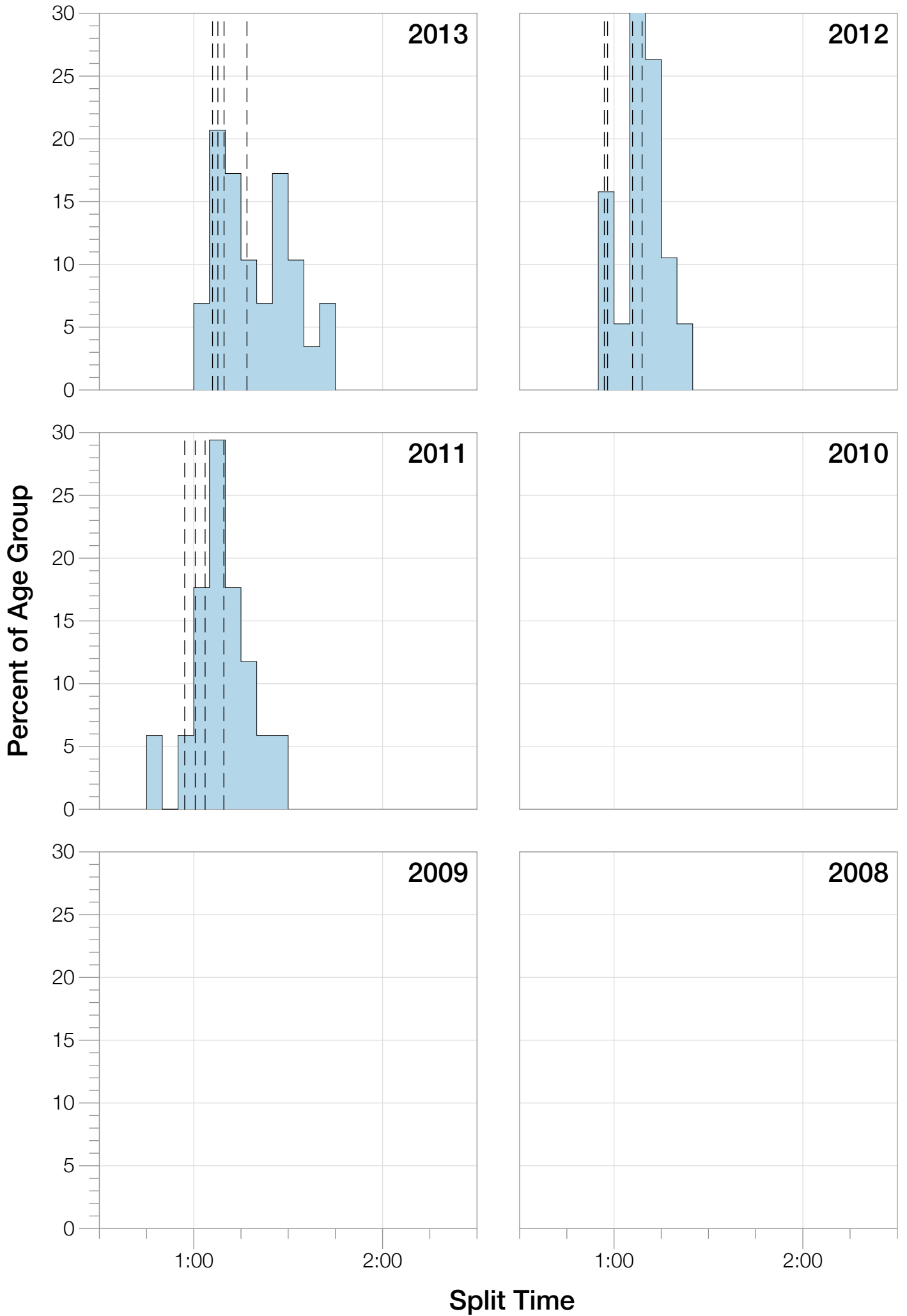


Ironman Wales F35-39 Stats

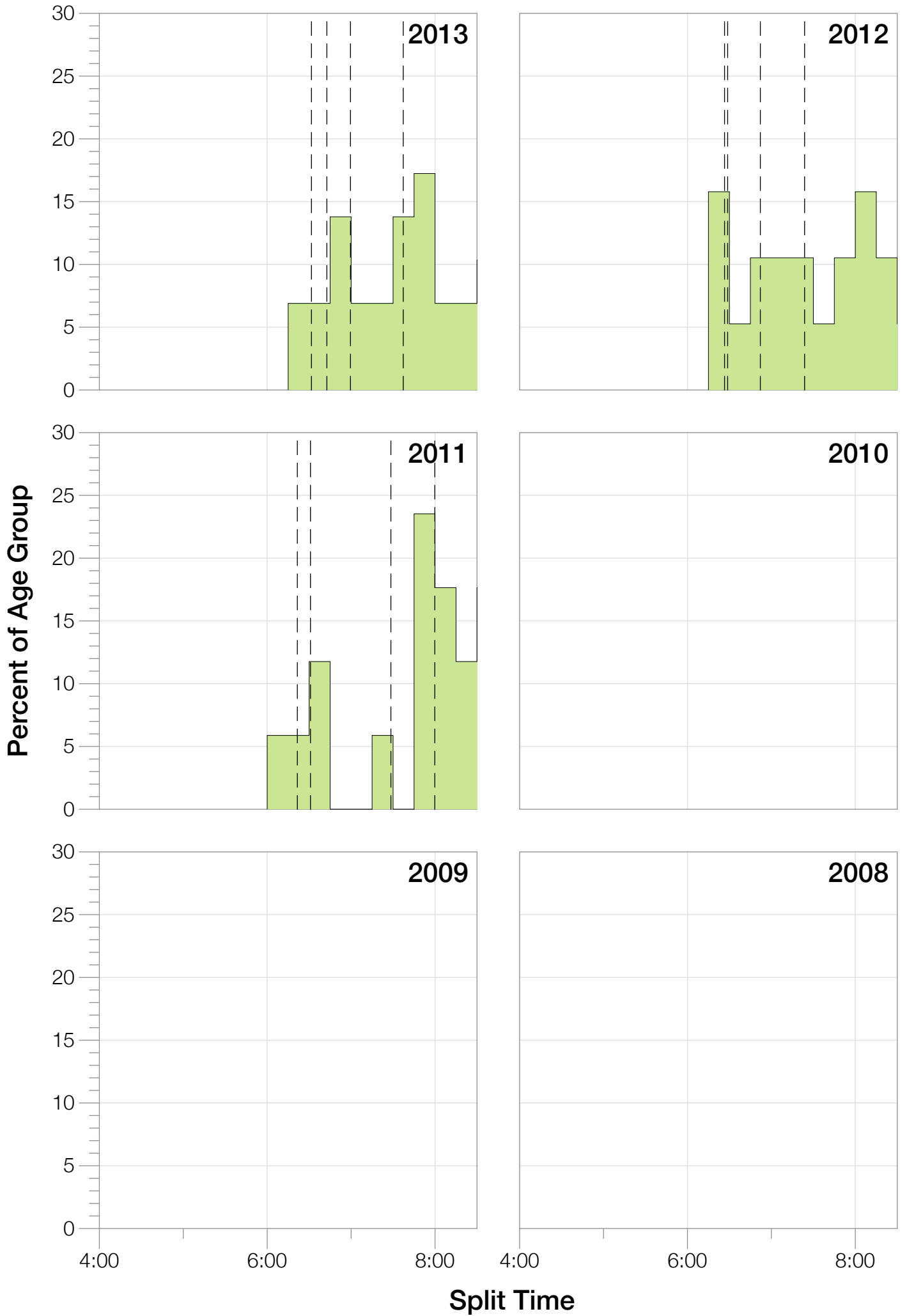
F35-39 Summary Statistics

Year	Finishers	F35-39 Finishers	Male Winner's Time	Female Winner's Time	F35-39 Winner's Time
2011	1122	17	9:04:20	10:15:23	10:43:11
2012	1215	25	8:52:43	9:45:09	11:05:06
2013	1280	29	9:09:10	9:51:21	11:41:45
Average	1206	24	9:02:04	9:57:17	11:10:00

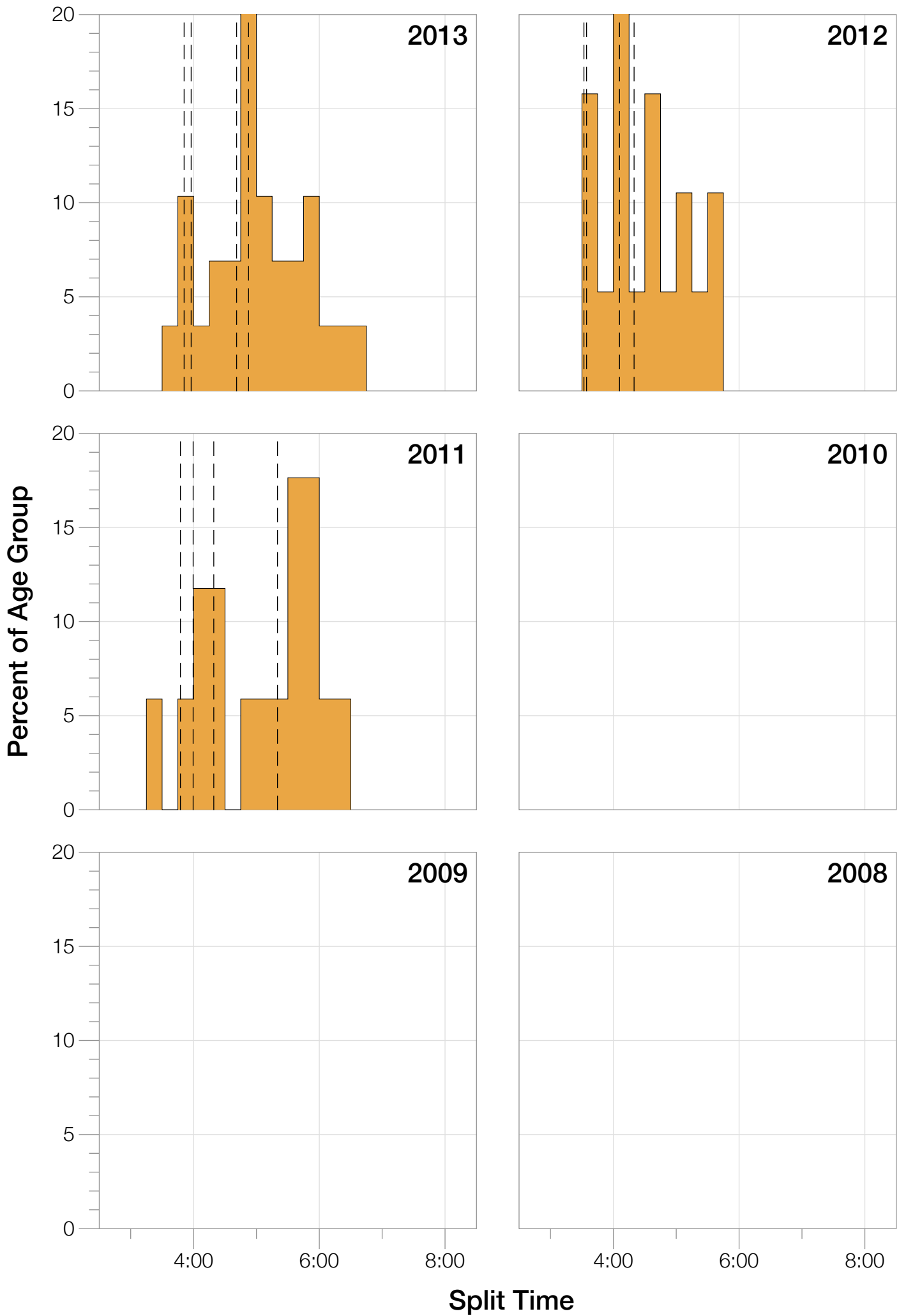
F35-39 Swim



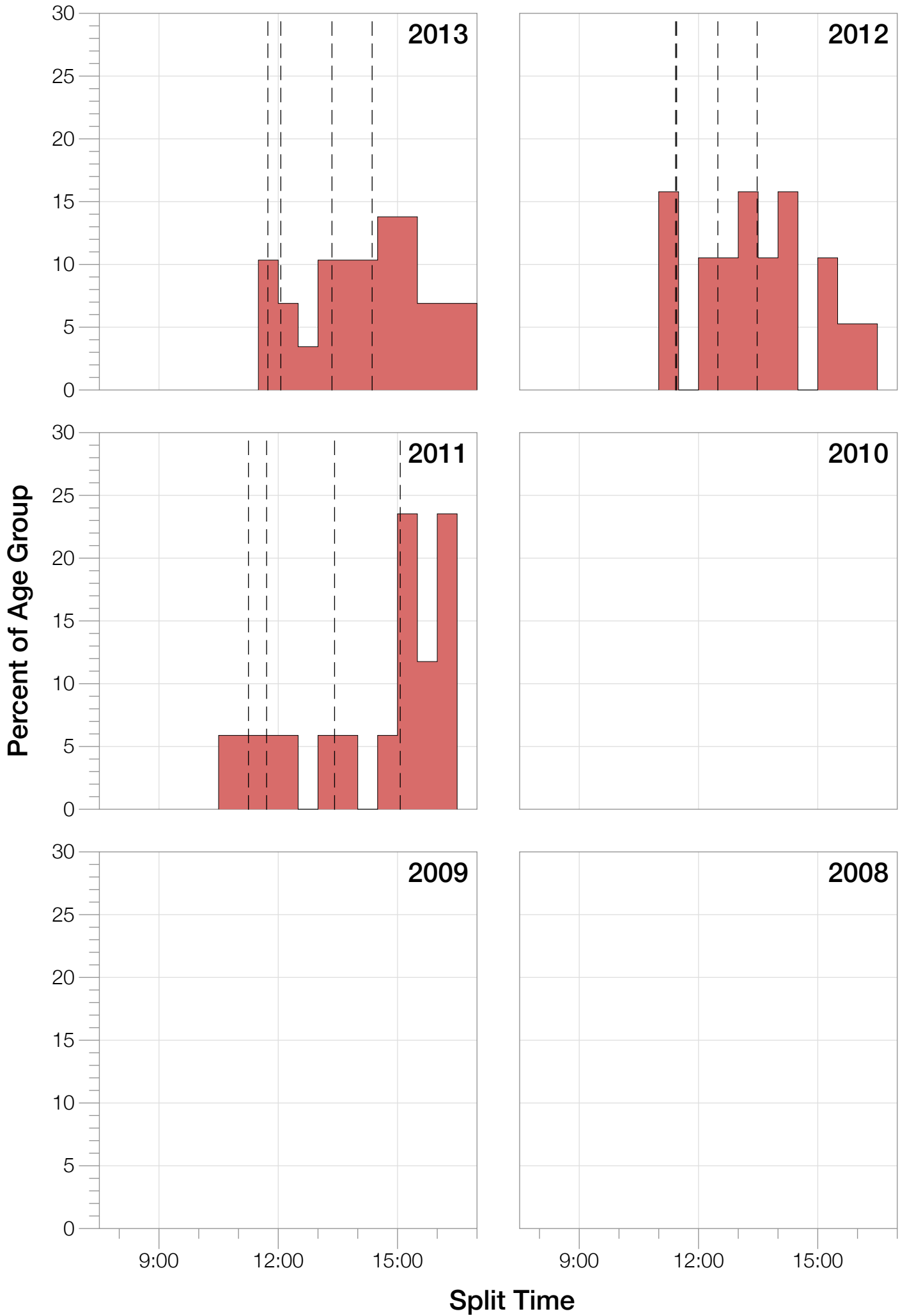
F35-39 Bike



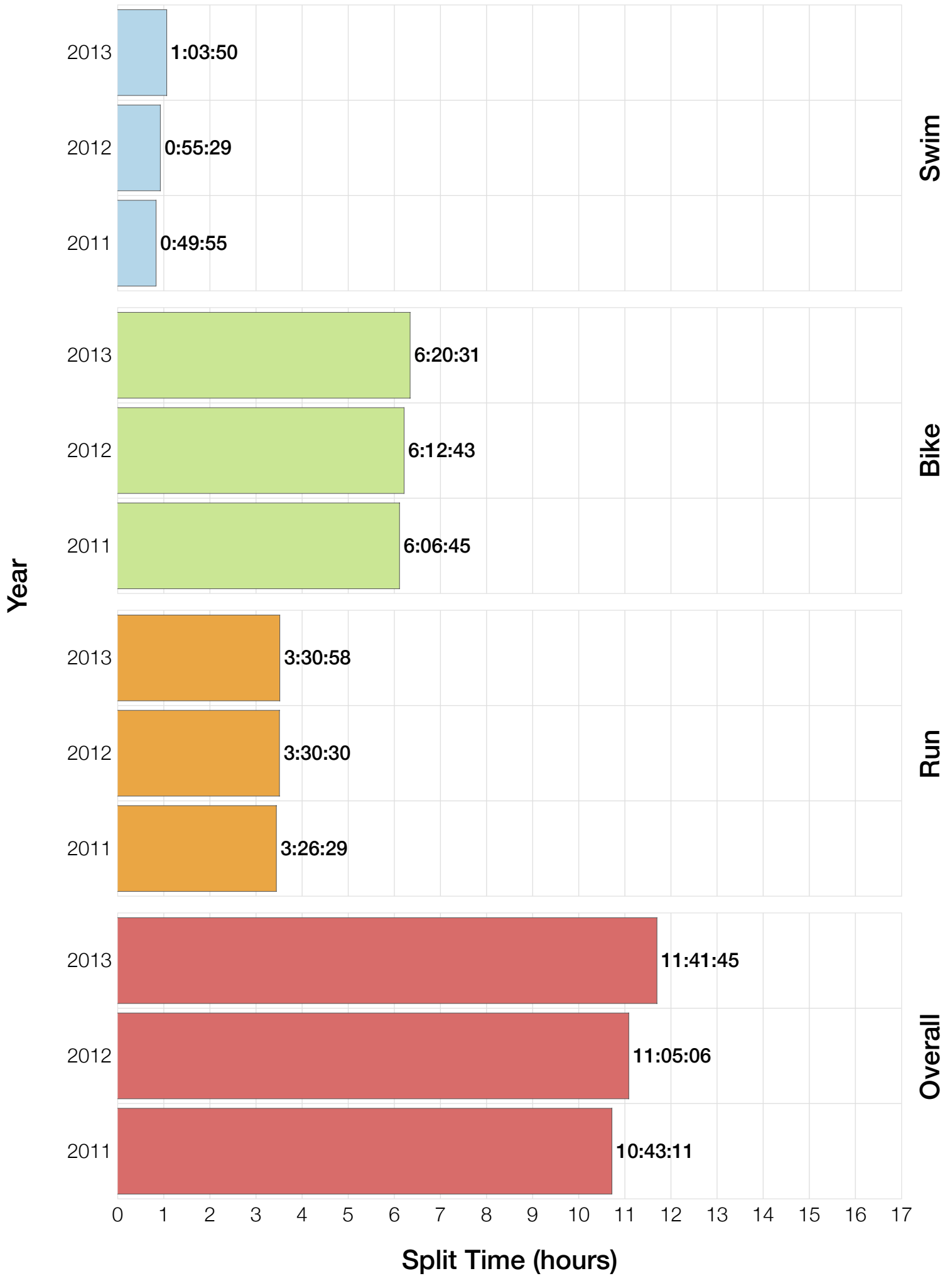
F35-39 Run



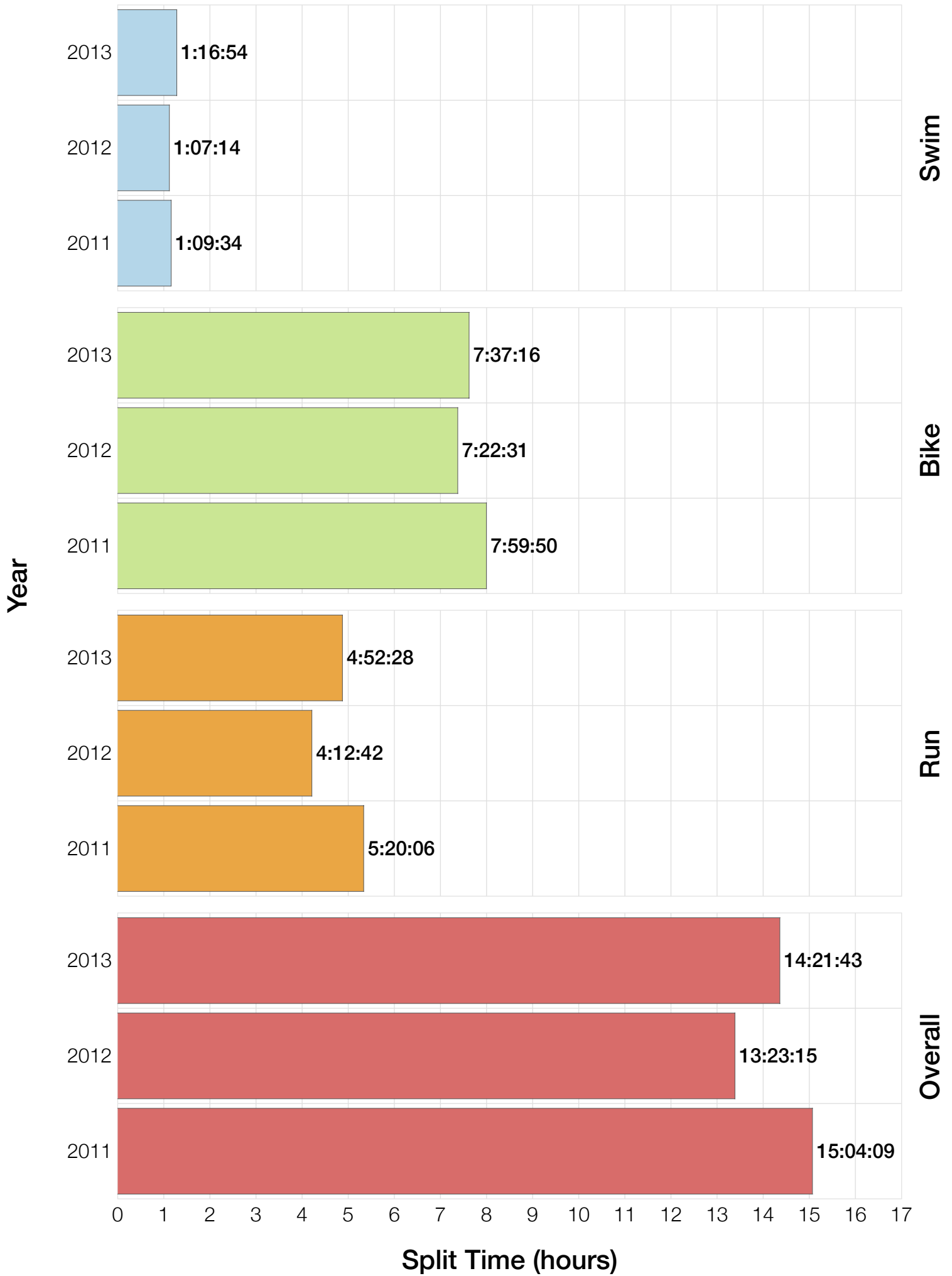
F35-39 Overall



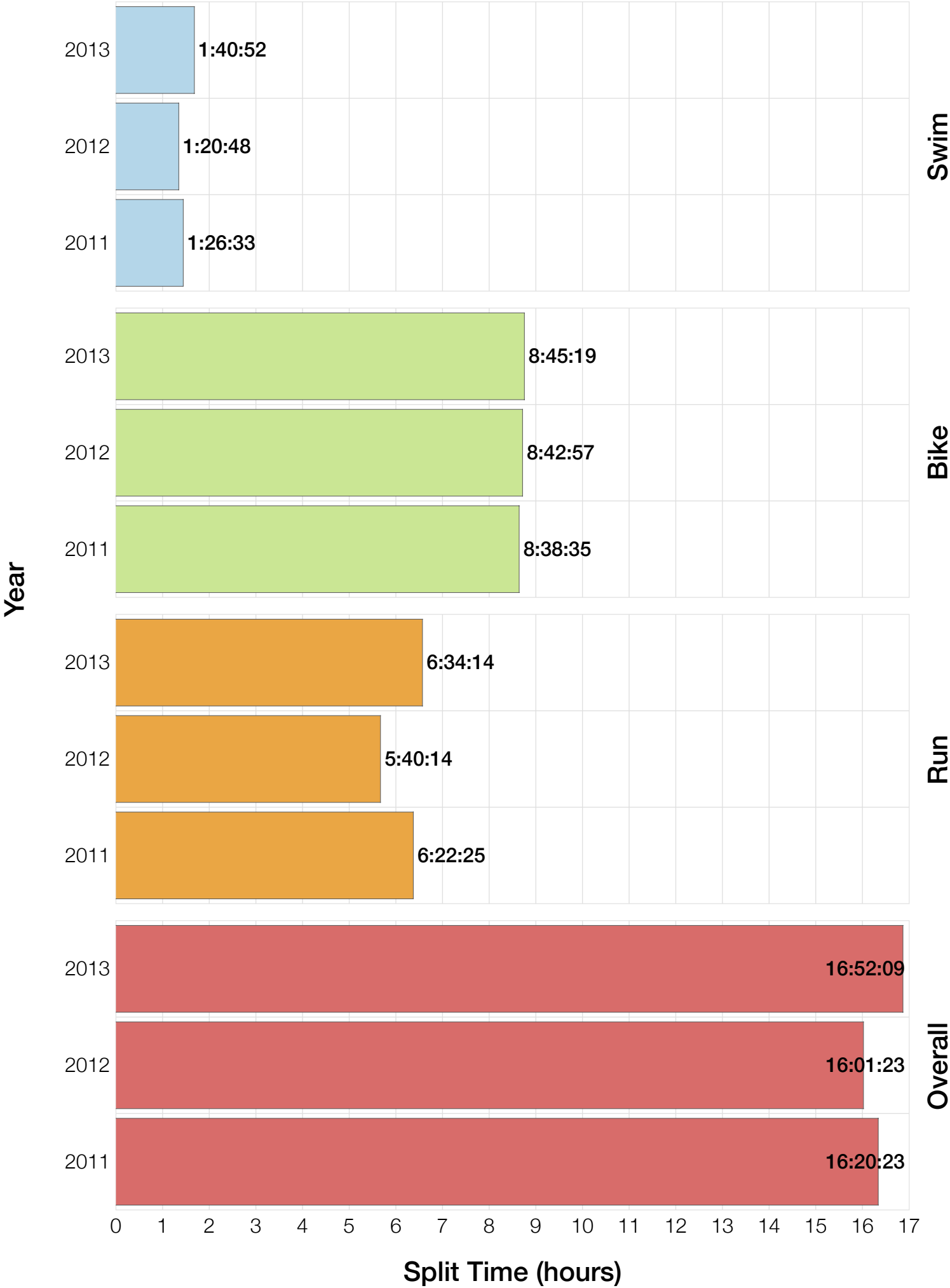
F35-39 Fastest Splits



F35-39 Median Splits

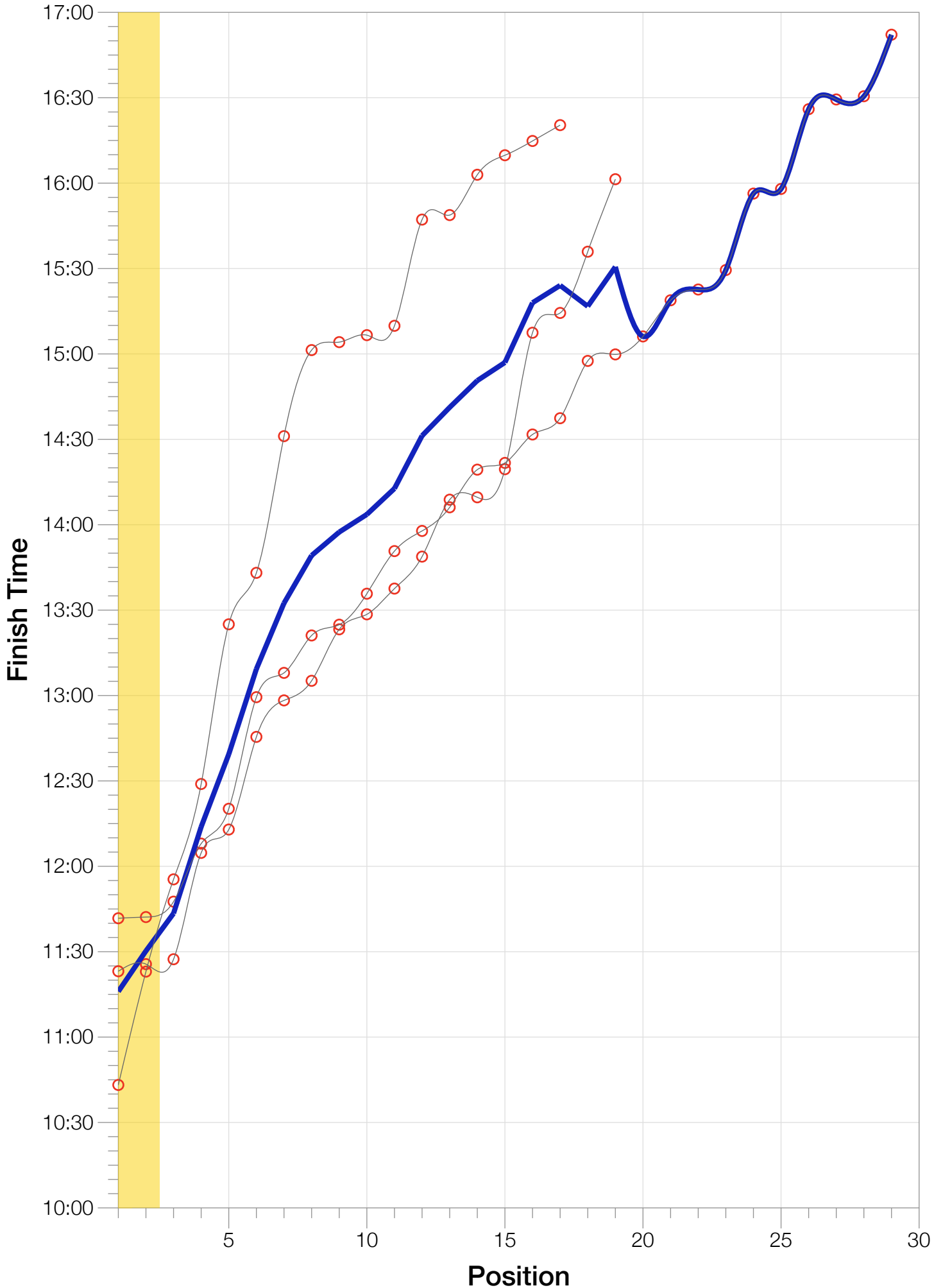


F35-39 Slowest Splits



F35-39 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



F35-39 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:48	5:12:39	2:54:25	9:02:04
Average Female Winner	0:56:52	5:37:54	3:12:18	9:57:17
Average 1st Age Grouper	1:04:08	6:18:12	3:35:49	11:10:00
Average 2nd Age Grouper	1:04:02	6:32:15	3:38:03	11:29:26
Average 3rd Age Grouper	1:08:44	6:25:19	3:56:23	11:42:52
Average 4th Age Grouper	1:06:28	6:36:02	4:03:10	12:01:23
Average 5th Age Grouper	1:08:10	6:51:08	4:02:16	12:24:11
Average 6th Age Grouper	1:09:36	7:08:53	4:12:42	12:48:17
Average 7th Age Grouper	1:02:10	7:12:28	4:39:00	13:14:35
Average 8th Age Grouper	1:05:31	7:27:38	4:39:00	13:31:47
Average 9th Age Grouper	1:12:44	7:15:58	4:47:25	13:34:58
Average 10th Age Grouper	1:18:24	7:34:39	4:28:22	13:49:16
Kona Qualifier Average	1:04:05	6:25:13	3:36:56	11:19:43
Top 10 Age Grouper Average	1:08:00	6:56:15	4:12:13	12:34:41

Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:13	5:11:26	3:02:35	9:09:10
Female Winner	0:56:59	5:31:36	3:15:02	9:51:21
1st Age Grouper	1:10:54	6:28:50	3:47:42	11:41:45
2nd Age Grouper	1:10:01	6:44:22	3:30:58	11:42:10
3rd Age Grouper	1:16:54	6:20:31	3:58:10	11:47:35
4th Age Grouper	1:07:31	6:51:08	3:55:57	12:07:58
5th Age Grouper	1:07:42	6:35:50	4:13:26	12:20:13
6th Age Grouper	1:11:01	6:48:39	4:43:23	12:59:25
7th Age Grouper	1:04:56	6:59:32	4:46:07	13:07:57
8th Age Grouper	1:09:21	7:22:24	4:27:41	13:21:06
9th Age Grouper	1:24:02	6:51:53	4:47:08	13:24:53
10th Age Grouper	1:26:06	7:06:40	4:41:05	13:35:46
Kona Qualifier Average	1:10:27	6:36:36	3:39:20	11:41:57
Top 10 Age Grouper Average	1:12:50	6:48:58	4:17:09	12:36:52

Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:12	5:04:16	2:52:42	8:52:43
Female Winner	0:51:29	5:34:35	3:09:48	9:45:09
1st Age Grouper	1:02:37	6:19:01	3:33:18	11:05:06
2nd Age Grouper	1:12:11	6:27:10	3:30:30	11:23:08
3rd Age Grouper	1:06:06	6:20:42	3:46:49	11:25:38
4th Age Grouper	1:05:28	6:12:43	3:54:15	11:27:18
5th Age Grouper	1:07:14	6:29:08	3:32:04	11:27:21
6th Age Grouper	1:03:28	6:38:51	3:44:09	11:42:20
7th Age Grouper	0:55:29	6:38:02	4:11:18	12:04:43
8th Age Grouper	0:57:05	6:51:37	4:09:14	12:12:55
9th Age Grouper	1:04:29	6:55:09	4:02:29	12:15:54
10th Age Grouper	1:12:47	7:23:45	3:35:00	12:45:28
Kona Qualifier Average	1:07:24	6:23:05	3:31:54	11:14:07
Top 10 Age Grouper Average	1:04:41	6:37:36	3:47:54	11:46:59

Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	0:58:55	6:06:45	3:26:29	10:43:11
2nd Age Grouper	0:49:55	6:25:15	3:52:43	11:23:00
3rd Age Grouper	1:03:14	6:34:44	4:04:12	11:55:25
4th Age Grouper	1:06:26	6:44:16	4:19:18	12:28:55
5th Age Grouper	1:09:34	7:28:26	4:21:20	13:25:01
6th Age Grouper	1:14:20	7:59:10	4:10:35	13:43:06
7th Age Grouper	1:06:07	7:59:50	4:59:37	14:31:07
8th Age Grouper	1:10:07	8:08:54	5:20:06	15:01:21
9th Age Grouper	1:09:41	8:00:53	5:32:39	15:04:09
10th Age Grouper	1:16:20	8:13:33	5:09:02	15:06:36
Kona Qualifier Average	0:54:25	6:16:00	3:39:36	11:03:05
Top 10 Age Grouper Average	1:06:27	7:22:10	4:31:36	13:20:11