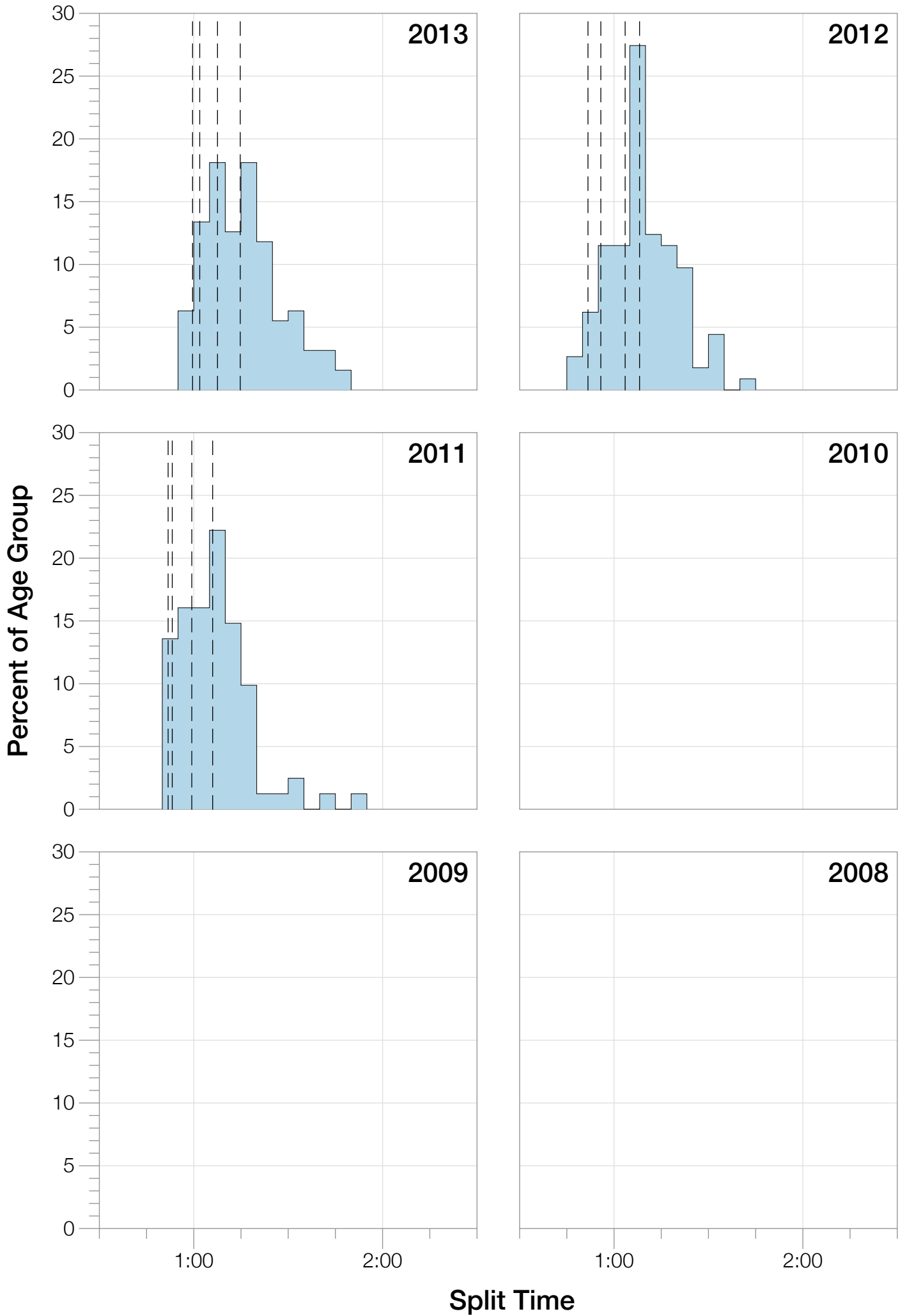


Ironman Wales M25-29 Stats

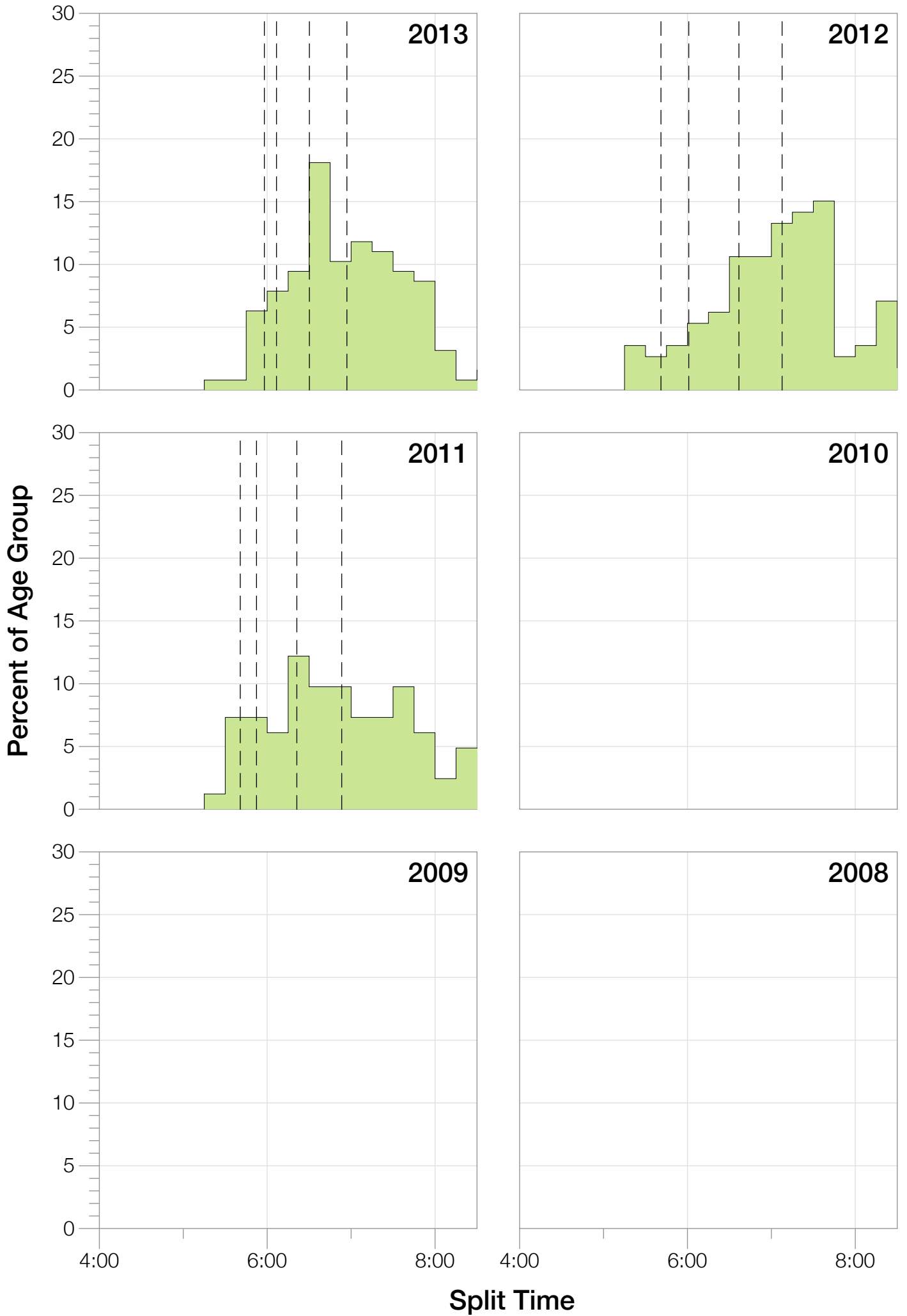
M25-29 Summary Statistics

Year	Finishers	M25-29 Finishers	Male Winner's Time	Female Winner's Time	M25-29 Winner's Time
2011	1122	82	9:04:20	10:15:23	9:27:24
2012	1215	122	8:52:43	9:45:09	9:23:36
2013	1280	127	9:09:10	9:51:21	9:55:55
Average	1206	110	9:02:04	9:57:17	9:35:38

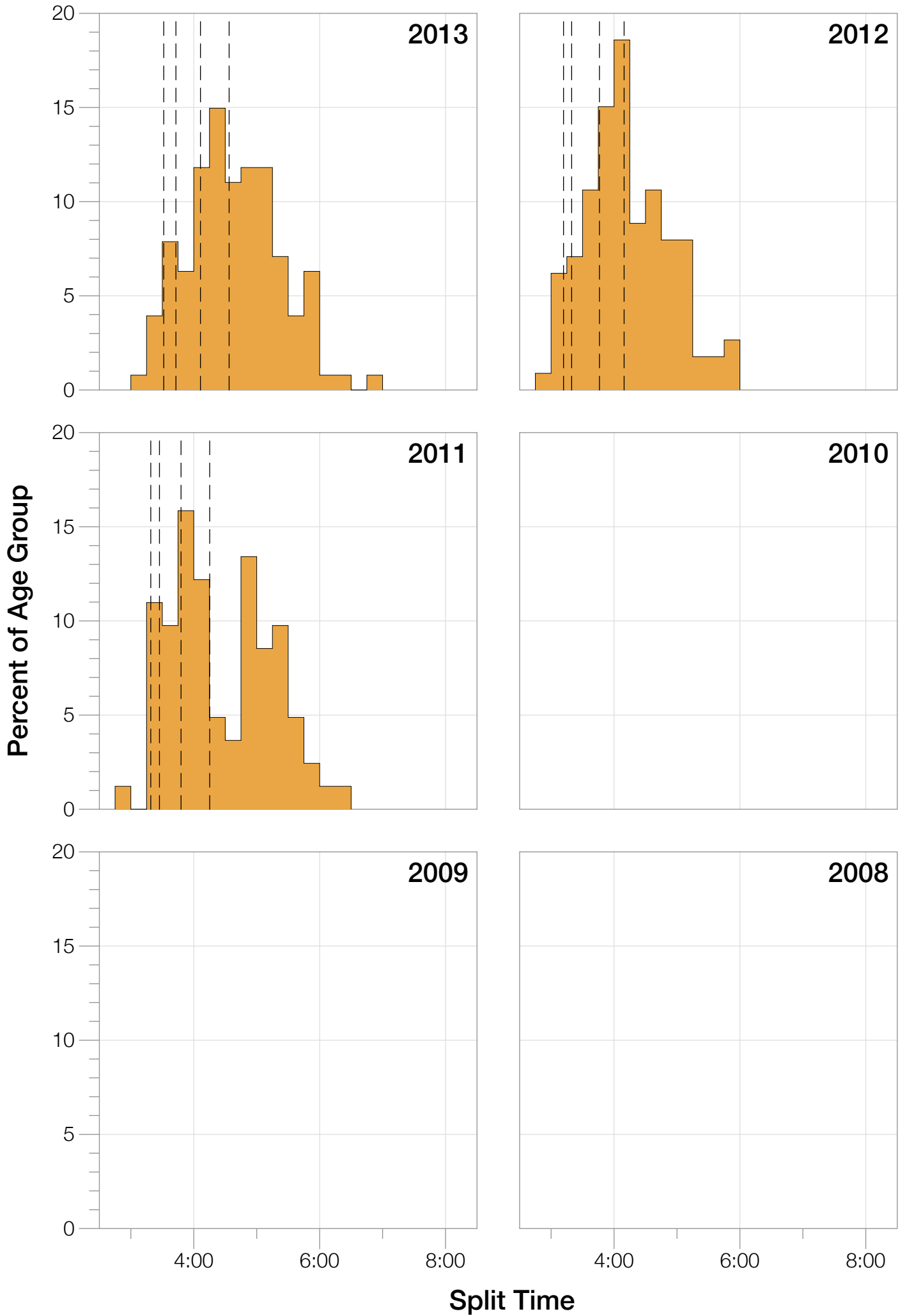
M25-29 Swim



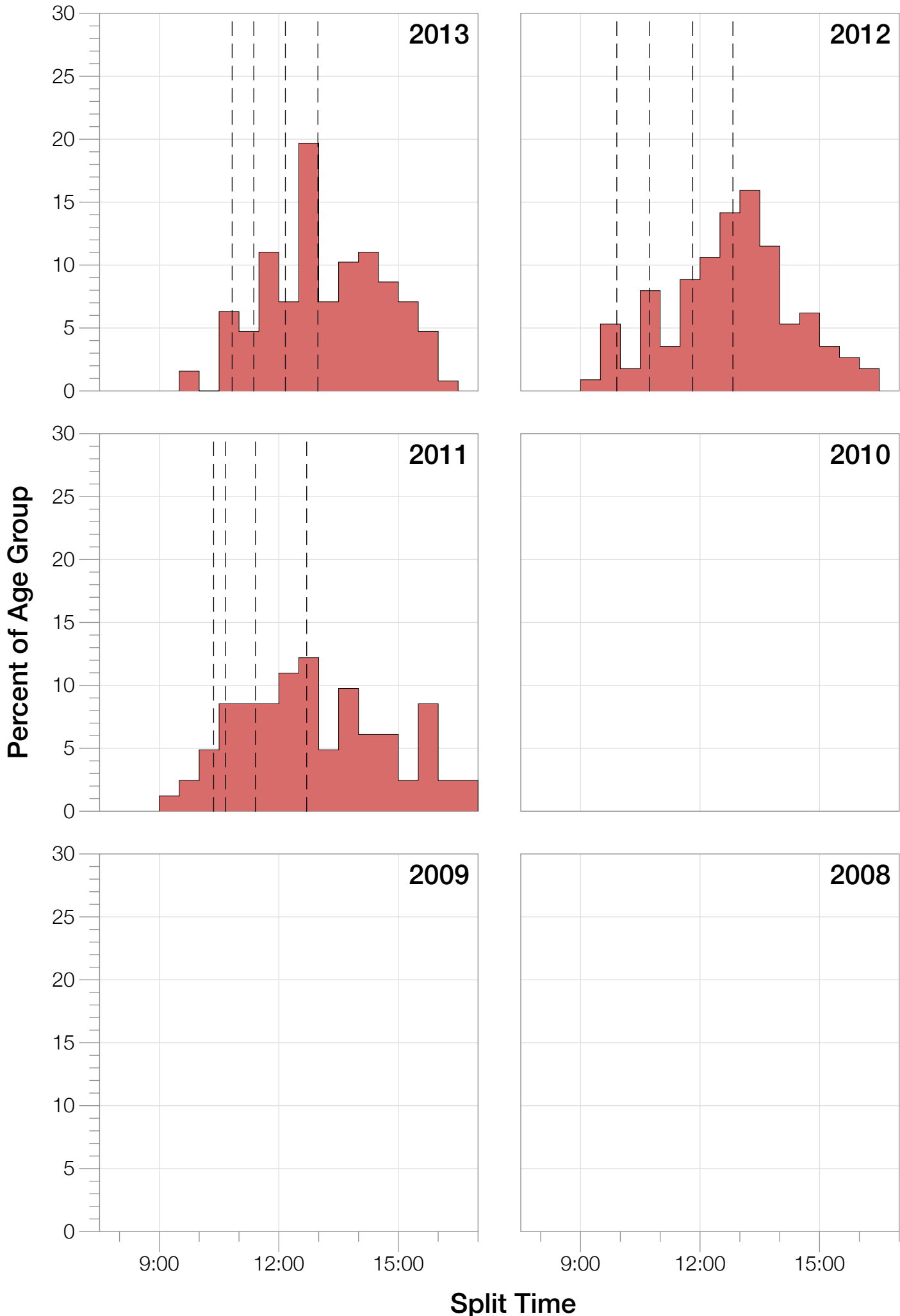
M25-29 Bike



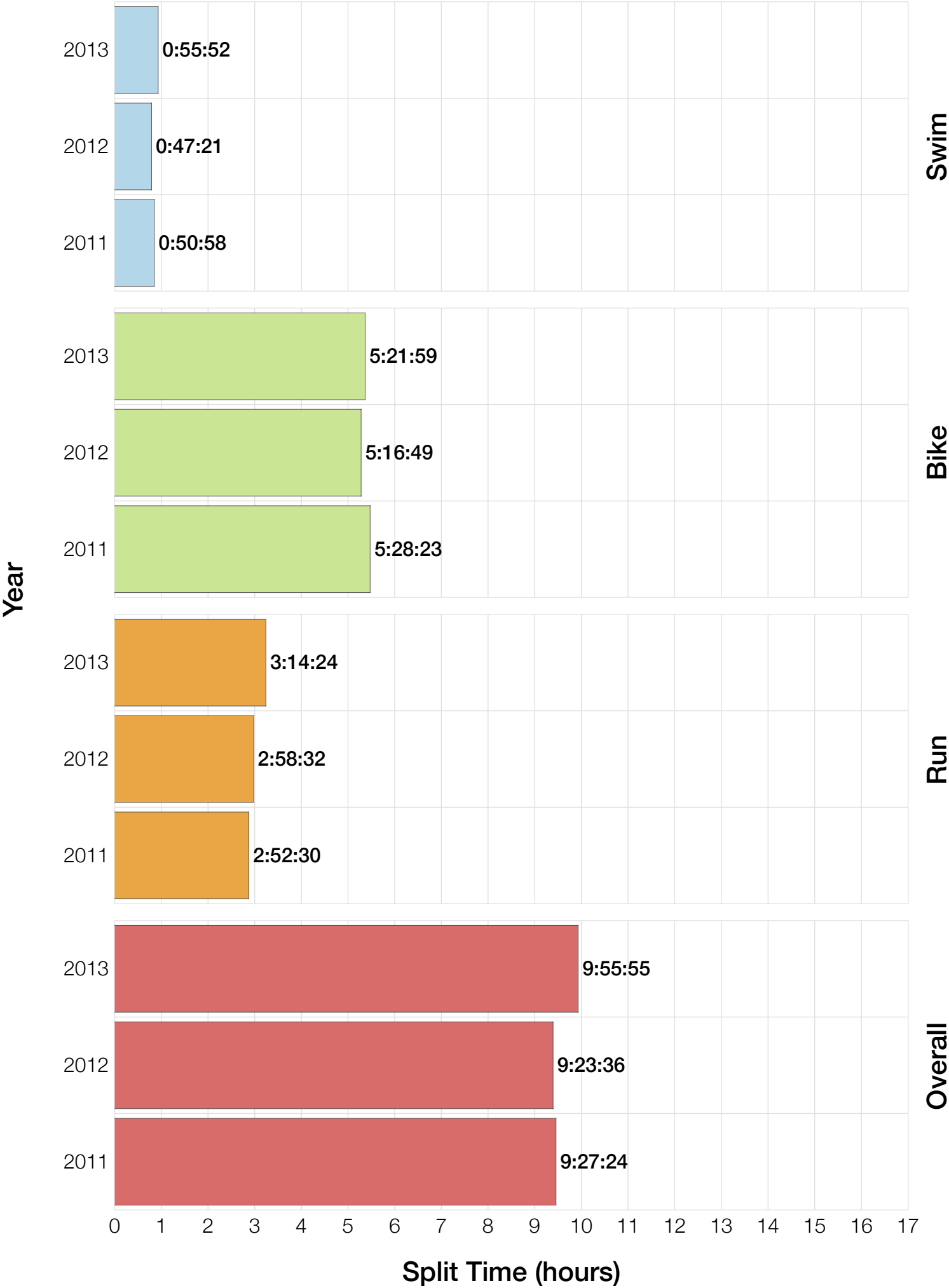
M25-29 Run



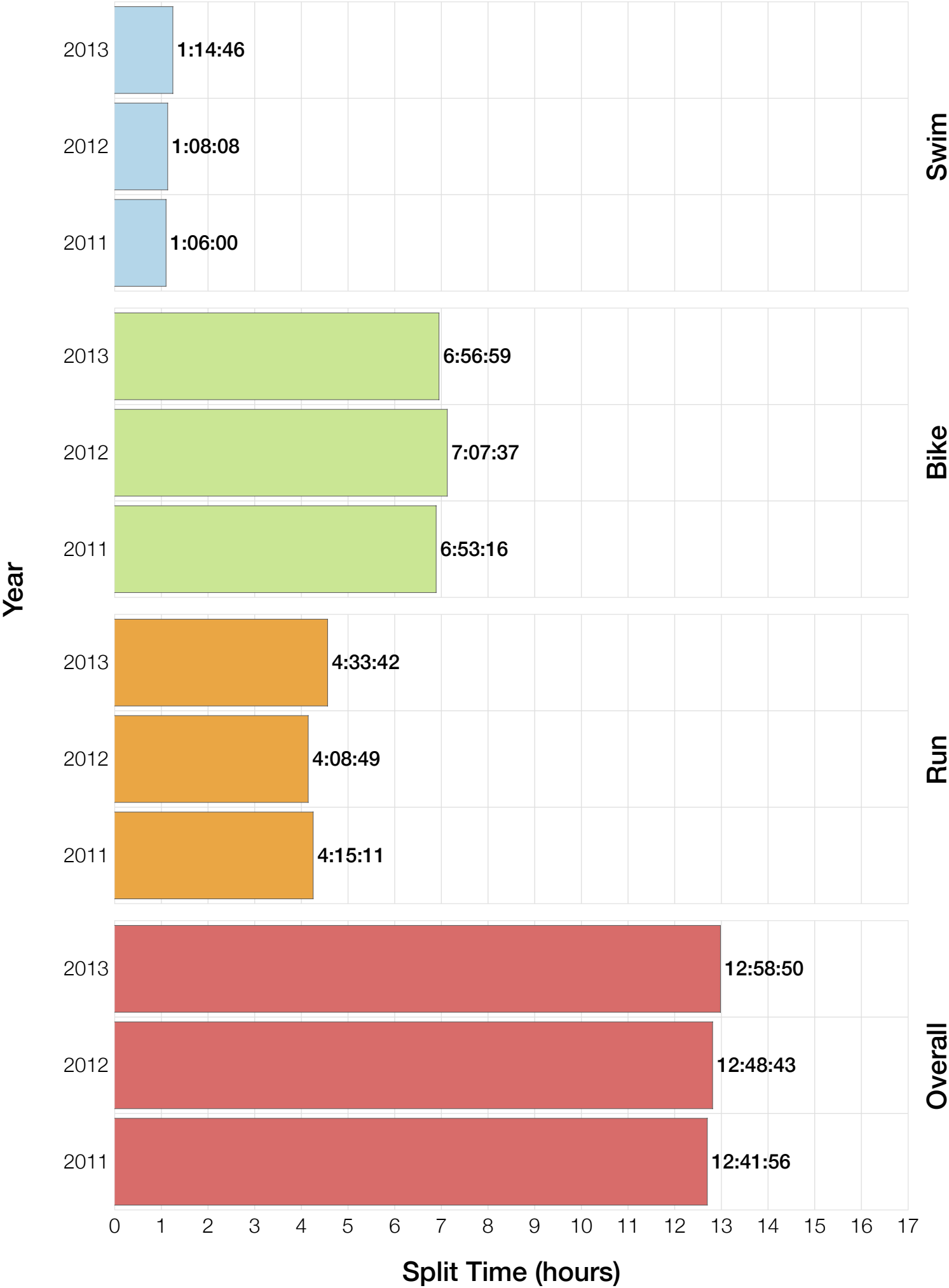
M25-29 Overall



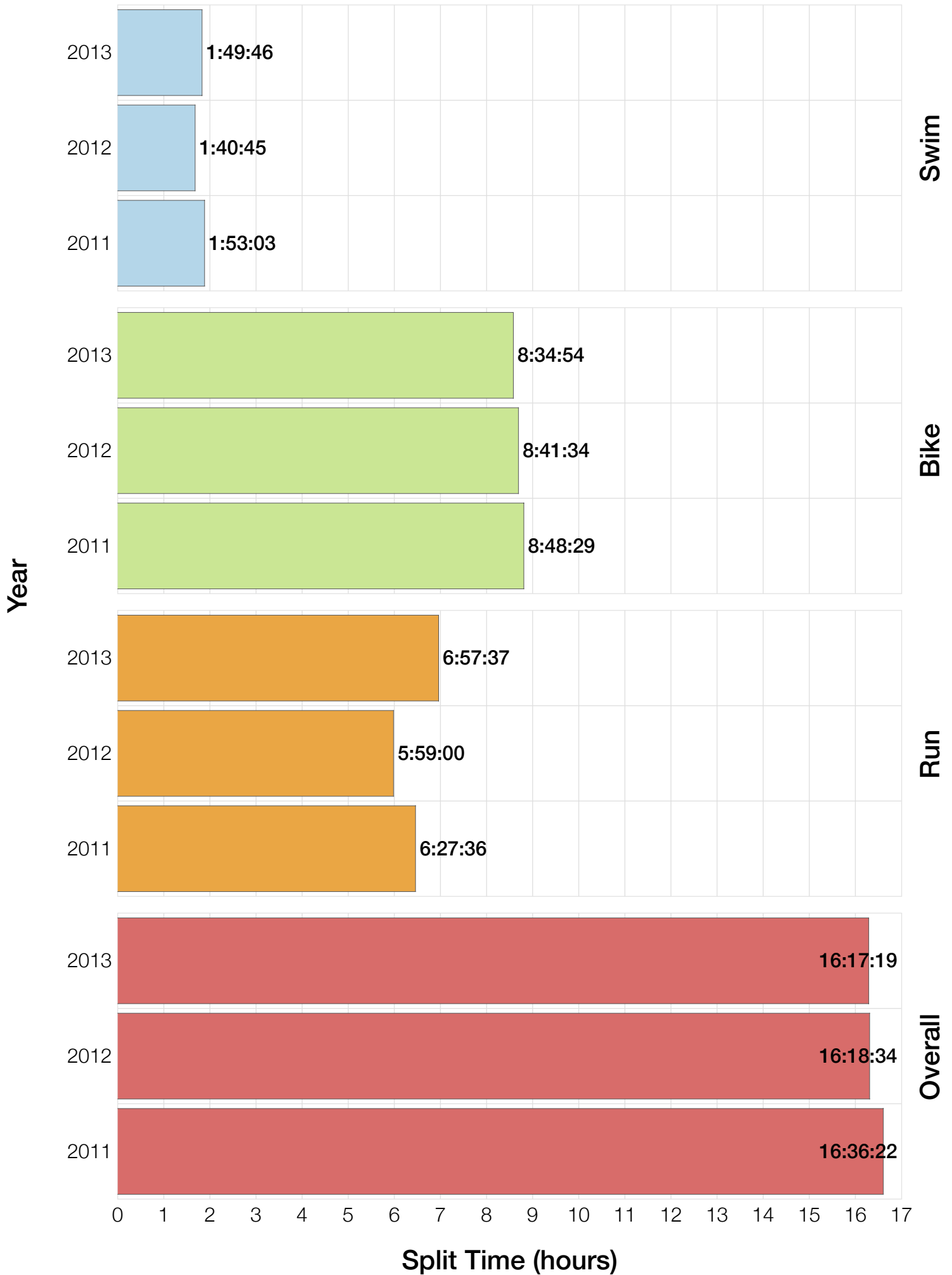
M25-29 Fastest Splits



M25-29 Median Splits

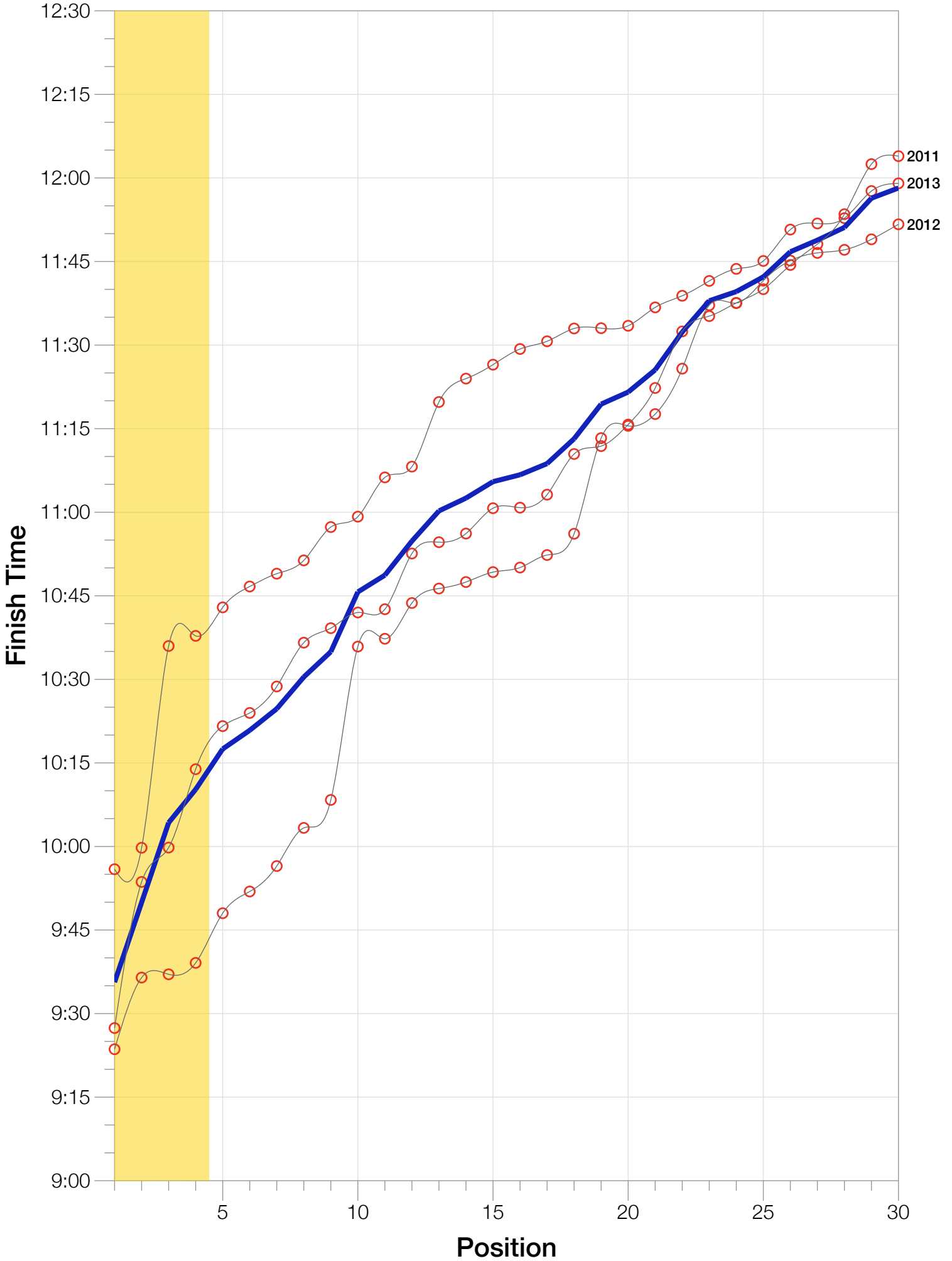


M25-29 Slowest Splits



M25-29 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M25-29 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:48	5:12:39	2:54:25	9:02:04
Average Female Winner	0:56:52	5:37:54	3:12:18	9:57:17
Average 1st Age Grouper	0:54:00	5:22:23	3:07:33	9:35:38
Average 2nd Age Grouper	0:56:16	5:31:44	3:11:19	9:49:57
Average 3rd Age Grouper	0:54:11	5:44:15	3:15:25	10:04:16
Average 4th Age Grouper	0:57:30	5:39:45	3:21:41	10:10:15
Average 5th Age Grouper	0:59:02	5:43:59	3:17:06	10:15:04
Average 6th Age Grouper	0:57:49	5:44:39	3:23:41	10:19:33
Average 7th Age Grouper	0:58:13	5:44:11	3:29:26	10:23:12
Average 8th Age Grouper	0:56:35	5:59:17	3:20:14	10:28:08
Average 9th Age Grouper	1:01:38	5:51:11	3:29:18	10:33:17
Average 10th Age Grouper	1:01:10	5:57:38	3:25:06	10:36:31
Kona Qualifier Average	0:55:29	5:34:32	3:13:59	9:55:01
Top 10 Age Grouper Average	0:57:38	5:43:54	3:20:05	10:13:35

Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:13	5:11:26	3:02:35	9:09:10
Female Winner	0:56:59	5:31:36	3:15:02	9:51:21
1st Age Grouper	0:55:52	5:21:59	3:23:52	9:55:55
2nd Age Grouper	1:03:44	5:31:01	3:14:24	9:59:46
3rd Age Grouper	0:58:53	5:57:20	3:27:20	10:35:59
4th Age Grouper	1:04:42	5:50:46	3:29:02	10:37:48
5th Age Grouper	1:01:30	5:53:25	3:34:13	10:42:55
6th Age Grouper	1:02:30	5:57:48	3:30:43	10:46:40
7th Age Grouper	0:58:52	5:59:21	3:38:46	10:48:58
8th Age Grouper	1:05:03	5:59:25	3:32:54	10:51:21
9th Age Grouper	1:09:06	6:09:31	3:27:02	10:57:20
10th Age Grouper	1:03:49	5:58:23	3:43:00	10:59:12
Kona Qualifier Average	1:00:47	5:40:16	3:23:39	10:17:22
Top 10 Age Grouper Average	1:02:24	5:51:53	3:30:07	10:37:35

Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:12	5:04:16	2:52:42	8:52:43
Female Winner	0:51:29	5:34:35	3:09:48	9:45:09
1st Age Grouper	0:51:27	5:16:49	3:06:17	9:23:36
2nd Age Grouper	0:53:23	5:32:09	3:01:47	9:36:28
3rd Age Grouper	0:51:23	5:38:17	2:58:32	9:37:03
4th Age Grouper	0:55:58	5:29:11	3:04:31	9:39:06
5th Age Grouper	0:53:34	5:37:50	2:58:55	9:40:43
6th Age Grouper	0:55:47	5:27:56	3:12:32	9:48:01
7th Age Grouper	0:55:45	5:28:32	3:16:51	9:51:55
8th Age Grouper	0:49:35	5:55:41	3:00:36	9:56:29
9th Age Grouper	0:57:55	5:42:54	3:12:05	10:03:20
10th Age Grouper	0:55:52	5:50:04	3:11:31	10:08:21
Kona Qualifier Average	0:53:02	5:29:06	3:02:46	9:34:03
Top 10 Age Grouper Average	0:54:03	5:35:56	3:06:21	9:46:30

Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	0:54:42	5:28:23	2:52:30	9:27:24
2nd Age Grouper	0:51:43	5:32:03	3:17:48	9:53:38
3rd Age Grouper	0:52:17	5:37:08	3:20:23	9:59:48
4th Age Grouper	0:51:50	5:39:20	3:31:30	10:13:52
5th Age Grouper	1:02:02	5:40:43	3:18:12	10:21:36
6th Age Grouper	0:55:12	5:48:13	3:27:48	10:23:58
7th Age Grouper	1:00:02	5:44:41	3:32:43	10:28:43
8th Age Grouper	0:55:09	6:02:46	3:27:14	10:36:35
9th Age Grouper	0:57:54	5:41:08	3:48:47	10:39:11
10th Age Grouper	1:03:51	6:04:29	3:20:47	10:42:00
Kona Qualifier Average	0:52:38	5:34:13	3:15:32	9:53:40
Top 10 Age Grouper Average	0:56:28	5:43:53	3:23:46	10:16:40