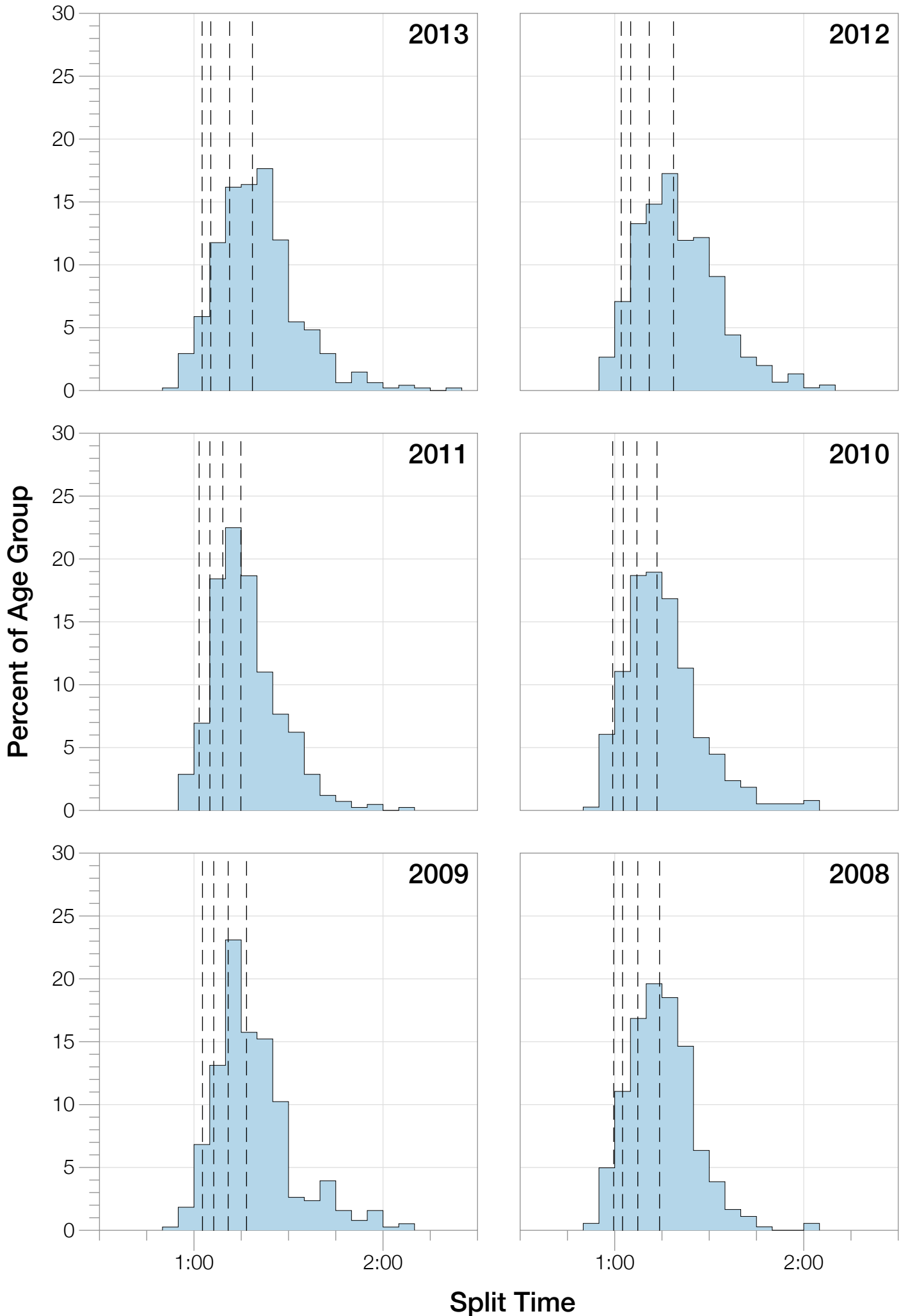


Ironman Florida M40-44 Stats

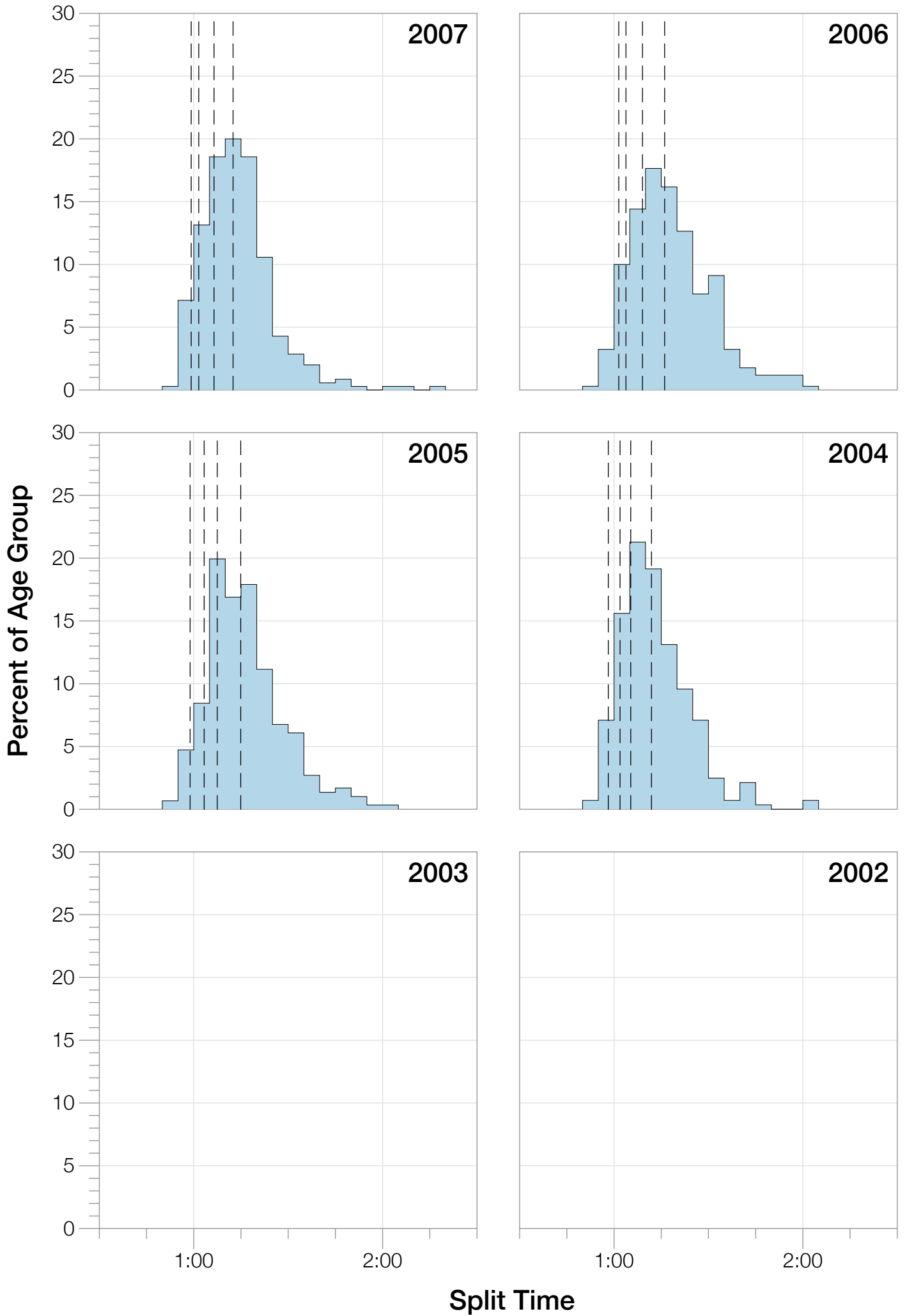
M40-44 Summary Statistics

Year	Finishers	M40-44 Finishers	Male Winner's Time	Female Winner's Time	M40-44 Winner's Time
2004	2033	282	8:31:07	9:28:54	9:24:30
2005	1935	296	8:28:26	9:33:09	9:13:02
2006	2108	340	8:22:44	9:28:28	9:21:29
2007	2184	351	8:21:29	9:05:35	9:10:36
2008	2184	369	8:07:59	9:07:48	9:00:42
2009	2312	393	8:24:29	9:08:38	9:05:40
2010	2300	390	8:15:59	9:07:49	9:18:02
2011	2354	418	7:59:42	8:55:10	9:24:36
2012	2427	452	8:06:17	8:51:35	9:13:01
2013	2701	477	7:53:12	8:43:07	8:57:28
Average	2254	377	8:15:08	9:09:01	9:12:54

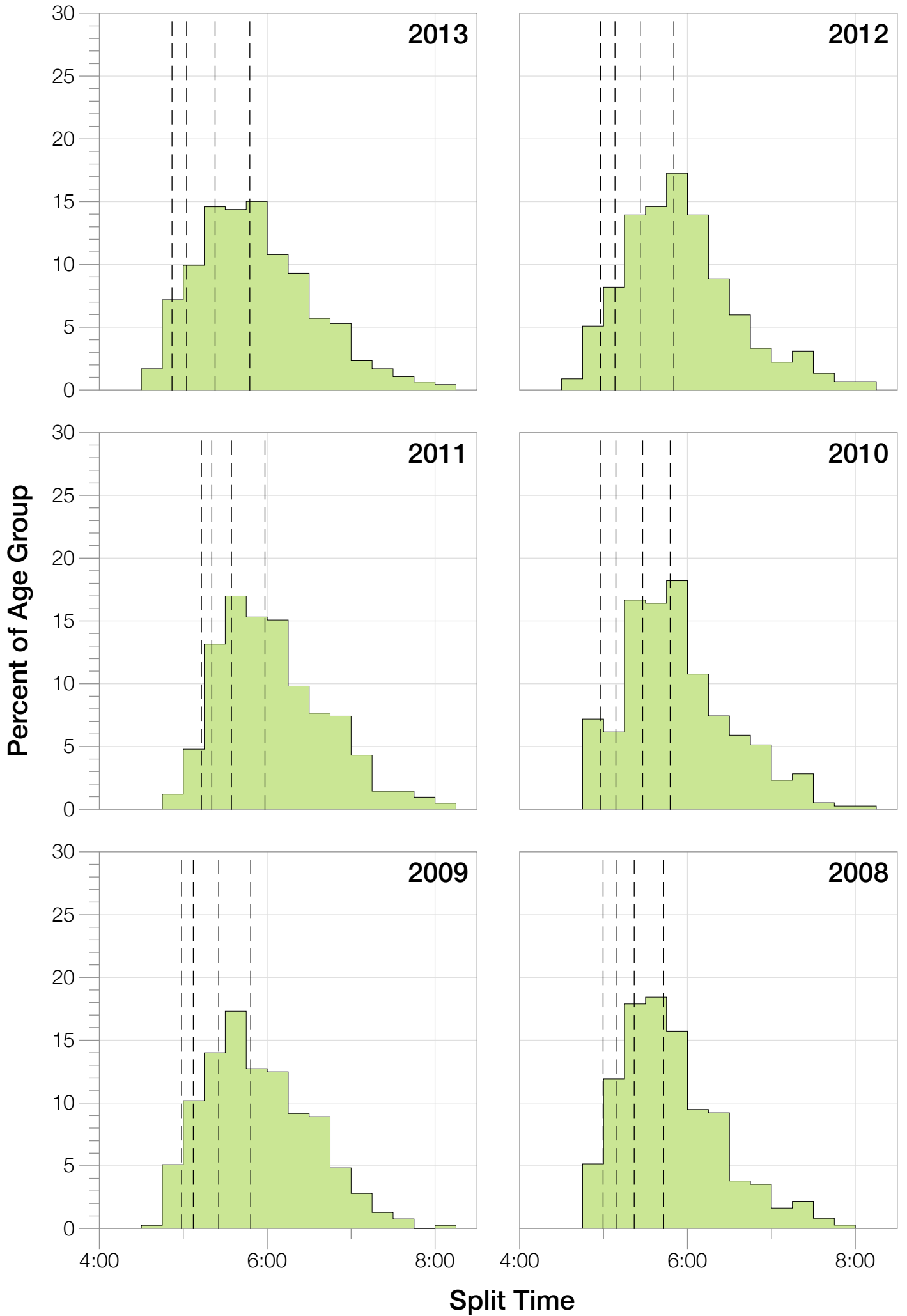
M40-44 Swim



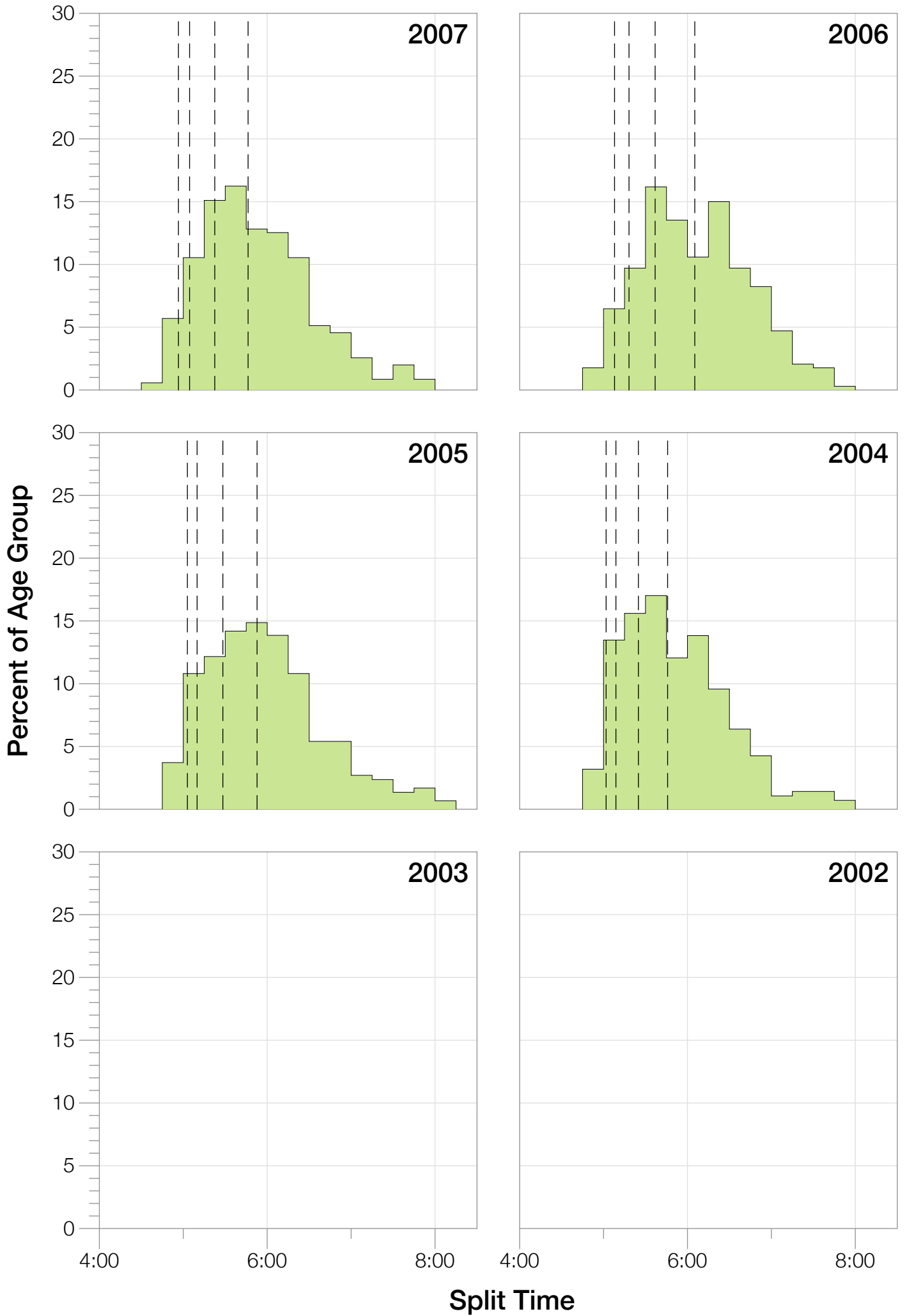
M40-44 Swim



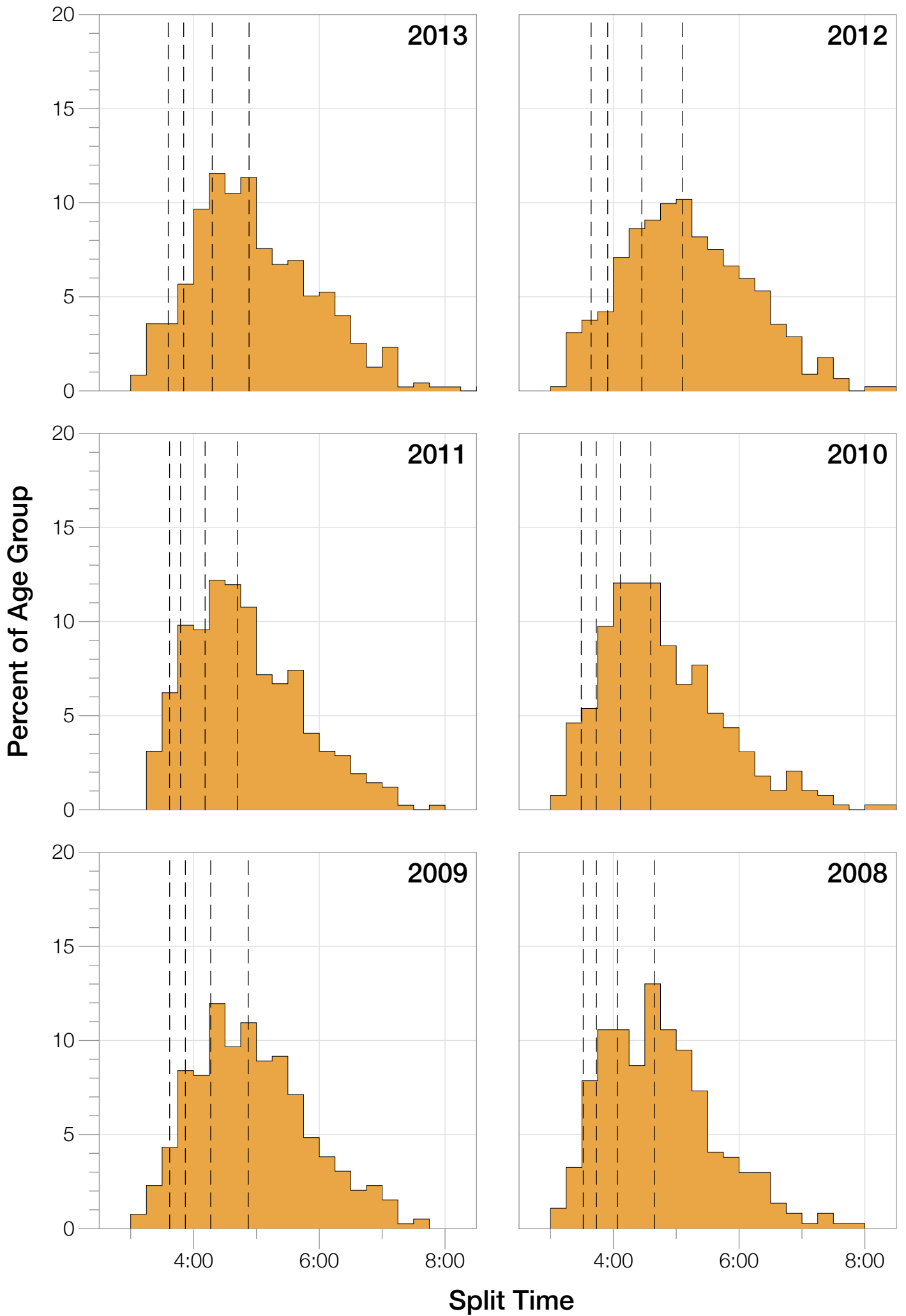
M40-44 Bike



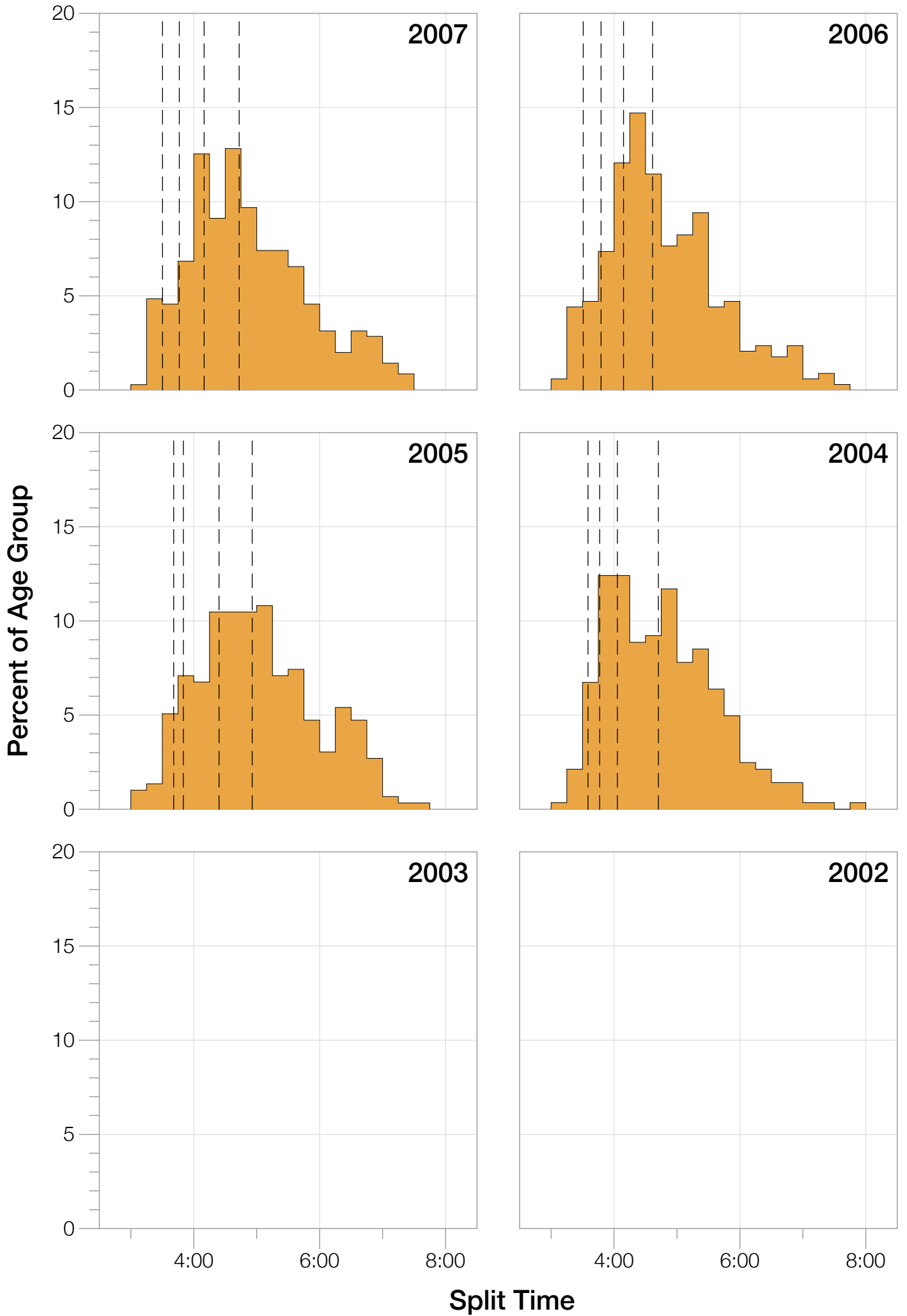
M40-44 Bike



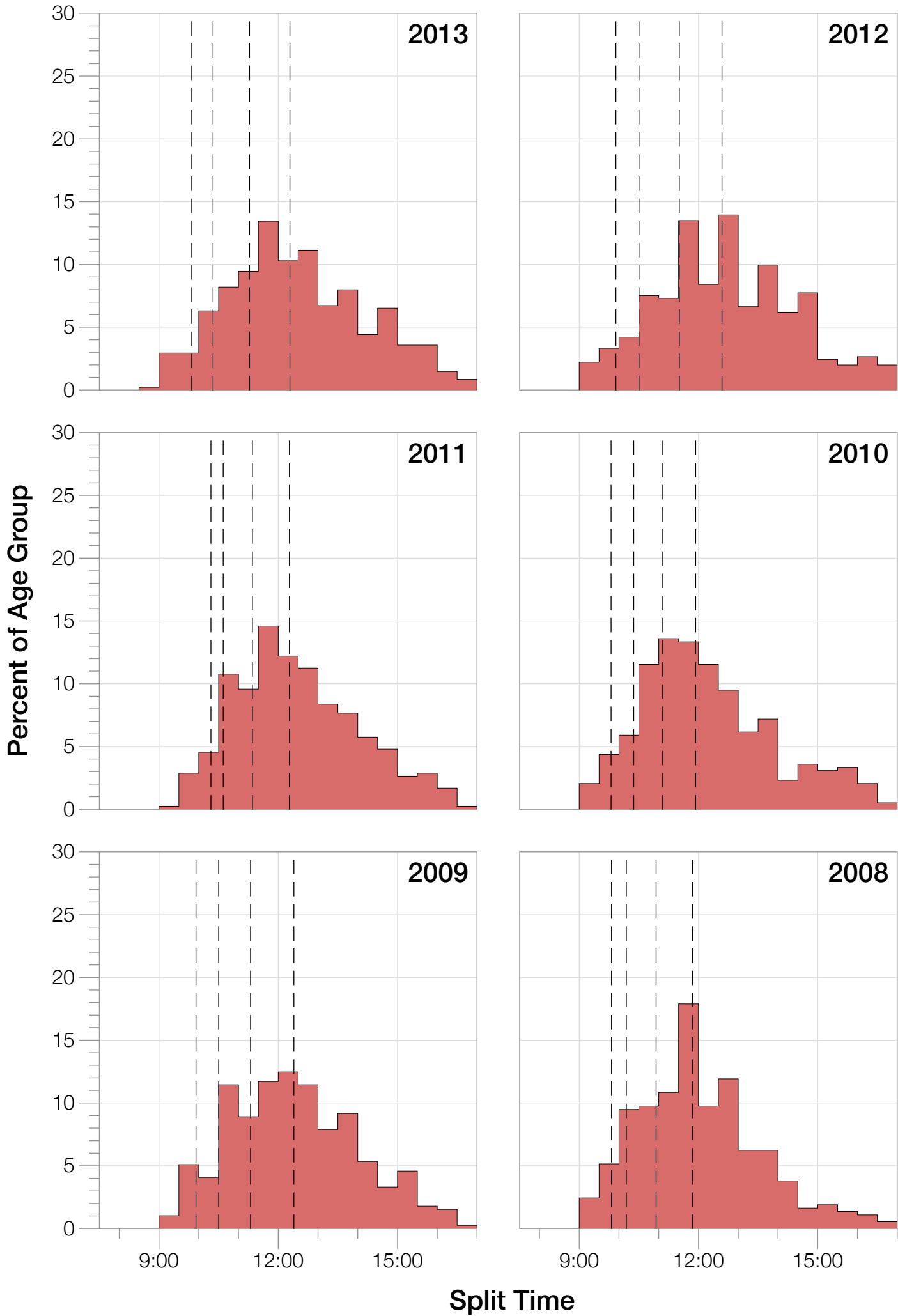
M40-44 Run



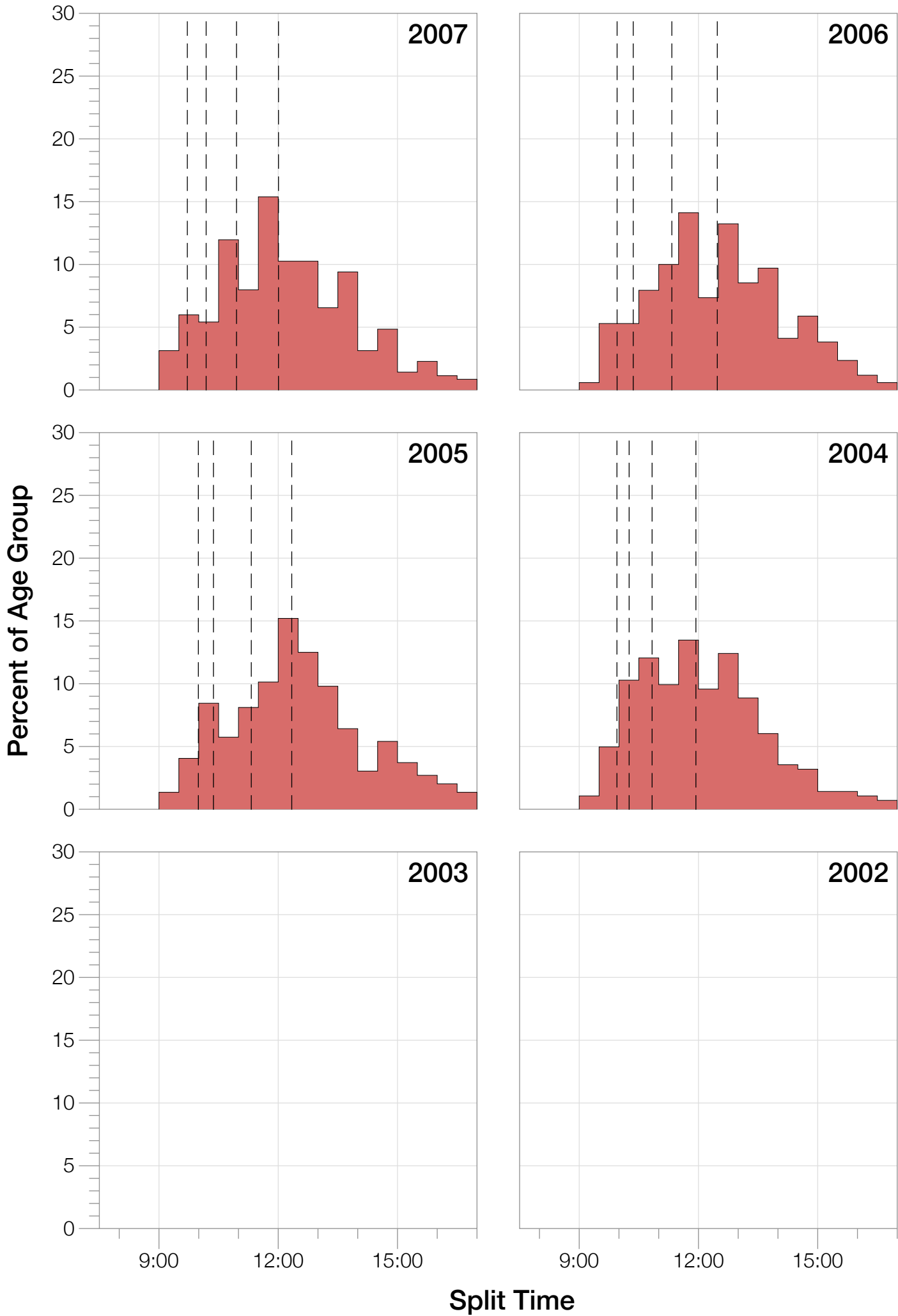
M40-44 Run



M40-44 Overall



M40-44 Overall



M40-44 Fastest Splits

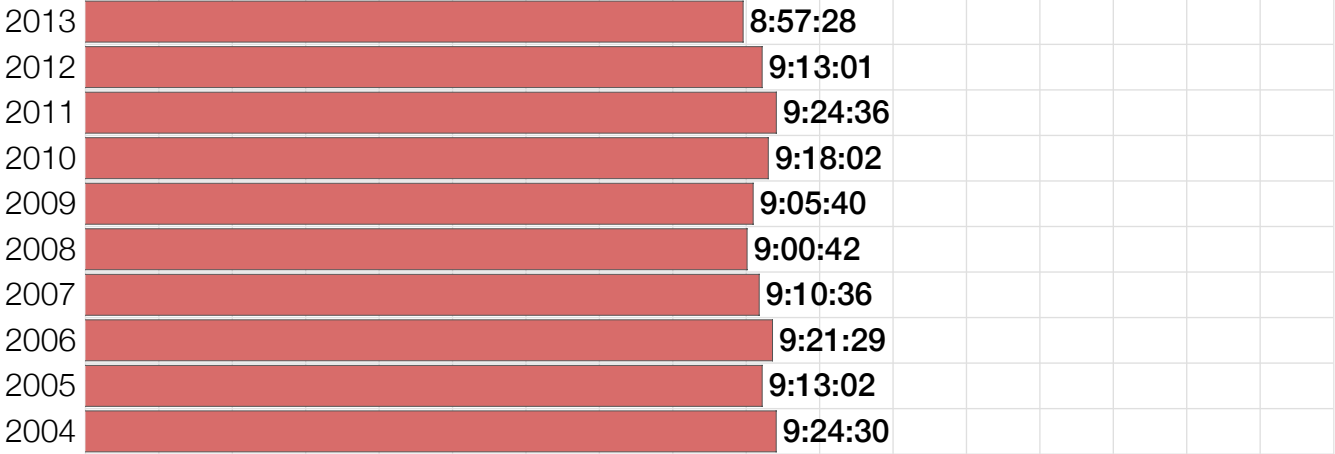
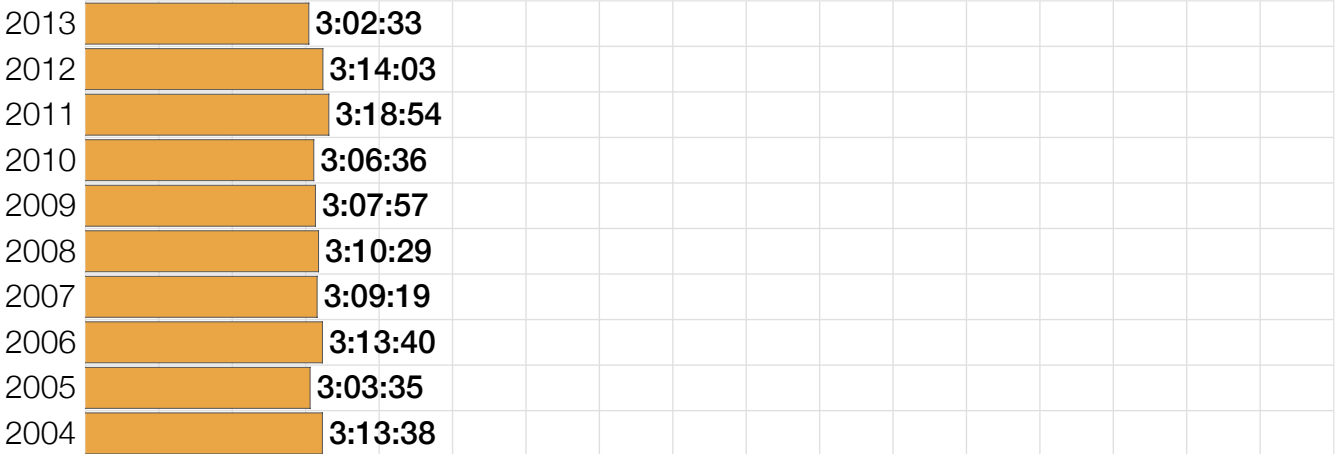
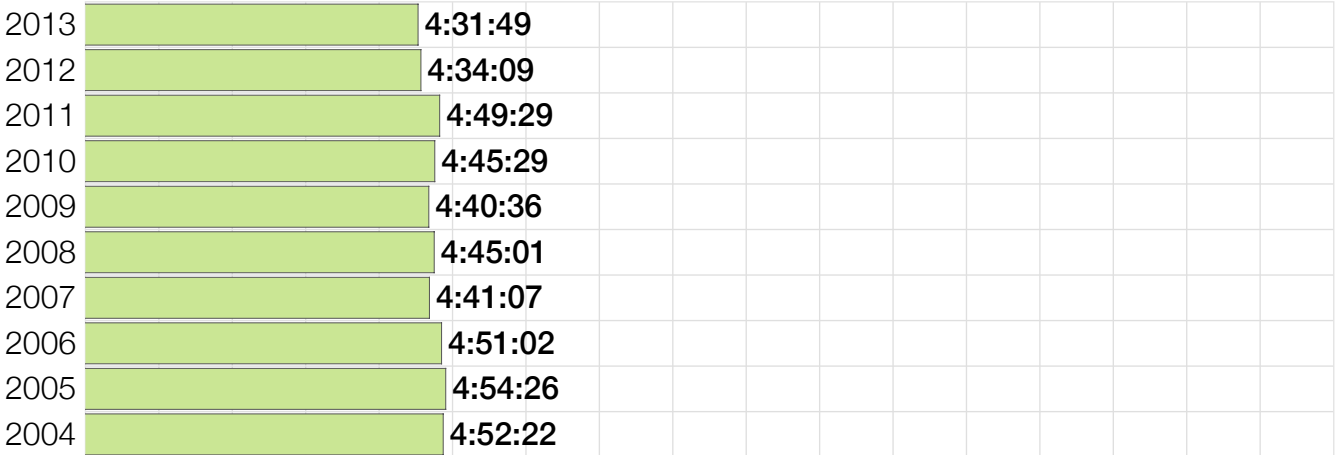
Year

Swim

Bike

Run

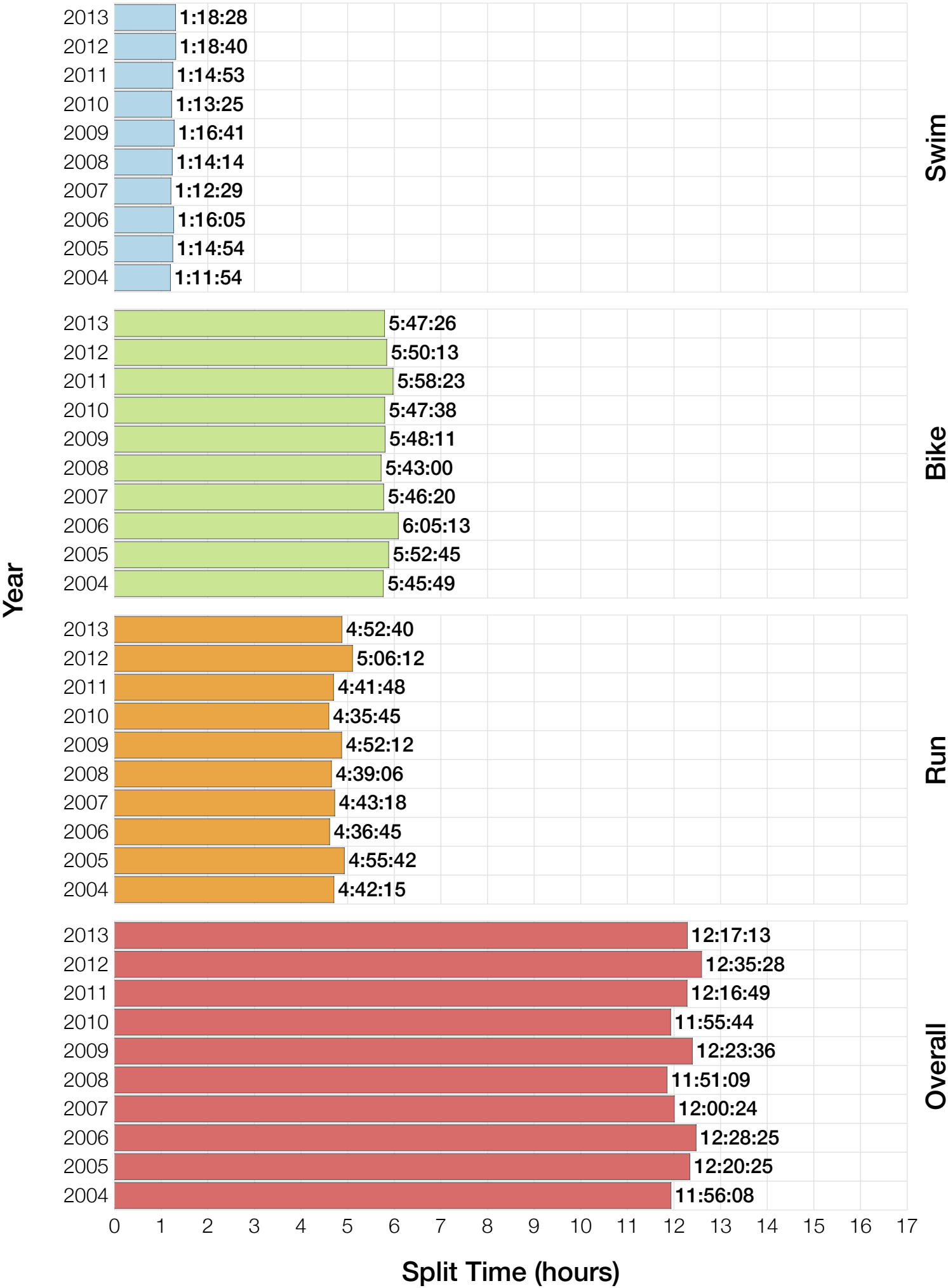
Overall



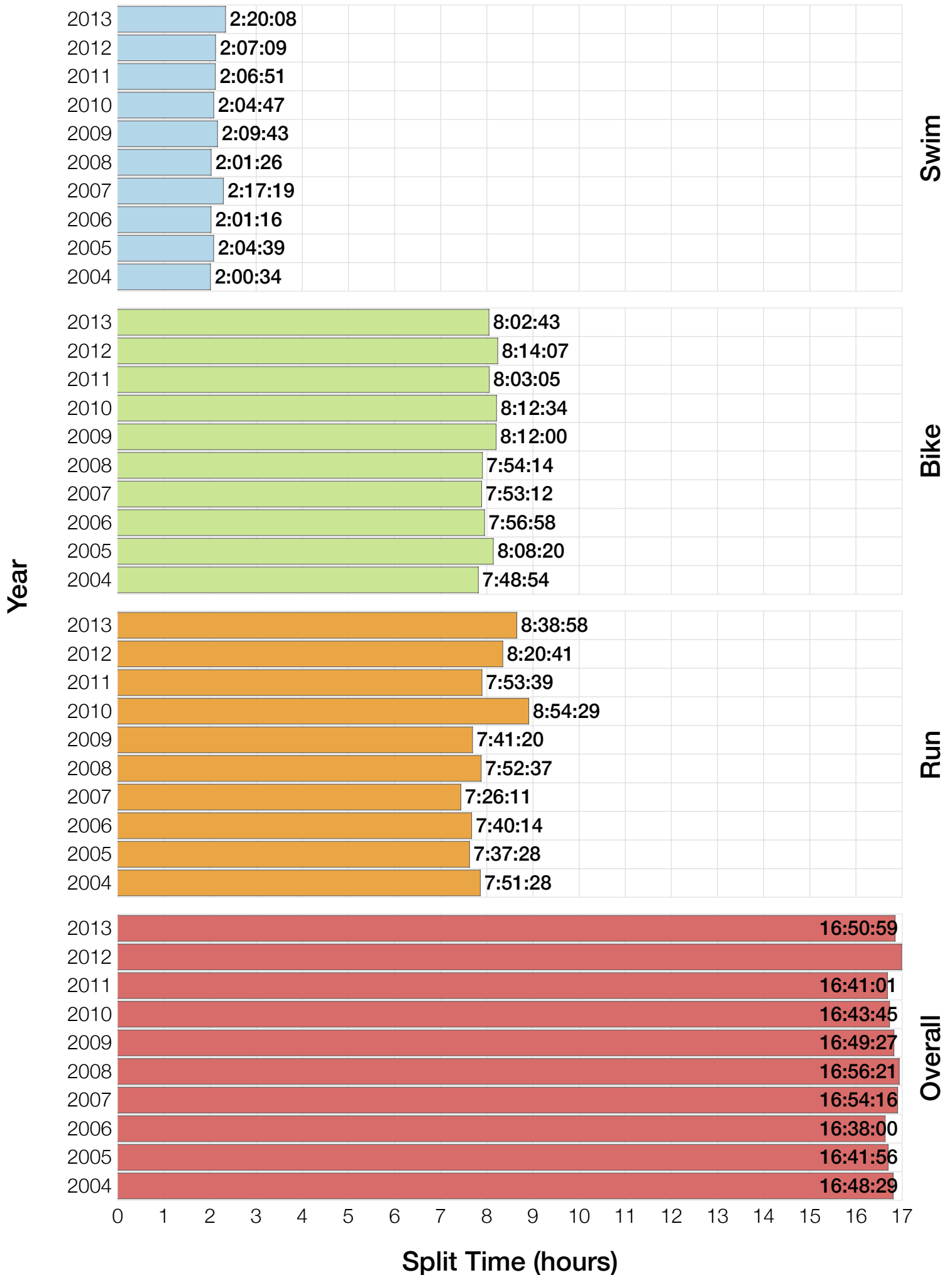
0 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17

Split Time (hours)

M40-44 Median Splits

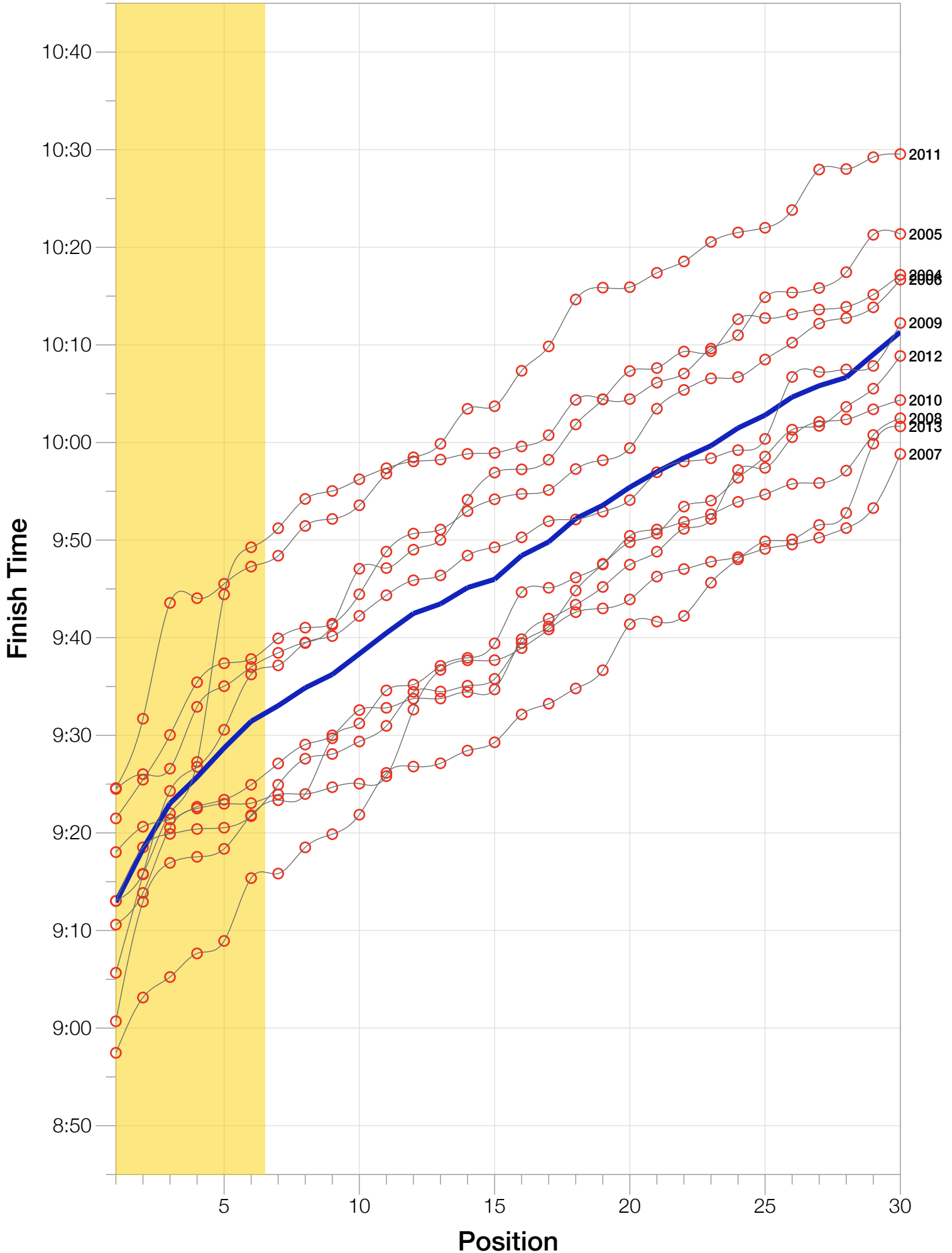


M40-44 Slowest Splits



M40-44 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M40-44 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:06	4:26:23	2:53:14	8:15:08
Average Female Winner	0:58:26	4:55:40	3:09:49	9:09:01
Average 1st Age Grouper	1:01:03	4:50:30	3:13:35	9:12:54
Average 2nd Age Grouper	1:01:48	4:53:38	3:15:24	9:18:22
Average 3rd Age Grouper	1:00:12	4:53:34	3:21:37	9:23:02
Average 4th Age Grouper	1:02:26	4:55:13	3:20:20	9:25:43
Average 5th Age Grouper	1:01:30	4:59:16	3:19:51	9:28:42
Average 6th Age Grouper	1:01:32	4:53:28	3:28:00	9:31:26
Average 7th Age Grouper	1:00:58	4:55:21	3:28:36	9:33:02
Average 8th Age Grouper	1:00:20	4:57:15	3:28:49	9:34:52
Average 9th Age Grouper	1:05:11	4:54:52	3:29:00	9:36:14
Average 10th Age Grouper	1:04:35	5:00:38	3:25:25	9:38:21
Kona Qualifier Average	1:01:25	4:54:16	3:19:48	9:23:22
Top 10 Age Grouper Average	1:01:58	4:55:22	3:23:04	9:28:16

Florida 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:23	4:15:15	2:37:29	7:53:12
Female Winner	1:00:14	4:35:49	3:01:55	8:43:07
1st Age Grouper	1:00:28	4:42:19	3:07:00	8:57:28
2nd Age Grouper	0:57:27	4:44:43	3:12:25	9:03:08
3rd Age Grouper	0:57:14	4:43:27	3:15:36	9:05:14
4th Age Grouper	1:06:46	4:48:24	3:02:33	9:07:39
5th Age Grouper	1:00:25	4:47:06	3:13:50	9:08:56
6th Age Grouper	1:04:18	4:41:49	3:19:09	9:15:22
7th Age Grouper	1:01:03	4:40:25	3:27:41	9:15:50
8th Age Grouper	0:59:57	4:51:13	3:18:20	9:18:31
9th Age Grouper	1:13:50	4:31:49	3:25:41	9:19:52
10th Age Grouper	1:05:05	4:44:40	3:23:57	9:21:52
Kona Qualifier Average	1:01:06	4:44:38	3:11:45	9:06:17
Top 10 Age Grouper Average	1:02:39	4:43:35	3:16:37	9:11:23

Florida 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:51	4:04:39	3:06:42	8:06:17
Female Winner	1:01:26	4:40:20	3:04:45	8:51:35
1st Age Grouper	1:05:46	4:43:38	3:14:03	9:13:01
2nd Age Grouper	0:57:59	4:49:34	3:23:20	9:18:31
3rd Age Grouper	1:00:30	4:43:00	3:28:43	9:19:54
4th Age Grouper	1:00:46	4:42:37	3:29:53	9:20:24
5th Age Grouper	1:04:05	4:48:21	3:21:02	9:20:32
6th Age Grouper	0:58:45	4:48:37	3:26:43	9:21:43
7th Age Grouper	1:00:37	4:49:58	3:27:00	9:24:56
8th Age Grouper	1:05:52	4:51:13	3:22:37	9:27:36
9th Age Grouper	1:13:53	4:47:35	3:19:04	9:28:05
10th Age Grouper	1:02:14	4:57:10	3:21:42	9:29:22
Kona Qualifier Average	1:01:18	4:45:57	3:23:57	9:19:00
Top 10 Age Grouper Average	1:03:02	4:48:10	3:23:24	9:22:24

Florida 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:18	4:19:55	2:43:47	7:59:42
Female Winner	1:02:03	4:53:42	2:53:26	8:55:10
1st Age Grouper	0:55:58	5:02:40	3:18:54	9:24:36
2nd Age Grouper	0:57:28	5:04:19	3:21:29	9:31:42
3rd Age Grouper	1:03:28	5:08:25	3:22:24	9:43:34
4th Age Grouper	0:55:19	5:01:40	3:40:25	9:44:03
5th Age Grouper	1:03:24	5:11:01	3:21:29	9:45:31
6th Age Grouper	1:05:03	4:49:29	3:44:34	9:47:17
7th Age Grouper	0:58:43	5:12:39	3:28:06	9:48:24
8th Age Grouper	1:08:21	4:53:19	3:37:09	9:51:27
9th Age Grouper	1:07:25	4:58:07	3:39:12	9:52:10
10th Age Grouper	1:09:10	5:01:56	3:35:04	9:53:34
Kona Qualifier Average	1:00:06	5:02:55	3:28:12	9:39:27
Top 10 Age Grouper Average	1:02:25	5:02:21	3:30:52	9:44:13

Florida 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:45	4:35:55	2:43:08	8:15:59
Female Winner	1:04:37	4:52:35	3:04:52	9:07:49
1st Age Grouper	1:05:30	4:57:40	3:06:36	9:18:02
2nd Age Grouper	1:02:42	4:57:45	3:10:07	9:20:38
3rd Age Grouper	0:55:31	4:57:38	3:21:46	9:21:23
4th Age Grouper	0:59:27	4:52:27	3:23:20	9:22:41
5th Age Grouper	0:56:03	4:57:00	3:22:12	9:23:24
6th Age Grouper	0:59:18	4:46:40	3:30:22	9:24:56
7th Age Grouper	0:55:06	4:55:26	3:26:36	9:27:07
8th Age Grouper	0:59:05	4:57:52	3:23:27	9:29:03
9th Age Grouper	0:55:37	4:54:39	3:29:22	9:30:00
10th Age Grouper	1:07:31	4:59:18	3:17:37	9:32:35
Kona Qualifier Average	0:59:45	4:54:51	3:19:03	9:21:50
Top 10 Age Grouper Average	0:59:35	4:55:38	3:21:08	9:24:58

Florida 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:44	4:28:03	2:57:11	8:24:29
Female Winner	0:59:48	4:52:24	3:11:29	9:08:38
1st Age Grouper	1:07:12	4:40:36	3:07:57	9:05:40
2nd Age Grouper	1:09:52	4:47:45	3:11:42	9:15:45
3rd Age Grouper	0:55:52	4:49:49	3:30:06	9:24:18
4th Age Grouper	1:06:16	4:58:01	3:15:02	9:26:46
5th Age Grouper	1:11:02	4:56:17	3:12:57	9:30:34
6th Age Grouper	1:02:28	4:48:21	3:33:20	9:36:14
7th Age Grouper	1:03:59	4:49:47	3:33:46	9:37:10
8th Age Grouper	0:59:20	5:00:47	3:29:39	9:39:27
9th Age Grouper	1:02:38	5:03:57	3:26:08	9:40:10
10th Age Grouper	1:14:55	4:53:52	3:22:57	9:42:14
Kona Qualifier Average	1:05:27	4:50:08	3:18:30	9:23:12
Top 10 Age Grouper Average	1:05:21	4:52:55	3:22:21	9:29:49

Florida 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:15	4:18:59	2:57:19	8:07:59
Female Winner	0:54:54	4:59:05	3:08:07	9:07:48
1st Age Grouper	0:55:34	4:46:13	3:10:29	9:00:42
2nd Age Grouper	0:59:40	4:46:05	3:22:43	9:12:57
3rd Age Grouper	0:59:21	4:56:10	3:14:13	9:16:56
4th Age Grouper	1:05:37	4:54:28	3:10:36	9:17:33
5th Age Grouper	0:57:06	4:59:00	3:16:03	9:18:22
6th Age Grouper	0:55:31	4:47:20	3:32:32	9:21:49
7th Age Grouper	0:58:27	4:56:35	3:19:47	9:23:21
8th Age Grouper	0:56:06	4:52:10	3:28:22	9:23:59
9th Age Grouper	1:06:16	5:00:08	3:15:24	9:29:42
10th Age Grouper	1:01:50	4:57:24	3:25:30	9:31:13
Kona Qualifier Average	0:58:48	4:51:32	3:17:46	9:14:43
Top 10 Age Grouper Average	0:59:32	4:53:33	3:19:33	9:19:39

Florida 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:38	4:35:13	2:51:56	8:21:29
Female Winner	0:50:43	4:59:21	3:11:12	9:05:35
1st Age Grouper	1:02:02	4:45:22	3:17:43	9:10:36
2nd Age Grouper	0:58:45	4:45:26	3:21:24	9:13:51
3rd Age Grouper	0:59:05	4:47:40	3:27:36	9:20:31
4th Age Grouper	1:03:26	5:01:09	3:09:19	9:22:30
5th Age Grouper	1:02:36	4:53:17	3:16:59	9:22:59
6th Age Grouper	1:02:01	4:55:11	3:17:52	9:23:03
7th Age Grouper	1:06:50	4:46:05	3:23:13	9:23:57
8th Age Grouper	1:03:35	4:48:56	3:24:45	9:23:59
9th Age Grouper	1:01:27	4:43:36	3:34:35	9:24:41
10th Age Grouper	0:58:00	5:00:56	3:20:10	9:25:03
Kona Qualifier Average	1:01:19	4:51:20	3:18:28	9:18:55
Top 10 Age Grouper Average	1:01:46	4:50:45	3:21:21	9:21:07

Florida 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:28	4:34:07	2:54:12	8:22:44
Female Winner	0:58:27	5:14:02	3:11:39	9:28:28
1st Age Grouper	0:56:19	4:51:02	3:24:24	9:21:29
2nd Age Grouper	0:56:41	5:07:52	3:13:40	9:25:27
3rd Age Grouper	1:08:08	4:56:24	3:17:23	9:30:02
4th Age Grouper	1:04:42	5:02:04	3:15:21	9:35:26
5th Age Grouper	1:01:24	5:01:50	3:27:42	9:37:23
6th Age Grouper	1:01:31	4:57:26	3:32:31	9:37:49
7th Age Grouper	1:03:51	5:06:03	3:22:18	9:39:56
8th Age Grouper	0:56:17	5:12:57	3:24:02	9:41:02
9th Age Grouper	1:11:14	4:59:12	3:23:58	9:41:26
10th Age Grouper	1:12:44	5:10:29	3:13:51	9:44:27
Kona Qualifier Average	1:01:27	4:59:26	3:21:50	9:31:16
Top 10 Age Grouper Average	1:03:17	5:02:31	3:21:31	9:35:26

Florida 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:35:34	2:59:22	8:28:26
Female Winner	1:02:21	5:05:01	3:22:03	9:33:09
1st Age Grouper	0:58:30	4:57:35	3:10:54	9:13:02
2nd Age Grouper	1:10:35	4:54:38	3:03:35	9:15:49
3rd Age Grouper	1:06:12	4:55:50	3:13:11	9:22:00
4th Age Grouper	1:03:56	4:54:26	3:24:26	9:27:16
5th Age Grouper	0:55:29	5:12:26	3:29:49	9:44:26
6th Age Grouper	1:06:13	5:06:00	3:27:47	9:49:16
7th Age Grouper	0:58:44	5:04:11	3:42:13	9:51:13
8th Age Grouper	0:58:28	5:02:22	3:45:01	9:54:13
9th Age Grouper	1:00:33	5:13:13	3:36:23	9:55:02
10th Age Grouper	1:04:02	5:04:55	3:39:09	9:56:14
Kona Qualifier Average	1:03:29	5:00:09	3:18:17	9:28:38
Top 10 Age Grouper Average	1:02:16	5:02:33	3:27:14	9:38:51

Florida 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:35	4:36:12	3:01:15	8:31:07
Female Winner	0:49:48	5:04:27	3:28:47	9:28:54
1st Age Grouper	1:03:14	4:57:55	3:17:59	9:24:30
2nd Age Grouper	1:07:00	4:58:18	3:13:38	9:26:01
3rd Age Grouper	0:56:48	4:57:23	3:25:17	9:26:35
4th Age Grouper	0:58:10	4:56:54	3:32:30	9:32:55
5th Age Grouper	1:03:32	5:06:30	3:16:35	9:35:02
6th Age Grouper	1:00:17	5:13:55	3:15:14	9:37:00
7th Age Grouper	1:02:22	4:52:22	3:35:20	9:38:27
8th Age Grouper	0:56:19	5:01:46	3:34:49	9:39:31
9th Age Grouper	0:59:04	4:56:24	3:40:18	9:41:18
10th Age Grouper	0:50:26	5:15:47	3:34:17	9:47:04
Kona Qualifier Average	1:01:30	5:01:49	3:20:12	9:30:20
Top 10 Age Grouper Average	0:59:43	5:01:43	3:26:35	9:34:50