

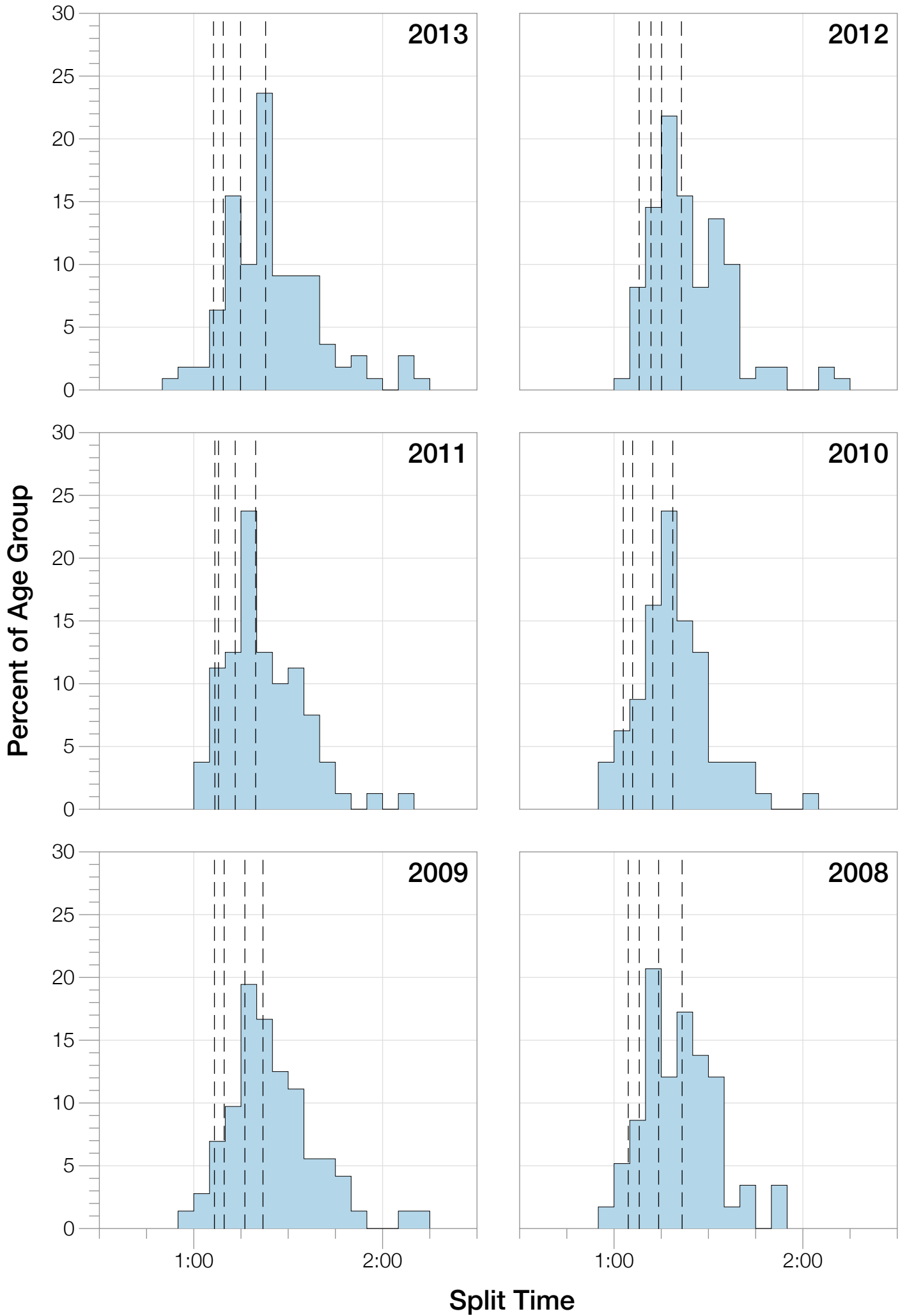
Ironman Louisville

M55-59 Stats

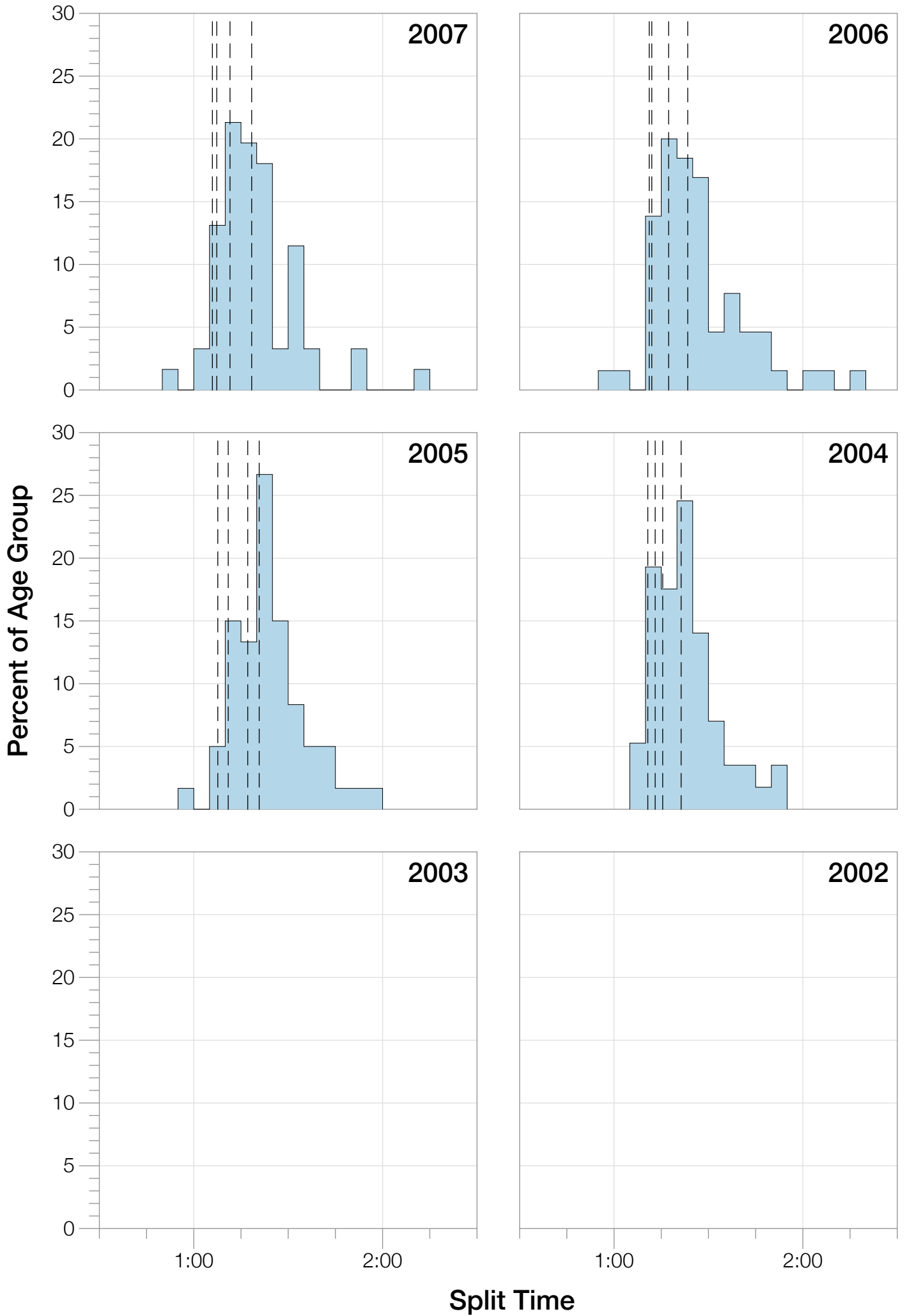
M55-59 Summary Statistics

Year	Finishers	M55-59 Finishers	Male Winner's Time	Female Winner's Time	M55-59 Winner's Time
2004	2033	57	8:31:07	9:28:54	10:35:53
2005	1935	60	8:28:26	9:33:09	11:03:55
2006	2108	65	8:22:44	9:28:28	10:24:17
2007	2184	61	8:21:29	9:05:35	10:32:57
2008	2184	58	8:07:59	9:07:48	9:47:10
2009	2312	72	8:24:29	9:08:38	10:00:05
2010	2300	80	8:15:59	9:07:49	9:35:08
2011	2354	80	7:59:42	8:55:10	9:55:35
2012	2427	110	8:06:17	8:51:35	10:31:22
2013	2701	111	7:53:12	8:43:07	9:51:31
Average	2254	75	8:15:08	9:09:01	10:13:47

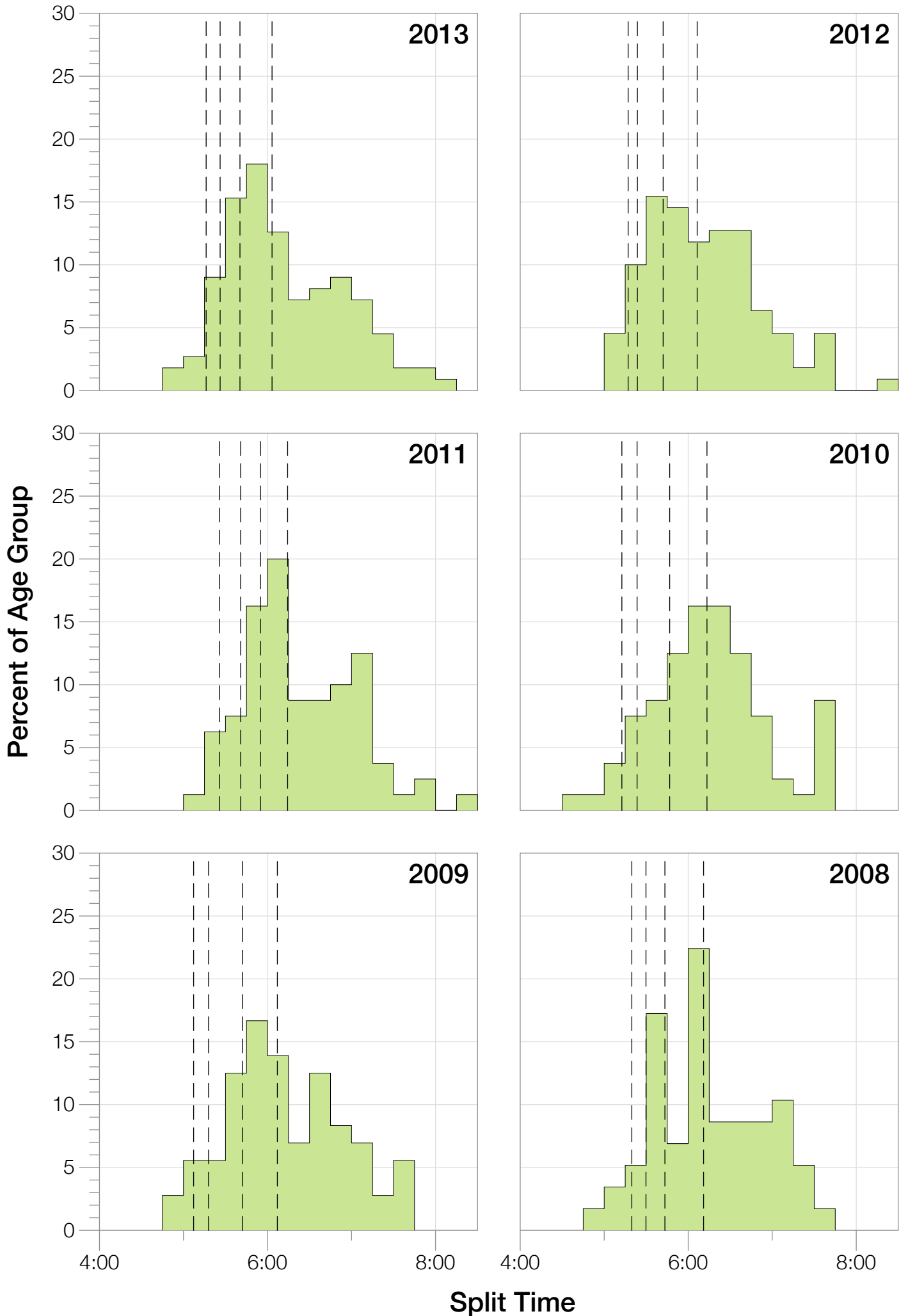
M55-59 Swim



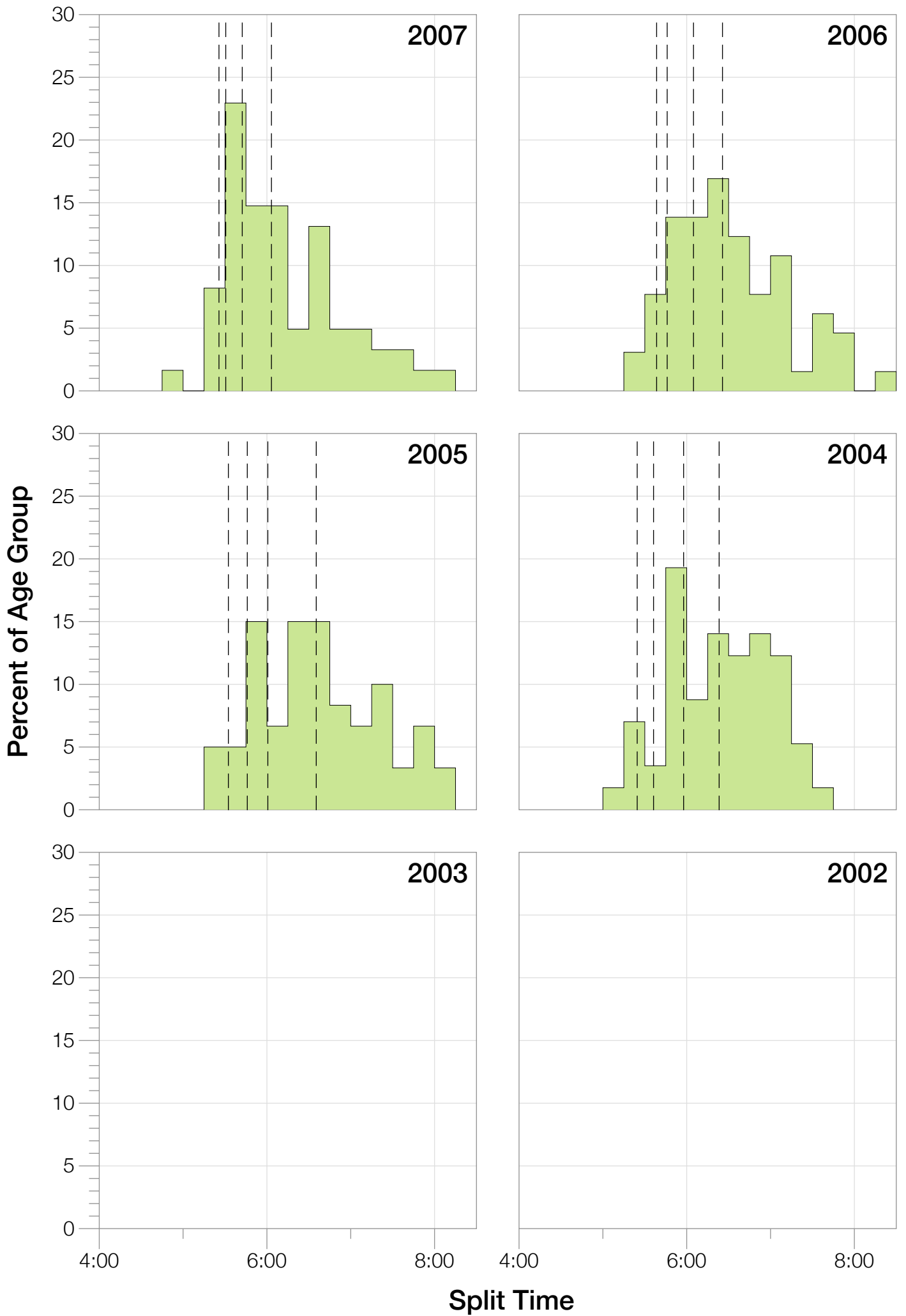
M55-59 Swim



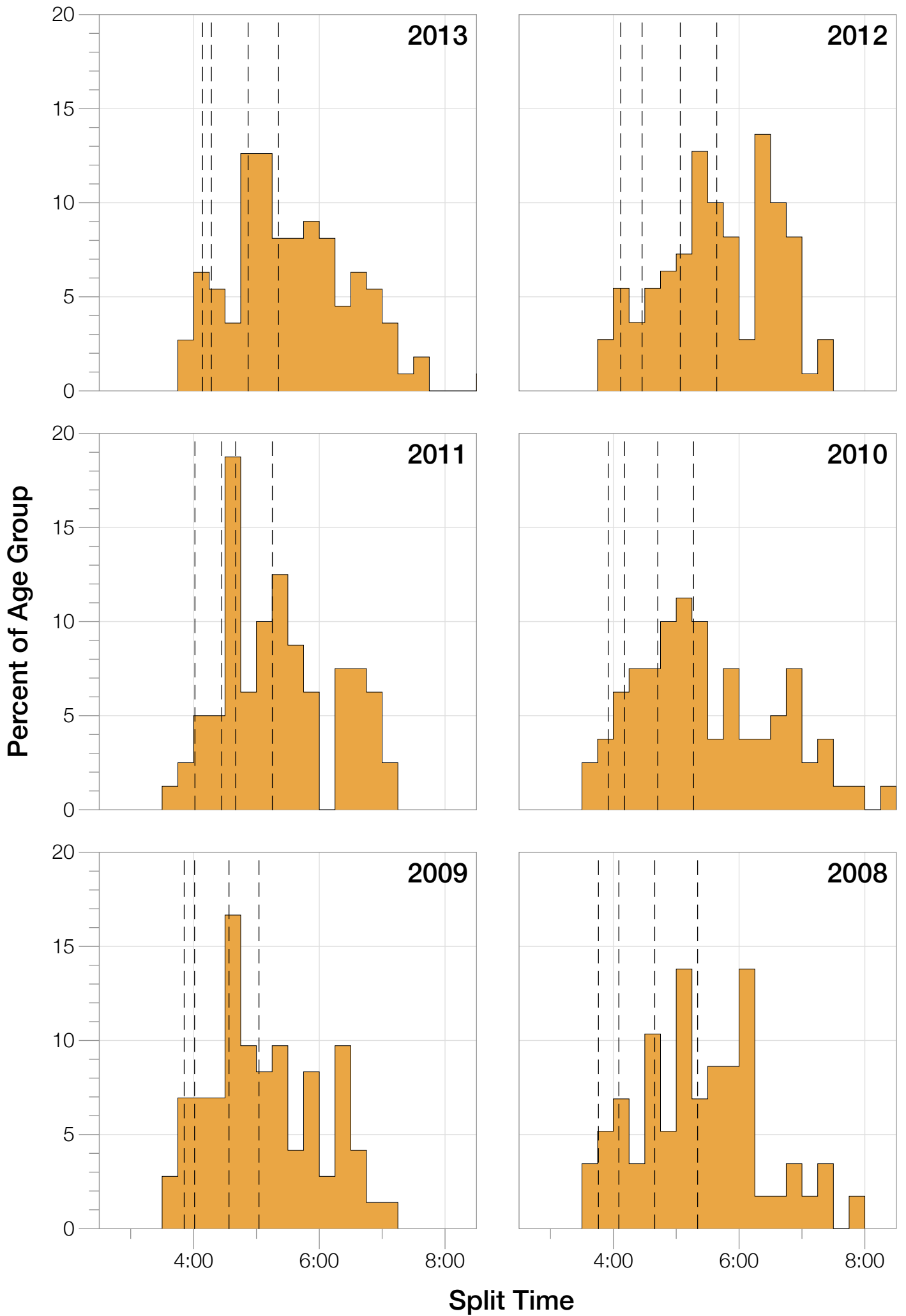
M55-59 Bike



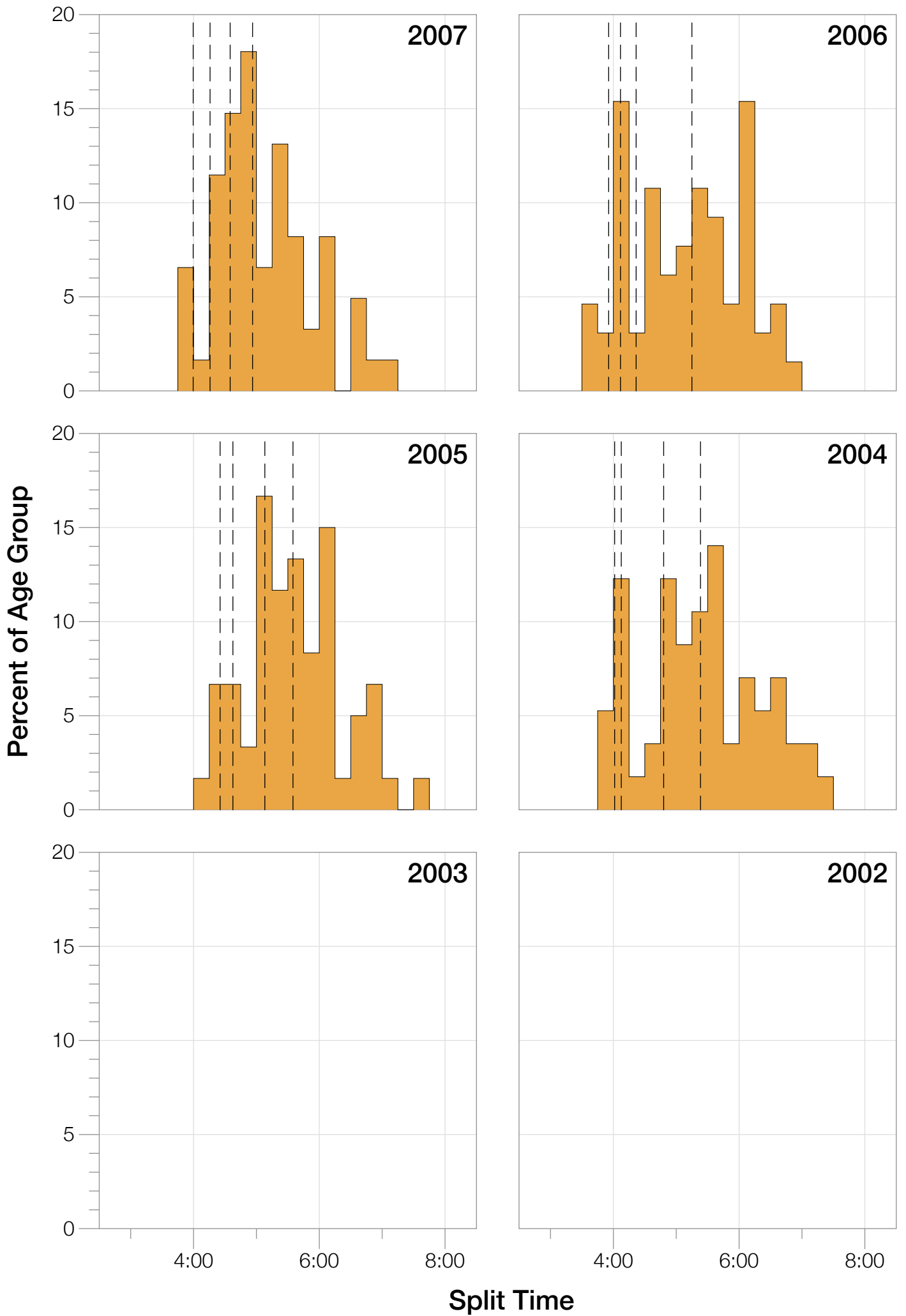
M55-59 Bike



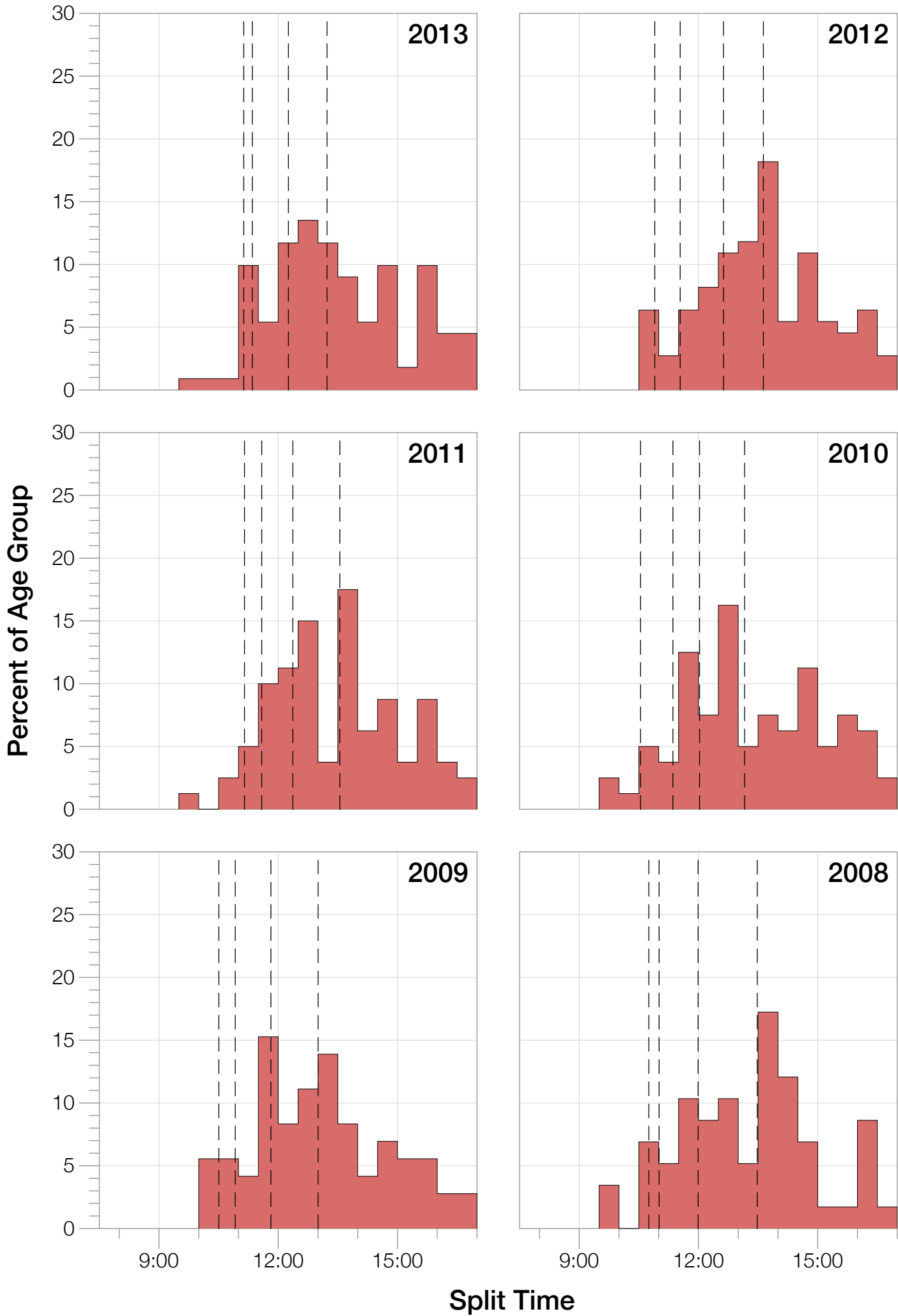
M55-59 Run



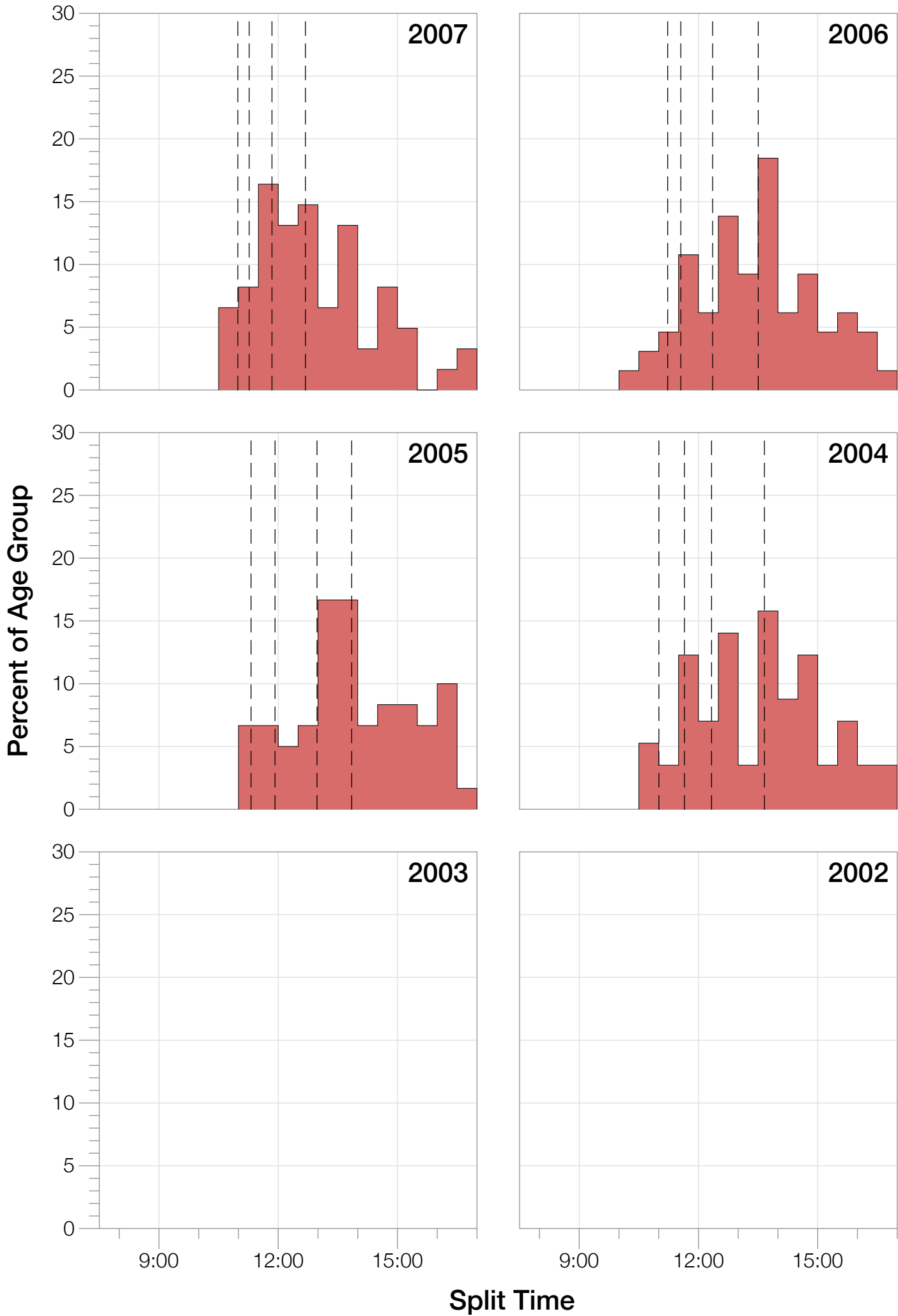
M55-59 Run



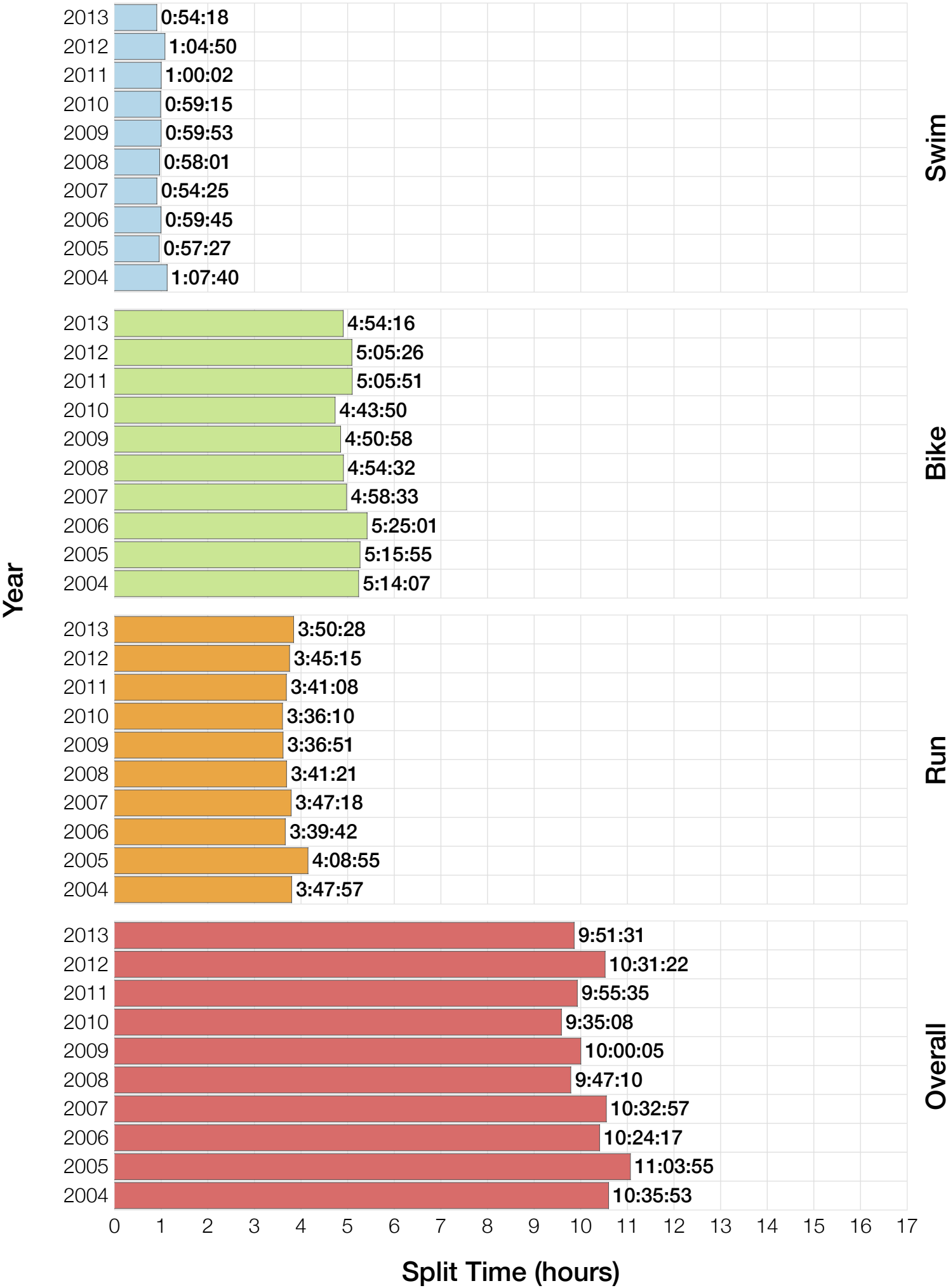
M55-59 Overall



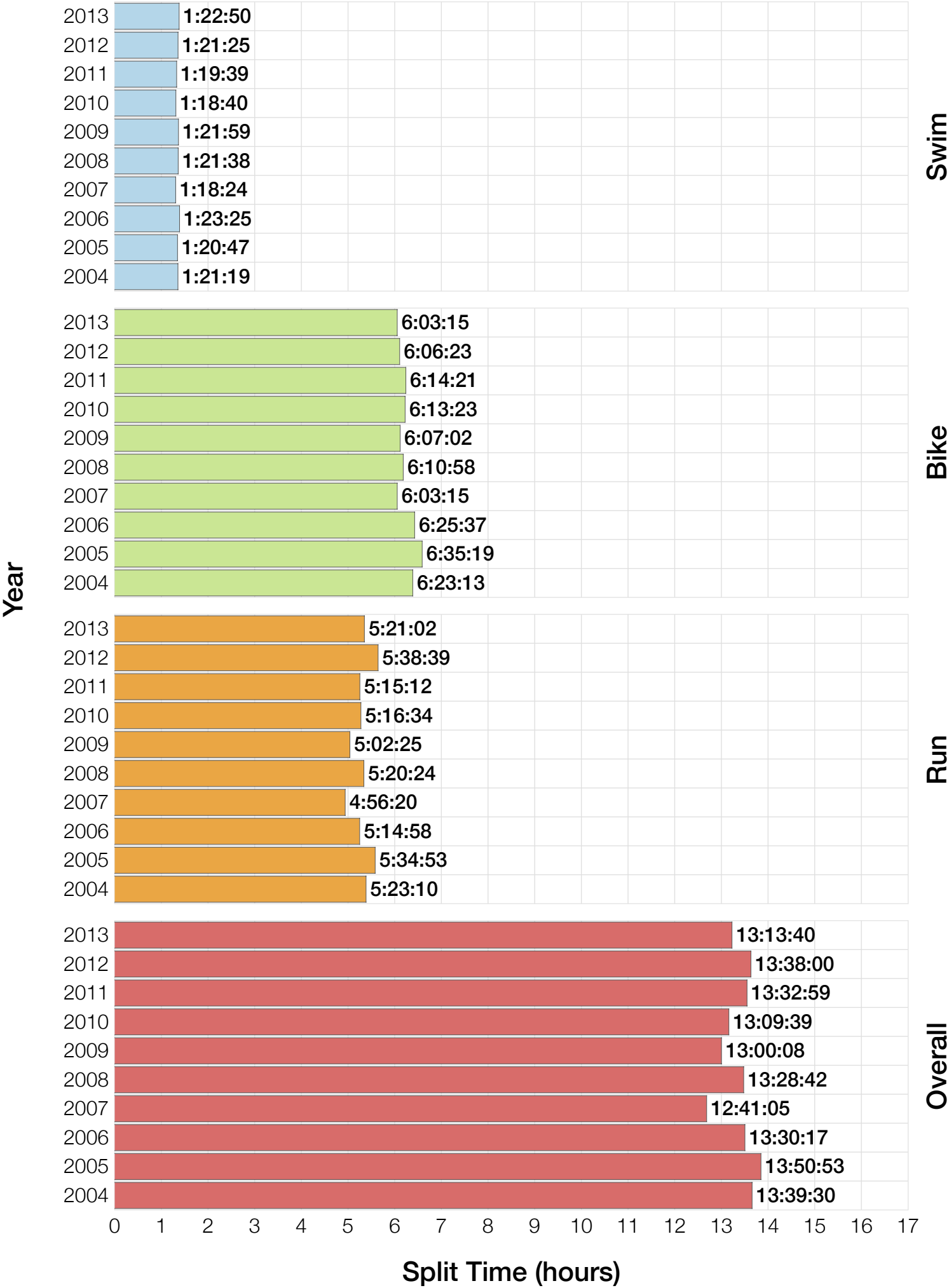
M55-59 Overall



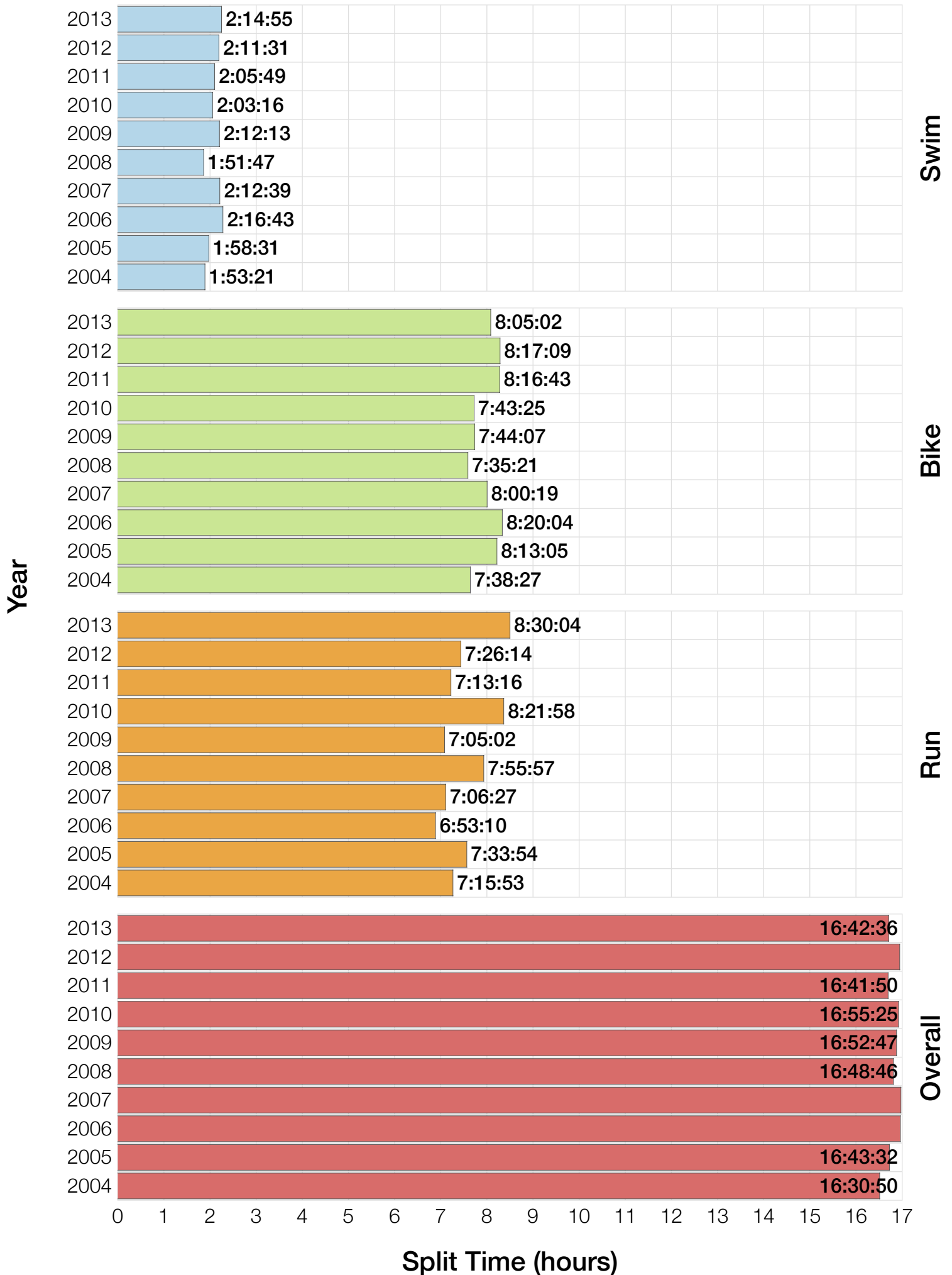
M55-59 Fastest Splits



M55-59 Median Splits

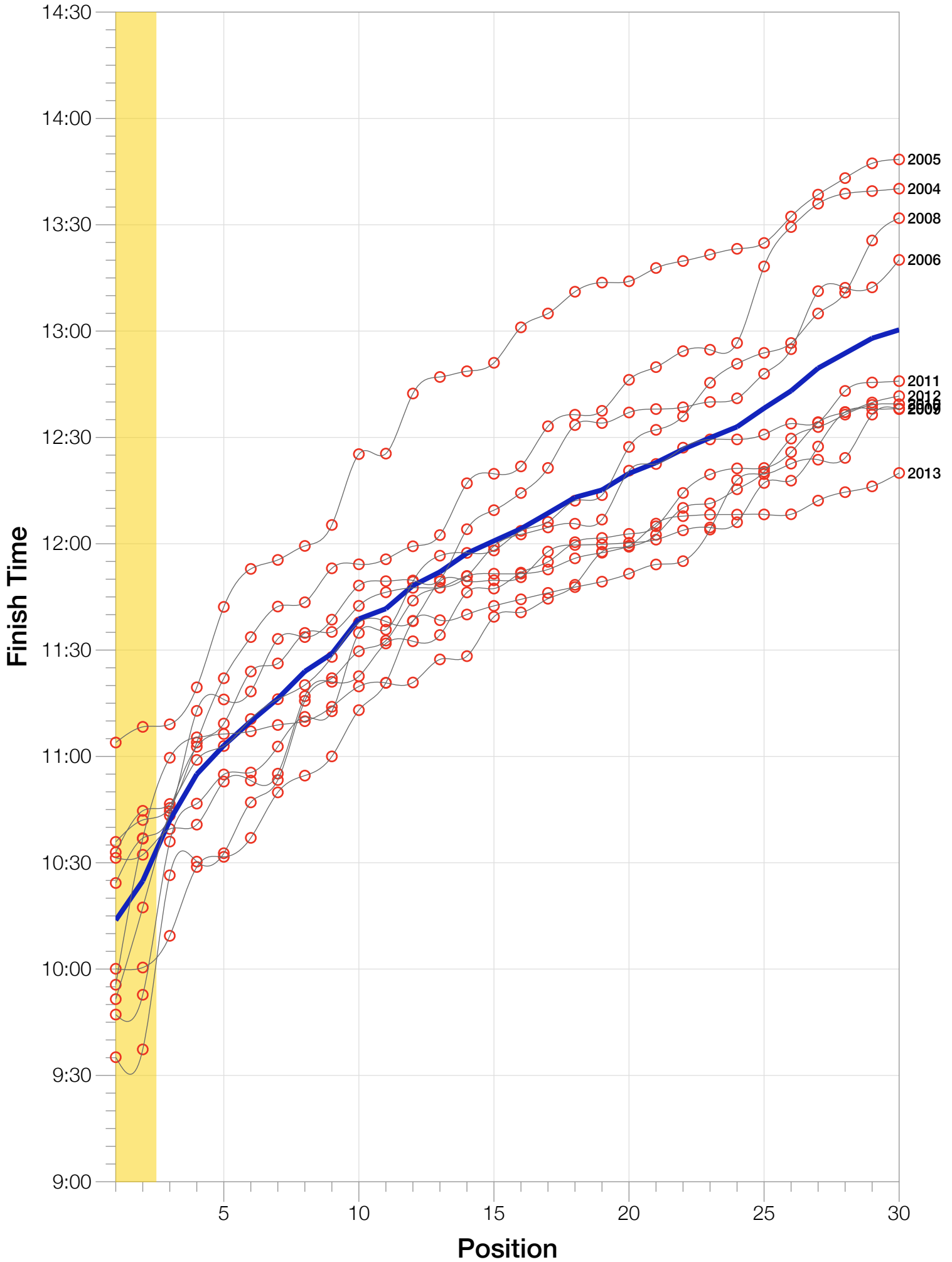


M55-59 Slowest Splits



M55-59 Top 30 Finishing Splits

Estimated Kona Slot Average Finishing Time Finishing Time



M55-59 Top 10 and Kona Times and Splits

Summary Statistics

Position	Swim Time	Bike Time	Run Time	Overall Time
Average Male Winner	0:51:06	4:26:23	2:53:14	8:15:08
Average Female Winner	0:58:26	4:55:40	3:09:49	9:09:01
Average 1st Age Grouper	1:06:24	5:08:13	3:49:49	10:13:47
Average 2nd Age Grouper	1:06:24	5:13:00	3:55:51	10:24:53
Average 3rd Age Grouper	1:07:50	5:21:50	4:02:27	10:41:59
Average 4th Age Grouper	1:15:44	5:24:15	4:03:50	10:54:59
Average 5th Age Grouper	1:12:54	5:28:43	4:08:58	11:03:05
Average 6th Age Grouper	1:13:23	5:26:28	4:17:06	11:09:54
Average 7th Age Grouper	1:20:25	5:37:41	4:05:33	11:16:19
Average 8th Age Grouper	1:15:18	5:32:05	4:23:24	11:23:59
Average 9th Age Grouper	1:13:36	5:35:31	4:25:49	11:28:59
Average 10th Age Grouper	1:13:19	5:42:41	4:25:31	11:38:47
Kona Qualifier Average	1:06:24	5:10:36	3:52:50	10:19:20
Top 10 Age Grouper Average	1:12:32	5:27:03	4:09:50	11:01:40

Florida 2013

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:55:23	4:15:15	2:37:29	7:53:12
Female Winner	1:00:14	4:35:49	3:01:55	8:43:07
1st Age Grouper	0:56:24	4:54:18	3:50:54	9:51:31
2nd Age Grouper	1:11:48	4:54:16	4:01:05	10:17:23
3rd Age Grouper	0:54:18	5:25:50	4:13:40	10:44:30
4th Age Grouper	1:14:51	5:16:37	4:19:03	11:02:44
5th Age Grouper	1:22:36	5:33:16	3:50:28	11:06:19
6th Age Grouper	1:21:42	5:05:20	4:27:31	11:07:05
7th Age Grouper	1:24:14	5:39:41	3:52:15	11:08:52
8th Age Grouper	1:13:34	5:32:14	4:09:17	11:09:56
9th Age Grouper	1:08:38	5:35:54	4:17:00	11:14:00
10th Age Grouper	1:07:07	5:15:46	4:38:58	11:19:44
Kona Qualifier Average	1:04:06	4:54:17	3:55:59	10:04:27
Top 10 Age Grouper Average	1:11:31	5:19:19	4:10:01	10:54:12

Florida 2012

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:51	4:04:39	3:06:42	8:06:17
Female Winner	1:01:26	4:40:20	3:04:45	8:51:35
1st Age Grouper	1:06:33	5:20:18	3:54:09	10:31:22
2nd Age Grouper	1:09:33	5:13:43	3:59:45	10:32:15
3rd Age Grouper	1:14:20	5:11:39	4:02:47	10:39:32
4th Age Grouper	1:27:32	5:17:19	3:45:15	10:40:45
5th Age Grouper	1:17:34	5:12:18	4:11:54	10:52:54
6th Age Grouper	1:21:30	5:16:54	4:03:28	10:53:11
7th Age Grouper	1:11:53	5:20:40	4:11:28	10:55:08
8th Age Grouper	1:11:55	5:20:13	4:32:55	11:16:59
9th Age Grouper	1:08:23	5:12:42	4:50:07	11:21:03
10th Age Grouper	1:18:23	5:45:58	4:02:16	11:22:38
Kona Qualifier Average	1:08:03	5:17:00	3:56:57	10:31:48
Top 10 Age Grouper Average	1:14:45	5:19:10	4:09:24	10:54:34

Florida 2011

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:18	4:19:55	2:43:47	7:59:42
Female Winner	1:02:03	4:53:42	2:53:26	8:55:10
1st Age Grouper	1:00:02	5:05:51	3:41:08	9:55:35
2nd Age Grouper	1:00:15	5:34:22	3:50:58	10:36:47
3rd Age Grouper	1:07:13	5:29:49	4:10:39	10:59:37
4th Age Grouper	1:08:24	5:30:25	4:14:37	11:05:23
5th Age Grouper	1:07:57	5:21:52	4:29:48	11:09:16
6th Age Grouper	1:12:40	5:25:53	4:32:59	11:23:57
7th Age Grouper	1:27:53	5:42:36	3:58:42	11:26:14
8th Age Grouper	1:07:08	5:25:22	4:51:12	11:34:50
9th Age Grouper	1:07:56	5:41:34	4:26:57	11:35:07
10th Age Grouper	1:16:43	5:23:37	4:43:46	11:42:29
Kona Qualifier Average	1:00:08	5:20:06	3:46:03	10:16:11
Top 10 Age Grouper Average	1:09:37	5:28:08	4:18:04	11:08:55

Florida 2010

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:51:45	4:35:55	2:43:08	8:15:59
Female Winner	1:04:37	4:52:35	3:04:52	9:07:49
1st Age Grouper	0:59:33	4:50:22	3:36:10	9:35:08
2nd Age Grouper	1:02:57	4:43:50	3:38:21	9:37:20
3rd Age Grouper	1:10:45	5:03:02	4:01:37	10:26:28
4th Age Grouper	1:13:43	5:12:43	3:49:38	10:30:19
5th Age Grouper	1:13:18	5:10:29	3:55:20	10:32:41
6th Age Grouper	1:04:22	5:29:31	4:01:22	10:47:02
7th Age Grouper	1:06:27	5:20:21	4:10:54	10:53:20
8th Age Grouper	1:24:24	5:23:49	4:12:20	11:15:41
9th Age Grouper	1:19:38	5:37:43	4:08:43	11:22:04
10th Age Grouper	1:02:42	5:38:44	4:28:48	11:29:40
Kona Qualifier Average	1:01:15	4:47:06	3:37:15	9:36:14
Top 10 Age Grouper Average	1:09:46	5:15:03	4:00:19	10:38:58

Florida 2009

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:53:44	4:28:03	2:57:11	8:24:29
Female Winner	0:59:48	4:52:24	3:11:29	9:08:38
1st Age Grouper	0:59:53	4:50:58	3:53:59	10:00:05
2nd Age Grouper	1:09:30	4:59:08	3:42:51	10:00:26
3rd Age Grouper	1:01:56	5:02:36	3:54:26	10:09:23
4th Age Grouper	1:15:20	5:11:53	3:49:45	10:28:48
5th Age Grouper	1:11:05	5:17:35	3:52:00	10:31:40
6th Age Grouper	1:12:02	5:05:28	4:06:52	10:37:01
7th Age Grouper	1:29:14	5:30:59	3:36:51	10:49:51
8th Age Grouper	1:29:58	5:21:51	3:49:58	10:54:35
9th Age Grouper	1:06:09	5:38:45	4:00:23	11:00:00
10th Age Grouper	1:03:01	5:30:51	4:27:42	11:13:03
Kona Qualifier Average	1:04:41	4:55:03	3:48:25	10:00:15
Top 10 Age Grouper Average	1:11:48	5:15:00	3:55:28	10:34:29

Florida 2008

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:48:15	4:18:59	2:57:19	8:07:59
Female Winner	0:54:54	4:59:05	3:08:07	9:07:48
1st Age Grouper	1:03:29	4:54:32	3:41:21	9:47:10
2nd Age Grouper	0:58:01	5:06:39	3:41:32	9:52:45
3rd Age Grouper	1:19:20	5:22:19	3:45:47	10:35:58
4th Age Grouper	1:08:16	5:39:46	3:45:32	10:46:41
5th Age Grouper	1:15:33	5:21:37	4:08:23	10:54:54
6th Age Grouper	1:07:26	5:28:59	4:07:58	10:55:27
7th Age Grouper	1:14:32	5:40:22	3:58:59	11:02:47
8th Age Grouper	1:25:44	5:33:41	4:01:24	11:11:09
9th Age Grouper	1:16:59	5:08:57	4:39:20	11:12:44
10th Age Grouper	1:04:42	5:41:11	4:31:40	11:34:50
Kona Qualifier Average	1:00:45	5:00:35	3:41:26	9:49:57
Top 10 Age Grouper Average	1:11:24	5:23:48	4:02:11	10:47:26

Florida 2007

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:38	4:35:13	2:51:56	8:21:29
Female Winner	0:50:43	4:59:21	3:11:12	9:05:35
1st Age Grouper	1:11:21	5:27:01	3:47:18	10:32:57
2nd Age Grouper	0:54:25	5:25:32	4:15:32	10:44:39
3rd Age Grouper	1:09:10	5:33:37	3:57:14	10:46:35
4th Age Grouper	1:11:14	4:58:33	4:43:04	10:59:01
5th Age Grouper	1:09:06	5:43:37	3:59:38	11:02:56
6th Age Grouper	1:02:59	5:30:38	4:19:23	11:10:33
7th Age Grouper	1:31:29	5:30:32	4:04:32	11:16:09
8th Age Grouper	1:06:56	5:25:41	4:34:56	11:20:08
9th Age Grouper	1:20:05	5:24:20	4:28:58	11:28:04
10th Age Grouper	1:05:55	5:26:27	4:51:49	11:37:48
Kona Qualifier Average	1:02:53	5:26:16	4:01:25	10:38:48
Top 10 Age Grouper Average	1:10:16	5:26:35	4:18:14	11:05:53

Florida 2006

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:28	4:34:07	2:54:12	8:22:44
Female Winner	0:58:27	5:14:02	3:11:39	9:28:28
1st Age Grouper	1:11:59	5:25:01	3:39:42	10:24:17
2nd Age Grouper	1:16:04	5:28:53	3:43:02	10:36:56
3rd Age Grouper	1:04:20	5:42:36	3:44:24	10:43:20
4th Age Grouper	1:17:21	5:51:11	3:55:09	11:12:51
5th Age Grouper	1:12:01	5:37:33	4:14:14	11:16:04
6th Age Grouper	1:18:30	5:40:56	4:02:53	11:18:19
7th Age Grouper	1:27:08	5:37:56	4:16:33	11:33:09
8th Age Grouper	1:13:29	5:55:50	4:11:17	11:33:40
9th Age Grouper	1:12:35	5:58:39	4:11:58	11:38:35
10th Age Grouper	1:18:15	5:56:25	4:13:21	11:48:12
Kona Qualifier Average	1:14:01	5:26:57	3:41:22	10:30:36
Top 10 Age Grouper Average	1:15:10	5:43:30	4:01:15	11:12:32

Florida 2005

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:50:05	4:35:34	2:59:22	8:28:26
Female Winner	1:02:21	5:05:01	3:22:03	9:33:09
1st Age Grouper	1:14:03	5:15:55	4:25:36	11:03:55
2nd Age Grouper	1:06:58	5:23:10	4:27:58	11:08:20
3rd Age Grouper	1:07:40	5:32:47	4:20:06	11:09:03
4th Age Grouper	1:22:20	5:38:34	4:08:55	11:19:29
5th Age Grouper	1:12:08	5:41:15	4:36:49	11:42:11
6th Age Grouper	1:12:36	5:25:33	5:04:33	11:52:54
7th Age Grouper	1:12:05	5:49:05	4:37:38	11:55:26
8th Age Grouper	1:12:20	5:51:36	4:39:16	11:59:23
9th Age Grouper	1:17:15	5:56:46	4:37:52	12:05:18
10th Age Grouper	1:26:42	6:26:39	4:15:17	12:25:17
Kona Qualifier Average	1:10:30	5:19:32	4:26:47	11:06:07
Top 10 Age Grouper Average	1:14:24	5:42:08	4:31:24	11:40:07

Florida 2004

Position	Swim Time	Bike Time	Run Time	Overall Time
Male Winner	0:49:35	4:36:12	3:01:15	8:31:07
Female Winner	0:49:48	5:04:27	3:28:47	9:28:54
1st Age Grouper	1:20:44	5:17:54	3:47:57	10:35:53
2nd Age Grouper	1:14:35	5:20:35	3:57:32	10:42:03
3rd Age Grouper	1:09:20	5:14:07	4:13:52	10:45:28
4th Age Grouper	1:18:22	5:25:34	4:07:26	11:03:56
5th Age Grouper	1:07:48	5:47:40	4:11:14	11:22:03
6th Age Grouper	1:20:11	5:55:34	4:04:09	11:33:40
7th Age Grouper	1:19:20	6:04:44	4:07:38	11:42:17
8th Age Grouper	1:07:40	5:30:42	4:51:34	11:43:29
9th Age Grouper	1:18:25	5:39:59	4:37:00	11:53:04
10th Age Grouper	1:29:47	6:01:12	4:01:36	11:54:12
Kona Qualifier Average	1:17:39	5:19:14	3:52:44	10:38:58
Top 10 Age Grouper Average	1:16:37	5:37:48	4:11:59	11:19:36