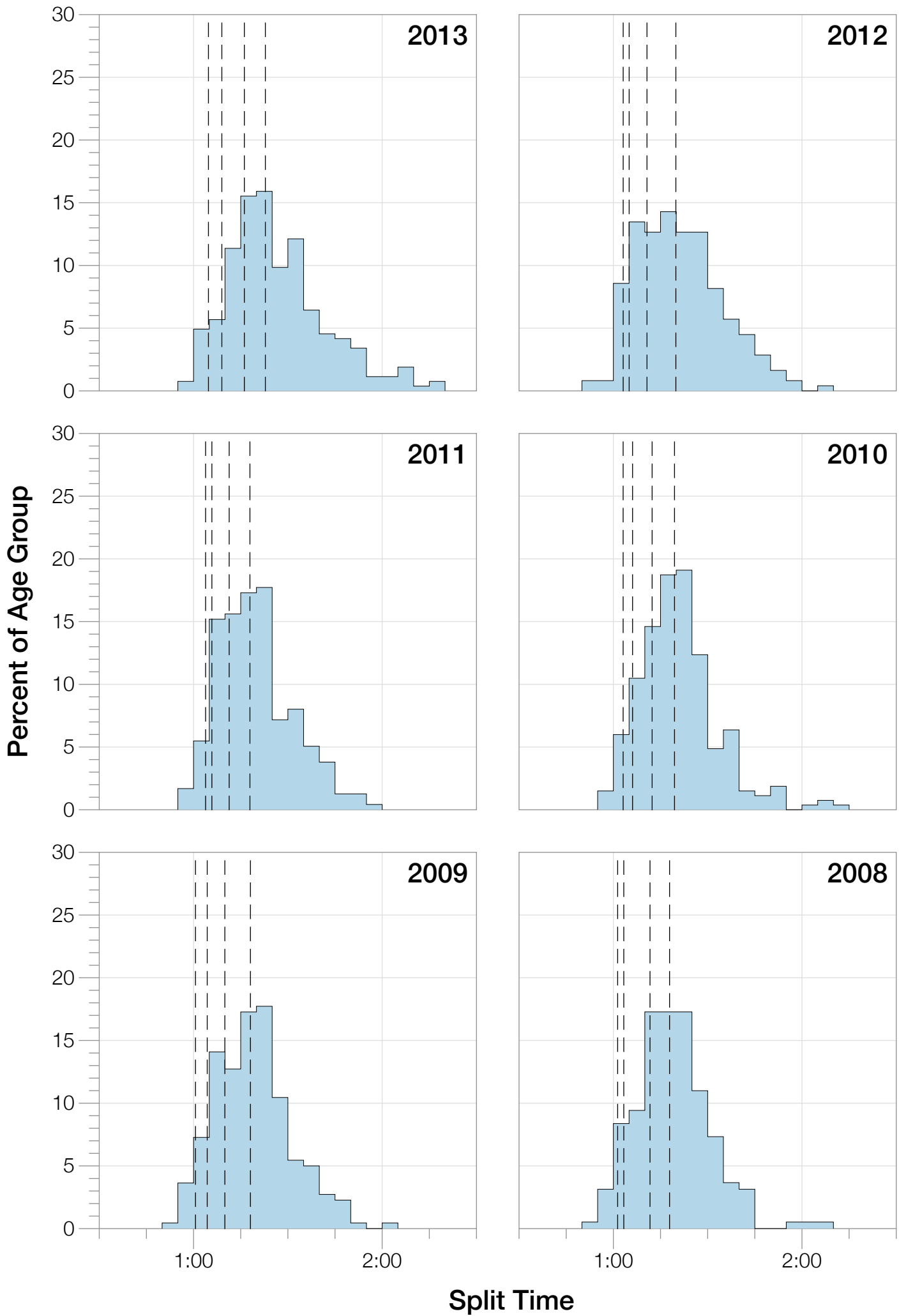


Ironman Wisconsin M45-49 Stats

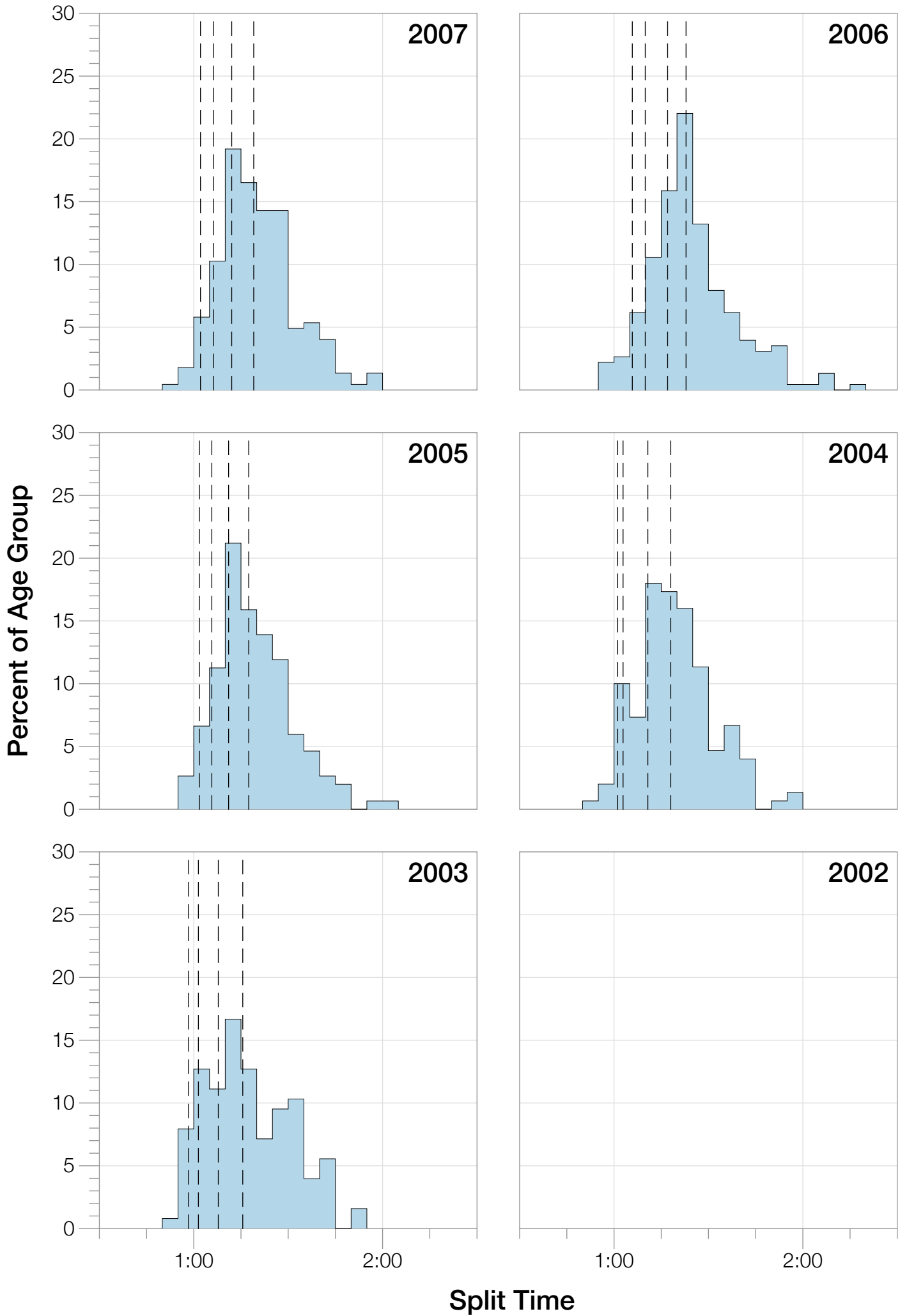
M45-49 Summary Statistics

Year	Finishers	M45-49 Finishers	Male Winner's Time	Female Winner's Time	M45-49 Winner's Time
2003	1536	126	8:55:26	9:46:28	10:14:33
2004	1973	150	8:52:33	10:05:40	9:41:46
2005	1681	151	9:01:34	10:11:22	10:37:46
2006	2172	227	9:07:24	10:01:22	9:58:42
2007	2107	224	8:52:49	9:37:03	9:57:37
2008	2082	191	8:43:29	9:47:25	9:33:36
2009	2176	220	8:45:19	9:43:59	9:35:12
2010	2397	267	8:38:32	9:27:26	9:40:25
2011	2245	237	8:45:18	9:41:03	10:25:31
2012	2337	245	8:32:51	9:34:35	10:07:26
2013	2332	265	8:40:15	9:47:07	9:52:06
Average	2094	209	8:48:40	9:47:35	9:08:43

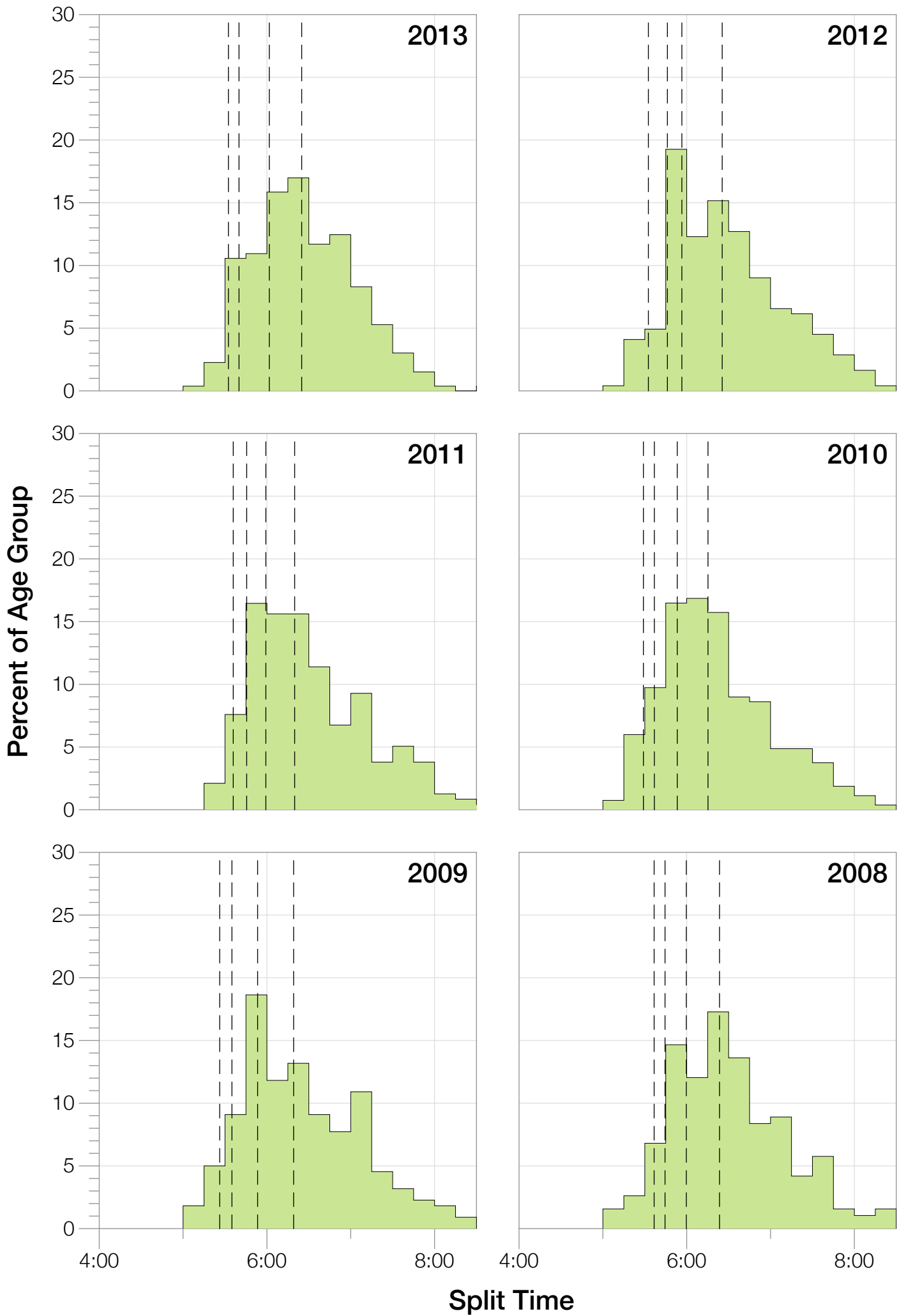
M45-49 Swim



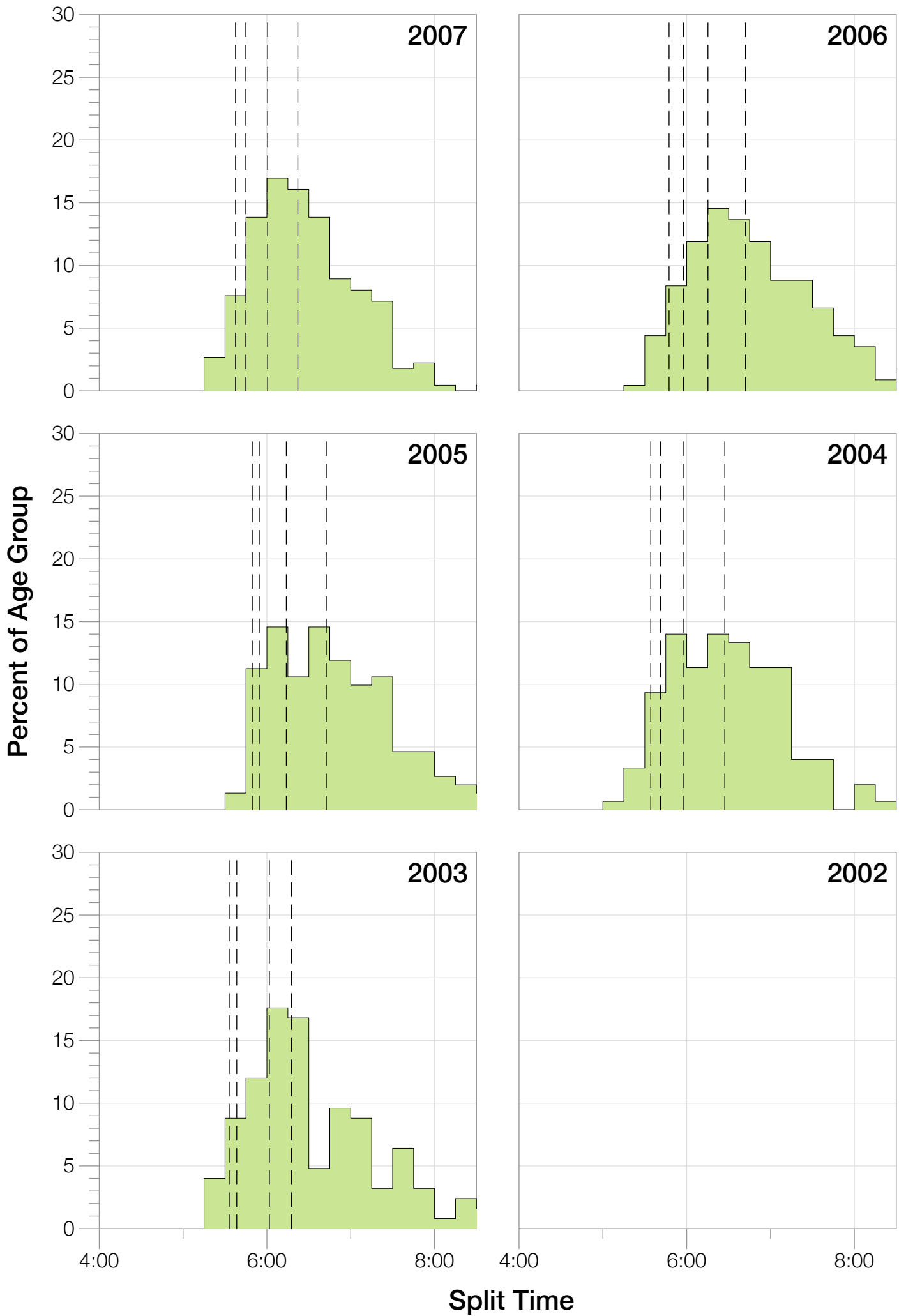
M45-49 Swim



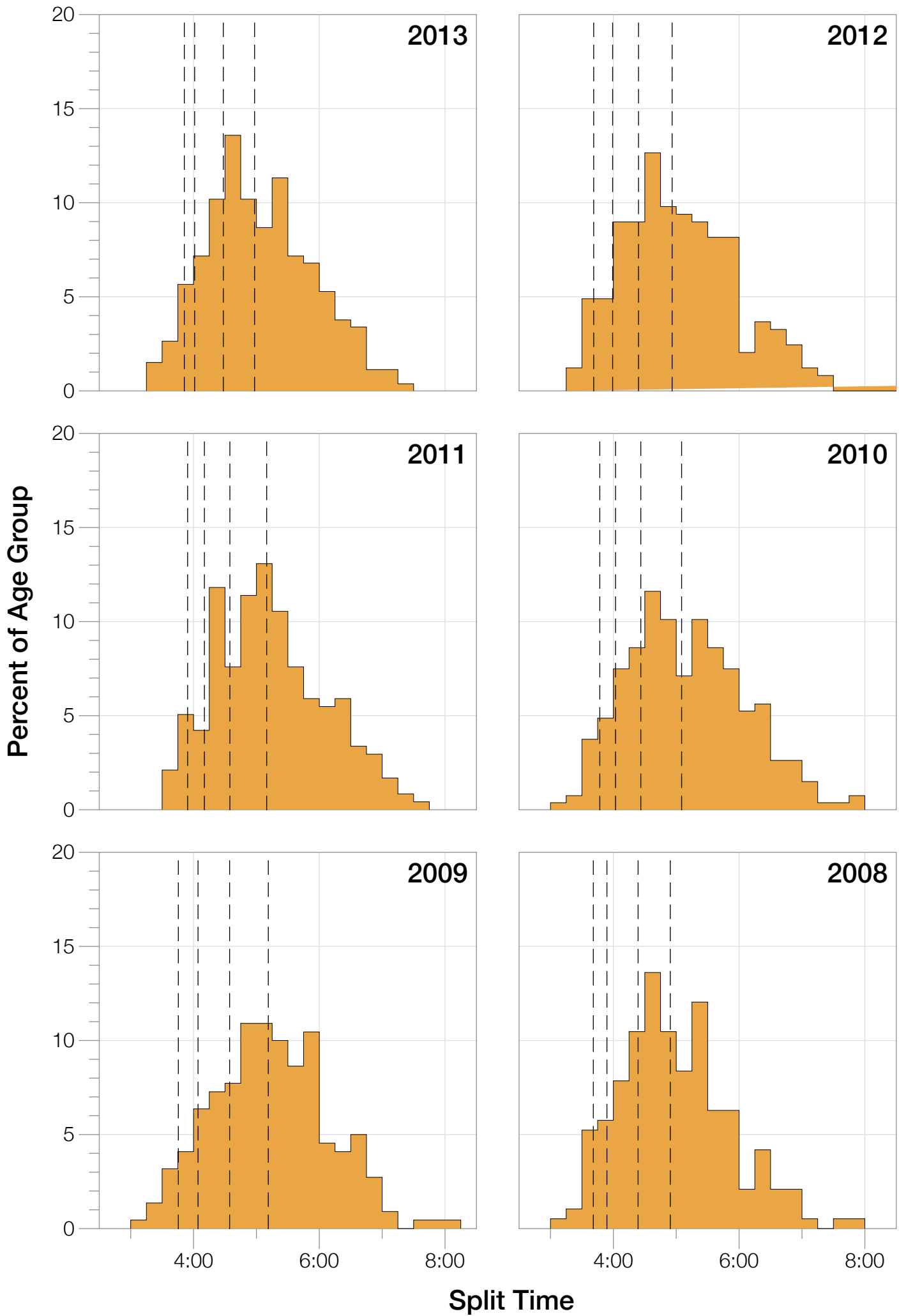
M45-49 Bike



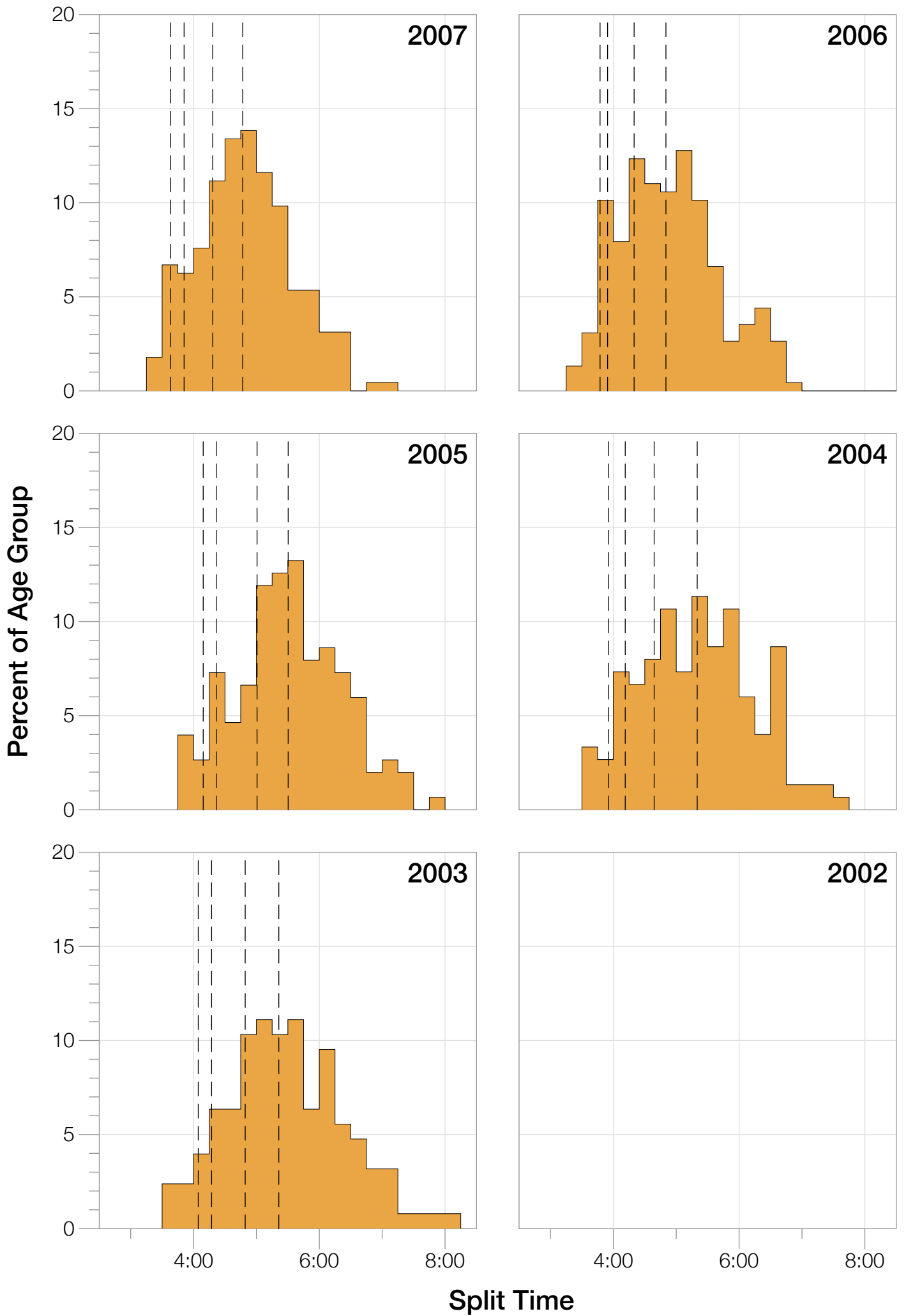
M45-49 Bike



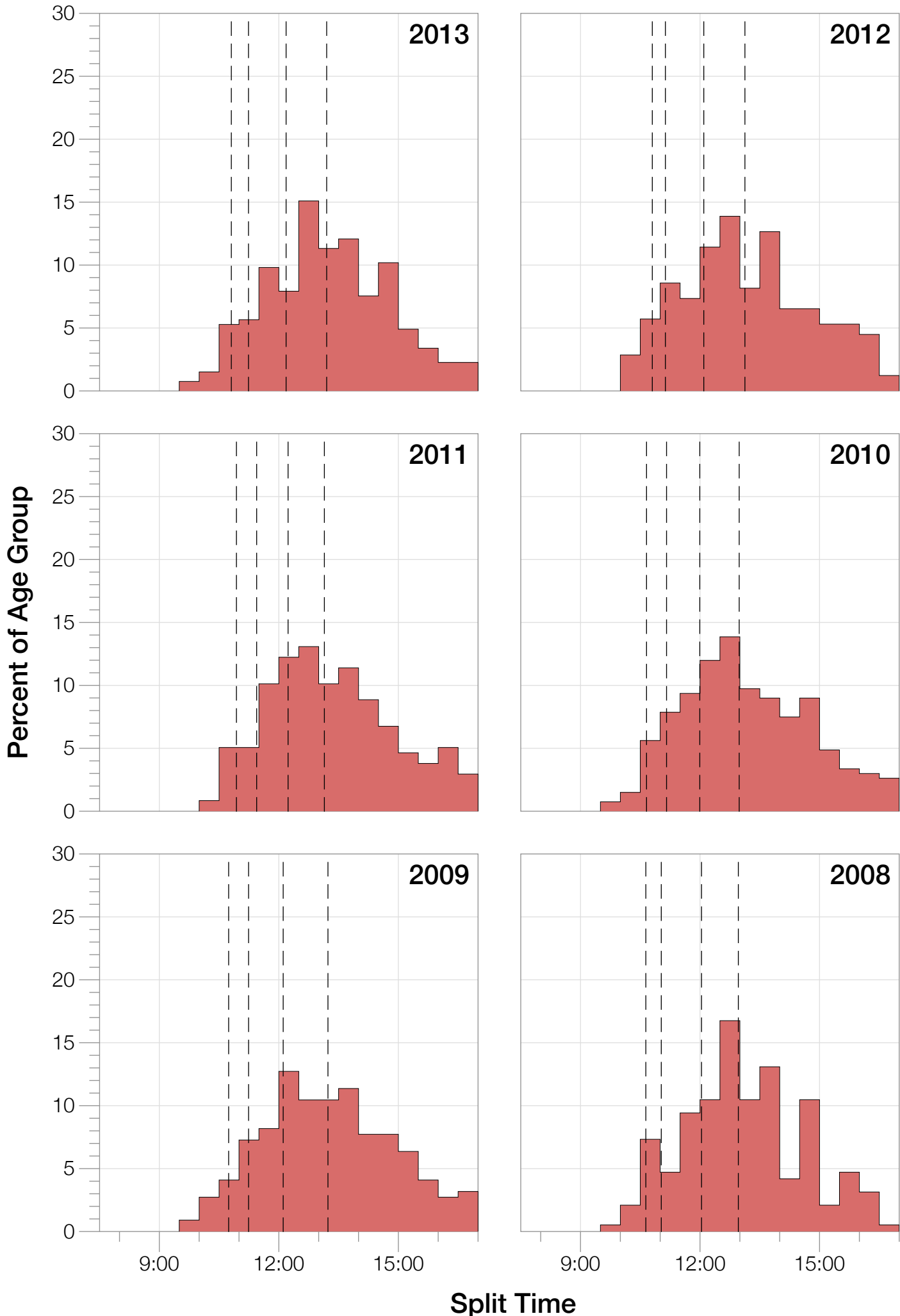
M45-49 Run



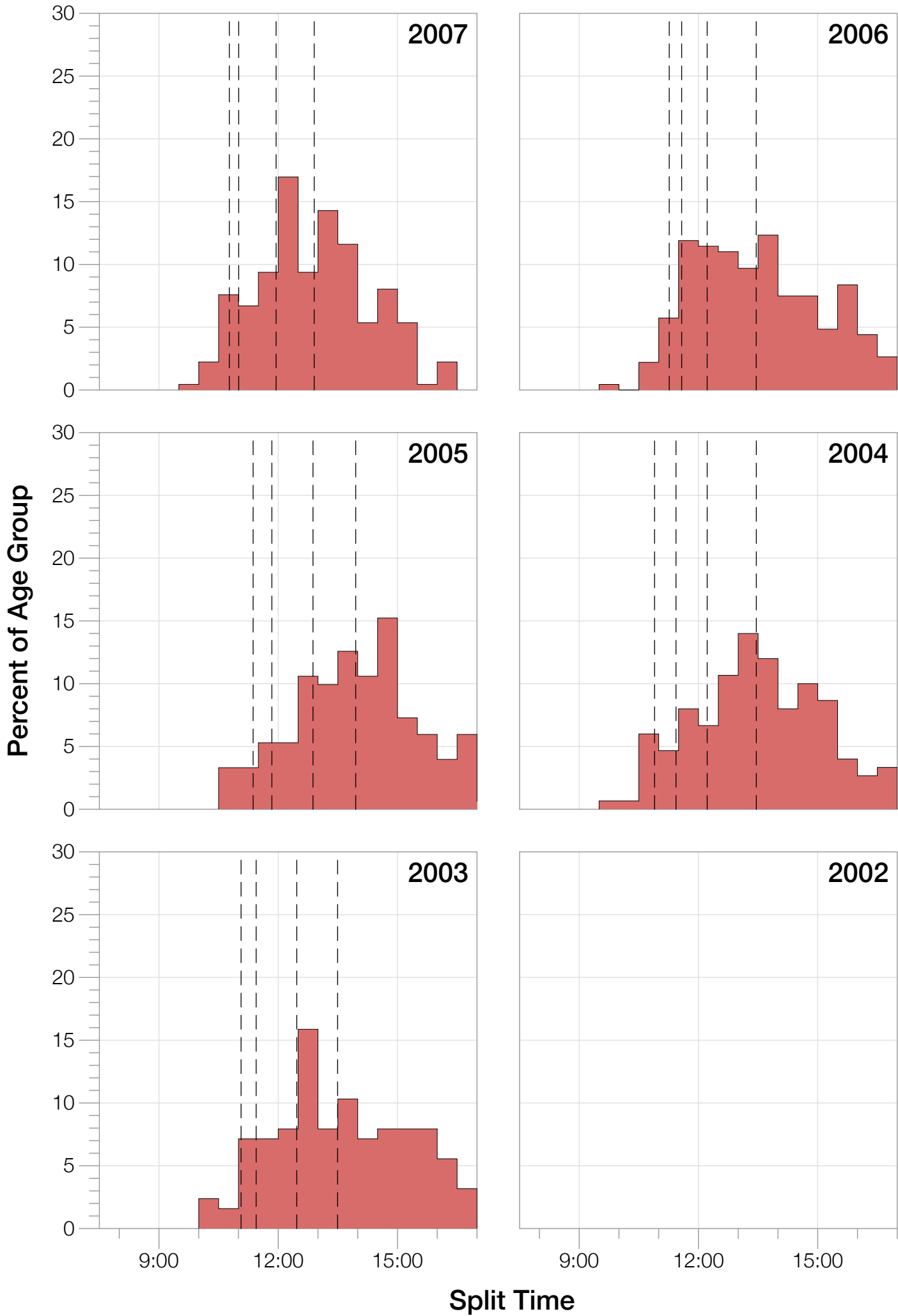
M45-49 Run



M45-49 Overall



M45-49 Overall



M45-49 Fastest Splits

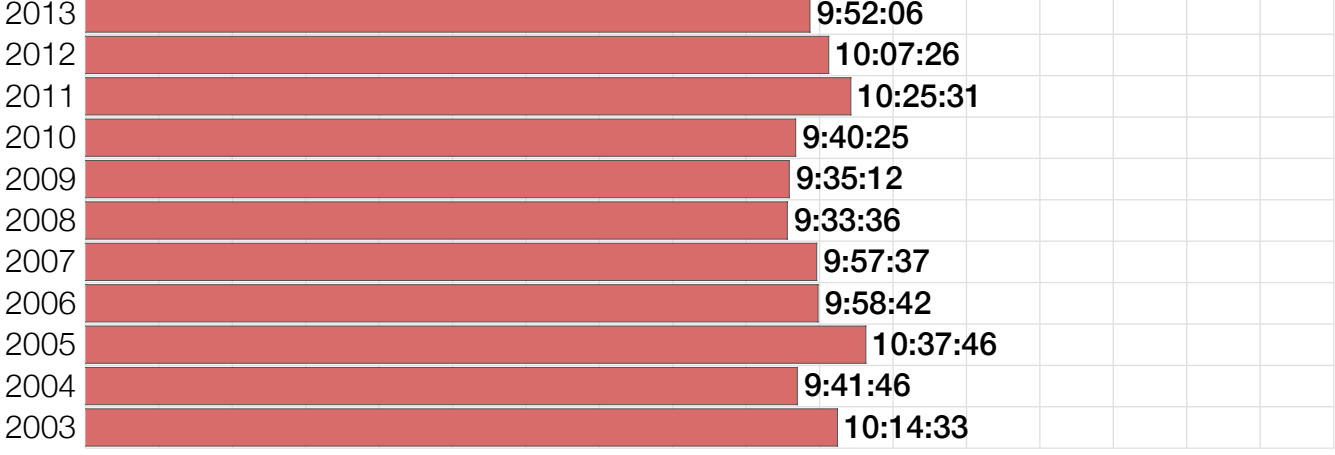
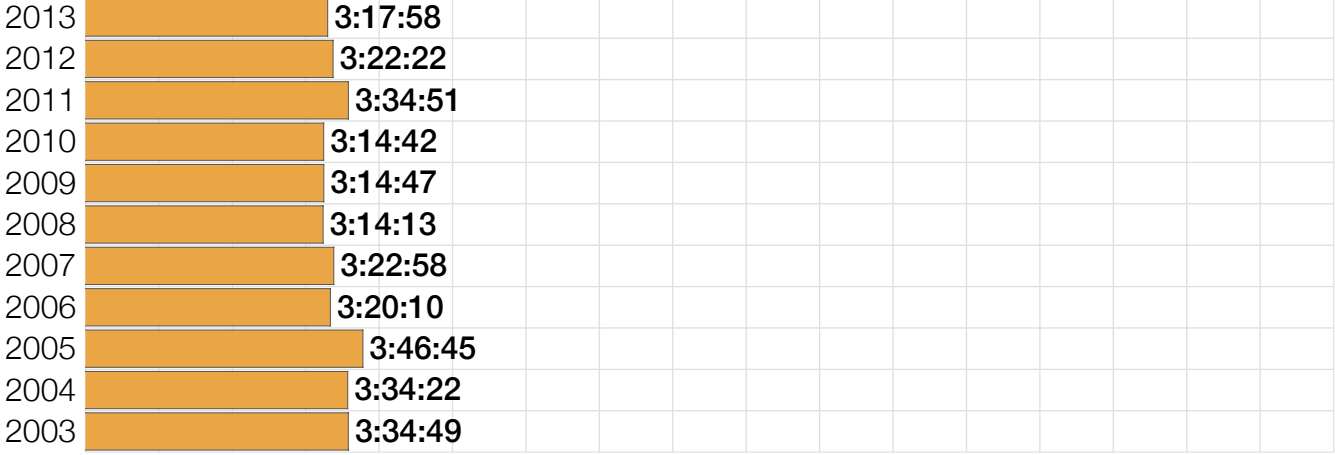
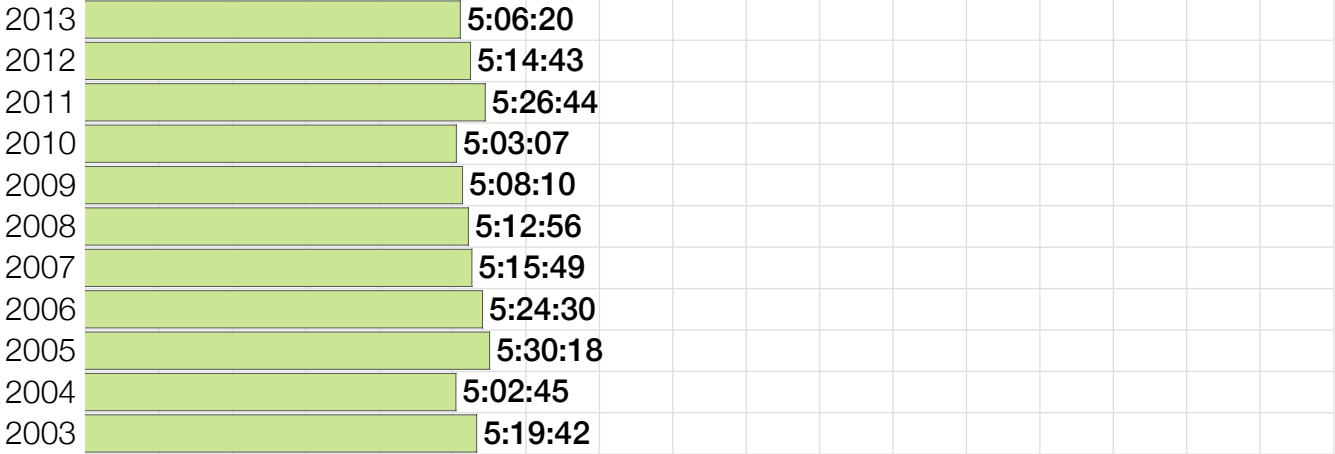
Year

Swim

Bike

Run

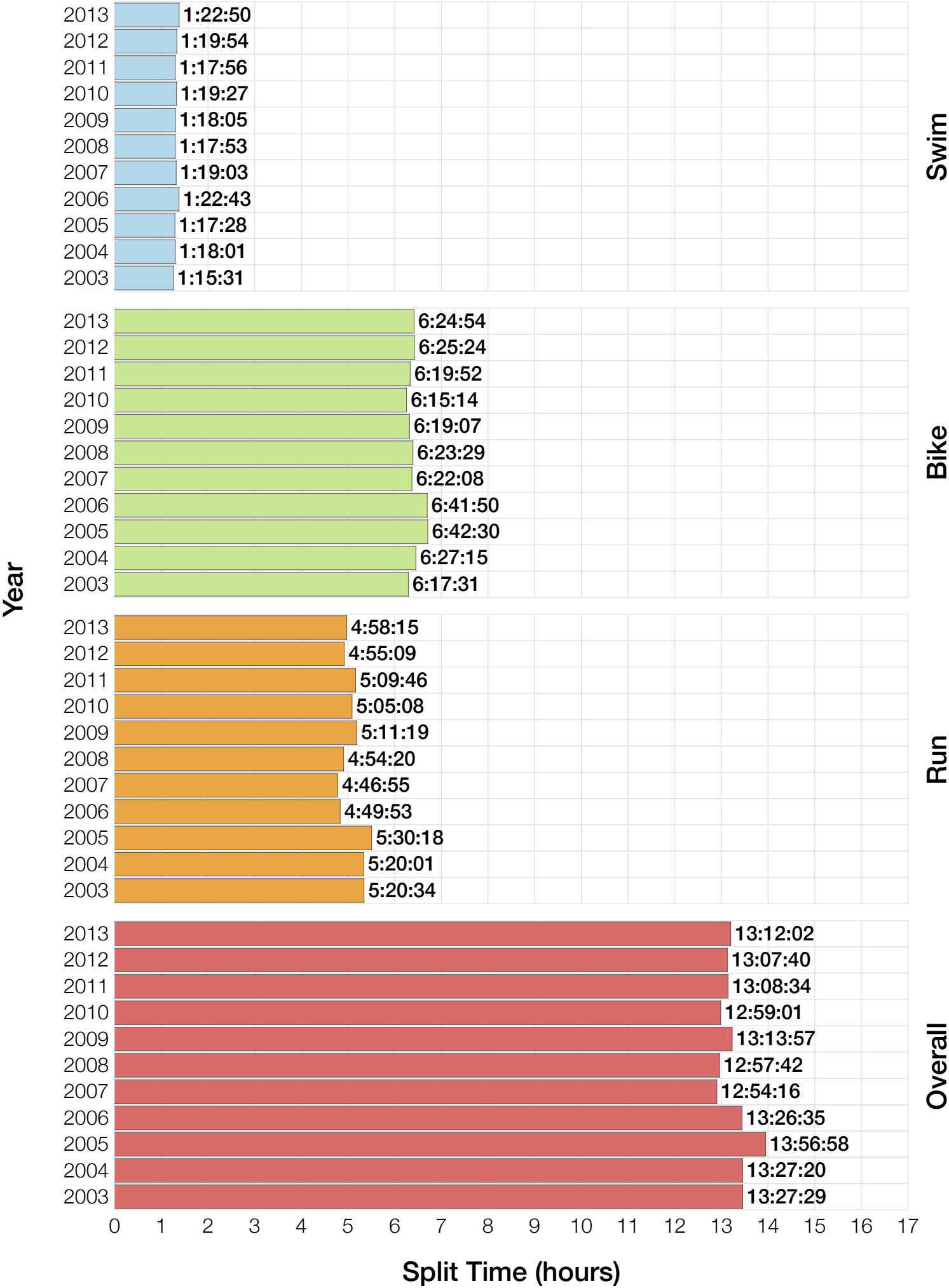
Overall



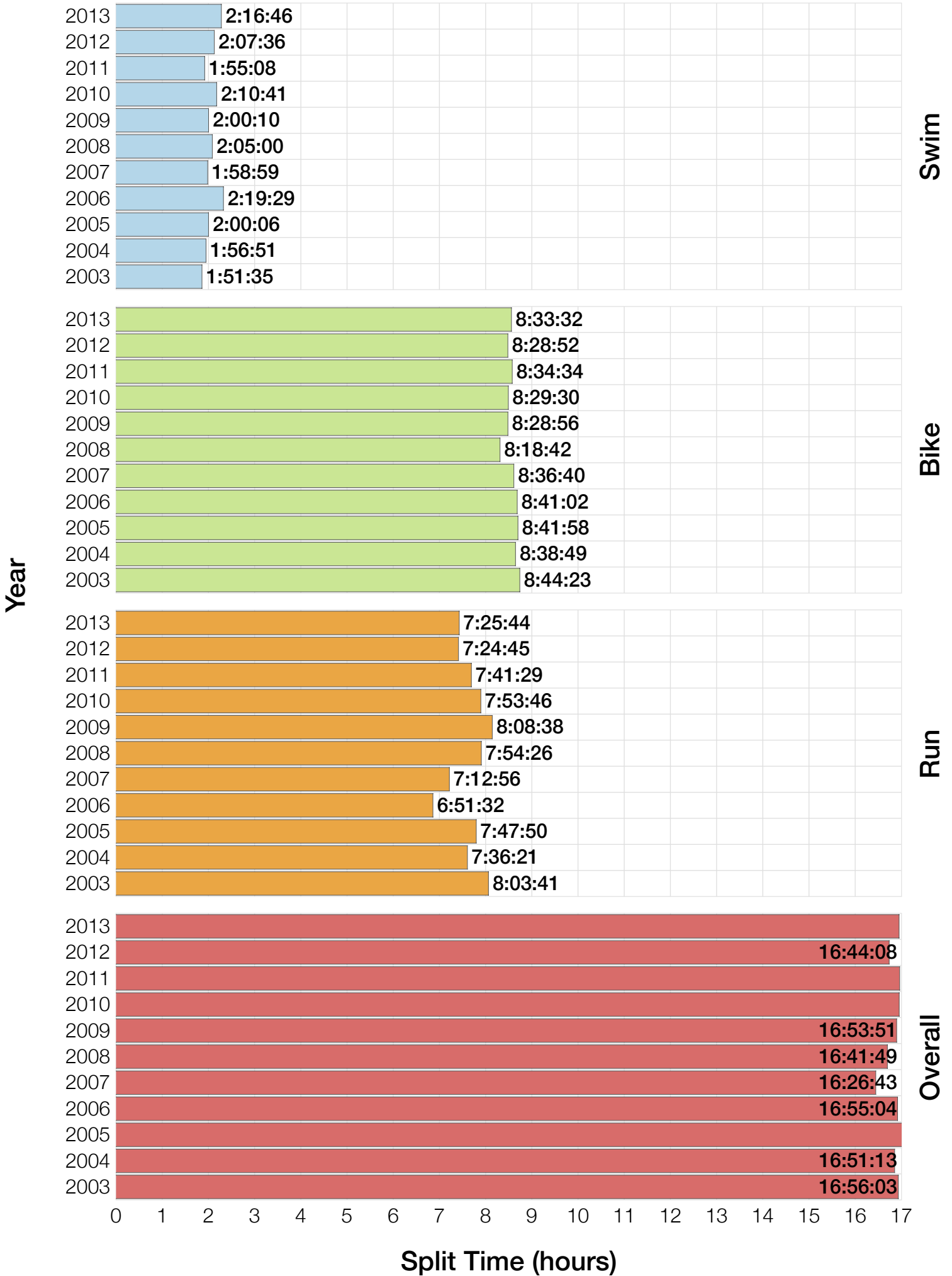
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Split Time (hours)

M45-49 Median Splits

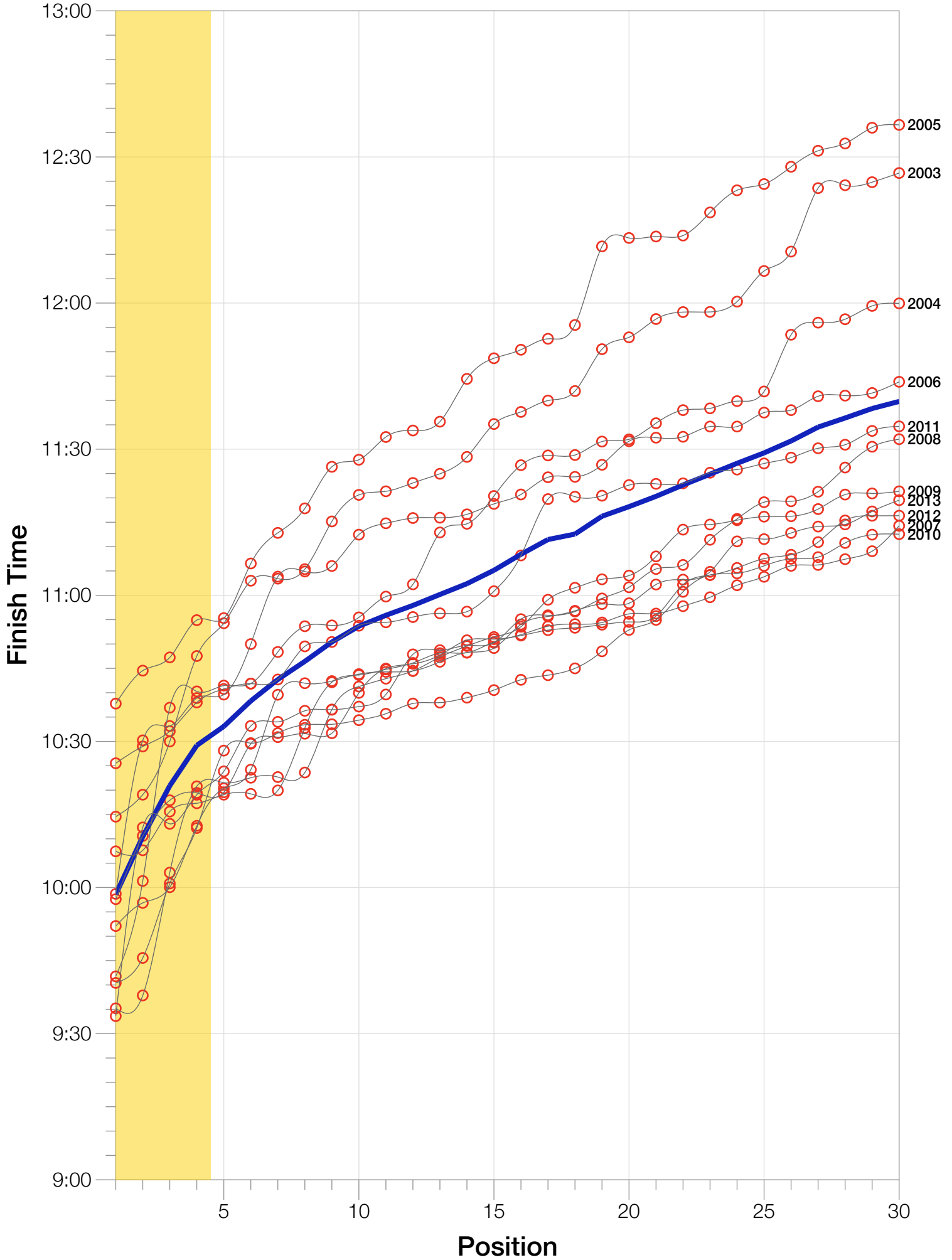


M45-49 Slowest Splits



M45-49 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M45-49 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:52:37	4:48:21	3:01:08	8:48:40
Average Female Winner	0:55:21	5:23:49	3:21:27	9:47:35
Average 1st Age Grouper	1:01:57	5:18:00	3:29:23	9:58:36
Average 2nd Age Grouper	1:02:50	5:24:37	3:33:32	10:10:27
Average 3rd Age Grouper	1:07:28	5:27:32	3:36:21	10:20:54
Average 4th Age Grouper	1:03:56	5:31:39	3:43:45	10:29:11
Average 5th Age Grouper	1:05:22	5:31:24	3:46:27	10:33:05
Average 6th Age Grouper	1:07:56	5:36:31	3:43:05	10:38:19
Average 7th Age Grouper	1:09:59	5:37:10	3:43:15	10:42:43
Average 8th Age Grouper	1:05:57	5:33:13	3:55:55	10:46:26
Average 9th Age Grouper	1:07:38	5:39:33	3:52:51	10:50:25
Average 10th Age Grouper	1:06:38	5:36:43	3:59:33	10:53:39
Kona Qualifier Average	1:04:03	5:25:27	3:35:45	10:14:47
Top 10 Age Grouper Average	1:05:58	5:31:38	3:44:25	10:32:22

Wisconsin 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:38	4:34:58	3:06:09	8:40:15
Female Winner	0:57:00	5:27:30	3:16:03	9:47:07
1st Age Grouper	1:10:21	5:06:20	3:27:48	9:52:06
2nd Age Grouper	0:57:53	5:32:17	3:17:58	9:56:51
3rd Age Grouper	1:01:27	5:26:25	3:24:16	10:00:04
4th Age Grouper	1:02:34	5:17:14	3:44:01	10:12:40
5th Age Grouper	1:09:07	5:31:08	3:31:17	10:20:22
6th Age Grouper	1:10:31	5:22:01	3:44:06	10:24:12
7th Age Grouper	1:19:47	5:40:13	3:29:59	10:39:35
8th Age Grouper	0:55:08	5:17:57	4:20:15	10:41:57
9th Age Grouper	1:02:38	5:31:37	3:58:30	10:42:23
10th Age Grouper	1:02:30	5:32:15	3:58:55	10:43:49
Kona Qualifier Average	1:03:03	5:20:34	3:28:30	10:00:25
Top 10 Age Grouper Average	1:05:11	5:25:44	3:41:42	10:21:23

Wisconsin 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:52:13	4:37:59	2:56:33	8:32:51
Female Winner	1:00:41	5:27:30	2:59:33	9:34:35
1st Age Grouper	0:59:56	5:26:44	3:29:42	10:07:26
2nd Age Grouper	1:07:19	5:23:24	3:26:45	10:07:39
3rd Age Grouper	1:13:13	5:30:16	3:22:22	10:15:36
4th Age Grouper	1:09:32	5:25:57	3:30:56	10:17:18
5th Age Grouper	0:53:07	5:26:40	3:50:02	10:19:04
6th Age Grouper	1:02:44	5:35:09	3:33:50	10:19:14
7th Age Grouper	1:08:26	5:27:56	3:32:38	10:19:56
8th Age Grouper	1:08:44	5:20:57	3:53:00	10:32:46
9th Age Grouper	1:03:07	5:18:53	4:10:51	10:42:09
10th Age Grouper	1:04:37	5:21:07	4:06:34	10:43:38
Kona Qualifier Average	1:07:30	5:26:35	3:27:26	10:11:59
Top 10 Age Grouper Average	1:05:04	5:25:42	3:41:40	10:22:28

Wisconsin 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:09	4:51:17	2:53:06	8:45:18
Female Winner	1:04:57	5:15:38	3:13:39	9:41:03
1st Age Grouper	1:03:15	5:28:11	3:43:54	10:25:31
2nd Age Grouper	1:08:24	5:26:44	3:45:16	10:28:58
3rd Age Grouper	0:59:58	5:31:12	3:53:25	10:32:06
4th Age Grouper	1:06:14	5:33:23	3:49:31	10:38:00
5th Age Grouper	1:07:27	5:34:13	3:47:52	10:40:46
6th Age Grouper	1:11:44	5:38:36	3:40:53	10:41:51
7th Age Grouper	1:23:06	5:32:45	3:34:51	10:42:43
8th Age Grouper	1:14:57	5:28:57	3:52:41	10:49:31
9th Age Grouper	1:09:30	5:48:17	3:44:06	10:50:25
10th Age Grouper	1:11:26	5:37:36	3:51:32	10:53:45
Kona Qualifier Average	1:04:27	5:29:52	3:48:01	10:31:08
Top 10 Age Grouper Average	1:09:36	5:33:59	3:46:24	10:40:21

Wisconsin 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:46:54	2:54:51	8:38:32
Female Winner	0:53:35	5:12:50	3:14:22	9:27:26
1st Age Grouper	1:00:47	5:03:07	3:26:21	9:40:25
2nd Age Grouper	1:07:19	5:06:29	3:20:09	9:45:33
3rd Age Grouper	1:08:05	5:29:56	3:14:42	10:00:50
4th Age Grouper	1:07:01	5:22:24	3:34:23	10:12:13
5th Age Grouper	1:10:19	5:34:45	3:34:20	10:28:07
6th Age Grouper	1:11:01	5:29:09	3:39:25	10:29:39
7th Age Grouper	1:09:39	5:31:30	3:36:03	10:31:42
8th Age Grouper	1:07:17	5:42:45	3:33:16	10:33:25
9th Age Grouper	1:10:52	5:39:10	3:35:58	10:33:31
10th Age Grouper	1:06:45	5:25:06	3:55:03	10:34:22
Kona Qualifier Average	1:05:48	5:15:29	3:23:53	9:54:45
Top 10 Age Grouper Average	1:07:54	5:26:26	3:32:58	10:16:58

Wisconsin 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:40	4:47:43	3:00:50	8:45:19
Female Winner	0:56:16	5:13:22	3:27:15	9:43:59
1st Age Grouper	1:00:33	5:10:51	3:14:47	9:35:12
2nd Age Grouper	0:54:55	5:12:13	3:22:55	9:37:51
3rd Age Grouper	1:20:37	5:08:10	3:26:02	10:03:04
4th Age Grouper	1:13:29	5:14:17	3:43:24	10:20:47
5th Age Grouper	1:04:51	5:21:11	3:45:35	10:21:32
6th Age Grouper	1:15:18	5:20:55	3:34:47	10:22:33
7th Age Grouper	1:11:37	5:15:15	3:47:08	10:22:41
8th Age Grouper	1:06:22	5:27:00	3:39:45	10:23:37
9th Age Grouper	1:08:39	5:26:02	3:52:42	10:36:33
10th Age Grouper	0:59:05	5:32:14	3:59:46	10:41:16
Kona Qualifier Average	1:07:23	5:11:22	3:26:47	9:54:13
Top 10 Age Grouper Average	1:07:32	5:18:48	3:38:41	10:14:30

Wisconsin 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:52	4:48:40	2:56:39	8:43:29
Female Winner	0:52:11	5:21:49	3:26:24	9:47:25
1st Age Grouper	0:56:03	5:14:36	3:14:13	9:33:36
2nd Age Grouper	1:02:00	5:12:56	3:46:56	10:12:20
3rd Age Grouper	1:07:52	5:13:45	3:41:03	10:13:05
4th Age Grouper	0:57:27	5:28:35	3:41:43	10:19:03
5th Age Grouper	1:13:07	5:24:50	3:37:07	10:23:51
6th Age Grouper	1:11:47	5:31:09	3:39:28	10:33:11
7th Age Grouper	0:54:39	5:43:26	3:45:19	10:34:01
8th Age Grouper	1:07:53	5:26:54	3:45:16	10:36:17
9th Age Grouper	1:03:02	5:41:26	3:38:46	10:36:30
10th Age Grouper	1:11:02	5:49:09	3:27:09	10:37:09
Kona Qualifier Average	1:00:50	5:17:28	3:35:58	10:04:31
Top 10 Age Grouper Average	1:04:29	5:28:40	3:37:42	10:21:54

Wisconsin 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:54:09	4:47:27	3:03:22	8:52:49
Female Winner	0:53:59	5:22:07	3:14:45	9:37:03
1st Age Grouper	1:00:37	5:15:49	3:30:13	9:57:37
2nd Age Grouper	1:07:43	5:24:31	3:29:37	10:10:35
3rd Age Grouper	1:08:23	5:18:34	3:41:41	10:17:55
4th Age Grouper	1:00:28	5:46:05	3:24:22	10:19:26
5th Age Grouper	0:53:03	5:37:26	3:37:20	10:19:33
6th Age Grouper	1:06:57	5:38:53	3:32:52	10:29:31
7th Age Grouper	1:11:25	5:37:24	3:31:27	10:30:53
8th Age Grouper	1:03:02	5:28:47	3:50:17	10:31:35
9th Age Grouper	1:10:17	5:41:19	3:31:25	10:31:41
10th Age Grouper	0:57:18	5:26:16	4:04:31	10:39:58
Kona Qualifier Average	1:04:17	5:26:14	3:31:28	10:11:23
Top 10 Age Grouper Average	1:03:55	5:31:30	3:37:22	10:22:52

Wisconsin 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:57:34	5:05:18	2:57:56	9:07:24
Female Winner	0:57:40	5:32:37	3:24:08	10:01:22
1st Age Grouper	0:59:19	5:30:18	3:20:10	9:58:42
2nd Age Grouper	1:10:33	5:41:12	3:25:31	10:30:13
3rd Age Grouper	1:10:09	5:36:41	3:34:20	10:33:10
4th Age Grouper	1:08:01	5:40:19	3:39:23	10:38:54
5th Age Grouper	1:11:06	5:37:49	3:38:12	10:39:37
6th Age Grouper	0:58:52	5:40:13	4:00:07	10:49:59
7th Age Grouper	1:14:11	5:49:18	3:44:51	11:03:50
8th Age Grouper	1:10:01	5:48:47	3:52:58	11:04:53
9th Age Grouper	1:02:26	5:54:35	3:54:36	11:06:01
10th Age Grouper	1:18:32	5:44:40	3:55:13	11:12:27
Kona Qualifier Average	1:07:00	5:37:07	3:29:51	10:25:14
Top 10 Age Grouper Average	1:08:19	5:42:23	3:42:32	10:45:46

Wisconsin 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:17	4:56:11	3:05:25	9:01:34
Female Winner	0:50:52	5:30:27	3:43:19	10:11:22
1st Age Grouper	1:10:55	5:30:18	3:46:45	10:37:46
2nd Age Grouper	1:01:28	5:35:14	3:59:21	10:44:32
3rd Age Grouper	1:03:33	5:45:54	3:48:18	10:47:15
4th Age Grouper	1:02:54	5:48:38	3:51:07	10:54:54
5th Age Grouper	1:10:58	5:46:38	3:47:58	10:55:19
6th Age Grouper	1:01:51	5:54:33	3:58:55	11:06:32
7th Age Grouper	0:59:26	5:51:51	4:04:49	11:12:49
8th Age Grouper	1:07:13	5:50:24	4:05:56	11:17:51
9th Age Grouper	1:14:04	5:46:44	4:16:10	11:26:23
10th Age Grouper	1:05:46	5:56:14	4:15:43	11:27:50
Kona Qualifier Average	1:04:42	5:40:01	3:51:22	10:46:06
Top 10 Age Grouper Average	1:05:48	5:46:38	3:59:30	11:03:07

Wisconsin 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:55	4:49:01	3:05:11	8:52:33
Female Winner	0:49:57	5:35:28	3:31:59	10:05:40
1st Age Grouper	0:57:15	5:02:45	3:34:33	9:41:46
2nd Age Grouper	0:58:11	5:20:27	3:34:22	10:01:21
3rd Age Grouper	1:00:22	5:42:21	3:42:24	10:36:56
4th Age Grouper	1:02:09	5:33:34	3:56:32	10:40:16
5th Age Grouper	1:02:07	5:17:21	4:14:01	10:41:28
6th Age Grouper	1:01:02	5:40:50	3:49:18	10:41:53
7th Age Grouper	1:05:55	5:45:50	3:44:52	10:48:22
8th Age Grouper	1:08:47	5:26:03	4:08:07	10:53:39
9th Age Grouper	1:01:04	5:38:41	4:02:00	10:53:49
10th Age Grouper	1:03:10	5:32:50	4:09:59	10:55:28
Kona Qualifier Average	0:59:29	5:24:46	3:41:57	10:15:04
Top 10 Age Grouper Average	1:02:00	5:30:04	3:53:36	10:35:29

Wisconsin 2003

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:23	4:46:23	3:12:32	8:55:26
Female Winner	0:51:45	5:22:48	3:24:30	9:46:28
1st Age Grouper	1:02:32	5:29:11	3:34:49	10:14:33
2nd Age Grouper	0:55:34	5:35:28	3:40:04	10:19:04
3rd Age Grouper	1:08:36	5:19:42	3:51:28	10:29:59
4th Age Grouper	0:53:35	5:37:53	4:06:02	10:47:32
5th Age Grouper	1:03:54	5:33:28	4:07:22	10:54:16
6th Age Grouper	1:15:37	5:50:20	3:40:16	11:03:00
7th Age Grouper	1:11:48	5:33:32	4:03:58	11:03:25
8th Age Grouper	0:56:07	5:46:56	4:13:42	11:05:22
9th Age Grouper	1:18:25	5:48:28	3:56:20	11:15:10
10th Age Grouper	1:12:54	5:46:26	4:10:38	11:20:37
Kona Qualifier Average	1:00:04	5:30:33	3:48:05	10:27:47
Top 10 Age Grouper Average	1:05:54	5:38:08	3:56:27	10:51:17