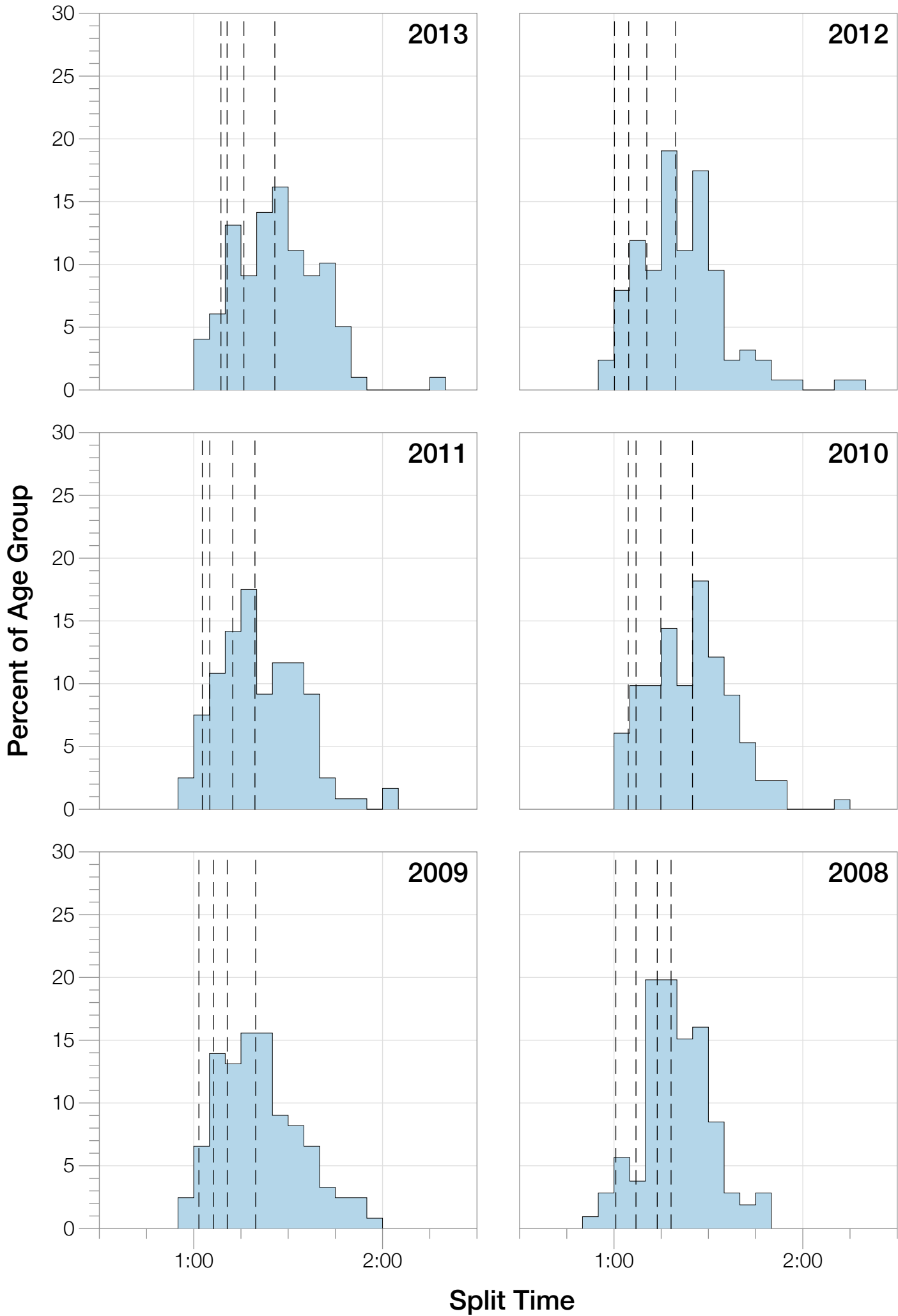


Ironman Wisconsin F30-34 Stats

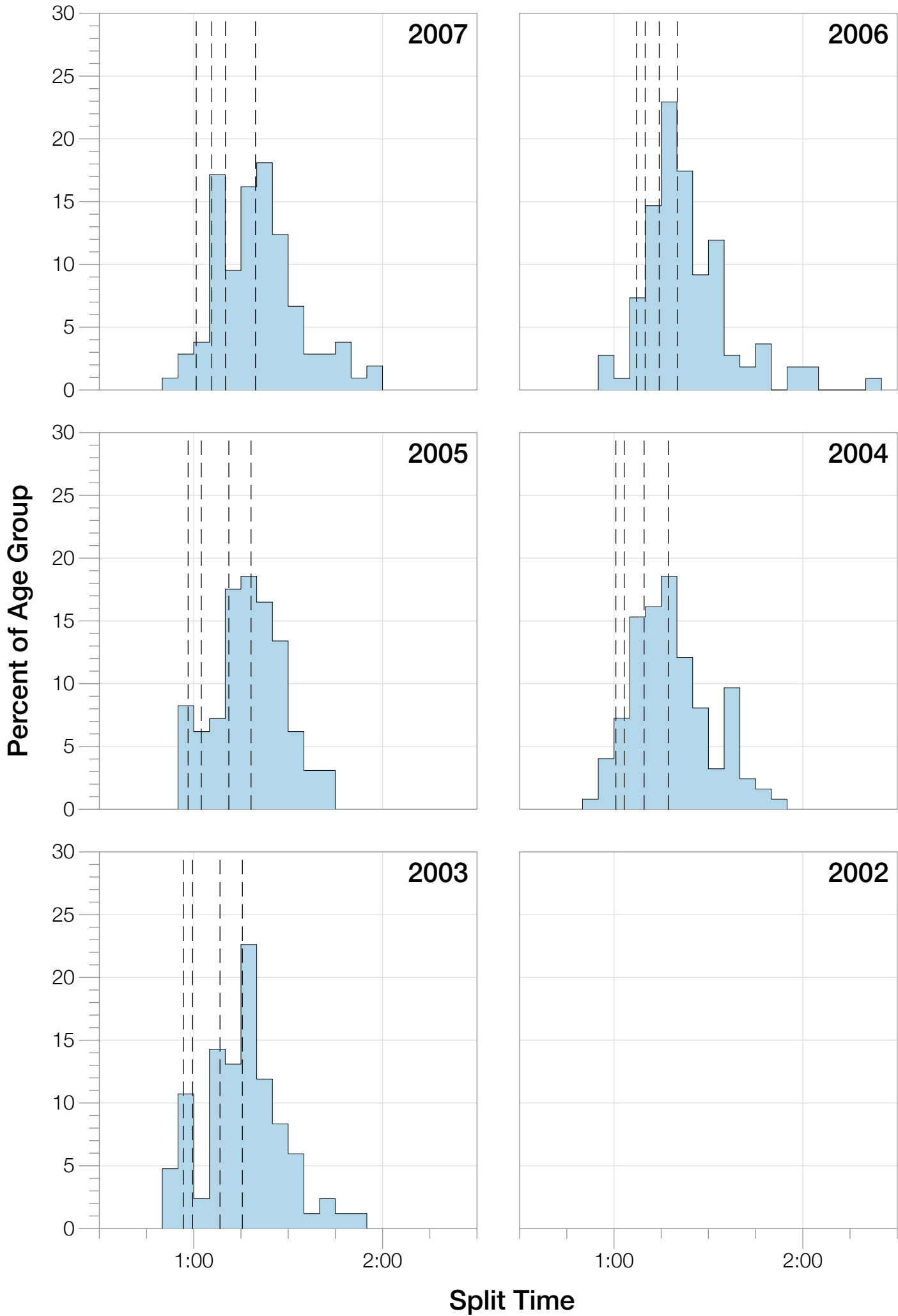
F30-34 Summary Statistics

Year	Finishers	F30-34 Finishers	Male Winner's Time	Female Winner's Time	F30-34 Winner's Time
2003	1536	84	8:55:26	9:46:28	11:01:11
2004	1973	124	8:52:33	10:05:40	10:57:25
2005	1681	97	9:01:34	10:11:22	11:23:03
2006	2172	109	9:07:24	10:01:22	10:54:43
2007	2107	105	8:52:49	9:37:03	10:43:45
2008	2082	106	8:43:29	9:47:25	10:33:37
2009	2176	122	8:45:19	9:43:59	10:39:52
2010	2397	132	8:38:32	9:27:26	10:31:04
2011	2245	120	8:45:18	9:41:03	10:48:51
2012	2337	126	8:32:51	9:34:35	10:25:20
2013	2332	100	8:40:15	9:47:07	10:47:14
Average	2094	111	8:48:40	9:47:35	9:53:50

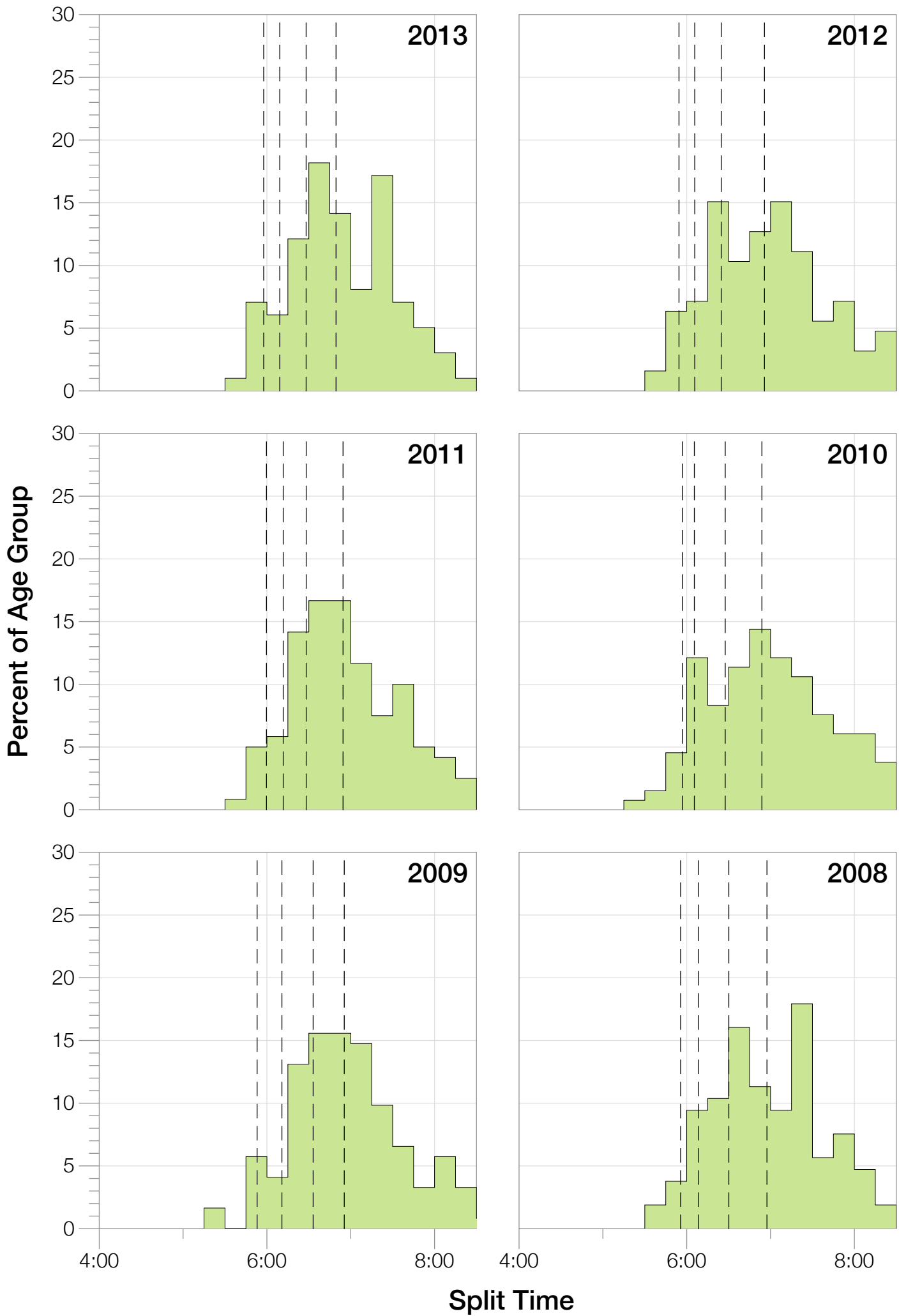
F30-34 Swim



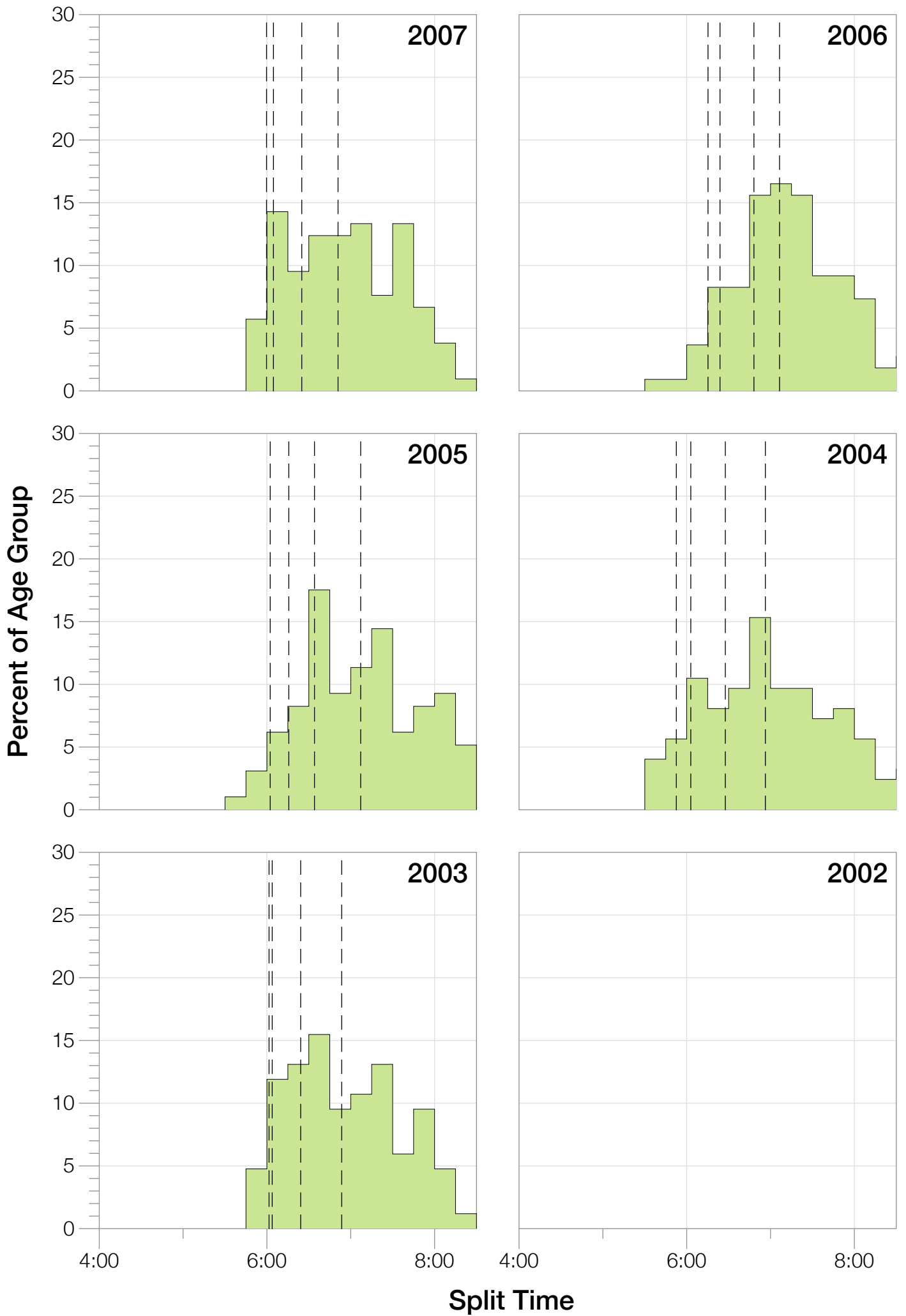
F30-34 Swim



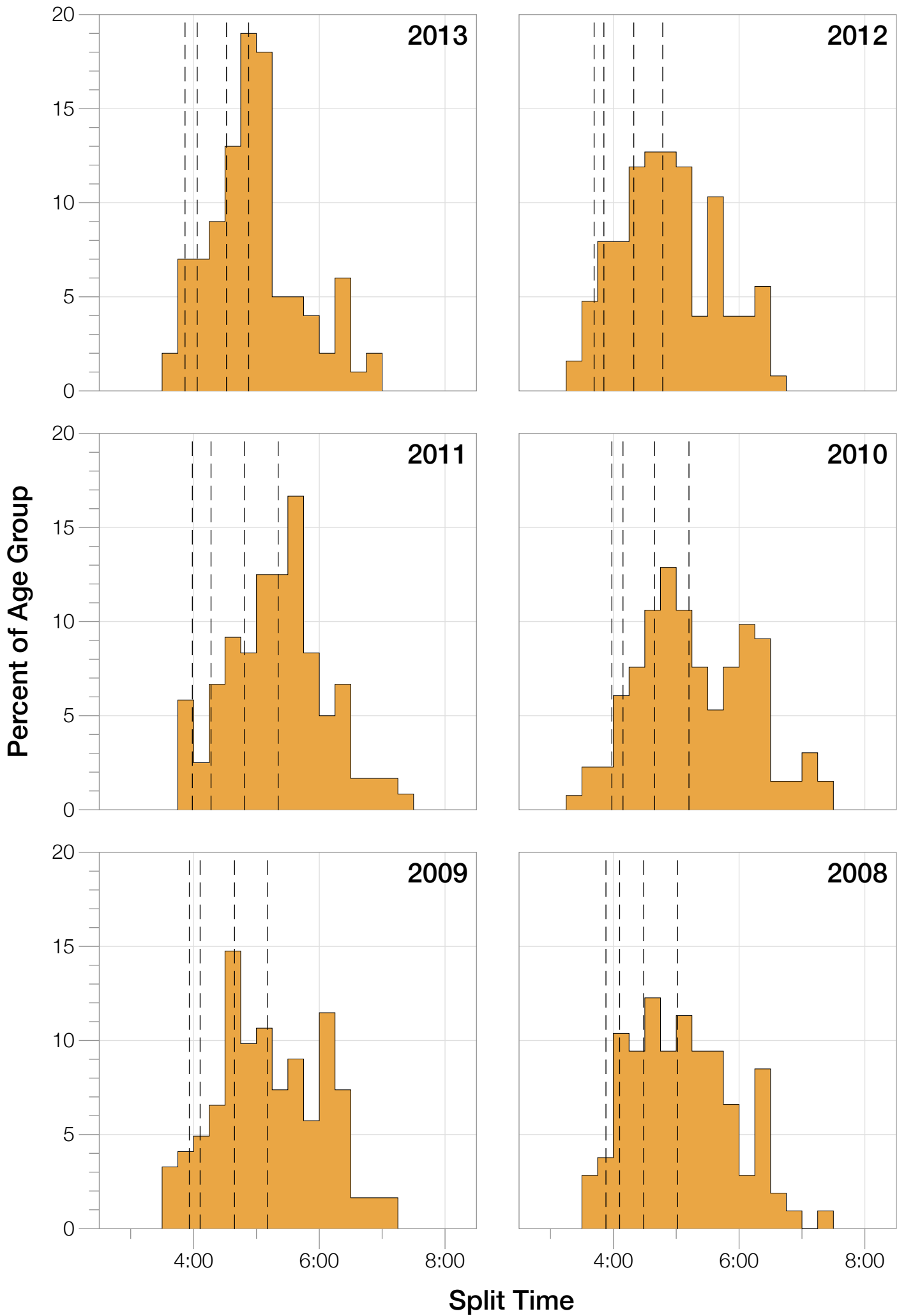
F30-34 Bike



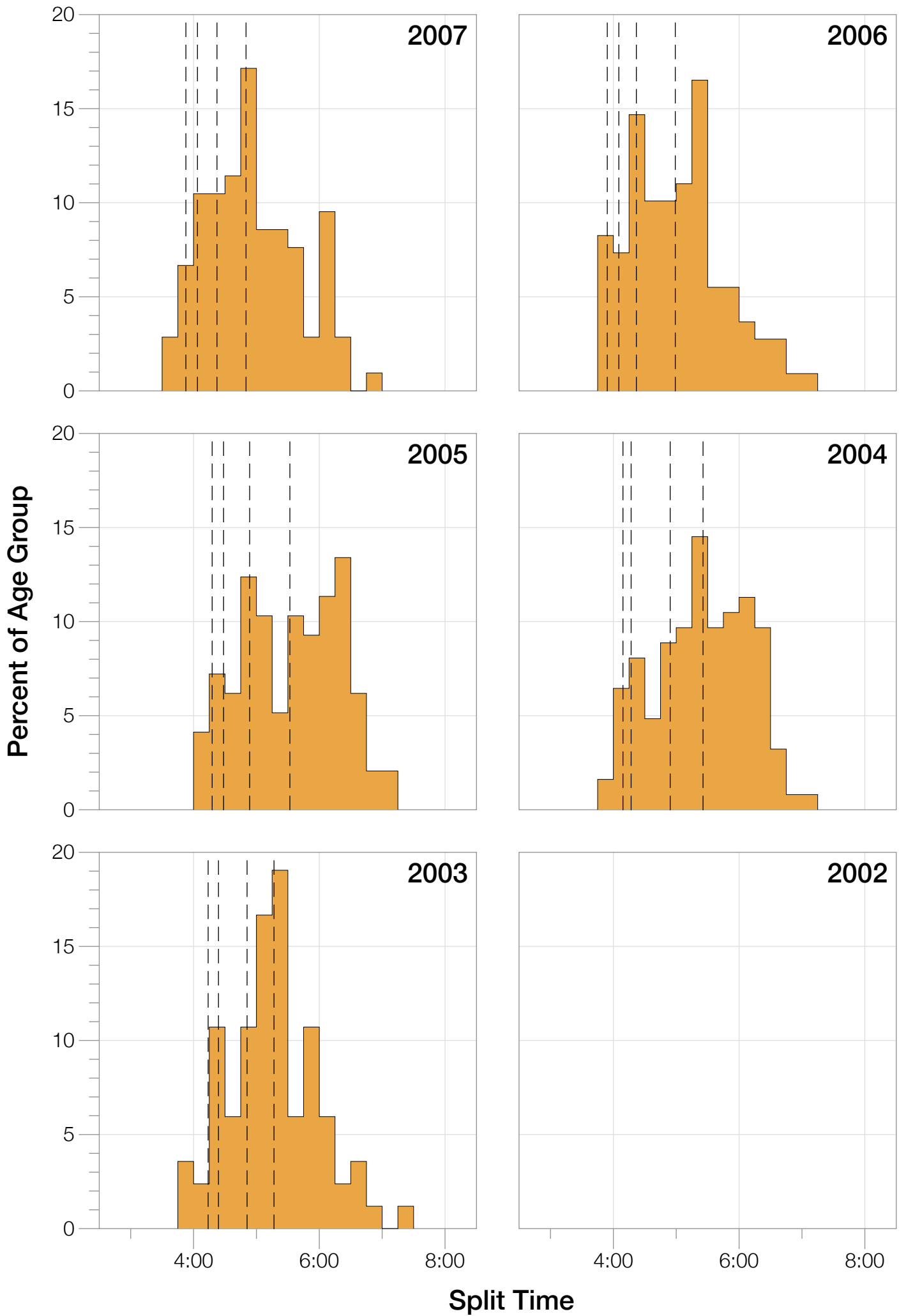
F30-34 Bike



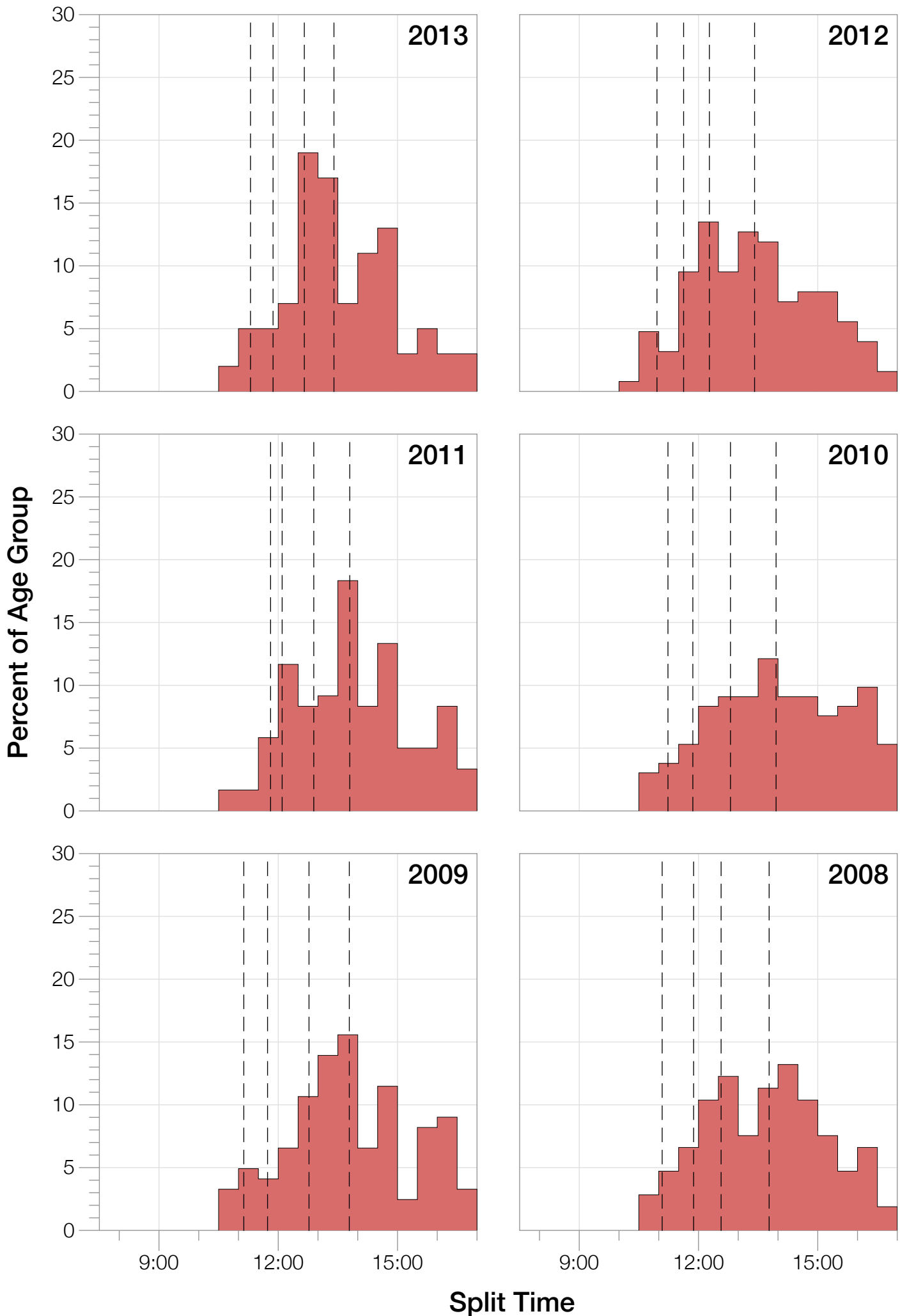
F30-34 Run



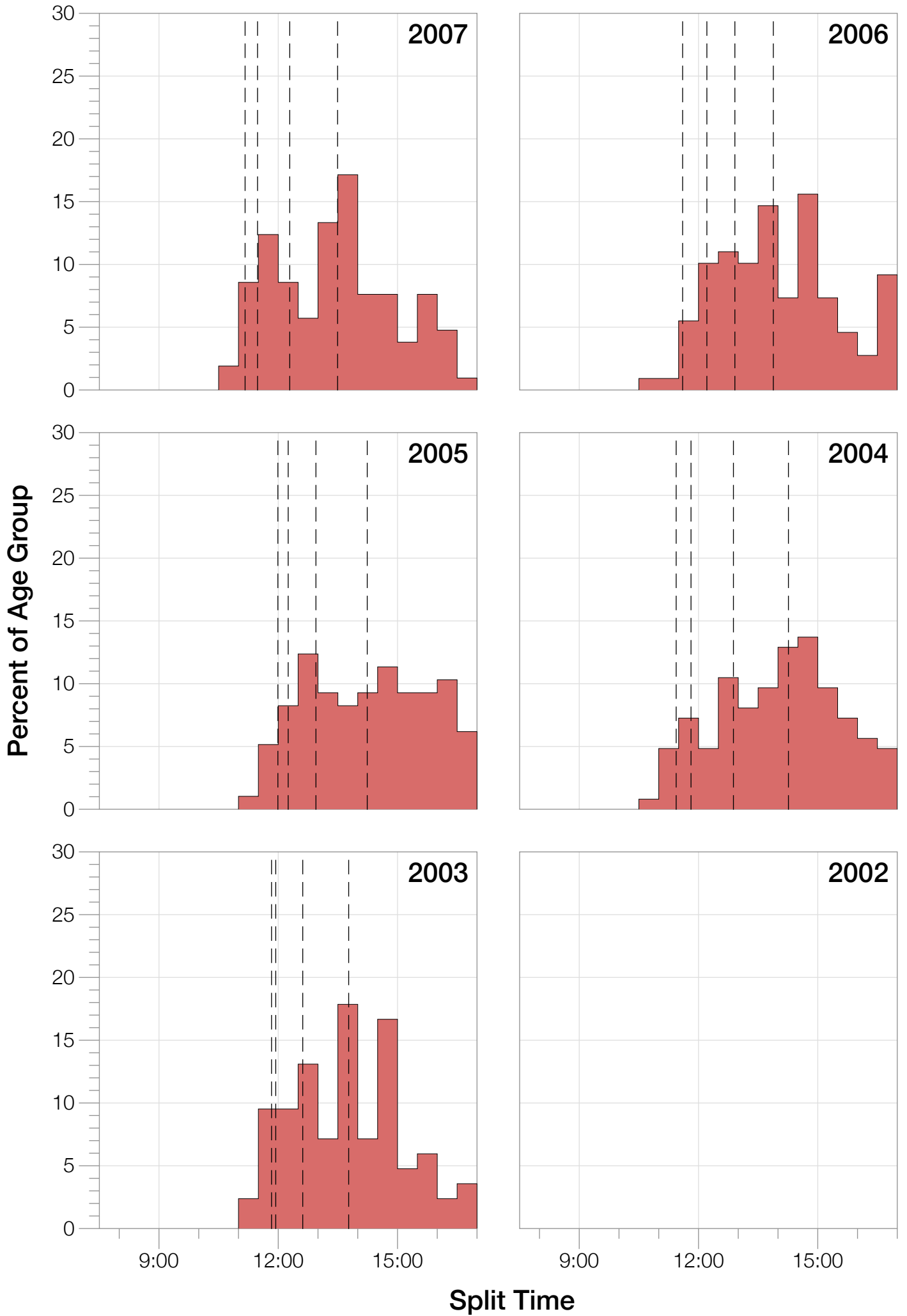
F30-34 Run



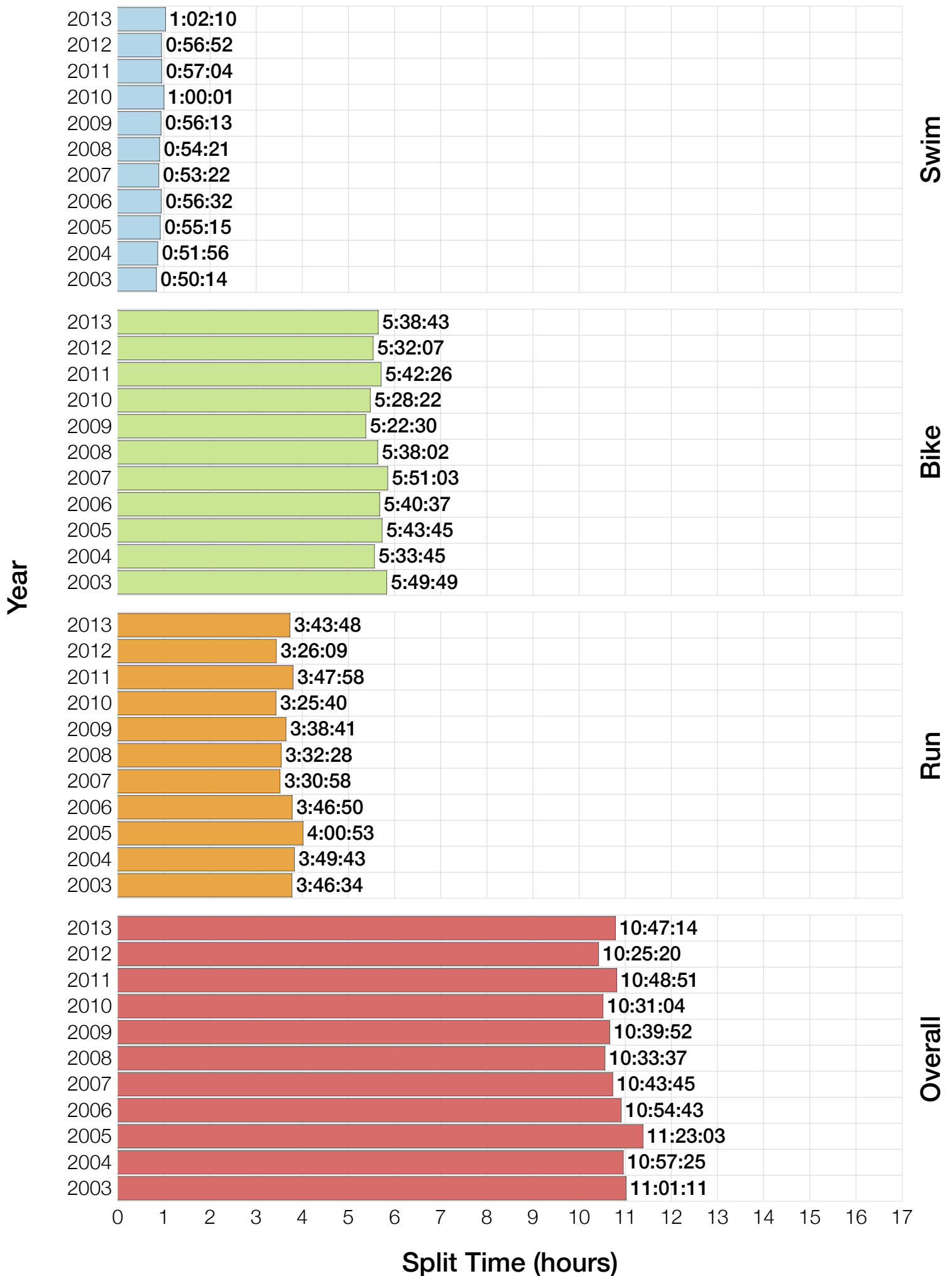
F30-34 Overall



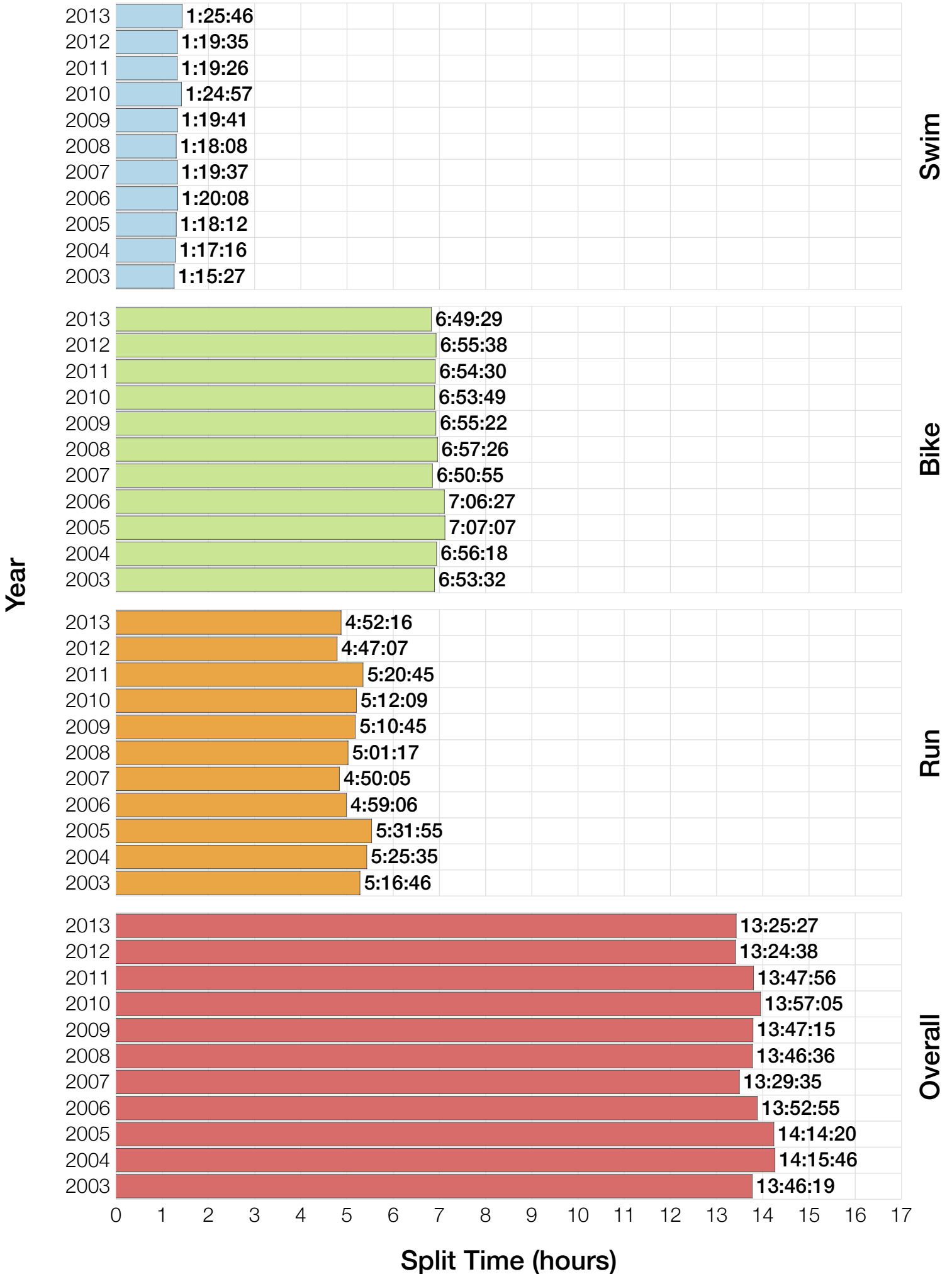
F30-34 Overall



F30-34 Fastest Splits

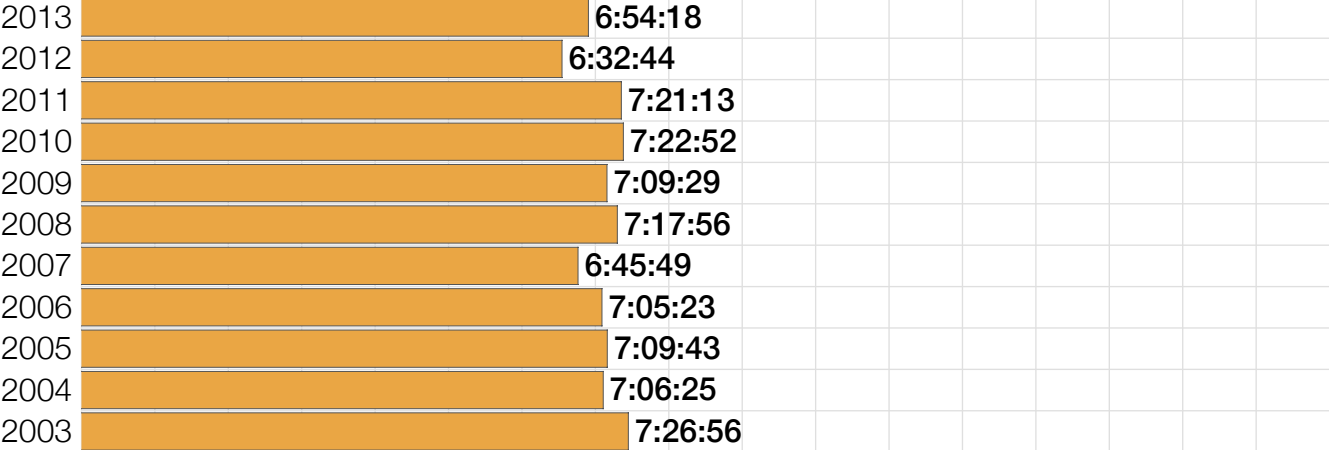
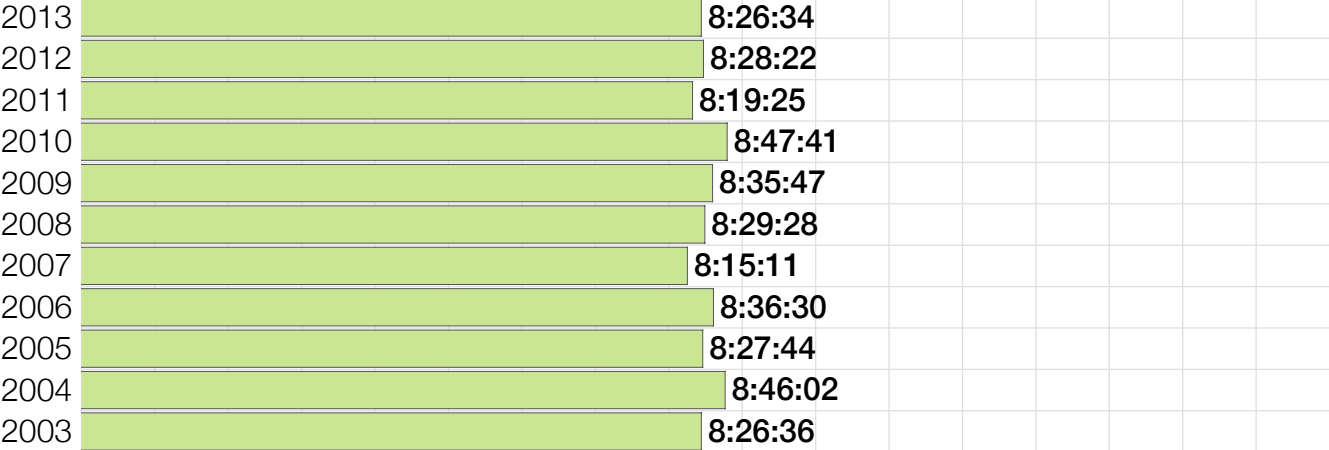


F30-34 Median Splits



F30-34 Slowest Splits

Year



0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Split Time (hours)

F30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:52:37	4:48:21	3:01:08	8:48:40
Average Female Winner	0:55:21	5:23:49	3:21:27	9:47:35
Average 1st Age Grouper	1:05:05	5:44:38	3:48:59	10:47:49
Average 2nd Age Grouper	1:07:46	5:54:32	3:46:19	10:58:11
Average 3rd Age Grouper	1:04:34	5:55:32	3:57:32	11:08:17
Average 4th Age Grouper	1:06:09	6:01:41	3:56:04	11:14:54
Average 5th Age Grouper	1:07:44	6:01:26	3:58:56	11:19:25
Average 6th Age Grouper	1:09:13	6:00:20	4:02:29	11:22:09
Average 7th Age Grouper	1:10:03	6:00:44	4:04:50	11:26:26
Average 8th Age Grouper	1:08:48	6:03:53	4:10:16	11:33:11
Average 9th Age Grouper	1:12:27	6:09:42	4:06:14	11:39:52
Average 10th Age Grouper	1:14:45	6:12:36	4:03:50	11:43:41
Kona Qualifier Average	1:06:26	5:49:35	3:47:39	10:53:00
Top 10 Age Grouper Average	1:08:39	6:00:30	3:59:33	11:19:23

Wisconsin 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:38	4:34:58	3:06:09	8:40:15
Female Winner	0:57:00	5:27:30	3:16:03	9:47:07
1st Age Grouper	1:09:50	5:38:43	3:49:11	10:47:14
2nd Age Grouper	1:13:28	5:46:40	3:45:23	10:55:36
3rd Age Grouper	1:15:21	5:50:50	3:43:48	11:01:11
4th Age Grouper	1:02:10	6:02:21	3:47:54	11:03:21
5th Age Grouper	1:14:46	5:53:40	3:52:00	11:13:38
6th Age Grouper	1:09:05	5:58:04	4:02:43	11:18:21
7th Age Grouper	1:12:53	6:09:25	3:58:20	11:28:45
8th Age Grouper	1:11:00	5:58:58	4:15:41	11:33:43
9th Age Grouper	1:21:43	6:26:41	3:44:26	11:44:55
10th Age Grouper	1:21:59	6:18:11	3:53:38	11:45:55
Kona Qualifier Average	1:11:39	5:42:41	3:47:17	10:51:25
Top 10 Age Grouper Average	1:13:13	6:00:21	3:53:18	11:17:15

Wisconsin 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:13	4:37:59	2:56:33	8:32:51
Female Winner	1:00:41	5:27:30	2:59:33	9:34:35
1st Age Grouper	0:56:52	5:46:23	3:32:55	10:25:20
2nd Age Grouper	1:08:13	5:49:28	3:28:46	10:35:34
3rd Age Grouper	0:59:57	5:44:49	3:42:17	10:36:45
4th Age Grouper	1:09:45	5:56:27	3:26:09	10:42:09
5th Age Grouper	1:00:05	5:45:28	3:50:39	10:45:00
6th Age Grouper	1:08:16	5:32:07	3:58:36	10:49:46
7th Age Grouper	1:08:57	5:48:28	3:48:06	10:53:27
8th Age Grouper	1:10:35	6:07:19	3:41:26	11:08:53
9th Age Grouper	1:17:07	6:14:09	3:36:56	11:19:58
10th Age Grouper	1:10:28	6:09:05	3:52:42	11:22:52
Kona Qualifier Average	1:02:32	5:47:55	3:30:50	10:30:27
Top 10 Age Grouper Average	1:07:01	5:53:22	3:41:51	10:51:58

Wisconsin 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:09	4:51:17	2:53:06	8:45:18
Female Winner	1:04:57	5:15:38	3:13:39	9:41:03
1st Age Grouper	1:05:57	5:42:26	3:52:11	10:48:51
2nd Age Grouper	0:59:22	5:50:47	3:53:27	10:51:43
3rd Age Grouper	1:11:43	5:50:18	4:09:44	11:22:06
4th Age Grouper	1:18:35	5:45:54	4:05:56	11:25:49
5th Age Grouper	1:18:44	6:15:17	3:47:58	11:36:10
6th Age Grouper	1:14:47	5:59:54	4:16:04	11:41:06
7th Age Grouper	1:11:54	5:55:33	4:30:00	11:48:49
8th Age Grouper	1:12:33	5:52:21	4:34:12	11:52:28
9th Age Grouper	1:01:39	6:25:40	4:16:44	11:56:33
10th Age Grouper	1:21:28	6:20:29	3:58:54	11:58:24
Kona Qualifier Average	1:02:39	5:46:36	3:52:49	10:50:17
Top 10 Age Grouper Average	1:11:40	5:59:51	4:08:31	11:32:11

Wisconsin 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:46:54	2:54:51	8:38:32
Female Winner	0:53:35	5:12:50	3:14:22	9:27:26
1st Age Grouper	1:10:05	5:28:22	3:44:49	10:31:04
2nd Age Grouper	1:06:29	5:44:23	3:35:55	10:35:30
3rd Age Grouper	1:11:37	5:49:18	3:25:40	10:36:34
4th Age Grouper	1:00:59	6:06:54	3:38:25	10:55:29
5th Age Grouper	1:06:55	5:43:22	4:08:31	11:08:27
6th Age Grouper	1:10:21	5:55:16	3:55:29	11:09:55
7th Age Grouper	1:11:15	5:45:48	4:03:32	11:11:19
8th Age Grouper	1:14:59	5:58:18	3:52:19	11:16:00
9th Age Grouper	1:08:16	6:01:59	4:02:00	11:21:00
10th Age Grouper	1:00:01	6:08:27	4:13:46	11:34:13
Kona Qualifier Average	1:08:17	5:36:22	3:40:22	10:33:17
Top 10 Age Grouper Average	1:08:05	5:52:12	3:52:02	11:01:57

Wisconsin 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:40	4:47:43	3:00:50	8:45:19
Female Winner	0:56:16	5:13:22	3:27:15	9:43:59
1st Age Grouper	1:10:52	5:24:15	3:55:48	10:39:52
2nd Age Grouper	1:03:48	5:54:06	3:44:27	10:52:21
3rd Age Grouper	1:06:56	5:56:03	3:38:58	10:52:24
4th Age Grouper	1:09:23	5:48:41	3:48:34	10:56:03
5th Age Grouper	1:05:05	5:46:54	3:58:53	11:02:43
6th Age Grouper	1:01:35	5:49:35	3:59:15	11:02:51
7th Age Grouper	1:02:36	6:16:14	3:38:41	11:07:41
8th Age Grouper	1:07:13	6:13:48	3:43:45	11:14:06
9th Age Grouper	1:12:08	5:52:55	4:05:29	11:19:16
10th Age Grouper	1:06:14	6:02:29	4:03:14	11:22:05
Kona Qualifier Average	1:07:20	5:39:10	3:50:07	10:46:06
Top 10 Age Grouper Average	1:06:35	5:54:30	3:51:42	11:02:56

Wisconsin 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:52	4:48:40	2:56:39	8:43:29
Female Winner	0:52:11	5:21:49	3:26:24	9:47:25
1st Age Grouper	1:04:15	5:48:18	3:32:28	10:33:37
2nd Age Grouper	1:12:18	5:38:02	3:37:02	10:38:24
3rd Age Grouper	0:54:21	6:00:07	3:48:24	10:53:09
4th Age Grouper	1:14:15	5:49:49	3:51:43	11:03:32
5th Age Grouper	1:00:34	6:09:49	3:43:27	11:03:46
6th Age Grouper	1:11:25	5:42:37	4:00:21	11:03:54
7th Age Grouper	1:11:13	5:52:34	3:56:01	11:08:56
8th Age Grouper	0:58:01	6:07:58	4:03:12	11:17:10
9th Age Grouper	1:10:53	5:54:10	4:13:50	11:32:01
10th Age Grouper	1:25:23	6:04:38	3:51:54	11:36:14
Kona Qualifier Average	1:08:16	5:43:10	3:34:45	10:36:00
Top 10 Age Grouper Average	1:08:15	5:54:48	3:51:50	11:05:04

Wisconsin 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:09	4:47:27	3:03:22	8:52:49
Female Winner	0:53:59	5:22:07	3:14:45	9:37:03
1st Age Grouper	1:05:31	5:58:37	3:30:58	10:43:45
2nd Age Grouper	1:02:08	6:04:51	3:35:34	10:51:26
3rd Age Grouper	0:59:13	6:05:40	3:52:39	11:07:19
4th Age Grouper	1:05:32	5:59:09	3:56:07	11:09:24
5th Age Grouper	0:57:07	6:07:25	3:52:46	11:09:37
6th Age Grouper	0:59:36	5:53:03	4:08:26	11:09:57
7th Age Grouper	0:53:22	6:11:07	3:55:24	11:10:00
8th Age Grouper	1:09:49	6:06:01	3:47:26	11:13:49
9th Age Grouper	1:06:48	6:04:11	4:02:39	11:23:49
10th Age Grouper	1:05:46	6:05:16	4:05:29	11:24:41
Kona Qualifier Average	1:03:49	6:01:44	3:33:16	10:47:35
Top 10 Age Grouper Average	1:02:29	6:03:32	3:52:44	11:08:22

Wisconsin 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:34	5:05:18	2:57:56	9:07:24
Female Winner	0:57:40	5:32:37	3:24:08	10:01:22
1st Age Grouper	1:15:04	5:40:37	3:49:57	10:54:43
2nd Age Grouper	1:09:55	6:11:29	3:49:12	11:20:31
3rd Age Grouper	1:05:04	6:25:54	3:46:50	11:30:29
4th Age Grouper	1:03:23	6:23:12	3:47:24	11:31:23
5th Age Grouper	1:12:17	6:14:43	3:54:07	11:33:50
6th Age Grouper	1:12:15	6:10:26	4:02:23	11:34:12
7th Age Grouper	1:17:04	5:56:50	4:08:58	11:38:46
8th Age Grouper	1:21:54	6:16:02	4:07:30	11:57:45
9th Age Grouper	1:22:38	6:32:55	3:53:03	12:02:23
10th Age Grouper	1:30:53	6:17:13	4:05:57	12:08:55
Kona Qualifier Average	1:12:29	5:56:03	3:49:34	11:07:37
Top 10 Age Grouper Average	1:15:02	6:12:56	3:56:32	11:37:17

Wisconsin 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:17	4:56:11	3:05:25	9:01:34
Female Winner	0:50:52	5:30:27	3:43:19	10:11:22
1st Age Grouper	0:58:25	5:53:37	4:22:46	11:23:03
2nd Age Grouper	1:17:14	5:52:21	4:16:19	11:35:09
3rd Age Grouper	1:01:23	5:48:04	4:41:28	11:40:23
4th Age Grouper	1:06:49	6:02:31	4:37:22	11:56:20
5th Age Grouper	1:12:11	6:34:04	4:00:53	11:57:51
6th Age Grouper	1:03:04	6:35:02	4:11:39	11:59:52
7th Age Grouper	1:24:25	6:13:04	4:13:35	12:06:02
8th Age Grouper	0:59:48	6:04:03	4:52:01	12:07:20
9th Age Grouper	0:59:01	6:28:08	4:28:07	12:08:06
10th Age Grouper	1:20:36	6:30:28	4:10:47	12:13:46
Kona Qualifier Average	1:07:49	5:52:59	4:19:32	11:29:06
Top 10 Age Grouper Average	1:08:17	6:12:08	4:23:29	11:54:47

Wisconsin 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:55	4:49:01	3:05:11	8:52:33
Female Winner	0:49:57	5:35:28	3:31:59	10:05:40
1st Age Grouper	0:59:25	5:57:19	3:49:43	10:57:25
2nd Age Grouper	1:00:35	5:59:44	3:57:00	11:07:37
3rd Age Grouper	1:05:04	5:37:32	4:15:04	11:08:23
4th Age Grouper	0:57:16	6:04:29	4:01:32	11:12:01
5th Age Grouper	1:11:40	5:43:00	4:08:39	11:12:59
6th Age Grouper	1:02:29	6:02:15	4:05:03	11:22:52
7th Age Grouper	1:05:47	6:09:14	4:02:39	11:25:25
8th Age Grouper	1:18:16	5:59:51	4:03:46	11:31:16
9th Age Grouper	1:21:23	5:44:33	4:16:49	11:34:49
10th Age Grouper	1:09:40	5:59:10	4:13:36	11:36:24
Kona Qualifier Average	1:00:00	5:58:31	3:53:21	11:02:31
Top 10 Age Grouper Average	1:07:09	5:55:42	4:05:23	11:18:55

Wisconsin 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:23	4:46:23	3:12:32	8:55:26
Female Winner	0:51:45	5:22:48	3:24:30	9:46:28
1st Age Grouper	0:59:48	5:52:24	3:58:09	11:01:11
2nd Age Grouper	1:12:04	6:08:11	3:46:34	11:16:16
3rd Age Grouper	0:59:40	6:02:26	4:28:02	11:42:27
4th Age Grouper	0:59:37	6:19:07	4:15:48	11:48:28
5th Age Grouper	1:05:42	6:02:06	4:30:33	11:49:42
6th Age Grouper	1:28:30	6:25:21	3:47:27	11:50:57
7th Age Grouper	1:11:16	5:49:49	4:37:55	11:51:38
8th Age Grouper	0:52:47	5:58:08	4:51:44	11:52:33
9th Age Grouper	1:15:24	6:01:26	4:28:35	11:55:49
10th Age Grouper	1:09:51	6:23:14	4:12:20	11:57:12
Kona Qualifier Average	1:05:56	6:00:17	3:52:21	11:08:43
Top 10 Age Grouper Average	1:07:27	6:06:13	4:17:42	11:42:37