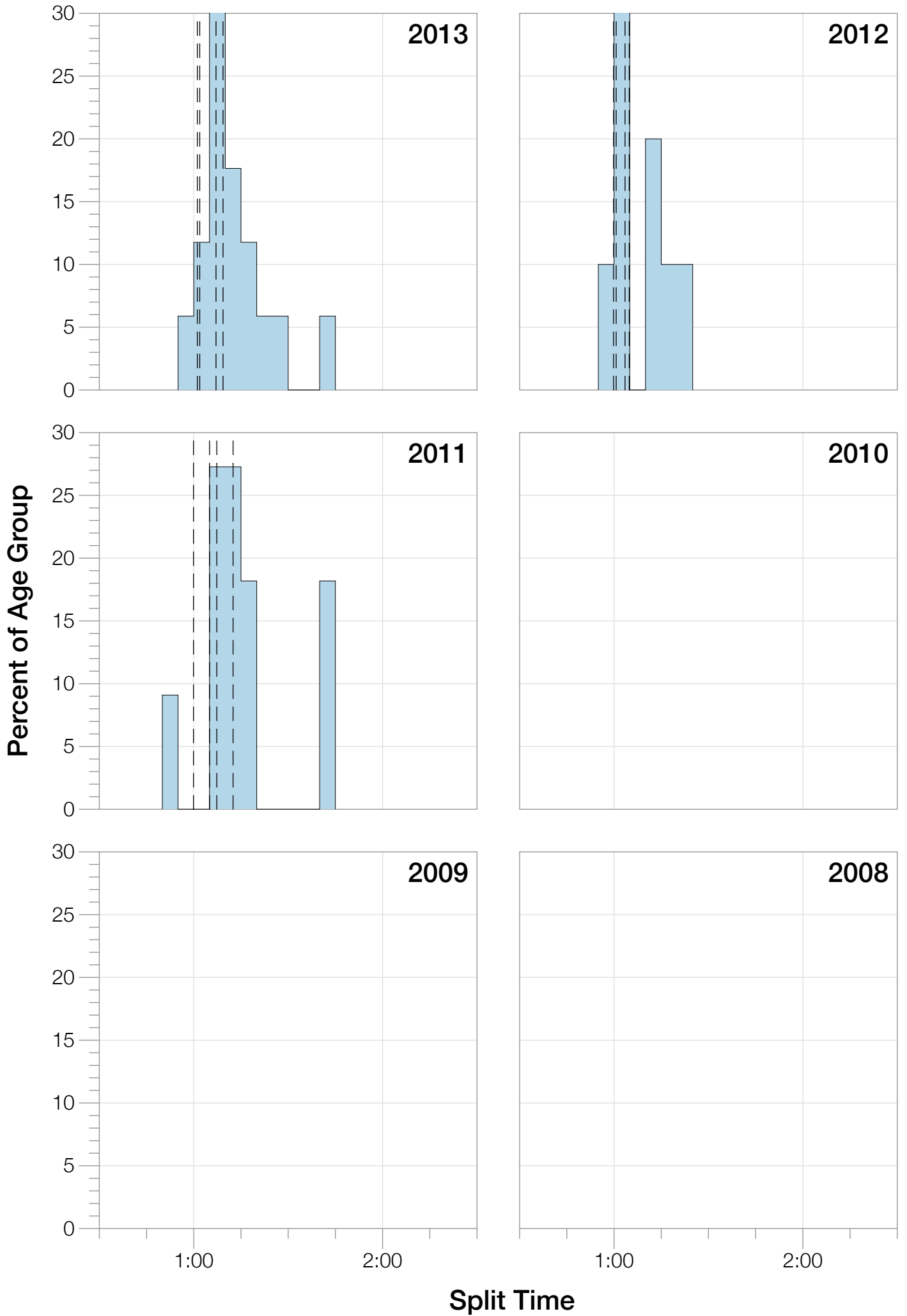


Ironman Wales F25-29 Stats

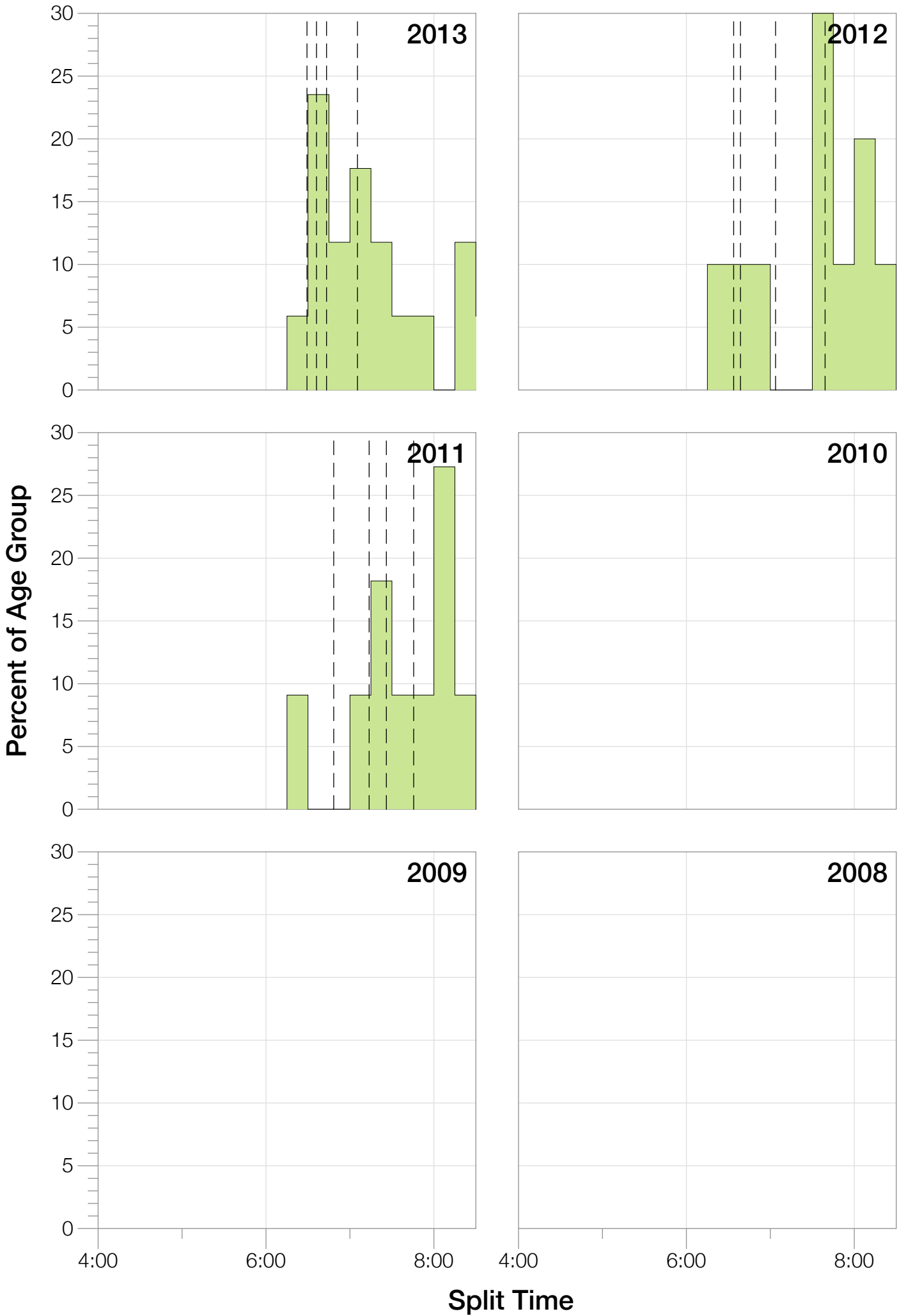
F25-29 Summary Statistics

Year	Finishers	F25-29 Finishers	Male Winner's Time	Female Winner's Time	F25-29 Winner's Time
2011	1122	11	9:04:20	10:15:23	11:38:18
2012	1215	12	8:52:43	9:45:09	11:07:55
2013	1280	17	9:09:10	9:51:21	11:15:17
Average	1206	13	9:02:04	9:57:17	11:20:30

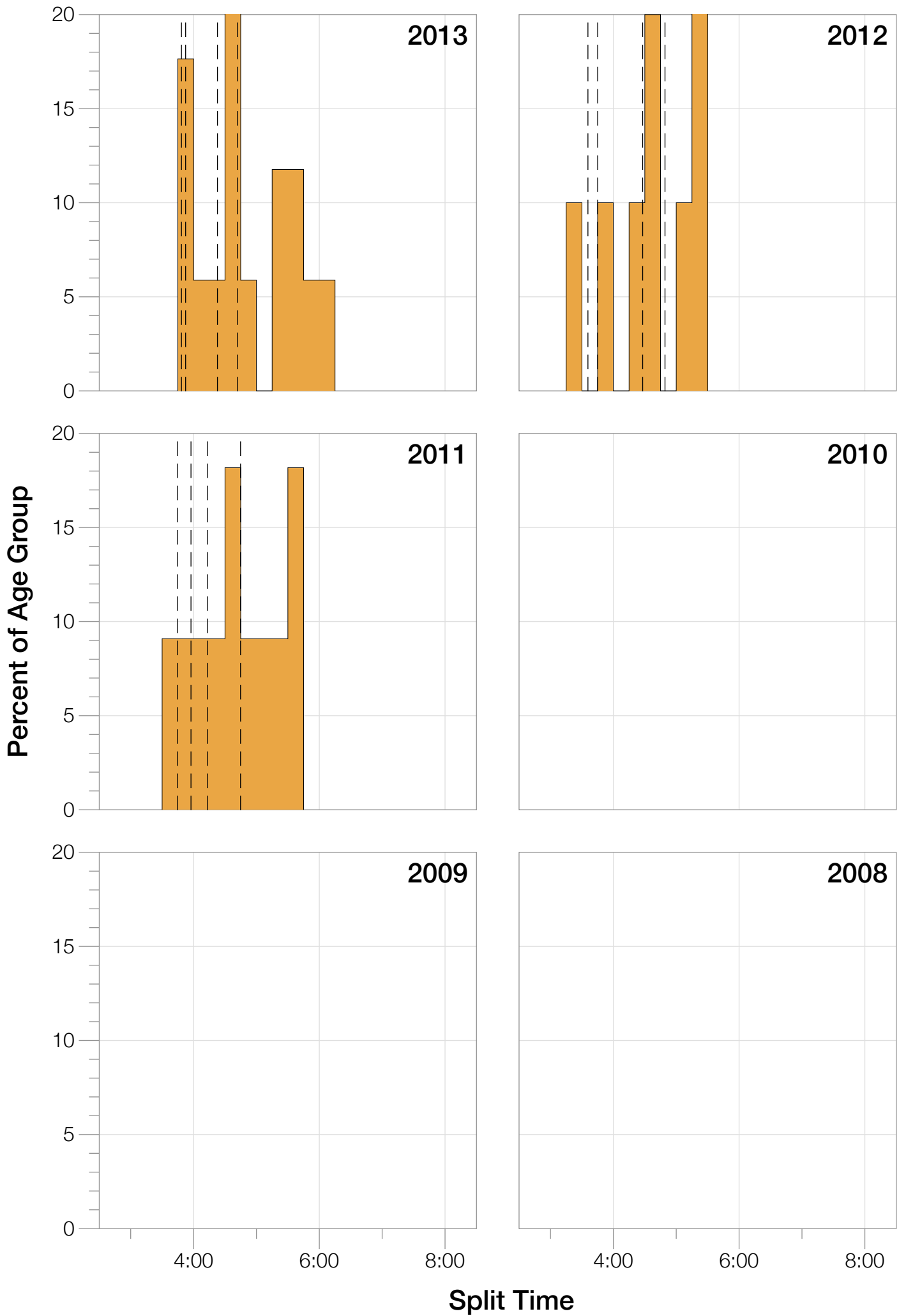
F25-29 Swim



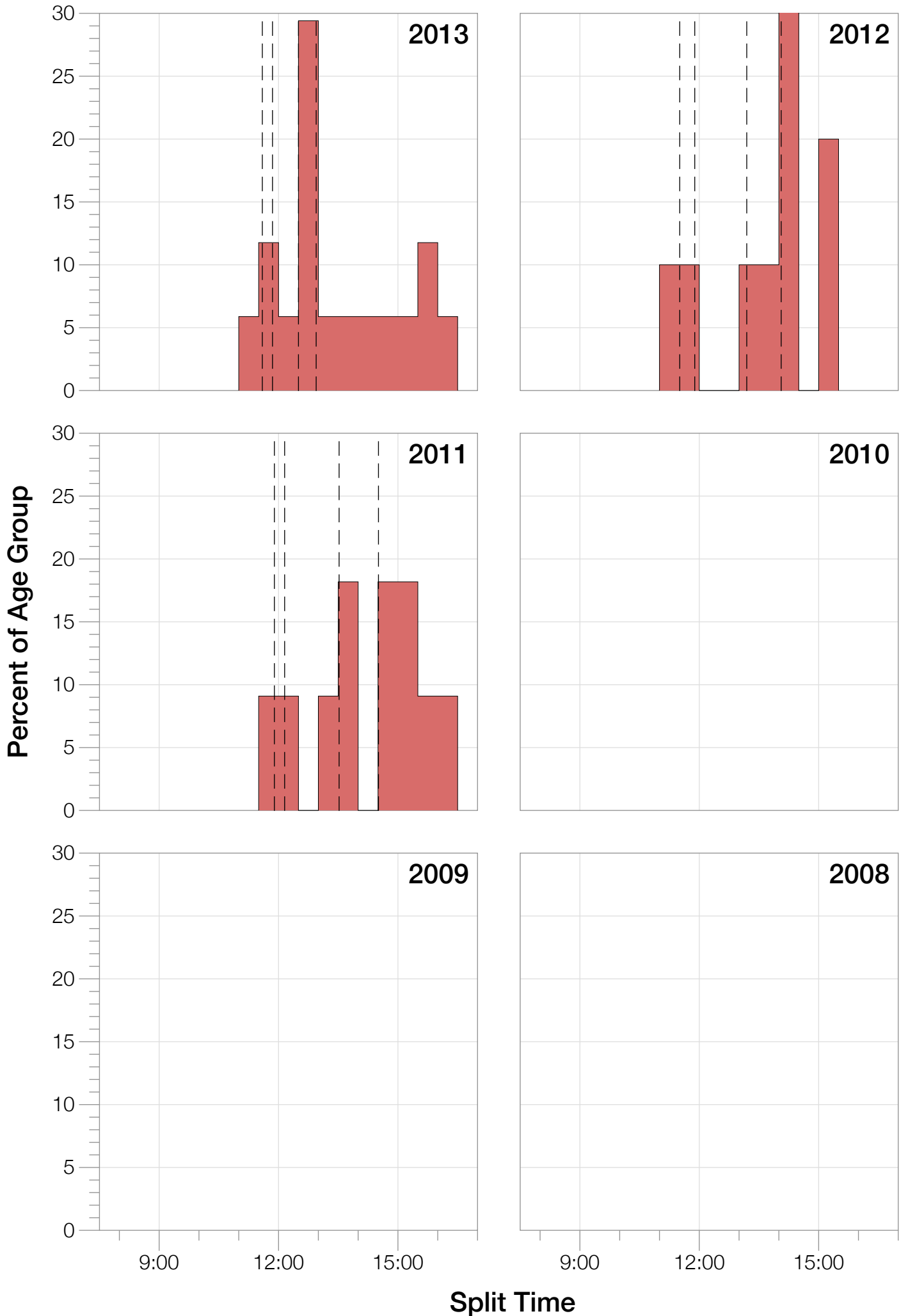
F25-29 Bike



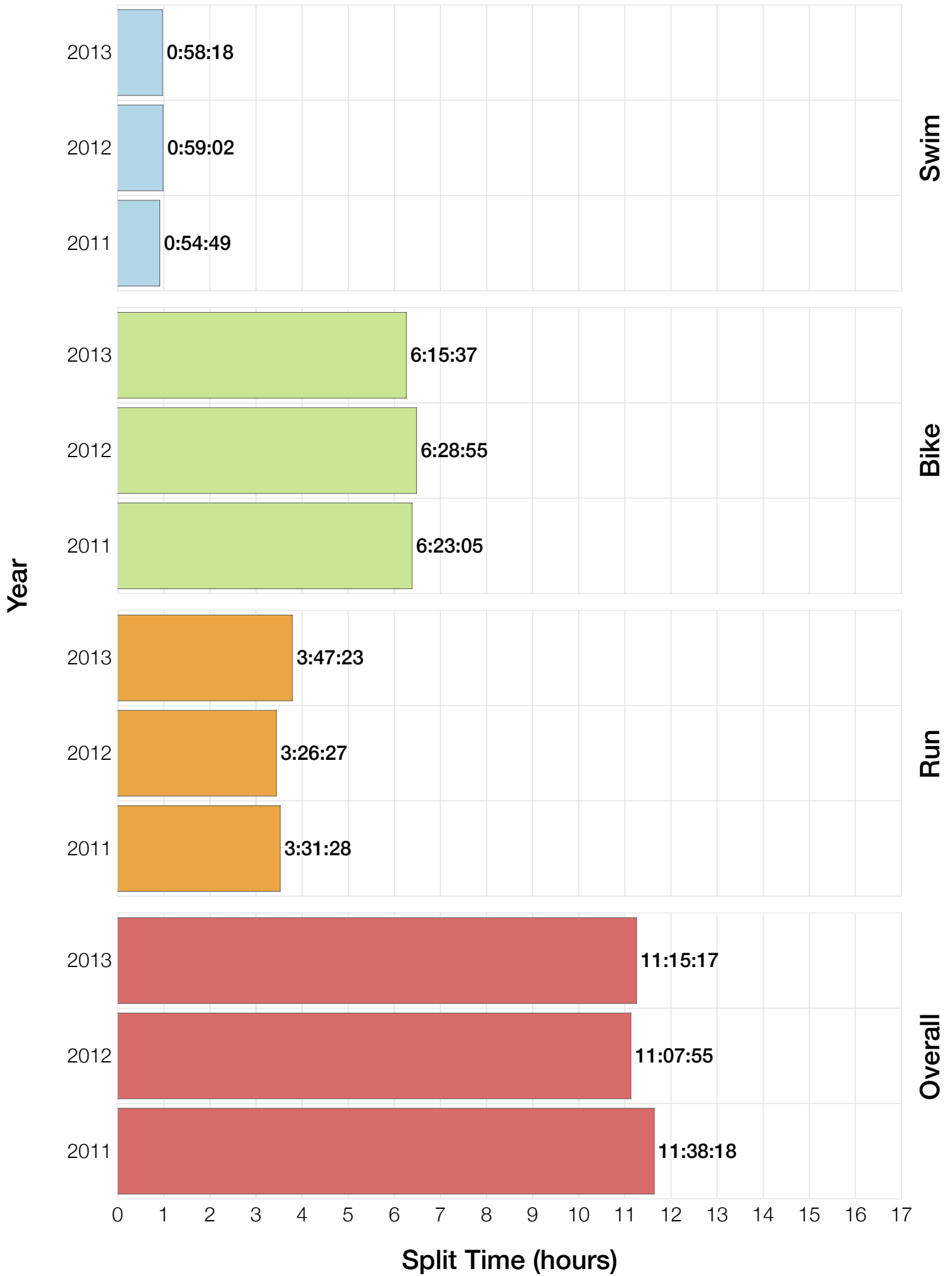
F25-29 Run



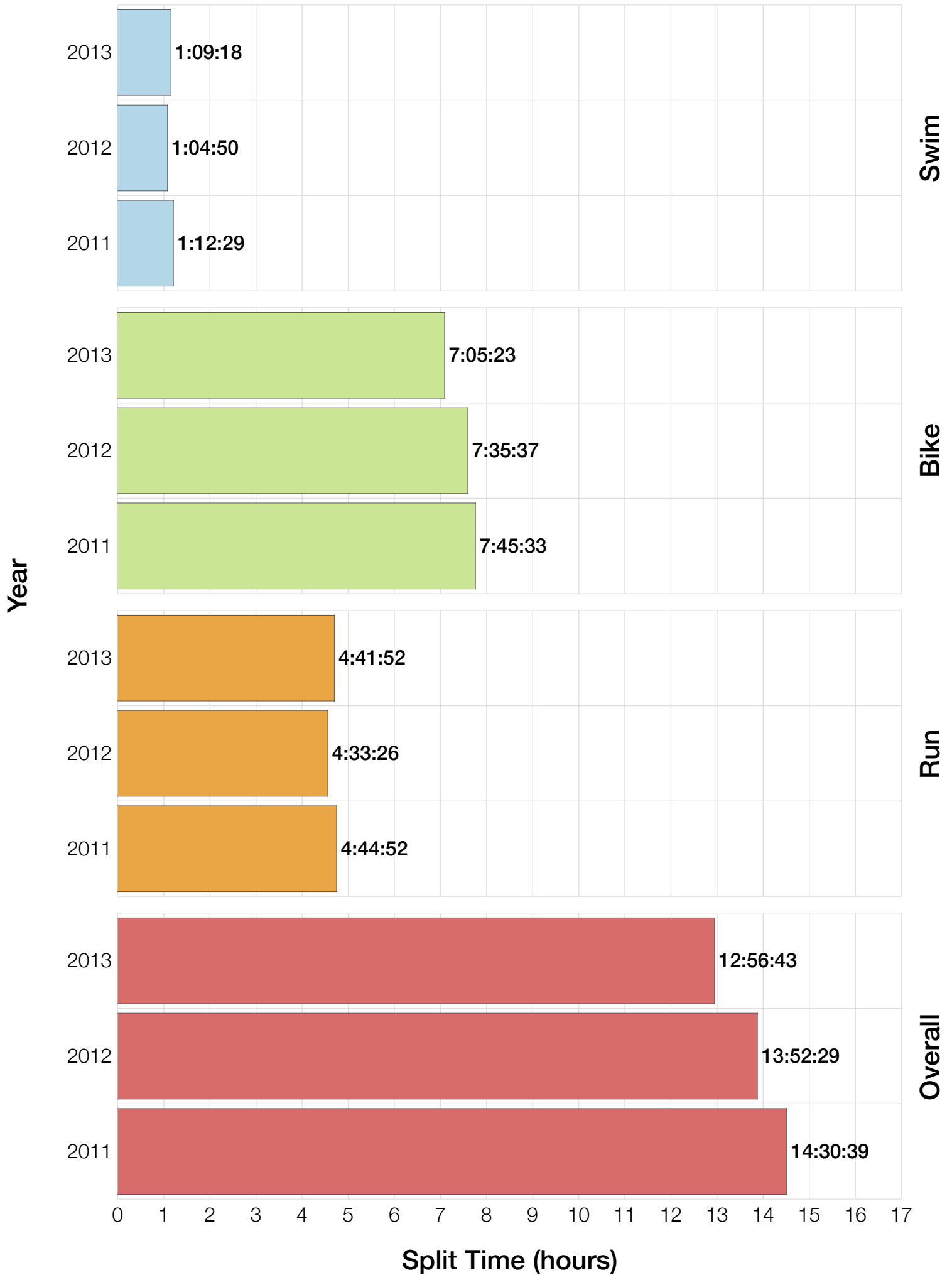
F25-29 Overall



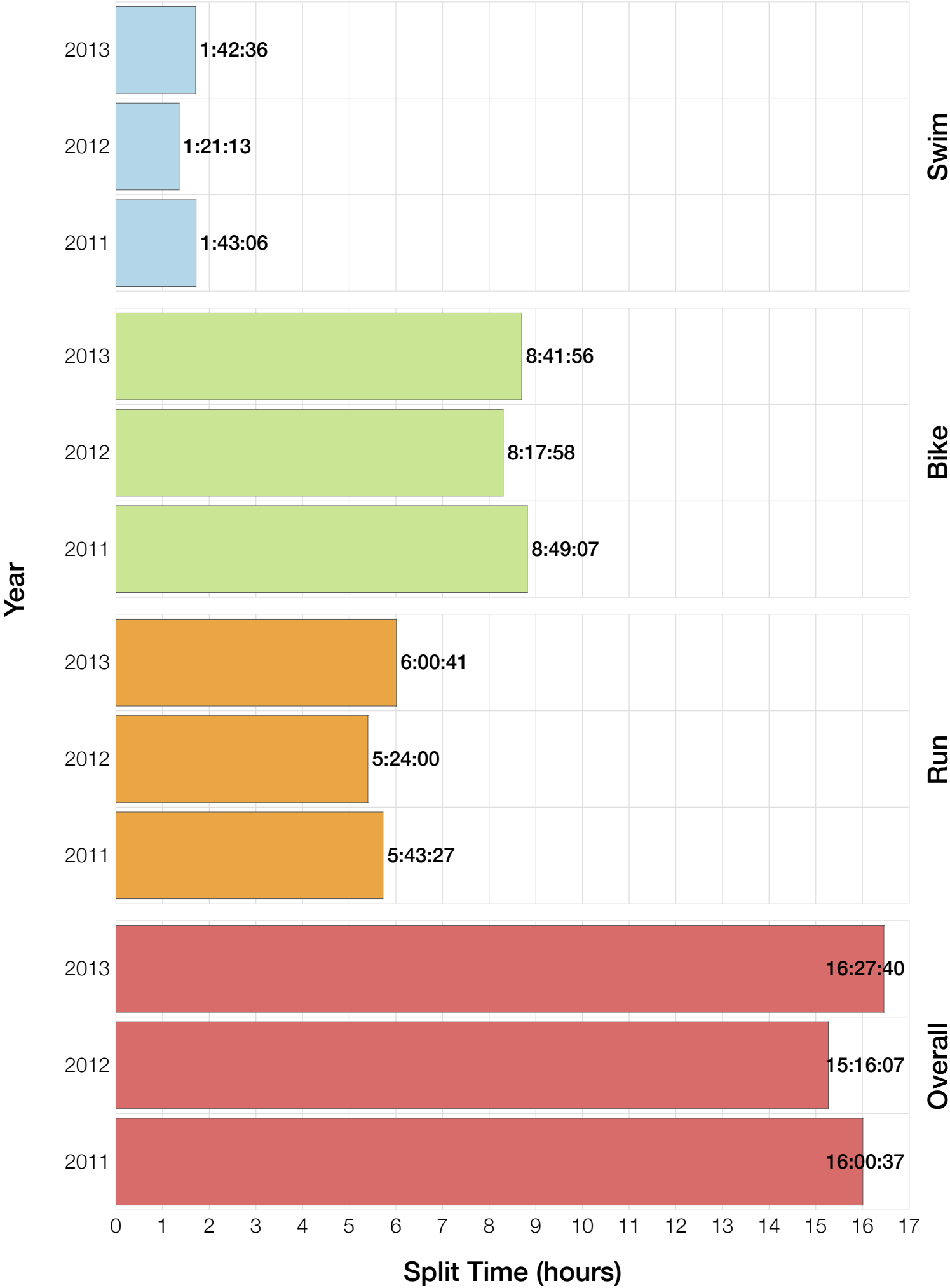
F25-29 Fastest Splits



F25-29 Median Splits

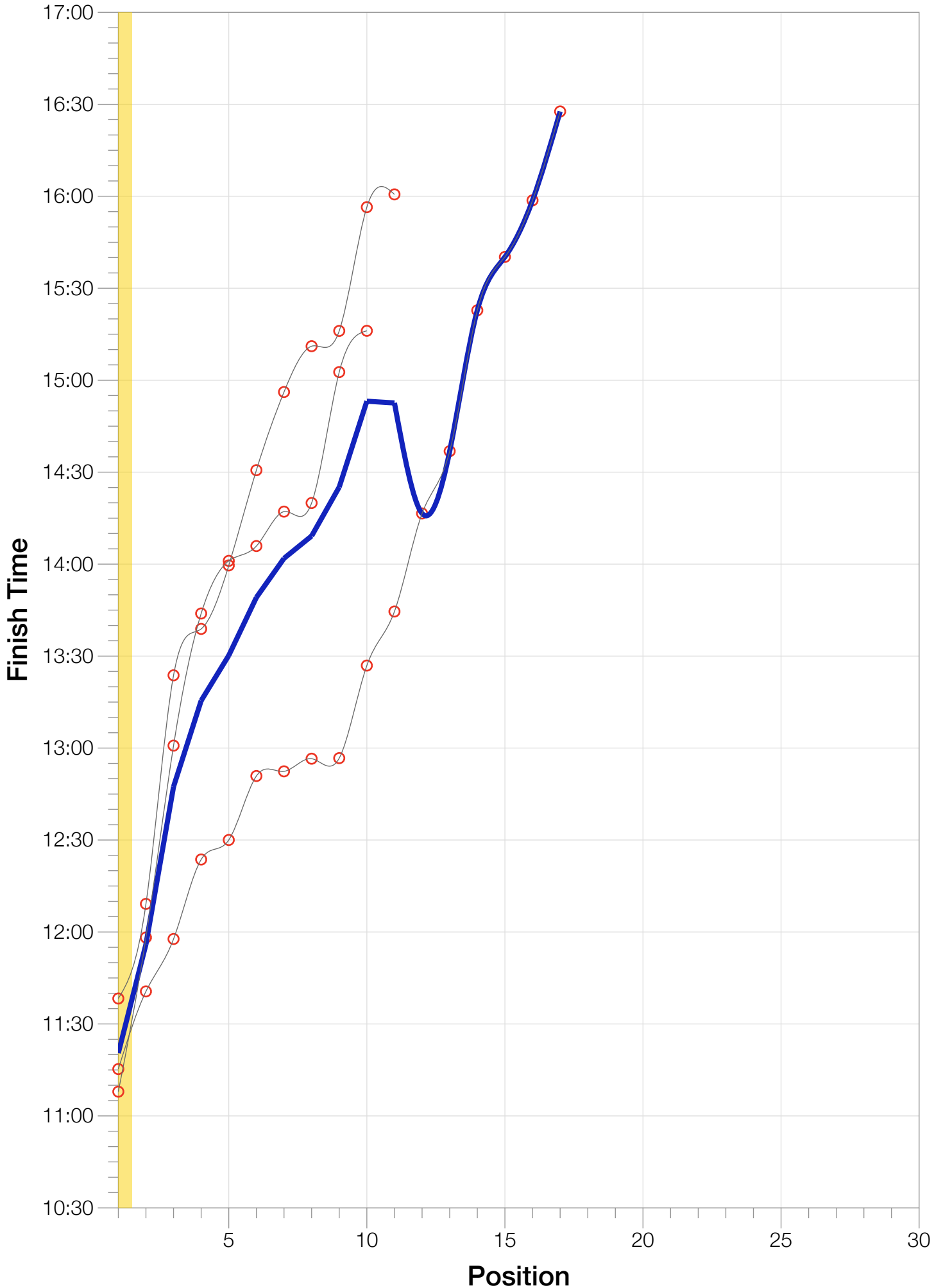


F25-29 Slowest Splits



F25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:48	5:12:39	2:54:25	9:02:04
Average Female Winner	0:56:52	5:37:54	3:12:18	9:57:17
Average 1st Age Grouper	0:57:59	6:22:32	3:46:51	11:20:30
Average 2nd Age Grouper	1:03:37	6:47:00	3:43:26	11:46:49
Average 3rd Age Grouper	1:10:31	7:01:55	3:58:31	12:26:33
Average 4th Age Grouper	1:09:28	7:03:44	4:14:21	12:44:33
Average 5th Age Grouper	1:17:55	7:08:04	4:24:24	13:10:08
Average 6th Age Grouper	1:10:41	7:22:34	4:46:41	13:41:48
Average 7th Age Grouper	1:05:47	7:40:27	4:44:48	13:56:32
Average 8th Age Grouper	1:24:18	7:39:57	4:36:21	14:04:30
Average 9th Age Grouper	1:06:37	7:37:47	5:05:52	14:09:58
Average 10th Age Grouper	1:10:57	7:49:41	5:11:00	14:34:26
Kona Qualifier Average	0:57:59	6:22:32	3:46:51	11:20:30
Top 10 Age Grouper Average	1:09:47	7:15:22	4:27:13	13:11:35

Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:13	5:11:26	3:02:35	9:09:10
Female Winner	0:56:59	5:31:36	3:15:02	9:51:21
1st Age Grouper	0:58:18	6:15:37	3:48:41	11:15:17
2nd Age Grouper	1:01:50	6:32:42	3:54:55	11:40:37
3rd Age Grouper	1:11:50	6:47:07	3:47:23	11:57:43
4th Age Grouper	1:07:04	6:38:22	4:22:48	12:23:39
5th Age Grouper	1:05:49	7:00:15	4:12:54	12:30:01
6th Age Grouper	1:09:18	6:42:37	4:43:35	12:50:53
7th Age Grouper	1:09:10	6:43:16	4:41:52	12:52:24
8th Age Grouper	1:11:21	6:56:13	4:33:06	12:56:32
9th Age Grouper	1:01:56	7:05:23	4:32:37	12:56:43
10th Age Grouper	1:07:42	7:29:38	4:33:51	13:26:55
Kona Qualifier Average	0:58:18	6:15:37	3:48:41	11:15:17
Top 10 Age Grouper Average	1:06:25	6:49:07	4:19:10	12:29:04

Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:12	5:04:16	2:52:42	8:52:43
Female Winner	0:51:29	5:34:35	3:09:48	9:45:09
1st Age Grouper	1:00:52	6:28:55	3:26:27	11:07:55
2nd Age Grouper	1:00:39	6:34:37	3:43:57	11:30:41
3rd Age Grouper	1:04:27	6:54:09	3:47:05	11:58:12
4th Age Grouper	1:07:31	7:05:16	3:42:33	12:11:08
5th Age Grouper	1:04:51	6:39:44	5:02:47	13:00:48
6th Age Grouper	1:16:31	7:39:34	4:26:55	13:43:54
7th Age Grouper	1:03:11	8:04:30	4:35:47	14:01:04
8th Age Grouper	1:21:13	7:53:19	4:31:06	14:05:54
9th Age Grouper	0:59:02	7:38:42	5:24:00	14:17:08
10th Age Grouper	1:12:40	7:32:32	5:15:43	14:19:57
Kona Qualifier Average	1:00:52	6:28:55	3:26:27	11:07:55
Top 10 Age Grouper Average	1:07:05	7:15:07	4:23:38	13:01:40

Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	0:54:49	6:23:05	4:05:25	11:38:18
2nd Age Grouper	1:08:24	7:13:43	3:31:28	12:09:10
3rd Age Grouper	1:15:18	7:24:29	4:21:05	13:23:44
4th Age Grouper	1:13:49	7:27:34	4:37:43	13:38:52
5th Age Grouper	1:43:06	7:44:15	3:57:33	13:59:35
6th Age Grouper	1:06:14	7:45:33	5:09:35	14:30:39
7th Age Grouper	1:05:01	8:13:37	4:56:45	14:56:09
8th Age Grouper	1:40:22	8:10:19	4:44:52	15:11:06
9th Age Grouper	1:18:55	8:09:17	5:20:59	15:16:05
10th Age Grouper	1:12:29	8:26:53	5:43:27	15:56:27
Kona Qualifier Average	0:54:49	6:23:05	4:05:25	11:38:18
Top 10 Age Grouper Average	1:15:50	7:41:52	4:38:53	14:04:00