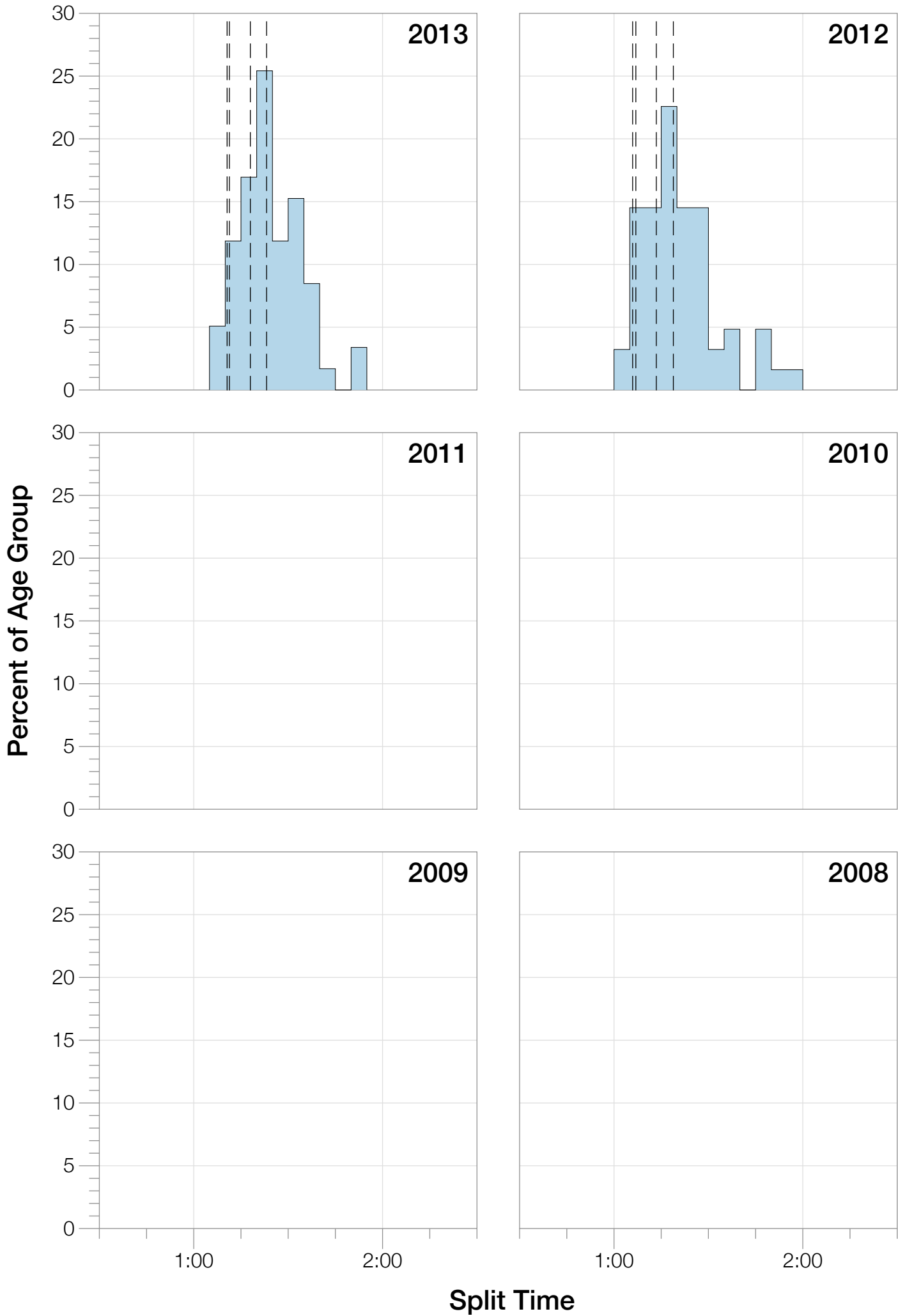


Ironman Mont-Tremblant F50-54 Stats

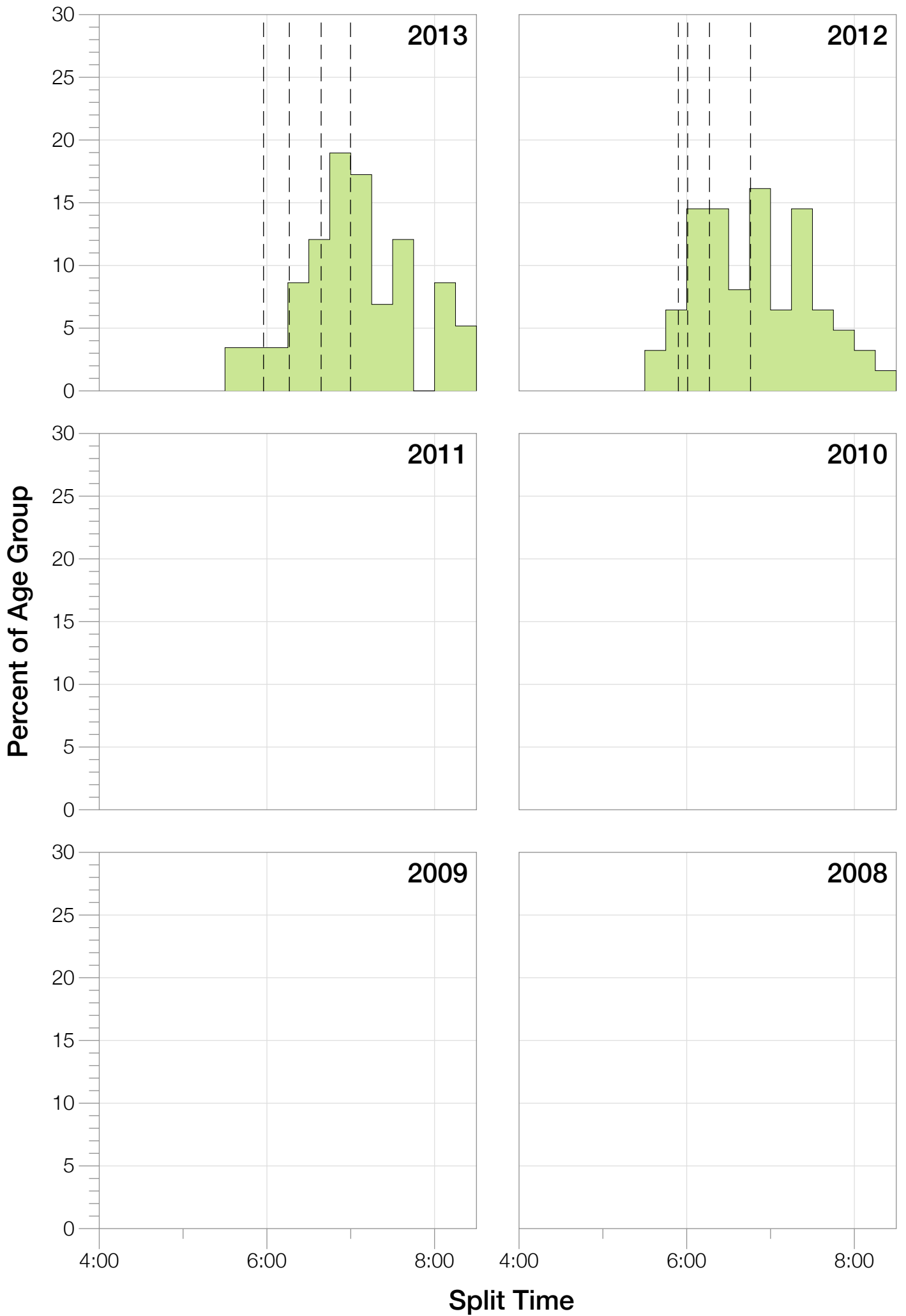
F50-54 Summary Statistics

Year	Finishers	F50-54 Finishers	Male Winner's Time	Female Winner's Time	F50-54 Winner's Time
2012	2099	62	8:40:48	9:30:46	11:08:29
2013	2119	59	8:26:06	9:07:56	10:50:31
Average	2109	61	8:33:27	9:19:21	10:59:30

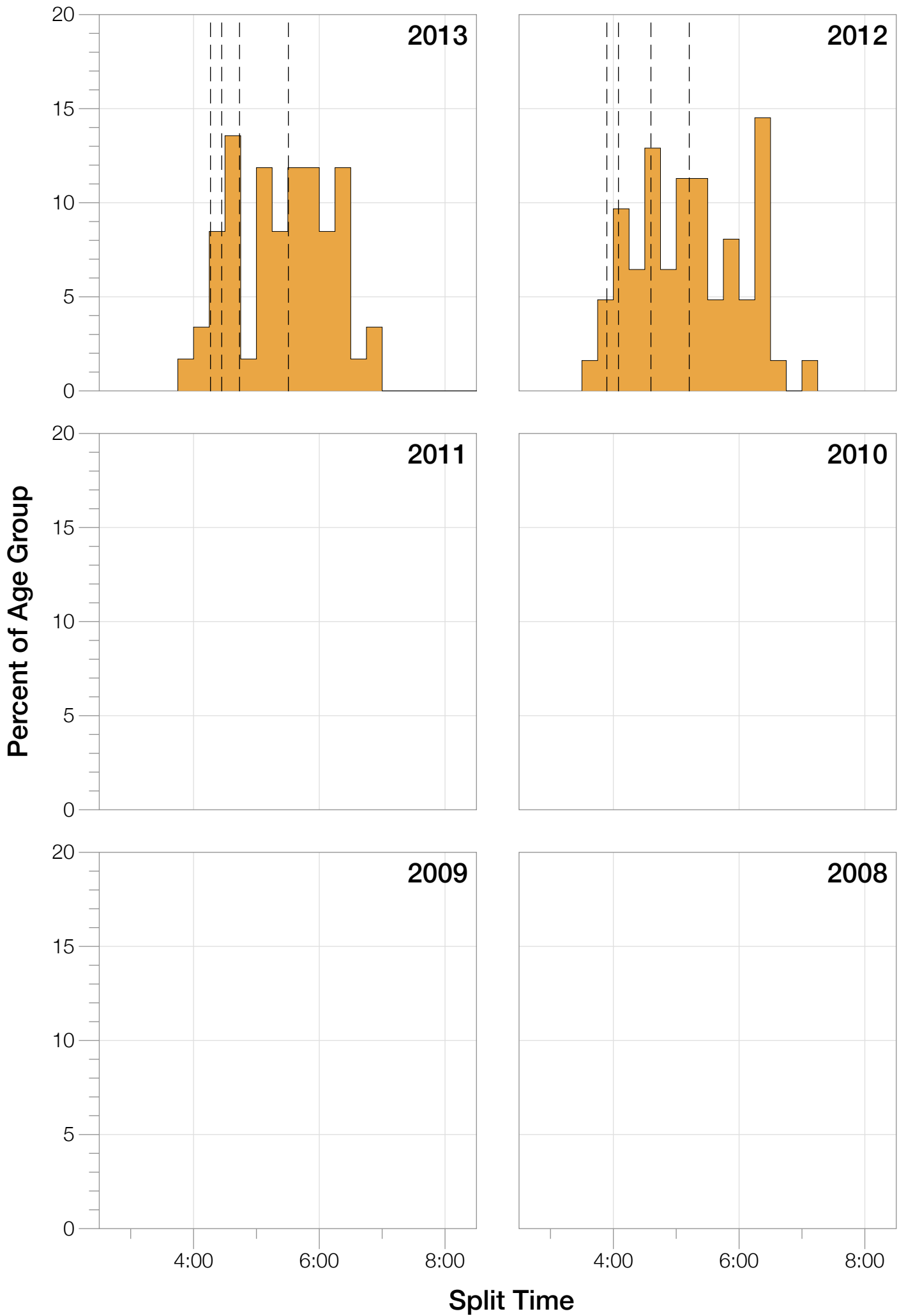
F50-54 Swim



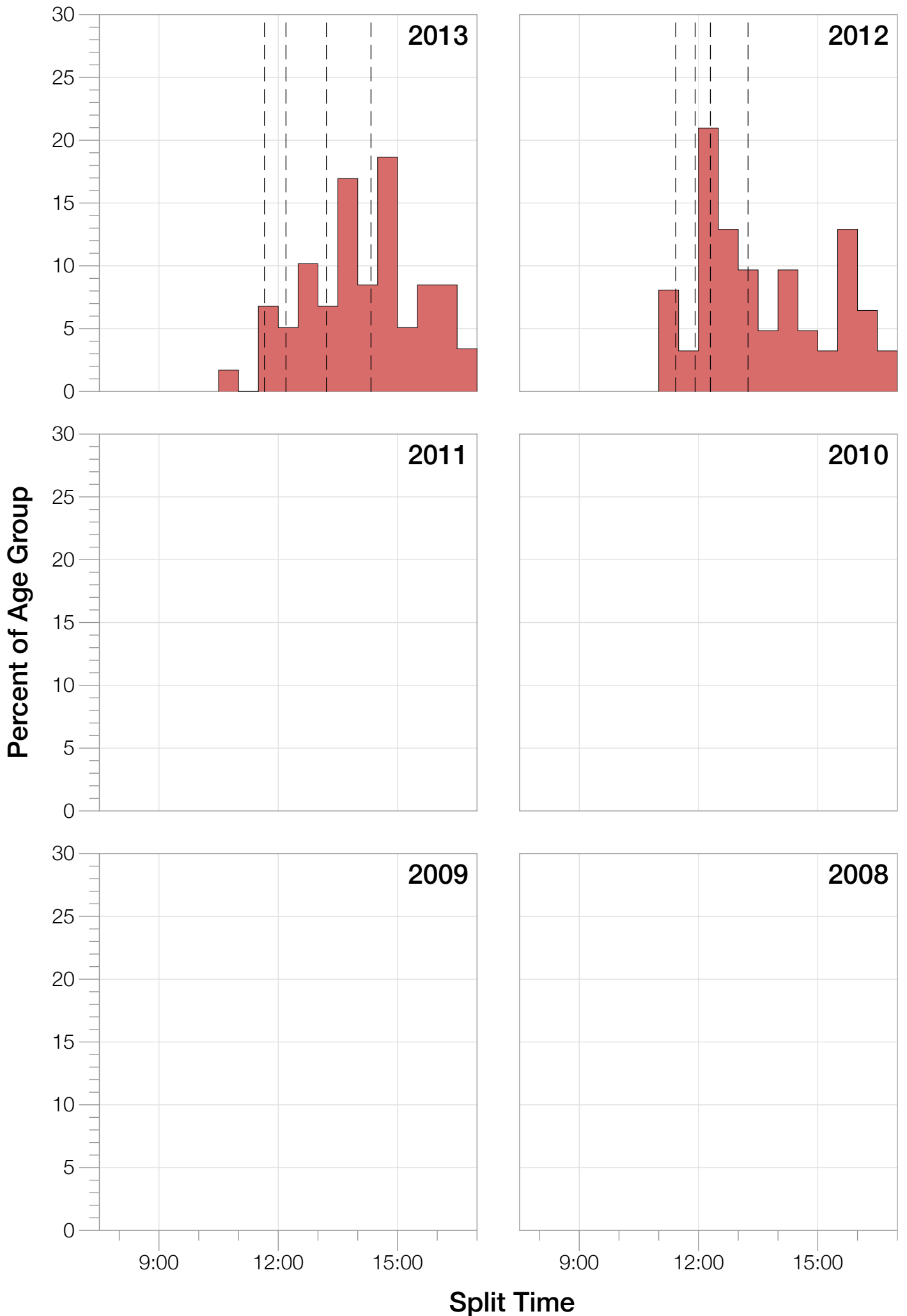
F50-54 Bike



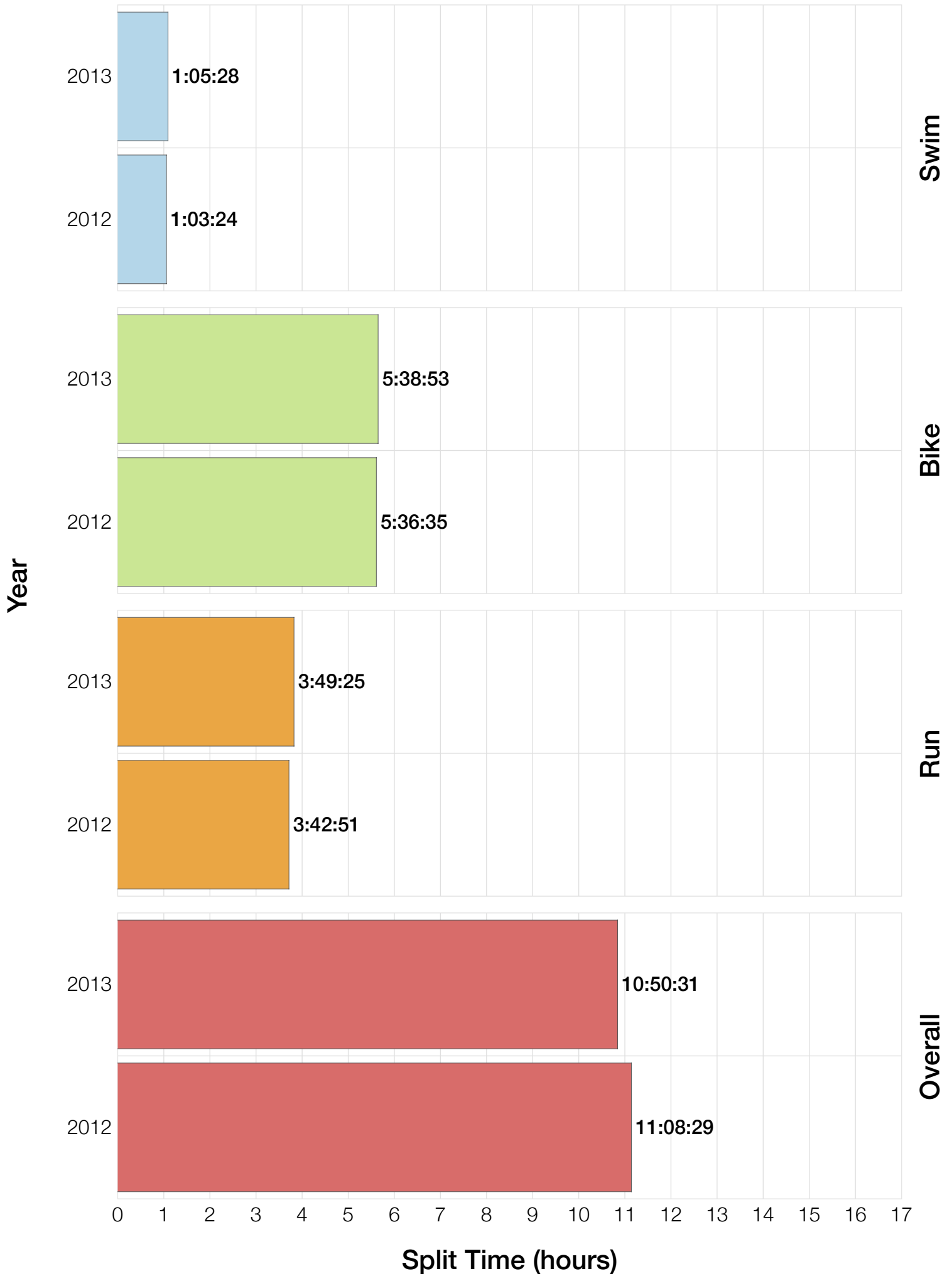
F50-54 Run



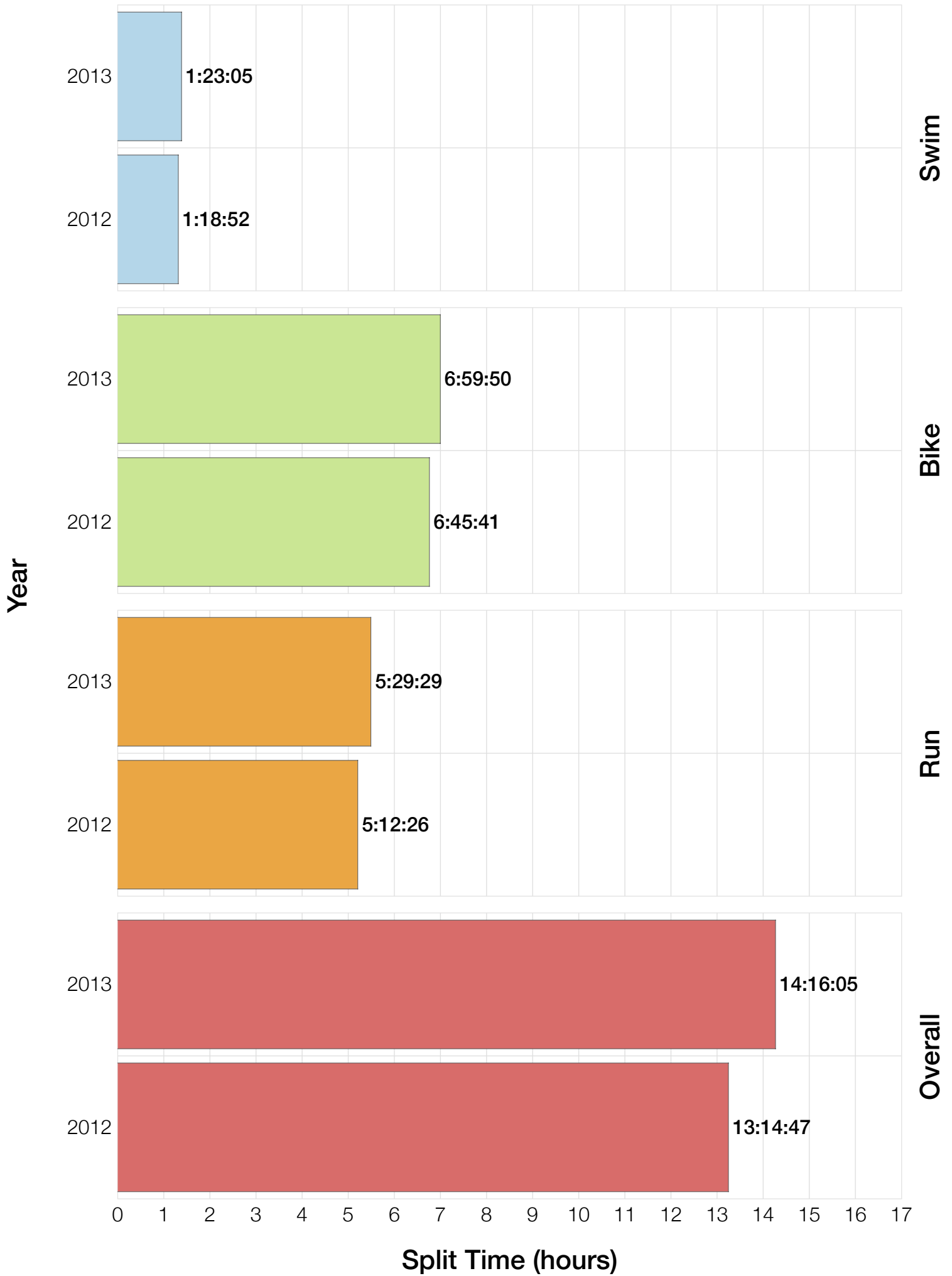
F50-54 Overall



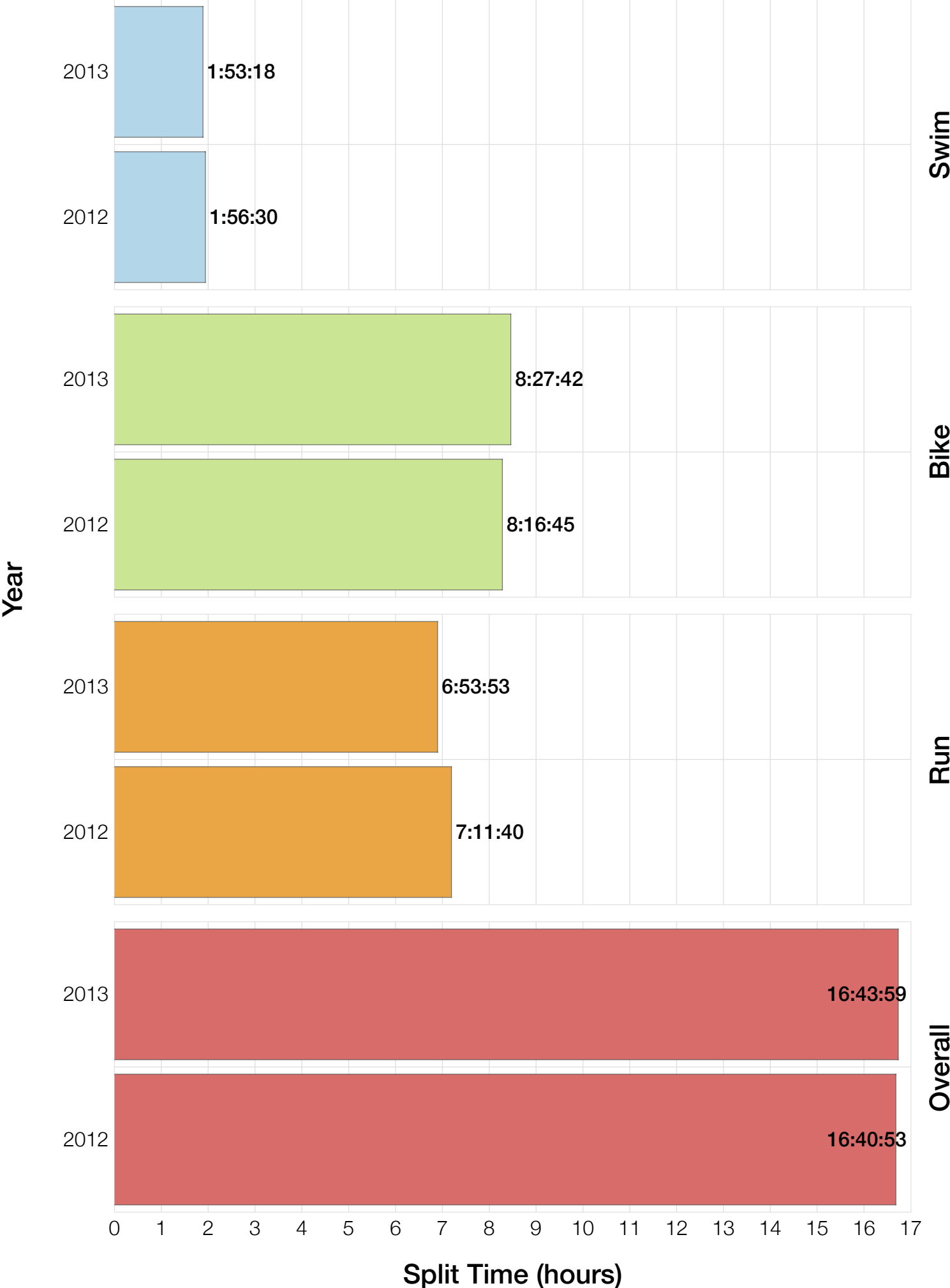
F50-54 Fastest Splits



F50-54 Median Splits

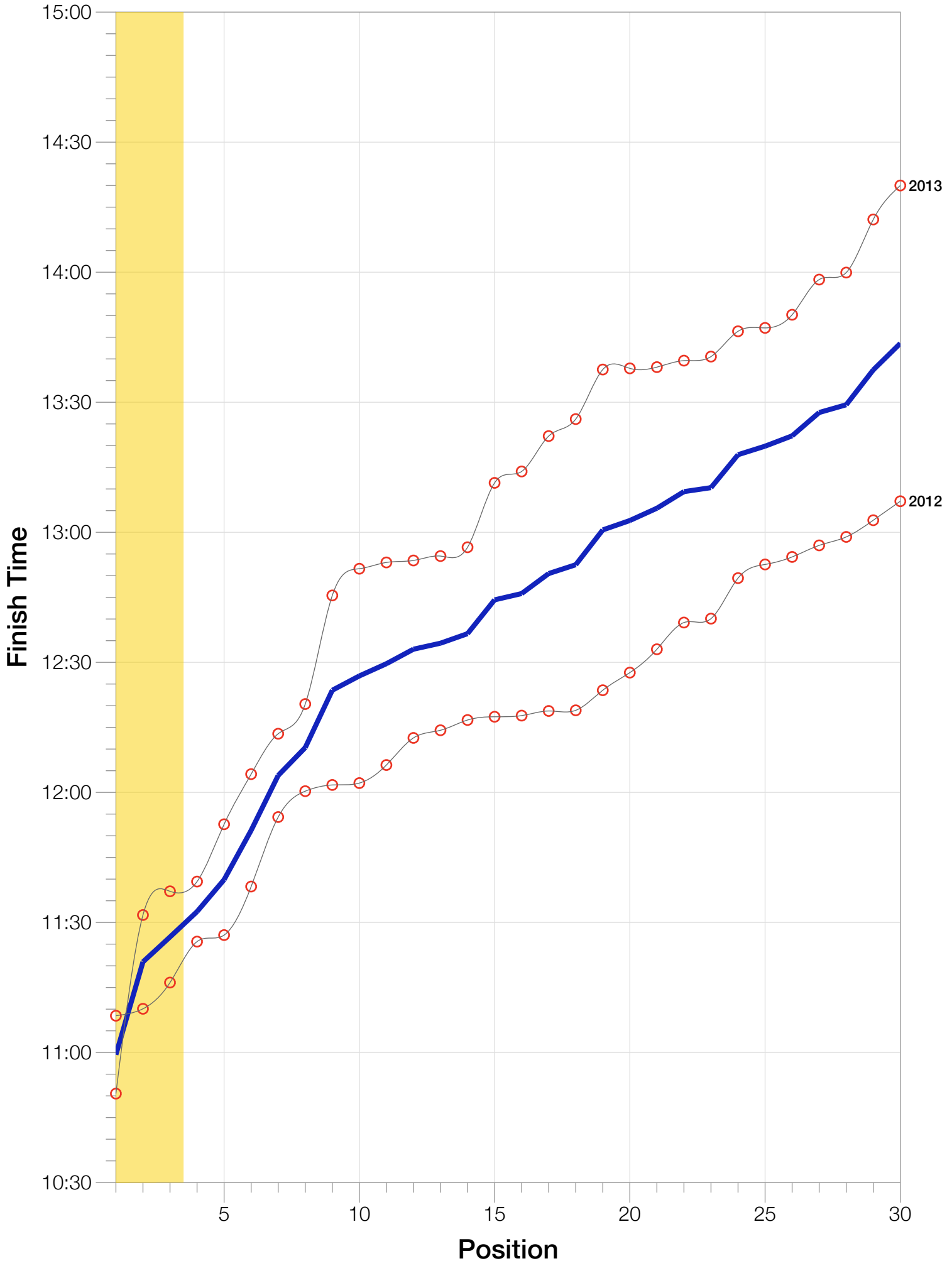


F50-54 Slowest Splits



F50-54 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F50-54 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:49:36	4:35:56	3:03:08	8:33:27
Average Female Winner	0:59:38	5:02:24	3:12:11	9:19:21
Average 1st Age Grouper	1:10:42	5:52:12	3:47:50	10:59:30
Average 2nd Age Grouper	1:16:42	5:55:23	3:58:01	11:20:54
Average 3rd Age Grouper	1:08:10	5:50:37	4:17:30	11:26:39
Average 4th Age Grouper	1:11:53	5:46:28	4:23:48	11:32:30
Average 5th Age Grouper	1:07:16	5:48:11	4:33:11	11:39:52
Average 6th Age Grouper	1:15:03	6:17:36	4:04:16	11:51:15
Average 7th Age Grouper	1:18:27	6:14:56	4:19:32	12:03:55
Average 8th Age Grouper	1:14:50	6:42:07	4:00:52	12:10:20
Average 9th Age Grouper	1:15:50	6:13:29	4:44:57	12:23:34
Average 10th Age Grouper	1:24:52	6:28:09	4:20:47	12:26:52
Kona Qualifier Average	1:11:51	5:52:44	4:01:07	11:15:41
Top 10 Age Grouper Average	1:14:22	6:06:55	4:15:04	11:47:32

Mont-Tremblant 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:50	4:36:36	2:57:08	8:26:06
Female Winner	0:51:43	4:58:18	3:12:47	9:07:56
1st Age Grouper	1:09:12	5:44:10	3:49:25	10:50:31
2nd Age Grouper	1:18:22	6:00:15	4:02:37	11:31:43
3rd Age Grouper	1:09:31	5:45:10	4:33:49	11:37:11
4th Age Grouper	1:15:30	5:38:53	4:33:39	11:39:26
5th Age Grouper	1:11:08	5:59:47	4:29:43	11:52:39
6th Age Grouper	1:20:03	6:16:43	4:17:36	12:04:13
7th Age Grouper	1:22:50	6:35:52	4:03:17	12:13:32
8th Age Grouper	1:23:13	6:23:32	4:18:54	12:20:23
9th Age Grouper	1:16:24	6:19:17	5:01:16	12:45:26
10th Age Grouper	1:22:55	6:38:04	4:36:53	12:51:36
Kona Qualifier Average	1:12:21	5:49:51	4:08:37	11:19:48
Top 10 Age Grouper Average	1:16:54	6:08:10	4:22:42	11:58:40

Mont-Tremblant 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:22	4:35:17	3:09:09	8:40:48
Female Winner	1:07:33	5:06:31	3:11:35	9:30:46
1st Age Grouper	1:12:13	6:00:15	3:46:16	11:08:29
2nd Age Grouper	1:15:03	5:50:31	3:53:25	11:10:05
3rd Age Grouper	1:06:50	5:56:05	4:01:11	11:16:08
4th Age Grouper	1:08:17	5:54:04	4:13:58	11:25:35
5th Age Grouper	1:03:24	5:36:35	4:36:39	11:27:05
6th Age Grouper	1:10:04	6:18:30	3:50:57	11:38:17
7th Age Grouper	1:14:05	5:54:01	4:35:48	11:54:19
8th Age Grouper	1:06:27	7:00:42	3:42:51	12:00:17
9th Age Grouper	1:15:17	6:07:41	4:28:38	12:01:43
10th Age Grouper	1:26:50	6:18:14	4:04:42	12:02:09
Kona Qualifier Average	1:11:22	5:55:37	3:53:37	11:11:34
Top 10 Age Grouper Average	1:11:51	6:05:39	4:07:26	11:36:24