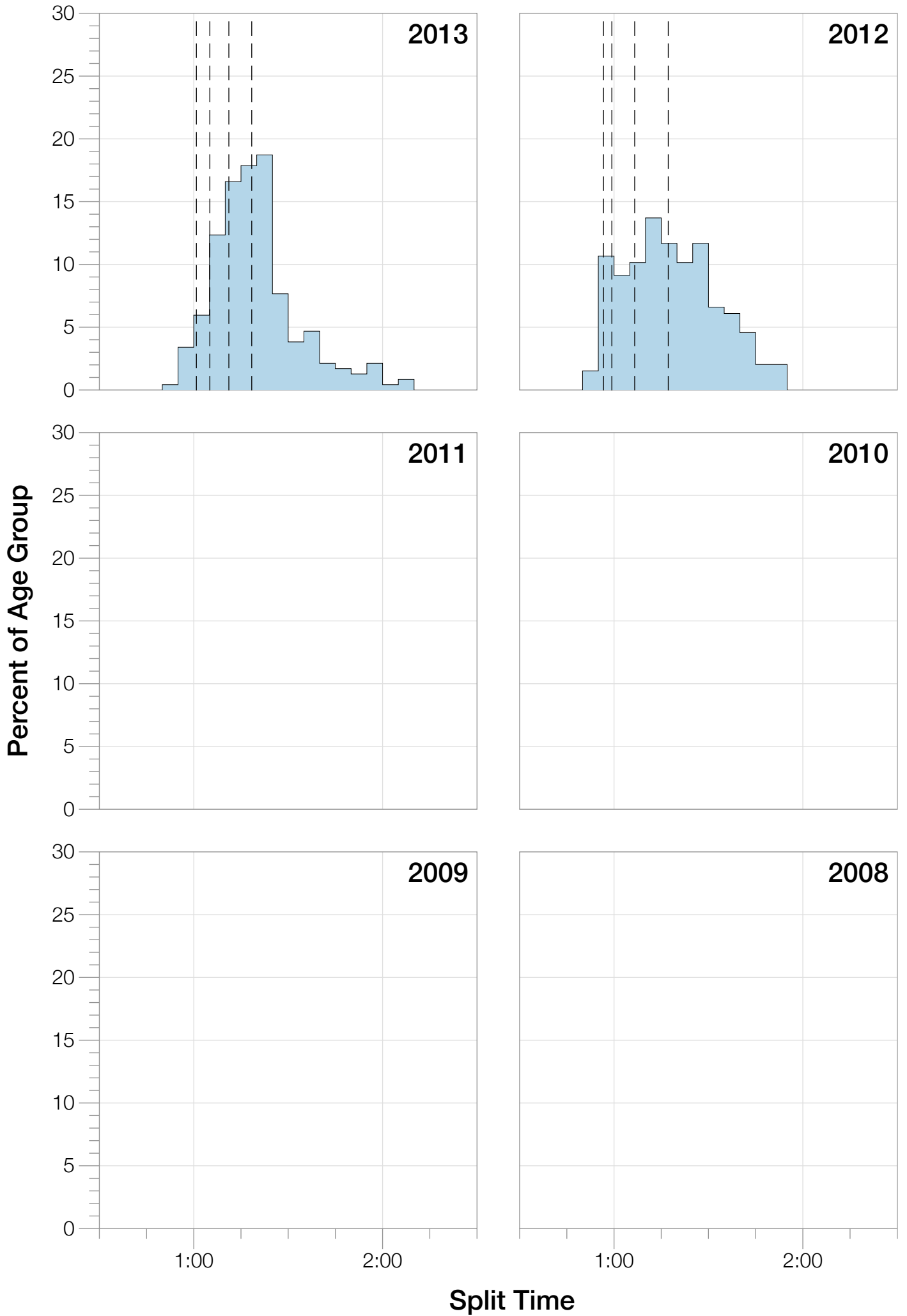


Ironman Sweden M30-34 Stats

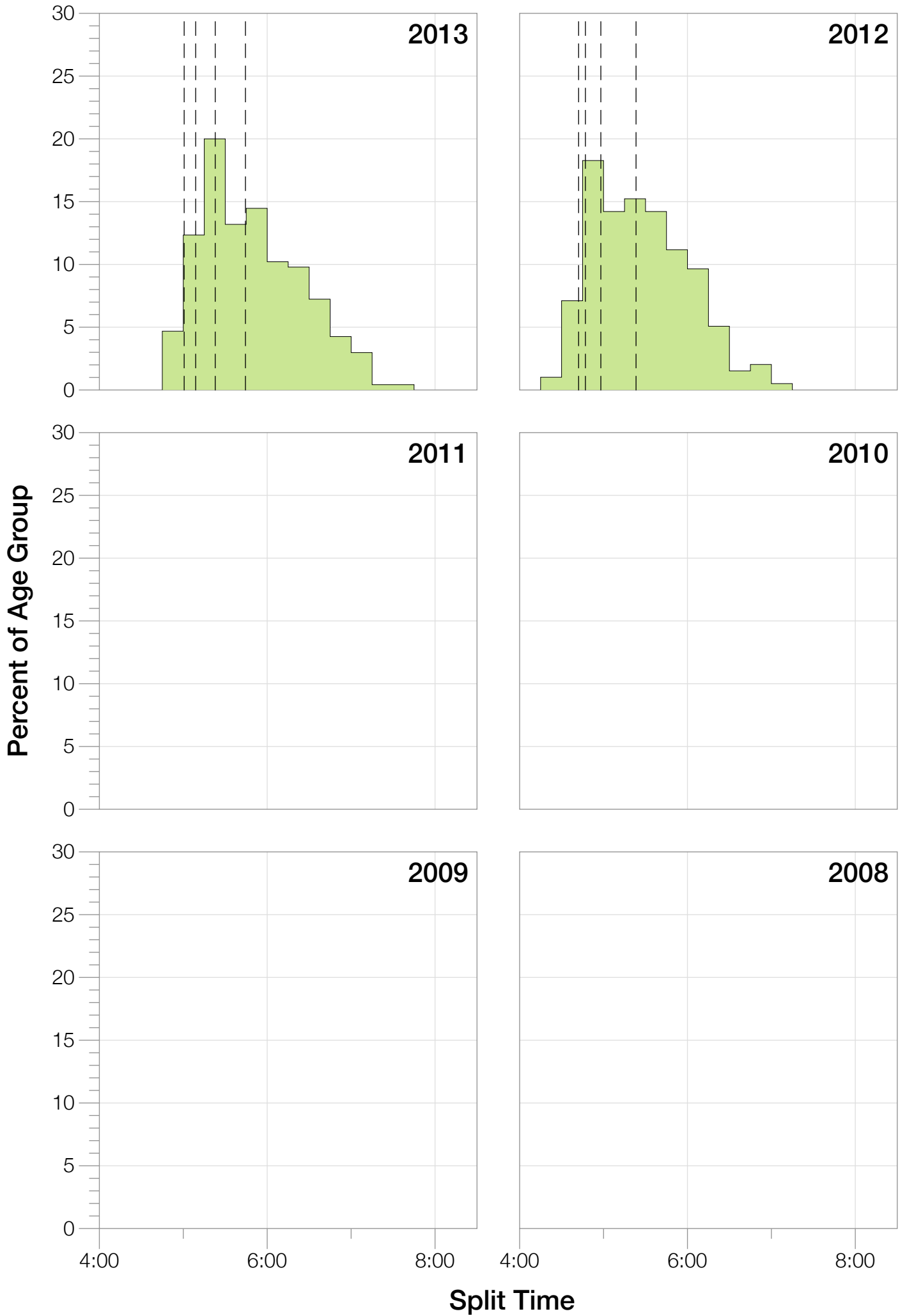
M30-34 Summary Statistics

Year	Finishers	M30-34 Finishers	Male Winner's Time	Female Winner's Time	M30-34 Winner's Time
2012	1348	197	8:04:01	9:13:27	8:29:15
2013	1605	235	8:19:30	8:54:01	8:52:44
Average	1477	216	8:11:45	9:03:44	8:40:59

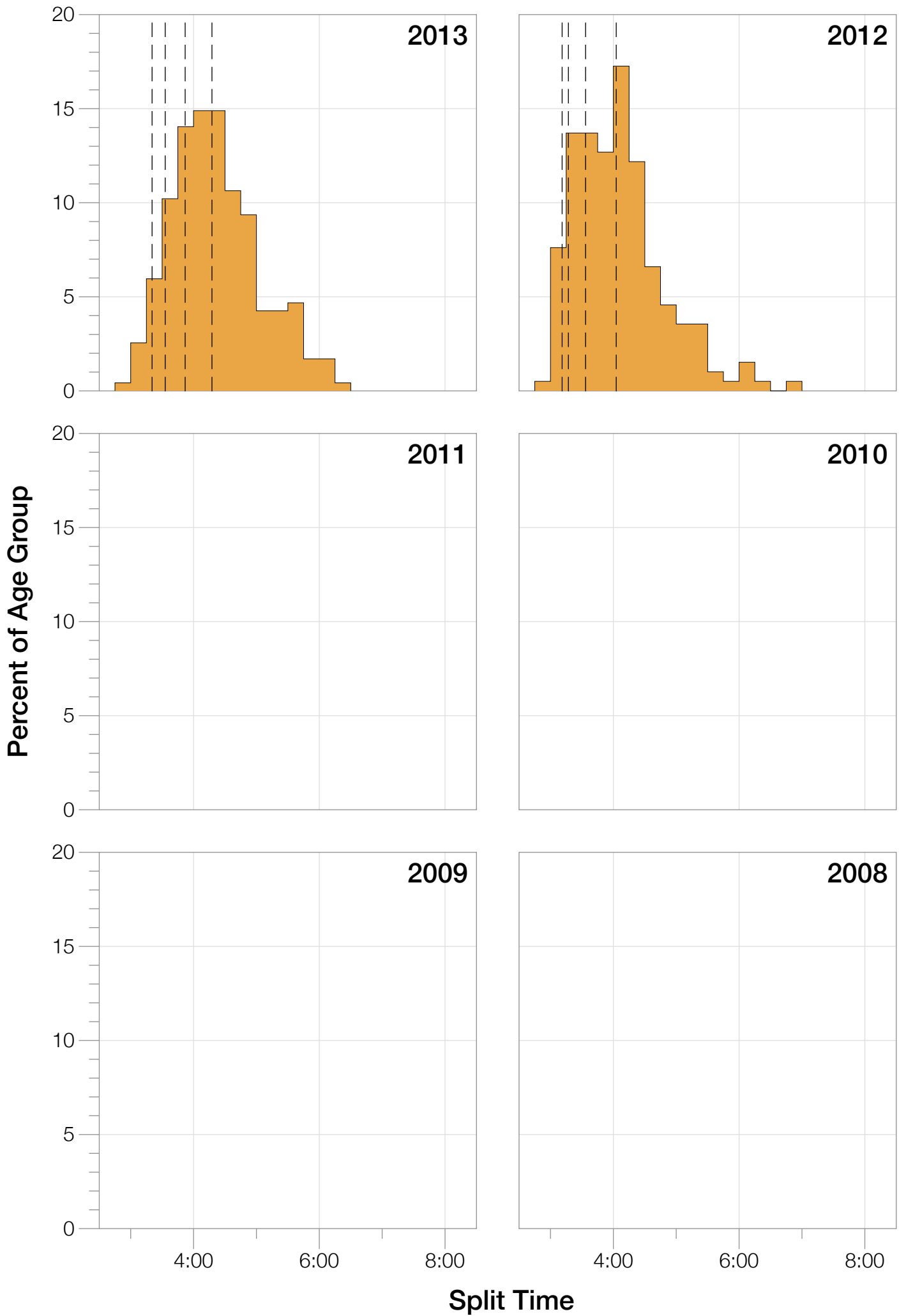
M30-34 Swim



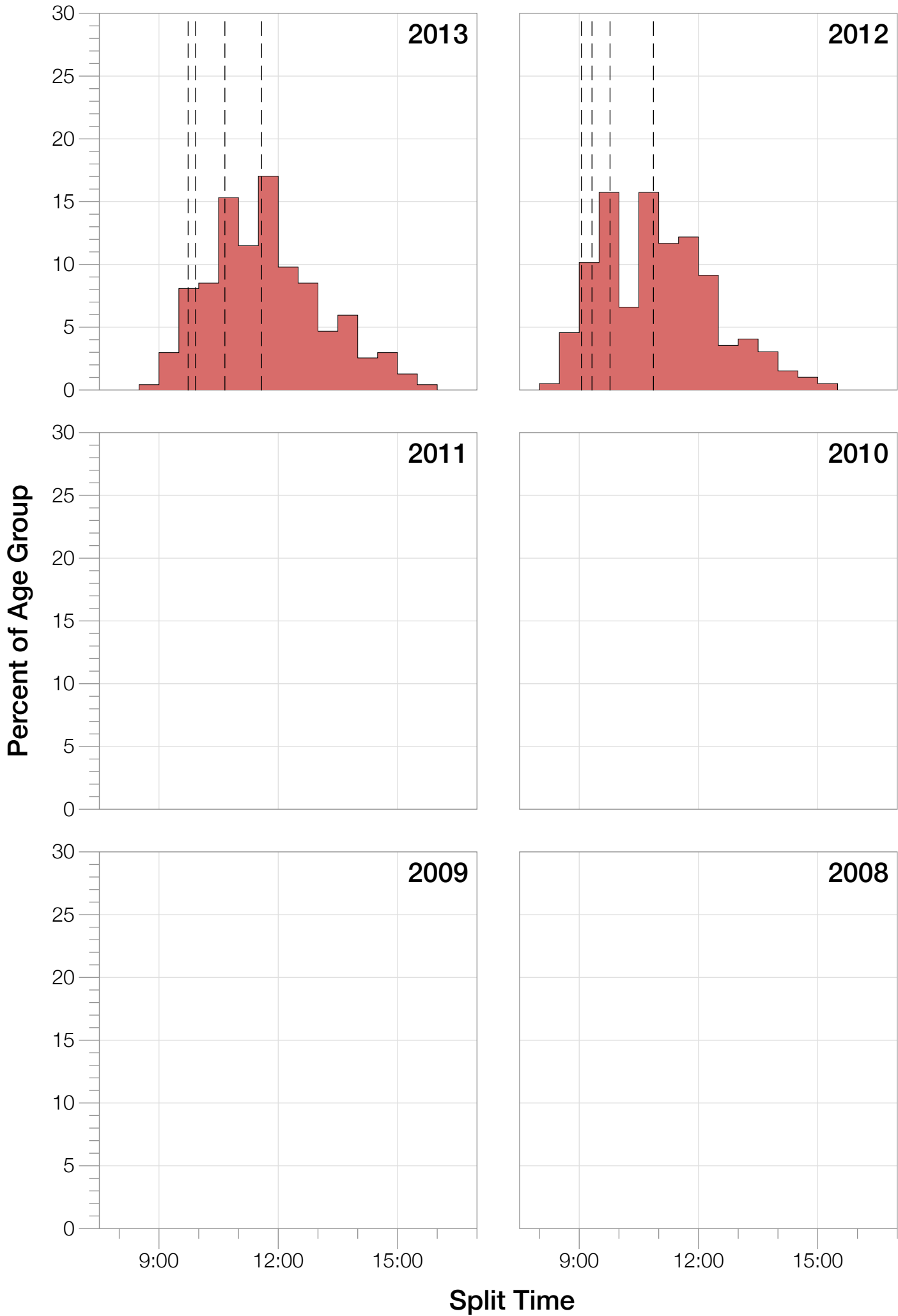
M30-34 Bike



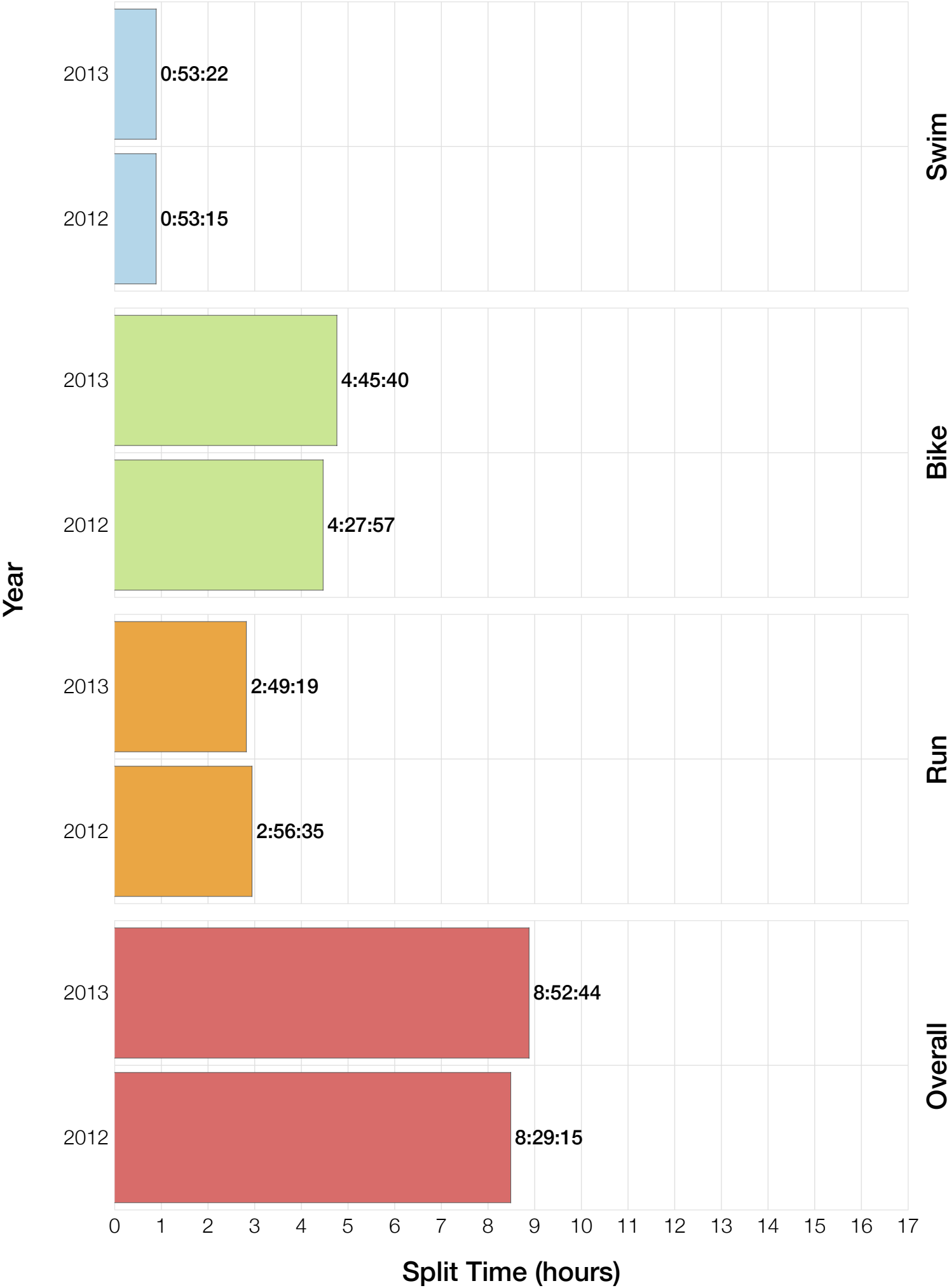
M30-34 Run



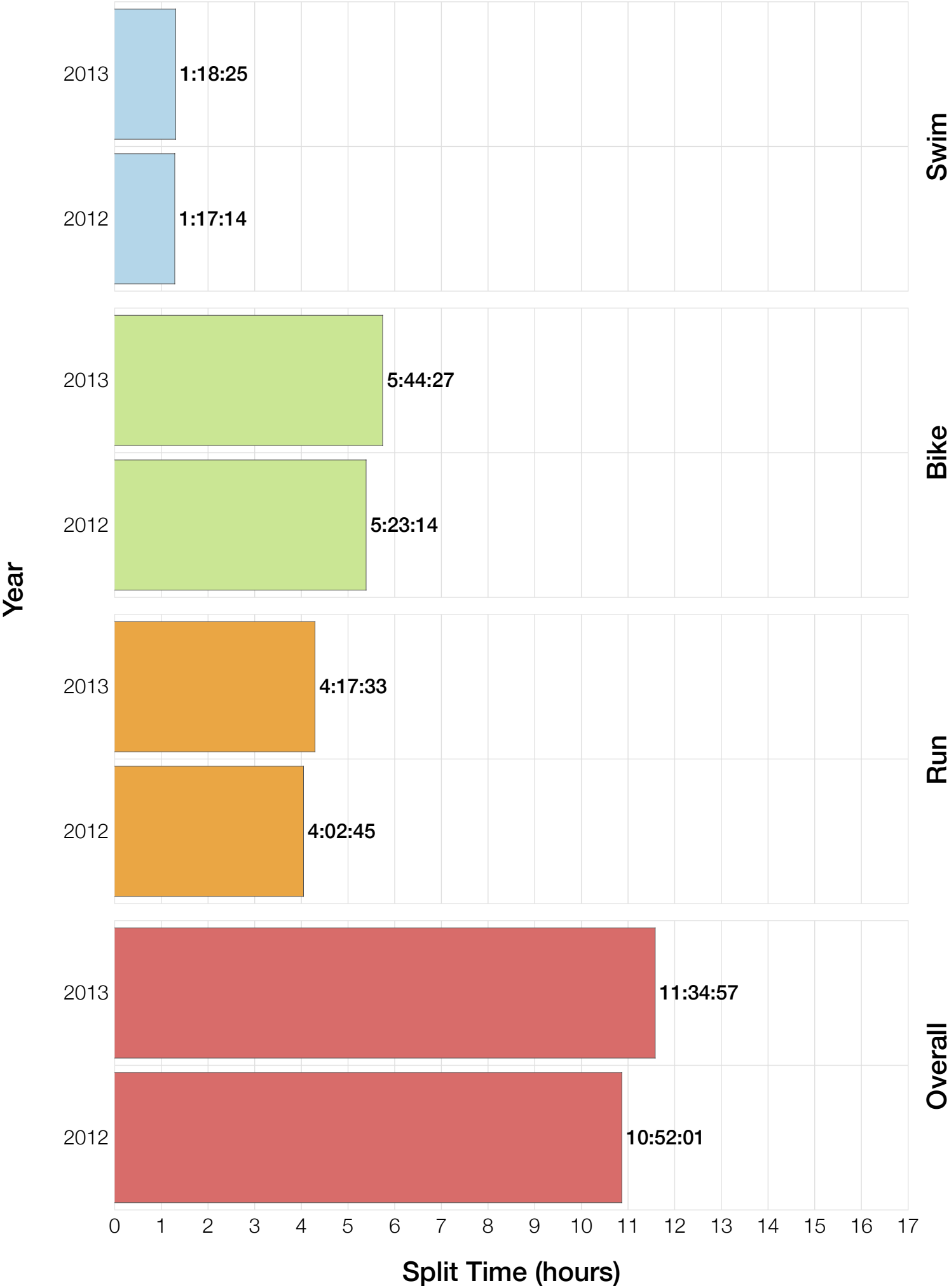
M30-34 Overall



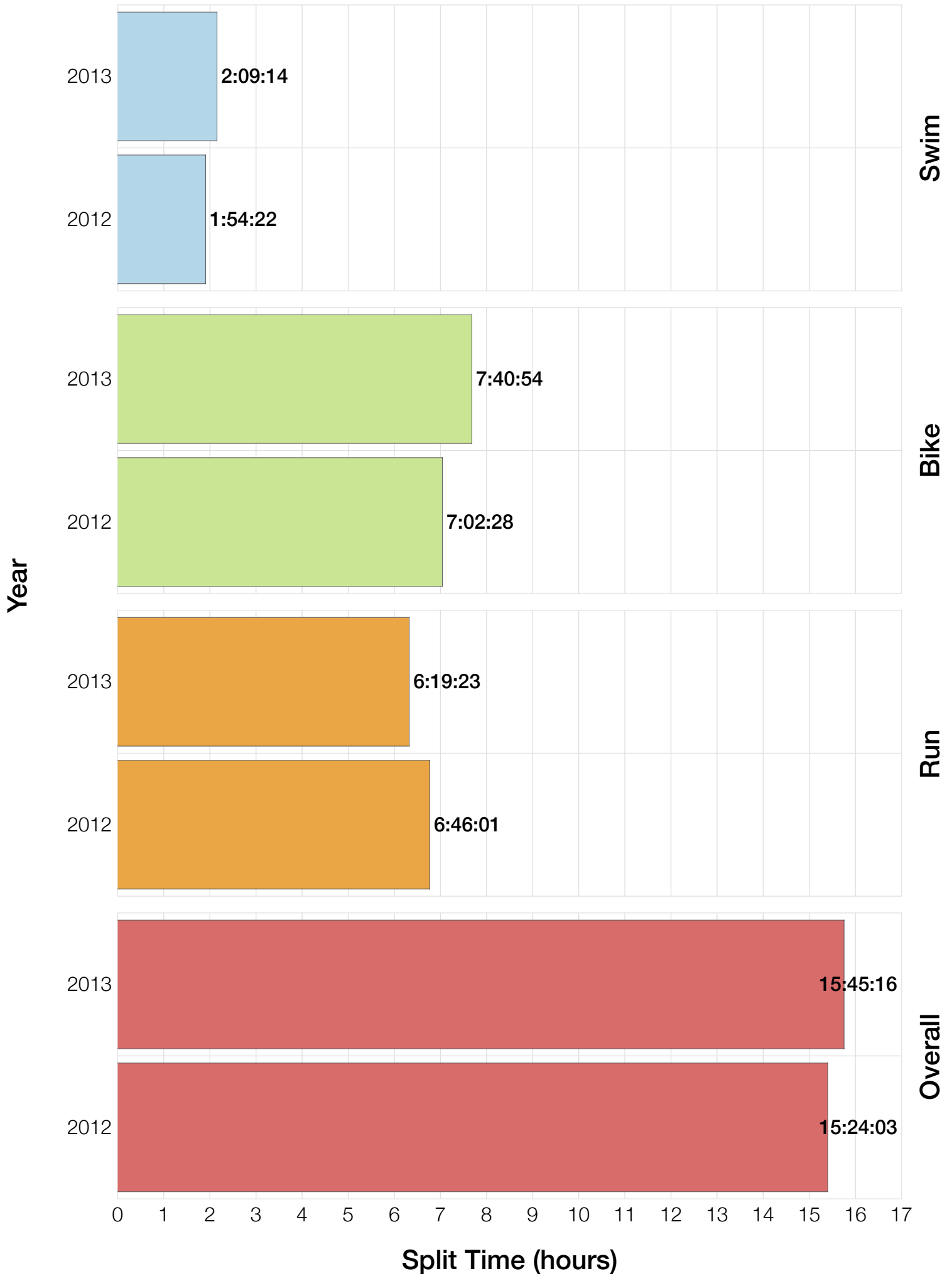
M30-34 Fastest Splits



M30-34 Median Splits

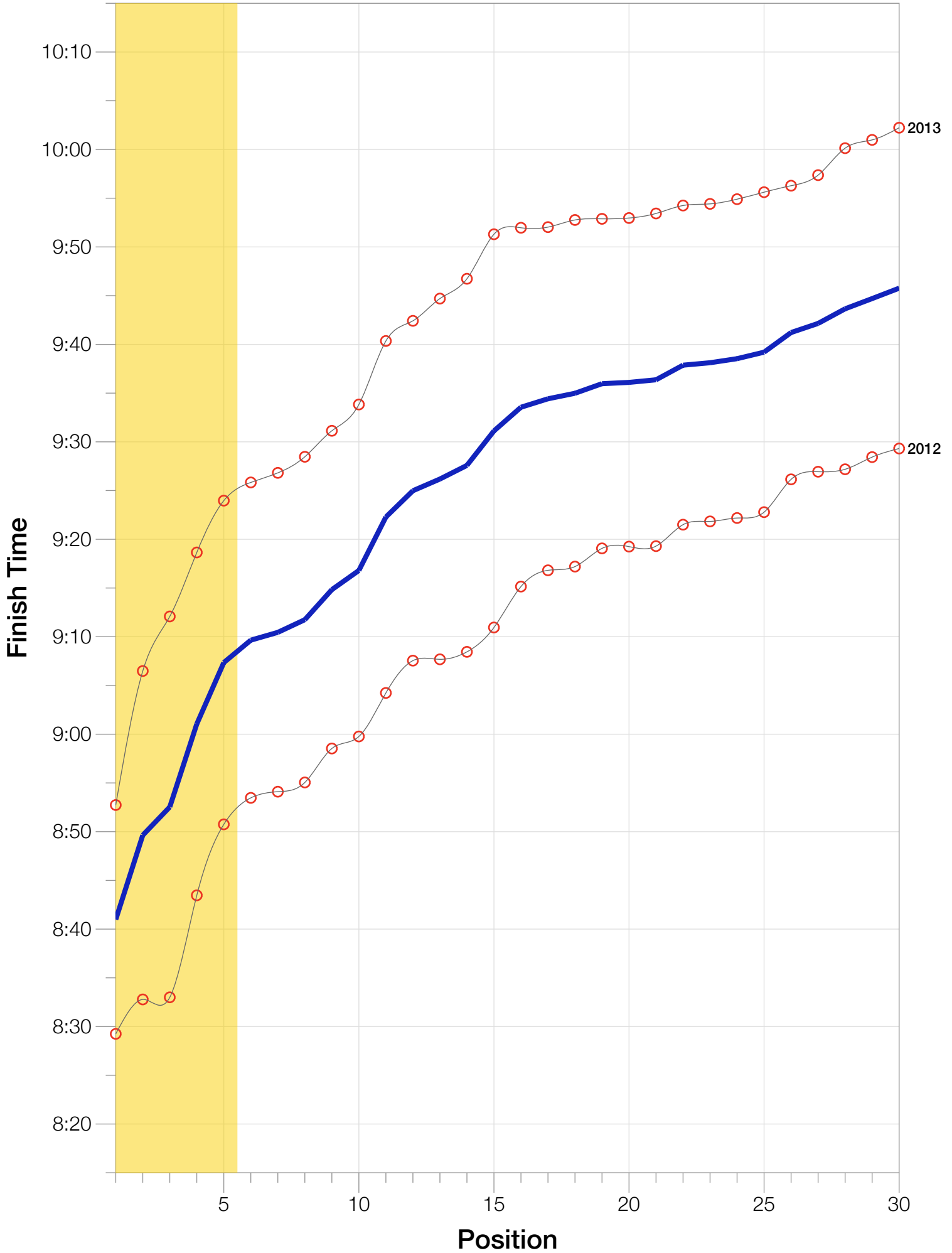


M30-34 Slowest Splits



M30-34 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:48:31	4:30:07	2:49:56	8:11:45
Average Female Winner	0:54:23	4:53:42	3:12:30	9:03:44
Average 1st Age Grouper	1:04:51	4:36:48	2:55:00	8:40:59
Average 2nd Age Grouper	1:00:13	4:40:23	3:04:38	8:49:38
Average 3rd Age Grouper	0:59:17	4:47:12	3:01:31	8:52:32
Average 4th Age Grouper	0:56:06	4:43:45	3:17:29	9:01:03
Average 5th Age Grouper	0:59:05	4:48:51	3:14:14	9:07:21
Average 6th Age Grouper	1:08:48	4:46:13	3:09:04	9:09:39
Average 7th Age Grouper	1:02:31	4:47:44	3:15:01	9:10:27
Average 8th Age Grouper	0:59:58	4:51:53	3:14:27	9:11:45
Average 9th Age Grouper	1:00:07	5:03:41	3:06:03	9:14:50
Average 10th Age Grouper	1:01:54	4:56:40	3:13:25	9:16:48
Kona Qualifier Average	0:59:54	4:43:24	3:06:34	8:54:19
Top 10 Age Grouper Average	1:01:17	4:48:19	3:09:05	9:03:30

Sweden 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:31	4:33:42	2:54:08	8:19:30
Female Winner	0:48:30	4:55:39	3:06:41	8:54:01
1st Age Grouper	1:13:21	4:45:40	2:49:19	8:52:44
2nd Age Grouper	1:05:20	4:51:27	3:04:24	9:06:29
3rd Age Grouper	1:00:09	5:00:03	3:06:28	9:12:05
4th Age Grouper	0:58:57	4:56:23	3:19:54	9:18:39
5th Age Grouper	1:00:10	4:56:07	3:23:32	9:23:58
6th Age Grouper	1:11:01	4:55:16	3:13:54	9:25:50
7th Age Grouper	1:07:47	4:53:07	3:21:16	9:26:49
8th Age Grouper	1:01:14	5:00:53	3:20:33	9:28:28
9th Age Grouper	1:04:51	5:20:48	3:00:24	9:31:08
10th Age Grouper	1:07:44	5:04:33	3:15:55	9:33:50
Kona Qualifier Average	1:03:35	4:53:56	3:08:43	9:10:47
Top 10 Age Grouper Average	1:05:03	4:58:25	3:11:33	9:20:00

Sweden 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:32	4:26:33	2:45:44	8:04:01
Female Winner	1:00:17	4:51:46	3:18:20	9:13:27
1st Age Grouper	0:56:21	4:27:57	3:00:42	8:29:15
2nd Age Grouper	0:55:06	4:29:20	3:04:52	8:32:47
3rd Age Grouper	0:58:25	4:34:21	2:56:35	8:33:00
4th Age Grouper	0:53:15	4:31:07	3:15:04	8:43:28
5th Age Grouper	0:58:00	4:41:35	3:04:56	8:50:45
6th Age Grouper	1:06:36	4:37:10	3:04:15	8:53:28
7th Age Grouper	0:57:16	4:42:22	3:08:46	8:54:06
8th Age Grouper	0:58:43	4:42:53	3:08:21	8:55:03
9th Age Grouper	0:55:24	4:46:35	3:11:42	8:58:32
10th Age Grouper	0:56:05	4:48:47	3:10:56	8:59:46
Kona Qualifier Average	0:56:13	4:32:52	3:04:25	8:37:51
Top 10 Age Grouper Average	0:57:31	4:38:12	3:06:36	8:47:01