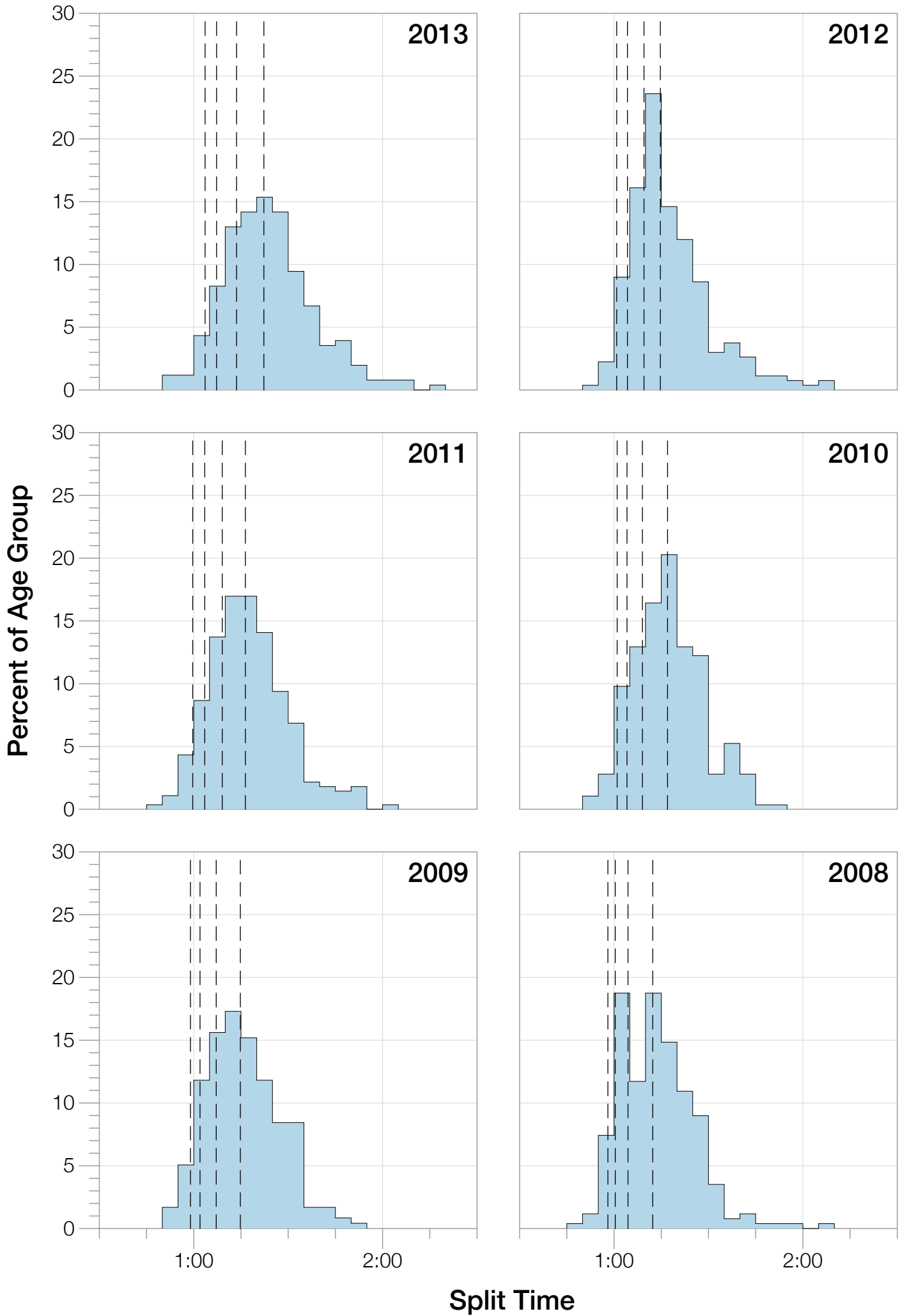


Ironman Wisconsin M30-34 Stats

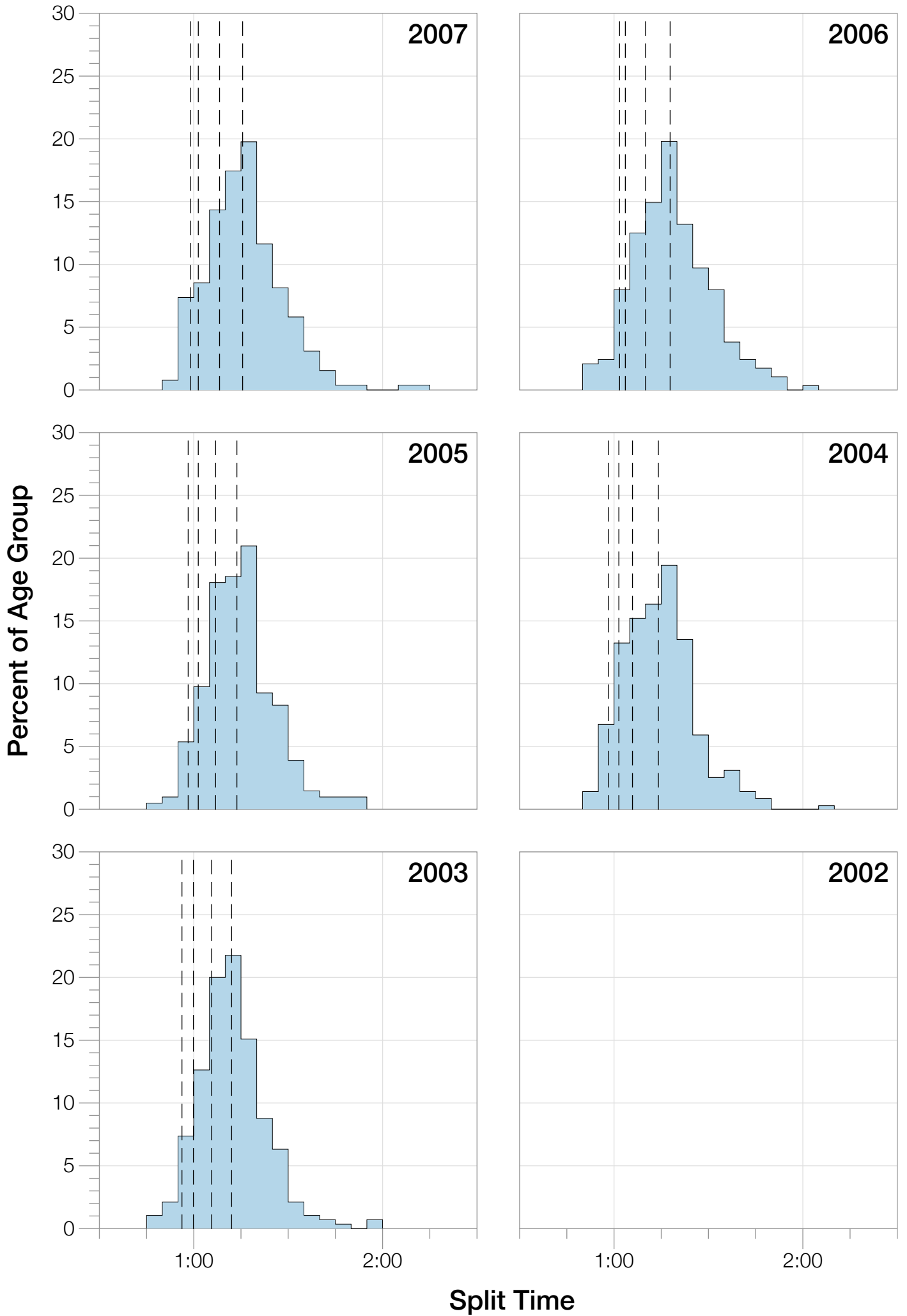
M30-34 Summary Statistics

Year	Finishers	M30-34 Finishers	Male Winner's Time	Female Winner's Time	M30-34 Winner's Time
2003	1536	285	8:55:26	9:46:28	9:32:03
2004	1973	358	8:52:33	10:05:40	9:19:17
2005	1681	205	9:01:34	10:11:22	10:07:56
2006	2172	288	9:07:24	10:01:22	9:41:56
2007	2107	258	8:52:49	9:37:03	9:41:04
2008	2082	256	8:43:29	9:47:25	9:06:56
2009	2176	237	8:45:19	9:43:59	9:12:27
2010	2397	286	8:38:32	9:27:26	9:16:43
2011	2245	277	8:45:18	9:41:03	9:40:26
2012	2337	267	8:32:51	9:34:35	9:21:09
2013	2332	254	8:40:15	9:47:07	9:04:31
Average	2094	270	8:48:40	9:47:35	8:40:22

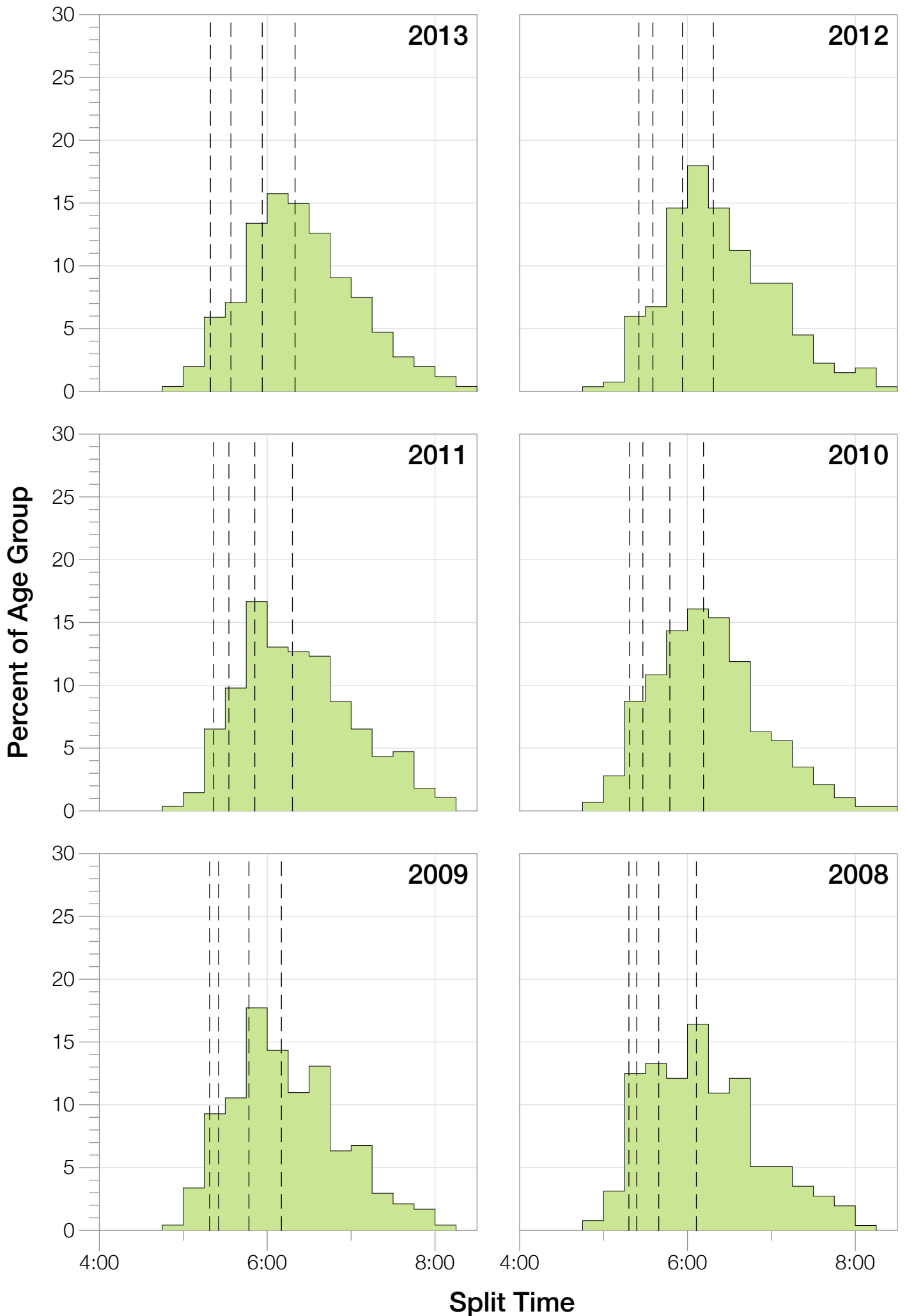
M30-34 Swim



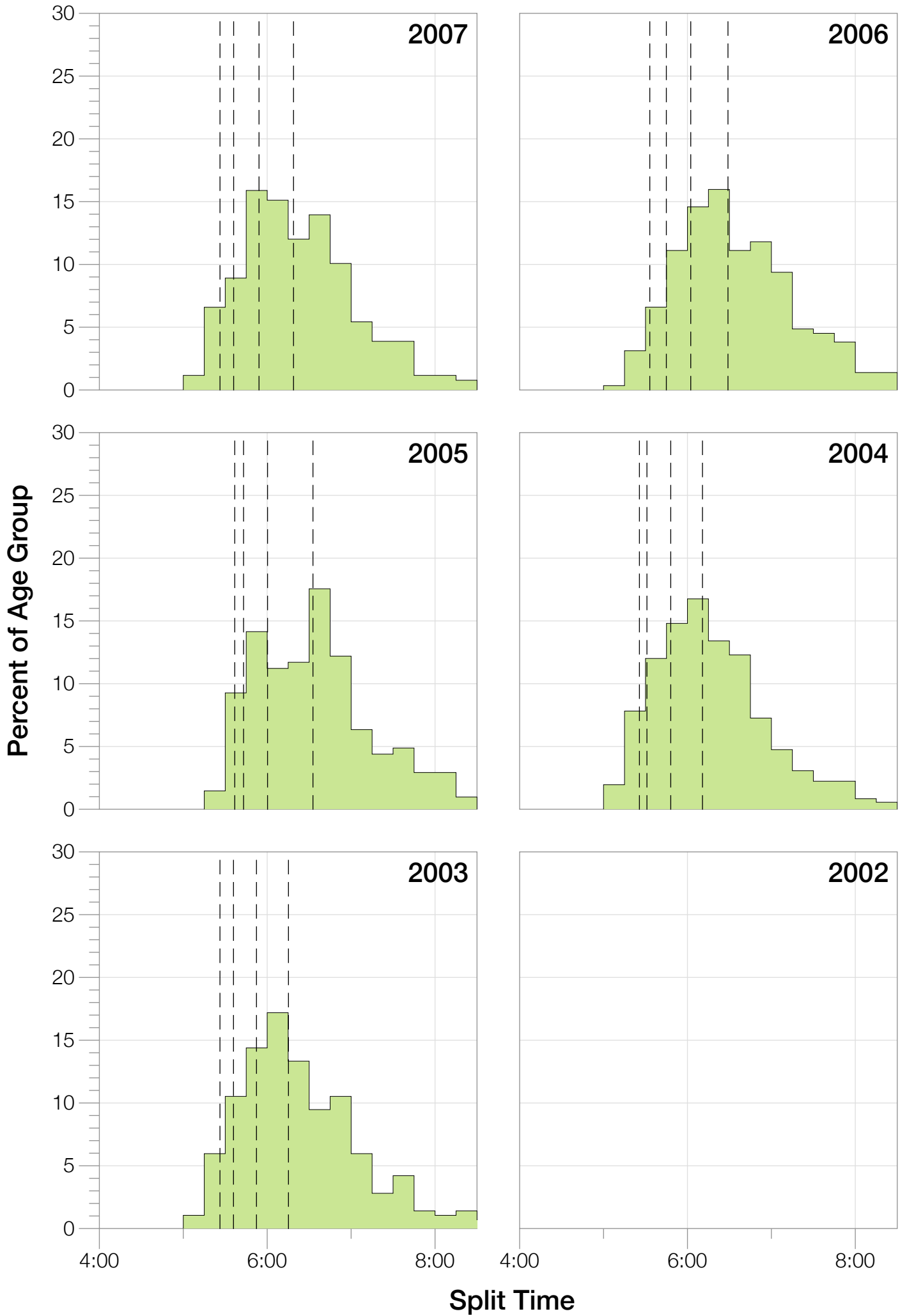
M30-34 Swim



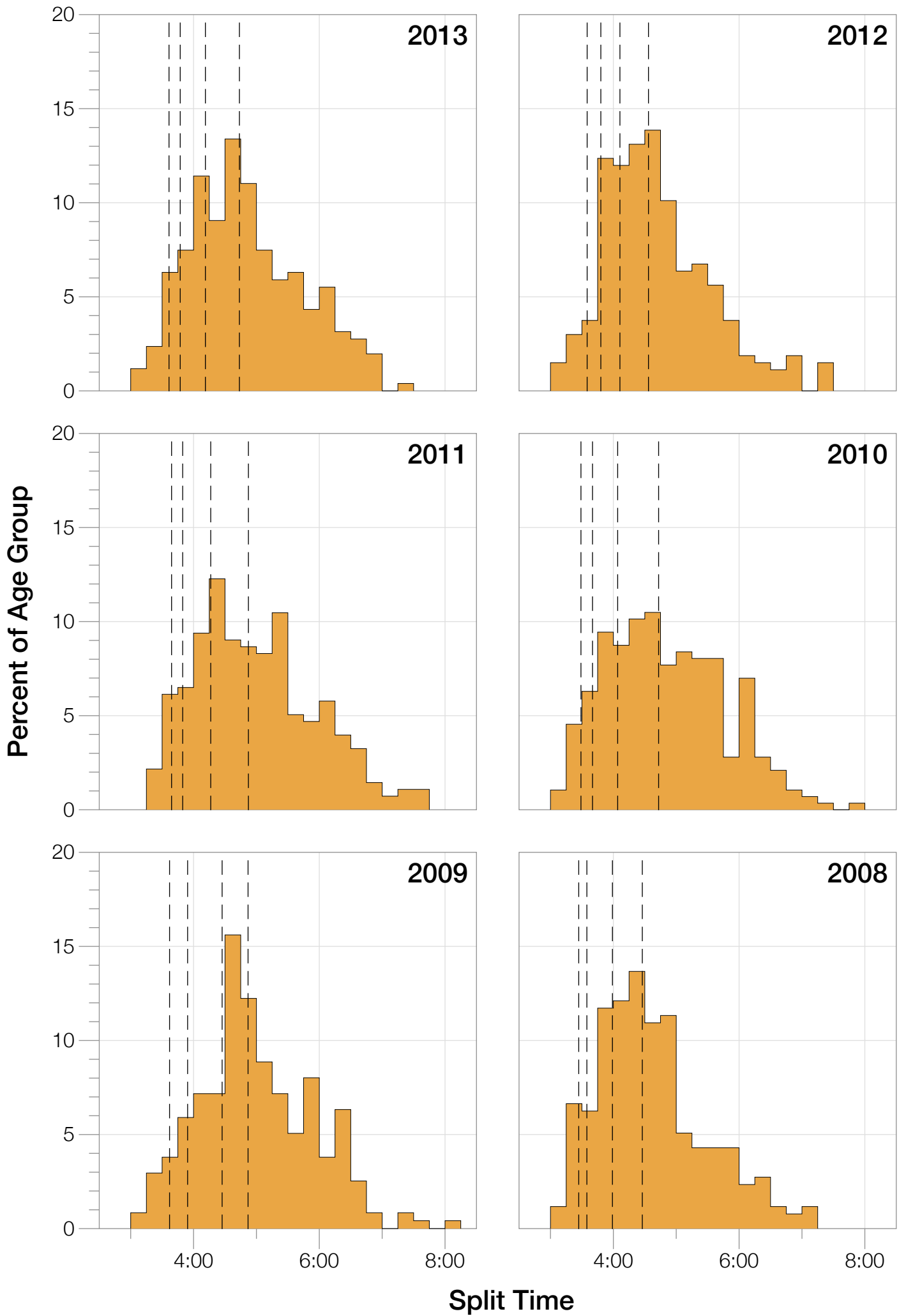
M30-34 Bike



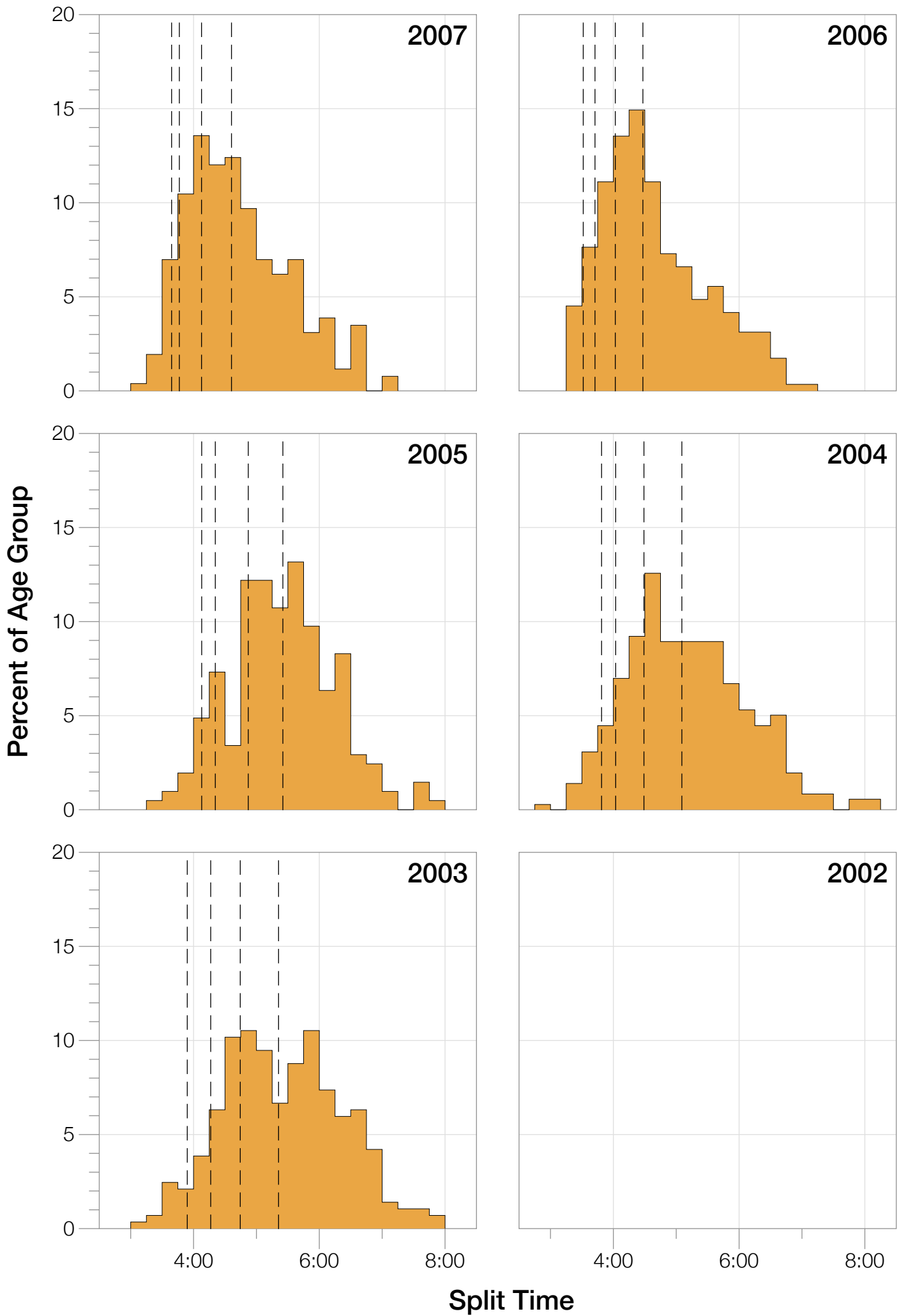
M30-34 Bike



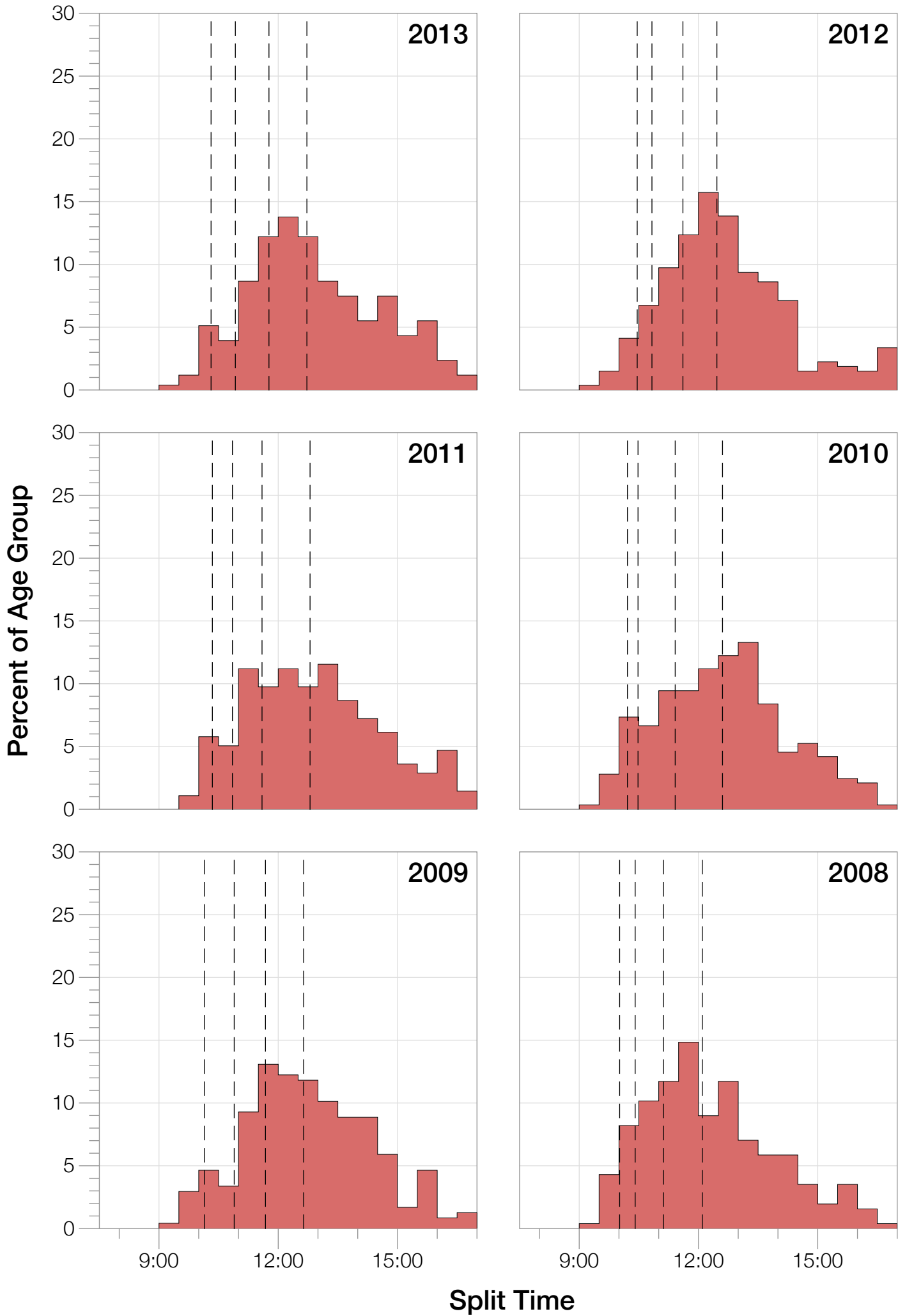
M30-34 Run



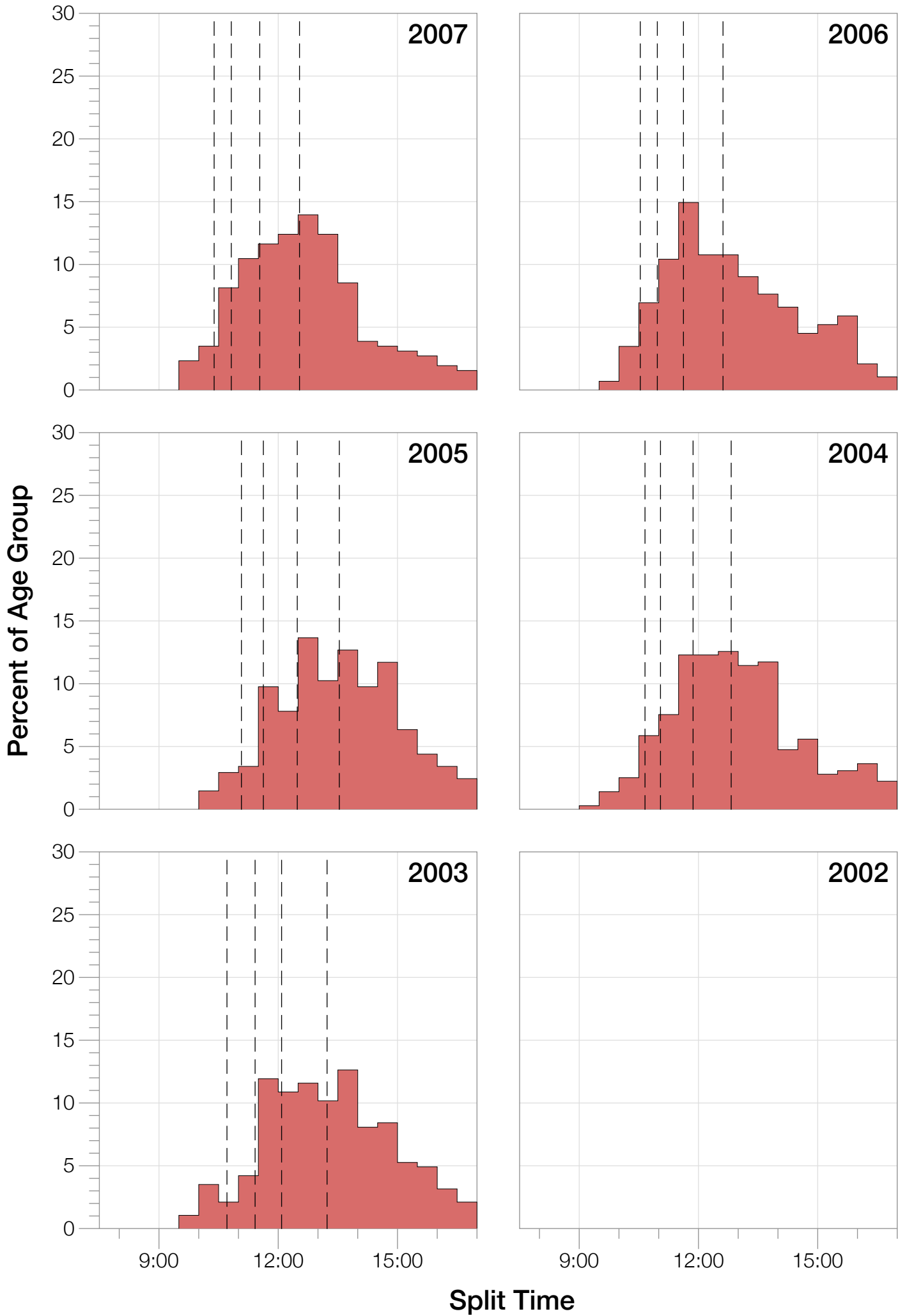
M30-34 Run



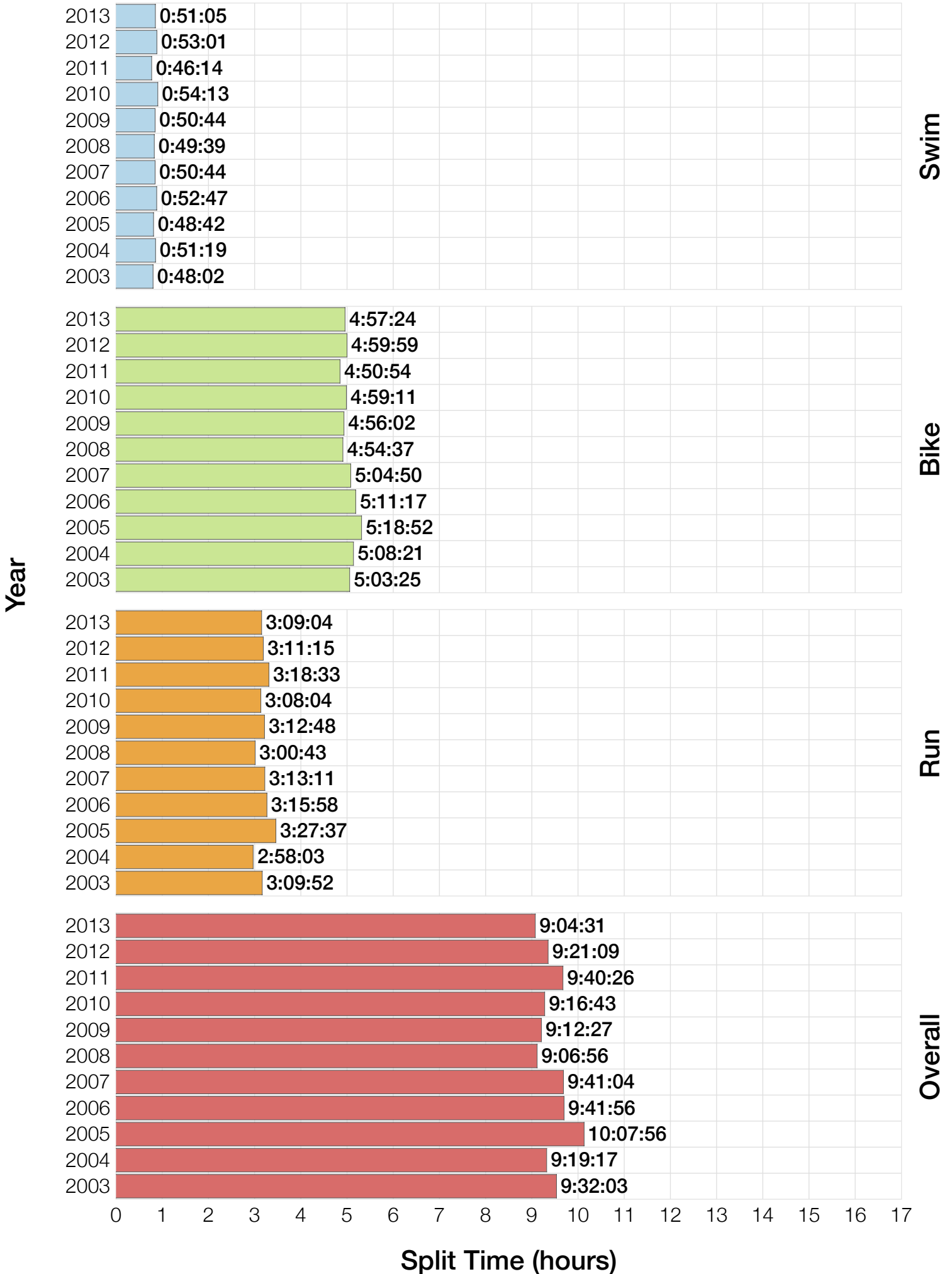
M30-34 Overall



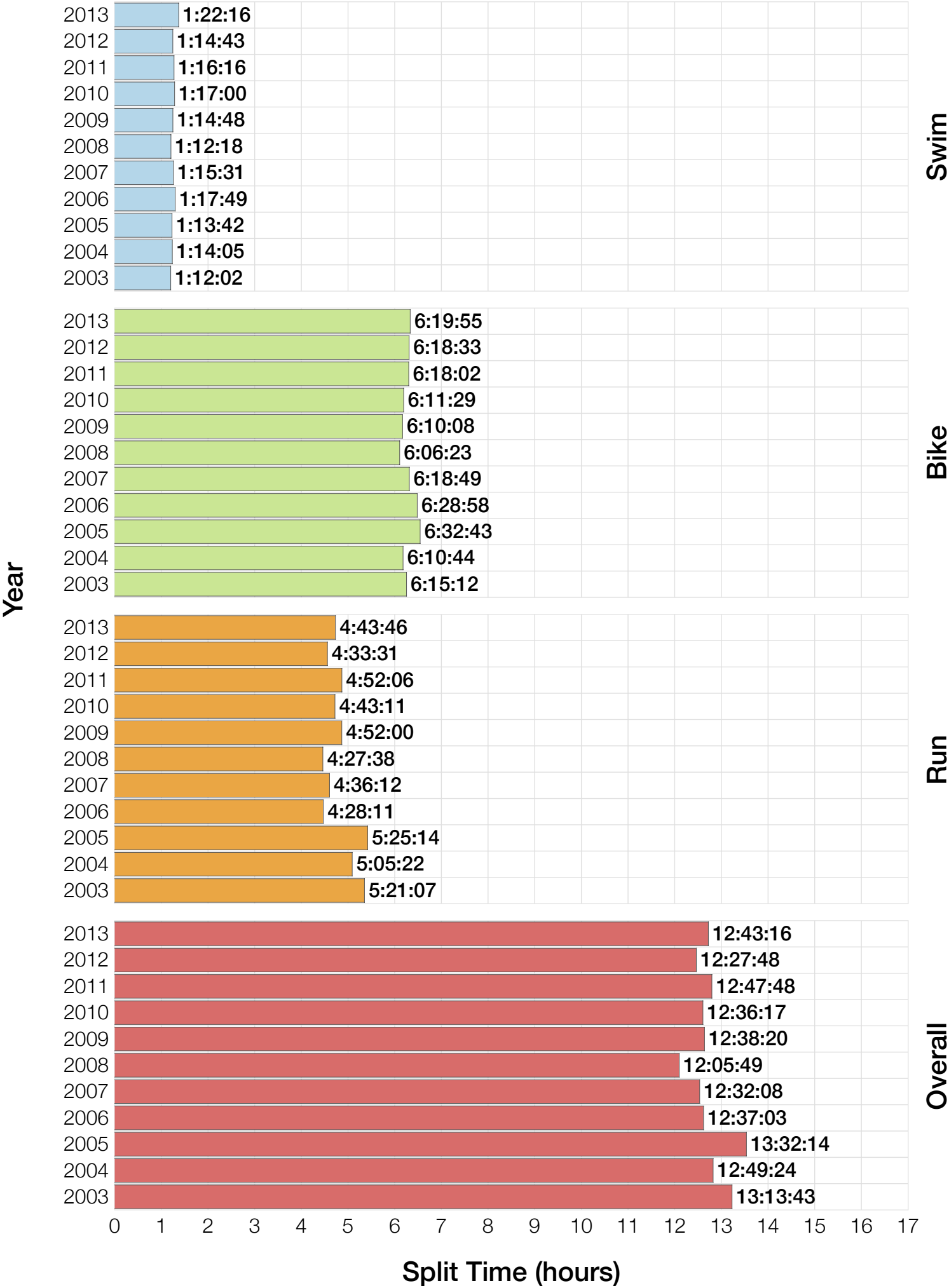
M30-34 Overall



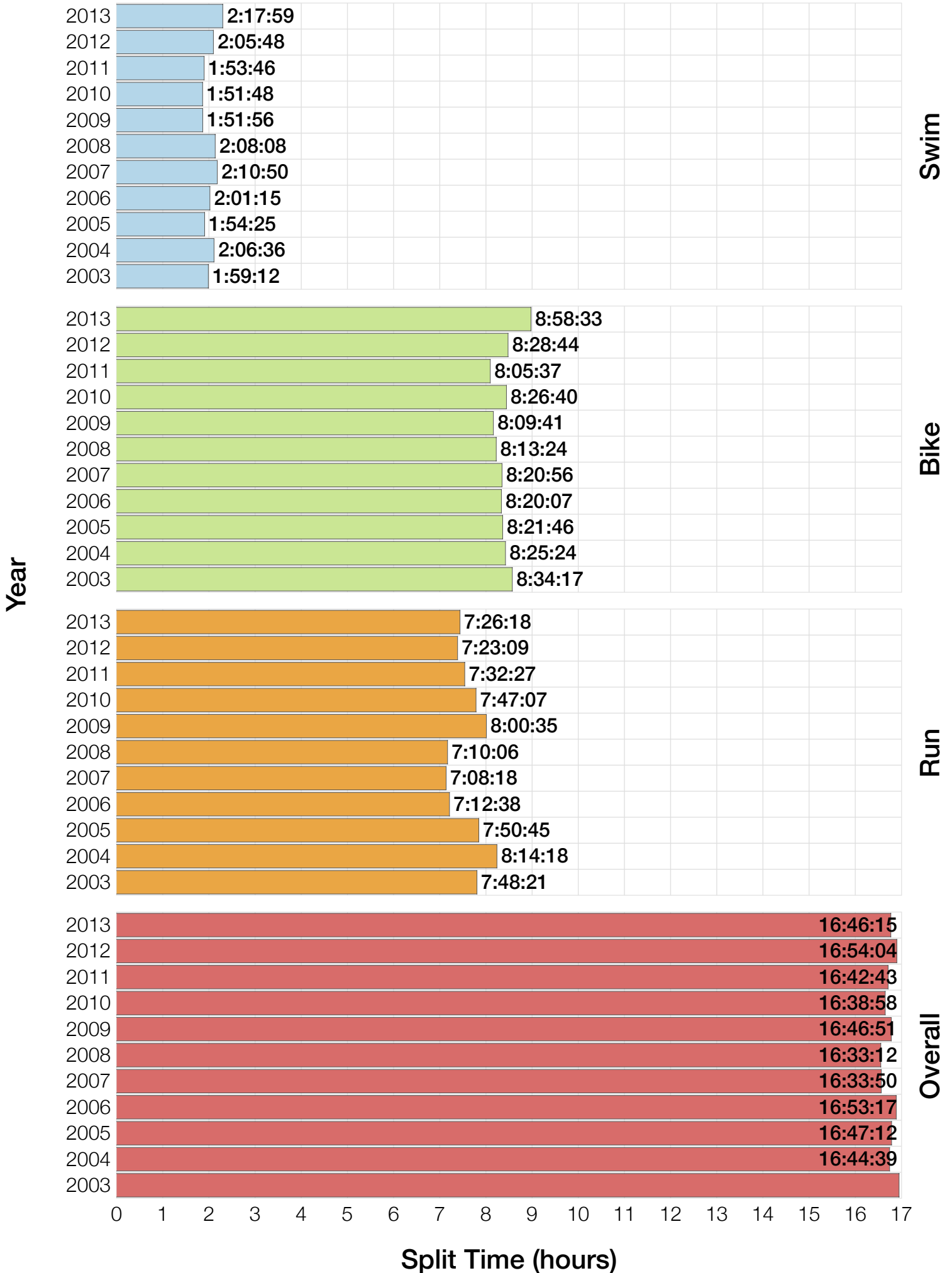
M30-34 Fastest Splits



M30-34 Median Splits



M30-34 Slowest Splits



M30-34 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:52:37	4:48:21	3:01:08	8:48:40
Average Female Winner	0:55:21	5:23:49	3:21:27	9:47:35
Average 1st Age Grouper	0:59:32	5:06:34	3:13:34	9:27:40
Average 2nd Age Grouper	0:58:54	5:12:26	3:23:12	9:42:28
Average 3rd Age Grouper	0:59:57	5:17:04	3:24:01	9:49:55
Average 4th Age Grouper	1:01:03	5:17:01	3:28:06	9:54:40
Average 5th Age Grouper	1:00:21	5:24:05	3:27:05	10:00:24
Average 6th Age Grouper	1:03:05	5:21:38	3:30:51	10:04:09
Average 7th Age Grouper	1:02:17	5:23:37	3:32:29	10:07:34
Average 8th Age Grouper	1:03:08	5:29:26	3:29:15	10:10:30
Average 9th Age Grouper	1:04:42	5:28:35	3:30:20	10:12:36
Average 10th Age Grouper	1:00:29	5:23:53	3:41:56	10:15:29
Kona Qualifier Average	0:59:51	5:13:16	3:22:14	9:43:41
Top 10 Age Grouper Average	1:01:21	5:20:26	3:28:05	9:58:32

Wisconsin 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:38	4:34:58	3:06:09	8:40:15
Female Winner	0:57:00	5:27:30	3:16:03	9:47:07
1st Age Grouper	0:51:33	4:57:24	3:09:04	9:04:31
2nd Age Grouper	0:55:09	5:12:12	3:16:36	9:30:57
3rd Age Grouper	1:06:12	5:14:03	3:14:20	9:41:27
4th Age Grouper	1:04:25	5:17:41	3:14:35	9:44:30
5th Age Grouper	0:58:41	5:29:13	3:23:59	10:00:05
6th Age Grouper	1:02:31	5:21:16	3:31:10	10:02:17
7th Age Grouper	1:08:02	5:24:05	3:23:14	10:03:22
8th Age Grouper	1:03:18	5:16:55	3:36:56	10:07:49
9th Age Grouper	1:15:54	5:14:58	3:30:05	10:08:17
10th Age Grouper	1:09:04	5:17:05	3:35:55	10:09:38
Kona Qualifier Average	0:59:19	5:10:20	3:13:38	9:30:21
Top 10 Age Grouper Average	1:03:28	5:16:29	3:23:35	9:51:17

Wisconsin 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:13	4:37:59	2:56:33	8:32:51
Female Winner	1:00:41	5:27:30	2:59:33	9:34:35
1st Age Grouper	1:01:30	4:59:59	3:11:15	9:21:09
2nd Age Grouper	1:03:34	5:06:29	3:22:37	9:40:54
3rd Age Grouper	0:59:17	5:19:07	3:14:55	9:41:38
4th Age Grouper	1:02:29	5:13:40	3:18:24	9:42:57
5th Age Grouper	0:58:07	5:25:06	3:21:02	9:52:21
6th Age Grouper	1:03:54	5:25:29	3:25:27	10:02:18
7th Age Grouper	1:02:41	5:27:58	3:24:31	10:04:49
8th Age Grouper	1:05:37	5:33:11	3:18:57	10:06:48
9th Age Grouper	1:08:50	5:36:11	3:14:43	10:08:25
10th Age Grouper	0:53:01	5:19:55	3:53:10	10:14:15
Kona Qualifier Average	1:01:42	5:09:48	3:16:47	9:36:39
Top 10 Age Grouper Average	1:01:54	5:20:42	3:22:30	9:53:33

Wisconsin 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:09	4:51:17	2:53:06	8:45:18
Female Winner	1:04:57	5:15:38	3:13:39	9:41:03
1st Age Grouper	1:11:08	4:50:54	3:31:03	9:40:26
2nd Age Grouper	1:03:14	5:07:09	3:29:54	9:47:39
3rd Age Grouper	1:04:23	5:20:58	3:18:33	9:53:54
4th Age Grouper	0:59:41	5:26:29	3:31:36	10:06:59
5th Age Grouper	1:02:50	5:23:17	3:32:28	10:07:14
6th Age Grouper	1:03:45	5:15:55	3:39:18	10:09:16
7th Age Grouper	0:56:51	5:35:41	3:29:44	10:10:38
8th Age Grouper	1:08:51	5:32:36	3:19:52	10:10:44
9th Age Grouper	1:05:43	5:32:16	3:24:07	10:11:18
10th Age Grouper	0:58:30	5:21:28	3:44:32	10:12:05
Kona Qualifier Average	1:04:36	5:11:22	3:27:46	9:52:14
Top 10 Age Grouper Average	1:03:29	5:20:40	3:30:06	10:03:01

Wisconsin 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:46:54	2:54:51	8:38:32
Female Winner	0:53:35	5:12:50	3:14:22	9:27:26
1st Age Grouper	1:00:55	4:59:11	3:08:51	9:16:43
2nd Age Grouper	0:54:27	5:25:07	3:09:35	9:36:09
3rd Age Grouper	0:54:13	5:10:47	3:23:49	9:39:40
4th Age Grouper	1:05:27	4:59:16	3:29:00	9:41:40
5th Age Grouper	1:01:29	5:13:54	3:21:15	9:43:56
6th Age Grouper	0:56:12	5:29:11	3:15:38	9:50:10
7th Age Grouper	1:13:50	5:08:39	3:21:17	9:51:30
8th Age Grouper	1:06:48	5:33:29	3:08:04	9:56:52
9th Age Grouper	1:04:37	5:13:50	3:30:18	9:56:59
10th Age Grouper	0:56:29	5:31:48	3:22:21	10:01:47
Kona Qualifier Average	0:58:45	5:08:35	3:17:48	9:33:33
Top 10 Age Grouper Average	1:01:26	5:16:31	3:19:00	9:45:32

Wisconsin 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:40	4:47:43	3:00:50	8:45:19
Female Winner	0:56:16	5:13:22	3:27:15	9:43:59
1st Age Grouper	0:57:00	4:56:02	3:12:48	9:12:27
2nd Age Grouper	1:03:01	5:05:32	3:16:21	9:33:14
3rd Age Grouper	0:58:58	5:06:59	3:20:47	9:34:41
4th Age Grouper	1:06:10	5:10:35	3:14:17	9:37:36
5th Age Grouper	1:00:28	5:18:42	3:28:12	9:55:32
6th Age Grouper	0:58:19	5:07:32	3:44:10	9:57:47
7th Age Grouper	1:04:14	5:11:33	3:33:59	9:58:29
8th Age Grouper	0:59:49	5:24:24	3:26:11	9:58:53
9th Age Grouper	1:04:27	5:21:40	3:29:12	10:03:25
10th Age Grouper	1:03:18	5:10:22	3:41:49	10:06:37
Kona Qualifier Average	1:01:17	5:04:47	3:16:03	9:29:29
Top 10 Age Grouper Average	1:01:34	5:11:20	3:26:46	9:47:52

Wisconsin 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:52	4:48:40	2:56:39	8:43:29
Female Winner	0:52:11	5:21:49	3:26:24	9:47:25
1st Age Grouper	1:02:41	4:54:37	3:01:24	9:06:56
2nd Age Grouper	1:02:03	5:05:21	3:17:23	9:32:43
3rd Age Grouper	0:57:32	5:05:19	3:28:24	9:38:00
4th Age Grouper	1:02:52	5:02:47	3:25:23	9:39:13
5th Age Grouper	1:02:54	5:28:59	3:00:43	9:40:19
6th Age Grouper	0:57:21	5:21:14	3:20:12	9:47:02
7th Age Grouper	0:57:19	5:21:51	3:18:14	9:47:59
8th Age Grouper	0:53:20	5:21:47	3:28:12	9:51:58
9th Age Grouper	1:00:40	5:22:24	3:20:36	9:53:30
10th Age Grouper	0:59:19	5:25:35	3:20:32	9:54:25
Kona Qualifier Average	1:01:17	5:02:01	3:18:08	9:29:13
Top 10 Age Grouper Average	0:59:36	5:14:59	3:18:06	9:41:12

Wisconsin 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:09	4:47:27	3:03:22	8:52:49
Female Winner	0:53:59	5:22:07	3:14:45	9:37:03
1st Age Grouper	0:59:31	5:20:46	3:13:11	9:41:04
2nd Age Grouper	0:50:44	5:04:50	3:40:45	9:43:43
3rd Age Grouper	0:59:27	5:17:35	3:25:16	9:50:58
4th Age Grouper	1:01:28	5:06:25	3:33:34	9:51:35
5th Age Grouper	0:55:15	5:15:43	3:34:50	9:52:49
6th Age Grouper	1:08:54	5:11:07	3:28:47	9:57:19
7th Age Grouper	0:59:19	5:15:34	3:38:17	10:03:49
8th Age Grouper	1:04:30	5:21:28	3:31:04	10:04:08
9th Age Grouper	0:59:24	5:27:24	3:34:25	10:10:30
10th Age Grouper	1:07:10	5:34:59	3:20:51	10:10:48
Kona Qualifier Average	0:57:47	5:12:24	3:28:11	9:46:50
Top 10 Age Grouper Average	1:00:34	5:17:35	3:30:06	9:56:40

Wisconsin 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:34	5:05:18	2:57:56	9:07:24
Female Winner	0:57:40	5:32:37	3:24:08	10:01:22
1st Age Grouper	0:58:30	5:17:16	3:15:58	9:41:56
2nd Age Grouper	0:54:29	5:17:16	3:22:04	9:42:56
3rd Age Grouper	1:03:36	5:25:00	3:21:41	10:02:53
4th Age Grouper	0:53:28	5:40:39	3:21:29	10:05:11
5th Age Grouper	0:53:27	5:36:22	3:27:59	10:08:33
6th Age Grouper	1:16:06	5:11:17	3:34:12	10:10:42
7th Age Grouper	0:54:23	5:40:06	3:33:24	10:19:08
8th Age Grouper	1:06:22	5:44:14	3:21:58	10:21:41
9th Age Grouper	1:06:33	5:41:05	3:25:36	10:22:22
10th Age Grouper	1:08:31	5:29:09	3:35:01	10:23:41
Kona Qualifier Average	0:57:30	5:25:02	3:20:18	9:53:14
Top 10 Age Grouper Average	1:01:32	5:30:14	3:25:56	10:07:54

Wisconsin 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:17	4:56:11	3:05:25	9:01:34
Female Winner	0:50:52	5:30:27	3:43:19	10:11:22
1st Age Grouper	0:48:42	5:44:21	3:27:37	10:07:56
2nd Age Grouper	1:01:38	5:22:07	3:43:29	10:16:16
3rd Age Grouper	0:56:39	5:26:07	3:50:35	10:22:17
4th Age Grouper	0:58:09	5:39:29	3:48:11	10:35:09
5th Age Grouper	1:09:47	5:36:09	3:41:18	10:39:18
6th Age Grouper	0:58:01	5:47:30	3:48:14	10:43:03
7th Age Grouper	1:03:24	5:34:57	4:01:48	10:49:32
8th Age Grouper	1:06:34	5:36:34	4:00:44	10:52:34
9th Age Grouper	1:01:44	5:53:12	3:46:15	10:53:25
10th Age Grouper	1:05:53	5:18:52	4:28:03	11:02:04
Kona Qualifier Average	0:56:17	5:33:01	3:42:28	10:20:24
Top 10 Age Grouper Average	1:01:03	5:35:55	3:51:37	10:38:09

Wisconsin 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:55	4:49:01	3:05:11	8:52:33
Female Winner	0:49:57	5:35:28	3:31:59	10:05:40
1st Age Grouper	1:03:41	5:08:21	2:58:03	9:19:17
2nd Age Grouper	1:03:44	5:08:47	3:26:46	9:47:34
3rd Age Grouper	0:57:05	5:29:58	3:16:24	9:52:52
4th Age Grouper	1:03:50	5:17:21	3:24:33	9:53:56
5th Age Grouper	1:01:05	5:11:44	3:31:57	9:54:07
6th Age Grouper	1:05:27	5:19:35	3:21:18	9:54:46
7th Age Grouper	0:59:29	5:21:24	3:33:08	10:01:45
8th Age Grouper	1:01:07	5:22:23	3:38:38	10:11:01
9th Age Grouper	1:00:59	5:26:39	3:37:44	10:14:13
10th Age Grouper	0:54:30	5:24:23	3:50:28	10:16:49
Kona Qualifier Average	1:02:05	5:16:06	3:16:26	9:43:24
Top 10 Age Grouper Average	1:01:05	5:19:03	3:27:53	9:56:38

Wisconsin 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:23	4:46:23	3:12:32	8:55:26
Female Winner	0:51:45	5:22:48	3:24:30	9:46:28
1st Age Grouper	0:59:42	5:03:25	3:20:10	9:32:03
2nd Age Grouper	0:56:00	5:22:02	3:09:52	9:35:07
3rd Age Grouper	1:02:08	5:11:57	3:29:37	9:50:48
4th Age Grouper	0:53:34	5:12:56	3:48:13	10:02:36
5th Age Grouper	0:59:48	5:25:49	3:34:15	10:10:13
6th Age Grouper	1:03:27	5:27:56	3:31:01	10:11:01
7th Age Grouper	1:05:40	5:18:03	3:39:51	10:12:14
8th Age Grouper	0:58:22	5:36:46	3:31:09	10:13:08
9th Age Grouper	1:02:53	5:24:55	3:40:40	10:16:16
10th Age Grouper	0:49:44	5:29:07	3:48:42	10:18:11
Kona Qualifier Average	0:57:51	5:12:35	3:26:58	9:45:08
Top 10 Age Grouper Average	0:59:07	5:21:17	3:33:21	10:02:09