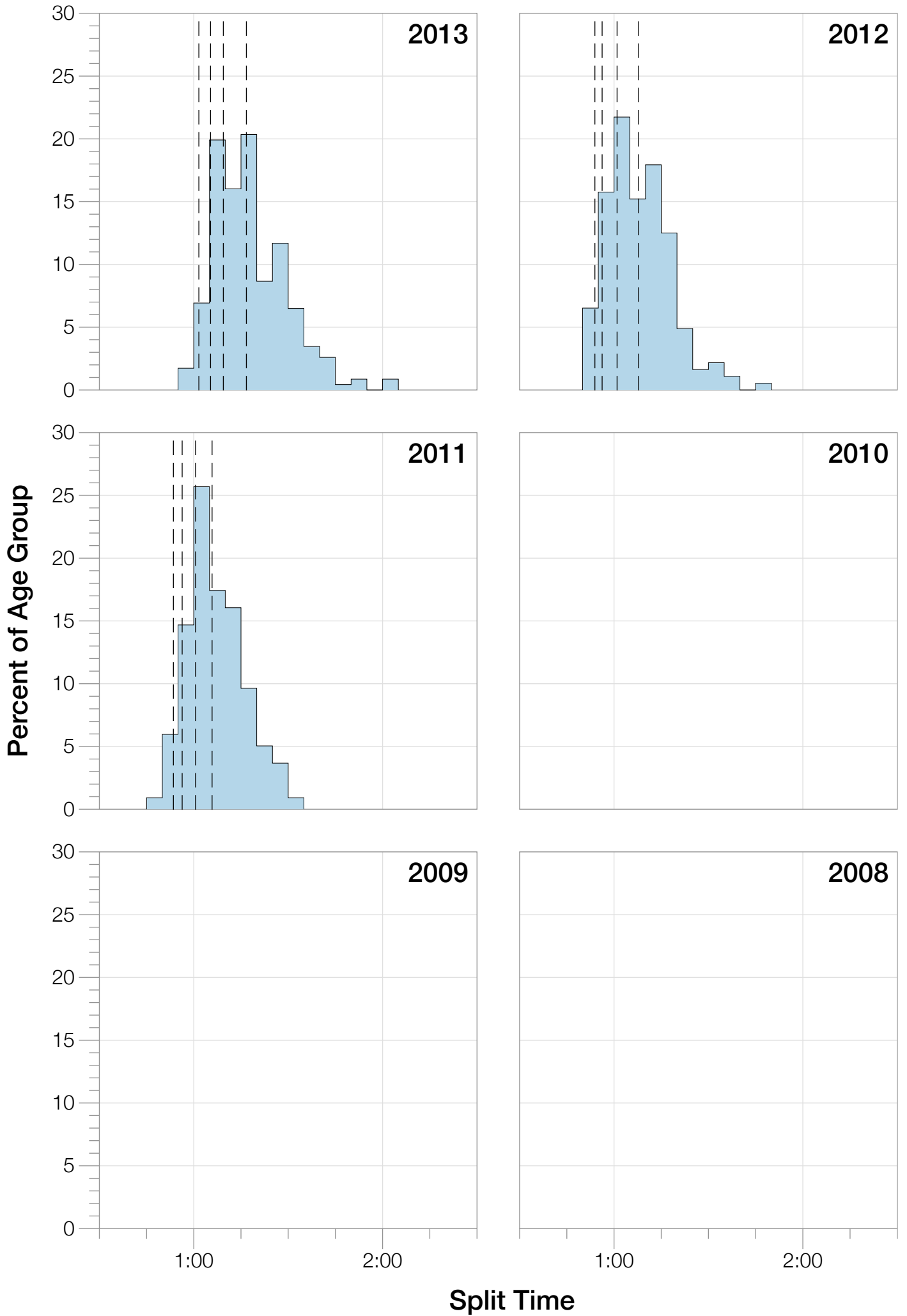


Ironman Wales M35-39 Stats

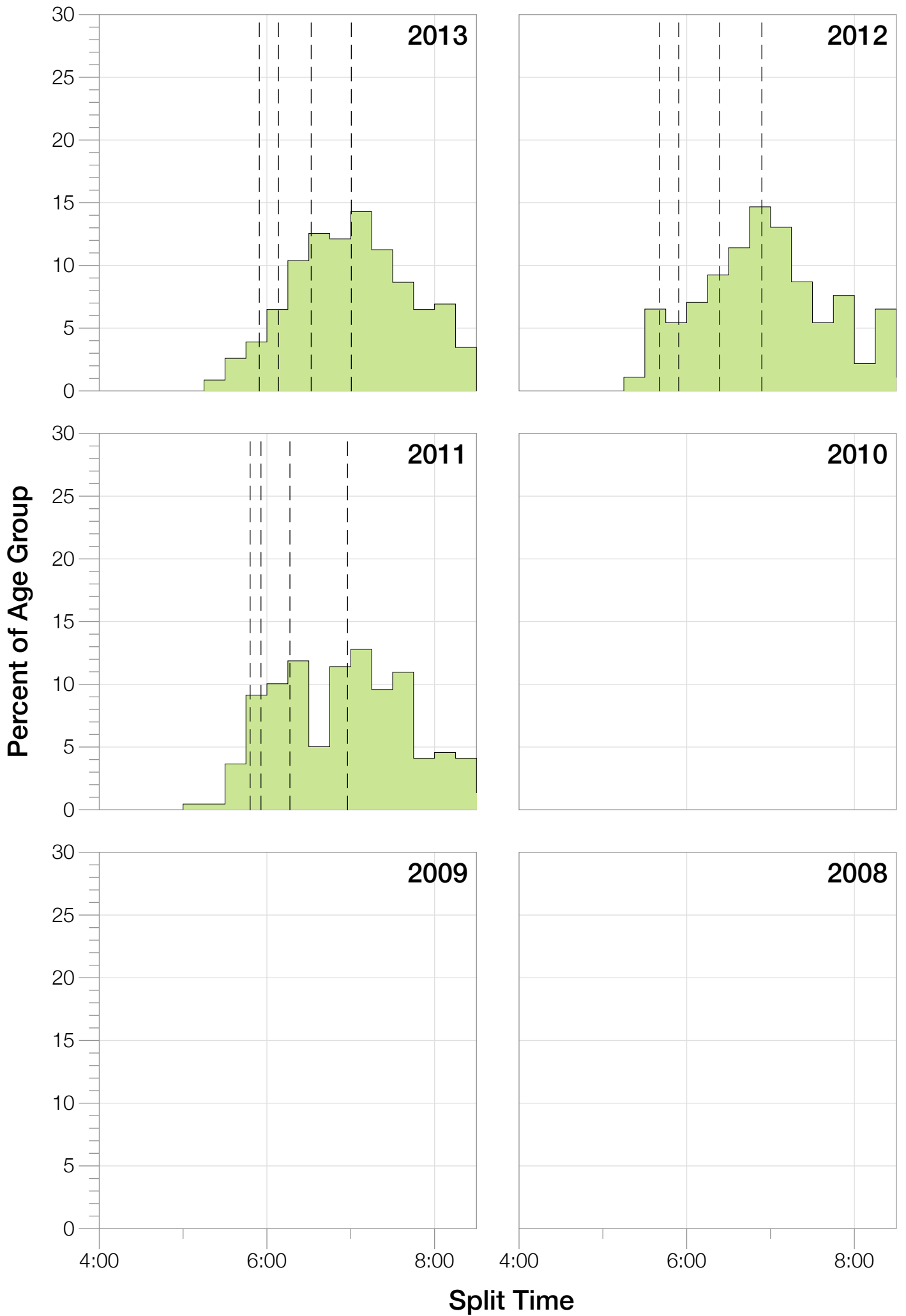
M35-39 Summary Statistics

Year	Finishers	M35-39 Finishers	Male Winner's Time	Female Winner's Time	M35-39 Winner's Time
2011	1122	221	9:04:20	10:15:23	9:16:23
2012	1215	204	8:52:43	9:45:09	9:28:43
2013	1280	231	9:09:10	9:51:21	9:51:36
Average	1206	219	9:02:04	9:57:17	9:32:14

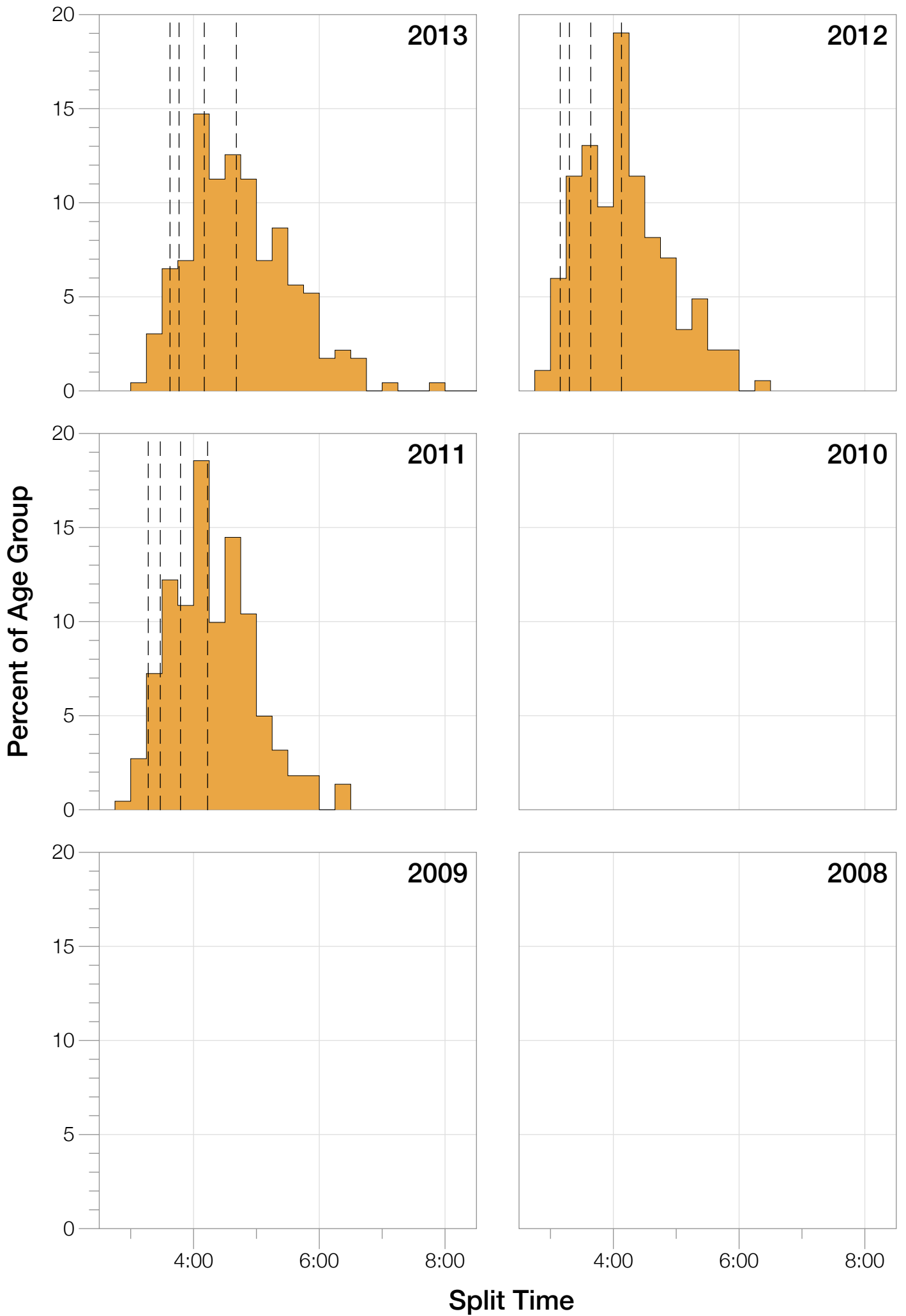
M35-39 Swim



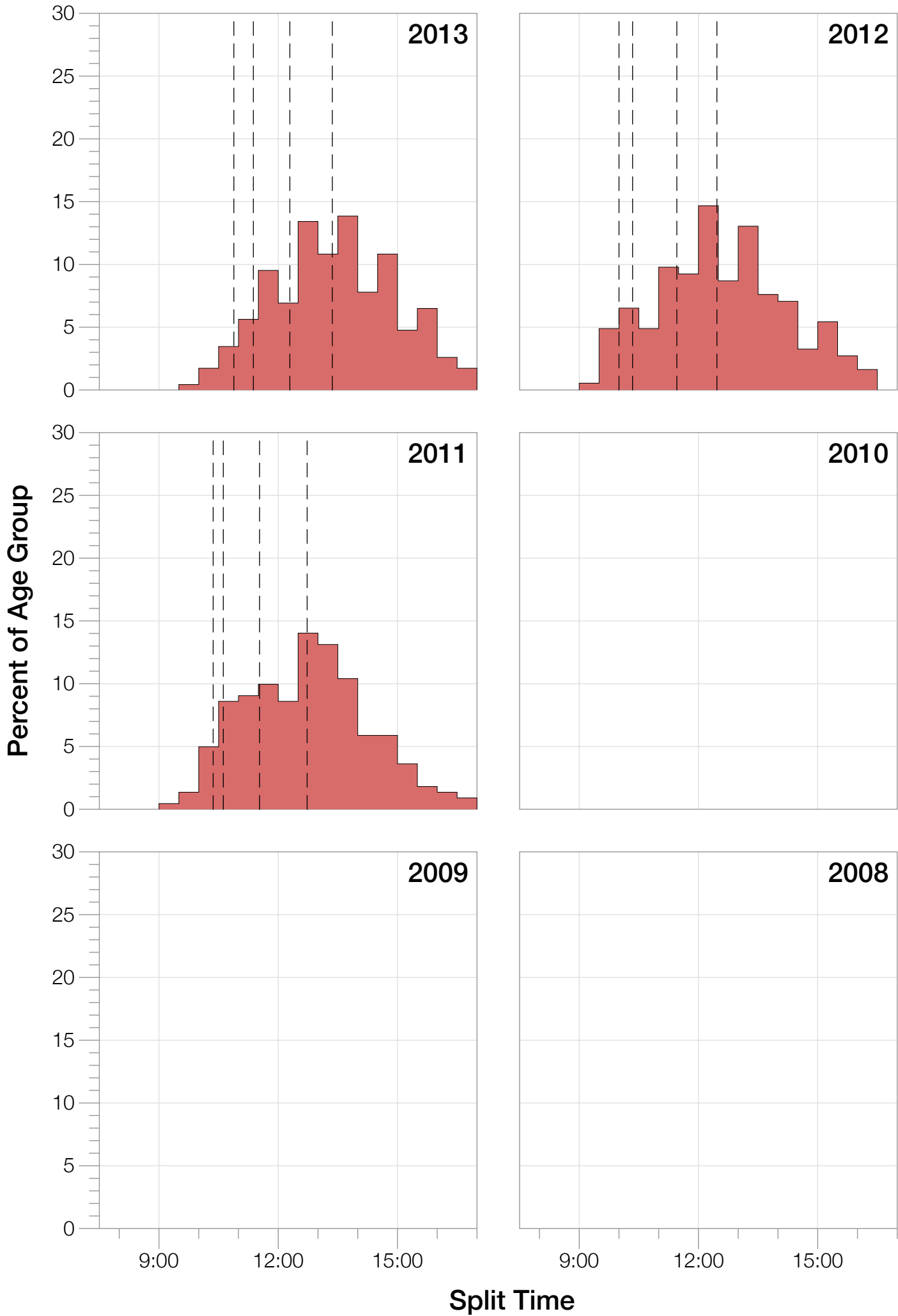
M35-39 Bike



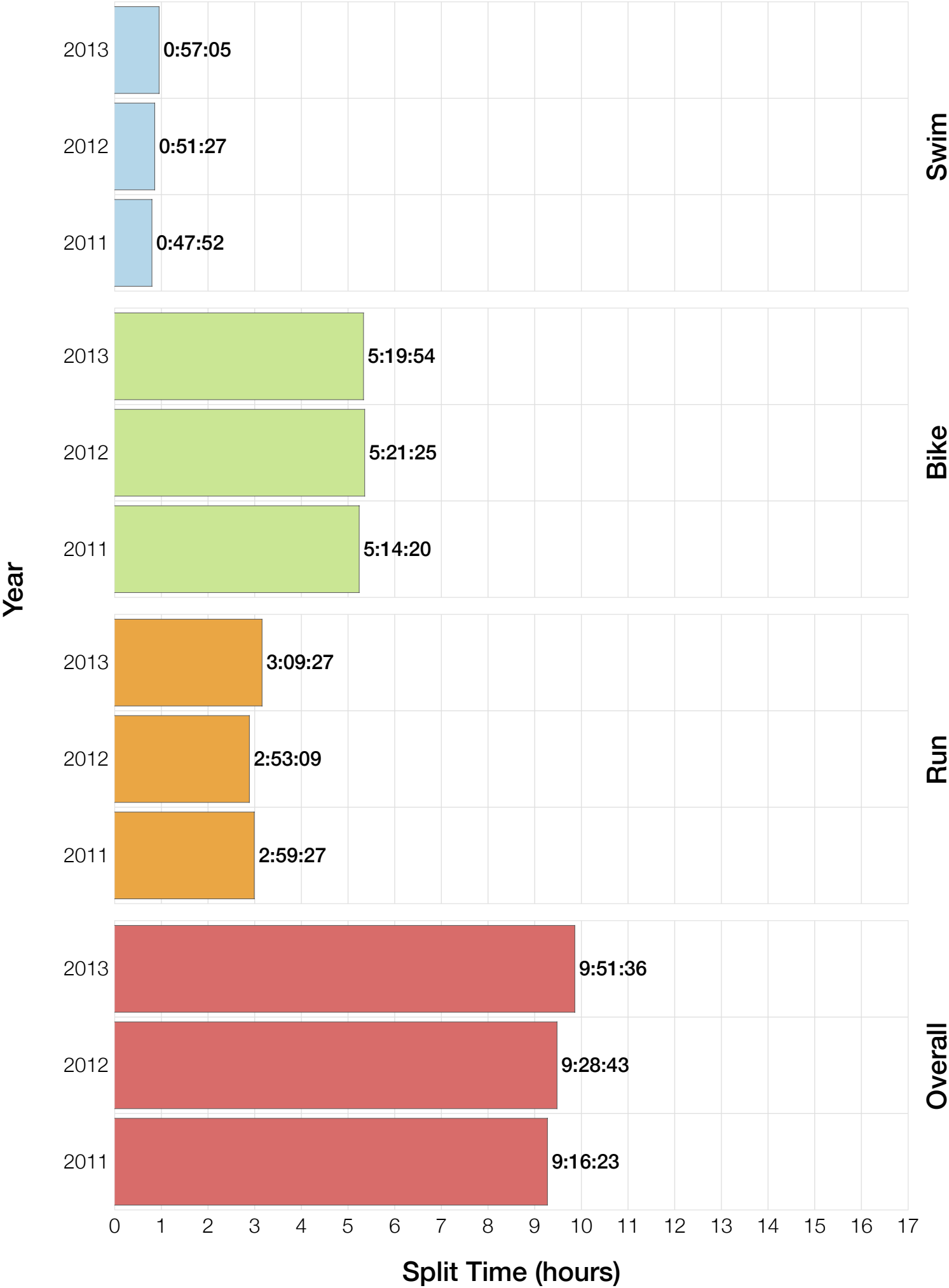
M35-39 Run



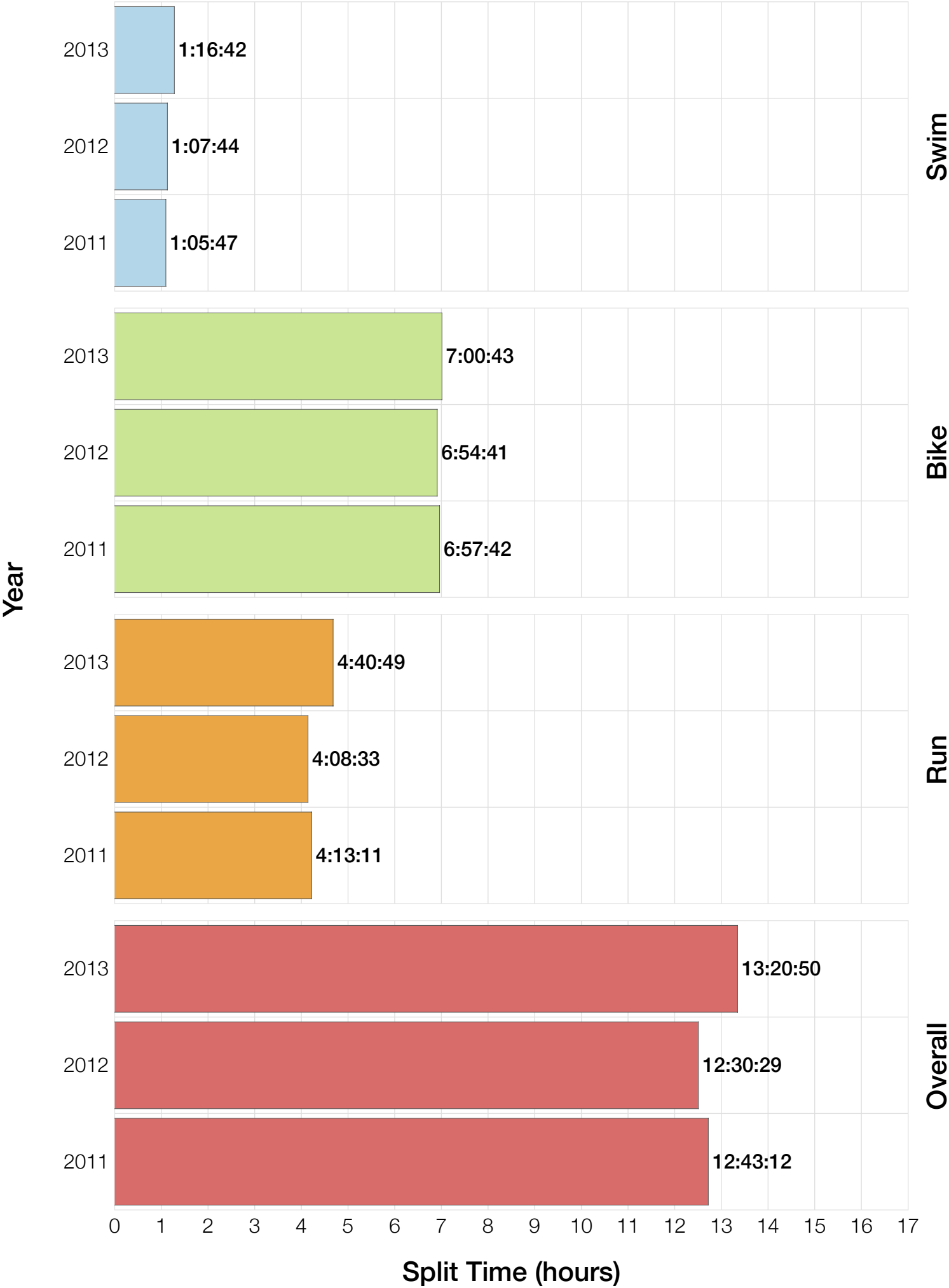
M35-39 Overall



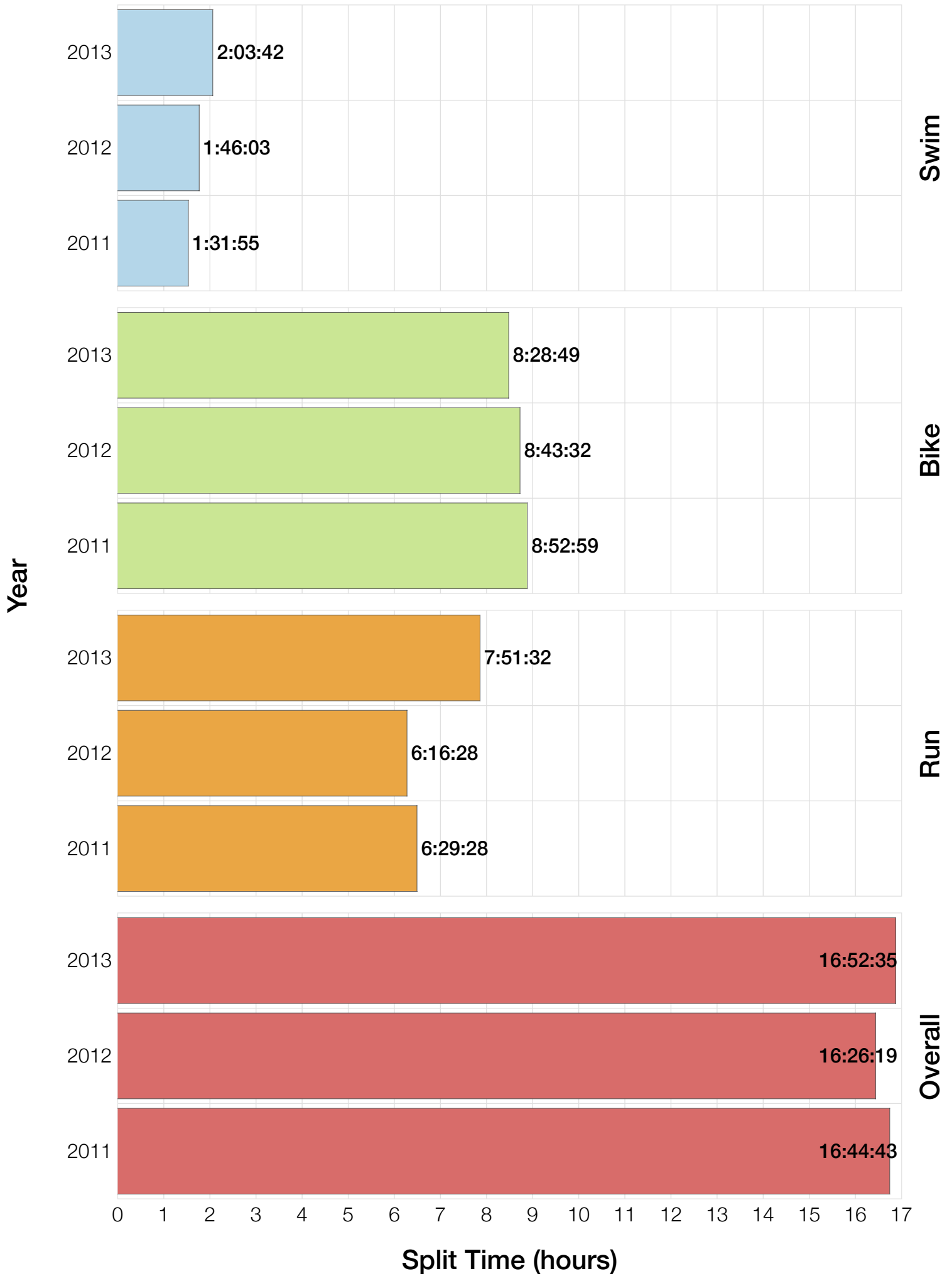
M35-39 Fastest Splits



M35-39 Median Splits

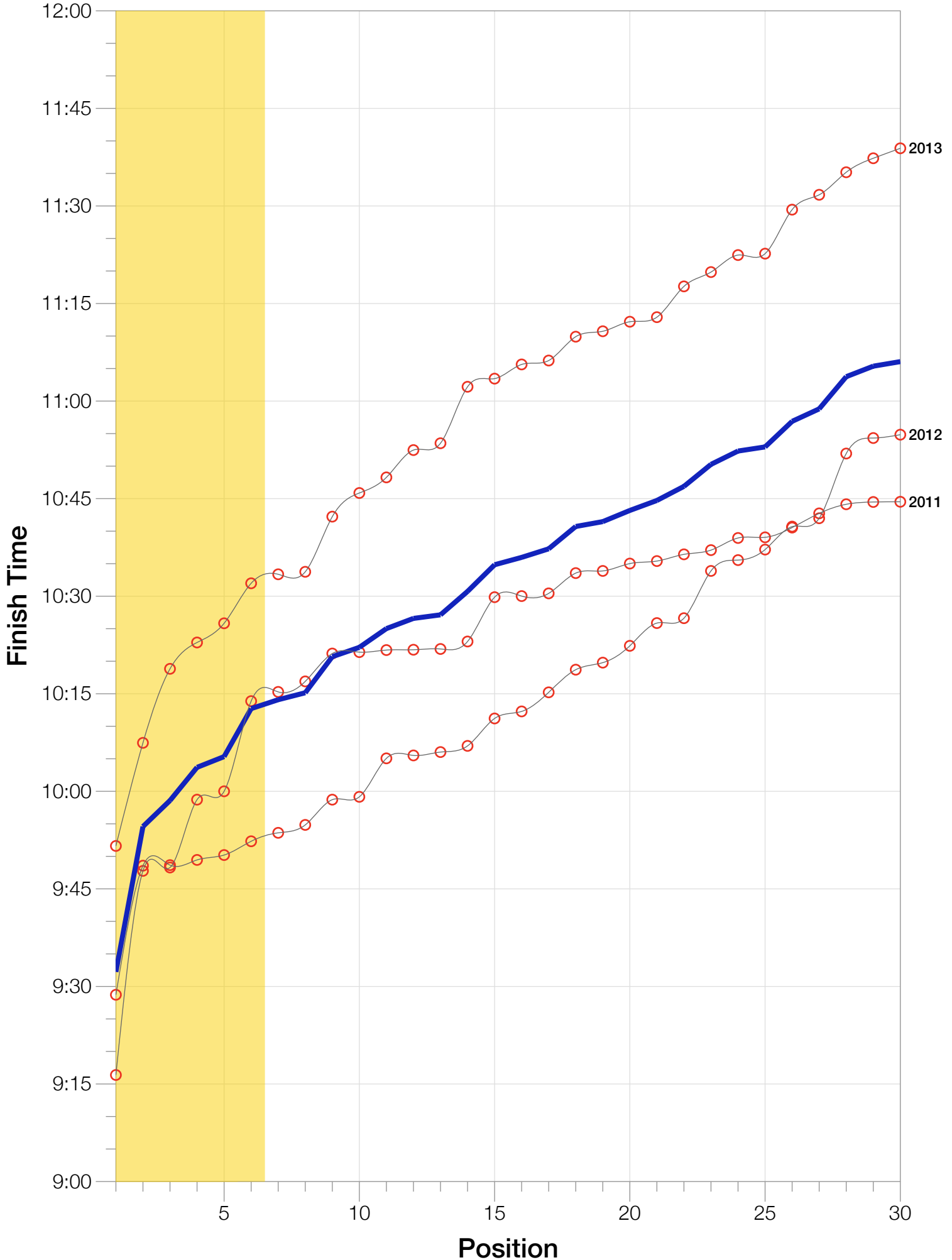


M35-39 Slowest Splits



M35-39 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M35-39 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:46:48	5:12:39	2:54:25	9:02:04
Average Female Winner	0:56:52	5:37:54	3:12:18	9:57:17
Average 1st Age Grouper	0:54:12	5:19:59	3:07:00	9:32:14
Average 2nd Age Grouper	0:54:21	5:33:14	3:14:56	9:54:35
Average 3rd Age Grouper	1:01:35	5:43:01	3:02:20	9:58:35
Average 4th Age Grouper	0:57:38	5:38:42	3:13:43	10:03:41
Average 5th Age Grouper	0:56:12	5:36:07	3:22:03	10:05:20
Average 6th Age Grouper	0:57:22	5:46:55	3:16:44	10:12:43
Average 7th Age Grouper	0:57:47	5:38:21	3:26:23	10:14:05
Average 8th Age Grouper	0:57:53	5:47:00	3:19:05	10:15:09
Average 9th Age Grouper	1:00:54	5:56:17	3:10:19	10:20:42
Average 10th Age Grouper	1:00:21	5:48:04	3:22:46	10:22:08
Kona Qualifier Average	0:56:53	5:36:19	3:12:48	9:57:51
Top 10 Age Grouper Average	0:57:49	5:40:46	3:15:32	10:05:55

Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:47:13	5:11:26	3:02:35	9:09:10
Female Winner	0:56:59	5:31:36	3:15:02	9:51:21
1st Age Grouper	0:58:24	5:24:14	3:17:38	9:51:36
2nd Age Grouper	0:57:32	5:35:02	3:24:48	10:07:27
3rd Age Grouper	1:09:27	5:49:48	3:09:27	10:18:50
4th Age Grouper	1:05:20	5:44:12	3:21:37	10:22:53
5th Age Grouper	1:05:35	5:37:34	3:32:10	10:25:50
6th Age Grouper	1:01:35	5:59:34	3:16:33	10:31:59
7th Age Grouper	1:06:05	5:19:54	3:56:51	10:33:22
8th Age Grouper	1:03:39	5:43:21	3:36:53	10:33:45
9th Age Grouper	1:08:11	5:58:46	3:20:33	10:42:14
10th Age Grouper	1:05:48	6:03:34	3:23:19	10:45:52
Kona Qualifier Average	1:02:58	5:41:44	3:20:22	10:16:25
Top 10 Age Grouper Average	1:04:09	5:43:35	3:25:58	10:25:22

Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:12	5:04:16	2:52:42	8:52:43
Female Winner	0:51:29	5:34:35	3:09:48	9:45:09
1st Age Grouper	0:52:35	5:21:25	3:03:56	9:28:43
2nd Age Grouper	0:54:23	5:34:49	3:04:27	9:48:34
3rd Age Grouper	0:59:27	5:44:11	2:53:09	9:48:39
4th Age Grouper	0:51:27	5:33:32	3:09:16	9:49:27
5th Age Grouper	0:53:53	5:28:57	3:17:44	9:50:12
6th Age Grouper	0:56:58	5:40:12	3:05:24	9:52:19
7th Age Grouper	0:55:46	5:41:38	3:05:05	9:53:37
8th Age Grouper	0:55:42	5:31:41	3:16:53	9:54:50
9th Age Grouper	0:58:04	5:49:50	2:59:13	9:58:43
10th Age Grouper	1:03:29	5:40:24	3:06:23	9:59:09
Kona Qualifier Average	0:54:47	5:33:51	3:05:39	9:46:19
Top 10 Age Grouper Average	0:56:10	5:36:39	3:06:09	9:50:25

Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	0:51:37	5:14:20	2:59:27	9:16:23
2nd Age Grouper	0:51:09	5:29:52	3:15:35	9:47:46
3rd Age Grouper	0:55:52	5:35:04	3:04:24	9:48:17
4th Age Grouper	0:56:09	5:38:22	3:10:18	9:58:43
5th Age Grouper	0:49:09	5:41:50	3:16:15	10:00:00
6th Age Grouper	0:53:35	5:41:01	3:28:16	10:13:52
7th Age Grouper	0:51:30	5:53:31	3:17:14	10:15:17
8th Age Grouper	0:54:19	6:05:59	3:03:31	10:16:54
9th Age Grouper	0:56:27	6:00:17	3:11:12	10:21:11
10th Age Grouper	0:51:48	5:40:14	3:38:37	10:21:24
Kona Qualifier Average	0:52:55	5:33:24	3:12:22	9:50:50
Top 10 Age Grouper Average	0:53:09	5:42:03	3:14:28	10:01:58