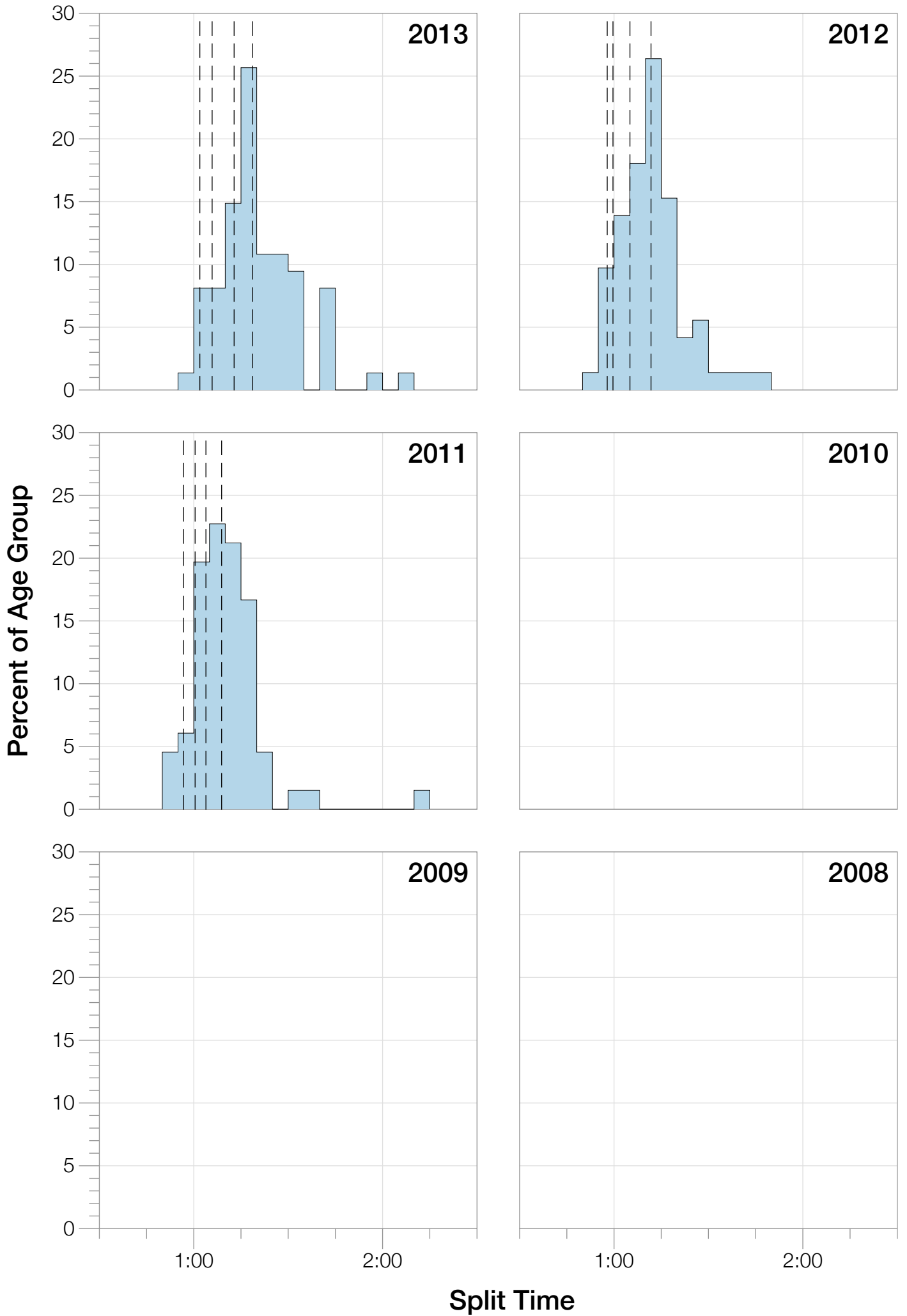


# Ironman Wales M50-54 Stats

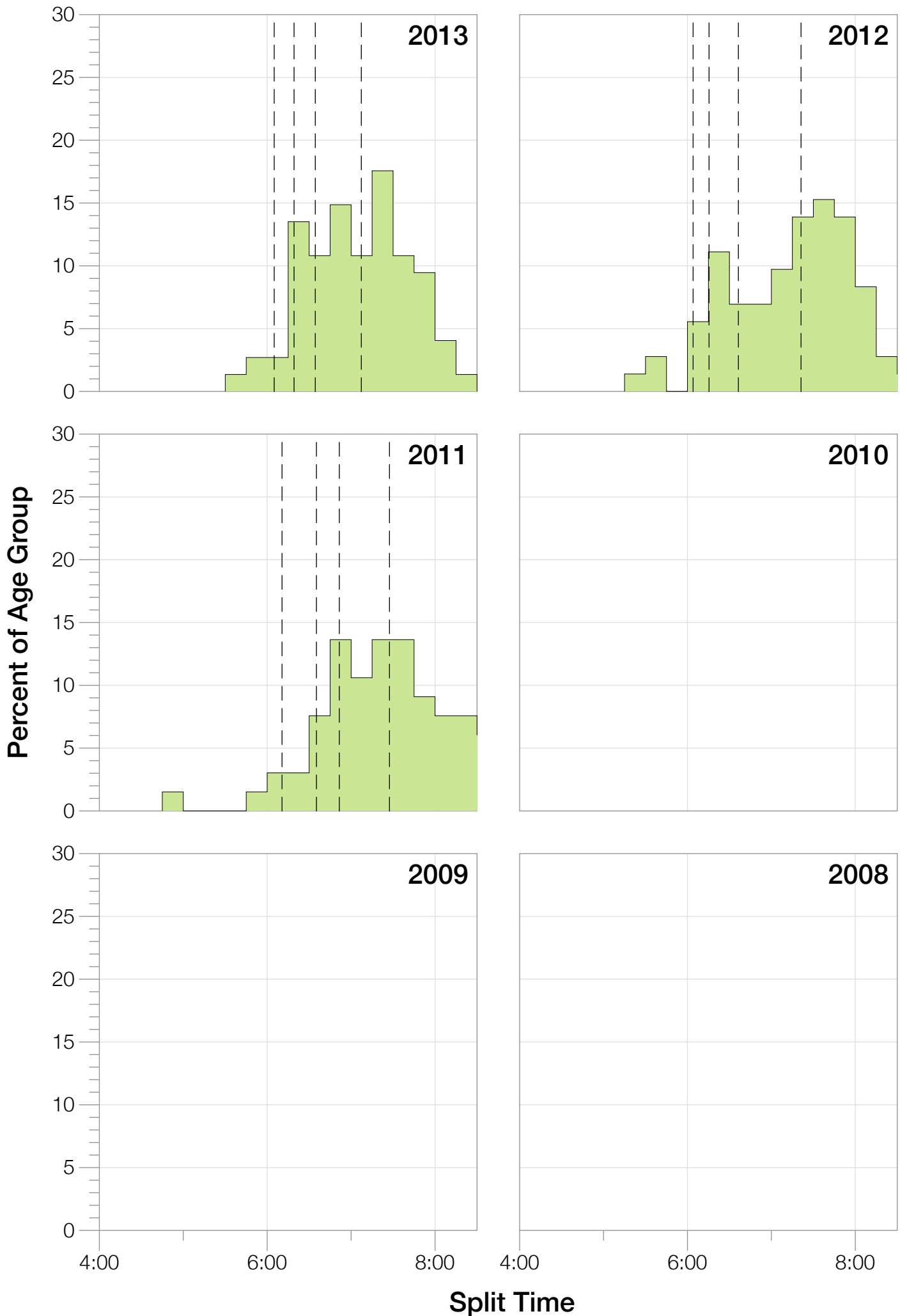
## M50-54 Summary Statistics

Year	Finishers	M50-54 Finishers	Male Winner's Time	Female Winner's Time	M50-54 Winner's Time
2011	1122	66	9:04:20	10:15:23	10:51:44
2012	1215	79	8:52:43	9:45:09	9:31:14
2013	1280	74	9:09:10	9:51:21	10:30:33
<b>Average</b>	<b>1206</b>	<b>73</b>	<b>9:02:04</b>	<b>9:57:17</b>	<b>10:17:50</b>

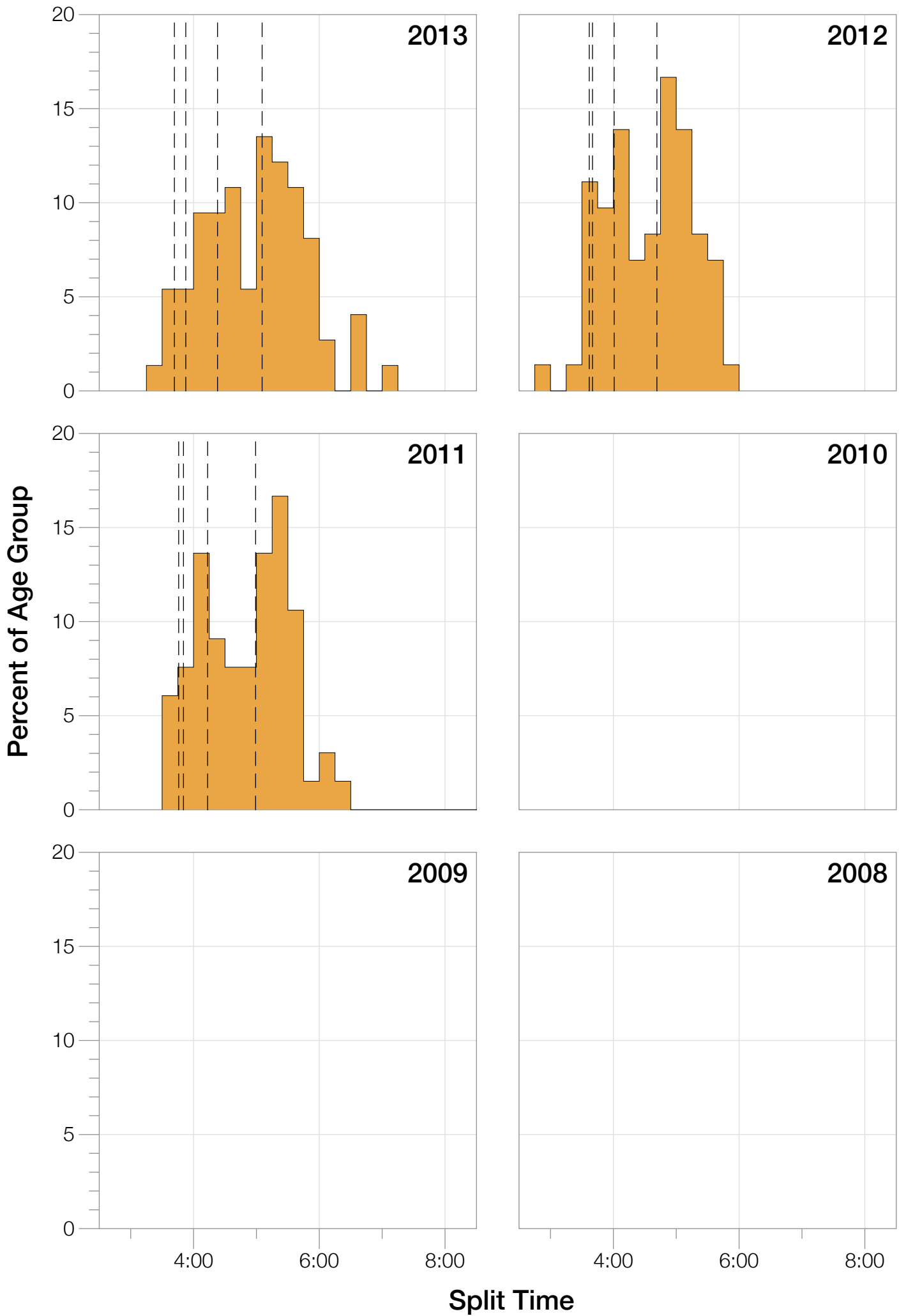
# M50-54 Swim



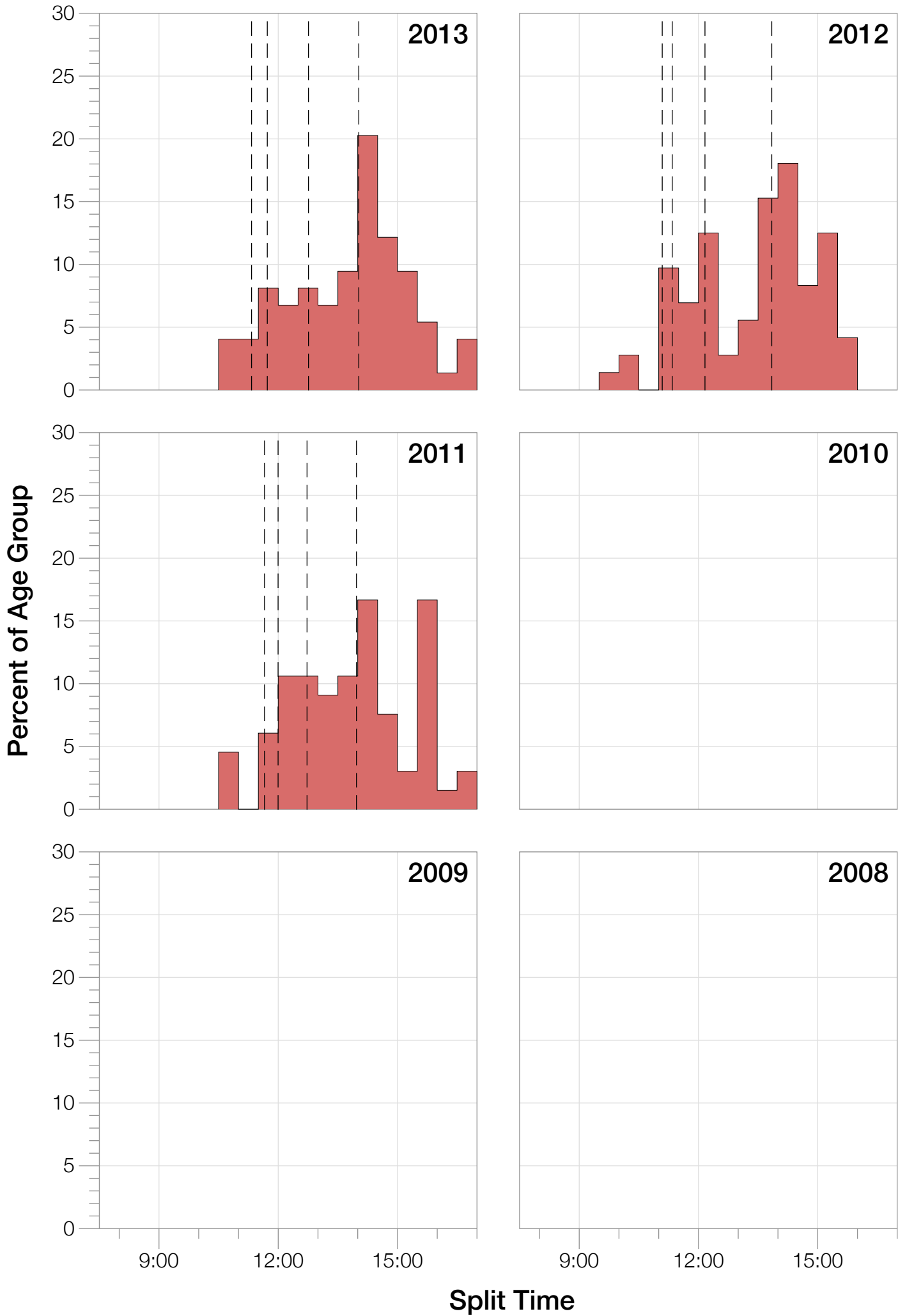
# M50-54 Bike



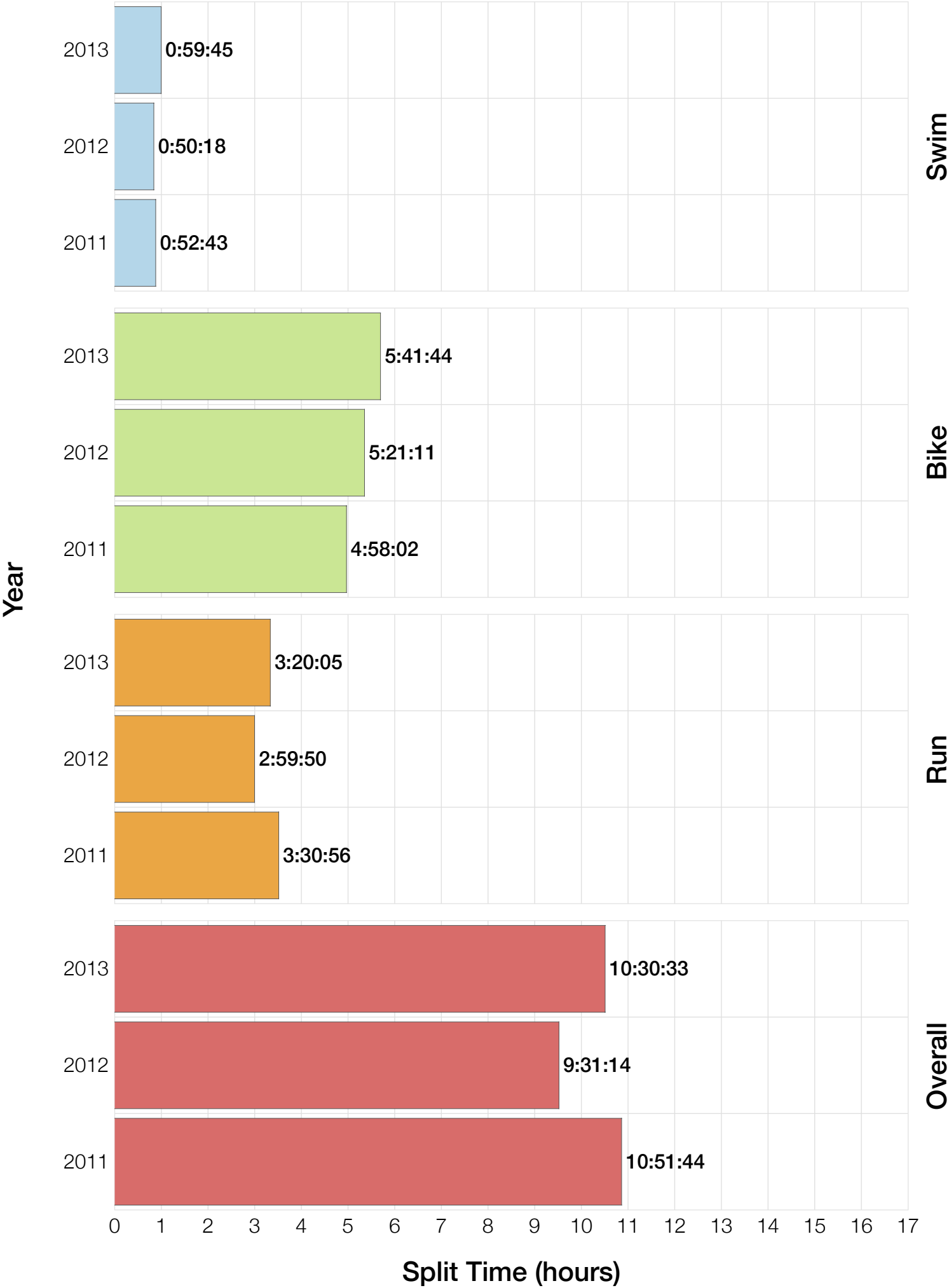
# M50-54 Run



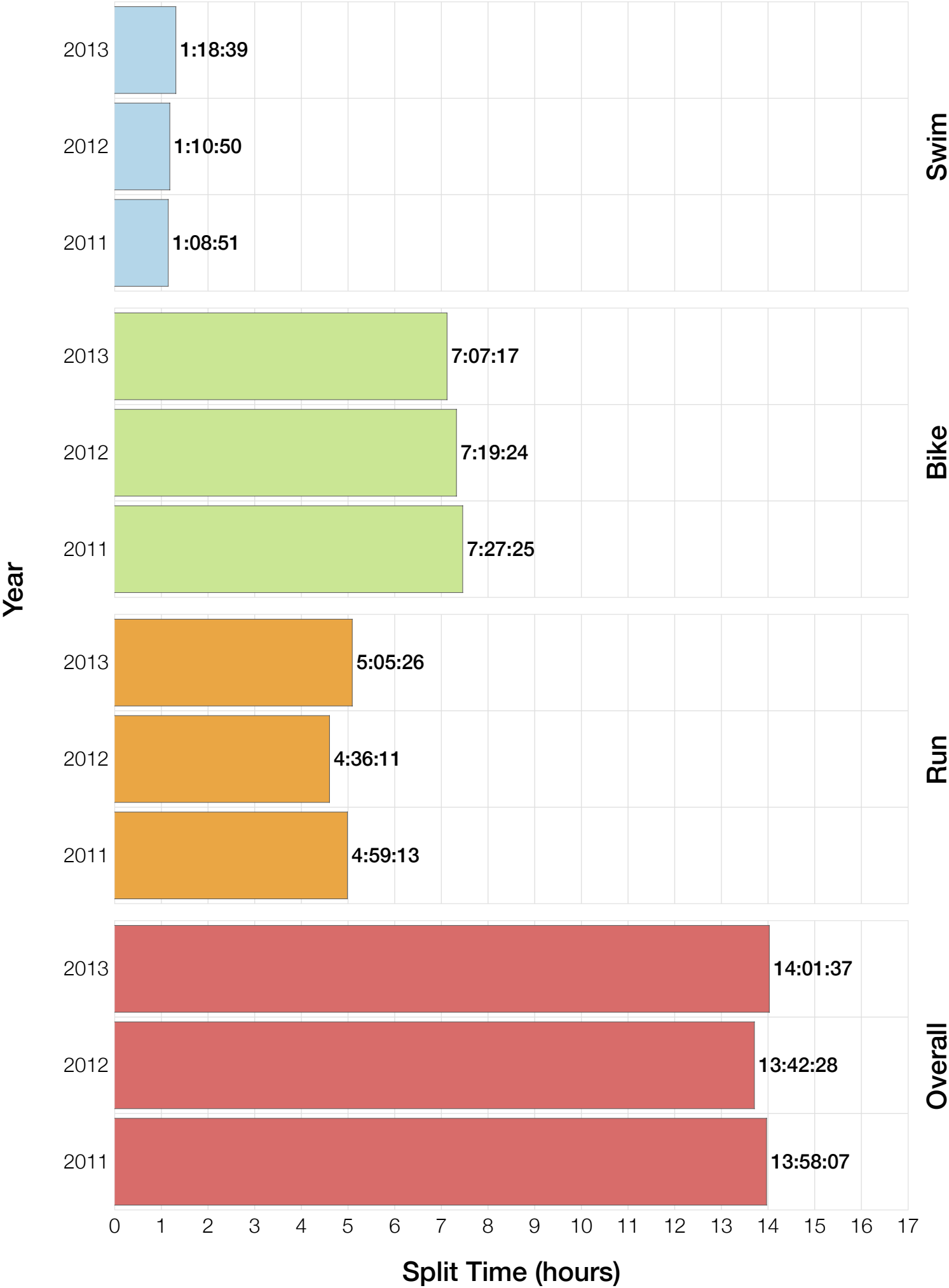
# M50-54 Overall



# M50-54 Fastest Splits

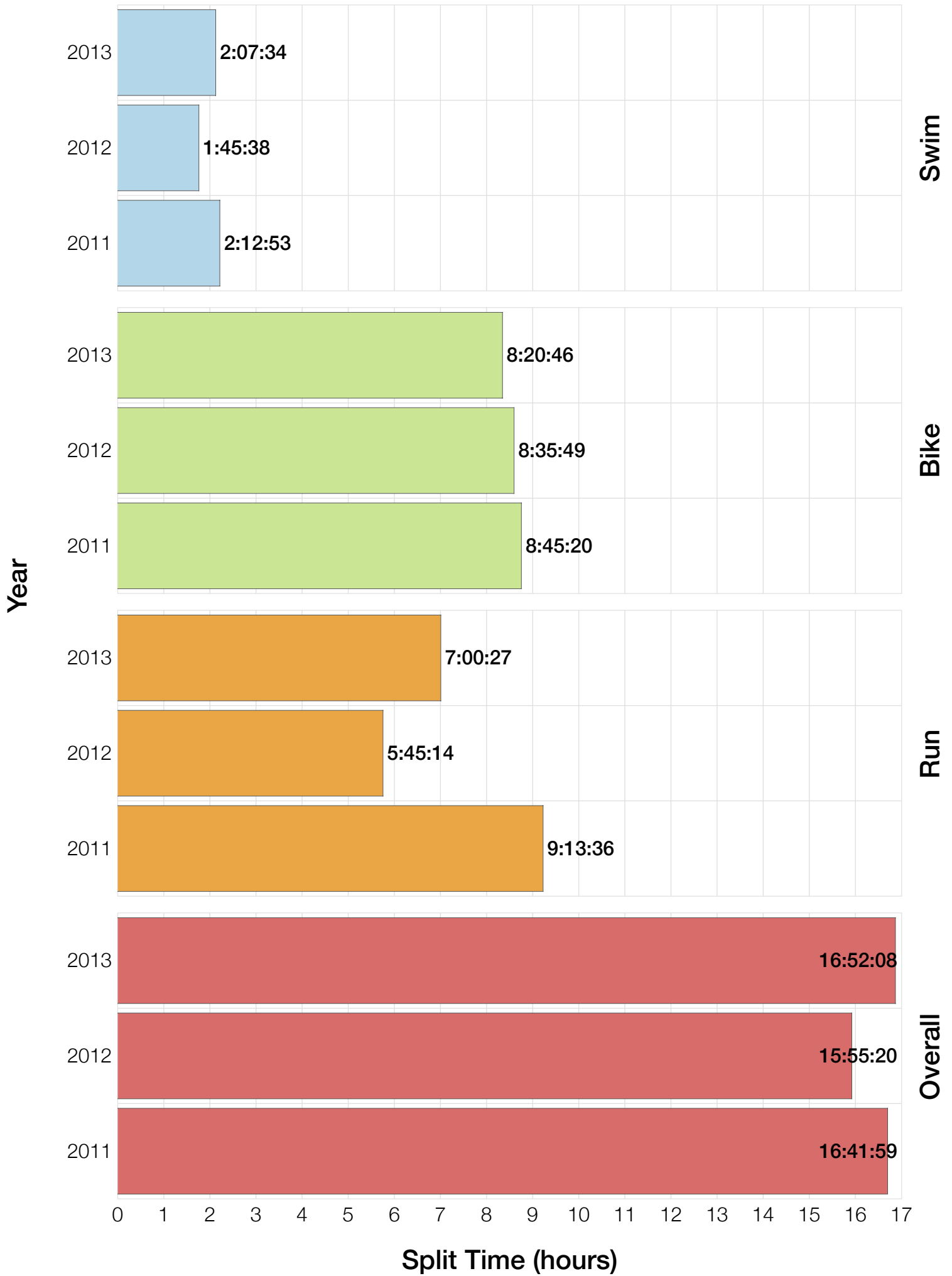


# M50-54 Median Splits



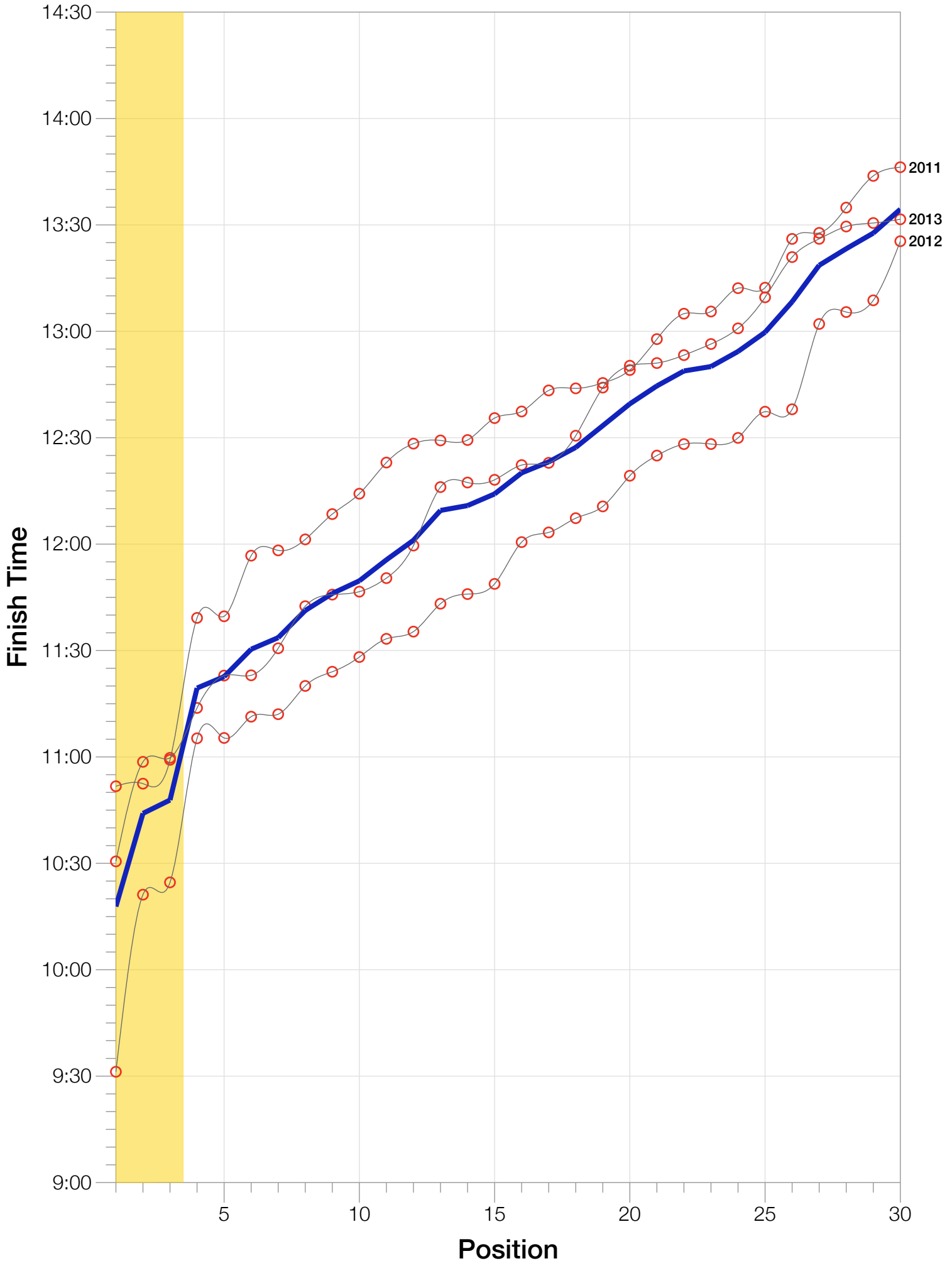


# M50-54 Slowest Splits



# M50-54 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



# M50-54 Top 10 and Kona Times and Splits

## Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Average Male Winner</b>	<b>0:46:48</b>	<b>5:12:39</b>	<b>2:54:25</b>	<b>9:02:04</b>
<b>Average Female Winner</b>	<b>0:56:52</b>	<b>5:37:54</b>	<b>3:12:18</b>	<b>9:57:17</b>
<b>Average 1st Age Grouper</b>	<b>0:59:30</b>	<b>5:45:34</b>	<b>3:20:11</b>	<b>10:17:50</b>
<b>Average 2nd Age Grouper</b>	<b>1:02:30</b>	<b>5:50:04</b>	<b>3:37:18</b>	<b>10:44:05</b>
<b>Average 3rd Age Grouper</b>	<b>1:03:47</b>	<b>5:50:59</b>	<b>3:37:41</b>	<b>10:47:51</b>
Average 4th Age Grouper	1:03:06	6:07:25	3:39:17	11:06:17
Average 5th Age Grouper	0:57:08	6:07:23	3:56:08	11:15:59
Average 6th Age Grouper	1:09:58	6:15:29	3:46:05	11:28:20
Average 7th Age Grouper	1:01:39	6:23:01	3:49:47	11:31:24
Average 8th Age Grouper	1:01:49	6:29:13	3:50:26	11:38:23
Average 9th Age Grouper	1:05:32	6:27:01	3:54:36	11:42:05
Average 10th Age Grouper	1:03:44	6:28:39	3:56:56	11:46:56
<b>Kona Qualifier Average</b>	<b>1:01:55</b>	<b>5:48:52</b>	<b>3:31:43</b>	<b>10:36:35</b>
<b>Top 10 Age Grouper Average</b>	<b>1:02:52</b>	<b>6:10:29</b>	<b>3:44:50</b>	<b>11:13:55</b>

## Wales 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:47:13</b>	<b>5:11:26</b>	<b>3:02:35</b>	<b>9:09:10</b>
<b>Female Winner</b>	<b>0:56:59</b>	<b>5:31:36</b>	<b>3:15:02</b>	<b>9:51:21</b>
<b>1st Age Grouper</b>	<b>1:05:50</b>	<b>5:53:14</b>	<b>3:20:05</b>	<b>10:30:33</b>
<b>2nd Age Grouper</b>	<b>1:01:51</b>	<b>6:02:37</b>	<b>3:40:14</b>	<b>10:58:37</b>
<b>3rd Age Grouper</b>	<b>1:19:46</b>	<b>5:41:44</b>	<b>3:42:10</b>	<b>10:59:45</b>
4th Age Grouper	1:08:02	5:45:52	4:08:09	11:13:49
5th Age Grouper	1:00:59	6:06:17	4:01:46	11:22:56
6th Age Grouper	1:13:54	6:15:45	3:34:53	11:23:01
7th Age Grouper	1:02:26	6:18:22	3:51:00	11:30:38
8th Age Grouper	1:01:58	6:21:09	4:05:52	11:42:30
9th Age Grouper	1:07:43	6:29:44	3:53:02	11:45:46
10th Age Grouper	1:08:14	6:31:23	3:52:23	11:46:36
<b>Kona Qualifier Average</b>	<b>1:09:09</b>	<b>5:52:31</b>	<b>3:34:09</b>	<b>10:49:38</b>
<b>Top 10 Age Grouper Average</b>	<b>1:07:04</b>	<b>6:08:36</b>	<b>3:48:57</b>	<b>11:19:25</b>

## Wales 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
<b>Male Winner</b>	<b>0:48:12</b>	<b>5:04:16</b>	<b>2:52:42</b>	<b>8:52:43</b>
<b>Female Winner</b>	<b>0:51:29</b>	<b>5:34:35</b>	<b>3:09:48</b>	<b>9:45:09</b>
<b>1st Age Grouper</b>	<b>0:59:09</b>	<b>5:21:11</b>	<b>2:59:50</b>	<b>9:31:14</b>
<b>2nd Age Grouper</b>	<b>1:01:21</b>	<b>5:40:31</b>	<b>3:27:16</b>	<b>10:21:10</b>
<b>3rd Age Grouper</b>	<b>0:50:18</b>	<b>5:42:39</b>	<b>3:39:59</b>	<b>10:24:38</b>
4th Age Grouper	0:54:17	6:02:00	3:14:17	10:25:51
5th Age Grouper	0:56:32	5:59:17	3:35:08	10:45:22
6th Age Grouper	1:09:42	6:02:07	3:41:09	11:05:15
7th Age Grouper	1:01:12	6:14:41	3:37:13	11:05:21
8th Age Grouper	1:01:34	6:15:07	3:35:23	11:11:21
9th Age Grouper	1:12:14	6:10:44	3:36:56	11:12:03
10th Age Grouper	1:03:25	6:18:13	3:39:01	11:20:01
<b>Kona Qualifier Average</b>	<b>0:56:56</b>	<b>5:34:47</b>	<b>3:22:21</b>	<b>10:05:40</b>
<b>Top 10 Age Grouper Average</b>	<b>1:00:58</b>	<b>5:58:39</b>	<b>3:30:37</b>	<b>10:44:13</b>

## Wales 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:45:01	5:22:16	2:48:00	9:04:20
Female Winner	1:02:09	5:47:31	3:12:04	10:15:23
1st Age Grouper	0:53:32	6:02:18	3:40:38	10:51:44
2nd Age Grouper	1:04:18	5:47:04	3:44:25	10:52:28
3rd Age Grouper	1:01:18	6:08:36	3:30:56	10:59:11
4th Age Grouper	1:07:01	6:34:24	3:35:27	11:39:12
5th Age Grouper	0:53:53	6:16:35	4:11:31	11:39:39
6th Age Grouper	1:06:18	6:28:35	4:02:15	11:56:45
7th Age Grouper	1:01:20	6:36:01	4:01:09	11:58:14
8th Age Grouper	1:01:55	6:51:24	3:50:03	12:01:20
9th Age Grouper	0:56:41	6:40:35	4:13:50	12:08:28
10th Age Grouper	0:59:33	6:36:23	4:19:25	12:14:13
<b>Kona Qualifier Average</b>	<b>0:59:42</b>	<b>5:59:19</b>	<b>3:38:39</b>	<b>10:54:27</b>
<b>Top 10 Age Grouper Average</b>	<b>1:00:34</b>	<b>6:24:11</b>	<b>3:54:57</b>	<b>11:38:07</b>