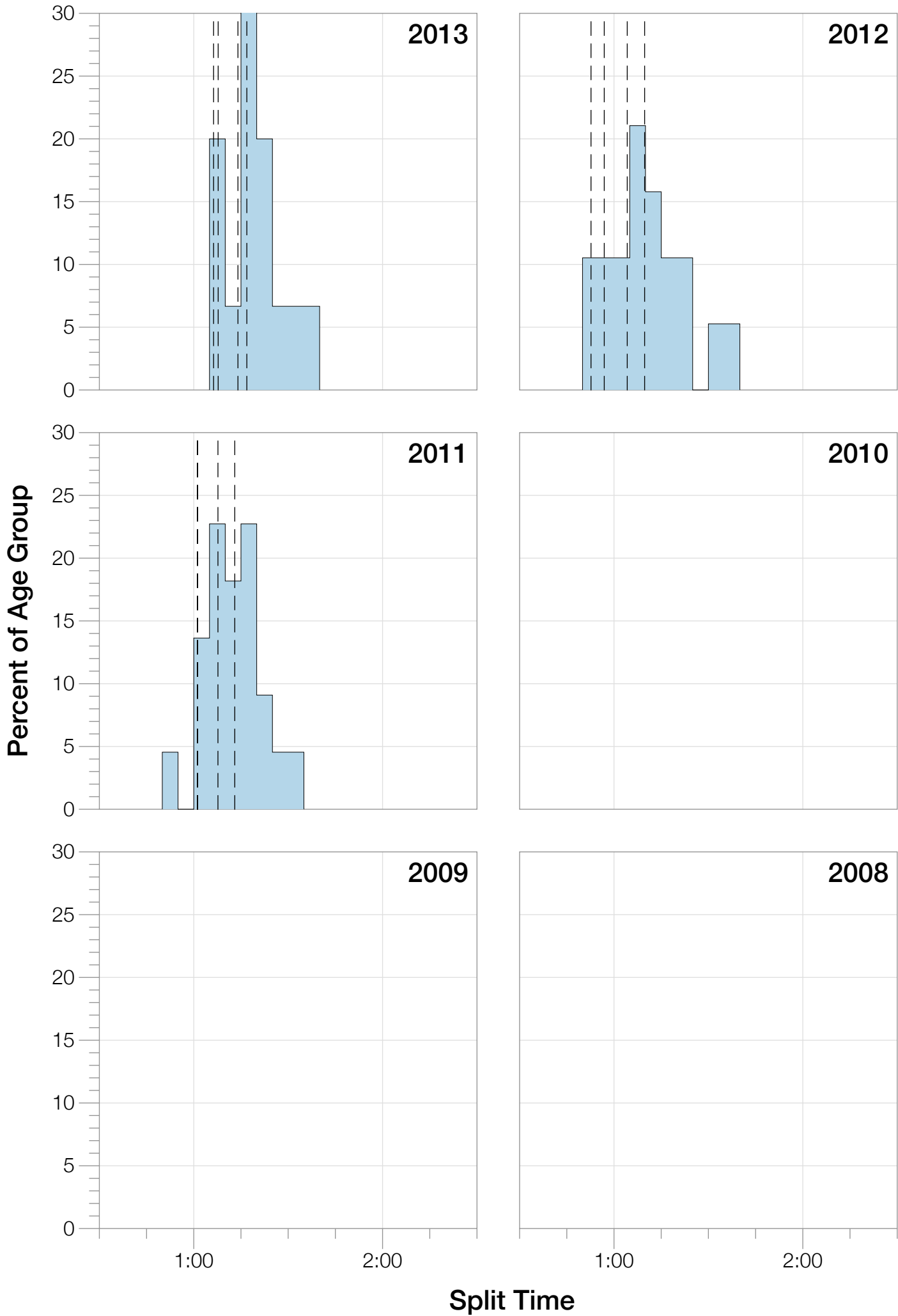


# Ironman Wales F40-44 Stats

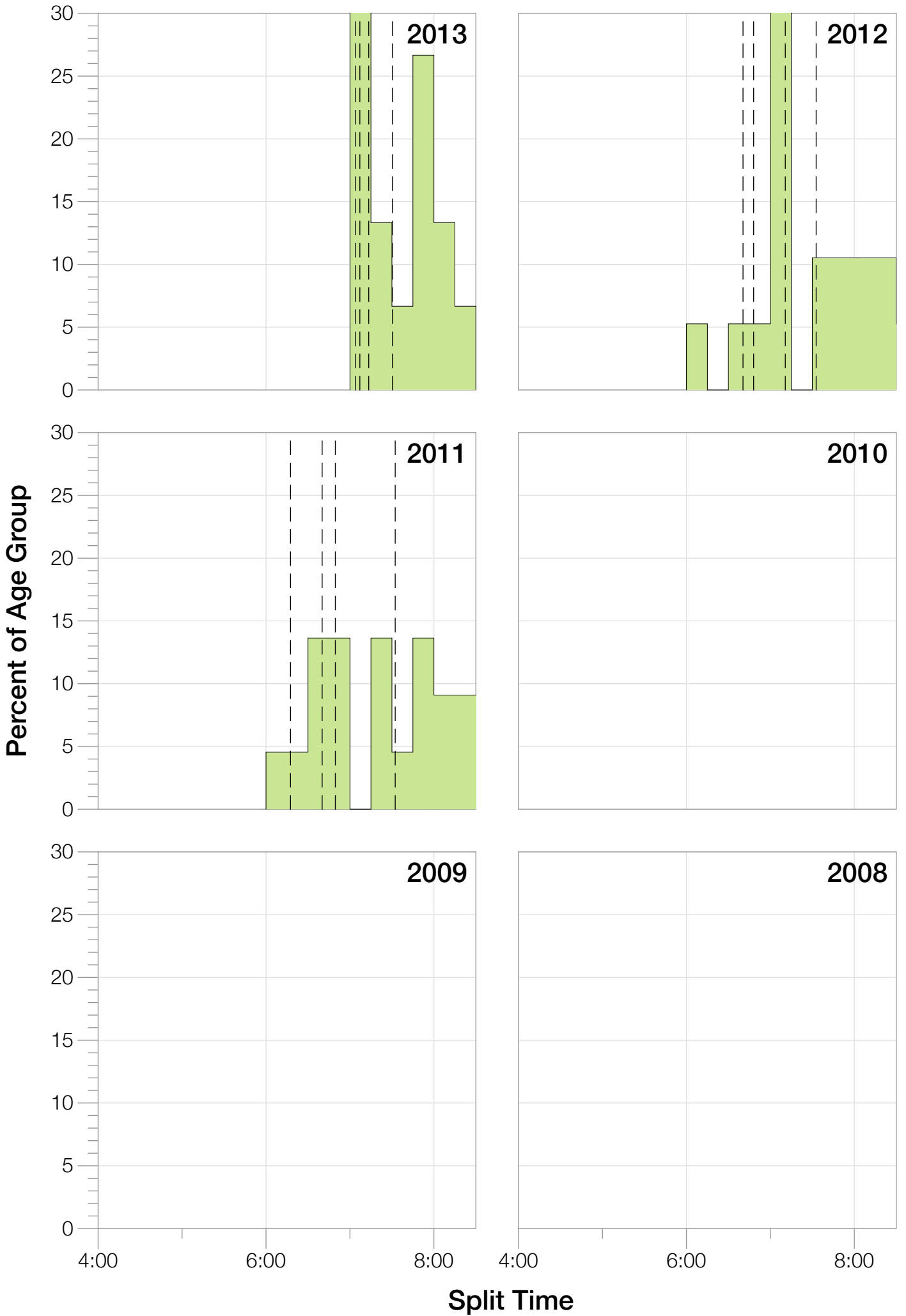
## F40-44 Summary Statistics

<b>Year</b>	<b>Finishers</b>	<b>F40-44 Finishers</b>	<b>Male Winner's Time</b>	<b>Female Winner's Time</b>	<b>F40-44 Winner's Time</b>
2011	1122	22	9:04:20	10:15:23	11:02:57
2012	1215	20	8:52:43	9:45:09	10:20:10
2013	1280	15	9:09:10	9:51:21	12:55:29
<b>Average</b>	<b>1206</b>	<b>19</b>	<b>9:02:04</b>	<b>9:57:17</b>	<b>11:26:12</b>

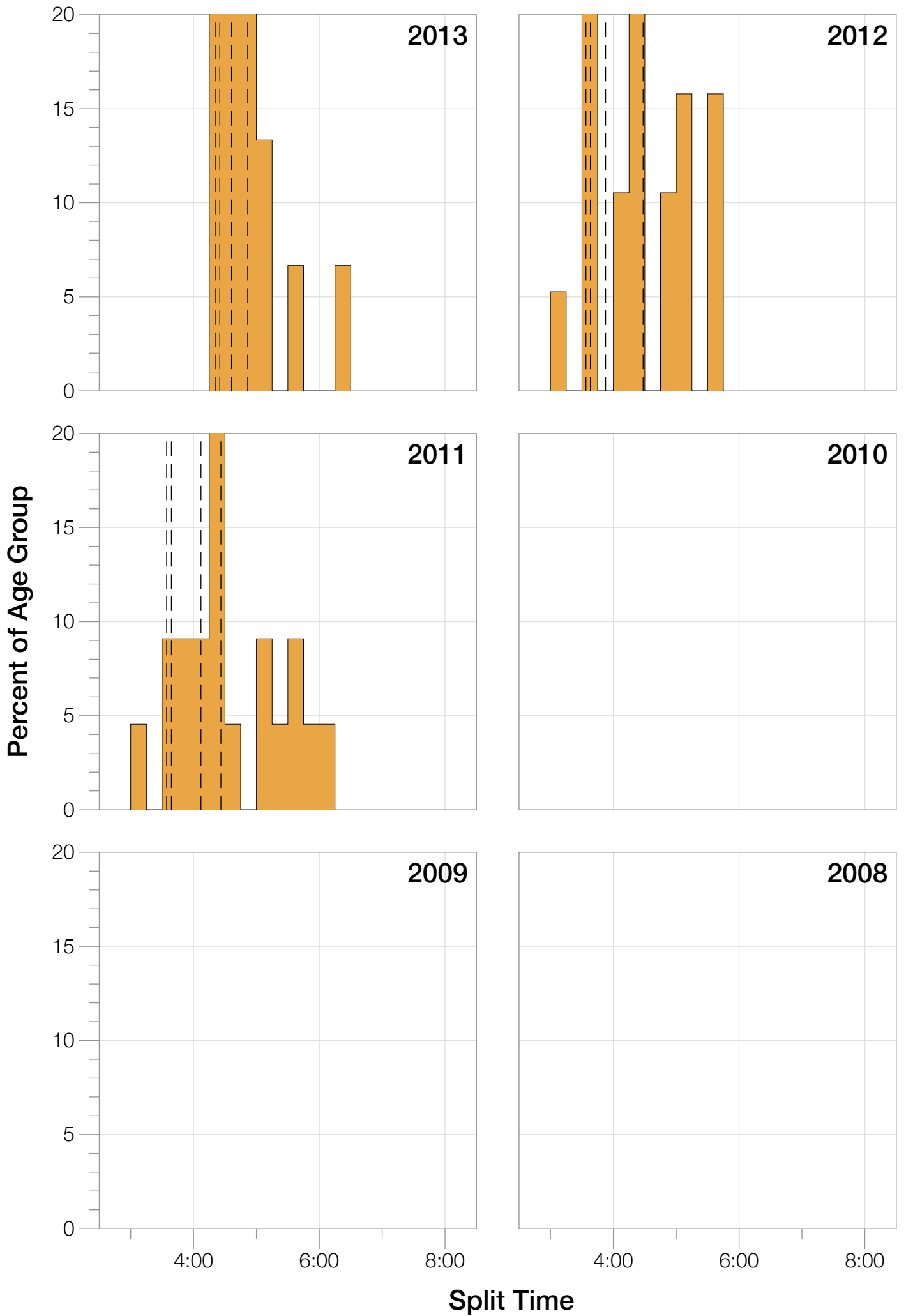
# F40-44 Swim



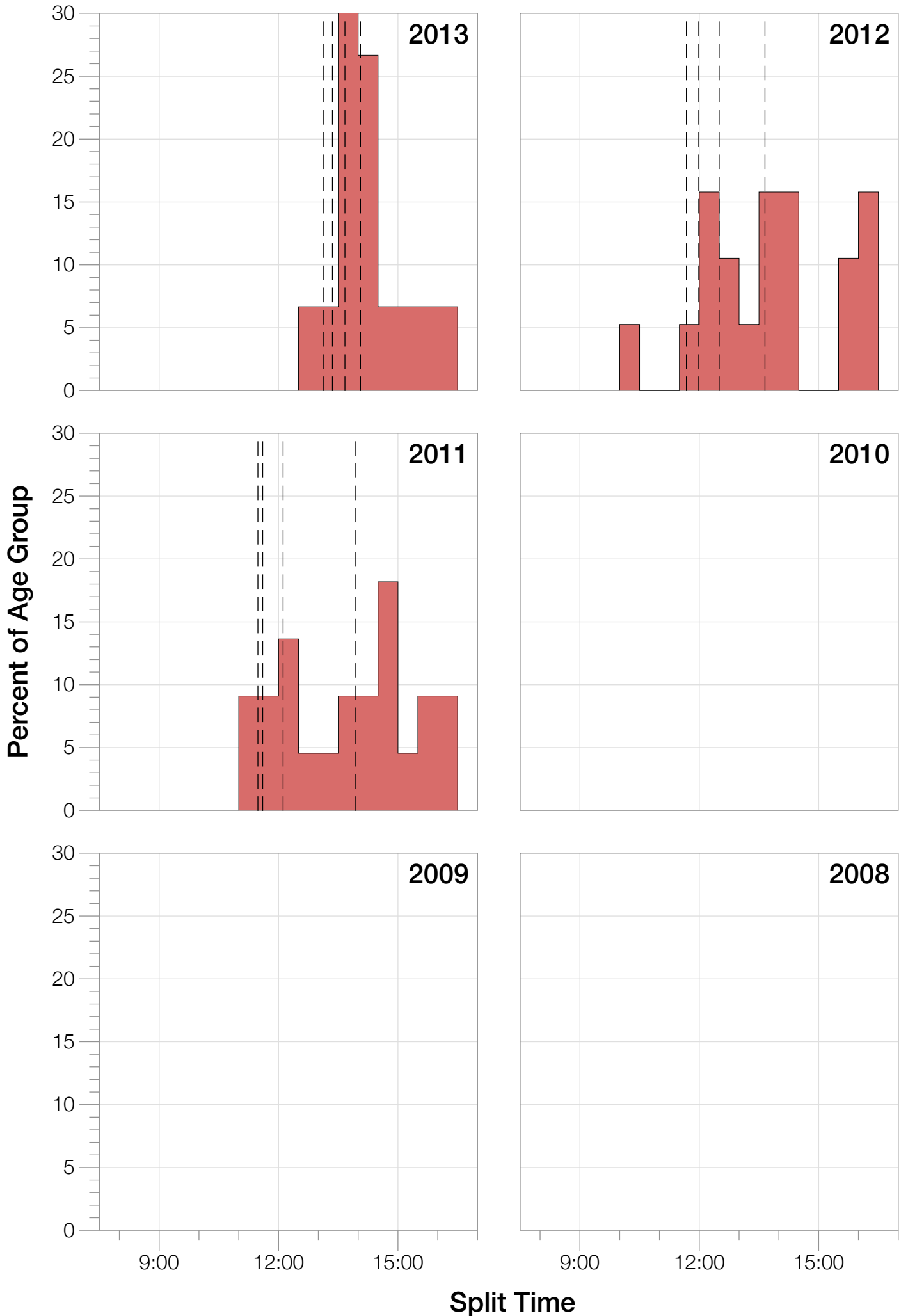
# F40-44 Bike



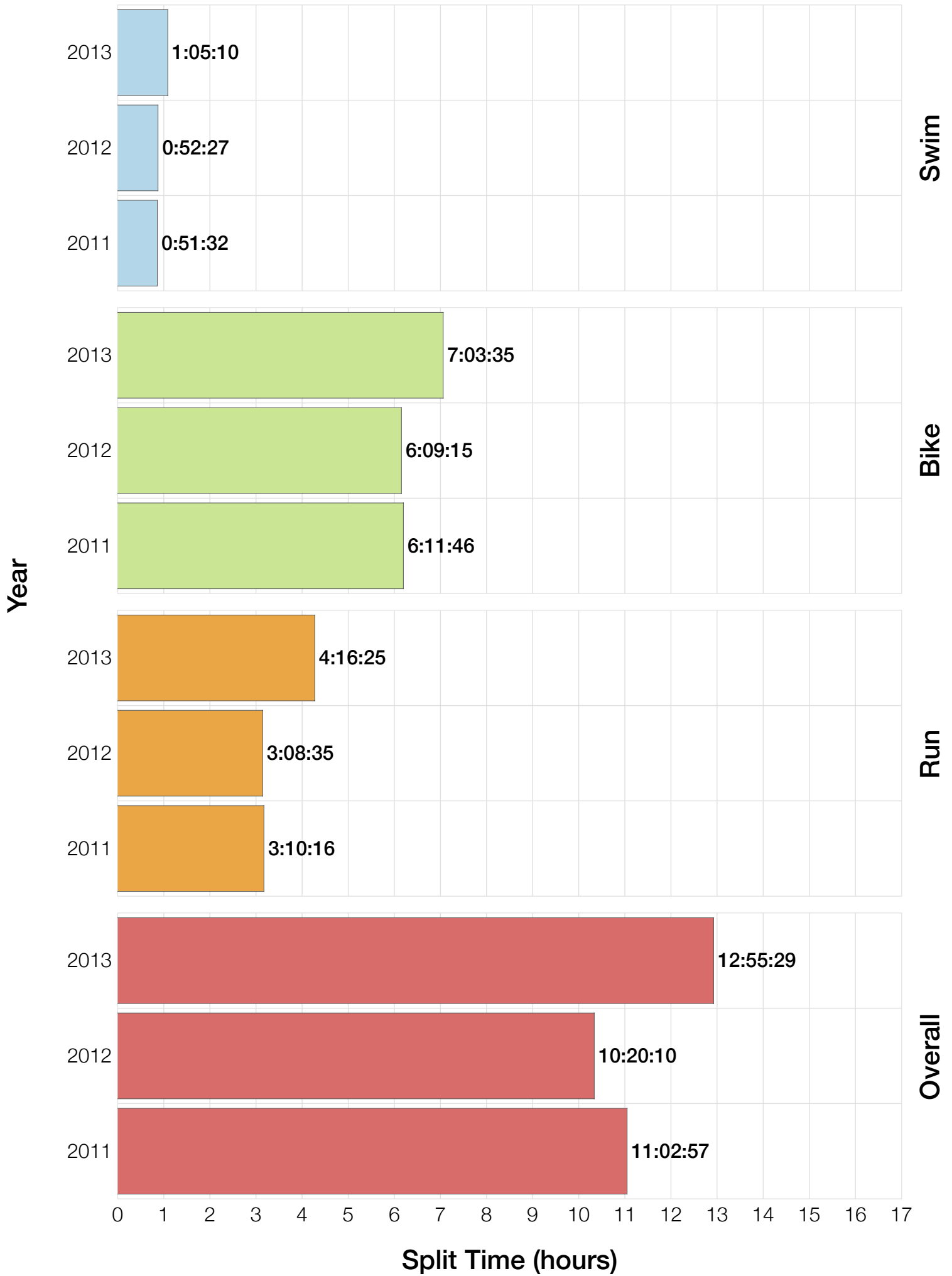
# F40-44 Run



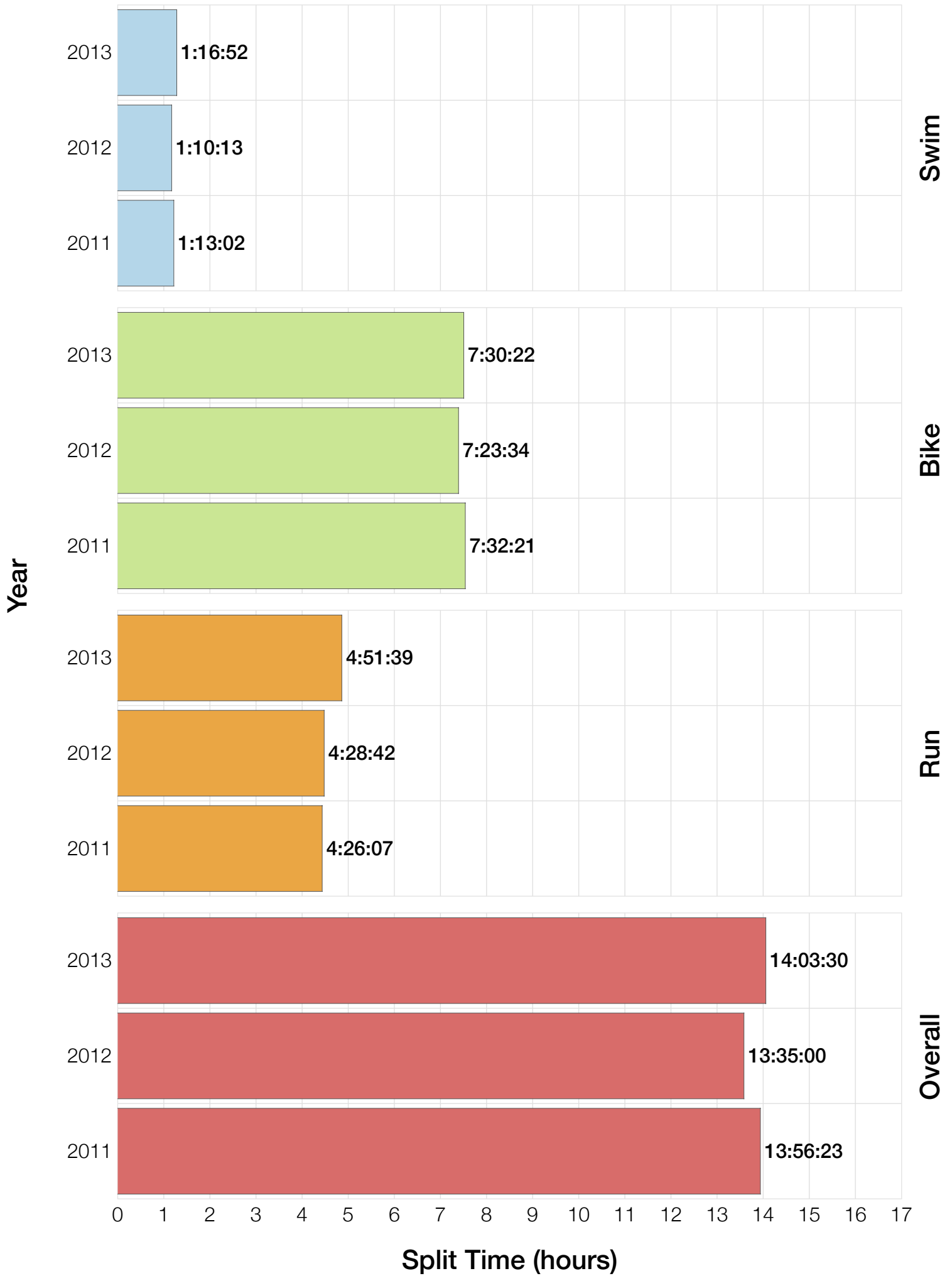
# F40-44 Overall



# F40-44 Fastest Splits

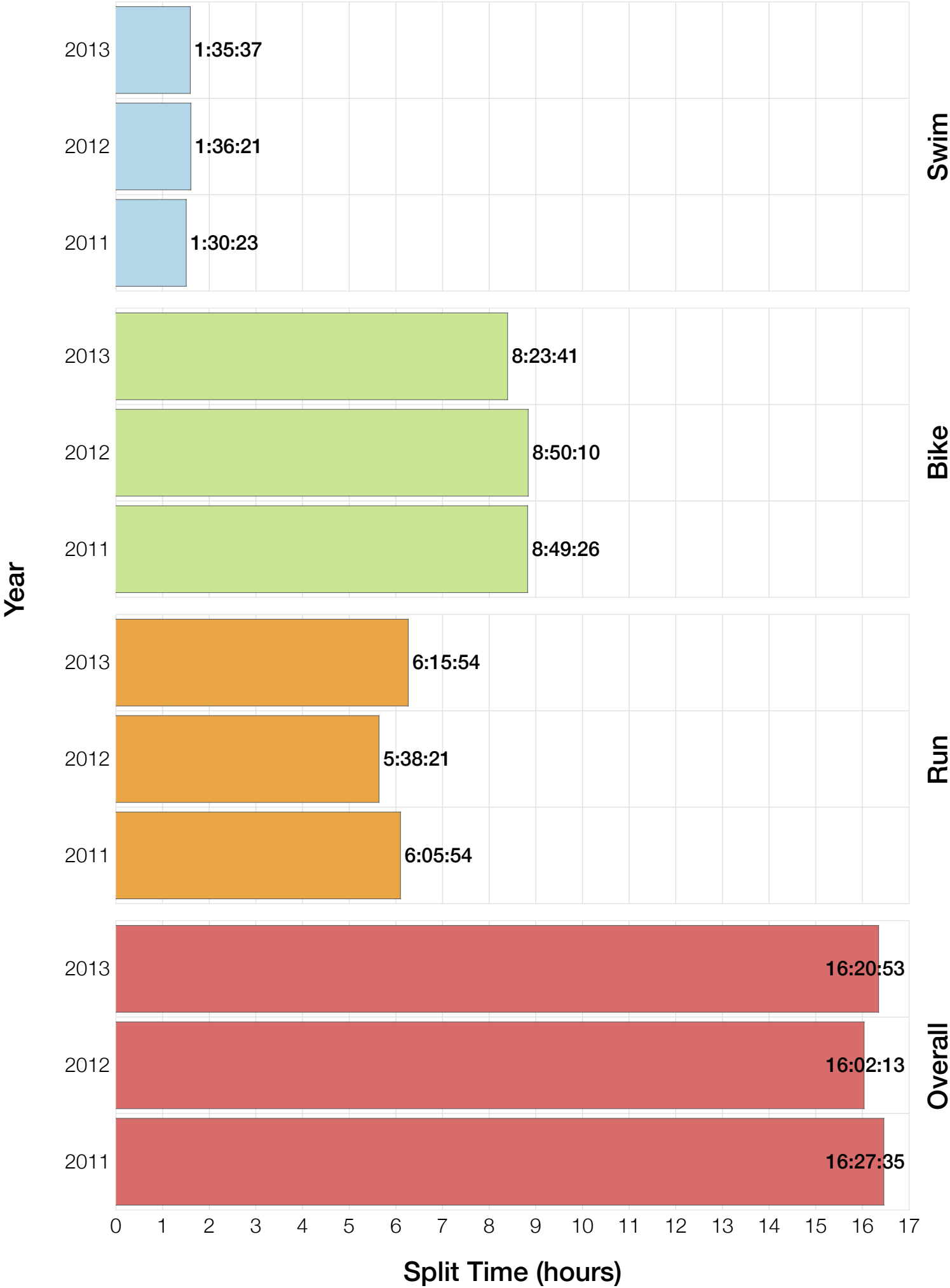


# F40-44 Median Splits



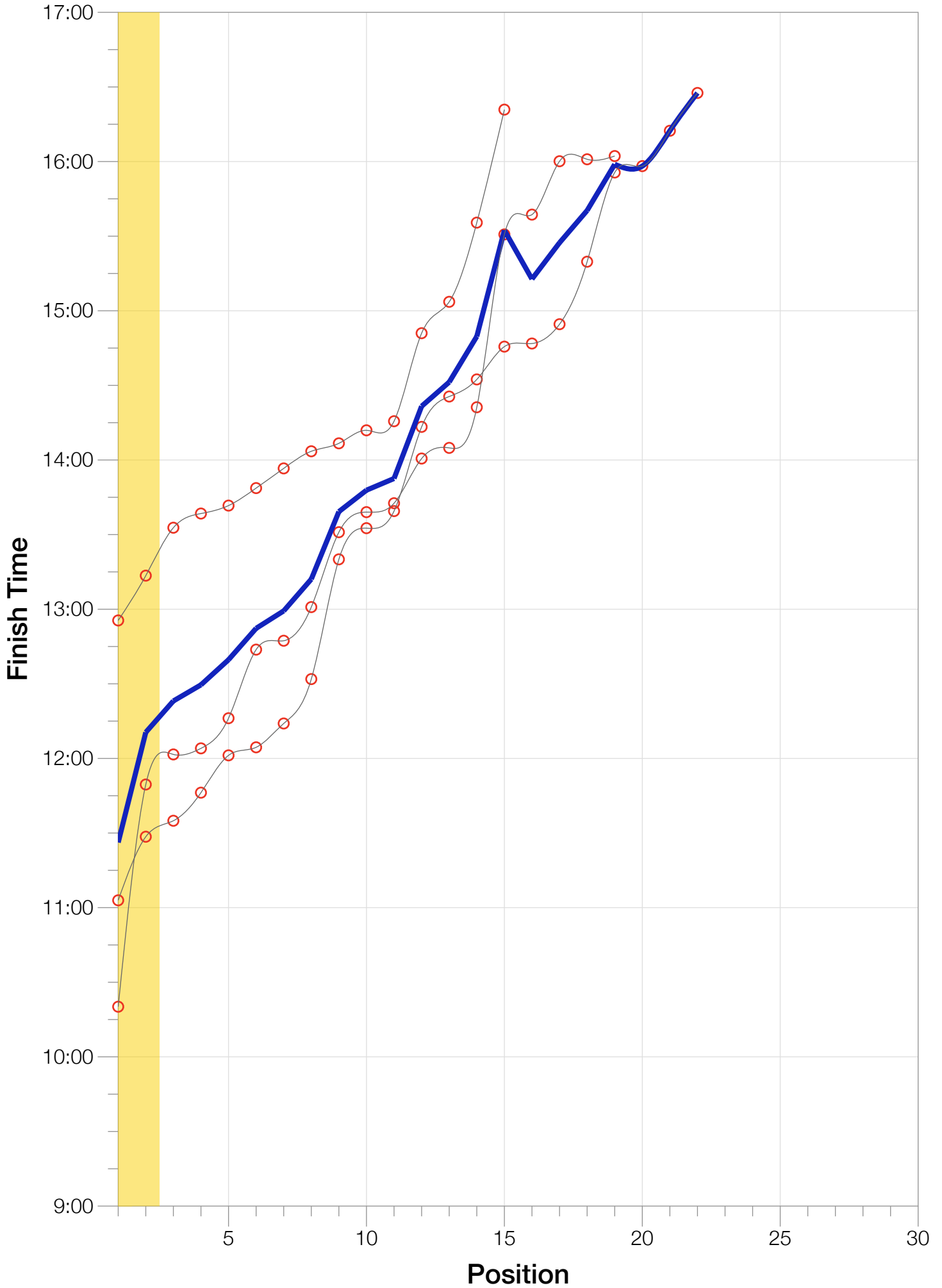


# F40-44 Slowest Splits



# F40-44 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# F40-44 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:46:48</b>	<b>5:12:39</b>	<b>2:54:25</b>	<b>9:02:04</b>
<b>Average Female Winner</b>	<b>0:56:52</b>	<b>5:37:54</b>	<b>3:12:18</b>	<b>9:57:17</b>
<b>Average 1st Age Grouper</b>	<b>1:03:02</b>	<b>6:28:12</b>	<b>3:39:42</b>	<b>11:26:12</b>
<b>Average 2nd Age Grouper</b>	<b>1:08:37</b>	<b>6:58:36</b>	<b>3:45:28</b>	<b>12:10:30</b>
Average 3rd Age Grouper	1:02:21	6:54:35	4:07:27	12:23:06
Average 4th Age Grouper	1:07:16	6:59:36	4:04:26	12:29:35
Average 5th Age Grouper	1:03:00	7:10:21	4:06:31	12:39:41
Average 6th Age Grouper	1:14:40	6:55:26	4:22:07	12:51:28
Average 7th Age Grouper	1:09:49	7:08:05	4:21:09	12:58:08
Average 8th Age Grouper	1:08:35	7:15:34	4:24:12	13:07:34
Average 9th Age Grouper	1:14:20	7:27:05	4:23:47	13:29:12
Average 10th Age Grouper	1:12:48	7:37:01	4:31:07	13:45:09
<b>Kona Qualifier Average</b>	<b>1:05:49</b>	<b>6:43:24</b>	<b>3:42:35</b>	<b>11:48:21</b>
<b>Top 10 Age Grouper Average</b>	<b>1:08:27</b>	<b>7:05:27</b>	<b>4:10:35</b>	<b>12:44:03</b>

## Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:47:13</b>	<b>5:11:26</b>	<b>3:02:35</b>	<b>9:09:10</b>
<b>Female Winner</b>	<b>0:56:59</b>	<b>5:31:36</b>	<b>3:15:02</b>	<b>9:51:21</b>
<b>1st Age Grouper</b>	<b>1:15:34</b>	<b>7:03:35</b>	<b>4:16:25</b>	<b>12:55:29</b>
<b>2nd Age Grouper</b>	<b>1:15:26</b>	<b>7:13:40</b>	<b>4:22:27</b>	<b>13:13:30</b>
3rd Age Grouper	1:22:50	7:13:12	4:28:57	13:32:46
4th Age Grouper	1:15:49	7:11:48	4:51:39	13:38:28
5th Age Grouper	1:09:13	7:29:49	4:40:45	13:41:40
6th Age Grouper	1:18:13	7:03:56	4:57:32	13:48:42
7th Age Grouper	1:22:57	7:30:22	4:41:46	13:56:37
8th Age Grouper	1:06:47	7:50:45	4:49:41	14:03:30
9th Age Grouper	1:21:23	7:48:33	4:31:43	14:06:42
10th Age Grouper	1:16:52	7:24:34	5:06:58	14:11:56
<b>Kona Qualifier Average</b>	<b>1:15:30</b>	<b>7:08:37</b>	<b>4:19:26</b>	<b>13:04:29</b>
<b>Top 10 Age Grouper Average</b>	<b>1:16:30</b>	<b>7:23:01</b>	<b>4:40:47</b>	<b>13:42:56</b>

## Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:12</b>	<b>5:04:16</b>	<b>2:52:42</b>	<b>8:52:43</b>
<b>Female Winner</b>	<b>0:51:29</b>	<b>5:34:35</b>	<b>3:09:48</b>	<b>9:45:09</b>
<b>1st Age Grouper</b>	<b>0:52:27</b>	<b>6:09:15</b>	<b>3:08:35</b>	<b>10:20:10</b>
<b>2nd Age Grouper</b>	<b>1:03:36</b>	<b>6:49:06</b>	<b>3:43:42</b>	<b>11:49:31</b>
3rd Age Grouper	0:52:43	7:14:15	3:38:25	12:01:36
4th Age Grouper	1:04:49	7:03:02	3:36:38	12:04:03
5th Age Grouper	0:57:57	7:12:53	3:44:56	12:16:10
6th Age Grouper	1:13:11	6:45:15	4:30:40	12:41:15
7th Age Grouper	0:58:54	7:13:56	4:17:14	12:43:45
8th Age Grouper	1:09:32	7:14:24	4:00:19	12:47:19
9th Age Grouper	1:08:11	7:08:28	4:20:54	13:00:51
10th Age Grouper	1:12:09	7:58:35	4:00:28	13:30:58
<b>Kona Qualifier Average</b>	<b>0:58:01</b>	<b>6:29:10</b>	<b>3:26:08</b>	<b>11:04:50</b>
<b>Top 10 Age Grouper Average</b>	<b>1:03:20</b>	<b>7:04:54</b>	<b>3:54:11</b>	<b>12:19:33</b>

## Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	1:01:07	6:11:46	3:34:06	11:02:57
2nd Age Grouper	1:06:49	6:53:03	3:10:16	11:28:31
3rd Age Grouper	0:51:32	6:16:19	4:14:59	11:34:56
4th Age Grouper	1:01:11	6:43:59	3:45:01	11:46:14
5th Age Grouper	1:01:51	6:48:23	3:53:53	12:01:14
6th Age Grouper	1:12:37	6:57:08	3:38:09	12:04:28
7th Age Grouper	1:07:38	6:39:59	4:04:27	12:14:03
8th Age Grouper	1:09:27	6:41:33	4:22:36	12:31:54
9th Age Grouper	1:13:27	7:24:14	4:18:46	13:20:03
10th Age Grouper	1:09:24	7:27:54	4:25:56	13:32:35
<b>Kona Qualifier Average</b>	<b>1:03:58</b>	<b>6:32:24</b>	<b>3:22:11</b>	<b>11:15:44</b>
<b>Top 10 Age Grouper Average</b>	<b>1:05:30</b>	<b>6:48:25</b>	<b>3:56:48</b>	<b>12:09:41</b>