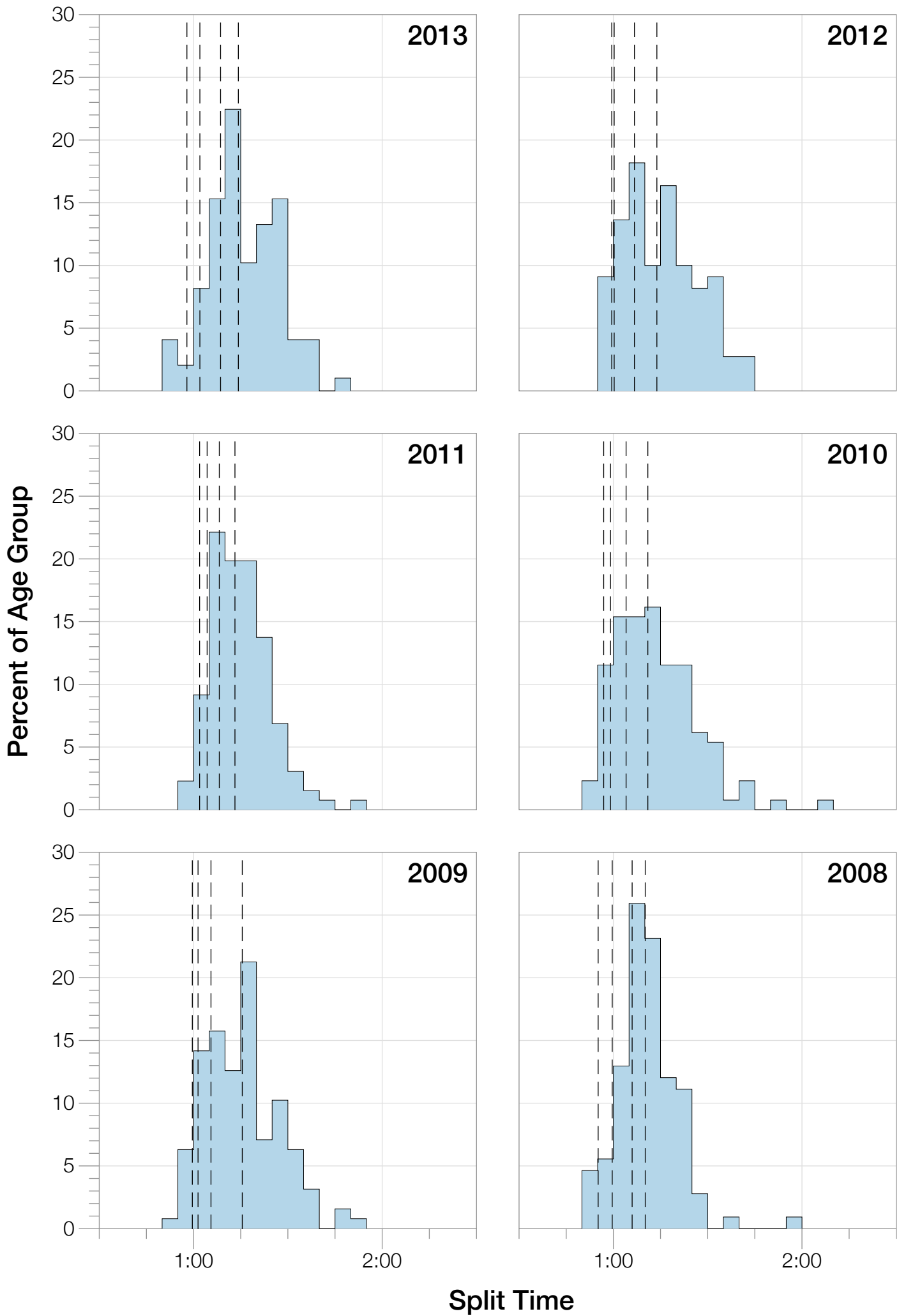


# Ironman Florida M25-29 Stats

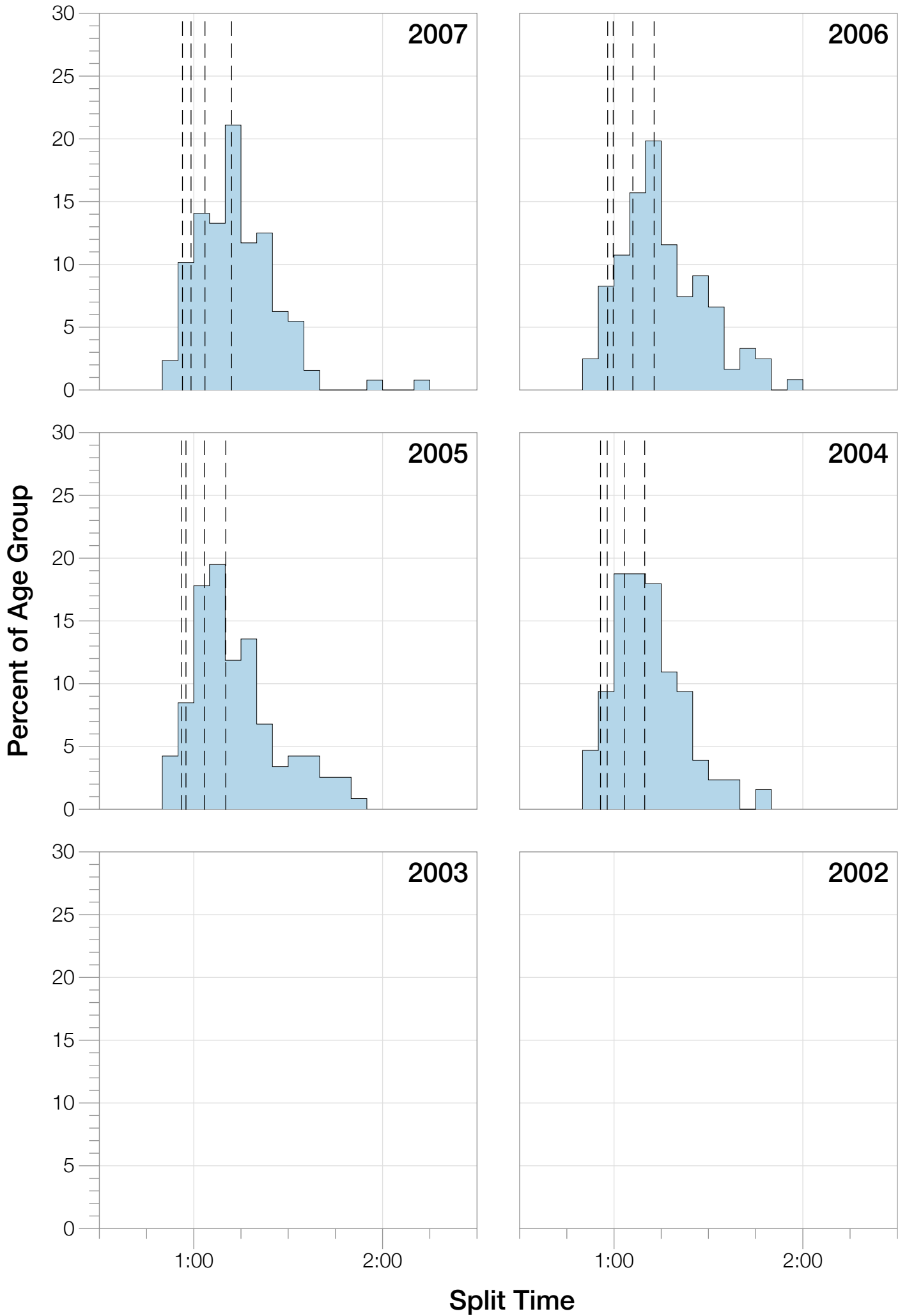
## M25-29 Summary Statistics

| Year           | Finishers   | M25-29 Finishers | Male Winner's Time | Female Winner's Time | M25-29 Winner's Time |
|----------------|-------------|------------------|--------------------|----------------------|----------------------|
| 2004           | 2033        | 128              | 8:31:07            | 9:28:54              | 9:12:32              |
| 2005           | 1935        | 118              | 8:28:26            | 9:33:09              | 9:14:46              |
| 2006           | 2108        | 121              | 8:22:44            | 9:28:28              | 9:09:41              |
| 2007           | 2184        | 128              | 8:21:29            | 9:05:35              | 8:48:22              |
| 2008           | 2184        | 108              | 8:07:59            | 9:07:48              | 9:02:12              |
| 2009           | 2312        | 127              | 8:24:29            | 9:08:38              | 8:51:42              |
| 2010           | 2300        | 130              | 8:15:59            | 9:07:49              | 9:09:11              |
| 2011           | 2354        | 131              | 7:59:42            | 8:55:10              | 9:31:35              |
| 2012           | 2427        | 110              | 8:06:17            | 8:51:35              | 8:58:18              |
| 2013           | 2701        | 99               | 7:53:12            | 8:43:07              | 8:58:21              |
| <b>Average</b> | <b>2254</b> | <b>120</b>       | <b>8:15:08</b>     | <b>9:09:01</b>       | <b>9:05:40</b>       |

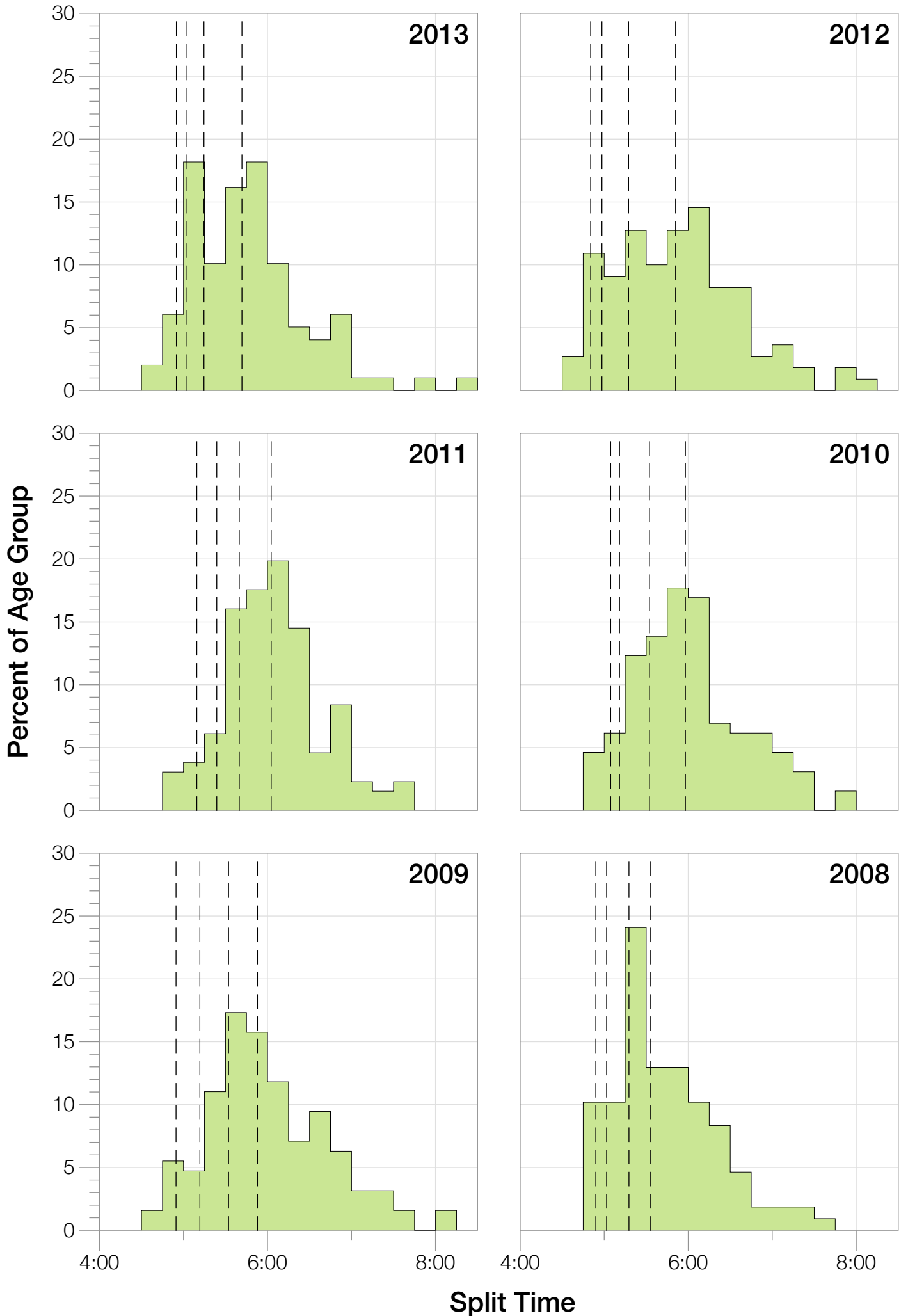
# M25-29 Swim



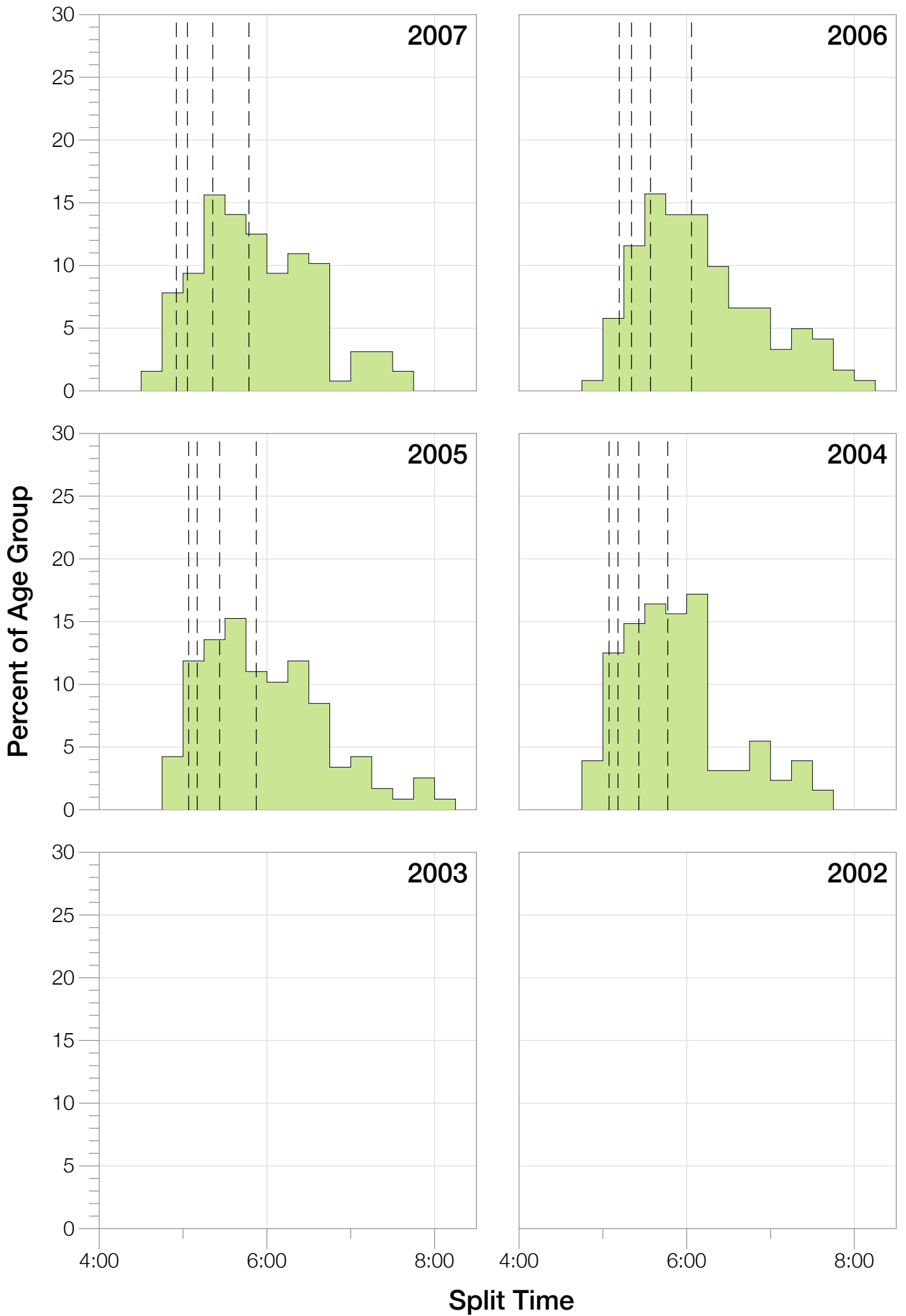
# M25-29 Swim



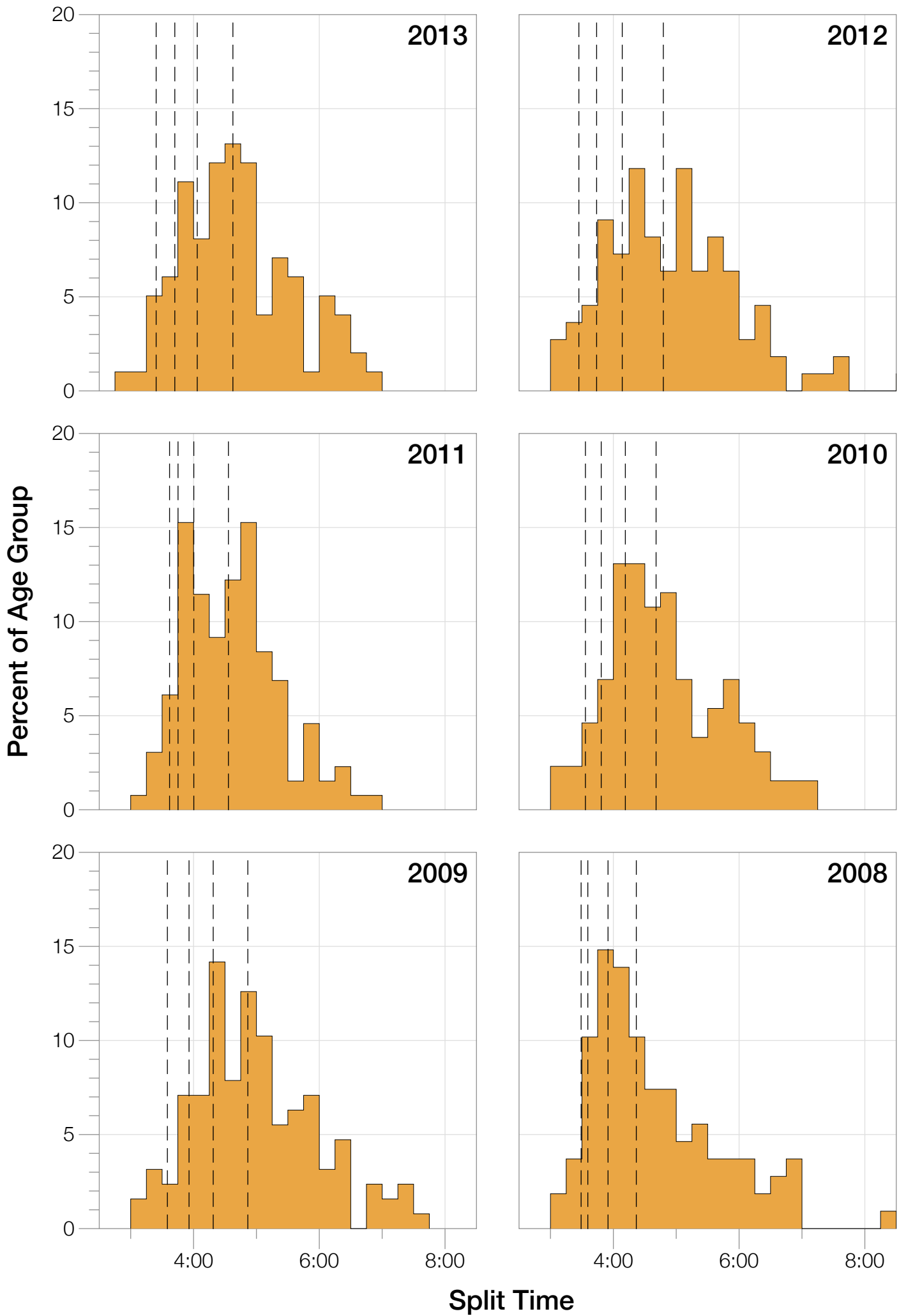
# M25-29 Bike



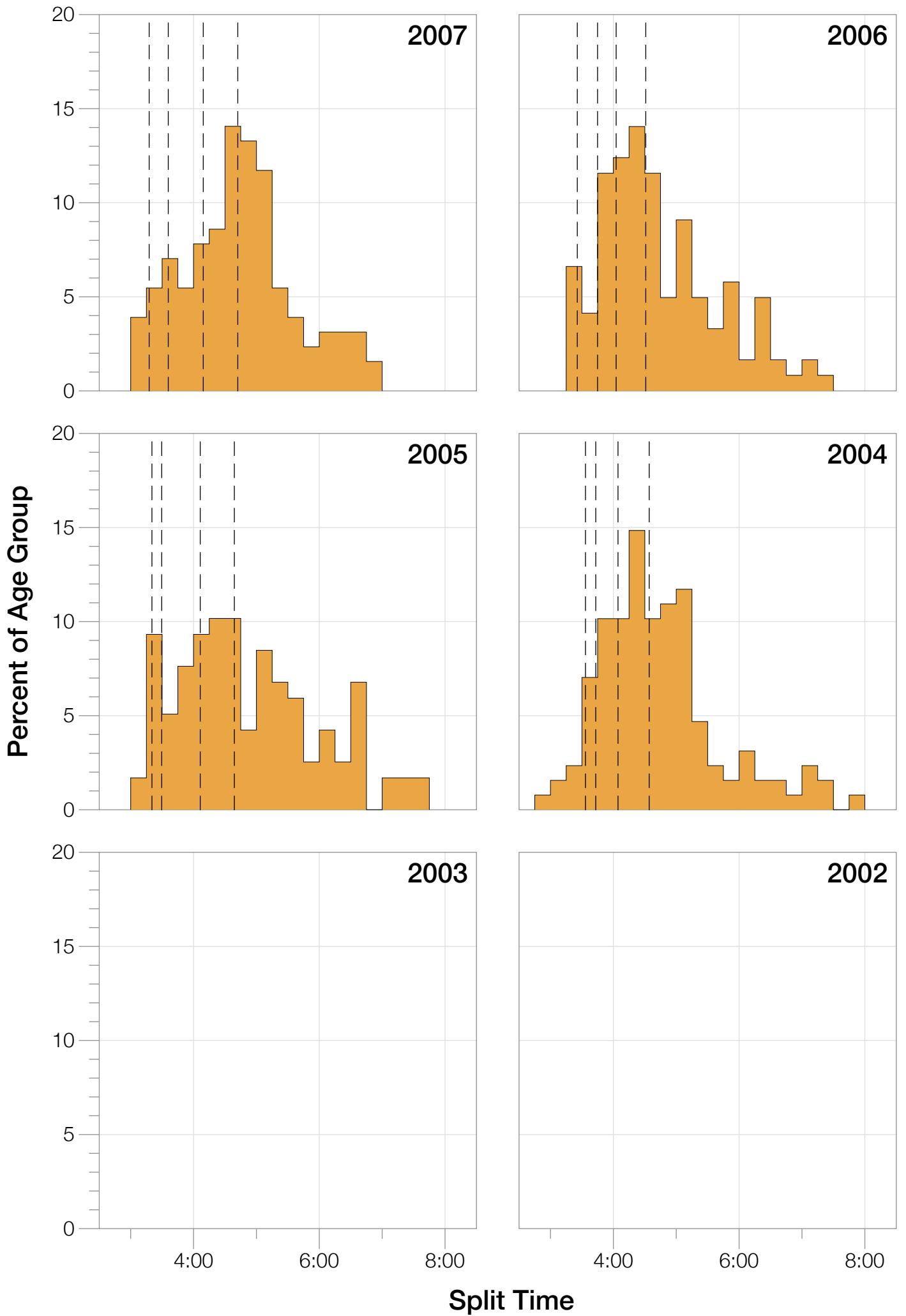
# M25-29 Bike



# M25-29 Run

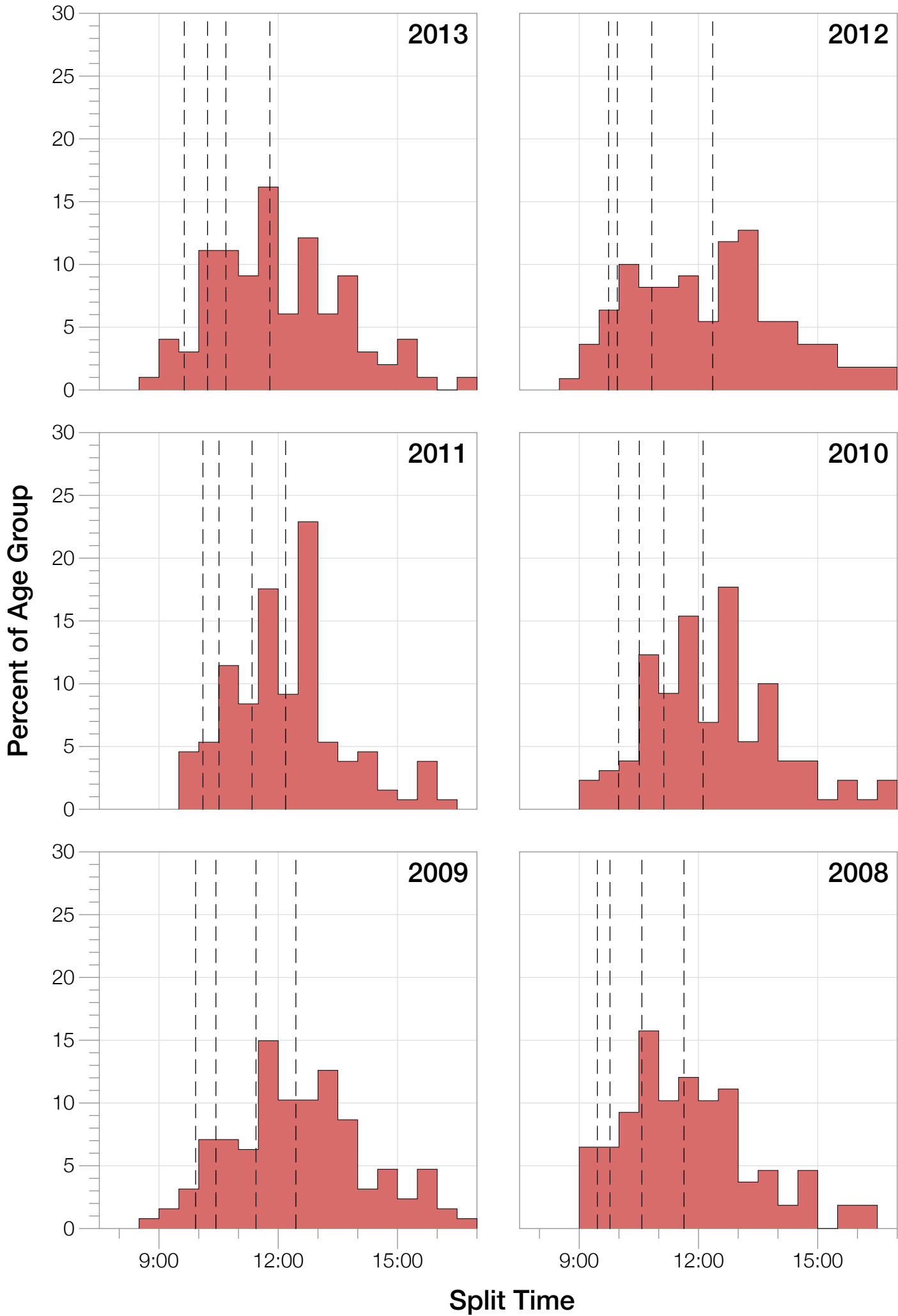


# M25-29 Run

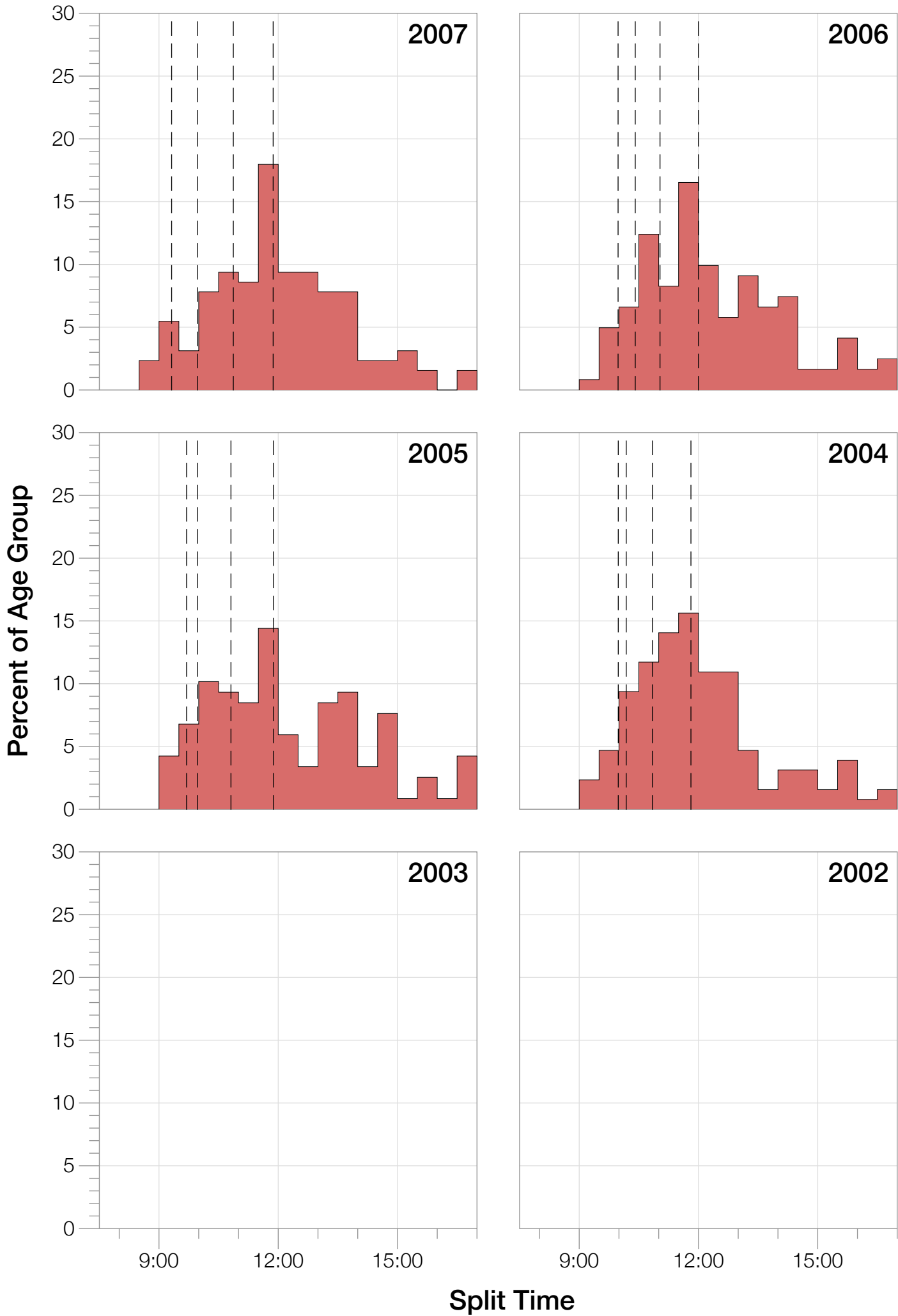




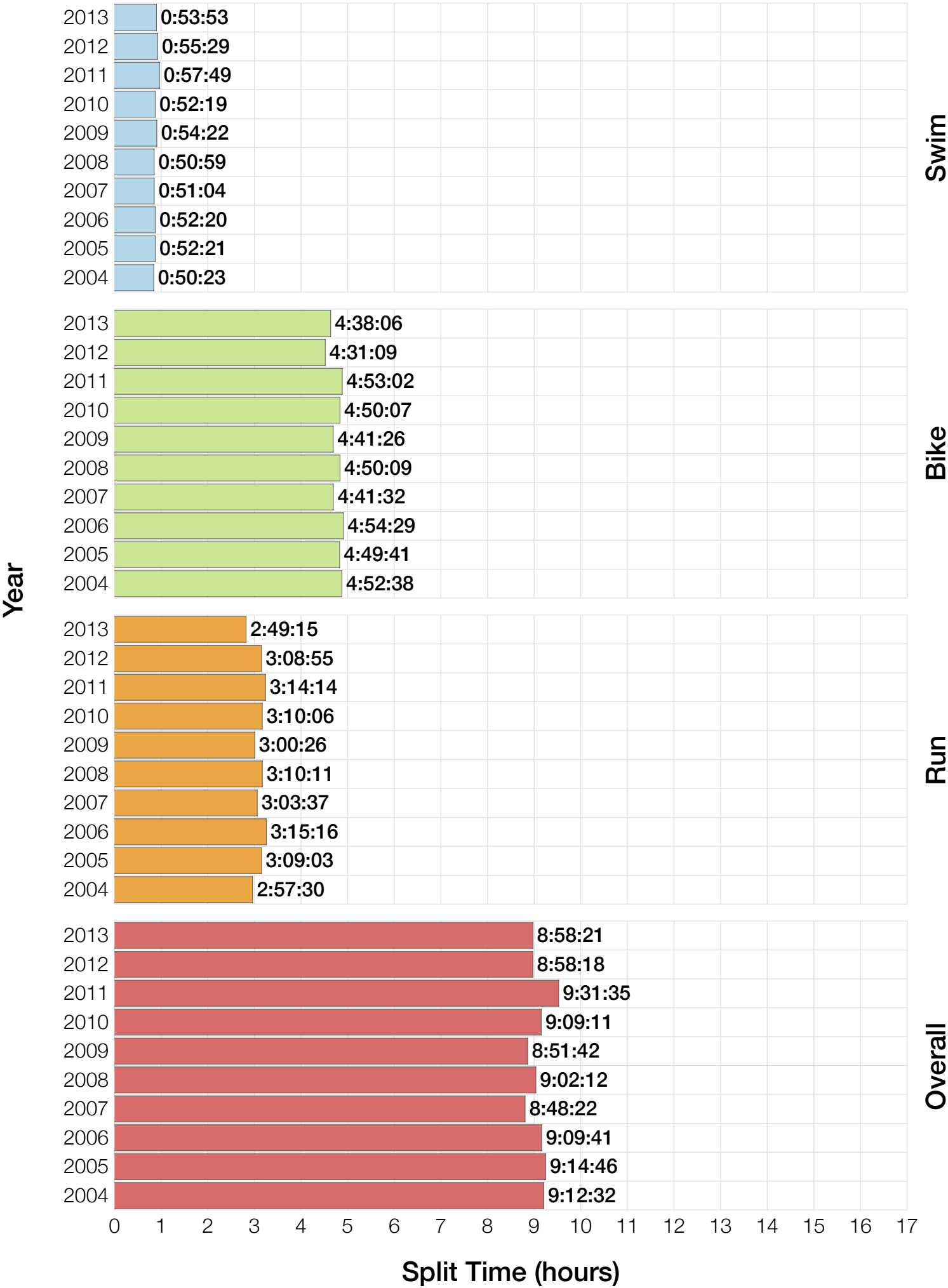
# M25-29 Overall



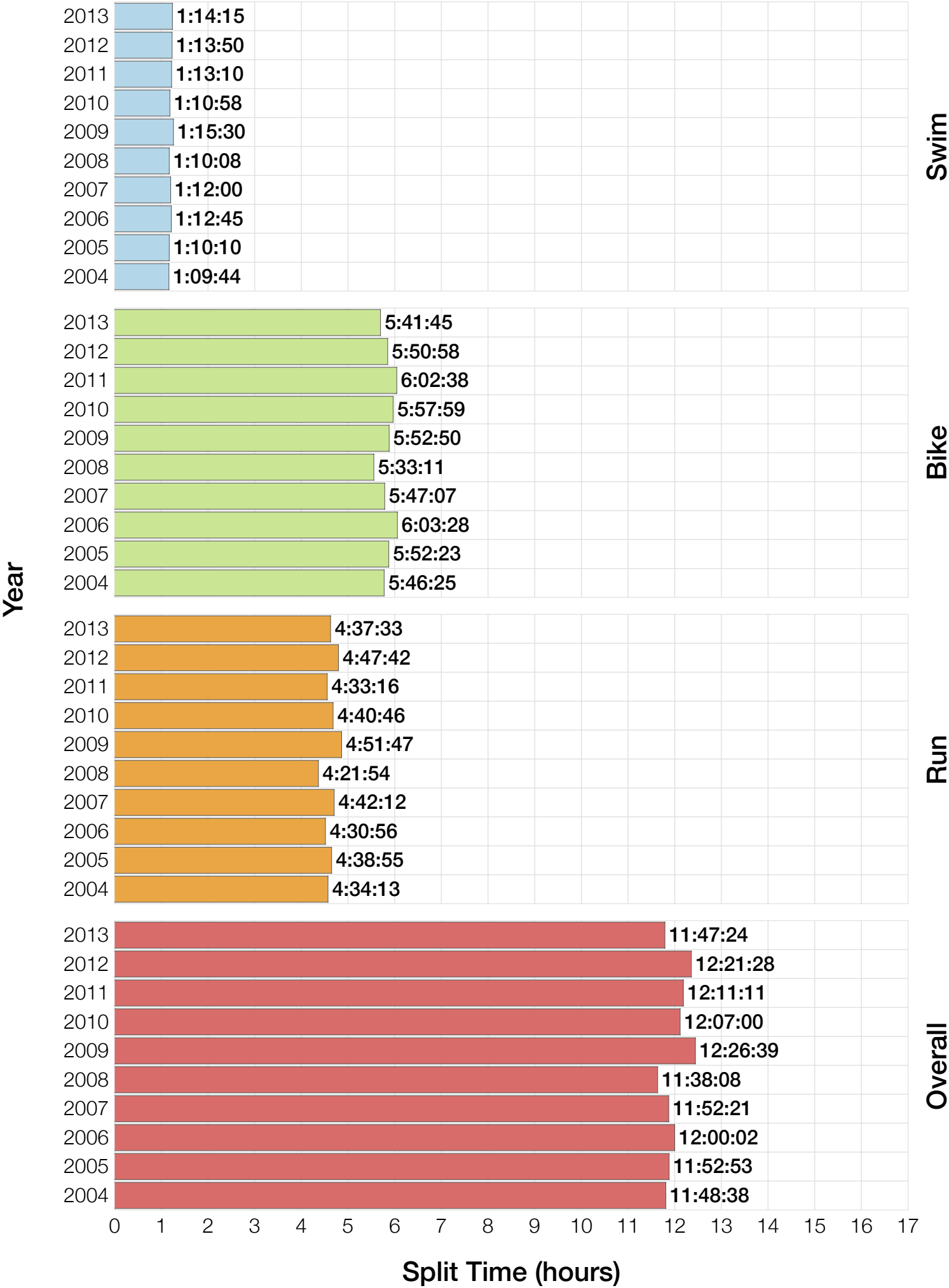
# M25-29 Overall



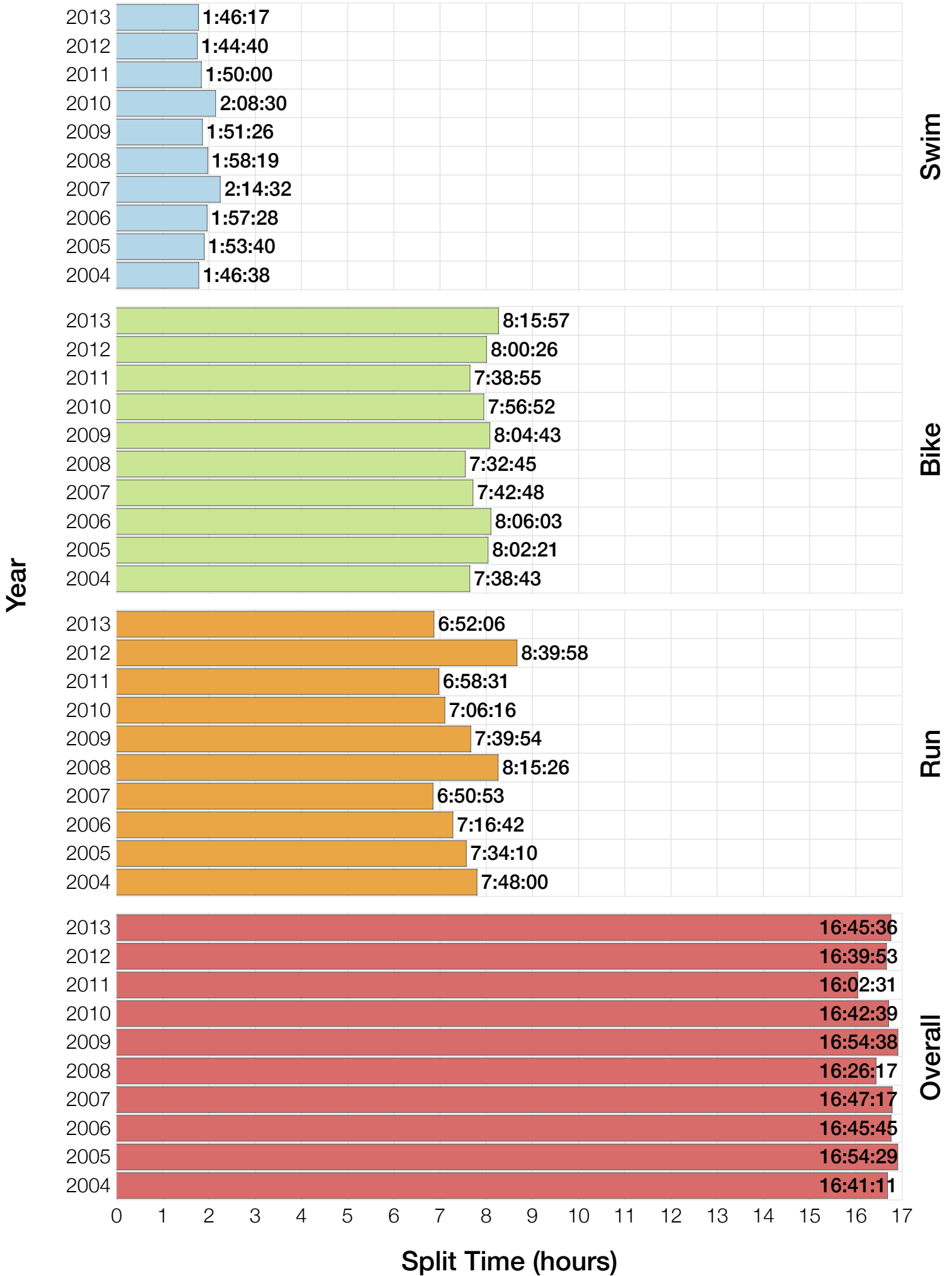
# M25-29 Fastest Splits



# M25-29 Median Splits

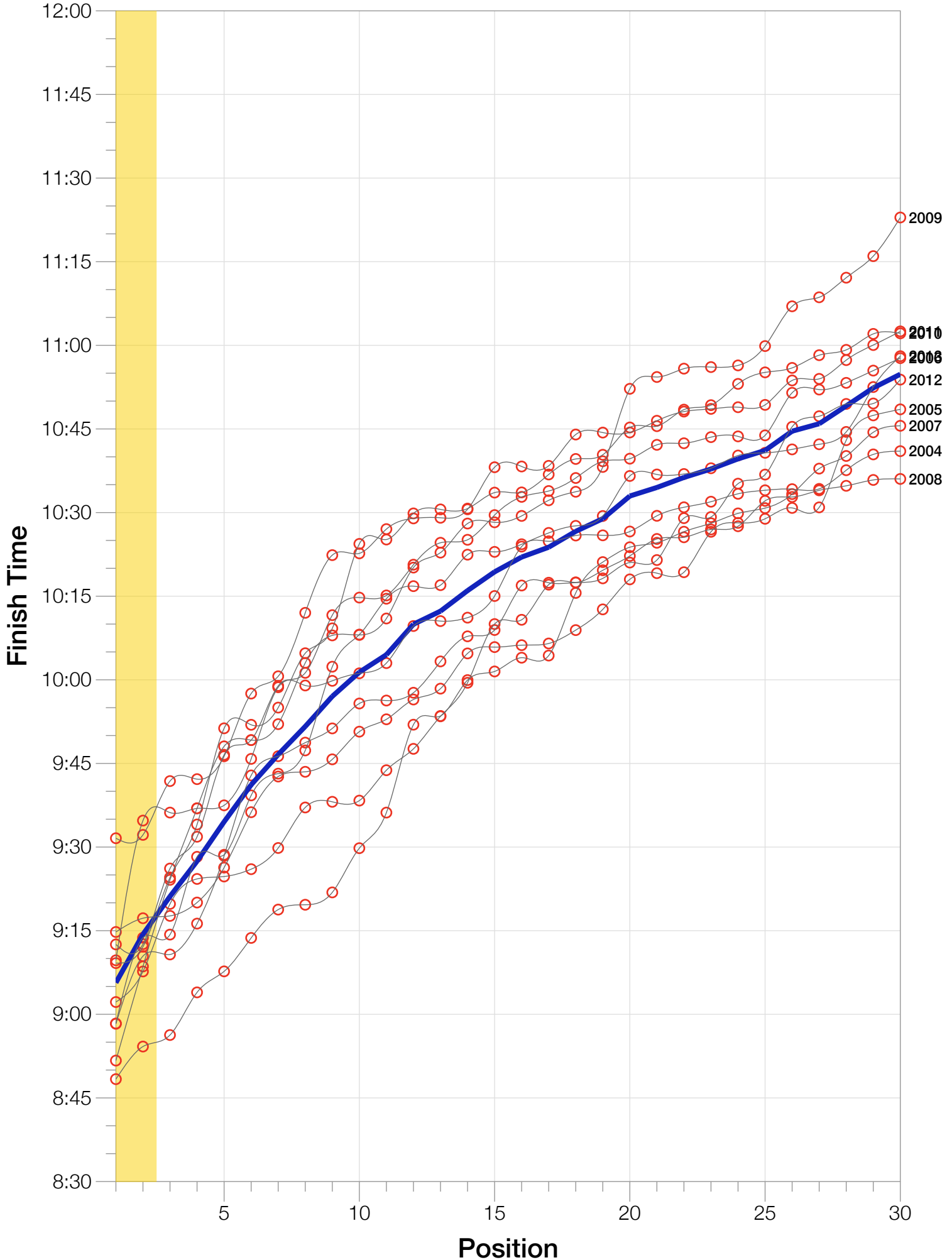


# M25-29 Slowest Splits



# M25-29 Top 30 Finishing Splits

Estimated Kona Slot      Average Finishing Time      Finishing Time



## M25-29 Top 10 and Kona Times and Splits

### Summary Statistics

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| <b>Average Male Winner</b>        | <b>0:51:06</b> | <b>4:26:23</b> | <b>2:53:14</b> | <b>8:15:08</b> |
| <b>Average Female Winner</b>      | <b>0:58:26</b> | <b>4:55:40</b> | <b>3:09:49</b> | <b>9:09:01</b> |
| <b>Average 1st Age Grouper</b>    | <b>0:59:59</b> | <b>4:49:32</b> | <b>3:09:44</b> | <b>9:05:40</b> |
| <b>Average 2nd Age Grouper</b>    | <b>1:02:24</b> | <b>4:51:43</b> | <b>3:13:16</b> | <b>9:14:21</b> |
| Average 3rd Age Grouper           | 1:02:05        | 4:58:45        | 3:13:18        | 9:21:09        |
| Average 4th Age Grouper           | 1:00:00        | 4:59:17        | 3:20:45        | 9:27:28        |
| Average 5th Age Grouper           | 1:00:02        | 5:00:13        | 3:26:33        | 9:34:32        |
| Average 6th Age Grouper           | 1:00:52        | 5:02:18        | 3:30:44        | 9:41:10        |
| Average 7th Age Grouper           | 1:02:23        | 5:01:27        | 3:34:17        | 9:46:36        |
| Average 8th Age Grouper           | 1:00:42        | 5:02:14        | 3:40:35        | 9:51:38        |
| Average 9th Age Grouper           | 1:04:55        | 5:08:08        | 3:35:26        | 9:57:02        |
| Average 10th Age Grouper          | 1:06:01        | 5:07:40        | 3:39:25        | 10:01:22       |
| <b>Kona Qualifier Average</b>     | <b>1:01:11</b> | <b>4:50:37</b> | <b>3:11:30</b> | <b>9:10:00</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:01:56</b> | <b>5:00:08</b> | <b>3:26:24</b> | <b>9:36:06</b> |

### Florida 2013

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| <b>Male Winner</b>                | <b>0:55:23</b> | <b>4:15:15</b> | <b>2:37:29</b> | <b>7:53:12</b> |
| <b>Female Winner</b>              | <b>1:00:14</b> | <b>4:35:49</b> | <b>3:01:55</b> | <b>8:43:07</b> |
| <b>1st Age Grouper</b>            | <b>1:00:59</b> | <b>4:38:06</b> | <b>3:11:50</b> | <b>8:58:21</b> |
| <b>2nd Age Grouper</b>            | <b>1:07:44</b> | <b>4:42:05</b> | <b>3:17:40</b> | <b>9:13:44</b> |
| 3rd Age Grouper                   | 1:06:28        | 5:11:02        | 2:49:15        | 9:14:18        |
| 4th Age Grouper                   | 0:54:46        | 4:47:45        | 3:37:04        | 9:28:15        |
| 5th Age Grouper                   | 0:53:59        | 4:57:31        | 3:30:29        | 9:28:37        |
| 6th Age Grouper                   | 1:11:00        | 4:57:25        | 3:23:53        | 9:39:16        |
| 7th Age Grouper                   | 1:01:09        | 5:04:26        | 3:27:22        | 9:43:10        |
| 8th Age Grouper                   | 0:58:02        | 4:51:51        | 3:49:00        | 9:47:20        |
| 9th Age Grouper                   | 1:12:46        | 5:15:58        | 3:24:18        | 10:02:21       |
| 10th Age Grouper                  | 1:15:26        | 5:04:17        | 3:40:34        | 10:08:07       |
| <b>Kona Qualifier Average</b>     | <b>1:04:21</b> | <b>4:40:05</b> | <b>3:14:45</b> | <b>9:06:02</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:04:13</b> | <b>4:57:02</b> | <b>3:25:08</b> | <b>9:34:20</b> |

### Florida 2012

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| <b>Male Winner</b>                | <b>0:49:51</b> | <b>4:04:39</b> | <b>3:06:42</b> | <b>8:06:17</b> |
| <b>Female Winner</b>              | <b>1:01:26</b> | <b>4:40:20</b> | <b>3:04:45</b> | <b>8:51:35</b> |
| <b>1st Age Grouper</b>            | <b>1:00:51</b> | <b>4:41:54</b> | <b>3:08:55</b> | <b>8:58:18</b> |
| <b>2nd Age Grouper</b>            | <b>1:04:01</b> | <b>4:48:09</b> | <b>3:10:32</b> | <b>9:10:26</b> |
| 3rd Age Grouper                   | 1:04:23        | 4:48:23        | 3:11:00        | 9:10:44        |
| 4th Age Grouper                   | 1:00:36        | 4:50:13        | 3:17:10        | 9:16:16        |
| 5th Age Grouper                   | 0:57:49        | 4:50:42        | 3:33:39        | 9:28:25        |
| 6th Age Grouper                   | 1:02:13        | 4:59:36        | 3:34:43        | 9:42:51        |
| 7th Age Grouper                   | 1:09:32        | 4:31:09        | 3:57:45        | 9:46:18        |
| 8th Age Grouper                   | 1:01:26        | 4:37:57        | 4:03:13        | 9:48:44        |
| 9th Age Grouper                   | 1:18:41        | 4:59:44        | 3:25:50        | 9:51:17        |
| 10th Age Grouper                  | 1:07:38        | 4:56:04        | 3:45:32        | 9:55:45        |
| <b>Kona Qualifier Average</b>     | <b>1:02:26</b> | <b>4:45:01</b> | <b>3:09:43</b> | <b>9:04:22</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:04:43</b> | <b>4:48:23</b> | <b>3:30:49</b> | <b>9:30:54</b> |

### Florida 2011

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:51:18        | 4:19:55        | 2:43:47        | 7:59:42        |
| Female Winner                     | 1:02:03        | 4:53:42        | 2:53:26        | 8:55:10        |
| 1st Age Grouper                   | 0:59:56        | 5:05:25        | 3:19:25        | 9:31:35        |
| 2nd Age Grouper                   | 1:08:26        | 5:02:04        | 3:14:14        | 9:32:11        |
| 3rd Age Grouper                   | 0:57:49        | 4:57:34        | 3:37:28        | 9:41:50        |
| 4th Age Grouper                   | 1:01:53        | 5:13:35        | 3:19:19        | 9:42:11        |
| 5th Age Grouper                   | 1:01:46        | 4:53:02        | 3:43:19        | 9:46:17        |
| 6th Age Grouper                   | 1:06:42        | 5:23:23        | 3:19:54        | 9:57:32        |
| 7th Age Grouper                   | 1:04:19        | 4:59:16        | 3:48:38        | 10:00:38       |
| 8th Age Grouper                   | 1:04:45        | 4:53:43        | 4:05:24        | 10:12:01       |
| 9th Age Grouper                   | 1:07:41        | 5:23:46        | 3:44:08        | 10:22:22       |
| 10th Age Grouper                  | 1:06:23        | 5:18:07        | 3:50:06        | 10:22:41       |
| <b>Kona Qualifier Average</b>     | <b>1:04:11</b> | <b>5:03:44</b> | <b>3:16:49</b> | <b>9:31:53</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:03:58</b> | <b>5:06:59</b> | <b>3:36:11</b> | <b>9:54:55</b> |

### Florida 2010

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:51:45        | 4:35:55        | 2:43:08        | 8:15:59        |
| Female Winner                     | 1:04:37        | 4:52:35        | 3:04:52        | 9:07:49        |
| 1st Age Grouper                   | 1:00:46        | 4:50:07        | 3:10:06        | 9:09:11        |
| 2nd Age Grouper                   | 0:58:25        | 4:53:27        | 3:12:10        | 9:12:07        |
| 3rd Age Grouper                   | 0:56:38        | 4:52:07        | 3:29:11        | 9:24:33        |
| 4th Age Grouper                   | 0:52:19        | 5:15:28        | 3:19:50        | 9:34:03        |
| 5th Age Grouper                   | 1:02:41        | 5:03:54        | 3:28:15        | 9:51:18        |
| 6th Age Grouper                   | 0:56:14        | 4:56:10        | 3:51:36        | 9:51:56        |
| 7th Age Grouper                   | 1:16:31        | 5:20:20        | 3:10:29        | 9:55:01        |
| 8th Age Grouper                   | 1:08:07        | 5:09:10        | 3:37:05        | 10:04:46       |
| 9th Age Grouper                   | 1:09:05        | 4:55:23        | 3:48:35        | 10:09:14       |
| 10th Age Grouper                  | 1:22:24        | 5:15:17        | 3:34:29        | 10:24:23       |
| <b>Kona Qualifier Average</b>     | <b>0:59:35</b> | <b>4:51:47</b> | <b>3:11:08</b> | <b>9:10:39</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:04:19</b> | <b>5:03:08</b> | <b>3:28:10</b> | <b>9:45:39</b> |

### Florida 2009

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:53:44        | 4:28:03        | 2:57:11        | 8:24:29        |
| Female Winner                     | 0:59:48        | 4:52:24        | 3:11:29        | 9:08:38        |
| 1st Age Grouper                   | 1:03:44        | 4:41:26        | 3:00:26        | 8:51:42        |
| 2nd Age Grouper                   | 0:59:50        | 4:48:56        | 3:13:24        | 9:08:35        |
| 3rd Age Grouper                   | 1:15:34        | 4:42:58        | 3:17:30        | 9:24:07        |
| 4th Age Grouper                   | 1:03:05        | 4:57:49        | 3:27:42        | 9:36:58        |
| 5th Age Grouper                   | 1:09:21        | 5:13:51        | 3:17:22        | 9:48:04        |
| 6th Age Grouper                   | 1:00:30        | 4:48:01        | 3:52:55        | 9:49:11        |
| 7th Age Grouper                   | 1:04:38        | 4:51:55        | 3:45:46        | 9:52:03        |
| 8th Age Grouper                   | 1:01:13        | 4:53:40        | 3:58:47        | 10:03:02       |
| 9th Age Grouper                   | 1:11:51        | 5:13:24        | 3:30:53        | 10:07:58       |
| 10th Age Grouper                  | 1:01:34        | 5:09:09        | 3:49:43        | 10:08:03       |
| <b>Kona Qualifier Average</b>     | <b>1:01:47</b> | <b>4:45:11</b> | <b>3:06:55</b> | <b>9:00:08</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:05:08</b> | <b>4:56:06</b> | <b>3:31:26</b> | <b>9:40:58</b> |



### Florida 2008

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:48:15        | 4:18:59        | 2:57:19        | 8:07:59        |
| Female Winner                     | 0:54:54        | 4:59:05        | 3:08:07        | 9:07:48        |
| 1st Age Grouper                   | 0:56:25        | 4:50:09        | 3:10:11        | 9:02:12        |
| 2nd Age Grouper                   | 0:53:53        | 4:51:54        | 3:13:28        | 9:07:41        |
| 3rd Age Grouper                   | 0:54:50        | 5:03:12        | 3:15:06        | 9:19:48        |
| 4th Age Grouper                   | 1:00:26        | 4:53:22        | 3:22:09        | 9:24:17        |
| 5th Age Grouper                   | 1:07:40        | 4:52:22        | 3:16:19        | 9:24:43        |
| 6th Age Grouper                   | 0:53:19        | 4:50:23        | 3:35:25        | 9:26:02        |
| 7th Age Grouper                   | 0:53:38        | 4:54:45        | 3:35:39        | 9:29:50        |
| 8th Age Grouper                   | 1:00:59        | 4:59:24        | 3:30:55        | 9:37:06        |
| 9th Age Grouper                   | 0:50:59        | 4:57:11        | 3:41:32        | 9:38:07        |
| 10th Age Grouper                  | 0:57:47        | 4:59:01        | 3:36:15        | 9:38:20        |
| <b>Kona Qualifier Average</b>     | <b>0:55:09</b> | <b>4:51:01</b> | <b>3:11:49</b> | <b>9:04:56</b> |
| <b>Top 10 Age Grouper Average</b> | <b>0:56:59</b> | <b>4:55:10</b> | <b>3:25:41</b> | <b>9:24:48</b> |

### Florida 2007

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:50:38        | 4:35:13        | 2:51:56        | 8:21:29        |
| Female Winner                     | 0:50:43        | 4:59:21        | 3:11:12        | 9:05:35        |
| 1st Age Grouper                   | 0:54:36        | 4:41:57        | 3:06:53        | 8:48:22        |
| 2nd Age Grouper                   | 1:03:39        | 4:41:32        | 3:03:37        | 8:54:13        |
| 3rd Age Grouper                   | 0:55:32        | 4:49:01        | 3:07:25        | 8:56:17        |
| 4th Age Grouper                   | 0:59:25        | 4:46:03        | 3:12:38        | 9:03:56        |
| 5th Age Grouper                   | 0:56:16        | 4:48:08        | 3:16:01        | 9:07:42        |
| 6th Age Grouper                   | 1:00:19        | 4:58:10        | 3:09:11        | 9:13:42        |
| 7th Age Grouper                   | 0:51:04        | 4:57:28        | 3:25:19        | 9:18:47        |
| 8th Age Grouper                   | 0:59:11        | 4:59:33        | 3:15:10        | 9:19:39        |
| 9th Age Grouper                   | 1:00:55        | 4:50:53        | 3:24:22        | 9:21:52        |
| 10th Age Grouper                  | 1:01:37        | 4:56:59        | 3:24:59        | 9:29:48        |
| <b>Kona Qualifier Average</b>     | <b>0:59:07</b> | <b>4:41:44</b> | <b>3:05:15</b> | <b>8:51:17</b> |
| <b>Top 10 Age Grouper Average</b> | <b>0:58:15</b> | <b>4:50:58</b> | <b>3:14:33</b> | <b>9:09:25</b> |

### Florida 2006

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:50:28        | 4:34:07        | 2:54:12        | 8:22:44        |
| Female Winner                     | 0:58:27        | 5:14:02        | 3:11:39        | 9:28:28        |
| 1st Age Grouper                   | 0:54:50        | 4:54:29        | 3:15:16        | 9:09:41        |
| 2nd Age Grouper                   | 0:59:22        | 5:06:47        | 3:19:59        | 9:34:45        |
| 3rd Age Grouper                   | 0:58:14        | 5:11:45        | 3:19:39        | 9:36:11        |
| 4th Age Grouper                   | 1:10:06        | 5:03:12        | 3:16:21        | 9:36:56        |
| 5th Age Grouper                   | 0:55:50        | 5:05:36        | 3:31:06        | 9:37:29        |
| 6th Age Grouper                   | 1:00:05        | 5:17:37        | 3:19:26        | 9:45:49        |
| 7th Age Grouper                   | 1:05:29        | 5:11:41        | 3:32:24        | 9:58:40        |
| 8th Age Grouper                   | 1:01:32        | 5:28:52        | 3:23:55        | 10:01:15       |
| 9th Age Grouper                   | 0:59:45        | 5:09:47        | 3:56:03        | 10:11:36       |
| 10th Age Grouper                  | 1:05:17        | 5:20:32        | 3:39:48        | 10:14:45       |
| <b>Kona Qualifier Average</b>     | <b>0:57:06</b> | <b>5:00:38</b> | <b>3:17:37</b> | <b>9:22:13</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:01:03</b> | <b>5:11:01</b> | <b>3:27:23</b> | <b>9:46:42</b> |

### Florida 2005

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:50:05        | 4:35:34        | 2:59:22        | 8:28:26        |
| Female Winner                     | 1:02:21        | 5:05:01        | 3:22:03        | 9:33:09        |
| 1st Age Grouper                   | 1:02:03        | 4:54:50        | 3:13:02        | 9:14:46        |
| 2nd Age Grouper                   | 1:04:03        | 4:49:41        | 3:17:59        | 9:17:14        |
| 3rd Age Grouper                   | 1:05:59        | 4:55:48        | 3:09:03        | 9:17:39        |
| 4th Age Grouper                   | 0:53:56        | 5:00:41        | 3:16:35        | 9:20:03        |
| 5th Age Grouper                   | 0:56:29        | 5:07:09        | 3:17:47        | 9:26:19        |
| 6th Age Grouper                   | 0:56:10        | 5:13:36        | 3:20:27        | 9:36:15        |
| 7th Age Grouper                   | 0:56:52        | 5:05:56        | 3:30:24        | 9:42:39        |
| 8th Age Grouper                   | 0:52:21        | 5:15:16        | 3:25:16        | 9:43:30        |
| 9th Age Grouper                   | 0:56:09        | 5:09:29        | 3:35:14        | 9:45:44        |
| 10th Age Grouper                  | 1:07:19        | 5:04:35        | 3:27:21        | 9:50:42        |
| <b>Kona Qualifier Average</b>     | <b>1:03:03</b> | <b>4:52:15</b> | <b>3:15:30</b> | <b>9:16:00</b> |
| <b>Top 10 Age Grouper Average</b> | <b>0:59:08</b> | <b>5:03:42</b> | <b>3:21:18</b> | <b>9:31:29</b> |

### Florida 2004

| Position                          | Swim Time      | Bike Time      | Run Time       | Overall Time   |
|-----------------------------------|----------------|----------------|----------------|----------------|
| Male Winner                       | 0:49:35        | 4:36:12        | 3:01:15        | 8:31:07        |
| Female Winner                     | 0:49:48        | 5:04:27        | 3:28:47        | 9:28:54        |
| 1st Age Grouper                   | 1:05:44        | 4:56:59        | 3:01:23        | 9:12:32        |
| 2nd Age Grouper                   | 1:04:39        | 4:52:38        | 3:09:40        | 9:12:35        |
| 3rd Age Grouper                   | 1:05:29        | 5:15:48        | 2:57:30        | 9:26:09        |
| 4th Age Grouper                   | 1:03:30        | 5:04:46        | 3:18:43        | 9:31:51        |
| 5th Age Grouper                   | 0:58:32        | 5:09:57        | 3:31:20        | 9:46:33        |
| 6th Age Grouper                   | 1:02:13        | 4:58:46        | 3:39:54        | 9:49:11        |
| 7th Age Grouper                   | 1:00:42        | 5:17:39        | 3:29:10        | 9:58:55        |
| 8th Age Grouper                   | 0:59:31        | 5:12:57        | 3:37:13        | 9:58:59        |
| 9th Age Grouper                   | 1:01:27        | 5:25:49        | 3:23:28        | 9:59:49        |
| 10th Age Grouper                  | 0:54:46        | 5:12:40        | 3:45:24        | 10:01:10       |
| <b>Kona Qualifier Average</b>     | <b>1:05:11</b> | <b>4:54:48</b> | <b>3:05:31</b> | <b>9:12:33</b> |
| <b>Top 10 Age Grouper Average</b> | <b>1:01:39</b> | <b>5:08:47</b> | <b>3:23:22</b> | <b>9:41:46</b> |