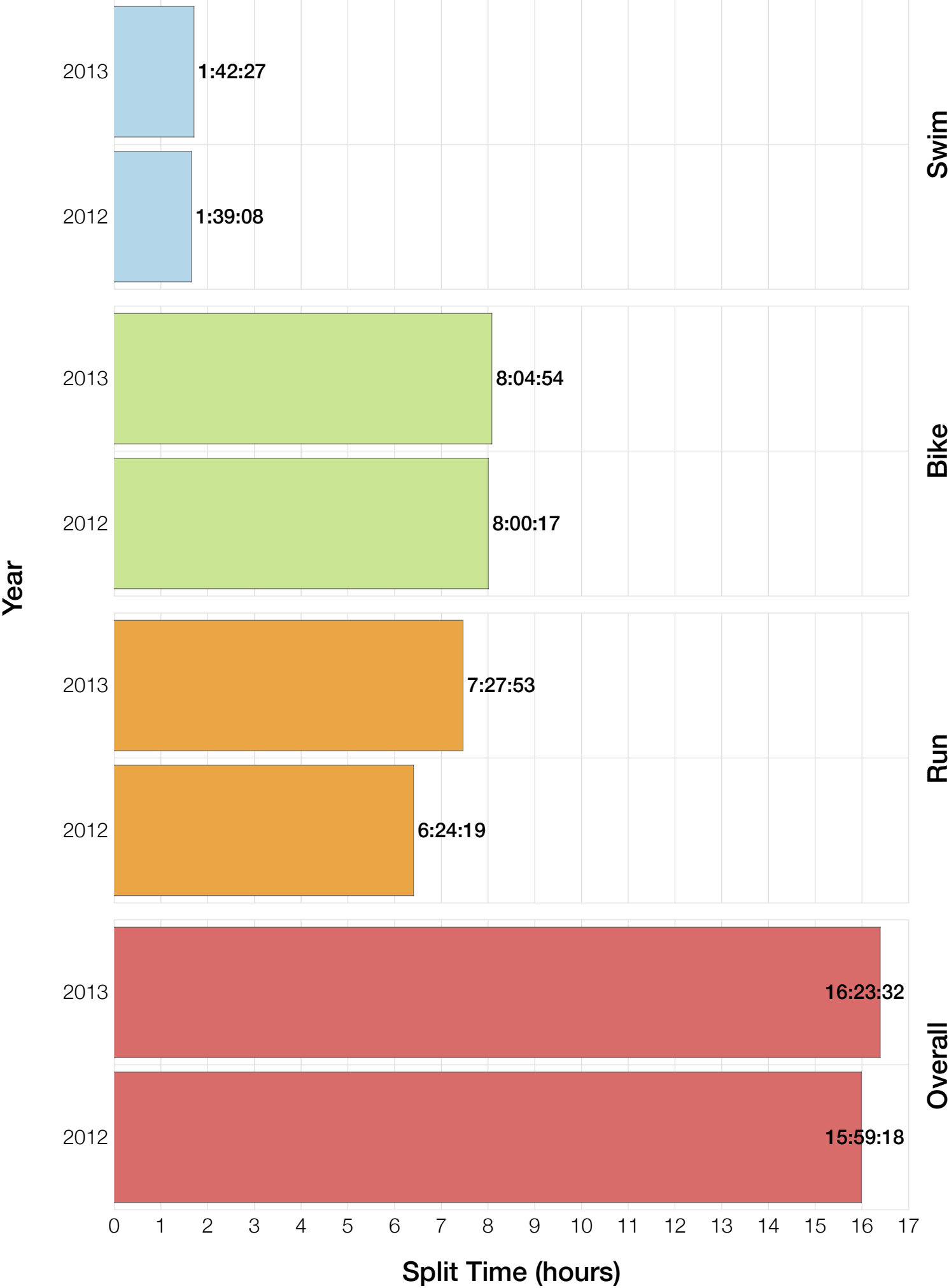
F25-29 Fastest Splits



F25-29 Median Splits

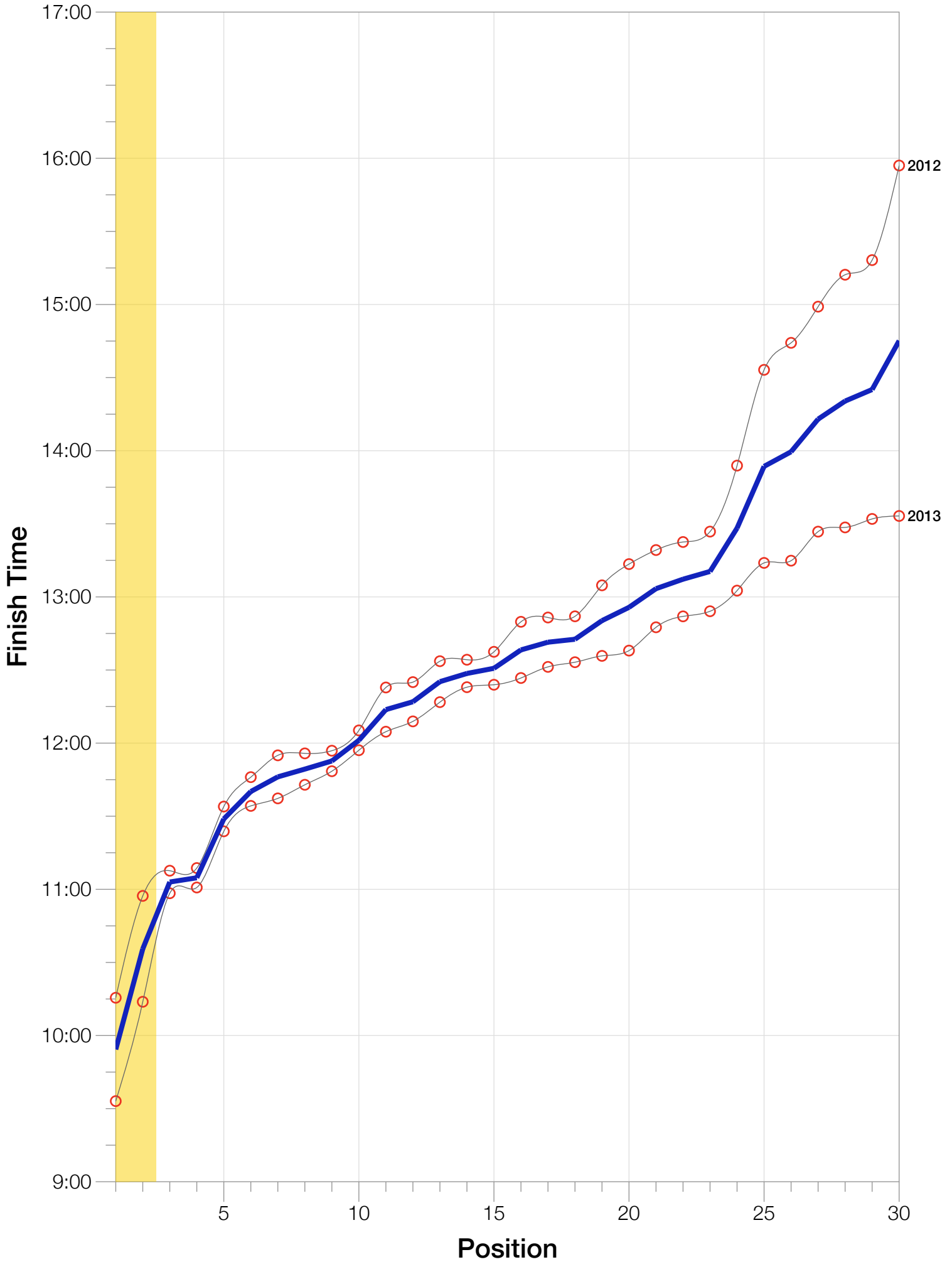


F25-29 Slowest Splits



F25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Average Male Winner | 0:49:36 | 4:35:56 | 3:03:08 | 8:33:27 |
| Average Female Winner | 0:59:38 | 5:02:24 | 3:12:11 | 9:19:21 |
| Average 1st Age Grouper | 0:59:03 | 5:15:31 | 3:32:49 | 9:54:17 |
| Average 2nd Age Grouper | 1:02:45 | 5:37:13 | 3:48:50 | 10:35:34 |
| Average 3rd Age Grouper | 1:04:30 | 5:57:33 | 3:52:18 | 11:03:00 |
| Average 4th Age Grouper | 1:17:21 | 6:03:44 | 3:32:45 | 11:04:44 |
| Average 5th Age Grouper | 1:12:37 | 6:08:10 | 3:58:58 | 11:28:53 |
| Average 6th Age Grouper | 1:11:53 | 6:16:11 | 4:01:30 | 11:40:08 |
| Average 7th Age Grouper | 1:11:57 | 6:07:19 | 4:14:27 | 11:46:09 |
| Average 8th Age Grouper | 1:07:28 | 6:13:30 | 4:11:31 | 11:49:20 |
| Average 9th Age Grouper | 1:22:48 | 6:04:25 | 4:15:27 | 11:52:40 |
| Average 10th Age Grouper | 1:14:38 | 5:42:03 | 4:55:53 | 12:01:09 |
| Kona Qualifier Average | 1:00:54 | 5:26:22 | 3:40:49 | 10:14:56 |
| Top 10 Age Grouper Average | 1:10:30 | 5:56:34 | 4:02:26 | 11:19:35 |

Mont-Tremblant 2013

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:47:50 | 4:36:36 | 2:57:08 | 8:26:06 |
| Female Winner | 0:51:43 | 4:58:18 | 3:12:47 | 9:07:56 |
| 1st Age Grouper | 0:52:29 | 5:13:34 | 3:20:49 | 9:33:05 |
| 2nd Age Grouper | 1:01:31 | 5:33:18 | 3:32:43 | 10:13:51 |
| 3rd Age Grouper | 1:02:33 | 5:45:18 | 4:02:28 | 10:58:23 |
| 4th Age Grouper | 1:21:07 | 5:58:25 | 3:28:41 | 11:00:45 |
| 5th Age Grouper | 1:01:52 | 6:07:41 | 4:05:42 | 11:23:48 |
| 6th Age Grouper | 1:06:20 | 6:00:25 | 4:17:31 | 11:34:14 |
| 7th Age Grouper | 1:04:48 | 5:54:17 | 4:25:40 | 11:37:19 |
| 8th Age Grouper | 0:54:57 | 6:06:46 | 4:23:57 | 11:42:54 |
| 9th Age Grouper | 1:26:07 | 5:59:59 | 4:10:33 | 11:48:28 |
| 10th Age Grouper | 1:19:22 | 5:37:29 | 4:51:20 | 11:57:05 |
| Kona Qualifier Average | 0:57:00 | 5:23:26 | 3:26:46 | 9:53:28 |
| Top 10 Age Grouper Average | 1:07:06 | 5:49:43 | 4:03:56 | 11:10:59 |

Mont-Tremblant 2012

| Position | Swim Time | Bike Time | Run Time | Overall Time |
|-----------------------------------|----------------|----------------|----------------|-----------------|
| Male Winner | 0:51:22 | 4:35:17 | 3:09:09 | 8:40:48 |
| Female Winner | 1:07:33 | 5:06:31 | 3:11:35 | 9:30:46 |
| 1st Age Grouper | 1:05:38 | 5:17:28 | 3:44:50 | 10:15:30 |
| 2nd Age Grouper | 1:03:59 | 5:41:09 | 4:04:57 | 10:57:18 |
| 3rd Age Grouper | 1:06:28 | 6:09:48 | 3:42:08 | 11:07:38 |
| 4th Age Grouper | 1:13:36 | 6:09:03 | 3:36:50 | 11:08:44 |
| 5th Age Grouper | 1:23:22 | 6:08:39 | 3:52:14 | 11:33:58 |
| 6th Age Grouper | 1:17:26 | 6:31:58 | 3:45:29 | 11:46:02 |
| 7th Age Grouper | 1:19:07 | 6:20:22 | 4:03:14 | 11:54:59 |
| 8th Age Grouper | 1:20:00 | 6:20:15 | 3:59:05 | 11:55:47 |
| 9th Age Grouper | 1:19:30 | 6:08:52 | 4:20:22 | 11:56:53 |
| 10th Age Grouper | 1:09:55 | 5:46:37 | 5:00:26 | 12:05:13 |
| Kona Qualifier Average | 1:04:48 | 5:29:18 | 3:54:53 | 10:36:24 |
| Top 10 Age Grouper Average | 1:13:54 | 6:03:25 | 4:00:57 | 11:28:12 |